

Outcome after surgery for prosthetic valve endocarditis and the impact of preoperative treatment

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Objectives: This study examined the outcomes of surgery for active prosthetic valve endocarditis in a recent decade, with special interest in preoperative treatment and predictors for early and late events.

Methods: From 2000 to 2010, a cohort of 149 consecutive patients (mean age, 64 ± 13.9 years; 72% were male) underwent redo-surgery for prosthetic valve endocarditis and were reviewed regarding early (≤60 days) and late (>60 days) events (death, reinfection, reoperation). Kaplan–Meier survival curves and Cox regression analysis were used to investigate the impact of preoperative intervals and predictors for events, respectively.

Results: Preoperative status was critical (European System for Cardiac Operative Risk Evaluation >20%) in 121 patients (81.2%). Staphylococci were the most common infecting microorganisms (27.5%). The median interval between onset of symptoms and diagnosis and between diagnosis and operation was 2 days (interquartile range, 1–5) and 8 days (interquartile range, 2–23), respectively. Operative mortality (≤30 days) was 12.8%. Mean follow-up was 4 ± 2.9 years. In 53 patients, 47 early (24 deaths, 14 recurrences, 9 reoperations) and 22 late events (11 deaths, 9 recurrences, 2 reoperations) occurred. Overall and event-free survivals at 10 years were 75% ± 3.8% and 64% ± 4.0%, respectively. Freedom from recurrent infection and reoperation at 10 years were 81% ± 3.6% and 91% ± 2.6%, respectively. In multivariate Cox regression, mechanical circulatory support, prolongation between onset of symptoms and diagnosis more than 30 days, and preoperative presence of renal failure predicted early events, and double valve replacement predicted late events.

Conclusions: Cardiac and renal function, need for double valve replacement, and preoperative treatment predicted outcomes. A prolonged interval in which patients were left untreated while symptomatic, but not prolongation of preoperative antibiotic treatment, increased risk. (*J Thorac Cardiovasc Surg* 2014;148:2052–9)

Prosthetic valve endocarditis (PVE), a severe complication of heart valve surgery and the most severe form of infective endocarditis (IE), is associated with significant morbidity and mortality.^{1–8} PVE accounts for 10% to 30% of all cases of IE and occurs in 1% to 6% of patients with valve prostheses, equally affecting mechanical and biological valves.^{3,9–11}

Despite improvements in echocardiography, increasing knowledge, and periodically reviewed multidisciplinary guidelines, there are still difficulties in the diagnosis of PVE, because the clinical presentation is rather atypical and blood cultures and echocardiography results are frequently negative.^{5,11} Although there is consensus that surgery is required in complicated PVE (heart failure, severe prosthetic dysfunction, abscess/fistula, persisting

fever, aggressive microorganisms, large vegetations), there is an ongoing discussion about general therapeutic strategies.^{4,5,11} For left-sided native valve IE, data from a randomized study in 76 patients with severe valve disease and large vegetations demonstrated a significant reduction of the composite end point of death from any cause and embolic events by early surgery versus conventional treatment,¹² but data regarding PVE are conflicting. Lalani and colleagues¹³ recently showed that after adjustment for differences in clinical characteristics and survival bias in 1025 patients with PVE, early valve replacement was not associated with lower mortality compared with medical therapy in the overall cohort.

Therefore, we reviewed our experience of surgery for PVE during the most recent decade. With respect to death, recurrent infection, and reoperation, early and late events were analyzed and the impact of preoperative time delay between onset of symptoms and diagnosis and between diagnosis and operation was investigated. Furthermore, we sought to identify independent predictors for early and late events.

METHODS

Patients

With approval from our institutional Ethics Committee (EA1/032/13), we performed a retrospective review of consecutive patients who underwent

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Abbreviations and Acronyms

IE = infective endocarditis
 IQR = interquartile range
 PVE = prosthetic valve endocarditis

redo-surgery for PVE at the Department of Cardiovascular Surgery at Charité Campus Mitte, Berlin, between 2000 and 2010. We identified 149 patients (107 male, 42 female) with a mean age of 63.5 ± 13.8 years (range, 26-83). Among them, 65 (43.3%) presented with early and 84 (56.4%) presented with late PVE. The median time between first valvular surgery and reoperation was 4.1 years (interquartile range [IQR], 0.3-5.9) for all patients, 3 months (IQR, 1.7-6.7) for early PVE, and 4.9 years (IQR, 2.9-9.9) for late PVE. Primary surgery was due to IE in 26 patients (40.0%) and 15 patients (17.9%) with early and late PVE.

Definitions

Diagnosis of PVE was based on clinical findings (fever, inflammatory syndromes), laboratory testing (blood cultures, leukocytosis, levels of C-reactive protein and procalcitonin), results of transthoracic/transesophageal echocardiography, and intraoperative findings.^{11,14} According to the Guidelines of the European Society of Cardiology, PVE occurring within 1 year of primary valvular surgery was classified as early and beyond 1 year as late.¹¹ Culture-negative endocarditis was present when no microorganism could be identified, neither in serial blood cultures nor in cultures from the explanted material despite the presence of characteristic signs for endocarditis (vegetations, periprosthetic destructions, or pus). Clinical variables were defined according to the terms of the Society of Thoracic Surgeons National Cardiac Surgery Database. For perioperative risk assessment, Society of Thoracic Surgeons and logistic European System for Cardiac Operative Risk Evaluation scores were determined.^{15,16} PVE predispositions were classified following the criteria proposed by Grinda and colleagues.¹⁷ Endocarditis was considered locally uncontrolled when the infectious pathology extended beyond the prosthetic valve (ie, destruction or purulent deformation of adjacent tissue, periprosthetic abscesses, and fistulas into a cardiac chamber or pericardium). Concomitant procedures were all surgical procedures performed to correct associated noninfective cardiac diseases. Events were defined by death, recurrent PVE, and reoperation. Prolonged hospital stays were classified as early if they occurred within 60 days after surgery or late if they occurred thereafter.

Surgery and Postoperative Treatment

The most common indications for surgery were vegetations greater than 10 mm ($n = 109$, 73.2%), locally uncontrolled infection ($n = 90$, 60.4%), and heart failure ($n = 65$, 43.6%), which was caused by severe prosthetic valve dysfunction ($n = 61$) or fistulas ($n = 4$). More than 1 indication for surgery was present in 78 patients (52.3%).

All operations were performed through a median sternotomy using an oscillating saw. Cardiopulmonary bypass, installed via cannulation of the distal ascending aorta, the aortic arch or femoral artery, and the right atrium or femoral vein, was used with systemic normothermia or mild hypothermia (32°C) if a patent thoracic artery bypass was present. Myocardial protection was achieved with intermittent antegrade blood cardioplegia. Previously implanted prostheses were removed in total, and abscesses and fistulas were thoroughly debrided. The remaining tissue was disinfected using povidone-iodine solution. In the presence of large abscess cavities, fistulas, or tissue defects, a pericardial (autologous, bovine or equine) patch repair was performed. The choice for the new prosthesis was at the discretion of the surgeon. Concomitant procedures, if needed, were performed according to standard techniques. Infected intravascular catheters were removed before surgery.

All patients underwent intravenous antibiotic/antimycotic treatment for at least 6 weeks postoperatively. Antibiotic regimen was directed by microbiological findings and based on guidelines.¹¹ In the case of culture-negative PVE, an empirical, broad-range, antibiotic treatment was initiated, usually consisting of vancomycin, rifampicin, and gentamycin.

Follow-up

Follow-up was obtained by telephone interviews and mail questionnaire. Complications were confirmed by contact with the patient's cardiologist or family physician. In case of rehospitalizations, copies of the medical reports were obtained.

Statistical Analysis

Categorical variables are reported as absolute and relative frequencies. For continuous data, means and standard deviations or medians and interquartile ranges were calculated. For comparison of microbiological findings in patients presenting with early and late PVE, the Fisher chi-square test was used. Overall and event-free survival, and freedom from recurrence and reoperation were analyzed using Kaplan-Meier curves and log-rank test. A Cox regression analysis was used to identify predictors for early and late events. First, a univariate approach evaluating all possible risk factors was applied, followed by a multiple Cox regression (backward elimination; likelihood ratio) of all significant variables. Aikake's information criterion was used to assess the goodness of fit. The assumption of proportional hazard was checked. All the statistical analyses were performed using SPSS Statistics 19 for Windows (SPSS Inc, Chicago, Ill) and supervised by an independent statistician (K.-D.W.). Because of the exploratory nature of the study, no adjustment for multiple testing was carried out.

RESULTS

Baseline Characteristics

Preoperative status was critical in a significant number of patients (Table 1): sepsis ($n = 23$), shock ($n = 14$), acute renal failure ($n = 17$), and the necessity of mechanical ventilation ($n = 17$) and pharmacologic circulatory support ($n = 19$). Accordingly, logistic European System for Cardiac Operative Risk Evaluation was greater than 20% in 121 patients (81.2%). A total of 49 patients (32.9%) sustained 1 or multiple embolic complications involving 1 or more systems: brain including retina ($n = 28$), mesenteric circulation including spleen ($n = 14$), upper or lower limbs ($n = 11$), kidneys ($n = 6$), and coronary arteries ($n = 5$). Extracardiac infection was present in 31 patients (20.8%), including pneumonia or pulmonary abscess ($n = 7$), skin or soft tissue infection ($n = 6$), urogenital infection ($n = 5$), spondylodiscitis and nonsternal osteomyelitis ($n = 5$), intra-abdominal infection or abscess ($n = 3$), surgical site infection after primary cardiac surgery ($n = 3$), and infected intravascular catheters ($n = 2$). One or more extracardiac predispositions for IE were found in 51 patients (39.6%), including diabetes ($n = 38$), intravenous drug abuse ($n = 9$), alcoholism ($n = 6$), corticotherapy ($n = 4$), chemotherapy ($n = 3$), leukemia ($n = 1$), and chronic hemodialysis ($n = 4$).

Preoperative Time Intervals

Median time intervals between onset of symptoms and diagnosis and between diagnosis and operation were

TABLE 1. Baseline characteristics and operative data

Parameter	n (%)	Mean ± SD
Age (y)		63.5 ± 13.85
Age >70 y	58 (38.9)	
Male gender	107 (71.8)	
BSA (m ²)		1.9 ± 0.21
NYHA class I-II	65 (43.6)	
NYHA class III-IV	84 (56.4)	
LVEF		0.51 ± 0.12
LVEF <0.40	21 (14.1)	
STS score		17.9 ± 10.82
euroSCORE		41.5 ± 24.18
euroSCORE >20%	121 (81.2)	
euroSCORE >40%	66 (44.3)	
Early PVE	65 (43.6)	
Late PVE	84 (56.4)	
Sepsis	23 (15.2)	
Shock	14 (9.4)	
Cardiogenic	6 (4.0)	
Septic	8 (5.4)	
Preoperative ventilatory support	17 (11.4)	
Preoperative circulatory support (catecholamines)	19 (12.8)	
Preoperative renal failure	17 (11.4)	
Chronic hemodialysis	4 (2.7)	
Preoperative neurologic deficits	36 (24.2)	
Previous embolic events	49 (32.9)	
Isolated	32 (21.5)	
Multiple	17 (11.4)	
Pulmonary hypertension	22 (14.8)	
Previous myocardial infarction	9 (6.0)	
Diabetes	38 (25.5)	
COPD	29 (25.5)	
Arterial hypertension	67 (45.0)	
Operative priority		
Emergency	47 (31.5)	
Urgent	55 (36.9)	
Elective	47 (31.5)	
Procedural figures		
Operation time (min)		260 ± 88.3
CPB time (min)		149 ± 62.4
ACC time (min)		112 ± 44.3
Surgical procedures		
Aortic valve surgery	92 (61.7)	
Mechanical prosthesis	11 (12.0)	
Bioprosthesis	80 (87.0)	
Autograft (Ross procedure)	5 (5.4)	
Mitral valve surgery	42 (28.2)	
Mechanical prosthesis	6 (14.3)	
Bioprosthesis	36 (85.7)	
Double valve surgery	15 (10.1)	
Mechanical prosthesis	2 (13.3)	
Bioprosthesis	13 (86.7)	
Concomitant procedures	7 (4.7)	
Mitral valve repair	1 (14.3)	
Tricuspid valve repair	1 (14.3)	
CABG	5 (71.4)	

(Continued)

TABLE 1. Continued

Parameter	n (%)	Mean ± SD
Mechanical circulatory support	14 (9.4)	
IABP	11 (7.4)	
LVAD	1 (0.7)	
RVAD	2 (1.3)	

ACC, Aortic crossclamp time; BSA, body surface area; CABG, coronary artery bypass grafting; COPD, chronic obstructive pulmonary disease; CPB, cardiopulmonary bypass time; euroSCORE, European System for Cardiac Operative Risk Evaluation; IABP, intra-aortic balloon pump; LVAD, left ventricular assist device; LVEF, left ventricular ejection fraction; PVE, prosthetic valve endocarditis; RVAD, right ventricular assist device; SD, standard deviation; NYHA, New York Heart Association; STS, The Society of Thoracic Surgeons.

2 days (interquartile range 1-5) and 8 days (2-23), respectively. The diagnosis of PVE was established within 2 weeks after the onset of symptoms in 130 patients (87.2%) and later in 19 patients (12.8%). Surgery was performed within 2 weeks after diagnosis of PVE in 98 patients (65.8%) and later in 51 patients (34.2%). The interval between onset of symptoms and diagnosis was more than 30 days in 8 patients, and the interval between diagnosis and operation was more than 30 days in 23 patients.

Microbiological Findings

The results of blood and valve cultures are listed in Table 2. Staphylococci were the most common infecting microorganisms, in both early and late PVE. In late PVE, Streptococci and *Enterococcus faecalis* were frequently present. Problematic germs (Staphylococci, gram-negative bacteria, fungi, multiresistant organisms) caused uncontrolled infection in 52 patients (34.9%). Despite repeated blood cultures, intraoperative swabs, examination of the explanted valves, serodiagnostics, and techniques of cellular microbiology, endocarditis was culture-negative in 35.6% of patients.

Operation and Perioperative Course

Previous valvular surgery comprised 6 mitral valve reconstructions and 164 aortic, mitral, or double valve replacements, including 113 bioprostheses, 45 mechanical valves, and 6 Ross procedures. The recent operations data are summarized in Table 1. Only 31.5% were elective procedures. In the majority of patients (86.6%), bioprostheses were used, in aortic position predominantly stentless valves (91.4%). The implantation technique of stentless aortic valve prostheses was subcoronary in 51 patients, inclusion cylinder in 33 patients, and root replacement in 9 patients. For reconstruction of perivalvular tissue defects, pericardial patch repair was performed in 12 patients.

Five patients died intraoperatively, and 14 patients died within 30 days after surgery, resulting in an overall operative mortality (≤ 30 d) of 12.8%. In 4 moribund patients, intraoperative death occurred because of unfavorable cardiac or septic shock even before cardiopulmonary

TABLE 2. Microbiological findings

Microorganism	Total population n = 149	Early PVE n = 65	Late PVE n = 84
Staphylococcus species, n (%)	41 (27.5)	23 (35.4)	18 (21.4)*
<i>Staphylococcus aureus</i> (NMR) (n)	16	6	10
MRSA (n)	3	2	1
<i>Staphylococcus epidermidis</i> (n)	16	10	6
<i>Staphylococcus hominis</i> (n)	5	5	—
<i>Staphylococcus lugdunensis</i> (n)	1	—	1
Streptococcus species, n (%)	24 (16.1)	8 (12.3)	16 (19.0)
<i>Streptococcus viridans</i> (n)	11	4	7
<i>Streptococcus agalactiae</i> (n)	1	—	1
<i>Streptococcus bovis</i> (n)	6	2	4
<i>Streptococcus pyogenes</i> (n)	5	1	4
<i>Streptococcus dysgalactiae</i> (n)	1	1	—
<i>Enterococcus faecalis</i> , n (%)	20 (13.4)	4 (6.2)	16 (19.0)†
<i>Enterobacter cloacae</i> , n (%)	1 (0.7)	—	1 (1.2)
<i>Pseudomonas aeruginosa</i> , n (%)	2 (1.3)	1 (1.5)	1 (1.2)
<i>Escherichia coli</i> , n (%)	1 (0.7)	—	1 (1.2)
<i>Klebsiella pneumoniae</i> , n (%)	1 (0.7)	—	1 (1.2)
ESBL-producing Gram-negative pathogens, n (%)	3 (2.0)	2 (3.1)	1 (1.2)
<i>Corynebacterium jeikeium</i> , n (%)	2 (1.3)	1 (1.5)	1 (1.2)
Candida species, n (%)	3 (2.0)	—	3 (3.6)
Multiple microorganisms, n (%)	4 (2.7)	1 (1.5)	3 (3.6)
Culture-negative endocarditis, n (%)	53 (35.6)	25 (38.5)	28 (33.3)

ESBL, Extended-spectrum beta lactamase; MRSA, methicillin-resistant staphylococcus aureus; NMR, non-methicillin-resistant; PVE, prosthetic valve endocarditis. * $P = .059$. † $P = .022$ (chi-square test early vs late PVE).

bypass was installed (3 patients) and uncontrollable bleeding (1 patient). The main causes of postoperative death were multiple organ failure ($n = 7$), refractory cardiac failure ($n = 5$), and uncontrolled sepsis ($n = 2$). Mean intensive care unit and hospital stays were 11.0 ± 20.8 days and 37.3 ± 30.2 days, respectively. Perioperative morbidity was significant, and 117 patients (78.5%) experienced at least 1 disease or surgery-related complication. These included reoperation ($n = 9$) due to recurrent PVE ($n = 14$), acute renal failure requiring hemodialysis ($n = 38$), pulmonary failure requiring prolonged mechanical ventilation ($n = 30$), atrial fibrillation ($n = 30$), nosocomial pneumonia ($n = 14$), complete heart block requiring permanent pacemaker implantation ($n = 12$), transient delirium ($n = 8$), and permanent ($n = 6$) or transient ($n = 4$) neurologic events. Reexploration for bleeding or pericardial tamponade was necessary in 14 patients. Surgical site infection occurred in 3 patients.

Event-Related Outcome

Length of follow-up was 4 ± 2.9 years (range, 0-10.3 years) and 96% complete (6 patients were lost). According to the definitions given earlier, 69 events (47 early, 22 late) occurred in 53 patients, including 35 deaths (24 early, 11 late), 23 recurrences (14 early, 9 late), and 11 reoperations

(9 early, 2 late). The causes of deaths were cardiac in 22 patients (intraoperative death in 5, heart failure in 7, recurrent endocarditis in 5, sudden cardiac death in 3, myocardial infarction in 2), noncardiac in 10 patients (multiple organ failure in 7, intractable sepsis in 2, coagulopathy in 1), and unknown in 5 patients. Recurrent endocarditis (18 cases occurred within 1 year) was treated with antibiotics alone in 12 patients (3 deaths) and by redo surgery in 11 patients (2 deaths). The offending microorganism was the same as in the first infection in 10 patients, different in 4 patients, and culture-negative in 9 patients. All reoperations were performed for recurrent endocarditis. Figure 1 shows the actuarial results for these events.

Association Between Preoperative Treatment and Occurrence of Events

Events occurred more frequently when PVE was diagnosed more than 30 days after the onset of symptoms, whereas surgery more than 30 days after diagnosis did not influence the event rate (Figure 2). It has to be stressed that no patient who experienced more than a 30-day delay between onset of symptoms and diagnosis was receiving medical treatment for PVE, whereas almost all patients ($n = 21$, 91.3%) who underwent operation more than 30 days after PVE was detected were treated with antibiotics. In the latter group, there was no clear indication for surgery at the time of diagnosis. However, during the course of medical treatment, persistent infection characterized by increasing or persistent vegetations (14 patients, 60.9%) and locally uncontrolled infection (9 patients, 39.1%) evolved and eventually required surgery.

Risk Factors for Early and Late Events

According to Cox regression analysis, the risk factors for early and late events are shown in Table 3. Because mechanical circulatory support, prolongation between onset of symptoms and diagnosis more than 30 days, and preoperative presence of renal failure are independent risk factors for early events, we found that advanced heart failure, untreated PVE, and secondary organ damage are significant predictors for early outcome. On the other hand, the long-term outcome is determined by extensive valvular involvement, because patients requiring double valve replacement were at higher risk for late events. For other variables, in particular age, gender, causative microorganism, early or late PVE, locally uncontrolled infection, aortic crossclamp time, and type of prosthesis, we were unable to detect any association with increased risk.

Comment

This study presents the results of surgery for PVE in the most recent decade. The outcome was limited by death, recurrent endocarditis, and need for reoperation occurring

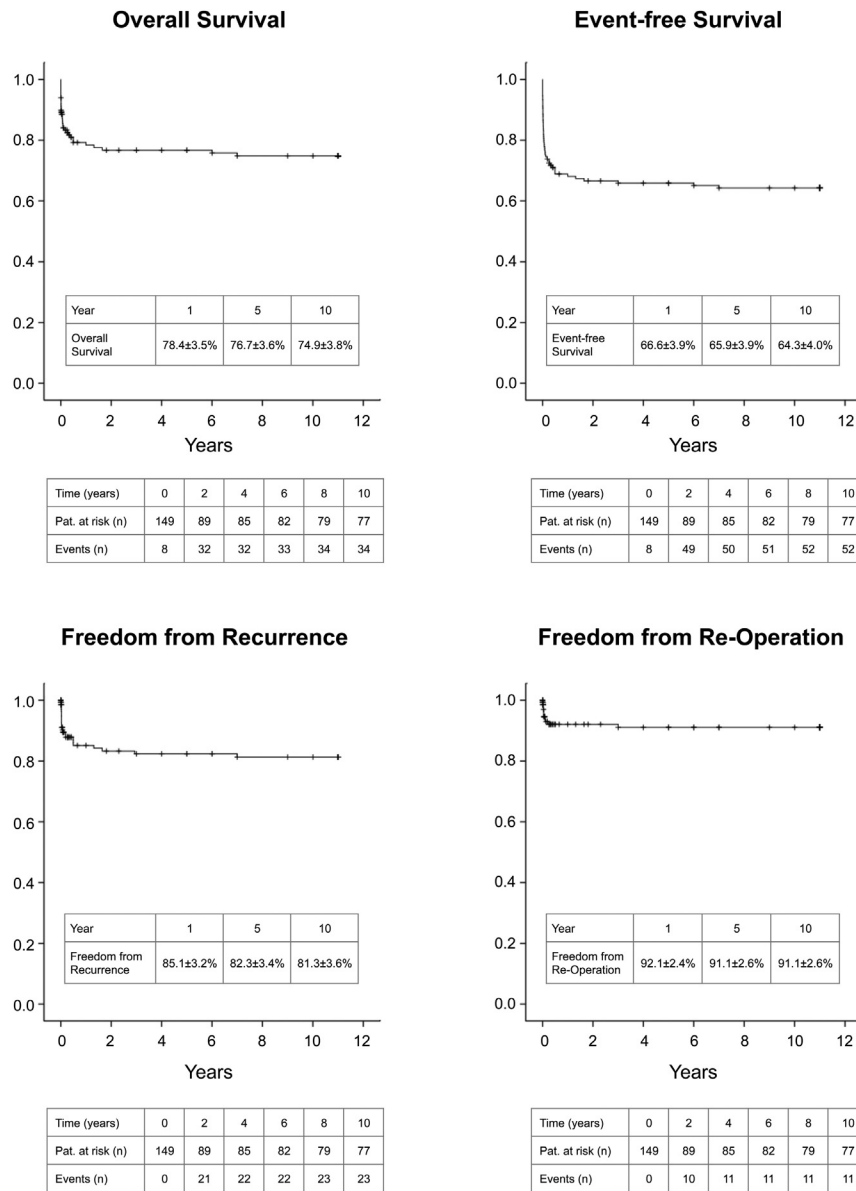


FIGURE 1. Outcome after surgery for PVE for all patients. Kaplan–Meier curves for overall and event-free survival and for freedom from recurrent PVE and reoperation are depicted.

predominantly early after operation (≤ 60 days). Compared with the early postoperative period, the incidence of such events was less than half at long-term follow-up (>60 days, up to 10 years). Several risk factors could be identified: need for mechanical circulatory support, prolongation between onset of symptoms and diagnosis more than 30 days, and preoperative presence of renal failure as predictors for early events and need for double valve replacement as a predictor for late events.

Predictors for Early Events

The 3.8-fold increase of risk of early events by need for mechanical circulatory support reflects the impact of severe

cardiac failure, which is known as an important risk factor not only in patients undergoing surgery for prosthetic or native valve IE,^{3,5,6,13,18-20} but also for cardiac surgery in general.¹⁶ Among other independent risk factors, such as emergency operation, preoperative catecholamines, mitral valve replacement, and age, mechanical circulatory support was previously shown to be the strongest predictor for early mortality (<30 days) after surgery for PVE.²⁰

Although the diagnosis of PVE was established within 2 weeks after the presence of symptoms in the majority of our patients, prolongation of this interval more than 30 days—correlating with duration of untreated PVE more than 30 days—was associated with a similar increase

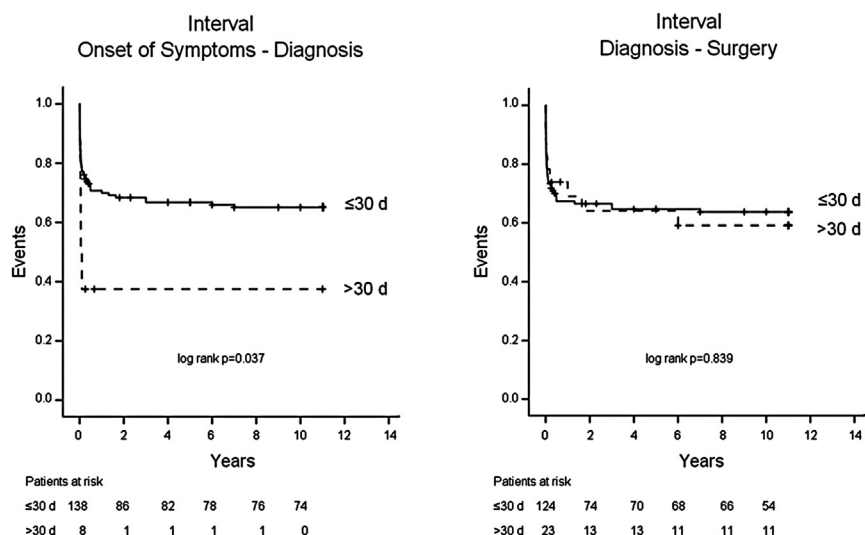


FIGURE 2. Association between preoperative treatment and events. Kaplan–Meier curves show comparison of event rates according to preoperative intervals. Almost all patients were receiving medical treatment with antibiotics between diagnosis and surgery, whereas no patient was between onset of symptoms and diagnosis.

of risk (Table 3). On the other hand, medical treatment of PVE more than 30 days until strong indications for surgery were present (interval between diagnosis and operation >30 days) did not add any risk. This finding is in line with recently published results of the International Collaboration

on Endocarditis–Prospective Cohort Study, a prospective, multinational, observational study in 1025 patients with PVE demonstrating that early surgery (median time from admission to surgery 8 days) was not associated with lower mortality compared with medical therapy unless clear indications for surgery, such as valve regurgitation, vegetation, and dehiscence or paravalvular abscess/fistula, were present.¹³ However, Lalani and colleagues¹³ did not evaluate the duration of preoperatively untreated PVE and the potential benefit of earlier compared with later surgery, which may influence the outcome. Furthermore, they only analyzed outcome regarding mortality but did not report results with respect to recurrence of PVE and reoperation.

The diagnosis of PVE is difficult because the clinical presentation is rather atypical and the results of blood cultures and echocardiography are more frequently negative.⁵ Even transesophageal echocardiography, which is mandatory in the assessment of PVE, initially may be falsely negative in true PVE.⁵ Considering these results (Figure 2), it has to be concluded that initiating antibiotic treatment in the case of clinical suspicion of PVE makes more sense than merely waiting until diagnosis is confirmed by repeated echocardiography. Medical treatment seems to be appropriate as long as clear indications for surgery (heart failure, uncontrolled infection, prevention of embolism) are missing.

In this study, preoperative renal failure evolved as the third independent risk factor for early events. In the context of IE, renal dysfunction can be regarded as end-organ damage due to congestive heart failure and low cardiac output, renal embolization, or immune complex glomerulonephritis. Consequently, renal complications occur in 5% to 10% of patients with IE and renal failure was demonstrated to be a significant predictor of early

TABLE 3. Risk factors for early and late events

	HR	95% CI	P
Early events (≤60 d)			
Univariate Cox regression			
Mechanical circulatory support	4.931	2.288-10.630	<.001
NYHA class IV	4.084	1.818-9.174	.001
Preoperative ventilatory support	3.124	1.514-6.445	.001
Shock	3.104	1.422-6.779	.003
Emergency operation	3.084	1.290-7.313	.001
Interval symptoms-diagnosis >30 d	3.059	1.190-7.865	.015
Preoperative renal failure	3.005	1.535-5.881	.001
Preoperative circulatory support	2.804	1.360-5.779	.004
LVEF <0.40	2.727	1.174-4.394	.012
Preoperative lactate <2 mmol/L	2.400	1.185-4.861	.012
euroSCORE >40%	1.885	1.002-3.591	.050
CPB time	1.005	1.001-1.009	.026
Multivariate Cox regression			
Mechanical circulatory support	3.823	1.742-8.389	.001
Interval symptoms-diagnosis >30 d	3.130	1.202-8.149	.019
Preoperative renal failure	2.322	1.113-4.845	.025
Late events (>60 d)			
Univariate Cox regression			
Interval symptoms, surgery >90 d	4.391	1.016-19.591	.034
Double valve replacement	4.005	1.368-11.730	.006
Multivariate Cox regression			
Double valve replacement	4.446	1.568-12.608	.005

CI, Confidence interval; CPB, cardiopulmonary bypass; euroSCORE, European System for Cardiac Operative Risk Evaluation; HR, hazard ratio; LVEF, left ventricular ejection fraction; NYHA, New York Heart Association.

mortality in patients undergoing surgery for native or prosthetic IE.^{6,20-23}

Predictors for Late Events

We found double valve replacement as an independent predictor for late events. Because all patients undergoing double valve surgery presented with IE affecting both valves, this result emphasizes the importance of extensive valvular infection. Accordingly, we have previously found that apart from older age and preoperative renal failure, concomitant mitral valve surgery due to endocarditis was an independent predictor of late death after surgery for aortic valve IE.²³ There are few reports analyzing predictors for long-term outcome after surgery for PVE. In contrast to our results, available data from studies on surgery for IE could not demonstrate double valve replacement as a risk factor for long-term outcome.^{21,24} However, within these cohorts, (1) only 30% to 43% of patients presented with PVE and (2) information on how many double valve procedures were performed for double valve infection was not given.^{21,24}

Prognostic Implications Considering Survival, Recurrent Infection, and Reoperation

Consistent with recent reports from Sweden and the Cleveland Clinic, reporting an early mortality (30 days) after surgery for PVE of 14% and 13%, respectively,^{7,8} our study found a decrease in operative mortality compared with the rates in previous eras.²⁵ Nevertheless, mortality remains a significant issue and can reach 20% to 30% if preoperative status is critically limited or PVE is more complicated.^{4,6,9,20} Several factors have been associated with increased mortality, of which complicated PVE and staphylococcal infections are the most powerful markers.⁵ As in our patients, staphylococci are the most common causative microorganisms for PVE today.^{4,6-8,13,20} Overall survival at 5 years was 76.7% in this study, which is similar to that in recent reports from other groups.^{7,8} Considering that an increasing amount of patients with IE have PVE, these long-term results are promising because they do not significantly differ from native IE.^{7,8} In contrast to other reports,^{7,8,20} survival remained stable beyond 5 years in our patients and was approximately 75% at 10 years.

In regard to the long-term prognosis of PVE, event-free survival, considering at least the incidence of reinfection and reoperation in addition to mortality, is more realistic (Figure 1). The majority of such events occurred within the first year after operation, confirming observations from Musci and colleagues.²⁰ The rate of reinfections and reoperations after surgery for PVE has not been frequently reported. At 10 years, Musci and colleagues²⁰ report freedom from reoperation due to reinfection of 85.8% and 92.1% after surgery for early and late PVE,

respectively. Comparably, in this study freedom from reoperation, all redo procedures were due to recurrent endocarditis, was 91% at 10 years.

Obviously, not all cases of recurrent endocarditis require reoperation, although the earlier reinfection occurs the more frequently repeat surgery will be necessary. Thus, 52% of our patients who presented with reinfection, but missed any clear indication for surgery, were successfully treated medically. For the long-term perspective, however, not only late reinfection or de novo infection but also prosthetic valve dysfunction, in particular structural deterioration of bioprostheses, and other reasons have to be considered indications for reoperation.²⁴

The optimal substitute to be used for replacement of an infected valvular prosthesis is still a matter of debate. Studies comparing mechanical and biological prostheses for IE,²² homografts and conventional prostheses for aortic IE,²⁶ or homografts and composite prostheses for aortic PVE²⁷ demonstrated that operative mortality, early and long-term survival, and risk of reinfection and reoperation were similar and therefore independent of the type of substitute implanted. In particular, aortic valve homografts are believed to be ideally suited to treat PVE with aortic root abscess.^{17,20,28,29} However, for patients requiring second reoperation for reinfection, 61.1% presented with aortic root abscess at first reoperation, which was treated by homograft aortic root replacement.²⁰ Moreover, although Musci and colleagues²⁰ used homograft aortic root replacement in 38.4% of their patients, the reoperation rate is identical to that found in this study, in which stentless bioprostheses were predominantly used for aortic valve replacement. In general, the benefit of surgery seems to be more related to the ability to extirpate all infected tissue than to the prosthesis used for replacement itself.²⁴

Study Limitations

Because of the retrospective nature of the present study, it has limitations because no patient was assigned to specific treatment. The conclusion that preoperative treatment predicts outcomes is limited by the small patient number. Furthermore, it reports results from a single surgical center, and although this is part of a huge university hospital, patients have been referred from different hospitals. Also, no solely medically treated cohort was available whose outcome could be compared with this surgical cohort. However, all patients were included consecutively during the most recent decade and followed for a sufficiently long time period.

CONCLUSIONS

Surgery for PVE is frequently required and remains associated with a significant risk for not only death but also reinfection and reoperation. Cardiac and renal function, the need for double valve replacement, and

preoperative treatment predicted outcomes. The risk, in particular for early events, increased significantly if the preoperative interval in which patients were symptomatic but not treated exceeded 30 days, whereas preoperative medical treatment with antibiotics—as long as no clear indication for surgery was present—for more than 30 days was not associated with increased risk.

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