

## HORMONES – CYTOKINES – SIGNALING

IGF-I induces vascular endothelial growth factor in human mesangial cells via a Src-dependent mechanism<sup>1</sup>

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**IGF-I induces vascular endothelial growth factor in human mesangial cells via a Src-dependent mechanism.**

**Background.** Both insulin-like growth factor-I (IGF-I) and vascular endothelial growth factor (VEGF) have been implicated in the pathogenesis of early renal dysfunction in diabetes. We investigated whether IGF-I affects VEGF gene expression and protein secretion in human mesangial cells. Furthermore, we studied the intracellular signaling pathway involved and the interaction of IGF-I with mechanical stretch, a known VEGF inducer.

**Methods.** Human mesangial cells were exposed to IGF-I in the presence and in the absence of (1) anti-IGF-I type I receptor antibody ( $\alpha$ IR3) (1  $\mu$ g/mL), a monoclonal antibody blocking the IGF-I type I receptor; (2) wortmannin (600 nmol/L), a phosphatidylinositol 3-kinase (PI3K) inhibitor; (3) 4-amino-5-(4-chlorophenyl)-7-(t-butyl)pyrazolo[3,4-d]pyrimidine (PP2), a specific Src inhibitor (10  $\mu$ mol/L); and (4) cyclic stretch (~10% elongation).

**Results.** IGF-I induced a dose-dependent increase in VEGF protein levels (10<sup>-11</sup> mol/L, 5%; 10<sup>-10</sup> mol/L, 14%; 10<sup>-9</sup> mol/L, 46%; 10<sup>-8</sup> mol/L, 66%; 10<sup>-7</sup> mol/L, 68%;  $P < 0.001$ ). IGF-I-induced VEGF production rose by 6 hours with a peak at 12 hours, and declined by 24 hours (52%, 72%, and 34%, respectively;  $P < 0.01$  at 12 hours). A corresponding 50% increase in VEGF mRNA levels was seen at 6 hours ( $P < 0.01$ ). IGF-I-induced VEGF protein secretion was not affected by the addition of wortmannin (IGF-I, 76% vs. IGF-I + wortmannin, 79% increase over control;  $P = \text{NS}$ ), but was abolished by  $\alpha$ IR3 (IGF-I, 69% vs. IGF-I +  $\alpha$ IR3, 0%;  $P < 0.001$ ) and significantly reduced by PP2 (IGF-I, 50% vs. IGF-I + PP2, 14%;  $P < 0.01$ ). Simultaneous exposure of human mesangial cells to both IGF-I and stretch failed to further increase VEGF production (IGF-I, 1.49  $\pm$  0.05; stretch, 1.76  $\pm$  0.05; and IGF-I + stretch, 1.83  $\pm$  0.11).

**Conclusion.** IGF-I induces VEGF gene expression and protein secretion in human mesangial cells via a Src-dependent mechanism.

<sup>1</sup>See Editorial by Cooper and Thomas, p. 1584.**Key words:** IGF-I, VEGF, mesangial cells, Src.

Received for publication May 29, 2002

and in revised form September 26, 2002

Accepted for publication November 13, 2002

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Insulin-like growth factor-I (IGF-I) is a potent mitogenic polypeptide, under growth hormone regulation, which binds to a specific receptor (IGF-RI) and to six binding proteins (IGFBPs) that modulate its bioavailability [1–3].

Although circulating IGF-I levels are normal or reduced in patients with diabetes [4], the local IGF-I system appears to be up-regulated. There is increased kidney IGF-I content in experimental diabetes [2, 3, 5]. Furthermore, increases in IGF-RI and changes in IGFBPs expression, leading to enhanced IGF-I trapping and possibly bioactivity, have been reported in kidneys from diabetic animals [2, 3, 6, 7].

Transgenic animals overexpressing IGF-I develop glomerular hypertrophy [7] and IGF-I infused in pharmacologic concentrations in humans increases renal plasma flow and glomerular filtration rate [8]. Furthermore, suppression of the growth hormone/IGF-I axis prevents the onset of these early glomerular abnormalities in diabetic animals [3, 5, 10, 11].

Similarly, in experimental diabetes, inhibition of vascular endothelial growth factor (VEGF) prevents both glomerular hyperfiltration and glomerular hypertrophy and ameliorates albuminuria [12]. VEGF exists in five isoforms, VEGF<sub>165</sub> being the most abundant. The main VEGF binding sites are on endothelial cells, and VEGF stimulates and promotes vascular permeability and endothelium-dependent vasodilatation [13]. VEGF is expressed constitutively in the kidney in glomerular epithelial cells [14] and in pathologic conditions by other glomerular cell types, including mesangial cells [15]. Both high glucose and mechanical stretch, mimicking glomerular capillary hypertension, are potent VEGF inducers in vitro in human mesangial cells [16, 17].

Given the similarities between the glomerular effects of IGF-I and VEGF, we tested in human mesangial cells whether IGF-I stimulates VEGF gene expression and protein secretion and examined the signal transduction

mechanisms involved. We also studied the interaction of IGF-I and mechanical stretch on VEGF production.

## METHODS

### Materials

All materials were purchased from Sigma Chemical Co. (St. Louis, MO, USA) unless otherwise stated. Fetal calf serum (FCS) was obtained from Gibco-BRL (Paisley, UK) and Flex I and Flex II plates from Flexcell International Corporation (McKeensport, PA, USA). Wortmannin, monoclonal anti-IGF-I type I receptor antibody ( $\alpha$ IR3), and 4-amino-5-(4-chlorophenyl)-7-(*t*-butyl)pyrazolo[3,4-*d*]pyrimidine (PP2) were obtained from Calbiochem (Nottingham, UK). Monoclonal anti-human VEGF antibody was obtained from R&D Systems (Minneapolis, MN, USA) and rabbit polyclonal antihuman VEGF antibody from Serotec (Oxford, UK). The reverse transcription (RT) system and the transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1) enzyme-linked immunosorbent assay (ELISA) were purchased from Promega (Southampton, UK), oligonucleotide primers from Oswel (Southampton, UK), and AmpliTaq from Perkin Elmer (Warrington, WA, USA).

### Cell culture

Human mesangial cells were isolated as described previously [17, 18]. Briefly, normal renal cortex was obtained from three donor nephrectomies found to be unsuitable for transplantation on the basis of an abnormal vascular supply. Intact glomeruli were collected from cortical homogenates by serial sieving. The isolated glomeruli were digested with collagenase (type IV, 750 U/mL) and then seeded in culture flasks. After the outgrowth of mesangial cells, the glomeruli were removed by washing and the cells were cultured in RPMI 1640 medium, supplemented with insulin-transferrin-selenium and L-glutamine, and containing 20% FCS, 7 mmol/L glucose, 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin in a humidified 5% CO<sub>2</sub> incubator at 37°C. Mesangial cells were harvested using 0.25% trypsin and 0.5% ethylenediaminetetraacetic acid (EDTA). The cells were stellate or fusiform in appearance, grew in multilayers, formed hillocks in long-term culture, and stained for  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) by direct immunofluorescence. Cells did not stain for cytokeratin, factor VIII, common leukocyte antigen (DAKO, High Wycombe, UK) and Thy-1 (Serotec, Oxford, UK), excluding, respectively, contamination of epithelial, endothelial cells, lymphomonocytes, and human fibroblasts. Studies were performed between passages 4 and 7, while the cells retained the characteristic morphologic and immunofluorescent features described above.

### Cell number determination

Cells were harvested with 0.25% trypsin and 0.5% EDTA and the cell number determined by a Coulter Cell Counter (Coulter Electronics, Ltd., Luton Beds, UK).

### Application of mechanical stretch to cultured cells

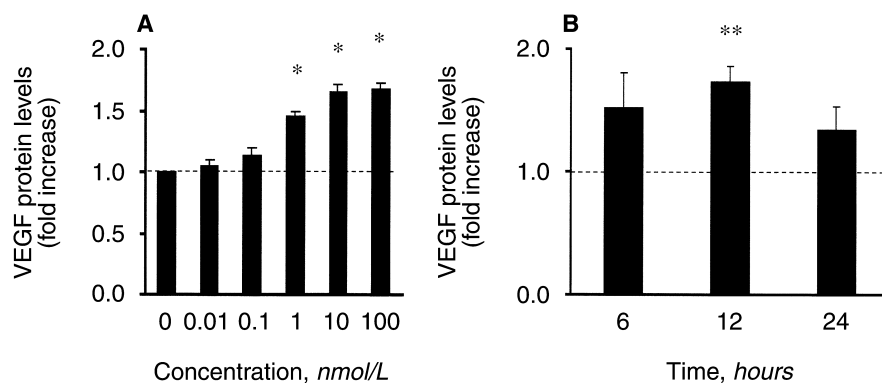
Mesangial cells were seeded in equal number (12,000/cm<sup>2</sup>) into six-well type I collagen-coated silicone elastomer-base culture plates (Flex I plates) and control plates (Flex II plates). After insulin and serum deprivation for 24 hours, cells were subjected to repeated stretch/relaxation cycles (60 cycles/minute) by mechanical deformation using a Flexercell Strain Unit (FX3000 Flexcell International Corporation, McKeensport, PA, USA). Cells were exposed to an average 10% uniaxial elongation, which mimics that present in vivo in glomeruli exposed to supernormal pressure levels, and is known in vitro to induce mesangial cell VEGF production [17]. Stretch and control experiments were carried out simultaneously with cells derived from a single pool. Control cells were grown in nondeformable, but otherwise identical, plates (Flex II plates) in parallel.

### mRNA analysis

Total RNA was isolated using a commercial preparation based on a guanidinium and phenol extraction (Triazol) and reverse transcribed (1  $\mu$ g) according to standard protocols using avian myeloblastosis virus (AMV) reverse transcriptase and poly-d(T). The polymerase chain reaction (PCR) was performed with oligonucleotide primers designed to amplify specifically the 165 isoform of human VEGF as we have previously described [17]. A single PCR product of 317 bp was obtained, the identity of which was confirmed by digestion with the restriction enzyme *Hind*III (Promega) yielding two fragments of 181 bp and 136 bp as predicted from the known cDNA sequence for VEGF<sub>165</sub> [19]. Expression of the housekeeping gene glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was determined in parallel to control for amount of RNA input and RT efficiency using primer sequences previously reported [20]. VEGF and GAPDH mRNA levels were quantified by competitive RT-PCR, using deletion-mutated cDNA to control for PCR amplification efficiency and for use in quantitative analysis [17]. Competitor cDNAs with a 50 bp deletion were generated by PCR as previously described [21]. PCR products were resolved in a 3% Nu-Sieve/1% agarose gel containing ethidium bromide, analyzed by an image system (Eagle Eye System, Stratagene, UK) and quantified using a densitometry analysis software (QGEL, Stratagene, UK).

### Protein measurement

Culture supernatants from all experimental conditions were collected, centrifuged to remove cell debris, and



**Fig. 1.** Dose-response and time course of vascular endothelial growth factor (VEGF) protein production by insulin-like growth factor-I (IGF-I) in human mesangial cells. Serum- and insulin-deprived human mesangial cells were exposed to increasing IGF-I concentrations ( $10^{-11}$ ,  $10^{-10}$ ,  $10^{-9}$ ,  $10^{-8}$ ,  $10^{-7}$  mol/L) for 12 hours (A); and to IGF-I at 10 nmol/L for various time periods of 6, 12, and 24 hours (B). VEGF protein levels were measured as described in the **Methods** section and expressed as fold increase vs. control \* $P < 0.001$  vs. control ( $N = 3$ ); \*\* $P < 0.01$  vs. control ( $N = 4$ ).

stored at  $-70^{\circ}\text{C}$  for analysis. VEGF protein concentration was measured by an in-house two-site immunoenzymometric assay using a mouse monoclonal and a rabbit polyclonal antihuman VEGF<sub>165</sub> (range, 1 to 40 pmol/L, intra-assay coefficient of variance, 5.3%) as we have previously reported [17, 22]. Briefly 96-well microtiter plates were coated overnight at  $4^{\circ}\text{C}$  with a mouse monoclonal anti-VEGF antibody as the capture antibody. The plates were blocked with bovine serum albumin (BSA), following which the samples were added and incubated for 5 hours. After washing, a rabbit polyclonal antihuman VEGF<sub>165</sub> as the detection antibody was added and incubated overnight. Immunocomplexes were detected by alkaline phosphatase-conjugated goat antirabbit immunoglobulin (IgG) and revealed by 3,3', 5,5' tetramethylbenzidine dihydrochloride substrate. The reaction was stopped with  $\text{H}_2\text{SO}_4$  and the absorbance was measured at 450/690 nm. The assay also detects the VEGF<sub>121</sub> isoform, but no cross-reactivity was detected with human platelet-derived growth factor (PDGF), human TGF- $\beta$ 1 to 5 and bovine VEGF. For each experiment, VEGF protein levels were determined within a single assay run. All protein results were adjusted for cell number.

Total TGF- $\beta$ 1 protein concentration was measured by ELISA (range, 16 to 1000 pg/mL, intra-assay coefficient of variance, 1.6%) using a mouse monoclonal and a rabbit polyclonal antihuman TGF- $\beta$ 1. Activation of latent TGF- $\beta$ 1 was obtained by acidification according to manufacturer's instructions.

#### Data presentation and statistical analysis

All data are presented as mean  $\pm$  SEM. Data were analyzed by analysis of variance (ANOVA) and if significant, the Newman-Keuls procedure was used for post hoc comparisons. Values for  $P < 0.05$  were considered significant.

## RESULTS

### IGF-I induces VEGF gene expression and protein secretion

To investigate the effect of IGF-I on VEGF protein production, serum and insulin-deprived mesangial cells

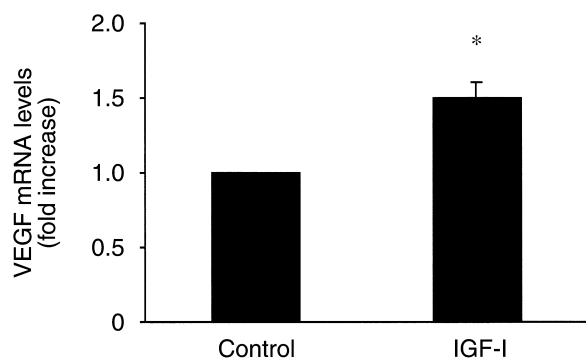
were exposed to increasing IGF-I concentrations ( $10^{-11}$ ,  $10^{-10}$ ,  $10^{-9}$ ,  $10^{-8}$ , and  $10^{-7}$  mol/L) for 12 hours to determine the effective IGF-I dose. Twelve hours was chosen as being a known time period in which various stimuli up-regulate VEGF protein production [17, 22]. Cells were serum- and insulin-deprived for 24 hours prior to the experiment because VEGF and IGF-I receptor expression are enhanced and diminished, respectively, by small concentrations of FCS [15, 23]. IGF-I induced VEGF secretion in a concentration-dependent manner ( $10^{-11}$  mol/L, 5%;  $10^{-10}$  mol/L, 14%;  $10^{-9}$  mol/L, 46%;  $10^{-8}$  mol/L, 66%; and  $10^{-7}$  mol/L, 68%) with a minimum effective concentration of 1 nmol/L and a plateau effect at 100 nmol/L (Fig. 1A). In subsequent experiments a 10 nmol/L IGF-I concentration was used as this concentration maximally induced VEGF.

A significant increase in VEGF production was also observed in mesangial cells exposed to insulin; however, this occurred only at pharmacologic insulin concentration of 1  $\mu\text{mol/L}$  ( $1.78 \pm 0.05$ -fold increase over control,  $P < 0.05$ ,  $N = 3$ ).

The effect of IGF-I on VEGF secretion was not accompanied by an increase in TGF- $\beta$ 1, another growth factor produced by mesangial cells and believed to be important in the pathogenesis of diabetic glomerulopathy (IGF-I at 10 nmol/L,  $1.06 \pm 0.03$ -fold increase over control,  $P = \text{NS}$ ,  $N = 3$ ).

In time-course experiments, we observed IGF-I-induced VEGF secretion by 6 hours, with a peak at 12 hours and a decline thereafter (52%, 72%, and 34% respectively;  $P < 0.01$  IGF-I over control at 12 hours) (Fig. 1B).

To assess whether this rise in VEGF protein secretion was preceded by an increase in mRNA levels, we measured by competitive RT-PCR VEGF mRNA in cells exposed to IGF-I (10 nmol/L) for 6 hours. This time point was chosen based on previous studies showing that VEGF mRNA levels rise approximately 6 hours earlier than VEGF protein levels [17, 22]. VEGF was expressed in the basal condition and significantly rose by 50% in cells exposed to IGF-I (Fig. 2).



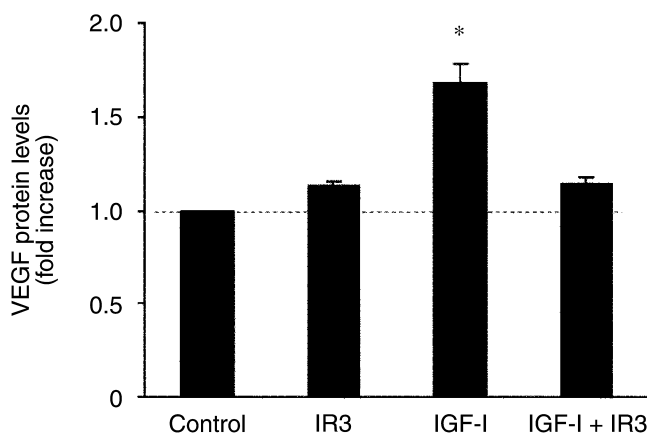
**Fig. 2. Effect of insulin-like growth factor (IGF-I) on vascular endothelial growth factor (VEGF) mRNA levels.** Serum and insulin-deprived human mesangial cells were exposed to IGF-I (10 nmol/L) for 6 hours. VEGF mRNA levels were quantified as described in the **Methods** section and expressed as fold increase vs. control. \*  $P < 0.01$  IGF-I over control ( $N = 4$ ).

### Mesangial cell VEGF induction by IGF-I occurs via the IGF-RI receptor

IGF-I binds to the IGF-RI receptor as well as to the insulin receptor, although with a 50- to 100-fold reduction in affinity [24]. A murine monoclonal antibody against the IGF-RI,  $\alpha$ IR3 (1  $\mu$ g/mL), specifically recognizes the extracellular  $\alpha$ -subunit of the IGF-RI and inhibits receptor-mediated effects [25]. Preincubation with  $\alpha$ IR3 (1  $\mu$ g/mL) for 30 minutes before IGF-I (10 nmol/L) addition led to complete inhibition of IGF-I-induced VEGF protein production (Fig. 3), indicating that this effect was mediated exclusively by the IGF-RI receptor. The  $\alpha$ IR3 neutralizing antibody induced a modest and not significant rise in basal VEGF levels due to its weak agonist activity [26].

### IGF-I-induced VEGF secretion is independent of PI3K

To test the role of phosphatidylinositol 3-kinase (PI3K), an intracellular mediator of IGF-I signaling [27, 28], in IGF-I-induced VEGF production, serum- and insulin-deprived mesangial cells were exposed to IGF-I (10 nmol/L) for 12 hours either in the presence or in the absence of the PI3K inhibitor, wortmannin (600 nmol/L). IGF-I-induced VEGF secretion was not affected by the addition of wortmannin, indicating that VEGF induction was PI3K-independent (Fig. 4A). By contrast, in parallel experiments, wortmannin completely abolished insulin-induced VEGF production [insulin (1  $\mu$ mol/L) + vehicle,  $1.78 \pm 0.03$ ; insulin (1  $\mu$ mol/L) + wortmannin (600 nmol/L),  $1.12 \pm 0.04$ -fold increase over control;  $P < 0.05$  insulin vs. others,  $N = 3$ ]. This indicates that insulin induces VEGF through a PI3K-dependent pathway, and it confirms that, in our experiments, wortmannin was both active in the preparation and used at a concentration adequate to block PI3K-dependent effects.



**Fig. 3. Insulin-like growth factor-I (IGF-I) induces vascular endothelial growth factor (VEGF) via the IGF-I type 1 receptor.** Serum- and insulin-deprived human mesangial cells were exposed to IGF-I (10 nmol/L) for 12 hours in the presence or in the absence of  $\alpha$ IR3 (IR3 1  $\mu$ g/mL). VEGF protein levels were measured as described in the **Methods** section and expressed as fold increase vs. control. \* $P < 0.001$  IGF-I vs. others ( $N = 3$ ).

### Inhibition of Src by PP2 prevents IGF-I-induced VEGF secretion

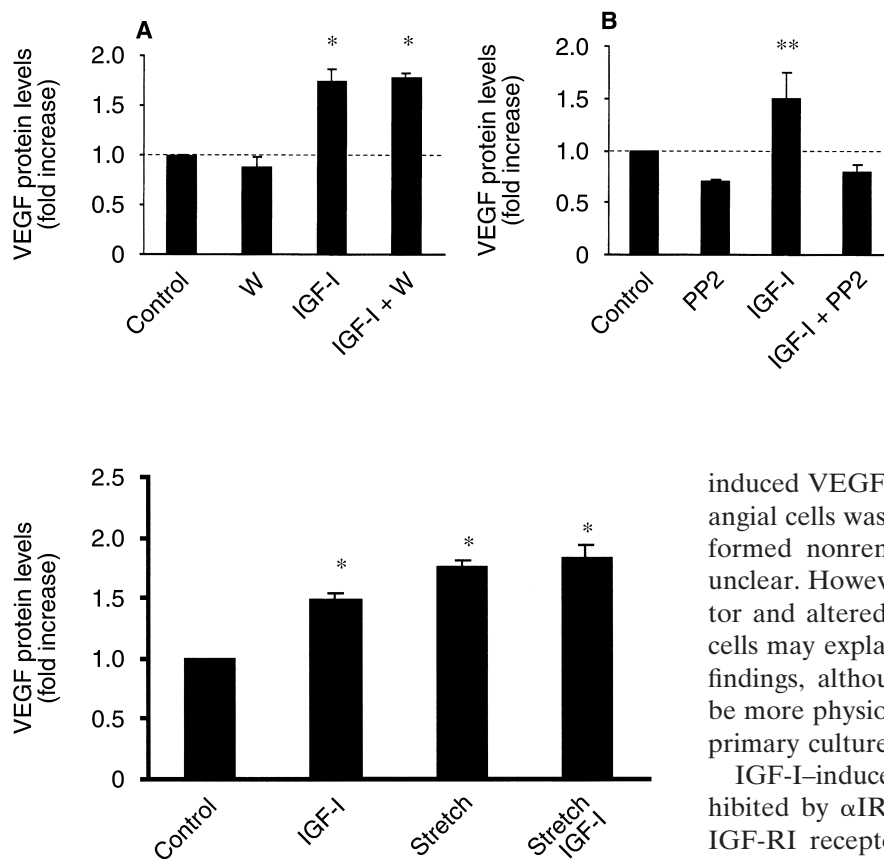
Src is known to mediate stretch-induced VEGF in human mesangial cells [17]. Thus, we tested whether this intracellular signaling molecule could also be involved in IGF-I-induced VEGF. Serum- and insulin-deprived human mesangial cells were exposed to IGF-I (10 nmol/L) for 12 hours, either in the presence or in the absence of PP2 (10  $\mu$ mol/L), a selective Src inhibitor [29]. PP2 induced a modest nonsignificant reduction in basal VEGF production, but significantly reduced, by 72%, IGF-I-induced VEGF secretion ( $P < 0.01$ ), providing evidence of a Src role in IGF-I induction by VEGF (Fig. 4B).

### Simultaneous exposure to IGF-I and stretch does not enhance VEGF production

To study the effect of combined exposure to IGF-I and stretch on human mesangial cell VEGF production, serum- and insulin-deprived mesangial cells were stretched (elongation 10%), either in the presence or in the absence of IGF-I (10 nmol/L) for 12 hours. Both IGF-I and stretch induced a significant increase in VEGF production; however, simultaneous exposure to both stimuli failed to further increase VEGF production (Fig. 5).

## DISCUSSION

This work demonstrates that IGF-I induces VEGF production in human mesangial cells. There was a peak 72% increase after 12 hours. This increase in VEGF is commensurate with that we have previously reported in response to angiotensin II in human mesangial cells [22]. The doses of IGF-I eliciting VEGF production were in



**Fig. 5. Effect of combined insulin-like growth factor (IGF-I) and stretch on vascular endothelial growth factor (VEGF) protein secretion.** Serum- and insulin-deprived mesangial cells were exposed for 12 hours to vehicle, IGF-I (10 nmol/L), stretch (10% elongation), and IGF-I + stretch. VEGF protein levels were measured as described in the **Methods** section and expressed as fold increase vs. control ( $N = 3$ ). \* $P < 0.05$  IGF-I, stretch, and IGF-I + stretch over control.  $P = \text{NS}$  IGF-I vs. stretch vs. stretch + IGF-I.

the physiologic range and comparable to those used in previous reports on IGF-I-induced fibronectin and collagen production in murine mesangial cells [30]. Addition of exogenous IGF-I, however, is superimposed to the IGF-I endogenously produced by mesangial cells [31] and thus mimics a state of IGF-I excess, suggesting that superphysiologic IGF-I levels are required for VEGF induction. IGF-I-induced VEGF protein level rose after 6 hours, peaked at 12 hours, and declined thereafter. A temporally related increase in VEGF mRNA level was seen at 6 hours. This time course of VEGF production was similar to that we previously observed for serum, angiotensin II and stretch-induced VEGF in human mesangial cells [17, 22, 32].

IGF-I-induced VEGF expression has been previously reported in nonrenal cell lines, such as SV40-transformed retinal pigment epithelial cells [33], endometrial adenocarcinoma cells [34], and COLO205 colon carcinoma cells [26]. The magnitude and duration of the IGF-I-

induced VEGF production we observed in human mesangial cells was lower than that reported in these transformed nonrenal cell lines. The reasons for this are unclear. However, increased expression of IGF-I receptor and altered regulatory mechanisms in transformed cells may explain the enhanced response to IGF-I. Our findings, although smaller in magnitude, are likely to be more physiologically relevant as they were shown in primary cultures of normal human cells.

IGF-I-induced VEGF production was completely inhibited by  $\alpha\text{IR3}$ , a neutralizing antibody blocking the IGF-RI receptor [25]. This indicates a specific IGF-I effect occurring via the IGF-RI receptor. IGF-I can also bind to the insulin receptor, but insulin receptors are expressed at a low level in mesangial cells and are not activated in response to the IGF-I concentrations used in this study [35]. Consistently, we found that pharmacologic insulin concentrations were required to induce VEGF production in this cell type.

Exposure to IGF-I did not affect mesangial cell production of TGF- $\beta$ 1, a cytokine implicated in the pathogenesis of diabetic glomerulopathy [3], demonstrating that, under our experimental conditions, VEGF induction was a specific response of mesangial cells to IGF-I.

VEGF induction occurs via different mechanisms, including an Src/Raf/mitogen-activating protein (MAP) kinase pathway [36] and a PI3K/protein kinase-B (PKB) pathway [37]. PI3K plays a key role in IGF-I intracellular signaling in most cell types and mediates IGF-I-induced VEGF expression in human osteoblast-like cells [38]. However, in our experiments the addition of wortmannin, a PI3K inhibitor, did not affect IGF-I-induced VEGF secretion, indicating that in human mesangial cells this IGF-I effect was PI3K independent.

A previous report in NIH3T3 fibroblasts had shown that VEGF induction by IGF-I and insulin occurs via different signaling pathways, which are, respectively, independent and dependent of PI3K [39]. In line with this, we found that in human mesangial cells insulin induces VEGF via a PI3K-dependent mechanism.

**Fig. 4. Effect of phosphatidylinositol 3-kinase (PI3K) and Src inhibition on insulin-like growth factor-I (IGF-I)-induced vascular endothelial growth factor (VEGF) production in human mesangial cells.** Serum- and insulin-deprived human mesangial cells were exposed to IGF-I (10 nmol/L) for 12 hours in the presence or in the absence of: wortmannin (600 nmol/L) (A), and 4-amino-5-(4-chlorophenyl)-7-(*t*-butyl)pyrazolo[3,4-*d*]pyrimidine (PP2) (10  $\mu\text{mol/L}$ ) (B). VEGF protein levels were measured as described in the **Methods** section and expressed as fold increase vs. control. \* $P < 0.001$  IGF-I and IGF-I + wortmannin vs. others ( $N = 3$ ); \*\* $P < 0.01$  IGF-I vs. others ( $N = 3$ ).

Members of the Src family of nonreceptor tyrosine kinases are important intracellular signaling molecules for the expression of VEGF [36, 40, 41]. Cell lines transfected with v-Src overexpress VEGF [36] and mechanical stretch induces VEGF via a Src-dependent mechanism in human mesangial cells [17]. In this study, the significant inhibition of IGF-I-induced VEGF expression by the highly specific Src inhibitor, PP2 [29], indicates that Src plays a key role in mediating VEGF production in response to IGF-I. This observation is in agreement with previous studies showing that the IGF-I receptor activates the Src/Raf pathway in other cell types [39, 42]. In addition, the small reduction of baseline VEGF by PP2 suggests that Src may also be important for the maintenance of basal VEGF levels.

We have previously demonstrated that stretch induces in mesangial cells the production of VEGF via a Src-dependent mechanism [17]. IGF-I and stretch may thus converge on a common Src-dependent signaling pathway leading to VEGF production. In keeping with this hypothesis, we found that the simultaneous exposure to IGF-I and stretch failed to further increase VEGF production.

These in vitro findings may have important in vivo implications. IGF-I transgenic animals develop glomerular hypertrophy [8] and IGF-I infusion induces glomerular hyperfiltration in both human and experimental diabetes [9, 43]. Selective growth hormone/IGF system antagonists, which normalize IGF-I kidney content, prevent the onset of glomerular abnormalities in diabetic animals [3, 5, 10, 11]

Mesangial cells overexpress IGF-I receptors in vivo in diabetic animals [44] and are thus a likely target for local IGF-I action. IGF-I-induced mesangial cell VEGF production is of particular relevance for diabetic nephropathy as VEGF is overexpressed in diabetic glomeruli [14] and VEGF blockade prevents early renal dysfunction in diabetic rats [12].

There is evidence that glomerular hyperfiltration in diabetes results from enhanced glomerular vessel nitric oxide (NO) formation due to increased endothelial nitric oxide synthase (eNOS) expression and activity [45–47]. VEGF potently stimulates eNOS expression and activity in cultured endothelial cells [48] and VEGF blockade, which prevents glomerular hyperfiltration in vivo, also normalizes glomerular capillary eNOS expression [12]. IGF-I also has vasoactive properties in vivo and induces renal vasodilatation via a NO-dependent mechanism, but this effect is transient and does not involve eNOS overexpression [49, 50]. It is, thus, conceivable that in a chronic condition such as diabetic nephropathy IGF-I mediates hyperfiltration through an increase in VEGF production.

Both IGF-I and VEGF are implicated in the pathogenesis of diabetic retinopathy [51, 52]. Multiple interactions

between IGF-I and VEGF pathways have been described at the cellular level in the retina [53, 54], including an enhanced VEGF production in response to IGF-I by retinal epithelial cells [33]. Our results suggest a similarity between pathogenic mechanisms of vascular dysfunction in two separate beds of the microvascular circulation.

## ACKNOWLEDGMENTS

This work was supported by the Diabetes UK grant RD/98/0001608. Ms. Shawana Araf was supported by a Wellcome Scholarship and Dr. S. Thomas by a JDRFI fellowship. Dr. Silvia Zonca was a visiting fellow from the Department of Clinical Pediatrics III of the University of Milan.

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