# Asymptotics of resolvent integrals: The suppression of crossings for analytic lattice dispersion relations 

Jani Lukkarinen<br>Zentrum Mathematik, Technische Universität München, Boltzmannstr. 3, D-85747 Garching, Germany

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#### Abstract

We study the so-called crossing estimate for analytic dispersion relations of periodic lattice systems in dimensions three and higher. Under a certain regularity assumption on the behaviour of the dispersion relation near its critical values, we prove that an analytic dispersion relation suppresses crossings if and only if it is not a constant on any affine hyperplane. In particular, this applies to any dispersion relation which is an analytic Morse function. We also provide two examples of simple lattice systems whose dispersion relations do not suppress crossings in the present sense.


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## Résumé

On étudie la borne de croisement pour des relations de dispersion analytiques de systèmes sur réseaux périodiques en dimension $d \geqslant 3$. En supposant une certaine régularité de la relation de dispersion au voisinage des valeurs critiques, on démontre qu'une relation de dispersion analytique élimine les contributions de croisements si et seulement si elle n'est pas constante sur n'importe quel hyperplan affine. C'est le cas si la relation de dispersion est une fonction de Morse analytique. Enfin, on présente deux exemples de systèmes simples sur réseau pour lesquels la relation de dispersion n'élimine pas les croisements au sens défini ici.
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## 1. Introduction

Time-dependent perturbation theory has proven to be a useful tool in studying the behaviour of systems where a free, wave-like, evolution in three dimensions is perturbed by a weak random potential. An important set of tools for rigorous estimation of such a perturbation series was developed by Erdős and Yau in [1] to study the kinetic limit of the random Schrödinger evolution. These methods have later been extended to cover also the low density limit of the random Schrödinger evolution [2], as well as the kinetic limits of an electron coupled to a phonon field [3], of the discrete random Schrödinger equation (the Anderson model) [4,5], and of certain discrete wave equations with a

[^0]weak, random mass-disorder [6]. There is also a recent, remarkable result where the methods have been reworked to allow going beyond the kinetic time-scales for the continuum and discrete random Schrödinger evolutions [7-9].

An important element in all of these results is an estimate proving that all so called crossing graphs are suppressed. For the discrete random Schrödinger equation this was proven in [4] by showing that for every sufficiently small $\beta>0$,

$$
\begin{equation*}
\sup _{\alpha \in \mathbb{R}^{3}, k_{0} \in \mathbb{T}^{3}} \int_{\left(\mathbb{T}^{3}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \frac{1}{\left|\alpha_{1}-\omega\left(k_{1}\right)+\mathrm{i} \beta\right|\left|\alpha_{2}-\omega\left(k_{2}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(k_{1}-k_{2}+k_{0}\right)+\mathrm{i} \beta\right|} \leqslant c_{1}\langle\ln \beta\rangle^{n_{1}} \beta^{\gamma-1} \tag{1.1}
\end{equation*}
$$

Here $\omega(k)=\sum_{v=1}^{3}\left(1-\cos \left(2 \pi k_{v}\right)\right)$ is the dispersion relation of the free discrete Schrödinger equation, and $c_{1}>0$, $n_{1} \geqslant 0$ and $\gamma>0$ are constants depending only on the function $\omega$.

We call (1.1) the crossing estimate. The validity of the corresponding estimate in the earlier continuum Schrödinger case (when $\omega(k)=\frac{1}{2} k^{2}, k \in \mathbb{R}^{3}$ ) was fairly straightforward to prove, but the proof turned out to be involved in the discrete case, $\omega(k)=\sum_{v=1}^{3}\left(1-\cos \left(2 \pi k_{v}\right)\right)$. There are now two independent proofs of this result: the bound in (1.1) was shown to hold with $\gamma=1 / 5$ and $n_{1}=2$ in Lemma 3.11 of [4] and with $\gamma=1 / 4$ and $n_{1}=6$ in Appendix A. 3 of [7]. The case of more general dispersion relations $\omega$ is not covered by the earlier results. However, in a very recent preprint by Erdős and Salmhofer [10] the related "four denominator estimate", which involves four resolvent terms instead of three and which was required in [7], has been studied using an approach different from ours.

For very small $\beta$, each of the factors in (1.1) is sharply concentrated around some level set of $\omega$. However, the arguments of $\omega$ in the factors are not allowed to vary independently of each other, and the magnitude of the integral for small $\beta$ is thus determined by the overlap of the different level sets depending on the constants $\alpha_{j}$. Therefore, to prove (1.1) it will be necessary to consider the worst case scenario for the level sets, and then try to estimate the overlap between the three levels sets as $k_{1}$ and $k_{2}$ are varied.

However, it is not obvious how to carry out such an argument in the general setup. This raises the question: for what kind of dispersion relations $\omega$ is it possible to derive the estimate (1.1)? This question is particularly relevant in the context of microscopic models for lattice vibrations in a crystal where the dispersion relation is determined by the elastic couplings, and can be fairly arbitrary (we refer to the survey [11], and for a related mathematical treatment of the purely harmonic system to [12], for further details on the topic). In an earlier work [6], where the perturbation methods were applied to a simplified model of the lattice vibrations, the estimate (1.1) was in fact elevated to an assumption, denoted by (DR4) in the paper.

Here our main aim is to show that the technical assumption (DR4) of the earlier work [6] can be replaced by a much simpler geometric condition. However, the methods used here should have wider applications in analysis involving time-dependent perturbation expansions or relying on resolvent techniques. We will introduce the problem in detail and present the main results in Section 2, with the main notations collected to Section 2.1. Before proceeding to the more involved proof of validity of the crossing estimate, we first prove the converse and discuss a few counterexamples in Section 3. The proofs of the main theorems have been divided into Sections 4-6. Section 4 collects the main technical lemmas, with some of the more well-known details being reproduced for the sake of completeness in Appendices A and B. We prove in Section 5 that the technical assumption made about the nature of the set of singular points of the dispersion relation leads to a property similar to the usual dispersivity. To show that the assumptions are fairly general, we have also included in Appendix C a proof which shows that real-analytic Morse functions are covered by the main theorems. The proof of the suppression of crossings is the content of Section 6, where the first part gives a certain uniform estimate on the minimal curvature of the level sets of $\omega$, and the second part exploits this to provide for the extra decay of the crossing integral.

## 2. Main results

Let us call a dispersion relation $\omega$ semi-dispersive, if the integral over the modulus of its resolvent diverges at most logarithmically, that is, if there are $c_{0} \in \mathbb{R}_{+}$and $n_{0} \in \mathbb{N}$ such that for all $0<\beta \leqslant 1$, and $\alpha \in \mathbb{R}$,

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{1}{|\alpha-\omega(k)+\mathrm{i} \beta|} \leqslant c_{0}\langle\ln \beta\rangle^{n_{0}} . \tag{2.1}
\end{equation*}
$$

We will be here mainly interested in real-analytic dispersion relations which have this property. We aim at proving (1.1), and thus we need to consider the "three-resolvent ${ }^{1}$ crossing integrals" defined by:

$$
\begin{equation*}
I_{3 \mathrm{cr}}\left(\alpha, k_{0}, \beta\right)=\int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \frac{1}{\left|\alpha_{1}-\omega\left(k_{1}\right)+\mathrm{i} \beta\right|\left|\alpha_{2}-\omega\left(k_{2}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(k_{1}-k_{2}+k_{0}\right)+\mathrm{i} \beta\right|}, \tag{2.2}
\end{equation*}
$$

for $\alpha \in \mathbb{R}^{3}, k_{0} \in \mathbb{T}^{d}$ and $0<\beta \leqslant 1$. For any semi-dispersive $\omega$, we immediately obtain a bound for the integral by estimating the third factor trivially by $1 / \beta$, which yields:

$$
\begin{equation*}
\sup _{\alpha, k_{0}} I_{3 \operatorname{cr}}\left(\alpha, k_{0}, \beta\right) \leqslant c_{0}^{2}\langle\ln \beta\rangle^{2 n_{0}} \beta^{-1} . \tag{2.3}
\end{equation*}
$$

We call this the basic estimate. We shall say that the dispersion relation suppresses crossings, if it is possible to improve the basic estimate by some positive power of $\beta$, i.e., if there are constants $\gamma>0, c_{1} \in \mathbb{R}_{+}$, and $n_{1} \in \mathbb{N}$ such that

$$
\begin{equation*}
\sup _{\alpha, k_{0}} I_{3 \operatorname{cr}}\left(\alpha, k_{0}, \beta\right) \leqslant c_{1}\langle\ln \beta\rangle^{n_{1}} \beta^{\gamma-1} \tag{2.4}
\end{equation*}
$$

We note that this implies, in particular, that $\sup _{\alpha, k_{0}}\left(\beta I_{3 \mathrm{cr}}\left(\alpha, k_{0}, \beta\right)\right) \rightarrow 0$ when $\beta \rightarrow 0^{+}$.
The following collects the precise assumptions made about $\omega$ here.
Assumption 2.1. Let $d \geqslant 3$, and let $\omega: \mathbb{R}^{d} \rightarrow \mathbb{R}$ be real-analytic and $\mathbb{Z}^{d}$-periodic. Define for all $s>0$,

$$
\begin{equation*}
f_{\omega}(s)=\int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{1}{|\nabla \omega(k)|^{3}} \mathbb{1}(|\nabla \omega(k)| \geqslant s) . \tag{2.5}
\end{equation*}
$$

We assume that there are $p_{0}, c_{0} \geqslant 0$ such that for all $s>0$,

$$
\begin{equation*}
f_{\omega}(s) \leqslant c_{0}\langle\ln s\rangle^{p_{0}} \tag{2.6}
\end{equation*}
$$

Since obviously $f_{\omega}(s) \leqslant s^{-3}$, the assumption is in reality only about the nature of the singularity of the integrand near the set of singular points of $\omega$, i.e., about the behaviour of $\omega$ near the points $k$ for which $\nabla \omega(k)=0$.

The first of the following theorems, Theorem 2.2, proves that every such $\omega$ is semi-dispersive with $n_{0}=1$. In particular, this is the case for every real-analytic Morse function $\omega$ on $\mathbb{T}^{d}$, and we have included a proof of this property in Appendix C. In the assumptions, for $d=3$ we then need to take $p_{0}=1$, otherwise $p_{0}=0$ suffices. In the second theorem, Theorem 2.3, we present a simple geometric classification of whether such a dispersion relation suppresses crossings or not.

Theorem 2.2. Let Assumption 2.1 be satisfied. Then for every $0 \leqslant p \leqslant 1$ there is a constant $C_{p}$ with the following property: for all $\alpha \in \mathbb{R}, 0<\beta \leqslant 1$, if $0 \leqslant p<1$,

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\nabla \omega(k)|^{p}} \frac{1}{|\alpha-\omega(k)+\mathrm{i} \beta|} \leqslant C_{p}\langle\ln \beta\rangle, \tag{2.7}
\end{equation*}
$$

and, if $p=1$,

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\nabla \omega(k)|} \frac{1}{|\alpha-\omega(k)+\mathrm{i} \beta|} \leqslant C_{1}\langle\ln \beta\rangle^{p_{0}+2} \tag{2.8}
\end{equation*}
$$

Theorem 2.3. Let Assumption 2.1 be satisfied. Then $\omega$ suppresses crossings if and only if it is not a constant on any affine hyperplane.

[^1]Thus, we can now conclude that there is a large class of functions for which the main theorem in [6] is satisfied:
Corollary 2.4. If $\omega: \mathbb{T}^{3} \rightarrow \mathbb{R}$ is a Morse function, whose periodic extension to $\mathbb{R}^{3}$ is real-analytic and the extension is not a constant on any affine hyperplane, then it satisfies the assumptions (DR3) and (DR4) of [6].

The property called (DR3) was already shown to be valid for Morse functions in [6]. We have included it in the corollary only to allow for easier use of the result. With some effort, it should now also be possible to generalize the results about the Anderson model [4] accordingly to more general dispersion relations.

### 2.1. Notations

We use the standard notations $S^{d}$ and $\mathbb{T}^{d}$ for the $d$-dimensional unit sphere and the unit torus, respectively. $S^{d}$ is the surface of the unit ball in $\mathbb{R}^{d+1}$, with the topology and metric inherited from it, and $\mathbb{T}^{d}$ is identified with the topological space $\mathbb{R}^{d} / \mathbb{Z}^{d}$. We denote the equivalence class mapping $\mathbb{R}^{d} \rightarrow \mathbb{T}^{d}$ by $[\cdot]$, and its inverse on $(-1 / 2,1 / 2]^{d}$ by $[\cdot]^{\prime}$. The topology of the torus is then compatible with the metric $d_{\mathrm{T}}$ defined by $d_{\mathrm{T}}([y],[x])=\min _{n \in \mathbb{Z}^{d}}|y-x+n|=\left|[[y-x]]^{\prime}\right|$. Let us also remark that, in general, we do not make a distinction between a $\mathbb{Z}^{d}$-periodic function $f$ and its unique representative as a function on $\mathbb{T}^{d}$, defined by $[x] \mapsto f(x)$.

The space dimension is denoted by $d$, and for any $r>0$, we denote the ball of radius $r$ in $\mathbb{R}^{d}$ by $B_{r}$. In addition, we will reserve the notation $e_{j}$ to the $j$ th coordinate vector of $\mathbb{R}^{d}$, i.e., $\left(e_{j}\right)_{v}=\delta_{j v}$, where $\delta$ denotes the Kronecker delta. An affine hyperplane $M \subset \mathbb{R}^{d}$ is a set for which there exists a vector $x_{0} \in \mathbb{R}^{d}$ such that $M-x_{0}$ is a hyperplane, i.e., a $(d-1)$-dimensional subspace of $\mathbb{R}^{d}$. Then there are a direction $u \in S^{d-1}$ and $r_{0} \in \mathbb{R}$ such that with $x_{0}=r_{0} u$, $M=\left\{x \in \mathbb{R}^{d} \mid x \cdot u=r_{0}\right\}=\left\{x-(x \cdot u) u+x_{0} \mid x \in \mathbb{R}^{d}\right\}$. We also denote the projection onto the hyperplane orthogonal to $u$ by $Q_{u}$, when explicitly

$$
\begin{equation*}
Q_{u} x=x-(u \cdot x) u . \tag{2.9}
\end{equation*}
$$

We use here the following standard shorthand notation:

$$
\begin{equation*}
\langle x\rangle=\sqrt{1+x^{2}}, \tag{2.10}
\end{equation*}
$$

for $x \in \mathbb{R}$. This will be the main tool for handling the various power-law dependencies appearing later, and we have collected a few basic properties of $\langle\cdot\rangle$ into Appendix B. For any sufficiently many times differentiable function $f: X \rightarrow \mathbb{C}$, $X$ an open subset of $\mathbb{R}^{d}$, we employ the notations:

$$
\begin{equation*}
\|f\|_{N}=\sup _{|\alpha| \leqslant N}\left\|\partial^{\alpha} f\right\|_{\infty} \quad \text { and } \quad\|f\|_{N}^{\prime}=\sup _{0 \leqslant n \leqslant N}\left\|D^{n} f\right\|_{\infty} \tag{2.11}
\end{equation*}
$$

where, for a multi-index $\alpha, \partial^{\alpha} f$ is the corresponding partial derivative of $f$, and, for a positive integer $n$, $\left.D^{n} f\right|_{x}$ denotes the linear operator on $\mathbb{R}^{d \times n}$ corresponding to the $n$th derivative of $f$ at $x$. Then $\left\|D^{n} f\right\|_{\infty}=$ $\sup _{x,\left|v_{k}\right|=1}\left|\prod_{k=1}^{n}\left(v_{j} \cdot \nabla\right) f(x)\right|$. In particular, $\|f\|_{0}^{\prime}=\|f\|_{\infty},\|f\|_{1}^{\prime}=\max \left(\|f\|_{\infty}, \sup _{x}|\nabla f(x)|\right)$, and $\|f\|_{2}^{\prime}=$ $\max \left(\|f\|_{1}^{\prime}, \sup _{x}\left\|D^{2} f(x)\right\|\right)$, where $D^{2} f(x)$ is the Hessian of $f$ at $x$ and the norm is its matrix norm.

Finally, $\mathbb{1}(P)$ denotes here a characteristic function of a statement $P$. That is, it takes the value 1 , if $P$ is true, and 0 otherwise.

## 3. Counterexamples

### 3.1. Proof of "only if" in Theorem 2.3

For this part of the proof, we do not need the dispersivity properties following from Assumption 2.1, or the full smoothness of the dispersion relation. Instead of the assumptions of Theorem 2.3, let us consider in this subsection the following, more general, case: let $d \geqslant 2$ and assume that $\omega: \mathbb{R}^{d} \rightarrow \mathbb{R}$ is $\mathbb{Z}^{d}$-periodic and Lipschitz. Let $C^{\prime}$ denote a Lipschitz constant of $\omega$, i.e., it is positive and $\left|\omega\left(x^{\prime}\right)-\omega(x)\right| \leqslant C^{\prime}\left|x^{\prime}-x\right|$ for all $x^{\prime}, x \in \mathbb{R}^{d}$.

To complete the "only if" part of Theorem 2.3, we assume that there is an affine hyperplane $M \subset \mathbb{R}^{d}$ and $\alpha \in \mathbb{R}$ such that $\omega(x)=\alpha$ for all $x \in M$. Then there are $u \in S^{d-1}$ and $r_{0} \in \mathbb{R}$ such that

$$
M=\left\{x \in \mathbb{R}^{d} \mid x \cdot u=r_{0}\right\}=\left\{x-(x \cdot u) u+x_{0} \mid x \in \mathbb{R}^{d}\right\}
$$

where $x_{0}=r_{0} u$. We shall prove that $\omega$ cannot suppress crossings by showing that then there is $c>0$ such that for all $0<\beta \leqslant 1$,

$$
\begin{equation*}
I(\beta)=I_{3 \operatorname{cr}}\left((\alpha, \alpha, \alpha),\left[x_{0}\right], \beta\right) \geqslant \frac{c}{\beta} \tag{3.1}
\end{equation*}
$$

By the remark after (2.4), this suffices, as then $\sup _{\alpha^{\prime}, k_{0}^{\prime}}\left(\beta I_{3 \mathrm{cr}}\left(\alpha^{\prime}, k_{0}^{\prime}, \beta\right)\right) \geqslant c$.
We will derive the bound by considering the integral only over a certain neighbourhood of $[M] \times[M] \subset \mathbb{T}^{d} \times \mathbb{T}^{d}$. Let for any $\delta \geqslant 0$

$$
\begin{equation*}
M_{\delta}^{\prime}=\left\{[x]\left|x \in \mathbb{R}^{d},\left|x \cdot u-r_{0}\right| \leqslant \delta\right\} .\right. \tag{3.2}
\end{equation*}
$$

Then $M_{0}^{\prime}=[M] \subset M_{\beta}^{\prime}$ and there is $C>0$ such that $\int_{M_{\delta}^{\prime}} \mathrm{d} k \geqslant C \delta$ for all $0 \leqslant \delta \leqslant 1$. If $k \in M_{\delta}^{\prime}$, there is $x$ such that $k=[x]$ and $\left|x \cdot u-r_{0}\right| \leqslant \delta$. Then $x^{\prime}=x-\left(x \cdot u-r_{0}\right) u \in M$, and

$$
\begin{equation*}
|\alpha-\omega(k)|=\left|\omega\left(x^{\prime}\right)-\omega(x)\right| \leqslant C^{\prime}\left|x \cdot u-r_{0}\right| \leqslant C^{\prime} \delta . \tag{3.3}
\end{equation*}
$$

Therefore, $|\alpha-\omega(k)+\mathrm{i} \beta|=\beta\left\langle(\alpha-\omega(k)) \beta^{-1}\right\rangle \leqslant \beta\left\langle C^{\prime} \delta \beta^{-1}\right\rangle$ for all $[x] \in M_{\delta}^{\prime}$. If $k_{1}, k_{2} \in M_{\beta}^{\prime}$, then there are $x_{1}$, $x_{2} \in \mathbb{R}^{d}$ such that $\left[x_{j}\right]=k_{j}$ and $\left|x_{j} \cdot u-r_{0}\right| \leqslant \beta$. Since $\left(x_{1}-x_{2}+x_{0}\right) \cdot u-r_{0}=x_{1} \cdot u-x_{2} \cdot u$, then $\left[x_{1}-x_{2}+x_{0}\right] \in M_{2 \beta}^{\prime}$. Therefore, for all $0<\beta \leqslant 1$,

$$
\begin{equation*}
I(\beta) \geqslant \int_{M_{\beta}^{\prime}} \mathrm{d} k_{1} \int_{M_{\beta}^{\prime}} \mathrm{d} k_{2} \frac{1}{\left\langle C^{\prime}\right\rangle^{2}\left\langle 2 C^{\prime}\right\rangle} \beta^{-3} \geqslant \frac{C^{2}}{2\left\langle C^{\prime}\right\rangle^{3}} \beta^{-1} \tag{3.4}
\end{equation*}
$$

This proves (3.1), and finishes the proof of the "only if" part of Theorem 2.3.

### 3.2. The first counterexample: $N N$-interaction in $d=2$

As the first counterexample, we consider the dispersion relation of the standard 2-dimensional classical harmonic crystal with nearest neighbour (NN) interactions. Although it does not satisfy Assumption 2.1, as $d<3$ and $\omega$ is not analytic, it is a standard example used in perturbative analysis of 2-dimensional crystals. We therefore find it worth the diversion to stress the special nature of this dispersion relation. See, for instance, Sections 2.1 and 6 in [6] for more details on the subject.

Let $\omega: \mathbb{R}^{2} \rightarrow \mathbb{R}$ be defined by:

$$
\begin{equation*}
\omega(x)=\sqrt{2-\cos \left(2 \pi x_{1}\right)-\cos \left(2 \pi x_{2}\right)} \tag{3.5}
\end{equation*}
$$

It is $\mathbb{Z}^{2}$-periodic and has a cusp singularity at every $x \in \mathbb{Z}^{2}$, but it is straightforward to check that $\omega$ is nevertheless Lipschitz. On the other hand, if $x$ is any point on the affine hyperplane $x_{1}+x_{2}=\frac{1}{2}$, then

$$
\begin{equation*}
\omega(x)^{2}=2-\cos \left(2 \pi x_{1}\right)-\cos \left(\pi-2 \pi x_{1}\right)=2 . \tag{3.6}
\end{equation*}
$$

Therefore, we can apply the previous proof, and conclude that the dispersion relation $\omega$ does not suppress crossings. The same conclusion naturally holds also for the dispersion relation $\omega^{2}$.

### 3.3. Second example: $A$ Morse function in $d=3$

To show that the extra condition in Theorem 2.3 cannot be dropped, let us also provide an example which satisfies Assumption 2.1 but which is nevertheless a constant on a certain hyperplane. Define:

$$
\begin{equation*}
\omega(x)=5-\cos \left(2 \pi x_{1}\right)\left(3+\cos \left(2 \pi x_{2}\right)+\cos \left(2 \pi x_{3}\right)\right) \tag{3.7}
\end{equation*}
$$

which is $\mathbb{Z}^{3}$-periodic, real-analytic, and positive. If we denote $s_{j}=\sin \left(2 \pi x_{j}\right)$ and $c_{j}=\cos \left(2 \pi x_{j}\right)$, then

$$
\begin{equation*}
\frac{1}{2 \pi} \nabla \omega(x)=\left(s_{1}\left(3+c_{2}+c_{3}\right), c_{1} s_{2}, c_{1} s_{3}\right) . \tag{3.8}
\end{equation*}
$$

Since $3+c_{2}+c_{3} \geqslant 1$, $\omega$ has 8 critical points which are the points with $s_{j}=0$ for all $j$, i.e., the points $x_{j} \in\left\{0, \frac{1}{2}\right\}$ for $j=1,2,3$. The Hessian is:

$$
\frac{1}{(2 \pi)^{2}} D^{2} \omega(k)=\left(\begin{array}{ccc}
c_{1}\left(3+c_{2}+c_{3}\right) & -s_{1} s_{2} & -s_{1} s_{3}  \tag{3.9}\\
-s_{1} s_{2} & c_{1} c_{2} & 0 \\
-s_{1} s_{3} & 0 & c_{1} c_{3}
\end{array}\right)
$$

and, since at all critical points $\left|c_{j}\right|=1,\left|\operatorname{det} D^{2} \omega(x)\right| \geqslant(2 \pi)^{2}>0$ at every critical point $x$. Therefore, $\omega$ is a Morse function, and thus satisfies Assumption 2.1. On the other hand, $\omega\left( \pm \frac{1}{4}, x_{2}, x_{3}\right)=5$ for all $x_{2}$ and $x_{3}$, and $\omega$ is a constant, for instance, on the hyperplane $x_{1}=\frac{1}{4}$.

As $\omega$ is positive, it is a dispersion relation of a certain classical harmonic crystal. The corresponding elastic couplings of the crystal can be obtained by taking the inverse Fourier transform of $\omega^{2}$. Since $\omega^{2}$ is a trigonometric polynomial, these elastic couplings correspond to a translation invariant harmonic interaction which is mechanically stable and has a finite range. Therefore, this example shows that even quite simple elastic couplings can lead to violation of the condition for suppression of crossings.

## 4. Main technical lemmas

This section collects the technical material which will be needed in derivation of the main results. We start with a few straightforward, but frequently applied, estimates. In the second subsection we derive estimates for the asymptotics of one-dimensional "resolvent integrals". The final subsection contains a derivation of the parameterisation of the level sets of $\omega$, and most of it will be consumed by the more involved estimates about the higher order curvature induced by the parameterisation.

### 4.1. Basic estimates

For application of the following lemmas, let us note that if $\omega$ satisfies the Assumption 2.1, then it is $\mathbb{Z}^{d}$-periodic and smooth, and thus $\|\omega\|_{n}^{\prime}<\infty$ for all $n$.

Lemma 4.1. Suppose $d$ and $\omega$ satisfy Assumption 2.1. Then for all $0<p<3$,

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{1}{|\nabla \omega(k)|^{p}}<\infty \tag{4.1}
\end{equation*}
$$

Proof. Let $M=\left(\|\omega\|_{1}^{\prime}\right)^{3-p}$. Then we can apply a "layer cake representation" to the integral:

$$
\begin{align*}
\int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{1}{|\nabla \omega(k)|^{p}} & =\int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{1}{|\nabla \omega(k)|^{3}} \int_{0}^{M} \mathrm{~d} s \mathbb{1}\left(|\nabla \omega(k)|^{3-p} \geqslant s\right) \\
& =\int_{0}^{M} \mathrm{~d} s f_{\omega}\left(s^{1 /(3-p)}\right) \leqslant c_{0}\left\langle\frac{1}{3-p}\right\rangle^{p_{0}} \int_{0}^{M} \mathrm{~d} s\langle\ln s\rangle^{p_{0}} \tag{4.2}
\end{align*}
$$

where we have used Fubini's theorem and the general property $\langle a b\rangle \leqslant\langle a\rangle\langle b\rangle$. By the change of variables to $y=-\ln s$, the remaining integral over $s$ is easily shown to be finite, which proves (4.1).

Lemma 4.2. Let $a>0$ and $\omega: \mathbb{R}^{d} \rightarrow \mathbb{R}$, with $M_{2}=\|\omega\|_{2}^{\prime}<\infty$, be given. Then for all $x, x_{0} \in \mathbb{R}^{d}$ with $\left|x-x_{0}\right| \leqslant$ $\frac{a}{M_{2}}\left|\nabla \omega\left(x_{0}\right)\right|$,

$$
\begin{equation*}
\left|\nabla \omega(x)-\nabla \omega\left(x_{0}\right)\right| \leqslant a\left|\nabla \omega\left(x_{0}\right)\right| \tag{4.3}
\end{equation*}
$$

Proof. Let $x$ and $x_{0}$ be such that $\left|x-x_{0}\right| \leqslant \frac{a}{M_{2}}\left|\nabla \omega\left(x_{0}\right)\right|$. Choose an arbitrary $h \in \mathbb{R}^{d}$, then by Taylor formula:

$$
\begin{align*}
\left|h \cdot\left(\nabla \omega(x)-\nabla \omega\left(x_{0}\right)\right)\right| & \leqslant \int_{0}^{1} \mathrm{~d} t\left|D^{2} \omega\right|_{x_{0}+t\left(x-x_{0}\right)}\left(h, x-x_{0}\right) \mid \\
& \leqslant|h|\left|x-x_{0}\right|\|\omega\|_{2}^{\prime} \leqslant a\left|\nabla \omega\left(x_{0}\right)\right||h| . \tag{4.4}
\end{align*}
$$

This implies (4.3).
Lemma 4.3 (Argument shift). Let $\omega$ be such that $M_{2}=\|\omega\|_{2}^{\prime}<\infty$, and assume that $s, p>0$ and $0<a<1$ are given. Then for any $0<\lambda \leqslant a s / M_{2}$, and $x, y \in \mathbb{R}^{d}$,

$$
\begin{equation*}
\frac{\mathbb{1}(|x-y|<\lambda) \mathbb{1}(|\nabla \omega(y)| \geqslant s)}{|\nabla \omega(y)|^{p}} \leqslant(1+a)^{p} \frac{\mathbb{1}(|x-y|<\lambda) \mathbb{1}(|\nabla \omega(x)| \geqslant(1-a) s)}{|\nabla \omega(x)|^{p}} . \tag{4.5}
\end{equation*}
$$

Proof. Let us assume $|x-y|<\lambda$ and $|\nabla \omega(y)| \geqslant s$, otherwise the bound in (4.5) is trivial. Since then $|x-y|<$ $a|\nabla \omega(y)| / M_{2}$, we can apply Lemma 4.2 and triangle inequality, yielding

$$
\begin{equation*}
||\nabla \omega(x)|-|\nabla \omega(y)|| \leqslant|\nabla \omega(x)-\nabla \omega(y)| \leqslant a|\nabla \omega(y)| \tag{4.6}
\end{equation*}
$$

Therefore, $|\nabla \omega(x)| \geqslant(1-a)|\nabla \omega(y)| \geqslant(1-a) s$, and $(1+a)|\nabla \omega(y)| \geqslant|\nabla \omega(x)|$, which imply that (4.5) holds.
Lemma 4.4. For any $p \geqslant 0$ and $0<\beta \leqslant 1$,

$$
\begin{equation*}
\int_{\beta}^{1} \mathrm{~d} s \frac{\langle\ln s\rangle^{p}}{s} \leqslant\langle\ln \beta\rangle^{p+1} \tag{4.7}
\end{equation*}
$$

Proof. Now $0 \leqslant-\ln s \leqslant-\ln \beta$ for all $\beta \leqslant s \leqslant 1$. Therefore,

$$
\begin{equation*}
\int_{\beta}^{1} \mathrm{~d} s \frac{\langle\ln s\rangle^{p}}{s} \leqslant\langle\ln \beta\rangle^{p} \int_{\beta}^{1} \frac{\mathrm{~d} s}{s}=\langle\ln \beta\rangle^{p}|\ln \beta| \leqslant\langle\ln \beta\rangle^{p+1} \tag{4.8}
\end{equation*}
$$

proving (4.7).
Lemma 4.5. For any $\beta, \mu>0$, and $x, h \in \mathbb{R}$ such that $|h| \leqslant 2 \mu \beta$,

$$
\begin{equation*}
\frac{1}{|x+h+\mathrm{i} \beta|} \leqslant \frac{\mu+\langle\mu\rangle}{|x+\mathrm{i} \beta|} . \tag{4.9}
\end{equation*}
$$

Proof. By the triangle inequality, $|x+h|^{2} \geqslant(|x|-|h|)^{2}$, and thus for any $0<\lambda<1$,

$$
\begin{align*}
|x+h+\mathrm{i} \beta|^{2} & \geqslant x^{2}-2|h||x|+h^{2}+\beta^{2} \\
& =\left(1-\lambda^{2}\right)\left(x^{2}+\beta^{2}\right)+\left(\lambda|x|-\frac{1}{\lambda}|h|\right)^{2}-\left(\frac{1}{\lambda^{2}}-1\right)|h|^{2}+\lambda^{2} \beta^{2} \\
& \geqslant\left(1-\lambda^{2}\right)\left(x^{2}+\beta^{2}\right)+\beta^{2}\left(\left(1-\frac{1}{\lambda^{2}}\right) 4 \mu^{2}+\lambda^{2}\right) . \tag{4.10}
\end{align*}
$$

By choosing $\lambda^{2}=1-(\mu+\langle\mu\rangle)^{-2}$ the final term in the parenthesis vanishes. Since then $1-\lambda^{2}=(\mu+\langle\mu\rangle)^{-2}$, this proves (4.9).

### 4.2. One-dimensional resolvent integrals

We derive here the required estimates for one-dimensional "resolvent" integrals. We start with polynomials, and then extend these results to functions $f$ which are "almost polynomial" on the integration interval in the sense that the $n_{0}$ th derivative of $f$ is non-vanishing on the whole interval for some order $n_{0}$. The proof will be quite simple
when $n_{0}=1$, and fairly involved when $n_{0}>1$. Although we are not aware of a reference to a derivation of these estimates in the literature, they could probably be pieced up from the known results. We point out, in particular, the similarity to Malgrange preparation theorem, see for instance Section 7.5 of [13]. The main point of reproducing the proofs in detail here is that we need to have some control on how the various constants in the estimates depend on the function $f$.

Proposition 4.6. Let $n \geqslant 1$ and let $P_{n}(x)=\sum_{k=0}^{n} a_{k} x^{k}$, with $a_{k} \in \mathbb{R}$ and $a_{n} \neq 0$. If $n \geqslant 2$, then for all $\beta>0$,

$$
\begin{equation*}
\int_{-\infty}^{\infty} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{2(n+2)}{\left|a_{n}\right|^{1 / n}} \beta^{1 / n-1} \tag{4.11}
\end{equation*}
$$

If $n=1$, then for $\beta, \lambda>0$, and $x_{0} \in \mathbb{R}$,

$$
\begin{equation*}
\int_{\left|x-x_{0}\right| \leqslant \lambda} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{6\left\langle\ln \left\langle\lambda a_{1}\right\rangle\right\rangle}{\left|a_{1}\right|}\langle\ln \beta\rangle . \tag{4.12}
\end{equation*}
$$

Proof. Let first $n \geqslant 2$, and consider (4.11). Since $P_{n}$ is a polynomial of $n$th degree, we can find $z \in \mathbb{C}^{n}$ such that for all $x, P_{n}(x)=a_{n} \prod_{\ell=1}^{n}\left(x-z_{\ell}\right)$. Fix then $x$, and let $\ell^{\prime}$ be an integer such that $\left|x-z_{\ell}\right| \geqslant\left|x-z_{\ell^{\prime}}\right|$ for all $\ell$. Then, $\left|x-z_{\ell}\right| \geqslant\left|x-\operatorname{Re} z_{\ell^{\prime}}\right|$, and

$$
\begin{equation*}
\frac{1}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{1}{\left|\left|a_{n}\right|\right| x-\left.\operatorname{Re} z_{\ell^{\prime}}\right|^{n}+\mathrm{i} \beta \mid} \leqslant \sum_{\ell=1}^{n} \frac{1}{| | a_{n}| | x-\left.\operatorname{Re} z\right|^{n}+\mathrm{i} \beta \mid} . \tag{4.13}
\end{equation*}
$$

For any $y \in \mathbb{R}$,

$$
\begin{equation*}
\int_{-\infty}^{\infty} \frac{\mathrm{d} x}{| | a_{n}| | x-\left.y\right|^{n}+\mathrm{i} \beta \mid}=\frac{\beta^{1 / n-1}}{\left|a_{n}\right|^{1 / n}} \int_{-\infty}^{\infty} \frac{\mathrm{d} x}{\left\langle x^{n}\right\rangle} \tag{4.14}
\end{equation*}
$$

where $\int_{-\infty}^{\infty} \mathrm{d} x\left\langle x^{n}\right\rangle^{-1} \leqslant 2\left(1+\int_{1}^{\infty} \mathrm{d} x x^{-n}\right)=2 n /(n-1) \leqslant 2(n+2) / n$, since $n \geqslant 2$. Thus (4.13) implies (4.11).
Assume then $n=1$, when $P_{n}(x)=a_{0}+a_{1} x$. Changing variables to $y=\left(a_{0}+a_{1} x\right) / \beta$, we get:

$$
\begin{equation*}
\int_{\left|x-x_{0}\right| \leqslant \lambda} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|}=\frac{1}{\left|a_{1}\right|} \int_{y_{0}-\lambda^{\prime}}^{y_{0}+\lambda^{\prime}} \frac{\mathrm{d} y}{|y+\mathrm{i}|}, \tag{4.15}
\end{equation*}
$$

with $y_{0}=\left(a_{0}+a_{1} x_{0}\right) / \beta$ and $\lambda^{\prime}=\left|a_{1}\right| \lambda / \beta$. By differentiation with respect to $y_{0}$, we find that the second integral has a maximum at $y_{0}=0$. Therefore,

$$
\begin{equation*}
\int_{\left|x-x_{0}\right| \leqslant \lambda} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{2}{\left|a_{1}\right|} \int_{0}^{\lambda^{\prime}} \frac{\mathrm{d} y}{|y+\mathrm{i}|} \leqslant \frac{2}{\left|a_{1}\right|}\left(1+\left|\ln \lambda^{\prime}\right|\right) \leqslant \frac{2 \sqrt{2}}{\left|a_{1}\right|}\left\langle\ln \lambda^{\prime}\right\rangle . \tag{4.16}
\end{equation*}
$$

If $\beta \leqslant \lambda\left|a_{1}\right|$, then $0 \leqslant \ln \lambda^{\prime} \leqslant \ln \langle\lambda| a_{1}| \rangle+|\ln \beta|$, and, since $2 \sqrt{2}<3$, (4.16) implies:

$$
\begin{equation*}
\int_{\left|x-x_{0}\right| \leqslant \lambda} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{3}{\left|a_{1}\right|} 2\left\langle\ln \left\langle\lambda a_{1}\right\rangle\right\rangle\langle\ln \beta\rangle, \tag{4.17}
\end{equation*}
$$

where we have used the properties of $\langle\cdot\rangle$ given in Appendix B. This proves (4.12) for $\beta \leqslant \lambda\left|a_{1}\right|$. If $\beta>\lambda\left|a_{1}\right|$, then we can estimate trivially:

$$
\begin{equation*}
\int_{\left|x-x_{0}\right| \leqslant \lambda} \frac{\mathrm{d} x}{\left|P_{n}(x)+\mathrm{i} \beta\right|} \leqslant \frac{2 \lambda}{\beta}<\frac{2}{\left|a_{1}\right|}<\frac{6}{\left|a_{1}\right|}\left\langle\ln \left\langle\lambda a_{1}\right\rangle\right\rangle\langle\ln \beta\rangle, \tag{4.18}
\end{equation*}
$$

which proves (4.12) also for the remaining values of $\beta$.

Proposition 4.7. $\left(n_{0}=1\right)$ Suppose $a, b \in \mathbb{R}$, with $a<b$. Denote $I=(a, b)$, and assume $f \in C^{(1)}(I, \mathbb{R})$ is such that $\left|f^{\prime}(x)\right| \geqslant \varepsilon_{0}$ for some $\varepsilon_{0}>0$ and all $x \in I$, and that $m_{0}=\sup _{x \in I}|f(x)|<\infty$. Then for all $\beta>0$ and $\alpha \in \mathbb{R}$,

$$
\begin{equation*}
\int_{a}^{b} \frac{\mathrm{~d} x}{|f(x)-\alpha+\mathrm{i} \beta|} \leqslant \frac{6\left\langle\ln \left\langle m_{0}\right\rangle\right\rangle}{\varepsilon_{0}}\langle\ln \beta\rangle . \tag{4.19}
\end{equation*}
$$

Proof. Since $f^{\prime}$ is continuous, either $f^{\prime} \geqslant \varepsilon_{0}$ or $f^{\prime} \leqslant-\varepsilon_{0}$, and we only need to prove the result in the first case (applying it to $-f$ then proves the result in the second case). Since $f^{\prime}>0, f$ is strictly increasing. In addition, $f(I)=\left(a^{\prime}, b^{\prime}\right)$, where $a^{\prime}=\lim _{x \rightarrow a^{+}} f(x)$ and $b^{\prime}=\lim _{x \rightarrow b^{-}} f(x)$ exist and are bounded by $m_{0}<\infty$. Thus there is $g: f(I) \rightarrow I, g=f^{-1}$, for which $g^{\prime}(y)=1 / f^{\prime}(g(y)) \in\left(0,1 / \varepsilon_{0}\right]$. Therefore,

$$
\begin{equation*}
\int_{a}^{b} \frac{\mathrm{~d} x}{|f(x)-\alpha+\mathrm{i} \beta|}=\int_{a^{\prime}}^{b^{\prime}} \mathrm{d} y \frac{g^{\prime}(y)}{|y-\alpha+\mathrm{i} \beta|} \leqslant \frac{1}{\varepsilon_{0}} \int_{a^{\prime}}^{b^{\prime}} \frac{\mathrm{d} y}{|y-\alpha+\mathrm{i} \beta|} \tag{4.20}
\end{equation*}
$$

By Lemma 4.6, this is bounded by $6\left\langle\ln \left\langle\left(b^{\prime}-a^{\prime}\right) / 2\right\rangle\right\rangle\langle\ln \beta\rangle / \varepsilon_{0}$. However, as $\left|b^{\prime}-a^{\prime}\right| / 2 \leqslant m_{0}$, this bound implies also (4.19).

Proposition 4.8. $\left(n_{0}>1\right)$ Suppose $a, b \in \mathbb{R}$, with $a<b$, and $n_{0} \geqslant 2$ are given. Denote $I=(a, b)$, and assume $f \in C^{\left(n_{0}+1\right)}(I, \mathbb{R})$ is such that $\left|f^{\left(n_{0}\right)}(x)\right| \geqslant n_{0}!\varepsilon_{0}$ for some $\varepsilon_{0}>0$ and all $x \in I$, and that $m_{0}=\sup _{x \in I}\left|f^{\left(n_{0}+1\right)}(x)\right| /$ $\left(n_{0}+1\right)!<\infty$. Define $M=\max \left(m_{0}, 1\right), C_{n_{0}}=2^{n_{0}+1}\left(n_{0}+1\right)^{n_{0}}$, and

$$
\begin{equation*}
\varepsilon^{\prime}=\frac{\varepsilon_{0}}{M C_{n_{0}}}>0 \tag{4.21}
\end{equation*}
$$

If $0<\beta \leqslant\left(\varepsilon^{\prime}\right)^{n_{0}+1}$, then

$$
\begin{equation*}
\int_{a}^{b} \frac{\mathrm{~d} x}{|f(x)+\mathrm{i} \beta|} \leqslant C_{n_{0}}\left(\frac{b-a}{\varepsilon_{0}} \beta^{1 /\left(n_{0}+1\right)-1}+M \varepsilon_{0}^{-1 / n_{0}} \beta^{1 / n_{0}-1}\right) . \tag{4.22}
\end{equation*}
$$

Proof. We need to find the local minima of $|f|$, which coincide with the local minima of $f^{2}$. Since $f^{\left(n_{0}\right)}$ has no zeroes, $f^{(m)}$ has maximally $n_{0}-m$ zeroes for $m \leqslant n_{0}$. Let $X$ be the union of the set of zeroes of $f$, of the zeroes of $f^{\prime}$ and of the end-points $a$ and $b$, when $|X| \leqslant n_{0}+n_{0}-1+2=2 n_{0}-1$. Since $\mathrm{d}\left(f^{2}\right) / \mathrm{d} x=2 f f^{\prime}, X$ partitions $(a, b)$ into subintervals on which $f^{2}$-and thus also $|f|$-is strictly monotonic: if $a^{\prime}<b^{\prime}$ are such that $\left(a^{\prime}, b^{\prime}\right) \subset(a, b) \backslash X$, then $f^{2}$ is either strictly increasing or decreasing on $\left[a^{\prime}, b^{\prime}\right] \cap(a, b)$.

Let us define $\lambda=\beta^{1 /\left(n_{0}+1\right)}$ when by assumption $0<\lambda \leqslant \varepsilon^{\prime}$. Suppose $x_{0} \in(a, b)$, and let $I=I\left(x_{0}\right)=\{x \in(a, b) \mid$ $\left.\left|x-x_{0}\right|<\lambda\right\}$. We claim that, if $x_{0}-\lambda>a$, then there is $x_{0}^{-} \in I, x_{0}^{-}<x_{0}$ such that $\left|f\left(x_{0}^{-}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$, and similarly, if $x_{0}+\lambda<b$, then there is $x_{0}^{+} \in I, x_{0}^{+}>x_{0}$ such that $\left|f\left(x_{0}^{+}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$. Consider the Taylor expansion of $f$ around $x_{0}$ to degree $n_{0}$,

$$
\begin{equation*}
f(x)=\sum_{n=0}^{n_{0}} a_{n}\left(x-x_{0}\right)^{n}+R_{n_{0}}\left(x ; x_{0}\right) \quad \text { where } a_{n}=\frac{f^{(n)}\left(x_{0}\right)}{n!} . \tag{4.23}
\end{equation*}
$$

For any $x$ there is a point $\xi$ between $x$ and $x_{0}$, such that the remainder is:

$$
\begin{equation*}
R_{n_{0}}\left(x ; x_{0}\right)=\frac{f^{\left(n_{0}+1\right)}(\xi)}{\left(n_{0}+1\right)!}\left(x-x_{0}\right)^{n_{0}+1} \tag{4.24}
\end{equation*}
$$

implying that $\left|R_{n_{0}}\right| \leqslant M \lambda^{n_{0}+1}$ on $I$. On the other hand, since $\left|a_{n_{0}}\right| \geqslant \varepsilon_{0}>0$, there is $z \in \mathbb{C}^{n_{0}}$ such that

$$
\begin{equation*}
P_{n_{0}}\left(x ; x_{0}\right)=\sum_{n=0}^{n_{0}} a_{n}\left(x-x_{0}\right)^{n}=a_{n_{0}} \prod_{j=1}^{n_{0}}\left(x-z_{j}\right) . \tag{4.25}
\end{equation*}
$$

Let $y_{j}=\operatorname{Re} z_{j}$, when by $\left|x-z_{j}\right| \geqslant\left|x-y_{j}\right|$, we have for all $x \in I$,

$$
\begin{equation*}
|f(x)| \geqslant\left|P_{n_{0}}(x)\right|-\left|R_{n_{0}}(x)\right| \geqslant \varepsilon_{0} \prod_{j=1}^{n_{0}}\left|x-y_{j}\right|-M \lambda^{n_{0}+1} \tag{4.26}
\end{equation*}
$$

Consider the set $Y$ which consists of the endpoints of $I$ and of all those $y_{j}$ which are in $I$. Then $2 \leqslant|Y| \leqslant n_{0}+2$. The set $\left[x_{0}-\lambda, x_{0}\right] \backslash Y \subset I$ consists of maximally $n_{0}+1$ intervals. If $x_{0}-\lambda \geqslant a$, one of them must be at least of length $\lambda /\left(n_{0}+1\right)$, and let $x_{0}^{-}$be a middle point of such an interval. Then $x_{0}^{-}<x_{0}$ and $\left|x_{0}^{-}-y_{j}\right| \geqslant \frac{1}{2} \lambda /\left(n_{0}+1\right)$ for all $j$. Therefore, by (4.26) and $\lambda \leqslant \varepsilon^{\prime}$,

$$
\begin{equation*}
\left|f\left(x_{0}^{-}\right)\right| \geqslant \varepsilon_{0}\left(\frac{\lambda}{2\left(n_{0}+1\right)}\right)^{n_{0}}-M \lambda^{n_{0}+1} \geqslant\left(2 M \varepsilon^{\prime}-M \varepsilon^{\prime}\right) \lambda^{n_{0}}=M \varepsilon^{\prime} \lambda^{n_{0}} \tag{4.27}
\end{equation*}
$$

If $x_{0}+\lambda \leqslant b$, we can similarly find $x_{0}^{+} \in\left(x_{0}, x_{0}+\lambda\right]$ with $\left|f\left(x_{0}^{+}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$.
For each $x_{0} \in X$, we can thus find $x_{0}^{ \pm}$with the property that $x_{0} \in\left[x_{0}^{-}, x_{0}^{+}\right] \subset I\left(x_{0}\right)$, and either $x_{0}^{ \pm} \in\{a, b\}$ or $\left|f\left(x_{0}^{ \pm}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$. Let,

$$
\begin{equation*}
X^{\prime}=\left\{x_{0} \in X| | f\left(x_{0}\right) \mid<M \varepsilon^{\prime} \lambda^{n_{0}}\right\} \quad \text { and } \quad J=\bigcup_{x_{0} \in X^{\prime}}\left(x_{0}^{-}, x_{0}^{+}\right) \tag{4.28}
\end{equation*}
$$

We claim that if $x \in I \backslash J$, then $|f(x)| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$.
Suppose $x \in I \backslash J$. It then belongs to an interval $I^{\prime}$ whose endpoints lie in the set $\bigcup_{x_{0} \in X^{\prime}}\left\{x_{0}^{ \pm}\right\} \cup\{a, b\}$. Assume $x^{\prime}$ is a local minimum point of $|f|$ on the closure of $I^{\prime}$. If $x^{\prime}$ is not an endpoint of $I^{\prime}$, it must be a critical point of $f^{2}$, and thus $x^{\prime} \in X$, when by construction, $\left|f\left(x^{\prime}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$. The same holds if $x^{\prime} \in\{a, b\} \subset X$. The only possibility left is that $x^{\prime}$ is one of the points $x_{0}^{ \pm}$, when again by construction $\left|f\left(x^{\prime}\right)\right| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$. This proves that $|f| \geqslant M \varepsilon^{\prime} \lambda^{n_{0}}$ on $I^{\prime}$, in particular, also at $x$.

Therefore,

$$
\begin{equation*}
\int_{a}^{b} \mathrm{~d} x \frac{1}{|f(x)+\mathrm{i} \beta|}=\int_{I \backslash J} \mathrm{~d} x \frac{1}{|f(x)+\mathrm{i} \beta|}+\int_{J} \mathrm{~d} x \frac{1}{|f(x)+\mathrm{i} \beta|} \leqslant \frac{b-a}{M \varepsilon^{\prime} \lambda^{n_{0}}}+\sum_{x_{0} \in X^{\prime}} \int_{x_{0}^{-}}^{x_{0}^{+}} \mathrm{d} x \frac{1}{|f(x)+\mathrm{i} \beta|} \tag{4.29}
\end{equation*}
$$

Consider one of the terms in the sum over $X^{\prime}$, i.e., let $x_{0} \in X^{\prime}$. Denote $R(x)=R_{n_{0}}\left(x ; x_{0}\right)$ and $P(x)=P_{n_{0}}\left(x ; x_{0}\right)=$ $a_{n_{0}} \prod_{j=1}^{n_{0}}\left(x-z_{j}\right)$. Since $\left(x_{0}^{-}, x_{0}^{+}\right) \subset I\left(x_{0}\right)$, for all $x \in\left(x_{0}^{-}, x_{0}^{+}\right)$,

$$
\begin{equation*}
|f(x)-P(x)|=|R(x)| \leqslant M \lambda^{n_{0}+1}=M \beta . \tag{4.30}
\end{equation*}
$$

Therefore, by Lemma 4.5, on the whole integration region:

$$
\begin{equation*}
\frac{1}{|f(x)+\mathrm{i} \beta|} \leqslant \frac{\frac{1}{2} M+\left\langle\frac{1}{2} M\right\rangle}{|P(x)+\mathrm{i} \beta|} \leqslant \frac{2 M}{|P(x)+\mathrm{i} \beta|} \tag{4.31}
\end{equation*}
$$

to which we can apply Lemma 4.6 with $\left|a_{n_{0}}\right| \geqslant \varepsilon_{0}$. Since $|X| \leqslant 2 n_{0}-1$, the results proven so far can be collected into the estimate:

$$
\begin{equation*}
\int_{a}^{b} \frac{\mathrm{~d} x}{|f(x)+\mathrm{i} \beta|} \leqslant \frac{b-a}{M \varepsilon^{\prime}} \beta^{1 /\left(n_{0}+1\right)-1}+\left(2 n_{0}-1\right) 2 M \beta^{1 / n_{0}-1} \varepsilon_{0}^{-1 / n_{0}} 2\left(n_{0}+2\right) \tag{4.32}
\end{equation*}
$$

To get the bound in (4.22), we only need to use the fact that, as $n_{0} \geqslant 2, C_{n_{0}} \geqslant 2^{3}\left(n_{0}+1\right)^{2} \geqslant 2^{2}\left(2 n_{0}-1\right)\left(n_{0}+2\right)$.

### 4.3. Parameterisation of the level sets

The first of the results in this subsection states that, apart from the critical points, there exists a local diffeomorphism which transforms the level sets of $\omega$ into hyperplanes orthogonal to $e_{1}$. Although this is a straightforward consequence of the inverse mapping theorem, we need fairly detailed information about the inverse function, and we have included also some details of the proof here.

In all of the results in this subsection we assume that $d \geqslant 2$ and $\omega: \mathbb{R}^{d} \rightarrow \mathbb{R}$ is a smooth function such that $\|\omega\|_{n}^{\prime}<\infty$ for all $n$. In particular, this covers all dispersion relations satisfying Assumption 2.1.

Lemma 4.9. Let $x_{0} \in \mathbb{R}^{d}$ and $\lambda>0$ be such that $\nabla \omega\left(x_{0}\right) \neq 0$, and $\lambda \leqslant \frac{1}{8} \frac{\left|\nabla \omega\left(x_{0}\right)\right|}{\|\omega\|_{2}^{2}}$. Then there is an open set $U \subset \mathbb{R}^{d}$ and a diffeomorphism $\psi: B_{2 \lambda} \rightarrow U$ with the following properties:
(1) $\psi(0)=x_{0}$ and $x_{0}+B_{\lambda} \subset \psi\left(B_{2 \lambda}\right) \subset x_{0}+B_{4 \lambda}$.
(2) For all $y$ with $|y|<2 \lambda$,

$$
\begin{equation*}
\omega(\psi(y))=\omega\left(x_{0}\right)+\left|\nabla \omega\left(x_{0}\right)\right| y_{1} \tag{4.33}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\nabla \omega(\psi(y))-\nabla \omega\left(x_{0}\right)\right|<\frac{1}{2}\left|\nabla \omega\left(x_{0}\right)\right| . \tag{4.34}
\end{equation*}
$$

(3) Denote $A=D \psi(0)$ and $u_{0}=\nabla \omega\left(x_{0}\right) /\left|\nabla \omega\left(x_{0}\right)\right|$. Then $A$ is a rotation of $\mathbb{R}^{d}$ such that $u_{0}=A e_{1}$. In addition, $\frac{2}{3} \leqslant|\operatorname{det}(D \psi)| \leqslant 2$ on $B_{2 \lambda}$, and

$$
\begin{equation*}
\left.D \psi\right|_{y} A^{T} v=v-\left.u_{0} \frac{\nabla \omega(x) \cdot v}{\nabla \omega(x) \cdot u_{0}}\right|_{x=\psi(y)} \quad \text { whenever } v \cdot u_{0}=0 \tag{4.35}
\end{equation*}
$$

Proof. Let us denote $U_{a}=x_{0}+B_{a 8 \lambda}$, and define $f: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ by the formula:

$$
\begin{equation*}
f(x)=\frac{\nabla \omega(x)-\nabla \omega\left(x_{0}\right)}{\left|\nabla \omega\left(x_{0}\right)\right|} . \tag{4.36}
\end{equation*}
$$

Then $f\left(x_{0}\right)=0$ and, by Lemma 4.2, $|f(x)|<a$ for all $x \in U_{a}, a>0$. As before, let $Q_{u_{0}}$ be the projection onto the subspace orthogonal to $u_{0}$, and let $O$ to be a rotation of $\mathbb{R}^{d}$ for which $O u_{0}=e_{1}$; in particular, $O^{T}=O^{-1}$ and $\operatorname{det} O=1$. Define $\varphi: U_{1} \rightarrow \mathbb{R}^{d}$ by:

$$
\begin{equation*}
\varphi(x)=\frac{\omega(x)-\omega\left(x_{0}\right)}{\left|\nabla \omega\left(x_{0}\right)\right|} e_{1}+O Q_{u_{0}}\left(x-x_{0}\right) . \tag{4.37}
\end{equation*}
$$

Since $Q_{u_{0}} O^{T} e_{1}=Q_{u_{0}} u_{0}=0$, then

$$
\begin{equation*}
\varphi(x)_{1}=\frac{\omega(x)-\omega\left(x_{0}\right)}{\left|\nabla \omega\left(x_{0}\right)\right|} . \tag{4.38}
\end{equation*}
$$

By an explicit computation,

$$
\begin{equation*}
D \varphi(x)=O+e_{1} \otimes f(x)=O\left(\mathbb{1}+u_{0} \otimes f(x)\right) \tag{4.39}
\end{equation*}
$$

Since $O$ is orthogonal and $u_{0} \otimes f(x)$ has rank one, the determinant of $D \varphi(x)$ can be computed explicitly: with $u=f(x), \operatorname{det} D \varphi(x)=\operatorname{det}\left(\mathbb{1}+e_{1} \otimes(O u)\right)=1+(O u)_{1}=1+u_{0} \cdot u$ and thus for all $x \in U_{a}$,

$$
\begin{equation*}
1-a<|\operatorname{det} D \varphi(x)|<1+a . \tag{4.40}
\end{equation*}
$$

Therefore, $D \varphi(x)$ is invertible on $U_{1}$, and by the inverse function theorem, $\varphi$ is a local diffeomorphism on $U_{1}$. Where we need to do the extra work here, is to show that we can find a neighbourhood $U$ on which the inverse has the properties stated in the lemma.

Consider then the case $a=1 / 2$ in the above estimates. Let $\phi(x)=O^{T} \varphi(x)-\left(x-x_{0}\right)$ for $x \in U_{a}$, when $\|D \phi(x)\|<a$. By the standard arguments used in the proof of the inverse function theorem (see for instance the proof of Theorem 10.39 in [14]), it follows that $\varphi$ is one-to-one on $U_{a}, B_{2 \lambda} \subset \varphi\left(U_{a}\right)$, and $\psi=\left.\varphi^{-1}\right|_{B_{2 \lambda}}$ is a diffeomorphism from $B_{2 \lambda}$ to an open set $U \subset U_{a}=x_{0}+B_{4 \lambda}$. Also, for all $y$,

$$
\begin{equation*}
D \psi(y)=D \varphi(\psi(y))^{-1}=\left(\mathbb{1}-\frac{1}{1+u_{0} \cdot u} u_{0} \otimes u\right)_{u=f(\psi(y))} O^{T} \tag{4.41}
\end{equation*}
$$

We now only need to check that $\psi$ has all the properties mentioned in the lemma. Since $\varphi\left(x_{0}\right)=0$, now $\psi(0)=x_{0}$ and we already proved $U \subset x_{0}+B_{4 \lambda}$. To complete item (1), we need to prove that $U_{1 / 8}=x_{0}+B_{\lambda} \subset U$. Since
$U_{1 / 8} \subset U_{1 / 2}$, on which $\varphi$ is one-to-one, it is enough to prove $\varphi\left(U_{1 / 8}\right) \subset B_{2 \lambda}$. This however holds now, since $\|D \varphi(x)\|<1+\frac{1}{8}$ for all $x \in U_{1 / 8}$, and thus $\left|\varphi\left(U_{1 / 8}\right)\right| \leqslant \frac{9}{8} \lambda<2 \lambda$. Of the two statements in item (2), (4.33) follows from (4.38) by bijectivity of $\psi$, and, since $\psi\left(B_{2 \lambda}\right) \subset U_{1 / 2}$, (4.34) also holds. For item (3), we note that $A=D \psi(0)$ is equal to the rotation $O^{T}$, and thus $A e_{1}=u_{0}$, and (4.41) implies (4.35). Finally, by (4.40) and $U \subset U_{1 / 2}$, we have $\frac{2}{3} \leqslant|\operatorname{det}(D \psi(y))| \leqslant 2$ for all $y$.

Corollary 4.10. Let $f: \mathbb{R}^{d} \rightarrow[0, \infty]$ be measurable. Then for any $x_{0}, \lambda$, and $\psi$ as in the previous lemma,

$$
\begin{equation*}
\int_{\left|x-x_{0}\right|<\lambda} \mathrm{d} x f(x) \leqslant 2 \int_{|y|<2 \lambda} \mathrm{~d} y f(\psi(y)) . \tag{4.42}
\end{equation*}
$$

Proof. By the properties of the diffeomorphism $\psi$ stated in the lemma,

$$
\begin{equation*}
\int_{\left|x-x_{0}\right|<\lambda} \mathrm{d} x f(x) \leqslant \int_{\psi\left(B_{2 \lambda}\right)} \mathrm{d} x f(x)=\int_{|y|<2 \lambda} \mathrm{~d} y|\operatorname{det}(D \psi(y))| f(\psi(y)) \tag{4.43}
\end{equation*}
$$

which is bounded by the right-hand side of (4.42).
The final result in this section concerns the curvature induced on straight lines by the "level set diffeomorphism" $\psi$. In the following proposition we show that, if all derivatives of $\omega$ at $x_{0}$ in the direction of the curve are small up to a certain order, then also the corresponding "bending" of the curve remains small up to the same order. The main difficulty in deriving these estimates lies in finding sufficiently sharp estimates also when the parameterisation is nearly singular, i.e., when $\left|\nabla \omega\left(x_{0}\right)\right| \ll 1$.

Proposition 4.11. Let $\omega, x_{0}$ and $\lambda$ satisfy the assumptions of Lemma 4.9, and let $\psi, A$, and $u_{0}$ be defined as in the conclusions of the lemma. Consider also some given $|y|<2 \lambda$ and $v \in S^{d-1}$, with $v \cdot u_{0}=0$.

Let $v^{\prime}=A^{T} v$ and define:

$$
\begin{equation*}
\gamma(t ; y, v)=\psi\left(y+t v^{\prime}\right) \quad \text { and } \quad \Gamma(t ; y, v)=\gamma(t ; y, v)-t v-\psi(y), \tag{4.44}
\end{equation*}
$$

for all $t$ with $\left|y+t v^{\prime}\right|<2 \lambda$. Then for any such $t$, and $n \geqslant 1$,

$$
\begin{equation*}
\frac{1}{n!} \frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} \Gamma(t)=-g_{n}(t) u_{0} \tag{4.45}
\end{equation*}
$$

where

$$
\begin{equation*}
g_{n}(t)=g_{n}(t ; y, v)=\frac{1}{n!} \frac{\mathrm{d}^{n-1}}{\mathrm{~d} t^{n-1}} g(\gamma(t ; y, v)) \quad \text { with } g(x)=\frac{v \cdot \nabla \omega(x)}{u_{0} \cdot \nabla \omega(x)}, x \in \mathbb{R}^{d} . \tag{4.46}
\end{equation*}
$$

Denote $M_{n}=\|\omega\|_{n}^{\prime}$, and $a_{0}=\max \left(1,8 M_{2}\right)$. If $N \geqslant 2,0<\varepsilon \leqslant 1, \mu>0$ and $r_{0}>0$ are such that $\mu \leqslant\left(1+2^{N}+\right.$ $\left.M_{N+1} 2^{2 N+1}\right)^{-1}, r_{0} \leqslant \min \left(1,\left|\nabla \omega\left(x_{0}\right)\right|\right), \lambda \leqslant \varepsilon\left(r_{0} \mu\right)^{N} a_{0}^{-1}$, and for all $2 \leqslant n<N$,

$$
\begin{equation*}
\frac{1}{n!}\left|(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right| \leqslant \frac{1}{2} \varepsilon\left(\mu r_{0}\right)^{N-n}, \tag{4.47}
\end{equation*}
$$

then, with $C=1+\frac{M_{N}}{N!}$,

$$
\left|\frac{1}{n!} \frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} \Gamma(t)\right| \leqslant \begin{cases}\varepsilon \mu^{N} r_{0}^{N-1}, & \text { for } n=1  \tag{4.48}\\ 2 \varepsilon \mu^{N-n} r_{0}^{N-1-n}, & \text { for } 2 \leqslant n<N \\ 2 C r_{0}^{-1}, & \text { for } n=N, \\ 2 C \mu^{-1} r_{0}^{-2}, & \text { for } n=N+1\end{cases}
$$

The proof will be essentially a corollary of the following lemma, whose proof we will postpone until the end of this section:

Lemma 4.12. Let the assumptions and definitions of the first paragraph of Proposition 4.11 be satisfied. Denote $M_{n}=\|\omega\|_{n}^{\prime}, a_{0}=\max \left(1,8 M_{2}\right)$, and assume $0<r_{0} \leqslant \min \left(1,\left|\nabla \omega\left(x_{0}\right)\right|\right)$ is given. If $\lambda \leqslant r_{0} a_{0}^{-1}$, then all of the following results are valid:
(1) $|\Gamma(t)| \leqslant|t|<2 \lambda$.
(2) Let us define $\tilde{g}_{n}=\tilde{g}_{n}\left(x_{0}, v\right)$ by the following iterative procedure: Let $\tilde{g}_{1}=0, \tilde{g}_{2}=\frac{1}{2}\left|\nabla \omega\left(x_{0}\right)\right|^{-1}(v \cdot \nabla)^{2} \omega\left(x_{0}\right)$, and for $n>2$, define

$$
\begin{align*}
\tilde{g}_{n}= & \frac{1}{\left|\nabla \omega\left(x_{0}\right)\right|}\left[\frac{1}{n!}(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right. \\
& \left.+\left.\sum_{k=2}^{n-1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \prod_{\substack{j=1 \\
m_{j}>1}}^{k} \tilde{g}_{m_{j}}\left(-u_{0} \cdot \nabla\right)^{k-\ell}(v \cdot \nabla)^{\ell} \omega\left(x_{0}\right)\right|_{\ell=\left|\left\{j \mid m_{j}=1\right\}\right|}\right] . \tag{4.49}
\end{align*}
$$

Then $g_{n}(0 ; 0, v)=\tilde{g}_{n}$ for all $n \geqslant 1$.
(3) Suppose $0<\varepsilon, \mu \leqslant 1$ and $N \geqslant 2$ are such that for all $2 \leqslant n<N$, inequality (4.47) is satisfied. If $\mu \leqslant 2^{-N} M_{N-1}^{-1}$, then for all $2 \leqslant m<N$,

$$
\begin{equation*}
\left|\tilde{g}_{m}\right| \leqslant \varepsilon \mu^{N-m} r_{0}^{N-m-1} \leqslant 1 \tag{4.50}
\end{equation*}
$$

and, with $C=1+\frac{M_{N}}{N!}$ defined as in (4.48),

$$
\begin{equation*}
\left|\tilde{g}_{N}\right| \leqslant C r_{0}^{-1} \quad \text { and } \quad\left|\tilde{g}_{N+1}\right| \leqslant M_{N+1}\left(1+2^{N} C\right) r_{0}^{-2} \tag{4.51}
\end{equation*}
$$

Furthermore, if also $b \geqslant 1+2^{N}+M_{N+1} 2^{2 N+1}$, then for all $1 \leqslant n \leqslant N$ and allowed $t$,

$$
\begin{equation*}
\left|g_{n}(t)-\tilde{g}_{n}\right| \leqslant a_{0} b^{n-1} \lambda r_{0}^{-n} \tag{4.52}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|g_{N+1}(t)-\tilde{g}_{N+1}\right| \leqslant 5 C a_{0} b^{N} \lambda r_{0}^{-N-2} \tag{4.53}
\end{equation*}
$$

Proof of Proposition 4.11. By Lemma 4.9,

$$
\begin{equation*}
\frac{\mathrm{d}}{\mathrm{~d} t} \gamma(t)=v-g(\gamma(t)) u_{0} \tag{4.54}
\end{equation*}
$$

which implies (4.45). For the results in the second paragraph, let us note that under the assumptions of the proposition, we have $\lambda \leqslant r_{0} / a_{0}$, so that items (1) and (2) of Lemma 4.12 are immediately applicable. In addition, also $0<\mu \leqslant 1$ with $\mu^{-1} \geqslant 2^{N} M_{N-1}$, so that if we define $b=\mu^{-1}$, then $b$ and $\mu$ are small enough for applying the conclusions in item (3). Therefore, for $n=1$, we have $\left|\Gamma^{\prime}(t)\right|=\left|g_{1}(t)\right| \leqslant a_{0} r_{0}^{-1} \lambda \leqslant \varepsilon \mu^{N} r_{0}^{N-1}$, and if $2 \leqslant n<N$, then

$$
\begin{equation*}
\left|\frac{1}{n!} \frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} \Gamma(t)\right|=\left|g_{n}(t)\right| \leqslant\left|g_{n}(t)-\tilde{g}_{n}\right|+\left|\tilde{g}_{n}\right| \leqslant a_{0} b^{n-1} \lambda r_{0}^{-n}+\varepsilon \mu^{N-n} r_{0}^{N-n-1} \leqslant 2 \varepsilon \mu^{N-n} r_{0}^{N-n-1} \tag{4.55}
\end{equation*}
$$

For $n=N$, we get similarly a bound $a_{0} \mu^{1-N} \lambda r_{0}^{-N}+C r_{0}^{-1} \leqslant 2 C r_{0}^{-1}$. Finally, for $n=N+1$, we have:

$$
\begin{equation*}
\left|\frac{1}{n!} \frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} \Gamma(t)\right| \leqslant 5 C a_{0} \mu^{-N} \lambda r_{0}^{-N-2}+\mu^{-1} C r_{0}^{-2} \leqslant 2 C \mu^{-1} r_{0}^{-2} \tag{4.56}
\end{equation*}
$$

where we have used $C^{\prime} \leqslant b C=\mu^{-1} C$ and $\mu \leqslant \frac{1}{5}$. This proves that all of the bounds given in (4.48) are valid.
Proof of Lemma 4.12. For any $x=\gamma(t)$, we have in the definition of $g$ :

$$
\begin{equation*}
\left|u_{0} \cdot \nabla \omega(x)\right|=\left|\left|\nabla \omega\left(x_{0}\right)\right|+u_{0} \cdot\left(\nabla \omega(x)-\nabla \omega\left(x_{0}\right)\right)\right| \geqslant \frac{1}{2}\left|\nabla \omega\left(x_{0}\right)\right| \tag{4.57}
\end{equation*}
$$

by (4.34). Similarly, $v \cdot u_{0}=0$ implies:

$$
\begin{equation*}
|v \cdot \nabla \omega(x)|=\left|v \cdot\left(\nabla \omega(x)-\nabla \omega\left(x_{0}\right)\right)\right| \leqslant\left|\nabla \omega(x)-\nabla \omega\left(x_{0}\right)\right| \leqslant 4 \lambda M_{2} \tag{4.58}
\end{equation*}
$$

Therefore (using the definition of $a_{0}$ and the assumption made on $\lambda$ )

$$
\begin{equation*}
\left|g_{1}(t)\right| \leqslant a_{0} \lambda r_{0}^{-1} \leqslant 1, \tag{4.59}
\end{equation*}
$$

which implies $\left|\Gamma^{\prime}(t)\right| \leqslant 1$. Since $\Gamma(0)=0$, item (1) holds now.
Consider then item (2). In (4.49), the sum over $m_{j}$ is restricted by $k \geqslant 2$ so that always $m_{j} \leqslant n-m_{1} \leqslant n-1$. Thus the right-hand side depends only on $\tilde{g}_{m}$ with $2 \leqslant m \leqslant n-1$, and the sequence $\tilde{g}_{n}$ is thus uniquely determined from $\tilde{g}_{2}$ and it depends only on $x_{0}$ and $v$ (and naturally also on $\omega$ ). To complete the proof of the item, we need to show that $\tilde{g}_{n}=g_{n}(0 ; 0, v)$. We do this by induction: Since $g_{1}(0 ; 0, v)=0=\tilde{g}_{1}$, this holds for $n=1$. Let us assume that the result is true for $1 \leqslant m<n$. By Lemma 4.9, we have for all $t, \omega(\gamma(t))=\omega\left(x_{0}\right)+\left|\nabla \omega\left(x_{0}\right)\right| y_{1}$, which is independent of $t$. By Lemma A. 1 the $n$th derivative of $\omega \circ \gamma$, which is zero, can be expressed in terms of differentials of $\gamma$. We separate the $k=1$ term in the resulting sum, yielding:

$$
\begin{equation*}
-\frac{\gamma^{(n)}(t)}{n!} \cdot \nabla \omega(\gamma(t))=\left.\sum_{k=2}^{n} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right] \omega\right|_{\gamma(t)} . \tag{4.60}
\end{equation*}
$$

At $t=0$ and $y=0, \gamma(t)=x_{0}$ and $\gamma^{(1)}(t)=v$, and the left hand side evaluates to $g_{n}(0 ; 0, v)\left|\nabla \omega\left(x_{0}\right)\right|$. Since the induction assumption can be applied to all derivatives of $\gamma$ in the right-hand side, we find that it evaluates to righthand side of (4.49) times $\left|\nabla \omega\left(x_{0}\right)\right|$. This completes the induction step and proves $g_{n}(0 ; 0, v)=\tilde{g}_{n}$.

We next prove the statements in item (3). If $N=2$, then (4.50) is vacuously true, and (4.51) holds by an explicit computation. Consider then $N>2$, when again an explicit computation proves that (4.50) holds for $n=2$. We will prove its validity for higher values of $n$ by induction. Let us thus assume that $2 \leqslant n \leqslant N$ is given and that (4.50) is valid for all $2 \leqslant m<n$. Suppose $2 \leqslant k \leqslant n-1$ and $\sum_{j=1}^{k} m_{j}=n$, and let $\ell=\left|\left\{j \mid m_{j}=1\right\}\right|$. Then $0 \leqslant \ell \leqslant k-1$, and $\sum_{j, m_{j}>1}\left(1-m_{j}\right)=\sum_{j}\left(1-m_{j}\right)=k-n$. Therefore, since $0<\varepsilon, \mu, r_{0} \leqslant 1$, and $k \geqslant 2$,

$$
\begin{equation*}
\left|\prod_{j=1, m_{j}>1}^{k} \tilde{g}_{m_{j}}\right| \leqslant\left(\varepsilon \mu^{N-1} r_{0}^{N-2}\right)^{k-\ell}\left(\mu r_{0}\right)^{\sum_{j, m_{j}>1}\left(1-m_{j}\right)} \leqslant \varepsilon \mu^{N-1+k-n} r_{0}^{N-2+k-n} \leqslant \varepsilon \mu^{N+1-n} r_{0}^{N-n} . \tag{4.61}
\end{equation*}
$$

Using this estimate in (4.49) yields:

$$
\begin{align*}
\left|\tilde{g}_{n}-\frac{1}{\left|\nabla \omega\left(x_{0}\right)\right|} \frac{1}{n!}(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right| & \leqslant \frac{1}{r_{0}} \sum_{k=2}^{n-1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \varepsilon \mu^{N+1-n} r_{0}^{N-n} M_{k} \\
& \leqslant \varepsilon \mu^{N-n} r_{0}^{N-n-1} \mu M_{N-1} 2^{n-1} \leqslant \frac{1}{2} \varepsilon \mu^{N-n} r_{0}^{N-n-1}, \tag{4.62}
\end{align*}
$$

where we have applied the assumption made on $\mu$, and the following equality, valid for all $n \geqslant 1$ and $1 \leqslant k \leqslant n$ (and provable, e.g., by induction, or by a combinatorial argument)

$$
\begin{equation*}
\sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right)=\binom{n-1}{k-1} . \tag{4.63}
\end{equation*}
$$

If $n<N$, we can then apply the assumption (4.47) to (4.62) and obtain the bound:

$$
\begin{equation*}
\left|\tilde{g}_{n}\right| \leqslant \frac{1}{r_{0}} \frac{1}{2} \varepsilon\left(\mu r_{0}\right)^{N-n}+\frac{1}{2} \varepsilon \mu^{N-n} r_{0}^{N-n-1} \leqslant \varepsilon \mu^{N-n} r_{0}^{N-n-1} . \tag{4.64}
\end{equation*}
$$

This completes the induction step and proves (4.50) for $2 \leqslant m<N$. However, then (4.62) is valid also for $n=N$, and thus also,

$$
\begin{equation*}
\left|\tilde{g}_{N}\right| \leqslant \frac{1}{r_{0}} \frac{M_{N}}{N!}+\frac{1}{2} \varepsilon r_{0}^{-1} \leqslant\left(\frac{M_{N}}{N!}+\frac{1}{2}\right) r_{0}^{-1} . \tag{4.65}
\end{equation*}
$$

Finally, then for any $2 \leqslant k \leqslant N$ and $m \in \mathbb{N}_{+}^{k}$ such that $\sum_{j} m_{j}=N+1$,

$$
\begin{equation*}
\left|\prod_{j=1, m_{j}>1}^{k} \tilde{g}_{m_{j}}\right| \leqslant C r_{0}^{-1} . \tag{4.66}
\end{equation*}
$$

To see this, note that $\left|\tilde{g}_{N}\right|$ can appear in the product only once, and the other factors are always less than one. Therefore, as in (4.62), we find:

$$
\begin{equation*}
\left|\tilde{g}_{N+1}\right| \leqslant \frac{1}{r_{0}} \frac{M_{N+1}}{(N+1)!}+\frac{1}{r_{0}} \sum_{k=2}^{N}\binom{N}{k-1} M_{N} C r_{0}^{-1} \tag{4.67}
\end{equation*}
$$

which yields the bound in (4.51).
We still need to prove (4.52). By (4.59), it holds for $n=1$, so let us assume that $n \geqslant 2$. By (4.45), the left-hand side of (4.60) is then equal to $g_{n}(t) u_{0} \cdot \nabla \omega(\gamma(t))$, implying:

$$
\begin{align*}
\left|g_{n}(t)\right| \nabla \omega\left(x_{0}\right)\left|+\frac{\gamma^{(n)}(t)}{n!} \cdot \nabla \omega(\gamma(t))\right| & \leqslant\left|g_{n}(t)\right|\left|\nabla \omega\left(x_{0}\right)-\nabla \omega(\gamma(t))\right| \leqslant\left|g_{n}(t)\right| M_{2} 4 \lambda \\
& \leqslant M_{2} 4 \lambda\left|\tilde{g}_{n}\right|+\frac{1}{2}\left|\nabla \omega\left(x_{0}\right)\right|\left|g_{n}(t)-\tilde{g}_{n}\right| \tag{4.68}
\end{align*}
$$

Therefore, by employing the triangle inequality to change $g_{n}(t)$ to $\tilde{g}_{n}$ in the leftmost expression, we find that

$$
\begin{equation*}
\left|g_{n}(t)-\tilde{g}_{n}\right| \leqslant \frac{8 M_{2}}{r_{0}} \lambda\left|\tilde{g}_{n}\right|+\frac{2}{r_{0}}| | \nabla \omega\left(x_{0}\right)\left|\tilde{g}_{n}+\frac{\gamma^{(n)}(t)}{n!} \cdot \nabla \omega(\gamma(t))\right| . \tag{4.69}
\end{equation*}
$$

We next need to bound the right-hand side of (4.60) minus $\left|\nabla \omega\left(x_{0}\right)\right| \tilde{g}_{n}$. Using the definition of $\tilde{g}_{n}$, we get a bound:

$$
\begin{align*}
& \sum_{k=2}^{n} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \\
& \left.\quad \times\left|\prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right] \omega\right|_{\substack{\gamma(t)}}-\prod_{\substack{j=1 \\
m_{j}>1}}^{k}\left(-\tilde{g}_{m_{j}} u_{0} \cdot \nabla\right) \prod_{\substack{j=1 \\
m_{j}=1}}^{k}(v \cdot \nabla) \omega\left(x_{0}\right) \right\rvert\, \tag{4.70}
\end{align*}
$$

Here the absolute value remains to be bounded, and we do this in two steps: first we shift $\gamma^{\prime}(t)$ to $v$ and higher derivatives to $\tilde{g}$ by using the induction assumption, and then we shift the evaluation point from $\gamma(t)$ to $x_{0}$.

To illustrate this, let us perform the estimates first for the case $k=n$, when the induction assumption is not needed, and we can therefore apply the result for any $n$. Then the absolute value is explicitly:

$$
\begin{align*}
& \left|\left[\left(v-g_{1}(t) u_{0}\right) \cdot \nabla\right]^{n} \omega(\gamma(t))-(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right| \\
& \quad \leqslant\left|\left[\left(v-g_{1}(t) u_{0}\right) \cdot \nabla\right]^{n} \omega(\gamma(t))-(v \cdot \nabla)^{n} \omega(\gamma(t))\right|+\left|(v \cdot \nabla)^{n} \omega(\gamma(t))-(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right| \\
& \quad \leqslant \sum_{j=1}^{n}\binom{n}{j}\left|g_{1}(t)\right|^{j} M_{n}+M_{n+1}\left|\gamma(t)-x_{0}\right| \leqslant M_{n+1}\left[\sum_{j=1}^{n}\binom{n}{j}\left|g_{1}(t)\right|+4 \lambda\right] \leqslant a_{0} \lambda r_{0}^{-1} M_{n+1} 2^{n+1} \tag{4.71}
\end{align*}
$$

where we have used the Leibniz rule. But now (4.69) implies that for $n=2$,

$$
\begin{equation*}
\left|g_{2}(t)-\tilde{g}_{2}\right| \leqslant a_{0} \lambda r_{0}^{-1}\left|\tilde{g}_{2}\right|+2 a_{0} \lambda r_{0}^{-2} M_{3} 2^{3} . \tag{4.72}
\end{equation*}
$$

If $N=2$, (4.51) implies then that

$$
\begin{equation*}
\left|g_{2}(t)-\tilde{g}_{2}\right| \leqslant a_{0} \lambda r_{0}^{-2}\left(\frac{1}{2}\left(1+M_{2}\right)+M_{3} 2^{4}\right) \leqslant\left. a_{0} \lambda r_{0}^{-2} b\right|_{N=2} . \tag{4.73}
\end{equation*}
$$

If $N>2$, by (4.50) $\left|\tilde{g}_{2}\right| \leqslant 1$, and thus

$$
\begin{equation*}
\left|g_{2}(t)-\tilde{g}_{2}\right| \leqslant a_{0} \lambda r_{0}^{-2}\left(1+M_{3} 2^{3}\right) \leqslant a_{0} \lambda r_{0}^{-2} b . \tag{4.74}
\end{equation*}
$$

This proves that (4.52) holds always for $n=2$.
Let us then make the induction assumption that $2<n \leqslant N$ and (4.52) holds for all $2 \leqslant m<n$. The case $k=n$ has already been treated above, so let us assume $k<n$. We begin by estimating the result from the second step. Let $\ell=\left|\left\{j \mid m_{j}=1\right\}\right|$, which now satisfies $\ell<k$. Since $k>1$, we also have $m_{j} \leqslant n-1$ for all $j$, and by (4.50), now $\underset{\substack{j=1 \\ m_{j}>1}}{k}\left|\tilde{g}_{m_{j}}\right| \leqslant 1$. Therefore,

$$
\begin{align*}
& \left|\prod_{\substack{j=1 \\
m_{j}>1}}^{k}\left(-\tilde{g}_{m_{j}} u_{0} \cdot \nabla\right)(v \cdot \nabla)^{\ell} \omega(\gamma(t))-\prod_{\substack{j=1 \\
m_{j}>1}}^{k}\left(-\tilde{g}_{m_{j}} u_{0} \cdot \nabla\right)(v \cdot \nabla)^{\ell} \omega\left(x_{0}\right)\right| \\
& \quad \leqslant\left|\gamma(t)-x_{0}\right| M_{k+1} \prod_{\substack{j=1 \\
m_{j}>1}}^{k}\left|\tilde{g}_{m_{j}}\right| \leqslant 4 \lambda M_{n} \leqslant b \lambda \leqslant a_{0} b^{n-2} \lambda . \tag{4.75}
\end{align*}
$$

To estimate the result from the first step, let $I_{k}=\{1,2, \ldots, k\}$. Using the commutativity of partial derivatives, the result can be bounded by:

$$
\begin{align*}
& \sum_{\substack{I \subset I_{k} \\
I \neq \emptyset}}\left|\prod_{j \in I}\left(g_{m_{j}}(t)-\tilde{g}_{m_{j}}\right) \prod_{\substack{j \neq I \\
m_{j}>1}}\left(-\tilde{g}_{m_{j}} u_{0} \cdot \nabla\right) \prod_{\substack{j \neq I \\
m_{j}=1}}(-v \cdot \nabla)\left(-u_{0} \cdot \nabla\right)^{|I|} \omega(\gamma(t))\right| \\
& \leqslant M_{k} \sum_{\substack{I \subset I_{k} \\
I \neq \emptyset}} \prod_{j \in I}\left|g_{m_{j}}(t)-\tilde{g}_{m_{j}}\right| \leqslant M_{k} \sum_{\substack{I \subset I_{k} \\
I \neq \emptyset}}\left(a_{0} \lambda r_{0}^{-1}\right)^{|I|} \prod_{j \in I}\left(b r_{0}^{-1}\right)^{m_{j}-1} \\
& \leqslant M_{n-1} \sum_{\substack{I \subset I_{k} \\
I \neq \emptyset}} a_{0} \lambda r_{0}^{-1}\left(b r_{0}^{-1}\right)^{n-2} \leqslant M_{n-1} 2^{k} a_{0} \lambda r_{0}^{1-n} b^{n-2}, \tag{4.76}
\end{align*}
$$

where we have applied,

$$
\begin{equation*}
\sum_{j \in I}\left(m_{j}-1\right) \leqslant \sum_{j=1}^{k}\left(m_{j}-1\right)=n-k \leqslant n-2, \tag{4.77}
\end{equation*}
$$

and, as $I \neq \emptyset$ and $a \lambda \leqslant r_{0}$, we have also $\left(a \lambda / r_{0}\right)^{|I|} \leqslant a \lambda / r_{0}$. Combining the above estimates, we then have obtained the following bound for (4.70):

$$
\begin{equation*}
\sum_{k=2}^{n}\binom{n-1}{k-1} a_{0} b^{n-2} \lambda r_{0}^{1-n}\left(1+M_{n} 2^{n}\right) \leqslant a_{0} b^{n-2} \lambda r_{0}^{1-n} 2^{n-1}\left(1+M_{n} 2^{n}\right) \tag{4.78}
\end{equation*}
$$

Therefore, (4.69) now implies that for any $n<N$,

$$
\begin{align*}
\left|g_{n}(t)-\tilde{g}_{n}\right| & \leqslant \frac{a_{0}}{r_{0}} \lambda+a_{0} b^{n-2} \lambda r_{0}^{-n} 2^{n}\left(1+M_{n} 2^{n}\right) \\
& \leqslant \frac{1+2^{n}+M_{n} 2^{2 n}}{b} a_{0} b^{n-1} \lambda r_{0}^{-n} \leqslant a_{0} b^{n-1} \lambda r_{0}^{-n} \tag{4.79}
\end{align*}
$$

by our choice of $b$. This completes the induction step and proves that (4.52) is valid for all $2 \leqslant n<N$. However, then we can still use the bound (4.78), together with (4.51), in (4.69) which shows that

$$
\begin{equation*}
\left|g_{N}(t)-\tilde{g}_{N}\right| \leqslant \frac{M_{N}+1+2^{N}+M_{N} 2^{2 N}}{b} a_{0} b^{N-1} \lambda r_{0}^{-N} \leqslant a_{0} b^{N-1} \lambda r_{0}^{-N} \tag{4.80}
\end{equation*}
$$

This proves that $b$ is large enough for (4.52) to hold also for $n=N$. For $n=N+1$, we repeat the above steps using (4.66), and the fact that (4.52) holds also for $n=N$. Then the left-hand sides of Eqs. (4.75) and (4.76) can be bounded by $4 \lambda M_{N+1} C r_{0}^{-1}$ and $2^{N+1} M_{N+1} C r_{0}^{-1-N} \lambda a_{0} b^{N-1}$, respectively. This yields a bound $2^{2 N+2} M_{N+1} a_{0} b^{N-1} C r_{0}^{-1-N} \lambda$ for (4.70). Then using the bound for $\left|\tilde{g}_{N+1}\right|$ given in (4.69) proves that

$$
\begin{equation*}
\left|g_{N+1}(t)-\tilde{g}_{N+1}\right| \leqslant \frac{a_{0}}{r_{0}} \lambda C^{\prime} r_{0}^{-2}+C r_{0}^{-2-N} \lambda a_{0} b^{N-1} 2^{2 N+3} M_{N+1} \tag{4.81}
\end{equation*}
$$

where $C^{\prime}=M_{N+1}\left(1+2^{N} C\right) \leqslant b C$. Finally, using $2^{2 N+1} M_{N+1} \leqslant b$, proves (4.53).

## 5. Semi-dispersivity (proof of Theorem 2.2)

Let $0 \leqslant p \leqslant 1, \alpha \in \mathbb{R}$, and $0<\beta \leqslant 1$ be arbitrary, and denote $M_{n}=\|\omega\|_{n}^{\prime}$ for all $n$. Let us define further $q=1+\frac{1}{2}(1-p)$, so that, if $p=1$, also $q=1$, and otherwise $q+p+1<3$. We then apply the layer cake representation as

$$
\begin{align*}
\int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\nabla \omega(k)|^{p}} \frac{1}{|\alpha-\omega(k)+\mathrm{i} \beta|} & =\int_{0}^{M_{1}^{q}} \mathrm{~d} s \int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\alpha-\omega(k)+\mathrm{i} \beta|} \frac{\mathbb{1}\left(|\nabla \omega(k)| \geqslant s^{1 / q}\right)}{|\nabla \omega(k)|^{p+q}} \\
& \leqslant \int_{0}^{\beta} \frac{\mathrm{d} s}{\beta} \int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\nabla \omega(k)|^{p+q}}+\int_{\beta}^{M_{1}^{q}} \mathrm{~d} s \int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\alpha-\omega(k)+\mathrm{i} \beta|} \frac{\mathbb{1}\left(|\nabla \omega(k)| \geqslant s^{1 / q}\right)}{|\nabla \omega(k)|^{p+q}} . \tag{5.1}
\end{align*}
$$

Since $p+q \leqslant 2$, the first term is bounded by a $\beta$-independent constant by Lemma 4.1. To analyse the second term, let us define the following cut-off function $G: \mathbb{R}^{d} \times(0,1 / 2] \rightarrow \mathbb{R}$,

$$
\begin{equation*}
G(x, \lambda)=\frac{N_{d}}{\lambda^{d}} \mathbb{1}(|x|<\lambda) \tag{5.2}
\end{equation*}
$$

where $N_{d}=d /\left|S^{d-1}\right|$ is a normalisation constant such that $\int_{\mathbb{R}^{d}} \mathrm{~d} x G(x, \lambda)=1$ for all $\lambda$. We have restricted the range of $\lambda$ in the above manner so that for all $k \in \mathbb{T}^{d}$ and $\lambda$ we still have $\int_{\mathbb{T}^{d}} \mathrm{~d} x G\left([x-k]^{\prime}, \lambda\right)=1$ (we recall the definition of $[\cdot]^{\prime}$ in Section 2.1).

By choosing $\lambda=\lambda(s)=\min \left(\frac{1}{4}, s^{1 / q} /\left(9 M_{2}\right)\right)$, we then find:

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\alpha-\omega(k)+\mathrm{i} \beta|} \frac{\mathbb{1}\left(|\nabla \omega(k)| \geqslant s^{1 / q}\right)}{|\nabla \omega(k)|^{p+q}}=\int_{\mathbb{T}^{d}} \mathrm{~d} x \int_{\mathbb{T}^{d}} \mathrm{~d} k \frac{G\left([x-k]^{\prime}, \lambda\right)}{|\alpha-\omega(k)+\mathrm{i} \beta|} \frac{\mathbb{1}\left(|\nabla \omega(k)| \geqslant s^{1 / q}\right)}{|\nabla \omega(k)|^{p+q}} . \tag{5.3}
\end{equation*}
$$

Applying Lemma 4.3 with $a=\frac{1}{9}$ shows that this is bounded by:

$$
\begin{equation*}
(1+a)^{q} \int_{\mathbb{T}^{d}} \mathrm{~d} x \frac{\mathbb{1}\left(|\nabla \omega(x)| \geqslant(1-a) s^{1 / q}\right)}{|\nabla \omega(x)|^{p+q}} \frac{N_{d}}{\lambda^{d}} \int_{\mathbb{R}^{d}} \mathrm{~d} k \frac{\mathbb{1}\left(\left|[x]^{\prime}-k\right|<\lambda\right)}{|\alpha-\omega(k)+\mathrm{i} \beta|} \tag{5.4}
\end{equation*}
$$

Let $x_{0}=[x]^{\prime}$. Then inside the integral $\lambda \leqslant \frac{\left|\nabla \omega\left(x_{0}\right)\right|}{8 M_{2}}$ since $9(1-a)=8$. Therefore, Lemma 4.9 yields a diffeomorphism $\psi$, such that we can apply Corollary 4.10. This shows that

$$
\begin{align*}
\frac{N_{d}}{\lambda^{d}} \int_{\left|x_{0}-k\right|<\lambda} \frac{\mathrm{d} k}{|\alpha-\omega(k)+\mathrm{i} \beta|} & \leqslant \frac{2 N_{d}}{\lambda^{d}} \int_{|y|<2 \lambda} \frac{\mathrm{~d} y}{|\alpha-\omega(\psi(y))+\mathrm{i} \beta|} \\
& \leqslant \frac{2^{d} N_{d}}{\lambda} \frac{\left|S^{d-2}\right|}{d-1} \int_{-2 \lambda}^{2 \lambda} \frac{\mathrm{~d} y_{1}}{\left|\alpha-\omega\left(x_{0}\right)-\left|\nabla \omega\left(x_{0}\right)\right| y_{1}+\mathrm{i} \beta\right|} \\
& \leqslant \frac{2^{d} N_{d}}{N_{d-1}} \frac{\left.6\left\langle\ln \langle 2 \lambda| \nabla \omega\left(x_{0}\right) \mid\right\rangle\right\rangle}{\lambda\left|\nabla \omega\left(x_{0}\right)\right|}\langle\ln \beta\rangle \leqslant \frac{2^{d} N_{d}}{N_{d-1}} \frac{6\left\langle\ln \left\langle M_{1}\right\rangle\right\rangle}{\lambda\left|\nabla \omega\left(x_{0}\right)\right|}\langle\ln \beta\rangle, \tag{5.5}
\end{align*}
$$

where we have applied Lemma 4.6, and the properties of $\langle\cdot\rangle$ given in Appendix B together with $0 \leqslant 2 \lambda\left|\nabla \omega\left(x_{0}\right)\right| \leqslant M_{1}$. Combining this with (5.4) and (5.3), we have proven that there is a constant $c^{\prime} \geqslant 1$, which depends only on $M_{1}=\|\omega\|_{1}^{\prime}$, such that

$$
\begin{equation*}
\int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\alpha-\omega(k)+\mathrm{i} \beta|} \frac{\mathbb{1}\left(|\nabla \omega(k)| \geqslant s^{1 / q}\right)}{|\nabla \omega(k)|^{p+q}} \leqslant \frac{(1+a)^{q} c^{\prime}}{\lambda(s)}\langle\ln \beta\rangle \int_{\mathbb{T}^{d}} \mathrm{~d} x \frac{\mathbb{1}\left(|\nabla \omega(x)| \geqslant(1-a) s^{1 / q}\right)}{|\nabla \omega(x)|^{p+q+1}} . \tag{5.6}
\end{equation*}
$$

If $p<1$, then $p+q+1<3$ and, by Lemma 4.1, the remaining integral over $x$ can be bounded by a constant independent of $s$. After this, the integral over $s$ only yields a factor:

$$
\begin{equation*}
\int_{\beta}^{M_{1}^{q}} \frac{\mathrm{~d} s}{\lambda(s)} \leqslant \int_{0}^{M_{1}^{q}} \frac{\mathrm{~d} s}{\lambda(s)}<\infty \tag{5.7}
\end{equation*}
$$

since $s^{-1 / q}$ is integrable at zero, due to $q>1$. This proves (2.7).
If $p=1$, then $p+q+1=3$, and, by Assumption 2.1, the integral over $x$ is bounded by

$$
c_{0}(\ln (1-a)+\ln s)^{p_{0}} \leqslant c_{0} 2^{p_{0}}\left\langle\left.\ln (1-a)\right|^{p_{0}}\langle\ln s\rangle^{p_{0}} .\right.
$$

Then the integral over $s$ can be estimated by:

$$
\begin{equation*}
\int_{\beta}^{M_{1}} \frac{\mathrm{~d} s}{\lambda(s)}\langle\ln s\rangle^{p_{0}} \leqslant 2\left\langle M_{1}-s_{c}\right\rangle \max \left(\left\langle\ln M_{1}\right\rangle^{p_{0}},\left\langle\ln s_{c}\right\rangle^{p_{0}}\right)+2 s_{c}\left\langle s_{c}-1\right\rangle\left\langle\ln s_{c}\right\rangle^{p_{0}}+\int_{\beta}^{1} \mathrm{~d} s \frac{2 s_{c}}{s}\langle\ln s\rangle^{p_{0}}, \tag{5.8}
\end{equation*}
$$

where $s_{c}=9 M_{2} / 2$. By Lemma 4.4, the final integral can be bounded by a constant times $\langle\ln \beta\rangle^{p_{0}+1}$. Collecting the powers of $\langle\ln \beta\rangle$ together, and denoting the remaining factor by $C_{0}$ proves (2.8).

## 6. Suppression of crossings (proof of "if" in Theorem 2.3)

### 6.1. Uniform minimal curvature

Theorem 6.1. Let $d \geqslant 2$, and let $\omega: \mathbb{R}^{d} \rightarrow \mathbb{R}$ be real-analytic and $\mathbb{Z}^{d}$-periodic. Then one and only one of the following alternatives is true:
(1) There is an affine hyperplane $M \subset \mathbb{R}^{d}$ such that $\omega$ is constant on $M$.
(2) There are an integer $n_{0} \geqslant 2$ and a constant $\varepsilon_{0}>0$ with the following property: for any $k \in \mathbb{R}^{d}$ and $u \in S^{d-1}$, there is an integer $n$ with $2 \leqslant n \leqslant n_{0}$, and a direction $v \in S^{d-1}$ orthogonal to $u$, such that

$$
\begin{equation*}
\frac{1}{n!}\left|(v \cdot \nabla)^{n} \omega(k)\right|>\varepsilon_{0} . \tag{6.1}
\end{equation*}
$$

We will use the remainder of the subsection for the proof. From now on, let $d$ and $\omega$ satisfy the assumptions of the theorem. Let $X=C^{\infty}\left(\mathbb{R}^{d}, \mathbb{C}\right)$ denote the topological vector space of smooth functions equipped with its usual Fréchet topology. The topology is uniquely determined by the local base given by the sets:

$$
\begin{equation*}
B^{(N)}=\left\{f \in X \left\lvert\, p_{N}(f)<\frac{1}{N}\right.\right\}, \tag{6.2}
\end{equation*}
$$

with $N \in \mathbb{N}_{+}$and $p_{N}$ denoting the seminorm,

$$
\begin{equation*}
p_{N}(f)=\max \left\{\left|D^{\alpha} f(x)\right|| | \alpha|\leqslant N,|x| \leqslant N\} .\right. \tag{6.3}
\end{equation*}
$$

For more details, see [14, Section 1.46].
We recall that if $X$ and $Y$ are two topological vector spaces with local bases $\mathcal{B}_{X}$ and $\mathcal{B}_{Y}$, respectively, then a function $F: X \rightarrow Y$ is continuous if and only if it has the following property: For all $B \in \mathcal{B}_{Y}$ and $x \in X$ there is $B^{\prime} \in \mathcal{B}_{X}$ such that $F\left(x+B^{\prime}\right) \subset F(x)+B$. From this, it is straightforward to prove the continuity of the following two basic mappings: for any $v \in \mathbb{R}^{d}$, the mapping $f \mapsto v \cdot \nabla f$ is a continuous linear map $X \rightarrow X$, and for any $x \in \mathbb{R}^{d}$ the functional $f \mapsto f(x)$ is continuous on $X$. Therefore, also the functional $f \mapsto(v \cdot \nabla)^{n} f(0)$ is always continuous on $X$. This implies the following result:

Lemma 6.2. For any $n \in \mathbb{N}_{0}, v \in \mathbb{R}^{d}$ and $\varepsilon \geqslant 0$, let

$$
\begin{equation*}
U_{n, v, \varepsilon}=\left\{\left.f \in X\left|\frac{1}{n!}\right|(v \cdot \nabla)^{n} f(0) \right\rvert\,>\varepsilon\right\} . \tag{6.4}
\end{equation*}
$$

Then every such $U_{n, v, \varepsilon}$ is open in $X$.

The proof of Theorem 6.1 will rely on compactness of $S^{d-1} \times \mathbb{T}^{d}$ and on the continuity of the following auxiliary mapping.

Definition 6.3. Let $F: S^{d-1} \times \mathbb{T}^{d} \rightarrow X$ be defined, for any $x_{0} \in \mathbb{R}^{d}$, by

$$
\begin{equation*}
F\left(u,\left[x_{0}\right]\right)(x)=\omega\left(x-(x \cdot u) u+x_{0}\right)=\omega\left(Q_{u} x+x_{0}\right) \tag{6.5}
\end{equation*}
$$

Since $\omega$ is periodic, $F\left(u,\left[x_{0}\right]\right)$ does not depend on the choice of $x_{0}$, and, by smoothness of $\omega, F\left(u,\left[x_{0}\right]\right)$ is also always smooth. Thus $F$ is a well-defined function $S^{d-1} \times \mathbb{T}^{d} \rightarrow X$, as claimed above. In addition, $F(u, k)$ is always real-analytic and constant in the direction $u: F(u, k)(x+s u)=F(u, k)(x)$ for all $s \in \mathbb{R}$. Moreover, we have:

Proposition 6.4. F is continuous.
Proof. To prove the continuity of $F$, it is enough to show that for all $u_{0} \in S^{d-1}, k_{0} \in \mathbb{R}^{d}$ and $N \in \mathbb{N}_{+}$there is $\delta>0$ such that

$$
\begin{equation*}
p_{N}\left(F(u, k)-F\left(u_{0}, k_{0}\right)\right)<\frac{1}{N} \tag{6.6}
\end{equation*}
$$

for all $u \in S^{d-1}$ and $k \in \mathbb{R}^{d}$ with $\left|k-k_{0}\right|<\delta$ and $\left|u-u_{0}\right|<\delta$. In order to prove this property, we first note that for any multi-index $\alpha$ there is a finite collection of constants $c_{\beta, \gamma}(\alpha)$, such that for all $x, u, k$,

$$
\begin{equation*}
D^{\alpha} F(u, k)(x)=\sum_{\beta:|\beta|=|\alpha|} \sum_{\gamma:|\gamma| \leqslant 2|\alpha|} c_{\beta, \gamma}(\alpha) u^{\gamma} D^{\beta} \omega(x-(x \cdot u) u+k), \tag{6.7}
\end{equation*}
$$

which can be proven by straightforward induction in $|\alpha|$. Therefore,

$$
\begin{align*}
& \left|D^{\alpha} F(u, k)(x)-D^{\alpha} F\left(u_{0}, k_{0}\right)(x)\right| \leqslant \sum_{\beta, \gamma}\left|c_{\beta, \gamma}(\alpha)\right|\left|u^{\gamma}-u_{0}^{\gamma}\right|\|\omega\|_{|\alpha|}^{\prime} \\
& \quad+\sum_{\beta, \gamma}\left|c_{\beta, \gamma}(\alpha)\right|\left|D^{\beta} \omega(x-(x \cdot u) u+k)-D^{\beta} \omega\left(x-\left(x \cdot u_{0}\right) u_{0}+k_{0}\right)\right| . \tag{6.8}
\end{align*}
$$

Let $\delta>0$, and choose any $\left|k-k_{0}\right|<\delta,\left|u-u_{0}\right|<\delta$. Then by the Leibniz rule and $|u|,\left|u_{0}\right|=1$, we find $\left|u^{\gamma}-u_{0}^{\gamma}\right| \leqslant 2^{|\gamma|} \delta$. By expressing the difference as an integral over a derivative in the direction of the line connecting the points, we obtain the estimate:

$$
\begin{equation*}
\left|D^{\beta} \omega(x-(x \cdot u) u+k)-D^{\beta} \omega\left(x-\left(x \cdot u_{0}\right) u_{0}+k_{0}\right)\right| \leqslant\|\omega\|_{|\beta|+1}^{\prime}\left|(x \cdot u) u-\left(x \cdot u_{0}\right) u_{0}+k-k_{0}\right|, \tag{6.9}
\end{equation*}
$$

where, for all $|x| \leqslant N$,

$$
\begin{equation*}
\left|(x \cdot u) u-\left(x \cdot u_{0}\right) u_{0}+k-k_{0}\right| \leqslant 2|x|\left|u-u_{0}\right|+\left|k-k_{0}\right| \leqslant(2 N+1) \delta . \tag{6.10}
\end{equation*}
$$

By (6.8), then

$$
\begin{equation*}
p_{N}\left(F(u, k)-F\left(u_{0}, k_{0}\right)\right) \leqslant \delta\left(4^{N}\|\omega\|_{N}^{\prime}+(2 N+1)\|\omega\|_{N+1}^{\prime}\right) \max _{|\alpha| \leqslant N} \sum_{\beta, \gamma}\left|c_{\beta, \gamma}(\alpha)\right| . \tag{6.11}
\end{equation*}
$$

Since $\omega$ is periodic, $\|\omega\|_{n}^{\prime}<\infty$ for all $n \in \mathbb{N}$, which implies that the factor multiplying $\delta$ on the right-hand side is always finite. Thus by choosing a small enough $\delta$, the bound can be made less than $1 / N$.

Lemma 6.5. Let $u \in S^{d-1}, k \in \mathbb{R}^{d}$ be given, and denote $f=F(u, k)$. Then either $f$ is constant, or there is $n \geqslant 2$, $v \in S^{d-1}$, and $\varepsilon>0$, such that $\left|(v \cdot \nabla)^{n} f(0)\right|>n!\varepsilon$.

Proof. Suppose $f$ is not constant. Then there is $x_{0} \neq 0$ such that $f\left(x_{0}\right) \neq f(0)$. Let us define $v=x_{0} /\left|x_{0}\right|$, when $v \in S^{d-1}$, and let $g: \mathbb{R} \rightarrow \mathbb{R}$ be defined by $g(t)=f(t v)-t v \cdot \nabla f(0)-f(0)$. Then $g$ is real-analytic with $g(0)=0$ and $g^{\prime}(0)=0$. If $g^{(n)}(0)=0$ for all $n \geqslant 2$, then $g=0$ everywhere, i.e., $f(t v)=t v \cdot \nabla f(0)+f(0)$ for all $t \in \mathbb{R}$. Since $f\left(\left|x_{0}\right| v\right) \neq f(0)$, then necessarily $v \cdot \nabla f(0) \neq 0$, and thus $\lim _{t \rightarrow \infty}|f(t v)|=\infty$. However, this contradicts the obvious bound $\|f\|_{0} \leqslant\|\omega\|_{0}^{\prime}<\infty$, and thus we can conclude that there is $n \geqslant 2$ such that $g^{(n)}(0)=(v \cdot \nabla)^{n} f(0) \neq 0$. Thus, for instance, $\varepsilon=\left|(v \cdot \nabla)^{n} f(0)\right| /(2 n!)>0$ suffices for the bound in the lemma.

Proof of Theorem 6.1. Let us first note that for any $u \in S^{d-1}, x_{0} \in \mathbb{R}^{d}$, the image of $x \mapsto x-(x \cdot u) u+x_{0}$ is exactly the affine hyperplane $\left\{x \in \mathbb{R}^{d} \mid x \cdot u=x_{0} \cdot u\right\}$. Thus the first alternative is true if and only if there is $u \in S^{d-1}, x_{0} \in \mathbb{R}^{d}$ such that $F(u, k), k=\left[x_{0}\right]$, is constant. On the other hand, then also $g_{v}(t)=F(u, k)(t v)=\omega\left(t Q_{u} v+x_{0}\right)$ is constant for any $v \in S^{d-1}$, and thus $0=g_{v}^{(n)}(0)=\left(Q_{u} v \cdot \nabla\right)^{n} \omega(k)$ for all $n \geqslant 2$. This proves that the second alternative is false when the first is true.

Suppose that the first alternative is false and let $K=S^{d-1} \times \mathbb{T}^{d}$. Then $F(u, k)$ is never a constant function. Thus by Lemma 6.5,

$$
\begin{equation*}
F(K) \subset \bigcup_{n, v, \varepsilon} U_{n, v, \varepsilon}, \tag{6.12}
\end{equation*}
$$

where $U_{n, v, \varepsilon}$ is defined by (6.4), and the union is taken over all $n \in \mathbb{N}$, with $n \geqslant 2$, and $v \in S^{d-1}, \varepsilon>0$. Since $K$ is compact and, by Proposition 6.4, $F$ is continuous, $F(K)$ is compact. Using Lemma 6.2, we can thus conclude that $U_{n, v, \varepsilon}$ form an open cover of the compact set $F(K)$, and thus there is a finite sequence $\left(n_{i}, v_{i}, \varepsilon_{i}\right)$ such that $\left(U_{n_{i}, v_{i}, \varepsilon_{i}}\right)$ cover the whole image of $F$. Let

$$
\begin{equation*}
\varepsilon_{0}=\min _{i} \varepsilon_{i}>0 \quad \text { and } \quad n_{0}=\max _{i} n_{i} \geqslant 2 . \tag{6.13}
\end{equation*}
$$

Let $u \in S^{d-1}, x_{0} \in \mathbb{R}^{d}$ be arbitrary, and let $k=\left[x_{0}\right]$. There is an index $i$ such that $f=F(u, k) \in U_{n, v^{\prime}, \varepsilon_{i}}$, with $v^{\prime}=v_{i} \in$ $S^{d-1}$ and $n=n_{i}$. Then $2 \leqslant n \leqslant n_{0}$, and $\left|\left(v^{\prime} \cdot \nabla\right)^{n} f(0)\right|>n!\varepsilon_{i} \geqslant n!\varepsilon_{0}$. Since $\left(v^{\prime} \cdot \nabla\right)^{n} f(x)=\left(Q_{u} v^{\prime} \cdot \nabla\right)^{n} \omega \mid Q_{u} x+x_{0}$, we have also $\left|(v \cdot \nabla)^{n} \omega\left(x_{0}\right)\right|>n!\varepsilon_{0}$ with $v=Q_{u} v^{\prime} /\left|Q_{u} v^{\prime}\right|$ (note that obviously $\left|Q_{u} v^{\prime}\right| \neq 0$ ). As $v \cdot u=0$, the pair $n, v$ has the properties required by the second alternative.

### 6.2. Crossing estimate

Let us assume that $\omega$ is not a constant on any affine hyperplane. Then we can find constants $n_{0} \geqslant 2$ and $0<\varepsilon_{0} \leqslant \frac{1}{2}$, for which the second alternative in Theorem 6.1 holds. As in Proposition 4.11, let $M_{n}=\|\omega\|_{n}^{\prime}, a_{0}=\max \left(1,8 M_{2}\right)$, and define:

$$
\begin{equation*}
\mu=\frac{1}{1+2^{n_{0}+3}+M_{n_{0}+1} 2^{4 n_{0}+1}}, \tag{6.14}
\end{equation*}
$$

when $0<\mu \leqslant \frac{1}{33}$, and $\mu$ satisfies the conditions of the proposition for any $2 \leqslant N \leqslant n_{0}$. We also define for any given $0<r \leqslant 1$ and $2 \leqslant N \leqslant n_{0}$,

$$
\begin{equation*}
\varepsilon(r, N)=\varepsilon_{0}(r \mu)^{n_{0}-N} \leqslant \varepsilon_{0} \leqslant \frac{1}{2} . \tag{6.15}
\end{equation*}
$$

Consider arbitrary given $k_{0} \in \mathbb{T}^{d}, \alpha \in \mathbb{R}^{3}$, and $0<\beta \leqslant 1$. We need to estimate:

$$
\begin{equation*}
I=I_{3 \operatorname{cr}}\left(\alpha, k_{0}, \beta\right)=\int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{3} \frac{1}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \tag{6.16}
\end{equation*}
$$

where $k_{3}=k_{3}\left(k_{1}, k_{2}\right)=k_{1}-k_{2}+k_{0}$. By using a layer cake representation,

$$
\begin{align*}
I= & \int_{0}^{M_{1}} \mathrm{~d} s \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{3} \frac{1}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(k_{j}\right)\right| \geqslant s\right)}{\min _{j}\left|\nabla \omega\left(k_{j}\right)\right|} \\
\leqslant & 3 \int_{0}^{\beta^{\gamma}} \frac{\mathrm{d} s}{\beta} \int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k^{\prime}}{\left|\alpha-\omega\left(k^{\prime}\right)+\mathrm{i} \beta\right|} \int_{\mathbb{T}^{d}} \frac{\mathrm{~d} k}{|\nabla \omega(k)|} \frac{1}{|\alpha-\omega(k)+\mathrm{i} \beta|} \\
& +\int_{\beta^{\gamma}}^{M_{1}} \mathrm{~d} s \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{3} \frac{1}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(k_{j}\right)\right| \geqslant s\right)}{\min _{j}\left|\nabla \omega\left(k_{j}\right)\right|}, \tag{6.17}
\end{align*}
$$

where, to get the first term, we have used $\frac{1}{\min _{j}\left|\nabla \omega\left(k_{j}\right)\right|} \leqslant \sum_{j} \frac{1}{\left|\nabla \omega\left(k_{j}\right)\right|}$ and then estimated one of the factors trivially, followed by a change of variables. Using Theorem 2.2, the first term is bounded by:

$$
\begin{equation*}
3 C_{0} C_{1}\langle\ln \beta\rangle^{p_{0}+3} \beta^{-(1-\gamma)} \tag{6.18}
\end{equation*}
$$

and so it is "harmless" for any $\gamma>0$.
To estimate the second term, let us define for any $s>0$,

$$
\begin{equation*}
r_{0}(s)=\min \left(1, \frac{s}{2}\right), \quad \lambda(s)=\frac{1}{4} \min \left(\frac{1}{2}, \frac{\varepsilon_{0}}{a_{0}}\left(r_{0}(s) \mu\right)^{n_{0}}\right) \quad \text { and } \quad \delta(s)=\lambda(s) \tag{6.19}
\end{equation*}
$$

By employing the cut-off function $G$ introduced in Section 5 inside the $k$ integrals,

$$
\begin{align*}
I_{2} & =\int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{3} \frac{1}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(k_{j}\right)\right| \geqslant s\right)}{\min _{j}\left|\nabla \omega\left(k_{j}\right)\right|} \\
& =\int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} x_{1} \mathrm{~d} x_{2} \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{2} \frac{G\left(x_{j}-k_{j}, \lambda(s)\right)}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(k_{3}\right)+\mathrm{i} \beta\right|} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(k_{j}\right)\right| \geqslant s\right)}{\min _{j}\left|\nabla \omega\left(k_{j}\right)\right|} . \tag{6.20}
\end{align*}
$$

Let $x_{3}=x_{1}-x_{2}+k_{0}$, when inside the integral, for $j=1,2,3$,

$$
\begin{equation*}
\left|\left|\nabla \omega\left(k_{j}\right)\right|-\left|\nabla \omega\left(x_{j}\right)\right|\right| \leqslant\left|k_{j}-x_{j}\right| M_{2} \leqslant 2 \lambda M_{2} \leqslant \frac{s}{2} \leqslant \frac{\left|\nabla \omega\left(k_{j}\right)\right|}{2}, \tag{6.21}
\end{equation*}
$$

since $\left|k_{j}-x_{j}\right| \leqslant \lambda<2 \lambda$ for $j=1,2$, and $\left|k_{3}-x_{3}\right| \leqslant 2 \lambda$. Therefore, we have: $\left|\nabla \omega\left(x_{j}\right)\right| \geqslant \frac{1}{2}\left|\nabla \omega\left(k_{j}\right)\right| \geqslant \frac{s}{2}$ and $2\left|\nabla \omega\left(k_{j}\right)\right| \geqslant\left|\nabla \omega\left(x_{j}\right)\right|$, for all $j$, and thus

$$
\begin{equation*}
I_{2} \leqslant 2 \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} x_{1} \mathrm{~d} x_{2} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(x_{j}\right)\right| \geqslant \frac{1}{2} s\right)}{\min _{j}\left|\nabla \omega\left(x_{j}\right)\right|} \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{2} \frac{G\left(x_{j}-k_{j}, \lambda\right)}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(k_{3}\right)+\mathrm{i} \beta\right|} . \tag{6.22}
\end{equation*}
$$

In particular, now inside the $x$ integrals $r_{0}(s) \leqslant \min \left(1,\left|\nabla \omega\left(x_{j}\right)\right|\right)$, for all $j=1,2,3$, and, since $\lambda(s) \leqslant r_{0}(s) / a_{0}$, we can apply the results of Proposition 4.11 around any of the points $x_{j}$.

We next need to estimate, for given $\alpha \in \mathbb{R}^{3}$ and $x_{j} \in \mathbb{T}^{d}$ the integral,

$$
\begin{equation*}
J=\int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1} \mathrm{~d} k_{2} \prod_{j=1}^{2} \frac{G\left(x_{j}-k_{j}, \lambda\right)}{\left|\alpha_{j}-\omega\left(k_{j}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(k_{3}\right)+\mathrm{i} \beta\right|}, \tag{6.23}
\end{equation*}
$$

assuming $\min _{j}\left|\nabla \omega\left(x_{j}\right)\right| \geqslant s / 2 \geqslant \beta^{\gamma} / 2>0$. Since then $\nabla \omega\left(x_{j}\right) \neq 0$, we can define for all $j=1,2,3$,

$$
\begin{equation*}
u_{j}=\frac{\nabla \omega\left(x_{j}\right)}{\left|\nabla \omega\left(x_{j}\right)\right|} \in S^{d-1} . \tag{6.24}
\end{equation*}
$$

We apply different estimates depending on whether all $u_{j}$ are almost parallel or not. A sufficient degree of separation turns out to be determined by the parameter $\delta$ defined in (6.19), for which in particular $0<\delta \leqslant \frac{1}{2}$. The first of the estimates is applied, if

$$
\begin{equation*}
\left|u_{1} \cdot u_{3}\right| \leqslant \sqrt{1-\delta^{2}} \quad \text { or } \quad\left|u_{2} \cdot u_{3}\right| \leqslant \sqrt{1-\delta^{2}} \tag{6.25}
\end{equation*}
$$

and otherwise the second estimate is used.
In Section 6.2 .1 we shall prove that in the first case there is a constant $C_{1}^{\prime}$, depending only on $\omega$, such that

$$
\begin{equation*}
J \leqslant \frac{\langle\ln \beta\rangle^{3}}{\delta(s) \lambda(s)^{3}} \frac{C_{1}^{\prime}}{\prod_{j=1}^{3}\left|\nabla \omega\left(x_{j}\right)\right|} \tag{6.26}
\end{equation*}
$$

The other, more involved estimate, is done in Section 6.2.2. There we prove that, if we choose

$$
\begin{equation*}
\gamma=\frac{1}{3 n_{0}\left(n_{0}+1\right)}, \tag{6.27}
\end{equation*}
$$

then in the second case there are constants $C_{2}^{\prime}$ and $\beta_{0}$, depending only on $\omega$, such that for all $0<\beta \leqslant \beta_{0}$,

$$
\begin{equation*}
J \leqslant \frac{\langle\ln \beta\rangle^{2}}{\lambda(s)^{3}} \beta^{1 /\left(n_{0}+1\right)-1} \frac{C_{2}^{\prime}}{\prod_{j=1}^{3}\left|\nabla \omega\left(x_{j}\right)\right|} \tag{6.28}
\end{equation*}
$$

After applying either one of the inequalities, the remaining integral over $x_{j}$ can be estimated using the Young inequality,

$$
\begin{align*}
& \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} x_{1} \mathrm{~d} x_{2} \frac{\mathbb{1}\left(\min _{j}\left|\nabla \omega\left(x_{j}\right)\right| \geqslant \frac{1}{2} s\right)}{\min _{j}\left|\nabla \omega\left(x_{j}\right)\right|} \frac{1}{\prod_{j=1}^{3}\left|\nabla \omega\left(x_{j}\right)\right|} \\
& \leqslant \sum_{j=1}^{3} \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} x_{1} \mathrm{~d} x_{2} \frac{\mathbb{1}\left(\left|\nabla \omega\left(x_{j}\right)\right| \geqslant \frac{1}{2} s\right)}{\left|\nabla \omega\left(x_{j}\right)\right|^{2}} \prod_{j^{\prime}=1 ; j^{\prime} \neq j}^{3} \frac{1}{\left|\nabla \omega\left(x_{j^{\prime}}\right)\right|} \\
& \leqslant 3\left(\int_{\mathbb{T}^{d}} \mathrm{~d} x \frac{\mathbb{1}\left(|\nabla \omega(x)| \geqslant \frac{1}{2} s\right)}{|\nabla \omega(x)|^{3}}\right)^{2 / 3}\left(\int_{\mathbb{T}^{d}} \mathrm{~d} x \frac{1}{|\nabla \omega(x)|^{3 / 2}}\right)^{4 / 3} . \tag{6.29}
\end{align*}
$$

Thus by Lemma 4.1 and Assumption 2.1, there is a constant $C^{\prime}$ such that for all sufficiently small $\beta$

$$
\begin{equation*}
I_{2}(s) \leqslant C^{\prime}\langle\ln \beta\rangle^{2 p_{0} / 3+3}\left(\lambda(s)^{-4}+\lambda(s)^{-3} \beta^{1 /\left(n_{0}+1\right)-1}\right) \tag{6.30}
\end{equation*}
$$

If $s \geqslant 2$, then $r_{0}=1$ and $\lambda(s)$ is equal to a non-zero constant, implying that the bound in (6.30) is independent of $s$, and the integral over $2 \leqslant s \leqslant M_{1}$ is thus easily estimated. If $0<s \leqslant 2$, we have $r_{0}=s / 2$, and thus for these $s$,

$$
\begin{equation*}
\lambda(s)=\frac{\varepsilon_{0}}{4 a_{0}}(\mu s / 2)^{n_{0}} \geqslant 2^{-2-n_{0}} \varepsilon_{0} \mu^{n_{0}} s^{n_{0}} . \tag{6.31}
\end{equation*}
$$

Therefore, there is $C^{\prime \prime}$ such that

$$
\begin{equation*}
\int_{\beta^{\gamma}}^{2} \mathrm{~d} s I_{2}(s) \leqslant C^{\prime \prime}\langle\ln \beta\rangle^{2 p_{0} / 3+3}\left(\beta^{-\gamma\left(4 n_{0}-1\right)}+\beta^{-\gamma\left(3 n_{0}-1\right)+1 /\left(n_{0}+1\right)-1}\right), \tag{6.32}
\end{equation*}
$$

where, by our choice of $\gamma$,

$$
\begin{equation*}
1-\gamma\left(4 n_{0}-1\right)=\gamma\left(3 n_{0}^{2}-n_{0}+1\right) \geqslant \gamma \quad \text { and } \quad-\gamma\left(3 n_{0}-1\right)+\frac{1}{n_{0}+1}=\gamma \tag{6.33}
\end{equation*}
$$

Collecting all the results together, we have now proven that there are constants $\beta_{0}$ and $C$, depending only on $\omega$, such that for all $0<\beta \leqslant \beta_{0}, \alpha \in \mathbb{R}$, and $k_{0} \in \mathbb{T}^{d}$,

$$
\begin{equation*}
I_{3 \operatorname{cr}}\left(\alpha, k_{0}, \beta\right) \leqslant C\langle\ln \beta\rangle^{p_{0}+3} \beta^{\gamma-1} . \tag{6.34}
\end{equation*}
$$

For $\beta \geqslant \beta_{0}$, we can trivially estimate $I_{3 \mathrm{cr}}\left(\alpha, k_{0}, \beta\right) \leqslant \beta_{0}^{-3}$, which allows us to conclude that the dispersion relation suppresses crossings with a power of (at least) $\gamma$. Therefore, we only need to derive the estimates (6.26) and (6.28) to complete the proof of Theorem 2.3.

We proved the result for $\gamma$ defined in (6.27). This value is not optimal, as shown by the one example for which the power has previously been estimated, that is, for the nearest neighbour interaction in $d=3$. The corresponding dispersion relation is a Morse function, but there are points at which its Hessian vanishes. Thus we need to take at least $n_{0}=3$ above, which would yield $\gamma \leqslant \frac{1}{36}$. However, in [7] it has been proven that a power $\gamma=\frac{1}{4}$ can be allowed for this case.

### 6.2.1. Non-parallel gradients

We assume in this subsection that (6.25) holds, meaning that $u_{3}$ is not nearly parallel to one of the vectors $u_{1}$ or $u_{2}$, say to the vector $u_{1}$. This will allow us to estimate the $k_{3}$-factor in the crossing integral by integrating it out in the direction determined by the projection of $u_{3}$ orthogonal to the level set of $\omega$ at $k_{1}$. As we will show next, this yields the estimate given in (6.26).

Let us consider the integral defining $J$ in (6.23). We change the integration variables in the following manner: if $\left|u_{1} \cdot u_{3}\right| \leqslant \sqrt{1-\delta^{2}}$, we define $k_{1}^{\prime}=k_{1}-x_{1}$ and $k_{2}^{\prime}=k_{2}-x_{2}$, when $k_{3}=k_{1}^{\prime}-k_{2}^{\prime}+x_{3}$. Otherwise, $\left|u_{2} \cdot u_{3}\right| \leqslant \sqrt{1-\delta^{2}}$, and we define $k_{1}^{\prime}=k_{2}-x_{2}$ and $k_{2}^{\prime}=k_{1}-x_{1}$, when $k_{3}=-\left(k_{1}^{\prime}-k_{2}^{\prime}\right)+x_{3}$. It is thus enough derive the bound assuming $\left|u_{1} \cdot u_{3}\right| \leqslant \sqrt{1-\delta^{2}}$, if we allow slightly more general dependence of $k_{3}$ on the integration variables, namely if we assume $k_{3}=x_{3}+\sigma\left(k_{1}^{\prime}-k_{2}^{\prime}\right)$, with $\sigma= \pm 1$ (swapping the indices $1 \leftrightarrow 2$ in the result then produces the corresponding bound for the second case).

As mentioned in Section 6.2, $\lambda$ is small enough that we can apply Lemma 4.9 and obtain two diffeomorphisms $\psi_{1}$ and $\psi_{2}$ such that Corollary 4.10 holds. This shows that

$$
\begin{align*}
J \leqslant & 2^{2} \int_{|y|<2 \lambda} \mathrm{~d} y \int_{\left|y^{\prime}\right|<2 \lambda} \mathrm{~d} y^{\prime} \frac{N_{d}^{2}}{\lambda^{2 d}} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| y_{1}+\mathrm{i} \beta\right|} \\
& \times \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| y_{1}^{\prime}+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(x_{3}+\gamma\left(y^{\prime}, y\right)\right)+\mathrm{i} \beta\right|}, \tag{6.35}
\end{align*}
$$

where

$$
\begin{equation*}
\gamma\left(y^{\prime}, y\right)=\sigma\left(\psi_{1}(y)-x_{1}-\left(\psi_{2}\left(y^{\prime}\right)-x_{2}\right)\right) \tag{6.36}
\end{equation*}
$$

By Lemma 4.9, always

$$
\begin{equation*}
\left|\gamma\left(y^{\prime}, y\right)\right| \leqslant\left|\psi_{1}(y)-x_{1}\right|+\left|\psi_{2}\left(y^{\prime}\right)-x_{2}\right|<8 \lambda \tag{6.37}
\end{equation*}
$$

Let us denote $A=D \psi_{1}(0)$, which is a rotation in $\mathbb{R}^{d}$ with $A^{T} u_{1}=e_{1}$. Let $v=Q_{u_{1}} u_{3}$ and $v^{\prime}=A^{T} v$. By assumption, then

$$
\begin{equation*}
|v|^{2}=1-\left(u_{1} \cdot u_{3}\right)^{2}>\delta^{2} \tag{6.38}
\end{equation*}
$$

implying that $\left|v^{\prime}\right|=|v|>\delta>0$. Also, $v_{1}^{\prime}=0$ since $v \cdot u_{1}=0$. Thus there is a rotation $O$ of $\mathbb{R}^{d}$ for which $O e_{1}=e_{1}$ and $O v^{\prime}=\left|v^{\prime}\right| e_{2}$. We change the integration variable $y$ to $z=O y$, yielding:

$$
\begin{align*}
J \leqslant & \frac{2^{2} N_{d}^{2}}{\lambda^{2 d}} \int_{|z|<2 \lambda} \mathrm{~d} z \int_{\left|y^{\prime}\right|<2 \lambda} \mathrm{~d} y^{\prime} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| z_{1}+\mathrm{i} \beta\right|} \\
& \times \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| y_{1}^{\prime}+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(x_{3}+\gamma\left(y^{\prime}, O^{T} z\right)\right)+\mathrm{i} \beta\right|} \\
\leqslant & \frac{2^{2} N_{d}^{2}}{\lambda^{2 d}} \frac{(2 \lambda)^{2 d-3}}{N_{d-2} N_{d-1}} \int_{\left|z_{1}\right|<2 \lambda} \mathrm{~d} z_{1} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| z_{1}+\mathrm{i} \beta\right|} \int_{\left|y_{1}^{\prime}\right|<2 \lambda} \mathrm{~d} y_{1}^{\prime} \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| y_{1}^{\prime}+\mathrm{i} \beta\right|} \\
& \times \sup _{\substack{|z|,\left|y^{\prime}\right|<2 \lambda \\
z_{2}=0}}^{t^{2}<(2 \lambda)^{2}-z^{2}} \tag{6.39}
\end{align*}
$$

Let us first estimate the final term, of the form

$$
\begin{equation*}
\int_{|t|<R} \mathrm{~d} t \frac{1}{\left|\alpha_{3}-f(t)+\mathrm{i} \beta\right|} \tag{6.40}
\end{equation*}
$$

where

$$
\begin{equation*}
f(t)=\omega\left(x_{3}+\Gamma(t)\right), \quad \text { with } \Gamma(t)=\gamma\left(y^{\prime}, O^{T} z+t O^{T} e_{2}\right) \tag{6.41}
\end{equation*}
$$

Clearly, $|f| \leqslant M_{0}<\infty$, and we shall later show that

$$
\begin{equation*}
\left|f^{\prime}(t)\right| \geqslant \frac{1}{4}\left|\nabla \omega\left(x_{3}\right)\right| \delta>0 \tag{6.42}
\end{equation*}
$$

This allows applying Lemma 4.7, and proves that

$$
\begin{equation*}
\int_{|t|<R} \mathrm{~d} t \frac{1}{\left|\alpha_{3}-f(t)+\mathrm{i} \beta\right|} \leqslant \frac{4 \cdot 6\left\langle\ln \left\langle M_{0}\right\rangle\right\rangle}{\left|\nabla \omega\left(x_{3}\right)\right| \delta}\langle\ln \beta\rangle . \tag{6.43}
\end{equation*}
$$

Therefore, applying Proposition 4.6 to (6.39), yields the bound,

$$
\begin{equation*}
J \leqslant \frac{2^{2 d+1} N_{d}^{2}}{N_{d-2} N_{d-1}} \frac{6^{3}\langle\ln \beta\rangle^{3}}{\delta \lambda^{3}} \frac{\left\langle\ln \left\langle M_{0}\right\rangle\right\rangle\left\langle\ln \left\langle M_{1}\right\rangle\right\rangle^{2}}{\prod_{j=1}^{3}\left|\nabla \omega\left(x_{j}\right)\right|} . \tag{6.44}
\end{equation*}
$$

Collecting all the constants into $C_{1}^{\prime}$ proves that (6.26) is valid in this case.
We still need to prove (6.42). From the definition of $f$,

$$
\begin{equation*}
f^{\prime}(t)=\Gamma^{\prime}(t) \cdot \nabla \omega\left(x_{3}+\Gamma(t)\right) . \tag{6.45}
\end{equation*}
$$

Since $O^{T} e_{2}=v^{\prime} /\left|v^{\prime}\right|=A^{T} v /|v|$,

$$
\begin{equation*}
\Gamma(t)=\sigma\left(\psi_{1}\left(O^{T} z+t A^{T} v /|v|\right)-x_{1}\right)-\sigma\left(\psi_{2}\left(y^{\prime}\right)-x_{2}\right), \tag{6.46}
\end{equation*}
$$

which, together with (4.35), implies:

$$
\begin{equation*}
\Gamma^{\prime}(t)=\left.\frac{\sigma}{|v|} D \psi_{1}\right|_{O^{T} z+t v^{\prime} /|v|} A^{T} v=\frac{\sigma}{|v|}\left(v-\frac{\nabla \omega(x) \cdot v}{\nabla \omega(x) \cdot u_{1}} u_{1}\right), \tag{6.47}
\end{equation*}
$$

where $x=x(t)=\psi\left(O^{T} z+t A^{T} v /|v|\right)$, and $\left|\nabla \omega(x)-\nabla \omega\left(x_{1}\right)\right| \leqslant \frac{1}{2}\left|\nabla \omega\left(x_{1}\right)\right|$. Therefore,

$$
\begin{equation*}
f^{\prime}(t)=\frac{\sigma}{|v|}\left(v \cdot \nabla \omega\left(x_{3}\right)+v \cdot\left[\nabla \omega\left(x_{3}+\Gamma(t)\right)-\nabla \omega\left(x_{3}\right)\right]-\frac{\nabla \omega(x) \cdot v}{\nabla \omega(x) \cdot u_{1}} u_{1} \cdot \nabla \omega\left(x_{3}+\Gamma(t)\right)\right) . \tag{6.48}
\end{equation*}
$$

Here $v \cdot \nabla \omega\left(x_{3}\right)=\left|\nabla \omega\left(x_{3}\right)\right| v \cdot u_{3}$, and $v \cdot u_{3}=1-\left(u_{1} \cdot u_{3}\right)^{2}=v^{2}$. Thus

$$
\begin{equation*}
\left|f^{\prime}(t)\right| \geqslant\left|\nabla \omega\left(x_{3}\right)\right||v|-\left(\left|\nabla \omega\left(x_{3}+\Gamma(t)\right)-\nabla \omega\left(x_{3}\right)\right|+\frac{|\nabla \omega(x) \cdot v|}{|v|\left|\nabla \omega(x) \cdot u_{1}\right|}\left|u_{1} \cdot \nabla \omega\left(x_{3}+\Gamma(t)\right)\right|\right) . \tag{6.49}
\end{equation*}
$$

By (6.37), $|\Gamma(t)|<8 \lambda$, and thus

$$
\begin{equation*}
\left|\nabla \omega\left(x_{3}+\Gamma(t)\right)-\nabla \omega\left(x_{3}\right)\right| \leqslant M_{2}|\Gamma(t)|<8 M_{2} \lambda=\lambda^{\prime} . \tag{6.50}
\end{equation*}
$$

In addition,

$$
\begin{equation*}
u_{1} \cdot \nabla \omega\left(x_{3}+\Gamma(t)\right)=\left|\nabla \omega\left(x_{3}\right)\right| u_{1} \cdot u_{3}+u_{1} \cdot\left[\nabla \omega\left(x_{3}+\Gamma(t)\right)-\nabla \omega\left(x_{3}\right)\right], \tag{6.51}
\end{equation*}
$$

yielding $\left|u_{1} \cdot \nabla \omega\left(x_{3}+\Gamma(t)\right)\right| \leqslant\left|\nabla \omega\left(x_{3}\right)\right|+\lambda^{\prime}$. As $u_{1} \cdot v=0$, now $\nabla \omega(x) \cdot v=\left[\nabla \omega(x)-\nabla \omega\left(x_{1}\right)\right] \cdot v$, and so

$$
\begin{equation*}
|\nabla \omega(x) \cdot v| \leqslant|v|\left|x-x_{1}\right| M_{2}<|v| \frac{1}{2} \lambda^{\prime} . \tag{6.52}
\end{equation*}
$$

Similarly, $\left|\nabla \omega(x) \cdot u_{1}\right| \geqslant\left|\nabla \omega\left(x_{1}\right)\right|-\frac{1}{2} \lambda^{\prime}$. Since $\lambda^{\prime}=8 M_{2} \lambda \leqslant \frac{\delta s}{8} \leqslant \frac{\delta}{4}\left|\nabla \omega\left(x_{j}\right)\right|$, we can conclude that

$$
\begin{equation*}
\frac{|\nabla \omega(x) \cdot v|}{|v|\left|\nabla \omega(x) \cdot u_{1}\right|} \leqslant \frac{\lambda^{\prime}}{\left|\nabla \omega\left(x_{1}\right)\right|} \leqslant \frac{\delta}{4} . \tag{6.53}
\end{equation*}
$$

Therefore,

$$
\begin{align*}
\left|f^{\prime}(t)\right| & \geqslant\left|\nabla \omega\left(x_{3}\right)\right||v|-\frac{\delta}{4}\left|\nabla \omega\left(x_{3}\right)\right|-\frac{\delta}{4}\left|\nabla \omega\left(x_{3}\right)\right|\left(1+\frac{\delta}{4}\right) \\
& \geqslant\left|\nabla \omega\left(x_{3}\right)\right|\left(|v|-\frac{3}{4} \delta\right) \geqslant\left|\nabla \omega\left(x_{3}\right)\right| \frac{1}{4} \delta>0, \tag{6.54}
\end{align*}
$$

and we have arrived at the estimate (6.42).

### 6.2.2. Nearly parallel gradients

We assume here that (6.25) is not true, i.e., that all three of the vectors $u_{j}$ are nearly parallel to each other. In this case, we cannot integrate the $k_{3}$-term in the direction of its gradient. Instead, we will show that there is a direction essentially orthogonal to the gradient in which the $k_{3}$-resolvent can be integrated leading to some degree of additional decay. The additional decay will be induced by the higher order curvature of the level sets. However, we need to choose the point $k_{j}$ and the direction of integration carefully, in order to make sure that the known curvature is the dominant effect. In particular, we cannot any more consider the two $d$-dimensional integrals independently, but we have to choose the direction in the full $2 d$-dimensional space. Since we need to inspect higher order curvature effects, we will need the full machinery of the technical lemmas here.

By assumption, $\left|u_{j} \cdot u_{3}\right|>\sqrt{1-\delta^{2}}$ for both $j=1,2$. For any $u, v \in S^{d-1}$, by direct computation

$$
\begin{equation*}
\left|Q_{u} v\right|=\sqrt{1-(u \cdot v)^{2}} . \tag{6.55}
\end{equation*}
$$

Since

$$
\begin{equation*}
u_{1} \cdot u_{2}=\left(\left(u_{1} \cdot u_{3}\right) u_{3}+Q_{u_{3}} u_{1}\right) \cdot u_{2}=\left(u_{1} \cdot u_{3}\right)\left(u_{2} \cdot u_{3}\right)+\left(Q_{u_{3}} u_{1}\right) \cdot\left(Q_{u_{3}} u_{2}\right), \tag{6.56}
\end{equation*}
$$

and $\left|Q_{u_{3}} u_{j}\right|=\sqrt{1-\left(u_{3} \cdot u_{j}\right)^{2}}<\delta$, we have:

$$
\begin{equation*}
\left|u_{1} \cdot u_{2}\right| \geqslant\left|u_{1} \cdot u_{3}\right|\left|u_{2} \cdot u_{3}\right|-\left|Q_{u_{3}} u_{1}\right|\left|Q_{u_{3}} u_{2}\right|>1-2 \delta^{2} . \tag{6.57}
\end{equation*}
$$

As $\sqrt{1-x} \geqslant 1-2 x$ for all $0 \leqslant x \leqslant \frac{1}{4}$, we can conclude that for all $j, j^{\prime} \in\{1,2,3\}$,

$$
\begin{equation*}
\left|u_{j} \cdot u_{j^{\prime}}\right|>1-2 \delta^{2} \geqslant \frac{1}{2} \tag{6.58}
\end{equation*}
$$

Since $\omega$ is not a constant on any affine hyperplane, the second alternative of Theorem 6.1 is valid, and we can thus find $v_{3} \in S^{d-1}$ such that $v_{3} \cdot u_{3}=0$ and for some $2 \leqslant \bar{n} \leqslant n_{0}$,

$$
\begin{equation*}
\frac{1}{\bar{n}!}\left|\left(v_{3} \cdot \nabla\right)^{\bar{n}} \omega\left(x_{3}\right)\right|>\varepsilon_{0} \geqslant \varepsilon\left(r_{0}(s), \bar{n}\right) . \tag{6.59}
\end{equation*}
$$

Let $\bar{v}_{j}=Q_{u_{j}} v_{3}$ for $j=1,2$. Since

$$
\begin{equation*}
\left|u_{j} \cdot v_{3}\right|=\left|Q_{u_{3}} u_{j} \cdot v_{3}\right| \leqslant\left|Q_{u_{3}} u_{j}\right|=\sqrt{1-\left(u_{j} \cdot u_{3}\right)^{2}}<\delta, \tag{6.60}
\end{equation*}
$$

then $\left|\bar{v}_{j}\right|=\sqrt{1-\left(u_{j} \cdot v_{3}\right)^{2}}>\sqrt{1-\delta^{2}}>0$. Therefore, we can define further $v_{j}=\bar{v}_{j} /\left|\bar{v}_{j}\right| \in S^{d-1}$, when $v_{j} \cdot v_{3}=$ $\left|\bar{v}_{j}\right|>\sqrt{1-\delta^{2}}$. This implies, by the same argument as for $u_{j}$, that for all $j, j^{\prime} \in\{1,2,3\}, v_{j} \cdot v_{j^{\prime}}>1-2 \delta^{2}$, and thus also:

$$
\begin{equation*}
\left|v_{j}-v_{j^{\prime}}\right|=\sqrt{2\left(1-v_{j} \cdot v_{j^{\prime}}\right)}<2 \delta \tag{6.61}
\end{equation*}
$$

We have now constructed unit vectors $v_{j}, j=1,2,3$, such that $u_{j} \cdot v_{j}=0$. For each $j$ let us associate an integer $n_{j}$ the smallest of integers $n \geqslant 2$ for which

$$
\begin{equation*}
\frac{1}{n!}\left|\left(v_{j} \cdot \nabla\right)^{n} \omega\left(x_{j}\right)\right|>\varepsilon\left(r_{0}(s), n\right), \tag{6.62}
\end{equation*}
$$

if no such integer exists, let $n_{j}=\infty$. Let $j_{0}$ be an index which has the smallest $n_{j}$, and denote $N=n_{j_{0}}$. Since $n_{3} \leqslant \bar{n} \leqslant n_{0}$, then $2 \leqslant N \leqslant n_{0}<\infty$. Let $\varepsilon=2 \varepsilon\left(r_{0}, N\right)=2 \varepsilon_{0}\left(r_{0} \mu\right)^{n_{0}-N} \leqslant 1$. For any $2 \leqslant n<N$ and $j=1,2,3$, we have by construction:

$$
\begin{equation*}
\frac{1}{n!}\left|\left(v_{j} \cdot \nabla\right)^{n} \omega\left(x_{j}\right)\right| \leqslant \varepsilon\left(r_{0}, n\right)=\frac{1}{2} \varepsilon\left(r_{0} \mu\right)^{N-n}, \tag{6.63}
\end{equation*}
$$

and $\frac{1}{N!}\left|\left(v_{j_{0}} \cdot \nabla\right)^{N} \omega\left(x_{j_{0}}\right)\right|>\frac{1}{2} \varepsilon$.
Let $\pi$ be the unique cyclic permutation of the indices $(1,2,3)$ for which $\pi(3)=j_{0}$, and let us define $k_{j}^{\prime}=k_{\pi(j)}$, and permute $\alpha, x, u$ and $n$ similarly to yield $\alpha^{\prime}, x^{\prime}, u^{\prime}$ and $n^{\prime}$. We change the integration variables from $\left(k_{1}, k_{2}\right)$ to $\left(k_{1}^{\prime}, k_{2}^{\prime}\right)$. This modifies the functional dependence of $k_{3}^{\prime}$ on the integration variables: for $j_{0}=3, k_{3}^{\prime}=k_{1}^{\prime}-k_{2}^{\prime}+k_{0}$, for $j_{0}=2$,
$k_{3}^{\prime}=k_{2}^{\prime}-k_{1}^{\prime}+k_{0}$, and for $j_{0}=1, k_{3}^{\prime}=k_{1}^{\prime}+k_{2}^{\prime}-k_{0}$. (The dependence of $x_{3}^{\prime}$ on $x_{1}^{\prime}, x_{2}^{\prime}$, and $k_{0}$, changes accordingly with $j_{0}$.) On the other hand, since $\left|k_{j}-x_{j}\right|<\lambda$, the new integration region is contained in $\left|k_{1}^{\prime}-x_{1}^{\prime}\right|,\left|k_{2}^{\prime}-x_{2}^{\prime}\right|<2 \lambda$. Suppose we can find a bound for $J^{\prime}=\sup _{\sigma \in\{ \pm 1\}^{3}} J^{\prime}(\sigma)$, where

$$
\begin{equation*}
J^{\prime}(\sigma)=\frac{N_{d}^{2}}{\lambda^{2 d}} \int_{\left(\mathbb{T}^{d}\right)^{2}} \mathrm{~d} k_{1}^{\prime} \mathrm{d} k_{2}^{\prime} \prod_{j=1}^{2} \frac{\mathbb{1}\left(\left|k_{j}^{\prime}-x_{j}^{\prime}\right|<2 \lambda\right)}{\left|\alpha_{j}^{\prime}-\omega\left(k_{j}^{\prime}\right)+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}^{\prime}-\omega\left(k_{3}^{\prime}\right)+\mathrm{i} \beta\right|}, \tag{6.64}
\end{equation*}
$$

assuming $j_{0}=3, k_{3}=\sigma_{1} k_{1}+\sigma_{2} k_{2}+\sigma_{3} k_{0}$, and $x_{3}=\sigma_{1} x_{1}+\sigma_{2} x_{2}+\sigma_{3} k_{0}$. Then a bound for $J$ can be obtained by undoing the permutation of the indices appropriately in the bound for $J^{\prime}$.

Since $2 \lambda \leqslant\left|\nabla \omega\left(x_{j}\right)\right| / a_{0}$, for all $j=1,2,3$, we can apply Lemma 4.9 and Corollary 4.10 to both of the $k$-integrals. We denote the corresponding diffeomorphisms by $\psi_{1}$ and $\psi_{2}$, and obtain the bound:

$$
\begin{align*}
J^{\prime}(\sigma) \leqslant & \frac{2^{2} N_{d}^{2}}{\lambda^{2 d}} \int_{|y|<4 \lambda} \mathrm{~d} y \int_{\left|y^{\prime}\right|<4 \lambda} \mathrm{~d} y^{\prime} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| y_{1}+\mathrm{i} \beta\right|} \\
& \times \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| y_{1}^{\prime}+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(x_{3}+\gamma\left(y^{\prime}, y\right)\right)+\mathrm{i} \beta\right|}, \tag{6.65}
\end{align*}
$$

where

$$
\begin{equation*}
\gamma\left(y^{\prime}, y\right)=\sigma_{1}\left(\psi_{1}(y)-x_{1}\right)+\sigma_{2}\left(\psi_{2}\left(y^{\prime}\right)-x_{2}\right) \tag{6.66}
\end{equation*}
$$

and by Lemma 4.9, always

$$
\begin{equation*}
\left|\psi_{1}(y)-x_{1}\right|,\left|\psi_{2}\left(y^{\prime}\right)-x_{2}\right|<2^{3} \lambda \quad \text { and } \quad\left|\gamma\left(y^{\prime}, y\right)\right|<2^{4} \lambda . \tag{6.67}
\end{equation*}
$$

For $j=1,2$, let us denote the rotation $D \psi_{j}(0)$ by $A_{j}$ and define $\tilde{v}_{j}=A_{j}^{T} v_{j}$. Then $\tilde{v}_{j} \cdot e_{1}=v_{j} \cdot u_{j}=0$, and there is a rotation $O_{j}$ of $\mathbb{R}^{d}$ for which $O_{j} e_{1}=e_{1}$ and $O_{j} \tilde{v}_{j}=e_{2}$. We change variables to $z=O_{1} y$ and $z^{\prime}=O_{2} y^{\prime}$, and evaluate first the $z_{2}$ and $z_{2}^{\prime}$ integrals. This yields:

$$
\begin{align*}
& J^{\prime}(\sigma) \leqslant \frac{2^{2} N_{d}^{2}}{\lambda^{2 d}} \int_{|z|<4 \lambda} \mathrm{~d} z \int_{\left|z^{\prime}\right|<4 \lambda} \mathrm{~d} z^{\prime} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| z_{1}+\mathrm{i} \beta\right|} \\
& \times \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| z_{1}^{\prime}+\mathrm{i} \beta\right|} \frac{1}{\left|\alpha_{3}-\omega\left(x_{3}+\gamma\left(O_{2}^{T} z^{\prime}, O_{1}^{T} z\right)\right)+\mathrm{i} \beta\right|} \\
& \leqslant \frac{2^{2} N_{d}^{2}}{\lambda^{2 d}} \frac{(4 \lambda)^{2(d-2)}}{N_{d-2}^{2}} \int_{\left|z_{1}\right|<4 \lambda} \mathrm{~d} z_{1} \frac{1}{\left|\alpha_{1}-\omega\left(x_{1}\right)-\left|\nabla \omega\left(x_{1}\right)\right| z_{1}+\mathrm{i} \beta\right|} \\
& \times \int_{\left|z_{1}^{\prime}\right|<4 \lambda} \mathrm{~d} z_{1}^{\prime} \frac{1}{\left|\alpha_{2}-\omega\left(x_{2}\right)-\left|\nabla \omega\left(x_{2}\right)\right| z_{1}^{\prime}+\mathrm{i} \beta\right|} \\
& \times \sup _{\substack{|z|,\left|, z^{\prime}\right|<2 \lambda \\
z_{2}, z_{2}^{\prime}=0}} \int_{t_{1}^{2}<(2 \lambda)^{2}-z^{2}} \mathrm{~d} t_{1} \int_{\substack{t_{2}^{2}<(2 \lambda)^{2}-\left(z^{\prime}\right)^{2}}} \mathrm{~d} t_{2} \frac{1}{\left|\alpha_{3}-f\left(t_{1}, t_{2} ; z^{\prime}, z\right)+\mathrm{i} \beta\right|}, \tag{6.68}
\end{align*}
$$

where

$$
\begin{equation*}
f\left(t_{1}, t_{2} ; z^{\prime}, z\right)=\omega\left(x_{3}+\gamma\left(O_{2}^{T}\left(z^{\prime}+t_{2} e_{2}\right), O_{1}^{T}\left(z+t_{1} e_{1}\right)\right)\right)=\omega\left(x_{3}+\gamma\left(\tilde{z}_{2}+t_{2} \tilde{v}_{2}, \tilde{z}_{1}+t_{1} \tilde{v}_{1}\right)\right) \tag{6.69}
\end{equation*}
$$

with $\tilde{z}_{2}=O_{2}^{T} z^{\prime}$ and $\tilde{z}_{1}=O_{1}^{T} z$. Let us denote the final supremum by $J^{\prime \prime}$. Applying Proposition 4.7, we find the bound:

$$
\begin{equation*}
J^{\prime}(\sigma) \leqslant \frac{2^{4 d-6} N_{d}^{2}}{N_{d-2}^{2}} \frac{6^{2}\left\langle\ln \left\langle M_{1}\right\rangle\right\rangle^{2}}{\left|\nabla \omega\left(x_{1}\right)\right|\left|\nabla \omega\left(x_{2}\right)\right|} \frac{\langle\ln \beta\rangle^{2}}{\lambda^{4}} J^{\prime \prime} . \tag{6.70}
\end{equation*}
$$

We still need to estimate $J^{\prime \prime}$. To do this we need to make a diversion and first prove the following lemma:

Lemma 6.6. Let an integer $n \geqslant 2$ and $a, b, c \in \mathbb{R}$ be given and suppose $|c| \geqslant \varepsilon^{\prime}>0$. Then there is $v \in \mathbb{R}$, with $|\nu|,|1-\nu| \leqslant 2$, for which

$$
\begin{equation*}
\left|\nu^{n} a+(1-v)^{n} b+c\right| \geqslant \frac{\varepsilon^{\prime}}{2} \tag{6.71}
\end{equation*}
$$

Proof. Let $f(\nu)=v^{n} a+(1-v)^{n} b+c$, and let us first assume that $a \geqslant|b|$. Then, if $a \leqslant|c|-\varepsilon^{\prime} / 2$, we have $|f(1)| \geqslant|c|-|a| \geqslant \varepsilon^{\prime} / 2$, and choosing $\nu=1$ suffices. Alternatively, if $a>|c|-\varepsilon^{\prime} / 2$, we have $a>\varepsilon^{\prime} / 2$ and thus

$$
\begin{equation*}
f(2) \geqslant 2^{n} a-|b|-|c|>a\left(2^{n}-2\right)-\frac{\varepsilon^{\prime}}{2} \geqslant \frac{\varepsilon^{\prime}}{2}\left(2^{n}-3\right) \geqslant \frac{\varepsilon^{\prime}}{2} . \tag{6.72}
\end{equation*}
$$

Therefore, the estimate holds then for either $v=1$ or $v=2$. If $a \leqslant-|b|$, we have $-a \geqslant|b|$, and after swapping the signs of $a, b, c$, we can apply the above result to conclude that again $|f(v)| \geqslant \varepsilon^{\prime} / 2$ at either $v=1$ or $v=2$. We have then proven the result for $|a| \geqslant|b|$. Finally, if $|a|<|b|$, we apply the above result for $v^{\prime}=1-v$, and conclude that in this case either $|f(0)|$ or $|f(-1)|$ is greater than or equal to $\varepsilon^{\prime} / 2$. Thus the bound is attained at one of the points $v \in\{-1,0,1,2\}$, which implies $|\nu|,|1-\nu| \leqslant 2$.

For both $j=1,2$, let $\tilde{g}_{j, n}=\tilde{g}_{n}\left(x_{j}, v_{j}\right)$ be defined as in item (2) of Lemma 4.12. Then we employ Lemma 6.6 with $n=N$, and

$$
\begin{align*}
a & =-\sigma_{1}^{N+1} \tilde{g}_{1, N} u_{1} \cdot \nabla \omega\left(x_{3}\right), \\
b & =-\sigma_{2}^{N+1} \tilde{g}_{2, N} u_{2} \cdot \nabla \omega\left(x_{3}\right), \\
c & =\frac{1}{N!}\left(v_{3} \cdot \nabla\right)^{N} \omega\left(x_{3}\right) . \tag{6.73}
\end{align*}
$$

As $|c|>\frac{1}{2} \varepsilon$, this yields a $v \in \mathbb{R}$ such that $|\nu|,|1-\nu| \leqslant 2$, and $|\tilde{c}| \geqslant \frac{1}{4} \varepsilon$ with

$$
\begin{equation*}
\tilde{c}=\left(-v^{N} \sigma_{1}^{N+1} \tilde{g}_{1, N} u_{1}-(1-v)^{N} \sigma_{2}^{N+1} \tilde{g}_{2, N} u_{2}\right) \cdot \nabla \omega\left(x_{3}\right)+\frac{1}{N!}\left(v_{3} \cdot \nabla\right)^{N} \omega\left(x_{3}\right) . \tag{6.74}
\end{equation*}
$$

Now $\left|\tilde{z}_{1}\right|=|z|<2 \lambda,\left|\tilde{z}_{2}\right|=\left|z^{\prime}\right|<2 \lambda$, and also $\tilde{z}_{j} \cdot \tilde{v}_{j}=0$, with the $t_{j}$-integration going over values with $\left|t_{j}\right|^{2}<(2 \lambda)^{2}-\left|\tilde{z}_{j}\right|^{2}$. We make the final change of variables $\left(t_{1}, t_{2}\right) \rightarrow\left(t, t^{\prime}\right)$, given by:

$$
\begin{equation*}
t_{1}=\sigma_{1}\left(-t^{\prime}+v t\right) \quad \text { and } \quad t_{2}=\sigma_{2}\left(t^{\prime}+(1-v) t\right) \tag{6.75}
\end{equation*}
$$

where $v$ is the constant found above. The Jacobian of the transformation is always 1 , and it has the inverse:

$$
\begin{equation*}
t=\sigma_{1} t_{1}+\sigma_{2} t_{2} \quad \text { and } \quad t^{\prime}=v \sigma_{2} t_{2}-(1-v) \sigma_{1} t_{1} \tag{6.76}
\end{equation*}
$$

and thus inside the new integration region,

$$
\begin{equation*}
|t| \leqslant\left|t_{1}\right|+\left|t_{2}\right|<2^{3} \lambda \quad \text { and } \quad\left|t^{\prime}\right|<(|\nu|+|1-\nu|) 4 \lambda \leqslant 2^{4} \lambda \tag{6.77}
\end{equation*}
$$

Therefore,

$$
\begin{align*}
\int_{t_{1}^{2}<(2 \lambda)^{2}-z^{2}} \mathrm{~d} t_{1} \int_{t_{2}^{2}<(2 \lambda)^{2}-\left(z^{\prime}\right)^{2}} \mathrm{~d} t_{2} \frac{1}{\left|\alpha_{3}-f\left(t_{1}, t_{2} ; z^{\prime}, z\right)+\mathrm{i} \beta\right|} & \leqslant \int \mathrm{d} t^{\prime} \int_{I\left(t^{\prime}\right)} \mathrm{d} t \frac{2}{\left|\alpha_{3}-F\left(t ; t^{\prime}\right)+\mathrm{i} \beta\right|} \\
& \leqslant 2^{6} \lambda \sup _{t^{\prime}} \int_{I\left(t^{\prime}\right)} \mathrm{d} t \frac{1}{\left|\alpha_{3}-F\left(t ; t^{\prime}\right)+\mathrm{i} \beta\right|}, \tag{6.78}
\end{align*}
$$

where the integration region over $t$, that is $I\left(t^{\prime}\right)$, depends on $t^{\prime}$, but it always is an interval of a length less than $2^{4} \lambda$. The final integral contains the function,

$$
\begin{align*}
F\left(t ; t^{\prime}\right) & =f\left(t_{1}, t_{2} ; z^{\prime}, z\right)=\omega\left(x_{3}+\gamma\left(\tilde{z}_{2}+t_{2} \tilde{v}_{2}, \tilde{z}_{1}+t_{1} \tilde{v}_{1}\right)\right) \\
& =\omega\left(\tilde{x}_{3}+\sigma_{1}\left(\psi_{1}\left(\tilde{y}_{1}+\sigma_{1} v t \tilde{v}_{1}\right)-\psi_{1}\left(\tilde{y}_{1}\right)\right)+\sigma_{2}\left(\psi_{2}\left(\tilde{y}_{2}+\sigma_{2}(1-v) t \tilde{v}_{2}\right)-\psi_{2}\left(\tilde{y}_{2}\right)\right)\right), \tag{6.79}
\end{align*}
$$

where

$$
\begin{equation*}
\tilde{y}_{1}=\tilde{y}_{1}\left(t^{\prime}\right)=\tilde{z}_{1}-t^{\prime} \sigma_{1} \tilde{v}_{1} \quad \text { and } \quad \tilde{y}_{2}=\tilde{z}_{2}+t^{\prime} \sigma_{2} \tilde{v}_{2}, \tag{6.80}
\end{equation*}
$$

and

$$
\begin{equation*}
\tilde{x}_{3}=\tilde{x}_{3}\left(t^{\prime}\right)=x_{3}+\sigma_{1}\left(\psi_{1}\left(\tilde{y}_{1}\right)-x_{1}\right)+\sigma_{2}\left(\psi_{2}\left(\tilde{y}_{2}\right)-x_{2}\right) . \tag{6.81}
\end{equation*}
$$

Let us then define, as in Proposition 4.11,

$$
\begin{equation*}
\gamma_{j}(\tau)=\psi_{j}\left(\tilde{y}_{j}+\tau \tilde{v}_{j}\right) \quad \text { and } \quad \Gamma_{j}(\tau)=\gamma_{j}(\tau)-\tau v_{j}-\psi_{j}\left(\tilde{y}_{j}\right) . \tag{6.82}
\end{equation*}
$$

As $\sigma_{1} v_{1}\left(\sigma_{1} v t\right)+\sigma_{2} v_{2}\left(\sigma_{2}(1-v) t\right)=\left(v v_{1}+(1-v) v_{2}\right) t$, then $F(t)=\omega(\Gamma(t))$ with

$$
\begin{equation*}
\Gamma(t)=\tilde{x}_{3}+t v_{0}+\sigma_{1} \Gamma_{1}\left(\sigma_{1} v t\right)+\sigma_{2} \Gamma_{2}\left(\sigma_{2}(1-v) t\right) . \tag{6.83}
\end{equation*}
$$

Here $v_{0}=\nu v_{1}+(1-\nu) v_{2}$, and it thus satisfies:

$$
\begin{equation*}
\left|v_{0}-v_{3}\right| \leqslant 2\left(\left|v_{1}-v_{3}\right|+\left|v_{2}-v_{3}\right|\right)<4 \delta . \tag{6.84}
\end{equation*}
$$

By Lemma A.1,

$$
\begin{align*}
\frac{1}{N!}\left|\frac{\mathrm{d}^{N}}{\mathrm{~d} t^{N}} F(t)\right| \geqslant & \frac{1}{N!}\left|\Gamma^{(N)}(t) \cdot \nabla \omega(\Gamma(t))+\left(\Gamma^{(1)}(t) \cdot \nabla\right)^{N} \omega(\Gamma(t))\right| \\
& -\sum_{k=2}^{N-1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=N\right) M_{k} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!}\left|\Gamma^{\left(m_{j}\right)}(t)\right|\right] . \tag{6.85}
\end{align*}
$$

Here $\Gamma^{(1)}(t)=v_{0}+\nu \Gamma_{1}^{(1)}\left(\sigma_{1} v t\right)+(1-v) \Gamma_{2}^{(1)}\left(\sigma_{2}(1-v) t\right)$, and, by (6.84) and Proposition 4.11, it satisfies the bound:

$$
\begin{equation*}
\left|\Gamma^{(1)}(t)-v_{3}\right| \leqslant 4 \delta+4 \varepsilon \mu^{N} \leqslant 1, \tag{6.86}
\end{equation*}
$$

which implies in particular that $\left|\Gamma^{(1)}(t)\right| \leqslant 2$. Note that we can apply the Proposition, since $\varepsilon, \mu$, and $N$ are clearly in the right range, and also the expansion radius satisfies $2 \lambda \leqslant \frac{1}{2} a_{0}^{-1} \varepsilon_{0}\left(r_{0} \mu\right)^{n_{0}}=a_{0}^{-1} \varepsilon\left(r_{0} \mu\right)^{N}$. For all $n \geqslant 2$, we similarly get:

$$
\begin{equation*}
\Gamma^{(n)}(t)=\sigma_{1}^{n+1} \nu^{n} \Gamma_{1}^{(n)}\left(\sigma_{1} v t\right)+\sigma_{2}^{n+1}(1-v)^{n} \Gamma_{2}^{(n)}\left(\sigma_{2}(1-v) t\right), \tag{6.87}
\end{equation*}
$$

satisfying, with $\widetilde{C}=1+M_{n_{0}} \geqslant 1+\frac{M_{N}}{N!}$, the bounds

$$
\left|\frac{1}{n!} \Gamma^{(n)}(t)\right| \leqslant \begin{cases}2^{n+2} \varepsilon \mu^{N-n} r_{0}^{N-1-n}, & \text { for } 2 \leqslant n<N  \tag{6.88}\\ 2^{N+2} \widetilde{C} r_{0}^{-1}, & \text { for } n=N \\ 2^{N+3} \widetilde{C} \mu^{-1} r_{0}^{-2}, & \text { for } n=N+1\end{cases}
$$

Consider then the sum over $k$ in (6.85). Since $k \geqslant 2$, inside the sum always $m_{j} \leqslant N-1$. Denoting, as before, $\ell=\left|\left\{j \mid m_{j}=1\right\}\right| \leqslant k-1$, we thus have

$$
\begin{equation*}
\prod_{j=1}^{k}\left[\frac{1}{m_{j}!}\left|\Gamma^{\left(m_{j}\right)}(t)\right|\right] \leqslant 2^{\ell+3(k-\ell)+\sum_{j}\left(m_{j}-1\right)}\left(\varepsilon \mu^{N-1}\right)^{k-\ell} \mu^{\sum_{j}\left(1-m_{j}\right)} \leqslant 2^{2 k+N} \varepsilon \mu^{N-1+k-N} \leqslant 2^{3 N-2} \varepsilon \mu . \tag{6.89}
\end{equation*}
$$

Therefore, the sum over $k$ is bounded by:

$$
\begin{equation*}
2^{3 N-2} \varepsilon \mu \sum_{k=2}^{N-1}\binom{N-1}{k-1} M_{N-1} \leqslant 2^{4 N-3} \varepsilon \mu M_{N-1} \leqslant \frac{1}{2^{4}} \varepsilon \tag{6.90}
\end{equation*}
$$

To estimate the first term in (6.85), we use the estimates in item (3) of Lemma 4.12, with $b=\mu^{-1} \geqslant 1+2^{N}+$ $M_{N+1} 2^{2 N+1}$. Firstly,

$$
\begin{align*}
& \left|\frac{1}{N!} \Gamma^{(N)}(t) \cdot \nabla \omega(\Gamma(t))-\left(-v^{N} \sigma_{1}^{N+1} \tilde{g}_{1, N} u_{1}-(1-v)^{N} \sigma_{2}^{N+1} \tilde{g}_{2, N} u_{2}\right) \cdot \nabla \omega\left(x_{3}\right)\right| \\
& \quad \leqslant\left|\frac{1}{N!} \Gamma^{(N)}(t)\right| M_{2}\left|\Gamma(t)-x_{3}\right|+\left|\nabla \omega\left(x_{3}\right)\right| 2^{N}\left(\left|g_{1, N}\left(\sigma_{1} v t\right)-\tilde{g}_{1, N}\right|+\left|g_{2, N}\left(\sigma_{2}(1-v) t\right)-\tilde{g}_{2, N}\right|\right) \\
& \quad \leqslant 2^{4} \lambda M_{2} 2^{N+2} \widetilde{C} r_{0}^{-1}+M_{1} 2^{N+1} a_{0} \mu^{1-N} \lambda r_{0}^{-N} \leqslant 2^{N+3} \varepsilon\left(r_{0} \mu\right)^{N} \widetilde{C} r_{0}^{-1}+M_{1} 2^{N+1} \varepsilon \mu \\
& \quad \leqslant \varepsilon \mu\left(\mu 2^{N+3} \widetilde{C}+M_{1} 2^{N+1}\right) \leqslant \varepsilon \mu\left(1+M_{1} 2^{n_{0}+1}\right) \leqslant 2^{-n_{0}-2} \varepsilon \leqslant 2^{-4} \varepsilon . \tag{6.91}
\end{align*}
$$

Secondly, by (6.86),

$$
\begin{align*}
\left|\left(\Gamma^{(1)}(t) \cdot \nabla\right)^{N} \omega(\Gamma(t))-\left(v_{3} \cdot \nabla\right)^{N} \omega\left(x_{3}\right)\right| & \leqslant \sum_{k=1}^{N}\binom{N}{k}\left|\Gamma^{(1)}(t)-v_{3}\right|^{k} M_{N}+M_{N+1} 2^{4} \lambda \\
& \leqslant 4\left(\lambda+\varepsilon \mu^{N}\right) M_{N} 2^{N}+M_{N+1} 2^{4} \lambda \leqslant \varepsilon \mu^{N} M_{N+1}\left(2^{N+3}+2^{4}\right) \\
& \leqslant \varepsilon \mu^{2} M_{N+1} 2^{N+4} \leqslant 2^{-4} \varepsilon \tag{6.92}
\end{align*}
$$

Therefore,

$$
\begin{equation*}
\left|\frac{1}{N!} \Gamma^{(N)}(t) \cdot \nabla \omega(\Gamma(t))+\frac{1}{N!}\left(\Gamma^{(1)}(t) \cdot \nabla\right)^{N} \omega(\Gamma(t))-\tilde{c}\right| \leqslant 2^{-3} \varepsilon, \tag{6.93}
\end{equation*}
$$

which can be combined with the previous estimate for the sum over $k$ in (6.85) to prove that for all allowed $t$,

$$
\begin{equation*}
\frac{1}{N!}\left|\frac{\mathrm{d}^{N}}{\mathrm{~d} t^{N}} F(t)\right| \geqslant|\tilde{c}|-\frac{3}{2^{4}} \varepsilon \geqslant \frac{1}{2^{4}} \varepsilon \tag{6.94}
\end{equation*}
$$

On the other hand, applying Lemma A. 1 once more proves that

$$
\begin{align*}
\frac{1}{(N+1)!}\left|F^{(N+1)}(t)\right| & \leqslant \sum_{k=1}^{N+1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=N+1\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!}\left|\Gamma^{\left(m_{j}\right)}(t)\right|\right] M_{k} \\
& \leqslant \frac{\left|\Gamma^{(N+1)}(t)\right|}{(N+1)!}+\widetilde{C} r_{0}^{-1} \sum_{k=2}^{N+1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=N+1\right) 2^{\sum_{j}\left(m_{j}+2\right)} M_{N+1} \\
& \leqslant 2^{N+3} \widetilde{C} \mu^{-1} r_{0}^{-2}+\widetilde{C} r_{0}^{-1} \sum_{k=2}^{N+1}\binom{N}{k-1} 2^{N+1+2 k} M_{N+1} \\
& \leqslant 2^{N+3} \widetilde{C} \mu^{-1} r_{0}^{-2}\left(1+\mu 2^{3 N} M_{N+1}\right) \leqslant 2^{N+4} \widetilde{C} \mu^{-1} r_{0}^{-2}, \tag{6.95}
\end{align*}
$$

where we have used the fact that $m_{j}=N$ can appear only once in the product over $j$. Since $r_{0} \geqslant \frac{1}{2} \beta^{\gamma}$, we have also:

$$
\begin{align*}
\varepsilon^{\prime} & =\frac{\varepsilon}{2^{4}} \frac{1}{2^{N+1}(N+1)^{N}} \frac{r_{0}^{2} \mu}{2^{N+4} \widetilde{C}} \geqslant \varepsilon_{0} r_{0}^{n_{0}-N+2} \frac{\mu^{n_{0}-N+1}}{\widetilde{C}} \frac{1}{2^{2 n_{0}+8}\left(n_{0}+1\right)^{n_{0}}} \\
& \geqslant \beta^{\gamma n_{0}} \varepsilon_{0} \frac{\mu^{n_{0}-1}}{\widetilde{C}} \frac{1}{2^{3 n_{0}+8}\left(n_{0}+1\right)^{n_{0}}} . \tag{6.96}
\end{align*}
$$

If this is raised to the power $N+1$, the result is bounded from below by an ( $n_{0}$-dependent) constant times $\beta^{\gamma n_{0}\left(n_{0}+1\right)}$. Therefore, as long as $\gamma^{-1}>n_{0}\left(n_{0}+1\right)$, there is $\beta_{0}>0$, such that we can apply the conclusion of Proposition 4.8 for all $0<\beta \leqslant \beta_{0}$. For such values of $\beta$ and all allowed $t^{\prime}$, we have:

$$
\begin{align*}
& \int_{I\left(t^{\prime}\right)} \mathrm{d} t \frac{1}{\left|\alpha_{3}-F\left(t ; t^{\prime}\right)+\mathrm{i} \beta\right|} \leqslant 2^{N+1}(N+1)^{N}\left(\frac{2^{4} \lambda}{\varepsilon 2^{-4}} \beta^{1 /(N+1)-1}+2^{N+4} \widetilde{C} \mu^{-1} r_{0}^{-2} 2^{4 / N} \varepsilon^{-1 / N} \beta^{1 / N-1}\right) \\
& \quad \leqslant 2^{n_{0}+1}\left(n_{0}+1\right)^{n_{0}}\left(2^{8} \frac{\varepsilon_{0}}{4 a_{0}}\left(r_{0} \mu\right)^{n_{0}} \frac{1}{2 \varepsilon_{0}}\left(r_{0} \mu\right)^{N-n_{0}} \beta^{1 /(N+1)-1}+2^{n_{0}+6} \widetilde{C} \mu^{-1} r_{0}^{-2}\left(2 \varepsilon_{0}\left(r_{0} \mu\right)^{n_{0}-N}\right)^{-1 / N} \beta^{1 / N-1}\right) \\
& \leqslant 2^{3 n_{0}+8}\left(n_{0}+1\right)^{n_{0}} \widetilde{C} \mu^{-n_{0} / N} \varepsilon_{0}^{-1 / N}\left(\beta^{1 /(N+1)-1}+\beta^{-\gamma\left(1+n_{0} / N\right)+1 / N-1}\right) . \tag{6.97}
\end{align*}
$$

Since we have not aimed at optimal estimates here, we do not try to optimise the extra decay arising from the crossing. Instead, let us prove that the choice given in (6.27) is sufficient. Then we can also choose explicitly,

$$
\begin{equation*}
\beta_{0}=\left(\varepsilon_{0} \frac{\mu^{n_{0}-1}}{\widetilde{C}} \frac{1}{2^{3 n_{0}+8}\left(n_{0}+1\right)^{n_{0}}}\right)^{3\left(n_{0}+1\right) / 2} \tag{6.98}
\end{equation*}
$$

since, for all $0<\beta \leqslant \beta_{0}$, then $\beta \leqslant \beta^{1 / 3} \beta_{0}^{2 / 3} \leqslant\left(\varepsilon^{\prime}\right)^{N+1}$.
With these choices, the power of $\beta$ in the second term in (6.97) is:

$$
\begin{equation*}
-\gamma\left(1+\frac{n_{0}}{N}\right)+\frac{1}{N}-1=\frac{1}{3 n_{0}\left(n_{0}+1\right) N}\left(-N-n_{0}+3 n_{0}+3 n_{0}^{2}\right)-1 \geqslant \frac{n_{0}}{\left(n_{0}+1\right) N}-1 \geqslant \frac{1}{n_{0}+1}-1 . \tag{6.99}
\end{equation*}
$$

Therefore, by (6.78), we have proved:

$$
\begin{equation*}
J^{\prime \prime} \leqslant \lambda 2^{3 n_{0}+15}\left(n_{0}+1\right)^{n_{0}} \widetilde{C} \mu^{-n_{0} / 2} \varepsilon_{0}^{-1 / 2} \beta^{1 /\left(n_{0}+1\right)-1} \tag{6.100}
\end{equation*}
$$

Combining this with (6.70) proves the validity of (6.28) for

$$
\begin{equation*}
C_{2}^{\prime}=2^{3 n_{0}+9+4 d}\left(n_{0}+1\right)^{n_{0}} \widetilde{C} \mu^{-\frac{n_{0}}{2}} \varepsilon_{0}^{-1 / 2} \frac{N_{d}^{2}}{N_{d-2}^{2}} 6^{2}\left(\ln \left\langle M_{1}\right\rangle\right\rangle^{2} M_{1} \tag{6.101}
\end{equation*}
$$

when $\gamma$ is chosen as in (6.27) and $\beta$ is sufficiently small. For notational simplicity, we have added the missing gradient factor $\left|\nabla \omega\left(x_{3}\right)\right|$ to the denominator: this makes the estimate invariant under permutations of the indices, and thus allows to use it directly for the original integral. This completes the proof of Theorem 2.3.

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## Appendix A. Differentials of composite functions

Lemma A.1. Let $d, n \in \mathbb{N}_{+}$, an open interval $I, \Gamma \in C^{(n)}\left(I, \mathbb{R}^{d}\right)$, and $f \in C^{(n)}\left(\mathbb{R}^{d}, \mathbb{R}\right)$ be given. Then for all $t \in I$,

$$
\begin{equation*}
\frac{1}{n!} \frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} f(\Gamma(t))=\left.\sum_{k=1}^{n} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \Gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)} \tag{A.1}
\end{equation*}
$$

Proof. The result holds for $n=1$. For the induction step, let us assume it holds for values up to $n$. Then

$$
\begin{align*}
\frac{\mathrm{d}}{\mathrm{~d} t} \frac{1}{n!}\left[\frac{\mathrm{d}^{n}}{\mathrm{~d} t^{n}} f(\Gamma(t))\right]= & \sum_{k=1}^{n} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \\
& \times\left\{\left.\sum_{\ell=1}^{k} \prod_{j=1, j \neq \ell}^{k}\left[\frac{1}{m_{j}!} \Gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right]\left[\frac{1}{m_{\ell}!} \Gamma^{\left(m_{\ell}+1\right)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)}\right. \\
& \left.+\left.\prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \Gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right]\left[\Gamma^{(1)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)}\right\} \tag{A.2}
\end{align*}
$$

In the first term, we take out the sum over $\ell$, and then change variables from $m$ to $M$ so that $M_{\ell}=m_{\ell}+1$ and otherwise $M_{j}=m_{j}$. This yields a term:

$$
\begin{align*}
& \sum_{k=1}^{n} \sum_{\ell=1}^{k} \sum_{M \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} M_{j}=n+1\right) \mathbb{1}\left(M_{\ell} \geqslant 2\right) \prod_{j=\ell+1}^{k-1} \frac{M_{j}}{\sum_{j^{\prime}=j}^{k} M_{j^{\prime}}} \\
& \quad \times\left. M_{\ell} \frac{M_{\ell}-1}{\sum_{j^{\prime}=\ell}^{k} M_{j^{\prime}}-1} \prod_{j=1}^{\ell-1} \frac{M_{j}}{\sum_{j^{\prime}=j}^{k} M_{j^{\prime}}-1} \prod_{j=1}^{k}\left[\frac{1}{M_{j}!} \Gamma^{\left(M_{j}\right)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)} . \tag{A.3}
\end{align*}
$$

For the second term, we add one more sum over $m=1$, and then shift the $k$ sum accordingly. This yields:

$$
\begin{equation*}
\left.\sum_{k=2}^{n+1} \sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n+1\right) \mathbb{1}\left(m_{k}=1\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \Gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)} \tag{A.4}
\end{equation*}
$$

It is then an explicit computation to check that the $k=1$ term in (A.3) is equal to the $k=1$ term in (A.1) times $n+1$ (after setting $n \rightarrow n+1$ ), and that the same holds for $k=n+1$ term in (A.4).

For $2 \leqslant k \leqslant n$ we need to sum the corresponding terms in (A.3) and (A.4). Their sum can be written as

$$
\begin{align*}
& \left.\sum_{m \in \mathbb{N}_{+}^{k}} \mathbb{1}\left(\sum_{j=1}^{k} m_{j}=n+1\right) \prod_{j=1}^{k-1} \frac{m_{j}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}} \prod_{j=1}^{k}\left[\frac{1}{m_{j}!} \Gamma^{\left(m_{j}\right)}(t) \cdot \nabla\right] f\right|_{\Gamma(t)} \\
& \quad \times\left\{\sum_{\ell=1}^{k} \mathbb{1}\left(m_{\ell} \geqslant 2\right)\left(m_{\ell}-1\right) \prod_{j=1}^{\ell} \frac{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1}+\mathbb{1}\left(m_{k}=1\right) \prod_{j=1}^{k-1} \frac{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1}\right\} . \tag{A.5}
\end{align*}
$$

For the computation of the term in the curly brackets, let us separate $\ell=k$ term. When $\ell<k$, all the terms in the denominator are non-zero, as for $j<k$, we have $\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1>0$ due to $m_{\ell} \geqslant 1$. Therefore, we can apply the property:

$$
\begin{equation*}
\left(m_{\ell}-1\right) \mathbb{1}\left(m_{\ell} \geqslant 2\right)=m_{\ell}-1=\sum_{j^{\prime}=\ell}^{k} m_{j^{\prime}}-1-\sum_{j^{\prime}=\ell+1}^{k} m_{j^{\prime}} \tag{A.6}
\end{equation*}
$$

which shows that the sum over $\ell<k$ is equal to,

$$
\begin{equation*}
\sum_{\ell=1}^{k-1} \frac{\prod_{j=1}^{\ell} \sum_{j^{\prime}=j}^{k} m_{j^{\prime}}}{\prod_{j=1}^{\ell-1}\left(\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1\right)}-\sum_{\ell=1}^{k-1} \frac{\prod_{j=1}^{\ell+1} \sum_{j^{\prime}=j}^{k} m_{j^{\prime}}}{\prod_{j=1}^{\ell}\left(\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1\right)}=\sum_{j^{\prime}=1}^{k} m_{j^{\prime}}-m_{k} \prod_{j=1}^{k-1} \frac{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}}{\sum_{j^{\prime}=j}^{k} m_{j^{\prime}}-1} . \tag{A.7}
\end{equation*}
$$

The second term here is cancelled by the remaining terms in the curly brackets. (If $m_{k}>1$, the $\ell=k$ term in the sum cancels it and the last term in (A.5) is zero; if $m_{k}=1$, the opposite happens.) Therefore, the term in the curly brackets is equal to $\sum_{j=1}^{k} m_{j}=n+1$. This proves (A.1).

## Appendix B. Properties of $\langle x\rangle$

Proposition B.1. Let $\langle x\rangle=\sqrt{1+x^{2}}$. Then for all $x, y \in \mathbb{R}$,
(1) $|x|<\langle x\rangle$.
(2) If $|x| \leqslant|y|$, then $\langle x\rangle \leqslant\langle y\rangle$ and $\langle\ln \langle x\rangle\rangle \leqslant\langle\ln \langle y\rangle\rangle$.
(3) $\langle x+y\rangle<\langle x\rangle+\langle y\rangle \leqslant 2\langle x\rangle\langle y\rangle$.
(4) $\langle x y\rangle \leqslant\langle x\rangle\langle y\rangle$, and, if $|x| \geqslant 1,\langle x y\rangle \leqslant|x|\langle y\rangle$.

Proof. Items (1) and (2) are obvious. The first inequality of item (3) is proven by

$$
\begin{align*}
\langle x\rangle+\langle y\rangle-\langle x+y\rangle & =\frac{(\langle x\rangle+\langle y\rangle)^{2}-\langle x+y\rangle^{2}}{\langle x\rangle+\langle y\rangle+\langle x+y\rangle}=\frac{2\langle x\rangle\langle y\rangle+1+x^{2}+1+y^{2}-\left(1+x^{2}+y^{2}+2 x y\right)}{\langle x\rangle+\langle y\rangle+\langle x+y\rangle} \\
& =\frac{1+2\langle x\rangle\langle y\rangle\left(1-\frac{x}{\langle x\rangle} \frac{y}{\langle y\rangle}\right)}{\langle x\rangle+\langle y\rangle+\langle x+y\rangle}>0 . \tag{B.1}
\end{align*}
$$

The proofs of the remaining inequalities in (3) and (4) are very similar, and we will skip them.

## Appendix C. Morse functions

We prove here the following result which shows that Morse functions are covered by the main results given in the text.

Proposition C.1. Let $d \geqslant 3$, and assume $\omega$ is a real-analytic and $\mathbb{Z}^{d}$-periodic Morse function on $\mathbb{R}^{d}$. Then $\omega$ satisfies Assumption 2.1, and we can take $p_{0}=0$ for $d \geqslant 4$ and $p_{0}=1$ for $d=3$.

Proof. Define $f_{\omega}$ by (2.5). Let $X=[-1 / 2,1 / 2]^{d}$, and let $x_{j}, j=1, \ldots, n$, enumerate the critical points of $\omega$ in $X$ (as $\omega$ is a Morse function, there can be no accumulation of its critical points, and thus $n<\infty$ ). Let also $A_{j}=$ $D^{2} \omega\left(x_{j}\right)$ be the Hessian of $\omega$ at $x_{j}$, let $\lambda_{j}^{(i)}$ denote its eigenvalues, and define $a_{j}=\min _{i}\left|\lambda_{j}^{(i)}\right|$ and $b_{j}=\max _{i}\left|\lambda_{j}^{(i)}\right|$. By assumption, $A_{j}$ is invertible, and thus we have $0<a_{j} \leqslant b_{j}<\infty$.

By Taylor's formula, now for any $x \in \mathbb{R}^{d}$ and $j$,

$$
\begin{equation*}
\nabla \omega(x)=\nabla \omega(x)-\nabla \omega\left(x_{j}\right)=A_{j}\left(x-x_{j}\right)+R_{j}(x), \tag{C.1}
\end{equation*}
$$

where $\left|R_{j}(x)\right| \leqslant \frac{1}{2}\|\omega\|_{3}^{\prime}\left|x-x_{j}\right|^{2}$. Here, by using an orthogonal transformation which diagonalises the Hermitian matrix $A_{j}$, we find:

$$
\begin{equation*}
a_{j}\left|x-x_{j}\right| \leqslant\left|A_{j}\left(x-x_{j}\right)\right| \leqslant b_{j}\left|x-x_{j}\right| . \tag{C.2}
\end{equation*}
$$

Let $r_{j}=a_{j} /\|\omega\|_{3}^{\prime}$ which is non-zero, as $\|\omega\|_{3}^{\prime}$ is finite. Then we can conclude, by using the triangle inequality, that whenever $\left|x-x_{j}\right| \leqslant r_{j}$,

$$
\begin{equation*}
\frac{a_{j}}{2}\left|x-x_{j}\right| \leqslant|\nabla \omega(x)| \leqslant \frac{3 b_{j}}{2}\left|x-x_{j}\right| . \tag{C.3}
\end{equation*}
$$

Let $U_{j}=\left\{x| | x-x_{j} \mid<r_{j}\right\}, j=1, \ldots, n$, and denote $K=X \backslash\left(\bigcup_{j} U_{j}\right)$. Then $K$ is compact, and contains no critical points of $\omega$. Therefore, by continuity of $\nabla \omega$, we have $c=\min _{x \in K}|\nabla \omega(x)|>0$. We split the integration region into parts by removing the balls $U_{j}$, which yields for all $0<s \leqslant c$,

$$
\begin{align*}
f_{\omega}(s) & =\int_{X} \mathrm{~d} x \frac{1}{|\nabla \omega(x)|^{3}} \mathbb{1}(|\nabla \omega(x)| \geqslant s) \leqslant \int_{K} \mathrm{~d} x \frac{1}{c^{3}}+\sum_{j=1}^{n} \int_{U_{j}} \mathrm{~d} x \frac{1}{|\nabla \omega(x)|^{3}} \mathbb{1}(|\nabla \omega(x)| \geqslant s) \\
& \leqslant \frac{1}{c^{3}}+\sum_{j=1}^{n} 2^{-3} a_{j}^{3}\left|S^{d-1}\right| \int_{2 s /\left(3 b_{j}\right)}^{r_{j}} \mathrm{~d} r r^{d-1-3} . \tag{C.4}
\end{align*}
$$

If $d>3$, the final integral over $r$ is less than $\int_{0}^{r_{j}} \mathrm{~d} r r^{d-1-3}=\frac{1}{d-3} r_{j}^{d-3}$. Therefore, we can conclude that then $\inf _{s>0} f_{\omega}(s)<\infty$, as claimed in the proposition. Otherwise, $d=3$, and

$$
\begin{equation*}
\int_{2 s /\left(3 b_{j}\right)}^{r_{j}} \mathrm{~d} r r^{d-1-3}=\ln \left(\frac{3 b_{j} r_{j}}{2 s}\right)=\ln \left(\frac{3 b_{j} r_{j}}{2}\right)+\ln s^{-1} \tag{C.5}
\end{equation*}
$$

Then (C.4) implies that $f_{\omega}(s) \leqslant c_{0}\langle\ln s\rangle$ for some finite constant $c_{0}$, proving the validity of Assumption 2.1 with $p_{0}=1$.

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[^0]:    E-mail address: jlukkari@ma.tum.de (J. Lukkarinen).

[^1]:    1 This is to distinguish the estimate from the related integral involving four resolvent factors which was needed in [7] for the analysis going beyond the kinetic regime.

