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CORRESPONDENCE

Delayed diagnosis of an old Chinese woman with familial Alzheimer's disease



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Our patient (II2; Fig. 1) presented at 51 years of age, with a 1-year history of memory impairment. She also suffered from anomia, spatial disorientation, and apathy. During her clinical course, she also developed generalized epilepsy with tonic-clonic seizures which were controlled with phenytoin. Initial physical examination was unremarkable. Mini-Mental State Examination (MMSE) was 14/30. Vitamin B12, folate, thyroid function test, and Venereal Disease Research Laboratory test were normal. A computed tomography (CT) brain scan showed bilateral medial temporal lobes atrophy. Single photon emission CT (SPECT) showed hypoperfusion over the bilateral frontal and temporoparietal lobes. She fulfilled the National Institute of Neurological Communicative Disorders and Stroke-Alzheimer Disease and Related Disorders Association (NINCDS-ADRDA) diagnostic criteria of Alzheimer's disease (AD). Initially, there was no apparent family history of early onset AD (EOAD).

Fifteen years after II2 initial presentation, her daughter (III1), who was 49 years old, presented with amnesia and misplacement of personal items for 9 years (i.e., age of onset was 40 years). She was also found to have dysexecutive syndrome, anomia, dyscalculia, and apathy, Along the clinical course, she developed depression with low mood and suicidal ideation and was prescribed fluoxetine. Physical examination was unremarkable. MMSE was 18/30. A magnetic resonance imaging brain scan showed bilateral hippocampal atrophy. SPECT showed hypoperfusion over the left frontal, left temporoparietal lobes, and right parietal lobes. She fulfilled the NINCDS-ADRDA diagnostic criteria of AD. She was prescribed donepezil and memantine. We noted a strong family history of EOAD in this family; the patient's brother (II5) was initially diagnosed with depression at 58 years old, and subsequently developed progressive amnesia with spatial disorientation, auditory hallucination, and parkinsonism, and was finally diagnosed with AD. Another brother (II6) suffered from amnesic mild cognitive impairment and spatial disorientation. Genetic testing confirmed a heterozygous missense mutation c.2149G>A (p.Val717Ile) in the amyloid precursor protein (APP) gene in the index patient (II2) and her daughter (III1). The family was referred for further genetic counseling.

Our family fulfills the diagnostic criteria of familial AD (FAD).¹ It was the fourth reported FAD family with the *APP*

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Figure 1 Pedigree of the family – squares and circles represent men and women, respectively. Affected individuals are indicated by filled symbols and unaffected individuals by open symbols. Current age, ages at onset, and age of death are shown.

mutation in Chinese people.^{2,3} Within these four families. 14 patients were affected. The mean ages of onset and lifespan prior to death are 43 \pm 7.0 years (n = 13) and 10.3 ± 5.8 years (n = 6), respectively. The mean MMSE on presentation was 12 ± 7.8 (n = 3). APP mutation Val717lle is located near the γ -secretase cleavage site and hence increasing the production of $A\beta 42.^{1}$ For Chinese FAD patients with the APP mutation, atypical phenotypes with prominent psychiatric manifestations including schizophrenic-like syndromes and behavioral and language variants had been reported.^{2,3} Our family is characterized by prominent depression and one family member presented with prominent auditory hallucinations.

Our case illustrates that the clinician needs to pay attention to any new family members developing cognitive impairment, which may indicate EOAD, even when the initial family history appears unremarkable. The diagnosis of FAD is important, as the asymptomatic family members can undergo genetic counseling and consider genetic screening.^{1,4} An asymptomatic carrier can consider planning their personal affairs ahead and receive appropriate treatment when they develop cognitive symptoms.

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