

Molecular differentiation between osteophytic and articular cartilage – clues for a transient and permanent chondrocyte phenotype

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SUMMARY

Objective: To identify the molecular differences between the transient and permanent chondrocyte phenotype in osteophytic and articular cartilage.

Methods: Total RNA was isolated from the cartilaginous layer of osteophytes and from intact articular cartilage from knee joints of 15 adult human donors and subjected to cDNA microarray analysis. The differential expression of relevant genes between these two cartilaginous tissues was additionally validated by quantitative reverse transcriptase polymerase chain reaction (RT-PCR) and by immunohistochemistry.

Results: Among 47,000 screened transcripts, 600 transcripts were differentially expressed between osteophytic and articular chondrocytes. Osteophytic chondrocytes were characterized by increased expression of genes involved in the endochondral ossification process [bone gamma-carboxyglutamate protein/osteocalcin (BGLAP), bone morphogenetic protein-8B (BMP8B), collagen type I, alpha 2 (COL1A2), sclerostin (SOST), growth arrest and DNA damage-induced gene 45β (GADD45β), runt-related transcription factor 2 (RUNX2)], and genes encoding tissue remodeling enzymes [matrix metalloproteinase (MMP)9, 13, hyaluronan synthase 1 (HAS1)]. Articular chondrocytes expressed increased transcript levels of antagonists and inhibitors of the BMP- and Wnt-signaling pathways [Gremlin-1 (GREM1), frizzled-related protein (FRZB), WNT1 inducible signaling pathway protein-3 (WISP3)], as well as factors that inhibit terminal chondrocyte differentiation and endochondral bone formation [parathyroid hormone-like hormone (PTHLH), sex-determining region Y-box 9 (SOX9), stanniocalcin-2 (STC2), S100 calcium binding protein A1 (S100A1), S100 calcium binding protein B (S100B)].

Immunohistochemistry of tissue sections for GREM1 and BGLAP, the two most prominent differentially expressed genes, confirmed selective detection of GREM1 in articular chondrocytes and that of BGLAP in osteophytic chondrocytes and bone.

Conclusions: Osteophytic and articular chondrocytes significantly differ in their gene expression pattern. In articular cartilage, a prominent expression of antagonists inhibiting the BMP- and Wnt-pathway may serve to lock and stabilize the permanent chondrocyte phenotype and thus prevent their terminal differentiation. In contrast, osteophytic chondrocytes express genes with roles in the endochondral ossification process, which may account for their transient phenotype.

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Introduction

The generation of phenotypically stable hyaline repair cartilage is still a challenge for regenerative medicine. The aim of therapeutic strategies is not confined to the induction of chondrogenesis but

also includes the perpetuation of a stable, permanent cellular phenotype that is typical for articular chondrocytes. Unfortunately, cartilage repair approaches that focus on the recruitment of bone marrow stem cells are not only confronted with insufficient chondrogenesis but also with the problem of chondrocyte hypertrophy and inadvertent endochondral ossification^{1–4}. Thus, the cellular differentiation programme within cartilage repair tissue recapitulates cellular processes that are similar to the fetal growth plate, fracture callus or forming osteophytes^{5,6}. All these tissues have in common that their cartilaginous tissue is only an intermediate state toward bone formation and their cells only adopt

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a transient chondrocytic phenotype. In contrast, chondrocytes of healthy articular cartilage are characterized by a postmitotic status and retain their unique phenotype for a period of many decades. To date, the mechanisms that stabilize the articular chondrocyte phenotype have not been fully identified. We hypothesize upon a distinction between transient and permanent chondrocytes, and the aim of this study was to investigate the differences in their gene expression profile.

Since phenotypically unstable transient cartilage repair tissue is available only to a limited degree and characterized by a heterogeneous composition, we focussed on the cartilaginous cap of mature osteophytes which can be considered a prototype for cartilage repair tissue that arises in a more predictive and uniform pattern. Osteophytic chondrocytes originate from mesenchymal stem or precursor cells, undergo chondrogenic differentiation leading to the formation of cartilaginous tissue, that is, however, prone to be replaced by endochondral ossification in the mature osteophyte^{5,7–11}. Therefore, osteophytic chondrocytes represent a well-suited substrate to investigate the transcriptional differences between transient chondrocytes and permanent chondrocytes from articular cartilage.

Materials and methods

Tissue samples and preparation

Human articular and osteophytic cartilage probes were obtained as matched pairs from the same respective knee joints of 15 individual patients [with a mean \pm standard deviation (SD) age of 68.2 ± 6.7 years] undergoing total knee arthroplasty for osteoarthritis (OA) at the University Hospital Erlangen. The diagnosis of primary OA was based on clinical and radiographic evaluations according to standard criteria and patients with any secondary OA or rheumatoid arthritis were excluded.

Articular cartilage was isolated from the dorsal part of the femoral condyles with a macroscopically intact joint surface characterized by an Outerbridge score of 0 or 1. Osteophytic cartilage was isolated from the same respective joints from the cartilaginous cap of the osteophyte outgrowths located at the edges of the femoral condyles. Osteophytes were distinguished from the marginal transition area of the joint surface by the existence of a concave ridge toward the joint surface. In order to selectively isolate the cartilaginous cap of the osteophyte and to exclude any abrasion of bone trabeculae and calcified tissue of the deepest cartilaginous zone, only minimal forces were applied with a scalpel by cutting tangentially to the surface to yield thin consecutive slices of less than 1 mm thickness. Informed consent was obtained from

each patient prior to surgery, and the institutional ethics committee approved the study protocol.

Microarray

Total RNA was isolated from articular or osteophytic cartilage tissue as described previously in detail¹¹. The quality of isolated RNA was assessed using the Agilent 2100 bioanalyzer (Agilent Technologies, Santa Clara, CA), and the concentration was determined with a Spectrophotometer (ND 1000; NanoDrop Technologies, Rockland, DE). RNA preparations from a total of 15 different donors were used. Three paired sets of RNA preparations of articular and osteophytic cartilage each of five donors in equal quantities were used for analysis. The appropriate pooling of RNA samples had been shown to be statistically valid for microarray experiments.⁵¹ Gene expression profiling was performed with the Affymetrix Human Genome (HG) U133 Plus 2.0 Arrays (Affymetrix, Santa Clara, CA) according to the manufacturer's instructions. The Genechip U133 Plus 2.0 is a comprehensive whole human genome expression array with over 47,000 transcripts. Genes highly expressed by articular and osteophytic chondrocytes were identified by comparing gene expression levels between the two groups.

Quantitative reverse transcriptase polymerase chain reaction (RT-PCR)

To confirm the validity of the microarray, the individual RNA preparations of 15 donors were additionally analyzed by real-time RT-PCR using an ABI Prism 7900 sequence detection system (Applied Biosystems, Foster City, CA) and Verso One-Step QRT-PCR Rox Kit (Abgene, Hamburg, Germany) by quantifying the expression levels of functionally relevant genes including ACAN (aggrecan), BGLAP (bone gamma-carboxyglutamate protein/osteocalcin), COL1A2 (collagen type I, alpha 2), COL10A1 (collagen type X, alpha 1), FRZB (frizzled-related protein), GADD45B (growth arrest and DNA damage-induced gene 45B), GREM1 (Gremlin-1), MMP13 (matrix metalloproteinase 13), PTHLH (parathyroid hormone-like hormone), RUNX2 (runt-related transcription factor 2), SOX9 (sex-determining region Y-box 9), and β 2M (β 2-microglobulin). The relative quantification of gene expression was performed using the standard curve method. For each sample, the relative amount of target mRNA was determined and normalized to that of β 2m mRNA. Primer and probe sets are shown in Table I.

Immunohistological analysis

Osteochondral specimens from the boundary region of articular cartilage and osteophyte were fixed in 4% paraformaldehyde for

Table I
Primer/probe sets of target genes used for quantitative RT-PCR (TaqMan Gen Expression Assays, Applied Biosystems)

Genes	Gene expression assay ID	Reference sequence
ACAN	Hs00153936_m1	NM_013227
SOX9	Hs00165814_m1	NM_000346
RUNX2	Hs00231692_m1	NM_004348
COL1A2	Hs00164099_m1	NM_000089
COL10A1	Hs00166657_m1	NM_000493
PTHLH	Hs00174969_m1	NM_002820
MMP13	Hs00233992_m1	NM_002427
FRZB	Hs00173503_m1	NM_001463
	Forward	Reverse
GREM1	GTGACGGAGCGCAAATACC	CCTTCTCGTGGATGGTCT
BGLAP	CGGTGCAGAGTCCAGCAAA	AGCGCCTGGGTCTTCTACT
GADD45B	ATTGACGAGGAGGAGGAGGA	CGTTGTACAGCAGAAGGAC
β 2M	TGACTTTGTACAGCCCAAGATA	AATCCAATGCGGCATCTTC
		Probe
		AGACTGGTGCAAACCCAGCCG
		TGCAGCCTTTGTGTCGAAGCAGGAG
		ATCGCCCTGCAAATCCACTTCAG
		TGATGCTGTTACATGTCTCGATCCCA

12 h, followed by decalcification in 0.5 M ethylene diamine tetra-acetic acid (EDTA) for 3 months. After standard processing, the samples were embedded in paraffin. Specimens were cut in serial transverse 5 μ m sections and stained with Toluidine blue and Safranin-O/fast green for morphological assessment.

For immunohistochemical detection of GREM1 and BGLAP, deparaffinized sections were pretreated either with 10 mM citrate buffer (pH 6) at 90°C for 20 min, or with 0.2% hyaluronidase (Roche, Mannheim, Germany) (pH 5.5) at 37°C for 60 min, respectively, followed by Protease XXIV (0.02 mg/ml) (Sigma–Aldrich, Hamburg, Germany) for 60 min. The sections were then left to react overnight at 4°C either with rabbit anti-human GREM1 antibodies (AP6133a; Abgent, San Diego, CA) diluted 1:50, or with monoclonal mouse anti-human BGLAP antibodies (8H12; Acris, Herford, Germany) diluted 1:10, respectively. Negative control sections for GREM1 and BGLAP were incubated with isotype normal mouse IgG (Santa Cruz). The sections were incubated with biotinylated anti-rabbit or anti-mouse secondary antibodies (Dianova, Hamburg, Germany), respectively. Bound antibodies were visualized by exposure to a complex of streptavidin and biotinylated alkaline phosphatase (Vectastain, ABC-AP, Vector Laboratories, Burlingame, CA, USA). The sections were developed with fast red and counterstained with hematoxylin.

Immunohistochemical detection of type I and type II collagen was performed as described previously in detail¹².

Statistical analysis

The microarray data of $N = 3$ paired preparations were analyzed with Partek Genomics Suite software (St. Louis, MO). Gene expression between the two cartilaginous tissues was considered to be significant if the false discovery rates were less than 0.005 and the fold-changes were three-fold or higher between the different microarrays. Quantitative gene expression of paired individual preparations from $N = 15$ different donors was analyzed by GraphPad InStat3 (La Jolla, CA) using a paired t -test with $P < 0.05$ considered significant. All data are presented as mean with 95% confidence intervals (CIs) (lower, upper).

Results

Gene microarray analysis

Applying the comprehensive microarray analysis with 47,000 screened transcripts, 515 transcripts were significantly higher expressed (more than three-fold) in osteophytic chondrocytes, and 85 transcripts were significantly higher expressed (more than three-fold) in articular chondrocytes ($P < 0.005$) respectively. Among those genes, 34 transcripts were characterized by differential expression that reached a high level of significance with 31 transcripts being expressed more than 20-fold higher in osteophytic chondrocytes, and three transcripts being expressed more than 20-fold higher in articular chondrocytes (Fig. 1, Table II).

Genes significantly higher expressed in osteophytic cartilage

Based on the functional clustering of the differentially expressed genes, we detected several signaling factors with higher expression in osteophytic cartilage which have a role in terminal chondrocyte differentiation including bone morphogenetic protein-8B (BMP8B), RUNX2, SOST (sclerostin), TWIST1 (twist homolog 1) and GADD45B (Table III). Quantitative RT-PCR of selected relevant genes confirmed the validity of the microarray analysis with significantly elevated transcript levels for RUNX2 (12.67-fold) and GADD45B (2.66-fold) in osteophytic cartilage (Fig. 2).

Osteophytic chondrocytes were also characterized by a significantly greater expression of genes that encode molecules which are involved in the endochondral ossification process, including BGLAP, COL1A2, and COL1A1 (collagen type I, alpha 1). Quantitative RT-PCR confirmed significant upregulation of BGLAP (52.78-fold) and COL1A2 (14.18-fold) in osteophytic cartilage (Fig. 2, Table III). The striking differential expression of BGLAP was primarily a result of its nearly absent expression in articular cartilage (0.56% of β 2M levels), since the expression in osteophyte cartilage was only moderate (29.7% of β 2M levels) (Fig. 2). Upregulation of COL10A1, a marker gene for chondrocyte hypertrophy, did not reach the level of significance in specimen from osteophytes as detected by quantitative RT-PCR ($P = 0.063$).

Osteophytic chondrocytes exhibited a higher expression of VCAN (versican), a proteoglycan which is ubiquitously expressed in various tissues and not specific for hyaline cartilage (Table III).

Furthermore, osteophytic chondrocytes were characterized by a significantly higher expression of enzymes which mediate tissue resorption and remodeling, including MMP9, MMP13, as well as HAS1 (hyaluronan synthase 1). Quantitative RT-PCR confirmed a 12.8-fold upregulation of MMP13 in osteophytic cartilage (Fig. 2, Table III).

Genes significantly higher expressed in articular cartilage

Microarray analysis revealed that a number of genes which have a role in chondrogenesis and maintenance of the cartilage matrix had a significantly higher expression in articular cartilage. Functional clustering demonstrated upregulation of genes that encode for factors involved in growth factor-signaling, including GREM1, STC2 (stanniocalcin-2), WISP3 (WNT1 inducible signaling pathway protein-3), S100B (S100 calcium binding protein B), S100A1 (S100 calcium binding protein A1), GDF5 (growth and differentiation factor-5), FRZB, SOX9 and PTHLH (Tables II and IV). GREM1 was the gene with the most prominent differential expression between articular and osteophytic cartilage with a 24.77-fold upregulation in articular cartilage (Fig. 2, Tables II and IV). In articular cartilage, GREM1 transcript levels amounted to 76.5% of β 2M levels (compared to 3.3% of β 2M levels in osteophytic cartilage). Quantitative RT-PCR also confirmed a 10.02-fold upregulation of FRZB in articular cartilage. SOX9, a key transcription factor for chondrogenesis and cartilage-specific genes, was moderately (2.59-fold), yet significantly ($P = 0.026$) higher expressed in articular cartilage. Quantitative RT-PCR could also demonstrate a significantly (5.42-fold) higher expression of PTHLH in articular cartilage.

The microarray analyses demonstrated significantly greater expression of the matrix molecules ACAN and SDC1 (syndecan 1) in articular cartilage. A 11.30-fold higher expression of ACAN could be detected in articular chondrocytes by quantitative RT-PCR (Fig. 2, Table IV).

Furthermore, HS3ST3A1 (heparan sulfate 3-O-sulfotransferase 3A1) was found to be expressed significantly higher in articular cartilage (Fig. 2, Table IV).

Histological differences between osteophytic and articular cartilage

Immunohistological analysis of tissue sections revealed similarities but also distinct differences between osteophytic and articular cartilage isolated from osteoarthritic joints. While articular cartilage is typically characterized by a homogeneous proteoglycan-rich matrix indicated by strong Safranin-O- and Toluidine blue-staining throughout all of its tissue layers, osteophytic cartilage shows a stratified pattern [Fig. 3(A) and (B)]. In contrast to articular cartilage, the superficial half of the osteophytic cartilage layer is characterized by less intense Safranin-O-staining

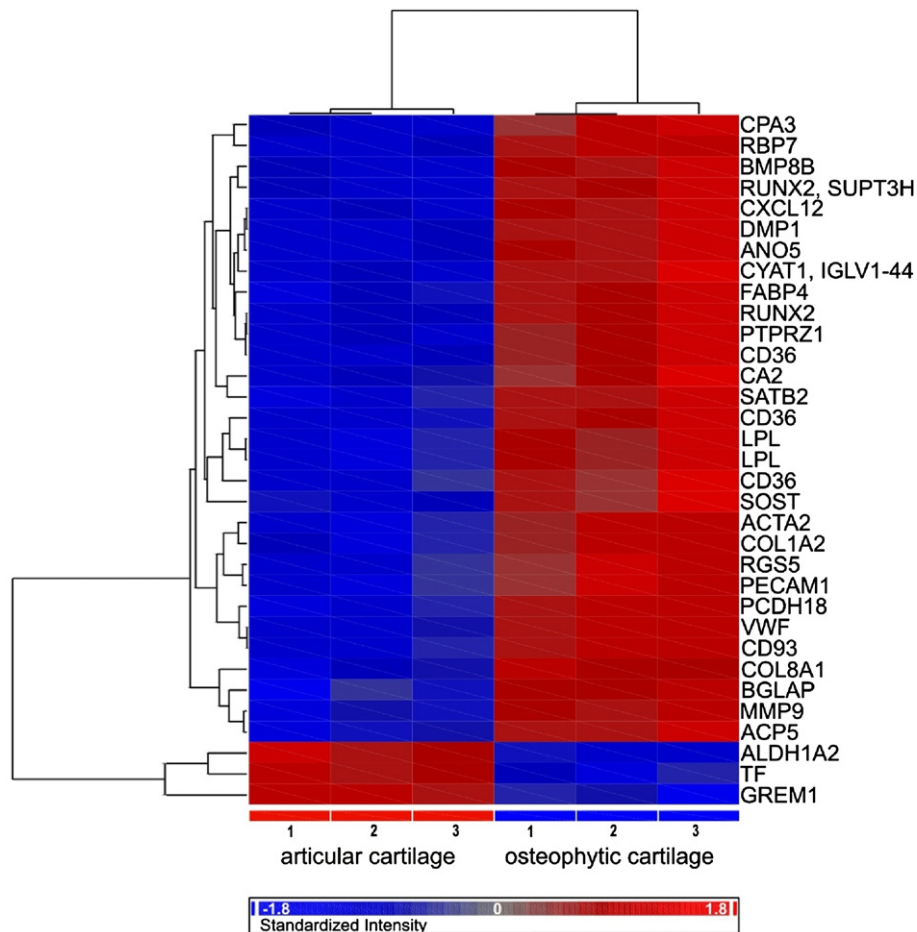


Fig. 1. Gene expression profile by cDNA array-analysis. Heat map visualizing hierarchical clustering analysis based on the expression levels of genes that are differentially expressed in osteophytic cartilage compared to articular cartilage. RNA preparations from $N = 15$ different donors were pooled to yield $N = 3$ paired sets of articular and osteophytic cartilage. The genes with a differential expression greater than 20-fold are shown. P -value < 0.005 . (Red = higher expressed genes; blue = lower expressed genes).

and positive staining for type I collagen (Col1), which indicates fibrocartilaginous tissue. Instead, the lower half of osteophytic cartilage strongly stains for Safranin-O and Toluidine blue indicating a high content of proteoglycans. This layer also strongly stains for type II collagen (Col2) but is negative for Col1, which are basically typical features of hyaline articular cartilage. Thus, gross observation suggests similarities between this hyaline layer of osteophytic cartilage and articular cartilage, however, higher magnifications reveal definite differences. Most obviously, the deepest cell layer of osteophytic cartilage is characterized by large hypertrophic chondrocytes [Fig. 3(C)] which are absent in intact articular cartilage [Fig. 3(C)]. However, these hypertrophic chondrocytes are confined to the very deepest cell layer of osteophytic cartilage and not present in the overlying hyaline zone which consists of chondrocytes characterized by a non-hypertrophic phenotype [Fig. 3(C), middle zone]. Furthermore, in contrast to articular cartilage, osteophyte cartilage lacks a tide mark and a continuous plain subchondral bone plate, but exhibits a zone of irregular bone trabeculae.

Immunohistochemical detection of GREM1 [Fig. 3(D)] and BGLAP [Fig. 3(E)], the two most prominently differentially expressed genes, confirmed striking differences between osteophytic and articular cartilage. Articular chondrocytes were characterized by strong intracellular staining for GREM1 [arrows in Fig. 3(D)]. However, in osteophytic cartilage, GREM1 could neither be detected within the matrix, nor intracellularly within the

osteophytic chondrocytes [open arrowheads in Fig. 3(D)]. GREM1 could be detected in the endothelial cell layer of invading bone marrow structures, but not in the bone trabeculae of osteophytes or the subchondral bone plate underneath articular cartilage.

BGLAP could immunohistochemically strongly be detected in osseous tissue both in the forming bone trabeculae of the osteophyte and the subchondral bone plate underneath the articular cartilage. Interestingly, most osteophytic chondrocytes, even non-hypertrophic chondrocytes within the middle zone, also showed positive intracellular staining for BGLAP, whereas articular chondrocytes and hyaline articular cartilage matrix were completely negative for BGLAP [Fig. 3(E)].

Discussion

This was the first study to compare the genome-wide expression analysis of osteophytic and articular cartilage. Applying microarray analysis, we could demonstrate significant differences between these two cartilaginous tissues. The fundamental difference is based on the fact that osteophytic chondrocytes adopt a rather transient than permanent phenotype, which is underlined by its tendency to recapitulate the chondrogenic differentiation cascade culminating in chondrocyte hypertrophy and endochondral ossification. Such phenotypic instability is also typical for cartilage repair tissue that had been induced by bone marrow-stimulating techniques, and although the cell origin may be

Table II
Differentially expressed genes in osteophytic cartilage (OC) and articular cartilage (AC) (change > 20-fold; *P*-value < 0.005)

GenBank accession number	Gene symbol	Gene title	Fold-change (OC vs AC)	<i>P</i> -value
206956_at	BGLAP	Bone gamma-carboxyglutamate (gla) protein	91.22	0.003
203936_s_at	MMP9	Matrix metalloproteinase 9	65.53	0.001
204638_at	ACP5	Acid phosphatase 5, tartrate resistant	47.38	0.001
200974_at	ACTA2	Actin, alpha 2, smooth muscle, aorta	42.86	0.002
209301_at	CA2	Carbonic anhydrase II	37.98	0.003
226237_at	Col8a1	Collagen, type VIII, alpha 1	36.03	0.001
203548_s_at	LPL	Lipoprotein lipase	34.57	0.001
203666_at	CXCL12	Chemokine (C-X-C motif) ligand 12	33.31	0.0003
203549_s_at	LPL	Lipoprotein lipase	32.90	0.002
202878_s_at	CD93	CD93 molecule	32.29	0.001
208175_s_at	DMP1	Dentin matrix acidic phosphoprotein 1	32.00	0.0004
204469_at	PTPRZ1	Receptor-type tyrosine-protein phosphatase zeta	31.29	0.001
203980_at	FABP4	Fatty acid binding protein 4, adipocyte	31.26	0.0003
235275_at	BMP8B	BMP8B	28.71	0.0001
223869_at	SOST	Sclerostin	26.76	0.004
202112_at	VWF	Von Willebrand factor	25.50	0.0004
229313_at	ANO5	Anoctamin 5	24.18	0.0003
238066_at	RBP7	Retinol binding protein 7, cellular	23.90	0.0001
213435_at	SATB2	SATB homeobox 2	23.50	0.002
205624_at	CPA3	Carboxypeptidase A3 (mast cell)	22.88	0.001
209555_s_at	CD36	CD36 molecule (thrombospondin receptor)	22.88	0.0046
228766_at	CD36	CD36 molecule (thrombospondin receptor)	22.66	0.0004
236858_s_at	RUNX2	Runt-related transcription factor 2	22.46	0.0001
236858_s_at	SUPT3H	Transcription initiation protein SPT3 homolog	22.46	0.0001
208981_at	PECAM1	Platelet/endothelial cell adhesion molecule	21.74	0.003
229218_at	COL1A2	Collagen, type I, alpha 2	21.27	0.002
214677_x_at	CYAT1	Cyclosporin A transporter 1	21.08	0.001
214677_x_at	IGLV1-44	Immunoglobulin lambda variable 1-44	21.08	0.001
206488_s_at	CD36	CD36 molecule (thrombospondin receptor)	20.96	0.0005
236859_at	RUNX2	Runt-related transcription factor 2	20.84	0.0003
225975_at	PCDH18	Protocadherin 18	20.15	0.001
209071_s_at	RGS5	Regulator of G-protein signaling 5	20.09	0.004
214063_s_at	TF	Transferrin	-21.95	0.001
218469_at	GREM1	Gremelin-1	-22.81	0.002
207016_s_at	ALDH1A2	Aldehyde dehydrogenase 1 family, member A2	-24.85	0.0001

different, osteophyte formation may therefore also be regarded as a model system for endogenous cartilage repair tissue^{1,10}. So far, the molecular mechanisms, which distinguish between the transient and permanent chondrocyte phenotype, have not fully been

identified. This study further contributes to the knowledge of the control of chondrogenesis and revealed striking differences in the expression pattern between osteophytic and articular cartilage.

Table III
Selected genes with roles in chondrogenesis and osteogenesis with higher expression in osteophytic cartilage (OC) in relation to articular cartilage (AC)

GenBank accession number	Gene symbol	Gene title	Fold-change (OC vs AC)	<i>P</i> -value*	qRT-PCR	
					Fold-change (OC vs AC) mean (95% CI)	<i>P</i> -value*
Signaling factor/receptors						
NM_001720	BMP8B	BMP8B	28.71	0.0001		
NM_025237	SOST	Sclerostin	26.76	0.004		
NM_004348	RUNX2	Runt-related transcription factor 2	20.84	0.0003	12.67 (-14.0–39.4)	0.012
NM_000474	TWIST1	Twist homolog 1 (Drosophila)	6.29	0.006		
NM_015675	GADD45B	Growth arrest and DNA damage-inducible, beta	3.61	0.225	2.66 (-0.5–5.8)	0.004
Matrix molecules						
NM_199173	BGLAP	Bone gamma-carboxyglutamate (gla) protein (osteocalcin)	91.22	0.003	52.78 (16.2–89.4)	0.017
NM_000089	COL1A2	Collagen type I, alpha 2	21.27	0.002	14.18 (-0.6–28.9)	0.040
NM_000088	COL1A1	Collagen, type I, alpha 1	12.51	0.003		
NM_004385	VCAN	Versican	8.12	0.002		
NM_000493	COL10A1	Collagen, type X, alpha 1	4.56	0.037	7.24 (-18.9–33.4)	0.063
Enzymes						
NM_004994	MMP9	Matrix metalloproteinase 9 (gelatinase B)	65.53	0.001		
NM_002427	MMP13	Matrix metalloproteinase 13 (collagenase 3)	16.68	0.032	12.80 (-1.8–27.4)	0.048
NM_001523	HAS1	Hyaluronan synthase 1	7.75	0.004		

* All *P* values were significant (<0.005 for microarray analysis) or (<0.05 for quantitative RT-PCR), except for the *P* values for genes TWIST1 and Col10A1.

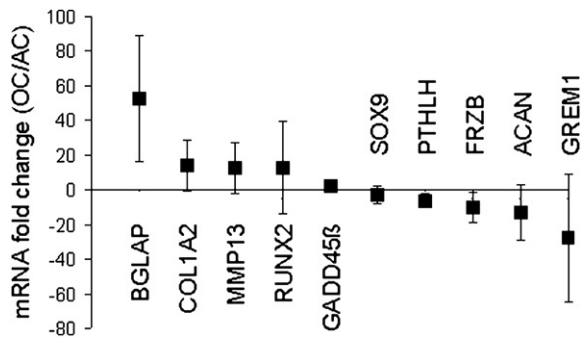


Fig. 2. Genes involved in chondrogenesis and endochondral ossification that are characterized by striking differential expression in osteophytic chondrocytes (OC) and articular chondrocytes (AC). The values represent the mean and 95% CI (error bars) of the fold-change in mRNA expression between osteophytic and articular chondrocytes of $N = 15$ different donors detected by quantitative RT-PCR.

It is well-known that the process of osteophyte formation is induced and supported by the action of BMPs, members of the TGF β superfamily that are involved in morphogenesis, bone formation and skeletal development^{5,13–15}. Indeed, we could detect significantly greater expression of BMP8B in osteophytic chondrocytes. Its high homology to the bone-inducing factor BMP7, and its functional roles for embryonal cell differentiation and bone formation^{16,17}, underline its role for osteophyte formation.

Interestingly, the data of this study suggest a contrary pattern for articular cartilage in which the action of BMPs seems suppressed. Indeed, GREM1, a BMP-antagonist, was the gene which expression was most prominently higher in articular chondrocytes compared to osteophytic chondrocytes. Immunohistochemistry for GREM1 confirmed strong staining within articular chondrocytes but absent staining in osteophytic chondrocytes. GREM1 binds and blocks the action of BMP-2, -4 and -7, both on extra- and intracellular levels¹⁸. Intracellular binding was shown to exert more potent antagonistic effects¹⁹. In fact, we detected GREM1 predominantly intracellularly rather than extracellularly within the matrix of articular cartilage. During early embryogenic development, GREM1 is centrally involved in a self-regulatory feedback system that controls limb formation and supports the maintenance of the

chondrocyte phenotype in early skeletal development²⁰. In later developmental stages, GREM1 plays a central role in epiphyseal development. A recent genome wide microarray analysis identified GREM1 to be the most prominently higher expressed gene in the region of the epiphyses compared to the hypertrophic physal zone of developing bones of 7-day-old mice²¹. The authors concluded that GREM1 helps to maintain the chondrocyte phenotype within the epiphyses, while the action of BMPs propagates endochondral ossification in the physes. In another study, GREM1 was predominantly detected in the resting zone of the growth plate of new-born rats, which may help to maintain the cells in a quiescent, non-hypertrophic state²². In our study, we could confirm the relevance of GREM1 in adult human tissue. GREM1 was significantly higher expressed in human articular chondrocytes, a cell population that maintains its phenotype and resists terminal differentiation, whereas GREM1 was not relevantly detected in osteophytic chondrocytes. The levels of GREM1 in articular cartilage were shown to be even further increased in OA²³. The biological function of this phenomenon is still unclear, but may be secondarily triggered by elevated BMP-2/-4 levels present in osteoarthritic joints²³. Interestingly, other previous studies demonstrated that overexpression of GREM1 inhibited BMP-induced osteophyte formation¹⁴ and that elevated GREM1-levels were measured in non-union fracture callus in which cartilaginous callus failed to undergo ossification²⁴.

GREM1 may also have a role in other tissues such as endothelial structures²⁵. Immunohistochemically, we could also detect GREM1 in the endothelium of ingrowing vessels, however, we could not detect GREM1 within bone trabeculae of osteophytes or the subchondral bone plate underneath the articular cartilage.

In articular cartilage, the microarray analysis also revealed a significantly higher expression of STC2, WISP3, and FRZB. Similar to GREM1, these factors also act as inhibitors and modulators of growth factor-signaling. STC2 was shown to exhibit potent growth-suppressive effects. Constitutive overexpression of STC2 in mice resulted in pre- and postnatal growth restriction and delayed intramembraneous and endochondral bone development²⁶. WISP3 was not only shown to inhibit BMP- and Wnt-signaling but also to stabilize the chondrocyte phenotype by inhibiting IGF-1-induced cellular maturation and hypertrophy^{27–29}. FRZB predominantly antagonizes the signaling of Wnt ligands and thus

Table IV

Selected genes with roles in chondrogenesis and osteogenesis with higher expression in articular cartilage (AC) in relation to osteophytic cartilage (OC)

GenBank accession number	Gene symbol	Gene title	Fold-change (AC vs OC)	P-value*	qRT-PCR	P-value*
					Fold-change (AC vs OC) mean (95% CI)	
Signaling factors/receptors						
NM_013372	GREM1	Gremlin-1	22.81	0.002	24.77 (11.4–38.2)	0.011
NM_003714	STC2	Stanniocalcin-2	8.34	0.001		
NM_003880	WISP3	WNT1 inducible signaling pathway protein-3	7.12	0.002		
NM_006272	S100B	S100 calcium binding protein B	6.00	0.001		
NM_006271	S100A1	S100 calcium binding protein A1	4.50	0.003		
NM_000557	GDF5	Growth differentiation factor-5	4.45	0.005		
NM_001463	FRZB	Frizzled-related protein	3.78	0.004	10.02 (1.4–18.7)	0.030
NM_000346	SOX9	SRY (sex-determining region Y)-box 9	2.25	0.066	2.59 (–2.5–7.7)	0.026
NM_002820	PTHLH	Parathyroid hormone-like hormone	1.39	0.216	5.42 (3.8–7.0)	0.016
Matrix molecules						
NM_001135	ACAN	Aggrecan	4.23	0.003	11.30 (9.2–13.4)	0.003
NM_002997	SDC1	Syndecan 1	3.82	0.001		
Enzymes						
NM_006042	HS3ST3A1	Heparan sulfate (glucosamine) 3-O-sulfotransferase 3A1	16.50	0.003		

* All P values were significant (<0.005 for microarray analysis) or (<0.05 for quantitative RT-PCR).

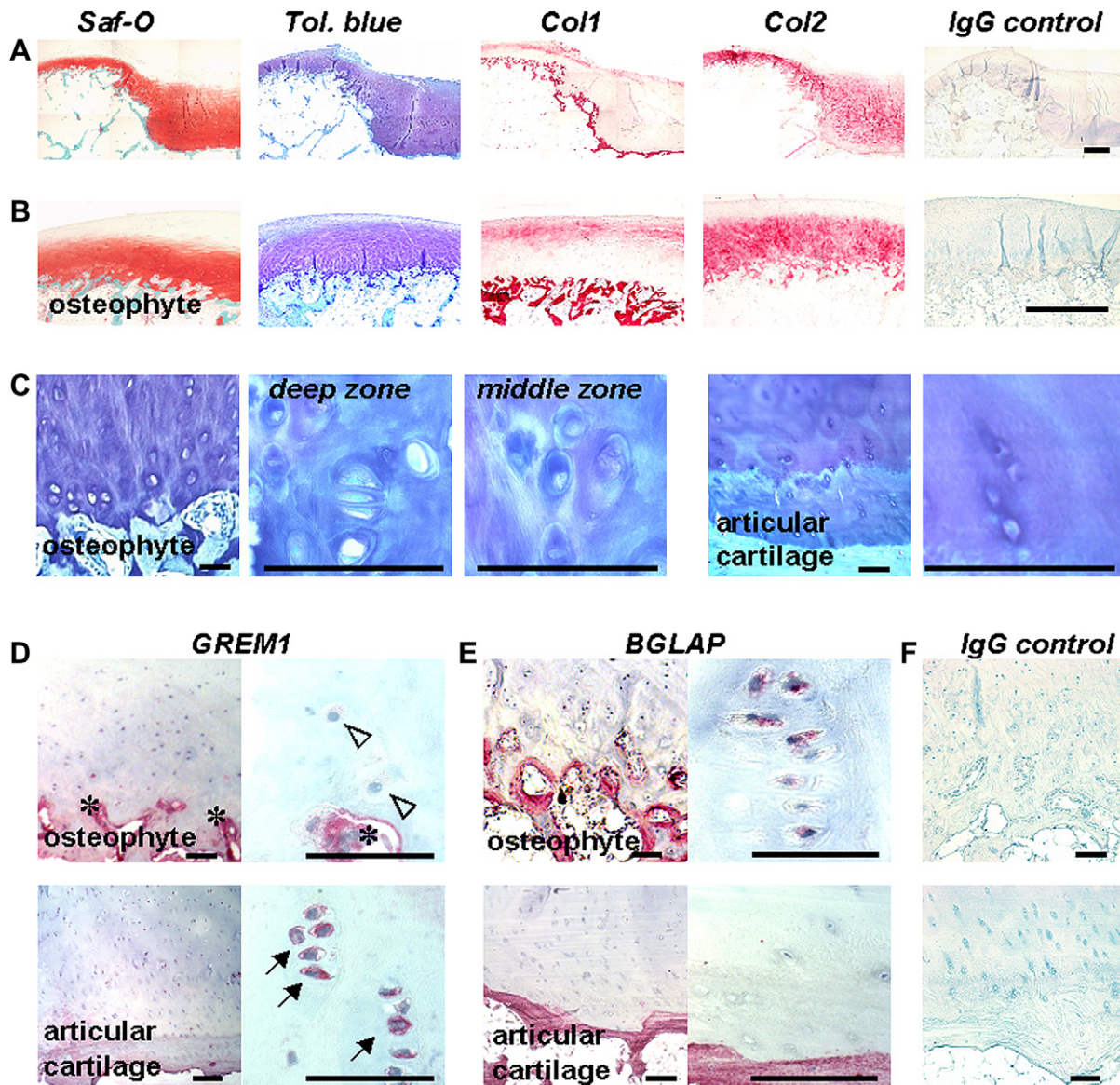


Fig. 3. Immunohistochemical analysis of osteophytic and articular cartilage of the border zone of an osteoarthritic joint. (A): Overviews of the transition area of osteophyte and articular cartilage. Insert with high magnification depicts the non-hypertrophic phenotype of articular chondrocytes in deep zones. (B): Higher magnifications of osteophyte cartilage demonstrate a superficial Col1-positive fibrocartilaginous layer, a deeper Col2-positive hyaline cartilage layer, and underlying osseous tissue. (C): High magnifications (Toluidine blue staining) of the lower half of osteophyte cartilage depict hypertrophic chondrocytes only in the deepest cell layer but not in the overlying middle zone. The deep zone of articular cartilage is characterized by a clear tide mark without cellular hypertrophy within the overlying non-calcified cartilage. (D): GREM1 immunohistochemistry shows positive staining for endothelial structures (*) but negative staining for subchondral bone. Higher magnifications demonstrate negative staining for osteophytic chondrocytes (open arrowhead) but strong intracellular staining for articular chondrocytes (arrow). (E): BGLAP immunohistochemistry shows strong positive staining for subchondral bone. Osteophytic chondrocytes are characterized by intracellular staining for osteocalcin, whereas articular chondrocytes are completely negative. (F): No non-specific staining was evident in negative controls incubated with isotype normal mouse IgG. Bar = 1 mm in A, B; Bars = 50 μ m in C, D, E, F. Safranin-O–Fast green staining; Toluidine blue staining.

negatively regulates trabecular bone development. In developing bones, FRZB was prominently expressed within the epiphyses and delays transformation to hypertrophy and endochondral ossification^{21,30}.

S100A and S100B are factors that are abundantly present in articular cartilage. Although their roles have not completely been defined yet, they were shown to inhibit terminal chondrocyte differentiation and, thus, may stabilize the permanent chondrocyte phenotype³¹. S100A and S100B are under the transcriptional control of SOX9, which is the key transcription factor for cartilage-specific genes³². The present study confirmed significant higher expression of SOX9 in permanent articular cartilage compared to transient osteophytic cartilage. SOX9 is known to inhibit

chondrocyte hypertrophy and calcification, which is an effect that may, at least in part, be mediated by transcriptional activation of PTHLH³³, which delays or inhibits terminal chondrocyte differentiation and endochondral ossification during skeletal development and repair^{34,35}. Thus, it was not surprising to find PTHLH significantly higher expressed in permanent articular cartilage.

Articular cartilage is generally characterized by a low turnover rate of cellular components and the collagen network, with the exception of the high turnover rate of the proteoglycan content. The inherent need to maintain the integrity of the extracellular cartilage matrix was reflected by high expression of ACAN and HS3ST3A1 in articular chondrocytes. On the contrary, osteophytic cartilage is characterized by a high expression of collagens including the types

COL1A1 and COL1A2, which are characteristic of fibrous tissue and may primarily be ascribed to the superficial fibrocartilaginous zone.

It is important to clearly distinguish the transient chondrocyte phenotype from the hypertrophic chondrocyte phenotype. While transient chondrocytes display many features of articular chondrocytes such as production of a hyaline-like matrix, hypertrophic chondrocytes are terminally differentiated cells in a pre-apoptotic status and immediately prone to be replaced by osseous tissue. Although, transient osteophytic cartilage finally underlies endochondral ossification, this process is prolonged in osteophytes. Previous histochemical studies demonstrated a restriction of positive COL10-staining to the very deepest cell layer of osteophyte cartilage, while the overlying zones were negative for COL10^{10,36}. Since COL10 is a typical marker for chondrocyte hypertrophy and terminal differentiation, such restricted staining pattern indicates that most osteophytic chondrocytes have not attained the status of hypertrophy yet. This is also confirmed by gene expression analyses of the present study with only marginal, but not significant, upregulation of COL10A1. Thus, the osteophytic specimen of this study contained for the utmost part non-hypertrophic cells. Nevertheless, their transient character was underlined by greater expression of matrix metalloproteinases, including MMP9, and MMP13, that are responsible for matrix remodeling and resorption.

In osteophytic chondrocytes, BGLAP was the most striking differentially expressed gene with a 91.22-fold higher expression. Originally, this protein was defined as an osteoblastic marker protein and its expression in chondrocytes has not been published so far. The positive intracellular staining of BGLAP even in non-hypertrophic osteophytic chondrocytes may suggest an osteogenic fate of these cells. However, the relevance of BGLAP should be interpreted with care since the expression levels in osteophytic chondrocytes were only moderate and the dramatic difference between the articular and osteophytic cartilage was primarily a result of extremely low or even absent transcript levels of BGLAP in articular chondrocytes (with less than 0.6% of the transcript levels of β 2M). Nevertheless, the osteogenic fate of osteophytic chondrocytes was underlined by significantly elevated transcript levels of RUNX2, an important transcription factor that induces terminal chondrocyte differentiation, supports osteoblast differentiation and is essential for bone formation and maturation³⁷. In osteophytic chondrocytes, we could also detect higher levels of GADD45 β , a target of RUNX2. In recent studies, GADD45 β could be detected in osteophytes and was also shown to be an essential mediator of COL10A1 and MMP13 expression in hypertrophic chondrocytes in the mouse embryo^{38,39}.

Osteophytic chondrocytes were also characterized by higher expression of TWIST1 which is a transcription factor that plays both positive and negative roles in the regulation of skeletal development and differentiation of mesenchymal cells. As a target of the canonical Wnt-signaling, TWIST1 was shown to suppress the expression of chondrocyte-specific genes⁴⁰ and promote osteoblast differentiation and osteogenesis⁴¹.

Microarray analysis also revealed upregulation of SOST in osteophytic chondrocytes. Originally, SOST was considered as a product of osteocytes with inhibitory effects on osteoblasts and formation of novel bone⁴². However, recent studies also detected expression of SOST in hypertrophic chondrocytes of the growth plate and chondrocytes of osteoarthritic cartilage^{43,44}. Since SOST expression was shown to be suppressed by PTH/PTHrH⁴⁵, the higher SOST expression in osteophytes may be a consequence of decreased PTHrH levels. The functional role of SOST in osteophytic cartilage has yet to be further investigated in detail, but it may exert a modulatory role and decelerate the process of endochondral ossification^{42,43}.

On a transcriptional level, osteophytic cartilage shares similarities with growth plate cartilage and fracture callus. Thus, a number of genes that were significantly greater expressed in osteophytic cartilage, including BGLAP, RUNX2, GADD45B, MMP9, and MMP13, are also expressed in the hypertrophic zone of growth plate cartilage^{6,37,39,46–48} and involved in the process of fracture healing⁴⁹. However, fracture callus and growth plate cartilage are characterized by a considerably higher prevalence of hypertrophic chondrocytes and a far more rapid endochondral ossification process than osteophyte tissue which develops over months or years^{10,49}. Thus, osteophytic cartilage contains transient, yet predominantly non-hypertrophic chondrocytes, and is therefore better suited for comparison with permanent articular cartilage.

Despite the careful harvesting technique of osteophytic cartilage in the present study, some contamination with terminally differentiated chondrocytes may not be completely excluded, however, this drawback would exert rather an irrelevant statistical impact on overall gene expression. Another limitation of this study is the isolation of articular cartilage from osteoarthritic joints. However, according to a previous comprehensive microarray analysis, articular cartilage of early degenerative osteoarthritic cartilage is characterized by no or only marginal differences in its gene expression profile compared with healthy articular cartilage⁵⁰. Thus, articular chondrocytes from macroscopically intact cartilage, as used in this study, should represent a valid population of normal articular chondrocytes.

On a transcriptional level, the bradytrophic permanent articular cartilage significantly differs from osteophytic cartilage that is characterized by cell proliferation and tissue remodeling including anabolic and catabolic processes. Thus, articular chondrocytes are characterized by a stable phenotype and their status of cellular quiescence is reflected by the expression of a number of inhibitory factors. The maintenance of the permanent articular cartilage may not only be supported by the activity of pro-chondrogenic factors, such as SOX9, but may also essentially depend on the activity of antagonistic and inhibitory factors. In this respect, GREM1, WISP3 and FRZB, which modulate BMP- and Wnt-signaling pathways may lock the chondrocyte phenotype in articular cartilage and prevent the terminal chondrocyte differentiation process. These data may also provide novel concepts for regenerative strategies which may not only focus on anabolic agents but which may also have to consider the role of modulating antagonistic factors.

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Contributions

All authors have made *substantial contributions to all three of sections (1), (2) and (3) below*: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data (2) drafting the article or revising it critically for important intellectual content (3) final approval of the version to be submitted.

Conflict of interests

There are no competing interests.

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