Book Review

Leg ulcers, diagnosis and management, 3rd edition. Edited by David Negus, Philip D Coleridge Smith, John J Bergan, Hodder Arnold 2005

This book addresses the challenging problem of leg ulceration, in its entirety. Whilst other texts are focussed on venous or arterial disease alone, this book is more focussed on the problem and how to deal with it. It has been clearly thought out, with a natural progression of chapters, developing the readers knowledge and application of the knowledge and principles. The new edition is multi-authored, with the editors recruiting world authorities on specialist subjects. There is minimal overlap between chapters, an example of editorial teamwork.

Basic venous and arterial anatomy, and venous function and physiology are well described. The approach to pathology and outline of the CEAP classification are helpful, although an updated CEAP classification has been released, after publication of the book. A common sense approach to wound care, and management is refreshing, in the current climate of wound product promotion.

The importance of perforator disease is highlighted and assessment with plethysmography clearly described, including its usefulness in decision making.

Newer treatments including laser, radiofrequency ablation (VNUS), and foam ultrasound guided sclerotherapy are described.

Valve repair and deep vein reconstruction is covered, with the caveat that comparison between surgical and non-surgical intervention needs careful attention, to help tailor the therapies to the individual.

The book will appeal to phlebologists, vascular surgeons, both established and in training, and to all involved in the multidisciplinary ulcer care teams. Promoting the book as basic reading for all involved in the multidisciplinary team, would, no doubt improve communication within such teams.

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