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## Recovery of *Mycobacterium haemophilum* skin infection in an HIV-1-infected patient after the start of antiretroviral triple therapy

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A 30-year-old caucasian HIV-1-infected woman with a history of *Pneumocystis carinii* pneumonia presented with multiple painful cutaneous nodules on the extremities. Her CD4<sup>+</sup> T-cell count was 50/mm<sup>3</sup>. She had recently returned from the island of St Maarten, where she had lived for 4 years. Her medication included co-trimoxazole 480 mg once daily as PCP prophylaxis, and zidovudine 200 mg three times daily with zalcitabine 0.75 mg three times daily as antiretroviral therapy. Physical examination revealed tender, erythematous nodular lesions on the extremities, especially overlying the knee, the first metatarsal and elbows. A few ulcerative lesions discharged purulent material. Microscopic examination of biopsy specimens revealed a purulent inflammatory reaction with many acid-fast bacilli. A *Mycobacterium marinum* skin infection was suspected and the skin lesions resolved subsequent to treatment with doxycycline 200 mg once daily for two months.

Two weeks after discontinuation of doxycycline, however, the skin lesions relapsed and rapidly progressed despite retreatment with doxycycline. A second biopsy was performed and *Mycobacterium haemophilum* was identified using a nested PCR of 16S rRNA gene fragments followed by direct sequence determination [1]. Cultures of the skin biopsy on Middlebrook 7H11 medium supplemented with 60 µmol hemin revealed *M. haemophilum* after 3 weeks of incubation at 30°C. Antibiotic susceptibility tests were not performed. The skin lesions failed to respond to treatment with ciprofloxacin 750 mg twice daily, rifampin 600 mg once daily and clarithromycin 500 mg twice daily for 8 weeks, and progressed further despite a change of therapy to minocycline 100 mg once daily, rifabutin 300 mg once daily and ethambutol 15 mg per kg once daily. New mutilating skin lesions developed in the face and in the right flexor side of the knee. Therefore, the regimen was changed to isoniazid 300 mg once daily, ciprofloxacin 750 mg twice daily and cycloserine 250 mg twice daily, and antiretroviral therapy was altered simultaneously to triple therapy of stavudine (d4T) 30 mg twice daily, lamivudine (3TC) 150 mg twice daily and indinavir 800 mg three times daily. The patient's condition improved remarkably and the skin lesion slowly healed with formation of scars. After 2 months of treatment, all ulcerating skin lesions had disappeared except for a residual lesion in the knee. A reduction in the number of plasma HIV RNA copies from 12 000 copies per mL to values below the detection limit (1000 copies per mL, NASBA-QT;

ORGANON, TEKNIKA, Boxtel, The Netherlands) and an increase of the cell-mediated immunity as reflected by an amelioration of T-cell stimulation tests with CD3 monoclonal antibodies (3–40% in comparison with the response in healthy controls) was observed. The CD4<sup>+</sup> T-cell count had been modestly increased from 50/mm<sup>3</sup> to 70/mm<sup>3</sup>.

*M. haemophilum*, the 'blood-loving mycobacterium', was first described in 1978 as a cause of subcutaneous infection in a patient with Hodgkin's disease [2]. *M. haemophilum* causes cutaneous lesions (similar to the related *M. marinum* and *M. ulcerans*), arthritis, and pulmonary infections in immunocompromised patients [3]. These cutaneous lesions are most often found on the extremities, especially overlying the joints, and are not sporotrichoid in appearance. Of 64 cases of *M. haemophilum* infections reviewed recently, 53 have been reported in immunocompromised adults, nine have been reported in children, primarily as localized lymphadenitis in the cervical region or perihilar lymphadenitis, and two have been reported in adults whose risk factors were not known [3]. Culture-proven *M. haemophilum* infections in immunocompetent adults have not been reported. The most frequent underlying diseases associated with *M. haemophilum* infections were AIDS, renal transplant recipients, bone marrow transplant recipients, lymphoma, and rheumatoid arthritis.

The natural habitat of *M. haemophilum* is unknown and attempts to recover it from environmental samples have been unsuccessful. The geographic distribution of reported *M. haemophilum* cases suggests that the bacterium is ubiquitous but the means of acquisition of the organism remain unknown, even when clustering of cases occur [4,5].

There are no standardized methods for antimicrobial susceptibility testing of *M. haemophilum*. A variety of agar methods and a broth microdilution method have been described in the case reports. One study reports on a larger number of isolates ( $n=17$ ) which were tested using a modification of a microdilution broth method [6]. Ethambutol, tetracycline and trimethoprim-sulfamethoxazol were inactive against *M. haemophilum*, whereas isoniazid was weakly active and ciprofloxacin, ofloxacin and sparfloxacin showed moderate activity. The most active antimicrobial agents were clarithromycin and rifabutin. Additionally, combined rifabutin and clarithromycin provided effective treatment for experimentally induced disseminated *M. haemophilum* infection in immunocompromised mice [7].

Twenty-nine of the approximately 60 cases of *M. haemophilum* infection reported worldwide were diagnosed in HIV-1-infected individuals who appeared to have a strong immunodeficiency (CD4<sup>+</sup> count

<50/mm<sup>3</sup>). In only six of these 29 patients did skin lesions resolve after the initiation of antimycobacterial therapy. The contribution of antibiotics to the healing of *M. haemophilum* lesions is difficult to evaluate. Recovery from *M. haemophilum* infections may depend mostly on an improvement of the immunologic state or surgical drainage [8]. Our observation in this patient suggests that, in addition to antimycobacterial antibiotic treatment, improvement of the cell-mediated immunity induced by antiretroviral triple therapy contributes considerably to the recovery from a persistent *M. haemophilum* skin infection.

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