Systemic inflammation, coagulopathy, and acute renal insufficiency following endovascular thoracoabdominal aortic aneurysm repair

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Objective: To characterize the inflammatory and coagulopathic response after endovascular thoracoabdominal aortic aneurysm (TAAA) repair and to evaluate the effect of the response on postoperative renal function.

Methods: From July 2005 to June 2008, 42 patients underwent elective endovascular repair of a TAAA using custom designed multi-branched stent-grafts at a single academic institution. Four patients were excluded from the analysis. White blood cell count (WBC), platelet count, prothrombin time (PT), and creatinine were measured in all patients. In the last nine patients, interleukin-6 (IL-6), protein C, Factor V, d-dimers, cystatin C, and neutrophil gelatinase-associated lipocalin (NGAL) levels were also measured. Change in lab values were expressed as a percentage of baseline values.

Results: The 30-day mortality rate was 5% (2/38). All patients (n = 38) had a higher WBC (mean \pm SD: 139 \pm 80%, P < .0001), lower platelet count (56 \pm 15%, P < .0001), and higher PT (median: 17%, Interquartile range (IQR) 12%-22%, P < .0001) after stent-graft insertion. Twelve of 38 patients (32%) developed postoperative acute renal insufficiency (>50% rise in creatinine). Patients with renal insufficiency had significantly larger changes in WBC (178 \pm 100% vs 121 \pm 64%, P = .04) and platelet count (64 \pm 17% vs 52 \pm 12%, P = .02) compared with those without renal insufficiency. All patients (n = 9) had significant increases in NGAL (182 \pm 115%, P = .008) after stent-graft insertion. Six of nine patients (67%) had increased cystatin C (35 \pm 43%, P = .04) after stent-graft insertion, with a greater rise in those with postoperative renal insufficiency (87 \pm 32% vs 8 \pm 13%, P = .02). IL-6 levels were markedly increased in all patients (n = 9) after repair (9840 \pm 6160%, P = .008). Protein C (35 \pm 10%, P = .008) and Factor V levels (28 \pm 20%, P = .008) were uniformly decreased, while d-dimers were elevated after repair in all patients (310 \pm 213%, P = .008).

Conclusions: Leukocytosis and thrombocytopenia were uniform following endovascular TAAA repair, and the severity of the response correlated with post-operative renal dysfunction. Elevation of a sensitive marker of renal injury (NGAL) suggests that renal injury may occur in all patients after stent-graft insertion. (J Vasc Surg 2009;49:1140-6.)

Thoracoabdominal aortic aneurysm (TAAA) is a lethal disease if left untreated.¹ Open surgical repair is associated with high morbidity and mortality rates. Statewide audits

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show 30-day mortality rates of 20% and one-year mortality rates of approximately 30%.² Endovascular TAAA repair is an alternative approach, whereby the components of a multi-branched stent-graft are inserted entirely through the femoral and brachial arteries, and assembled within the thoracoabdominal aorta.³ Short term results following endovascular TAAA repair in high risk patients demonstrate lower morbidity and mortality rates compared with the traditional open approach.^{4,5}

Despite the potential benefits of endovascular treatment of aortic aneurysms,^{6,7} almost all patients who undergo placement of an aortic stent-graft experience a systemic response termed the post-implantation syndrome.8 This is characterized by fever, anorexia, elevated white blood cell count (WBC), and changes in coagulation parameters.⁸⁻¹³ For less extensive aneurysm repair, such as endovascular abdominal aortic aneurysm (AAA), the syndrome typically resolves within two weeks without any permanent ill effects. Rarely, it results in severe complications such as pulmonary dysfunction, cardiovascular events, renal insufficiency, and multi-system organ failure.^{13,14} Little is known about the pathophysiology or mechanisms underlying this response. Possible causes include injury to the vascular endothelium, manipulation of thrombus in the aneurysm, or platelet activation by the graft material.

Considering the greater extent of diseased aorta, high complexity of repair, and long length of stent-graft im-

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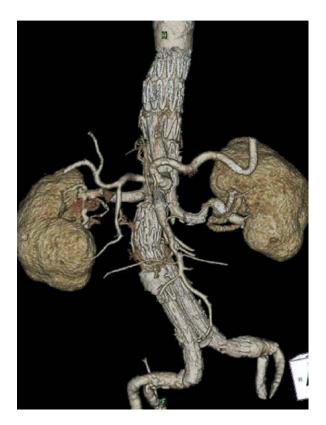


Fig 1. Computed tomographic angiography with threedimensional reconstruction after multi-branched endovascular thoracoabdominal aortic aneurysm (TAAA) repair.

planted during endovascular TAAA repair, we hypothesize that endovascular TAAA repair triggers a severe form of the post-implantation syndrome. Moreover, inflammatory cytokines, disordered coagulation, and leukocyte-endothelial interactions have been suggested to play important roles in the pathogenesis of acute kidney injury.¹⁵ The purpose of this study is to characterize the inflammatory, coagulopathic, and renal response after endovascular TAAA repair.

METHODS

Patients

Between July 2005 and June 2008, 42 patients underwent endovascular TAAA repair using custom-designed modular multi-branched stent-grafts (Fig 1) at the University of California-San Francisco Medical Center. All of the branched endografts were made of Dacron and stainless steel (Cook Medical Inc., Bloomington, Ind). Each cuff is then bridged by a Fluency covered stent (Polytetrafluoroethylene and nitinol, C.R. Bard Inc., Tempe, Ariz) into the target vessel, and then a Wallstent (Elgiloy, Boston Scientific Corp., Natick, Mass) is placed. All procedures were performed under a physician-sponsored Investigational Device Exemption from the United States Food and Drug Administration (FDA), with the approval of the local Institutional Review Board. The inclusion and exclusion criteria

Table I. Patient characteristics and operative details

Patient demographics	n = 38
Age (yrs, mean \pm SD)	75.1 ± 7.3
Male (no)	29 (76%)
Patient comorbidities	
Hypertension	34 (89%)
Diabetes	6 (16%)
Coronary artery disease	21 (55%)
Cerebrovascular disease	9 (24%)
Peripheral vascular disease	11 (29%)
Prior aortic surgery	18 (47%)
Preoperative statin use	28 (74%)
Baseline creatinine (mg/dL)	1.25 ± 0.36
Baseline GFR (mL/min/ 1.73 m^2)	62.3 ± 20.6
Maximum aneurysm size	67 ± 10
Operative details	
Operative time (hrs)	6.8 ± 1.9
Percent aortic coverage (%)	69 ± 19
Transfusion during surgery	22 (58%)
General anesthesia	26 (68%)

GFR, Glomular filtration rate.

Continuous data are presented as means \pm standard deviation except where noted.

Categorical data are given as counts (percentages).

for endovascular TAAA repair have previously been published.⁵ Of the 42 patients who underwent endovascular TAAA repair, four patients were excluded from the analysis. Two patients were excluded due to pre-existing end stage renal disease requiring dialysis. One patient was excluded because of a fatal anesthetic complication, and one patient was excluded because he underwent another significant operation at the time of aneurysm repair.

Patient demographics and follow-up

Patient demographic information, including age, gender, aneurysm size, pre-operative medications, and medical co-morbidities were collected prospectively. Data on preexisting co-morbidities were collected from patients' selfreported history and focused on coronary artery disease (CAD), hypertension, diabetes mellitus, peripheral vascular disease, cerebrovascular disease, and prior aortic surgery (Table I). Pre-operative use of aspirin, plavix, coumadin, hypertensive medications, and HMG-CoA reductase inhibitors (statins) were recorded at the initial clinic visit.

Anatomic characteristics of the TAAA (aneurysm size and extent), intraoperative procedural details, laboratory data, and postoperative outcomes were all collected prospectively. Percentage of aortic coverage was defined as the length of aorta covered by the stent-graft divided by the total length of the thoracoabdominal aorta from the origin of the left subclavian artery to the iliac bifurcation. All patients were admitted to the hospital one day prior to the procedure. If the glomerular filtration rate (GFR) calculated by the Modification of Diet in Renal Disease (MDRD) equation was less than 60 mL/min/1.73 m²,¹⁶ patients were administered an intravenous bicarbonate infusion and given an oral dose of 600 mg of N-acetylcysteine. All patients received Visipaque contrast during endovascular TAAA repair. All patients underwent postoperative computed-tomographic angiography (CTA) prior to discharge. Follow up clinical assessment, CTA, and creatinine measurement were performed at one, six, and 12 months, and then yearly thereafter.

Laboratory measurements

WBC, platelet count, prothrombin time (PT), and serum creatinine were collected the day before endovascular repair, immediately postoperatively, and then daily until discharge. In the last nine patients, additional serum markers of inflammation (interleukin-6 [IL-6]), coagulation (protein C, factor Va, d-dimer), renal injury (renal gelatinase-associated lipocalin [NGAL]), and renal function (cystatin C) were collected preoperatively, postoperatively, and for the first three days following surgery.

Analytical assays

Serum marker of inflammation. IL-6 levels were quantified using enzyme-linked immunosorbent assay (ELISA) assays (Biosource, Carlsbad, Calif). Blood samples were collected, allowed to clot, and centrifuged at 1000g to isolate serum in serum separator tubes (BD Biosciences, Franklin Lakes, NJ). Control blood samples were collected at a single time point and processed as described above. The serum samples were stored at -20° C until ELISA assays were performed according to manufacturer's instructions. Concentrated samples were diluted up to five-fold. Standards, samples, and controls were run in duplicates and read at 450 nm (Tecan, San Jose, Calif). IL-6 concentrations (pg/mL) were then calculated based on constructed standard curves.

Serum markers of coagulation. Protein C, factor Va, and d-dimer levels were measured with the Stago STA-Compact coagulation analyzer (Diagnostica STAGO, Inc, Parsippany, NJ).

Serum markers of renal injury and function. Quantitative NGAL levels were measured using an ELISA sandwich immunoassay (R&D Systems, Minneapolis, Minn) and performed according to manufacturer's instructions. Concentrated samples were diluted up to five-fold with manufacturer-provided diluent. Standards, samples, and controls were run in duplicates and the resulting chromagen was read at 450 nm with an additional 570 nm wave-length correction (Tecan). NGAL concentrations (ng/mL) were then calculated based on the constructed standard curves on respective ELISA plates. Cystatin C was measured using a particle-enhanced immunonephelometric assay (N Latex Cystatin C, Dade Behring, Inc, Deerfield, III) with a nephelometer (BNII, Dade Behring, Inc).

Definitions and measurements

Acute renal insufficiency was defined as a 50% or greater rise in serum creatinine compared with baseline values. Changes in serum creatinine, WBC, PT, platelet count, NGAL, IL-6, cystatin C, protein C, Factor V, and d-dimer levels were calculated as the differences between peak (or nadir) postoperative values and baseline (preoperative) concentrations. Peak and nadir values were defined as the highest and lowest values, respectively, within the first five postoperative days. This limitation was applied in order to restrict the analysis to the postoperative systemic response and avoid changes in laboratory values resulting from later complications. Estimated GFR was determined by the MDRD study equation.¹⁶

Statistical analysis

All statistical analysis was performed using STATA 9.0 software (StataCorp, College Station, Tex). Continuous variables are expressed as a mean \pm standard deviation for normally distributed variables and compared using the Student's *t* test. The paired *t* test was used to compare baseline and peak values for each patient. Continuous variables with a skewed distribution are expressed as a median and interquartile range and compared using the Wilcoxon rank sum test or sign rank test. The Chi-square test was used to compare categorical variables. Statistical significance was inferred at P < .05.

Univariate logistic regression analysis was used to evaluate the association between postoperative acute renal insufficiency and various predictors. Model checks included specification testing and the Hosmer-Lemeshow goodness of fit tests. In addition, univariate linear regression analysis was used to assess the association between absolute change in creatinine and various predictors.

RESULTS

All patients (n = 38) underwent successful endovascular TAAA repair. Patient demographics and operative details are shown in Table I. Mean patient age was 75.1 ± 7.3 years (range, 57.8 to 86.5 years) and 29/38 (76%) were men. Thirty day mortality following endovascular TAAA repair was 5% (2/38 patients). Eighteen of 38 patients (47%) developed a fever (temperature \geq 38.0 °C) during the postoperative period. The mean contrast dose administered during endovascular TAAA repair was 170 ± 85 mL (range, 28 to 390 mL).

Patients (n = 38) had statistically significant changes in WBC, platelet count, and PT following endovascular TAAA repair (Table II). Every patient had a higher WBC (mean \pm SD: 139 \pm 80%; range, 10% to 390%) at a median time of one day after repair; a lower platelet count (mean \pm SD: 56 \pm 15%; range, 26% to 87%) at a median time of three days after repair; and a higher PT (median 17%; range: 4 to 175%) at a median time of two days after repair. Preoperative statin use was associated with reduced perioperative changes in WBC (118 \pm 52% vs 198 \pm 114%, P =.005), but not in platelet count or PT. The magnitude of the changes in WBC, platelet count, and PT did not correlate with aneurysm size, extent of aortic coverage, contrast dose, length of operation, postoperative fever, or presence of postoperative endoleak (P > .05 for all associations).

The mean baseline GFR was $62 \pm 21 \text{ mL/min}/1.73 \text{ m}^2$ in our cohort of patients and decreased to $46 \pm 23 \text{ mL/min}/1.73 \text{ m}^2$ after repair (P < .0001). After endovascular TAAA repair, the mean baseline creatinine increased

	Baseline	Peak or Nadir	Relative change (%)	P Value
WBC	6.9 ± 1.4	16.6 ± 6.5	$+139 \pm 80$	<.0001ª
Platelets	206 ± 67	89 ± 41	-56 ± 15	$< .0001^{a}$
PT	13.7 (12.5-14.4)	16.6 (14.7-17.4)	+22(13-22)	$< .0001^{b}$
Creatinine	1.25 ± 0.36	1.89 ± 1.08	$+54 \pm 93$.0003ª
GFR	62 ± 21	46 ± 23	-26 ± 28	$< .0001^{a}$

Table II. Perioperative WBC, platelet count, PT, creatinine, and GFR

GFR, Glomular filtration rate; PT, prothrombin time; WBC, white blood cells.

WBC and platelets: X 109 cells/liter; PT: seconds; Creatinine: mg/dL; GFR: mL/min/1.73 m².

^aPaired *t* test.

^bWilcoxon signed rank test.

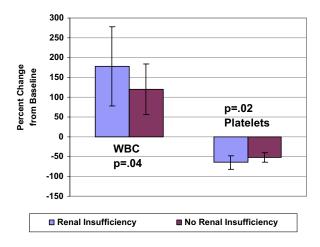


Fig 2. Comparison of changes in white blood cell (WBC) and platelet count after endovascular thoracoabdominal aortic aneurysm (TAAA) repair between patients with and without postoperative renal insufficiency.

from 1.25 \pm 0.36 mg/dL to 1.89 \pm 1.08 mg/dL (P < .0001) (Table II). Twelve of 38 patients (32%) developed postoperative acute renal insufficiency. Patients with renal insufficiency had larger changes in WBC (178 \pm 100% vs $121 \pm 64\%$, P = .04) and platelet count ($64 \pm 17\%$ vs $52 \pm$ 12%, P = .02) compared with those who did not develop renal insufficiency in the postoperative period (Fig 2). There was no significant increase in PT amongst those with postoperative renal insufficiency (median PT, 20; IQR, 15%-30%) compared with those without renal insufficiency (median PT, 15; IQR, 11%-21%, P = .09). Preoperative $GFR < 60 \text{ mL/min/}1.73 \text{ m}^2$ was not associated with the development of acute renal insufficiency (P = .80). The two patients who died within 30 days in our series both developed acute renal insufficiency in the early postoperative period.

Univariate logistic regression analysis demonstrated that each 5×10^9 cells/liter increase in WBC in the postoperative period was associated with a 2.4-fold odds of postoperative renal insufficiency (P = .02; 95% CI, 1.2-4.9). Each 50×10^9 cells/liter decrease in platelet count was associated with a 4.0-fold odds of postoperative renal insufficiency (P = .02; 95% CI, 1.3-12.5). Fig 3 shows the

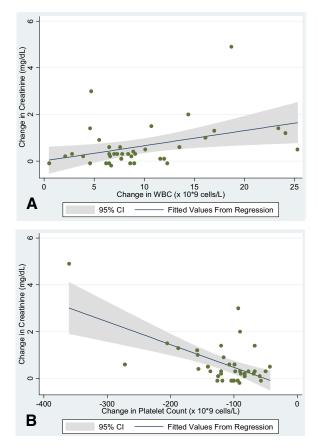


Fig 3. A, Univariate linear regression of postoperative change in serum creatinine using change in white blood cell (WBC) as the predictor variable **B**, Univariate linear regression of postoperative change in serum creatinine using change in platelet count as the predictor variable.

relationship between postoperative change in creatinine with change in WBC and change in platelet count, respectively.

Additional markers of renal injury and function, inflammation, and coagulopathy were measured in the last nine patients. All patients (n = 9) had increases in NGAL (mean \pm SD: 182 \pm 115%; range, 62%-410%, *P* = .008) postoperatively (Fig 4, *A*). Rise in NGAL levels did not correlate with the presence or absence of post-operative

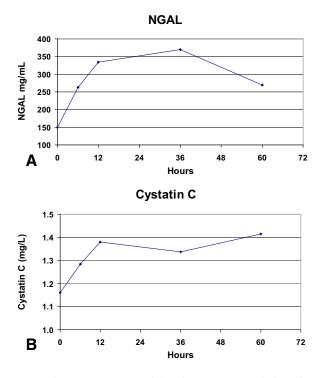


Fig 4. A, Rise in neutrophil gelatinase-associated lipocalin (NGAL) levels over time following endovascular thoracoabdominal aortic aneurysm (TAAA) repair (n = 9). **B**, Rise in cystatin C levels over time following endovascular thoracoabdominal aortic aneurysm (TAAA) repair (n = 9).

renal insufficiency (P = .66). 6/9 patients (67%) had increases in cystatin C levels after TAAA repair. Mean cystatin C levels were significantly elevated post-operatively ($35 \pm 43\%$, P = .04, Fig 4, *B*), and the rise in cystatin C was greater in patients with postoperative acute renal insufficiency compared with those with no change in renal function ($87 \pm 32\%$ vs $8 \pm 13\%$, P = .02).

IL-6 levels were markedly elevated in all patients (mean \pm SD: 9,840 \pm 6,160%, P = .003) following endovascular repair (Fig 5). Protein C (35 \pm 10%, P = .008) and Factor V levels (28 \pm 20%, P = .008) were uniformly decreased, while d-dimers were elevated in all patients after repair (310 \pm 213%, P = .008) (Fig 6).

DISCUSSION

Endovascular repair of TAAA results in significant leukocytosis and thrombocytopenia, which appear to be related to postoperative acute renal insufficiency. The inflammatory sequelae may not amount to much after endovascular AAA repair, but they constitute a significant source of morbidity after endovascular TAAA repair. In our previous report on the results of multi-branched endovascular TAAA repair, the hemorrhagic complications of thrombocytopenia and coagulopathy included upper gastrointestinal bleeding, hemoptysis, and subarachnoid hemorrhage.⁵ Based on the findings of the current study, we can conclude

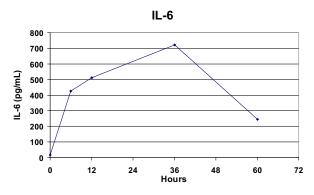


Fig 5. Rise in interleukin-6 (IL-6) levels over time following endovascular thoracoabdominal aortic aneurysm (TAAA) repair (n = 9).

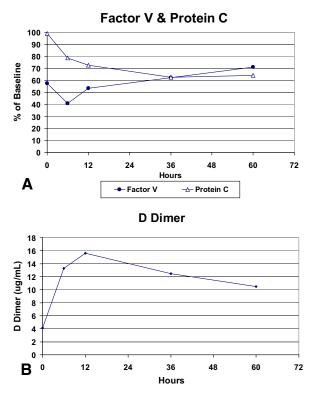


Fig 6. A, Fall in factor V and protein C levels over time following endovascular thoracoabdominal aortic aneurysm (TAAA) repair (n = 9). **B,** Rise in d-dimer levels over time following endovascular thoracoabdominal aortic aneurysm (TAAA) repair (n = 9).

that the inflammatory response to endovascular TAAA repair is also associated with renal dysfunction.

The literature on the post-implantation syndrome following AAA repair provides little indication of the underlying cause. One cannot say, based on published reports, whether the response to endovascular AAA repair is the same as the response to open surgery.¹⁰⁻¹³ Nor can one say whether the cause is surgical stress, endovascular instrumentation of the mural thrombus, endovascular instrumentation of the endothelium, the presence of a stentgraft, or thrombosis of the aneurysm. For example, some authors suggest that manipulation in the aneurysm during endovascular repair may cause white cell activation with the release of various cytokines, such as IL-1, IL-6, and TNF- α , while others suggest that injury to the vascular endothelium may prompt activation of protein C, with a subsequent coagulopathy and loss of cytoprotectivity.^{13-14,17,18} Our data on endovascular TAAA repair are helpful in this regard because the inflammatory response is pronounced and consistent, occurring in every single patient treated. Moreover, there were strong correlations between inflammatory, hematologic, and renal effects, suggesting that causal relationships connect them all, although we cannot yet say how. All patients in our study had markedly elevated levels of IL-6 and a two-fold increase in WBC after stent-graft implantation, suggesting a strong inflammatory response. In addition, the coagulopathic response was characterized by a decrease in protein C levels immediately after endovascular repair, followed by a significant drop in platelet count and increase in prothrombin time.

It seems likely that the inflammatory response caused the renal dysfunction, rather than the converse. Other possible explanations for a high rate of postoperative renal dysfunction in this study group include contrast nephrotoxicity and intraoperative ischemia. All of the patients in this study received Visipaque contrast. The mean contrast volume used during repair was 170 mL, with a range of 28 to 390 mL. Of note, the only patient who left the hospital on dialysis was the one who received the smallest dye load (28 mL). There is no period of obligatory renal ischemia during endovascular TAAA repair. Blood flows through the cuffs of the stent-graft into the peri-graft space, and from there into the renal and visceral arteries. In theory, the interruption of flow to a branch vessel would only be occluded for as long as it took to deploy the Fluency covered stent, or to inflate a balloon within the covered stent or the outflow artery. Based on the tapered shape of the stent-graft and the method of insertion, we believe renal ischemia occurred rarely, if ever.

We recognize that alterations in serum creatinine are not necessarily the most reliable basis for an assessment of renal function. In the latter part of this study, we started to measure novel biomarkers of renal function (cystatin C) and renal tubular injury (NGAL).^{19,20} Cystatin C has emerged as an important marker of acute renal dysfunction, and appears to correlate better with GFR than serum creatinine.²¹⁻²⁴ NGAL, an indicator of acute tubular injury, may also have a role in establishing the precise timing of renal injury,²⁵ as we try to establish a chain of events in the interplay of the inflammatory, coagulopathic, and renal effects.

Most of the theories regarding the etiology of the post-implantation syndrome fall into one of two groups: those that depend on catheter-mediated injury, and those that depend on the presence of the stent graft. Since the implantation of a branched stent graft consists largely of a series of intra-arterial catheter manipulations, the duration of the operation may serve a surrogate for the extent of aortic instrumentation. Our surrogates for aneurysm and stent-graft related effects were the extent of aortic coverage and aneurysm diameter. None of these factors correlated with the inflammatory response. The only significant determinant of the extent of the inflammatory response was statin use, with a significantly less pronounced leukocytosis in those taking any form of statin therapy. If anyone needs yet another reason to promote routine statin use in vascular surgery patients, here it is.

The results of endovascular TAAA repair compare well with the results of open surgical repair, but the outcomes are marred by the effects of a severe inflammatory response.⁵ Not that this response is unique to endovascular repair of TAAA; some manifestations of the post-implantation syndrome occur in all patients who undergo endovascular treatment of aortic diseases (abdominal aortic aneurysms, thoracic aneurysms, and thoracic dissections).^{9,13,26-28} However, those undergoing endovascular TAAA repair appear to experience a more extreme response. As we have learned to overcome the technical obstacles to stent-graft insertion, the post-implantation syndrome has become the main impediment to an uncomplicated postoperative course.

AUTHOR CONTRIBUTIONS

Conception and design: CC, TC, CN, MS, MC, LR, JH Analysis and interpretation: CC, TC, CN, MS, MC, LR, JH Data collection: CC, TC, CN, MS, MC, LR, JH

- Writing the article: CC, TC, JH
- Critical revision of the article: CC, TC, CN, MS, MC, LR, JH
- Final approval of the article: CC, TC, CN, MS, MC, LR, JH
- Statistical analysis: CC, MS, JH
- Obtained funding: CC, TC, CN, MS, MC, JH

Overall responsibility: CC, JH

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