



TCT@ACC-i2: Invasive and Interventional Cardiology

IMPACT OF POSITIVE AND NEGATIVE CORONARY REMODELING ON CULPRIT LESION MORPHOMETRY: THE ADAPT-DES IVUS SUBSTUDY

Poster Contributions
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Background: The relationship between vessel remodeling and plaque characteristics is incompletely understood.

Methods: ADAPT-DES was a prospective, multicenter observational study of 8,583 consecutive pts undergoing PCI with DES. A pre-specified intravascular ultrasound (IVUS) substudy enrolled 2670 pts; 831 culprit and 768 non-culprit lesions in 913 pts were evaluated by grayscale and virtual histology (VH)- IVUS pre-PCI. Receiver operating curve analysis identified 2 separate cut-off points that differentiated culprit from non-culprit lesions: Remodeling index (RI=lesion/reference arterial area)=0.85 and RI=1.09 [AUC; 0.66 (0.64-0.68)]. We then defined negative remodeling as RI \leq 0.85, intermediate remodeling as 0.85< RI \leq 1.09, and positive remodeling as RI \geq 1.09.

Results: Lesions with either positive or negative remodeling were longer, had a smaller MLA and a larger plaque burden, and more often contained a VH-TCFA (thin-cap fibroatheroma) compared to intermediate remodeled lesions. However, plaque rupture was observed far more frequently in positive remodeled lesions, while a calcified nodules were observed more frequently in negatively remodeled lesions (Table).

Conclusions: Both negative and positive remodeling are associated with clinically active coronary lesions (larger plaque burden, smaller MLA, more common VH-TCFA, plaque rupture, and calcified nodules) indicating that it is the magnitude of remodeling and not just the direction (inward or outward) that is important.

| | Negative remodeling (n=469) | Intermediate remodeling (n=779) | Positive remodeling (n=351) | P value |
|-------------------------|-----------------------------|---------------------------------|-----------------------------|---------|
| Culprit lesions | 60.6% (284) | 35.4% (276) | 77.2% (271) | <0.0001 |
| Remodeling index | 0.71 [0.70, 0.72] | 0.97 [0.96, 0.97] | 1.35 [1.31, 1.39] | <0.0001 |
| MLA, mm2 | 3.89 [3.69, 4.08] | 5.43 [5.20, 5.67] | 3.49 [3.23, 3.74] | <0.0001 |
| Plaque burden at MLA, % | 64.8 [63.5, 66.0] | 63.0 [62.1, 63.9] | 75.1 [73.8, 76.4] | <0.0001 |
| Area stenosis | 0.75 [0.74, 0.76] | 0.64 [0.63, 0.65] | 0.68 [0.66, 0.69] | <0.0001 |
| Lesion length, mm | 24.0 [22.6, 25.5] | 15.0 [14.2, 15.9] | 24.2 [22.4, 25.9] | <0.0001 |
| VH-TCFA | 61.2% (287) | 51.6% (402) | 60.1% (211) | 0.0003 |
| TCFA length, mm | 7.5 [6.7, 8.3] | 6.3 [5.7, 6.9] | 8.2 [7.1, 9.2] | 0.004 |
| Plaque rupture | 13.9% (65) | 14.0% (109) | 35.6% (125) | <0.0001 |
| Calcified nodule | 17.9% (84) | 8.5% (66) | 10.5% (37) | <0.0001 |