Blood-Derived CD4 T Cells Naturally Resist Pyroptosis during Abortive HIV-1 Infection

Graphical Abstract

Highlights

- Lymphoid-derived CD4 T cells undergo IFI16-driven pyroptosis after abortive HIV infection
- Blood CD4 T cells resist pyroptosis due to a deeper resting state with lower IFI16 levels
- Blood CD4 T cells become sensitized for pyroptosis by co-culture with lymphoid cells
- Re-isolation of blood CD4 T cells from co-cultures restores their resistant state

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In Brief

HIV causes CD4 T cell depletion, mostly driven by pyroptosis of abortively infected cells. Muñoz-Arias et al. demonstrate that blood-derived CD4 T cells are resistant to HIV-mediated pyroptosis. However, interactions with lymphoid tissue-derived cells sensitize these cells to pyroptosis, indicating how trafficking and interactions within lymphoid tissues shape responses to HIV.

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Blood-Derived CD4 T Cells Naturally Resist Pyroptosis during Abortive HIV-1 Infection

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SUMMARY

Progression to AIDS is driven by CD4 T cell depletion, mostly involving pyroptosis elicited by abortive HIV infection of CD4 T cells in lymphoid tissues. Inefficient reverse transcription in these cells leads to cytoplasmic accumulation of viral DNAs that are detected by the DNA sensor IFI16, resulting in inflammasome assembly, caspase-1 activation, and pyroptosis. Unexpectedly, we found that peripheral blood-derived CD4 T cells naturally resist pyroptosis. This resistance is partly due to their deeper resting state, resulting in fewer HIV-1 reverse transcripts and lower IFI16 expression. However, when co-cultured with lymphoid-derived cells, blood-derived CD4 T cells become sensitized to pyroptosis, likely recapitulating interactions occurring within lymphoid tissues. Sensitization correlates with higher levels of activated NF-κB, IFI16 expression, and reverse transcription. Blood-derived lymphocytes purified from co-cultures lose sensitivity to pyroptosis. These differences highlight how the lymphoid tissue microenvironment encountered by trafficking CD4 T lymphocytes dynamically shapes their biological response to HIV.

RESULTS

Blood-Derived CD4 T Cells Are Naturally Resistant to HIV-Mediated Depletion

The sensitivity of blood- and lymphoid tissue-derived CD4 T cells to HIV-mediated depletion was assessed in the human lymphoid aggregated culture (HLAC) system (Figure 1A) (Doitsh et al., 2010; Jekle et al., 2003). Effector tonsil cells were infected with the lab-adapted CXCR4-tropic virus NL4-3. As expected, carboxyfluorescein diacetate succinimidyl ester (CFSE)-labeled (target) tonsil CD4 T cells were massively depleted when co-cultured with productively infected effector tonsil cells (Figure 1B). In agreement with prior results, CD4 T cell depletion persisted in the presence of azidothymidine (AZT), a nucleoside reverse transcriptase inhibitor that allows the accumulation of short reverse transcripts but blocks the generation of full-length late transcripts though chain termination. These findings with AZT indicate that the observed cell death was not a consequence of productive infection. However, cell death was blocked by efavirenz (EFV), a nonnucleoside reverse transcriptase inhibitor that allosterically inhibits reverse transcriptase, thereby preventing accumulation of the short viral DNA transcripts (Figure 1B) (Doitsh et al., 2010; Quan et al., 1999). This pattern of drug sensitivity where EFV but not AZT blocks cell death is characteristic of pyroptosis triggered by abortive HIV infection and is consistent with prior studies (Doitsh et al., 2010).

To determine if resting blood-derived CD4 T cells are susceptible to this mechanism of HIV-induced cell death, effector peripheral blood lymphocytes (PBLs) were stimulated with phytohemagglutinin (PHA) and interleukin-2 (IL-2) for 48 hr to render them susceptible to productive HIV infection. Effector PBLs...
were co-cultured with resting target PBLs 5 days after infection (Figure 1A). Strikingly, resting target blood CD4 T cells were not depleted (Figure 1B), even though these same effector cells readily induced target tonsil CD4 T cell depletion (Figure 1C). These results imply that the resistance of target PBLs to depletion is not due to inefficient viral production or transfer from effector PBLs.

Since HIV-infected subjects exhibit higher levels of overall immune activation compared to healthy subjects even when their viral load is controlled by effective combination antiretroviral therapy (cART) (Lederman et al., 2013), we explored whether higher levels of caspase-1 activation might be present in HIV-infected patient blood samples. Caspase-1 activation was monitored in CD4 T cells from the blood of 11 healthy and 15 HIV-infected (8 untreated and 7 cART-treated) donors by staining with cell-permeable fluorogenic caspase-1-specific substrates (CaspLux-1) followed by flow cytometric analyses. In all cases, less than 1% of patient blood-derived CD4 T cells scored positive for caspase-1 activation (see Figure S1A available online). Lysates from HIV-infected donors and healthy monocytes were also compared by immunoblotting with anti-caspase-1 antibodies to identify the inactive proenzyme (p20 and p10) subunits that form during capase-1 activation (Figure S1B). None of the HIV-infected donors showed evidence of activated caspase-1, whereas the p10 and p20 subunits were readily detected in monocytes, where caspase-1 is constitutively active. Thus, the vast majority of blood-derived CD4 T cells from HIV-infected subjects, on and off cART, do not exhibit caspase-1 activation.

Next, we assessed the level of HIV fusion to blood- and lymphoid tissue-derived CD4 T cells. Using a virion-based fusion assay (Cavrois et al., 2002), we found that NL4-3 fused similarly to CD4 T cells from both tissues and fusion was effectively inhibited by addition of the CXCR4 coreceptor antagonist, AMD3100 (Figure 1E). Thus, differences in viral entry into target blood CD4 T cells (versus tonsil cells) do not explain their resistance to pyroptosis.

Blood-Derived CD4 T Cells Accumulate Fewer Reverse Transcripts and Express Less IFI16 Than Lymphoid Tissue-Derived CD4 T Cells

To further dissect the basis for the resistance of blood-derived CD4 T cells to HIV-mediated depletion, we used a flexible experimental system where HEK293T cells are transfected with the viral plasmid pNLENG1I and then overlaid with blood- or tonsil-derived cells (Figure 2A) (Doitsh et al., 2014; Levy et al., 2004). In this system, tonsil-derived CD4 T cells were massively depleted. Efavirenz prevented depletion of these cells, confirming that the depletion requires steps of the viral life cycle beyond gp120 engagement and reverse transcription initiation. Conversely, overlaid blood-derived CD4 T cells remained resistant to depletion (Figure 2B). As shown by qPCR analysis,
5 hr after overlay on NLENG1I-transfected HEK293T cells, tonsil lymphocytes generated 3- to 10-fold more HIV reverse transcripts than PBLs (Figures 2C and 2D), suggesting that the accumulation of fewer HIV reverse transcripts may explain the resistance of blood CD4 T cells to HIV-mediated depletion.

To determine if boosting HIV reverse transcription was sufficient to induce blood CD4 T cell depletion, we treated PBLs with deoxynucleosides (dNs, 2.5–5 mM), for 0–1 hr before overlaying them on virus-producing HEK293T cells (Plesa et al., 2007; Zack et al., 1990). Overlaid dNs-treated PBLs produced up to 40-fold more HIV Envelope DNA than their untreated counterparts (Figure 2E). However, the dNs-dependent increase in reverse transcription was not sufficient to sensitize blood-derived CD4 T cells to depletion (Figure 2F). These data suggest that restriction of reverse transcription is not the only factor underlying the intrinsic resistance of blood-derived CD4 T cells to HIV-mediated depletion.

Figure 2. Blood-Derived CD4 T Cells Accumulate Fewer Reverse Transcripts and Express Less IFI16 DNA Sensor than Tonsil CD4 T Cells
(A) The HEK293T overlay culture system. Lymphocytes were overlaid on NLENG1I-transfected HEK293T cells for 5–48 hr. Samples were then immunostained and analyzed by flow cytometry, or lysed for DNA or mRNA purification and analyzed by qPCR or RT-qPCR.
(B) Percentages of viable tonsil- or blood-derived CD4 T cells 48 hr after overlay.
(C and D) Fold increase in HIV DNA versus the corresponding uninfected lymphocytes 5 hr after overlay. (C) Envelope or (D) Gag HIV DNA.
(E) Virus-producing HEK293T cells were overlaid with dNs-treated PBLs for 5 hr. Shown is the fold increase in HIV Envelope DNA versus the infected untreated PBLs.
(F) Percentages of viable CD4 T cells 48 hr after overlay on virus-producing HEK293T.
(G) Fold increase in IFI16 mRNA in purified CD4 T cells from three tonsil versus three blood donors.
(H) Immunoblot of IFI16 expression in resting blood- or tonsil-purified CD4 T cells. IFI16 expression varied among different cellular compartments (25%–99% less IFI16 in blood than tonsil CD4 T cells). Tonsil- and blood-purified CD4 T samples were analyzed on the same gel exposed for the same length of time, but are shown separately for graphical clarity.
(I and J) Fold increase in type I interferon mRNA versus corresponding uninfected lymphocytes 24 hr after overlay on virus-producing HEK293T cells (I) interferon-β or (J) interferon-α mRNA. Data shown in (B), (F), and (G) represent cumulative results from at least three experiments; representative results from a single experiment repeated three times with similar results are shown in (C)–(E) and (H)–(J). Error bars, SEM.
Next, we compared expression levels of the DNA sensor IFI16, in blood- and lymphoid tissue-derived CD4 T cells. IFI16 transcription was approximately 3-fold higher in tonsil than blood-derived CD4 T cells (Figure 2G); the reduction in IFI16 protein expression was even greater (Figure 2H). With insufficient IFI16 expression, HIV reverse transcripts would not be sensed, and caspase-1 would not be activated to induce pyroptotic cell death.

IFI16 also induces the type I interferon response upon DNA sensing (Unterholzner et al., 2010). Blood-derived CD4 T cells produced less type I interferon mRNA than their tonsil counterparts, 24 hr after overlay on virus-producing HEK293T cells (Figures 2I and 2J). These findings suggest that lower reverse transcription coupled with lower IFI16 expression results in less HIV DNA sensing. Of note, Berg et al. reported that human primary T cells fail to induce strong type I interferon responses, and caspase-1 would not be activated to induce pyroptotic cell death.

Blood-Derived CD4 T Cells Co-Cultured with Lymphoid Tissue-Derived Cells Are Susceptible to HIV-Mediated Depletion

The microenvironments of lymphoid tissues and peripheral blood are quite distinct (Cyster, 2005; Eckstein et al., 2001; Kreisberg et al., 2006; Moutsopoulos et al., 2006). To test if the lymphoid tissue microenvironment is necessary and sufficient to induce abortive HIV infection-mediated depletion of CD4 T cells, we mimicked this environment by coculturing PBLs with tonsil-derived cells using the HLAC and HEK293T overlay culture systems. Remarkably, blood-derived CD4 T cells were rendered sensitive to depletion when co-cultured with tonsil cells (Figures 3A and 3B). This effect was not the result of allogenic cellular activation alone, as co-culture of PBLs from mismatched donors was not sufficient to sensitize target blood-derived CD4 T cells for depletion (Figure S2A). Thus, blood CD4 T cells are highly resistant to pyroptosis unless co-cultured with tonsil cells, raising the possibility that the lymphoid tissue microenvironment sensitizes CD4 T cells to HIV-mediated depletion. Interestingly, the percent depletion of blood CD4 T cells increased with the fraction of tonsil lymphocytes (Figure 3B). Splenocytes also sensitized blood CD4 T cells to HIV-mediated depletion, suggesting
that this phenotype is a general property of lymphoid tissues (Figure S2C).

To determine if sensitization of blood CD4 T cells requires close cell-to-cell interactions, PBLs were allowed to interact directly with virus-producing HEK293T cells and 7-aminocoumarin (CMAC)-labeled tonsil cells, or were separated from tonsil cells by a transwell insert. When separated from tonsil cells, blood CD4 T cells were resistant to depletion (Figures 3C and S2D), suggesting that close interactions between lymphoid- and blood-derived cells are required for sensitization. These results are consistent with our finding that supernatants from tonsil cultures do not render blood CD4 T cells susceptible to pyroptosis (data not shown). However, these findings do not exclude the possibility that cell-to-cell signaling induces expression of soluble factor(s) that in turn mediates sensitization.

We recently found that cell-to-cell spread of HIV-1 is required for pyroptosis of lymphoid-derived CD4 T cells (Galloway et al., 2015). If blood-derived CD4 T cell depletion requires direct delivery of virions from productively infected lymphoid tissue-derived CD4 T cells, the transwell system could have interrupted this infection pathway. To investigate this possibility, HEK293T cells were transfected with an integrase-defective viral plasmid, NLENG1-D116N (Gelderblom et al., 2008). Thus, transfected HEK293T cells produce virions that fuse to but do not integrate into target lymphocytes. When overlaid on NLENG1-D116N-transfected HEK293T cells, tonsil CD4 T cells were effectively depleted. These findings confirm that viral integration and productive infection are not required for lymphoid tissue-derived CD4 T cell depletion (Doitsh et al., 2010). When the same conditions were replicated with PBLs, blood CD4 T cells were not depleted unless they were co-cultured with tonsil cells (Figure 3D). Thus, although the virus need not emanate from lymphoid tissue-derived CD4 T cells, close interactions between tonsil and blood cells are required for sensitization to HIV-mediated depletion (Figures 3C, 3D, and S2C).

Next, we investigated whether the sensitization of blood cells reflects a specific property of CD4 T cells in lymphoid tissue. Tonsil CD4 T, CD8 T, and B cells were enriched with MACS Miltenyi beads (Figure S2E). Interestingly, all three enriched populations equally sensitized blood-derived CD4 T cells to depletion (Figure 3E). Thus, the ability to sensitize is not limited to lymphoid tissue-derived CD4 T cells. Since B cells and CD8 T cells are not susceptible to HIV infection or death, these results further exclude the possibility that sensitization requires productive infection or death of lymphoid-derived CD4 T cells. Additionally, these findings further confirm that sensitization of blood CD4 T cells does not require the virus to emanate from lymphoid tissue-derived CD4 T cells.

Co-Culture with Lymphoid Tissue-Derived Cells Sensitizes Blood CD4 T Cells to Pyroptosis Induced by Multiple Inflammasomes

Although abortive HIV infection of lymphoid tissue-derived CD4 T cells leads to caspase-1-dependent pyroptosis, it was important to determine if sensitized blood CD4 T cells die by the same mechanism or another pathway of programmed cell death, such as apoptosis or necroptosis (Fink and Cookson, 2005; Miao et al., 2011). To test this, NLENG1I-transfected HEK293T cells were overlaid with co-cultured tonsil lymphocytes and PBLs in the presence of a pancaspase, caspase-1, or caspase-3 inhibitor. The death of co-cultured blood-derived CD4 T cells was efficiently prevented by the caspase-1 and pancaspase inhibitors, but not by the caspase-3 inhibitor (Figure 4A), implying that caspase-1 activation is essential for the death of these cells.

Next, we analyzed CD4 T cells from tonsil, PBLs, or co-cultures of those cells for activated caspase-1 and propidium iodide (PI) uptake after 48 hr of overlay on virus-producing HEK293T cells (Figure S3A). After HIV infection, only a very small percentage of blood CD4 T cells stained positive for caspase-1 activation and PI uptake. Conversely, co-culture with tonsil cells induced a 4- to 5-fold increase in the percentage of blood CD4 T cells that stained positive for caspase-1 activation and a 5- to 6-fold increase for PI uptake. In addition, co-culture with tonsil cells induced a 3-fold increase in the percentage of blood CD4 T cells that took up ethidium bromide (EtBr), presumably through membrane pores formed during pyroptosis, while none of the samples took up ethidium homodimer-2 (EtD2) (Figure S3B). Up-take of EtBr coupled with exclusion of EthD2 is characteristic of pyroptosis (Fink and Cookson, 2006). These results further suggest co-cultured blood- and tonsil-derived CD4 T cells undergo pyroptosis after abortive HIV infection.

Next, we examined whether co-culture with lymphoid cells alters the activation state of blood-derived CD4 T cells. As shown by immunostaining for CD69, CD25, and HLA-DR, cellular activation was greater in tonsil- versus blood-derived CD4 T cells. However, expression of these same activation markers was not increased in the majority of co-cultured blood CD4 T cells (Figure S3C).

To test for more subtle changes in activation, PBLs were stained intracellularly with antibodies specific for the RelA (p65) subunit of NF-κB phosphorylated at Ser-536. This site-specific phosphorylation only occurs after stimulus-coupled degradation of IkBa (Chen and Greene, 2004; Huang et al., 2010). In blood CD4 T cells co-cultured with tonsil lymphocytes, Ser-536 phosphorylation of RelA was significantly increased by 2-fold compared to blood CD4 T cells cultured alone (Figure 4B).

To test if this level of RelA-Ser-536 phosphorylation was functionally significant, tonsil lymphocytes, PBLs, or co-cultures of those cells were treated with nigericin (10 or 20 M for 3 hr) (Figure S3D). Nigericin is a potent inducer of pyroptosis involving assembly of the NF-κB-inducible gene, NLRP3, and other inflammasome components (Qiao et al., 2012). Under these conditions, higher percentages of tonsil- and co-cultured blood-derived CD4 T cells displayed caspase-1 activation and PI uptake, and became susceptible to depletion versus PBLs cultured alone (Figures S3D and 4C). These results imply that CD4 T cells circulating in the blood are resistant to pyroptosis elicited either by abortive HIV infection or nigericin exposure. The low level of NF-κB activation occurring in co-cultured blood CD4 T cells is likely important for sensitization, as this factor can regulate expression of key inflammasome components. Finally, reverse transcription (Figure S3E) and expression of IFI16 (Figure 4B) were increased 3- and 2-fold, respectively, in co-cultured blood CD4 T cells. The increase in reverse transcription and the upregulation of IFI16 are likely required for induction of pyroptosis.

The frequent trafficking of naive CD4 T cells between blood and lymphoid tissues suggests that the gain and loss of
sensitivity to pyroptosis may be quite dynamic. To test for potential lability of sensitization, blood-derived CD4 T cells were sorted from co-cultures and analyzed for IFI16 transcription by RT-qPCR. These sorted blood CD4 T cells transcribed less IFI16 than tonsil-derived CD4 T cells (Figure S3F). Remarkably, sorted PBLs that were overlaid on pNLENG1I-transfected HEK293T cells for 48 hr reacquired resistance to pyroptosis (Figure 4D). These results imply that the sensitization of CD4 T cells to HIV-mediated pyroptosis requires continuous signaling and is rapidly lost when this signaling is interrupted, as would occur when CD4 T cells in lymphoid tissues return to the bloodstream (Figure 4E).

DISCUSSION

Our studies reveal that blood-derived CD4 T cells are naturally resistant to abortive HIV infection-mediated pyroptosis, a finding that stands in sharp contrast to the sensitivity of CD4 T cells residing in lymphoid tissues. This intrinsic resistance of blood CD4 T cells may be explained by decreased reverse transcription and lower IFI16 expression. When these cells return to the lymphoid tissues, cell-cell interactions sensitize them to this mechanism of HIV-induced depletion.
state that allows productive HIV infection culminating in death by apoptosis (Brenchley et al., 2004; Li et al., 2005; Mattapallil et al., 2005). Conversely, although “primed,” more than 95% of CD4 T cells derived from spleen, lymph node, and tonsil are too quiescent to support productive infection (Kreisberg et al., 2006; Moutsopoulos et al., 2006). However, these cells are activated sufficiently to support an abortive form of infection culminating in caspase-1-dependent pyroptosis. Most CD4 T cells in the blood, however, are in a deeper resting state (Moutsopoulos et al., 2006; Zack et al., 1990) than those residing in lymphoid tissues and are therefore naturally resistant to both productive infection and pyroptosis. Although blood CD4 T cells from HIV-infected subjects have been reported to exhibit a higher state of activation, fewer than 1% of these cells displayed caspase-1 activation. The natural resistance of blood CD4 T cells to pyroptosis may benefit the host by confining the intense inflammation associated with abortive HIV infection to lymphoid tissues. These results further underscore AIDS as a disease of lymphoid tissues, not blood.

Strikingly, co-culture with lymphoid tissue-derived cells sensitizes blood CD4 T cells to pyroptosis. This sensitization is rapidly lost when the co-cultures are disassembled. Since CD4 T cells traffic in and out of lymphoid tissues, they likely rapidly gain and lose sensitivity to pyroptosis (Figure 4D). Our findings suggest that key signals sensitizing cells to pyroptosis are dependent on cell-to-cell interactions and that such interactions may extend to other inducers of pyroptosis such as nigericin which involves assembly of a different inflammasome, NLRP3 (Figure S3D). With a better understanding of these yet-unidentified signaling events, it might be possible to block signal transduction, thereby conferring upon lymphoid-CD4 T cells the same resistance to pyroptosis that is naturally present in circulating blood CD4 T cells. This could potentially result in a host-directed approach to control progression of HIV disease to AIDS that could be combined with cART or potentially used in cases of multidrug resistance where cART options are limited.

**EXPERIMENTAL PROCEDURES**

**Statistical Analysis**
To exclude other causes of cell death not involving HIV infection, we normalized CD4 T cell absolute counts to that of CD8 T cells, which do not undergo pyroptosis in the presence of HIV. Since ratios do not follow a normal distribution, we used a log-transformation on the CD4/CD8 ratios to uninfected controls. The assumption of normality of the log-transformed values was examined with the Shapiro-Wilk test. One-sample t test and t-confidence intervals were used for normally distributed data. A one-sample Wilcoxon rank-sum test was used to calculate the p value of nonnormally distributed data. In all experiments involving infected tonsil, PBLs, or co-cultured tonsil and PBLs, CD4 T cell depletion was significantly higher than in the corresponding uninfected control (p < 0.05), while depletion of blood CD4 T cells cultured alone was not significant (p > 0.05).

**Preparation of Viral Stocks**
To generate viral stocks, HEK293T cells (ATCC) were transfected with pNL4-3 (NIH AIDS Reagent Program) (80 μg/T175 flask) using the calcium-phosphate method. Please see our Supplemental Experimental Procedures for detailed experimental protocols.

**Fusion Assay**
Tonsil cells or PBLs were infected with NL4-3 BLAM-Vpr virus (50 ng/ml) for 1 hr at 37°C. Cells were washed with CO₂-independent medium, stained with CCF2-AM for 1 hr at room temperature, and incubated overnight in probenecid/CO₂-independent medium at room temperature as described (Cavrois et al., 2002). The next day, cells were stained for surface CD4 expression and fixed with 2%–4% paraformaldehyde for at least 1 hr before measurement of cell fusion indicated by BLAM cleavage of CCF2-AM.

**SUPPLEMENTAL INFORMATION**
Supplemental Information includes three figures and Supplemental Experimental Procedures and can be found with this article at http://dx.doi.org/10.1016/j.chom.2015.09.010.

**AUTHOR CONTRIBUTIONS**
I.M.-A. designed and performed the experiments to generate all the figures, and wrote the manuscript (with guidance and supervision from W.C.G.). G.D. generated the initial observations that led to this project, and provided reagents, guidance, and advice on the project. Z.Y. analyzed cell lysates by western blots for IFI16 and β-actin. S.S. analyzed caspase-1 activation in samples from HIV-infected patients. D.R. provided key materials. W.C.G. supervised the study design, analysis of data, and manuscript preparation.

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