Renal citrate metabolism and urinary citrate excretion in the infant rat

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Background. Although hypercalciuria has the same prevalence in children as adults, children rarely develop renal stones. This may be explained by a greater urinary citrate excretion in infants compared with adults. The present study examines the renal excretion of citrate and renal cortical citrate metabolism in infant and adult rats.

Methods. Adult male and newly weaned infant rats were acclimated to metabolic cages and fed synthetic diets. Urine was collected after two days, and renal cortical citrate metabolism was assayed.

Results. Infant rats had a lower plasma [HCO₃⁻] and higher plasma [K⁺] and had a fourfold higher urinary citrate:creatinine ratio and a twofold higher concentration of citrate in their urine compared with adult rats. This higher urinary citrate excretion was not due to a difference in renal proximal tubular Na/citrate cotransporter activity, nor renal cortical citrate synthase or ATP citrate lyase activities in infants as compared with adults. However, infant rat kidneys had significantly lower mitochondrial aconitase (m-aconitase) activity. Renal cortical citrate concentrations were comparable in infant and adult rats. Manipulation of plasma [K⁺] to adult levels did not affect the higher urinary citrate excretion in infant rats.

Conclusions. Urinary citrate excretion in infant rats is greater than in adults but does not parallel tissue [citrate]. Thus, this higher urinary citrate is likely due to maturational differences in the proximal tubule, other than Na/citrate cotransport, that directly affect citrate transport.

The incidence of renal stones in children with hypercalciuria is approximately 5 to 15% [1, 2], and is much lower than the 60 to 90% that is observed in adults with hypercalciuria [3]. This lower incidence of urolithiasis in children with hypercalciuria may be due to higher urinary concentrations of inhibitors that prevent stone formation [4]. In support of this hypothesis, Hoppe et al

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reported that from infancy to adolescence, urinary citrate excretion decreases with a concomitant increase in urinary Ca-oxalate saturation [5]. However, the mechanism for this effect is unexplained.

Urinary citrate plays an important role in inhibiting the formation of calcium-containing kidney stones by chelating calcium, directly preventing the crystallization and precipitation of calcium [6] and interacting with Tamm-Horsfall proteins to inhibit Ca-oxalate crystallization [7]. Low urinary citrate occurs in approximately half of adult patients with renal stones [8]. Because the filtered load of citrate remains relatively constant, proximal tubular citrate reabsorption regulates urinary citrate excretion [9]. Chronic regulation of proximal tubular citrate reabsorption has been shown to be associated with changes in the apical membrane Na/citrate cotransporter (abstract; Aruga et al, J Am Soc Nephrol 8:2A, 1997) [10, 11], cytosolic ATP citrate lyase [12], and mitochondrial aconitase (m-aconitase) [13].

The purpose of this study was to characterize the metabolism of citrate in the renal proximal tubule of infant rats. The results demonstrate that infant rats excrete urine with a higher total concentration of citrate and a higher citrate:creatinine ratio than adult rats. This higher urinary citrate excretion is not a result of the higher plasma potassium seen in infant rats and is associated with a decrease in renal m-aconitase activity.

METHODS

Experimental design

Male Sprague-Dawley rats (Harlan, 180 to 200 g) were used as adults. Infant Sprague-Dawley rats were received as 18-day-old litters and were weaned two days later. Adult rats and 22-day-old rats were placed in metabolic cages for two days on ad libitum water and a synthetic diet [(in g) 180 casein, 200 cornstarch, 500 sucrose, 35 corn oil, 35 peanut oil, 10 CaHPO₄, 6 MgSO₄, 6 NaCl, 8.3 K₂HPO₄, and 10 vitamin fortification mixture; ICN Pharmaceutical, Cleveland, OH, USA]. During the third day, 24-hour urine collections were obtained in the presence of thymol [14], and the animals were sacrificed after intraperitoneal anesthesia (100 mg/kg body wt of Inactin; Promonta, Germany). Blood was obtained first by aortic puncture through an abdominal incision in adults and by decapitation in infants. Subsequently, kidneys were removed through an abdominal incision, decapsulated and freeze clamped, or placed in ice-cold phosphate buffered saline (PBS; pH 7.4).

For studies comparing infant rats receiving normal and low-potassium diets, 22-day-old rats were allowed to acclimate in metabolic cages for two days on a synthetic diet that contained a similar amount of K⁺ [(in g) 180 casein, 200 cornstarch, 500 sucrose, 35 corn oil, 35 peanut oil, 10 CaHPO₄, 6 MgSO₄, 6 NaCl, 6.8 Na₂HPO₄, 7.1 KCl, and 10 vitamin-fortification mixture]. Subsequently, rats were randomly divided either to continue receiving the control potassium diet or to receive a low-potassium diet wherein one half of the KCl was replaced with NaCl. All animals were pair-fed and 24-hour urines were collected during day 3; subsequently, the rats were sacrificed, and blood was obtained.

Blood gas determinations were performed using a CMS System 1304 blood gas analyzer (Instrumentation Laboratory, Lexington, MA, USA); electrolytes and creatinine were measured on an Astra-7 electrolyte analyzer (Beckman, Palo Alto, CA, USA). Citrate measurements were performed using a citric acid enzymatic kit (Boehringer Mannheim, Indianapolis, IN, USA) on the Cobas Fara II chemistry system (Roche Diagnostic Systems, Somerville, NJ, USA). Urinary calcium was measured using the Beckman Synchron CX3 autoanalyzer.

Measurement of renal cortical apical membrane Na/citrate cotransporter

The renal cortex was dissected and minced on an iced Petri dish and was homogenized in 15 mL of buffer [300 mmol/L mannitol, 16 mmol/L HEPES/20 mmol/L Tris, pH 7.4, 5 mmol/L ethyleneglycoltetraacetic acid (EGTA), and 100 μg/mL phenylmethylsulfonyl fluoride (PMSF)] with a Polytron (Brinkman Industries, Westbury, NY, USA). Brush border membrane vesicles were isolated by Mg²⁺ precipitation and differential centrifugation as previously described by our laboratory [12]. Membranes were pelleted and resuspended to a protein concentration of approximately 5 mg/mL in intravesicular buffer that contained valinomycin (50 to 60 μg/mg protein).

Na-dependent citrate transport was determined in brush border membrane vesicles as previously described using the difference between 1,5-14C-citrate (New England Nuclear, Boston, MA, USA) uptake in Na-free [(in mmol/L) 100 cholineCl, 50 KCl, 0.1 K3citrate, 16 HEPES/12 Tris, pH 7.4] and Na-containing [(in mmol/L) 100 NaCl, 50 KCl, 0.1 K3citrate, 16 HEPES/12 Tris, pH

7.4] extravesicular solutions [15]. We measured Nadependent citrate uptake during the linear period over 10 seconds using the Millipore filtration technique with 0.65 μm pore size cellulose nitrate filters (DAWP 2500; Millipore, Bedford, MA, USA) at room temperature. Enrichment of the vesicle preparation was determined using γ-glutamyltransferase activity [15, 16]. Vesicle volumes were calculated from ¹⁴C-citrate uptake at two hours using the known citrate concentration in the extravesicular solution.

Mitochondrial preparation and enzyme assays

Mitochondria were harvested using differential centrifugation as described previously by our laboratory [13]. One gram of renal cortical tissue was homogenized in 10 mL ice-cold homogenization solution [300 mmol/L sucrose, 5 mmol/L KH₂PO₄, 1 mmol/L EGTA, 0.1% bovine serum albumin, 10 mmol/L Na₃citrate, 5 mmol/L 3-[N-morpholino] propanesulfonic acid (MOPS), pH 7.4; 50 μg/mL PMSF, and 4 μg/mL aprotinin] with four strokes of a Potter-Elvehjem. Large pieces of cellular debris were pelleted at $700 \times g$ for 10 minutes, and the remaining supernatant was centrifuged at $7500 \times g$ for 10 minutes. The resultant supernatant was decanted and used for the cytosolic preparation to measure ATP citrate lyase activity, as described in the following section. The remaining mitochondrial pellet was resuspended to a protein concentration of approximately 10 mg/mL in 150 mmol/L KCl and 5 mmol/L MOPS, pH 7.4 with KOH, and frozen at -70° C.

Mitochondrial suspensions were freeze thawed twice at -70°C to disrupt the mitochondrial membranes [17]. For the citrate synthase assay, 5 μL of the freeze-thawed mitochondrial suspension were added to 470 μL of 5 mmol/L Tris-HCl, pH 8.1, containing 0.17 mmol/L 5,5'-dithio-bis-(2-nitrobenzoic) acid and 0.40 mmol/L acetyl CoA. Twenty-five microliters of 10 mmol/L Na2oxaloacetate (in 1 mol/L Tris-HCl, pH 8.1) started the reaction. The generation of CoA was determined spectrophotometrically at 412 nm with an extinction coefficient of 13.6/ μ mol [17].

Mitochondrial aconitase activity was determined spectrophotometrically on freeze-thawed mitochondria by measuring aconitate generation at 240 nm [18]. Fifty microliters of the mitochondrial suspension were added to 950 μ L of 100 mmol/L Tris-HCl, pH 8.0, that contained 50 μ mol of D,L Na₃isocitrate. An extinction coefficient of 3.6/mmol was used to calculate the aconitate produced.

ATP citrate lyase assay

The supernatant obtained from differential centrifugation described in the preceding section was centrifuged at $48,000 \times g \times 20$ minutes at 4°C. The resultant supernatant was then placed at -20°C overnight in the presence of 6.5 mmol/L dithiothreitol to reduce the sulfhydryl

Table 1. Plasma and urine values for adult and infant rats

	Adults	Infants
Plasma		
pН	7.42 ± 0.01	7.39 ± 0.01^{a}
$pCO_2 mm Hg$	40.0 ± 1.3	39.5 ± 1.6
$HCO_3 mEq/L$	26.2 ± 0.5	23.7 ± 0.9^{a}
Na mEq/L	142 ± 1	140 ± 1
$K mEq^{\dagger}L$	3.7 ± 0.1	4.9 ± 0.2^{a}
$Cl \ mEq/L$	107 ± 1	107 ± 1
Citrate mg/L	40.6 ± 2.5	47.6 ± 2.1
Urine		
Citrate mg/day	2.76 ± 0.47	1.60 ± 0.21^{a}
Citrate mg/L	158 ± 24	318 ± 36^{a}
Creatinine mg/day	11.19 ± 0.62	1.45 ± 0.08^{b}
Citrate: creatinine	0.25 ± 0.05	1.12 ± 0.13^{b}
%FE citrate	4.1 ± 0.5	19.1 ± 2.1^{b}

N = 7 for both groups.

groups of the enzyme [19]. ATP citrate lyase activity was measured using the hydroxamate assay as described previously [12].

Measurement of renal citrate

Tissue citrate concentration was determined using the freeze-clamp method [20]. In anesthetized adult rats, the kidneys were exposed through an abdominal incision. The cortex of the kidney was pinched, *in situ*, and was immediately frozen using brass clamps cooled in liquid nitrogen. Because of the size of the infant kidneys, the entire organ was removed and frozen in the clamps. Approximately 100 mg of frozen tissue was placed in 2 mL of 1 mol/L perchloric acid to inactivate tissue enzymes. After homogenization with a Polytron, the supernatant was neutralized with NaOH to pH 7.0. The citrate concentration was determined as for urine samples. Lactate concentration, as an index of tissue hypoxia, was measured using a commercially available kit from Sigma (St. Louis, MO, USA).

Materials

Sigma supplied all chemicals unless otherwise noted. All protein concentrations were determined using the bicinchoninic acid assay method (Pierce, Rockford, IL, USA).

Statistical analysis

Data are expressed as mean \pm SE and are compared using the unpaired *t*-test.

RESULTS

Plasma and urine composition

Table 1 shows that infant rats had a significantly lower plasma $[HCO_3^-]$, and pH, and a higher plasma $[K^+]$ compared with adults. Table 1 also shows that infant rats

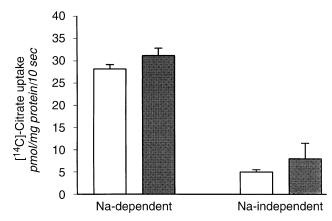


Fig. 1. Sodium (Na)/citrate cotransporter activity was determined in adult (\square) and infant (\square) rats. Na-dependent (left bars) and Na-independent (right bars) ¹⁴C-citrate uptake was determined in renal cortical brush border membrane vesicles (N=6).

excreted less total urinary citrate compared with adults. This is not an unexpected observation because of the lower glomerular filtration rate in infants. However, Table 1 also shows that infant rats excreted urine with a higher citrate concentration. This would be of more physiologic significance because the concentration of inhibiting and promoting compounds determines the saturation characteristics of the urine. Furthermore, infant rats had a higher citrate:creatinine ratio and, notwithstanding the higher plasma citrate, a greater percentage fractional excretion of citrate. The citrate:creatinine ratio and the fractional excretion citrate correct for changes in the glomerular filtration rate and give a more accurate measure of tubular citrate reabsorption. Thus, these studies demonstrate that infant rats have higher urinary citrate excretion and a lower tubular citrate reabsorption.

Na/citrate cotransporter activity in infants and adults

To determine if a difference in proximal tubular apical membrane Na/citrate cotransporter activity accounted for the higher urinary citrate excretion in infants, we measured $^{14}\text{C}\text{-citrate}$ uptake in brush border membrane vesicles. As can be seen in Figure 1, there was no difference in Na-dependent citrate uptake (Na/citrate cotransporter activity; in pmol citrate/mg protein/10 s) between adults (28.2 \pm 1.0) and infants (31.2 \pm 1.7). There was also no difference in brush border membrane vesicle enrichments (adults 11.5 \pm 2.1, infants 8.1 \pm 1.2) or volumes (in $\mu\text{L/mg}$ protein; adults 1.18 \pm 0.20, infants 0.99 \pm 0.11).

Citrate metabolism in infant and adult rat kidneys

Because renal citrate metabolism has been shown to play an important role in regulating urinary citrate excretion [12, 13], we examined whether a difference in renal cortical enzyme activities was associated with the in-

 $^{^{}a}P < 0.05$

 $^{^{\}rm b}P < 0.001$

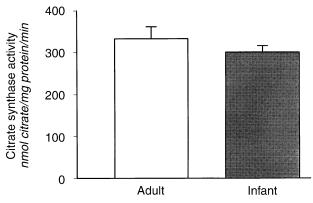


Fig. 2. Citrate synthase activity in adult and infant rats. Citrate synthase activity was determined spectrophotometrically as the appearance of CoA from acetyl CoA and oxaloacetate in mitochondrial suspensions (N = 6).

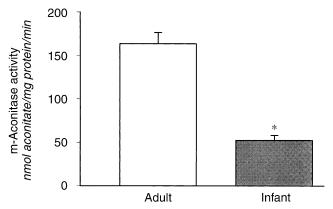


Fig. 4. Mitochondrial-aconitase (m-aconitase) activity in adult and infant rats. m-Aconitase activity was determined spectrophotometrically as aconitate generation from isocitrate in mitochondrial suspensions (N=6). *P < 0.05.

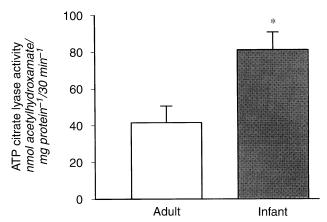


Fig. 3. Adenosine 5'-triphosphate (ATP) citrate lyase activity in adult and infant rats. ATP citrate lyase activity was measured spectrophotometrically as the generation of acetylhydroxamate (N = 6). *P < 0.05.

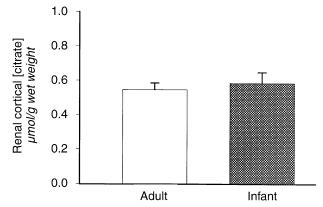


Fig. 5. Renal cortical citrate concentration in adult and infant rats. Kidneys were freeze clamped *in vivo*, and pulverized under liquid N_2 . Citrate levels were measured spectrophotometrically (N = 9).

creased urinary citrate excretion in infants. As shown in Figure 2, there was no difference in renal cortical citrate synthase activity (in nmol citrate/mg protein/minute; adults 332.8 ± 28.8 , infants 301.0 ± 15.0).

Adenosine 5'-triphosphate (ATP) citrate lyase activity serves an important role in the hypocitraturia of metabolic acidosis [12]. This cytosolic enzyme cleaves citrate to oxaloacetate and acetyl CoA and is prevalent in kidney tissue [21]. We used the hydroxamate assay because the kidney contains high native NADH dehydrogenase activity that would interfere with the malate dehydrogenase-coupled assay [12]. Figure 3 shows that infant rat kidneys had a significantly higher ATP citrate lyase activity as compared with adult kidneys (in nmol acetylhydroxamate/mg mito protein/30 min; 41.2 ± 9.0 vs. 81.6 ± 9.6 , P < 0.05).

Because an increase in ATP citrate lyase activity would not be expected to increase urinary citrate excretion, we measured m-aconitase activity, a regulated step in renal cortical mitochondria citrate metabolism. We have shown previously that regulation of m-aconitase partially mediates acidosis-induced hypocitraturia and alkalosis-induced hypercitraturia [13]. As shown in Figure 4, infant rat kidneys had a significantly lower renal cortical m-aconitase activity compared with adults (in nmol aconitate/mg mito protein/min; 163.7 ± 12.6 , 51.5 ± 4.7 , P < 0.001). This lower renal m-aconitase activity in infants may be responsible for hypercitraturia in these animals.

Renal citrate concentration in infant and adult rats

As a result of the difference in renal citrate metabolism, in animals with hypocitraturia or hypercitraturia, there is a decrease or increase, respectively, in renal citrate concentration [22]. We reasoned that infant rats would have a higher renal citrate compared with adults. However, Figure 5 shows that there is no difference in renal citrate concentration (in μ mol/g kidney wet weight; adults 0.54 ± 0.04 vs. infants 0.58 ± 0.06). This finding

Table 2. Plasma and urine values for control and infant rats fed a low-K diet

	Control	Low-K
Plasma		
pН	7.35 ± 0.02	7.35 ± 0.02
$pCO_2 mm Hg$	44.4 ± 2.6	45.5 ± 1.7
$HCO_3 mEq/L$	24.2 ± 0.9	25.3 ± 1.1
Na mEq/L	137 ± 1	140 ± 1^{a}
$K mEq^{\hat{l}}L$	4.6 ± 0.2	3.9 ± 0.1^{b}
$Cl \ mEq/L$	107 ± 1	107 ± 1
Urine		
Volume mL/day	4.5 ± 0.3	$8.9 \pm 0.7^{\rm b}$
Citrate mg/day	1.40 ± 0.14	3.00 ± 0.82
Creatinine mg/day	0.94 ± 0.04	1.11 ± 0.18
Citrate:creatinine	1.50 ± 0.14	2.58 ± 0.56
Calcium mg/day	0.75 ± 0.13	0.18 ± 0.09^{b}

N = 6 for both groups.

was not a result of a difference in specimen handling because renal lactate concentrations were similar (in μ mol/g kidney wet weight; adults 0.71 ± 0.05 vs. infants 0.62 ± 0.09).

Urinary citrate excretion in infant rats on a lowpotassium diet

Because hypokalemia can cause hypocitraturia, we reasoned that the higher plasma potassium in infant rats might cause the higher urinary citrate excretion. To reduce the plasma $[K^+]$, we lowered the potassium content of the diet. Between the time of weaning and completion of the study, animals that received the low-potassium diet gained 17 ± 3 g, which was not different from control animals that gained 15 \pm 2 g, or from animals that remained on the commercial diet, which were not placed in metabolic cages and gained 16 ± 2 g. As can be seen in Table 2, infant rats fed the low-K diet had a significantly lower plasma [K⁺], which was not different from the adults, and had a higher plasma [HCO₃⁻]. Additionally, decreasing plasma [K⁺] was associated with a higher urine output and total urinary citrate excretion without affecting urinary citrate concentration. Furthermore, the low-K infant rats had a higher urinary citrate: creatinine ratio, but was not statistically significant. However, these rats had a significant decrease in both urinary calcium excretion and urinary calcium:creatinine ratio compared with controls. Thus, the higher urinary citrate excretion in infant rats, compared with adult rats, was not due to hyperkalemia.

DISCUSSION

This study demonstrates that infant rats have a significantly higher urinary citrate:creatinine ratio, as well as urinary citrate concentration, compared with adult rats. Hoppe et al found similar results in children in whom they also showed progressively higher urinary calcium oxalate saturation that peaks in prepubescence [5].

The proximal tubule serves as the principal segment for renal tubular citrate reabsorption and provides the major site for the regulation of renal citrate absorption and excretion [9]. The first step in proximal tubular citrate absorption is citrate transport across the apical membrane on the Na/citrate cotransporter. Chronic metabolic acidosis causes hypocitraturia and an adaptive increase in Na/citrate cotransporter activity [11], protein, and mRNA abundance (abstract; ibid). In our study, Na/citrate cotransporter activity in infant rats was no different than in adults. A similar observation occurs associated with the increased urinary citrate excretion of chronic alkali feeding [11].

Although proximal tubule Na/citrate cotransporter activity increases in chronic metabolic acidosis, the tissue citrate concentration decreases [22]. This would suggest that citrate metabolism plays an important role in the regulation of urinary citrate excretion. Cytosolic citrate metabolism through the enzyme ATP citrate lyase plays an important role in decreasing urinary citrate excretion in metabolic acidosis and hypokalemia [12]. However, in this study, infant rats have higher renal cortical ATP citrate lyase activity when compared with adults, a change in the wrong direction to explain the hypercitraturia. Because rat kidneys continue to grow and to develop from birth to four weeks of age [23], the higher activity of ATP citrate lyase may be explained by the fact that synthesis of lipids for growing tissue requires this enzyme [24]. Additionally, to supply the high energy demanded by proximal tubular transport processes, infant rat kidney transitions from anaerobic glycolysis to fatty acid oxidation during the first postnatal month [25, 26]. Because ATP citrate lyase is a crucial step in the formation of fatty acids, its activity may also reflect these changes in energy substrate demand.

The mitochondrial tricarboxylic acid cycle serves as an important pathway for renal citrate metabolism. Chronic metabolic acidosis and chronic alkali feeding regulate the activity and protein abundance of m-aconitase, the first step for mitochondrial citrate metabolism [13]. In addition, the prostate synthesizes and secretes citrate, an effect mediated by the inhibition of m-aconitase [27]. We show here that similar to observations in chronic alkali feeding and prostate, infant rat kidneys excrete more citrate and have a lower m-aconitase activity than adults.

There was no difference in renal cortical citrate concentration between infant and adult rats. A decrease in citrate catabolism, as seen in animals with metabolic alkalosis, results in an increase in renal citrate concentration [22]. This may decrease the driving force for citrate transport across the apical membrane and result in hypercitraturia. However, proximal tubule citrate uptake depends on a sodium gradient as well, and may be affected

 $^{^{}a}P < 0.05$

 $^{^{\}rm b}P < 0.01$

by other factors such as basolateral Na⁺,K⁺-ATPase activity. Although we demonstrate that the Na/citrate cotransport activity was not different in infant and adult brush border membrane vesicles, the Na⁺,K⁺-ATPase is lower in infant kidneys [28, 29]. Thus, the increase in urinary citrate excretion in infant rats likely reflects a relative immaturity of proximal tubular transport possibly through a change in the sodium gradient [30].

The lower plasma [HCO₃⁻] observed in infant rats is similarly observed in children [31] and would be expected to result in lower urinary citrate excretion [12]. However, human infants, compared with adolescents, excrete twice as much urinary citrate when corrected for weight [5]. Similarly, in our study, despite the lower plasma [HCO₃⁻], infant rats excrete fourfold more citrate when corrected for creatinine in their urine compared with adult rats. However, this study examined only a single time point in renal development. The mechanism for the increased urinary citrate in humans may differ from that presented in infant rats.

Because hypokalemia decreases urinary citrate excretion [15], the relative hyperkalemia in infants may increase urinary citrate excretion even in the presence of low plasma [HCO $_3$]. However, decreasing infant rat plasma [K $^+$] to that seen in adults resulted in a slight increase in plasma [HCO $_3$ $^-$] and a further increase in urinary citrate:creatinine. Thus, the higher urinary citrate excretion in infant rats does not result from their higher plasma [K $^+$]. The infant rats fed a low-K diet also had a lower rate of urinary calcium excretion than the rats on the control diet. This is in contrast to results in adult humans [32]. The cause for the lower rate of calcium excretion in rats fed the low-K diet is unclear.

In summary, this study has shown that infant rats, despite mild metabolic acidosis, excrete more citrate in their urine than adult rats. Furthermore, we have shown that this difference in urinary citrate excretion is associated with lower renal cortical m-aconitase activity but not renal cortical citrate concentration. Our results suggest that there is a maturational difference in renal citrate metabolism and transport in infants that results in a higher urinary citrate excretion, which likely accounts for the paucity of urolithiasis in the pediatric population.

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