# Interleukin-1 induces rapid and transient expression of the c-fos proto-oncogene in isolated pancreatic islets and in purified $\beta$ -cells

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The effect of interleukin-1 $\beta$  (IL-1) on expression of c-fos mRNA in isolated rat pancreatic islets was examined. Accumulation of c-fos mRNA was demonstrable after 30 min of exposure to IL-1, peaked by 60 min, and declined thereafter. Fluorescence-activated cell sorting (FACS) of dispersed islet cells was employed to localize the accumulation of c-fos mRNA to the  $\beta$ -cell. Cycloheximide did not influence the induction of c-fos mRNA by IL-1. Accumulation of c-fos mRNA therefore appears to be an early signal transduction event in the  $\beta$ -cell and a component of the cellular mechanism(s) by which IL-1 influences  $\beta$ -cell function.

Interleukin 1; Pancreatic islet;  $\beta$ -cell; c-fos; Insulin secretion

### 1. INTRODUCTION

An impressive body of evidence suggests that the disease insulin-dependent diabetes mellitus (IDDM) has an underlying autoimmune component [1]. Although the molecular mechanisms which contribute to the pathogenesis of IDDM are not yet understood, a recent hypothesis is that the soluble immune mediator, interleukin 1 (IL-1), plays a role in the destruction of pancreatic  $\beta$ -cells that is the hallmark pathologic lesion of the disease [2]. IL-1, alone or in concert with other cytokines, has been reported to cause lysis of  $\beta$ -cells in vitro under some conditions [3-6]. In addition, IL-1 exerts potent stimulatory and inhibitory effects on insulin secretion from isolated islets under conditions in which cell viability is maintained [7-12]. These latter effects of IL-1 on islets have been taken to imply that IL-1 may play a physiologic role in the modulation of insulin secretion [8,11].

Although disruptions in mitochondrial function [9,13-15] and the generation of toxic-free radicals [16,17] have been proposed to contribute to the functional effects of IL-1 on islets, the molecular mechanisms whereby IL-1 exerts its complex effects on insulin secretion and  $\beta$ -cell viability are largely unknown. The recent demonstration that  $\beta$ -cells possess specific receptors for IL-1 suggests that some or all of the effects of IL-1 on the  $\beta$ -cell may be the result of specific receptor-

mediated pathways [18]. Little is known about the mechanism of action of IL-1 following binding of the cytokine to its receptor, but the observation that IL-1 and its receptor are translocated to the nucleus in the murine T cell line EL-4 indicates that IL-1 may directly modulate the transcription of specific genes in target cells [19]. Helqvist has demonstrated that IL-1 induces protein synthesis in isolated islets [20], and we have recently demonstrated that inhibition of insulin secretion by IL-1 is prevented by an inhibitor of gene transcription (actinomycin D) [21]. These findings underscore the potential importance of new gene products in the functional effects of IL-1 on the  $\beta$ -cell.

The identities of specific genes whose expression is modulated by IL-1 in the  $\beta$ -cell have not yet been determined, but a great deal of recent attention has been focused on the early response genes that are activated by IL-1 in other cells and on the roles that the protein products of these genes play in the biological effects of the cytokine. In fibroblasts and in endothelial cells, IL-1 induces rapid, transient expression of the c-fos proto-oncogene [22,23]. The protein product of the cfos gene (c-Fos) has been proposed to function as a transcriptional regulator which couples early signal transduction events to long-term nuclear events that result in growth, differentiation, or the acquisition of new functional properties by the target cell [24,25].

In this study, the effect of IL-1 on c-fos mRNA expression has been examined in pancreatic islets isolated from rats. Our results indicate that c-fos mRNA is rapidly induced in isolated islets and in purified  $\beta$ -cells by IL-1, and they suggest that IL-1 has the capacity of

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initiate nuclear events which may be involved in the functional effects of IL-1 on insulin secretion.

## 2. MATERIALS AND METHODS

# 2.1. Isolation of rat islets and purification of islet $\beta$ -cells by autofluorescence-activated cell sorting

Islets were isolated from 12-15 rats fed ad libitum by collagenase digestion, as previously described [26]. Isolated islets were dispersed into individual cells by treatment with dispase, and the freshly dissociated cells were subjected to autofluorescence-activated cell sorting (FACS) using a FACS-IV instrument [27,28]. An argon laser illuminated the cells at 488 nm, and emission was monitored at 510-550 nm. This technique yields two populations of cells. One population consists of highly purified  $\beta$ -cells (>90%). The second population is predominantly  $\alpha$ -cells (70%) but also contains some  $\delta$ -cells and a few  $\beta$ -cells [27,28].

# 2.2. Incubation of isolated islets and FACS-purified islet cells with IL-1

Isolated islets and FACS-purified islets cells were placed in 2.5 ml Petri dishes containing CMRL-1066 tissue culture medium with recombinant human interleukin-1 $\beta$  (Cistron, Pine Brook, NJ) (5U/ml) or the control vehicle. Either 600 islets/dish or  $5 \times 10^5$  dispersed, purified cells/dish were used. In some experiments, cycloheximide (10  $\mu$ M) was added. The dishes were incubated at 37°C under an atmosphere of 95% air/5% CO<sub>2</sub> for a predetermined time interval. At the end of this interval, the islets or FACS-purified cells were harvested, placed in 1.5 ml microcentrifuge tubes, and centrifuge ed in a table-top microcentrifuge for 15 s. The supernatant was discarded, and 500 ml guanidine isothiocyanate was added. Isolation of RNA and Northern blot analysis were then performed as described [29]. Total cellular RNA isolated from PC-12 rat pheochromocytoma cells stimulated with nerve growth factor served as a positive control for c-fos expression [29].

### 3. RESULTS

IL-1 was found to induce rapid, transient accumulation of c-fos mRNA in isolated rat islets (Fig. 1). The cfos mRNA was not detected in untreated islets (lane 1), but detectable levels were achieved after 30 min of exposure to IL-1 (lane 2). Accumulation of c-fos mRNA was maximal after 60 min of exposure to IL-1 (lane 3) and declined rapidly thereafter (lanes 4–7).

The islet is a heterogeneous cell population which contains a variety of endocrine cells, each of which represents a potential target for IL-1. In order to localize the accumulation of c-fos mRNA to the  $\beta$ -cell and to demonstrate that the induction of c-fos mRNA does not require the presence of non  $\beta$ -cells, we examined the effect of IL-1 on the accumulation of c-fos mRNA in islet cells which had been purified by fluorescence-activated cell sorting (FACS). Fig. 2 demonstrates that IL-1-induced c-fos mRNA accumulation in intact isolated islets (lanes 1 and 2) and in FACSpurified  $\beta$ -cells (lanes 3 and 4) but not in FACS-purified  $\alpha$ -cells (lanes 5 and 6). This finding suggests that IL-1 induces c-fos expression by a direct effect on the  $\beta$ -cell, rather than by an action on an intermediary cell.

A characteristic feature of c-fos and other 'immediate-early' response genes is that their induction by



Fig. 1. Effect of IL-1 on expression of c-fos in isolated pancreatic islets. Isolated rat islets were incubated in CMRL-1066 tissue culture medium containing IL-1 (5 U/ml) for 0 min (lane 1), 30 min (lane 2), 60 min (lane 3), 90 min (lane 4), 2 h (lane 5), 4 h (lane 6), or 8 h (lane 7). Northern analysis for c-fos was then performed as described in section 2. Total RNA isolated from PC-12 rat pheochromocytoma cells stimulated with nerve growth factor served as a positive control for cfos expression (lane 8).

growth factors or differentiation-inducing agents occurs under conditions where protein synthesis is inhibited [32]. These 'immediate-early' response genes therefore appear to be directly coupled to signal transduction events, and their expression does not require the synthesis of transcription-activating proteins. In order to examine what role protein synthesis plays in the induction of c-fos by IL-1, isolated rat islets were cultured with either IL-1 (5 U/ml) or with vehicle in the presence or absence of cycloheximide  $(10 \,\mu\text{M})$  for 1 h. At this concentration, cycloheximide completely inhibited islet protein synthesis, as assessed by the incorporation of [35S]methionine into total islet TCAprecipitable protein (not shown). Total islet RNA was isolated, and Northern analysis was performed as described above in section 2. Fig. 3 demonstrates that cycloheximide had no effect on the accumulation of cfos mRNA induced by IL-1 (lanes 2 and 4). This finding suggests that IL-1-induced accumulation of c-fos mRNA does not require intermediary protein synthesis, and it is consistent with a role for c-fos as an 'immediate-early' gene in the response of the  $\beta$ -cell to IL-1. Cycloheximide alone induced c-fos to a small degree (lane 3). This may reflect that c-fos transcription is controlled by a suppressor protein whose synthesis is block-

#### EFFECT OF IL-1 ON EXPRESSION OF C-FOS mRNA IN FACS-PURIFIED ISLET CELLS



Fig. 2. Effect of IL-1 on expression of c-fos mRNA in FACS-purified islet cells. Isolated rat islets (lanes 1 and 2), a FACS-purified islet cell population enriched for  $\beta$ -cells (lanes 3 and 4), and a FACS-purified islet cell population enriched for  $\alpha$ -cells (lanes 5 and 6) were treated with vehicle (odd-numbered lanes) or with IL-1 (5 U/ml) (evennumbered lanes) for 60 min. Northern analysis for c-fos was then performed as described in section 2.

EFFECT OF CYCLOHEXIMIDE ON IL-1-INDUCED EXPRESSION OF C-FOS mRNA IN ISOLATED RAT ISLETS



Fig. 3. Effect of cycloheximide on IL-1-induced expression of c-fos mRNA in isolated rat islets. Isolated islets were treated with vehicle (lane 1), IL-1 (5 U/ml) (lane 2), cycloheximide (10  $\mu$ M) (lane 3), or IL-1 + cycloheximide (lane 4) for 60 min. Northern analysis for c-fos mRNA was then performed as described in section 2.. Total RNA isolated from PC-12 rat pheochromocytoma cells stimulated with nerve growth factor served as a positive control for c-fos expression (lane 5).

ed by cycloheximide or that cycloheximide stabilizes the c-fos transcripts by blocking the synthesis of enzymes involved in mRNA degradation.

### 4. DISCUSSION

The c-fos proto-oncogene is a member of the class of inducible genes termed 'immediate-early' genes [30-32]. The protein product of the c-fos gene is thought to function as a transcriptional regulator which couples extracellular signals to alterations in cellular phenotype by regulating the expression of target genes [30,31]. Induction of c-fos occurs in response to many growth factors and differentiation-inducing agents [24,25]. For example, c-fos expression has been associated with the transition from  $G_0$  to  $G_1$  that occurs when guiescent fibroblasts are stimulated with epidermal growth factor [24,25]. In addition, c-fos is thought to play a role in the functional response of macrophages to colony stimulating factors [24,25] and in the prolonged functional changes induced in neurons by nerve growth factor and neurotransmitters [32]. In this study we have provided the first demonstration that IL-1 induces accumulation of c-fos mRNA both in isolated pancreatic islets and in FACS-purified pancreatic  $\beta$ -cells. Our results indicate that induction of c-fos mRNA accumulation occurs through a direct interaction of IL-1 with the  $\beta$ -cells and does not require the synthesis of protein(s). The latter finding suggests that the c-fos gene product may directly couple early transmembrane signals to long-term nuclear responses which influence islet function.

The precise role that induction of c-fos plays in the functional effects of IL-1 on the  $\beta$ -cell has not yet been established. Our recent demonstration that a pharmacologic inhibitor of mRNA synthesis (actinomycin D) prevents the inhibition of insulin secretion otherwise induced by IL-1 suggests that Il-1-induced gene transcription is required for the development of the effects of IL-1 on insulin secretion from pancreatic islet  $\beta$ -cells [21]. It is therefore possible that the protein product of the c-fos gene (c-Fos) regulates the expression of

genes whose products mediate the inhibitory influence of IL-1 on insulin secretion. It is also possible that c-Fos induces the transcription of specific genes whose products are involved in the reported cytotoxic effects of IL-1 on the  $\beta$ -cell [3-6]. Recently, Helqvist demonstrated that IL-1 induces the synthesis of several proteins in islets [20]. The identities of these proteins have not yet been determined, but the observation that IL-1 induces new protein synthesis in islets underscores the potential importance of specific gene products as mediators of IL-1 action. Identification of the  $\beta$ -cell gene(s) whose transcription is regulated by the c-fos gene product will lead to a better understanding of the mechanism of action of IL-1 on the  $\beta$ -cell and may yield insight into the pathogenesis of IDDM.

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