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In vitro germination and propagation of a threatened medicinal orchid, *Cymbidium aloifolium* (L.) Sw. through artificial seed

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ABSTRACT

Objective: To study the *in vitro* germination and plantlet regeneration from artificial seeds of *Cymbidium aloifolium* (*C. aloifolium*), a highly threatened medicinal orchid of Nepal.

Methods: Artificial seeds were produced *in vitro* by encapsulation of protocorms with 4% sodium alginate and 0.2 mol/L calcium chloride solution. *In vitro* germination and plantlet regeneration of the artificial seeds were tested by culturing them on different strength of Murashige and Skoog (MS) liquid media (0.25, 0.5 and 1.0) and MS liquid medium supplemented with 0.5 mg/L benzyl amino purine and 0.5 mg/L naphthalene acetic acid. Freshly produced artificial seeds were stored up to 28 d at 4 °C. In order to check the viability, storage artificial seeds were treated with five different sterilization techniques (T₁, T₂, T₃, T₄, T₅) and inoculated on full strength (1.0) of MS liquid medium after each 7 d of interval upto 28th days.

Results: The highest percentage of germination (100%) of artificial seed was obtained on quarter (0.25), half (0.5) and full (1.0) strength of MS liquid medium. Experimentally, full strength of MS liquid medium was more effective for earlier seedling development of *C. aloifolium*. Artificial seeds were successfully stored at 4 °C till 28th days. Treatments T₁ and T₂ showed 97.5% viability of storage artificial seeds and hence considered as the most effective sterilization techniques to recover the plant from storage artificial seeds. Plantlets developed from artificial seeds were successfully acclimatized in potting mixture containing cocopeat, litter and sphagnum moss with 85% survival rate.

Conclusions: The present study revealed that artificial seeds are the good alternative explants for *in vitro* mass propagation and short term conservation of *C. aloifolium*.

1. Introduction

Orchids represent the most evolved and one of the largest groups among the angiosperm. They are of immense horticultural as well as medicinal importance which fetches a very high price in the international market. They also play a very useful role to balance the forest ecosystems. Demand for high quality of orchids has been increasing day by day due to their popularity in horticulture industry[1]. A single orchid capsule contains millions of seeds, which

lack any metabolic machinery and do not have any endosperm. In spite of a very large number of seeds produced, only few seeds germinate in nature as they require specific fungus[2]. Currently, wild orchid population decreases rapidly due to biodiversity loss, illegal trade and consumption by local people. Therefore, the development of an artificial means of propagation is needed to reduce collection pressures on wild population. Nowadays, encapsulation technique for producing artificial seeds has become an important asset in micropropagation[3].

Cymbidium aloifolium L. Sw (*C. aloifolium*) is one of the highly valuable and threatened medicinal orchids of Nepal. The leaves of this species are extensively used for styptic properties in the treatments of boils and fevers. The roots are used to cure

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paralysis and chronic illness. The whole plant can also be used as tonic and in the treatment of vertigo, weakness of eyes, burns and sores[4-7]. Besides its medical importance, this orchid also attracts the floriculture market because of its long-lasting highly attractive beautiful flowers. Due to its various uses, people uprooted this plant from wild and hence reach to the threatened category[8]. Thus, an attempt was made to produce artificial seeds of *C. aloifolium*, their short term storage and mass propagation within a short span of time by using tissue culture technique. Asymbiotic germination of artificial seed through protocorms provides a useful way to re-establish plants in the wild for germplasm preservation as well as for commercial propagation.

2. Materials and methods

2.1. Source of explants

Protocorms derived from *in vitro* culture of seeds of *C. aloifolium* were used as explants in present study. The undehisced capsules of *C. aloifolium* were harvested from nature at an elevation of 500 m from tropical region of Central Nepal[8]. Capsule contains a large number of orchid seeds. The freshly collected capsules were first thoroughly washed under running tap water for at least 30 min to remove the external particles attached to it. They were then washed with detergent Tween 20 (0.1%) for 15 min and again washed with tap water until all detergent washed clearly. After that capsules were surface sterilized by dipping it in 70% alcohol for 2 min followed by 1% sodium hypochlorite solution for 15 min and were subsequently rinsed in sterile water for at least three times. The sterilized capsules were dried on Whatman filter paper and dissected longitudinally with the help of sterilized surgical blade to expose the powdery seeds. Seeds were scooped out and spread thinly over the surface of Murashige and Skoog (MS) basal medium under aseptic condition. Protocorms were started to develop after 10 weeks of culture of seeds and 21-days old protocorms were selected as primary explants for present study.

2.2. Germination medium

In vitro germination and subsequent development of artificial seed was assessed on different strength of liquid MS medium[9], *i.e.* full

(1.0), half (0.5) and quarter (0.25) and full-strength MS liquid media supplemented with different concentration of plant growth regulators *viz.* 0.5 mg/L benzyl amino purine (BAP) and 0.5 mg/L naphthalene acetic acid (NAA) (Table 1). MS medium was fortified with 3% sucrose as carbon source without solidified with agar. The pH of MS media was adjusted to 5.8 before autoclaving. About 16-20 mL of media was dispensed into each culture tube (150×25 mm, Borosil) and autoclaved at pressure 15 psi and temperature of 121 °C for 20 min. All cultures were maintained at (25±2) °C under 500-1000 lux illuminance for 16/8 h. (light/dark) photoperiod using cool white light (Philips, India).

2.3. Gel matrix and encapsulation

Protocorms were used as primary explants to produce artificial seeds. For encapsulation of protocorms, sodium alginate was used with calcium chloride dihydrate for complexation. Sodium alginate of 4% and 0.2 mol/L of calcium chloride dihydrate (CaCl₂·2H₂O) solution were prepared separately by dissolved in sterile water. Individual protocorms were separated and mixed in 4% sodium alginate matrix. Alginate matrix containing single protocorm were taken up with the help of sterile micropipette and then gently dropped into 0.2 mol/L CaCl₂·2H₂O solution. The drops each containing single protocorm were left in CaCl₂·2H₂O solution for at least 30 min to harden the alginate beads. After that, the alginate beads were washed with sterile water for three times and blot dried. The alginate beads were then called as artificial seeds or synthetic seeds or encapsulated seeds. Artificial seeds [(3±1) mm diameters] were placed on sterile filter paper containing sterile glass petriplates (30 beads per plate), sealed with parafilm and stored at 4 °C or used immediately. Freshly prepared artificial seeds were inoculated on different strength of MS liquid medium *i.e.* 0.25 MS, 0.5 MS, 1.0 MS, and 1.0 MS liquid medium supplemented with 0.5 mg/L BAP and 0.5 mg/L NAA for their germination and regeneration (Table 1). The cultures were kept at (25±2) °C under 16/8 h photoperiod from cool-white-light in culture room.

2.4. Sterilization and viability test of storage artificial seed

Artificial seeds stored at 4 °C were regularly taken out at regular intervals of 7 d till 28th d and were inoculated on culture tubes

Table 1

In-vitro germination and seedling development of freshly inoculated artificial seeds containing protocorms of *C. aloifolium* (L.) Sw.

MS Media	Plant growth hormone concentrations (mg/L)	Observation (weeks)					Percentage of germination (%)
		Germination (mean)	Initiation of shoot	Initiation of leaf	Initiation of root	Seedling	
0.25	-	7.00	8.00±0.89	9.50±1.22	14.75±3.59	16.16±0.98	100.00
0.5	-	7.00	8.16±0.75	12.16±3.43	17.20±4.81	18.16±1.17	100.00
1.0	-	7.00	8.00±0.89	14.60±5.68	15.75±6.39	16.00±0.89	100.00
1.0	0.5 BAP+ 0.5 NAA	7.00	8.33±1.03	17.50±1.73	13.00±5.65	18.50±1.37	83.33

Data of initiation of shoot, leaf, root and seedling is expressed as mean±SD, 6 replicates were used in each condition.

containing hormone free MS liquid medium in order to test their germination percentage. All the inoculation process was done in laminar air flow cabinet. Before inoculation, storage artificial seeds were surface sterilized in different ways to reduce the chance of contamination. Different sterilization treatments were named as T₁, T₂, T₃, T₄ and T₅. In each treatment, total 10 artificial seeds were used (Table 2).

Storage artificial seeds were directly inoculated on medium and this treatment was designated as T₁ (Control).

Some artificial seeds were first washed with sterile water, dried on blotting paper and inoculated on medium. This treatment was designated as T₂.

Some artificial seeds were washed with fungicide bavistine (0.1%) for 5 min and then rinsed with sterile water. After that, artificial seeds were dried on sterile blotting paper and finally inoculated on medium. This treatment was designated as T₃.

Some artificial seeds were first dipped into fungicide bavistine (0.1%) for 5 min, then surface sterilized with sodium hypochlorite (1%) solution for 5 min followed by 70% ethyl alcohol for 2 min. They were then rinsed with sterile water and soaked on sterile blotting paper. Finally, artificial seeds were ready for inoculation on medium and this treatment was designated as T₄.

Some artificial seeds were first surface sterilized with sodium hypochlorite (1%) solution for 5 min followed by 70% ethyl alcohol for 2 min. Then, artificial seeds were rinsed with sterile water and soaked on sterile blotting paper. Finally, artificial seeds were inoculated on medium and this treatment was designated as T₅.

After surface sterilization treatments, storage artificial seeds were inoculated on culture tubes containing hormone free MS liquid medium. Then, they were transferred in culture room where temperature was maintained at (25±2) °C and photoperiod of 16/8 h. The cultures were observed regularly till complete germination and development of shoot, leaves and roots from storage artificial seeds.

2.5. Hardening

Plantlets regenerated from *in vitro* culture of artificial seeds of *C. aloifolium* were used for hardening process. Plantlets with well developed shoots and roots in culture vessels were opened up and kept in culture room for one week before transferring to earthen pots. Plantlets were then taken out from culture vessels and washed thoroughly with running tap water to remove the traces of medium

without causing harm to roots. These plantlets were treated with 0.1% fungicide (bavistin) solution for 5 min and again washed with sterile water. After washing, they were blot dried and finally transferred to an earthen pot containing potting mixture of cocopeat, litter and sphagnum moss in a ratio of 2:1:1. The potted plants were watered once a day and fertilized at weekly intervals with a foliar spray of a mixture of nitrogen, phosphorous and potassium (20:10:10). The potted plants were covered with a perforated plastic bag to maintain the humidity and kept under greenhouse until the seedlings were established. They were observed regularly.

2.6. Stastical analysis

Each treatment consisted of at least 6 explants and each experiment was repeated twice. Statistical analysis was done using One-way ANOVA classification system. The data obtained were analyzed using application software-Microsoft excel. The significant difference between the MS medium and MS medium supplemented with different growth hormones were analysed at $P \leq 0.05$ using SPSS version 16.0 (SPSS Inc. USA).

3. Results

Germination of orchid seeds were favoured by different factors *viz.* explants, media, pH, growth hormones and culture condition. *C. aloifolium* is one of the high value medicinal orchids of Nepal. In the present study, protocorms were used as explants for production and germination of artificial seed. Sodium alginate of 4% and 0.2 mol/L of CaCl₂·2H₂O solution were actively participated on production of artificial seed (Figure 1A).

Each freshly prepared artificial seed containing protocorm was cultured on different strength of MS liquid media *viz.* 0.25, 0.5, 1.0 and 1.0 MS liquid medium supplemented with 0.5 mg/L BAP and 0.5 mg/L NAA (Table 1). Each test consisted six replicates. Germination of freshly inoculated artificial seed was started after 7 weeks of culture in all the condition. Artificial seed containing protocorm first undergoes swelling, become more greening and directly gave rise to shoot bud without undergoing multiplication of protocorms (Figure 1B). First shoot primordia was developed after 8 weeks of culture in all the conditions while first leaf primordia were developed after 9 weeks of culture on 0.25 MS and first root primordia was observed after 13 weeks of culture on 1.0 MS+0.5 mg/L BAP+0.5 mg/L NAA.

Table 2
Effect of different sterilization treatments on germination of artificial seeds of *C. aloifolium*.

Sterilization	Storage temperature (°C)	Total No. of artificial seed	Storage time (d)				Percentage of germination (%)
			7	14	21	28	
T ₁ [Control (without water)]	4	10	10	10	10	9	97.5
T ₂ [Sterile water]	4	10	10	10	10	9	97.5
T ₃ [Bavistine (0.1%)+sterile water]	4	10	10	8	7	7	80.0
T ₄ [Bavistin+sodium hypochlorite (1%)+ethyl alcohol+sterile water]	4	10	10	6	5	3	60.0
T ₅ [Sodium hypochlorite (1%)+ethyl alcohol+sterile water]	4	10	10	8	7	5	75.0

In present study, it was found that 0.25 MS medium was effective for earlier shoot, leaf and root initiation which took 8, 9 and 14 weeks of culture respectively (Figure 1C). This condition was followed by 0.5 MS, 1.0 MS and 1.0 MS supplemented with 0.5 mg/L BAP and 0.5 mg/L NAA. While complete seedling was first observed on 1.0 MS *i.e.* after 16 weeks of culture, rather than 0.25 MS (Table 1). Large shoot multiplication was also found on hormone free 1.0 MS medium (Figure 1D). After 24 weeks of culture, plantlets of 5-6 cm height with well developed root system were selected for hardening. These plantlets were potted in earthen pots containing cocopeat, litter and sphagnum moss in 2:1:1 ratio and covered with perforated plastic bags to maintain require humidity (Figure 1E). About 85% plantlets were survived in this condition.

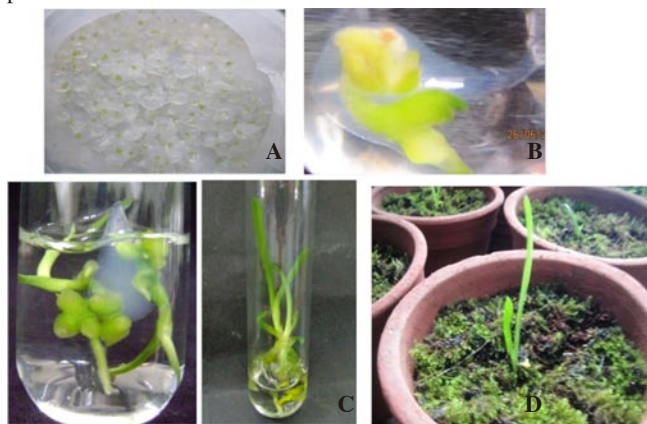


Figure 1. Production, germination and regeneration of plantlet from artificial seed of *C. aloifolium*.

A: Artificial seeds containing protocorm of *C. aloifolium*; B: Artificial seeds gave rise to shoot bud on hormone free 1.0 MS medium; C: Shoot buds and roots developed on 0.25 MS medium; D: Shoot multiplication with well developed roots on hormone free 1.0 MS medium; E: *In vitro* plantlets derived from artificial seeds were acclimatized on potting mixture of cocopeat, litter and sphagnum moss of 2:1:1 ratio.

Also, some freshly prepared artificial seeds were stored at 4 °C for 28 d to check their viability percentage. All the storage artificial seeds showed viability on hormone free MS liquid medium. The highest viability percentage was observed on storage artificial seeds treated with T₁ and T₂ *i.e.* 97.5% of germination whereas T₃, T₄ and T₅ showed 80.0%, 60.0% and 75.0% of germination respectively (Table 2). Out of five different treatments, T₁ and T₂ were found to be the best ways for plant conversion from storage artificial seeds followed by T₃. Viability percentage was observed on the basis of time taken and survivability of artificial seeds during germination and seedling development. In present study, it was found that artificial seeds stored for 7 d showed 100% germination in all the sterilization treatments.

4. Discussion

All the tested conditions responded positively on germination and plantlet development of freshly inoculated artificial seed containing

protocorms of *C. aloifolium*. All the strength of MS liquid medium *viz.* 0.25 MS, 0.5 MS and 1.0 MS showed 100% germination of artificial seeds while 1.0 MS liquid medium supplemented with 0.5 mg/L BAP and 0.5 mg/L NAA showed only 83.33% of germination.

In nature, only 2%-5% of orchid seeds were germinated due to their symbiotic requirement of fungus Rhizectonia[10]. Among tested conditions, hormone free 1.0 MS liquid medium was found to be the most effective condition for complete conversion of artificial seed into seedling after 16 weeks of culture. Zhang *et al.* (2011) found that protocorms were the best propagator for artificial seed production in *Dendrobium candidum*[11]. Pradhan *et al.* (2013) reported that non-encapsulated protocorms took 30 weeks of culture for complete conversion into seedling on 1.0 MS medium which is longer time than in the present study[12]. This suggested that artificial seeds containing protocorms gives earlier response than non-encapsulated protocorms. It may be due to the presence of alginate complex that enhance the growth of artificial seed.

The requirement of exogenous auxins and/or cytokinins for regeneration of protocorm like bodies (PLBs) or shoot buds and plantlet development has been reported for many orchid species[13]. However, the combinations, concentrations, and the ratio between them are usually critically important. The ratio of auxin to cytokinin for shoot buds or PLBs formation varies from species to species. In present investigation, the synergistic effect of BAP and NAA along with MS supplemented media delayed the development of seedling from artificial seed of *C. aloifolium*.

The shoots emergence from artificial seed grown continuously by breaking through the capsule of artificial seed. In present study, complete seedling was achieved after 16-19 weeks of culture in all tested conditions. One-hundred percent of conversion of artificial seed into whole plantlet was found in all conditions except hormone treated medium. This finding was supported by Corrie and Tandon (1993) who reported 100% conversion of encapsulated PLBs into plantlet under *in vitro* condition in *Cymbidium giganteum*[14]. Similarly, Sarmah *et al.* (2010) produced *Vanda coerulea* synseeds by encapsulating PLBs regenerated from the leaf base with a 94.9 % conversion frequency[15]. Nagananda *et al.* (2011) encapsulated the PLBs of *Flickingeria nodosa* and achieved 95% conversion after 3 months' storage at 4 °C[16]. Gantait *et al.* (2012) obtained 96.4% conversion in alginate-encapsulated *Aranda*×*Vanda* PLBs with 3% sodium alginate and 75 mmol/L calcium chloride[17]. The present result was in contrast with the findings obtained by Saiprasad and Polisetty (2003) who obtained 100% conversion of encapsulated PLBs when cultured on MS medium supplemented with BA and NAA (*Dendrobium*) or NAA alone (*Oncidium* and *Cattleya*)[18].

Artificial seeds also present an excellent way to store orchid material at room temperature, under cold storage, or even cryopreservation for weeks to months, or even years while maintaining the clonal stability of the material[19]. The germination

percentage of storage artificial seed was affected by composition of encapsulation matrix and duration of pre-germination storage[20]. Artificial seeds stored at 4 °C in present study, were tested their viability rate after every 7 d upto 28th d. Total 10 stored artificial seeds were inoculated on hormone free full strength of MS liquid media in each interval of 7 d under five different treatments. It was found that as the storage time increases, chances of contamination also increases which ultimately lowers the survival rate of storage artificial seeds. Use of fungicide like bavistine can enhance the growth of artificial seed by reducing the chances of contamination. Therefore, in present investigation, low concentration of bavistine i.e. 0.1% was used which comparatively gave satisfactory responded on germination and plantlet development from storage artificial seeds. This result was supported by Buts *et al.* (2013) who reported that below 0.5% concentration of bavistine was effective for growth and yield of *Vigna radiate*[21]. Similarly, Ramseh *et al.* (2009) observed the maximum shoot length [(8.20±0.37) cm] from encapsulated node cuttings incorporated with 3.0 mg/L bavistin on MS basal medium[22]. Aggarwal *et al.* (2005) also found that high doses of fungicide like bavistine (above 0.5%) caused remarkable adverse effect on growth of sun flower plant[23]. However, combine effect of bavistine, sodium hypochlorite (1%) and ethylalcohol (70%) decline the germination rate by earlier rupturing of calcium alginate beads.

One-hundred percent of germination was achieved when artificial seeds were stored for 7 d. Later, germination percentage was gradually decreased upto 66% when stored for 28 d at 4 °C in all five treatments. But, when germination pattern was compared between different treatments, T₁ and T₂ were found to be the most effective sterilization techniques for regeneration of contamination free plant from alginated encapsulated artificial seeds stored at 4 °C. They showed 97.5% of germination which was the highest percentage in present investigation as compare to the other treatments. It may be due to the less ion exchange occurred between calcium alginate beads and sterile water which not only lowers the risk of contamination but also protects the protocorm in gel for longer period.

According to Zhang *et al.*, 2011, protocorms stored large nutrients hence they are capable to undergo successive phases of division and give rise to plant even when no nutrients was added to artificial seed[11]. Similar results were also obtained in present study. Several workers have tried various medium and various concentrations of growth hormones to promote artificial seed germination and seedling growth of different orchids[15,18,24-26].

Higher germination percentage (100%) in case of artificial seeds without storage could be due to the matrix which not only facilitates regular nutrient supply but also protects the dispersed, delicate tissue from any mechanical injury during handling and from

desiccation[27,28]. Artificial seeds inoculated on MS liquid medium free of growth regulators eventually developed into multiple plantlets within 24 weeks of culture. Complete seedlings were started to develop after 16 weeks of culture on this medium. Later, the *in vitro* raised seedlings developed from artificial seeds were successfully established in the potting medium. The survival rate of plantlets of *C. aloifolium* was reached about 85% in the greenhouse.

Artificial seeds were successfully produced by encapsulating the individual protocorms in calcium alginate beads for mass propagation, storage and conservation. Hormone free full strength i.e. 1.0 MS liquid medium in the present study was found to be more effective for germination and plantlet regeneration from artificial seed of *C. aloifolium*. Artificial seeds containing protocorms gave 97.5% germination upto 28th d of pre-germination storage period. A significant outcome of the present study was the observation that the synthetic seeds retained their viability even after 28th d at 4 °C and the plants regenerated also maintained their morphological identity. Hence, the present paper is expected to be a novel research which open new vista in germplasm preservation, short term storage and large volume propagation of a threatened medicinal orchid, *C. aloifolium* in the form of artificial seed.

Conflict of interest statement

We declare that we have no conflict of interest.

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