



## n-3 polyunsaturated fatty acids suppress CD4<sup>+</sup> T cell proliferation by altering phosphatidylinositol-(4,5)-bisphosphate [PI(4,5)P<sub>2</sub>] organization

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### ABSTRACT

The mechanisms by which n-3 polyunsaturated fatty acids (n-3 PUFA), abundant in fish oil, exert their anti-inflammatory effects have not been rigorously defined. We have previously demonstrated that n-3 PUFA decrease the amount of phosphatidylinositol-(4,5)-bisphosphate, [PI(4,5)P<sub>2</sub>], in CD4<sup>+</sup> T cells, leading to suppressed actin remodeling upon activation. Since discrete pools of PI(4,5)P<sub>2</sub> exist in the plasma membrane, we determined whether n-3 PUFA modulate spatial organization of PI(4,5)P<sub>2</sub> relative to raft and non-raft domains. We used Förster resonance energy transfer (FRET) to demonstrate that lipid raft mesodomains in the plasma membrane of CD4<sup>+</sup> T cells enriched in n-3 PUFA display increased co-clustering of Lck(N10) and LAT(ΔCP), markers of lipid rafts. CD4<sup>+</sup> T cells enriched in n-3 PUFA also exhibited a depleted plasma membrane non-raft PI(4,5)P<sub>2</sub> pool as detected by decreased co-clustering of Src(N15), a non-raft marker, and PH(PLC-δ), a PI(4,5)P<sub>2</sub> reporter. Incubation with exogenous PI(4,5)P<sub>2</sub> rescued the effects on the non-raft PI(4,5)P<sub>2</sub> pool, and reversed the suppression of T cell proliferation in CD4<sup>+</sup> T cells enriched with n-3 PUFA. Furthermore, CD4<sup>+</sup> T cells isolated from mice fed a 4% docosahexaenoic acid (DHA)-enriched diet exhibited a decrease in the non-raft pool of PI(4,5)P<sub>2</sub>, and exogenous PI(4,5)P<sub>2</sub> reversed the suppression of T cell proliferation. Finally, these effects were not due to changes to post-translational lipidation, since n-3 PUFA did not alter the palmitoylation status of signaling proteins. These data demonstrate that n-3 PUFA suppress T cell proliferation by altering plasma membrane topography and the spatial organization of PI(4,5)P<sub>2</sub>.

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### 1. Introduction

The fluid-mosaic membrane concept first proposed in 1972 [1] has evolved from a composition of dynamic proteins dissolved in a viscous solution of lipids to a model where higher order structures involving

*Abbreviations:* CO, corn oil; CFSE, carboxyfluorescein succinimidyl ester; DAG, diacylglycerol; DHA, docosahexaenoic acid; ECFP, enhanced cyan fluorescent protein; EGCG, epigallocatechin gallate; EPA, eicosapentaenoic acid; FRAP, fluorescence recovery after photobleaching; FRET, Förster resonance energy transfer; IS, immunological synapse; n-3 PUFA, n-3 polyunsaturated fatty acids; PI, propidium iodide; PI(4,5)P<sub>2</sub>, phosphatidylinositol-(4,5)-bisphosphate; ROI, region of interest; TLC, thin layer chromatography; YPet, yellow fluorescent protein for energy transfer.

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protein–protein, protein–lipid, and lipid–lipid interactions, in conjunction with the membrane cytoskeleton network, coordinate the spatiotemporal organization of signaling events [1–4]. Lipid rafts are mesoscale domains enriched in sphingolipids, cholesterol, and saturated fatty acids that form in the plasma membrane as a result of favorable lipid–lipid interactions. Mounting evidence underscores the importance of the interaction between the lipids in the plasma membrane and protein function [5,6]. From a biophysical perspective, changes to the plasma membrane properties such as bilayer thickness, membrane curvature, bilayer elasticity, and membrane stretching, can allosterically regulate membrane protein function [5,6]. Recently, it has become evident that very modest changes to the plasma membrane can have biological effects. For example, in the fly photoreceptor system, activation of rhodopsin by light results in the hydrolysis of PI(4,5)P<sub>2</sub> into diacylglycerol (DAG) [7]. Simplistic estimates suggest that the conversion of PI(4,5)P<sub>2</sub> into DAG only reduces the membrane

area by 0.8% and contracts the microvillus of the fly photoreceptor system by 0.2 nm [7]. However, this “small” change is sufficient to activate TRP channels in the fly photoreceptor system to modulate the photomechanical response, and lead to the micrometer contraction of the photoreceptor system [6,7].

The protein and lipid composition of lipid rafts is highly heterogeneous and dynamic; lipid rafts are known to coalesce to form microscopic signaling platforms in response to several stimuli. This is most evident during CD4<sup>+</sup> T cell activation, a process that involves major rearrangements of the T cell proteome and lipidome [8,9]. Engagement of the TCR with an antigen peptide displayed by MHCII of an APC results in the formation of a higher ordered structure termed the immunological synapse (IS) [8–10]. Signaling at the IS is highly coordinated through the temporally ordered recruitment of signaling-propagating, and exclusion of signaling-terminating, proteins [11,12]. Raft lipid constituents, including cholesterol, saturated phosphatidylcholine species, and sphingolipids, are also enriched at the IS [13–15]. Collectively, these findings underscore the importance of protein–protein, protein–lipid, and lipid–lipid interactions at mesoscale membrane domains for effective T cell activation [15].

Dietary fish oil, enriched in long chain n-3 polyunsaturated fatty acids (n-3 PUFA) such as eicosapentaenoic acid (EPA, 20:5<sup>Δ5,8,11,14,17</sup>) and docosahexaenoic acid (DHA, 22:6<sup>Δ4,7,10,13,16,19</sup>), has been shown to exert anti-inflammatory and immunosuppressive effects across a spectrum of human diseases [16–18]. Using two strategies for the enrichment of n-3 PUFA at the membrane, including dietary supplementation [19,20] and the transgenic *Fat-1* mouse model [21,22], we have previously demonstrated that early signaling events critical to T cell activation are suppressed. In particular, plasma membrane enrichment of n-3 PUFA restricted phosphatidylinositol-(4,5)-bisphosphate [PI(4,5)P<sub>2</sub>]-dependent actin remodeling, calcium signaling, and mitochondrial translocation to the IS, resulting in the suppression of T cell activation (lymphoproliferation) [14,19,23,24]. Additional studies in Jurkat cells have shown that other chemicals such as 7-ketocholesterol that modulate the biophysical properties of the plasma membrane, can also suppress T cell activation [15,25]. Together, these findings clearly demonstrate that by incorporating into the plasma membrane, n-3 PUFA can target a key lipid mediator, PI(4,5)P<sub>2</sub>, and affect cortical actin, two interplaying components regulating membrane-cytoskeletal interactions critical for lymphoproliferation.

From a biophysical perspective, DHA is highly disordered and has low affinity for saturated fatty acids and cholesterol, constituents of lipid rafts [26–29]. Previous findings indicate that the insertion of DHA-containing phospholipids into the plasma membrane enlarges lipid raft domains while concomitantly decreasing the amount of cholesterol and saturated fatty acids [30,31]. We have previously demonstrated that n-3 PUFA increase the lipid order/rigidity of the plasma membrane *in vivo* [13,14,32], and affect downstream T cell responses to IL-2 [14,21,33]; therefore, we hypothesized that n-3 PUFA suppress T cell signaling and activation by modifying the membrane topography and spatial organization of PI(4,5)P<sub>2</sub>. Here we demonstrate that n-3 PUFA modify the biophysical properties of the plasma membrane and alter the spatial distribution of PI(4,5)P<sub>2</sub>, a critical phospholipid involved in the organization of membrane mesodomains and the membrane-associated cytoskeletal network. Of significance, n-3 PUFA-induced reorganization of membrane mesodomains results in suppression of clonal expansion upon activation of primary CD4<sup>+</sup> T cells. These results highlight previously unappreciated effects of n-3 PUFA on membrane organization that, by modulating early TCR signaling, lead to suppression of T cell proliferation.

## 2. Materials and methods

### 2.1. Plasmids

Enhanced cyan fluorescent protein (ECFP), and yellow fluorescent protein for energy transfer (YPet) were synthesized by

Integrated DNA Technologies (Coralville, Iowa) into pIDTSMART and subcloned into pLenti vector using BamHI and NotI (New England Biolabs, Ipswich, MA). A NheI site was included immediately downstream of BamHI for insertion of additional fragments. cDNA containing the first 10 amino acids of Lck [Lck(N10)], the first 15 amino acids of Src [Src(N15)], the transmembrane domain of linker for activation of T cells [LAT(ΔCP)], and the PH domain of phospholipase-δ [PH(PLC-δ)], were synthesized and subcloned into pLenti using BamHI and NheI restriction sites, upstream and in-frame to ECFP or YPet. All plasmids were verified by sequencing (Eton Bioscience, San Diego, CA), and expressed as fusion probes in 293T cells followed by examination using microscopy and Western blotting. R40L mutant of PH(PLC-δ) was generated by using the Quikchange II Kit (Agilent, Santa Clara, CA), confirmed by sequencing, and expressed in 293T cells.

### 2.2. Generation of lentivirus

Lentivirus was generated as previously described with minor modifications [34,35]. Individual pLenti constructs were co-transfected with pLP-1, pLP-2, and pVSV-G (Life Technologies, Grand Island, NY) into HEK293T/17 (ATCC CRL-11,268) using calcium phosphate precipitation. Medium containing the virus was harvested three times within 72 h of transfection. Lentivirus was then concentrated using a concentrator (Clontech, Mountain View, CA), resuspended in RPMI media (Irvine Scientific, Santa Ana, CA) containing 5% fetal bovine serum (Irvine Scientific), 1% GlutaMAX (Life Technologies), and 1% penicillin–streptomycin (Life Technologies), and stored at –80 °C.

### 2.3. Animal husbandry and CD4<sup>+</sup> T cell isolation

Animal protocol for this study (AUP #2011–176) was approved by the Institutional Animal Care and Use Committee at Texas A&M University following the U.S. Public Health Service guidelines. *Fat-1* transgenic mice on a C57BL/6 background, generously provided by Dr. Jing X. Kang (Department of Medicine, Harvard University, [22]), were bred, genotyped, and phenotyped as previously described [14,23,24]. Wild type and *Fat-1* litter-mate controls were fed a 10% safflower diet (Research Diets, New Brunswick, NJ) *ad libitum* in a 12:12 light:dark cycle. In diet experiments, 4 to 6 weeks old C57BL/6 mice were fed either an n-6 PUFA enriched 5% corn oil diet, a 0.95% DHA triglyceride-, or a 4% DHA triglyceride-enriched diet as previously described [13,23]. Briefly, diets differed only in their oil composition, either (control) 5% corn oil by weight or a mixture of 57% pure DHA triglyceride (Martek, Columbia, MD) and corn oil (0.95:3:05, or 4:1 w/w). Additional diet components, expressed as g/100 g, were 20 casein, 42 sucrose, 22 corn starch, 6 cellulose, 3.5 AIN-76 mineral mix, 1 AIN-76 vitamin mix, 0.3 DL-methionine, 0.2 choline chloride, and 5 dietary oil (Table 1). Mice were fed *ad libitum* for 6 to 8 weeks using a 12:12 light:dark cycle [19,20,36] and diet was changed daily to prevent the formation of oxidative byproducts.

CD4<sup>+</sup> T cells were purified by removing the spleen aseptically and labeling with magnetic CD4 (L3T4) microbeads according to manufacturer’s protocol (Miltenyi Biotec, Auburn, CA). CD4<sup>+</sup> T cells were cultured in complete RPMI media containing 20 μM 2-mercaptoethanol (Sigma Aldrich, St. Louis, MO), until the start of the downstream assay (within hrs). For longer experiments (within 48 h), 20 ng/mL of rIL-2 (eBioscience, San Diego, CA) was added to the complete RPMI media. For rescue experiments using exogenous PI(4,5)P<sub>2</sub>, cells were treated after lentiviral transduction with PI(4,5)P<sub>2</sub> dissolved in 1 × PBS supplemented with 0.0025% of protein stabilizer (Echelon Biosciences, Salt Lake City, UT) for 1 h, at 37 °C, 5% CO<sub>2</sub>, collected, and washed prior to initiation of FRET experiments.

**Table 1**  
Diet composition.

g/100 g	5% corn oil	0.95% DHA triglyceride	4% DHA triglyceride
Casein	20	20	20
Sucrose	42	42	42
Corn starch	22	22	22
Cellulose	6	6	6
AIN-76 mineral mix	3.5	3.5	3.5
AIN-76 vitamin mix	1	1	1
DL-Methionine	0.3	0.3	0.3
Choline chloride	0.2	0.2	0.2
Corn oil	5	4.05	1
DHA triglyceride	0	0.95	4

#### 2.4. Lentiviral transduction

CD4<sup>+</sup> T cells were resuspended to a final concentration of  $7.5 \times 10^6$  cells/mL, seeded into a 24 well plate and incubated with lentivirus for 48 h before imaging in the presence of  $2 \mu\text{g/mL}$  polybrene (Sigma Aldrich). Typically ECFP-containing lentivirus was added 8 h prior to YPet lentivirus to optimize the level of the fluorophores for imaging. After 48 h of incubation, CD4<sup>+</sup> T cells were collected, washed, resuspended in  $300 \mu\text{L}$  of Leibovitz's media, and seeded onto poly-L-lysine coated 35 mm glass bottom dishes (MatTek, Ashland, MA) for imaging.

#### 2.5. Microscopy and image analysis

FRET experiments were conducted using the Zeiss LSM 510 META laser scanning confocal microscope with an excitation at 458 nm for ECFP, and 514 nm for YPet using an argon laser. Emissions were detected between 480 and 520 nm for ECFP, and between 535 and 590 nm for YPet. Samples were imaged with a  $63\times$  oil objective with a numerical aperture of 1.2, and recorded in 8-bit mode. Images were processed using the accompanying software and values were exported and analyzed in Microsoft Excel.

FRET was analyzed by acceptor photobleaching to detect the increase in ECFP signal. A region of interest (ROI) consisting of  $4 \mu\text{m} \times 3 \mu\text{m}$  was drawn around the plasma membrane, and photobleaching was conducted by illuminating the ROI for 16 s with the laser. For each cell, four images were recorded: i) YFP<sub>PRE</sub>, YPet fluorescence before photobleaching; ii) CFP<sub>PRE</sub>, ECFP fluorescence before photobleaching; iii) YFP<sub>POST</sub>, YPet fluorescence after photobleaching; and iv) CFP<sub>POST</sub>, ECFP fluorescence after photobleaching. Corrections to the fluorescence intensities were also made by conducting acceptor photobleaching on cells expressing only the ECFP and YPet probes to determine the bleaching of ECFP during photobleaching (CFP<sub>Bleach</sub>), and the bleed-through of YPet into the CFP channel (CFP<sub>YFP</sub>). Corrections to the CFP intensities before and after photobleaching were calculated as follows:

$$\text{CFP}_{\text{Pre,Corrected}} = \text{CFP}_{\text{Pre}} - \text{CFP}_{\text{YFP Bleed}} \quad (1)$$

$$\text{CFP}_{\text{Post,Corrected}} = (\text{CFP}_{\text{Post}} - \text{CFP}_{\text{YFP}}) + \text{CFP}_{\text{Bleach}} \quad (2)$$

To determine the FRET efficiency (E%), the corrected CFP values were used in the following equation:

$$E\% = \frac{\text{CFP}_{\text{Post,Corrected}} - \text{CFP}_{\text{Pre,Corrected}}}{\text{CFP}_{\text{Post,Corrected}}} \times 100. \quad (3)$$

To determine fluorescence recovery after photobleaching (FRAP), the following equation was used to analyze cells expressing only the YPet probe where F(t) is fluorescence intensity at time (t), F( $\infty$ ) is the fluorescence intensity after recovery, F(0) is the initial fluorescence

intensity, and k is the rate of fluorescence intensity recovery after photobleaching:

$$F(t) = [F(\infty) - F(0)] \times [1 - \exp(-kt)] + F(0). \quad (4)$$

At least 4 animals per genotype/treatment, and at least 10 cells per animal were analyzed for each FRET combination.

#### 2.6. CFSE assay

After CD4<sup>+</sup> T cell isolation, cells were labeled with CFSE as previously described [14,21]. In brief,  $5 \mu\text{M}$  of CFSE (Life Technologies) in DMSO was added into  $1 \times 10^6$  cells/mL in  $1 \times \text{PBS}$  (Life Technologies) containing 0.1% BSA (Roche Diagnostics, Indianapolis, IN), incubated at  $37^\circ\text{C}$  for 30 min, rapidly chilled by adding an excess of ice-cold complete RPMI, and incubated for 5 min on ice. Cells were collected, washed with  $1 \times \text{PBS}$ , and resuspended to a final cell concentration of  $2 \times 10^6$  cells/mL.  $2 \times 10^5$  cells were cultured in 96 well plates either unstimulated or stimulated with plated anti-CD3 (Clone 145-2C11,  $0.2 \mu\text{g/mL}$ , eBiosciences) and soluble anti-CD28 (Clone 37.51,  $1 \mu\text{g/mL}$ , eBiosciences) for 72 h, at  $37^\circ\text{C}$ . On the day of analysis, cells were collected, washed with  $1 \times \text{PBS}$ , and resuspended in staining buffer (eBioscience) containing  $1 \mu\text{g/mL}$  of propidium iodide (PI, Miltenyi Biotec). Samples were processed using a BD Accuri C6 flow cytometer (BD Bioscience, San Jose, CA). The Proliferation Index, representing the sum of cells in all generations divided by the theoretical parental population at the start of the experiment, was calculated using ModFitLT 3.2 [37].

#### 2.7. Membrane phospholipid analysis

Phospholipid fatty acid composition was analyzed as previously described [21]. Briefly, total lipids were extracted from CD4<sup>+</sup> T cells using Folch (chloroform:methanol, 2:1 v/v), and separated by thin layer chromatography (TLC) on silica gel 60G plates using the developing solvent of chloroform/methanol/acetic acid/water (90:8:1:0.8, v/v). The plate was then sprayed with 0.1% 8-anilino-naphthalene-sulfonic acid and visualized under ultraviolet light. Total phospholipids were scraped from the plates, spiked with heptadecanoic acid (17:0), and transesterified in the presence of 6% methanol-HCl. Afterwards, fatty acid methyl esters were extracted using hexane and 0.1 M potassium chloride and analyzed by gas chromatography.

#### 2.8. Detection of protein palmitoylation

15-Azidopentadecanoic acid (Life Technologies, Grand Island, NY) dissolved in DMSO ( $50 \text{ mM}$ ) was added to each cell culture containing  $20 \times 10^6$  CD4<sup>+</sup> T cells to a final concentration of  $50 \mu\text{M}$ , and incubated for 24 h. Cells were then collected, washed, and lysed in homogenization buffer composed of  $50 \text{ mM}$  Tris-HCl,  $\text{pH} = 8$ , 1% SDS (w/v),  $100 \mu\text{M}$  of sodium orthovanadate,  $1 \times$  sigma protease cocktail, and 250 units of benzonase nuclease. Protein lysates from two cultures were pooled and concentrated using centrifugal concentrator ( $3 \text{ kDa}$  cut-off, Millipore, Billerica, MA). Protein concentration was subsequently determined using the bicinchoninic acid assay (Thermo Scientific, Rockford, IL) and protein concentration was adjusted to  $4 \mu\text{g}/\mu\text{L}$  for Click chemistry. Click chemistry was performed using the Click-iT kit (Life Technologies) according to the manufacturer's protocol. Briefly,  $200 \mu\text{g}$  of cellular protein was combined with  $100 \mu\text{L}$  of Click-iT reaction buffer containing PEG4 carboxamide-propargyl biotin (Life Technologies),  $10 \mu\text{L}$  of  $\text{ddH}_2\text{O}$ , vortexed for 5 s, before addition of  $\text{CuSO}_4$  and component C. The reaction was vortexed for 5 s, and incubated for 3 min at  $23^\circ\text{C}$ . Finally, component D was added to the reaction and incubated for at  $23^\circ\text{C}$  for 30 min, protected from light. After the reaction, protein was precipitated according to the manufacturer's protocol, and resuspended in a homogenization buffer containing  $50 \text{ mM}$  Tris-HCl,  $\text{pH} =$



7.5, 15 mM EGTA, pH = 7.5, 100 mM NaCl, 0.1% Triton X-100, 500  $\mu$ M of sodium orthovanadate, 1  $\times$  Sigma protease cocktail, and 10 mM  $\beta$ -mercaptoethanol. The protein concentration was determined by the Coomassie Plus Protein assay (Pierce, Rockford, IL). Samples were then loaded onto 4–20% Tris-glycine polyacrylamide precast gel (Invitrogen) and separated for 2.5 h at 4  $^{\circ}$ C. Proteins were then transferred onto polyvinylidene fluoride membranes at 400 mA for 90 min. Membranes were blocked at room temperature for 1 h in 4% nonfat dry milk. Primary antibody against biotin (mouse anti-biotin, Jackson ImmunoResearch, West Grove, PA) was incubated overnight at 4  $^{\circ}$ C. Membranes were subsequently washed and incubated with secondary horseradish peroxidase conjugated rabbit anti-mouse IgG (KPL) and developed using Pierce SuperSignal West Femto maximum sensitivity substrate. Membranes were then scanned using Fluor-S Max Multimager system (BioRad, Hercules, CA) and analyzed using QuantityOne (BioRad).

For immunoprecipitation, 100  $\mu$ g of protein was combined with rabbit polyclonal IgG anti-Lck (Millipore) for 90 min at 4  $^{\circ}$ C prior to addition of Protein G Dynabeads (Life Technologies) for overnight incubation at 4  $^{\circ}$ C. The following day, the protein-antibody complex was collected using DynaMagnet, and boiled in the presence of 2  $\times$  pyronin before immunoblotting as described above.

## 2.9. Statistical analysis

All experiments were conducted with at least four animals, and data were expressed as mean  $\pm$  sem unless otherwise noted. Using GraphPad Prism (La Jolla, CA), data were analyzed by two-tailed Student's t-test between genotypes with a single treatment, one-way ANOVA between multiple groups, or by two-way ANOVA between genotypes and treatments. In cases where  $P < 0.05$  in ANOVA, a Tukey post-hoc test was conducted.  $P < 0.05$  was considered to be statistically significant.

## 3. Results

### 3.1. Optimization of FRET experiments

We have previously shown that n-3 PUFA perturb the membrane lipid bilayer by increasing the liquid order of plasma membrane in CD4<sup>+</sup> T cells isolated from mice fed a diet enriched in n-3 PUFA, e.g., DHA [13]. To further probe the effects of n-3 PUFA on plasma membrane mesodomains, we performed a series of FRET experiments utilizing the raft markers Lck(N10) and LAT( $\Delta$ CP), in which the 10 N-terminal amino acids of Lck and the transmembrane domain LAT are fused to fluorescent reporters. For comparative purposes, we also investigated the properties of the non-raft marker Src(N15), which contains the 15 N-terminal amino acids of c-Src. These peptides are well-described probes used to target lipid raft and non-raft regions of the plasma membrane, and have been shown to localize predominantly to the plasma membrane in Jurkat and primary T cells (Fig. S1A; [38–41]).

Mammals are unable to convert n-6 PUFA into n-3 PUFA, thus we utilized primary CD4<sup>+</sup> T cells isolated from *Fat-1* transgenic mice, a model in which the plasma membrane is enriched with n-3 PUFA upon feeding a diet high in n-6 PUFA [21,22]. We utilized a lentivirus system to transduce the reporter plasmids in order to avoid activating the CD4<sup>+</sup> T cells with antibodies or chemicals [38]. Using this system, the presence of n-3 PUFA did not affect lentiviral transduction efficiency (Fig. S1B).

We initially assessed FRET efficiency by performing a series of control experiments (Fig. S2). For this purpose, FRET standards, C5V and C32V were expressed in 293T cells (Fig. S2A; [42]). These constructs were generated by positioning Cerulean (C) relative to Venus (V) with either a 5- or 32-amino acid linker; thus C5V should have higher FRET efficiency relative to C32V [42]. We then determined the FRET efficiencies of the Lck(N10)/Lck(N10) FRET pair in both 293T cells and primary

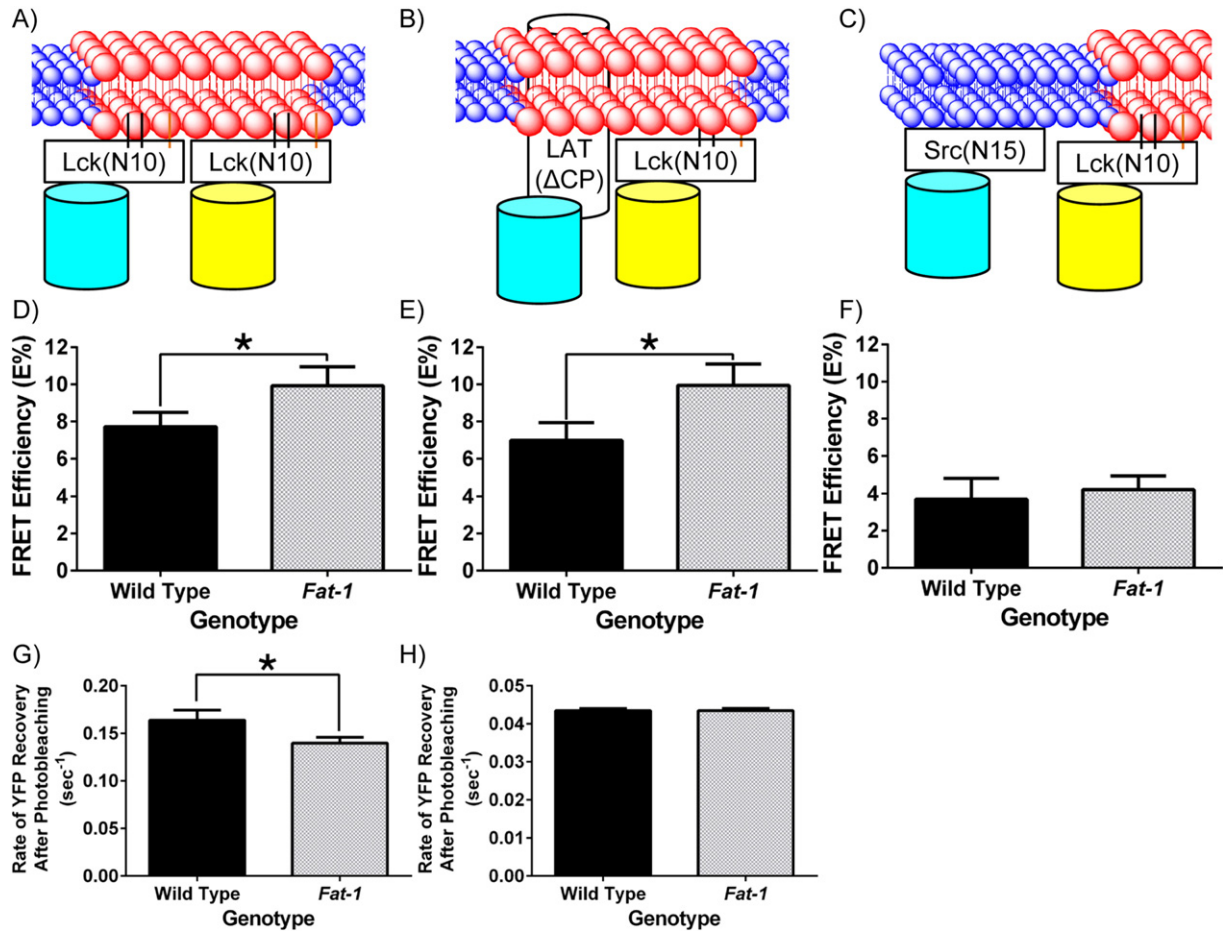
CD4<sup>+</sup> T cells to evaluate the change associated with photobleaching the whole cell versus a region of interest (ROI). FRET by acceptor photobleaching has been used for both the C5V and C32V standards [43], and for measuring membrane markers in Jurkat T cells [38,41]. No statistical differences between the two approaches were observed (Fig. S2&C). Collectively, these data indicate that the diffusion of YPet outside the ROI is slow enough to accurately measure FRET efficiency immediately after photobleaching. Furthermore, the lack of any difference between whole cell versus plasma membrane targeted regions of interest suggests that the probes are localized predominantly to the plasma membrane (Fig. 1A) and not in endosomes. For example, non-interacting probes localized to internal membranes would decrease the overall FRET detected in whole cells when compared to a ROI at the plasma membrane [44]. We subsequently optimized the iterations of photobleaching in an ROI in order to ensure maximum photobleaching without prolonged laser exposure, thereby minimizing effects on cell viability (Fig. S2D).

### 3.2. Using raft and non-raft markers to probe the effects of n-3 PUFA on CD4<sup>+</sup> T cell plasma membrane mesodomains

We hypothesized that the presence of n-3 PUFA in the plasma membrane would increase the FRET efficiency between the lipid raft markers since increased liquid order would favor coalescence of lipid raft mesodomains. Therefore, we measured the FRET efficiency between the various raft and non-raft markers (Fig. 1A–C). Consistent with our observations that n-3 PUFA increase the liquid order of the plasma membrane, the incorporation of n-3 PUFA into the plasma membrane increased the FRET efficiencies of the lipid raft markers Lck(N10)/Lck(N10), and Lck(N10)/LAT( $\Delta$ CP) (Fig. 1D&E), compared to the control non-interacting markers Lck(N10)/Src(N15) (Fig. 1F). Since the diffusion of membrane proteins can be influenced by whether they are localized in lipid raft mesodomains [45], we also determined the rate of fluorescence recovery after photobleaching (FRAP) of the raft markers Lck(N10) and LAT( $\Delta$ CP). FRAP of Lck(N10) in CD4<sup>+</sup> T cells enriched with n-3 PUFA exhibited a 20% decrease relative to the FRAP of Lck(N10) expressed in wild type CD4<sup>+</sup> T cells (Fig. 1G). We did not observe a difference in the FRAP of LAT( $\Delta$ CP) between genotypes, perhaps due to the slow rate of recovery exhibited by LAT( $\Delta$ CP) (Fig. 1H). Collectively, the results from the FRET and FRAP experiments indicate that n-3 PUFA alter the dynamics of the lipid raft mesodomains in the plasma membrane.

### 3.3. Incorporation of n-3 PUFA into the CD4<sup>+</sup> T cell plasma membrane decreases the non-raft pool of PI(4,5)P<sub>2</sub>

Since we have shown that the lipid raft mesodomains in the plasma membrane are perturbed by the presence of n-3 PUFA, and PI(4,5)P<sub>2</sub> couples the mesoscale raft domains with membrane cytoskeleton compartments [2–4], we hypothesized that incorporation of n-3 PUFA into the plasma membrane would alter the spatial organization of PI(4,5)P<sub>2</sub> relative to raft and non-raft mesodomains. Utilizing the raft markers [Lck(N10) and LAT( $\Delta$ CP)] and the non-raft marker [Src(N15)] in combination with the PI(4,5)P<sub>2</sub> reporter PH(PLC- $\delta$ ), which has been validated previously to target PI(4,5)P<sub>2</sub> [35,46], we tested our hypothesis in a series of FRET experiments (Figs. 2&3). Although n-3 PUFA increased the FRET efficiencies between lipid raft markers (Fig. 1D&E), the FRET efficiency between PH(PLC- $\delta$ ) and either Lck(N10) or LAT( $\Delta$ CP) was not affected in CD4<sup>+</sup> T cells enriched with n-3 PUFA (Fig. 2D&E). This was corroborated by measuring the co-localization between GM1, a well-characterized lipid raft marker [47], and PH(PLC- $\delta$ ), which showed no difference in the presence of n-3 PUFA (Fig. 2H). The FRET efficiency between PH(PLC- $\delta$ ) and the non-raft marker Src(N15), however, was decreased by 20% in CD4<sup>+</sup> T cells enriched with n-3 PUFA (Fig. 3A&C). To verify the specificity of our PH(PLC- $\delta$ ) probe, we performed FRET experiments using the



**Fig. 1.** n-3 PUFA perturb the biophysical properties of the plasma membrane detected by increased interaction of fluorescent lipid raft markers. (A, B, and C) Schematic diagrams of the interaction between neighboring fluorescent probes targeted to the raft or the non-raft membrane fraction of the plasma membrane. Lck(N10) and Src(N15) consist of the first 10 and 15 N-terminal amino acids of Lck and Src, respectively. LAT( $\Delta$ CP) consists of the first 36 amino acids, representing the extracellular, transmembrane, and the membrane anchoring portions of LAT. Splenic CD4<sup>+</sup> T cells were incubated with lentivirus containing (D) Lck(N10)/Lck(N10), (E) Lck(N10)/LAT( $\Delta$ CP), or (F) Lck(N10)/Src(N15) before FRET by acceptor photobleaching ( $n = 4$  mice per genotype). FRET efficiency (E%) was determined by comparing the CFP intensity before and after acceptor photobleaching, and corrected as described in the [Materials and methods](#) (\* $P < 0.05$  between genotypes, two-tailed Student's t-test). The rate of recovery after photobleaching was also determined for CD4<sup>+</sup> T cells expressing (G) Lck(N10)-YPet and (H) LAT( $\Delta$ CP)-YPet (\* $P < 0.05$  between genotypes, two-tailed Student's t-test).

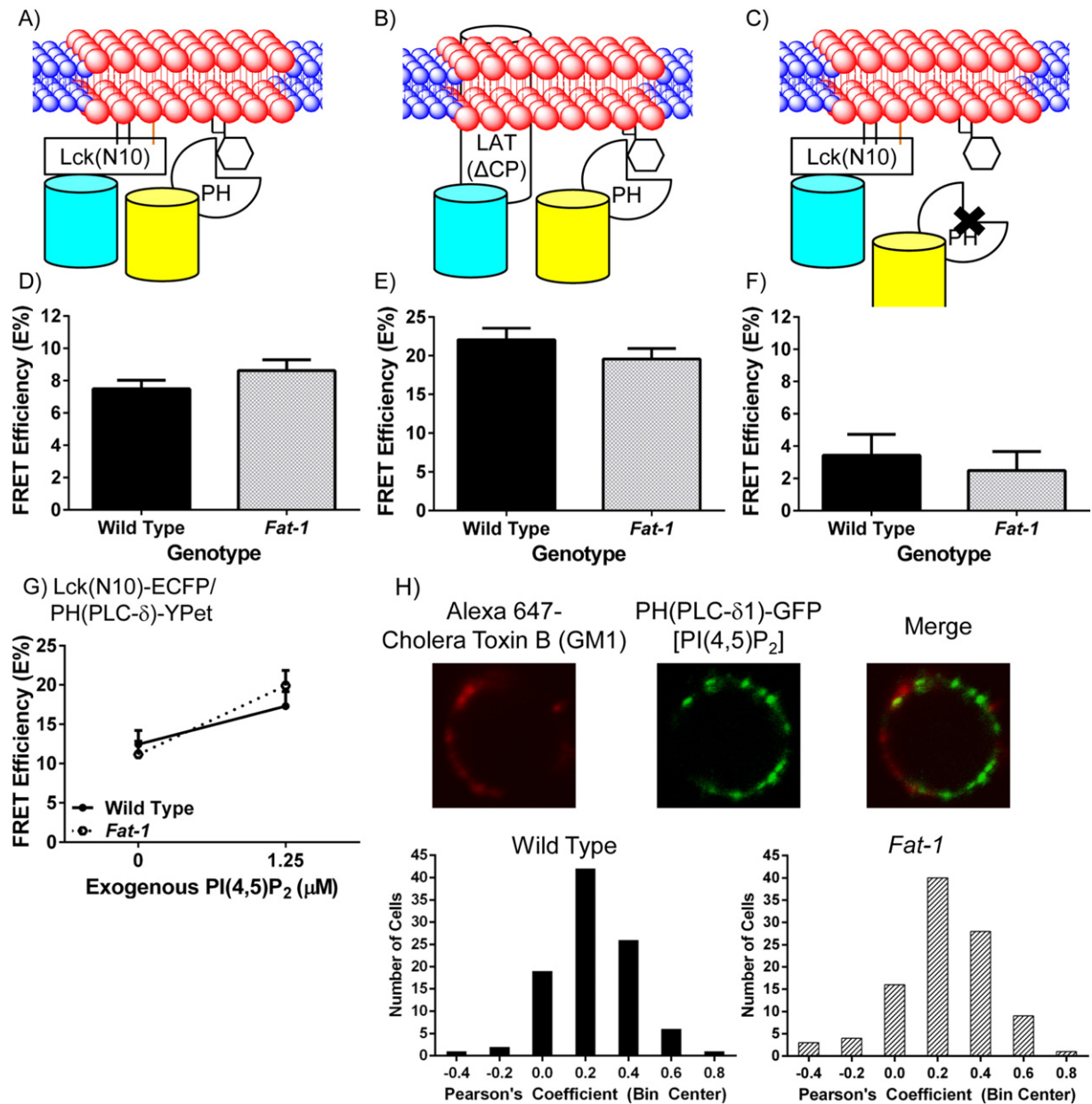
PH<sub>R40L</sub>(PLC- $\delta$ ) mutant to abolish binding of the PH domain to PI(4,5)P<sub>2</sub> [35,46] in conjunction with the raft marker Lck(N10) or the non-raft marker Src(N15). As expected, binding of the R40L mutated PH domain to PI(4,5)P<sub>2</sub> exhibited markedly decreased FRET efficiencies in both wild type and *Fat-1* CD4<sup>+</sup> T cells (Figs. 2F&3D). These results suggest that the incorporation of n-3 PUFA into the plasma membrane not only influences the biophysical properties of the phospholipid bilayer, but also alters the spatial organization of PI(4,5)P<sub>2</sub> by depleting the non-raft pool of PI(4,5)P<sub>2</sub>.

We have previously demonstrated that the incorporation of n-3 PUFA into the plasma membrane of CD4<sup>+</sup> T cells decreased the level of PI(4,5)P<sub>2</sub> by 50%, resulting in suppressed actin remodeling upon anti-CD3/anti-CD28 stimulation [23]. The suppression of PI(4,5)P<sub>2</sub>-dependent actin remodeling was reversed by incubation with exogenous PI(4,5)P<sub>2</sub>. However, recent studies have suggested that different pools of PI(4,5)P<sub>2</sub> are responsible for differential activation of different signaling pathways, such as calcium signaling and actin remodeling [48–50]. Therefore, we hypothesized that co-incubation with exogenous PI(4,5)P<sub>2</sub> and CD4<sup>+</sup> T cells enriched in n-3 PUFA would rescue the non-raft pool of PI(4,5)P<sub>2</sub>. FRET efficiencies using the lipid raft marker Lck(N10) and PI(4,5)P<sub>2</sub> marker PH(PLC- $\delta$ ) before and after incubation with exogenous PI(4,5)P<sub>2</sub> did not differ between wild type and CD4<sup>+</sup> T cells enriched with n-3 PUFA (Fig. 2G). In contrast, using the non-raft marker Src(N15) and PH(PLC- $\delta$ ), the FRET efficiency of CD4<sup>+</sup> T cells enriched with n-

3 PUFA increased to the level of wild type CD4<sup>+</sup> T cells (Fig. 3E). These data indicate that exogenous PI(4,5)P<sub>2</sub> increases the non-raft pool of PI(4,5)P<sub>2</sub> in CD4<sup>+</sup> T cells enriched with n-3 PUFA to a level comparable to wild type cells.

#### 3.4. Exogenous PI(4,5)P<sub>2</sub> reverses the suppression of proliferation in CD4<sup>+</sup> T cells enriched with n-3 PUFA

We have previously shown that CD4<sup>+</sup> T cells enriched with n-3 PUFA exhibit suppressed proliferation following anti-CD3/anti-CD28 stimulation [14,19]. Since exogenous PI(4,5)P<sub>2</sub> restores the non-raft pool of PI(4,5)P<sub>2</sub> (Fig. 3E), and can rescue PI(4,5)P<sub>2</sub>-dependent actin remodeling [23], we hypothesized that exogenous PI(4,5)P<sub>2</sub> would also reverse the suppressed proliferative phenotype in CD4<sup>+</sup> T cells enriched with n-3 PUFA. Using CFSE as a marker of T cell proliferation, and PI fluorescence as a marker of cell viability, cell division was determined based on the number of distinct CFSE fluorescence intensity peaks (Fig. 4). The proliferation index of each population was determined using the generational data, providing an indicator of the proliferative capacity of the population [37]. CD4<sup>+</sup> T cells enriched with n-3 PUFA exhibited a suppressed (~20% lower) T cell proliferative capacity compared to wild type (Fig. 4C). Importantly, the suppressed proliferation recovered to wild type levels upon pre-treatment with exogenous PI(4,5)P<sub>2</sub>. These findings demonstrate that i) incorporation of n-3 PUFA into the plasma membrane of CD4<sup>+</sup> T cells not only alters the spatial organization of



**Fig. 2.** n-3 PUFA do not affect the interaction of fluorescent raft and PI(4,5)P<sub>2</sub> markers detected using FRET in *Fat-1* CD4<sup>+</sup> T cells. (A and B) Schematic diagrams of the interaction between neighboring fluorescent probes targeted to the raft membrane fraction of the plasma membrane, and PH(PLC-δ), a PI(4,5)P<sub>2</sub> reporter. (C) A control PH<sub>R40L</sub>(PLC-δ) was also expressed to test the specificity of the PH(PLC-δ) reporter. CD4<sup>+</sup> T cells were incubated with lentivirus containing (D) Lck(N10)/PH(PLC-δ) (n = 8 per genotype), (E) LAT(ΔCP)/PH(PLC-δ) (n = 6 per genotype), or (F) Lck(N10)/PH<sub>R40L</sub>(PLC-δ) (n = 4 per genotype) before FRET by acceptor photobleaching. FRET efficiency (E%) was determined as described in Fig. 1 (\*P < 0.05 between genotypes, two-tailed Student's t-test). (G) CD4<sup>+</sup> T cells were isolated and transduced with Lck(N10)-ECFP and PH(PLC-δ)-YPet for 48 h prior to incubation with 1.25 μM PI(4,5)P<sub>2</sub> or PBS (0 μM) for 1 h. Cells were analyzed as described in Fig. 1. (H) Colocalization between the lipid raft marker GM1 and PI(4,5)P<sub>2</sub> is not altered in the presence of n-3 PUFA. Splenic CD4<sup>+</sup> T cells were positively selected and incubated with lentivirus containing pLenti-PH(PLC-δ)-GFP for 48 h (n = 4 mice per genotype). Cells were collected, washed, labeled with Alexa 647 Cholera Toxin B (final concentration 10 μg/mL) and crosslinked with anti-Cholera Toxin B [Vybrant Lipid Raft Labeling Kit (Life Technologies)] according to the manufacturer's protocol. Cells were imaged using a Zeiss 510 LSM confocal microscope. The plasma membrane region of the cell was drawn and Pearson's coefficient was determined using NIS-Elements (Nikon).

PI(4,5)P<sub>2</sub> by decreasing the non-raft pool of PI(4,5)P<sub>2</sub>, but also suppresses T cell proliferation; and ii) replenishment of the non-raft pool of PI(4,5)P<sub>2</sub> (Fig. 3E) and rescue of PI(4,5)P<sub>2</sub>-dependent actin remodeling in CD4<sup>+</sup> T cells enriched with n-3 PUFA [23], restore full lymphoproliferative capacity.

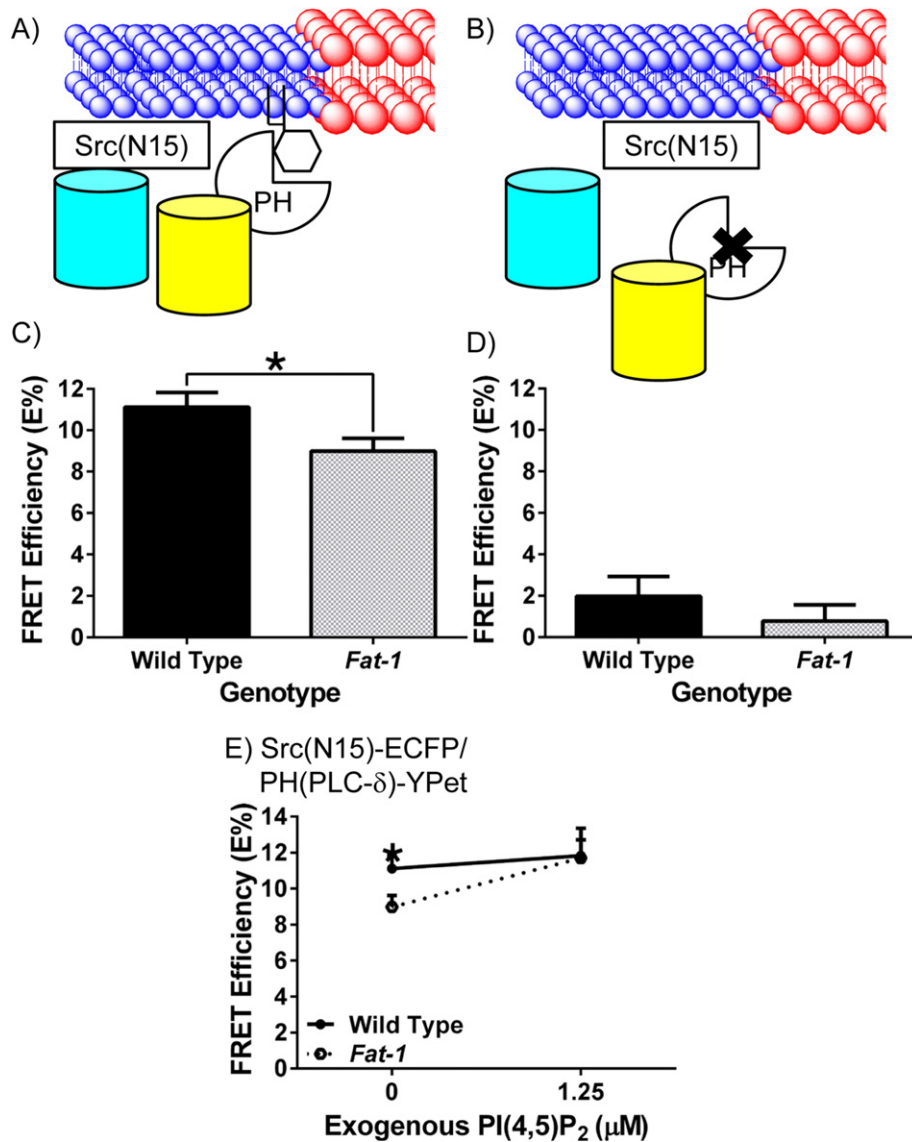
**3.5. CD4<sup>+</sup> T cells isolated from mice fed a 4% DHA triglyceride-enriched diet exhibit decreased raft PI(4,5)P<sub>2</sub>, non-raft PI(4,5)P<sub>2</sub>, and lymphoproliferation which can be rescued by exogenous PI(4,5)P<sub>2</sub>**

Since the predominant species of PI(4,5)P<sub>2</sub> is 1-stearoyl-2-arachidonoyl phosphatidylinositol [51], and we have previously

demonstrated that CD4<sup>+</sup> T cells isolated from mice fed a 4% DHA triglyceride diet had approximately 25% lower levels of PI(4,5)P<sub>2</sub> [23], we characterized the fatty acid profiles of CD4<sup>+</sup> T cell phospholipid from C56BL/6 mice fed either a 5% corn oil (CO)-enriched diet (control), a 0.95% DHA-triglyceride-enriched diet, or a 4% DHA-triglyceride-enriched diet and isolated splenic CD4<sup>+</sup> T cells (Fig. 5). In particular, total phospholipids isolated from the 4% DHA group exhibited a dramatic 95% decrease in the amount of arachidonic acid (20:4, n-6), and a concomitant increase in DHA (22:6, n-3) compared to the control CO and 0.95% DHA groups.

In order to determine whether dietary n-3 PUFA can recapitulate the *Fat-1* CD4<sup>+</sup> T cell phenotype, mice were fed the aforementioned





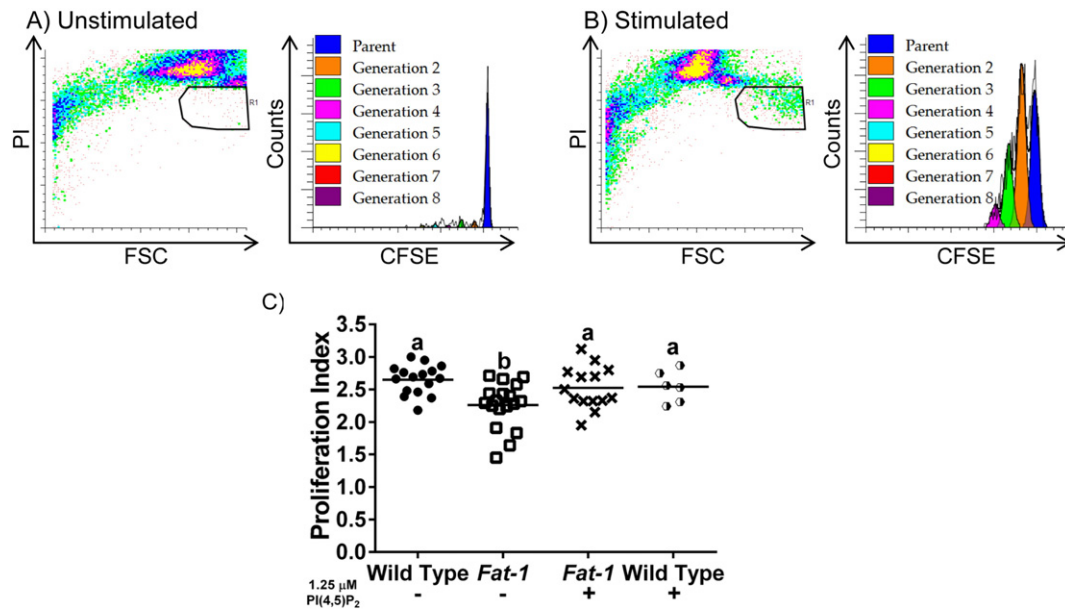
**Fig. 3.** n-3 PUFA decrease the interaction of fluorescent non-raft and PI(4,5)P<sub>2</sub> markers detected using FRET in *Fat-1* CD4<sup>+</sup> T cells. (A and B) Schematic diagrams of the interaction between neighboring fluorescent probes targeted to the non-raft membrane fraction of the plasma membrane, and PH(PLC- $\delta$ ), a PI(4,5)P<sub>2</sub> reporter, or the control PH<sub>R40L</sub>(PLC- $\delta$ ). CD4<sup>+</sup> T cells were incubated with lentivirus containing (C) Src(N15)/PH(PLC- $\delta$ ) (n = 7 per genotype), or (D) Src(N15)/PH<sub>R40L</sub>(PLC- $\delta$ ) (n = 4 per genotype) before FRET by acceptor photobleaching. FRET efficiency (E%) was determined as described in Fig. 1 (\*P < 0.05 between genotypes). (E) CD4<sup>+</sup> T cells were isolated and transduced with Src(N15)-ECFP and PH(PLC- $\delta$ )-YPet for 48 h prior to incubation with 1.25  $\mu$ M PI(4,5)P<sub>2</sub> or PBS (0  $\mu$ M) for one hr. Cells were analyzed as described in Fig. 1. A two-tailed t-test was used to compare FRET efficiencies within specific concentrations (\*P < 0.05 at specific concentrations of PI(4,5)P<sub>2</sub>).

control CO-enriched diet, 0.95% DHA-triglyceride, or 4% DHA-triglyceride enriched diet. Using the raft and non-raft probes of Lck(N10) and Src(N15), respectively, in conjunction with the PI(4,5)P<sub>2</sub> probe PH(PLC- $\delta$ ), we detected decreased FRET efficiencies between CD4<sup>+</sup> T cells isolated from mice fed the control diet and the 4% DHA-triglyceride-enriched diet using the combination of Lck(N10)/PH(PLC- $\delta$ ) and Src(N15)/PH(PLC- $\delta$ ), suggesting that both the lipid raft and non-raft pools of PI(4,5)P<sub>2</sub> are perturbed (Fig. 6A–D). The decrease in arachidonic acid in the phospholipid fraction (Fig. 5) was correlated with the decrease in PI(4,5)P<sub>2</sub> in both the raft and non-raft fractions (Fig. 6C&D). In addition, decreased PI(4,5)P<sub>2</sub> was also associated with suppressed lymphoproliferation (Fig. 6E), similar to *Fat-1* CD4<sup>+</sup> T cells. Importantly, incubation of CD4<sup>+</sup> T cells with exogenous PI(4,5)P<sub>2</sub> reversed the DHA-mediated suppression of lymphoproliferation caused by decreased PI(4,5)P<sub>2</sub>, demonstrating that decreased status of PI(4,5)P<sub>2</sub> directly suppresses lymphoproliferation (Fig. 6E). Collectively, these results demonstrate that enrichment of the CD4<sup>+</sup> T cell plasma membrane with n-3 PUFA decreases the level of phospholipid

arachidonic acid, perturbs both raft and non-raft pool of PI(4,5)P<sub>2</sub> and suppresses lymphoproliferation that can be rescued by exogenous PI(4,5)P<sub>2</sub>.

### 3.6. Palmitoylation is not affected by n-3 PUFA in unstimulated primary CD4<sup>+</sup> T cells

An alternative explanation for the observed results using Lck(N10) and LAT( $\Delta$ CP) probes in our FRET experiments could be that the presence of n-3 PUFA alter the palmitoylation of these probes. Indeed, it has been shown that EPA can decrease the palmitoylation of the Src family kinase Fyn in COS-1 cells [52]. To investigate the effect of n-3 PUFA on protein palmitoylation, CD4<sup>+</sup> T cells were isolated from wild type and *Fat-1* mice and subsequently incubated the azido-palmitic acid, followed by Click chemistry, before analysis by immunoblotting. Contrary to previous results suggesting that n-3 PUFA decrease the palmitoylation of signaling proteins [52], global palmitoylation status was not affected in *Fat-1* CD4<sup>+</sup> T cells (Fig. 7A). To examine whether



**Fig. 4.** Exogenous PI(4,5)P<sub>2</sub> rescues the n-3 PUFA-induced suppression of T cell proliferation. Representative scatterplots and CFSE profiles of (A) unstimulated, and (B) anti-CD3/anti-CD28 stimulated CD4<sup>+</sup> T cell cultures. Splenic CD4<sup>+</sup> T cells were stained with CFSE, then cultured ( $n = 4$  mice per genotype) either in unstimulated or stimulated conditions for 72 h in triplicate. Cells were collected and gated by propidium iodide staining to exclude dead cells. (C) Cell proliferation was analyzed using the Proliferation Wizard in ModFitLT3.2 to determine the proliferation index. Different letters represent statistically significant differences between the groups after one-way ANOVA followed by Tukey post-hoc test ( $P < 0.05$ ).

palmitoylation was affected in specific proteins, we performed an immunoprecipitation of LCK in order to isolate and detect its palmitoylation status. Consistent with the global palmitoylation signature, n-3 PUFA did not affect the palmitoylation status of LCK in CD4<sup>+</sup> T cells (Fig. 7B). These results suggest that the effects of n-3 PUFA on plasma membrane organization are independent of protein palmitoylation.

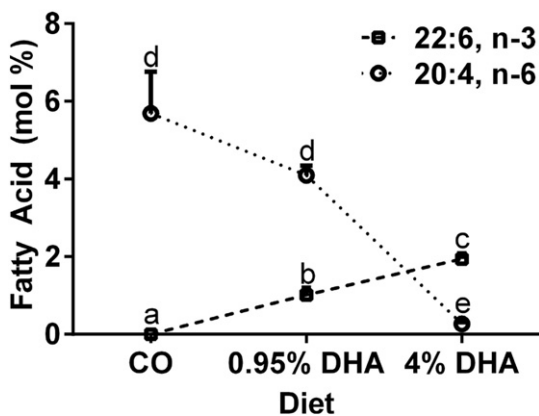
#### 4. Discussion

Given their widespread consumption and clinical use, it is important to elucidate the mechanisms by which n-3 PUFA exert their anti-inflammatory properties. Previous studies have examined the extrinsic effects of n-3 PUFA downstream of TCR engagement with MHCII antigen presentation [14,19,23,24]. However, a number of outstanding issues

concerning effects on membrane hierarchical organization and linkage to cell function remain to be addressed. In the present study, using both genetic and dietary approaches, we have demonstrated for the first time that membrane incorporation of n-3 PUFA perturbs the spatial organization of a critical second messenger, PI(4,5)P<sub>2</sub> in CD4<sup>+</sup> T cells, resulting in suppressed lymphoproliferation. Importantly, exogenous incubation of PI(4,5)P<sub>2</sub> with CD4<sup>+</sup> T cells enriched in n-3 PUFA rescued both the spatial perturbation of PI(4,5)P<sub>2</sub> and suppressive effects on lymphoproliferation. These novel findings provide insight into the molecular mechanisms by which n-3 PUFA alter host inflammation, and contribute to the rational application of dietary lipids in the complementary and alternative medicine armamentarium.

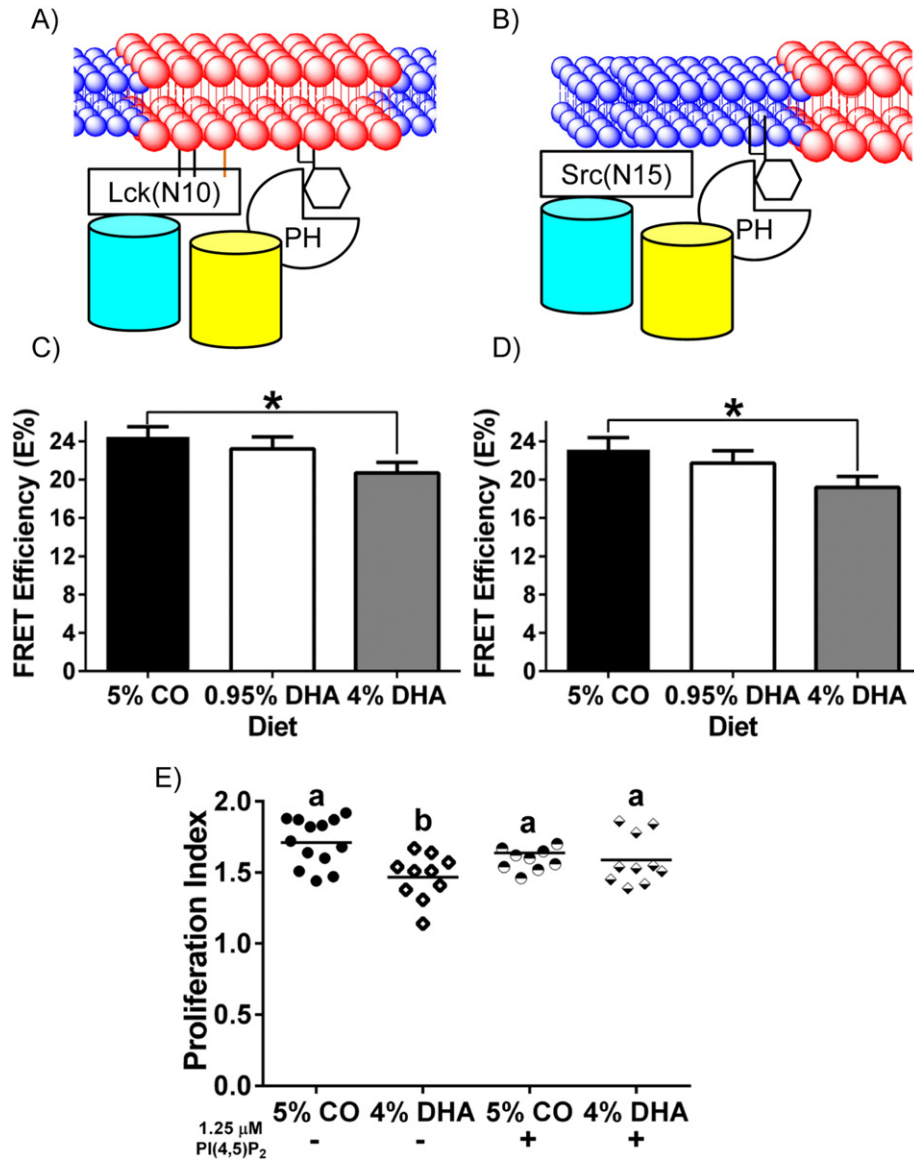
Previous works have investigated the effects of n-3 PUFA on the localization and acylation of LCK and LAT in Jurkat T cells [52–55]. These earlier studies using the immortalized Jurkat T cells and *ex vivo* incubation of n-3 PUFA provided the impetus to study the effects of n-3 PUFA in primary mouse CD4<sup>+</sup> T cells, where the plasma membrane is enriched with n-3 PUFA by either a genetic (*Fat-1*) or dietary (4% DHA-triglyceride) model [52–55]. Gu et al. has previously shown that incubation of mouse Pten-null prostate cells with DHA resulted in increased DHA at the *sn-2* position of PI(4,5)P<sub>2</sub>, changing the localization of PI(3,4,5)P<sub>3</sub> and downstream AKT signaling [56]. We have previously investigated the fatty acid species of PI(4,5)P<sub>2</sub> using mass spectrometry, and we did not detect enrichment of DHA at the *sn-2* position of PI(4,5)P<sub>2</sub> in primary mouse CD4<sup>+</sup> T cells [23]. Thus, our data suggest that the non-raft pool of PI(4,5)P<sub>2</sub> is decreased in CD4<sup>+</sup> T cells enriched with n-3 PUFA, and this is not due to a shift in localization.

Since lipid raft mesodomains in the plasma membrane play a critical role in initiating T cell activation [15,25], and n-3 PUFA are incorporated into the plasma membrane, we hypothesized that n-3 PUFA suppress T cell activation by altering i) the biophysical properties of lipid raft mesodomains; and ii) the spatial organization of PI(4,5)P<sub>2</sub> relative to lipid raft and non-raft mesodomains. By using lipid raft and non-raft markers in a series of FRET experiments, we demonstrate for the first time in primary CD4<sup>+</sup> T cells that n-3 PUFA alter the topology of lipid raft mesodomains. The increase in FRET efficiency between the lipid raft markers observed in CD4<sup>+</sup> T cells enriched in n-3 PUFA (Fig. 1D&E) can be interpreted either as an increase in the size or the stability of the lipid raft mesodomains. In both cases, the enhancement of



**Fig. 5.** Dietary DHA reduces membrane arachidonic acid levels. Levels of DHA (22:6, n-3) and arachidonic acid (20:4, n-6) in CD4<sup>+</sup> T cell phospholipids isolated from mice fed 5% corn oil (CO), 0.95% DHA, or 4% DHA-enriched diet are shown. Fatty acids from CD4<sup>+</sup> T cell total phospholipids were extracted, isolated, and characterized as previously described [19,21]. Data represent mean  $\pm$  sem ( $n = 4$  per diet), and different letters represent statistically significant differences between the diet groups per fatty acid ( $P < 0.05$ ). Note that other n-3 PUFA such as EPA (20:5, n-3) and DPA (22:5, n-3) were not detected in CD4<sup>+</sup> T cell total phospholipids.



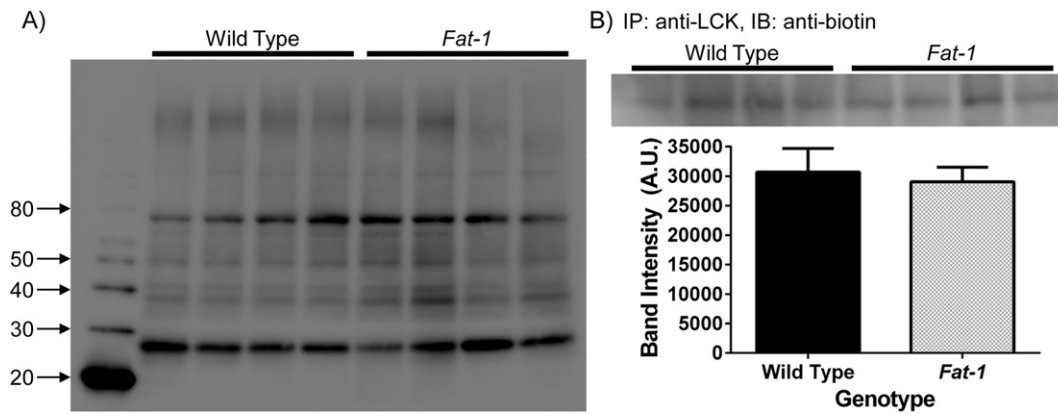


**Fig. 6.** Dietary DHA decreases the interaction of fluorescent raft and non-raft probes with PI(4,5)P<sub>2</sub> marker detected using FRET, resulting in suppressed lymphoproliferation that can be rescued by exogenous PI(4,5)P<sub>2</sub> in CD4<sup>+</sup> T cells. (A and B) Schematic diagrams of the interaction between neighboring fluorescent probes targeted to the raft or the non-raft membrane fraction of the plasma membrane, and PH(PLC- $\delta$ ), a PI(4,5)P<sub>2</sub> reporter. CD4<sup>+</sup> T cells were incubated with lentivirus containing (C) Lck(N10)/PH(PLC- $\delta$ ) (n = 4 per diet), or (D) Src(N15)/PH(PLC- $\delta$ ) (n = 4 per diet) before FRET by acceptor photobleaching. FRET efficiency (E%) was determined as described in Fig. 1 (\*P < 0.05 between genotypes). (E) Splenic CD4<sup>+</sup> T cells were stained with CFSE, then cultured (n = 6 mice per diet) either in unstimulated or stimulated conditions for 72 h in triplicate. Cells were collected and gated by propidium iodide staining to exclude dead cells. Proliferation Index was calculated using ModFitLT 3.2 [37]. Different letters represent statistically significant differences between the groups after one-way ANOVA followed by Tukey post-hoc test (P < 0.05).

lipid raft mesodomains would be expected to decrease the average diffusion of the lipid raft marker, since it has been shown that an association with lipid raft mesodomains retards the diffusion rate of these markers [57,58]. This is consistent with the FRAP data reported in Fig. 1G. From an immunological perspective, this perturbation in plasma membrane biophysics is associated with a suppression of T cell proliferation observed in Fig. 4C [14,21]. Interestingly, other forms of perturbation to plasma membrane topology can change the threshold for T cell activation. For example, incubation of Jurkat T cells with 7-ketocholesterol decreased the membrane order and resulted in a suppression of downstream T cell signaling [25].

Since the organization of lipid raft mesodomains is closely linked with the actin cytoskeleton, and the actin cytoskeleton is regulated by PI(4,5)P<sub>2</sub> [59], we hypothesized that the incorporation of n-3 PUFA into the plasma membrane of CD4<sup>+</sup> T cells would alter the spatial organization of PI(4,5)P<sub>2</sub>. Indeed, we have previously shown that n-3 PUFA reduced the amount of total PI(4,5)P<sub>2</sub> by 50% in CD4<sup>+</sup> T

cells and this reduction was correlated with a suppression of PI(4,5)P<sub>2</sub>-dependent actin remodeling necessary for proper T cell activation [23]. Surprisingly, the increase in FRET efficiency between lipid raft markers in the presence of n-3 PUFA did not correlate with a change in the lipid raft pool of PI(4,5)P<sub>2</sub> (Figs. 1&2); rather, the non-raft pool of PI(4,5)P<sub>2</sub> was decreased (Fig. 3C). In the context of PI(4,5)P<sub>2</sub>-dependent actin remodeling, this was not entirely unexpected, as this remodeling has been shown in other cell types to be regulated by a specific PIP5K isoform (PIP5K $\gamma$ ) which is capable of synthesizing the non-raft pool of PI(4,5)P<sub>2</sub> [48–50]. Furthermore, perturbations in the raft and non-raft pools of PI(4,5)P<sub>2</sub> using a targeted phosphatase in Jurkat T cells produced different actin-dependent phenotypes [60]. These studies demonstrate the compartmentalization of PI(4,5)P<sub>2</sub> in the plasma membrane (raft and non-raft), and the importance of non-raft PI(4,5)P<sub>2</sub> in regulating actin remodeling. It is also noteworthy that incubation with exogenous PI(4,5)P<sub>2</sub> increased PI(4,5)P<sub>2</sub> mass back to wild type levels



**Fig. 7.** Palmitoylation status of membrane proteins is not altered in *Fat-1* CD4<sup>+</sup> T cells. (A)  $1.5 \times 10^7$  splenic CD4<sup>+</sup> T cells were positively selected and seeded into a 35 mm culture dish with 4 mL of RPMI media supplemented with 2% FBS and rIL-2 overnight. Cells were treated with 50  $\mu$ M of azido-palmitic acid for 24 h and 2 wells were pooled per sample ( $n = 2$  mice per sample,  $n = 4$  samples per genotype). Subsequently, 100  $\mu$ g of protein lysate was used for Click chemistry and palmitoylation was detected by immunoblotting. Numbers on the left side represent molecular weight markers. (B) Palmitoylation of LCK is not affected in *Fat-1* CD4<sup>+</sup> T cells. Cells were selected and processed as in (A), and samples were subsequently immunoprecipitated (IP) using polyclonal rabbit IgG anti-LCK. Palmitoylated LCK was then detected by immunoblotting (IB) using an anti-biotin antibody and subsequently quantified.

(Fig. 3E), which is consistent with the rescue of PI(4,5)P<sub>2</sub>-dependent actin remodeling upon stimulation [23].

In our diet model, the 4% DHA-triglyceride contributed approximately 5% total energy (kcal) to the diet. We demonstrated that phospholipid levels of arachidonic acid were reduced by 95% (Fig. 5), which was associated with a decrease in both the raft and non-raft fractions of PI(4,5)P<sub>2</sub> (Fig. 6C&D) and a reduction in lymphoproliferation (Fig. 6E). This observation is consistent with previous reports indicating that membrane phosphoinositide arachidonic acid levels are antagonized by n-3 PUFA across multiple cell types and tissues [19,61]. Interestingly, the suppression of lymphoproliferation was reversed by incubation with exogenous PI(4,5)P<sub>2</sub>, demonstrating that PI(4,5)P<sub>2</sub> is a direct target of DHA at the plasma membrane capable of modulating T cell proliferation. With respect to dose, in a typical Greenland Inuit diet, n-3 PUFA constitutes approximately 2.7–6.3% of daily energy [62–64]. Thus, a 4% DHA diet is physiologically relevant based on daily energy intake. It is interesting to note that the phospholipid level of arachidonic acid in *Fat-1* CD4<sup>+</sup> T cells was only reduced by 25% [21], and this reduction was correlated with a decrease in only the non-raft fraction of PI(4,5)P<sub>2</sub>, suggesting a dose-dependent differential regulation of the raft and non-raft pool of PI(4,5)P<sub>2</sub>. Further studies are required to address the dose-related effects of diet on different phospholipid pools.

Exogenous incubation of PI(4,5)P<sub>2</sub>, which enriches the plasma membrane pool of PI(4,5)P<sub>2</sub> (Figs. 2G&3E), has been employed to rescue PI(4,5)P<sub>2</sub>-dependent processes, such as insulin response in adipocytes [65,66] and actin remodeling upon CD4<sup>+</sup> T cell activation [23]. Since we have previously demonstrated that incorporation of n-3 PUFA into the T cell plasma membrane suppresses lymphoproliferation upon stimulation [14,21], we hypothesized that the rescue of the non-raft pool of PI(4,5)P<sub>2</sub> would also reverse the suppression of T cell proliferation, linking the biochemistry and cellular biology of the T cell membrane with a highly relevant immunological end point. Using the CFSE assay to measure T cell proliferation, we demonstrate that rescue of the non-raft pool of PI(4,5)P<sub>2</sub> in CD4<sup>+</sup> T cells enriched with n-3 PUFA also restores T cell proliferation back to wild type levels.

Previous experiments examining the perturbations of membranes by phytochemicals suggest that small changes to the cell membrane caused by amphiphilic phytochemicals can manifest itself in large changes to protein function [67–69]. As an example, the phytochemicals capsaicin, curcumin, epigallocatechin gallate (EGCG), genistein, and resveratrol only increased the average area per lipid, or decreased bilayer thickness, by at most 3%. Yet, these compounds were able to promiscuously modify channel proteins from five different classes [67]. These data clearly demonstrate that modest changes to the plasma membrane can have significant biological effects. Similarly, DHA has been found to

decrease the elastic coefficient of the plasma membrane by only 10%, yet this modest decrease is sufficient to alter protein structure, as detected by gramicidin channel function [68,69]. Consistent with the observation that small perturbations to the plasma membrane can have significant biological effects, we observed modest changes in FRET signals (3–5%) at the plasma membrane enriched with n-3 PUFA, which was associated with the suppression of T cell lymphoproliferation.

Since n-3 PUFA in general are considered anti-inflammatory in part by suppressing CD4<sup>+</sup> T cell activation and differentiation into the pro-inflammatory Th1 and Th17 CD4<sup>+</sup> T cell effector subsets, one could surmise that n-3 PUFA might negatively influence host immune response against infectious diseases. Indeed, we have demonstrated using a guinea pig model of mycobacterial infection that animals fed a diet enriched with n-3 PUFA were more susceptible to a low-dose pulmonary challenge of virulent *M. tuberculosis* [70]. This phenotype was also recapitulated in the *Fat-1* mouse model [33]. Furthermore, exposing SMAD3<sup>-/-</sup> mice fed a high dose of fish oil (2.25%–6%) to *Helicobacter hepaticus* worsened colonic inflammation, and led to increased post-infection mortality [71]. These observations highlight the context-dependent, anti-inflammatory effects of n-3 PUFA.

In conclusion, this study highlights how n-3 PUFA, found in dietary fish oil, directly affect the lipid-lipid interactions fundamental to the formation of lipid raft mesodomains in the plasma membrane, thereby perturbing downstream signals required for T cell proliferation. The evolution of the lipid raft model to include nanoclustering of proteins that are highly regulated by both lipids and cortical actin cytoskeleton demonstrates the intricacies of organizing signaling components at the cell surface. Our novel findings, that n-3 PUFA perturb the spatial organization of PI(4,5)P<sub>2</sub> at the cell surface, leading to suppressed actin remodeling and lymphoproliferation, further support the concept that n-3 PUFA can be used rationally for the treatment of chronic inflammatory diseases in which T cells are inappropriately activated.

Supplementary data to this article can be found online at <http://dx.doi.org/10.1016/j.bbmem.2015.10.009>.

#### Transparency document

The Transparency document associated with this article can be found, in online version.

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