



## ORIGINAL ARTICLE



# Liquid chromatography–tandem mass spectrometry method for the estimation of adefovir in human plasma: Application to a pharmacokinetic study

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**Abstract** An analytical method based on solid phase extraction was developed and validated for analysis of adefovir in human plasma. Adefovir-d<sub>4</sub> was used as an internal standard and Synergi MAX RP80A (150 mm × 4.6 mm, 4 μm) column provided the desired chromatographic separation of compounds followed by detection with mass spectrometry. The method used simple isocratic chromatographic condition and mass spectrometric detection in the positive ionization mode. The calibration curves were linear over the range of 0.50–42.47 ng/mL with the lower limit of quantitation validated at 0.50 ng/mL. Matrix effect was assessed by post-column infusion experiment to monitor phospholipids and post-extraction addition experiment was performed. The degree of matrix effect for adefovir was determined as 7.5% and ion-enhancement in five different lots of human plasma was 7.1% and had no impact on study samples analysis with 4.5 min run time. The intra- and inter-day precision values were within 7.7% and 7.8%, respectively, for adefovir at the lower limit of quantification level. Validated bioanalytical method was successfully applied to clinical sample analysis.

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**1. Introduction**

Adefovir, an acyclic phosphonate analog of deoxynucleoside monophosphate (IUPAC name: {[2-(6-amino-9H-purin-9-yl) ethoxy]

methyl} phosphonic acid, PMEAs), is a broad spectrum antiviral agent acting as a DNA polymerase inhibitor [1]. It has activity against herpes virus (Epstein–Barr) and retroviruses including the human immunodeficiency virus (HIV) [1]. Adefovir is largely used to treat chronic hepatitis B in adults, though the drug is reported for poor oral bioavailability [2]. The oral bioavailability of adefovir has been substantially improved by using the bis-pivaloyloxymethyl ester of adefovir (bis-POM PMEAs, adefovir dipivoxil, Fig. 1) as a pro-drug

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with enhanced lipophilicity and achieving higher systemic adefovir levels. Adefovir dipivoxil spontaneously hydrolyzes to mono-POM-PMEA, which is rapidly converted into PMEAs (adefovir) by enzyme. Adefovir is an acyclic nucleoside analog of adenosine monophosphate which is phosphorylated to the active metabolite adefovir diphosphate by cellular kinases [2].

Although several methods have been reported to quantify adefovir in human plasma [3–6] including serum [7], by employing liquid chromatography–tandem mass spectrometry (LC-MS/MS), analytical limitations could not be overcome. The published methods demonstrated LC-MS/MS method for adefovir estimation but lacked sensitivity and had lengthy run time [5,7]. Xie et al. [6] developed an LC-MS/MS method for the determination of adefovir with limit of quantitation 0.5 ng/mL but this method had matrix related issue. The reported method failed to use labeled/deuterated analog of adefovir for estimation from plasma to compensate equivalent matrix effect with that of analyte. Vela et al. [8] had developed an LC-MS/MS method using a very tedious and complex ion-pairing technique for adefovir estimation. An interesting LC-MS/MS method of adefovir had been reported with emphasis on hydrophilic interaction but failed to achieve lower limit of quantification (LOQ) below 1.00 ng/mL [9]. Moreover, Chen et al. [10] achieved sensitivity 0.25 ng/mL using protein precipitation extraction method. But the method had lengthy analysis run time (>7 min) and also the method-related issue was not addressed adequately.

Bioavailability/bioequivalence studies are frequently conducted on healthy volunteers with adefovir dipivoxil 10 or 20 mg tablet, marketed as Hespera (Gilead Sciences, Inc., Foster City, CA). Regulatory guidance [11,12] suggests that LOQ should be sufficient to characterize pharmacokinetic parameters based on expected peak plasma concentration ( $C_{max}$ ). European Medicine Agency [12] suggests 5% of  $C_{max}$  should be achieved to have sufficient sensitivity to capture profile in elimination phase of a drug. A monograph on adefovir states that the following oral administration of a 10 mg single dose of Hespera in chronic hepatitis B patients, the mean  $C_{max}$  was 18.4 ng/mL with mean elimination half-life of 7.48 h [13]. But, published literature reflected high variation (14.9–24.7 ng/mL) in mean  $C_{max}$  for 10 mg adefovir tablet, though administered to healthy volunteers [9,10]. Such variation could be attributed to matrix effect or any other aspects of method limitations. Therefore, it becomes imperative to develop a precise, accurate, and high throughput method for estimation of adefovir in human plasma. For conducting the bioequivalence study on adefovir (i.e. 10 mg Hespera tablet), method sensitivity should be such that concentration profile up to 36 h (~5 half lives) could be plotted. Though 1.0 ng/mL

LOQ could have sufficed [12] to characterize pharmacokinetic parameter, we further decreased method sensitivity to 0.5 ng/mL.

In the present study, a systematic evaluation of matrix interference was investigated by using protein precipitation extraction (PPE) followed by solid phase extraction (SPE) combination technique to bring down matrix effect below 10% level effectively. The unique method highlights adefovir stability as well as selectivity in blank (untreated) plasma, hemolyzed and lipemic plasma samples. The method had been successfully applied to clinical sample analysis.

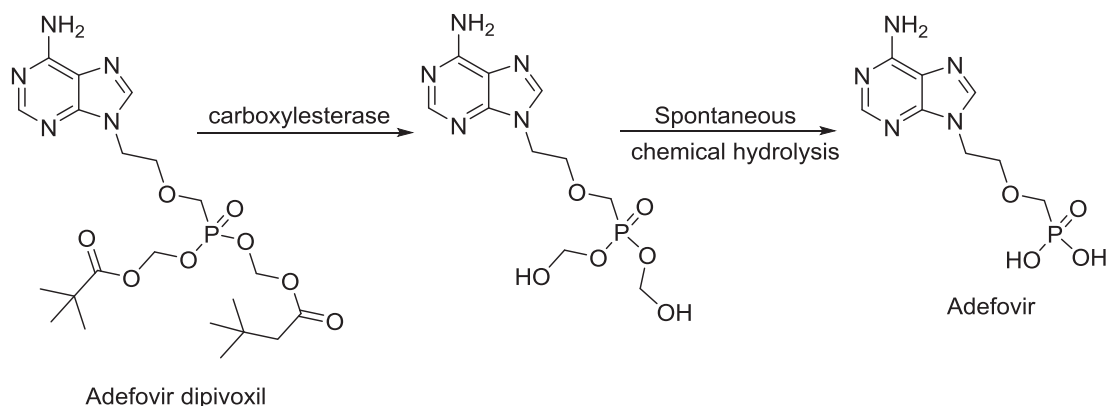
## 2. Experimental

### 2.1. Chemicals and reagents

Working standards of adefovir (purity –99.35%) and adefovir- $d_4$  (deuterium labeled adefovir; purity –98.0%) were procured from Ranbaxy Research Laboratories Limited, India and Toronto Research Chemicals, Canada, respectively. Ammonium acetate, formic acid, liquor ammonia and methanol were purchased from Qualigens Fine Chemicals (GSK Ltd., Mumbai, India). Oasis<sup>®</sup> MAX (30 mg/1 cc) solid phase cartridges were purchased from Waters Corporation (Milford Massachusetts, USA). Water was purified using a Milli-Q device (Millipore, Bangalore, India). Drug-free (blank) human plasma containing  $K_3EDTA$  (ethylenediaminetetraacetic acid tripotassium salt), as anticoagulant, was obtained from Yash Laboratories, New Delhi, India.

### 2.2. Preparation of calibration standards and quality control samples

Adefovir, a water insoluble, polar drug [13], was found to be better solubilized in acidified water (pH ~1.2). Stock solutions of adefovir and internal standard (ISTD) were prepared separately by dissolving the accurately weighed compounds in acidified water to obtain a final concentration of approximately 1 mg/mL. Stock solutions were stored at refrigerated temperature (1–10 °C). Two separate stock solutions of adefovir were prepared for bulk spiking of calibration standards (CS) and quality control (QC) samples. Primary dilutions and working standard solutions were prepared from stock solutions using methanol:water (50:50, v/v). These working (standard) solutions were used to prepare the CS and QC samples. Blank human  $K_3EDTA$  plasma was screened prior to spiking to ensure that it was free from endogenous interference at retention times of adefovir and ISTD. Eight-point calibration standards (CS) and QC samples were prepared by spiking the



**Fig. 1** In-vivo hydrolysis of adefovir dipivoxil to adefovir.

blank human plasma with appropriate concentration of adefovir. Calibration standards samples were prepared at concentrations of 0.50, 1.27, 3.44, 6.88, 11.47, 19.11, 31.85 and 42.47 ng/mL. The lowest limit of quantification quality control (LOQQC), low quality control (LQC), medium quality control (MQC) and high quality control (HQC) samples were prepared at concentrations of 0.50, 1.41, 16.73 and 33.47 ng/mL, respectively. The (bulk) spiked CS and QC samples were stored below  $-15^{\circ}\text{C}$  and protected from light until analysis. The ISTD working solution (200.0 ng/mL) was prepared in methanol:water (50:50, v/v).

### 2.3. Plasma sample preparation

500  $\mu\text{L}$  of plasma sample was pipetted into polypropylene tubes (12 mm  $\times$  75 mm) and 50  $\mu\text{L}$  of ISTD working solution (200.0 ng/mL of ISTD) was added with the use of multistepper. Samples were vortexed approximately for 30 s. Samples were pretreated with 0.400 mL of 5% ammonia solution and vortexed again (approximately for 30 s). The pretreated samples were loaded onto the cartridge (Oasis<sup>®</sup> MAX, 30 mg/1 cc) and centrifuged at 1500 rpm (or 453 g) for 1 min at  $2-10^{\circ}\text{C}$ . The cartridges were washed with 1 mL of 5% ammonia solution and then 1 mL of methanol. Compounds were then eluted with 1 mL of 2% formic acid solution. The extracted samples were evaporated to dryness at 20 psi and  $50^{\circ}\text{C}$  under a stream of dry nitrogen using a Zymark TurboVap LV evaporator (Caliper, Hopkinton, MA, USA). Samples were reconstituted with 300  $\mu\text{L}$  of reconstitution solution (methanol:10 mM ammonium acetate: 70:30, v/v). The reconstituted samples were transferred into autosampler glass vials. 20  $\mu\text{L}$  of sample was injected into the LC-MS/MS system for analysis.

### 2.4. LC-MS/MS instrumentation and analytical conditions

The liquid chromatography separation was performed using a Shimadzu scientific instruments (Shimadzu Corporation; Kyoto, Japan) comprising two LC-20AD pumps, a cooling autosampler (SIL 20AC), a column oven of temperature control (CTO-20AC) and a CBM 20 A controller. Chromatographic separations were achieved on Synergi MAX-RP 80A (150 mm  $\times$  4.6 mm, 4  $\mu\text{m}$ ; Phenomenex, Torrance, USA) column using a mobile phase mixture of 10 mM ammonium acetate buffer (pH 8.7) and methanol (75:25, v/v), at isocratic flow rate of 0.6 mL/min. The column and autosampler temperature were kept at  $35^{\circ}\text{C}$  and  $10^{\circ}\text{C}$ , respectively. An Applied Biosystems Sciex API 4000 (MDS-Sciex<sup>®</sup>, Concord, Canada) consists of an electrospray ionization (ESI) interface, which was operated in positive ion mode. Quantification was carried out using multiple reaction monitoring (MRM) mode of the transitions  $m/z$  274.3  $\rightarrow$  161.8 and 278.1  $\rightarrow$  166.2 for adefovir and ISTD, respectively. Unit resolution was applied to both Q1 and Q3. Dwell time was set at 150 ms for adefovir and ISTD. Nitrogen was used as the nebulizer, auxiliary, collision and curtain gas. The source parameters of the mass spectrometer were optimized and maintained as follows: collision activated dissociation (CAD) gas, 6; curtain gas (CUR), 40; gas 1 (nebulizer gas), 50; gas 2 (heater gas), 55; turbo ion spray (IS) voltage, 5500 V; and source temperature,  $650^{\circ}\text{C}$ . Other optimized compound parameters for monitoring analyte were set as follows: declustering potential (DP), 43 V; entrance potential (EP), 8 V; collision energy (CE), 40 V; and collision cell exit potential (CXP), 9 V.

Calibration curves were constructed by calculating the analyte to ISTD peak area ratio ( $y$ ) against analyte concentrations ( $x$ ). Data acquisition and processing were performed using Analyst version 1.4.1 software (MDS Sciex, Toronto, Canada).

### 2.5. Method validation

Method validation of adefovir in human plasma was carried out, following US Food and Drug Administration guidelines and Guidance from European Medicine Agency [11,12]. The method was validated for selectivity, sensitivity, linearity, precision and accuracy, recovery, matrix effect, re-injection reproducibility, dilution integrity and stability of adefovir during both short-term sample processing and long-term storage.

#### 2.5.1. Selectivity and signal-to-noise (S/N) ratio

The selectivity of the method towards endogenous plasma matrix components, and concomitant medications was assessed in ten batches (6 normal, 2 hemolyzed and 2 lipemic) of blank human  $\text{K}_3\text{EDTA}$  plasma. These samples were processed using the proposed extraction protocol and analyzed with the set chromatographic conditions at LOQ level. The peak area of the co-eluting components or interferences in blank sample should be less than 20% and 5% from those of the analyte and ISTD, respectively. The sensitivity was demonstrated by checking signal and noise in spiked samples at the lowest quality control concentration. For determination of signal-to-noise (S/N) ratio, four replicates of LOQQC along with pooled blank matrix samples were processed and analyzed. The S/N ratio of spiked samples was deemed acceptable when

$$S/N \text{ ratio} = \frac{\text{Signal-to-noise ratio of LOQ}}{\text{Mean of signal-to-noise ratio of blanks}} > 5$$

#### 2.5.2. Linearity and LOQ

Three calibration curves were used to demonstrate the linearity of the method. The ratio of area responses for adefovir was used for regression analysis. Each calibration curve was analyzed individually by using least square weighted ( $1/x^2$ ) linear regression (obtained by best fit method). Back-calculations were made from these curves to determine the concentration of adefovir in each calibrator. A correlation coefficient ( $r$ )  $> 0.99$  was desirable for all the calibration curves. The sensitivity was demonstrated by checking signal and noise in spiked samples at the lowest QC concentration. In addition, the analyte peak at LOQQC concentration should be identifiable, discrete and reproducible with accuracy within  $\pm 20\%$  and a precision  $\leq 20\%$ .

#### 2.5.3. Precision and accuracy

The intra- and inter-day precision and accuracy were performed for adefovir in  $\text{K}_3\text{EDTA}$  plasma. The intra-day accuracy and inter-day accuracy were determined by replicate analysis of QC samples ( $n=6$ ) at LOQQC, LQC, MQC and HQC. The precision of the method was determined by calculating the percentage coefficient of variation (%CV) for each level. The deviation at each concentration level from the nominal concentration was expected to be within  $\pm 15.0\%$ , excluding at LOQQC level ( $\pm 20\%$ ). Similarly, the mean accuracy should not deviate by  $\pm 15.0\%$ , excluding at LOQQC level ( $\pm 20\%$ ).

#### 2.5.4. Relative recovery, absolute matrix effect and relative matrix effect

The relative recovery (RRE) for the analyte and ISTD at low, middle and high QC concentration levels was determined by measuring the mean peak area response of six replicates of extracted quality control samples (spiked before extraction) against the mean peak area response of post-extracted samples (spiked after extraction) containing the analyte and ISTD at concentrations equivalent to those obtained in the final extracted concentration for the analyte and ISTD in the QC samples.

RRE of adefovir and ISTD was estimated by using the following equation:

$$\% \text{ RRE} = \frac{\text{Mean peak area of analyte in extracted samples}}{\text{Mean peak area of analyte in post extracted samples}} \times 100$$

The absolute matrix effect (AME) was estimated by the following equation:

$$\% \text{ AME} = \frac{\text{Mean peak area of in post extracted samples}}{\text{Mean peak area of analyte in neat solutions}} \times 100$$

When, AME=1 indicates no matrix effect, AME<1 indicates ion-suppression and AME>1 indicates ion-enhancement. As extraction protocol involves a terminal drying step, hence spiking (addition of reference samples) was carried out in post-extracted blank plasma sample to perform matrix factor. The concentration of the analyte and ISTD was obtained in reference sample representing the QC concentration (at LQC, MQC and HQC levels). The control sample was reference solution prepared at an appropriate concentration in reconstitution solution.

#### 2.5.5. Re-injection reproducibility and dilution integrity

Re-injection reproducibility was performed by injecting QC samples (at LQC, MQC and HQC levels) from an accepted precision-accuracy batch. The calculated concentration of re-injected QC samples was determined against the CS samples from the same precision and accuracy batch. Percentage difference between original and re-injected value was calculated by using following equation:

$$\% \text{ Difference} = \frac{|\text{Original concentration} - \text{Re-injected concentration}|}{\text{Original concentration}} \times 100$$

The dilution integrity experiment was performed with an aim to validate the dilution test to be carried out on higher analyte concentrations above upper limit of quantification (ULOQ), which may be encountered during real subject sample analysis. Dilution integrity test was performed by preparing samples at a concentration approximately two times the concentration of 90% ULOQ. These samples were diluted to two and four times with blank matrix so as to bring the concentration within calibration curve and then analyzed against fresh CS samples. The acceptance criteria for the diluted QC samples should be the same as those of QC samples in precision and accuracy batch.

#### 2.5.6. Stability

Stability experiments were carried out to examine the analyte stability in stock solutions and in plasma samples under different conditions. Stock solution stability at refrigerated temperature (1–10 °C) was assessed by comparing the peak area response of stability sample of the analyte and ISTD with the area response of

sample prepared from fresh stock solutions. The stock solution of adefovir and ISTD was considered stable if the deviation from nominal value was within  $\pm 10.0\%$ . The stability of adefovir in matrix was examined at low and high QC levels by analyzing four replicates of QC samples against freshly spiked CS samples. The stability data from various exercises, e.g., autosampler stability, bench-top stability in plasma, freeze/thaw stability and long-term stability were evaluated as per regulatory guidelines [12,13].

The percentage stability was calculated by using the formula:

$$\% \text{ Stability} = \frac{\text{Mean concentration of stability samples}}{\text{Mean concentration of freshly spiked samples}} \times 100$$

The bench-top stability of spiked plasma samples stored at room temperature was evaluated for  $\sim 6.5$  h. The autosampler stability was determined by storing reconstituted QC samples for  $\sim 49$  h under autosampler condition (at 10 °C) before being analyzed. The freeze–thaw stability was conducted by comparing the stability samples that had been frozen below  $-15$  °C and thawed at room temperature three times, with freshly spiked QC samples. Four aliquots of each LQC and HQC concentration level were used for the freeze–thaw stability evaluation. For long-term stability evaluation, the concentrations obtained after 76 days were compared with initial concentrations. All stability exercises were performed against freshly spiked CS samples.

Human K<sub>3</sub>EDTA whole blood spiked with working solutions (at LQC and HQC levels) was prepared and kept at bench at room temperature (stability samples). After 2.0 h aqueous dilutions were spiked in human K<sub>3</sub>EDTA whole blood (comparison samples). After plasma was separated from blood sample, four aliquots of each QC sample (stability as well as comparison samples) were analyzed. The percentage stability of adefovir in human whole blood was calculated by mean of area ratio of stability samples against the comparison samples. The analyte was considered stable if the stability was within 85–115%. The percentage stability was calculated using the formula:

$$\% \text{ Stability} = \frac{\text{Mean area ratio of stability samples}}{\text{Mean area ratio of comparison samples}} \times 100$$

### 3. Results and discussion

#### 3.1. MS parameters optimization

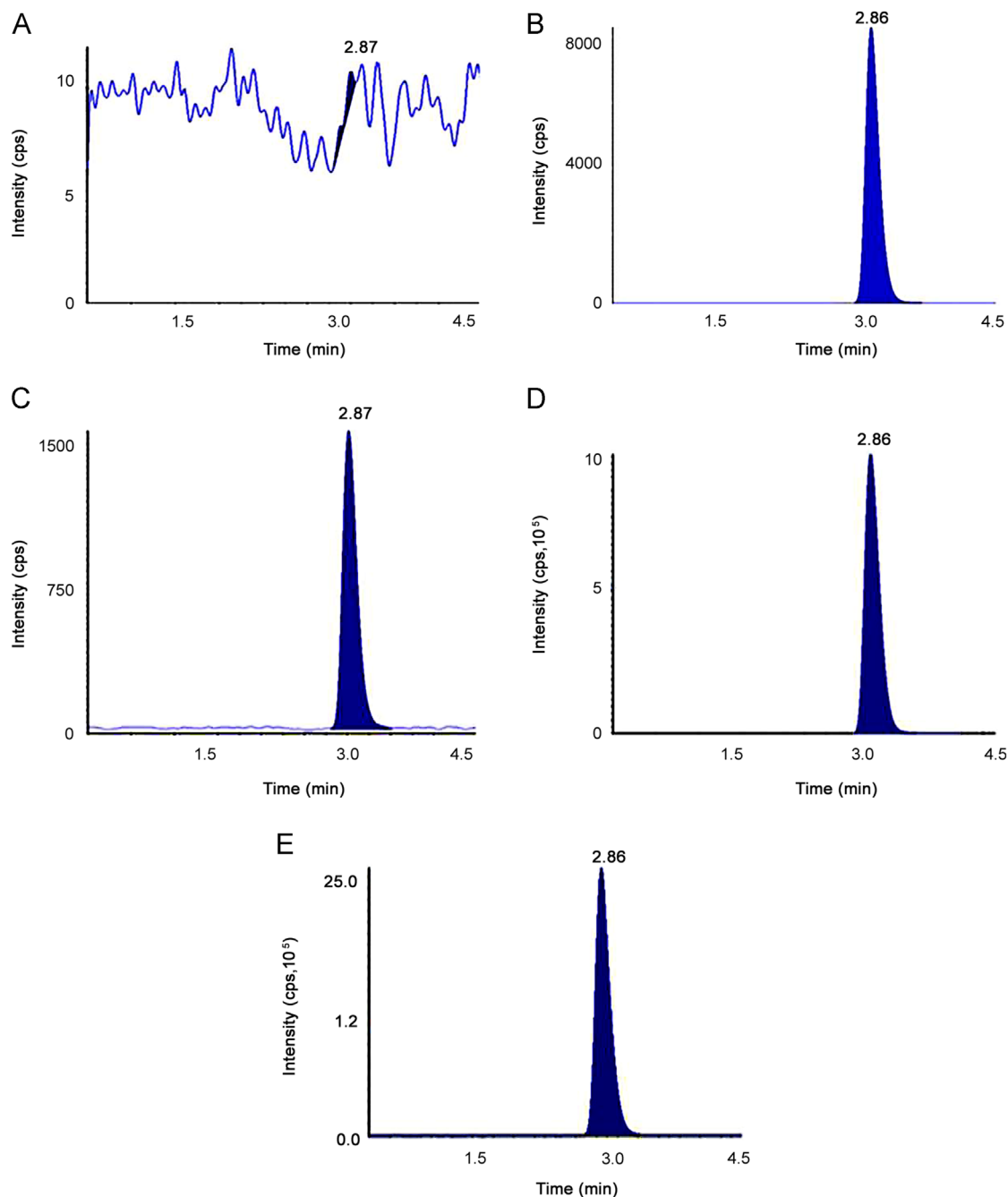
Primary objective of method development was to achieve adequate sensitivity, minimum overall analysis time (plasma processing and chromatographic run) and the use of a small plasma volume for processing, which is crucial for adefovir, especially for lower dosage formulation. To develop a rapid and sensitive method, it was equally necessary to optimize the chromatographic and mass spectrometric conditions, as well as to have an efficient extraction procedure for adefovir. The present study was conducted using ESI ionization source as it produced high intensity for the analyte and ISTD and a good linearity in regression curves.

Three pK<sub>a</sub> values i.e., 2, 4 and 7 (ACD/Chem Sketch software, Version 12.5) are noted for adefovir. The pK<sub>a</sub> 7 is due to  $-\text{NH}_2$  group presence in purine nucleus while 2 and 4 pK<sub>a</sub> values are attributed to two  $-\text{OH}$  groups (Fig. 1). The amino group, attached to purine nucleus, was easily ionized in positive ion mode. ESI mass spectrum for adefovir and ISTD, in the positive mode, was dominant with protonated (M+H)<sup>+</sup> ions as both were easily

protonated. Addition of base further enhanced the intensity of these ions to obtain protonated precursor ion peaks at  $m/z$  274.3 and 278.1 for adefovir and ISTD, respectively.

The mass fragmentation pattern of adefovir revealed several peaks of significant intensity by varying collision energy from 5 to 55 V (using nitrogen as CAD gas). The observed fragmentation for the protonated precursor ion of adefovir was noted as  $m/z$  274 Da. The protonated precursor ion of adefovir was stable up to 15 V collision energy, with negligible fragmentation. This could be due to its high stability and possibly due to low molecular mass of nitrogen as CAD gas. Further increase in collision energy (up to 25 V) formed the fragment at  $m/z$  256 Da, but poor relative peak intensity ( $\sim 21\%$ ) was

noted. Such effect is due to loss of water molecule followed by rapid elimination of phosphono methoxy group to form ion at  $m/z$  162 Da. However, the ion at  $m/z$  162 Da was further fragmented (employing collision energy of 30–35 V) with the loss of propyl group at  $m/z$  136 Da. Though the fragments at  $m/z$  145 Da and 136 Da were noted by setting collision energy at 50 V, their intensities did not reach even 20%. Therefore, dominant fragment ion  $m/z$  162 Da was stabilized at 35–40 V (with relative intensity 100%). This formed the basis of our product ion selection,  $m/z$  162, for quantitation. The MRM state file parameters (like nebulizer gas, CAD gas, ion spray voltage, and temperature) were suitably optimized to obtain a consistent and adequate response for the analyte. A dwell time set at 150 ms per



**Fig. 2** Chromatograms of (A) blank plasma spiked with IS sample [at RT of adefovir], (B) blank plasma spiked with ISTD sample [at RT of adefovir-d4], (C) LLOQ, (D) ULOQ and (E) real subject sample (17.51 ng/mL, after 1.0 h of oral administration).

**Table 1** Intra- and inter-day precision and accuracy data for the determination of adefovir.

Spiked concentration (ng/mL)	Intra-day ( <i>n</i> =6)			Inter-day ( <i>n</i> =18)		
	Mean (ng/mL)	Accuracy (%)	CV (%)	Mean (ng/mL)	Accuracy (%)	CV (%)
0.50	0.52	103.6	7.7	0.52	102.5	7.8
1.41	1.36	96.6	6.6	1.35	96.4	5.9
16.73	15.83	94.6	5.1	15.95	95.3	4.5
33.47	31.47	94.0	5.4	31.93	95.4	4.8

**Table 2** Relative recovery of adefovir.

Spiked concentration (ng/mL)	Mean peak area of adefovir ( <i>n</i> =6)		Relative recovery (%)
	Extracted samples (%CV)	Post-extracted samples (%CV)	
1.41	15,269.5 (5.4)	27,310.9 (2.9)	55.9
16.73	171,253.2 (5.8)	306,481.1 (1.7)	55.9
33.47	323,398.3 (4.5)	614,823.3 (1.1)	52.6

transition eliminated cross talk completely between adefovir and ISTD MRMs.

### 3.2. Chromatographic conditions and sample preparation

Chromatographic analysis of adefovir and ISTD was carried out under isocratic conditions to obtain adequate response, sharp peak shape, and a shorter run time. The use of volatile buffers like ammonium formate and ammonium acetate (in combination of methanol–acetonitrile) for the separation of adefovir had been evaluated also. It was observed that the pH of mobile phase and selection of column were critical parameters. Chromatographic separation was tried using various combinations of methanol–acetonitrile, acidic buffers and additives (like formic acid, glacial acetic acid and liquor ammonia solution) on different reversed phase columns with 5 µm particle size [viz., Xterra column (150 mm × 4.6 mm), Chromolith RP-18 (100 mm × 4.6 mm), Atlantis HILLIC (100 mm × 4.6 mm), Ascentis C8 (100 mm × 4.6 mm), Zorbax SB C8 (100 mm × 4.6 mm), and BDS Hypersil C18 (50 mm × 4.6 mm)] to optimize liquid chromatographic parameters. The analytes showed non-linear behavior on Chromolith RP-18 column while HILLIC column was marked unsuitable due to co-eluting matrix compounds especially with hemolyzed plasma samples. The Synergi MAX-RP 80A (150 mm × 4.6 mm; 4 µm) column with C12 bonded phase was sterically less hindered than a C18 and was therefore tried. The column is bound to extreme surface area (475 m<sup>2</sup>/g) silica 80A, produced desired hydrophobic retention. The required selectivity as well as sharper, symmetric peaks, for both adefovir and ISTD, was noted and matrix interference for hemolyzed and lipemic plasma samples was deemed negligible. The mobile phase consisting of 10 mM ammonium acetate buffer and methanol (75:25, v/v) with pH approximately 8.7 ± 0.1 was found most suitable for eluting the analyte and ISTD from Synergi MAX-RP 80A column within run time of 4.5 min.

Initially, the extraction of adefovir was carried out via protein precipitation (with acetonitrile, methanol, and acetone) but high

backpressure with frequent clogging of the column was noted. Liquid–liquid extraction technique was also evaluated to isolate the drugs from plasma using diethyl ether, dichloromethane, methyl tert-butyl ether, and isopropyl alcohol (alone and in combination) as extracting solvents. However, the recovery was inconsistent with significant ion enhancement (greater than 40% CV). Furthermore, optimization of solid phase extraction was done employing Waters Oasis<sup>®</sup> HLB, Waters Oasis<sup>®</sup> MCX, Waters Oasis<sup>®</sup> MAX and Phenomenex Strata cartridges. Finally better retention was provided on the Waters Oasis<sup>®</sup> MAX as compared to other cartridges. Using 5% ammonia liquor and methanol during washing step imparted consistent recovery with minimal matrix interference. Current regulatory agencies support ISTD should preferably belong to the same class, with the same physicochemical and spectral properties, to improve the method precision, accuracy and linearity. Adefovir-d<sub>4</sub>, an isotopic labeled compound of adefovir, was selected as an ISTD due to similar structural and physicochemical properties with those of adefovir. Moreover, there was no significant effect of ISTD on analyte recovery, sensitivity, ion enhancement or matrix effect.

### 3.3. Method validation parameters

#### 3.3.1. Selectivity and signal-to-noise (S/N) ratio

Representative chromatograms obtained from blank plasma, plasma spiked with LOQ, and real subject sample for adefovir and ISTD are presented in Fig. 2. The mean interference observed at the retention time of the analyte between 10 different lots of human plasma including hemolyzed and lipemic plasma (containing K<sub>3</sub>EDTA as the anticoagulant) was calculated as 3.4% and 0.4% for adefovir and ISTD, respectively. Six replicates of LOQ samples were prepared from the cleanest blank samples and analyzed samples were deemed acceptable with CV < 4%. We observed S/N ratio was > 25 during method validation and clinical sample analysis, which was within an acceptable limit [11,12].

**Table 3** Absolute matrix effect (ion-enhancement) of adefovir.

Sample type	Plasma lot	Peak area of adefovir at concentration (ng/mL)		
		1.41	16.73	33.47
Post-extracted samples (Single lot, $n=2$ )	1	43603	559685	1127406
	1 <sup>a</sup>	45554	534991	1038213
	Mean	44579	547338	1082810
Post-extracted samples (Multiple lots, $n=10$ )	2	46868	571947	1026528
	2 <sup>a</sup>	44433	547465	1075295
	3	45759	581697	1106885
	3 <sup>a</sup>	40987	526511	1110504
	4	42161	542187	1103694
	4 <sup>a</sup>	44654	565754	1093344
	5	49387	519280	1129593
	5 <sup>a</sup>	45735	557184	1096702
	6	45429	551333	1112542
	6 <sup>a</sup>	48356	593051	1189767
Mean	45377	555641	1104485	
Neat sample solution ( $n=4$ )		41432	523511	1051140
		41392	523967	1027334
		42963	509139	1027415
		44207	522643	1004153
	Mean	42499	519815	1027511
% Ion-enhancement in single plasma lot		4.9	5.3	5.4
% Ion-enhancement in five plasma lots		6.8	6.9	7.5

<sup>a</sup>Duplicate.**Table 4** Relative matrix effect of adefovir.

Plasma lot	Calculated concentration (ng/mL)	
	LQC	HQC
1	1.31	33.41
1 <sup>a</sup>	1.34	33.20
2	1.36	32.81
2 <sup>a</sup>	1.33	33.02
3	1.37	31.82
3 <sup>a</sup>	1.40	32.63
4	1.38	32.11
4 <sup>a</sup>	1.39	33.13
5	1.34	32.66
5 <sup>a</sup>	1.42	33.41
6	1.44	32.93
6 <sup>a</sup>	1.37	33.30
Mean	1.37	32.87
Spiked concentration (ng/mL)	1.41	33.47
Accuracy (%)	97.6	98.2
CV (%)	2.8	1.5

<sup>a</sup>Duplicate.

### 3.3.2. Linearity, precision and accuracy

The linearity of adefovir was determined by weighted least square regression analysis of standard plot that consisted of eight point standard curve. The calibration was linear from 0.50 to 42.47 ng/mL for adefovir. Best-fit calibration curves of chromatographic response versus concentrations were determined by weighted least square regression analysis with weighting factor of  $1/\text{concentration}^2$ . The correlation coefficient ( $r^2$ ) was consistently greater than 0.9997 during

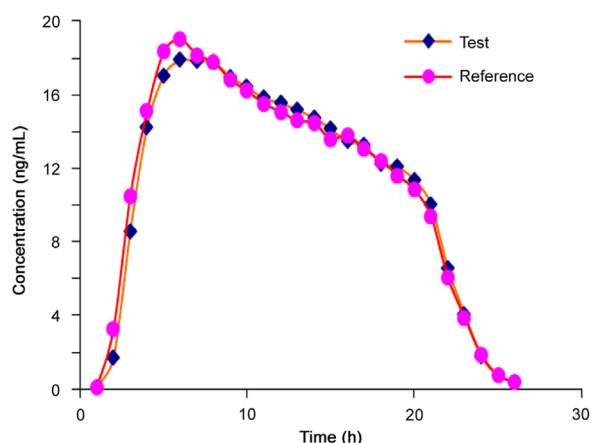
the course of validation for adefovir. Accuracy ranged from 99.2% to 103.8%, 94.0% to 103.6% and 95.3% to 102.5% for within batch, intra- and inter-day, respectively. These were within the acceptance criteria of  $\pm 15\%$  of the nominal value at low, middle and high QC levels and within  $\pm 20\%$  of the nominal concentration at LOQQC concentration. Precision ranged from 0.9% to 5.9%, 5.1% to 7.7% and 4.5% to 7.8% for within batch, intra-day and inter-day, respectively. Precisions (%CV) were within the acceptance criteria of  $\leq 15\%$  at

**Table 5** Stability of adefovir ( $n=4$ ).

Storage conditions	Spiked concentration (ng/mL)	Mean (ng/mL)	Nominal (%)	CV (%)
Bench-top stability (at room temp. for about 6.5 h)	1.41	1.38	98.3	1.5
	33.47	33.25	99.3	0.7
Freeze-thaw stability (three cycles)	1.41	1.42	100.8	2.8
	33.47	33.32	99.6	1.4
In-injector stability ( $\sim 49$ h)	1.41	1.42	100.9	2.1
	33.47	33.12	98.9	1.2
Long term stability (below $-15$ °C for 76 days)	1.41	1.45	103.4	2.1
	33.47	34.78	103.9	2.7

**Table 6** Whole blood stability.

Spiked concentration (ng/mL)	Mean peak area of adefovir ( $n=4$ )		Stability (%)
	Stability samples (%CV)	Comparison samples (%CV)	
1.41	14,901 (6.3)	13,991 (1.8)	106.5
33.47	344,122 (3.5)	344,646 (4.4)	99.8

**Fig. 3** The linear plasma mean concentration versus time profile.

low, middle and high QC concentrations and  $\leq 20\%$  at LOQQC concentration. Intra- and inter-day precision and accuracy are presented in [Table 1](#).

### 3.3.3. Relative recovery, absolute matrix effect and relative matrix effect

The relative recoveries of adefovir at LQC, MQC and HQC levels were 55.9%, 55.9% and 52.6%, respectively. The precision of relative recovery across the low, middle and high QC levels was 3.5% and the results are shown in [Table 2](#).

The assessment of matrix effect constitutes an important and integral part of validation for quantitative LC-MS/MS for supporting pharmacokinetic studies. The results of absolute matrix effect are acceptable (CV less than 6% at all QC levels). The ion enhancement was 4.9–5.4% (for single lot) and 6.8–7.5% (for five

different lots) of human plasma, which is demonstrated in [Table 3](#). The acceptable results of relative matrix effect are presented in [Table 4](#). Also, a matrix-effect experiment by the post-infusion method was conducted during method development to check ion suppression or enhancement at adefovir and ISTD retention times. It was confirmed that there was no significant ion enhancement at retention times of adefovir and ISTD.

### 3.3.4. Re-injection reproducibility and dilution integrity

Re-injection reproducibility exercise was performed to check whether the instrument performance remains unchanged after hardware deactivation because of any instrument failure during real subject sample analysis. Percentage difference for all re-injected QC samples (at LQC, MQC and HQC levels) was less than 2.9 and deemed acceptable. The result of dilution integrity was deemed acceptable for 2 times and 4 times dilutions.

### 3.3.5. Stability

Stock solution stability was performed to check stability of adefovir and ISTD in stock solutions prepared in acidified water (pH  $\sim 1.2$ ) and stored at  $1-10$  °C in a refrigerator. The freshly prepared stock solutions were compared with stock solutions prepared before 16 days. The percentage changes for adefovir and ISTD were 0.6 and 2.2, respectively, which indicate that stock solutions were stable for at least 15 days. Bench-top stability and autosampler stability for adefovir were investigated at LQC and HQC levels. The results revealed that adefovir was stable in plasma for at least 6.5 h at room temperature and  $\sim 49$  h in an autosampler temperature (10 °C). It was confirmed that repeated freezing and thawing (three cycles) of plasma samples, spiked with adefovir at LQC and HQC levels, did not affect their stability. The long-term stability results also indicated that adefovir was stable in matrix up to 76 days, stored below  $-15$  °C. The results obtained from all these stability studies are shown in [Table 5](#). Whole blood stability data were found acceptable and are presented in [Table 6](#).



**Table 7** Pharmacokinetic parameters (mean  $\pm$  SD) of adefovir after the administration of an oral dose of 10 mg test and reference adefovir formulations to healthy Indian male volunteers.

Parameters	Test	Reference
$T_{max}$ (h)	1.00 $\pm$ 0.50	1.00 $\pm$ 0.50
$C_{max}$ (ng/mL)	17.91 $\pm$ 3.43	19.03 $\pm$ 3.47
AUC <sub>0<math>\rightarrow</math>t</sub> (ng h/mL)	205.74 $\pm$ 38.80	209.49 $\pm$ 44.51
AUC <sub>0<math>\rightarrow</math><math>\infty</math></sub> (ng h/mL)	213.64 $\pm$ 39.24	218.58 $\pm$ 44.86
$t_{1/2}$ (h)	7.56 $\pm$ 1.27	7.50 $\pm$ 1.51

**Table 8** Representative incurred sample re-analysis data with I as the first period and II as the second period.

Subject no.	Period	Time point (h)	Calculated concentration (ng/mL)		Difference (%)
			Original	Re-analyzed	
2	II	0.750	20.03	19.37	3.4
	II	24.000	1.79	1.84	3.1
5	I	2.000	16.48	16.08	2.5
	I	4.333	14.21	13.76	3.2
	I	24.000	1.65	1.68	1.9
9	II	1.667	22.85	22.97	0.6
	II	4.333	17.51	17.15	2.1
	II	24.000	1.84	1.74	5.4
20	I	1.000	18.66	17.91	4.1
	I	4.000	15.56	14.99	3.7
	I	24.000	2.15	2.08	3.0
30	I	0.750	19.71	18.58	5.9
	II	24.000	2.26	2.13	6.2
36	I	1.000	17.49	16.24	7.4
	I	24.000	1.69	1.64	2.6

### 3.4. Method application

An open label, balanced, randomized, two-treatment, two-period, two-sequence, single-dose, crossover design was used for the assessment of pharmacokinetics and bioequivalence. Thirty-six healthy adult male volunteers who gave written informed consent took part in this study. The study was approved by Ethics Committee of Institutional Review Board at Majeedia Hospital (New Delhi, India). After an overnight fast of at least 10 h, all subjects were given a single oral dose of 10 mg adefovir dipivoxil immediate release tablet during each period of the study. Blood samples were collected before (pre-dose) and at 0.167, 0.333, 0.500, 0.750, 1.000, 1.333, 1.667, 2.000, 2.333, 2.667, 3.000, 3.333, 3.667, 4.000, 4.333, 4.667, 5.000, 5.500, 6.000, 8.000, 12.000, 16.000, 24.000, 36.000 and 48.000 h post-dose in each period. After separation of plasma from the blood by centrifugation, plasma samples were stored frozen below  $-15^{\circ}\text{C}$  until analysis.

The plasma mean concentration time profile of adefovir is depicted in Fig. 3. The estimated pharmacokinetic parameters derived from the plasma concentration profiles are summarized in Table 7. Bioequivalence was established for Ranbaxy test drug and innovator Hespera 10 mg adefovir dipivoxil immediate release tablet. Further mean plasma concentration at 36 h sampling time point was computed as 0.73 ng/mL. The present method LOQ of 0.5 ng/mL was justified since concentration-profile till 5 half lives of drug (10 mg adefovir tablet) was captured with 0.5 ng/mL sensitivity.

The results of incurred sample re-analysis (ISR) showed that 98.4% sampling point concentrations for adefovir were within  $\pm 20\%$  of original concentration value.

The %difference from the original analysis was calculated as

$$\% \text{Difference} = \frac{\text{Re-analyzed concentration} - \text{Original concentration}}{\text{Mean concentration}} \times 100$$

These results additionally supported our improved method techniques and reproducibility of data for subject sample analysis as well. Representative ISR data are further presented in Table 8.

## 4. Conclusion

In summary, a rapid, specific, reproducible and high-throughput LC-MS/MS method to quantify adefovir using adefovir-d<sub>4</sub> as an internal standard was developed and validated. The reported literature failed to highlight a systematic procedure to control ion-enhancement which is the intrinsic property of typical anti-viral drug adefovir. Our method is highly selective and addresses the short-comings of previous reported methods. The selectivity of method in hemolyzed and lipemic plasma and stability of adefovir in blood are unique features of the method. Overall the developed method presented adequate sensitivity, excellent selectivity, controlled ion enhancement and desired reproducibility for the quantification of adefovir in human plasma. The other major advantage of this validated method is the shorter runtime of 4.5 min, allowing the quantitation of over 300 samples per day. Bioequivalence was established with Hespera<sup>®</sup>

10 mg adefovir tablets and pharmacokinetic parameters were similar to that of the monograph on innovator [13] based on our improved method. This method has been extensively validated like our previous method validation reported [14,15], catering to the requirement of global regulatory agencies like USFDA and EMA. Moreover, the ISR at the end of the study further added strength to our current method. All these advantages would make it efficient for routine therapeutic drug monitoring as well as for the analysis of large number of plasma samples obtained from exploratory pharmacokinetic studies.

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