

POSTER PRESENTATION

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Myocardial iron overload in sickle/thalassemia patients of Italian origin

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From 16th Annual SCMR Scientific Sessions San Francisco, CA, USA. 31 January - 3 February 2013

Background

Sickle-thalassemia is an inherited hemoglobin disorder resulting from the combined heterozygosity for sickle-cell and β -thalassemia genes. Myocardial iron overload in patients with sickle-thalassemia has been poorly studied; however, a report has shown no evidence of cardiac iron in a small group (n=10) of multitransfused Arab patients. The current study aims to further evaluate cardiac iron overload in a larger group of Italian patients using a T2* multislice approach and explore its correlation with transfusions, age and sex.

Methods

Fifty-nine sickle-thalassemia patients (29 males, mean age 35.6±14.1 years), enrolled in the MIOT (Myocardial Iron Overload in Thalassemia) network were considered. Three parallel short-axis views of the left ventricle were acquired and analyzed with a dedicated software (HIPPO MIOT) providing the T2* value on each of 16 segments as well as the global T2* value averaged over all segmental T2* values and the T2* value in the midventricular segment averaged over the mid-anterior and the mid-inferior septum.

Results

We found 55 (93%) patients with all 16 segmental $T2^*$ values normal (>20 ms). Of the 4 patients with abnormal segmental $T2^*$ values, all showed an heterogeneous MIO (some segments with $T2^*$ values >20 ms and other segments with $T2^*$ values <20 ms) and none showed an homogeneous MIO (all segment with $T2^*$ values <20 ms). Out of the 4 patients with heterogeneous MIO, only one had a global $T2^*$ global <20 ms.

The mean global heart T2* value was 34.4±6.2 ms.

We did not find significant differences among sickle-thalassemia regularly (N=20), sporadically (N=32) and no transfused (N=7) in the $T2^*$ global value (33.4±7.3 ms versus 35.5±5.4 ms versus 32.4±6.3 ms; P=0.425).

On linear regression analysis, there was a statistically significant positive correlation between global T2* and age but with poor linearity (R=0.368; P=0.004).

The global T2* value was not significant different between males and females (35.6 ± 4.9 ms versus 35.2 ± 7.2 ms; P=0.118).

Conclusions

In respect of myocardial iron deposition, the sickle/ thalassemia patients are similar to patients with homozygous SCD for which iron overloading is relatively rare.

Funding

The MIOT project receives "no-profit support" from industrial sponsorships (Chiesi and Apotex). This study was also supported by: "Ministero della Salute, fondi ex art. 12 D.Lgs. 502/92 e s.m.i., ricerca sanitaria finalizzata anno 2006" e "Fondazione L. Giambrone".

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Published: 30 January 2013

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Meloni *et al. Journal of Cardiovascular Magnetic Resonance* 2013, **15**(Suppl 1):E106 http://www.jcmr-online.com/content/15/S1/E106

doi:10.1186/1532-429X-15-S1-E106

Cite this article as: Meloni et al.: Myocardial iron overload in sickle/ thalassemia patients of Italian origin. Journal of Cardiovascular Magnetic Resonance 2013 15(Suppl 1):E106.

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