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Representation of Salty Taste Stimulus Concentrations in the Primary Gustatory Area in Humans

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Abstract The relationship between neuronal activity in the human gustatory cortex and the concentrations of taste stimuli is not well understood. In this study, we recorded changes in the magnetic fields of the human brain in response to four concentrations of NaCl (30 mM, 100 mM, 300 mM, and 1 M) and measured the magnitude and shortest latency of the equivalent current dipole (ECD) in the primary gustatory area of the cerebral cortex (PGA). The average magnitude of ECDs in the PGA increased in a concentration-dependent manner throughout the entire range of NaCl concentrations. The shortest latency of the ECD, however, did not vary with the stimulus concentration.

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Introduction

Evaluation of stimulus intensity is a critical aspect of human perception. Several psychophysical studies have related taste stimulus concentrations to subsequent human responses, such as intensity perception and reaction time (i.e., the time between presentation of the taste stimulus and a response, e.g., pressing a hand button immediately after perception; Beebe-Center and Waddell 1948; Yamamoto and Kawamura 1981; Halpern 1986). The means by which taste stimulus concentrations are encoded in the primary gustatory area, however, could not be determined solely by psychophysical studies. Consequently, we have yet to fully understand how human gustatory cortices represent signal intensity in response to various concentrations of tastants and how these activation latencies are related to reaction times.

Recent advances in brain imaging techniques, on the other hand, have made it possible to noninvasively observe neural activity within the living human brain. The use of techniques such as functional magnetic resonance imaging (fMRI), positron emission tomography (PET), and magnetoencephalography (MEG) has begun to elucidate the relationships between human gustatory perception and brain activity (Kobayakawa et al. 1996, 1999; Small et al. 1999, 2003; Faurion et al. 1999; Cerf-Ducastel et al. 2001; Mizoguchi et al. 2002). Among these methods, MEG is superior to other methods in temporal resolution, and equivalent to those in spatial one, unless several regions are activated simultaneously.

We have previously measured gustatory-evoked magnetic fields in humans. These studies located the primary gustatory area (PGA) both at the transition between the parietal operculum and insula and at the bottom of the central sulcus because these regions displayed the shortest recorded latencies (Kobayakawa et al. 1996, 1999; Mizoguchi et al. 2002). The former area roughly corresponds to area G in non-human primates (Sanides 1968; Ogawa 1994), although it differs in position along the anterior–posterior axis of the brain. We have therefore named this region area G in humans. The activation of other cortical areas, including the frontal operculum and the superior temporal sulcus, was also observed a few hundred milliseconds after the initial activation in human area G (Kobayakawa et al. 1999).

In the present study, we aimed to investigate the manner in which human area G encodes the concentration of a taste stimulus, by measuring the magnitude and the shortest latency of the equivalent current dipoles (ECDs) estimated in response to various stimulus concentrations in area G.

Materials and Methods

Participants

Eight healthy volunteers (four women and four men), aged 22 to 41 years (mean age, 27.6 ± 5.8 years old), participated in the experiment. This study was conducted in accordance with the revised version of the Helsinki declaration. All of the procedures in this study were approved by the review board in the National Institute of Advanced Industrial Science and Technology, Japan.

Stimuli

Four concentrations (30 mM, 100 mM, 300 mM, and 1 M) of NaCl dissolved in deionized water were used as taste stimuli. Two volunteers did not participate in experiments using the 30 mM NaCl solution. One of these two participants was not able to distinguish between the 30 mM NaCl solution and deionized water, and the other did not participate in the experiment. All of the other participants were able to distinguish all of the salt solutions from water in all the recording sessions. All experiments, therefore, were performed under supra-threshold conditions. Of the eight participants, two did not participate in the 30 mM NaCl experiment but did participate in trials at the other concentrations. We also asked participants about the hedonic value after each session using VAS. On this scale, “very pleasant” was defined as a value of 3, and “very aversive” was defined as -3 . The average hedonic value was -0.17 ± 0.06 , which was almost neutral.

Procedure

During a session, each participant underwent 40 trials in which a single NaCl concentration was presented. A participant was administered each of the four salt solutions over four sessions in a randomized order. In each trial, the stimulus was presented for 400 ms with an inter-stimulus interval of 30 s. For chemical stimulation, a taste stimulator delivered tastants without a mechanical or thermal component at the participant’s tongue (see Kobayakawa et al. 1996 for details). Taste solutions were administered in constantly flowing deionized water to negate any tactile sensation (Kobayakawa et al. 1996, 1999) over a 7×2.8 -mm region on the tip of the tongue where 20 to 30 taste buds have been estimated to be present in most individuals (Miller 1986). The short durations (400 ms) of stimulus presentation were achieved with a small amount of air separating the stimulants from the plain water. The area of the stimulus site was approximately the same size as the filter-paper disk that has been used to clinically evaluate gustatory function in earlier work (Tomita et al. 1986). In each session, participants were asked to place the same region of their tongues into the aperture of the Teflon tube through which fluid flowed. The temperature of the taste solutions and deionized water were maintained at 36°C to match that of the stimulated region of the tongue. To avoid fatigue, participants were only subjected to one or two sessions per day. When the quality of MEG data was not sufficient for analysis, the session was repeated.

Recording of Magnetic Fields

A 64-channel whole-head SQUID system (CTF Systems Inc., Canada) was used to measure the gustatory-evoked magnetic fields, using a sampling rate of 250 Hz with a 40-Hz low-pass filter. The location of the sensors with respect to the head was determined by measuring the magnetic fields produced by small currents delivered to three coils attached to the scalp at the nasion and two preauricular points.

MEG Data Analysis

Trials contaminated by eye movements were rejected; the remaining trials were used for calculations. Sessions with fewer than 30 successfully recorded trials were rejected. Approximately 35 trials per session per participant were used for averaging. Anatomical 3-D T1 MRI was obtained for all subjects (Siemens, 1.0 T). For source modeling, MRI head-shape data were used to determine the fitting sphere for each subject.

At the time of acquisition of MRI data, oil-filled pellets were attached to the physical landmarks used in the MEG

experiment. The positional information given by the images of the oily pellets was used to align the MEG data with the participant's MRI.

In our estimation of ECDs, we attempted to minimize error by using Grynszpan–Geselowitz's equation (Grynszpan and Geselowitz 1973; see Kobayakawa et al. 1996). The error, E , was calculated according to the following formula:

$$E = \frac{\sum_{n=1}^{64} (\hat{X}_n - X_n)^2}{\sum_{n=1}^{64} X_n^2}$$

where X_n is the observed magnitude of the neuro-magnetic field at the n th sensor and \hat{X}_n is the calculated magnitude of the neuro-magnetic field at the same sensor based on the theoretical model. The goodness of fit was calculated as $(1-E)$. The locations and the magnitudes of the ECDs in each subject were estimated from the magnetic fields obtained at 64 sensor positions.

The coordinates of the dipole's centers of gravity were overlaid on individual MRI slices to identify the corresponding locations in the brain after alignment. Estimations of ECDs with high validity were performed with >80% goodness of fit. We utilized data only when the ECDs were stable for more than 30 ms and maintained a suitable power of less than 100 nAm. In addition, the analyzed ECDs were located on the gray matter in MRI images. The cortical areas in which the ECDs were located were denominated using 3-D views (axial, coronal, and sagittal). The cortical structures where ECDs were located were identified according to an atlas of the human brain (Mai et al. 1997).

We first identified the time point at which magnetic fields exhibited a local maximum in the shortest latency after the stimulus onset. By calculating the ECDs at every sampling point (4 ms) around this time point, we were able to determine the latency between the onset of the stimulus and the point at which the ECD had the greatest magnitude.

In cases in which two or more experimental sessions were performed with a single participant using a single NaCl concentration, we used average values of the ECD magnitudes and latencies for data analysis. The coordinates

of estimated ECDs were transformed into those of the MNI standard brain to investigate positional changes possibly resulting from variations in NaCl concentration.

Results

Location of the Shortest ECD

A total of 63 experimental sessions were available for data analysis. Of the areas that responded with the shortest latencies following stimulus presentation, area G (at the transition between parietal operculum and insula) was exclusively activated in 39 sessions (62%), the central sulcus was exclusively activated in one session (1.6%), and both area G and the central sulcus were activated in 17 sessions (27%). The total frequency of activation in area G and/or the central sulcus was 90%, in agreement with previous results (Kobayakawa et al. 1999). Table 1 shows the frequencies of activation in area G and the central sulcus following the presentation of each of the four taste-stimulus concentrations. Because we obtained only a few cases of central sulcus activation but found activations in area G for all the four NaCl concentrations, in this study, we only precisely analyzed data from area G.

Each of the graphs in Fig. 1 illustrates the superimposed magnetic fields from 64 channels for each stimulus concentration, labeled on the right. In the figure, black vertical lines show the stimulus onset, whereas gray lines indicate the point at which the ECDs were estimated because the magnetic field had clearly changed. Figure 2 shows variation in shortest activities in area G in response to the four NaCl concentrations in a representative participant. The central row in the figure shows contour maps of the measured magnetic fields, whereas the upper and lower rows represent the calculated ECDs in the left hemisphere and in the right hemisphere overlaid on anatomical MR images, respectively. Three higher NaCl concentrations (100 mM and 1 M) gave rise to ECDs near the insular cortex, whereas the lowest NaCl concentration (30 mM) induced an ECD at a more lateral position. One-factor analysis of variance (ANOVA) revealed no significant differences in the MNI coordinates of ECDs elicited by the four different NaCl

Table 1 Percentage of sessions in which activations in human area G and the central sulcus were observed at each of the four concentrations of NaCl

Concentration (total number of session available)	30 mM (10 sessions)	100 mM (19 sessions)	300 mM (19 sessions)	1 M (15 sessions)
Human area G only	6 (60%)	15 (79%)	8 (42%)	10 (67%)
Central sulcus only	0 (0%)	1 (5.3%)	0 (0%)	0 (0%)
Both human area G and central sulcus	3 (30%)	3 (16%)	8 (42%)	3 (20%)

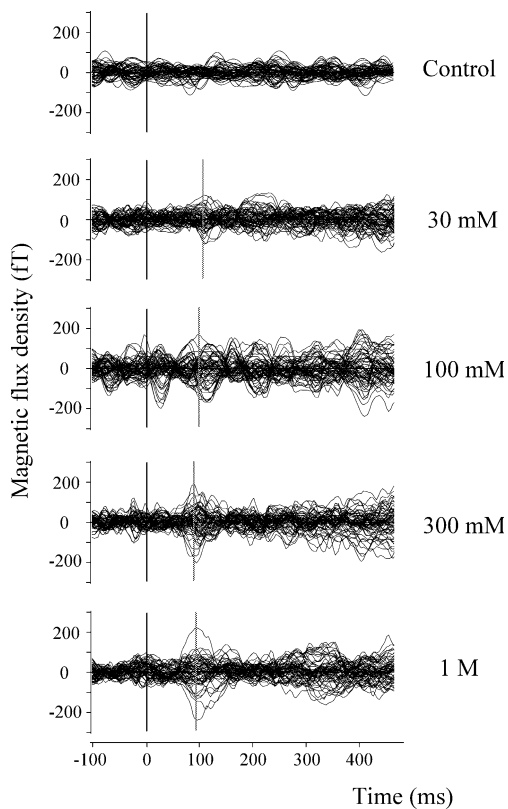


Fig. 1 The superimposed magnetic fields of 64 channels recorded in a single participant in response to four concentrations of NaCl and water. The concentration of NaCl is indicated on the *right*. Control represents the magnetic fields induced by deionized water. The time 0 (*black lines*) on the abscissa indicates the stimulus onset. *Gray lines* indicate the time points for the shortest peak or trough of the changes in the magnetic fields after the stimulus onset

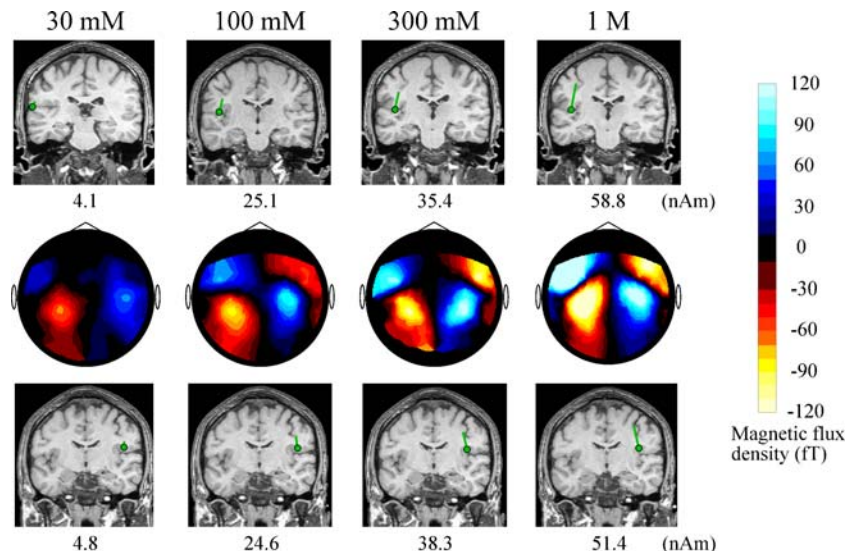


Fig. 2 The shortest cortical activities recorded in response to four NaCl concentrations, in a single participant. The *central row* shows contour maps of the magnetic fields recorded. The color scale used to depict the density of magnetic flux is indicated on the *right*. All isocontour maps show that the magnetic field was directed from the left-front area of the head to the left-back and from the right-back to

concentrations [left hemisphere *x*; $F(3,24)=2.11$, not significant or n.s.; *y*; $F(3,24)=1.27$, n.s.; *z*; $F(3,24)=0.21$, n.s.; right hemisphere *x*; $F(3,20)=1.10$, n.s.; *y*; $F(3,20)=0.97$, n.s.; *z*; $F(3,20)=0.12$, n.s.].

Magnitude of the Shortest ECDs

Figure 3 shows all averaged ECD amplitudes for four concentrations (eight participants for 1 M, 300 mM, and 100 mM; six for 30 mM). Spearman's correlation coefficient between NaCl concentrations and ECD amplitudes was 0.69 ($p<0.01$, $n=30$). Regression analysis yielded a regression coefficient of 15.4, a value significantly larger than 0 ($p<0.01$, $n=30$, Student *t* test).

We analyzed ECD magnitudes within area G in two different data sets, using one-factor repeated measures ANOVA: one data set consisting of the responses of the eight participants to three NaCl concentrations (data set A) and a second data set consisting of the responses of six participants to four NaCl concentrations (data set B). Figure 4 shows the relationship between NaCl concentration and the magnitude of the ECDs (filled circles) and between NaCl concentration and ECD latencies (filled squares) for data sets A and B. One-factor repeated measures ANOVA was applied to the magnitudes of ECDs in the two data sets. In data set A, ECD amplitude varied significantly with NaCl concentration [$F(2,14)=4.5$, $p<0.05$]. Post-hoc analyses (Tukey HSD test) indicated a significant difference in ECDs between 100 mM and 1 M NaCl ($p<0.05$). ECD amplitude also varied significantly with NaCl concentration in data set B [F

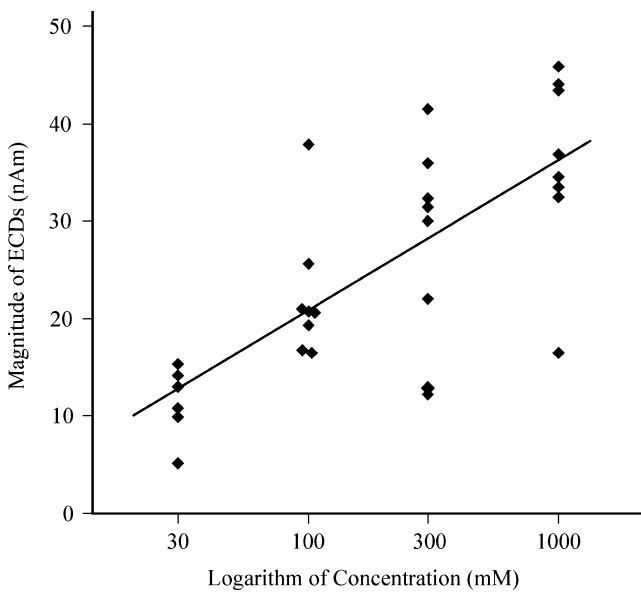


Fig. 3 Scatter plot of averaged ECD amplitudes for each participant against NaCl concentrations. A regression coefficient was 15.4, significantly greater than 0, and Spareman's correlation coefficient between concentrations and ECD amplitudes was 0.78

(3,15)=7.93, $p < 0.01$]. Post-hoc analysis (Tukey HSD test) indicated significant differences in ECDs between 30 mM and 1 M ($p < 0.01$), 30 mM and 300 mM ($p < 0.05$), and 30 mM and 100 mM ($p < 0.05$).

Latencies of the Shortest ECDs

One-factor repeated measures ANOVA did not detect a significant difference in the shortest latency of area G activation across the NaCl concentrations in either data set

A [$F(2,14)=1.6$, n.s.] or data set B [$F(3,15)=0.97$, n.s.] (squares in Fig. 4).

Discussion

Location of the Human PGA

Non-invasive brain imaging has been applied to the localization of the primary and higher order gustatory cortices in human beings. Studies using fMRI or PET have identified several cortical regions that are activated by gustatory stimulation (Cerf-Ducastel et al. 2001; Small et al. 2003). Moreover, the frontal operculum, topographically and cytoarchitecturally corresponding to the PGA in subhuman primates (Sanides 1968; Pritchard et al. 1986; Ogawa 1994), has been proposed as the PGA (Small et al. 1999, 2003; O'Doherty et al. 2001), although it has not been confirmed whether this region was activated with the shortest latency among all the cortices concerned.

MEG, on the other hand, another non-invasive brain imaging technique with superior temporal resolution, revealed that the cortical activity with the shortest latency after the onset of taste stimulation with 1 M NaCl and 3 mM saccharin occurs at the transition between the parietal operculum and insula (human area G) and at the ventral end of the central sulcus (Kobayakawa et al. 1999). This location is consistent with previous clinical findings. These locations are the parietal operculum and the dorsal posterior insula. Penfield and coworkers (1954, 1955) elicited taste sensation by electrical stimulation of these areas during brain surgery; also, hematomas in the posterior central

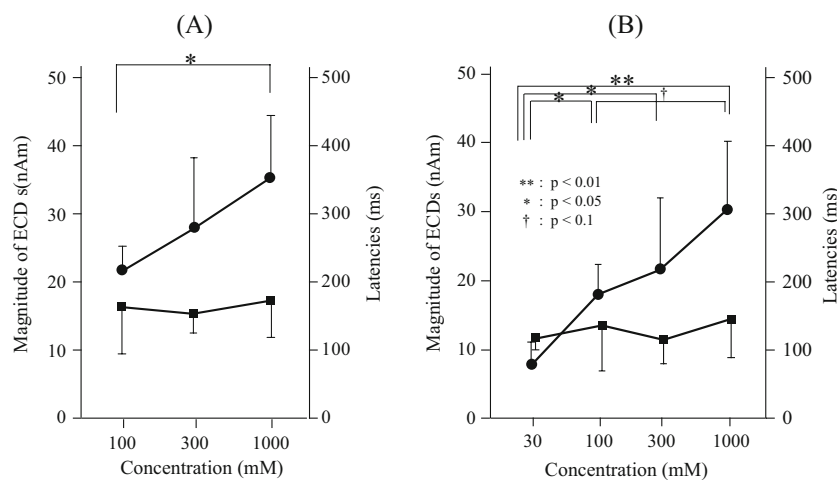


Fig. 4 a, b The relationships between the stimulus concentration and the averaged ECD magnitude or peak latencies of the ECDs for data sets A and B. Filled circles and squares indicate the averaged magnitudes of ECDs and latencies of the ECDs, respectively. The error bar indicates the standard error. One-factor repeated measures

ANOVA revealed significant differences in the ECD magnitudes evoked by the different NaCl concentrations in data sets A ($p < 0.05$) and B ($p < 0.01$) but no significant difference in the latencies after the stimulus onset in either data set. † $P < 0.1$; * $P < 0.05$; ** $P < 0.01$; (Post-hoc analyses, Tukey HSD test)

gyrus were associated with dysgeusia in three gunshot patients (Börnstein 1940).

Using fMRI, Ogawa et al. (2005) first revealed taste-induced activations in the parietal operculum and posterior insula by repeated presentations of a tastant pulse during a stimulation period, the same means used to activate the primary visual or auditory cortices. Quite recently, fMRI studies reported by Nitschke et al. (2006) and Veldhuizen et al. (2007) also revealed taste-induced activities in the parietal operculum and posterior insula as well as in the frontal operculum. The former studies, however, were ambiguous about the precise location of the PGA. In support of the PGA's residence in the frontal operculum, Veldhuizen et al. (2007) ascribed the activation in the parietal operculum to activities in oral tactile afferents. On the other hand, in support of our MEG findings (Kobayakawa et al. 1996, 1999), Komiyama et al. (2007) found no activation by 3 M NaCl (aversive high concentration) in either the parietal operculum or the posterior insula in patients who had chorda tympani nerves bilaterally resected during middle ear surgeries. They also found that mechanical stimulation at the tip of the tongue evoked the shortest activations only at the oral cavity representation region in the central sulcus (probably its posterior wall), not at the parietal operculum. These results clarified that the taste-induced activities of the parietal operculum and posterior insula revealed by MEG are carried by taste afferents but not by the oral tactile afferents.

In the present study, therefore, we chose the human area G, consisting of the parietal operculum and posterior insula, to investigate the representation of taste stimulus intensity in the PGA.

Information Coding of Stimulus Concentration

Our findings showed that, in human area G, the activity with the shortest latency after the stimulus onset increased with stimulus concentration. Furthermore, significant changes in ECD amplitudes were consistently observed as the tastant concentration varied more than tenfold.

In some sensory modalities, such as auditory or tactile sensation, a close relationship has been consistently observed between cortical activity in the primary sensory area and the physical intensity of stimulus. Bak et al. (1985) reported that the peak magnetic-field amplitude 100 ms after the stimulus onset correlated well with the decibel level of the sound stimulus. Similarly, the amplitude of magnetic-field changes within the primary somatosensory area can be enhanced by increasing the intensity of electrical stimuli applied to the skin (Jousmäki and Forss 1998; Torquati et al. 2002). The trends observed for these sensory modalities are in good agreement with our present findings for gustation.

Perceived intensity may not always be consistent with the amplitude of the first activation in the PGA because the

process of intensity perception includes neural processes at many higher levels, including memory access. The mechanism of processing intensity perception after PGA is still unclear; hopefully, further study will clarify this issue in the near future.

In an fMRI study using two different concentrations of tastants, Small et al. (2003) reported that the magnitude of activation in the frontal operculum and the anterior part of the insula increased with tastant concentration. Although, based on these results, they maintained that the frontal operculum and anterior insula were the PGA, our MEG studies (Kobayakawa et al. 1996, 1999) had already revealed that the frontal operculum and anterior insula were activated a few hundred milliseconds after area G and the central sulcus.

Nitschke et al. (2006) reported that PGA activation is modulated by participants' expectation. Kobayakawa et al. (1999) reported repeated activation of area G after the shortest latency. To reconcile these observations, we suggest that the earliest activation of area G encodes the objective nature of taste, while later activations of area G may be modified by the expectation to the properties of upcoming tastants.

In order to functionally differentiate the PGA from higher order gustatory cortices in sub-human primates, Ifuku et al. (2003) recorded neuronal activities from gustatory cortices of a Japanese macaque engaged in a NaCl–water discrimination delayed GO/NOGO task. They reported that almost all neurons in the PGA (area G and the oral part of area 3) maintained constant response patterns to a given tastant, independent of experimental conditions (gustatory nature-dependent response). On the contrary, most neurons in higher order gustatory cortices (the precentral operculum and orbitofrontal cortex) changed their response patterns depending upon the consequent behavioral task. Thus, in subhuman primates, higher order gustatory cortices may be more easily modulated by psychological factors, such as behavioral context or expectation, compared to the PGA. In order to reveal the potential modulation by psychological factors, however, detailed study in the human PGA will be required.

Temporal Aspects of Cortical Activity and Stimulus Concentration

The average latency of the shortest activation in human area G after the stimulus onset was 160 ms, consistent with the result of Kobayakawa et al. (1999), but this is 34 ms longer than the value reported in Mizoguchi et al. (2002). In the present study and that of Kobayakawa et al. (1999), the longer estimated latency can probably be ascribed to the usage of only single optical sensor placed before the stimulation site to detect the arrival of the tastant and the

estimation on the basis of the flow rate of the time at which the stimulus reaches the stimulation site. On the other hand, Mizoguchi et al. (2002) used two sensors located before and after the stimulation site and precisely calculated the time at which the tastant arrived at the stimulation site, based on the time difference of the signal outputs between the two sensors, instead of the flow rate.

Yamamoto and Kawamura (1981) reported that the gustatory response time in humans decreases with increasing tastant concentration from 940 ms for 40 mM NaCl to 400 ms for 1 M NaCl. Halpern (1986) and Saito et al. (1998) observed similar changes in reaction times with increases in NaCl concentrations. In the present experiment, however, shortest latency of the activity in area G did not significantly change with changes in NaCl concentrations.

Torquati et al. (2002) and Bak et al. (1985) found that the onset latencies of cortical activity did not vary with changing intensities of supra-threshold stimuli. In the present study, the shortest activation in human area G did not exhibit any significant changes in the onset latency with varying stimulus concentrations, consistent with findings in other sensory areas and supra-threshold stimulus intensities.

Ito et al. (2001) also noted that reaction time decreased with increases in tastant concentration in subhuman primates; however, the onset latencies of neuronal responses in the PGA (area 3, area G and other cortical areas) were not affected by changes in NaCl concentrations. Scott et al. (1991) also noted that, in the macaque, the activity of single cortical neurons increased response magnitudes with increasing tastant concentration, whereas the onset latency for these neurons did not change significantly. The present findings detailing the relationship between NaCl concentrations and the response magnitudes and latencies of the neuronal activity in human area G are consistent with the results obtained from the PGA in monkeys. Taken together, it is indicated that area G does not contribute to concentration-dependent changes in the reaction time.

Higher gustatory cortices may yield concentration-dependent changes in onset latencies, corresponding to changes in a subject's reaction time. Such cortices may alter response magnitudes depending upon not only the concentration of the stimulus but also on other aspects of gustatory perception. The mechanisms by which these higher gustatory cortices encode gustatory information will be a topic for future studies.

Conclusion

In the present study, we investigated the manner in which human PGA encodes the concentration of a taste stimulus by measuring the magnitude and the shortest latency of the ECDs for various stimulus concentrations. The average

magnitude of ECDs in the PGA increased in a concentration-dependent manner throughout the entire range of NaCl concentrations studied. The shortest latency of the ECD, however, did not vary with variations in the stimulus concentration.

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