

# Pituitary Stem Cells During Normal Physiology and Disease

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**Summary** The homeostatic maintenance and functional modification of tissues require a combination of regulated proliferation and differentiation by somatic stem cells and more committed progenitors. Of relevance to regenerative medicine approaches, the endogenous stimulation of cell types for replenishment of damaged tissues requires an understanding of the signals that promote proliferation and direct appropriate differentiation to specialised cell types. We recently showed that pituitary stem cells expressing the transcription factor SOX2 are able to contribute to the generation of new hormone-producing cells during postnatal life. The signals controlling proliferation in the anterior pituitary are poorly understood and little is known about the influences supporting the choices between proliferation and quiescence among stem cells. The WNT signalling pathway is a major regulator of proliferation and influences stem cells in multiple tissues throughout the body as well as cancer stem cells in tumorigenesis. Forced up-regulation of the WNT pathway specifically in SOX2-positive pituitary stem cells by transgenic approaches in mouse stimulates a transient burst of proliferation, maintaining their uncommitted phenotype. These mutated stem cells subsequently induce tumorigenesis in a non-cell autonomous manner, as they promote proliferation of surrounding cell types through the secretion of paracrine factors. The studies presented here aim to provide insights into pituitary stem cell behaviour and their possible roles during disease states.

*“If there were no regeneration there could be no life. If everything regenerated there would be no death. All organisms exist between these two extremes.”* Richard J. Goss, *Principles of Regeneration* (1969).

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## Introduction

Over the last few years, compelling evidence has demonstrated the presence of adult somatic stem cells in the murine pituitary gland of mice. In this chapter I will summarise the critical *in vitro* and *in vivo* evidence demonstrating the presence and functional properties of these cells. In addition, I will highlight how pituitary stem cells can be involved in tumour formation, as has been shown for stem cell populations of other organs.

The regulation of stem cell populations is of interest to regenerative medicine and cancer therapy approaches. Being able to studying the behaviour of stem cells in their tissue niches can lead to a better understanding of how these behave and how they are regulated. An abnormal expansion or depletion of such populations may contribute to neoplasias or organ failure, respectively. In the case of the pituitary gland, this would manifest as hypopituitarism or pituitary tumours. Recently, we (Andoniadou/Martinez-Barbera labs) and other groups have provided evidence that a long-lived, tissue-specific population of undifferentiated progenitor/stem cells exists within the anterior pituitary gland. Pituitary stem cells (PSCs) are undifferentiated and are able to generate cells of three main progenitor lineages, characterized by expression of the transcription factors, PIT1 (POU1F1), TPIT (TBX19) and SF1 (NR5A1), the expression of which is necessary for terminal differentiation into hormone-secreting cell types. PIT1-positive progenitors are the major lineage of the anterior pituitary and give rise to somatotrophs expressing growth hormone (GH), lactotrophs expressing prolactin (PRL) and thyrotrophs expressing thyroid stimulating hormone (TSH). Progenitors positive for TPIT give rise to ACTH-expressing adrenocorticotrophs and MSH-expressing melanotrophs (refer to Jacques Drouin 2016 for the transcriptional mechanisms regulating these fate choices). Finally, progenitors expressing SF1 cells give rise to gonadotrophs that express LH or FSH. All of these populations need to be precisely regulated to ensure appropriate homeostasis and adequate response for hormone secretion dependent on physiological demand, a process that is very dynamic throughout life.

To be considered PSCs, the cells need to demonstrate both self-renewal and differentiation *in vivo*. Initial studies pointing towards PTCs relied on *in vitro* approaches. These identified that there are cells in the postnatal pituitary gland that have the capacity to expand as colonies in culture, i.e., they have clonogenic capacity, demonstrating self-renewal *in vitro*. One population was characterized by the uptake of the fluorescent dipeptide AMCA and included cells expressing S100 calcium-binding protein B (S100 $\beta$ ; Lepore et al. 2005), which have been described as folliculostellate cells of the anterior lobe (Vila-Porcile 1972). Cells among this population were able to form adherent colonies in culture. The second population was characterized by marker expression similar to stem cells of other tissues (*Scal*, *Nanog* and *Oct4*) and could form floating spheres (Chen et al. 2005). In later studies, the same research group showed that there was enrichment in this population for the expression of SOX2, SOX9, CD44 and CD133 (Chen et al. 2009).

Additionally, these cells had active function of ABC transporters, which rendered them capable of effluxing the vital dye Hoechst 33342, leading to a discrete 'side population' during flow cytometry when analysing levels of expression of Hoechst. This is a typical property of many cell types that possess properties of stem or progenitor cells. This side population has since been described for pituitaries of other vertebrates (Chen et al. 2005, 2006; van Rijn et al. 2012). In time, additional markers of cells with this in vitro self-renewal capacity have been put forward to refine the characterisation of PSCs, including Nestin, PROP1, SOX9, GFR $\alpha$ 2 and PRX1/2 (Gleiberman et al. 2008; Yoshida et al. 2009; Rizzoti et al. 2013; Garcia-Lavandeira et al. 2009; Higuchi et al. 2014). In the postnatal rodent gland in vivo, SOX2-positive cells displayed a high degree of overlap with other proposed stem cell markers such as SOX9 (Rizzoti et al. 2013), PROP1 (Yoshida et al. 2009, 2011), and PRX1/2 (Higuchi et al. 2014). We confirmed that SOX2-positive cells did not overlap with differentiation markers but we sought to determine if they were able to give rise to all the differentiated lineages in vivo.

The Lovell-Badge lab reported that floating spheres forming from anterior pituitary cells, were positive for SOX2 (Fauquier et al. 2008), in line with *Sox2* expression in the side population (Gremeaux et al. 2012). Our group utilised a knock-in mouse strain expressing enhanced yellow fluorescent protein (EYFP) from the SOX2 locus, allowing identification of SOX2-positive cells (Andoniadou et al. 2012). We isolated SOX2-EYFP-positive and -negative populations separately and plated these under conditions promoting the clonogenic expansion of single cells as adherent colonies. Only cells within the SOX2-positive fraction were capable of colony formation. This was also the case when clonogenic potential was assessed via the generation of floating spheres, as reported by the Lovell-Badge group (Rizzoti 2010). In the adherent cultures, time-lapse imaging of single cells plated at clonal density confirmed that they gave rise to single colonies that contained multiple EYFP-positive cells, demonstrating self-renewal. Withdrawal of growth factors and prolonged culture in differentiation conditions promoted the expression of markers of the three main pituitary lineages and the expression of differentiation markers, as detected by qPCR (Andoniadou et al. 2012). Interestingly, only a small percentage of SOX2<sup>+</sup> cells were able to form colonies (up to 5 % depending on age), possibly reflecting heterogeneity within this population in terms of their potential; alternatively, the culture requirements allowed for expansion of a restricted subset of cells, where more cell types could have self-renewal capacity. In either case, the requirement for a better-defined combination of markers was clear. To address this issue, we investigated S100 $\beta$  as an additional marker of the pituitary stem cell population, as these had a significant overlap with SOX2<sup>+</sup> cells in vivo (Fauquier et al. 2008; Andoniadou et al. 2013). We purified this population from transgenic mice expressing S100 $\beta$ -GFP and found that plating GFP-positive and -negative cells resulted in the enrichment in colonies forming in the GFP-positive compartment. Since this property lies solely within the SOX2-positive cells in our assay (Andoniadou et al. 2013), pituitary stem cells are likely to be enriched within the double-positive population. Double SOX2/S100 $\beta$  are located along the marginal zone, the epithelium lining the remnants of Rathke's pouch lumen, and also in

the parenchyma of the anterior pituitary, often in groups distributed amongst hormone-secreting cells. We isolated SOX2 cells expressing GFP from these two regions by microdissection, and demonstrated that their in vitro clonogenic potential did not differ between the two locations (Andoniadou et al. 2012). Recent studies from rat have revealed that double-positive SOX2<sup>+</sup>/S100β<sup>+</sup> cells may be further refined through in vivo expression of the gene *Cxadr*, which codes for coxsackievirus and adenovirus receptor (CAR; Chen et al. 2013). Furthermore, expression of E-cadherin and the juxtacrine factor ephrin-B2 reportedly define SOX2<sup>+</sup>/S100β<sup>+</sup>/CAR<sup>+</sup> cells, both in the marginal epithelium and throughout the parenchyma (Chen et al. 2013; Yoshida et al. 2015). Analysing the side population, the Vankelecom group (2010) also reported enrichment in ephrin-B expression in this stem cell-rich compartment; together the data suggested that ephrin-B expression was a hallmark of the population containing PSCs.

## The Long-Term Maintenance of the Anterior Pituitary

Until recently, evidence to support that cells in the pituitary could act as stem cells in vivo was lacking. This evidence has now been provided through genetic tracing of SOX2<sup>+</sup> cells, enabled by the generation of inducible mouse strains expressing CreERT2 under the regulation of the SOX2 promoter, where Cre recombinase is expressed in SOX2<sup>+</sup> cells but will not be active until the administration of tamoxifen, allowing temporal control of recombinase action (Andoniadou et al. 2013; Arnold et al. 2011). We lineage traced cells expressing *Sox2* both during gestation and postnatally (Andoniadou et al. 2013). Similarly, the Lovell-Badge group traced *Sox2*-expressing and *Sox9*-expressing cells from embryonic stages (Rizzoti et al. 2013). In all cases, these populations gave rise to all committed progenitor cell types (PIT1, TPIT, SF1) and hormone-secreting cells of the anterior lobe (GH, PRL, TSH, ACTH, LH/FSH). A similar capacity by both SOX2<sup>+</sup> and SOX9<sup>+</sup> populations is not surprising since *Sox2* and *Sox9* are co-expressed in the majority of cells from late embryonic stages (Rizzoti et al. 2013). What remains unknown is the extent of heterogeneity within this population. Our assay does not distinguish if a SOX2<sup>+</sup> cell capable of proliferation is multipotent or if there are several distinct oligopotent SOX2<sup>+</sup> sub-populations that collectively cover the different populations. It is, however, able to demonstrate that the population of SOX2<sup>+</sup> cells is long-lived and does not become depleted over time, something that would be expected of a transit-amplifying progenitor population. We activated CreERT2 in postnatal SOX2<sup>+</sup> cells, enabling expression of *R26R-EYFP*, and traced the cells for six months. We assessed the clonogenic potential of EYFP<sup>+</sup> cells at the end of this period, i.e., the SOX2<sup>+</sup> cells as well as their derivatives. We flow sorted for EYFP expression and cultured the positive and negative populations under adherent clonogenic conditions. Even after six months, the majority of cells with clonogenic potential (subpopulation of SOX2<sup>+</sup>) resided within the EYFP<sup>+</sup> fraction, indicating either that SOX2 cells were long-lived, hence persisting long-term after initial

labeling, or that the pool of SOX2<sup>+</sup> cells was maintained through self-renewal. Importantly, it excluded the possibility that the SOX2<sup>+</sup> pituitary stem cell pool became depleted. Immunofluorescence staining confirmed that, even after a year of tracing following tamoxifen administration, EYFP<sup>+</sup> cells included SOX2<sup>+</sup> uncommitted cells. The above experiments relied on repeated administration of a high dosage of tamoxifen to ensure that the majority of SOX2<sup>+</sup> cells were initially labelled. We have further analysed the behaviour of SOX2<sup>+</sup> cells by labelling sparse cells through low dosage administration. The above experiments demonstrate the presence of a long-lived population that retains pituitary stem cell properties throughout normal life. Ongoing efforts focus on the signals that regulate activity of this stem cell compartment and on how the potential of PSCs is maintained during life.

## Stem Cells and Pituitary Tumours

Similar to organ-specific stem cells, analyses of many tumours and cancers have revealed the presence of multipotent cells, which are often thought to drive tumour formation. Many of the properties of ‘cancer stem cells’ (CSCs) are shared by normal tissue-specific stem cells: slow cycling status, self-renewal and differentiation capacity and even resistance to cytotoxic drugs. For some tumours, it has been shown that normal stem cells are transformed into CSCs when targeted to express oncogenic proteins. For example, intestinal crypt stem cells transform into CSCs when the WNT/ $\beta$ -catenin pathway is over-activated (Barker et al. 2009; Zhu et al. 2009). However, progenitor cells or even differentiated cells could give rise to cells fulfilling CSC criteria upon transformation (Valent et al. 2012; Clevers 2011). Several groups have reported the presence of putative CSCs in human pituitary adenomas and from mouse pituitary tumour models (Chen et al. 2014; Xu et al. 2009; Donangelo et al. 2014; Lloyd et al. 2013; Mertens et al. 2015; Orciani et al. 2015; van Rijn et al. 2013; Yunoue et al. 2011; Hosoyama et al. 2010). It remains unknown if CSCs arise from PSCs, although their properties can be similar; for example, both are capable of in vitro self-renewal and differentiation and PSCs are likely to be chemoresistant like CSCs, since PSCs are found within the ‘side population’ generated by dye efflux, utilising the same transporter properties as chemoresistance (Chen et al. 2009).

In our quest to determine if PSCs are transformed to CSCs following expression of an oncogenic protein, we uncovered a non-cell autonomous role for these cells in tumour formation through the expression of paracrine factors that promote tumour formation by a different cell population. We focused on mutations in *CTNNB1*, the gene encoding  $\beta$ -catenin; these mutations have been identified in numerous tumours and in the pituitary, identified in the majority of adamantinomatous craniopharyngioma (ACP) tumours (Buslei et al. 2005). ACPs are aggressive tumours with a tendency to infiltrate the brain, vascular structures and optic tracts (Muller 2014). They represent the most common pituitary tumour type in children and are

mostly paediatric (Muller 2013). The mutations responsible for the generation of ACP activate the WNT/ $\beta$ -catenin pathway by preventing the degradation of  $\beta$ -catenin and resulting in its accumulation (Martinez-Barbera 2015). A hallmark of ACP is the presence of small cell clusters that strongly accumulate nucleocytoplasmic  $\beta$ -catenin, as revealed by immunohistochemistry (Buslei et al. 2007; Hofmann et al. 2006). We expressed this mutation embryonically throughout the developing pituitary primodium, from the early specification of Rathke's pouch using the *Hesx1-Cre* driver. *Hesx1*<sup>Cre/+</sup>; *Ctnnb1*<sup>lox(ex3)/+</sup> animals develop tumours very similar to human ACP and contain the hallmark  $\beta$ -catenin-accumulating cell clusters that activate the WNT/ $\beta$ -catenin pathway (Gaston-Massuet et al. 2011). We assessed the mouse tumours for the presence of cells reminiscent of CSCs, which have self-renewal and differentiation properties in vitro, and found an increase of clonogenic cells, up to three times the number compared to normal pituitaries (Gaston-Massuet et al. 2011). These cells expressed markers of stem cells such as *Sox2*; however, immunofluorescence experiments showed that these predominantly co-localised within the  $\beta$ -catenin-accumulating clusters. This population of SOX2<sup>+</sup> cells was expanded compared to normal numbers. In an effort to identify if these cells acted as CSCs in this neoplasm to generate the tumour mass, we pursued a different approach. We expressed the oncogenic  $\beta$ -catenin specifically in SOX2<sup>+</sup> stem cells of postnatal pituitary glands using a mouse model where timing of expression of the oncogenic protein is dependent upon administration of tamoxifen (*Sox2*<sup>CreERT2/+</sup>; *Ctnnb1*<sup>lox(ex3)/+</sup> mouse model). This approach resulted in tumours that were similar to human ACP and the previous embryonic model (Andoniadou et al. 2013). The advantage of this approach was that it allowed us to lineage-trace the fate of the PSCs carrying the oncogenic mutation and determine their contribution to the tumour mass. As done previously for normal PSC lineage tracing, SOX2<sup>+</sup> cells were targeted simultaneously to oncogenic  $\beta$ -catenin and EYFP, allowing identification of daughter cells derived from the mutated SOX2<sup>+</sup> PSCs (*Sox2*<sup>CreERT2/+</sup>; *Ctnnb1*<sup>lox(ex3)/+</sup>; *R26*<sup>EYFP/+</sup>). These experiments confirmed that the typical cell clusters derived from SOX2<sup>+</sup> cells but, intriguingly, they revealed that the bulk of the tumour mass did not. Therefore, mutated SOX2<sup>+</sup> PSCs were not transformed into CSCs by oncogenic  $\beta$ -catenin; instead, the cell clusters that they generated were found to have the capacity to induce tumours through paracrine signalling (Andoniadou et al. 2013). Through isolating the cluster cells and performing gene expression analyses, we identified that they expressed a vast array of growth factors, chemokines and cytokines including members of the TGF, FGF and PDGF families of growth factors among many others. These cells could therefore act as signalling centres, likely changing the microenvironment and facilitating tumorigenesis (Andoniadou et al. 2012, 2013). An observation that was indicative of the potential of these cluster cells was that actively proliferating cells, as marked by immunofluorescence of Ki67, were readily detected in close proximity to the cell clusters in both mouse and human ACP (Gaston-Massuet et al. 2011). Several of the identified cytokines and growth factors have been shown to play a role in normal pituitary physiology as well as in pituitary adenomas (Arzt et al. 1999, 2009; Graciarena et al. 2004). Future work aims to reveal the

mechanisms whereby cell clusters may induce paracrine cell transformation and promote tumour growth as well as the cell of origin of the ACP tumour mass. Taken together our data reveal that pituitary gland stem cells have the potential to contribute to tumorigenesis when mutated. In the case of ACP, they can instigate tumour formation in a non-cell autonomous manner, but this does not preclude the possibility of them acting as CSCs in other tumours.

Further research will better characterise PCS to reveal their defining features and potential as well as the mechanisms that regulate their activities, which can only enhance our ability to understand their possible role in disease and future regenerative medicine approaches, leading to more effective prognoses and treatments.

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