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Ecoregional distribution of potentially useful species of Araceae and Bromeliaceae as non-timber forest products in Bolivia

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Abstract In Bolivia, the plant families Araceae and Bromeliaceae offer numerous non-timber products, including ornamental plants, medicines, foods, and fibers. The economic potential for the utilization of these resources depends critically on the distribution of potentially useful species in different ecoregions in Bolivia. We conducted both a bibliographical revision of uses and ecological field work at 43 sites in the Bolivian Andes and lowlands to assess the potential for sustainable use as suggested by the Rapid Vulnerability Assessment method. The ecological criteria used for the evaluation were abundance (frequency), life form, geographical distribution, and habitat preference. We found that Bolivia has a striking number of potentially useful species of both families but that their potential use differs among ecoregions. Araceae were most species-rich and frequent in the humid lowland and montane forests. In these ecoregions, this family has a particular local importance mainly as traditional medicines and a great potential as ornamental plants. In contrast, economically useful bromeliads are best represented in seasonally dry forest habitats, especially for the production of fibres. Many species of bromeliads, which also occur in humid montane forests, although rare, are potentially important for commercialisation as ornamental species. This study shows that the uses of Araceae and Bromeliaceae are manifold and could be greatly increased through efficient management, although with different strategies according to the different ecoregions.

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Introduction

In the face of the ongoing unabashed destruction and degradation of tropical forests, one of the most promising approaches to their conservation appears to be the harvest of non-timber forest products by the local inhabitants (Peters et al. 1989; Phillips et al. 1994; FAO 1995, 1996; Villalobos and Ocampo 1997). Millions of people worldwide depend on the harvest of non-timber forest products for their livelihoods (Vedeld et al. 2004), as these products include, e.g., food, traditional medicines, construction materials, and fibers (De Beer 1990; Akerele et al. 1991; Panayotou and Ashton 1992; FAO 1995; Belcher 2003). Their commercialization can ideally provide an economic incentive for the preservation of the forests, but the viability of this depends on the production systems employed and the extraction intensity (Villalobos and Ocampo 1997; van Weezendorp and Oldenan 2002; Belcher et al. 2005). Experiences with non-timber forest products have been mixed, largely due to difficulties of sustainable harvesting, the economically unviable commercialization of little-known products, and the lack of biological and ecological information on many potentially useful species (Panayotou 1990; Belcher and Schreckenberg 2007). Some methods have been developed to fill the gap of information, such as the Rapid Vulnerability Assessment (RVA) (Watts et al. 1996; Wild and Mutebi 1996). This method uses not only relevant ecological data, but also integrates indigenous information about harvesting, demand, and traditional conservation practices.

While such economically useful families as Poaceae, Fabaceae and Arecaceae are relatively well-known and frequently used, it has been recommended to increase the diversity of plant resources to make their management more attractive and viable (Panayotou 1990). In this sense, more research and practical experience is necessary on families with somewhat lower profile, such as Araceae and Bromeliaceae. Aroids are appreciated mainly as horticultural plants with hundreds of species and cultivars, the most popular being the flamingo flower (*Anthurium andraeanum*). Least explored is their great potential as medicinal plants. Only some species are known and used for their numerous medicinal properties, compared to the abundant information accumulated for many other species with traditional uses (Plowman 1969; Vickers and Plowman 1984; Bown 1988; Correa and Bernal 1989; Evans and Raffauf 1990; Bennett 1995; Lacaze and Alexiades 1995; Alexiades 1999; Quenevo et al. 1999; Bourdy et al. 2000). A few species are cultivated as food, such as taro (*Colocasia esculenta*) and tannia or tania (*Xanthosoma sagittifolium*), which are staple crops in many areas, but only reserve and subsistence food in others (National Academy of Sciences 1975; Hernández and León 1992). In addition, aroids provide toxins and natural pesticides, dyes and crafts, thus increasing their economic and cultural importance (Plowman 1969; Toursarkissian 1980; Bennett 1995; Sandoval et al. 1996).

Although Bromeliaceae have several species that yield edible fruits, only the pineapple (*Ananas comosus*) is economically important as a food plant (Benzing 1980; Bennett 2000). Fibers from several species are one of the principal products yielded by bromeliads, which form an important income in rural areas (VAIPO 1999, 2000; Ticktin 2002). Several bromeliads have traditional medicinal uses but only for few species this value has been proven. The most important product is bromelain extracted from the fruit of pineapple and

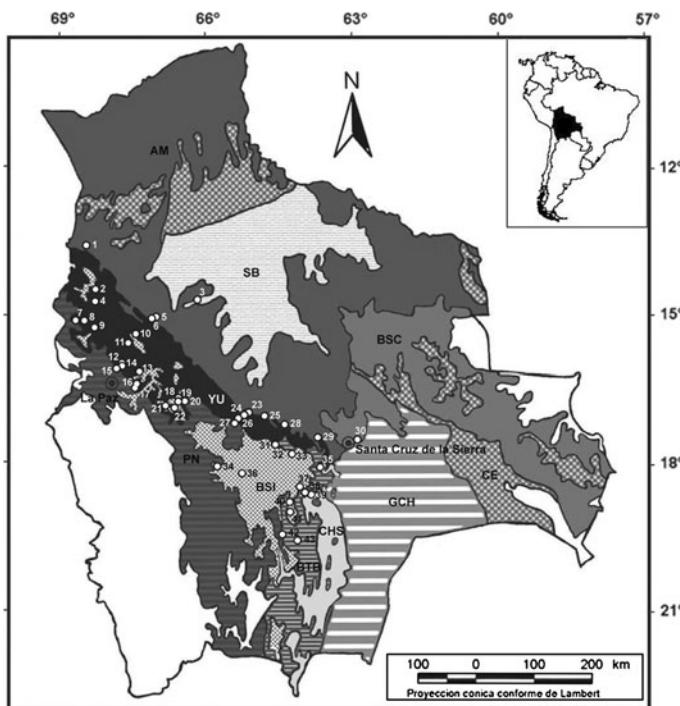


Fig. 1 Map of Bolivia showing the distribution of the ten major ecoregions modified after Ibisch et al. (2003) and the study sites (white dots). *AM* amazonian rain forest, *BSI* seasonally deciduous inter-Andean forest, *BSC* seasonally deciduous Chiquitano forest, *BTB* subtropical Tucumano-Boliviano forest, *CE* Cerrado of the Brazilian shield, *CHS* seasonally deciduous montane Chaco forest, *GCH* Gran Chaco thorn forest, *PN* humid northern Puna, *SB* seasonally flooded savanna, and *YU* humid montane Yungas forest

some other bromeliad species (Benzing 1980; Bennett 2000). This is a proteolytic enzyme similar to papain from *Carica papaya*, currently being marketed by William Rorer, Inc. as *Ananase* to treat inflammation and related pain. Similar to aroids, bromeliads have numerous wild and cultivated horticultural species. Other uses include dyes, forage, fuel, and water purification, while some species are used as living fences (Martínez-Crovetto 1964; Arenas 1981, 1997; Marzocca 1993; Camacho and Martín 1998; Ríos and Khan 1998; Bennett 2000).

Bolivia, located in the center of South America, includes representative examples of most major terrestrial biomes present on this continent, ranging from tropical rainforest to thorny Chaco scrub and the arid Puna of the high Andes (Ibisch et al. 2003) (Fig. 1). It is an important center for the origin of domestic plant species and of wild relatives of many important food plants, such as potatoes (*Solanum* spp.), groundnuts (*Arachis* spp.), cassava (*Manihot esculenta*), beans (*Phaseolus* spp.), and hot peppers (*Capsicum* spp.) (Beck 1998).

The rural population in many parts of the country still actively uses the natural flora as sources of human and animal foods, medicines, construction materials, and fibers. Therefore, much information on the potential uses of many native species can be gathered (Boom 1987). Bolivia has about 135 species of Araceae (Kessler and Croat 1999; Croat and Acebey 2005) and approximately 323 species of Bromeliaceae (Krömer et al. 1999;

Krömer, unpublished data). Compared to other plant groups, both families have a good status of knowledge in Bolivia due to intensive research on their distribution, diversity, and ecology in recent decades (Ibisch 1996; Bach et al. 1999; Ibisch and Vásquez 2000; Kessler and Krömer 2000; Acebey and Krömer 2001; Kessler 2001, 2002; Krömer et al. 2005, 2006, 2007).

The aim of this study was to gather information on the potential use of species of Araceae and Bromeliaceae in Bolivia for the different ecoregional units of the country. The underlying question was how the potentially useful species of these plant families are distributed in different ecosystems, as a guideline for the prioritization of regional activities aimed at developing their economically and ecologically sustainable use. Because the major ecoregions differentiated here occur throughout the Neotropics, this study is of relevance for the entire continent.

Materials and methods

A thorough literature search, including numerous unpublished reports, was conducted to compile information on past and current uses of the native species of Araceae and Bromeliaceae in Bolivia, as well as for other neotropical countries (Acebey 2003). A full list of references is available from the first author on request. A total of 74 aroid and 83 bromeliad species were classified into six broad categories of human uses (ornamental, medicinal, food, construction/crafts, fiber production, multipurpose). Since many of these species have more than one use, multiple counts are possible. We defined multipurpose species as those with three or more uses.

Ecological data based on practical criteria to assess the potential for sustainable use as suggested by the RVA method (Watts et al. 1996) were considered. Such criteria are abundance (frequency), life form, geographical distribution, and habitat preference. The data for species was obtained from field studies conducted at 43 sites in the Bolivian Andes (Fig. 1) by Kessler and collaborators (Kessler 2001, 2002). At each site, 8–24 non-permanent plots of 400 m² each were established, in which all present species of Araceae and Bromeliaceae were recorded together with their growth habits. We categorized these as terrestrial, epiphytic below 2 m, and epiphytic above 2 m. The cover of each species on the ground (terrestrials) or on the trunks and branches (epiphytes) was estimated according to a modified Braun-Blanquet scale (+ = rare, 1 = 1–5% cover, 2 = 6–25%, 3 = 26–50%, 4 = 51–75%, 5 = 76–100%) (for further details see Kessler and Bach 1999; Kessler 2001, 2002). Since most species records showed low cover values (+, one), we used their frequency, i.e., the percentage of plots at a given study site in which the species was recorded, as a measure of the abundance of the individual species. Species with frequencies >50% were considered to be common and of potential economic interest. Habitat preferences were evaluated and classified in two artificial groups as with and without preferences. Species with preference were all detected in one of the following habitats: (a) natural zonal forest, (b) secondary vegetation, and (c) special habitats (vegetation in ravines, on rock faces, ridges). Species without preferences were found in at least three habitats in different combinations in between, including those growing in zonal and secondary vegetation.

In addition, existing knowledge of the geographical distribution based on Missouri Botanical Garden's Tropicos database was analyzed for all species and categorized as follows: endemic, narrow distribution (two or three countries), and wide distribution (four to more countries). Information for the Chiquitano forest and the Gran Chaco was extracted

Table 1 Major Bolivian ecoregions recognized in the present study (modified after Ibisch et al. 2003)

Abbr.	Ecoregions	Mean annual precipitation (mm)	Number of arid months	Elevational range (m)
YU	Humid montane Yungas forest	1500–6000	0–2	1000–4200
AM	Amazonian rain forest	1000–7000	0–3 (2–5)	100–500
SB	Seasonally flooded savanna	700–5500	0–5 (2–8)	100–200
CE	Cerrado of the Brazilian shield	600–2100 (2600)	2–8 (0–4)	120–1100
BTB	Subtropical Tucumano-Boliviano forest	700–2000	3–5	800–3900
PN	Humid northern Puna	400–1000 (1600)	3–6	3800–4000
BSC	Seasonally deciduous Chiquitano forest	600–2300	3–8	100–1400
CHS	Seasonally deciduous montane Chaco forest	700–1000	6–7	700–2000
BSI	Seasonally deciduous inter-Andean forest	<500–700	6–8 (−10)	500–3300
GCH	Gran Chaco thorn forest	400–900	6–10	200–600

from Fuentes (1997) and Navarro et al. (1998), since we ourselves did not conduct fieldwork in those regions.

Species and study sites were categorized and assigned to ten major biomes of Bolivia following Ibisch et al. (2003) (Fig. 1, Table 1). These ecoregions are defined by humidity and temperature ranges, and are arranged by ascending number of arid months in Figs. 2, 3, 4 and 5.

Results

The number of species per ecoregion showed a very clear pattern in Araceae, with by far most species present in the most humid vegetation types, especially Amazonian forest and the humid montane Yungas forest of the eastern Andean slope (Fig. 2). In both regions, hemi-epiphytic species made up roughly half of all species. In some of the dryer vegetation types, such as Chiquitano and Tucumano-Bolivian forest, terrestrial species were dominant (Fig. 2). The absolute and relative number of species with high frequency was highest in Amazonian and Yungas forest, but very low in all other ecoregions. Useful aroids have mostly a wide geographical distribution (Fig. 3), several of these even reaching into Mesoamerica. In the Amazonian region, Chaco, and inter-Andean valleys they mainly showed no clear habitat preferences, whereas in the humid regions such as Yungas, Tucumano-Boliviano and savannas, they showed marked preferences for certain habitats (Fig. 4). The predominance of useful species in the more humid vegetation types (Fig. 5) was especially pronounced for ornamental, medicinal, and food plants. Species providing construction materials and multipurpose species, on the other hand, also showed a notable number of species in some arid regions, such as the Chiquitano forest.

For bromeliads, the pattern was more variable, with highest species richness in the humid montane Yungas and dry inter-Andean forest, followed by Amazonian and Tucumano-Bolivian forest (Fig. 2). Epiphytic species were generally most common, and their frequency was highest in the dry vegetation types and relatively low in the Amazonian. In contrast to the aroids, useful bromeliads had a more restricted geographical distribution.

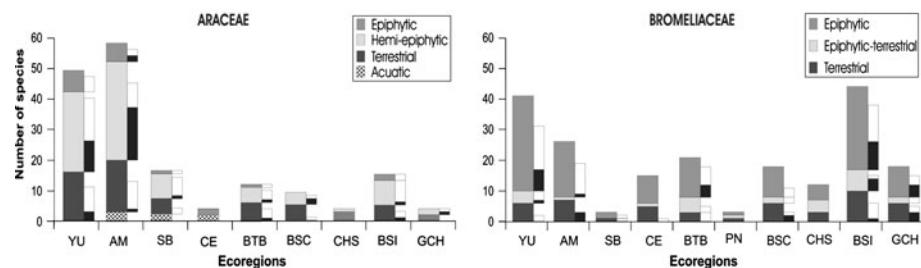


Fig. 2 Total species number and number of species in major life form categories (broad bars) as well as frequency (narrow bars) of economically useful Araceae and Bromeliaceae in Bolivia according to ecoregions (arranged by ascending number of arid months). The narrow bars distinguish frequent (black, recorded in >50% of all study plots), infrequent (white, <50%) and rare species (no bars, not recorded by us) per life form category. Ecoregions are arranged by ascending number of arid months, their abbreviations follow Table 1

Fig. 3 Proportion of the current geographical distribution of useful species of Araceae ($n = 74$) and Bromeliaceae ($n = 83$). Classified into *endemic*: only one country (Bolivia), *narrow*: two or three countries, and *wide*: more than four countries

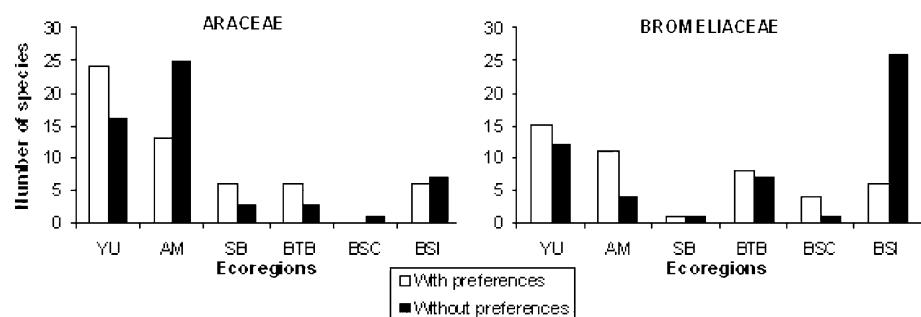
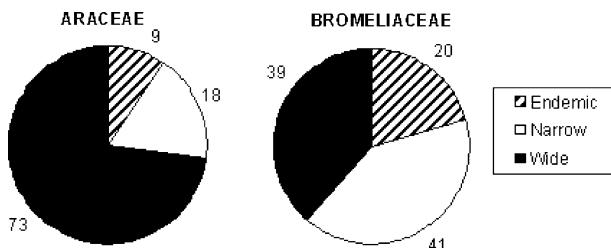


Fig. 4 Habitat preferences of useful species of Araceae and Bromeliaceae in six ecoregions of Bolivia. Ecoregions are arranged by ascending number of arid months, their abbreviations follow Table 1

While the proportion of widely and narrowly distributed species is more or less similar, the number of endemic species is significant (Fig. 3). In general, bromeliads showed preferences for certain habitats in most of the ecoregions studied, although almost no preferences were found in the dry inter-Andean valleys (Fig. 4). Ornamental species were well represented both in the humid montane and dry inter-Andean forests. Medicinal, multi-use, fiber-producing, and food species were most species-rich in the dry forests of the inter-Andean valleys such as the Gran Chaco and the Chiquitano forest (Fig. 5). Species used as food sources were also well represented in Amazonian forests.

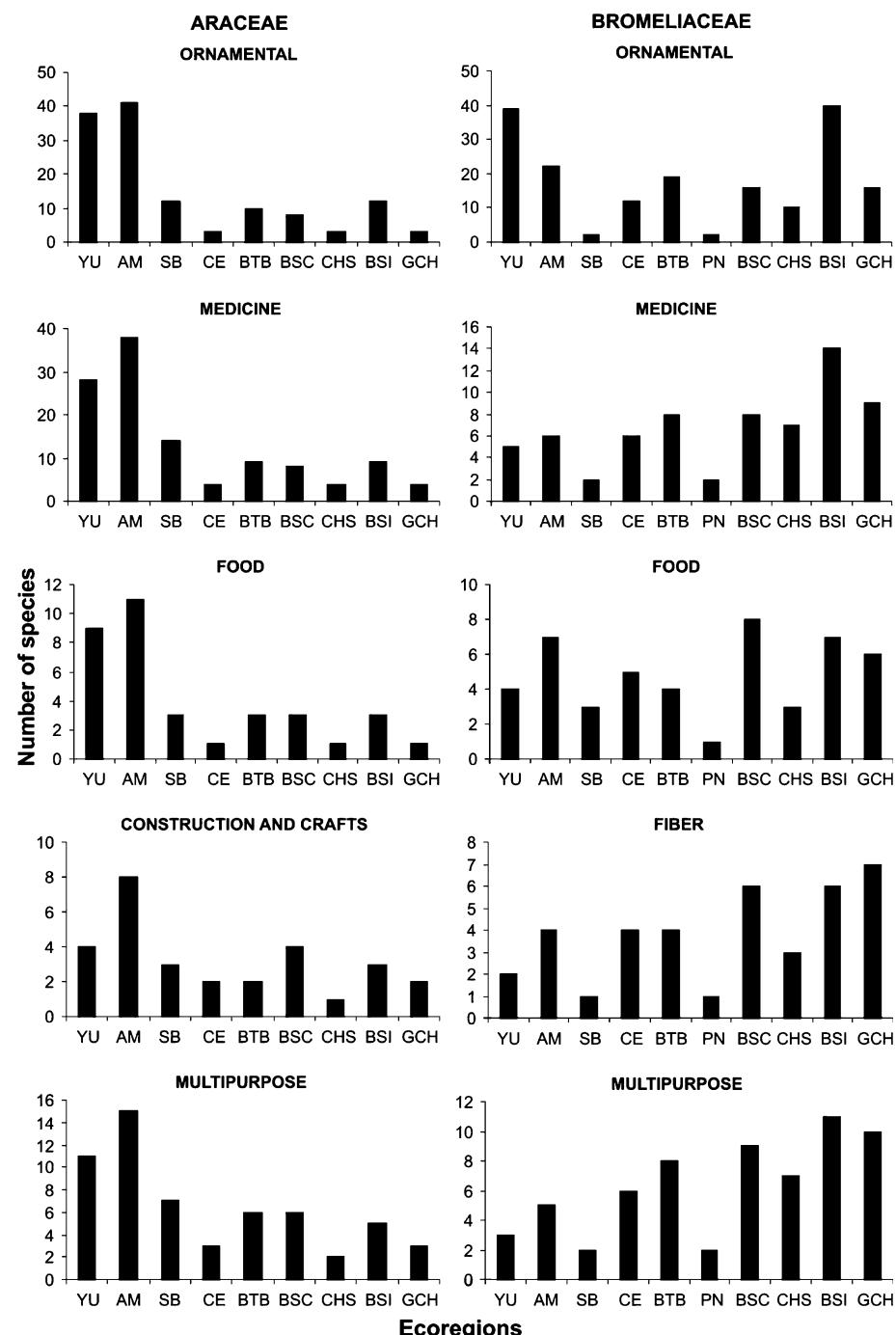


Fig. 5 Number of economically useful species of Araceae and Bromeliaceae in ten ecoregions of Bolivia. Multiple counts are possible. Multipurpose species contain those with more than three uses. Ecoregions are arranged by ascending number of arid months, their abbreviations follow Table 1

Discussion

Bolivia has a striking number of potentially useful species of Araceae and Bromeliaceae, which can provide many non-timber forest products. Both families show distinct distribution patterns and ecological features indicating, thus, that their economic potential may differ among ecoregions.

Araceae were most species-rich and most frequent in the humid lowland and montane forest. This pattern is in accordance with their overall richness pattern (Valencia et al. 1994; Kessler and Croat 1999). Particularly, aroids with medicinal properties have a wide distribution and, for this reason, it is not surprising that this family is considered as one of the most commonly used liana and climbing plant families (Bennett 1992, 1995). Some species, particularly those of *Monstera*, *Syngonium*, and *Philodendron*, which are most diverse in the lowlands, may be abundant in weedy situations (open habitats, road sides, fence rows, plantations) as a possible result of pre-adaptation to such conditions (Croat 1988). When comparing tropical lowland fallows with adjacent mature forests, species richness of aroids showed no reduction (Krömer and Gradstein 2003). Our study shows that the species of aroids most suitable for sustainable utilization are principally located in the Amazonian region. In other regions where species are less frequent, more specialised, and with a narrower distribution, their exploitation may be harmful for the natural populations and, hence, not feasible on a sustainable basis. Ecosystems with more diverse habitats, numerous plant species, and variable life forms, such as montane forests, are generally more vulnerable to human use (Wild and Muteti 1996).

For medicinal uses, in many cases only certain plant parts (leaves, stems, or sap) are harvested, a practice that allows the survival of the plant and, consequently, has less impact on natural populations (Watts et al. 1996; Ticktin 2004). Since these plants are mostly hemi-epiphytes, their harvesting is straightforward. In contrast, the gathering of aroid roots as sources of construction material is complicated by the fact that these species usually grow high in the canopy. At present, the potential of Araceae as ornamental plants is very little understood in Bolivia, in contrast to the existing high number of species, especially hemi-epiphytic species, that can be easily propagated.

Unlike the aroids, potentially useful bromeliads are best represented in seasonally dry forest habitats, with the exception of ornamental species, which also occur in humid montane forests, even though they tend to be rare there and are probably best cultivated for commercialisation rather than relying on collecting from natural populations (Acebey et al. 2007). One of the first requirements for the sustainable use of bromeliads is that they are present in large populations (Wolf and Konings 2001). Ideally, time-consuming case studies of density are needed for each species, but we may use some indirect indicators such as frequency to estimate species abundance. In general, we found that bromeliads of inter-Andean forests are more frequent and have a relatively wider distribution and fewer preferences for specific habitats. Therefore, they may be more suitable for the sustainable use of natural populations than species of humid forests. However, more detailed studies at the species level are needed to identify specific guidelines for a long-time use. For example, it might be advisable to only gather abundant and spatially homogeneously dispersed species, and to harvest at the lower parts of the trees (Wolf and Konings 2001). Most likely, the bromeliads of dry Chaco and Chiquitano forest have similar ecological characteristics to those in the inter-Andean forests and the same implications for sustainable use.

The use and commercialisation of products from the Bromeliaceae family is more popular in drier than in humid regions, due to the presence of some multipurpose species.

Particularly, the production of handicrafts based on the fibres of *Bromelia serra*, *B. hieronymi*, and *Pseudananas sagenarius* is a locally important economical activity in the Chiquitano and Chaco regions, providing an additional income of about 20 US\$ per year per involved family (VAIPO 1999, 2000). Terrestrial species, such as *B. serra*, *P. sagenarius*, and *Aechmea distichanta* are locally very frequent and abundant, and thrive in secondary and disturbed vegetation (Acebey 2003). Therefore, these species may represent an important economical source in forest areas that are otherwise fairly devoid of natural plant resources (at least once the valuable timber trees have been extracted, as is already the case in most of Bolivia). Furthermore, their terrestrial growth in large colonies allows efficient gathering and makes these species less vulnerable, as shown for *Aechmea magdalena* in Mexico, which can tolerate higher levels of harvest (Ticktin 2004). Some additional benefits obtained from these plants, such as fruits, seeds, and vegetative shoots, are usually only consumed locally and have not been commercialised (Hilgert 1999). Some fruits may be important genetic resources of wild species that actually are little-known, such as relatives of the pineapple (*A. comosus*). Traditional medicinal species of the Bromeliaceae mostly belong to the genera *Bromelia* and *Tillandsia*, however, no detailed studies exist. Unfortunately, the harvest of vegetative shoots for food and roots for medical treatments is not sustainable because this completely eliminates individual plants.

In conclusion, we found that Araceae and Bromeliaceae have a considerable local, regional, and national potential providing non-timber forest products. International commercialisation may only be feasible for certain and very common ornamental species and for handicrafts that can be successfully sold, e.g. via the Internet. Strikingly, the potential use for Bromeliaceae is clearly highest in seasonally dry forest ecoregions, both in the lowlands (Chiquitano, Chaco forest) and in the Andes (inter-Andean dry forest). These habitats are usually given less conservation importance than the overall more species-rich humid forests (Amazonia, Yungas humid Andes). Due to their more favourable living conditions, however, seasonally dry forest regions are much more densely inhabited by humans and have suffered more extensive habitat destruction. In this context, the high frequency of potentially useful bromeliads even in disturbed habitats is encouraging. While the production and commercialisation of handicrafts is certainly limited by market needs, we believe that efficient marketing may greatly increase the economical value of these resources. It might, for example, be possible to establish hammocks and bags made from bromeliad fibres alongside the popular alpaca pullovers as tourist souvenirs. In contrast, the Araceae, which occur mainly in humid forest regions, are of particular local importance. A wider commercialisation of these resources in a profitable way is unlikely, but a more efficient use may increase the livelihood of local human populations. Evidently, the uses of Araceae and Bromeliaceae are manifold and could be greatly increased through efficient management, with different strategies for the two plant families in the different ecoregions.

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