

Impaired autoregulation of the glomerular filtration rate in patients with nondiabetic nephropathies

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Impaired autoregulation of the glomerular filtration rate in patients with nondiabetic nephropathies.

Background. The ability of the kidney to maintain constancy of the glomerular filtration rate (GFR) over a wide range of renal perfusion pressures is termed autoregulation. Defective autoregulation of GFR has been demonstrated in diabetic nephropathy. Whether this is also the case in patients with nondiabetic nephropathies is not known.

Methods. We investigated the effect of acute lowering of blood pressure (BP) on GFR in 16 (8 males and 8 females) albuminuric subjects suffering from different nondiabetic nephropathies and in 14 (7 males and 7 females) controls matched with respect to sex, age, BP, and baseline GFR. The subjects received in random order an intravenous injection of either clonidine (150 to 225 µg) or saline (0.154 mmol/liter) within two weeks. We measured GFR (^{51}Cr]-EDTA), albuminuria (enzyme-linked immunosorbent assay; ELISA), and BP (Takeda TM-2420).

Results. Clonidine induced similar reductions in mean arterial BP 17 (2) versus 19 (2) mm Hg [mean (SE)] in patients with nephropathy and in controls, respectively. GFR diminished in average from 89 (6) to 82 (5) ml/min/1.73 m² ($P < 0.05$), and albuminuria declined from a geometric mean of 1218 (antilog SE 1.3) µg/min to 925 (1.3) in the patients with nondiabetic nephropathies ($P < 0.05$), whereas these variables remained unchanged in the control group. The mean difference between changes in GFR (95% confidence interval) between the nondiabetic macroalbuminuric and control subjects was 6.1 (−0.03 to 12.21) ml/min/1.73 m² ($P = 0.051$).

Conclusion. Our study suggests that albuminuric patients with nondiabetic nephropathies frequently suffer from impaired autoregulation of GFR.

The ability of the kidney to maintain constancy of glomerular filtration rate (GFR) over a wide range of renal perfusion pressures is termed autoregulation [1].

Key words: albuminuria, renal perfusion pressure, glomerular filtration rate, blood pressure, autoregulation.

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We have previously demonstrated that autoregulation of GFR is defective in type 1 and type 2 diabetic patients with diabetic nephropathy [2, 3]. Furthermore, it has been shown that an initiation of antihypertensive treatment induces a faster initial and slower subsequent decline in GFR in hypertensive type 1 and type 2 diabetic patients with incipient or overt diabetic nephropathy [4–6], which may be due to a functional (hemodynamic) effect of antihypertensive treatment and/or changes in autoregulation mechanisms in patients with diabetic nephropathy [7, 8]. The same biphasic phenomenon has also been shown in patients with nondiabetic nephropathies, but the autoregulation of GFR has not been evaluated [9, 10].

Elevated blood pressure (BP) is common in patients with nephropathy and may accelerate the injuries of the glomerular capillaries because the protection against increased hydrostatic pressure and/or increased flow is diminished because of impaired autoregulation.

Therefore, the aim of our case-control study was to investigate the effect of acute BP reduction on GFR in albuminuric patients with nondiabetic nephropathies.

METHODS

We selected 16 nondiabetic subjects with albuminuria (>300 mg/24 hr). A kidney biopsy had been performed in 15 of the 16 patients, showing different types of glomerulonephritis ($N = 12$), minimal change ($N = 1$), focal glomerulosclerosis ($N = 1$), and near normal structure ($N = 1$) (Table 1). Fourteen nondiabetic normoalbuminuric subjects who matched the patients with nephropathy in respect to sex, age, and arterial BP level were studied as a control group (Tables 1 and 2).

All subjects gave informed consent to participate in the study. The study was approved by the local ethics committee and was conducted according to the principles expressed in the Declaration of Helsinki.

Three of the patients with albuminuria received anti-

Table 1. Clinical data of nondiabetic subjects with and without nephropathy

| Subjects | Sex | Age years | Time between kidney biopsy and examination years | Diagnosis | Duration of disease ^a years |
|---|-----|-----------|--|-----------------------|--|
| Patients with macroalbuminuria <i>N</i> (M/F) = 8/8 | | | | | |
| 1 | M | 33 | 0.5 | GN, epimembranous | 0.5 |
| 2 | M | 34 | 6 | GN, unclassified | 27 |
| 3 | F | 21 | 1 | GN, proliferative | 1.5 |
| 4 | F | 23 | 0.5 | GN, proliferative | 12 |
| 5 | M | 33 | 0.5 | GN, unclassified | 4 |
| 6 | M | 49 | 0.5 | GN, epimembranous | 0.5 |
| 7 | F | 59 | 1.5 | Minimal change | 3 |
| 8 | M | 50 | 0.5 | Glomerulosclerosis | 0.5 |
| 9 | M | 15 | 0.5 | GN, proliferative | 0.5 |
| 10 | F | 42 | 7 | GN, proliferative | 7 |
| 11 | F | 38 | | Not done | 2 |
| 12 | F | 29 | 1 | GN, proliferative | 1 |
| 13 | M | 31 | 9 | GN, proliferative | 9 |
| 14 | F | 49 | 2 | GN, proliferative | 30 |
| 15 | F | 44 | 17 | GN, proliferative | 18 |
| 16 | M | 51 | 7 | Near normal structure | 9 |
| Mean (SD) | | 38 (12) | | | |
| Control subjects <i>N</i> (M/F) = 7/7 | | | | | |
| 1 | F | 35 | | | |
| 2 | M | 35 | | | |
| 3 | M | 32 | | | |
| 4 | M | 32 | | | |
| 5 | F | 36 | | | |
| 6 | F | 25 | | | |
| 7 | F | 33 | | | |
| 8 | M | 50 | | | |
| 9 | M | 30 | | | |
| 10 | M | 45 | | | |
| 11 | F | 66 | | | |
| 12 | F | 32 | | | |
| 13 | F | 60 | | | |
| 14 | M | 35 | | | |
| Mean (SD) | | 39 (12) | | | |

Abbreviation GN is glomerulonephritis.

^aTime between onset of albuminuria and examination.

hypertensive treatment before the study. One was treated with β -blocker, one with bendroflumethiazid, and one with spironlacton and nifedipine. None of the controls received antihypertensive treatment.

Patients treated with antihypertensive drugs stopped the antihypertensive treatment four weeks before the first examination.

We performed a randomized single-blind case-control study. The study was performed twice within two weeks, with the subjects receiving a slow intravenous injection (10 min) of either clonidine (150 to 225 μ g; Boehringer, Ingelheim, Germany) or saline (0.154 mmol/liter) in random order.

The patients had their usual breakfast.

The GFR was measured in a four-hour period (9 a.m. to 1 p.m.) after a single intravenous injection of 3.7 MBq of Na ⁵¹Cr-labeled eidetic acid ([⁵¹Cr]-EDTA) by determining the radioactivity in venous blood samples taken at 180, 200, 220, and 240 minutes after the injection [11, 12]. The small underestimation (10%) of ⁵¹Cr-EDTA clearance versus clearance of inulin was corrected for

by multiplying EDTA clearance by 1.10 [11]. The results were standardized for 1.73 m² body surface area using the patients surface area at the start of the study. The mean coefficient of variation in GFR from day to day was 4%.

To correct for baseline/residual radioactivity, a venous blood sample was taken at each GFR determination before the injection of ⁵¹Cr-EDTA.

Patients rested supine during the entire investigation and drank approximately 200 ml of tap water per hour. BP and heart rate was measured with the Takeda TM2420 device (A&D, Tokyo, Japan) using the right arm, appropriate cuff sizes [25 \times 12 cm (upper arm circumference \leq 35 cm) and 30 \times 15 cm (upper arm circumference >35 cm)] at baseline after at least 10 minutes of rest in the supine position and every 10 minutes during the GFR measurements. The mean arterial BP (MABP) was calculated as the diastolic BP plus one third of the pulse amplitude.

Urinary albumin excretion (UAE) during the four-hour period was determined by using an enzyme-linked

Table 2. Arterial blood pressure (BP), glomerular filtration rate (GFR) and urinary albumin excretion (UAE) in nondiabetic subjects with and without nephropathy

| Subjects | BP ^a mm Hg | | GFR ^a ml/min/1.73 m ² | | UAE ^b µg/min | |
|---------------------------|-----------------------|-----------------|---|-----------------|-------------------------|-----------------|
| | Before clonidine | After clonidine | Before clonidine | After clonidine | Before clonidine | After clonidine |
| Patients with nephropathy | | | | | | |
| 1 | 130/83 (6/3) | 108/68 (4/6) | 99 | 97 | 2961 | 1942 |
| 2 | 129/76 (5/5) | 109/69 (8/5) | 121 | 102 | 726 | 477 |
| 3 | 121/68 (4/6) | 95/53 (3/3) | 107 | 73 | 964 | 255 |
| 4 | 115/70 (5/4) | 95/59 (7/4) | 100 | 87 | 804 | 1052 |
| 5 | 108/70 (5/3) | 100/69 (3/3) | 82 | 79 | 1527 | 2004 |
| 6 | 140/87 (8/5) | 121/78 (7/4) | 75 | 71 | 1417 | 1595 |
| 7 | 121/78 (5/3) | 88/59 (5/3) | 74 | 79 | 203 | 152 |
| 8 | 156/95 (5/8) | 129/84 (6/5) | 69 | 62 | 9297 | 6749 |
| 9 | 122/77 (4/6) | 108/68 (3/3) | 137 | 132 | 4825 | 6976 |
| 10 | 155/96 (1/13) | 118/84 (15/14) | 40 | 48 | 888 | 758 |
| 11 | 127/85 (8/5) | 104/71 (14/7) | 115 | 99 | 693 | 756 |
| 12 | 118/78 (8/5) | 94/66 (11/8) | 88 | 92 | 1977 | 1064 |
| 13 | 171/109 (8/6) | 127/89 (5/4) | 95 | 79 | 322 | 250 |
| 14 | 110/74 (5/6) | 96/63 (4/4) | 85 | 78 | 682 | 374 |
| 15 | 133/93 (6/4) | 104/79 (5/4) | 66 | 68 | 681 | 351 |
| 16 | 164/108 (9/4) | 118/87 (8/5) | 69 | 58 | 3932 | 2537 |
| | 133/84 (19/13) | 107/72 (12/11) | 89 (24) | 81 (20) | 1218 (1.3) | 925 (1.3) |
| | <i>P</i> < 0.01 | | <i>P</i> < 0.05 | | <i>P</i> < 0.05 | |
| Control subjects | | | | | | |
| 1 | 118/82 (3/4) | 99/71 (8/8) | 101 | 105 | 7 | 7 |
| 2 | 139/88 (5/8) | 103/65 (7/5) | 93 | 90 | 10 | 5 |
| 3 | 112/67 (2/3) | 101/64 (4/3) | 98 | 97 | 7 | 7 |
| 4 | 109/75 (2/1) | 78/52 (6/7) | 98 | 98 | 6 | 7 |
| 5 | 133/89 (5/4) | 104/76 (3/6) | 92 | 89 | 5 | 6 |
| 6 | 147/108 (3/6) | 130/93 (4/5) | 113 | 105 | 28 | 17 |
| 7 | 129/88 (5/11) | 110/75 (4/3) | 88 | 92 | 3 | 4 |
| 8 | 181/114 (4/4) | 146/97 (6/3) | 79 | 75 | 6 | 7 |
| 9 | 152/99 (7/5) | 127/83 (6/3) | 99 | 99 | 7 | 5 |
| 10 | 178/109 (8/4) | 146/99 (6/3) | 76 | 73 | | |
| 11 | 149/87 (7/5) | 108/73 (12/7) | 70 | 61 | 2 | 2 |
| 12 | 123/76 (5/7) | 94/58 (8/5) | 119 | 115 | 4 | 4 |
| 13 | 145/91 (7/4) | 115/78 (10/4) | 87 | 88 | 8 | 3 |
| 14 | 160/85 (6/6) | 117/71 (4/4) | 111 | 119 | 4 | 3 |
| | 141/89 (22/14) | 113/75 (19/14) | 95 (14) | 93 (16) | 6 (1.2) | 5 (1.2) |
| | <i>P</i> < 0.01 | | NS | | NS | |

Results are expressed as ^amean (SD) and ^bgeometric mean (antilog SE)

immunoabsorbent assay (ELISA), intra-assay variation 2.1%, and interassay variation 8.3% [13]. Residual urine was determined by an ultrasonic diagnosis apparatus (Toshiba Sonolayergraph SAL-20A; Tokyo Shibaura Electric Co., Tokyo, Japan). Morning urine was tested for bladder infection by a stix (Nepheur-Test, Boehringer Mannheim, Germany).

Statistical analysis

Normally distributed data are expressed as mean and standard deviation (SD) or standard error of the mean (SE). Values for albuminuria were logarithmically transformed and expressed as geometric mean and antilog SE because of their positively skewed distribution. All comparisons of normally distributed parameters were done with a Student's *t*-test, and intergroup comparisons were done with unpaired and intragroup comparisons

using paired design. Fisher's exact test was used to evaluate proportions or dichotomous variables. All BP measurements during the four-hour period were used to calculate the mean values and SD during each examination in each patient. The differences between the two examination were transformed into relative changes, and linear regression analysis was used to analyze for correlations. All calculations were made using SPSS for Windows (SPSS Inc., Chicago, IL, USA). A *P* value of <0.05 was considered significant (two tailed).

RESULTS

The causes of albuminuria in the nondiabetic patients are shown in Table 1. The two groups were well matched regarding age, sex, BP, and GFR (Tables 1 and 2).

Five (31%) patients with albuminuria and seven

(50%) of the controls had a baseline BP > 140/90 mm Hg ($P = \text{NS}$). In the group of patients with nondiabetic nephropathies, three had previously received antihypertensive treatment. No one in the control group had previously been treated with antihypertensive drugs. Intravenous clonidine injection induced an equal and significant reduction in MABP of 17 mm Hg and 19 mm Hg in patients with nephropathy and control subjects, respectively ($P < 0.05$; Table 2). MABP was reduced below 80 mm Hg in six (38%) of the patients with nephropathy versus four (29%) in the controls ($P = \text{NS}$). The arterial BP reduction for each patient is shown in Table 2.

Twelve out of 16 patients with nephropathy had a reduction in GFR (mean difference 7.4 ml/min per 1.73 m², $P < 0.05$) versus the control group, in which only 8 out of 14 patients had a reduction (mean difference of 1.3 ml/min per 1.73 m², $P = \text{NS}$) after clonidine injection. Seven of the patients with nephropathy had an abnormal autoregulation of GFR, that is, a more than 10% reduction in relative GFR compared with only one in the control group. The mean difference between changes in GFR (95% confidence interval) between the nephropathic and control subjects was 6.1 (\div 0.03 to 12.2) ml/min/1.73 m² ($P = 0.051$).

The reduction in GFR in the control group between subjects with and without hypertension was alike. The mean difference between changes in GFR was 1.7 (\div 3.7 to 7.2) ml/min/1.73 m² ($P = \text{NS}$).

We found no significant correlation between the relative change in mean arterial blood pressure (MABP; %) and the relative change in GFR (%) in the patients with albuminuria (Fig. 1). Three patients with nephropathy had a nearly equal relative change in MABP and GFR (Fig. 1), whereas none in the control group had a complete pressure-passive vasculature. A significant correlation between the relative reduction in MABP (%) and the relative change in albuminuria (%) was demonstrated in patients with nondiabetic nephropathies ($r = 0.55$, $P < 0.03$).

A significant correlation between the relative change in GFR (%) and baseline GFR was revealed in the group of patients with nephropathy ($r = 0.55$, $P < 0.03$).

No correlation was found between the autoregulation index [relative change in GFR (%) / relative change in MABP (%)] and the duration of kidney disease ($r = 0.09$, $P = 0.74$) nor baseline albuminuria ($r = 0.41$, $P = 0.17$) in the albuminuric patients.

Eleven out of 16 patients with nondiabetic nephropathy had a reduction in albuminuria ($P < 0.05$), and seven of these patients also had a reduction in GFR.

The relative change in GFR (%) did not correlate with the relative change in albuminuria (%). Apart from a dry mouth and sleepiness, no side-effects were observed after clonidine injection.

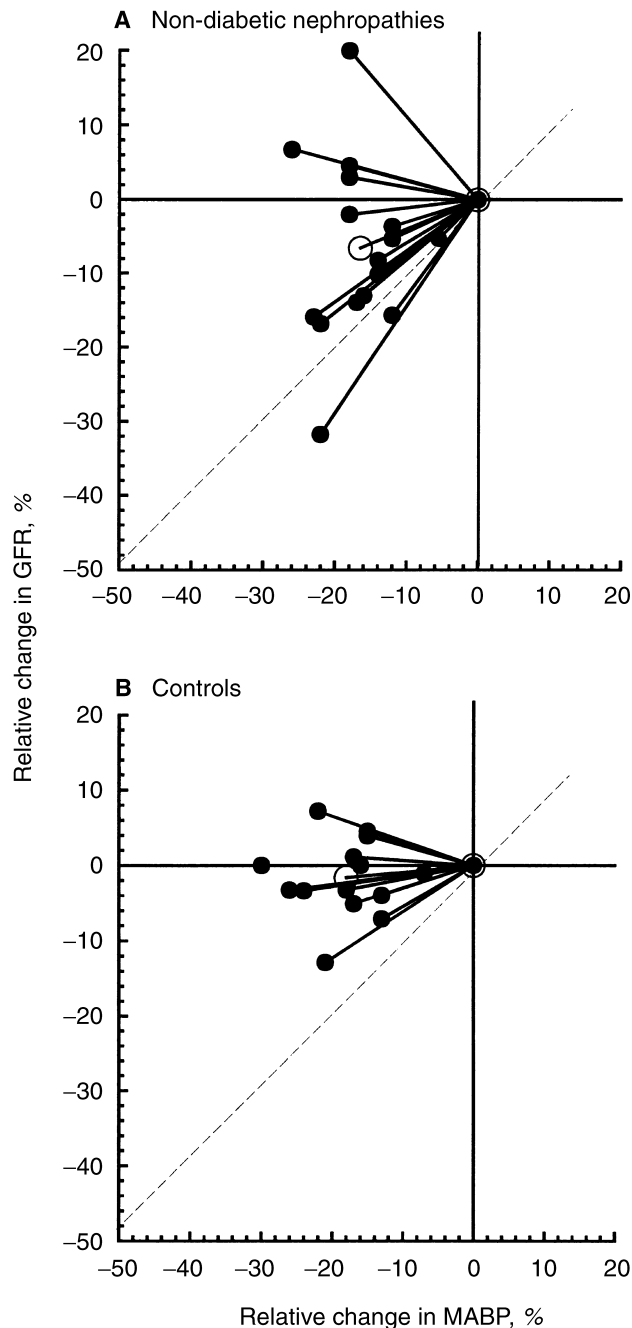


Fig. 1. Relative change in glomerular filtration rate (GFR; percentage change of control GFR) and relative change in mean arterial blood pressure (MABP; percentage change of control MABP) induced by intravenous injection of clonidine. (A) Sixteen patients with nondiabetic nephropathies (●) and their mean response (○). (B) Fourteen controls (●) and their mean response (○).

DISCUSSION

Our randomized, single-blinded case-control study shows that acute lowering of BP following an intravenous injection of clonidine reduces GFR and albuminuria in patients with different nondiabetic nephropathies. The

changes in GFR induced by acute lowering of BP revealed a wide variation in autoregulation capability ranging from normal to severely impaired. A complete pressure-passive vasculature was found in 3 out of 16 albuminuric patients [Δ MABP (%) = Δ GFR (%)], whereas none of the control subjects revealed this phenomenon. Our results suggest that the lower normal limit of the autoregulation of the kidney in normoalbuminuric nondiabetic human beings may be below the lower normal limit of autoregulation, that is, 80 mm Hg found in animal studies [1, 14–17].

We used clonidine as a BP-lowering drug because clonidine has no direct pharmacological effects on the renal vessels [18–20] and no peripheral sympathetic inhibition. Intravenous injection of clonidine in normotensive and hypertensive subjects induces a slight but insignificant reduction in peripheral and renal vein renin concentration [18, 20]. The decrease in the BP is due to diminished cardiac output, not to effects on total peripheral resistance [19, 20]. An intravenous injection of clonidine (150 to 300 μ g) to normotensive and hypertensive nondiabetic subjects induces no significant change in renal plasma flow and GFR [2, 18, 20]. The average reduction in MABP ranges from 17 to 27 mm Hg in the three studies mentioned earlier in this article. Because the relative reduction in GFR did not exceed 10% of the baseline value in any of these studies, this level was used as a cutoff for normal GFR autoregulation.

We have used the plasma clearance of ^{51}Cr -EDTA for GFR determination during the last 25 years because this method is accurate, precise (coefficient of variation 4%), and does not require frequent timed urine collections as do the classic renal clearance procedures [11, 12]. Furthermore, subjects receiving intravenous clonidine cannot stand up and void within four to five hours after the injection because of the orthostatic BP drop.

Originally, we reported defective GFR autoregulation in type 1 diabetic patients with diabetic nephropathy and in hypertensive type 2 diabetic patients with or without diabetic nephropathy also applying clonidine as a BP-lowering drug [2, 3]. In our prior studies of diabetic patients with and without nephropathy and in this study, an intravenous injection of (150 to 225 μ g) clonidine induced nearly the same reduction in average MABP in all groups, ranging from 14 to 21 mm Hg (Fig. 2). This reduction in MABP reduced significant GFR with 7 to 9 ml/min in patients with nephropathy, whereas no significant reduction in GFR was demonstrated in the normoalbuminuric groups (Fig. 2). These results suggest that autoregulation is impaired in albuminuric patients independent of the cause of albuminuria. The lack of correlation between relative change in MABP (%) and that in GFR and between the relative change in GFR (%) and that in albuminuria and between the autoregulation index and baseline albuminuria is not entirely unex-

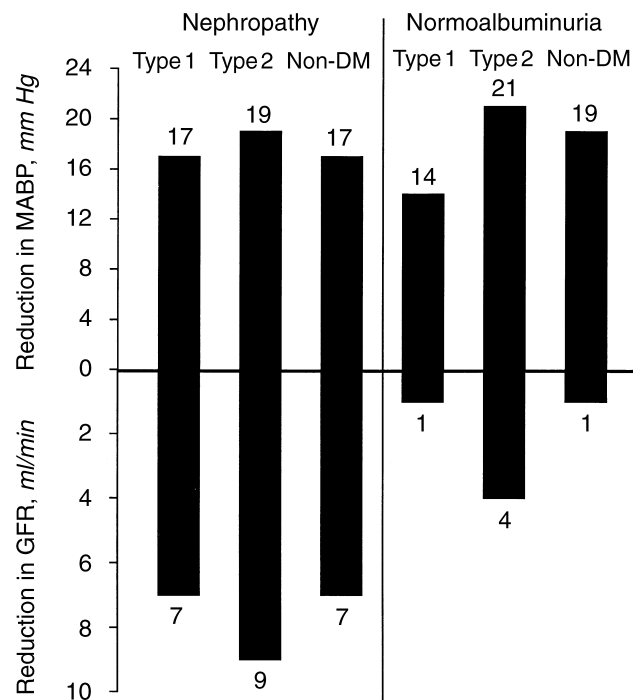


Fig. 2. Reduction in mean arterial blood pressure (MABP) and glomerular filtration rate (GFR) induced by intravenous injection of clonidine in type 1 and type 2 diabetic patients with or without nephropathy and in nondiabetic (non-DM) subjects with or without nephropathy.

pected taking into account the heterogeneous causes of proteinuria, its only partial dependence on glomerular capillary hydraulic pressure (P_{GC}), the rise in P_{GC} when systemic arterial BP drops below the autoregulatory range [21], and the rather small number of patients investigated. Furthermore, the variation in the relative change in MABP (%) between patients was rather narrow.

Experimental data indicate that when BP drops below the autoregulatory range, the efferent arteriole will constrict, thereby decreasing renal plasma flow and increasing glomerular capillary hydraulic pressure in order to maintain GFR [21]. This compensatory phenomena may have contributed to the lack of correlation, as six of the albuminuric patients (38%) had a reduction in MABP to below 80 mm Hg.

The positive correlation between the relative change in GFR (%) and baseline GFR was unexpected, but strongly depended on one patient, number 10, who had a 20% increase in GFR despite an 18% lowering of MABP ($r = 0.34$, $P = 0.22$). This correlation disappeared if patient number 10 (this patient had an increase of 20% in GFR) was excluded.

The impaired myogenic responses to pressure changes might be caused by arteriolar hyalinosis, which has been seen in biopsy specimens from kidneys with hypertensive lesions and/or diabetic glomerulosclerosis [22, 23]. Experimental studies suggest that autoregulation of GFR

is due to autoregulation of two of the main GFR determinants, that is, renal plasma flow and glomerular capillary pressure [1, 24]. The afferent arteriole plays a pivotal role in regulating glomerular capillary pressure, renal plasma flow, and, consequently, GFR [1, 25–29]. As the ability of the afferent arteriole to dilate or constrict is a critical component of the kidney's defense against changes in renal perfusion pressure, a failure of the afferent arteriole to constrict in the setting of elevated BP can lead to enhanced transmission of the systemic pressure into the glomerular capillary network, and glomerular hypertension [30–32]. This hemodynamic alteration is associated with an increase in proteinuria and an acceleration of glomerulosclerosis [24].

In our nephropathic patients, only one patient had arteriolar lesions, but lesions could have developed in some of the other patients because our study was performed 0.5 to 17 years after the kidney biopsies were performed. However, impaired autoregulation can be observed in some animal models in the absence of arteriolar hyalinosis [33–35]. Prostaglandins and the renin-angiotensin system may contribute [22, 23, 33, 36, 37], but information is as yet inconclusive [29, 37–39].

Albuminuria is the best single predictor of renal disease progression independent of the nature of the underlying disease [40]. Conversely, it is important to evaluate the effect and possible mechanisms of antihypertensive drugs on albuminuria in patients with nephropathy. We found a decrease in albuminuria induced by acute BP reduction and a significant correlation between the relative reduction in MABP (%) and the relative change in albuminuria (%), suggesting that albuminuria, to some extent, is pressure dependent, probably because of diminished glomerular capillary hydrostatic pressure, associated with the decrease in systemic arterial BP. Furthermore, some studies have shown that antihypertensive drugs, which are capable of reducing albuminuria in patients with nondiabetic nephropathies, are more renoprotective compared with antihypertensive drugs without this effect [41–45]. Studies in the 5/6 renal ablation model have revealed that glomerular transmission of hypertension plays a predominant role in the pathogenesis of progressive glomerular injury and proteinuria [46]. Furthermore, these studies stress the critical importance of an autoregulatory mechanism in such a transmission and suggest that antihypertensive agents, such as short-acting nifedipine, which adversely affects autoregulatory ability and thereby enhances pressure transmission, may not provide renoprotection despite significantly reducing systemic arterial BP.

Initiation of antihypertensive treatment induces a faster initial and a slower sustained decline in GFR in diabetic and nondiabetic patients [5, 8, 10, 47]. An acutely steep initial decline in GFR may predict a more stable decline in GFR later [10]. These findings may in

part explain the initial decline in GFR and the long-term beneficial effect of aggressive antihypertensive treatment on albuminuria and the progression of diabetic and nondiabetic nephropathies.

In conclusion, this study demonstrates that nondiabetic patients with albuminuria often suffer from defective autoregulation of GFR, making the kidney unprotected against changes in systemic BP.

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