Keywords: Therapeutic education; Self-management; SOFMER guide; Spinal cord injury; Pressure ulcer

Introduction. Pressure ulcer is the most common complication after spinal cord injury and is frequently in this population as an educational theme of predilection [1]. Therapeutic education by improving the understanding of the patients’ needs enables the team to personalize the care management offered.

Methods. The design of the ETP pressure ulcer guide was conducted according to the SOFMER methodology, i.e. constitution of a working group, literature review and best practices study. The working group included members of APF, SOFMER, PERSE and AFGAP.

Results. The guide underlines the educational outcomes, needs evaluation, various educational actions possible and assessment of educational approaches. It is made of theoretical and methodological reminders as well as practical examples.

Discussion. This guide can help teams design or update their educational approaches in the field of pressure ulcer management in persons with SCI. It can be the base for evaluating clinical practices in PM&R settings.

Reference
http://dx.doi.org/10.1016/j.rehab.2014.03.211