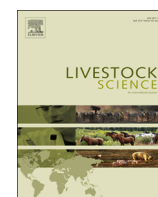


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Nutrient digestion, ruminal fermentation and performance of dairy cows fed pomegranate peel extract

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ABSTRACT

An experiment was carried out to determine the effect of pomegranate peel extract (PPE) on nutrient digestion, ruminal fermentation characteristics, protozoal population and performance of dairy cows. Four Holstein cows were used in a 4 × 4 Latin square design with 28-d periods and 4 treatments: PPE0 (no extract), PPE400 (400 ml PPE/cow/d), PPE800 (800 ml PPE/cow/d) and PPE1200 (1200 ml PPE/cow/d). Intake of dry matter, milk yield, and digestibility of dry matter, organic matter, crude protein, neutral detergent fiber and acid detergent fiber were measured. Ruminal fermentation characteristics such as ruminal pH, concentration of NH₃-N, concentration of VFA, molar proportions of individual VFA, protozoa population and microbial N were also measured. Milk production, 4% FCM yield, milk fat and protein yield (kg/d), and milk efficiency were increased by inclusion of PPE800 in the diet. Percent of milk fat, true protein, and lactose were not affected by PPE supplementation. However, inclusion of PPE decreased NH₃-N, total protozoal population, genus *Isotricha* and *Entodinium*, but increased microbial N production (g/d). Concentrations of total VFA and molar proportions of individual VFA were not affected by inclusion of PPE in the diet. The results suggested that PPE supplementation has reduced protozoa population, NH₃-N concentration, and increased microbial protein and milk yield and quality.

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1. Introduction

Dry climatic condition and shortage of water resources in many countries, has led to a scarcity in the quantity and

quality of consistent year-round supply of conventional ruminant feeds (Abarghuei et al., 2010). Consequently, the prices of animal feed, particularly protein supplements, become more costly. Yet, some common supplements, such as soybean meal, are metabolized less efficiently (i.e., losses of NH₃-N) in the rumen (Van Soest and Van Soest, 1988) resulting in decreased animal performance and contributing to environmental pollution (Tamminga and Hobson, 1996). Thus, much research has been carried out to enhance the efficiency of protein metabolism and maximize the growth performance and economic viability of livestock operations. Plant secondary metabolites (PSM) in tree leaves such as *Salix babylonica*, *Leucaena leucocephala*, and grape pomace extracts (Alipour and Rouzbehan, 2010; Jiménez-Peralta et al., 2011; Salem et al., 2011) were found to have a positive effect on ruminal fermentation parameters and to increase

Abbreviations: ADFom, ash-free acid detergent fiber; AIA, acid detergent insoluble ash; BW, body weight; CP, crude protein; CT, condensed tannin; DM, dry matter; HT, hydrolysable tannins; ME, metabolizable energy; N, nitrogen; NE_L, net energy for lactation; NDFom, ash-free neutral detergent fiber; NTP, non-tannin phenol; OM, organic matter; PD, purine derivatives; PPE, pomegranate peel extract; PSM, Plant secondary metabolites; PVPP, polyvinylpyrrolidone; SP, saponin; TMR, total mix ration; TP, total phenols; TT, total tannin; VFA, volatile fatty acids

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Table 1

Ingredients and chemical composition (means \pm SD) of the TMR fed to lactating cows ($n=4$).

Ingredients (g/kg DM)	
Alfalfa hay	229.0
Corn silage	211.9
Barley, rolled	134.5
Corn grain, ground, dry	81.9
Wheat bran	99.4
Wheat grain, rolled	27.7
Soybean meal, 44% CP	66.3
Canola meal	28.0
Cottonseed meal	39.3
Vegetable oil	12.4
Limestone	6.2
Mineral + vitamin premix ^a	12.4
Salt	6.2
Molasses, beet sugar	14.5
Sodium bicarbonate	12.4
Fish meal	17.0
Chemical composition (g/kg of DM)	
DM	603 \pm 3.5
OM	926 \pm 4.6
CP	160 \pm 7.6
NDF	340 \pm 2.5
ADF	201 \pm 1.2
NE _L (Mcal/kg)	1.57 \pm 0.009

Estimated from [NRC \(2001\)](#).

^a Contained 196 g Ca, 96 g P, 71 g Na, 19 g Mg, 3 g Fe, 0.3 g Cu, 2 g Mn, 3 g Zn, 100 ppm Co, 100 ppm I, 0.1 ppm Se and 50×10^5 IU vitamin A, 10×10^5 IU vitamin D and 0.1 g vitamin E/kg.

amino acid flow to the duodenum ([Mueller-Harvey, 2006](#)). This could lead to more muscle deposition and greater milk production ([Vasta et al., 2008](#)).

Pomegranate peel (PP) is a by-product of extracting the juice from pomegranates, with annual production of more than 120,000 t in Iran ([Mirzaei-Aghsaghali et al., 2011](#)). The PP contains secondary metabolites such as saponin, polyphenolic compounds, primarily punicalagin and ellagitannins, which have been shown to possess antimicrobial, antioxidant, anti-inflammatory, antimitotic, and immune modulatory properties ([Adams et al., 2006](#); [Oliveira et al., 2010](#)). Bacterial predation by protozoa has the most deleterious effect on the efficiency of N use in the rumen. The PP contains saponins which may improve N efficiency by decreasing protozoal activity ([Hess et al., 2004](#)). Therefore, we hypothesized that inclusion of PP extract (PPE) to the diet would enhance ruminal microbial protein synthesis and increase milk protein content.

[Oliveira et al. \(2010\)](#) found that feeding a pomegranate extract to young calves for the first 70 d of life decreased intake of grains and whole tract digestibility of fat and crude protein, likely because of its high tannin content. However, [Jami et al. \(2012\)](#) and [Shabtay et al. \(2012\)](#) noted a significant increase in the digestibility of dry matter, crude protein, and neutral detergent fiber, as well as milk and energy-corrected milk yields in cows fed 4% pomegranate-peel extract supplement. The inconsistency between these studies may be ascribed to differences in pomegranate type (i.e., the concentration and nature of the active ingredients), extracting method the age of

animals which affect animal performance. Commonly, extraction of the secondary metabolites is carried out using solvents, such as methanol, ethanol or acetone ([Makkar, 2003](#)), which is to some extent costly. Therefore, there is a need to investigate the effectiveness of less costly techniques at the farmer's level. Water can be used for extraction purposes because it is cheap and easy to handle. Hence, this experiment was carried out to assess the influence of three levels of PPE, extracted by water, on ruminal fermentation characteristics, protozoal population, microbial protein synthesis, nutrient digestibility and performance in dairy cows.

2. Materials and methods

2.1. Animal care

The experiment was carried out according to The Care and Use of Agricultural Animals in Research and Teaching ([FASS, 2010](#)) guidelines. All procedures and guidelines involving animals were approved by the Animal Experiment Committee at Tarbiat Modares University (Tehran, Iran).

2.2. Pomegranate peel extract

Pomegranate peel was obtained from two main factories in Saveh city, using similar pomegranate varieties and processing methods. Sun-dried peel was extracted at 1 g PP/ml of water. The peel was soaked in tap water at 40 °C for 72 h in a closed tank. To maximize the extraction of PSM ([Table 2](#)) from the PP, the tank was incubated in a water bath at 40 °C for one more hour. The contents, then, were immediately filtered and the filtrate was stored at 4 °C for further use.

2.3. Experimental design, cows and treatments

The experiment was designed as a balanced 4×4 Latin square for carryover effects, using 4 dairy cows with four 28-d periods. The cows in three lactations averaged 87 ± 29 DIM at the start of the experiment with a mean BW of 616 ± 53 kg. They were housed in individual tie stalls and had free access to water during the experiment. A TMR ([Table 1](#)) was fed for ad libitum intake (5–10% orts, on as-fed basis). The animals were randomly assigned to 1 of 4 treatments: (1) PPE0 (control, no PPE added), (2) PPE400 (400 ml PPE/cow per day), (3) PPE800 (800 ml PPE/cow per day), and (4) PPE1200 (1200 ml PPE/cow per day). The PPE was extracted daily. Each experimental period lasted 28 d with 2 d for adaptation to the diet, and 7 d for sampling and data collection. All diets were formulated to have similar concentrations of CP and NE_L ([NRC, 2001](#)).

2.4. Feed intake, body weight and nutrient digestibility

Diets were offered in equal amounts 3 times daily (0600, 1400 h and, 2200 h). Feed consumption was recorded daily by weighing feeds offered to and refused by the cows. Samples of the TMR, feed ingredients, and orts were

collected daily and kept frozen. Samples were composited by period, dried at 55 °C for 48 h, ground through a 1-mm screen Wiley mill (standard model 4; Arthur M. Thomas, Philadelphia, PA, US). Fecal grab samples were collected from all cows about 4 h pre-feeding (a.m. sampling) and 4 h post-feeding (p.m. sampling) on day 21–28. Fecal samples were transferred to aluminum pans and held at 60 °C in a forced-air oven until completely dry. Fecal samples were then ground to pass a 1-mm Wiley mill screen, and a single composite was prepared for each cow by mixing equal DM from both samples. Fecal samples were analyzed for DM, OM, ash-free NDFom, ash-free ADFom and total N. Acid detergent insoluble ash (AIA) content of feed and feces was used as an internal marker to determine apparent total tract nutrient digestibility coefficients. At the times of fecal sampling, spot urine samples were obtained from all cows by stimulation of the vulva. After collection, 15 ml of urine was pipetted into specimen containers holding 60 ml of 0.072 NH₂SO₄ and stored at –20 °C until analysis.

2.5. Ruminal fermentation characteristics

On each period, rumen fluid was sampled at 09:30 h using a stomach tube. The initial 100 ml of the aspirated fluid was discarded to minimize salivary contamination. The pH of the second portion was measured immediately using a mobile pH meter (WTW Multilab 540 Ionalyzer, pH/mV Meter, Weilheim, Germany), and 5 ml of the filtrate was mixed with 1 ml of 25% HPO₃ (wt/vol) for VFA analysis. A sub-sample of 5 ml was combined with 1 ml of 0.2 N HCl for NH₃-N analysis. Sub-samples were frozen at –20 °C until analysis (Broderick and Kang, 1980).

2.6. Enumeration of rumen protozoa

Rumen ciliates were identified according to the method of Dehority (2003). Two ml of rumen fluid was pipetted into a screw-capped test tube containing 5 ml of formalinized physiological saline (containing 20 ml formaldehyde in 100 ml saline which contained 0.85 g sodium chloride in 100 ml distilled water). Thereafter, two drops of brilliant green dye (2 g brilliant green and 2 ml glacial acetic diluted to 100 ml with distilled water) were added to the test tube, mixed thoroughly and allowed to stand overnight at room temperature. Total and differential counts of protozoa were made in 30 microscopic fields at a magnification of 20× in a Haemocytometer (Neubauerimproved, Marienfeld, Germany).

2.7. Milk production and milk composition

Cows were milked 3 times daily (0500 h, 1300 h and 2100 h) and the amount of milk produced for each cow at each milking was recorded using special graduated jars (Agri& SD Co., Frankfurt, Germany). Before each milking, cows were monitored for udder inflammation and presence of milk clots in the teats to ensure that milk yield and composition were not affected by mastitis. During the last week of each 28-d period, milk samples were taken from each cow at each milking and stored at 4 °C with a

preservative (2-bromo-2-nitropropan-1,3-diol) until analyzed for fat, protein, and lactose.

2.8. Analytical methods

Dry matter content was determined by oven drying at 105 °C for 48 h (AOAC, 1990; method 930.15). Ash content was determined by incineration at 550 °C overnight, and the OM content was calculated as the difference between 100 and the percentage of ash (AOAC, 1990; method 942.05). The NDFom was determined, with sodium sulfite in ND, according to Van Soest et al. (1991), and ADFom was determined according to AOAC (1990; method 973.18) and expressed exclusive of residual ash. Lignin was determined by solubilization of cellulose with sulfuric acid (Robertson and Van Soest, 1981). Nitrogen content in feed, feces and urine was determined by the Kjeldahl method (AOAC, 1990; method 954.01). The AIA was measured by Van Keulen and Young (1977).

Daily urine volume and excretion of allantoin, uric acid, and total purine derivatives (PD) were estimated from urinary creatinine concentration and BW (Valadares et al., 1999). After thawing at room temperature, the urine sample was filtered through Whatman No. 1 filter paper; the filtrate was analyzed for creatinine. The mean daily creatinine excretion rate (29.0 mg/kg of BW per day) was computed using the data from all cows in the trial. Urine volume was used to compute daily excretion of urea, and allantoin, and uric acid from spot urine samples were estimated: BW × 29/creatinine concentration (mg/L) (Valadares et al., 1999). Total purine derivative (PD) excretion was the sum of allantoin and uric acid excreted in urine plus allantoin and uric acid excreted in milk (Chen and Gomes, 1995). Urinary purine derivatives were estimated by spectrophotometric method (Chen and Gomes, 1995). Briefly, allantoin was determined in urine by colorimetric method after conversion of allantoin to phenyl hydrazone at 522 nm. Uric acid was measured from the reduction in O.D. at 293 nm following conversion of uric acid to allantoin with uricase. The urinary PD excreted in a day was used in the iteration process to calculate the microbial protein supply as described (Chen and Gomes, 1995) which is given below:

$$Y = 0.85X + (0.150W)^{0.75}$$

where Y is the urinary PD excretion as mmol/day, X is the absorbed exogenous purine as mmol/day, and W is the live weight.

Based on equations the amount of exogenous purines absorbed can then be estimated from the daily excretion of PD.

$$X = (Y - 0.385 \times W^{0.75}) / 0.85$$

Ruminal synthesis of microbial N was computed as

$$\text{Microbial N (gN/d)} = \frac{X(\text{m/mold}) \times 70}{0.116 \times 0.83 \times 1000} = 0.727X$$

where 70 is the N content of purines (mg N/mmol), 0.116 is the mean ratio of purine-N: total-N measured for mixed rumen microbes in the present study and 0.83 is the assumed digestibility of microbial purines (Chen and Gomes, 1995).

Table 2
Secondary metabolites levels (g/kg DM diet) of PPE.

Secondary compounds (g/kg diet)	mg/ml extract	Treatment ^a			
		PPE0	PPE400	PPE800	PPE1200
Total phenolics	65	3.50	4.56	5.58	6.6
Total tannins	56	1.00	1.92	2.80	3.66
Condensed tannins	0.08	–	0.0014	0.0026	0.0038
Hydrolyzable tannins	6.3	–	0.11	0.22	0.33
Saponins	35.5	11.40	11.98	12.54	13.09
Aqueous fraction ^b	227.9	–	3.73	7.30	10.85
Dihydromaltol	0.005	–	0.00008	0.00016	0.00024
Butanoic acid, 3-methyl-hexyl ester	0.002	–	0.00084	0.00168	0.00252
Thymol	0.003	–	0.00004	0.00009	0.00013

^a Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d.

^b Aqueous fraction (lectins, polypeptides, starch) (Cowan, 1999).

Total phenolics (TP) were measured using the Folin–Ciocalteu method (Makkar, 2000). Extract (200 mg) dissolved in acetone:water (10 ml; 70:30, v/v) in an ultrasonic bath for 20 min. The contents were centrifuged (4 °C, 10 min, 3000g) and the supernatant was kept on ice until analysis. Non-tannin phenolics (NTP) were determined using absorption to insoluble polyvinylpyrrolidone. The insoluble polyvinylpyrrolidone (100 mg) was weighed into 100 mm × 12 mm test tubes. Distilled water, 1 ml, and then 1 ml tannin containing extract were added and vortexed. The tube was kept at 4 °C for 15 min, vortexed again, and centrifuged (3000g) for 10 min and the supernatant collected. Phenolic content in the supernatant was measured by the Folin–Ciocalteu reaction and this was accepted as the NTP (Makkar, 2000). Total tannins (TT) were calculated as the difference between TP and NTP. Tannic acid (Merck GmbH, Darmstadt, Germany) was used as the standard to express the amount of TP and TT. Condensed tannins (CT) were measured by the HCl–butanol method (Makkar, 2000). An aliquot from the above acetone:water extract (0.5 ml; although this extract occasionally needed diluting with the extractant, acetone:water, if final absorbance at 550 nm exceeded 0.6 absorbance units) plus HCl–butanol (3 ml) and ferric ammonium sulfate (0.1 ml) reagents were heated in a boiling water bath for 60 min. Absorbance was read at 550 nm. Hydrolyzable tannins were analyzed using Rhodanine assay according to Makkar (2000). The results were expressed as gallotannin.

Ten milliliters of the extract were prepared after TP separation; a double volume of n-butanol was added to fractionate saponins (Makkar et al., 1998). The remaining solution was considered to be the aqueous fraction (AF) containing other secondary compounds such lectins, polypeptides and starch (Cowan, 1999). Dihydromaltol, butanoic acid, 3-methyl-hexyl ester and thymol were measured by gas chromatography/mass spectrometry (GC/MS).

2.9. Statistical analysis

Data were analyzed as a 4 × 4 Latin square, simple changeover, design using the MIXED procedure (SAS, 2002). The model included the treatments and periods as

the fixed effects and cow as a random effect. The contrast statement was used to determine the linear and quadratic cow response to increasing levels of the extract in the diet. Differences between treatments were declared significant at $P \leq 0.05$ using the Tukey correction for multiple comparisons, and trends were discussed at $P \leq 0.10$ unless otherwise stated.

$$Y_{ijk} = \mu + T_i + P_j + A_k + e_{ijk}$$

where Y_{ijk} is a dependent variable, μ is the overall mean, T_i is the fixed effect of dose ($j=1-4$), P_l is the fixed effect of period ($l=1-4$) nested within square, A_k is the random effect of cow nested within square and e_{ijk} is the residual.

In the present experiment, power of test was applied and results were added to the tables. Power of test is defined as the probability of concluding a mean difference when such a difference truly exists (Tempelman, 2004).

3. Results

3.1. Nutrient digestibility, feed intake and body weight

Ingredients and chemical composition of the basic TMR fed to cows are given in Table 1. There were no significant effects of the extract on total-tract apparent digestibility of nutrients, DMI and body weight (Table 3).

3.2. Ruminal fermentation characteristics

Ruminal pH, concentration of total VFA, and molar proportions of individual VFA were not affected by the addition of PPE in the diet (Table 4). However, feeding PPE decreased $\text{NH}_3\text{-N}$ concentration ($Q=0.031$) (Fig. 1).

3.3. Enumeration of rumen protozoa

Total number of protozoa, genus *Isotricha* and *Entodinium* (Figs. 2–4) in cows offered PPE diet was lower than in those fed the control diet without PPE, but populations of *Dasytricha*, *Diplodinium*, *Eudiplodinium*, *Stracodinium*,

Table 3

Total-tract digestibility, nutrient intake and BW change in lactating cows fed PPE-supplemented diets.

Treatment ^a	Digestibility (%)					DMI (kg/d)	DMI (kg/w ^{0.75})	BW change (kg)
	DM	OM	CP	NDF	ADF			
PPE0	64.94	67.05	69.40	55.91	47.92	26.16	4.20	8.50
PPE400	66.29	68.56	69.58	56.86	52.62	24.44	3.84	13.00
PPE800	68.24	67.74	68.67	59.29	49.70	23.80	3.77	13.25
PPE1200	65.34	67.47	68.65	56.55	49.35	25.25	4.03	0.00
SEM ^b	2.324	1.155	1.955	2.675	1.451	0.742	0.135	6.166
<i>P</i> -value								
Linear	0.771	0.931	0.730	0.728	0.840	0.667	0.667	0.395
Quadratic	0.369	0.471	0.963	0.516	0.132	0.391	0.271	0.200
Power of tests								
PPE0 vs. PPE400	0.071	0.175	0.153	0.162	0.148	0.425	0.220	0.110
PPE0 vs. PPE800	0.129	0.162	0.166	0.121	0.180	0.508	0.384	0.139
PPE0 vs. PPE1200	0.056	0.057	0.064	0.059	0.075	0.293	0.109	0.454
PPE400 vs. PPE800	0.090	0.068	0.084	0.101	0.122	0.102	0.098	0.052
PPE400 vs. PPE1200	0.069	0.074	0.075	0.054	0.153	0.160	0.150	0.406
PPE800 vs. PPE1200	0.126	0.056	0.050	0.133	0.058	0.254	0.362	0.652

^a Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d.

^b SEM=Standard error of the mean.

Table 4Ruminal pH, NH₃-N (mg/L), total VFA (mmol) and individual VFA (mol/100 mol) in lactating dairy cows fed PPE-supplemented diets.

Treatment ¹	Parameters								
	pH	NH ₃ -N	TVFA	Ac	Pr	Bu	IVal	Val	Ac:Pr
PPE0	6.55	171.06 ^a	109.71	46.15	22.49	21.70	2.76	3.28	2.05
PPE400	6.60	93.66 ^{b,c}	105.74	45.82	22.43	22.90	2.91	3.22	2.06
PPE800	6.65	87.31 ^c	108.09	44.66	22.30	24.31	3.32	2.80	2.00
PPE1200	6.63	143.45 ^{a,b}	101.50	46.03	21.28	24.86	3.23	3.14	2.18
SEM ²	0.100	23.34	9.021	0.643	0.773	1.138	0.169	0.130	0.071
<i>P</i> -value									
Linear	0.567	0.434	0.600	0.616	0.319	0.077	0.055	0.189	0.358
Quadratic	0.766	0.031	0.890	0.233	0.553	0.784	0.510	0.176	0.299
Power of tests									
PPE0 vs. PPE400	0.065	0.328	0.166	0.066	0.054	0.119	0.105	0.088	0.051
PPE0 vs. PPE800	0.085	0.667	0.257	0.148	0.275	0.280	0.307	0.446	0.082
PPE0 vs. PPE1200	0.095	0.109	0.100	0.056	0.322	0.375	0.291	0.122	0.182
PPE400 vs. PPE800	0.063	0.174	0.160	0.056	0.060	0.155	0.209	0.323	0.079
PPE400 vs. PPE1200	0.061	0.266	0.178	0.056	0.181	0.273	0.161	0.080	0.158
PPE800 vs. PPE1200	0.056	0.774	0.097	0.057	0.205	0.273	0.068	0.202	0.219

¹ Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d. Ac: acetate; Pr: propionate; Bu: butyrate; IVal: isovalerate; Val: valerate; Ac:Pr: acetate propionate ratio.

² SEM=Standard error of the mean.

^{a,b,c} Means within a column with different superscripts differ ($P < 0.05$) using t-test for pairwise comparison.

Polyplastron and *Ophryoscolex* were not influenced by PPE (Table 5).

3.4. Purine derivatives and microbial N

Allantoin contents in urine and milk were increased ($Q=0.007$) as the level of PPE in the diet increased (Table 6). However, PPE did not alter the uric acid contents in urine and milk. Microbial N (g/d) was increased in cows receiving the PPE800 diet ($Q=0.013$). The power test value of microbial N for PPE0 and PPE800 treatments was 0.532 and most likely, there are significant differences between the treatments.

3.5. Milk production and milk composition

Milk and 4% FCM yields were higher in PPE800 compared to control cows (Tables 7 and 8, $Q=0.042$). The power test value of milk production for PPE0 and PPE800 treatments was 0.562 and most likely, there are significant differences between the treatments. Concentrations of milk fat, true protein, and lactose were not affected by PPE supplementation. Milk fat and protein yields (kg/d) were increased by PPE800 supplementation. The power test value of milk production for PPE0 and PPE800 treatments was 0.562 and most likely, there are significant differences between the treatments. The milk efficiency

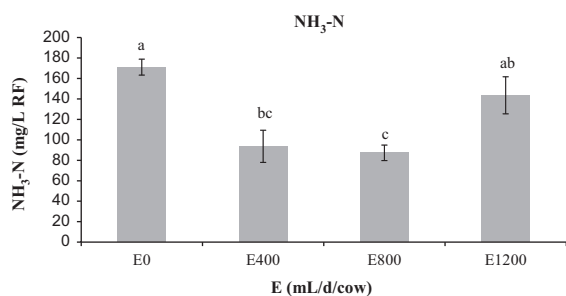


Fig. 1. Effect of PPE (ml/d/cow) on ruminal NH₃-N concentration in dairy cows. Whiskers represent SE and (a–c) indicate significant differences among experimental diets ($P < 0.05$).

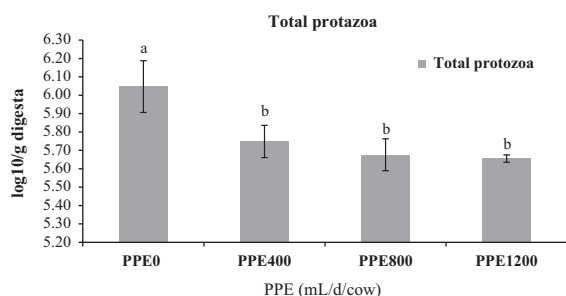


Fig. 2. Effect of PPE (ml/d/cow) on ruminal total protozoa in dairy cows. Whiskers represent SE and (a–c) indicate significant differences among experimental diets ($P < 0.05$).

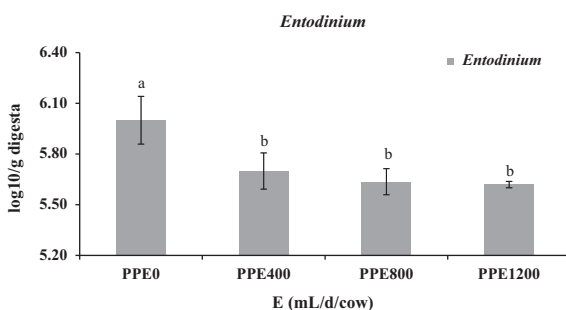


Fig. 3. Effect of PPE (ml/d/cow) on ruminal *Entodinium* population in dairy cows. Whiskers represent SE and (a–c) indicate significant differences among experimental diets ($P < 0.05$).

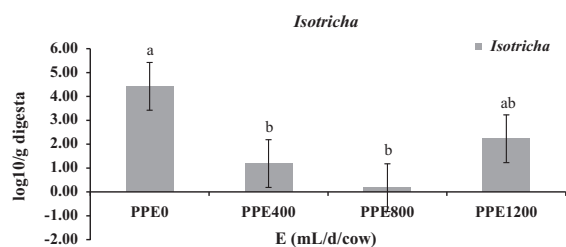


Fig. 4. Effect of PPE (ml/d/cow) on ruminal *Isotricha* populations in dairy cows. Whiskers represent SE and (a–c) indicate significant differences among experimental diets ($P < 0.05$).

(kg of milk yield/kg of DMI) was significantly ($Q=0.035$) higher for cows fed the PPE800 than those fed the PPE0 diets.

4. Discussion

4.1. Nutrient digestibility, feed intake and body weight

Apparent total-tract digestibilities of nutrients were not affected by PPE supplementation, which can be explained by the optimum ruminal pH values (Table 4) in all treatments (Van Soest, 1994). Similar to our result, Dschaak et al. (2011) observed no effects on digestibility of DM, OM, CP, and ADFom with the addition of quebracho condensed tannin extract at 3% of DM. In contrast, Jami et al. (2012) showed that using 1–4% pomegranate peel extract improved DM, CP, and NDFom digestibility in dairy cows. However, high concentrations of hydrolyzable tannins might reduce the digestibility of nutrients particularly proteins (Abarghuei et al., 2010; Reed, 1995). These results indicate that the effects of secondary metabolites on nutrients digestibility vary with the concentration of these metabolites, chemical structure and with the source of the plant used (Abarghuei et al., 2010). Van Soest (1994) illustrated that in general there is a positive correlation between voluntary intake and in vivo digestibility. In the present study, DMI was not influenced by inclusion of PPE in the diets which was probably due to lack of differences in nutrient digestibility. The effects of secondary metabolites on feed intake in ruminants have been inconsistent among studies (i.e., either had no effect (Benchaar et al., 2008), increase (Jami et al., 2012) or decrease (Abarghuei et al., 2011; Reed, 1995)). Vitti et al. (2005) reported that it was not possible to predict the beneficial or harmful nutritional effects of the secondary metabolite per se. Addition of PPE had no effect on BW change which indicated that the energy for milk production had been met by the energy in the diets (NRC, 2001). These results are consistent with the findings of Shabtay et al. (2012) who added 10–40 g/kg DM of concentrated pomegranate extract to the rations of lactating cows. In contrast, Shabtay et al. (2008) demonstrated that dietary supplementation with fresh pomegranate peels tended to increase BW gain in bull calves.

4.2. Ruminal fermentation characteristics

Ruminal pH values varied from 6.55 to 6.65 (Table 4), which were within the optimum ranges (6.7 ± 0.5) for maintaining normal cellulolytic organism (Van Soest, 1994). The effects of secondary metabolites on ruminal pH have been variable among studies; either no effect (Dschaak et al., 2011) or increase (Jami et al., 2012) being reported. Ruminal NH₃-N concentration in the experimental diets was within the optimum range (87.31–171.06 mg/l) (Fig. 1). Reduced ruminal NH₃-N concentrations are typical when protozoa are inhibited (Williams and Coleman, 1991), presumably as a result of depressed bacterial lysis (Hristov et al., 1999). Belanche et al. (2012) noted that the protozoa of *Entodinium* sp. were responsible for most ruminal bacterial breakdown. In the current work, suppressing *Entodinium* by PPE addition (Table 5) may have led to the decrease ruminal NH₃-N concentration. Also, concentration of NH₃-N in the ruminal fluid is influenced by ammonia uptake by ruminal microorganisms (Agle et al., 2010), suggesting that another

Table 5
Effects of PPE on ruminal protozoal concentration (\log_{10}/g digesta).

Treatment ¹	Protozoa								
	Total	Entodinium	Isotricha	Dasytricha	Diplodinium	Eudiplodinium	Stracodinium	Polyplastron	Ophryoscolex
PPE0	6.05 ^a	6.00 ^a	4.42 ^a	4.46	2.41	1.13	1.19	0.18	3.52
PPE400	5.75 ^b	5.70 ^b	1.19 ^b	4.38	2.17	0.18	0.18	1.19	1.19
PPE800	5.68 ^b	5.64 ^b	0.18 ^b	4.36	2.21	0.18	0.18	1.10	2.05
PPE1200	5.65 ^b	5.62 ^b	2.23 ^{a,b}	4.38	2.05	0.18	0.18	0.18	2.14
SEM ²	0.033	0.035	0.765	0.130	1.114	0.478	0.506	0.789	0.833
<i>P</i> -value									
Linear	0.0002	0.0003	0.068	0.725	0.992	0.228	0.228	0.980	0.410
Quadratic	0.0057	0.0068	0.014	0.374	0.697	0.356	0.355	0.267	0.196
Power of tests									
PPE0 vs. PPE400	0.481	0.444	0.876	0.102	0.064	0.225	0.225	0.225	0.391
PPE0 vs. PPE800	0.633	0.639	1.000	0.123	0.112	0.225	0.225	0.225	0.210
PPE0 vs. PPE1200	0.785	0.763	0.495	0.196	0.073	0.225	0.225	0.000	0.192
PPE400 vs. PPE800	0.147	0.112	0.225	0.064	0.149	0.000	0.000	0.156	0.130
PPE400 vs. PPE1200	0.267	0.162	0.146	0.145	0.057	0.000	0.000	0.225	0.138
PPE800 vs. PPE1200	0.076	0.073	0.453	0.164	0.170	0.000	0.000	0.148	0.055

^{a,b} Means within a row with different superscripts differ ($P < 0.05$) using *t*-test for pairwise comparison.

¹ Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d.

² SEM=Standard error of the mean.

Table 6
Purine derivatives concentration in the urine and milk and microbial N in dairy cows fed PPE.

Treatment ¹	Urine			Milk			TPD	MN
	A	UA	A+UA	A	UA	A+UA		
PPE0	281.65 ^{b,c}	22.23	303.88 ^b	14.08 ^{b,c}	1.11	15.19 ^b	319.08 ^b	231.45 ^b
PPE400	388.27 ^{a,b}	27.39	415.66 ^{a,b}	19.41 ^{a,b}	1.37	20.78 ^{a,b}	436.45 ^{a,b}	331.52 ^{a,b}
PPE800	438.48 ^a	47.38	485.86 ^a	21.92 ^a	2.37	24.29 ^a	510.15 ^a	394.95 ^a
PPE1200	214.12 ^c	32.40	246.52 ^b	10.71 ^c	1.62	12.33 ^b	258.84 ^b	180.03 ^b
SEM ²	41.491	10.663	50.598	2.094	0.553	2.530	53.128	45.445
<i>P</i> -value								
Linear	0.447	0.330	0.668	0.447	0.330	0.668	0.668	0.671
Quadratic	0.007	0.381	0.013	0.007	0.381	0.013	0.013	0.013
Power of tests								
PPE0 vs. PPE400	0.637	0.132	0.661	0.599	0.133	0.662	0.662	0.666
PPE0 vs. PPE800	0.493	0.570	0.521	0.493	0.569	0.521	0.521	0.532
PPE0 vs. PPE1200	0.180	0.116	0.150	0.179	0.117	0.129	0.129	0.130
PPE400 vs. PPE800	0.146	0.339	0.176	0.145	0.339	0.176	0.176	0.180
PPE400 vs. PPE1200	0.682	0.075	0.491	0.681	0.075	0.430	0.491	0.492
PPE800 vs. PPE1200	0.620	0.142	0.528	0.620	0.143	0.490	0.528	0.535

^{a-c} Means within a row with different superscripts differ ($P < 0.05$) using *t*-test for pairwise comparison.

¹ Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract /cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d; A: Allantoin (mmol/d), UA: uric acid (mmol/d), A+UA: allantoin+uric acid (mmol/d), TPD: total purine derivatives, MN: microbial N (g/d).

² SEM=Standard error of the mean.

explanation for the reduced $\text{NH}_3\text{-N}$ concentration is an overall increase in microbial protein synthesis (Table 6). However, at the highest inclusion of PPE (PPE1200), the antimicrobial activity of PSM could be attributed to the decrease in microbial protein production.

As VFAs are the end products of rumen microbial fermentation, and represent the main supply of energy for the ruminant (Van Soest, 1994), a reduction in their production would be nutritionally unfavorable for the animal. The addition of PPE had no effect on total and individual VFAs and acetate to propionate ratio, which is probably due to the lack of significant effect on DMI (Boudon et al., 2007). Effects of secondary metabolites on

total VFA concentration and VFA pattern, however, have been variable among studies, depending on the dosage and the source of component (Benchaar et al., 2008).

4.3. Enumeration of rumen protozoa

Concentration of *Isotricha* protozoa was decreased by more than 50% by PPE supplementation (Fig. 4) whereas *Eudiplodinium*, *Stracodinium* and *Polyplastron* were completely vanished. The antiprotozoal effect of PPE was most likely due to the phenolic structure of active compounds (i.e., saponins). This structure may disrupt the protozoal membrane, inactivation of protozoal enzymes,

and deprive of substrates and metal ions which are essential for cell metabolism (Calsamiglia et al., 2007; Goel et al., 2005). Research on the influence of PSM on ruminal protozoa population were not consistent (i.e., either no effect (Benchaar et al., 2008), decreases (Hess et al., 2004; Nasri and Ben Salem, 2012) or increases (Raghuvansi et al., 2007)). Such discrepancies may be due to the diet type, animal variability, sampling methods

(Yanez Ruiz et al., 2004), level and type of plant metabolites (Patra and Saxena, 2011), and the variability in the adaptation of the protozoa to SPM, the previous experience of the animal to SPM, or both (Abreu et al., 2004; Wallace et al., 2002).

Table 7

Milk production and milk efficiency of dairy cows fed PPE.

Treatment ¹	Milk production (kg/d)	4% FCM (kg/d)	Milk efficiency (kg/kg)
PPE0	30.97 ^b	25.18 ^b	1.187 ^c
PPE400	33.30 ^{a,b}	28.38 ^{a,b}	1.372 ^{a,b}
PPE800	34.20 ^a	29.94 ^a	1.383 ^a
PPE1200	31.78 ^{a,b}	26.64 ^{a,b}	1.255 ^{b,c}
SEM ²	0.923	1.343	0.058
<i>P</i> -value			
Linear	0.451	0.360	0.435
Quadratic	0.042	0.049	0.035
Power of tests			
PPE0 vs. PPE400	0.446	0.545	0.489
PPE0 vs. PPE800	0.562	0.773	0.508
PPE0 vs. PPE1200	0.287	0.212	0.204
PPE400 vs. PPE800	0.259	0.333	0.158
PPE400 vs. PPE1200	0.255	0.240	0.274
PPE800 vs. PPE1200	0.239	0.273	0.296

^{a-c}Means within a row with different superscripts differ ($P < 0.05$) using *t*-test for pairwise comparison.

¹ Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d.

² SEM=Standard error of the mean.

Table 8

Milk composition and milk yield of dairy cows fed PPE.

Treatment ¹	Milk composition (%)			Milk yield (kg/d)		
	Fat	Protein	Lactose	Fat	Protein	Lactose
PPE0	3.27	3.12	4.74	1.00	0.96 ^b	1.46
PPE400	3.41	3.22	4.68	1.13	1.07 ^a	1.56
PPE800	3.27	3.24	4.60	1.12	1.11 ^a	1.57
PPE1200	3.28	3.22	4.67	1.04	1.02 ^{a,b}	1.49
SEM ²	0.087	0.084	0.081	0.030	0.027	0.047
<i>P</i> -value						
Linear	0.826	0.421	0.425	0.439	0.119	0.709
Quadratic	0.465	0.488	0.488	0.012	0.012	0.106
Power of tests						
PPE0 vs. PPE400	0.128	0.109	0.106	0.853	0.380	0.329
PPE0 vs. PPE800	0.259	0.125	0.249	0.589	0.497	0.311
PPE0 vs. PPE1200	0.055	0.106	0.101	0.106	0.132	0.068
PPE400 vs. PPE800	0.527	0.177	0.175	0.107	0.158	0.172
PPE400 vs. PPE1200	0.141	0.050	0.054	0.229	0.128	0.127
PPE800 vs. PPE1200	0.066	0.071	0.125	0.161	0.211	0.142

^{a,b}Means within a row with different superscripts differ ($P < 0.05$) using *t*-test for pairwise comparison.

¹ Treatment: PPE0=control, no additive; PPE400=400 ml pomegranate peel extract/cow/d; PPE800=800 ml pomegranate peel extract/cow/d; PPE1200=1200 ml pomegranate peel extract/cow/d.

² SEM=Standard error of the mean.

4.4. Purine derivatives and microbial N

Urinary purine derivative excretion was used to estimate ruminal microbial N (Chen and Gomes, 1995). In the present experiment, a significant effect of PPE addition (PPE400 and PPE800) on microbial N flow to the intestine was observed. A decreased concentration of rumen protozoa could increase the flow of microbial N to the intestine, benefiting the ruminant by increasing the amount of amino acids available for absorption (Williams and Coleman, 1991). Moreover, it has been illustrated that *Entodinium* sp. was responsible for most of ruminal bacterial breakdown (Belanche et al., 2012). In the current work, suppression of *Entodinium* by PPE (Table 5) may have led to improve the microbial N synthesis in the rumen. At the highest inclusion of PPE, however, the PSM content could be detrimental to the ruminal microorganism, thereby significantly decreasing microbial N synthesis.

4.5. Milk production and milk composition

Tannins in PPE have both adverse and beneficial effects in ruminants (Mueller-Harvey, 2006). High concentrations of hydrolyzable tannins could decrease feed intake, digestibility of CP and NDFom, and animal performance through their negative effects on palatability and digestion (Broderick et al., 1991; Reed, 1995). In the current study, however, PPE inclusion had no adverse effects on nutrient digestibility and intake, as also reflected in the higher milk and 4% FCM yields and milk efficiency in cows fed PPE. Similarly, Jami et al. (2012) reported that using 4% DM of pomegranate peel extract in dairy cows diet increased

milk production. In contrast, in another study, milk and 4% FCM yields were not changed by *Cinnamaldehyde*, quebracho condensed tannin and *Yucca schidigera* saponin extracts (Benchaar et al., 2008). The increased daily milk protein yield in cows fed PPE (particularly PPE800) may be due to an increase in the flow of microbial protein (Table 6) to the intestine, benefiting the cows by increasing the amount of amino acids available for absorption (Makkar, 2003).

5. Conclusions

PPE had no influence on feed intake and the digestibility of DM, OM CP, NDFom and ADFom. Addition of PPE in the diet decreased ruminal NH₃ concentration, total protozoal population, *Entodinium* sp., but increased microbial protein synthesis, milk and 4% FCM yields and daily milk protein production. This study showed that water extraction can be used as a simple and cheap procedure for extracting PPE, an alternative to commonly used expensive solvents. An inclusion level of 800 ml PPE/cow/d has a potential in manipulating the rumen fermentation and improving dairy cow performance. The commercial and industrial process for this extract is being done and the extract was concentrated and was standardized to ensure uniform and constant biological activity. Using of PPE in commercially on growing lamb and beef cattle is also being investigated.

Conflicts of interest

The authors wish to confirm that there are no known conflicts of interest associated with this publication and there has been no financial support for this work that could have influenced its outcome.

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