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Responses in sediment phosphorus and lanthanum concentrations and composition across 10 lakes following applications of lanthanum modified bentonite

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Abstract

A combined field and laboratory scale study of 10 European lakes treated between 2006-2013 with a lanthanum (La) modified bentonite (LMB) to control sediment phosphorus (P) release was conducted. The study followed the responses in sediment characteristics including La and P fractions and binding forms, P adsorption capacity of discrete sediment layers, and pore water P concentrations. Lanthanum phosphate mineral phases were confirmed by solid state ³¹P MAS NMR and L_{III} EXAFS spectroscopy. Rhabdophane (LaPO₄ · nH₂O) was the major phase although indications of monazite (LaPO₄) formation were also reported, in the earliest treated lake. Molar ratios between La and P in the sediments were generally above 1, demonstrating excess La relative to P. Lanthanum was vertically mixed in the sediment down to a depth of 10 cm for eight of the ten lakes, and recovery of La in excess of 100% of the theoretical aerial load indicated translocation of

29 the LMB towards the deepest areas of the lakes. Lanthanum was generally recovered from bed
30 sediment samples following sequential chemical extraction from the HCl fraction. Soluble reactive
31 P (SRP) release experiments on intact sediment cores indicated conditions of P retention (with the
32 exception of two lakes) by sediments, indicating effective control of sediment P release, i.e.
33 between two and nine years after treatment.

34 **1 Introduction**

35 Eutrophication of freshwaters is a global problem caused mainly by elevated phosphorus (P)
36 concentrations in the sediment due to P emissions from agriculture and sewage. Control and
37 regulation of these emissions have improved significantly in recent years, in order to fulfil
38 legislation on water quality, such as the European Water Framework Directive (European Union
39 2000). However, the release of legacy stores of P in lake bed sediments can confound catchment
40 management by maintaining elevated water column TP concentrations for decades and may also
41 need to be controlled. Chemical lake restoration, also referred to as geo-engineering, has been
42 demonstrated as a measure for controlling sediment P release resulting in rapid chemical recovery
43 following catchment management (Mackay et al., 2014; Spears et al., 2014). To date, chemicals
44 including iron (Fe) and aluminium (Al) in the form of oxides and hydroxides have been widely used
45 for P control in lakes (Boers et al., 1992; Cooke et al., 1993; Welch and Schriever, 1994; Welch and
46 Cooke, 1999; Lewandowski et al., 2003; Reitzel et al. 2005a) but engineered materials like the
47 lanthanum-modified bentonite Phoslock® (LMB) (Douglas et al. 1999, 2002; Copetti et al., this
48 issue) have received increasing attention in recent years. Most published literature on LMB has
49 focused on laboratory or mesocosm studies (Egemose et al., 2010; Reitzel et al., 2012; Reitzel et al.,
50 2013; Bishop et al., 2014; Lürling et al., 2014), with assessment of chemical and ecological
51 responses of LMB treated lakes being relatively rare (van Oosterhout and Lürling, 2011; Meis et al.,
52 2012; Crosa et al., 2013; Spears et al., this issue). Spears et al. (2013a and this issue) demonstrated

53 the importance of considering field scale responses following applications across multiple treated
54 lakes, providing evidence to support laboratory based trials.

55 In general, laboratory studies on LMB have included studies concerning either toxicity or P binding
56 efficiency of LMB (Copetti et al., this issue). Toxicity studies have shown that La accumulates in
57 organisms (e.g. crayfish) but without noticeable side-effects (van Oosterhout et al., 2014), and does
58 not appear to limit the growth of aquatic macrophytes in the field (Gunn et al., 2014; Spears et al.,
59 this issue; Copetti et al., this issue). Studies on the efficiency of LMB performed under different
60 environmental conditions have shown that at pH above 8.5 interference with the binding of soluble
61 reactive phosphorus (SRP) to LMB can occur (Ross et al., 2008; Vopel et al., 2008; Egemose et al.,
62 2010; Gibbs et al., 2011; Reitzel et al., 2013). Moreover, under low alkalinity conditions dispersion
63 of the clay matrix can result in higher concentrations of La in the lake water (Spears et al., 2013a),
64 but also an improved SRP binding capacity (Reitzel et al., 2013). Elevated concentrations of
65 dissolved organic carbon (DOC) in the water column appear to reduce the SRP binding
66 performance of LMB over short time scales by reducing the formation of the La phosphate, as
67 demonstrated by Lüring et al. (2014) and Dithmer et al (this issue). However, a negative impact of
68 DOC on binding performance appears to be overcome with time (Dithmer et al., this issue). In
69 general, these observations suggest lower than expected P control by LMB in full scale treatments,
70 when compared to theoretical binding capacity used to estimate product dose (i.e. 1 tonne LMB to
71 control 11 kg P).

72 Knowledge on the performance of LMB in bed sediments under natural conditions is limited (Meis
73 et al., 2012, 2013). We address this knowledge gap by examining the behaviour of LMB and its
74 interactions with phosphate and other substances present in the bed sediments across 10 treated
75 lakes (Table 1). Specific La phosphate mineral formation is assessed (using extended x-ray
76 absorption fine spectroscopy (L_{III} EXAFS) and solid state ^{31}P MAS NMR) within bed sediments of

77 treated lakes to determine that La and P had precipitated as Rhabdophane ($\text{LaPO}_4 \cdot n\text{H}_2\text{O}$). Sediment
78 profiles of both La and P were constructed to determine vertical sediment mixing of La following
79 LMB applications, to test the hypothesis that LMB will be vertically and horizontally mobile in bed
80 sediments following application. Finally, to determine the operational performance of the LMB
81 treatments, we quantified SRP efflux from intact sediment cores, the P binding capacity of bed
82 sediments, and La and P composition across operationally defined sediment P pools using a
83 standard sequential chemical extraction procedure. The implications of these results for the wider
84 application of LMB are discussed.

85 **2 Methods and materials**

86 **2.1 Study sites and sample collection**

87 Ten lakes; United Kingdom (UK) (2), Germany (DE) (5), and the Netherlands (NL) (3)), treated
88 between November 2006 and March 2013 with LMB, were sampled in June 2014. The treatments
89 were performed with LMB applied as slurry from a boat or barge to all lakes; however small
90 variations in the treatment procedures including the use of low doses of flocculants were conducted
91 in some cases (Table 1).

92 Sediment cores were collected from a boat at the deepest part of each lake (12 cores for each UK
93 lake and 11 cores for each of the Dutch and German lakes) with a Kajak gravity corer ($\text{Ø} = 5.2 \text{ cm}$),
94 with the exception of Lake Blankensee, where the sampling was conducted at a fixed sampling spot
95 with a depth of 1.5 m. Epilimnetic lake waters were sampled, and following filtration (cellulose
96 acetate membrane filter $0.45 \mu\text{m}$), alkalinity (Gran Plot titration), dissolved organic carbon (DOC;
97 infrared spectrophotometric analysis using a Shimadzu TOC 5000 Total organic carbon analyser)
98 and SRP concentrations (spectrophotometric analysis; Koroleff 1983) were determined. In Figure 1,
99 the various analyses performed on the sediment are shown.

100 On collection, three sediment cores were sectioned for sequential P and La extraction. The upper 10
101 cm of the sediment cores were sliced in one cm intervals and identical sediment depth layers from
102 each of the three cores were pooled into one composite sample. An exception was made for Lake
103 Otterstedter See and Lake Blankensee, where the upper 6 cm and 3 cm were pooled, respectively,
104 and the following 10 cm were sliced in 1 cm thicknesses, upon request from the lake managers.
105 Four additional cores were sectioned as above and samples were pooled in zipper storage bags for
106 SRP sorption experiments, pore water analysis of DOC and ^{31}P MAS NMR and La L_{III} EXAFS
107 spectroscopy. Furthermore, four (NL, DE) or five (UK) intact sediment cores were brought back to
108 the lab and used for the SRP flux experiment (section 2.2.2.).
109 From the pooled sediment samples, approximately 5 g sub-samples were removed, dried at ambient
110 temperature and used for the determination of total La (TLa) and total P (TP) concentrations using
111 Inductively Coupled Plasma Optical Emission Spectroscopy (ICP-OES), Optima 2100 DV, Perkin
112 Elmer (standard deviation on replicate samples of less than 2 %). Following this analysis, the
113 sediment depth sample with the highest TLa concentration was used for ^{31}P MAS NMR and L_{III}
114 EXAFS analyses. Dry weight (DW) was determined by drying sediment at 105°C for 24 hours and
115 loss on ignition (LOI) by combusting subsamples of the dried sediment for 5h at 520°C.

116 **2.2 Sediment analysis**

117 **2.2.1 Vertical distribution of La and P pools in the sediment**

118 Fresh sediment (1.0 g) from each pooled sediment sample was sacrificed for the determination of
119 operationally defined sediment P pools using a modified chemical extraction procedure (Reitzel,
120 2005b). The TLa and TP concentrations recovered following sequential extractions in water (H_2O),
121 bicarbonate dithionite ($\text{HCO}_3^-/\text{S}_2\text{O}_4^{2-}$; BD), sodium hydroxide (NaOH), hydrochloric acid (HCl)
122 and residual (Res) were determined using ICP-OES. Total La and TP analyses were performed on
123 subsamples of the pooled sediment following addition of concentrated nitric acid (HNO_3) and

124 combustion in a microwave oven for 15 minutes prior to analysis by ICP-OES. Sediment densities
125 in the respective layers were calculated and used to express the amount of La and P per unit surface
126 area of sediment (expressed as mmol m^{-2}).

127 Generally, the HCl treatment is known to extract calcium phosphates from sediments (e.g. Reitzel
128 2005b). In addition, previous studies have shown that most of the La bound P is recovered in the
129 HCl extract (Meis et al., 2011; Reitzel et al., 2013a). Hence, the La:P binding ratio in the HCl
130 extracts can be used to evaluate whether all the La sites of the LMB are binding P. Given the lack of
131 pre-application data available from the studied lakes on sediment P properties it was assumed that
132 the HCl-P concentrations in the LMB treated sediment at depths where the HCl-La concentration
133 approached zero represented background HCl-P conditions, further assuming a uniform background
134 concentration of HCl-P throughout the sediment profile, as seen in e.g. Jensen & Thamdrup 1993
135 and Reitzel et al. 2005a. The total amount of La phosphate as a result of the LMB treatment was
136 estimated by subtracting the background HCl-P amounts from the amount of HCl-P in the sediment
137 layers containing La. This procedure was used for Lake Rauwbraken, Lake Blankensee, Lake Het
138 Groene Eiland, Lake Behlendorfer See, Lake Eichbaumsee and Hatchmere. For the remaining lakes
139 the HCl fraction of all layers contained La. Consequently, it was assumed that all the HCl-P solely
140 reflected La phosphate, which most likely overestimates the La phosphate content in sediment
141 layers of these lakes.

142 **2.2.2 SRP flux experiments on intact sediment cores**

143 The SRP flux across the sediment-water interface was measured at room temperature (20 °C) in
144 either four (NL, DE) or five (UK) replicate intact sediment cores incubated for 22-30 hours under
145 oxic conditions (i.e. no lid on the cores), corresponding to the natural conditions in the lake, at the
146 time of sampling. Samples for SRP concentrations were collected from the water overlying the
147 sediment in each core at the beginning and at the end of the incubation periods. The SRP

148 concentrations were related to water volume and surface area in the sediment cores to express SRP
149 flux per unit area per day ($\text{mmol m}^{-2} \text{d}^{-1}$).

150 **2.2.3 SRP adsorption experiments**

151 The SRP binding capacity of each sediment layer was determined by suspending 1 g fresh sediment
152 ($n=3$) from each layer of the pooled sediment (from four cores, see section 2.1) in 40 mL purified
153 water containing 1.98 mg L^{-1} SRP added as K_2HPO_4 , with pH adjusted to 6.5 using NaOH. Soluble
154 reactive P concentrations were measured before and after incubation for approx. 24 h on a shaking
155 table, followed by separation of sediment and solution by centrifugation (10 min, $\text{RCF}=1200$),
156 filtration of the supernatant (cellulose acetate membrane filter $0.45 \mu\text{m}$) and acidification of the
157 filtrate (2 M sulphuric acid).

158 **2.2.4 Pore water analysis**

159 Pore water DOC concentrations were determined following collection of 4 mL of pore water from
160 each of the composite sediment samples after centrifugation (10 min, $\text{RCF} 1200$) and filtration
161 (cellulose acetate membrane filter $0.45 \mu\text{m}$).

162 **2.2.5 Solid state ^{31}P MAS NMR**

163 Solid state ^{31}P MAS NMR spectra were obtained for the sediment layer containing the highest La
164 concentrations from each lake. The measurements were conducted on a Varian INOVA 500 MHz
165 instrument with a spinning speed of 10 kHz, 8 s relaxation time and 5000 or 10000 scans depending
166 on the TP concentration. The ^{31}P MAS NMR spectra were deconvoluted using SpinWorks 3.1.8.1
167 (Marat, 2011).

168 **2.2.6 L_{III} -EXAFS**

169 To study La phases in the sediment EXAFS measurements were performed at beamline I811,
170 MAX-lab, Lund University, Sweden, which operated at 1.5 GeV and a current of 250 mA. The X-

171 ray beam was detuned to minimize higher-order harmonics, and data were obtained in fluorescence
172 mode with a PIPS detector. Five consecutive scans of 180 s were measured at the La L_{III}-edge
173 (5483eV) of finely ground sediment samples from the layer containing the highest La concentration
174 from each lake.

175 In all spectra, double electron excitations were observed, an anomalous feature common in EXAFS
176 for lanthanides (Solera et al. 1995, Ohta et al. 2008). This was removed with built-in functions in
177 EXAFSPAK (George, 2000). In addition, the Barium (Ba) L_{II}-edge (at 5624 eV) was observed. This
178 interference is caused by the Ba content in the LMB (620 $\mu\text{g Ba g}^{-1}$ DW (Spears et al., 2013b)),
179 naturally occurring Ba in the bed sediments (e.g. 5-600 $\mu\text{g Ba g}^{-1}$ DW in Clatto Reservoir, UK
180 (Meis et al., 2012)) or both. A pre-treatment sediment sample from Loch Flemington, UK, was used
181 as reference to counteract for this interference, by performing a baseline subtraction of a linearly
182 scaled background measurement with a strong Ba L_{II} peak, effectively removing the interfering Ba
183 peak without affecting the rest of the data set. Data treatment was performed in EXAFSPAK and
184 afterwards fitted with scattering paths obtained with FEFF 7.02 (Zabinsky et al., 1995). The data
185 were analyzed using refinement of single-scattering La-O distances, and the distances for pure
186 synthesized rhabdophane ($\text{LaPO}_4 \cdot \text{H}_2\text{O}$) is 2.47(1) Å and for monazite (LaPO_4) 2.52(1) Å (Dithmer
187 et al., 2015) were used as initial distances. Additional scattering pathways (La--P, La-O-P, La--C,
188 La-O-C) were included with fixed average distances determined from ICDD and FEFF-calculations,
189 and not refined due to the complexity of the EXAFS data.

190 **2.3 Statistical analyses**

191 Pearson's correlations were performed to allow examination of responses and potential drivers
192 operating across the studied lakes. Only relevant significant ($p < 0.05$) correlations are reported.
193 The statistical analysis was performed using SigmaPlot 12, Systat Software Inc.

194 **3 Results**

195 **3.1 Vertical distribution of La and P in the sediment**

196 In general, the HCl extract contained the largest fraction of La, whereas the distribution of P across
197 operational fractions was more diverse (Figure 2). HCl extractable La and HCl extractable P were
198 generally mixed across the upper 10 cm of the sediment (and for some lakes even below this depth)
199 except for Lake Rauwbraken, Lake Eichbaumsee and to a lesser extent, Hatchmere, where distinct
200 La and P profiles were observed to increase towards the surface (Figure 3). Between 60 % and 98 %
201 of TLa was recovered following sequential extraction, and there was a significant ($p < 0.05$)
202 positive correlation between unrecovered La and unrecovered P (Pearson's $r = 0.61$, $R^2 = 0.38$),
203 indicating a general loss of material during the extraction procedure.

204 Total La (mmol m^{-2}) calculated from the sliced sediment cores (see 2.2.1) was determined as well as
205 an estimate of the theoretical mass of La applied per m^2 (4.5w/w % La in the LMB) (Table 2). The
206 applied La dose varied between 71-228 mmol La m^{-2} and the overall recovery of La at the deepest
207 site was 87 % for Lake Otterstedter See, 95 % for Lake Blankensee, and 60% for Lake
208 Behlendorfer See, whereas the recovery in the remaining seven lakes was between 146 - 296 %.
209 The estimated HCl extractable La:P ratio (section 2.2.1) varied between 0.4 in Lake Silbersee to 4.5
210 in Lake Het Groene Eiland (Table 2). For some lakes positive significant ($p < 0.05$) correlations
211 were reported between the accumulated concentrations of HCl-La and HCl-P, HCl-La and Res-La,
212 HCl-La to TLa (Table 3).

213 **3.2 Depth dependent sediment adsorption capacity**

214 The SRP adsorption capacity of the sediments ($\mu\text{g SRP g DW}^{-1}\text{d}^{-1}$) generally decreased with
215 increasing depth in all lakes (Figure 4) and there were no significant positive correlations between

216 the SRP adsorption capacities and TLa, with the exception of Lake Otterstedter See (Pearson's $r =$
217 0.67 , $R^2 = 0.44$) and Hatchmere (Pearson's $r = 0.66$, $R^2 = 0.43$).

218 **3.3 SRP flux experiments on intact sediment cores**

219 The sediment SRP efflux was close to zero for eight of the lakes (Hatchmere, Mere Mere, Lake
220 Rauwbraken, Lake Kuil, Lake Silbersee, Lake Behlendorfer See, Lake Otterstedter See, and Lake
221 Eichbaumsee; range of -1.6 ± 6.0 to 0.3 ± 5.1 mg SRP $m^{-2}d^{-1}$) (Table 4). Lake Het Groene Eiland
222 (10.8 ± 11.5 mg SRP $m^{-2}d^{-1}$) and Lake Blankensee (9.2 ± 4.6 mg SRP $m^{-2}d^{-1}$) had an efflux of SRP
223 from the sediments to the water column.

224 **3.4 Pore water analysis**

225 Pore water DOC concentrations in Lake Het Groene Eiland were below 6 mg DOC L^{-1} for all
226 sediment layers, whereas concentrations in Lake Otterstedter See, Hatchmere, and Lake
227 Rauwbraken were all above 15 mg L^{-1} , with the remaining six lakes ranging between 5 - 15 mg L^{-1}
228 (Figure 4).

229 **3.5 La and P binding forms identified by ^{31}P MAS NMR and EXAFS**

230 **3.5.1 ^{31}P MAS NMR spectroscopy**

231 The sediment depth layer with the highest La concentration from each lake was analysed by ^{31}P
232 NMR to determine the P forms in the treated sediment. Rhabdophane ($LaPO_4 \cdot n H_2O$) was
233 identified in all samples and characterized by an isotropic chemical shift, δ_{iso} , of $-3.1(1)$ to $-3.9(5)$
234 ppm, with the exception of Lake Otterstedter See ($\delta_{iso} = -4.5(1)$ ppm) which was assigned to
235 monazite ($LaPO_4$; Table 5; Figure SI-1). The chemical shifts assigned to rhabdophane varied
236 slightly compared to rhabdophane in pure LMB samples (Dithmer et al., 2015), which is explained
237 by interference from external factors such as e.g. Fe in the sediment causing a small downfield shift.

238 The second relevant P-species identified was assigned to hydroxyapatite ($\text{Ca}_{10}(\text{PO}_4)_3(\text{OH})$), with a
239 chemical shift at 1.5(5)-2.5(3) ppm (Shand et al. 1999, Cade-Menun 2005, Dougherty et al. 2005)
240 and constituted 20-60% of the total intensity (Table 5). Phosphate species adsorbed to the surface of
241 rhabdophane were expected (Dithmer et al, 2015), but the position of this resonance ($\delta_{\text{iso}} = -0.48$
242 ppm, Dithmer et al. 2015) is between that of hydroxyapatite and bulk rhabdophane. Thus, it is
243 masked by the broadness of the spectra.

244 3.5.2 La L_{III}-EXAFS

245 The sediment samples from the ^{31}P NMR study were also analysed by EXAFS (Table 5). The bond-
246 distances, $d_{\text{La-O}}$, were determined from extracted k^3 -weighted $X(k)$ functions and the corresponding
247 Fourier Transforms (Figure SI-2). The distances were assigned to be representative for
248 rhabdophane, except in Lake Behlendorfer See (2.51(1) Å) and Lake Blankensee 2.56(1) Å), which
249 were assigned to either monazite or a mixture of rhabdophane, monazite and unreacted La in the
250 clay matrix, as previously observed by Dithmer et al. (2015). The La concentrations in sediment
251 samples from Lakes Silbersee and Het Groene Eiland were too low for a reliable analysis of the
252 EXAFS data.

253 4 Discussion

254 This study demonstrated that LMB treatment of the ten lakes resulted in the sequestration of P in
255 the form of rhabdophane. In addition, LMB was generally mixed vertically in the sediments at the
256 deepest area of the lakes, which may have resulted in reduced P removal efficiency at the sediment
257 water interface at the whole lake scale, depending on the depth of the sediment layer that interacts
258 with the water body. However, at the sampling stations, the lakes generally had a low SRP sediment
259 efflux at the time of sampling indicating that LMB, or other P binding properties of the bed
260 sediments, controlled the release of P across the sediment-water interface. The La:P ratios in the

261 sediments were generally above 1, which indicates that not all La had reacted with P yet. However,
262 these La containing layers did not display any increased SRP binding capacity. These two
263 observations indicate there is no unreacted La available for additional sequestration of P.

264 **4.1 Speciation of La and P in the sediment**

265 The sequential La and P extractions showed that the majority of TLa and TP were recovered
266 following HCl extraction, in agreement with earlier findings by Meis et al. (2011) and Reitzel et al.
267 (2013), and in agreement with the fact that HCl is generally known to dissolve mineral phases. This
268 is further supported by the ^{31}P NMR EXAFS results which demonstrated that the main La
269 phosphate formed was rhabdophane. The only exception was Lake Otterstedter See where 45 % of
270 the La was recovered following NaOH extraction and 39 % of the La was recovered following HCl
271 fraction. This may be due to complexation of La and organic matter extracted by the NaOH solution
272 (e.g. Reitzel et al., 2005).

273 Residual-La constituted up to 60 % of the HCl-La fraction in a Danish eutrophic lake sediment
274 manipulated under laboratory-controlled conditions (Reitzel et al. 2012). However, a significant
275 positive correlation was observed between the HCl-La and Res-La concentrations. A possible
276 explanation for this is that the HCl extraction does not extract all La in the samples during the
277 extraction time used (1 hour followed by a 5 min extraction). Hence, the second extraction time
278 may be too short to extract all La. Alternatively, carbonates present in the clay matrix may lower
279 the extraction efficiency of the HCl solution. This agrees well with the observation that the highest
280 Res-La content was observed for the three lakes with highest alkalinity (Lake Het Groene Eiland,
281 Lake Kuil and Lake Eichbaumsee).

282 4.2 Vertical distribution of La in the sediment

283 The vertical distribution of La was generally uniform for the sediment depths sampled across the
284 lakes, indicating a rapid translocation from surface sediments to deeper sediment layers. This is in
285 agreement with Meis et al. (2012, 2013), and Reitzel et al. (2012). However, the depths of
286 distribution reported in this study were more than double that reported by Reitzel et al. (2012). For
287 eight lakes, vertical mixing of LMB is probably the result of bioturbation by animals such as
288 chironomids (as shown by Reitzel et al. 2012), sediment mixing behavior of bottom feeding fish
289 such as bream (Breukelaar et al., 1994) or wind driven sediment resuspension (Egemose et al.,
290 2010). These factors seem to play a minor role in Lake Rauwbraken and Lake Eichbaumsee, where
291 distinct La and P profiles were observed. We did not observe any correlation between time since
292 application of LMB and vertical mixing of the sediment, probably because the sediment mixing is
293 an ongoing process that will quickly redistribute the sediment. Neither did we observe a trend
294 between the degree of mixing and effectiveness of LMB treatment evaluated by either sediment
295 SRP efflux or post treatment TP concentrations in the water.

296 The recovery of TLa from the sediment was in excess of 100 % of the theoretical product dose for
297 seven of the ten lakes. Sediment focusing of LMB towards the deepest areas of the lakes could be
298 responsible for this phenomenon (Hilton et al., 1985) where shallow water sediments are
299 continually disturbed and transported to deeper water sediment zones. This accumulation of La at
300 the deepest sites could also explain the generally low SRP release observed from the sites in this
301 experiment, and might not give a reliable picture of the sediment P release at the whole lake scale.
302 This observation may also be explained by variation in the product application procedures. For
303 example, the application of LMB to Lake Kuil and Lake Behlendorfer See were purposefully
304 uneven, the majority being applied at the deepest part of the lakes. However, the combination of
305 vertical and horizontal translocation processes may reduce the efficiency of the LMB applications

306 to control sediment P release at the whole lake scale, as has previously been shown for aluminum
307 treated sediments (Lewandowski et al., 2003).

308 **4.3 Molar La:P ratio in the sediment**

309
310 The expected molar ratio of La to P in the formed La-O-P minerals is 1:1 as a lanthanum phosphate
311 is formed, as is the case with both rhabdophane and monazite. A ratio above 1 indicates that not all
312 La is bound to P implying either an excess P binding capacity or that the excess La present cannot
313 bind to P. A ratio below 1 indicates that, either 1) La binds more than one phosphate ion, 2) that the
314 P in the HCl extract (assumed to be La phosphate) is P not associated with La, or 3) that not all
315 reactive La was extracted during the HCl extraction. The La:P ratios in six lakes exceeded this
316 theoretical ratio after corrections for the pre-treatment background-P, (see section 2.2.1), and
317 uncertainties associated with the measurements indicate that an additional three lakes could have
318 ratios above one as well. However, no evidence for excess P binding capacity was observed, which
319 indicates that the excess La in the sediment is unable to bind P.

320 A high DOC concentration has been reported to retard LMB P-binding processes (Lürling and
321 Faassen, 2012; Reitzel et al., 2013; Lürling et al., 2014; Dithmer et al. this issue), and DOC
322 concentrations in the pore waters of five of the six lakes with HCl extractable La:P > 1 (Lake
323 Otterstedter See, Lake Rauwbraken, Lake Behlendorfer See, Hatchmere, and Lake Blankensee)
324 were high in relation to the above studies (10 mg L^{-1} , threshold value according to Lürling et al.,
325 2014). Further evidence of the complication of La and DOC lies within the slightly longer La-O
326 bond distances in the 'high DOC' lakes (Lake Rauwbraken, Lake Blankensee, Lake Behlendorfer
327 See, and Hatchmere) compared with 'low DOC lakes', which indicates association of La with DOC
328 within the clay (Dithmer et al., 2015). The apparent role of DOC in confounding LMB performance
329 in the sediments is also in agreement with the results from 16 Danish lakes, where the SRP binding
330 capacity in the lake water was found to be negatively correlated with DOC in a seven day

laboratory experiment (Dithmer et al. (this issue)), and it was found that high alkalinity may counteract the negative influence of high DOC on adsorption capacity. This could explain the high La:P ratio and low SRP adsorption capacities discussed above for Lake Otterstedter See, and to some extent for Lake Rauwbraken, which had high concentrations of pore water DOC and low surface water alkalinity. In the current study, the SRP adsorption capacity was evaluated by 24 h incubations, and the immobilization of SRP within LMB may take longer than this experimental period. Dithmer et al. (this issue) demonstrated that the apparent reduction of LMB P binding capacity in the presence of DOC can be overcome by simply increasing the incubation time; i.e. the P binding capacity is not necessarily lower, but, instead, the rate of uptake is slower.

4.4 Evidence of SRP release from the sediment

SRP sediment efflux was low for all lakes with the exception of Lake Het Groene Eiland and Lake Blankensee. The relatively high SRP efflux in Lake Het Groene Eiland was reflected by a high SRP concentration in the water column, and supported the findings by Lürding and van Oosterhout (2013), who found that the restoration activities in Lake Het Groene Eiland did not result in the expected decrease in water column SRP shortly after treatment, possibly due to persistent external P loading, or an insufficient dose of LMB.

4.5 La and P binding forms identified by ^{31}P MAS NMR and La-EXAFS

Rhabdophane ($\text{LaPO}_4 \cdot n \text{H}_2\text{O}$) is a stable mineral, but can eventually condense thermodynamically into the even more stable monazite (LaPO_4) (Dithmer et al. this issue). Rhabdophane was identified as the main La phosphate mineral in nine of the ten lakes. In Lake Otterstedter See, the dominant La phosphate mineral identified by ^{31}P NMR was monazite. This finding is in agreement with Dithmer et al. (this issue) who demonstrated that aging of rhabdophane can lead to the formation of monazite. Lake Otterstedter See was the lake first treated (2006) of our ten lakes which may explain

355 this result. Lake Silbersee was treated at the same time, but has had multiple LMB treatments
356 subsequently, which might have influenced the ^{31}P NMR analysis as well as the EXAFS analysis,
357 so a mixture of “older” and “newer” La phosphate minerals is apparent in the sediments of this lake.
358 Given this explanation, one would expect a gradient of mineral formation with sediment depth.
359 The EXAFS showed more variation in the molecular structure of the observed La phosphate
360 mineral than did the ^{31}P NMR analysis, with the bond-distance varying from 2.41(1) Å (Mere Mere)
361 to 2.56 (1) Å (Lake Blankensee). The longer bond distances are most likely reflecting a mixture of
362 rhabdophane and unreacted La in the clay matrix.

363

364 **4.6 Perspective**

365 In many lakes, legacy P is the main threat to the lake water quality. However, it is important to
366 stress that society needs to limit the external P loads entering our waterways before in lake
367 measures are initiated. When this is done, the worldwide requirement for improved lake water
368 quality calls for efficient methods and technologies for SRP removal. Several products already
369 exist, and basic knowledge obtained from laboratory experiments can be very informative for initial
370 dose calculations and for evaluating potential interfering substances. However, the knowledge on
371 lake restoration products under *in situ* conditions is generally limited. The current study shows that
372 the operational performance of LMB *in situ* is significantly different from laboratory conditions.
373 Therefore, studies evaluating full scale effects of lake restoration products are very important for
374 verifying/rejecting laboratory hypothesis to support wider operational considerations of lake
375 managers. The multi lake analyses in this study has demonstrated the importance of considering the
376 operational performance of LMB immobilizing SRP in lake bed sediments, which could aid lake
377 managers in choosing appropriate measures to counteract lake-bed P release and to manage

378 eutrophication across experimental scales, from laboratory controlled microcosms, to whole lake
379 trials, and finally to multi lake analyses.

380 **5 Conclusions**

- 381 1. La was distributed across the upper 10 cm of bed sediments in most of the ten LMB-treated
382 lakes. The majority of La was recovered in the HCl-fraction following sequential chemical
383 extraction procedures, and rhabdophane was identified as the dominant La phosphate
384 mineral by solid state ^{31}P NMR and EXAFS spectroscopy.
- 385 2. Excess La not bound to P in the sediment was not able to bind excess SRP during a 24 hour
386 incubation experiment, indicating that not all of the La in the LMB can bind SRP or that
387 interactions with DOC or other chemical constituents of the receiving water acted to retard
388 the operational performance of the material.
- 389 3. Following intact sediment core incubations, sediment SRP release was low or indicative of
390 sediment SRP uptake, in all sampled lakes except Lake HG Eiland and Lake Blankensee
391 where significant release was reported at the time of sampling.

392

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411

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Figure 1. Overview of the analysis performed on the sediment cores from the ten lakes.

Figure 2: The distribution (%) of TLa and TP in the various accumulated (upper 10 cm) fractions from a sequential extraction: H₂O-, BD-, NaOH-, HCl-, residual and the un-recovered fractions.

Figure 3: The HCl-extractable content of La (white) and P (black) in the sediment profile of the ten LMB treated lakes.

Figure 4: Total La content and pore water DOC concentration (upper axis) and adsorption capacity (lower axis) in the sediment profile for ten lakes. Note different scales on the lower x-axis (adsorption capacity).

Table 1: General data for the LMB treated lakes in Germany (DE), United Kingdom (UK) and the Netherlands (NL). Additional treatment beyond a single LMB addition is noted together with alkalinity (mmol L^{-1}), DOC (mg L^{-1}), summer average TP ($\mu\text{g L}^{-1}$, (std)), and Chl. A. ($\mu\text{g L}^{-1}$, (std)) measured in the epilimnion. The dose of LMB to each lake is shown in Table 3.

Lake	Place	Date	Additional Treatments	Area (ha)	Depth mean (m)	Alk (mmol L^{-1})	DOC (mg L^{-1})	TP _{pre} ($\mu\text{g L}^{-1}$)	TP _{post} ($\mu\text{g L}^{-1}$)	Chl. A. _{pre} ($\mu\text{g L}^{-1}$)	Chl. A. _{post} ($\mu\text{g L}^{-1}$)
Otterstedter See	DE	nov-06	Hypolimnetic withdrawal ^a	4.5	5.0	0.8	9.6	59 ¹	35(2) ¹¹	n/a	n/a
Silbersee ^b	DE	nov-06	Hypolimnetic withdrawal ⁺	7.0	5.0	1.6	4.3	150 ²	158(4) ¹¹	n/a	n/a
Rauwbraken	NL	mar-08	Flocculent (PAC) ^{c, e}	2.6	8.8	0.4	4.7	133(143) ³	15 (13) ¹²	28 (85) ³	4 (6) ¹²
H. G. Eiland ^b	NL	apr-08		5.0	2.5	2.0	2.8	32 (26) ⁴	29 (26) ¹³	n/a	n/a
Kuil	NL	apr-09	Flocculent (FeCl_3) [*]	6.7	4.0	2.8	9.2	72 (126) ⁵	12 (6) ¹⁴	22 (28) ⁵	5 (3) ¹⁴
Blankensee	DE	dec-09		22.5	1.6	0.8	8.6	10 ⁶	n/a	38 ⁶	n/a
Behlendorfer See	DE	dec-09	None [*]	64.0	6.2	1.6	9.3	110 ⁷	n/a	26 ⁷	n/a
Eichbaumsee ^b	DE	nov-10	Flocculent (PAC) ^e	23.2	6.5	2.5	5.9	358 ⁸	91 ¹⁵	32 ⁸	28 ¹⁸
Mere Mere	UK	mar-13		15.8	2.8	1.3	14.4	77 ¹⁶	75 ¹⁷	16 ¹⁶	13 ¹⁷
Hatchmere	UK	mar-13		4.7	1.4	2.0	16.7	83 ¹⁶	73 ¹⁷	18 ¹⁶	32 ¹⁷

^aNowak (2006), ^bNowak (2008), ^cLüring and van Oosterhout (2013), ^dLüring and van Oosterhout (2012), ^ePAC (polyaluminumchloride), ^fSpears et al. (2013a) * Uneven distribution of LMB, all (Lake Behlendorfer) or majority (Lake Kuil) applied directly at deepest spot. ^aHypolimnetic withdrawal for four months in summer 2005 ⁺Hypolimnetic withdrawal for seven month in summer seasons between 2003 and 2005. In total 18 kg P was removed, ^bReplicate additions. ¹2005-2006, ²2006, ³2006-2007, ⁴2008-2010 (untreated lake area), ⁵2000-2008, ⁶2009, ⁷2008, ⁸2004-2010, ¹¹SRP measured at the time of our sampling campaign, ¹²2008-2014, ¹³2008-2010 (treated lake area), ¹⁴2009-2014, ¹⁵2011, ¹⁶mean of 12 months before application, ¹⁷mean of 12 months following application.

Table 2: The molar ratio in the HCl-fraction calculated from the accumulated concentrations (mmol m^{-2}) from a sequential extraction. The applied amount of La is calculated based on the dose of LMB and the lake area and the percentages recovery of TLa. Standard deviations are shown in brackets.

Lake	HCl La:P	La applied mmol m^{-2}	TLa Recovery %
Otterstedter	1.8(0)	79	87(1)
Silbersee	0.4(0)	99	146(1)
Rauwbraken	1.4(2)	228	195(2)
H. G. Eiland	4.5(1)	71	266(4)
Kuil	0.7(4)	201	142(8)
Blankensee	1.2(0)	95	95(1)
Behlendorfer	1.1(0)	186	60(2)
Eichbaumsee	0.9(2)	207	174(4)
Mere Mere	1.0(2)	164	296(2)
Hatchmere	1.6(2)	174	278(6)

Table 3. Pearson's correlation matrix. Number in brackets denotes the correlation value ($p < 0.05$).

	Res-La	T La	HCI-P
HCI-La	Otterstedter(0.84)		Silbersee (0.79)
	Silbersee (0.96)		Rauwbraken (0.99)
	Rauwbraken (0.99)	Rauwbraken (1.0)	HG Eiland (0.85)
	HG Eiland (0.93)	Kuil (0.65)	Kuil (0.99)
	Kuil (0.97)	Blankensee (0.81)	Blankensee (0.97)
	Behlendorfer (0.76)	Behlendorfer (0.95)	Eichbaum (0.99)
	Eichbaum (0.93)	Eichbaum (0.96)	Mere (0.99)
	Mere (0.89)	Hatchmere (0.96)	Hatchmere (0.87)
	Hatchmere (0.98)		

Table 4: SRP release and standard deviations from intact sediment cores collected in the ten LMB treated lakes

Lake	SRP Release (mg P·m⁻²·d⁻¹)
Otterstedter	0.2 ± 4.1
Silbersee	0.1 ± 2.8
Rauwbraken	-0.7 ± 4.7
H. G. Eiland	10.8 ± 11.5
Kuil	0.3 ± 5.1
Blankensee	9.2 ± 4.6
Behlendorfer	1.1 ± 13.8
Eichbaumsee	-1.6 ± 6.0
Mere Mere	0.0 ± 1.4
Hatchmere	-0.2 ± 0.4

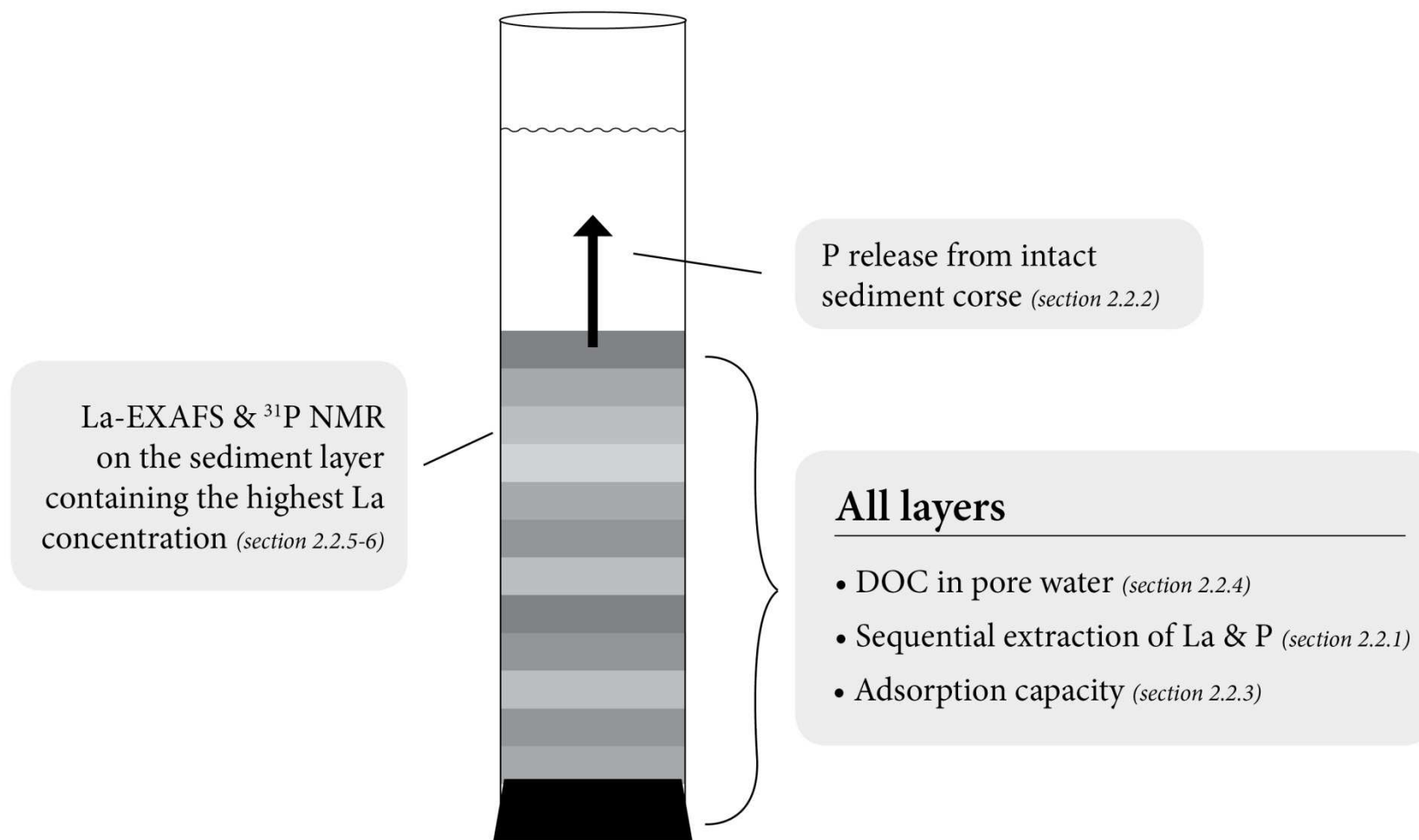
Table 5: The results from the ^{31}P NMR and EXAFS analyses. Standard deviations shown in brackets.

Lake	^{31}P NMR			EXAFS	
	δ_{iso} (ppm) ^a	I (%) ^a	δ_{iso} (ppm) ^b	I (%) ^b	$d_{\text{La-O}}$ (Å)
Otterstedter See	-4.5(1)	62(2)	-11.5(4)	38(2) ^c	2.44(1)
Silbersee	-3.1(1)	56(4)	2.6(3)	44(4)	<i>n.d.</i>
De Rauwbraken 4-5	-3.4(2)	82(2)	2.0(9)	18(2)	2.49(1)
Het Groene Eiland	-3.9(5)	38(1)	1.9(2)	62(7)	<i>n.d.</i>
De Kuil	-3.5(3)	54(1)	2.0(4)	46(1)	2.47(1)
Blankensee	-3.5(1)	76(7)	2.1(2)	24(7)	2.56(1)
Behlendorfer See	-3.7(3)	52(8)	1.6(5)	48(7)	2.51(1)
Eichbaumsee	-3.2(1)	74(5)	2.4(1)	26(5)	2.48(1)
Mere	-3.4(1)	63(3)	1.9(1)	37(3)	2.41(1)
Hatchmere	-3.3 (1)	70(0)	2.5(1)	30(1)	2.46(1)

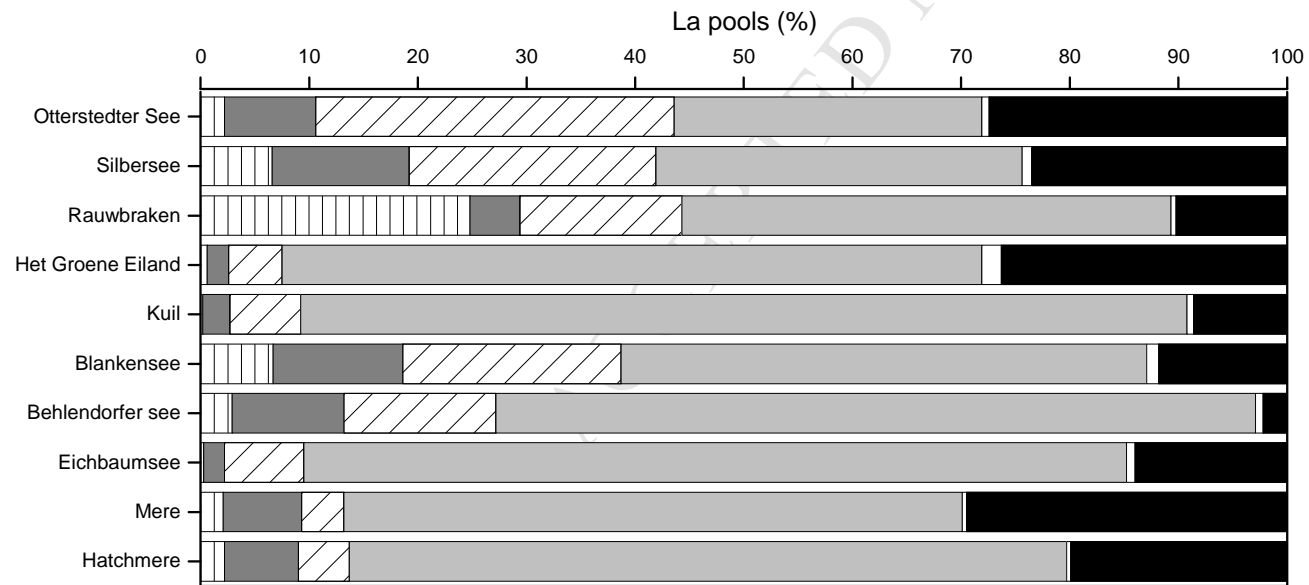
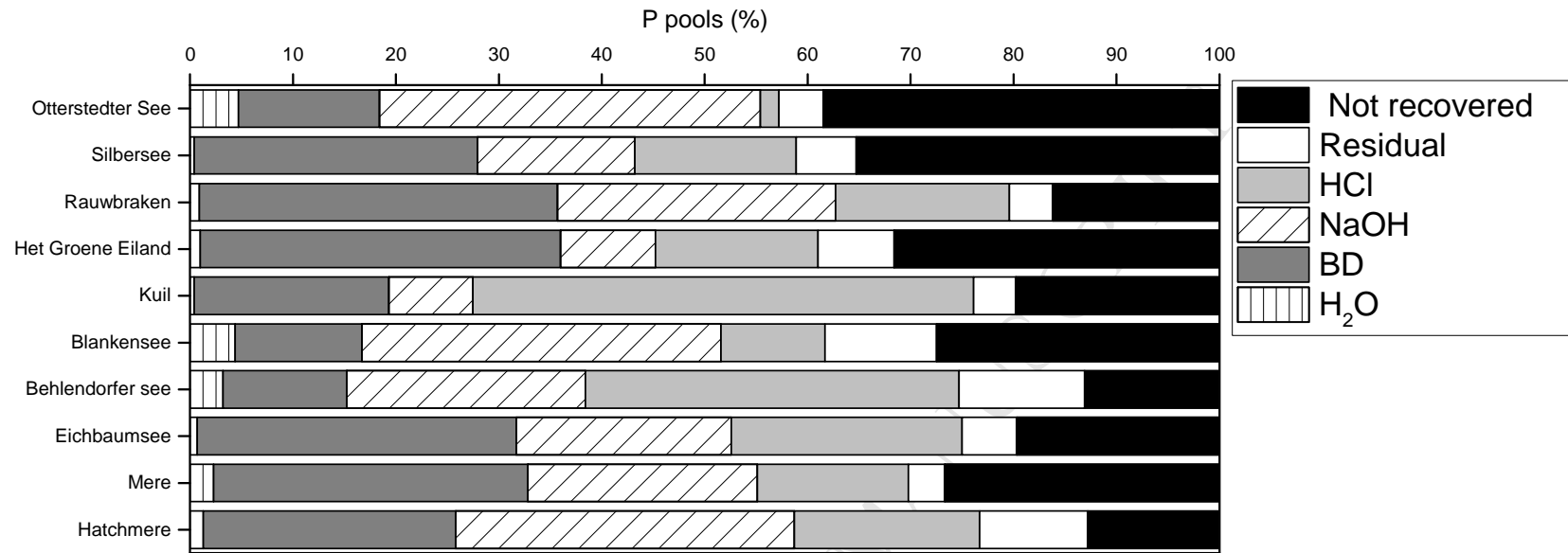
^a Chemical shifts assigned to PO_4^{3-} sequestered in Phoslock®.

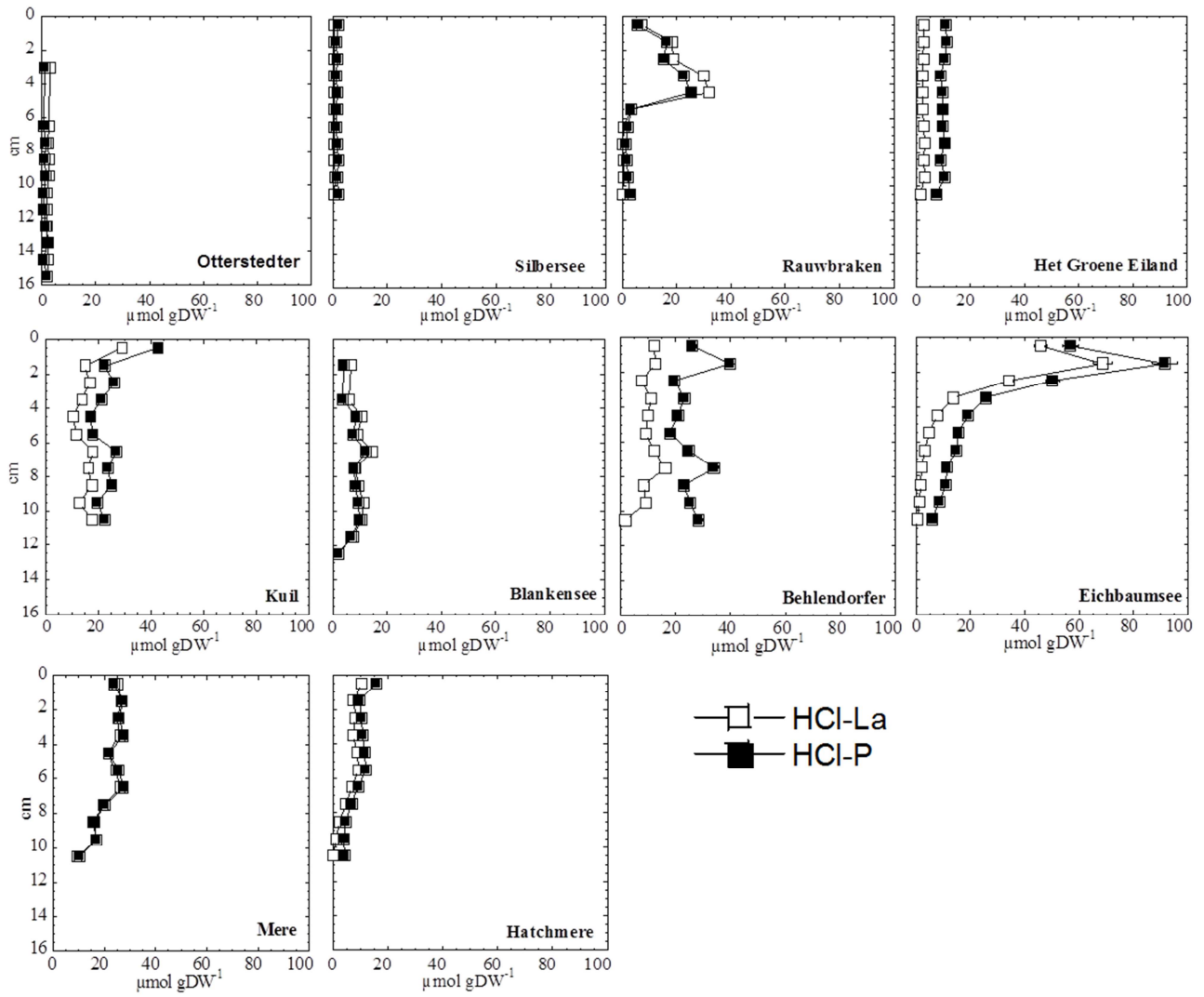
^b Chemical shifts assigned to hydroxyapatite in the sediment.

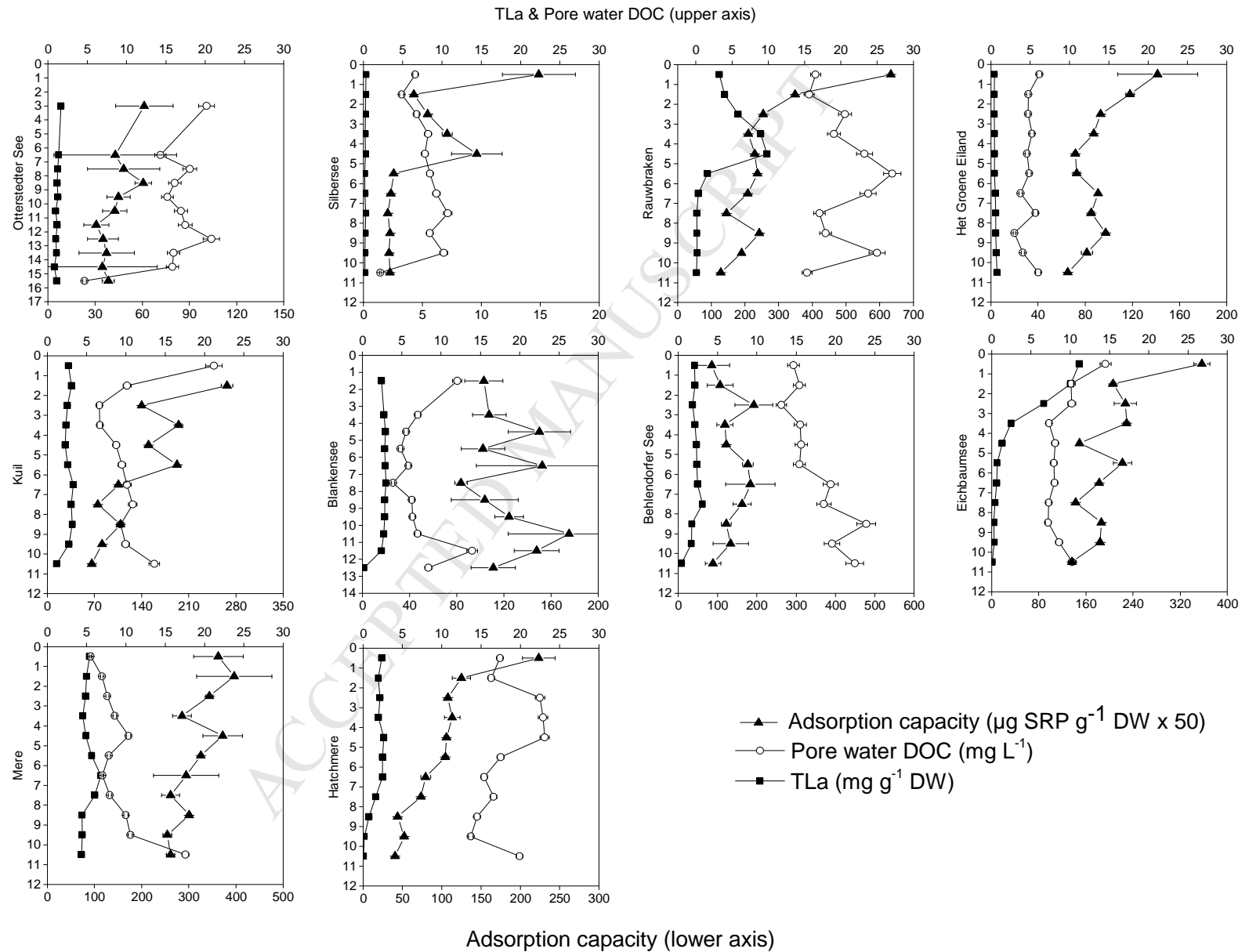
^c Chemical shifts assigned to aluminium phosphates.



Sediment cores collected from the deepest part of the 10 european lakes (*section 2.1*)







Highlights

- Soluble reactive P (SRP) was sequestered as rhabdophane in ten lanthanum modified bentonite (LMB) treated European lakes.
- SRP efflux from sediment in sediment cores was suppressed in 8 out of ten lakes at time of sampling.
- LMB was focused to the deepest areas of the lakes, and mixed more than ten cm into the sediment.
- Not all added La was involved in SRP binding.
- Confounding factors such as DOC could be responsible for the lower than expected La phosphate formation.