#### Patterns in Crew-Initiated Photography of Earth from ISS Is Earth Observation a Salutogenic Experience?



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## Positive (salutogenic) experiences in space...

May promote psychological well-being by enhancing personal growth and offset the challenges of living and working in a confined and isolated environment (Suedfeld and Weiszbeck, 2004, Aviation Space Env. Med.)

#### "Perceptions of Earth"...

Positive changes in the "Perceptions of Earth" mostidentified change cited in a survey of flown astronauts (Ihle et al., 2006, Aviation Space Env. Med.)

If viewing Earth is an important component of positive experience in spaceflight, then "Earth out-of-view" may be an important challenge for crews going to Mars, increasing the sense of isolation (Kanas and Manzey, 2003, Space Psychology and Psychiatry)



### Astronaut Photography of Earth and "Crew Earth Observations" on ISS

- Crewmembers on ISS both watch the Earth and take photographs of the Earth to share with the world
- "Crew Earth Observations" provides daily requests of targets of scientific or public interest
- Crewmembers take photos of areas of interest on a time available basis
- All images are distributed to the public via the Web "Gateway to Astronaut Photography of Earth" <u>http://eol.jsc.nasa.gov</u>



## Objectives

Mine the dataset of Earth Observation photography—What can it tell us about the importance of viewing the Earth as a positive experience for the crewmembers?
Quantify extent to which photography was self-initiated (not requested by scientists)
Identify patterns photography activities



- Used the data on the date and time images were taken from the digital camera files
- Lists of areas of known geographic interest to crews (public biographical information)
- Orbital track parameters
- Records of on orbit activities (EVAs, dockings, holidays)
- Records of scientific requests sent to crewmembers (distinguish requested and selfinitiated images)

## Hypotheses

- 1. Fewer self-initiated images during extraordinary activities (EVA, vehicle dockings, visiting spacecraft)
- 2. More self-initiated images taken on weekends
- 3. More self-initiated images of areas of geographic interest
  - Changes in numbers of self-initiated images over the course of a mission
    - Third quarter effect

## **Results: Self-initiated Photography**

December 2001 (Expedition 4) to October 2005 (Expedition 11)

- Almost 4 years
- 144, 180 images of Earth taken
  - Average 100 per day
- 84.5% self-initiated

Significant correlations between

- self-initiated images and requested images
- self-initiated images and 800mm lens images
- availability in crew schedule

			Std						
		Mean	Dev	1	2	3	4	5	6
Daily number of:									
1 1	otal images taken	102.3	119.1						
2	Self-initiated images taken	86.4	107.5	.98**	<u> </u>				
3	Images of geographic interest	1.6	5.1	.25**	.25**	/)			
4	Requested images taken	15.9	25.3	.54**	.36**	.10**			
5	Images taken with 800mm	17.8	34.4	.41**	.41**	.15**	.19**		
Proportion of days with:									
6	Higher availability to take images	.3—	.4	.06*	.07**	01	03	.07**	

Each parameter is measured on a daily basis across all expeditions combined.

- \*\* Correlation is significant at the 0.01 level (2-tailed).
- Correlation is significant at the 0.05 level (2-tailed).

## 800 mm lens

Requires practice up to 6 weeks to master motion tracking
Allows crewmembers to take photographs with up to 5-6 m pixels
Can view streets, ships, other detailed features



#### Activity as a Predictor of photographic activity (General linear mixed model)

- Less likely to take photos while preparing for and during mission events (t=-2.50, p>.01)
- More likely to take images on normal days as the mission progressed (t=-4.65, p<.01)</li>



#### Weekends as a Predictor of photographic activity (General linear mixed model)

- More images were not taken on weekends (t=0.65, ns) weekends aren't always off...
- Post hoc—General availability was associated with whether selfinitiated images were taken (t=4.37, p<.01)</li>



#### Time effects

 Time on ISS a predictor of whether self-initiated images would be taken (t=3.16, p<.01, not shown)</li>



No third quarter effect

# Discussion & Observations Astronaut photography is a significant leisure activity for some (but not all) crewmembers



## **Discussion & Observations**

#### Crewmembers use photography to connect to significant events on Earth



New York, Sept 12, 2001



New Orleans after Hurricane Katrina, 2005

#### Photography of Earth provides opportunities for self-challenge and personal achievement









## Scientific requests and self-initiated photography

- Continue to photograph Earth once a camera is in hand
- Suggests the importance of the scientific base and public use of photographs in making the activity worthwhile for the crewmembers
   Could be confirmed in a structured survey



## Future research and applications

- Importance of behavioral health and performance for mission success
  - But, only 2 ISS studies to date (one in progress)
- Data mining from ISS operations can provide insight and influence future behavioral studies on ISS
- Correlative support for the importance of Earth observation to crewmembers
  - Quantitative assessment should be included in future studies
- Considerations for interplanetary missions
  - Positive effects from scientific observations and astronomical imaging?
  - Importance of self-initiated work and personal challenges

Cleveland Volcano, Aleutian Islands, May 23, 2006 Eruption first observed by Jeff Williams

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