NBER WORKING PAPER SERIES

# COHORT TURNOVER AND PRODUCTIVITY: THE JULY PHENOMENON IN TEACHING HOSPITALS

Robert S. Huckman Jason R. Barro

Working Paper 11182 http://www.nber.org/papers/w11182

NATIONAL BUREAU OF ECONOMIC RESEARCH 1050 Massachusetts Avenue Cambridge, MA 02138 March 2005

We thank David Cutler, Arnold Epstein, LeRoi Hicks, Barbara McNeil, Paul Oyer, Douglas Staiger, and seminar participants at Harvard Business School, the Stanford Strategy Conference, the 14th Annual Health Economics Conference, and the National Bureau of Economic Research's Summer Insitute for helpful comments. We also thank Juliana Pakes for information regarding the Charlson Index. We acknowledge financial support from the Division of Research at the Harvard Business School. The views expressed herein are those of the author(s) and do not necessarily reflect the views of the National Bureau of Economic Research.

© 2005 by Robert S. Huckman and Jason R. Barro. All rights reserved. Short sections of text, not to exceed two paragraphs, may be quoted without explicit permission provided that full credit, including © notice, is given to the source.

Cohort Turnover and Productivity: The July Phenomenon in Teaching Hospitals Robert S. Huckman and Jason R. Barro NBER Working Paper No. 11182 March 2005 JEL No. I1, J0

# **ABSTRACT**

We consider the impact of cohort turnover—the simultaneous exit of a large number of experienced employees and a similarly sized entry of new workers-on productivity in the context of teaching hospitals. In particular, we examine the impact of the annual July turnover of house staff (i.e., residents and fellows) in American teaching hospitals on levels of resource utilization (measured by risk-adjusted length of hospital stay) and quality (measured by risk-adjusted mortality rates). Using patient-level data from roughly 700 hospitals per year over the period from 1993 to 2001, we compare monthly trends in length of stay and mortality for teaching hospitals to those for non-teaching hospitals, which, by definition, do not experience systematic turnover in July. We find that the annual house-staff turnover results in increased resource utilization (i.e., higher risk-adjusted length of hospital stay) for both minor and major teaching hospitals and decreased quality (i.e., higher risk-adjusted mortality rates) for major teaching hospitals. Further, these effects with respect to mortality are not monotonically increasing in a hospital's reliance on residents for the provision of care. In fact, the most-intensive teaching hospitals manage to avoid significant effects on mortality following this turnover. We provide a preliminary examination of the roles of supervision and worker ability in explaining why the most-intensive teaching hospitals appear able to reduce turnover's negative effect on performance.

Robert S. Huckman T17 Morgan Hall Harvard Business School Boston, MA 02163 and NBER rhuckman@hbs.edu Jason Barro 280 Beacon St . #5 Boston, MA 02116 and NBER jason.barro@post.harvard.edu Nearly all managers must deal with the consequences of employee turnover within their organizations. Despite the importance of this issue, several authors have observed that academic attention has been disproportionately focused on the *causes* rather than *consequences* of turnover (Staw, 1980; Mobley, 1982; Glebbeek and Bax, 2004). One possible explanation for the dearth of studies on the effects of turnover is the difficulty in answering this question empirically. Turnover is an endogenous phenomenon that may occur for a wide variety of reasons that are not observed by the researcher. For example, more productive workers may be more likely to remain with a given company longer than less productive ones (Jovanovic, 1979). Under such circumstances, it is difficult to make causal inferences concerning turnover's effect on productivity and performance using firm-level data.

A second issue concerning the effect of turnover on firm performance is that turnover, itself, appears in multiple forms. Many firms face a continuous stream of *individual turnover* in which employees leave and are replaced by new workers at various points throughout the year. In such settings, there is no one particular time during the year when managers are required to train and orient a large portion of their workforces.

In contrast, other firms bring on new employees in large numbers at discrete points in the year. For example, law and consulting firms tend to start most of their new employees in late summer or early fall. These new employees must all be trained and integrated into the firm at one time. In the law and consulting examples, the potential negative effects of the large inflow of new workers may be buffered by the fact that firms do not face the simultaneous exist of large portions of their experience workers. Rather, these departures occur in a roughly continuous manner throughout the year.

An extreme, though not uncommon, form of this discrete scenario is what we term *cohort turnover*—the simultaneous exit of a large number of experienced employees and a similarly sized entry of new workers—and serves as the focus of this study. Examples of cohort turnover can be found in changeovers that occur between military units in combat, political administrations,<sup>1</sup> and residents and fellows in teaching hospitals. The use of replacement workers during large-scale labor strikes represents yet another case of cohort turnover. Given the number of individuals transitioning either into or out of employment at a specific point in time, cohort turnover raises concerns about adverse effects on productivity due to factors such as operational disruption (Krueger and Mas, 2004) or the loss of the tacit knowledge (Polanyi, 1966) held by departing workers.

In this paper, we consider cohort turnover among house staffs (i.e., residents and fellows) in teaching hospitals. Residency represents a new physician's first assignment following medical school and typically lasts from three-to-five years depending on the doctor's area of specialization. In certain specialties, residency will be followed by a one-or two-year fellowship, during which the doctor receives further training in a sub-specialty. At the beginning of every July, the most senior residents move on to permanent medical positions or fellowships at other hospitals, and recent medical school graduates arrive as first-year residents, also known as interns. This turnover leads to a significant lack of continuity and a discrete reduction in the average experience of the labor force at teaching hospitals every summer. In addition, this changeover may disrupt established teams of doctors and other caregivers within hospitals. Either of these effects

<sup>&</sup>lt;sup>1</sup> For example, Boylan (2004) examines turnover in the United States Attorney's Office and finds that 40% of turnover between 1969 and 1999 occurred during a President's first year in office.

may have potentially troubling consequences for the two determinants of hospital productivity—resource utilization and clinical quality.

This "July phenomenon" is often mentioned in the lore of medical professionals. Many physicians have, perhaps jokingly, counseled patients not to get sick in July. As of yet in the medical literature, however, any identified July phenomenon has been limited to declines in hospital efficiency (i.e. higher costs or lengths of hospital stay) without any significant impact on clinical outcomes, such as mortality. As we discuss below, several of these studies are limited either by relatively small sample sizes or issues concerning their empirical strategy for identifying effects.

We examine the impact of the July turnover on hospital productivity using data on all patient admissions from a large, multi-state sample of American hospitals over a fiveyear period. By comparing trends in teaching hospitals to those for non-teaching (i.e., control) hospitals over the course of the year, we find significant negative effects of the residency turnover on both hospital efficiency (as measured by average length of stay (LOS)) and clinical quality (as measured by risk-adjusted mortality rates). Over some range, these effects appear to be increasing in the degree to which a hospital relies on residents (as measured by the number of residents per hospital bed). Nevertheless, those hospitals with the highest levels of residents per bed (i.e., high teaching intensity) appear to be less affected—in terms of mortality—by the July phenomenon than facilities with medium teaching intensities. We find initial evidence suggesting that this non-linearity in the July phenomenon may be due to higher levels of supervision for new residents at the most intensive teaching hospitals.

## EMPLOYEE TURNOVER AND PRODUCTIVITY

As noted by several authors, (Staw, 1980; Mobley, 1982; Glebbeek and Bax, 2004), there is significantly more literature examining the causes, rather than consequences, of turnover. Further, the literature that *does* address the consequences of turnover is split over the direction of these effects.

In his balanced review of the potential consequences of turnover, Staw (1980) notes several theoretical, negative effects of turnover on organizations. These include selection, recruitment, and training costs for replacement workers, operational disruption, and demoralization of remaining workers. In a sample of nearly 1,000 firms, Huselid (1995) found a negative relationship between turnover and productivity (measured by sales per employee) and corporate financial performance (as measured by Tobin's q).

One explanation for the hypothesized negative effect of turnover on productivity and performance is that job exits interfere with learning by individuals or teams. Several studies find that worker productivity improves with experience<sup>2</sup> (Levhari and Sheshinski, 1973; Newell and Rosenbloom, 1981; Maranto and Rodgers, 1984, Hellerstein and Neumark, 1995). While experience with a given firm likely leads to higher productivity, the converse may also be true—more productive workers may be less likely to leave a firm (Jovanovic, 1979). Further, Price (1977) notes that younger workers exhibit higher rates of turnover than older workers. To the extent that instances of turnover are not randomly distributed across workers with different levels of underlying productivity, the turnover of individual employees may be an endogenous event.

<sup>&</sup>lt;sup>2</sup> Staw (1980) suggests that the opposite may be true. In many settings, the relationship between tenure and performance may assume an inverted-U shape, with performance initially increasing and later decreasing with tenure.

To address this issue, several studies have used levels of union presence as a proxy for the workforce stability that firms experience in the absence of turnover. Brown and Medoff (1978) suggest that this stability accounts for some portion of the positive relationship they observe between unionization and productivity. Similarly, Clark (1980) finds a positive relationship between unionization and productivity, though he suggests that additional evidence is required to establish the degree to which this relationship is explained by lower turnover. Freeman and Medoff (1984) provide a summary of the factors—including, but not limited to, lower turnover—that may explain this relationship.

While these negative effects have received significant attention, several studies discuss turnover as a contingent, or even positive, phenomenon.<sup>3</sup> For example, Jovanovic (1979) presents turnover as a key element in the process of improving matches between employers and employees over time. Staw (1980) describes performance as a function of both skill and effort. As a result, in many settings—particularly high-stress professions that may lead to employee burnout—the relationship between tenure and performance may assume an inverted-U shape. Employee skill will initially increase faster than effort decreases; as burnout begins, however, effort will decline faster than skill improves. Assuming that performance follows an inverted-U shape over time, turnover may thus improve average performance. Beyond the replacement of less productive with more productive workers, turnover of poor performing employees may also serve to improve the morale and motivation of workers who remain with the firm (Staw, 1980).

The replacement of low performing workers and the increased motivation of remaining employees both suggest that turnover could have particularly strong positive

<sup>&</sup>lt;sup>3</sup> Dalton and Todor (1979) and Staw (1980) provide reviews of both the positive and negative effects of turnover on performance.

effects in settings requiring substantial levels of innovation and adaptation (Dalton and Todor, 1979; Staw, 1980; Mobley, 1982). In support of this claim, experimental work by Argote *et al.* (1995) finds that while turnover has a negative effect, on average, on group performance, this effect is more pronounced for simple tasks than for complex activities requiring innovation. Argote and Epple (1990), however, also find that turnover does not appear to have a negative effect on firm productivity in settings where work is relatively standardized, as the knowledge required to perform a task is codified and can be easily transferred to new workers. Together, these studies suggest that tasks requiring intermediate levels of innovation may be the most susceptible to performance declines following turnover.

Beyond the nature of the task, several other factors may affect degree and direction of turnover's impact on performance. These include the degree of hierarchy within an organization (Carley, 1992), whether turnover itself is voluntary or involuntary (Price, 1977), whether turnover occurs in a predictable manner (Staw, 1980), and the absolute level of turnover in the organization. With respect to this final factor, some have suggested that the relationship between turnover and performance exhibits an inverted-U shape with a medium level of turnover being preferred to both low and high levels (Abelson and Baysinger, 1984).

Beyond its mixed findings, much of the prior work on turnover either explicitly or implicitly considers only individual turnover; significantly less attention has been devoted to cohort turnover, the phenomenon we consider in this paper. One analog to cohort turnover whose performance implications have been considered in the literature is

the turnover of management teams (e.g., Tushman and Rosenkopf, 1996).<sup>4</sup> It is not clear, however, how one should expect findings on management turnover to generalize to the performance of line workers. While not a direct study of cohort turnover among line workers, Krueger and Mas (2004) find evidence that a period of significant labor unrest—including a strike and the large-scale use of replacement workers—in a Firestone tire plant was associated with reduced product quality. The effects identified in their work speak to the impact of labor unrest on performance, but do not separate the effects of worker discontent from the impact of the cohort turnover that occurs when striking employees are replaced.

One reason for the lack of attention to cohort turnover may be the fact that it occurs less frequently than individual turnover. Nevertheless, it takes place in several important settings including military deployments, changes of political administrations, labor strikes, and, of course, annual house staff turnover in teaching hospitals. A second reason for the lack of attention placed on cohort turnover may be the belief that the answers to questions concerning its effects are obvious—given the sheer magnitude of the change it brings, cohort turnover *must* have a detrimental impact on performance. Despite the magnitude of cohort turnover, however, it often occurs in a predictable fashion and the affected organizations should, theoretically, have time to prepare for its occurrence. For example, attending physicians in teaching hospitals—being aware of the turnover that occurs each July—may focus intently on supervising new residents at that time of the year. As a result, the impact of worker turnover in settings where the

<sup>&</sup>lt;sup>4</sup> Much of the literature on the turnover of management teams focuses on the determinants of such activity (e.g., Fee and Hadlock, 2004; Hayes, Oyer, and Schaefer, 2005), thereby treating turnover as the dependent, rather than independent, variable.

supervisory staff (in this case, attending physicians) does not change over is not *a priori* obvious.<sup>5</sup> The presence of a stable cadre of potential supervisors in teaching hospitals allows us to examine the impact of supervision as a potential moderator of turnover's effect on performance. We return to this issue at the end of our empirical analysis.

Perhaps the most attractive empirical characteristic of cohort turnover is that it typically occurs for exogenous reasons that are independent of the performance of individual workers. Such changeovers are mandated as a matter of policy, as is the case with teaching hospitals where the annual turnover occurs regardless of the underlying productivity of the physicians and hospitals involved. In contrast, instances of individual turnover may occur due to particular characteristics of the departing or entering worker such as motivation or ability—that remain unobserved by the researcher and may bias statistical estimates of turnover's impact.

## **COHORT TURNOVER IN TEACHING HOSPITALS**

It is widely agreed that teaching hospitals have two primary objectives—the provision of high quality medical care and the training of new doctors. These related but distinct objectives overlap within medical residency programs. Medical school graduates in the United States apply for residencies at any of the roughly 800 teaching hospitals in the country. Depending on a physician's specialty, residencies typically last for three-to-five years, during which time residents represent an important piece of a hospital's system for delivering care.

<sup>&</sup>lt;sup>5</sup> We also note that the non-physician clinical staff (e.g., nurses, technicians) in teaching hospitals does not turnover each July. These individuals may provide informal supervision to new residents.

Patient care in teaching hospitals is provided by teams of medical professionals that include attending physicians, fellows, residents, and medical students. Much of the care for patients is provided by a resident, who supervises medical students and is supervised by the chief (i.e., most senior) resident in that field and an attending physician. The daily activities of residents include admitting, treating, and discharging patients. In some departments, fellows (i.e., physicians who have completed their residencies) my provide an intermediate level of supervision between the residents and attending physicians.

Residency programs in the United States are structured like schools. Each class of residents enters together at the beginning of the academic year, and the senior members of the program all graduate together. For residency programs, the year begins and ends on July 1<sup>st</sup>. The annual transition, however, does not occur all on one day. Typically, hospitals will complete the transition over a two-to-three week period, lasting from the middle of June through the first week of July.

One might imagine that hospitals would transition the new interns into their positions slowly. Anecdotal evidence, however, suggests that each cohort of residents typically moves up one level and covers the entire set of responsibilities of the group it is replacing. As a result, on day one new interns may have the same responsibilities that the now-second-year residents had at the end of June (i.e., after they had a full year of experience).

The changeover creates the potential for turmoil in teaching hospitals as each cohort of doctors becomes comfortable with new roles and responsibilities. With respect to this changeover, Claridge *et al.* (2001) note, "During this time of year, there is clearly

a feeling of apprehension among providers of health care, as well as among many patients." Gawande (2002) echoes these concerns:

In medicine we have long faced a conflict between the imperative to give patients the best possible care and the need to provide novices with experience. Residencies attempt to mitigate potential harm through supervision and graduated responsibility...But there is still no getting around those first few unsteady times a young physician tries to put in a central line, remove a breast cancer, or sew together two segments of colon. No matter how many protections we put in place, on average these cases go less well with the novice than with someone experienced.

These anecdotal observations suggest the need for systematic analysis of the implications of this annual turnover for medical productivity.

Most of the medical literature on staffing and performance in teaching hospitals deals with issues concerning limitations on resident work hours<sup>6</sup> or differences in outcomes on weekends and weekdays<sup>7</sup>—two periods when the average level of on-duty-physician experience is expected to differ substantially. There exists a limited set of previous studies in the medical literature dealing with the July phenomenon.

Barry and Rosenthal (2003) test for a July phenomenon in a sample of 28 hospitals in northeast Ohio. Similar to our approach, they compare teaching and nonteaching hospitals in terms of LOS and risk-adjusted mortality, though they focus solely on patients in intensive care units (ICUs). They do not find evidence of the July phenomenon in this population, but do note that their findings may not generalize to non-ICU patients. Specifically, they suggest that, given the severity of patients in this setting, ICU residents may receive higher levels of supervision than their non-ICU counterparts.

<sup>&</sup>lt;sup>6</sup> Examples include Thorpe (1990), Laine et al. (1993), Leach (2000), Gaba and Howard (2002), Steinbrook (2002), and Weinstein (2002).

<sup>&</sup>lt;sup>7</sup> Examples are Hendry (1981), Bell and Redelmeier (2001), and Dobkin (2002).

Some studies find a link between the July turnover and hospital inefficiencies. Rich *et al.* (1993) examine several teaching hospitals in the Minneapolis area and find that doctors spend less money on diagnostic tests and pharmaceuticals as their experience increases throughout the academic year. These results, however, applied only to medical (i.e., non-surgical) patients. Rich *et al.* (1993) use a difference-in-differences approach, much as we do in this paper, to control for seasonal patterns. They utilize patient outcomes in non-teaching hospitals as a baseline from which to estimate the impact of the July turnover for teaching hospitals. They are able to identify some changes in efficiency but are unable to find any evidence of mortality differences. Compared to our study, both Rich *et al.* (1993) and Barry and Rosenthal (2004) rely on data from a small number of hospitals, which may explain why they do not find significant effects on outcomes.

While they do not directly test for the presence of a July phenomenon, Griffith, Wilson *et al.* (1997) examine patterns in test ordering among physicians in the neonatal intensive care unit at a single hospital. They find that first-year interns are more likely to incur higher charges than their more experienced colleagues. In addition to its small sample size, this study is limited by the fact that it does not consider effects on medical outcomes. As such, it is difficult to determine whether these higher charges reflect beneficial attention to detail or unnecessary utilization due to inexperience.

A third study claims to reject the existence of a July phenomenon on any dimension for the trauma unit at one particular hospital (Claridge *et al.*, 2001). This paper compares patient outcomes in April and May with those in July and August and does not identify any significant differences between the two periods. Given their study design, however, Claridge *et al.* (2001) are unable to control for seasonal variations in

patient outcomes that could affect outcomes at all hospitals regardless of teaching status. For example, as we will illustrate later, patients admitted to hospitals in the winter have higher mortality rates than those admitted in the summer. Without some baseline to adjust for exogenous changes in patient outcomes, a comparison of outcomes for one hospital at two times of the year may be confounded by these omitted variables.

## DATA

The primary source of data for this analysis is the Healthcare Cost and Utilization Project (HCUP) National Inpatient Sample (NIS) for each year from 1993 to 2001.<sup>8</sup> NIS contains discharge-level data for all inpatient cases at a sample of roughly 20% of the community hospitals<sup>9</sup> in the United States. Depending on the year, NIS includes information for hospitals from between 17 and 33 states.

For each patient, NIS provides information on patient age and gender, expected primary payer (i.e., Medicare, Medicaid, private including HMO, self pay, no charge, and other), length of stay (LOS), total charges, and in-hospital mortality. In addition, NIS includes detailed data on a patient's principal and secondary diagnoses, principal and secondary procedures, and diagnosis-related group (DRG).

<sup>&</sup>lt;sup>8</sup> The NIS database is administered by the Agency for Healthcare Research and Quality (AHRQ), previously known as the Agency for Health Care Policy and Research (AHCPR).

<sup>&</sup>lt;sup>9</sup> The NIS definition of "community hospital" is the same as that used by the American Hospital Association (AHA): "…'all nonfederal, short-term, general, and other specialty hospitals, excluding hospital units of institutions.' Included among community hospitals are specialty hospitals such as obstertrics-gynecology, ear-nose-throat, short-term rehabilitation, orthopedic, and pediatric. Excluded are long-term hospitals, psychiatric hospitals, and alcoholism/chemical dependency treatment facilities (Healthcare Cost and Utilization Project, 1999)."

We link the NIS data with information from the AHA Annual Survey of Hospitals, which includes data on the operating and financial characteristics for more than 6,000 hospitals each year. In addition to several other items, the AHA database provides information on the number of hospital beds and full-time residents (including interns) at each facility in a given year. Using this information, we are able to construct our measure of teaching intensity—full-time residents per hospital bed.

Our final sample of facilities is limited to those that appear in both the NIS and AHA databases. The appendix presents the number of hospitals that appear in our sample and in the NIS by year. For each year and state, the table provides the number of hospitals appearing in the NIS and in our matched NIS-AHA sample. Most of the discrepancies between the matched sample and the NIS are due to the fact that certain states opted not to provide the hospital identifiers required to match NIS and AHA data in certain years. In other rare cases, a hospital may appear in the NIS but not the matched sample because that facility did not appear in the AHA data for a given year.

## **EMPIRICAL METHODOLOGY**

#### **Hospital Categories**

The source of identification in our empirical analysis is the varying degree to which certain types of hospitals rely on residents. Initially, we divide hospitals into three categories—non-teaching hospitals, minor teaching hospitals, and major teaching hospitals. Non-teaching hospitals are those that are not listed as teaching hospitals in the NIS. These facilities have few, if any, residents. As such, we would not expect them to be affected by the July changeover. Those hospitals that are listed as teaching hospitals

in the NIS data are subdivided into two categories. Minor teaching hospitals are those teaching hospitals that have resident intensities (i.e., full-time residents per inpatient hospital bed) that are less than 0.25, while major teaching hospitals are those facilities with teaching intensities equal to or greater than 0.25. This threshold for resident intensity is used by the Medicare Payment Advisory Commission (MedPAC) to distinguish minor and major teaching facilities (Medicare Payment Advisory Commission, 2002).

Figure 1 illustrates that, in the aggregate, both LOS and mortality vary quite substantially throughout the calendar year. Productivity appears to decline in the winter months, as evidenced by increases in both LOS and mortality during that period. This pattern has been noted by epidemiologists (e.g., Gemmell *et al.*, 2000) and has been attributed to a range of factors including the impact of seasonal disease (e.g., influenza and respiratory illness) and weather. Key to the empirical strategy in our paper is the use of non-teaching hospitals as a control for these seasonal changes in outcomes, which should affect all hospitals regarding of teaching status. We can thus calculate "deseasoned" trends in LOS and mortality for teaching hospitals to determine the extent of potential effects around the July turnover.

Table 1 presents descriptive statistics for each of the three hospital categories as well as for the entire sample. The first row illustrates the differences in average teaching intensity across the three groups. This average measure increases from 0.01 for nonteaching facilities to 0.10 and 0.53 for minor and major teaching hospitals, respectively. In terms of both measures of facility size—hospital beds and admissions per year—the hospitals get progressively larger as the level of teaching intensity increases. Teaching

intensity is also correlated with the demographics of a hospital's patient base. In particular, non-teaching hospitals attract older patients than either type of teaching hospital. The average age for patients at non-teaching facilities is 49.0 versus 45.0 and 40.9 for minor and major teaching hospitals, respectively. In addition to having younger patients, the major teaching hospitals in our sample also have a higher percentage of Medicaid patients than the other groups. Moving from non-teaching to minor teaching to major teaching, this percentage increases from 15% to 17% to 26%. This relationship is consistent with the fact that many teaching hospitals are located in densely populated cities.

The bottom portion of Table 1 presents information on the mortality rate and average length of stay (LOS) for each type of hospital. The values are not adjusted for differences in the severity of the case mix at each type of facility. While we perform more sophisticated risk-adjustment in our later analysis, here we simply present each rate for the entire population, as well as separately for patients younger than age 65 and those 65 and older. Average LOS increases with teaching intensity both for the entire population and each of the age groups. This trend is consistent with the claim that major teaching hospitals tend to attract the most complex cases among the three groups. Overall mortality, however, is highest for the non-teaching facilities—2.7% versus 2.4% for the minor and major teaching group. At first glance, this finding seems puzzling given the fact that the LOS data suggests that major teaching hospitals were attracting the most severe cases. Analysis of mortality by age category, however, reveals that, within each group, the mortality rate either increases (age<65) or remains relatively flat (age 65+) with teaching intensity. These latter results suggest that the higher overall observed

mortality rate for non-teaching hospitals may be due to the higher average age of their patients.

## **Basic Specification**

Our multivariate analysis relies on a difference-in-differences framework that follows the relative changes in risk-adjusted LOS and mortality for the three groups of hospitals over the course of the year. The basic specification takes the following form:

$$Y_{h,m,t} = \alpha_h + \delta_t + \mu_m + \beta_1 \cdot MIN \_ TCH_{h,m,t} + \beta_2 \cdot MAJ \_ TCH_{h,m,t} + \sum_{m=1}^{6} \beta_{3m} \cdot (\mu_m \times MIN \_ TCH_{h,m,t}) + \sum_{m=1}^{6} \beta_{4m} \cdot (\mu_m \times MAJ \_ TCH_{h,m,t}) + \varepsilon_{h,m,t}$$
(1)

where *Y* represents the dependent variable of interest (i.e., risk-adjusted average LOS or risk-adjusted mortality).

The first two terms on the right-hand side of (1) are vectors of fixed effects for hospital and year, respectively. The third term,  $\mu_m$ , represents a vector of fixed effects for six multi-month periods during the year—January through March, April through May, June, July through August, September through October, and November through December. Given that the residency changeover begins in late June for many hospitals, we isolate that month and then compare the change in the dependent variable from April-May to July-August for teaching hospitals to the similar change for non-teaching hospitals to measure the impact of the July turnover.<sup>10</sup>

<sup>&</sup>lt;sup>10</sup> Due to the fact that the residency changeover begins in 3<sup>rd</sup> and 4<sup>th</sup> weeks of June at several hospitals, mortality and LOS results for that month represent a mixture of outcomes from both before and after the transition. We thus use the comparison of July-August to April-May to measure the July

*MIN\_TCH* and *MAJ\_TCH* are indicators for minor and major teaching hospitals, respectively.<sup>11</sup> The next two terms on the right-hand side of (1) are vectors of interactions between the teaching hospital categories and the month effects. The coefficients on the *MIN\_TCH* (*MAJ\_TCH*) interactions thus capture the extent to which any seasonal pattern that is found for minor (major) teaching hospitals differs from that for the non-teaching controls. Each of the observations in (1) is weighted by the total number of cases for the hospital-month pair to account for the fact that all of the dependent variables are averages. Finally, the standard errors are clustered by hospital to address potential lack of independence in the error term,  $\varepsilon_{h,m,t}$ .

# **Risk-Adjustment of Dependent Variables**

As suggested in Table 1, the average severity of patients likely differs across the three types of hospitals. To the extent that the differences in patient severity for major teaching, minor teaching, and non-teaching hospitals vary systematically over the course of the year, risk adjustment is required to ensure proper identification of any July phenomenon. For example, to the degree that relatively healthy individuals in the population aged 65 and older move from cold climates in northeastern states—which tend to have a high concentration of teaching hospitals—to warmer southern and western

phenomenon. This difference captures the change in the dependent variables from the two complete months that precede the beginning of the changeover for *any* hospital to the two complete months that fall after its conclusion for *all* hospitals.

<sup>&</sup>lt;sup>11</sup> Despite the inclusion of hospital fixed effects, the uniteracted coefficients on minor ( $\beta_1$ ) and major ( $\beta_2$ ) teaching status are identified by those facilities that change between minor and major teaching status across years. For example, a hospital may have a teaching intensity of 0.25 (making it a minor teaching hospital) in one year and 0.30 (making it a major teaching hospital) in the next.

states during the winter months, the mortality risk for the hospitalized population in the northeast will increase *ceteris paribus* during this period of the year.

The covariates in our risk-adjustment equation are patient age; age squared; gender; an indicator for Medicaid as the primary payment source; indicators for a patient's state of residence; interactions of the state indicators with both the linear and quadratic age terms; and the Charlson index—a measure of comorbidities that increase a patient's risk of mortality (Charlson *et al.*, 1987). The Medicaid variable is included as a proxy for the patient's socioeconomic status.<sup>12</sup> The interactions of the state-of-residence and age terms are included to control for the fact that the average severity of patients, conditional on age, may vary across geography.

Given that the in-hospital mortality variable is binary, we use logistic regression to obtain estimated probability of death for each patient discharge. For LOS, we use a simple linear regression to calculate predicted values. The risk-adjustment equations are run separately for each calendar year. The observed and expected values for mortality and LOS are then averaged by hospital and month. The risk-adjusted value of each dependent variable is calculated as the ratio of the observed-to-expected rate for a given hospital-year. For example, the risk-adjusted mortality rate ( $RAMR_{h.m.t}$ ) is:

$$RAMR_{h,m,t} = \frac{OMR_{h,m,t}}{EMR_{h,m,t}} * \overline{OMR_t}$$
(2)

- - --

<sup>&</sup>lt;sup>12</sup> With linear and quadratic terms for patient age included in the regression, we do not include a separate term for Medicare status. While it would be useful to include an indicator for HMO patients— who may be healthier, on average, than patients in other payer categories—the HCUP data does not distinguish HMO patients from those with other forms of private insurance (e.g., indemnity).

where  $OMR_{h,m,t}$  and  $EMR_{h,m,t}$  are the observed and expected mortality rates, respectively, for hospital *h* in month *m* of year *t*.  $OMR_t$  is the average mortality rate for the entire sample in year t and is used simply to normalize the value of  $RAMR_{h,m,t}$ .

#### **RESULTS AND DISCUSSION**

# **Base Results**

Table 2 presents results from our estimation of (1), the basic regression using three discrete categories of teaching status. The coefficients in this table represent the change in the dependent variable for minor and major teaching hospitals relative to the change for non-teaching hospitals over the same period. As noted earlier, we use the period just prior to the resident turnover (April - May) as the baseline. A positive coefficient thus indicates that, on average, the hospital group in question experiences a larger increase in the outcome measure than does the non-teaching group over the same period of time. For example, the value of 0.040 for the September-October coefficient for the minor teaching group (Column 1) suggests that the *change* in LOS from April-May to September-October is 0.040 days greater for minor teaching than for non-teaching hospitals. Similarly, the November-December coefficient for the same group suggests that change in LOS from April-May to November-December is 0.036 days greater for minor than for non-teaching hospitals.

For our purposes, the coefficients of greatest interest are those in the period just following the resident turnover (i.e., July-August). In terms of LOS (Column 1), the July-August coefficient for minor teaching hospitals is 0.049 and is significant at the 1% level. To provide a perspective on the magnitude of this effect, we note that the average risk-adjusted LOS for minor teaching hospitals is 5.3 days. If we assume that LOS is proportional to hospital costs, these results suggest that costs increase by roughly 0.9% following the July turnover.

The estimated coefficients on LOS for minor teaching hospitals decline somewhat in magnitude during the months from September to December and remain significantly different from the April-May baseline. By January-March, LOS falls back to its value in the April-May period. Nevertheless, the coefficients for September-October and November-December are not significantly different than that for July-August, so we are not able to reject the hypothesis that LOS for minor teaching hospitals increases in July-August and remains at that higher level for the final four months of the calendar year. The January-March coefficient, while not significantly different from April-May, is significantly lower than the July-August value at the 1% level. This reduction in the estimated coefficient over the course of the academic year suggests that house staffs may benefit from experience-based improvement in performance over time.

Consistent with the view that the July phenomenon should increase with the intensity of a hospital's teaching program, we find that, relative to minor teaching hospitals, major teaching facilities show even stronger evidence of such a trend in LOS. Specifically, these hospitals experience a positive and significant increase in LOS relative to non-teaching hospitals following the July turnover, and the effect remains for approximately six months. This increase appears to begin in June, and the estimated coefficient for that month (0.057) is significant at the 5% level.<sup>13</sup> The effect, however, appears to strengthen in terms of both magnitude (0.111) and significance (1%) in the

<sup>&</sup>lt;sup>13</sup> As noted earlier, June represents a mixture of days before and after the turnover at many hospitals. The coefficient on June may thus underestimate the immediate impact of the turnover.

July-August period. This effect represents a 1.9% increase relative to the average LOS for major teaching hospitals (5.80 days). As with minor teaching hospitals, the effects for September through December are significantly different from the April-May baseline and decline in estimated magnitude over time. Again, however, these coefficients are not statistically distinguishable from the July-August estimate. By January-March, LOS falls to the point where it is insignificantly different from April-May, but significantly lower than the July-August coefficient. These results provide additional support for the contention that house staffs learn over the course of the academic year.

The fact that LOS, and, in turn, resource utilization, increase following the July turnover does not provide conclusive evidence concerning its effects on medical productivity. To address this issue, one also needs to consider the impact of this turnover on medical quality. Column 2 presents results using risk-adjusted mortality—a proxy for quality—as the dependent variable. While minor teaching hospitals do not experience significant changes in mortality during the course of the academic year, major teaching facilities do show evidence of a July phenomenon with respect to this outcome measure. As with LOS, major teaching hospitals experience an increase in their risk-adjusted mortality rate in June. This increase of 0.063 percentage points is significant at the 10%level. For the July-August period, the magnitude of this effect nearly doubles (to 0.122) percentage points) and becomes significant at the 1% level. The magnitude of this July phenomenon represents a 4.3% increase relative to the average mortality rate of 2.82%for major teaching hospitals. Evidence of learning is again present in the coefficients for the remainder of the academic year; the levels for September-October and November-December are both significantly different from April-May; the level for January-March—

though not distinguishable from April-May—is significantly lower than that for July-August. While suggestive of learning, these results also imply that the negative effects of the July turnover linger—albeit at slightly lower magnitudes—for the months from August through December.

#### **Testing for Patient Self-Selection and Increased Transfers**

While consistent with declines in medical productivity following cohort turnover, our results are also consistent with alternate explanations. One leading hypothesis is that patients recognize July to be a time of turmoil for teaching hospitals and that those with choice (i.e., elective patients) decide to avoid those facilities at that time of the year. Of course, these elective patients are likely to be relatively healthier than those who lack choice regarding their admission to the hospital. This self-selection of the patient base could thus leave teaching hospitals with relatively sicker patient populations at precisely the time we estimate their resource use to be increasing and their outcomes to be declining. If such selection were occurring, we would be mistaken to attribute the effects we observe to a decline in productivity.

We offer a test of the selection hypothesis in Column 3 of Table 2. If patients are in fact self-selecting away from teaching hospitals in July and August, then teaching hospitals should experience a decline in their number of admissions relative to nonteaching facilities during those months. We estimate a regression of the same form as (1), but with the number of hospital admissions on the left-hand side. The results are not consistent with a self-selection story. In particular, the coefficient in the July-August time period for major teaching hospitals—the period most critical for the analysis of the

July phenomenon—is positive. This effect is actually in the opposite direction of that which one would expect under the self-selection hypothesis.

The positive coefficient on admissions for major teaching hospitals in July-August is related to a second potential explanation for our base results: that major teaching hospitals are receiving a higher percentage of patients transferred from minor teaching or non-teaching hospitals during the summer months due to the presence of excess hospital capacity during warmer months. In Column 4, we thus repeat our analysis using the percentage of cases transferred from another hospital as the dependent variable. Again, we find no systematic change in transfer rates for either minor or major teaching hospitals around the July turnover.

#### **Robustness and Extensions**

#### Results Using Medicaid Patients

To test the robustness of our base results, we take advantage of the empirical regularity that Medicaid recipients are more likely to be treated by house staff physicians than are patients with private health insurance. This phenomenon is typically attributed to the fact that Medicaid recipients are less likely to have a regular source of physician care than those with private insurance. James Tallon, president of the United Hospital Fund, noted this fact in reaction to his organization's study of Medicaid in New York City:

'These findings indicate the medical residents play a major role in providing primary care for low-income people who rely on Medicaid... As these Medicaid beneficiaries are enrolled into managed care, we need to evaluate whether we can accomplish the goals of managed care providing coordinated and continuous care—while relying so heavily on this workforce of doctors in training.' (United Hospital Fund, 1999) To the extent that residents play a disproportionately large role in the treatment of Medicaid patients, we would expect that the July phenomenon should be even more pronounced for these individuals than for the rest of the population.

Table 3 presents results for LOS and mortality separately for the Medicaid and non-Medicaid populations. In terms of LOS, both the Medicaid and non-Medicaid populations show evidence of an increase for major teaching hospitals following the July turnover. While the July-August coefficient is slightly bigger in *absolute* magnitude for Medicaid (0.126) than for non-Medicaid (0.097) patients, the two coefficients are nearly identical in terms of magnitude relative to the mean LOS for their respective populations. Further, the coefficient for the Medicaid population is significant at 10% versus 1% for the non-Medicaid group. Another difference between the Medicaid and non-Medicaid populations with respect to LOS is that the latter does show evidence of a July phenomenon for minor teaching hospitals that is not present for the former.

With respect to mortality, the July-August coefficient for major teaching hospitals is substantially larger for the Medicaid (0.251) than for the non-Medicaid population (0.093). Relative to the mean mortality rate for each population at major teaching hospitals, the coefficient for the Medicaid group represents a 7.3% increase while that for the non-Medicaid group translates into a 3.4% increase. While each coefficient is significantly different from zero, we are not able to reject the null hypothesis that these two coefficients are the same.<sup>14</sup> Nonetheless, the fact that the coefficient for the

<sup>&</sup>lt;sup>14</sup> To test whether these coefficients are the same, we pooled the Medicaid and non-Medicaid observations and interaction the time period indicators for each type of hospital with a Medicaid indicator. We then examined the significance of the coefficient on these interaction terms. The coefficient on this interaction for major teaching hospitals in July-August was significant at the 16% level, suggesting that we cannot statistically distinguish the coefficients for the Medicaid and non-Medicaid populations.

Medicaid population is notably larger in both absolute and relative terms than that for the non-Medicaid group is consistent with the story that the effects we are seeing are due to the July turnover.

## Results Using Narrower Categories of Teaching Intensity

Our base findings suggest that the negative impact of the July turnover on productivity is increasing in teaching intensity (i.e. major teaching hospitals are more affected than minor teaching hospitals). Intuitively, this makes sense, as teaching intensity captures the degree to which a hospital relies on residents and, therefore, should be correlated with the magnitude of the turmoil created by resident turnover. Nevertheless, it is not theoretically clear that the relationship between teaching intensity and the magnitude of the July phenomenon need be either linear or even monotonic. To more directly test for potential non-linearity in this relationship, we estimate versions of (1) in which we further divide the major teaching category into thirds on the basis of teaching intensity.<sup>15</sup>

Table 4 presents the results of these regressions. We focus on the coefficients for the three thirds of major teaching hospitals, as the results for the minor teaching group are the same as in Table 2. For LOS, the July-August coefficient is positive and significant for all three thirds. The magnitude of this coefficient increases from 0.086 for the lower third to 0.125 for the middle third and slightly decreases to 0.120 for the upper third

<sup>&</sup>lt;sup>15</sup> Teaching intensities for the lower third of major teaching hospitals range from 0.25 to 0.34 residents per bed, the middle third ranges from 0.34 to 0.55, and the upper third includes all values greater than 0.55.

(Column 1). None of these coefficients are statistically different from the other two at conventional levels.

The results for risk-adjusted mortality (Column 2), however, differ somewhat from those for LOS. Specifically, the July phenomenon appears to be focused in the lower and middle thirds, but is not present in the upper third. The effects for the first two groups (0.172 and 0.152, respectively) are both significantly different from zero and from the coefficient for the minor teaching category, but are not significantly different from each other. The effect for the upper third is substantially smaller in magnitude (0.054) than that for the lower and middle thirds and is not significantly different from zero at conventional levels. While the decline from the middle to upper thirds is only significant at the 16% level, it is not clear if this reflects a true lack of significance or if it is simply due to the relatively small sample size within each third of the major teaching category. Nonetheless, these results suggest that the July phenomenon with respect to risk-adjusted mortality does appear to diminish for the most-intensive teaching hospitals. Column 3 again suggests that the observed July phenomenon is not due to patient self-selection away from major teaching hospitals around the July turnover.

#### **Results Using Supervision Proxies**

One can imagine two leading explanations for the non-linear July phenomenon (at least with respect to mortality) observed in Table 4. First, it is possible that the mostintensive teaching programs (e.g., the upper third of major teaching) are more aware of or sensitive to the possibility of performance declines around the July turnover. As a result, these programs may provide higher levels of supervision to their house staffs in an effort

to avoid major disruptions. Alternatively, the most-intensive programs may be more likely to be highly prestigious and attract residents and fellows who are capable of learning more rapidly than those at lower-intensity programs. We refer to these two explanations as the *supervision* and *worker ability* stories, respectively.

While we cannot definitively distinguish between these two explanations, we do provide some suggestive evidence in Table 5. We supplement our existing data with information from the American Medical Association's FREIDA database, which provides annual information on the number of residents and attending physicians for individual residency programs within teaching hospitals. We were able to obtain this data for each year from 1994 through 2000. For each hospital and year, we calculate the ratio of fulltime attending physicians to residents as a weighted average across all of a hospital's medical and surgical teaching programs. We use this ratio as a proxy for the level of supervision provided to house staff at a given teaching hospital. This ratio is a not a perfect proxy, as it reflects only *potential* (not actual) supervision levels and does not account for unobserved factors. Nevertheless, it represents a reasonable approximation of our variable of interest.

As a proxy for worker (i.e., house staff) ability, we use an indicator for whether that facility was ranked as a top hospital in the United States by *U.S. News & World Report* in at least one major specialty category in 2002. In that year, 205 acute care hospitals (3.4% of the 6,045 considered) in the United States were included in this group (Comarow, 2002). Though being included in this list is not a perfect measure of the prestige of a hospital's teaching programs, it does represent a reasonable proxy.

In the first two columns of Table 5, we divide major teaching hospitals into lowand high-supervision groups. We assign major teaching hospitals to high- and lowsupervision groups based on their attending-to-resident ratio in each year.<sup>16</sup> Table 5 presents the results of these regressions using different thresholds to define major teaching hospitals with high supervision levels. The first two rows show the July-August coefficients of interest from regressions where high-supervision hospitals are defined as the top 50% of major teaching hospitals with respect to the attending-to-resident ratio. Thus, the "Major Teaching" coefficient suggests that major teaching hospitals with supervision levels in the lower 50% had an increase in LOS of 0.108 days in July-August. For high-supervision, major teaching hospitals, the estimated increase is smaller at 0.066 (=0.108-0.042) days. While the July-August increase for high-supervision hospitals remains significantly different from zero at the 10% level, it is not significantly different from the 0.108 increase for low-supervision hospitals.

The first two rows of Column 2 show similar results with respect to risk-adjusted mortality. Low-supervision hospitals in the major teaching group show a July-August increase of 0.156 (significant at the 10% level). The magnitude of this increase declines to 0.090 (=0.156-0.066) for high-supervision hospitals and is significantly different from zero at the 5% level. As seen by the coefficient on "Major Teaching x High Supervision", the July-August increase is not significantly different for the high- and low-supervision groups.

The next four rows of Table 5 show analogous results for regressions where highsupervision hospitals are defined as those in the *top 33%* and *top 20%* of major teaching

<sup>&</sup>lt;sup>16</sup> A given hospital may thus be in the high-supervision group in one year and in the lowsupervision group in the following year.

hospitals, respectively, in terms of their supervision ratios. With respect to LOS, these more stringent definitions of "high-supervision" hospitals do not have much of an effect on the results reported above—low- and high-supervision hospitals in the major teaching group experience similar increases in LOS in the July-August period.

The results for mortality are also consistent across the various definitions of high supervision with one notable exception. The final two rows of Column 2 suggest that, when high-supervision is defined as the top 20% of major teaching hospitals, high-supervision hospitals experience a significantly smaller increase in mortality during the July-August period. This decline in the July phenomenon of 0.146 percentage points is significant at the 10% level. Further, it reduces the overall July phenomenon for high-supervision hospitals to 0.004 percentage points (insignificantly different from zero at conventional levels). This result suggests that major teaching hospitals with very high-levels of supervision appear to be able to avoid the adverse impact of the July changeover on mortality performance.

Of course, it is possible that those hospitals with the highest levels of supervision are also those with the highest levels of worker ability. In the next two columns of Table 5, we also split major teaching hospitals into two groups based on whether or not they were ranked as a top hospital in at least one major specialty. The results of the LOS regressions in Column 3 are similar to those in Column 1. While the ranked, major teaching hospitals did have higher estimated increases in LOS than their unranked counterparts, the coefficients for the two groups were not significantly different from each other. The mortality results in Column 4 are also similar to those in Column 2. We note that, when high supervision is defined as the top 20% of hospitals, the decline of

0.123 percentage points in the July-August coefficient is no longer significant at conventional levels; it is, however, significant at the 15% level, and the overall effect for high-supervision hospitals of 0.039 (=0.162-0.123) is insignificantly different from zero (as in Column 2).

One might be concerned that the high supervision and ranking variables are so highly correlated that it is not possible to identify independent effects. We address this issue in two ways. First, we note that the weighted correlation between high supervision (defined by the 20% threshold) and being ranked is only 0.31. Second, the final two columns of Table 5 illustrate the effect of hospitals being ranked without controlling for supervision levels. We find that ranked, major teaching hospitals experience a July phenomenon that is 0.10 percentage points smaller than that for their unranked counterparts. Nevertheless, this difference is not significant at conventional levels, though it is significant at the 15% level. It is possible that, with more refined data, we might find that higher levels of house-staff ability reduce the magnitude of the July phenomenon. That said, our initial results suggest that supervision—particularly at very high levels—may play a role in mitigating the disruptive effects of turnover for major teaching hospitals, even after controlling for differences in worker ability.

#### CONCLUSION

This study examines the relationship between cohort turnover and productivity using a unique setting in which turnover occurs exogenously—the July turnover of house staffs in teaching hospitals. We find that both minor and major teaching hospitals experience a significant increase in resource utilization—measured by average LOS—

immediately following the July turnover, and that the effect appears to last for several months. We also find that teaching hospitals with medium teaching intensity experience a significant increase in patient mortality over the same period. The confluence of increased resource utilization and increased mortality (i.e., decreased quality) during the July-August period implies that this cohort turnover reduces medical productivity. Nevertheless, those hospitals with the highest teaching intensities (i.e., the greatest reliance on residents for the provision of care), seem to avoid the disruption of the July phenomenon with respect to changes in their average mortality rates. We provide preliminary evidence suggesting that higher supervision levels play a role in mitigating the impact of the July turnover in major teaching facilities.

The magnitude of the estimated effects is substantial and appears to last for roughly six months. We find that average LOS—our proxy for resource utilization and cost—for the average, major teaching hospital increases by roughly 2% following the July turnover and remains between 1% and 2% higher throughout the final six months of the calendar year. Similarly, the average, major teaching hospital experiences an increase in risk-adjusted mortality of roughly 4% (not percentage points) in the July-August period. This effect also remains at levels between 2% and 4% for the last six months of the calendar year. For the average major teaching hospital, this translates into between 7.8 and 13.8 "accelerated" deaths (i.e., deaths that occur earlier than they would have occurred in the absence of the July turnover) per year. Based on a total of roughly 200 major teaching hospitals in the United States, the July phenomenon is thus associated with roughly 1,500 to 2,750 accelerated deaths per year in the United States.<sup>17</sup>

<sup>&</sup>lt;sup>17</sup> To the extent that this effect is sizeable, one might ask why it may go unnoticed by teaching hospitals. A possible answer to this question is that the July phenomenon occurs at a time of the year when

Determining the social cost of this increase in mortality requires assumptions about the expected longevity of these individuals in the absence of the July turnover. Such assumptions are beyond the scope of this paper.

Beyond its findings with respect to the July phenomenon, this paper has broader implications for the study of the effects of labor turnover on organizations. It provides empirical support for the contention that cohort turnover has negative implications for productivity *on average*, though these effects do not increase linearly with the intensity of turnover. We find initial evidence suggesting that supervision can mitigate this negative effect. This latter finding implies that, even if firms are not able to reduce the levels of turnover they face, they may be able to manage its effects.

One question that is not addressed by our study is the degree to which managers should be concerned about turnover-related declines in productivity. On one hand, these declines likely reflect the costs associated with valuable on-the-job training. On the other, they may be larger than necessary to obtain the desired training benefit for new employees. In the case of teaching hospitals, we thus are not arguing that an optimal residency system would result in *no* systematic change in productivity throughout the year. Presumably, no system can guarantee that residents will be as productive at the beginning of their tenure as they will be at its end. Ultimately, the important question to answer is whether declines in productivity are higher than necessary to train new workers efficiently. The question of optimal supervision levels in the face of significant on-the-job training is an interesting issue for further study in contexts both within and outside of the hospital industry.

the overall trend in mortality is declining. As a result, an increase in mortality relative to non-teaching hospitals may not appear as an increase in absolute mortality.

# REFERENCES

Abelson, Michael and Barry Baysinger (1984). "Optimal and Dysfunctional Turnover: Toward an Organizational Level Model," *Academy of Management Review*, 9(2), 331-341.

Argote, Linda, Chester Insko, Nancy Yovetich, and Anna Romero (1995). "Group Learning Curves: The Effects of Turnover and Task Complexity on Group Performance," *Journal of Applied Social Psychology*, 25(6), 512-529.

Argote, Linda and Dennis Epple (1990). "Learning Curves in Manufacturing," *Science*, 247, 920-924.

Barry, William and Gary Rosenthal (2004). "Is There a July Phenomenon? The Effect of July Admission on Intensive Care Mortality and Length of Stay in Teaching Hospitals," *Journal of General Internal Medicine*, 18, 639-645.

Bell, Chaim and Donald Redelmeier (2001). "Mortality Among Patients Admitted to Hospitals on Weekends as Compared With Weekdays," *New England Journal of Medicine*, 345(9), 663-668.

Brown, Charles and James Medoff (1978). "Trade Unions in the Production Process," *Journal of Political Economy*, 86(3), 355-378.

Boylan, Richard (2004). "Salaries, Turnover, and Performance in the Federal Criminal Justice System," *Journal of Law and Economics*, 47, 75-92.

Carley, Kathleen (1992). "Organizational Learning and Personnel Turnover," *Organization Science*, 3(1), 20-46.

Charlson, Mary, Peter Pompei, Kathy Ales, and C. Ronald MacKenzie (1987). "A New Method of Classifying Prognostic Comorbidity in Longitudinal Studies: Development and Validation," *Journal of Chronic Diseases*, 40(5), 373-383.

Claridge, Jeffrey, Andrew Schulman, Robert Sawyer, Anousheh Ghezel-Ayagh, and Jeffrey Young (2001). "'The July Phenomenon' and the Care of the Severely Injured Patient: Fact or Fiction?" *Surgery*, 130(2), 346-353.

Clark, Kim (1980). "The Impact of Unionization on Productivity: A Case Study," *Industrial and Labor Relations Review*, 33, 451-469.

Comarow, Avery (2002). "America's Best Hospital," U.S. News & World Report, 133(3), 45.

Dalton, Dan and William Todor (1979). "Turnover Turned Over: An Expanded and Positive Perspective," *Academy of Management Review*, 4(2), 225-235.

Dobkin, Carlos (2002). "Hospital Staffing and Inpatient Mortality," mimeograph.

Fee, C. Edward and Charles Hadlock (2004). "Management Turnover Across the Corporate Hierarchy," *Journal of Accounting and Economics*, 37, 3-38.

Freeman, Richard and James Medoff (1982). *What Do Unions Do?*, New York, NY: Basic Books.

Gaba, David and Steven Howard (2002). "Fatigue Among Clinicians and the Safety of Patients," *New England Journal of Medicine*, 347(16), 1249-1255.

Gawande, Atul (2002). *Complications: A Surgeon's Notes on an Imperfect Science*, New York, NY: Metropolitan Books.

Gemmell, Islay, Philip McLoone, F.A. Boddy, Gordon Dickinson, and G.C.M. Watt (2000). "Seasonal Variation in Mortality in Scotland," *International Journal of Epidemiology*, 29, 274-279.

Glebbeek, Arie and Erik Bax (2004). "Is High Employee Turnover Really Harmful? An Empirical Test Using Company Records," *Academy of Management Journal*, 47(2), 277-286.

Griffith, Charles, John Wilson, Nirmala Desai, and Eugene Rich (1997). "Does Pediatric Housestaff Experience Influence Tests Ordered for Infants in the Neonatal Intensive Care Unit?" *Critical Care Medicine*, 25(4), 704-709.

Hayes, Rachel, Paul Oyer, and Scott Schaefer (2005). "Co-Worker Complementarity and the Stability of Top Management Teams," working paper.

Healthcare Cost and Utilization Project (1999). *The HCUP Nationwide Inpatient Sample (NIS), Release 6, 1997*, Rockville, MD: Agency for Healthcare Research and Quality.

Hellerstein, Judith and David Neumark (1995). "Are Earnings Profiles Steeper than Productivity Profiles? Evidence from Israeli Firm-Level Data," *Journal of Human Resources*, 30(1), 89-112.

Hendry, R. (1981). "The Weekend—A Dangerous Time to be Born?" *British Journal of Obstetrics and Gynaecology*, 88(12), 1200-1203.

Huselid, Mark (1995). "The Impact of Human Resource Management Practices on Turnover, Productivity, and Corporate Financial Performance," *Academy of Management Journal*, 38(3), 635-672.

Jovanovic, Boyan (1979). "Job Matching and the Theory of Turnover," *Journal of Political Economy*, 87(5), 972-990.

Krueger, Alan and Alexandre Mas (2004). "Strikes, Scabs, and Tread Separations: Labor Strife and the Production of Defective Bridgestone/Firestone Tires," *Journal of Political Economy*, 112(2), 253-289.

Laine, Christine, Lee Goldman, Jane Soukup, and Joseph Hayes (1993). "The Impact of a Regulation Restricting Medical House Staff Working Hours on the Quality of Patient Care," *Journal of the American Medical Association*, 269(3), 374-378

Leach, David (2000). "Residents' Work Hours: The Achilles Heel of the Profession?" *Academic Medicine*, 75(12), 1156-1157.

Levhari, David and Eytan Sheshinski (1973). "Experience and Productivity in the Israel Diamond Industry," *Econometrica*, 41(2): 239-253.

Maranto, Cheryl and Robert Rodgers (1984). "Does Work Experience Increase Productivity? A Test of the On-the-Job Training Hypothesis," *Journal of Human Resources*, 19(3): 341-357.

Medicare Payment Advisory Commission (2002). *Report to the Congress: Medicare Payment Policy* (Washington, DC: Medicare Payment Advisory Commission).

Medoff, James and Katherine Abraham (1985). "Experience, Performance, and Earnings," *Quarterly Journal of Economics*, 95(4): 703-736.

Mobley, William (1982). *Employee Turnover: Causes, Consequences, and Control.* Reading, MA: Addison-Wesley.

Newell, Allen and Paul Rosenbloom (1981). "Mechanisms of Skill Acquisition and the Power Law of Practice," in John Anderson, ed., *Cognitive Skills and Their Acquisition*. Hillsdale, NJ: Erlbaum, 1-55.

Polanyi, Michael (1966). The Tacit Dimension, New York, NY: Anchor Day Books.

Price, James (1977). The Study of Turnover, Ames, IA: Iowa State University Press.

Rich, Eugene, Steven Hillson, Bryan Dowd, and Nora Morris (1993). "Specialty Differences in the 'July Phenomenon' for Twin Cities Teaching Hospitals," *Medical Care*, 31(1): 73-83.

Staw, Barry (1980). "The Consequences of Turnover," *Journal of Occupational Behaviour*, 1(4): 253-273.

Steinbrook, Robert (2002). "The Debate Over Residents' Work Hours," *New England Journal of Medicine*, 347(16): 1296-1302.

Thorpe, Kenneth (1990). "House Staff Supervision and Working Hours: Implications of a Regulatory Change in New York State," *Journal of the American Medical Association*, 263(23): 3177-3181.

Tushman, Michael and Lori Rosenkopf (1996). "Executive Succession, Strategic Reorientation and Performance Growth: A Longitudinal Study in the U.S. Cement Industry," *Management Science*, 42(7), 939-953.

United Hospital Fund (1999). "Medical Residents Provide Large Share of Primary Care at NYC Ambulatory Care Facilities," press release, <u>http://www.uhfnyc.org/press\_release3159/press\_release\_show.htm?doc\_id=98095</u>, accessed December 13, 2004.

Weinstein, Debra (2002). "Duty Hours for Resident Physicians—Tough Choices for Teaching Hospitals," *New England Journal of Medicine*, 347(16): 1275-1278.



Source: NIS, 1993-2001.

	Non-T	eaching	Minor	<b>Feaching</b>	Major 1	Major Teaching		Full Sample		
	Mean	Standard Deviation	Mean	Standard Deviation	Mean	Standard Deviation	Mean	Standard Deviation		
Residents Per Inpatient Bed	0.01	0.01 0.04		0.08	0.53	0.28	0.10	0.19		
Inpatient Hospital Beds	135	115	337	206	493	260	187	177		
Inpatient Admissions/Year	4,824	5,016	13,923	8,562	21,222	10,049	7,181	7,684		
Patient Age	49.0	9.2	45.0	9.0	40.9	8.2	46.5	9.4		
Medicaid Admissions/Total Admissions	15%	13%	17%	14%	26%	16%	17%	14%		
Medicare Admissions/Total Admissions	39%	14%	33%	12%	26%	10%	35%	14%		
Observed Average Length of Stay										
Total	4.8	2.2	5.2	1.4	5.9	1.4	5.1	1.9		
Age<65	3.7	1.9	4.4	1.3	5.4	1.3	4.2	1.7		
Age 65+	6.5	3.0	6.9	1.9	7.5	2.2	6.7	2.7		
Observed Mortality										
Total	2.6%	1.6%	2.4%	0.7%	2.4%	0.7%	2.5%	1.3%		
Age<65	0.8%	1.0%	1.0%	0.4%	1.4%	0.5%	1.0%	0.8%		
Age 65+	5.3%	2.2%	5.2%	1.3%	5.4%	1.5%	5.3%	1.9%		
Observations (hospital-years)	4,	4,873		1,041		318		232		
Percentage of Total Sample	78.2%		16.7%		5.1%					

# Table 1: Descriptive Statistics by Hospital Type, 1993-2001

Note: Observations are at the hospital-year level and cover the five-year period from 1993 to 2001.

Source: NIS, 1993-2001.

	Change in Depend	ent Variable Relative to Period=April	Non-Teaching Baseli -May)	ne (Reference		
	Risk-Adjusted LOS	Risk-Adjusted Mortality	Total Admissions	Transfer Rate (Transfers/Total Admissions*100)		
Minor Teaching						
Jan-Mar	-0.003 (0.012)	-0.012 (0.018)	1.5 (3.4)	-0.02 (0.04)		
Apr-May						
June	0.010 (0.016)	0.006 (0.024)	-8.0 (2.8) ***	-0.02 (0.04)		
Jul-Aug	0.049 (0.013) ***	0.014 (0.019)	-0.5 (3.2)	-0.03 (0.04)		
Sep-Oct	0.040 (0.012) ***	0.003 (0.020)	-5.2 (3.1) *	-0.03 (0.05)		
Nov-Dec	0.036 (0.014) ***	-0.008 (0.020)	-25.9 (3.9) ***	0.02 (0.06)		
Major Teaching						
Jan-Mar	0.018 (0.021)	-0.037 (0.027)	4.7 (8.2)	0.03 (0.06)		
Apr-May						
June	0.057 (0.028) **	0.063 (0.034) *	-5.6 (8.2)	0.05 (0.06)		
Jul-Aug	0.111 (0.024) ***	0.122 (0.039) ***	30.6 (8.8) ***	-0.09 (0.08)		
Sep-Oct	0.092 (0.021) ***	0.088 (0.043) **	2.9 (8.9)	-0.01 (0.08)		
Nov-Dec	0.073 (0.020) ***	0.074 (0.037) **	-31.6 (9.1) ***	0.14 (0.07) **		
Mean of Dependent Variable						
Minor Teaching	5.28	2.60	1,259	4.32		
Major Teaching	5.80	2.82	1,855	5.25		
Observations	74,521	74,521	74,521	74.521		
Adjusted R <sup>2</sup>	0.738	0.465	0.983	0.822		

# Table 2: Base Regressions Using Minor and Major Teaching Categories

\*,\*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Note: The level of observation is the hospital-month. All regressions include fixed effects for hospital, year, and multi-month period, though these coefficients are not shown in the table for ease of presentation. Standard errors (in parentheses) are heteroskedasticity robust and clustered by hospital. In regressions with risk-adjusted LOS and risk-adjusted mortality as the dependent variable, observations are weighted by the total number of cases for the relevant hospital-month.

	Change in Dependent Variable Relative to Non-Teaching Baseline (Reference Period=April-May)											
	Media	caid	Non-Medicaid									
	Risk-Adjusted LOS	Risk-Adjusted Mortality	Risk-Adjusted LOS	Risk-Adjusted Mortality								
Minor Teaching												
Jan-Mar Apr-May	-0.059 (0.052)	-0.182 (0.083) **	0.004 (0.012)	0.003 (0.017)								
June	0.091 (0.062)	-0.011 (0.115)	-0.003 (0.016)	0.009 (0.024)								
Sep-Oct Nov-Dec	0.033 (0.031) 0.074 (0.048) 0.100 (0.051) **	-0.134 (0.086) -0.207 (0.092) **	0.035 (0.012) ***	0.018 (0.020)								
Major Teaching		0.207 (0.002)										
Jan-Mar Apr-May	-0.014 (0.058)	0.014 (0.084)	0.027 (0.024)	-0.032 (0.028)								
June	0.087 (0.091) 0.126 (0.070) *	0.194 (0.115) * 0.251 (0.110) **	0.048 (0.024) ** 0.097 (0.019) ***	0.027 (0.036) 0.093 (0.038) **								
Sep-Oct Nov-Dec	0.135 (0.076) * 0.119 (0.068) *	0.142 (0.096) 0.082 (0.111)	0.078 (0.017) *** 0.063 (0.022) ***	0.072 (0.040) * 0.070 (0.039) *								
Mean of Dependent Variable												
Minor Teaching Major Teaching	6.12 6.71	3.25 3.42	5.14 5.59	2.54 2.73								
Observations Adjusted R <sup>2</sup>	71,486 0.407	71,491 0.148	74,500 0.789	74,500 0.430								

# Table 3: Regressions on Medicaid and Non-Medicaid Populations

\*,\*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Note: The level of observation is the hospital-month. All regressions include fixed effects for hospital, year, and multi-month period, though these coefficients are not shown in the table for ease of presentation. Standard errors (in parentheses) are heteroskedasticity robust and clustered by hospital. In regressions with risk-adjusted LOS and risk-adjusted mortality as the dependent variable, observations are weighted by the total number of cases for the relevant hospital-month.

	Cha	inge in Deper Baselin	ndent Var e (Refere	riable Relativ	ive to Non-Teaching =April-May)						
	Risk-A	djusted LOS	Risk	-Adjusted ortality	Admissions						
Minor Teaching											
Jan-Mar	-0.003	(0.012)	-0.012	(0.018)	1.537	(3.437)					
Apr-May											
June	0.010	(0.016)	0.006	(0.024)	-7.978	(2.762) ***					
Jul-Aug	0.049	(0.013) ***	0.014	(0.019)	-0.454	(3.234)					
Sep-Oct	0.040	(0.012) ***	0.003	(0.020)	-5.217	(3.084) *					
Nov-Dec	0.036	(0.014) **	-0.009	(0.020)	-25.919	(3.905) ***					
Major Teaching											
Lower Third											
Jan-Mar	0.005	(0.029)	-0.026	(0.050)	25.548	(12.836) **					
Apr-May											
June	0.051	(0.034)	0.032	(0.050)	-15.866	(20.378)					
Jul-Aug	0.086	(0.028) ***	0.172	(0.087) **	18.759	(14.384)					
Sep-Oct	0.074	(0.029) **	0.096	(0.096)	-4.515	(11.793)					
Nov-Dec	0.075	(0.033) **	0.142	(0.072) **	-14.258	(13.929)					
Middle Third											
Jan-Mar	0.085	(0.039) **	-0.042	(0.045)	-10.918	(13.541)					
Apr-May											
June	0.027	(0.055)	0.106	(0.053) **	-3.480	(9.388)					
Jul-Aug	0.125	(0.058) **	0.152	(0.056) ***	23.981	(12.723) *					
Sep-Oct	0.102	(0.056) *	0.086	(0.061)	-1.929	(11.254)					
Nov-Dec	0.089	(0.047) *	0.028	(0.074)	-27.852	(15.348) *					
Upper Third											
Jan-Mar	-0.025	(0.024)	-0.043	(0.036)	-0.790	(14.165)					
Apr-May											
June	0.088	(0.039) **	0.055	(0.057)	2.400	(11.215)					
Jul-Aug	0.120	(0.031) ***	0.054	(0.044)	48.835	(16.910) ***					
Sep-Oct	0.100	(0.024) ***	0.084	(0.050) *	15.018	(20.280)					
Nov-Dec	0.059	(0.024) **	0.053	(0.032)	-52.478	(15.186) ***					
Mean of Dependent Variable											
Minor Teaching	5.	.28	2.	60	1.2	259					
Major Teaching	5	.80	2.	82	1,855						
Observations	7/	521	7/	521	7/	521					
Adjusted $P^2$	, <del>1</del>	729	, <del>,</del>	165	, 4, 0.0	021					
Aujusieu n	0.	100	0.4	+05	0.984						

# **Table 4: Regressions Using Major-Teaching Subcategories**

\*,\*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Note: The level of observation is the hospital-month. All regressions include fixed effects for hospital, year, and multi-month period, though these coefficients are not shown in the table for ease of presentation. Standard errors (in parentheses) are heteroskedasticity robust and clustered by hospital. In regressions with risk-adjusted LOS and risk-adjusted mortality as the dependent variable, observations are weighted by the total number of cases for the relevant hospital-month.

Table 5: July-August Co	oefficients for (	Categories of 3	Maior '	<b>Teaching Hos</b>	pitals

	Change in Dependent Variable Relative to Non-Teaching Baseline (Reference Period=April-May)												
	Risk-Adjusted LOS	Risk-Adjusted Mortality	Risk-Adjusted LOS	Risk-Adjusted Mortality	Risk-Adjusted LOS	Risk-Adjusted Mortality							
High Supervision = Top 50%													
Major Teaching	0.108 (0.032) ***	0.156 (0.094) *	0.103 (0.031) ***	0.162 (0.094) *	0.101 (0.028) ***	0.145 (0.047) ***							
Major Teaching x High Supervision	-0.042 (0.049)	-0.066 (0.105)	-0.060 (0.057)	-0.038 (0.107)									
Major Teaching x Ranked			0.058 (0.057)	-0.091 (0.074)	0.045 (0.043)	-0.100 (0.064)							
High Supervision = Top 33%													
Major Teaching	0.086 (0.036) **	0.133 (0.064) **	0.080 (0.038) **	0.148 (0.068) **									
Major Teaching x High Supervision	-0.006 (0.044)	-0.040 (0.083)	-0.016 (0.042)	-0.012 (0.081)									
Major Teaching x Ranked		× ,	0.038 (0.043)	-0.102 (0.075)									
High Supervision = Top 20%													
Maior Teaching	0.083 (0.030) ***	0.150 (0.054) ***	0.077 (0.034) **	0.162 (0.059) ***									
Major Teaching x High Supervision	0.005 (0.050)	-0.146 (0.082) *	-0.005 (0.049)	-0.123 (0.084)									
Major Teaching x Ranked	· · · ·	, , , , , , , , , , , , , , , , , , ,	0.034 (0.046)	-0.070 (0.080)									
Observations	73,287	73,287	73,287	73,287	74,521	74,521							

\*,\*\*, and \*\*\* denote statistical significance at the 10%, 5%, and 1% levels, respectively.

Note: The level of observation is the hospital-month. All regressions include fixed effects for hospital, year, and multi-month period, though these coefficients are not shown in the table for ease of presentation. Regressions also include a full set of interactions with multi-month periods for each of the following variables: minor teaching, major teaching, major teaching x high supervision, and (in Columns 3 and 4) major teaching x ranked. For ease of presentation, only the July-August coefficients for the various types of major teaching hospitals appear in the table. Standard errors (in parentheses) are heteroskedasticity robust and clustered by hospital. Observations are weighted by the total number of cases for the relevant hospital-month. The smaller sample size in the first four columns is due to the fact that data on supervision levels are not available for 1993 and 2000. In these years, all major teaching hospitals are thus excluded from the sample.

	1993	}	1994	4	1995	5	1990	6	199	7	199	8	199	9	2000	)	200	1
		Full																
State	Sample	NIS																
Arizona	13	13	12	12	15	15	15	15	14	14	14	14	13	13	14	14	12	12
California	95	96	101	102	104	105	102	103	106	107	97	97	95	95	93	93	94	94
Colorado	27	28	21	22	21	22	21	21	18	18	20	20	18	18	22	22	18	18
Connecticut	7	7	7	7	9	9	8	8	9	9	7	7	6	6	6	6	7	7
Florida	165	166	162	163	140	141	137	138		117		109		98		55		57
Georgia										115		114		100		60		60
Hawaii										3		4		4		3		3
Illinois	75	75	77	77	73	73	72	72	73	73	75	75	70	70	69	69	65	65
lowa	70	70	64	64	54	54	53	53	52	52	53	53	54	54	54	54	38	38
Kansas		72		71		61		60		62		56		58		57		36
Kentucky															31	31	30	30
Maine													11	11	10	10	9	9
Maryland	40	40	42	42	39	39	39	39	35	35	32	32	23	23	13	13	12	12
Massachusetts	30	30	27	27	25	25	19	19	18	18	17	17	15	15	16	16	16	16
Michigan																		30
Minnesota																	37	37
Missouri					48	49	46	47	44	44	38	39	38	38	39	40	21	22
Nebraska																		21
New Jersey	20	20	19	19	18	18	17	17	19	19	17	17	17	17	16	16	14	14
New York	60	60	62	62	59	59	58	58	56	56	52	52	46	46	49	49	43	43
North Carolina															36	36	34	34
Oregon	19	19	19	19	17	17	17	17	16	16	18	18	18	18	18	18	19	19
Pennsylvania	57	57	53	53	51	51	50	50	52	52	47	47	43	43	42	42	42	42
Rhode Island																	1	1
South Carolina		52		51		46		41		34		34		34		20		18
Tennessee						52		50		64		72		68		31		36
Texas																93		90
Utah									13	13	16	16	17	17	14	14	16	16
Vermont																	4	4
Virginia													47	47	21	21	24	24
Washington	23	23	21	21	22	22	22	22	20	20	24	24	25	25	24	24	25	25
West Virginia															21	21	18	18
Wisconsin	85	85	92	92	80	80	76	76	71	71	67	67	66	66	66	66	35	35
Total Hospitals	786	913	779	904	775	938	752	906	616	1012	594	984	622	984	674	994	634	986
Total States	15	17	15	17	16	19	16	19	16	22	16	22	18	24	21	28	24	33

# Appendix: Number of Hospitals in the Sample and the NIS by State and Year, 1993-2001