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Research Article

# The effects of shocks in early life mortality on later life expectancy and mortality compression: A cohort analysis

# Mikko Myrskylä

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# **Table of Contents**

| 1        | Introduction                                      | 290        |
|----------|---------------------------------------------------|------------|
| 2        | Background                                        | 290        |
| 3        | Anticipated effects of cohort mortality shocks    | 295        |
| 4<br>4.1 | Data, variables and methods<br>Data and variables | 297<br>297 |
| 4.1      |                                                   |            |
|          | Methods                                           | 299        |
| 4.3      | Characteristics of the data                       | 301        |
| 5        | Results                                           | 303        |
| 5.1      | Early life mortality and life expectancy          | 303        |
| 5.2      | Early life mortality and compression of mortality | 309        |
| 5.3      | Sensitivity analysis                              | 312        |
| 6        | Discussion                                        | 312        |
| 0        | Discussion                                        | 512        |
| 7        | Acknowledgements                                  | 315        |
|          | References                                        | 316        |

# The effects of shocks in early life mortality on later life expectancy and mortality compression: A cohort analysis

# Mikko Myrskylä<sup>1</sup>

# Abstract

I study how shocks in cohort-level early life conditions, as represented by deviations from trend in mortality before age 5, affect later mortality. I use data for six European countries and find that shocks that increase infant mortality decrease later life expectancy between ages 5-30. The effect is strong for England and Wales but small or insignificant for other countries. Shocks that increase mortality at ages 1-5 increase life expectancy between ages 5-30 and compress the mortality distribution. For both shocks the effects are weak at older ages. These results suggest that early life conditions have a transitory effect and potentially only little influence on old-age mortality.

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## 1. Introduction

Cohorts born in different periods separated by short time interval often experience different mortalities over their life course. These differences, which are sometimes interpreted as signifying "cohort effects" on mortality, are well documented (for example, Wilmoth, Vallin and Caselli 1990) but the sources of these differences remain uncertain.

Early life conditions are one potential source of the differences in cohort mortality. At the individual-level, it has been shown that early life conditions and adult health and mortality are linked (Case, Fertig and Paxson 2005; Hayward and Gorman 2004; Preston, Hill and Drevenstedt 1998). It is, however, less clear whether a *cohort-level* link from early life conditions to later life mortality exists, and if so, whether the link is strong enough to explain cohort level differences in adult- and old-age mortality. Moreover, disentangling the early life effects, effects that cumulate over the life course and period effects is methodologically challenging. Consequently, evidence regarding the importance of cohort's early life conditions on later life mortality is mixed and continues to be debated (Elo and Preston 1992; Kannisto, Christensen and Vaupel 1997; Bengtsson and Lindstrom 2000; Doblhammer 2004; Finch and Crimmins 2004; Barbi and Vaupel 2005; Catalano and Bruckner 2006; Bengtsson and Mineau 2009; Gagnon and Mazan 2009; Bruckner and Catalano 2009; van den Berg, Doblhammer and Christensen 2009).

This paper uses historical time series for six European countries to analyze how early life conditions, proxied by cohorts' mortality at ages below 5, predict later life cohort-level mortality. The results show that shocks causing above trend mortality during the first year of life increase mortality at ages 5-30, and that shocks causing above-trend mortality at ages 1-5 decrease mortality at ages 5-30 and compresses the age at death distribution. The effects are small at older ages. Gender differences are also small. The findings are consistent with the emerging literature suggesting that cohort's old-age mortality is not strongly linked to cohort's early life mortality (Bruckner and Catalano 2009; Gagnon and Mazan 2009; van den Berg et al. 2009) but could be linked to other indicators of early life conditions such as the state of the business cycle at birth (van den Berg, Lindeboom and Portrait 2006; van den Berg et al. 2009).

## 2. Background

The idea that conditions early in life affect health and mortality later in life dates back to at least 1934. Kermack, McKendrick, and McKinlay (1934, 2001) argued that reductions in death rates in Great Britain depended strongly on the date of birth of

individuals. During recent decades, interest in the effects of early life conditions on adult health and mortality has been revitalized by Barker and colleagues (Barker et al. 2002; Barker 1992, 1994; Eriksson et al. 1999). The influential "Barker theory" or "fetal origins of adult disease theory" predicts that cohort-level mortality differences may, at least partly, be explained by the cohorts' early life conditions. While the Barker theory focuses on *in utero* nutrition, it is possible that also other early life factors, such as exposure to disease or macro-economic conditions (which could be a proxy for nutrition or disease), matter. In addition, it may be that also other stages of early life, especially the first years after birth, are sensitive to early life experiences.

Evidence regarding the cohort-level links between early life conditions and later life health and mortality, however, is mixed. Almond (2006) analyses U.S. data and finds lower educational attainment and income for those in utero during the 1918 influenza when compared to the neighboring birth cohorts. Cohen and Tillinghast (2009), however, analyze data from 24 countries and find no long-term mortality effects for prenatal or neonatal exposure to the 1918 influenza. The study by Almond identifies the timing of exposure more accurately than Cohen and Tillinghast, which may explain the difference in results, but it is also possible that old-age health but not mortality is sensitive to early life exposure to disease. Studies focusing on the long-term impact of early life nutritional deprivation have produced at least as mixed results. Studies on the Finnish famine of 1866-1868 (Kannisto et al. 1997) and the Dutch famine of 1944-1945 (Painter et al. 2005) have found no association between nutritional deprivation early in life and later mortality. Van den Berg et al. (2007) analyze the effects of 1846-47 Dutch potato famine and find that those who were exposed to the famine in utero may have had increased mortality at ages above 50, but for women no effects are found. In contrast to these results, Fogel (2004) and Costa and Lahey (2005) attribute much of the decline in old age mortality to improved nutrition.

The strongest and most consistent evidence regarding the cohort-level links between early life conditions and later life mortality seems to come from studies that use the state of the business cycle at birth as a proxy for early life conditions. For example, van den Berg and colleagues (2006, 2008, and 2009) study how the state of the business cycle at birth is associated with de-trended mortality at older ages, and find that being born in a recession, compared to being born in a period of economic growth, increases later mortality. The majority of the effect seems to be attributable to elevated cardiovascular disease mortality at old ages (van den Berg et al. 2008). At the moment, however, the mechanism through which the business cycle affects health decades later it is not well understood. Potential pathways could be related to resources in several ways. For example, during recessions families have fewer resources than they would have during a boom, and this may influence nutrition. Recessions may also cause whole families or household heads to migrate in search for jobs or better life; this could affect later life health of those born in a recessions through various mechanisms.

This paper focuses on the cohort-level links between early life conditions and later life mortality using cohort-level mortality as a proxy for early life conditions. Existing evidence regarding these links is inconclusive. Finch and Crimmins (2004), Barbi and Vaupel (2005) and Crimmins and Finch (2006a, 2006b) study the link between cohorts' early life and late life mortality, and find that these are strongly and positively correlated. The correlations presented, however, may be spurious since both the dependent and independent variables are subject to trends. One way to deal with the problem arising from trends in the variables is to de-trend the variables before analysis. This approach was pioneered by Bengtsson and Lindström (2000, 2003), who analyze the association between de-trended infant and child mortality at the time of birth and de-trended mortality at older ages, and find that disease load during the first year of life (proxied by early life mortality conditions) is associated with higher mortality later in life. Bengtsson and Lindstöm use the Hodrick-Prescott filter (Hodrick and Prescott 1997) in de-trending, and this method has become a common tool in demography (for example, van den Berg et al. 2009; Gagnon and Mazan 2009).

Catalano and Bruckner (2006) use a similar de-trending approach to study the association between cohort's early life and later mortality. They use national level historical mortality data for Sweden, Denmark, and England and Wales. Instead of the Hodrick-Prescott filter, Catalano and Bruckner de-trend the early and later life mortality variables using ARIMA (Auto-Regressive Integrated Moving Average) models (Box and Jenkins 1970) with autoregressive lags up to 10 and moving average lags up to 8. Catalano and Bruckner find that higher than expected mortality during the first five years of life may decrease life expectancy at age 5 by as much as 1.75 years, and that the effect is stronger for men than for women. The result suggests that, at the cohort level, early life conditions play an important role in determining later mortality. The effect (1.75 years), however, is difficult to interpret because it corresponds to the difference between minimum and maximum in the independent variable, not to a one standard deviation difference in the independent variable. The significance of the results may also be exaggerated as the statistical tests are one-sided. A priori high early life mortality increase later life expectancy through selection.

Other studies on the links between early life conditions and later life mortality have produced mixed evidence. In a series of papers Bengtsson and colleagues have used data from 18<sup>th</sup>-19<sup>th</sup> century Sweden to analyze whether mortality conditions early in life, which is taken as a proxy for exposure to disease, predict mortality in adulthood (Bengtsson and Lindstrom 2000, 2003; Bengtsson and Broström 2009). Bengtsson et al. use Cox proportional hazard models to estimate the effects of mortality deviations from trend early in life on adult mortality, and find that those born during times of high

mortality have increased adult mortality. The magnitude of the effect is sizable; for example in the 2009 paper that analyses mortality at ages above 55 for 1766-1839 birth cohorts, those born in years with very high infant mortality (deviation from trend in the highest decile) face up to 43% higher old-age mortality than those born in times of lower infant mortality.

Others who have used largely similar study designs that Bengtsson et al. have developed have generally failed to find links between being born in times of high mortality and later mortality. van den Berg et al. analyze the links between being born during times of high mortality and later adult mortality (van den Berg, Lindeboom and Portrait 2006; van den Berg, Doblhammer and Christensen 2009).<sup>2</sup> The 2006 paper uses data on Dutch 1812-1912 birth cohorts with mortality follow-up until 2000, and finds no substantially or statistically significant links between infant mortality at the time of birth and later mortality. The 2009 paper uses Danish twin registry to analyze the links between early and later life mortality for 1872-1906 birth cohorts, and finds no evidence for any links between mortality conditions at birth and adult mortality. Gagnon and Mazan (2009) use essentially the same analytical design that Bengtsson et al. and van den Berg et al. use to analyze the effects of infant mortality on later adult mortality in a pre-industrial French-Canadian population. The birth cohorts are from 1680 to 1750. The demographic context in the study by Gagnon and Mazan is unique as the population experiences stable or increasing rather than decreasing mortality over time. Gagnon and Mazon estimate the associations both with and without de-trending<sup>3</sup> the early life mortality variable. In both cases the links between early and later life mortality are statistically and substantially small.

Finally, in a follow-up to the Catalano and Bruckner 2006 paper, Bruckner and Catalano estimate the cohort-level links between de-trended mortality early in life and de-trended later mortality (Bruckner and Catalano 2009).<sup>4</sup> In contrast to the 2006 paper which analyzed only life expectancy at age 5, the 2009 paper decomposes the effects of early life mortality conditions on later mortality by age. The data is the same data as it

<sup>&</sup>lt;sup>2</sup> While the main focus of these papers is on the effects of economic conditions early in life, the effects of mortality conditions early in life on later mortality is also analyzed carefully.

<sup>&</sup>lt;sup>3</sup> The need for de-trending is not very strong in this case as the trends are weak, and inexistent secular trends in period conditions can not confound the results.

<sup>&</sup>lt;sup>4</sup> Certain features of the study design and some of the results of the current paper are similar to Bruckner and Catalano (2009), henceforth BC2009. The current paper was developed independently of BC2009. The current paper was submitted in July 2008. I learned about the still forthcoming BC2009 on January 16<sup>th</sup> 2009 when I got the first round of anonymous reviews. BC2009 was published online ahead of press in March 2009. The main differences between the current paper and BC2009, which are discussed also in the main text, are that the current paper analyses 6 (instead of 3) countries; studies how mortality compression (not just age-specific mortality) depends on early life conditions; uses a simple and transparent Hodrick-Prescott filter (instead of ARIMA method) to decompose time series to trend and deviation from trend; and discusses how long-term changes in early life conditions (not just deviations from trend) are linked to later mortality

was in the 2006 paper, and the methods including the ARIMA-model based de-trending are also similar. The age-decomposition indicates that the effects of early life exposure to conditions that elevate mortality rates on later life mortality are expressed mainly at young ages (below 20); at old ages the effects are substantially and statistically small.

To summarize, the research concerning the link between mortality conditions early in life, which should be taken as a broad proxy for the epidemiologic environment, and later mortality is inconclusive. The results in studies that find a very strong association between cohort's mortality early in life and later mortality using aggregate nationallevel mortality data may be confounded by changing period conditions (Barbi and Vaupel 2005; Crimmins and Finch 2006a, 2006b; Finch and Crimmins 2004; Kermack et al. 1934, 2001). Studies that remove the potentially confounding period effect using de-trending techniques mostly find a weak or no link between cohort-level early life mortality and later mortality (Gagnon and Mazan 2009; van den Berg et al. 2006, 2009; Bruckner and Catalano 2009). An exception is the series of studies using data from 18<sup>th</sup>-19<sup>th</sup> century rural Sweden (Bengtsson and Broström 2009; Bengtsson and Lindstrom 2000, 2003). These careful analyses by Bengtsson and colleagues identify the timing of above or below-trend infant mortality on a regional level and suggest that early life mortality conditions do matter for adult mortality, or did at least in the populations analyzed. It is however not clear why the results are so different from the studies by van den Berg et al. (2006, 2009) and Gagnon and Mazan (2009). In addition, if there are long-lasting links between cohort level early life conditions, and later life mortality, it is not fully known how long-lasting these links are – the results by Bruckner and Catalano suggest that the majority of the effect may disappear by age 30.

The current paper contributes to the knowledge on cohort-level links between early life conditions and later life mortality using historical time series for six European countries (Denmark, England and Wales, Finland, the Netherlands, Sweden and Switzerland). The paper builds on Catalano and Bruckner (2006) and uses some methodological features introduced to demography by Bengtsson and Lindstrom (2000). I analyze the links between deviations from trend in mortality before age five and de-trended later mortality. I break mortality before age 5 into infant (age 0) and early childhood (ages 1-5) mortality, this decomposition allows me to analyze in more detail what are the sensitive periods of life. As dependent variables, I use conditional life expectancy. In order to study at what stages of the life course mortality responds to early life conditions, I measure conditional life expectancy at ages 5-30, 30-50, 50-70, and 70-90.

In addition to life expectancy, I analyze how mortality compression depends on early life mortality. Fries (Fries 1980) hypothesized about the 'rectangularization' of mortality, and since then several authors have showed that mortality is being compressed over time, but that there is little evidence that perfect rectangularization would be reached anytime soon (Edwards and Tuljapurkar 2005; Kannisto 2000; Wilmoth and Horiuchi 1999). Most research, however, has focused on period measured of mortality compression. Van den Berg, Lindeboom and Portrait (2006) show that mortality differentials across social classes are exacerbated for cohorts born during recessions, but there are no studies analyzing how cohort level compression of mortality depends on cohort's early life mortality. In this paper I analyze how interquartile range in age at death, a compression measure suggested by Wilmoth and Horiuchi (1999), responds to shocks in cohort's early mortality.

All the analyses use the Hodrick-Prescott filter to break observed time series into a trend and residual. Analysis of the correlations in the residuals, or shocks, allows me to answer the question how does cohort's mortality at ages above 5 depend on mortality experience before age 5.

#### 3. Anticipated effects of cohort mortality shocks

I term environmental shocks that influence mortality as mortality shocks. These may be related to cohort-level later mortality through selection, scarring or induced immunity.<sup>5</sup> Assume a cohort has a robustness distribution that could be, for example, gamma or Gaussian. The robustness distribution is directly linked to age at death distribution so that high values of robustness reflect high expected age at death and low values of robustness reflect low expected age at death. Likewise, the variance of the robustness distribution is linked to the compression of mortality so that the higher the variance in robustness the lower the mortality compression and vice versa. I outline briefly what could be expected to happen to the mean and variance of the robustness distribution after an adverse mortality shock, such as a famine, disease epidemic or war that results in excess mortality in cohort's early life. Table 1 summarizes these effects.

<sup>&</sup>lt;sup>5</sup> Preston, Hill and Drevensted (1998) present a related typology of four mechanisms that relate the risk of death in childhood and risk of death in adulthood. These are (1) positive and direct, (2) positive and indirect, (3) negative and direct, and (4) negative and indirect developed. In the typology of Table 1, selection/culling corresponds to (4), scarring to (1) and acquired immunity to (3). High risks of death early and late in life may be also indirectly related (2), through "correlated environments" so that better access to education and health care in childhood results in higher adult socioeconomic status and lower adult mortality. This study uses data aggregated at the national level, and data to this effect is not available.

Myrskylä: Shocks in early life mortality on later life expectancy and mortality compression

First, an early life cohort mortality shock may have a scarring effect that lowers mean robustness for the surviving cohort thus increasing later mortality and lowering the expected age at death. This effect applies to both individuals and cohorts. Second, an early life cohort mortality shock may act selectively, killing the weakest. This would results in a lowering of the left tail of the age at death distribution for the survivors. The effect of such selection on the mean of the robustness distribution would be positive, increasing the expected age at death for the surviving cohort. Third, an early life cohort mortality shock may induce immunity, increasing the mean of the robustness distribution and the expected age at death. The sorting out of the selection and acquired immunity effects is difficult in practice, as the prevalence of high immunity in a surviving cohort may be due to acquired immunity or the selection of the not-immune out of the cohort. Note also that only shocks with a scarring effect or immunity inducing effect influence individual mortality. Selection, in turn, does not affect the surviving individuals' mortality but does affect cohort-level mortality.

| Type of effect    | Change in mean | Change in variance |
|-------------------|----------------|--------------------|
| Selection/Culling | +              | -                  |
| Scarring          | -              | +/-                |
| Immunity          | +              | +/-                |
| Total             | ?              | ?                  |

Table 1:The effect of an adverse shock in cohort-level early life conditions on<br/>the mean and variance of a cohort's robustness distribution

Note: The robustness distribution is directly linked to age at death distribution so that high values of robustness reflect high expected age at death. Similarly, large (small) variance in robustness reflects large (small) variance in age at death.

The mortality shock may also change the variance of the robustness distribution, which reflects the variation in age at death or compression of mortality. The direction of the change, however, is less clear than it is for the mean of the robustness distribution and mean age at death. First, scarring may either increase or decrease the variance in robustness, depending on the heterogeneity of the effect. A scarring shock that affects the most robust will decrease the variance, while a scarring shock that affects the weakest will increase variance. The selection effect is likely to decrease variation in age at death. If the mortality shock acts selectively on the frailest, the mortality of the survivors will be compressed. The probability of acquiring immunity during an epidemic could also depend on initial frailty, so immunity-inducing shocks may either increase or decrease the variance in robustness and age at death.

To summarize, conceptually shocks in cohort's early life mortality conditions may either increase or decrease both longevity and variation in age at death for the survivors of the same cohort. It is also unclear at what ages mortality would be altered by an early life cohort shock. This paper analyses the links between cohort's early and later mortality, and hopefully sheds light on which of the three within-cohort effects dominates: selection, scarring, or immunity.

### 4. Data, variables and methods

#### 4.1 Data and variables

I use time series data on the numbers of deaths and years of exposure by cohort for Denmark (cohorts born between 1835 and 1915), England and Wales (1841-1915), Finland (1878-1915), the Netherlands (1850-1915), Sweden (1751-1915) and Switzerland (1876-1915). The data source is the Human Mortality Database (University of California, Berkeley (USA) and the Max Planck Institute for Demographic Research (Germany) 2008).

The selection of countries is based on data quality and the length of time series. For the six countries used, the data quality is comparatively good. The most accurate data is likely to concern infant mortality, as deaths before 1<sup>st</sup> birthday were generally recorded with high accuracy even in the early part of the 19<sup>th</sup> century (Andreev 2002). This is fortunate, since infant mortality is one of our key variables. The errors in the data generally increase with age, and are most pronounced at ages above 90 (Andreev 2002; Jdanov, Scholz and Shkolnikov 2005). To mitigate the effects of potential data errors, I exclude all the data concerning people aged 90 or over. Data quality also increases with time. To analyze the sensitivity of the results to potential errors, all analyses were done also for cohorts born after 1870 but the results (see Section 5) remained the same.

Myrskylä: Shocks in early life mortality on later life expectancy and mortality compression

As an indicator for early life conditions I use mortality at ages 0 and 1-5,<sup>6</sup> denoted by  $_1m_0$  and  $_4m_1$  and calculated as

$$_{n}m_{x} = \frac{_{n}D_{x}}{_{n}PY_{x}} \tag{1}$$

where  ${}_{n}D_{x}$  is the number of deaths and  ${}_{n}PY_{x}$  is person-years lived between ages x and x + n.

I measure a cohort's longevity by conditional life expectancy. This is the average number of years lived between ages x and x+n for those who survive to x, denoted by  $_{n}e_{x}$  and calculated as

$$_{n}e_{x} = \frac{_{n}PY_{x}}{l_{x}}, \qquad (2)$$

where  $_{n}PY_{x}$  is as in (1) and  $l_{x}$  is the number of people who survived to x. For each cohort I calculate  $_{85}e_{5}$ ,  $_{25}e_{5}$ ,  $_{20}e_{30}$ ,  $_{20}e_{50}$  and  $_{20}e_{70}$ .<sup>7</sup>

For mortality compression, there are several alternative indicators (Kannisto 2000; Wilmoth and Horiuchi 1999). Wilmoth and Horiuchi (1999) show that these are highly correlated with each other, thus the choice of the indicator is not likely to be critical. I use interquartile range in age at death conditional on surviving to age x. This measure is easy to calculate and interpret, and recommended by Wilmoth and Horiuchi (1999). The measure is also convenient for cohort studies because one can calculate the interquartile range after observing only 75% of the deaths. This means that the interquartile range is fully observed for cohorts born as late as 1915, the youngest cohort included in this study. I denote the conditional interquartile range in age at death for those who survived to age x by  $iqr_x$ . The value of  $iqr_x$  is calculated the usual way as the difference between the third and first quartiles in age at death for those who

<sup>&</sup>lt;sup>6</sup> Also mortality at ages 0-5 was analyzed. The results were similar to those obtained with  $_4m_1$ , but slightly attenuated.

<sup>&</sup>lt;sup>7</sup> Also  $_{105}e_5$  and  $_{20}e_{90}$  were analyzed. The results were consistent with those obtained using age 90 as the upper limit. I use age 90 as the upper limit instead of 110 because this allows me to use 20 more cohorts for each country.

survive to age x. For each cohort I calculate  $iqr_5$  and  $iqr_{30}$ , the interquartile range in age at death for those who survive to ages 5 or 30.<sup>8</sup>

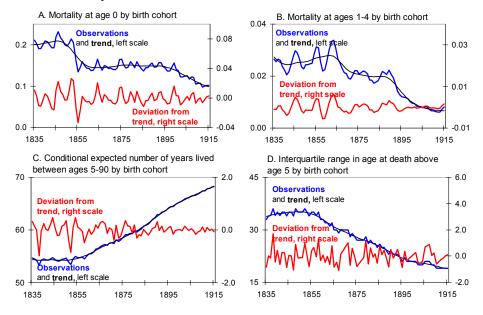
#### 4.2 Methods

All the time series of this study are subject to trends: life expectancies are increasing. mortality rates are decreasing, and mortality is being compressed (see Figure 1). When analyzing the associations between variables which are subject to trend it is often useful to start by de-trending the variables. The reason for this is that regressing a variable with a trend on another variable with a trend may yield statistically significant results, irrespective of the true nature of their associations (Hendry 1980). Therefore I decompose the series into trend and deviation from trend, and model the deviations from trend. I de-trended each of the series over cohorts using the Hodrick-Prescott filter (Hodrick and Prescott 1997) with a smoothing parameter  $\lambda = 100$ , a standard choice for annual data (Maravall and del Río 2007).<sup>9</sup> Figure 1 shows the data (original series, estimated trend and residuals) for Denmark for selected variables. Panels A and B of Figure 1 show the independent variables, mortality at ages 0 and 1-5. The black line is for the original series, the blue line is for the estimated trend, and the red line is for the deviations from trend, or shocks, in early life mortality. Panels C and D of Figure 1 show the data for conditional life expectancy at ages 5-90 and interquartile range in age at death above age 5. The graphs are qualitatively similar for other countries (not shown), so that mortality and interquartile range in age at death are both decreasing over cohorts, and life expectancy is increasing.

<sup>&</sup>lt;sup>8</sup> The analysis was also done with conditional standard deviation in age at death as the dependent variable.

The results were somewhat stronger than they are with the interquartile range, but qualitatively not different. <sup>9</sup> Two other smoothing parameters were also analyzed,  $\lambda = 6.25$ , suggested by Ravn and Uhlig (2002) and  $\lambda = 1600$ , often used for quarterly data. The larger the value of  $\lambda$  the less the smoothing. Therefore the estimated residuals did change when  $\lambda$  was changed. The estimates for the model parameters, however, were essentially unchanged.

#### Figure 1: Denmark: Mortality at ages 0 and 1-5, conditional life expectancy between ages 5-90, and interquartile range in age at death above age 5 by birth cohort



Source: Observations: Human Mortality Database; trend and deviation from trend: own calculations.

I estimate the effects of early childhood mortality shocks on later mortality using a model

$$Y = \boldsymbol{\beta}' \mathbf{X} + \boldsymbol{\varepsilon} \,, \tag{3}$$

where *Y* is the dependent variable (for life expectancy, deviation from trend in  ${}_{85}e_5$ ,  ${}_{25}e_5$ ,  ${}_{20}e_{30}$ ,  ${}_{20}e_{50}$ , and  ${}_{20}e_{70}$  and for compression of mortality, deviation from trend in  $iqr_5$  and  $iqr_{30}$ ) and **X** is the vector of predictors. The first set of models includes only infant mortality shocks, so  $\beta = \beta_0$ . The second set of models include only early childhood mortality shocks, so  $\beta = \beta_{1-4}$ . The last set of models has both shocks, so  $\beta = (\beta_0, \beta_{1-4})$ . The models are estimated for a pooled data including all countries, and also separately for each country and for both genders. The three sets of models are used

because I wanted to study the explanatory power of both infant and early childhood mortality shocks, and because even after de-trending, these shocks may be so correlated that joint estimation of the effects is inaccurate.

I estimate the Model (3) by ordinary least squares (OLS). I studied the sensitivity of the results to the OLS assumptions by estimating the models with auto-correlated residuals with lags up to 5, selecting the optimal number of lags with the generalized Durbin-Watson test. The results were only marginally different from the OLS results, so only the OLS results are presented here.

The model (3) controls implicitly for period changes in two ways: first, cohorts born within a short period are compared to each other, thus keeping the period factor almost constant, and second, the remaining influence of changing periods is removed by de-trending. The coefficients of model (3) are related to Table 1 as follows. If mortality shocks in childhood were negatively correlated with later life expectancy ( $\beta_0$ ,  $\beta_{1-4} < 0$ ), then the scarring effect must dominate the selection and immunity effects (see Table 1). If mortality shocks were positively correlated with later life expectancy ( $\beta_0$ ,  $\beta_{1-4} > 0$ ), then those who survive would be on average less frail than those who die as a result of the mortality shocks. This would be consistent both with selection and immunity theories. When the response variable is interquartile range in age at death, negative coefficients would be consistent with all three theories, and positive coefficients with scarring and immunity theories.

#### 4.3 Characteristics of the data

Table 2 shows the range of the data and residual standard deviation (standard deviation for the de-trended data) for some key variables. The number of cohorts by country varies from 165 (Sweden, 1751 to 1915) to 38 (Finland, 1878 to 1915). Generally, the longest series of cohorts have the lowest minimum life expectancies, highest maximum mortality rates, and largest residual variation. This pattern is due to decreasing mortality and decreasing variance over time.

Table 2 shows that, in the six countries studied, conditional life expectancy at ages 5-90 varies from 44.6 to 68.7 years (both Sweden), and that the residual variation from Hodrick–Prescott de-trending ranges from 0.13 years (the Netherlands) to 0.43 years (Sweden). The average number of years lived between the ages of 5 to 30 (not shown) ranges from 21.2 years (Sweden) to 24.5 years (Denmark). For all other life expectancy variables, the minimum and maximum values were also from Sweden. Interquartile range in age at death between above age 5 ranges from 19.0 to 39.0 years, with residual variation ranging from 0.75 years (Sweden) to 0.52 years (Switzerland).

# Table 2:Minimum and maximum for levels and minimum, maximum and<br/>standard deviation for de-trended residuals for life expectancy,<br/>interquartile range in age at death, and early life mortality variables<br/>by country

|                                                | All<br>countries | Denmark   | England and Wales | Finland   | The<br>Netherlands | Sweden    | Switzerland |
|------------------------------------------------|------------------|-----------|-------------------|-----------|--------------------|-----------|-------------|
| Cohorts                                        | 1751-1915        | 1835-1915 | 1841-1915         | 1878-1915 | 1850-1915          | 1751-1915 | 1876-1915   |
| Life expectancy at ages 5-90                   |                  |           |                   |           |                    |           |             |
| Minimum                                        | 44.6             | 53.3      | 50.6              | 53.2      | 52.6               | 44.6      | 57.8        |
| Maximum                                        | 68.7             | 68.2      | 65.6              | 59.9      | 67.9               | 68.7      | 68.6        |
| Residual minimum                               | -2.15            | -0.99     | -0.87             | -0.53     | -0.41              | -2.15     | -0.33       |
| Residual maximum                               | 1.62             | 0.47      | 0.77              | 0.46      | 0.35               | 1.62      | 0.53        |
| Residual standard dev.                         | 0.33             | 0.24      | 0.34              | 0.27      | 0.13               | 0.43      | 0.17        |
| Interquartile range in age<br>at death, age 5+ |                  |           |                   |           |                    |           |             |
| Minimum                                        | 19.0             | 19.0      | 21.0              | 32.0      | 19.0               | 19.0      | 21.0        |
| Maximum                                        | 39.0             | 36.0      | 36.0              | 38.0      | 39.0               | 39.0      | 29.0        |
| Residual minimum                               | -2.76            | -1.11     | -2.13             | -1.84     | -1.24              | -2.76     | -1.29       |
| Residual maximum                               | 1.99             | 1.68      | 1.60              | 1.21      | 1.16               | 1.99      | 1.24        |
| Residual standard dev.                         | 0.64             | 0.58      | 0.63              | 0.62      | 0.51               | 0.75      | 0.52        |
| Mortality/1000 at age 0                        |                  |           |                   |           |                    |           |             |
| Minimum                                        | 71.5             | 98.2      | 104.7             | 111.5     | 101.8              | 71.5      | 90.5        |
| Maximum                                        | 289.7            | 231.5     | 179.6             | 196.1     | 276.2              | 289.7     | 254.5       |
| Residual minimum                               | -33.3            | -33.3     | -11.7             | -15.8     | -21.2              | -33.3     | -13.9       |
| Residual maximum                               | 39.0             | 26.3      | 12.4              | 18.8      | 26.6               | 39.0      | 13.8        |
| Residual standard dev.                         | 9.4              | 9.5       | 4.9               | 7.4       | 10.4               | 10.6      | 6.5         |
| Mortality/1000 at ages 1-5                     |                  |           |                   |           |                    |           |             |
| Minimum                                        | 6.2              | 6.2       | 15.1              | 18.8      | 10.9               | 8.3       | 7.7         |
| Maximum                                        | 53.7             | 33.8      | 40.7              | 42.8      | 45.5               | 53.7      | 23.4        |
| Residual minimum                               | -13.0            | -5.4      | -2.9              | -6.0      | -3.8               | -13.0     | -2.8        |
| Residual maximum                               | 7.5              | 6.2       | 3.6               | 5.9       | 5.2                | 7.5       | 2.3         |
| Residual standard dev.                         | 2.3              | 2.1       | 1.0               | 2.9       | 1.6                | 2.9       | 1.0         |

Source: Levels: Human Mortality Database, residuals: own calculations.

The range and variation in the predictor variables is much higher than the range and residual variation in the dependent variables. The highest and lowest values (per 1000 person years) for infant mortality are 289.7 (Sweden) and 71.5 (Sweden). For early childhood mortality, the corresponding numbers are 53.7 (Sweden) and 6.2 (Denmark). The range of residual variation in infant mortality is from 4.9 (England and Wales) to 10.6 (Sweden), and in childhood mortality from 1.0 (England and Wales, Switzerland) to 2.9 (Finland, Sweden) deaths per 1000 person years. It is not surprising to see higher residual variation in the early life mortality rates than in the dependent variables, since the dependent variables are summary measures over time. For such variables, good and bad times tend to even out, decreasing variance.

## 5. Results

Section 5.1 analyzes the effects of mortality shocks on conditional life expectancy; Section 5.2 focuses on mortality compression; and Section 5.3 discusses sensitivity analyses. In Sections 5.1 and 5.2, the tables present three models: Model 1 has only infant mortality as the predictor, Model 2 uses only early childhood mortality, and Model 3 shows both. The coefficients are standardized to show the effect of one standard deviation positive shock (higher than expected mortality) in the predictor variable. As the models are linear, one standard deviation negative shock (lower than expected mortality) would have the same effect but with the opposite sign.

#### 5.1 Early life mortality and life expectancy

**Model 1**, Table 3 regresses de-trended conditional life expectancy on infant mortality. Overall, the model explains very little of variation of life expectancy at any ages. In the pooled regression which combines all countries  $R^2$  ranges from 0.00 to 0.01, and in the country specific analyses the highest  $R^2$  is 0.11 (Finland, ages 50-70).

The coefficients for the infant mortality shocks in the pooled regressions are significant for ages 5-90 and 5-30 but not for other ages. The effects are also of smaller magnitude at ages above 30 than below 30. Thus the smallest apparent effect seems to occur between ages 5 and 30. The estimates show that one standard deviation increase in infant mortality is associated with 0.10 standard deviation decrease in life expectancy between ages 5 and 90. The standard deviation for de-trended life expectancy between ages 5 and 90 is 0.33 years (Table 2), so one standard deviation shock in infant mortality reduces life expectancy at ages 5-90 by  $0.33 \times 0.11 = 0.036$  years (less than two weeks) and a three standard deviation shock by 1.3 months.

|                     | Model 1   |                          | Model 2 |                   | Model 3                        |         |         |
|---------------------|-----------|--------------------------|---------|-------------------|--------------------------------|---------|---------|
|                     | Mortality | Mortality shock at age 0 |         | shock at ages 1-5 | Mortality shocks at ages 0 and |         |         |
|                     | R2        | b0                       | R2      | b15               | R2                             | b0      | b15     |
| All countries, n=46 | 6         |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.01      | -0.10*                   | 0.04    | 0.20***           | 0.05                           | -0.10*  | 0.20*** |
| Ages 5-30           | 0.01      | -0.10*                   | 0.20    | 0.45***           | 0.21                           | -0.11** | 0.45*** |
| Ages 30-50          | 0.00      | -0.00                    | 0.00    | -0.01             | 0.00                           | -0.00   | -0.01   |
| Ages 50-70          | 0.00      | -0.03                    | 0.00    | -0.06             | 0.00                           | -0.03   | -0.06   |
| Ages 70-90          | 0.00      | 0.02                     | 0.01    | -0.10*            | 0.01                           | 0.02    | -0.10*  |
| Denmark, n=81       |           |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.03      | -0.18                    | 0.03    | 0.17              | 0.06                           | -0.17   | 0.16*   |
| Ages 5-30           | 0.05      | -0.21                    | 0.35    | 0.60***           | 0.39                           | -0.18*  | 0.59*** |
| Ages 30-50          | 0.00      | 0.03                     | 0.03    | -0.17             | 0.03                           | 0.02    | -0.17   |
| Ages 50-70          | 0.01      | -0.08                    | 0.05    | -0.23*            | 0.06                           | -0.09   | -0.23*  |
| Ages 70-90          | 0.01      | 0.11                     | 0.00    | 0.03              | 0.01                           | 0.11    | 0.04    |
| Eng. and Wales, n   | =75       |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.09      | -0.30**                  | 0.02    | -0.16             | 0.12                           | -0.31** | -0.16   |
| Ages 5-30           | 0.10      | -0.32**                  | 0.01    | -0.10             | 0.12                           | -0.32** | -0.11   |
| Ages 30-50          | 0.03      | -0.16                    | 0.00    | 0.03              | 0.03                           | -0.16   | 0.03    |
| Ages 50-70          | 0.05      | -0.22                    | 0.00    | -0.04             | 0.05                           | -0.22   | -0.05   |
| Ages 70-90          | 0.01      | 0.09                     | 0.00    | 0.07              | 0.01                           | 0.09    | 0.07    |
| Finland, n=38       |           |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.06      | 0.25                     | 0.16    | 0.40*             | 0.24                           | 0.27    | 0.42*** |
| Ages 5-30           | 0.02      | 0.14                     | 0.26    | 0.51***           | 0.29                           | 0.16    | 0.52*** |
| Ages 30-50          | 0.00      | 0.00                     | 0.12    | 0.35*             | 0.12                           | 0.02    | 0.35*   |
| Ages 50-70          | 0.11      | 0.33*                    | 0.03    | 0.17              | 0.15                           | 0.34*   | 0.19    |
| Ages 70-90          | 0.03      | 0.19                     | 0.01    | -0.10             | 0.04                           | 0.18    | -0.09   |
| Netherlands, n=66   |           |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.00      | 0.03                     | 0.02    | 0.13              | 0.02                           | 0.04    | 0.14    |
| Ages 5-30           | 0.00      | -0.06                    | 0.03    | 0.17              | 0.03                           | -0.04   | 0.17    |
| Ages 30-50          | 0.01      | 0.09                     | 0.00    | 0.03              | 0.01                           | 0.09    | 0.04    |
| Ages 50-70          | 0.02      | 0.14                     | 0.00    | 0.01              | 0.02                           | 0.14    | 0.03    |
| Ages 70-90          | 0.01      | 0.11                     | 0.01    | -0.09             | 0.02                           | 0.10    | -0.08   |
| Sweden, n=165       |           |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.02      | -0.13                    | 0.06    | 0.25**            | 0.09                           | -0.15*  | 0.27*** |
| Ages 5-30           | 0.01      | -0.10                    | 0.25    | 0.50***           | 0.27                           | -0.15*  | 0.51*** |
| Ages 30-50          | 0.00      | 0.01                     | 0.02    | -0.14             | 0.02                           | 0.03    | -0.15   |
| Ages 50-70          | 0.00      | -0.03                    | 0.00    | -0.06             | 0.00                           | -0.03   | -0.06   |
| Ages 70-90          | 0.00      | -0.06                    | 0.03    | -0.17*            | 0.03                           | -0.04   | -0.17*  |
| Switzerland, n=41   |           |                          |         |                   |                                |         |         |
| Ages 5-90           | 0.02      | 0.14                     | 0.02    | 0.13              | 0.04                           | 0.17    | 0.15    |
| Ages 5-30           | 0.02      | 0.24                     | 0.02    | 0.13              | 0.07                           | 0.22    | 0.13    |
| Ages 30-50          | 0.00      | 0.00                     | 0.00    | -0.07             | 0.00                           | 0.01    | -0.07   |
| Ages 50-30          | 0.00      | 0.07                     | 0.00    | 0.04              | 0.00                           | 0.06    | 0.04    |
| Ages 70-90          | 0.00      | 0.02                     | 0.00    | -0.09             | 0.01                           | 0.03    | -0.09   |

# Table 3:The effect of one standard deviation mortality shocks at ages 0 and<br/>1-5 on conditional life expectancy in six European countries

Notes: Model 1: b0 is the effect of a 1 SD increase in de-trended cohort mortality at age 0.

Model 2: b15 is the effect of a 1 SD increase in de-trended cohort mortality at ages 1-5.

Model 3: b0 and b15 are as in Models 1-2, but estimated jointly.

\*p<.05, \*\*p<.01, \*\*\*p<.001

In the country specific analyses, the parameter estimates are a mixture of mostly insignificant positive and negative values. The results are strongest for England and Wales, where the estimate -0.30 at ages 5-90 implies 1.2 months decreased life expectancy for one standard deviation shock in infant mortality. The difference between the largest deviation above-trend (12.4) and the largest deviation below-trend (-11.7) is (12.4+11.7)/4.92 = 4.9 standard deviations. Thus the difference in life expectancy for the difference between largest and smallest observed values in de-trended infant mortality is  $4.9 \cdot 1.2 = 5.9$  months.

Assuming that the effect for deviations from trend is the same as the effect for changes in levels, we can calculate the effect for the long-term decrease in infant mortality on life expectancy at age 5, or alternatively the effect associated with the difference between the largest and smallest observed infant mortality levels.<sup>10</sup> For England and Wales, the difference between the largest and smallest observed levels in infant mortality in the period 1841-1915 is 179.6-104.7 = 74.9 deaths per 1000 person years. This is 15.2 times the residual standard deviation (4.9) and implies an increase of  $15.2 \cdot 1.2 = 18.2$  months, or 1.5 years, in life expectancy at age 5. While this is a sizeable effect, it is still only about 10% of the approximately 15 year increase in cohort life expectancy at age 5 from birth cohort 1841 to 1915. For other countries, the effects associated with the long-term declines in infant mortality are smaller and statistically insignificant.

**Model 2**, Table 3 estimates the effect of mortality shock at ages 1-5. In the pooled regression, mortality shock at ages 1-5 explains 4 % of the variation in life expectancy at ages 5-90, 20 % of the variation at ages 5-30, and practically nothing of the variation at ages 30-90. A similar pattern is observed in country specific regressions: Early childhood mortality shocks explain some of the variation at ages 5-90, quite much of the variation at ages 5-30, and very little of the variation at ages 30-90. This means that the effect occurs between ages 5 to 30.

For ages 5-90 and 5-30, where childhood mortality explains a substantial proportion of the variation, all effects are positive except for England and Wales. Positive coefficients mean that high mortality at ages 1-5 is associated with high life expectancy (and low mortality) between ages 5 to 90 and 5 to 30. In the pooled regression, the coefficient 0.20 for ages 5-90 implies that one standard deviation shock in mortality at ages 1-5 increases later life expectancy by  $0.33 \times 0.20 = 0.066$  years (less than one month). Correspondingly, three standard deviation shock in mortality at age 1-

<sup>&</sup>lt;sup>10</sup> The differences between the first and last observation and the largest and smallest observation are closely related, as the largest observed value for infant mortality tends to be close to the beginning of the time series, and the smallest close to the end of the time series. The difference between the largest and smallest is at least as large as the difference between the first and last value, resulting generally in slightly larger associated effect than what would be associated with the difference between the first and last values.

5 is associated with an increase in later life expectancy by 2.4 months. For Denmark, one standard deviation in de-trended life expectancy at ages 5-30 is 0.068 (not shown in the Table 2), so the coefficient 0.60 (shown in Table 3) implies  $0.068 \cdot 0.60 \cdot 12 = 0.5$  months increase in life expectancy for one standard deviation shock. For the difference between the largest positive (6.20) and largest negative (-5.42) shocks in mortality at ages 1-5 in Denmark the coefficient 0.60 implies 2.7 months difference in life expectancy at ages 5-30. For Sweden, for ages 5-30, the coefficient of 0.50 implies 0.8 months increase in life expectancy between ages 5-30 for one standard deviation shock, and the largest positive (7.47) and largest negative (13.01) shocks in mortality at ages 1-5 are associated with a 5.6 months difference in the average number of years lived between ages 5 and 30.

At age groups above 30 (30-50, 50-70, and 70-90) the estimates are mostly substantially and statistically insignificant. For ages 70-90 there are a couple of statistically significant estimates. In the pooled regression, the coefficient -0.10 implies 0.8 months lower life expectancy at ages 70-90 for one standard deviation shock in mortality at ages 1-5 and 2.4 months lower life expectancy for three standard deviation shock. For Sweden, the coefficient -0.17 implies 1.6 months lower life expectancy for one standard deviation shock, and the difference between the largest positive (7.47) and largest negative (-13.01) shocks in mortality at ages 1-5 imply a 9.0 month difference in life expectancy at ages 70-90. These negative effects are consistent with the hypothesis that adverse early life conditions would leave a mark that is expressed in higher old-age mortality. However, with the exception of Sweden, the magnitude of these negative effects on old-age life expectancy is small and overwhelmed by the positive effect seen at ages 5-30. Moreover, the coefficient for Sweden ages 70-90 (-0.17, p=0.03) is sensitive to the inclusion of one outlying observation (1773 birth cohort).<sup>11</sup> If this data point is excluded from the analysis, the *p*-value for two-sided test increases from 0.03 to 0.57. Thus the results on the negative effects of mortality at ages 1-5 on old-age mortality are not robust.

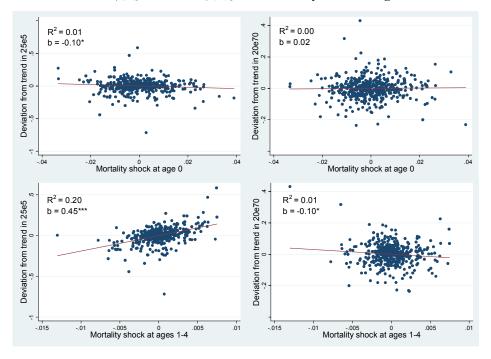
For Model 1, and the effects of infant mortality shocks, it was assumed that the effects of deviations from trend could be similar to the effects of secular changes in levels, and this allowed me to calculate the effect of a long-term secular decline in early life mortality on later life expectancy. The assumption was justified given the direction and magnitude of the effects. For Model 2, however, it is unlikely that the estimated selection/immunity effect could be generalized to reflect the effects of secular decline in mortality at ages 1-5. Of course, the coefficients of Model 2, Table 3, can be mechanically combined with the long-term mortality changes shown in Table 2, but

<sup>&</sup>lt;sup>11</sup> In a time series analysis like this, the endpoints of time series may sometimes be very influential. In our analysis, however, excluding endpoint cohorts 1751 and 1915 did not make a difference to the results.

given the direction of the effect, the results would be counter-intuitive and unlikely to reflect reality. Note, however, that this applies to the potential generalization of the coefficients, not to the observed effects of short term changes that support the selection and/or acquired immunity hypotheses.

**Model 3**, Table 3, estimates jointly the effects for infant and early childhood mortality shocks. All of the coefficients in this model have the same sign as they did in the univariate regressions, they are of similar magnitude and, with a few exceptions, the statistical significance is also the same across the models. Thus, within these variables, multi-collinearity or confounding are not serious problems, and one can use the univariate models to draw the conclusions. Figure 2 shows the scatter plots and univariate regressions of de-trended life expectancy between ages 5-30 and 70-90 on infant and early childhood mortality shocks (pooled data). The figures confirm what was already observed. For the infant mortality shocks, the both regression lines are close to horizontal, implying that the association between cohort-level infant mortality and later life expectancy is weak. For the early childhood mortality shocks (Figure 2), the graphs show that mortality shocks are positively correlated with average number of years lived between ages 5 and 30, but the association between the shocks and life expectancy at old ages (ages 70-90) is weak.

# Figure 2: Deviation from trend in conditional life expectancy between ages 5-30 (25e5) and 70-90 (20e70) and mortality shocks at ages 0 and 1-5



Pooled data (countries: Denmark, England and Wales, Finland, the Netherlands, Sweden and Switzerland), birth cohorts 1751-1915, total number of observations 466. \*p<.05, \*\*p<.01

#### 5.2 Early life mortality and compression of mortality

Table 4 shows how compression of mortality, measured by interquartile range in age at death above 5 and 30 years, depends on early life mortality shocks.

| e effects of one standard deviation mortality shocks at ages 0 and |
|--------------------------------------------------------------------|
| on interquartile range (IQR) in age at death for those who         |
| vive to age 5 and 30                                               |
|                                                                    |

|                   |     | Model 1   |       | Model 2     |          | Model 3           |          |          |
|-------------------|-----|-----------|-------|-------------|----------|-------------------|----------|----------|
|                   |     | Mortality | shock | Mortality   | / shock  | Mortality         | / shocks |          |
|                   |     | at age 0  |       | at ages 1-5 |          | at ages 0 and 1-5 |          |          |
|                   | n   | R2        | b0    | R2          | b15      | R2                | b0       | b15      |
| IQR, ages 5+      |     |           |       |             |          |                   |          |          |
| All countries     | 466 | 0.00      | 0.03  | 0.06        | -0.21*** | 0.07              | 0.04     | -0.21*** |
| Denmark           | 81  | 0.00      | 0.00  | 0.05        | -0.38**  | 0.06              | -0.00    | -0.37**  |
| England and Wales | 75  | 0.01      | 0.09  | 0.03        | 0.17     | 0.04              | 0.09     | 0.17     |
| Finland           | 38  | 0.04      | 0.21  | 0.07        | -0.30**  | 0.11              | 0.21     | -0.30**  |
| Netherlands       | 66  | 0.00      | 0.02  | 0.05        | -0.22    | 0.05              | 0.03     | -0.22    |
| Sweden            | 165 | 0.00      | 0.01  | 0.12        | -0.35*** | 0.12              | 0.04     | -0.35*** |
| Switzerland       | 41  | 0.00      | 0.05  | 0.00        | 0.02     | 0.00              | 0.05     | 0.02     |
| IQR, ages 30+     |     |           |       |             |          |                   |          |          |
| All countries     | 466 | 0.00      | 0.04  | 0.00        | 0.03     | 0.00              | 0.04     | 0.03     |
| Denmark           | 81  | 0.00      | -0.07 | 0.06        | 0.24*    | 0.06              | -0.06    | 0.23*    |
| England and Wales | 75  | 0.01      | 0.10  | 0.01        | -0.12    | 0.02              | 0.10     | -0.12    |
| Finland           | 38  | 0.00      | 0.00  | 0.14        | -0.38*   | 0.14              | 0.00     | -0.38*   |
| Netherlands       | 66  | 0.02      | 0.14  | 0.00        | -0.01    | 0.02              | 0.14     | 0.01     |
| Sweden            | 165 | 0.00      | 0.02  | 0.01        | 0.11     | 0.01              | 0.01     | 0.11     |
| Switzerland       | 41  | 0.02      | -0.13 | 0.03        | -0.17    | 0.04              | -0.12    | -0.16    |

Model 1: b0 is the effect of a 1 SD increase in de-trended cohort mortality at age 0

Model 2: b15 is the effect of a 1 SD increase in de-trended cohort mortality at ages 1-5

Model 3: b0 and b15 are as in Models 1-2, but jointly estimates

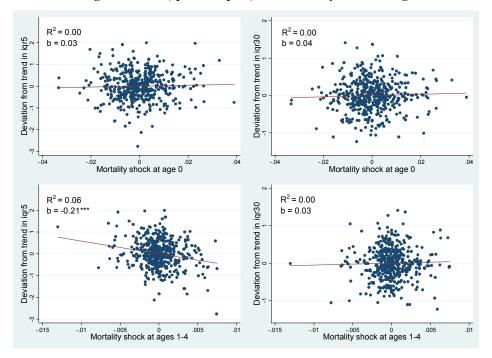
\*p<.05, \*\*p<.01, \*\*\*p<.001

**Model 1** of Table 4 analyzes infant mortality shocks. Overall, these shocks explain very little of the variation in mortality compression (maximum  $R^2$  is 0.04), and none of the coefficients is statistically significant.

**Model 2** analyzes mortality shocks at ages 1-5. In the pooled regression these shocks explain 6 % of the variation in mortality compression at ages above 5, but less than 1 % of the variation at ages above 30. Therefore, the effect takes place at ages 5-30. In country-specific regressions and for ages above 5, the coefficients are negative for four countries and highly significant in three countries. England and Wales seems to be an exception here, having a positive (but not significant) coefficient when others are negative. For ages above 30 the effects are a mix of positive and negative coefficients. This confirms that a mortality shock at ages 1-5 has a strong effect on mortality at ages 5-30, but for older ages the effect is weak. The finding is consistent with the findings concerning life expectancy.

The negative association between the shock in child mortality and mortality compression above age 5 means that high childhood mortality compresses later mortality. In Table 4, the estimate -0.21 for the pooled regression implies that one standard deviation shock in mortality at ages 1-5 is associated with 1.6 months' decrease in interquartile range in age at death  $(-0.21 \cdot 0.64 \cdot 12 = 1.6)$ . Three standard deviation shock in mortality at ages 1-5 then implies a 4.8 months' decrease in interquartile range in age at death. For Denmark, one standard deviation shock in mortality at ages 1-5 then implies a 4.8 months' decrease in interquartile range in age at death. For Denmark, one standard deviation shock in mortality at ages 1-5 (2.10) decreases variation in age at death by 2.6 months, and the difference between the largest positive (6.20) and largest negative (-5.42) observed shocks would result in 14.3 months' difference in variation in age at death. For Sweden, these statistics are 3.2 months for one standard deviation shock (2.91) and 21.8 months difference for the difference between the largest (7.47) and smallest (-13.01) observed shocks.

**Model 3** estimates jointly the coefficients for infant and early childhood mortality shocks. The differences between the coefficients between the multivariate Model 3 and the univariate Models 1 and 2 are small. Therefore, one can focus on the univariate models. Figure 3 shows the scatter plots for the pooled regression of de-trended interquartile range in age at death above ages 5 and 30 and infant and early childhood mortality shocks. The figures confirm what was already observed: for the infant mortality shocks (top-left and top-right panels of Figure 3), the regression lines are essentially horizontal, implying that the association between infant mortality and mortality compression is weak. For the early childhood mortality shocks (bottom-left and bottom-right of Figure 3), the graphs show that high mortality at ages 1-5 is associated with low interquartile range in age at death for ages above 5, but if the analysis is restricted to ages above 30 the association vanishes.



# Figure 3: Deviation from trend in the interquartile range in age at death above ages 5 and 30 (*iqr5* and *iqr30*) and mortality shocks at ages 0 and 1-5

Pooled data (countries: Denmark, England and Wales, Finland, the Netherlands, Sweden and Switzerland), birth cohorts 1751-1915, total number of observations 466. \*p<.05, \*\*p<.01

#### 5.3 Sensitivity analysis

I studied the sensitivity of the results with respect to sex, assumptions regarding the statistical model, time period and mortality level. I first re-estimated the models by sex. The results were similar for both men and women.

Second, I estimated all the models with auto-correlated error structure, allowing the number of lags in the residual to be up to 5. The optimal number of lags was chosen with the generalized Durbin-Watson test. The results were essentially the same with the standard OLS model and with the model that allowed auto-correlation in the residuals.

Third, I estimated the OLS models for the period preceding secular declines in mortality. Among the countries studied, only Sweden has observations for the period preceding mortality decline. The years when mortality was approximately stationary correspond roughly to 1751 to 1810 (1751 being the first year for which data is available, and 1810 being the year after which life expectancy started increasing). The results for Sweden for this time period were consistent with the results reported in Tables 3 and 4.

Fourth, I estimated the OLS models for all countries for the period when life expectancy at birth was below 50. The results were essentially the same as they were for the full data. Additionally, I estimated the models including only the most extreme years. This was done by including a) only the years when infant mortality shock was in the upper 20 % of the distribution, and b) including only the years when deviation from trend in conditional life expectancy between years 5 and 90 was in the upper 20 % of the distribution. Again, the results were similar to what is shown in Tables 3-4.

Finally, the models were re-estimated with log-mortality as the basis of cohort mortality shocks (instead of using mortality on original scale). The results did not change in any significant way.

#### 6. Discussion

Cohorts born in different periods separated by short time interval often experience different mortalities over their life course. These differences may potentially be explained by differences in the respective cohorts' early life conditions. This study analyzed how shocks in cohort-level early life conditions, as represented by deviations from trend in mortality at age 0 (infant mortality) and at ages 1-5 (early childhood mortality), are associated with two important summary measures of later cohort mortality, conditional life expectancy and mortality compression. Using historical mortality data for Denmark, England and Wales, Finland, the Netherlands, Sweden and Switzerland I find that shocks in infant mortality are associated with later mortality, but

not particularly strongly. The strongest effects were observed for England and Wales where the long-term decrease in infant mortality from the mid-19<sup>th</sup> century to early 20<sup>th</sup> century was associated with a 1.5 year increase in life expectancy at age 5. This effect is approximately 10% of the long term increase in life expectancy at age 5. For other countries, however, the effects were markedly smaller and statistically insignificant. The effects for older ages were also small.

There was no evidence that compression of mortality would depend on shocks in infant mortality. Mortality shocks at ages 1-5, however, were strongly linked to mortality at ages 5-30 and variation in age at death at ages above 5. High early childhood mortality increases average number of years lived for those who survive to age 5 and compresses mortality. High mortality at ages 1-5 may also slightly decrease conditional life expectancy at old ages, but the evidence for this is weak both substantively and statistically. These findings were similar for men and women.

The finding that high mortality at ages 1-5 may decrease mortality at ages 5-30 may be due to selection or acquired immunity during the mortality shock. For all cohorts, mortality is very low at ages 5-30. Thus those few who die at these ages are likely to be very frail (wartimes, and accident mortality, may constitute exceptions). If mortality at ages 1-5 happens to be higher than on average, then it is plausible that this mortality shock especially affects those who would otherwise have lived to age 5 but who still died at relatively young ages. If this is true, the selection and culling effect would explain the observed association between mortality at ages 1-5 and 5-30. The other explanation, acquired immunity during the shock, is also possible, but in this study it was not possible to separate these two explanations.

These results on the effects of mortality at ages 1-5 apply most clearly to Denmark, Finland, and Sweden. For the Netherlands and Switzerland, the evidence was weaker but generally to the same direction as for the Scandinavian trio. England and Wales, however, is an outlier, having negative coefficients when others are positive and positive when others are negative. Moreover, the effect of infant mortality shocks on life expectancy were far larger in England and Wales than in any other country. There are several potential explanations why England and Wales looks different. First, the historical data for England and Wales may be of lower quality than it is for the other countries (Winter 1976). Second, the World War I and the 1918 Spanish influenza outbreak increased mortality in England and Wales so that for cohorts born between 1880 and 1895 there was a stalling and even a decline in life expectancy. While other countries analyzed in this study also suffered from the 1918 Spanish influenza, the World War I mortality was higher for England and Wales than it was for any other country analyzed in this study. Therefore these events caused disturbances in the observed mortality dynamics and may have affected the results of this study especially regarding England and Wales. In previous research the disturbances of World War I on cohort mortality patterns have been well documented (Winter 1976). Derrick (1927; cited in Winter 1976) even claimed that, "[in England and Wales] the effects of losses during the European War were so great and indefinite as to obscure all normal changes". Of course, the mortality dynamics may also be inherently different in England and Wales than they are in other countries. Even if it were true, the overall evidence from pooled regressions and from other countries still suggests that above-trend mortality from the ages of 1-5 decreases mortality at older ages up to age 20-30. The reasons why the link between infant mortality and life expectancy at ages 5-90 is stronger in England and Wales than in other countries, however, remains unclear.

This study did not find any strong gender differences in how mortality depends on early life cohort and later life period shocks. Theories which would predict that one of the sexes should be more robust to harmful early life conditions are plentiful (Crimmins and Finch 2006a), but they are not consistent with each other. In previous research Catalano and Bruckner (2006) and van den Berg et al. (2007) found some indication that women are more robust than men, but Crimmins and Finch (2006a) obtained the opposite result. Others have found no or only small differences (van den Berg, Lindeboom and Portrait 2006; van den Berg et al. 2008). As the empirical evidence is so inconsistent, a tentative conclusion is that there are no strong differences between the two sexes.

The results of this study – no marked increase in old-age mortality for cohorts who had higher than expected infant and early childhood mortality – are consistent with the studies finding no increased mortality for those who survived great famines as young children (Kannisto, Christensen, and Vaupel 1997; Painter et al. 2005) or who were exposed to disease *in utero* or soon after birth (Cohen and Tillinghast 2009). The findings are also consistent with the emerging literature suggesting that cohort's old-age mortality depends weakly at best on cohort's early life mortality (Bruckner and Catalano 2009; Gagnon and Mazan 2009; van den Berg et al. 2009). While mortality is unlikely to capture all relevant dimensions of early life conditions, it is likely that cohort-to-cohort infant and child mortality reflects some of the potentially most important early life cohort-level factors such as nutritional status and exposure to disease. All in all, however, the weak links between cohort-level early and later mortality suggest that old-age mortality may depend more on later life period conditions than early life conditions.

The findings of this study, however, do not necessarily mean that early life conditions would be irrelevant for cohort's later mortality; an alternative explanation is that infant and childhood mortality are not good proxies for the important early life conditions. For example, van den Berg and colleagues (2006, 2008, 2009) find that *macroeconomic conditions* predict cohort's later mortality so that being born in a recession increases later mortality, at least among the 19<sup>th</sup> and early 20<sup>th</sup> century Danish

and Dutch cohorts which were the subjects of these studies. Cutler et al. (Cutler, Miller and Norton 2007), however, who focus on the effect of the 1930s great depression, do not find any health effects for later life. It may be that the link between macroeconomic conditions early in life and later health and mortality are not as strong in the 20<sup>th</sup> century (and 21<sup>st</sup> century) as they were historically. An important future research question is what are mechanisms and pathways that link macroeconomic conditions at the time of birth to later health, and how relevant are these mechanisms in contemporary developing and developed world.

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Myrskylä: Shocks in early life mortality on later life expectancy and mortality compression

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