

## NBER WORKING PAPER SERIES

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SHORT AND LONG-TERM EFFECTS ON MORTALITY RATESPhilip J. Cook  
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Frank A. SloanWorking Paper 11138  
<http://www.nber.org/papers/w11138>NATIONAL BUREAU OF ECONOMIC RESEARCH  
1050 Massachusetts Avenue  
Cambridge, MA 02138  
February 2005

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Are Alcohol Excise Taxes Good For Us? Short and Long-Term Effects on Mortality Rates  
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NBER Working Paper No. 11138  
February 2005  
JEL No. I12

**ABSTRACT**

Regression results from a 30-year panel of the state-level data indicate that changes in alcohol-excise taxes cause a reduction in drinking and lower all-cause mortality in the short run. But those results do not fully capture the long-term mortality effects of a permanent change in drinking levels. In particular, since moderate drinking has a protective effect against heart disease in middle age, it is possible that a reduction in per capita drinking will result in some people drinking "too little" and dying sooner than they otherwise would. To explore that possibility, we simulate the effect of a one percent reduction in drinking on all-cause mortality for the age group 35-69, using several alternative assumptions about how the reduction is distributed across this population. We find that the long-term mortality effect of a one percent reduction in drinking is essentially nil.

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Numerous states have recently increased their cigarette taxes, partly with the goal of reducing smoking and thereby improving health (Sloan & Trogdon 2004). Advocates for raising alcohol taxes also cite the public health argument (Cook 1982; Cook 1988; Grossman, et al. 1993; Cook & Moore 2002), but few states have elected to do so in the last couple of years.<sup>1</sup> While the explanation for this difference may have to do with the difference in political influence of the two industries (Sloan & Trogdon 2004), there is also an important difference in the nature of the public-health claims. For an adult to have a drink occasionally is not a health risk and may even confer a health benefit (Rehm, et al. 2003a). Hence an increase in tax penalizes healthy as well as unhealthy drinking practices. On the other hand, smoking in any amount is detrimental to health.

Alcohol excise taxation increases prices and reduces per capita consumption (Cook & Tauchen 1982; Ruhm 1995; Clements, Yang & Zheng 1997; Young & Bielinska-Kwapisz 2003). In principle, a tax-induced reduction in *per capita* consumption of alcohol may involve reductions in both the prevalence of alcohol abuse and the prevalence of moderate drinking, with opposite effects on mortality rates. The net effect on mortality could be either positive or negative, and has not been established empirically.

Some specific mechanisms by which drinking creates health risks and benefits are well documented. For all age groups, drinking bouts sometimes lead to death from overdose, or from injury resulting from accident or intentional violence (Cook & Moore 1993c; Birckmayer & Hemenway 1999; Hingson & Winter 2003). Chronic heavy drinking may cause death due to organ damage, including liver cirrhosis (Rehm, et al. 2003a). On the other hand, it appears to be true that chronic drinking confers some health benefits on middle-aged and older people. In particular, alcohol acts as an anti-cholesterol drug, and epidemiological evidence suggests that moderate drinking is associated with reduced mortality from heart disease and stroke (Corrao, et al. 2000).

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<sup>1</sup> Two states increased alcohol taxes in 2002, and six states in 2003 (<http://www.cspinet.org/booze/taxguide/2003TaxMap.htm>, accessed on December 20, 2004).

Thus an increase in alcohol excise taxes may be expected to reduce mortality rates to the extent that it induces a lower incidence of risky drinking and lower prevalence of chronic heavy drinking. But if older people drink *too little* in response to higher prices, then the result may be increased cardiovascular death rates.

In what follows, we begin by presenting estimates suggesting that the short-term effect of increases in alcohol taxes is to reduce all-cause mortality rates. The cumulative long-term effects may be qualitatively different, especially for middle-aged people, and must be estimated indirectly. To estimate these long-term effects, we combine new estimates of the effect of *per capita* alcohol consumption on drinking patterns, with a summary estimate from the epidemiology literature of the relative risks associated with different levels of drinking. We calculate that a permanent reduction of one percent in alcohol consumption per capita (induced by a tax increase or some other mechanism) would have little net effect on mortality in middle age, defined as the age range 35-69. (Our sensitivity experiments suggest that the effect may be positive or negative but is always close to zero.) Since there is no known health benefit from drinking for younger people, and considerable risks, we conclude that the public-health case for increased alcohol taxation is strong.

#### Acute Effects of Drinking and Alcohol Taxes on Mortality

We begin the analysis by estimating the short-term effects of alcohol consumption on all-cause mortality using a panel of annual state-level data for the period 1970-2000. The regression specifications include the best-available measure of alcohol consumption (annual state-level sales per capita), or an index of the alcohol excise taxes that apply in the state, or both the tax and the consumption measures. All regression specifications include state and year fixed effects, and control for two measures of economic conditions: income per capita, and the employment-population ratio. This method was first employed by Cook and Tauchen (1982) to estimate the short-term population-level effects of drinking on cirrhosis mortality, and since then has been used to analyze the

effects of drinking and alcohol availability on injury death rates.<sup>2</sup> To our knowledge, this method has not previously been applied to all-cause mortality.

The results of our panel regressions are reported in Table 1. In the first column, we see that average drinking (measured by ethanol sales per capita) has a positive effect on all-cause mortality, with an elasticity of about 0.23. This estimate is quite precise, with robust standard error (with state clusters) of .075.

An alternative approach to determining the effect of drinking on all-cause mortality is to analyze mortality as a function of short-term variations in excise tax rates. The results are reduced-form estimates under the assumption that taxes are passed on to consumers in the form of higher prices – an assumption that is supported by the evidence (Young & Bielinska-Kwapisz 2002). A causal interpretation requires that after accounting for economic conditions, state excise tax variation is exogenous relative to mortality rates. Columns 2 and 3 report respectively the estimated effects of a comprehensive state excise-tax index and of the state beer excise tax. The former is computed by averaging tax rates across beer, wine, and liquor, weighted by the percentage of ethanol from each, to produce an average rate per ounce of ethanol. Details concerning construction of the tax index are provided in the appendix. Both tax measures are significantly negatively associated with all-cause mortality rates, suggesting that the short-term causal effect of a tax-induced reduction in drinking is to lower mortality rates.

It is also of interest to include *both* the tax rate and per capita consumption. If the short-term effect of taxes on mortality is channeled entirely through per capita alcohol consumption, and does not change drinking patterns in relevant ways, then the tax variable should have a coefficient near zero. Columns 4 and 5 of Table 1 confirm that that is indeed the case.

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<sup>2</sup> The analysis of annual state-level panel data has documented the effects of alcohol control and availability on highway fatality rates (Ruhm 1995; Saffer & Grossman 1987a; Saffer & Grossman 1987b; Chaloupka, Saffer & Grossman 1993; Sloan, et al. 1994; Ruhm 1995; Eisenberg 2003; Young & Bielinska-Kwapisz 2003b), suicide (Sloan, et al. 1994; Markowitz, Chatterji & Kaestner 2003; Carpenter 2004b), and homicide (Cook & Moore 1993d; Sloan, et al. 1994). With the exception of homicide, the findings have been generally positive.

A further check on the results in Table 1 is to determine whether the estimates are compatible with each other, given the effect of alcohol taxes on per capita ethanol consumption. Table 2 reports the results of panel regressions on per capita sales of ethanol, with specifications that mimic those in Table 1. Combining these results with those from the mortality regressions in column 2 of Table 2, we see that a 1 cent per ounce (1982-84 prices) increase in the tax index results in a 2.1 percent decrease in sales per capita. This implies (from the elasticity estimate in Table 1, column 1) a 0.5% reduction in all-cause mortality. That is reasonably close to the direct estimate of 0.7 % (Table 1, column 2).

#### Mortality in middle age and later

The inclusion of “year” fixed effects in the panel regressions assures that national trends are well accounted for. In this specification, the mortality effects are estimated from year-to-year changes (in tax rate or sales), and hence are limited to estimating the contemporaneous effect of drinking on mortality. While that may be an adequate accounting for injury deaths, the cumulative effects of drinking careers on health are not captured. The long-term cumulative effects of heavy drinking include numerous alcohol-induced disorders of the gastrointestinal tract, most notably liver cirrhosis (Rehm, et al. 2003a; Yoon et al 2003}. But the long-term health consequences of drinking are not all adverse. The main health benefits appear to be the prevention of coronary heart disease and stroke (Klatsky, Friedman & Siegelau 1974; Klatsky 2002; Corrao, et al. 2000; Thun, et al. 1997; Marmot 2001; Britton & Marmot 2004). These and other cardiovascular diseases are the leading causes of death in the United States, accounting for nearly 40 percent of all deaths (over 900,000 people per year), so that even a relatively small proportional reduction is noteworthy (Center for Disease Control and Prevention 2004a). A further complication arises because even though drinking protects against heart disease over the course of years, a single bout of heavy drinking may trigger a heart attack (Britton & McKee 2000; Murray, et al. 2002) or lead to a fatal accident. Hence the short-term mortality effects of an increase in drinking may be the opposite of the long-term effects.

The risks and benefits of a drinking career are age-related. A meta-analysis of all-cause mortality found that for men under age 45, death rates increase with alcohol consumption on a near-linear basis (due to injury risks), but for middle-aged cohorts follow a J-shaped curve (Rehm, Gutjahr & Gmel 2001): for those in middle age, mortality rates are lower for those who drink moderately than for abstainers, but at some point the mortality rate increases with alcohol consumption and eventually exceeds the rate for abstainers (Britton & Marmot 2004; Murray, et al. 2002; Rehm, Greenfield & Rogers 2001; White, Altmann & Nanchahal 2002). Over the entire age range, typical estimates find a similar number of lives saved and lost from drinking in the United States and Canada, but with an important difference – the victims tend to be quite young, whereas it is older people whose lives are extended by drinking. If the calculation of gains and losses is based on life-years gained and lost, or life years adjusted for disability, then the losses greatly exceed the gains (Murray & Lopez 1997; Single, et al. 1999).

The implicit thought experiment underlying these estimates is to compare the current mortality rate to a hypothetical rate associated with permanent population-wide abstinence. What is missing from this literature is to consider the effect of a small long-term reduction in per capita consumption of the sort that could be accomplished through a modest change in the excise tax rate.

Our empirical approach is to chain together estimates of the all-cause relative mortality risks from different levels of drinking, using estimates from a meta-analysis of the literature with our own estimates of the effect of a change in middle-aged drinking patterns of the sort associated with a small reduction in population-level alcohol consumption. We begin with an analysis of drinking patterns as a function of per capita consumption, and then estimate the associated mortality effects.

*Drinking patterns.*

State per capita sales data are generated from the tax-collection process and presumably provide reasonably accurate estimates of consumption in most states.<sup>3</sup> Consumption patterns, including the population prevalence of drinking, must be estimated from self-report data on surveys. In what follows we use a recent survey, the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC), conducted by National Institute on Alcohol Abuse and Alcoholism, fielded in 2001-2 with a representative sample of 43,093 non-institutionalized Americans age 18 and over (National Institute on Alcohol Abuse and Alcoholism 2003). The NESARC-based estimate of average consumption for the U.S. population captures only about half of recorded sales nationwide, but in that respect is no worse than other such surveys.<sup>4</sup>

Table 3 presents logit-regression results indicating that the likelihood of a middle-aged respondent reporting that he or she had at least one drink in the previous month is closely related to per capita alcohol sales (in natural log form) in his or her state of residence (after regression-adjusting for characteristics of the respondent). On the other hand, the amount that drinkers report drinking appears to be only weakly related to per capita sales, as suggested in Table 3 by the results of the ordinary-least-squares regressions. Specifically, the elasticity of the odds of drinking with respect to per capita sales is .97 for males and 1.31 for females (based on the logit results); the elasticity of quantity consumed with respect to per capita sales is an insignificant .15 for males and .28 for females. The suggestion in these results is that state-level factors (such as tax rates) that change alcohol consumption do so primarily at the extensive margin. Thus a reduction in per capita consumption is associated with an increase in the abstention rate, but little change in the shape of the drinking distribution among drinkers. Since we do not

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<sup>3</sup> The main source of error stems from sales to out-of-state residents, which are proportionally large New Hampshire, Nevada, and a few other states where out-of-state travelers may account for a high proportion of the total sales. That source of error will be largely absorbed in the panel regressions by state fixed effects.

<sup>4</sup> Based on NESARC data, the self-reported ethanol consumed in the past 12 months by respondents (who were age 18 and over) averaged 141.3 ounces. The NIAAA reports that the annual per capita sales in 2000 was 2.18 gallons of ethanol or 277.76 ounces total consumed by the population age 15 and older. Dividing the NESARC estimate by the NIAAA estimate gives the under-reporting estimate of 49 percent.

have complete confidence in these estimates, we perform a sensitivity analysis in what follows.<sup>5</sup>

For the entire population there is an “adding up” constraint, requiring that the shift in drinking patterns be compatible in the aggregate with changes in overall *per capita* consumption. Strictly speaking this constraint does not apply to the samples under study here (since *per capita* sales includes everyone, but our samples are limited to middle-age people and distinguish between males and females). As it turns out the regression results do nearly fit the adding-up condition for middle-aged females, but not males.

#### *Mortality effects.*

The curve relating all-cause mortality risk to drinking has been estimated in a large number of epidemiological studies utilizing a variety of data sets. A recent meta-analysis of the results for middle-aged populations (average age of 45 at baseline) documents the J-curve for both males and females (Gmel, Gutjahr & Rehm 2003). The summary statistics on relative risks after adjusting for other personal characteristics and behaviors are given in Column 1 of Table 4. For females, the lowest relative risk is for drinkers who consume no more than 10 grams of ethanol per day on average (less than one standard drink, such as 12 ounces of beer or 4 ounces of wine). For males the lowest relative risk occurs in the 10-20 gram range, which is about one standard drink per day.

It should be noted that these results are based on observational data and are subject to a variety of problems of measurement and causal inference. Nonetheless they represent the state of the art.<sup>6</sup> We use the results to illustrate the calculations needed to answer our question concerning the net effects on mortality.

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<sup>5</sup> It may strike some readers as more plausible that drinkers would respond to higher prices by cutting back rather than quitting entirely. We share that intuition. But it may be wrong: note that Cook and Moore (2001) found a similar pattern of results for youths. In any event, we conduct sensitivity tests as described below.

<sup>6</sup> Drinking estimates are typically determined by a single questionnaire at the baseline of the study and are subject to reporting bias. These self-reports are typically interpreted as an indicator not only of current drinking but of a longer-term drinking habit. Self-selection bias with respect to the decision of whether and how much to drink has been a concern of this literature, but primarily focused on the “sick quitter” hypothesis, namely that some of those who currently abstain do so because they are sick and hence at

Using NESARC data, we tabulate the actual distribution of the middle-age population across drinking categories (Column 2) and the distributions that, would have resulted from a one percent reduction in per capita consumption under three different sets of assumptions intended to bracket “reality” (Column 3-5).<sup>7</sup> Simulation I assumes that the effect of the tax increase and resulting one percent reduction in per capita consumption is accomplished entirely at the extensive margin. One percent of the drinkers become abstainers, and the distribution of drinkers over quantities is unaffected. In other words, each category of drinking quantity loses one percent of its members. Simulation III, on the other hand, assumes that there is no change at the extensive margin, and that the reduction in per capita consumption is accomplished by a uniform downward shift in consumption by drinkers. In effect, each drinker consumes 99 percent as much as in reality. Simulation II adopts the intermediate assumption, generally guided by the regression results, that the “action” occurs at both the extensive and intensive margin. Specifically, we accept the point estimate from the NESARC logit regression as accurate, and then use a percentage reduction in consumption by those who continue to drink that is computed so as to result in a one percent reduction in overall consumption.<sup>8</sup>

We assume that the increase in abstainers in Simulations I and II occurs only in the “lifetime” category, and not in the “previous drinker” category-- an important assumption because the relative mortality risk is substantially higher in the latter. The “previous drinker” category is likely to include a large group who quit because of health problems (Gmel, Gutjahr & Rehm 2003). Since we are simulating the effect of an increase in taxes, the proximate cause of the switch would (by assumption) be higher prices rather than illness. The “lifetime abstainer” category seems better in capturing the health effect.

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greater risk of death. Indeed, quitters have higher death rates than lifetime abstainers (Gmel, Gutjahr & Rehm 2003). But other problems associated with self-selection have not been dealt with effectively.

<sup>7</sup> Note that we are using self-report data on drinking to assign individuals to the various categories, despite the fact that such data are biased and error-prone. Our justification is that the epidemiological studies that generated the relative-risk estimates also employed self-report data.

<sup>8</sup> The reductions are 0.56164% for males and 0.1541345% for females.

The first two simulations (where there is some movement from drinker to abstainer) result in an increase in the population-weighted average in relative risk, while the third results in a decrease.<sup>9</sup> Table 5 summarizes the results translated into estimates of deaths in a single year, together with the associated loss of life years. What is striking about these results is that the numbers are small to the point of triviality in comparison with the 700,000 annual deaths in this age group. Thus a permanent one-percent reduction in drinking by the population age 35-69 would have a negligible effect on the death rate. While it is not possible to say for sure whether the effect would be positive or negative, fewer than 200 lives are at stake. Our best estimate (from Simulation II) is that 33 lives would be lost per year in middle age.

Assuming as noted that for younger individuals the relative mortality risk increases monotonically with drinking, it is safe to say that the net effect for the entire population of higher taxes is to reduce mortality rates.

### In Sum

The direct evidence indicates that a tax increase resulting in a reduction in drinking lowers all-cause mortality in the short run. The possibility that this effect would eventually be reversed for middle-aged people (due to the cumulative effects of some people drinking “too little” for a number of years) does not appear to be well founded. For the age group 35-69, the long-term mortality effect of a one percent reduction in drinking is essentially nil.

We make no attempt to estimate effects of a drinking reduction on disability and morbidity, or on effects outside of the health arena (Manning, et al. 1991; Gmel & Rehm 2003).

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<sup>9</sup> For Sim 1, the increase is 31 and 74.5 millions for males and females respectively. For Sim 2 the corresponding numbers are 428.3 and 30.8. For Sim 3, the decline is 370.6 and 235.7 per million.

Table 1.

Effects of state ethanol sales/capita and alcohol excise taxes on all-cause  
mortality

Annual state panel data, 1970-2001\*  
OLS regression results with fixed effects for state and year

*Coefficients and Standard Errors*

|   | (1)                           | (2)                            | (3)                            | (4)                           | (5)                           | (6)                            |
|---|-------------------------------|--------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|
| Per Capita income<br>(ln)               | -.0115<br>(.0971)             | .0653<br>(.1210)               | .0086<br>(.1218)               | .0343<br>(.0878)              | -.0191<br>(.0893)             | .0395<br>(.1195)               |
| Employment-<br>Population ratio<br>(ln) | .0134<br>(.0883)              | .204 <sup>c</sup><br>(.108)    | .180<br>(.112)                 | .0779<br>(.1044)              | .0258<br>(.0971)              | .193 <sup>c</sup><br>(.110)    |
| State alcohol sales<br>per capita (ln)  | .228 <sup>a</sup><br>(.075)   |                                |                                | .210 <sup>b</sup><br>(.083)   | .239 <sup>a</sup><br>(.085)   |                                |
| Alcohol tax index                       |                               | -.0068 <sup>c</sup><br>(.0039) |                                | -.0019<br>(.0039)             |                               | -.0083 <sup>c</sup><br>(.0040) |
| Beer tax                                |                               |                                | -.0057 <sup>b</sup><br>(.0028) |                               | -.0006<br>(.0025)             |                                |
| Constant                                | 5.793 <sup>a</sup><br>(1.108) | 6.453 <sup>a</sup><br>(1.145)  | 6.964 <sup>a</sup><br>(1.117)  | 5.464 <sup>a</sup><br>(1.064) | 5.804 <sup>a</sup><br>(1.075) | 6.066 <sup>a</sup><br>(1.111)  |
| State fixed effects?                    | Yes                           | Yes                            | Yes                            | Yes                           | Yes                           | Yes                            |
| Year fixed effects?                     | Yes                           | Yes                            | Yes                            | Yes                           | Yes                           | Yes                            |
| N                                       | 1,443                         | 1,216                          | 1,467                          | 1,183                         | 1,416                         | 944                            |
| R <sup>2</sup>                          | .95                           | .95                            | .94                            | .95                           | .95                           | .95                            |

Note: Robust standard errors in parentheses (state clusters). OLS regression specifications include year and state fixed effects. The regression sample includes all states that have tax data with the exception of specification (6) which is only for the 32 states and District of Columbia which have license systems. The alcohol tax index is in cents and is the combined tax rates of beer, wine, and liquor. The tax index uses state-specific weights (depending on average percentage of ethanol consumed in the form of beer, wine or liquor) multiplied by each tax to determine weighted rates, which are then summed. The beer tax is in cents per ounce of ethanol.

a=p<.01; b=p<.05 c=p<.10

\*For specifications that only include taxes the data are for 1970 to 2001; for those with sales only the data are for 1970 to 2000; and for specifications with both taxes and sales the data are for 1971 to 2000.

Table 2.

Elasticity of alcohol sales with respect to changes in tax  
Annual State Panel data (1971-2000)  
OLS regression results with fixed effects for state and year

*Coefficients and Standard Errors*

|                                     | (1)<br>Beer Tax (state +<br>federal, inflation<br>adjusted) | (2)<br>Excise tax index<br>(state + federal,<br>inflation adjusted) | (3)<br>Excise tax index,<br>License states only |
|-------------------------------------|---|---|---|
| Per Capita income (ln)              | .197<br>(.180)  | .188<br>(.208)  | .133<br>(.214)                                  |
| Employment-Population<br>ratio (ln) | .543 <sup>b</sup><br>(.212)                                 | .643 <sup>b</sup><br>(.244)   | .604 <sup>b</sup><br>(.268)                     |
| Alcohol tax index                   |   | -.0211 <sup>a</sup><br>(.0061)                                      | -.0237 <sup>a</sup><br>(.0068)                  |
| Beer tax                            | -.0194 <sup>a</sup><br>(.0045)                              |   |   |
| Constant                            | 4.589 <sup>b</sup><br>(1.764)                               | 4.735 <sup>b</sup><br>(2.059)                                       | 5.879 <sup>b</sup><br>(2.231)                   |
| State fixed effects?                | Yes   | Yes   | Yes   |
| Year fixed effects?                 | Yes   | Yes   | Yes   |
| N                                   | 1,416   | 1,183   | 912   |
| R <sup>2</sup>                      | .94   | .93   | .93   |

Note: Robust standard errors in parentheses. OLS regression specifications included clustering at the state level along with year and state fixed effects. Regression sample for all states with beer tax or tax index values with the exception of specification (3) which is only for the states that have license systems (32 plus D.C.). The alcohol tax index is in cents and is the combined tax rates of beer, wine, and liquor. Tax index uses state-specific weights (depending on average percentage of ethanol from beer, wine and liquor) multiplied by each tax to determine weighted rates, which are then summed. Beer tax is in cents per ounce of ethanol.

a=p<.01; b=p<.05

Table 3.

Population drinking patterns as a function of per capita consumption  
 NESARC data for 2000-2001, respondents age 35-69  
 Logit regressions: Sampling weights, robust standard errors

*Coefficients and asymptotic standard errors for Ln of per capita sales*

| Sample        | Logit: Had a drink<br>in the last month? |                                    | Ln: Ethanol/month,<br>drinkers only |                                   |
|---------------|--|------------------------------------|-------------------------------------|-----------------------------------|
| <i>Male</i>   | 0.9652 <sup>a</sup><br>(0.2178)          | N = 10,033<br>R <sup>2</sup> = .05 | 0.1456<br>(0.1852)                  | N = 5,500<br>R <sup>2</sup> = .05 |
| <i>Female</i> | 1.3113 <sup>a</sup><br>(0.1962)          | N = 12,652<br>R <sup>2</sup> = .09 | 0.2838<br>(0.2022)                  | N = 4,216<br>R <sup>2</sup> = .02 |

All regressions use NESARC sampling weights. Standard errors are robust. Regression specifications include the following covariates: Age indicators (5-year intervals), Marital status (Married, divorced/separated, widowed), Race/ethnicity (Black, Hispanic, Other), Schooling (high school, college). Income (\$20K-\$50K, \$50K-\$80K, \$80K+), Ln body weight, Health status (self-reported, 4 categories), Labor force status (Work full time, work part time)

Table 4.

The effect of reduced per capita consumption on risk exposure  
Distributions of middle-aged drinkers aged 35-69

*A. Females*

|                        | (1)<br>Relative<br>Risk of<br>mortality* | (2)<br>Population<br>distribution,<br>2000 | (3)<br>Sim I:<br>extensive<br>margin only | (4)<br>Sim II:<br>using<br>regression<br>results | (5)<br>Sim III: only<br>intensive<br>margin |
|------------------------|--|--|---|--|---|
| Ex-drinkers            | 1.44                                     | 0.196008                                   | 0.196008                                  | 0.196008   | 0.196008                                    |
| Lifetime<br>Abstainers | 1.00                                     | 0.447048                                   | 0.450617                                  | 0.450072   | 0.447048                                    |
| >0-10 g                | 0.87                                     | 0.231526                                   | 0.229211                                  | 0.229696   | 0.232531                                    |
| >10-30 g               | 1.01                                     | 0.084845                                   | 0.083996                                  | 0.083994   | 0.084083                                    |
| >30-50 g               | 1.40                                     | 0.022772                                   | 0.022545                                  | 0.022829   | 0.023107                                    |
| >50                    | 1.43                                     | 0.017802                                   | 0.017624                                  | 0.017402   | 0.017223                                    |

*B. Males*

|                        | (1)<br>Relative<br>Risk of<br>mortality* | (2)<br>Population<br>distribution,<br>2000 | (3)<br>Sim I:<br>Extensive<br>margin only | (4)<br>Sim II:<br>using<br>regression<br>results | (5)<br>Sim III: only<br>intensive<br>margin |
|------------------------|--|--|---|--|---|
| Ex-Drinkers            | 1.21                                     | 0.187786                                   | 0.187786                                  | 0.187786   | 0.187786                                    |
| Lifetime<br>Abstainers | 1.00                                     | 0.266528                                   | 0.271985                                  | 0.268933   | 0.266528                                    |
| >0-10 g                | 0.85                                     | 0.249303                                   | 0.24681                                   | 0.248972   | 0.250581                                    |
| >10-20 g               | 0.80                                     | 0.098276                                   | 0.097294                                  | 0.097794   | 0.09816                                     |
| >20-30 g               | 0.91                                     | 0.058864                                   | 0.058275                                  | 0.058471   | 0.058803                                    |
| >30-40 g               | 0.96                                     | 0.037739                                   | 0.037362                                  | 0.03773  | 0.038305                                    |
| >40-70 g               | 1.04                                     | 0.050816                                   | 0.050308                                  | 0.04997  | 0.049394                                    |
| >70-110 g              | 1.27                                     | 0.022036                                   | 0.021816                                  | 0.021818   | 0.022112                                    |
| >110 g                 | 1.46                                     | 0.028652                                   | 0.028365                                  | 0.028525   | 0.028331                                    |

Source: Relative Risk taken from Table 2 of Gmel, Gutjahr & Rehm (2003). Population estimate from NESARC survey data, adults age 35-69 in 2000-2001. Simulations are described in the text.

Table 5.

Changes resulting from one percent reduction in per capita alcohol  
consumption

Deaths, life years, and discounted life years nationwide

|                       | Deaths | Life years lost | Life years lost,<br>discounted |
|-----------------------|--------|-----------------|--------------------------------|
| <u>Simulation I</u>   |        |                 |                                |
| Male                  | 176    | 4061            | 2468                           |
| Female                | 32     | 813             | 493                            |
| <u>Simulation II</u>  |        |                 |                                |
| Male                  | 13     | 294             | 1786                           |
| Female                | 20     | 520             | 316                            |
| <u>Simulation III</u> |        |                 |                                |
| Male                  | -152   | -3514           | -2136                          |
| Female                | -64    | -1646           | -999                           |

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## **Appendix**

### Calculation of Tax Rates and Prices per Oz. of Ethanol

#### Tax Rates

The original data set had tax rates in \$/gallon in real \$ (the year's tax rates divided by the year's CPI/100 (1982-84=1)). The tax rates were in every case the sum of state and federal excises. The real tax rates were then changed to per oz. of ethanol first by multiplying the gallon figure by 100 (to change the rate to cents per gallon) and then dividing by the number of ounces of ethanol in each gallon of beer, wine, or liquor. The number of ounces of ethanol in turn was derived from taking the proportion of ethanol in each gallon of beer, wine, or liquor and multiplying it by 128. Thus for beer, the percentage of ethanol is 4.5% or, for a 128 oz. gallon, 5.76 oz. of ethanol, therefore the tax rate per gallon of beer was divided by 5.76. For wine the alcohol percentage was 8.34, or 15.35 oz. of ethanol, so the per gallon tax rate was divided by 15.35. For liquor, a 100-proof gallon was assumed which is 50% ethanol by content, therefore each gallon tax rate was divided by 64.

#### Prices

A similar calculation was made for determining the price of each beverage per oz. of ethanol. The ACCRA price figures were first sorted by state and the mean value for all cities in each state for each year (1982-2000) was derived. (The number of cities varied per state from 1 to 32.) The prices were then put in real dollars by dividing each price by the year's CPI/100 (1982-84=1). All prices were then multiplied by 100 to derive prices in cents instead of dollars.

The price per ounce of ethanol in liquor was computed by dividing the price per .75 liter bottle of 86-proof scotch by 10.7 (the number of ounces of ethanol given ethanol content of 43%).

#### Calculating the Tax Index

For tax rates a weighted average index measure was calculated from the separate beer, wine and liquor tax rates. Each state tax rate was multiplied by its percentage of ethanol consumed for that product by each state averaged of the period consumption data was available (1970-2000). The three rates were then summed to produce the index. An example of a tax index calculation for one state (Massachusetts) for the year 2000 is below.

|        | Tax rate (cents per oz. ethanol) | Average % ethanol consumed | Weighted rate | Index |
|--------|----------------------------------|----------------------------|---------------|-------|
| Beer   | 6.93                             | .449                       | 3.11          |       |
| Wine   | 6.12                             | .161                       | 0.99          |       |
| Liquor | 15.92                            | .389                       | 6.19          |       |
|        |                                  | 0.999                      | 10.29         | 10.29 |

The tax index variable could only be calculated where there were beer, wine and liquor tax rates available, namely the 32 license states and the District of Columbia. To create an index value for the control states an imputed liquor tax rate was needed. First the net price, price minus tax, was calculated for 1988 for each license state except Alaska and Hawaii. These net prices were averaged and the average subtracted from the ACCRA price for each of the monopoly states for each year. The result was then adjusted to ounce of alcohol to produce an imputed liquor tax for each state for every year.

This imputed tax was then placed in the previously missing liquor tax observations for all the control states in the regression data set. The weighted tax index variable was then calculated as before and described in detail above. The imputed spirits tax, the actual beer tax, and the actual wine tax, weighted by the state-specific fraction of ethanol, were summed to produce a tax index figure. The only states now missing an alcohol tax index number were New Hampshire and Utah that also control wine sales and have no wine tax rates available.