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NECESSARY AND SUFFICIENT CONDITIONS
FOR THE EXISTENCE OF A POSITIVE
DEFINITE SOLUTION OF THE MATRIX
EQUATION $\mathrm{X}+\mathrm{A}^{*} \mathrm{X}^{-1} \mathrm{~A}=\mathrm{Q}$
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R52
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FEW 534
512.8

Refereed by Prof.dr. J.M. Schumacher

Necessary and sufficient conditions for the existence of a positive definite solution of the matrix equation $X+A^{*} X^{-1} A=Q$.
by

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#### Abstract

In this paper we consider the problem under which conditions the matrix equation $X+A^{*} X^{-1} A=Q$ has a positive definite solution. Here $Q$ is positive definite. We study both the real and complex case. This equation plays a crucial role in solving a special case of the dis-crete-time Riccati equation (see [E]). We present both necessary and sufficient conditions for solvability of this equation. This result is obtained by using an analytic factorization approach. Moreover, we present algebraic recursive algorithms to compute the largest and smallest solution of the equation, respectively. Finally, we discuss the number of solutions.


## 1. Introduction

Recently there has been renewed interest in positive definite solutions to the matrix equation $X+A^{*} X^{-1} A=Q$, with $Q>0$. In [AMT] this equation was studied from the point of view of shorted operators, while in [E] the real case was considered, and an application to optimal control theory was given. The equation appears in many other applications as well, see the references given in [AMT].

In this paper we continue the study of this equation. In Section 2 a necessary and sufficient condition for solvability will be given as well as a description of all solutions in terms of symmetric factorizations of the rational matrix valued function $\psi(\lambda)=Q+\lambda A+\lambda^{-1} A^{*}$. Also the order structure of the set of solutions is studied here. In Section 3 it is shown that the general case can be reduced to the case $Q=I$ and $A$ is invertible. Section 4 presents iterative procedures to approximate the largest and smallest solution to the equation. In Section 5 the particular case $Q=I$ and $A$ invertible is studied. Here the following results of [A1] is reproved (using the result of Section 2): the equation $X+A^{*} X^{-1} A=I$ has a positive solution $X$ if and only if the numerical range of $A$ is contained in the closed disc of radius $\frac{1}{2}$ in the complex plane. Section 6 makes a connection to the theory of matrices in an indefinite scalar product. It describes the set of solutions of the equation $X+A^{*} X^{-1} A=I$ with $A$ invertible in terms of Lagrangian subspaces invariant under the matrix $\left[\begin{array}{ll}0 & -A^{-1} \\ A^{*} & -A^{-1}\end{array}\right]$. This also enables one to make precise statements concerning the number of solutions. In Section 7 a relation to the theory of algebraic Riccati equations is outlined. Finally, in Section 8 the real case is considered.

## 2. Necessary and sufficient conditions in terms of factorization

In this section the equation
(2.1) $X+A^{*} X^{-1} A=Q$
is studied in terms of properties of the corresponding rational matrix valued function
(2.2) $\quad \psi(\lambda)=Q+\lambda A+\lambda^{-1} A^{*}$.

Here $Q$ is assumed throughout to be positive definite and we are looking for a positive solution $X$. The function $\psi$ is called regular if det $\psi(\lambda)$ is not identically zero, i.e., if there exists at least one point where $\operatorname{det} \psi(\lambda) \neq 0$. As det $\psi(\lambda)$ is itself a rational (scalar) function there are only a finite number of points for which $\operatorname{det} \psi(\lambda)=0$ in case $\psi$ is regular.

Theorem 2.1.
Suppose $Q$ is positive definite. Then the equation $X+A^{*} X^{-1} A=Q$ has a positive definite solution $X$ if and only if $\psi$ is regular and $\psi(\lambda) \geq 0$ for all $\lambda$ on the unit circle.

In that case $\psi(\lambda)$ factorizes as

$$
\begin{equation*}
\psi(\lambda)=\left(C_{0}^{*}+\lambda^{-1} C_{1}^{*}\right)\left(C_{0}+\lambda C_{1}\right) \tag{2.3}
\end{equation*}
$$

with $\operatorname{det} C_{0} \neq 0$, and $X=C_{0}^{*} C_{0}$ is a solution of (2.1). Any positive definite solution is obtained in this way.

Proof
Suppose $X>0$ is a solution. Put $C_{0}=X^{\frac{1}{2}}, C_{1}=X^{-\frac{1}{2}} A$. Then

$$
\begin{aligned}
\psi(\lambda) & =\left(I+\lambda^{-1} A^{*} X^{-1}\right) X\left(I+\lambda X^{-1} A\right)= \\
& =\left(C_{0}^{*}+\lambda^{-1} C_{1}^{*}\right)\left(C_{0}+\lambda C_{1}\right),
\end{aligned}
$$

so $\psi(\lambda)$ is positive semidefinite for $|\lambda|=1$.
Since $X$ is invertible we have $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0$ for $|\lambda|$ small, hence $\psi$ is regular.

Conversely, suppose $\psi$ is regular, and positive semidefinite for $|\lambda|=1$. Then it is well-known that there exists a factorization as in (2.3) (see, e.g., Section 6.6 in [RoRo] and the references given there). Moreover, the factor $C_{0}+\lambda C_{1}$ can actually be chosen such that it is invertible for $|\lambda|<1$, i.e., $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0$ for $|\lambda|<1$ (also see, e.g., Section 6.6 in [RoRo]). Put $X=C_{0}^{*} C_{0}$, where $C_{0}$ comes from this particular factorization. As $\operatorname{det} C_{0} \neq 0$ in this case, $X>0$. From (2.3) one sees:

$$
Q=C_{0}^{*} C_{0}+C_{1}^{*} C_{1}, \quad A^{*}=C_{1}^{*} C_{0}, A=C_{0}^{*} C_{1} .
$$

So: $C_{1}^{*}=A^{*} C_{0}^{-1}$. Thus

$$
Q=C_{0}^{*} C_{0}+A^{*} C_{0}^{-1} C_{0}^{*-1} A=X+A^{*} X^{-1} A,
$$

i.e., $X$ solves equation (2.1).

Remark: $" \psi(\lambda) \geq 0$ on the unit circle" does not imply $" \psi(\lambda)$ regular". Consider e.g. $A=\left[\begin{array}{ll}0 & 1 \\ 0 & 0\end{array}\right] ; Q=I$.

Not any factorization of $\psi(\lambda)$ as in (2.3) corresponds to a solution $X$ of the equation (2.1), the requirement $\operatorname{det} C_{0} \neq 0$ is necessary for this. To see this consider the trivial example $A=0$. In that case $X=Q$. Taking a minimal factorization of $\psi(\lambda)$ we have $\psi(\lambda) \equiv Q \equiv C_{0}^{*} C_{0}$, so for such factorizations we obtain the solution $X=Q$ as in the theorem. However, taking the non-minimal factorization $\psi(\lambda)=\lambda^{-1} Q^{\frac{1}{2}} Q^{\frac{1}{2}} \lambda$, we see $C_{0}=0$, and we do not obtain the solution $X=Q$ by taking $C_{0}^{*} C_{0}$.

The next theorem describes the order structure of the set of solutions of equation (2.1) in terms of the factorizations of type (2.3).

## Theorem 2.2.

Let $X_{1}$ and $X_{2}$ be positive definite solutions of equation (2.1), and let $\varphi_{i}(\lambda)=C_{0 i}+\lambda C_{1 i} \quad(i=1,2) \quad$ be such that $\psi(\lambda)=\varphi_{i}\left(\lambda^{-1}\right) * \varphi_{i}(\lambda)$ and $\operatorname{det} C_{O i} \neq 0$ and $C_{0 i}^{*} C_{O i}=X_{i}$. Suppose $\varphi_{2}(\lambda) \varphi_{1}(\lambda)^{-1}$ is analytic in the open
unit disc $D$. Then $X_{2} \leq X_{1}$. In particular, if $X_{L}$ denotes the solution corresponding to the factorization (2.3) of $\psi(\lambda)$ such that $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0$ for $|\lambda|<1$ then $X_{L}$ is the largest solution of (2.1). Moreover, $X_{L}$ is the unique solution for which $X+\lambda A$ is invertible for all $\lambda \in D$.

## Proof

Put $U(\lambda)=\varphi_{2}(\lambda) \varphi_{1}(\lambda)^{-1}$. Then $U\left(\bar{\lambda}^{-1}\right) * U(\lambda) \equiv I$, i.e., $U(\lambda)$ is a unitary rational matrix function. Such a function has no poles on the unit circle see, e.g., [AG, GKR]. As $\varphi_{2} \varphi_{1}^{-1}$ is analytic on $D$ by assumption it is analytic on $\overline{\mathrm{D}}$ (i.e. the closure of the unit disc). As $U$ is rational it is actually analytic on a disc of radius $R>1$. Write $U(\lambda)=\sum_{j=0}^{\infty} U_{j} \lambda^{j}$ for $|\lambda|<$ R. Then $U\left(\bar{\lambda}^{-1}\right)^{*}=\sum_{j=0}^{\infty} U_{j}^{*} \lambda^{-j}$. So:

$$
I=U\left(\bar{\lambda}^{-1}\right){ }^{*} U(\lambda)=\left(\sum_{j=0}^{\infty} U_{j}^{*} \lambda^{-j}\right)\left(\sum_{j=0}^{\infty} U_{j} \lambda^{j}\right)=\sum_{j=0}^{\infty} U_{j}^{*} U U_{j} .
$$

In particular, $U_{0}^{*} U_{0} \leq I$, i.e. $U_{0}$ is a contraction. From

$$
\begin{aligned}
U(\lambda) \varphi_{1}(\lambda) & =\sum_{j=0}^{\infty} U_{j} \lambda^{j}\left(C_{01}+\lambda C_{11}\right) \\
=\varphi_{2}(\lambda) & =C_{02}+\lambda C_{12}
\end{aligned}
$$

one verifies $\mathrm{U}_{0} \mathrm{C}_{01}=\mathrm{C}_{02}$. Therefore:

$$
x_{2}=C_{02}^{*} C_{02}=C_{01}^{*} U_{0}^{*} U_{0} C_{01} \leq C_{01}^{*} C_{01}=x_{1} .
$$

Let $X_{L}$ be the solution corresponding to the factorization (2.3) for which $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0,|\lambda|<1$. Denote by $\varphi_{L}(\lambda)$ this particular factor. Then $\varphi_{L}(\lambda)^{-1}$ is analytic on $D$, so for any solution $X$ and the corresponding factor $\varphi(\lambda)$ we have $\varphi(\lambda) \varphi_{L}(\lambda)^{-1}$ is analytic on $D$. Thus $X \leq X_{L}$ because of what we have just proved.

Let $\varphi_{L}(\lambda)=C_{0}+\lambda C_{1}$ be the factor for which $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0$, $|\lambda|<1$. Then $X_{L}=C_{0}^{*} C_{0}$, and so $C_{0}=U_{1} X_{L}^{\frac{1}{2}}$ for a unitary $U_{1}$. As $A=$ $\mathrm{C}_{0}^{*} \mathrm{C}_{1}=\mathrm{X}_{\mathrm{L}}^{\frac{1}{2}} \mathrm{U}_{1}^{*} \mathrm{C}_{1}$ we have $\mathrm{C}_{1}=\mathrm{U}_{1} \mathrm{X}_{\mathrm{L}}^{-\frac{1}{2}} \mathrm{~A}$. Thus

$$
\varphi_{L}(\lambda)=U_{1} X_{L}^{-\frac{1}{2}}\left(X_{L}+\lambda A\right) .
$$

So $\operatorname{det}\left(X_{L}+\lambda A\right) \neq 0$ for $|\lambda|<1$. Now suppose $X_{1}$ is a solution of (2.1) such that $X_{1}+\lambda A$ is invertible for $\lambda \in D$. Put $\varphi_{1}(\lambda)=X_{1}^{\frac{1}{2}}+\lambda X_{1}^{-\frac{1}{2}} A$. Then $\varphi_{L}(\lambda) \varphi_{1}(\lambda)^{-1}$ is analytic in $D$, and by the first part of the proof we have $X_{L} \leq X_{1}$. As $X_{1} \leq X_{L}$ was already proved we get $X_{1}=X_{L}$.

The fact that the solution corresponding to the factorization of $\psi(\lambda)$ for which $\operatorname{det}\left(C_{0}+\lambda C_{1}\right) \neq 0, \lambda \in D$, is the largest solution can also be derived quite easily from [RoRo], Theorem A in Section 5.9.

The function $\psi(\lambda)$ can also be viewed as the symbol of the Toeplitz operator

$$
T=\left[\begin{array}{llll}
Q & A^{*} & & \\
A & Q & A^{*} & 0 \\
A & Q & \ddots \\
& \ddots & \ddots
\end{array}\right]
$$

Positive semidefiniteness of $T$ is equivalent with $\psi(\lambda)$ being positive semidefinite on the unit circle. This provides a link to [AMT], Section 4. Observe that in [AMT] it is allowed that $X \geq 0$, the inverse in the equation (2.1) being interpreted as a generalized inverse. This explains the differences between our results and those in [AMT].

## 3. Reduction to a special case

In this section the general equation (2.1) will be reduced to the special case where $Q=I$ and $A$ is invertible. This reduction is a repeated application of two steps. The first step is the following simple observation.

Proposition 3.1. Let $Q$ be positive definite. Then $X$ is a solution of the equation

$$
X+A^{*} X^{-1} A=Q
$$

if and only if $Y=Q^{-\frac{1}{2}} X^{-\frac{1}{2}}$ is a solution of the equation

$$
Y+\hat{A}^{*} Y^{-1} \widehat{A}=I,
$$

where $\hat{A}=Q^{-\frac{1}{2}} A Q^{-\frac{1}{2}}$.
For the second step let us consider the equation
(3.1) $X+A^{*} X^{-1} A=I$,
with $A$ a singular $n \times n$ matrix. If $A=0$ the equation is trivial. Otherwise decompose $\mathbb{C}^{n}$ as follows: $\mathbb{C}^{n}=\operatorname{Ker} A \oplus \operatorname{Im} A^{*}$. With respect to this orthogonal decomposition write

$$
A=\left[\begin{array}{ll}
0 & A_{1} \\
0 & A_{2}
\end{array}\right], \quad X=\left[\begin{array}{ll}
I & 0 \\
0 & X_{2}
\end{array}\right]
$$

( X necessarily must have this form, as $\left.X\right|_{\text {Ker } A}=\left.I\right|_{\text {Ker } A}$ and $X \leq I$.) Then (3.1) reduces to an equation for $X_{2}$ :
(3.2) $X_{2}+A_{2}^{*} X_{2}^{-1} A_{2}=I-A_{1}^{*} A_{1}$.

Thus, if there is a positive solution $X$ of (3.1) then $I-A_{1}^{*} A_{1}>0$. Applying Proposition 3.1 we can reduce equation (3.2) once again to one of the form (3.1) but now in lower dimensions. Continuing this proces one ends
with either one of the next two possibilities: an equation of the form (3.1) with $A=0$, or an equation of the form (3.1) with A non-singular. (In the former case necessarily the original A must have been nilpotent to start with.) Actually a combination of the two reduction steps applied repeatedly proves the following theorem.

Theorem 3.2.
Suppose $Q>0$. Then, in case the equation $X+A^{*} X^{-1} A=Q$ has a positive solution, either it has precisely one such solution or there are nonsingular matrices $W$, and $\tilde{A}$ completely determined by $A$ and $Q$, such that any solution X is of the form

$$
X=W^{*}\left[\begin{array}{ll}
I & 0 \\
0 & \tilde{X}
\end{array}\right] W
$$

for a positive solution $\tilde{\mathrm{x}}$ of the equation
(3.3) $\quad \widetilde{\mathrm{X}}+\widetilde{\mathrm{A}}^{*} \widetilde{\mathrm{X}}^{-1} \widetilde{\mathrm{~A}}=I$.

## Proof

After applying Proposition 3.1 and the reduction that leads from equation (3.1) to (3.2) it is seen that any solution $X$ of $X+A^{*} X^{-1} A=Q$ is of the form

$$
Q^{\frac{1}{2}}\left[\begin{array}{ll}
I & 0 \\
0 & X_{2}
\end{array}\right] Q^{\frac{1}{2}}
$$

for a solution $X_{2}$ of (3.2). Apply again Proposition 3.1: let $Q_{1}=$ I - $A_{1}^{*} A_{1}$. Then $X_{2}=Q_{1}^{\frac{1}{2}} Y_{2} Q_{1}^{\frac{1}{2}}$ for a solution $Y_{2}$ of

$$
Y_{2}+\hat{A}_{2}^{*} Y_{2}^{-1} \hat{A}_{2}=I,
$$

where $\hat{\mathrm{A}}_{2}=Q_{1}^{-\frac{1}{2}} A_{2} Q_{1}^{-\frac{1}{2}}$. If $\hat{\mathrm{A}}_{2}$ is non-singular or zero we are done. Otherwise decompose the space again and repeat the argument.

Note that this reduction proces respects the order structure on the set of solutions. In other words, if $X_{1}$ and $X_{2}$ are two positive solutions of $X+A^{*} X^{-1} A=Q$, and $X_{i}=W^{*}\left[\begin{array}{ll}I & 0 \\ 0 & \tilde{X}_{i}\end{array}\right] W$, where $W$ is as in the theorem and $\widetilde{X}_{1}$, $\widetilde{x}_{2}$ are positive solutions of (3.3), then $X_{1} \leq X_{2}$ if and only if $\tilde{X}_{1} \leq \tilde{x}_{2}$.

Theorem 3.3.
Let A be invertible. Then X solves the equation (3.1), i.e.,

$$
X+A^{*} X^{-1} A=I
$$

if and only if $Y=I-X$ solves
(3.4) $\mathrm{Y}+\mathrm{AY}^{-1} \mathrm{~A}^{*}=\mathrm{I}$.

In particular, if $Y_{L}$ is the maximal solution of (3.4) then $X_{s}=$ $I-Y_{L}$ is the minimal solution of (3.1). Moreover, $X_{S}$ is the unique positive solution for which $X+\lambda A^{*}$ is invertible for $|\lambda|>1$.

## Proof

Let $X$ be a solution of (3.1). Then $A^{*} X^{-1} A=I-X$. Hence $X^{-1}=A^{*-1}(I-$ X) $A^{-1}$. Taking inverses yields: $X=A(I-X)^{-1} A^{*}$, so $Y=I-X$ solves (3.4). The converse is seen in the same way.

Note that $X_{1} \leq X_{2}$ if and only if $Y_{1} \geq Y_{2}$. Hence the relation between $X_{s}$ and $Y_{L}$. By theorem $2.2 X_{S}$ is the unique solution for which $Y_{L}+\lambda A^{*}=I-X_{s}+\lambda A^{*}$ is invertible for all $\lambda \in D$. Now by (3.1):

$$
I-X_{s}+\lambda A^{*}=A^{*} X_{s}^{-1}\left(A+\lambda X_{s}\right)
$$

So $X_{s}$ is the unique solution for which $A+\lambda X_{s}$ is invertible for $\lambda \in D$. Equivalently $\left(A+\bar{\lambda}^{-1} X_{s}\right)^{*}$ is invertible for $|\lambda|>1$. But

$$
\left(A+\lambda^{-1} X_{s}\right)^{*}=A^{*}+\lambda^{-1} X_{s}=\lambda^{-1}\left(X_{s}+\lambda A^{*}\right) .
$$

So $X_{s}$ is the only solution such that $X_{s}+\lambda A^{*}$ is invertible for $|\lambda|>1$. o

We can generalize the last statement of the theorem to the case of equation (2.1).

Theorem 3.4.
Suppose $Q>0$, and assume the equation $X+A^{*} X^{-1} A=Q$ has a positive solution. Then this equation has a largest and a smallest solution $X_{L}$ and $X_{S}$, respectively. Moreover, $X_{L}$ is the unique solution for which $X+\lambda A$ is invertible for $|\lambda|<1$, while $X_{s}$ is the unique solution for which $X+\lambda A^{*}$ is invertible for $|\lambda|>1$.

## Proof

First we show the existence of a smallest solution. The reduction proces outlined in Theorem 3.2 and Proposition 3.1 preserves the ordering of the solution. Thus we may apply Theorem 3.3 to see that there exists a smallest solution.

To prove the second part of the theorem we only need to show that $X_{s}$ is the unique solution for which $X+\lambda A^{*}$ is invertible for $|\lambda|>1$. It is not hard to see that this property is also preserved under the reduction proces of Theorem 3.2 and Proposition 3.1. Thus, again, this follows from Theorem 3.3.

As a corollary we have the following theorem which tells us exactly when there is a unique solution.

## Theorem 3.5.

Suppose $Q>0$. Then the equation (2.1) has exactly one solution if and only if the following three conditions hold
(i) $\psi$ is regular,
(ii) $\psi(\lambda) \geq 0$ for $|\lambda|=1$,
(iii) all zeros of det $\psi(\lambda)$ (if any) are on the unit circle.

Proof
Suppose equation (2.1) has exactly one solution. Then (i) and (ii) must hold by Theorem 2.1. Moreover,

$$
\psi(\lambda)=\left(X+\lambda^{-1} A^{*}\right) X^{-1}(X+\lambda A) .
$$

Therefore, $\operatorname{det} \psi(\lambda)=\operatorname{det} X^{-1} \operatorname{det}(X+\lambda A) \operatorname{det}\left(X+\lambda^{-1} A^{*}\right)$. As $X$ is the unique solution we have $X=X_{s}=X_{L}$. By Theorem $3.4 \operatorname{det}(X+\lambda A)$ and $\operatorname{det}\left(X+\lambda^{-1} A^{*}\right)$ are both invertible for $|\lambda|<1$. Thus $\psi(\lambda)$ is invertible for all $\lambda$ inside the unit circle (with the exception of zero). As $\psi$ is selfadjoint it follows that $\psi(\lambda)$ must be invertible for all non-zero $\lambda$ not on the unit circle. Thus (iii) holds.

Conversely, assume (i), (ii), (iii) hold. Then there is at least one solution by Theorem 2.1. Moreover, by (iii) we have for any solution X of (2.1) that $X+\lambda A$ and $X+\lambda^{-1} A^{*}$ must be invertible for $|\lambda|<1$. Thus by Theorem 3.4, $\mathrm{X}=\mathrm{X}_{\mathrm{L}}=\mathrm{X}_{\mathrm{s}}$.

## 4. Two recurrence equations

In the previous section we saw that whenever our matrix equation (2.1) has a solution, then it has automatically a largest and smallest solution, denoted by $X_{L}$ and $X_{S}$, respectively. Moreover, we presented an algorithm to calculate these solutions $X_{L}$ and $X_{S}$. In this section we show that these solutions can also be obtained via a recurrence equation. The advantage of these recurrence equations are that they are directly related to the original equation (2.1) and very simple to implement. Whether both solutions $X_{L}$ and $X_{S}$ are obtained from these equations in a numerically reliable way remains at this point an open question, and therefore a problem for future research.

We will see that the algorithm to calculate the largest (real) solution $X_{L}$ is the easiest one. To calculate $X_{s}$, we will in fact implement the dual algorithm for calculating $X_{L}$. However, since the dual algorithm only works if matrix A is invertible, in general we first have to apply some transformations, already mentioned in the previous section to equation (2.1) before we can use this dual algorithm.
The algorithm to calculate $X_{L}$ is as follows.

Algorithm 4.1.
Consider the recurrence equation

$$
X_{0}=I
$$

$$
\begin{equation*}
X_{n+1}=I-A^{*} X_{n}^{-1} A \tag{4.1}
\end{equation*}
$$

If equation (2.1) has a solution $X>0$, then $X_{n} \rightarrow X_{L}$.

## Proof

We show that $X_{n}$ is a monotonically decreasing sequence that is bounded from below, and thus converges. To that end we first show by induction that $X_{k} \geq X \forall k \in N$. Note that as a consequence then $X_{k}>0$ for any $k \in N$, and since $X$ is an arbitrarily chosen solution of (2.1), we have that $X_{k} \geq$ $X_{L} \quad \forall k \in N$.

For $k=0$, the statement is trivially satisfied. So, assume that the statement holds for $k=n$. Then, $X_{k+1}-X=A^{*}\left(X^{-1}-X_{k}^{-1}\right) A \geq 0$, since $X_{k} \geq$ $X>0$, which completes the first part of our argument.
Next we show that $X_{k}$ is a monotonically decreasing sequence. The proof is quite similar to the previous argument. First, consider $X_{0}-X_{1}$. From the definition of $X_{n}$ we have that $X_{0}-X_{1}=I-\left(I-A^{*} X_{0}^{-1} A\right)=A^{*} A \geq 0$. So, the statement holds for $k=0$. Next, assume that $X_{k}-X_{k+1} \geq 0$ for $k=n$. Then, using the induction argument and the fact that $X_{k}>0$ for any $k$, $X_{n+1}-X_{n+2}=A^{*}\left(X_{n+1}^{-1}-X_{n}^{-1}\right) A \geq 0$. So, the induction argument is complete with this. Combination of both results yields that $X_{n} \rightarrow X_{L}$.
-

To calculate $X_{S}$, the following algorithm can be used.

Algorithm 4.2.
If equation $(2,1)$ has a solution $X>0$, then the next algorithm gives us the smallest (real) solution $X_{s}$ of this equation
1.i) If $A$ is invertible then go to part 2 of this algorithm
ii) Else apply a unitary transformation $T$ such that $A=T^{*}\left[\begin{array}{ll}A_{11} & 0 \\ A_{21} & 0\end{array}\right] T$. iii) If $A_{11}=0$, then $X_{S}:=T^{*}\left[\begin{array}{cc}I-A_{21}^{*} A_{21} & 0 \\ 0 & I\end{array}\right] T$ and the algorithm stops.
iv) Else $X_{S}:=T^{*}\left[\begin{array}{ll}Y_{S} & 0 \\ 0 & I\end{array}\right] T$, with $Y_{S}>0$ the smallest solution of equation (2.1), where $A$ is replaced by $\left(I-A_{21}^{*} A_{21}\right)^{-\frac{1}{2}} A_{11}\left(I-A_{21}^{*} A_{21}\right)^{-\frac{1}{2}}$. Now return to i).
2. Consider the recurrence equation

$$
\begin{aligned}
& X_{0}:=A A^{*} \\
& X_{n+1}:=A\left(I-X_{n}\right)^{-1} A^{*}
\end{aligned}
$$

Then $X_{n} \rightarrow X_{S}$.

## Proof

Part 1 of the algorithm follows from the reduction proces of Section 3. So what is left to be proved is that part 2 of the algorithm works under the assumption that $A$ is invertible. Using Theorem 3.3 and algorithm 4.1, this is however straightforward to prove, and therefore the proof is omitted. a

For the algorithm 4.1 compare also [A1], [AMT].

## 5. Another necessary and sufficient condition

In this section we shall assume $A$ is invertible and $Q=I$. Recall that the set $\{\langle A x, x\rangle \mid\|x\|=1\}$ is called the numerical range of $A$, we shall denote this set by $W(A)$. Furthermore, let us denote by $\omega(A)$ the numerical radius of $A$, i.e.,

$$
\omega(A)=\max \{|z| \mid z \in W(A)\}
$$

With this notation the following theorem holds.

## Theorem 5.1.

Suppose $A$ is invertible. Then there is a positive definite solution $X$ of the equation $X+A^{*} X^{-1} A=I$ if and only if $\omega(A) \leq \frac{1}{2}$.

## Proof

Suppose $X>0$ and solves the equation $X+A^{*} X^{-1} A=I$. From Theorem 2.1 we know that the rational matrix function $\psi(\lambda)=I+\lambda A+\lambda^{-1} A^{*}$ is positive semidefinite for $|\lambda|=1$. Now take $x$ with $\|x\|=1$. Then, for $|\lambda|=1$ :

$$
0 \leq\langle\psi(\lambda) x, x\rangle=\langle x, x\rangle+\lambda\langle A x, x\rangle+\bar{\lambda}\langle\overline{A x, x}\rangle .
$$

Hence for $z=\langle A x, x\rangle \in W(A)$ and $|\lambda|=1$ we have $0 \leq 1+\lambda z+\bar{\lambda} \bar{z}$. But this is easily seen to be equivalent to $|z| \leq \frac{1}{2}$.

$$
\text { Conversely, assume } \omega(A) \leq \frac{1}{2} \text {. Then for }\|x\|=1 \text { and }|\lambda|=1 \text { : }
$$

$$
\langle\psi(\lambda) x, x\rangle=1+2 \operatorname{Re} \lambda\langle A x, x\rangle .
$$

Now $|\lambda\langle A x, x\rangle| \leq \frac{1}{2}$, so $\psi(\lambda) \geq 0$ for $|\lambda|=1$. But as A is invertible $\psi(\lambda)$ is regular. Indeed,

$$
\psi(\lambda)=\lambda^{-1} A^{*}\left(\lambda A^{*-1}+\lambda^{2} A^{*-1} A+I\right)
$$

Now $\lambda^{-1} A^{*}$ is invertible for $\lambda \neq 0$, while $\lambda^{-1} A^{*}+\lambda^{2} A^{*-1} A+I$ is a regular matrix polynomial. Thus $\psi(\lambda)$ is regular and positive semidefinte for $|\lambda|=$ 1. By Theorem 2.1 the equation $X+A^{*} X^{-1} A=I$ has a positive solution. a The Theorem was essentially obtained by different methods in [A1]. In one direction the result can also be derived straightforward from Lemma 1 in [A2]. Using again different methods the theorem was derived for the special case of normal matrices $A$ in [E].

Next we consider a similar condition for the more general equation $X+A^{*} X^{-1} A=Q$, where we assume $Q>0$ and $A$ nonsingular. The $Q$-numerical radius of $A$ is defined as

$$
\omega_{Q}(A)=\omega\left(Q^{-\frac{1}{2}} A Q^{-\frac{1}{2}}\right) .
$$

Theorem 5.2.
Suppose $A$ is nonsingular. Then the equation $X+A^{*} X^{-1} A=Q$ has a positive definite solution $X$ if and only if $\omega_{Q}(A) \leq \frac{1}{2}$.

As the proof follows essentially the same lines as the proof of Theorem 5.1 it is omitted.
6. Description of the set of solutions in terms of invariant subspaces in case A is invertible

The equation we study here is the one obtained after application of the reduction proces of Section 3. In other words, we consider the equation
(6.1) $X+A^{*} X^{-1} A=I$,
where $A$ is non-singular. Introduce the matrices
(6.2) $\quad H=\left[\begin{array}{ll}0 & -A^{-1} \\ A^{*} & -A^{-1}\end{array}\right] \quad J=\left[\begin{array}{rr}0 & I \\ -I & 0\end{array}\right]$.

Note that H is J-unitary, i.e., $H^{*} J H=J$. The next theorem gives necessary and sufficient conditions for solvability of equation (6.1) in terms of $H$ and its invariant subspaces.

Theorem 6.1.
The following are equivalent
(i) there is a positive solution X of (6.1),
(ii) $\psi(\lambda)=I+\lambda A+\lambda^{-1} A^{*}$ is regular and positive semidefinite for $|\lambda|=$ 1 ,
(iii) there is a number $\eta,|\eta|=1$ such that $\psi(\eta)>0$ and the partial multiplicities of $H$ corresponding to its eigenvalues on the unit circle (if any) are all even,
(iv) there is a number $\eta,|\eta|=1$ such that $\psi(\eta)>0$ and there exists an $H$-invariant subspace $M$ such that $J M=M^{\perp}$.

## Proof

The equivalence of (i) and (ii) is already observed in Theorem 2.1. First we show that (ii) implies (iii). The existence of $\eta,|\eta|=1$ such that $\psi(\eta)>0$ is immediate from (ii). To show the second part of (iii), first note that

$$
\left[\begin{array}{ll}
I & 0  \tag{6.3}\\
\frac{1}{\lambda} A^{*} & I
\end{array}\right] \text { (H- }-1 \text { ) }\left[\begin{array}{cc}
-\frac{1}{\lambda} I & \frac{1}{\lambda} I \\
0 & -A
\end{array}\right]=\left[\begin{array}{cc}
I & 0 \\
0 & \psi(\lambda)
\end{array}\right] .
$$

So $\psi(\lambda)$ and $H-\lambda I$ are equivalent (in the sense of analytic matrix functions) on $\mathbb{C} \backslash\{0\}$. Hence the partial multiplicities of $H$ and $\psi(\lambda)$ at their eigenvalues on the unit circle coincide (see, e.g., [GKL]). Next, for $z \in R$ define

$$
\begin{aligned}
\varphi(z) & =(z-i) \psi\left(\frac{z+i}{z-i}\right)(z+i)= \\
& =\left(z^{2}+1\right) I+\left(z^{2}-1\right)\left(A+A^{*}\right)+2 i z\left(A-A^{*}\right) .
\end{aligned}
$$

Then $\varphi(z) \geq 0$ for $z \in R$, and the partial multiplicities of $\varphi$ at $z$ coincide with those of $\psi$ at $\lambda=\frac{z+i}{z-i}$. But the partial multiplicities of $\varphi$ at real zeros are all even ([GLR1], Chapter 12). Hence, those of $\psi$ at its zeros on the unit circle are all even, and so (iii) is proved.

Further, we prove (iii) $\Rightarrow$ (iv) $\Rightarrow$ (i). Since $H$ is J-unitary and the partial multiplicities of $H$ at its eigenvalues on the unit circle are all even there is a $H$-invariant subspace $M$ such that $J M=M^{\perp}$ (see [RR1], [RR2]). Let $M=\operatorname{Im}\left[\begin{array}{l}X_{1} \\ X_{2}\end{array}\right]$. Then we shall show that $X_{1}$ is invertible. For this, note that for any $\eta$ on the unit circle for which $H-\eta$ and $H+\eta$ are invertible

$$
(H+\eta)(H-\eta)^{-1} M=M
$$

Using (6.3) we have

$$
(H+\eta)(H-\eta)^{-1}=\left[\begin{array}{cc}
* & 2 \psi(\eta)^{-1} \\
* & *
\end{array}\right] .
$$

Now, assume $X_{1} x=0$. Then $\left[\begin{array}{c}0 \\ x_{2} x\end{array}\right] \in M$. Hence also $(H+\eta)(H-\eta)^{-1}\left[\begin{array}{c}0 \\ X_{2} x\end{array}\right]=$ $\left[\begin{array}{c}2 \psi(\eta)^{-1} X_{2} x \\ *\end{array}\right] \in M$. Since $J M=M^{\perp}$ we have

$$
0=\left\langle J\left[\begin{array}{c}
0 \\
X_{2} x
\end{array}\right],(H+\eta)(H-\eta)^{-1}\left[\begin{array}{c}
0 \\
X_{2} x
\end{array}\right]\right\rangle=\left\langle X_{2} x, 2 \psi(\eta)^{-1} X_{2} x\right\rangle .
$$

Now, by assumption $\psi(\eta)$ is positive definite. So $X_{2} x=0$. But $\operatorname{dim} M=n$, and so Ker $X_{1} \cap \operatorname{Ker} X_{2}=(0)$. Hence $x=0$. Now put $X=X_{2} x_{1}^{-1}$. Then $M=$ $\operatorname{Im}\left[\begin{array}{l}I \\ \mathrm{X}\end{array}\right]$. From $\mathrm{JM}=\mathrm{M}^{\perp}$ we obtain

$$
0=\left[\begin{array}{ll}
I & X^{*}
\end{array}\right]\left[\begin{array}{rr}
0 & I \\
-I & 0
\end{array}\right]\left[\begin{array}{l}
I \\
X
\end{array}\right]=X-X^{*} .
$$

So $X$ is hermitian. Since $H M=M$ we have

$$
M=\operatorname{Im} H\left[\begin{array}{l}
I \\
X
\end{array}\right]=\operatorname{Im}\left[\begin{array}{c}
-A^{-1} X \\
A^{*}-A^{-1} X
\end{array}\right]
$$

Applying the result from above, we see that $-A^{-1} X$ is invertible and $X=$ $\left(A^{*}-A^{-1} X\right)\left(-A^{-1} X\right)^{-1}$. Consequently, $-X A^{-1} X=A^{*}-A^{-1} X$, which yields $A^{*} X^{-1} A-I=-X$, i.e., $X+A^{*} X^{-1} A=I$.
Next, put $P(\lambda)=I+\lambda X^{-1} A$. Then

$$
\begin{aligned}
P\left(\frac{1}{\lambda}\right) & * X P(\lambda)= \\
& =\left(I+\frac{1}{\lambda} A^{*} X^{-1}\right) X\left(I+\lambda X^{-1} A\right)= \\
& =X+A^{*} X^{-1} A+\frac{1}{\lambda} A^{*}+\lambda A=I+\lambda A+\lambda^{-1} A^{*} \\
& =\psi(\lambda)
\end{aligned}
$$

In particular, as $\psi(\eta)>0$ we obtain $I+n X^{-1} A$ is invertible and $X>0$. o

From the last paragraph of the proof also the following corollary is obtained.

## Corollary 6.2.

If (6.1) has a positive solution all its hermitian solutions are positive.

The next theorem provides a description of the set of solutions in terms of invariant subspace $M$ of $H$ for which $J M=M^{\perp}$. Such subspaces are called Lagrangian subspaces.

## Theorem 6.3.

Suppose (i)-(iv) of Theorem 6.1 hold. Then for any solution $X>0$ of (6.1) the subspace $M=\operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right]$ is a Lagrangian $H$ invariant subspace. Conversely, any Lagrangian $H$-invariant subspace $M$ is of the form $M=\operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right]$ for some $X$ satisfying (6.1).

## Proof

Let $X>0$ be a solution. It is a straightforward computation that $J M=M^{\perp}$. Furthermore, by (6.1)

$$
H\left[\begin{array}{l}
I \\
X
\end{array}\right]=\left[\begin{array}{l}
-A^{-1} X \\
A^{*}-A^{-1} X
\end{array}\right]=\left[\begin{array}{l}
I \\
X
\end{array}\right]\left(-A^{-1} X\right)
$$

The converse was proved in the proof of Theorem 6.1.

The pair (H,iJ) has extra properties connected with the sign characteristic which are extremely important for determining the fine structure of the set of solutions of (6.1). Recall from [GLR2] that the sign characteristic of the pair ( $H, i J$ ) may be defined to be the sign characteristic of the pair $\left(i(H+\eta)(H-\eta)^{-1}\right.$,iJ) the latter being defined from a canonical form for matrices selfadjoint in an indefinite scalar product (see [GLR2]). Let $\varphi(\lambda)=(\lambda+\eta)(\lambda-\eta)^{-1}$, then $(H+\eta)(H-\eta)^{-1}=\varphi(H)$.

In the following theorem we shall denote by $X_{+}(H)$ the spectral invariant subspace of $H$ corresponding to its eigenvalues outside the closed unit disc.

## Theorem 6.4.

The statements (i)-(iv) in Theorem 6.1 are also equivalent to there is
(v) a number $\eta,|\eta|=1$ with $\psi(\eta)>0$, $H$ has only even partial multiplicities corresponding to its eigenvalues on the unit circle, and the signs in the sign characteristic of (H,iJ) are all 1.

## Proof

Clearly (v) implies (iii). So, assume there is a solution $X$ of (6.1). Then (iii) holds, and to prove (v) it remains to show that the statement on the sign characteristic is correct. To see this, compute

$$
\begin{aligned}
\varphi(H) & =(H+\eta)(H-\eta)^{-1}= \\
& =\left[\begin{array}{lc}
-I+2 \psi(\eta)^{-1} \frac{1}{\eta} A^{*} & 2 \psi(\eta)^{-1} \\
-2 A \psi(\eta)^{-1} A^{*} & I-2 \eta A \psi(\eta)^{-1}
\end{array}\right] .
\end{aligned}
$$

By Theorem $6.3 \mathrm{H} \operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right] \subset \operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right]$. But then $\varphi(H) \operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right] \subset \operatorname{Im}\left[\begin{array}{l}I \\ X\end{array}\right]$ which implies that $X$ solves the algebraic Riccati equation

$$
2 X \psi(\eta)^{-1} X+X\left(-I+2 \psi(\eta)^{-1} \frac{1}{\eta} A^{*}\right)+\left(-I+2 \eta A \psi(\eta)^{-1}\right) X+2 A \psi(\eta)^{-1} A^{*}=0
$$

From the positivity of $\psi(\eta)$ it follows that we may apply [GLR2], Corollary II.4.7. According to this corollary the signs in the sign characteristic of (iw(H),iJ) are all 1's.

As a consequence of this theorem and the one preceding it we can now describe the structure of the set of solutions of (6.1) in terms of the set of invariant subspaces of a matrix.

Theorem 6.5.
Suppose (i)-(v) hold. Then for every H-invariant subspace $N$ contained in $X_{+}(H)$ there is a unique solution $X$ of (6.1) such that

$$
\operatorname{Im}\left[\begin{array}{l}
I \\
X
\end{array}\right] \cap X_{+}(H)=N
$$

## Proof

From [RR1], Sections 7 and 2 it follows that (v) implies that given $N$ as in the theorem, there is a unique $H$-invariant Lagrangian subspace $M$ such that $M \cap X_{+}(H)=N$. But Theorem 6.3 gives a one-one correspondence between such subspaces $M$ and solutions $X$ of (6.1).

As a corollary we present the following.

Corollary 6.6.
Suppose (6.1) has a solution $X>0$. Then there is a finite number of solutions if and only if $\operatorname{dim} \operatorname{Ker}(H-\lambda)=1$ for every eigenvalue $\lambda$ of $H$ not on the unit circle. Otherwise there is a continuum of solutions.

## Proof

In case $\operatorname{dim} \operatorname{Ker}(H-\lambda)=1$ for all $\lambda,|\lambda| \neq 1$, which are eigenvalues of $H$ clearly the number of H-invariant subspaces $N \subset X_{+}(H)$ is finite. So there is a finite number of solutions. Conversely, if there is a finite number of solutions there can be only finitely many H-invariant subspaces N C $X_{+}(H)$. This implies $\operatorname{dim} \operatorname{Ker}(H-\lambda)=1$ whenever $|\lambda|>1$ and $\lambda$ is an eigenvalue. However, as $H$ is $J$-unitary $\operatorname{dim} \operatorname{Ker}(H-\lambda)=\operatorname{dim} \operatorname{Ker}\left(H-\bar{\lambda}^{-1}\right)$. So $\operatorname{dim} \operatorname{Ker}(H-\lambda)=1$ also when $|\lambda|<1$ and $\lambda$ is an eigenvalue.

In case $\operatorname{dim} \operatorname{Ker}(H-\lambda)>1$ for some eigenvalue $\lambda$ not on the unit circle there is a continuum of $H$-invariant subspaces in $X_{+}(H)$. (See [GLR3], Proposition 2.5.4.)

Actually, in case there is a finite number of solutions one can be more precise. Let $\lambda_{1}, \ldots, \lambda_{k}$ be the eigenvalues of $H$ outside the closed unit disc, assume $\operatorname{dim} \operatorname{Ker}\left(H-\lambda_{i}\right)=1$ and let $n_{1}, \ldots, n_{k}$ be the algebraic multiplicities of $\lambda_{1}, \ldots, \lambda_{k}$. Then the number of solutions is exactly $\prod_{j=1}^{k}\left(n_{j}+1\right)$. Indeed, in general every invariant subspace $N$ of $H$ such that $N C X_{+}(H)$ can be decomposed (uniquely) as $N=N_{1}+\ldots+N_{k}$ where $N_{i}$ is H-invariant and $\sigma\left(\left.H\right|_{N_{i}}\right) \subset\left\{\lambda_{i}\right\}$. As dim $\operatorname{Ker}\left(H-\lambda_{i}\right)=1$ we have $n_{i}+1$ possible choices for $N_{i}$, namely $N_{i}=\operatorname{Ker}\left(H-\lambda_{i}\right)^{p} \quad p=0,1, \ldots, n_{i}$. Making all possible combinations we arrive at the total of $\prod_{j=1}\left(n_{j}+1\right)$ possibilities for $N$.

Next, we analyse the number of solutions in the particular case when $A$ is a normal matrix. Recall that for a normal matrix the numerical radius $\omega(A)$ equals the spectral radius $r(A)$.

## Theorem 6.7.

Let $A$ be normal and assume $r(A) \leq \frac{1}{2}$. Let $S_{A}=\left\{\lambda \in \sigma(A)| | \lambda \left\lvert\,=\frac{1}{2}\right.\right\}$ and let $\mathrm{p}=\# \mathrm{~S}_{\mathrm{A}}$. Then (6.1) has
(a) exactly one solution if and only if $p=n$,
(b) $2^{n-p}$ solutions if and only if $\operatorname{dim} \operatorname{Ker}(A-\lambda)=1$ for all $\lambda \in \sigma(A) \backslash S_{A}$,
(c) a continuum of solutions in all other cases.

## Proof

Making a unitary trannsformation we may assume $A$ to be diagonal, $A=$ $\operatorname{diag}\left(\lambda_{1}, \ldots, \lambda_{n}\right)$. It is a straightforward calculation to see that the eigenvalues of $H=\left[\begin{array}{ll}0 & -A^{-1} \\ A^{*} & -A^{-1}\end{array}\right]$ are given by

$$
\mu_{i \pm}=\left(-\frac{1}{2} \pm \frac{1}{2} \sqrt{1-4\left|\lambda_{i}\right|^{2}}\right) \lambda_{i}^{-1}
$$

and $\operatorname{dim} \operatorname{Ker}\left(H-\mu_{i \pm}\right)=\operatorname{dim} \operatorname{Ker}\left(\mathrm{A}-\lambda_{i}\right)$. Clearly $\left|\mu_{i \pm}\right|=1$ if and only if $\left|\lambda_{i}\right|=\frac{1}{2}$. Thus, all eigenvalues of $H$ are on the unit circle if and only if $\mathrm{p}=\mathrm{n}$. So (a) holds. Also (c) is easily seen. To prove (b), assume $\operatorname{dim} \operatorname{Ker}\left(A-\lambda_{i}\right)=1$ for all $\lambda_{i} \in \sigma(A) \backslash S_{A}$. The algebraic multiplicity of $\mu_{i \pm}$ as eigenvalue of $H$ is one as well, and exactly one of the numbers $\mu_{i+}$ and $\mu_{i-}$ lies outside the unit circle. (To be precise, $\mu_{i-}$ is outside the unit circle.) So $H$ has $n-p$ eigenvalues outside the unit circle, all with geometric multiplicity one, and algebraic multiplicity also one. Therefore the number of solutions of (6.1) is $2^{n-p}$.

## 7. Connections with algebraic Riccati equations

Many of the results in the previous section are very reminiscent of theorems on the discrete algebraic Ricatti equation (compare [RR3] for instance). That this is no coincidence is seen from the following statement.

Proposition 7.1.
Let $A$ be invertible. Then $X$ is a solution of $X+A^{*} X^{-1} A=I$ if and only if $X$ is a solution of the discrete algebraic Riccati equation
(7.1) $X=A X A^{*}+A A^{*}-A X(-I+X)^{-1} X A^{*}$

Proof
Rewrite $\mathrm{X}+\mathrm{A}^{*} \mathrm{X}^{-1} \mathrm{~A}=\mathrm{I}$ as

$$
X=A(I-X)^{-1} A^{*}
$$

(use Theorem 3.3). The result follows from

$$
(I-X)^{-1}=I+X+X(I-X)^{-1} X
$$

Note also that in the course of proving Theorem 6.4 we have found that the solutions of (6.1) coincide with the solutions of the continuous algebraic Riccati equation (6.4).

Using Proposition 7.1 some of the results of Section 6 may have been derived directly from [RR3], Section 1. We have chosen to give full proofs here, independent of this observation. The algorithm 4.1 may be compared with recursive algorithms to compute the largest solution of a discrete algebraic Riccati equation, see e.g. [H].

## 8. The real case

The case where $A$ and $Q$ are real, and we are looking for real symmetric positive definite solutions $X$ is also of interest.

Theorem 8.1.
The solutions $X_{L}$ and $X_{S}$ of $X+A^{T} X^{-1} A=Q$ are real.

## Proof

Note that the reduction procedure of Proposition 3.1 and Theorem 3.2 preserves real solutions. So we may assume $A$ is invertible and $Q=I$. Consider Algorithm 4.1. The matrices $X_{n}$ in this algorithm are all real. Hence $X_{L}$ is real. Also the matrices $X_{n}$ of algorithm 4.2 , step 2 are all real. Thus $X_{S}$ is real.

Note that also the matrix $H$ in (6.2) is a real matrix. Moreover, real solutions $X$ of $X+A^{T} X^{-1} A=I$, with $A$ invertible, correspond to real $H-$ invariant Lagrangian subspaces. So, all results of the previous sections hold for real solutions as well, with the exception of the result on the precise number of solutions stated after Corollary 6.6. We now give the version of that result for the real case.

## Proposition 8.2.

Let $A$ be invertible, let $H$ be given by (6.2). Let $\lambda_{1}, \ldots, \lambda_{k}$ be the real eigenvalues of $H$ outside the closed unit disc, and $\lambda_{k+1}, \bar{\lambda}_{k+1}, \ldots, \lambda_{k+q}, \bar{\lambda}_{k+q}$ the non-real eigenvalues of $H$ outside the closed unit disc. Assume $\operatorname{dim} \operatorname{Ker}\left(H-\lambda_{i}\right)=1 \quad$ for $i=1, \ldots, k+q$. Denote by $n_{i}$ the algebraic multiplicity of $\lambda_{i}$. Then there are exactly $\prod_{j=1}\left(n_{j}+1\right)$ real symmetric positive definite solutions of the equation $X+A^{j} \bar{T}_{1}^{1}-1$

## Proof

The number of real solutions is equal to the number of real H-invariant subspace $N$ such that $N \subset X_{+}(H)$. Such a subspace can be decomposed uniquely as $N=N_{1}+\ldots+N_{k}+N_{k+1}+\ldots+N_{k+q}$, where $N_{i} \subset \operatorname{Ker}\left(H-\lambda_{i}\right)^{n_{i}}$, $i=$
$1, \ldots, k$, and $N_{i}\left(\operatorname{Ker}\left(H-\lambda_{i}\right)^{n_{i}}+\operatorname{Ker}\left(H-\bar{\lambda}_{i}\right)^{n_{i}} \quad i=k+1, \ldots, q\right.$. In case $\lambda_{i}$ is real there are exactly $n_{i}+1$ real $H$-invariant subspaces $N_{i} \subset \operatorname{Ker}\left(H-\lambda_{i}\right){ }^{n_{i}}$. In case $\lambda_{i}$ is not real there are $n_{i}+1$ real $H$-invariant subspaces $N_{i} \subset \operatorname{Ker}\left(H-\lambda_{i}\right)^{n}+\operatorname{Ker}\left(H-\bar{\lambda}_{i}\right)^{n} i$. This proves the theorem.

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