# The Potential for Mobile Markets to Improve Food Access and Affordability: A Market Basket Analysis 

George B. Frisvold<br>Department of Agricultural \& Resource Economics<br>University of Arizona<br>319 Cesar Chavez Building<br>Tucson, AZ 85721<br>frisvold@ag.arizona.edu

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## What are Mobile Markets?

- Tucson Community Food Bank operates a Value Food Store (VFS) selling groceries at 30-70\% discount
- Mobile Markets take VFS products to isolated areas of Pima County

New Pascua Yaqui Pueblo: Closest 2 stores 2.7 - 4.25 miles away Old Nogales Highway Colonia: Closest 2 stores 5 - 5.6 miles away For comparison, $90 \%$ of California population within 2 miles of full service grocery store

## Research Questions

- How does the cost of the Thrifty Food Plan in the study area compare with the rest of the United States?
- What is the extra cost of purchasing a healthier market basket?
- Are healthier items available at stores near the study area?
- How much could Mobile Market purchases reduce the cost purchasing the TFP and healthier market baskets?
- How much do Mobile Market customers save on their actual purchases (because purchased items may not always match market basket items)?


## Methods \& Data

- Interviewed mobile market customers about - Food shopping behavior
- Self-reported change in behavior
- Grocery stores surveyed to construct market baskets - Thrifty Food Plan (TFP)
- Healthier Basket based on Jetter \& Cassady study
Substantially more fiber
- Mobile market substitution

Substitute mobile market prices into market baskets Recalculate basket cost and savings from mobile markets

- Cost savings from actual mobile market (mm) purchases - Begin with actual mm purchases - Calculate costs of these purchases if made at nearest grocery store

Result 1 - Healthier basket costs 12\% more than TFP

|  | $\mathbf{2 0 0 6}$ | $\mathbf{2 0 0 7}$ | Both Years |
| :--- | :---: | :---: | :---: |
|  | $\$ 105.25$ | $\$ 115.18$ | $\$ 110.22$ |
| TFP | $\$ 115.58$ | $\$ 131.58$ | $\$ 123.58$ |
| Healthier | $\$ 10.33$ | $\$ 16.40$ | $\$ 13.37$ |
| Basket | $10 \%$ | $14 \%$ | $12 \%$ |
| Cifference |  |  |  |
| Percent <br> Difference |  |  |  |

Result 2 - Whole grains, lower fat cheeses \& meats most likely to be missing at local grocery stores


Result 3 - Shopping at mobile markets reduce market basket costs \$9-\$12 / week (8-11\%)

|  | 2006 | 2007 | Both Years |
| :--- | :---: | :---: | :---: |
| Baseline cost savings |  |  |  |
| Cost savings with mobile market substitution (\$) |  |  |  |
| TFP | $\$ 9.42$ | $\$ 14.48$ | $\$ 11.95$ |
| Healthier | $\$ 6.62$ | $\$ 12.50$ | $\$ 9.56$ |
|  |  |  |  |
| Cost savings with mobile market substitution (\%) |  |  |  |
| TFP | $9.5 \%$ | $12.3 \%$ | $11.2 \%$ |
| Healthier | $6.1 \%$ | $9.4 \%$ | $\mathbf{8 . 0 \%}$ |

Result 4 - Mobile market prices substantially less than at local grocery stores

|  | Low <br> Volume | Higher <br> Volume |
| :--- | ---: | ---: |
| Cost of Items Sold | $\$ 137.12$ | $\$ 266.71$ |
| Difference from Mobile Market Cost | $\$ 54.43$ | $\$ 99.01$ |
| Store Cost as a \% of Mobile Market Cost | $166 \%$ | $159 \%$ |
| Mobile Market \% Discount from Store Cost | $39 \%$ | $36 \%$ |
| Community Cost Reduction per Dollar of Mobile | $\$ 0.66$ | $\$ 0.59$ |

Result 5 - Cost effectiveness hampered by extremely small sales volume

|  | Low <br> Volume | Higher <br> Volume |
| :--- | :---: | ---: |
| Total Community Cost Reductions per | $\$ 54.43$ | $\$ 99.01$ |
| Mobile Market Visit |  |  |

## Discussion

- Mobile markets offered significant percent cost reductions - Items purchased at mobile markets would cost $>59 \%$ more at local stores
- Mobile market purchases could reduce weekly costs of TFP or healthier market basket by >10\%
- Absolute cost reduction to community quite small
- Program has small sales volume
- Costs of delivery high relative to local cost savings
- Policy Postscript
- Tucson Community Food Bank has subsequently moved from expanding the number of mobile markets
- Instead, now reducing number of sites
- Expanding hours and sales volume of existing sites
- This should improve cost-effectiveness of overall program


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