# Testing the Mechanisms of Structural Models: The Case of the Mickev Mantle Effect 

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A well-known method of validating econometric models (structural or otherwise) is to examine their performance in out-of-sample prediction. That is, given a change in the policy environment, do the key endogenous variables of the model move in ways that are in some sense "reasonably close" to the model's forecasts? Unfortunately, however, as noted by Keane and Kenneth I. Wolpin (forthcoming), the examination of models' predictive validity is not especially common in the microeconometrics literature.

A common feature of structural econometric models is that latent variables, not observed and therefore not fit by the model, are key determinants of agents' behavior. For example, in Keane and Wolpin (2001), parental transfers to collegeaged youth are key drivers of college attendance decisions. Policy changes affect attendance partly through their effect on transfers. Yet their model is not actually fit to parental transfers, as these are unobserved in their data. Instead they are a latent variable (inferred from income, changes in assets, etc.). Thus, while Keane and Wolpin (2001) can check if policies affect college attendance as their model predicts, they cannot directly test the policy-to-transfers-tobehavior mechanism embedded in the model.

Here, we suggest one approach to validating structural econometric models is to seek evidence that such latent behavioral mechanisms embedded in a model are in fact operative. Of course, this requires collecting data on the

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relevant latent variable(s). ${ }^{1}$ We present an example of this idea motivated by Ahmed Khwaja's (2001) structural model of health over the life cycle. In the model, agents make sequential decisions on health insurance, health investments (preventive care and healthy/unhealthy behaviors), and medical treatment. Estimation uses the Health and Retirement Study (HRS). Simulation of the model generates the surprising result that provision of free health insurance would not cause people to engage in more risky behaviors like drinking and smoking, or to engage less in healthy behaviors like exercise. This runs counter to the usual "moral hazard" story in static insurance models, where insurance induces more risky behavior.

The point is that, in a dynamic model, better insurance may increase life expectancy, as it allows one to afford more preventive care and better treatment in the event of illness. Increased life expectancy, in turn, enhances one's incentive to invest in health (i.e., in any dynamic model, a longer planning horizon-in this case, life-span-increases returns to investment). ${ }^{2}$ This dynamic effect counteracts the static moral hazard effect of insurance on investment in health.

We call the mechanism where greater life expectancy increases investment in health the "Mickey Mantle effect," after the great Yankee slugger of the 1950s and 1960s. Mantle was a phenomenal natural talent. But a string of injuries, combined with heavy drinking and serious disregard for his health, ended his career prematurely. After years of alcoholism leading ultimately to

[^0]liver failure, Mantle died of cancer at the age of 63. He explained his reckless behavior by noting he never expected to live past his early 40s, as most males on his father's side died young due to Hodgkin's disease. ${ }^{3}$ He was surprised to live into his 60 s , and observed: "If I knew I was going to live this long, I'd have taken better care of myself." ${ }^{4}$

Khwaja's model predicts that if we could observe the latent variable life expectancy, we would see the Mantle effect, a ceteris paribus positive effect of life expectancy on investment in health. If this effect were not present, it would cast serious doubt on the validity of the model, while if it were present, we would gain additional confidence in the model.

The HRS collects data on subjective life expectancy. Our goal is to seek evidence of the Mantle effect using these data, by estimating health investment decision rules that include life expectancy. ${ }^{5}$ Of course, life expectancy may be endogenous in the decision rule for investment in health, for two reasons. The first is reverse causality: investment in health increases life expectancy. The second is omitted variables: a healthier person, ceteris paribus, expects to live longer and therefore has a greater return to investments that increase quality of life in old age. Thus, inadequate controls for health may create spurious correlation between life expectancy and health investment. Moreover, survey questions presumably measure subjective life expectancy with considerable error.

To clarify, consider the following simple schematic representation of Khwaja's model:
(A) Investment in health $=\mathrm{f}$ (lagged health, price of investment in health, income, taste for health, life expectancy).

[^1](B) Life expectancy $=\mathrm{g}$ (lagged health, price of health care, investment in health, environmental risk factors, genetic/hereditary factors).
(C) Current health $=\mathrm{h}$ (lagged health, investment in health, environmental risk factors, genetic/hereditary factors, exogenous shocks to health).
(D) Insurance coverage $=\mathrm{I}$ (lagged health, insurance plan options, income, risk aversion, taste for health, tastes for insurance plan options).

Our interest is in estimating (A). Assume the error term in (A) arises because of the "taste for health," and some part of lagged health is unobserved. According to (B), life expectancy is affected by investment in health. Thus, life expectancy is endogenous in (A), as a person with a high unobserved taste for health and/or higher than observed lagged health will tend to have both a high rate of investment in health and high life expectancy (creating spurious correlation).

A valid instrument for life expectancy in (A) is a variable that affects investment in health only through its affect on life expectancy (and not through any other channel). In the system (A)-(D), one's genetic/hereditary health endowment plays this role. Thus, motivated by the Mantle story, we instrument for subjective life expectancy using parents' age at death (or current ages if still alive), which serves as a proxy for the health endowment. ${ }^{6,7}$ Of course, the assumption that genetic/hereditary factors do not enter (A) directly is a strong one, but we think it is not

[^2]unreasonable, given adequate controls for health and life expectancy. ${ }^{8,9}$

## I. Description of the HRS Data

We use the first six waves (1992-2002) of the HRS, which began as a panel study of the 1931 through 1941 US birth cohorts (see www. hrsonline.isr.umich.edu). Participants in the first wave ranged from 51 to 61 years old, and were reinterviewed every two years. Spouses received an identical interview and could be of any age. In 1998, new cohorts born between 1942 and 1947 were added. We restrict our sample to all persons age 51 to 65 at the interview date who had complete information. ${ }^{10}$ Our dependent variables are binary indicators for whether a respondent currently smokes, drinks heavily (average of three or more drinks per day), or is obese (Body Mass Index > 30). Our analysis sample contains 44,238 observations (which is reduced to 43,963 for the smoking regression, as this variable is missing for 275 cases).

Our measure of subjective life expectancy is a respondent's assessment of the percent chance he/she will live to age 75 or longer. Prior studies
${ }^{8}$ Our key identifying assumption is that investment is conditionally mean independent of the genetic health endowment, given the controls in (A)-i.e., life expectancy, measured health, income, and prices. But a family history of congenital disease might affect investment in health through other channels (e.g., having fewer financial resources in youth if parents were ill). It can be plausibly argued that this problem is resolved by conditioning on current health status in (A), however, as this would control for effects of family background on prior investments in health.
${ }^{9}$ Insurance coverage may tend to be correlated with unobserved tastes for health. Thus, there may be a selection bias whereby people with greater taste for health also have more comprehensive insurance (and, hence, a lower cost of investment in health). In that case, consistent estimation of (A) would require us to deal with this selection problem. That, in turn, would require estimating (A) jointly with the choice model for insurance coverage in (D).
${ }^{10}$ In the HRS wave $1-6$, there were 56,567 observations in the 51-65 age range. Of these, 7,564 were dropped because of missing information on longevity expectations, 3,087 because of missing information on age and death of parents, and 1,557 because they had not answered the question about risk aversion. In addition, 26 observations had missing information on education, 48 on birth region, and 38 had nonresponses to questions on worsening of health conditions, giving an analysis sample of 44,238 . There are 275 missing observations for the smoking question.
show that such longevity probabilities are reasonable predictors of actual longevity. ${ }^{11}$ Control variables include the respondents' age, gender, race, ethnicity, and marital status, household income, net household wealth, education, indicators for whether the respondents' father and mother had high school diplomas, and a measure of relative risk aversion (see Robert B. Barsky et al. 1997). ${ }^{12}$

We control for health using a detailed set of health indicators. These include self-assessed health (i.e., excellent, very good or better, good or better, or fair or better), as well as a large number of objective measures such as whether the respondent had a recent overnight stay in a hospital, the number of limitations in activities of daily living (ADLs), ${ }^{13}$ and binary indicators for whether the respondent was ever diagnosed with hypertension, diabetes, cancer, lung disease, heart problems, stroke, mental disease, or arthritis/rheumatism. We also include a number of variables measuring changes in health status since the last interview, and binary variables set to one if any of the health measures is missing.

Our instruments include the age at death of respondents' parents (or their current age if still alive), as well as age ${ }^{2}$, age ${ }^{3}$, and binary indicators of whether the father or mother died at an age that fell in the range of $<65,66$ to 70,71 to 75,76 to 80,81 to 85 , or $86+$.

Table A1 (in the Web Appendix available at www.e-aer.org/data/may07/P07034_app.pdf) contains a complete list of variables used in the analysis, along with means and standard deviations. Fifty-eight percent of respondents are female. The average age is 58 years old and 65 percent expect to live to age $75+$; 78 percent report being in good or better health, while 49 percent report very good or better. The average
${ }^{11}$ See Michael D. Hurd and Kathleen McGarry 1995, 2002; V. Kerry Smith, Donald H. Taylor, Jr., and Frank A. Sloan 2001; and Khwaja, Silverman, and Sloan 2006.
${ }^{12}$ Note that the variables "price of investments in health" in (A) and "price of health care" in (B) depend on prices of alcohol and tobacco, proximity to and cost of healthful food, proximity to athletic facilities, etc., as well as insurance coverage. We do not measure these variables directly, but instead proxy for them using time and region dummies (determinants of prices) and variables like education, income, and risk tolerance (which drive insurance coverage).
${ }^{13}$ ADLs are whether the individual is able to walk, dress, bathe, eat, get into bed, and use the toilet independently.
age at death of respondents' mothers is 74.4 while that of fathers was 70.7. ${ }^{14}$

## II. Empirical Results

Given the large number of health measures, interpreting their coefficients in regressions for life expectancy or health investment is difficult. Thus, we conduct a factor analysis described in Table A3 in the Web Appendix. We kept the first four factors, which explain the bulk of the covariance among the health indicators. Factor 1 is by far the most important. It is a poor health factor with large negative loadings on selfreported health and large positive loadings on the physician-diagnosed conditions. Factors 2 through 4 are all positive health factors whose interpretation is subtler. ${ }^{15}$

Table 1 reports the first-stage results from twostage least squares (2SLS). The dependent variable is expected probability of living to age 75+. The first column reports results using the four health factors, while the second column includes all the separate health indicators from Table A1.

Clearly, health factor 1 is a far more important determinant of life expectancy than the other factors. A one standard deviation increase in (poor) health factor 1 reduces expected probability of living to age $75+$ by $(-11.058)(0.862)$ $=9.5$ percentage points. Women's subjective probability of living to $75+$ is about 3.5 points greater than men, ceteris paribus, while for blacks it is almost 7 points greater than for whites. An additional four years of education raises this probability more than two points. Interestingly, marriage and assets are not significant, and income, while significant, has a very small effect. The point estimates imply that roughly a $\$ 300,000$ increase in annual income is needed to raise the subjective probability by just one point.

Parents' ages at death have large and significant effects in the expected direction. For instance, having a father who died at the age of 65 or

[^3]younger reduces the subjective probability of living to $75+$ by 6.6 percentage points, ceteris paribus. The F-test for the joint significance of the parental age at death variables is 23.19 in column 1 and 24.06 in column 2. ${ }^{16}$

Table 2 reports OLS regressions of the health investment measures (smoking, heavy drinking, high BMI) on the subjective probability of living to age 75+, along with controls for socio-demographics and health. (Only the key coefficients of "Subj. Prob of living to age 75+" are reported due to space constraints. See Table A2 for the complete set of estimates.) The results provide modest support for the Mantle effect. For instance, in the smoking regressions in columns $1-2$, subjective probability of living to age $75+$ has $t$-statistics in the 9 to 10 range. The point estimates imply a 10 percentage point increase in this subjective probability reduces probability of smoking by about 1 percentage point.

Point estimates for heavy drinking are highly significant, but an order of magnitude smaller. The percent of respondents who report heavy drinking is also an order of magnitude smaller than those who report smoking (see Table A1), however, so in percentage terms the effect on behavior is similar. For high BMI, our results are not significant, statistically or quantitatively.

Table 3 reports our main IV results using parents' age at death as an instrument for life expectancy. (Only the key coefficients of "Subj. prob. of living to age 75+" are reported due to space constraints. See Table A4 in the Web Appendix for the complete set of estimates.) Here, the results are mixed. Those for smoking in columns $1-2$ seem to provide strong support for the Mantle effect. Subjective life expectancy is highly significant, and the point estimates imply that OLS greatly understates the strength of the effect. Specifically, they imply that, ceteris paribus, a 10 percentage point increase in subjective probability of living to age 75+ reduces the probability of smoking by about 2.3 to 2.7 percentage points. As the percent of respondents who smoke is 22.6 percent (see Table A1), these represent decreases of 10 to 12 percent.

In contrast, for heavy drinking we obtain point estimates that are insignificant and of the wrong

[^4]Table 1—First-Stage IV Regression Results: Predicting Life Expectancy§

Dependent variable: Subjective probability of living to age $75^{+}$

| Independent variable | Dependent variable <br> (1) <br> Health factors | bility of living to age 75 $\text { (2) }+$ <br> Health variables |
| :---: | :---: | :---: |
| Female | 3.747*** | 3.497*** |
|  | (0.395) | (0.395) |
| Black | 6.678*** | 6.865*** |
|  | (0.647) | (0.644) |
| Hispanic | $-3.904^{* * *}$ | $-3.523 * * *$ |
|  | (0.934) | (0.932) |
| Age | 0.392*** | $0.365^{* * *}$ |
|  | (0.050) | (0.051) |
| Years of education | 0.652*** | 0.558*** |
|  | (0.075) | (0.075) |
| Married | 0.688 | 0.643 |
|  | (0.443) | (0.437) |
| Health factor 1 | -11.058*** |  |
|  | (0.242) |  |
| Health factor 2 | 0.693*** |  |
|  | (0.228) |  |
| Health factor 3 | 2.720*** |  |
|  | (0.233) |  |
| Health factor 4 | $0.662^{* * *}$ |  |
|  | (0.258) |  |
| Household income (in 1,000 USD) | 0.003*** | 0.003** |
|  | (0.001) | (0.001) |
| Household wealth (in 1,000 USD) | 0.0001 | 0.0001 |
|  | (0.0001) | (0.0001) |
| Risk tolerance | -0.394 | -0.462 |
|  | (1.311) | (1.296) |
| Father has high-school diploma | 0.625 | 0.622 |
|  | (0.448) | (0.442) |
| Mother has high-school diploma | 1.033** | 0.992** |
|  | (0.454) | (0.449) |
| Mother age at death $\leq 65^{++}$ | $-7.288^{* * *}$ | $-7.487^{* * *}$ |
|  | (1.404) | (1.393) |
| Mother age at death 66 to 70 | -4.856 *** | -4.986*** |
|  | (1.049) | (1.037) |
| Mother age at death 71 to 75 | $-3.505^{* * *}$ | -3.556 *** |
|  | (0.803) | (0.794) |
| Mother age at death 76 to 80 | $-3.112^{* * *}$ | $-3.116^{* * *}$ |
|  | (0.706) | (0.699) |
| Mother age at death 81 to 85 | 0.103 | 0.138 |
|  | (0.631) | (0.622) |
| Mother age at death $>85$ | -0.824 | -0.840 |
|  | (0.746) | (0.734) |
| Father age at death $\leq 65^{++}$ | $-6.623 * * *$ | $-6.628^{* * *}$ |
|  | (1.532) | (1.509) |
| Father age at death 66 to 70 | $-3.933 * * *$ | $-3.919^{* * *}$ |
|  | (1.124) | (1.111) |
| Father age at death 71 to 75 | $-3.391^{* * *}$ | $-3.363^{* * *}$ |
|  | (0.902) | (0.892) |
| Father age at death 76 to 80 | -1.349 ** | -1.310* |
|  | (0.771) | (0.763) |
| Father age at death 81 to 85 | 0.025 | 0.013 |
|  | (0.695) | (0.686) |
| Father age at death $>85$ | 0.905 | 0.835 |
|  | (0.792) | (0.786) |
| Age of mother ${ }^{+++}$ | -0.609 | -0.497 |
|  | (0.542) | (0.541) |
| Age of mother ${ }^{\wedge} 2$ | 0.005 | 0.003 |
|  | (0.009) | (0.009) |

Table 1-Continued.
Dependent variable: Subjective probability of living to age 75+
(1)
(2) +
Independent variable

Health factors
Health variables

| Age of mother $\wedge 3$ | 0.00001 | -0.000001 |
| :--- | :---: | :---: |
|  | $(0.00004)$ | $(0.00004)$ |
| Age of father ${ }^{+++}$ | -0.339 | $(0.311$ |
|  | $(0.622)$ | 0.0007 |
| Age of father ${ }^{\wedge} 2$ | 0.001 | $(0.010)$ |
|  | $(0.010)$ | 0.00001 |
| Age of father $\wedge 3$ | 0.00001 | $(0.00005)$ |
|  | $(0.00005)$ | 0.187 |
| R-squared | 0.177 | 0.022 |
| Partial R-squared (identifying instruments) | 0.021 | 24.06 |

Notes: Huber-White standard errors are in brackets, clustered at respondent level. Wave and birth region fixed effects are included but not shown.
§ The table reports first stage results for the sample used in the smoking regression, which has 43,963 observations.
First stage results for heavy drinking and high BMI are very similar, as the sample size is increased to only 44,238.
${ }^{+}$All the health indicators in Table A1 are included in the regression in column 2, but the coefficients are not shown.
${ }^{++}$The omitted categories for the father and mother age at death dummies are mother still alive and father still alive.
${ }^{+++}$Age in the age polynomials is either current age or age at death.
*** Significant at, or below, 1 percent.
** Significant at, or below, 5 percent.

* Significant at, or below, 10 percent.

Table 2—Ordinary Least Squares Regression Results

|  |  | Smoking | Heavy drinking |  | High BMI |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $(1)$ | $(2)^{+}$ | $(3)$ | $(4)^{+}$ | $(5)$ | $(6)^{+}$ |
|  | Health | Health | Health | Health | Health | Health |
|  | factors | variables | factors | variables | factors | variables |
| Subj. prob. of living | $-0.0010^{* * *}$ | $-0.0009^{* * *}$ | $-0.0001^{* * *}$ | $-0.0001^{* * *}$ | -0.0001 | 0.00006 |
| to age 75+ | $(0.0001)$ | $(0.0001)$ | $(0.00004)$ | $(0.00004)$ | $(0.0001)$ | $(0.0001)$ |
| R-squared | 0.05 | 0.07 | 0.03 | 0.03 | 0.06 | 0.09 |
| Observations | 43,963 | 43,963 | 44,238 | 44,238 | 44,238 | 44,238 |

Notes: Huber-White standard errors are in brackets, clustered at respondent level. Wave and birth region dummies are included but coefficients are not shown.
${ }^{+}$All the health indicators listed in Table A1 are included, but their coefficients are not shown.
*** Significant at, or below, 1 percent.
** Significant at, or below, 5 percent.

* Significant at, or below, 10 percent.
sign. The evidence for high BMI is mixed. The point estimates are quantitatively large (at least half as great as for smoking) and of the right sign, but only marginally significant at best.


## III. Conclusion

We have argued that testing the latent mechanisms of structural models, independent of fullblown structural estimation, can be a valuable
model validation tool. This perspective has the benefit that it can potentially rationalize much of the descriptive or IV-based empirical work being done in economics as contributing to the structural research program. As an example of this idea, we attempt to find evidence for the "Mantle effect" that plays a key role in Khwaja's (2001) structural model of investment in health. We find clear evidence for the effect with respect to smoking, but mixed evidence with respect to heavy drinking and high BMI.

Table 3-IV Regression Results: Second Stage

|  | Smoking |  | Heavy drinking |  | High BMI |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | (1) | $(2)^{+}$ | (3) | $(4)^{+}$ | (5) | $(6)^{+}$ |
|  | Health factors | Health variables | Health factors | Health variables | Health factors | Health variables |
| Subj. prob. of living | $-0.0023 * *$ | $-0.0027 * * *$ | 0.0004 | 0.0003 | $-0.0018^{* *}$ | -0.0012 |
| to age 75+ | (0.0009) | (0.0008) | (0.0003) | (0.0003) | (0.0009) | (0.0009) |
| R-squared | 0.05 | 0.06 | 0.02 | 0.02 | 0.05 | 0.08 |
| Hansen J-statistic | 13.542 | 14.300 | 24.135 | 23.690 | 20.038 | 20.328 |
| (P-value) | (0.699) | (0.645) | (0.115) | (0.128) | (0.272) | (0.257) |

Notes: Huber-White standard errors are in brackets, clustered at respondent level. Wave and birth region dummies are included but coefficients are not shown.
${ }^{+}$All the health indicators listed in Table A1 are included, but their coefficients are not shown.
*** Significant at, or below, 1 percent.
** Significant at, or below, 5 percent.

* Significant at, or below, 10 percent.


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[^0]:    ${ }^{1}$ Keane and Wolpin (2001) did examine historical data on transfers from other sources, and they argue that qualitatively it follows the patterns predicted by their model. But the additional data were inadequate to test directly the policy-to-transfers-to-schooling behavioral mechanism.
    ${ }^{2}$ More intuitively, if one expects to live longer, it creates an incentive to invest in health to enhance quality of life in old age. On the other hand, the expectation of greater longevity can also reduce the marginal value of additional years of life, a mechanism that would reduce investment in health. In Khwaja's model the investment increasing effects of a greater expected life span dominate.

[^1]:    ${ }^{3}$ Mantle's father died of Hodgkin's disease at the age of 39 , while his two uncles died at 32 and 41 years of age. Of Mantle's four sons, one died of Hodgkin's disease a year before Mantle (at the age of 36), while the other died of cancer in 2000. Mantle's two surviving sons are active in the Mickey Mantle Foundation, which promotes organ donations.
    ${ }^{4}$ This could be ex post rationalization, but Mantle made related statements in his youth, e.g., as a rookie he told the player representative: "You don't have to talk to me about pensions. I won't be around long enough to collect one."
    ${ }^{5}$ In principle, Khwaja might have used these data in estimation, but modeling expectations entails great difficulties.

[^2]:    ${ }^{6}$ According to the framework (A)-(D), measures of environmental risk factors are also potential instruments. Living in a risky environment may reduce life expectancy, but conditional on life expectancy it should not affect investment in health directly. Of course, this assumes that risky environment is not endogenous in the sense that people with low tastes for health will also choose to live in a risky environment.
    ${ }^{7}$ After completing this work we became aware of a recent paper by David E. Bloom et al. (2006) which uses similar instruments to estimate effects of life expectancy on saving and the timing of retirement.

[^3]:    ${ }^{14}$ These figures include current age for parents who are still alive ( 36 percent of mothers and 13 percent of fathers).
    ${ }^{15}$ Factors 2 and 3 load positively on self-reported health but also load positively on stroke indicators. But while factor 2 loads negatively on the change in self-reported health, factor 3 loads positively. Factor 4 loads positively on selfreported health and negatively on hypertension and diabetes indicators. But it also loads positively on ADL limitations.

[^4]:    ${ }^{16}$ While the six parental age polynomial coefficients are not individually significant, their joint F-test is 10.07 in column 1 and 9.90 in column 2.

