

1 **LC-ESI-TOF MS Method for the Evaluation of the Immunostimulating Activity of**
2 **Soybeans Via the Determination of the Functional Peptide Soymetide**

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16

17 **Abstract**

18 Bioactive peptides content in foodstuffs can seriously vary with many factors such as
19 crop variety, food processing, animal breeding, etc. Because of this variability, quantitative
20 methodologies are required to evaluate the content of bioactive peptides in foodstuffs.
21 Progress in liquid chromatography and mass spectrometry technologies offer a great
22 opportunity for the quantitation of bioactive peptides. This study undertook the development
23 of a liquid chromatography-electrospray ionization-time of flight mass spectrometry method
24 using a fused-core technology column for the sensitive and unambiguous determination of the
25 immunostimulating peptide soymetide in soybean varieties. Soymetide precursor protein (α'
26 subunit of β -conglycinin) was extracted with a Tris-HCl buffer (pH 8.0) containing urea and
27 digested with trypsin. Soymetide separation conditions by reversed phase liquid
28 chromatography (ion-pairing reagent, organic modifier, separation column, and elution
29 gradient) and detection by MS were optimized and a study of soymetide stability was also
30 conducted. Having demonstrated method selectivity, the linearity, accuracy, precision, and
31 limits of detection and quantitation were evaluated. The developed method enabled the
32 detection and quantitation of soymetide concentrations in the ppb range (7.5 ng/mL and 25
33 ng/mL, respectively), and about 30 times lower than those detected and determined in a
34 previous work by capillary liquid chromatography with UV detection. These values could
35 allow the quantitation of only 17 μ g of soymetide per gram of soybean. The developed
36 methodology was applied to the quantitation of soymetide in different soybean varieties from
37 Europe, Japan, and USA observing great differences in soymetide content that ranged from 40
38 to 600 μ g per gram of soybean depending on the soybean variety.

39
40 **Keywords:** soybeans, soymetide, immunostimulating peptide, liquid-chromatography-mass
41 spectrometry, time of flight, quantitation.

42 **Introduction**

43 Functional foods containing bioactive peptides or proteins are nowadays a very
44 interesting area of research. Many efforts are now focused on the exploration of new
45 functional proteins and peptides in foods and on the design of functional foods containing
46 these bioactive ingredients.¹⁻⁴ Nevertheless, the number of works devoted to the quantitative
47 determination of functional proteins or peptides is very low despite their content can
48 significantly vary with many factors such as crop variety, food processing, animal breeding,
49 etc.

50 Quantitative determination of a peptide encrypted in a precursor protein requires
51 seriously considering the treatment of the sample.⁵⁻⁷ In addition to the initial extraction of the
52 parent protein, peptides inside a precursor protein need to be previously released, usually by
53 enzymatic digestion of the parent protein.⁵⁻⁸ This digestion normally yields a highly complex
54 extract containing up to hundreds of different peptides at different concentration levels.⁹⁻¹¹
55 The quantitation of a target peptide in this complex mixture requires its suitable separation
56 and detection. Progresses in liquid chromatography (LC) and mass spectrometry (MS)
57 technologies offer a great opportunity for this purpose.⁹⁻¹²

58 LC column developments have been focused on accelerating chromatographic
59 separations and to increase efficiency and sensitivity. Fused-core stationary phases consisting
60 of superficially porous particles have attracted much attention in this regard.¹³⁻¹⁶ Generally,
61 these particles consist of a solid core (between 1.7 and 3.3 μm) surrounded by a small porous
62 shell (between 0.5 and 0.6 μm). Compared to totally porous particles, fused-core particles
63 exhibit high column efficiency due to shorter diffusion paths which reduces mass transfer
64 resistance and minimizes peak broadening. These features in addition to a very tight particle
65 size distribution and a high packing density, result in columns with comparable efficiency to
66 sub-2 μm particle columns and nearly twice the efficiency obtained with 3 μm particle

67 columns.¹⁷⁻¹⁹ An additional advantage of fused-core columns is that, unlike sub-2 μm particle
68 columns, they do not require special instrumentation to cope with high backpressures.

69 Soybean (*Glycine max.* (L.) Merr.) is a highly valuable legume and constitutes a cheap
70 source of proteins (40-50%). Different bioactive proteins and peptides have been discovered
71 in soybean such as the well-known lunasin. Another singular peptide in soybean is soymetide
72 with a sequence of 13 amino acids (MITLAIPVNKPGR). Soymetide is the only food peptide
73 exhibiting immunostimulating properties. This peptide is encrypted between the residues 173-
74 185 of the α' subunit of 7S globulin (β -conglycinin).²⁰⁻²² Therefore, unlike lunasin and other
75 bioactive peptides, soymetide only shows immunostimulating activity when it is released
76 from its parent protein by trypsin digestion.^{23,24} Released soymetide exhibits affinity for the
77 *N*-formyl-methionyl-leucyl-phenylalanine (fMLP) chemotactic receptor presents on the
78 neutrophils and macrophages surface. Since soymetide is a fMLP receptor agonist, a dietary
79 ingestion of soybeans can send to the immune system signals similar to a bacterial infection,
80 stimulating and strengthening it. This fact seems to contribute to a rapid response to bacterial
81 infection, leading to bacterial death by phagocytosis and ROS-induced bactericidal effects.²⁵
82 Although different works have demonstrated soymetide capabilities, not much attention has
83 been focused on the determination of this peptide in soybean and derived products. Indeed,
84 only a previous work developed by our research team has determined this peptide in soybean
85 dairy-like products (powdered milks and infant formulas). In that case, a capillary-high
86 performance liquid chromatography method using UV detection was employed.²¹ Despite the
87 interest of this first quantitative approach, lower detection and quantitation limits would
88 enable a further knowledge on soymetide contents in other samples. Moreover, the study of
89 the effect of the soybean genotype on the soymetide content would also be of great interest to
90 select those varieties yielding higher soymetide content. These varieties would be preferred
91 for the isolation of soymetide for the manufacture of functional foods and nutraceuticals.

92 The aim of this work was to develop a selective and sensitive analytical methodology
93 enabling the determination of the bioactive peptide soymetide in different soybean varieties
94 by liquid chromatography-electrospray ionization-time of flight (LC-ESI-TOF) mass
95 spectrometry (MS) using a fused-core technology column.

96

97 ▪ **Materials and methods**

98

99 **Chemicals and samples**

100 Acetonitrile, methanol, trifluoroacetic acid, and acetic acid of HPLC grade (Sigma, St.
101 Louis,USA) were used for the preparation of mobile phases. Calcium chloride was from
102 Panreac (Barcelona, Spain). Hydrochloric and formic acids, hydroxymethylaminomethane
103 (Tris), and urea were from Merck (Darmstadt, Germany). Dithiothreitol, iodoacetamide,
104 bovine serum albumin, and trypsin type IX-S from bovine pancreas were from Sigma. Nine
105 different soybean varieties [Fred (France), Flora (France), Zolta Przebedowska (Poland),
106 Tokachi (Japan), Tokachi Napaha (Japan), Nagaha-jiro (Japan), Mrit (USA), Harosoy 63
107 (USA), and Evans (USA)] were from the germplasm collection of the CRF-INIA (Centro de
108 Recursos Fitogenéticos del Instituto Nacional de Investigaciones Agrarias, Madrid, Spain). A
109 soybean protein isolate (SPI) with a protein content of 89.1% (determined by Kjeldahl
110 analysis) was from ICN (Aurora, OH, USA). Soymetide-13 standard was synthesized by SBS
111 Genetech (Beijing, China). All solutions were prepared with ultrapure water from a Milli-Q
112 system (Millipore, Bedford, MA, USA).

113

114 **Protein extraction and digestion**

115 Soybeans were ground using a domestic miller followed by partial moisture removal
116 in a thermostated oven for 3 h at 50 °C. Ground soybeans were sieved using different mesh
117 sizes to obtain particle sizes ranging 0.05 – 0.6 mm.

118 Extraction of soybean proteins was carried out using a method previously described.²¹
119 For that purpose, 180 mg of grounded soybean were dissolved in 3 mL of 50 mM Tris–HCl
120 buffer at pH 8.0 containing 8 M urea. After sonication for 3 min, samples were centrifuged
121 for 7 min at 4000 g. The supernatant fraction was collected for its enzymatic digestion.

122 Protein digestion was performed following a procedure described previously.²⁶ The
123 procedure consisted of treating 1 mL of protein extract with 100 µL of 50 mM dithiothreitol
124 for 20 min at 50 °C. After cooling to room temperature, alkylation of free thiol groups was
125 performed by the addition of 110 µL of 100 mM iodoacetamide for 5 min. The resulting
126 solution was diluted 10 times in 11 mM CaCl₂ (in 50 mM Tris–HCl at pH 8.0) in order to
127 reduce the final urea concentration. Digestion was performed by adding 20 µL of 1 mg/mL
128 trypsin solution to the diluted sample for 12 h at 37 °C. Finally, the digestion reaction was
129 stopped by adding 50 µL of trifluoroacetic acid and final solutions were filtered through 0.45
130 µm pore size regenerated cellulose Titan 2 filter membranes (MicroSolv Technology Corp.,
131 Eatontown, NJ, USA) prior to injection into the LC system.

132

133 **LC separation**

134 A 1100 series LC (Agilent Technologies, Palo Alto, CA, USA) equipped with a diode-
135 array detector, an automatic injector, a quaternary pump, and a thermostatic column
136 compartment was employed. Preliminary experiments were performed with a 100 mm x 2.1
137 mm i.d., 10 µm, POROS R2/10 perfusion column (Perseptive Biosystems, Framingham, MA,
138 USA). For that purpose, acetic acid and formic acid at three concentrations (0.1, 0.3, and
139 0.5%) and two different organic modifiers (acetonitrile or methanol) were employed with the

140 following gradient: 5-30% B in 10 min, 30-95% B in 3 min, 95% B for 5 min to clean the
141 column, 95-5% B in 1 min, and 5% B for 5 min for the re-equilibration of the column at the
142 initial conditions; mobile-phase, water-organic modifier containing an ion-pairing reagent;
143 flow-rate, 0.5 mL/min; injected volume, 3 μ L; temperature, 50 $^{\circ}$ C. Final quantitation was
144 carried out with a 100 mm x 2.1 mm i.d., 2.7 μ m, Ascentis Express Fused-Core peptide ES-
145 C18 column with a 5 mm x 2.1 mm i.d. peptide ESC18 Ascentis Express guard column of the
146 same material (Sigma, St. Louis, USA). The optimized conditions with this column were:
147 flow-rate, 0.5 mL/min; mobile phases, 0.3% (v/v) acetic acid in water (phase A) and 0.3%
148 (v/v) acetic acid in acetonitrile (phase B); binary gradient, 15-20% B in 4 min, 20-95% B in 3
149 min, 95% for 5 min to clean the column, 95-15% B in 1 min, and 15% B for 5 min for the re-
150 equilibration of the column at the initial conditions; injected volume, 3 μ L; temperature, 50
151 $^{\circ}$ C. The dead volume of the system was equivalent to 0.5 min and the delay time in the
152 gradient was 2.6 min.

153 In order to ensure the identity of soymetide, hydrolysates and spiked hydrolysates
154 were injected and compared.

155

156 **MS detection**

157 MS detection was performed in a Quadrupole Time-of-Flight (Q-TOF) series 6530
158 (Agilent Technologies, Palo Alto, CA, USA) equipped with an Agilent Mass Hunter software
159 that was used for MS control, data acquisition, and data analysis. Optimized ESI parameters
160 were: capillary voltage, 3500 V; nozzle voltage, 1500 V; drying gas conditions, 10 L/min and
161 350 $^{\circ}$ C; nebulizer pressure, 2.7 bar; sheath gas conditions, 12 L/min and 400 $^{\circ}$ C. Other
162 optimized MS parameters were: fragmentator, 150 V; skimmer, 60 V; octapole voltage, 750
163 V. Spectra were acquired in the positive ion mode at 2 GHz over the range m/z 100-1700
164 (extended dynamic range) with an acquisition rate of 2 spectra/s. Purine with an $[M+H]^+$ ion

165 at m/z 121.0509 and an Agilent compound (HP0921) yielding an ion at m/z 922.0098 were
166 simultaneously introduced, and used as internal standards throughout the analysis.

167

168 **Data treatment**

169 Soymetide identification and amino acid sequencing were carried out from the MS/MS
170 spectra using Mascot database.

171 Detection and quantitation was performed from the extracted ion chromatogram (EIC)
172 obtained by the extraction of signals from the most intense isotopic peak of the $(M+2H)^{+2}$ and
173 $(M+3H)^{+3}$ ions of soymetide (m/z 470.6171 and m/z 705.4206) using as extraction window \pm
174 25 ppm.

175 Signal-to-noise (S/N) ratio was calculated by Mass Hunter MS software establishing
176 the peak height as the signal and the noise as five times the standard deviation of the
177 background. Detection (LOD) and quantitation (LOQ) limits were calculated as the
178 concentration yielding a S/N ratio of 3 and 10, respectively.

179

180 **▪ Results and discussion**

181

182 **LC/MS method development**

183 A previous research work of our group described the separation of soymetide from a
184 tryptic soybean digestion extract using micro-LC and UV detection.²¹ Experimental
185 conditions selected in that case consisted of a mobile phase containing trifluoroacetic acid as
186 ion-pairing reagent. Since trifluoroacetic acid is a known strong signal suppressor in MS,²⁷
187 some preliminary experiments using other ion-pairing reagents were firstly conducted to
188 select separation conditions that were compatible with MS detection. Different mobile phases
189 used in reversed phase LC/MS were optimized based on the sensitivity of the soymetide

190 standard peak, estimated from the S/N ratio in the EIC, and the percentage of mobile phase B
191 at which soymetide eluted (see in supporting information). For that purpose, mobile phases
192 containing acetic acid or formic acid as ion-pairing reagents at three different concentrations
193 (0.1, 0.3, and 0.5 %) and with two different organic modifiers (acetonitrile or methanol) were
194 employed. A 0.3% (v/v) acetic acid solution in acetonitrile yielded the highest sensitivity and
195 recovery. These conditions were suitable to observe the mass spectrum of the soymetide
196 standard shown in **Figure 1**. The two highest peaks corresponded to ions $(M+3H)^{+3}$ (m/z
197 470.6171) and $(M+2H)^{+2}$ (m/z 705.4206). Moreover, a tiny signal attributed to ion MH^+ (m/z
198 1409.8284) was also observed. In addition, the isotopic clusters of the ions $(M+3H)^{+3}$ and
199 $(M+2H)^{+2}$ showed that the highest peaks corresponded to the smaller m/z values.

200 Secondly, optimization of ESI parameters was carried out to obtain the best S/N
201 values. For that purpose, a digested extract of SPI was employed. The studied range for
202 parameters that exclusively depended on mobile phase flow-rate and composition were:
203 nebulizer pressure (2.0-3.5 bar), drying gas flow-rate (8-12 L/min), sheath gas flow-rate (6.5-
204 12 L/min), and capillary voltage (3000-4000 V). Other studied parameters also depending on
205 mobile phase flow-rate and composition but limited by analyte thermal stability were: drying
206 gas temperature (250-350 °C) and sheath gas temperature (300-400 °C). The optimized ESI
207 parameters obtained with the previously selected mobile-phase composition and a flow-rate of
208 0.5 mL/min were: nebulizer pressure, 2.7 bar; drying gas flow-rate, 10 L/min; sheath gas
209 flow-rate, 12 L/min; capillary voltage, 3500 V; drying gas temperature, 350 °C, and sheath
210 gas temperature, 400 °C. Finally, ESI parameters only depending on analyte were also studied:
211 nozzle voltage (0-2000 V) and fragmentator voltage (100-200 V). Optimal nozzle and
212 fragmentator voltages were 1500 and 150 V, respectively. Skimmer and octapole voltages
213 were automatically tuned by the instrument and their values were 60 V and 750 V,
214 respectively.

215 Extracted Compounds Chromatograms (ECC) obtained by Mass Hunter MS software
216 show all co-eluting compounds found using a deconvolution process by molecular features.
217 **Figure 2A** shows the ECC and spectrum obtained for the retention time of soymetide with the
218 optimized LC/MS conditions when a digested extract of SPI was employed to verify the
219 chromatographic separation. As observed in the spectrum, there are two main ions (m/z
220 464.6309 and m/z 696.4416) in addition to the two ions of soymetide (m/z 470.6167 and m/z
221 705.4206). These two new signals corresponded to a compound with a molecular mass 18
222 units lower than soymetide (MITLAIPVНКPGR). MS/MS experiments attributed these
223 signals to a peptide with an amino acidic sequence (LITLAIPVНКPGR) differing in just one
224 aminoacid (leucine) with a molecular mass 18 Da lower than methionine. In order to avoid
225 these coelutions, another column with different selectivity and higher efficiency than the
226 perfusion column was tested. **Figure 2B** shows how the use of a new fused-core column
227 enabled the separation of soymetide from the peptide with 18 Da lower molecular mass and
228 yielded narrower chromatographic peaks. However, the new spectrum obtained along the
229 elution peak of soymetide showed additional smaller ions also co-eluting with soymetide. In
230 order to improve the selectivity in the separation of soymetide, the elution gradient was
231 optimized. **Figure 2C** shows how the optimization of the gradient (15-20 % B in 4 min),
232 enabled the separation of soymetide with enough selectivity, there being only a small co-
233 elution with another compound whose ions (m/z 488.5936 and m/z 732.3827) were
234 significantly different from those of soymetide.

235 In order to select an optimum extraction window for maximum selectivity while
236 preserving sensitivity and chromatographic fidelity in the quantitation of soymetide, different
237 extracting widths of ions used as quantifiers in the EICs were tested. According to **Figure 1**,
238 the highest peak in the $(M+3H)^{+3}$ isotopic cluster corresponded to m/z 470.6171 and in the
239 $(M+2H)^{+2}$ isotopic cluster corresponded to m/z 705.4206. These signals were used as

240 quantifier ions, their baseline widths being approximately 120 ppm. Narrower extracting
241 windows were more selective and yielded higher S/N ratios (see in supporting information),
242 but resulted in lower calibration slopes and worse determination coefficients ($R^2 < 0.9$).
243 Therefore, an extracting width of 50 ppm (± 25 ppm symmetric extraction window) was
244 established as a good compromise between selectivity and sensitivity for the quantitation of
245 soymetide.

246 On the other hand, due to the narrower peaks using fused-core column, another
247 important parameter to take into account in quantitative analysis is the data acquisition speed.
248 Generally, 15 measurement cycles across a chromatographic peak are considered adequate for
249 good peak precision (relative standard deviation [RSD] $< 1\%$). Taking into account the
250 selected scanned mass range (m/z 100-1700), a data acquisition speed of 2 spectra/s allowed
251 18 cycles per peak which is enough for a suitable peak precision. Higher data acquisition
252 speeds will lead a reduction in the accumulation time of transitions/spectra and, therefore, in a
253 loss of sensitivity.

254 Finally, we investigated the possibility of improving the sensitivity in the quantitation
255 of soymetide using MS/MS experiments and ions m/z 470.6 and m/z 705.4 as precursors. For
256 that purpose, a collision cell energy providing few but intense fragment ions while preserving
257 10% of intact precursor ion was selected within the range 15-30 V. Since the best sensitivity
258 obtained by MS/MS (energy at 17 V in collision cell) was less than that observed in the MS
259 mode, the MS/MS experiments for the quantitation of soymetide was discarded due to the
260 high chromatographic selectivity and best S/N in MS mode.

261

262 **Development and analytical characterization of the quantitative method**

263 In the study of soybean sample, the results showed a decrease in soymetide signal
264 when mesh sizes higher than 0.2 mm were employed. Therefore, a mesh size ranging from
265 0.05 to 0.2 mm was selected.

266 Moreover, a stability study of the soymetide standard (100 ng/mL prepared in an
267 aqueous solution) and the digested soybean sample was carried out. For that purpose,
268 standards and digested samples were kept at room temperature over the range 0-72 h. No
269 significant difference was observed in the case of the digested soybean sample up to 72 h
270 storage time. However, a significant loss of signal was observed in the case of the soymetide
271 standard which was attributed to its adsorption on the vial walls, regardless of the use of
272 plastic or glass containers. In order to avoid this problem, different soluble media were tried:
273 water, acetic acid (0.3%), Tris-HCl (pH 8.0), acetonitrile, and bovine serum albumin solutions
274 (100 ng/mL and 1000 ng/mL). Best results were obtained using 0.3% (v/v) acetic acid in glass
275 vials. Furthermore, three different storage temperatures were also tested (room temperature, 4
276 °C, and -22 °C) observing no signal reduction when keeping the standards at least 24 h at 4 °C
277 or more than 72 h at -22 °C.

278 Once method selectivity was demonstrated, the following analytical characteristics
279 were studied (see in supporting information): linearity, accuracy, precision, and LOD and
280 LOQ. Linearity was assessed using six standard solutions in the range 25-1000 ng/mL and
281 observing a good linear correlation ($R^2 = 0.9991$). Moreover, intercept did not significantly
282 differ from zero ($P < 0.05$). LOD and LOQ for soymetide were 7.5 ng/mL and 25 ng/mL,
283 respectively. These values could allow the quantitation of 17 µg of soymetide per gram of
284 soybean which indicates a reduction of more than 27 times in the limits of detection and
285 quantitation previously obtained by our research group²¹. Presence of matrix interferences
286 was evaluated by comparing the slopes obtained by the external standard and the standard
287 additions calibration methods, using three different soybeans varieties (Fred, Nagaha-jiro and

288 Harosoy 63, one of each geographic region). Results showed no significant differences
289 between the slopes (with p-values between 0.2925 and 0.7238), confirming the absence of
290 matrix interferences and allowing the use of the external standard calibration method for the
291 quantitation of soymetide in soybean. The accuracy of the analytical method was assessed by
292 evaluating the recovery of different amounts of added soymetide to a soybean sample in
293 which soymetide was not detected observing recoveries very close to 100% as shown in
294 **Figure 3** (between 100.0% and 101.7% with a RSD \leq 3.7%). Finally, precision was evaluated
295 in terms of instrumental repeatability, and intermediate precision. Instrumental repeatability
296 was obtained from six consecutive injections of soymetide standard solutions to LOD and
297 LOQ levels and two soybean samples (Fred and Evans). RSD values lower than 3.0% for
298 standard solutions and 4.2% for soybean samples were obtained. Intermediate precision was
299 obtained by injecting three replicates during three consecutive days of soymetide standard
300 solutions to LOD and LOQ levels and two soybean samples (Fred and Evans). RSD values
301 lower than 4.1% for standard solutions and 6.6% for soybean samples were obtained.

302 In summary, a LC-ESI-TOF method has been developed enabling the selective and
303 sensitive determination of the immunostimulating peptide soymetide in soybeans in about 15
304 min. The main advantage of this method over the previous one is that thanks to high
305 resolution MS experiments, performed with the TOF analyzer, together with a fused-core
306 technology column and a suitable method optimization have made possible the unambiguous
307 identification and determination of soymetide in tryptic digestions of soybean. Also the new
308 method presented good accuracy and precision and was able to quantitate 17 μ g of soymetide
309 per gram of soybean, which significantly improves the detection and quantitation limits
310 previously obtained for soymetide.

311
312 **Soymetide quantitation in different soybeans varieties**

313 The developed method was next applied to the determination of soymetide in different
314 soybean varieties: three from Europe, three from Japan, and three from USA. As example,
315 **Figure 4** shows the signal obtained for a soybean sample. Despite sample complexity, the
316 selectivity of the method was demonstrated in the EIC and in the spectrum corresponding to
317 the soymetide peak. This method allowed the unequivocal determination of the
318 immunostimulating peptide soymetide in soybeans and the re-equilibration of the column at
319 the initial conditions in only 15 min.

320 Results obtained, grouped in **Table 1**, show that soymetide concentrations ranged
321 from 41.3 to 597 $\mu\text{g/g}$ soybean with the exception of the Harosoy 63 variety, in which case,
322 the signal was below the LOD. Great differences in soymetide contents were observed when
323 the method was applied to the determination of soymetide in different soybean varieties. This
324 demonstrated that not all soybean varieties showed the same immunostimulating activity or
325 were equally suitable for subsequent use in the preparation of functional foods or
326 nutraceuticals. No correlation between the soymetide content and the soybean geographical
327 origin was observed. Nevertheless, it should be noted that growing conditions and soybean
328 processing may affect these values. Since the concentration required for 50% of maximum
329 phagocytotic activation (IC_{50}) has been established in approximately 1 μM of soymetide in
330 plasma, the ingestion of about 4 mg of soymetide would be necessary for an adult to reach
331 this IC_{50} value.²⁰ Taking into account this fact, the required consumption of soybean to obtain
332 an immunostimulating effect is about 100 g for the soybean variety with the minimum
333 soymetide content. However, currently there are no pharmacokinetic studies that can confirm
334 these calculations. Moreover, soybean varieties Tokachi (Japan) and Flora (France) can be
335 considered very suitable for the isolation of this bioactive peptide for the preparation of
336 functional foods and nutraceuticals with immunostimulating activity. The method constitutes
337 a very powerful tool to evaluate what soybean varieties and what growing conditions and

338 soybean processing would be most suitable for isolation of the bioactive peptide for the
339 preparation of functional foods and nutraceuticals with immunostimulatory activity and could
340 also be applied for pharmacokinetic studies to confirm the immunostimulatory activity of
341 soymetide in soybeans.

342

343 ▪ **Acknowledgements**

344 Financial support from the Spanish Ministry of Science and Innovation (project
345 CTQ2009-09022), the Comunidad Autónoma of Madrid (Spain) and european funding from
346 FEDER program (project S2009/AGR-1464, ANALISYC-II), and the University of Alcalá
347 and the Comunidad Autónoma of Madrid (project CCG10-UAH/AGR-5950) is gratefully
348 acknowledged. M. Guijarro-Díez thanks the Ministry of Science and Innovation for his
349 predoctoral grant. Thanks to the CRF (Centro de Recursos Fitogenéticos del Instituto
350 Nacional de Investigaciones Agrarias, Madrid, Spain) by donation of soybean varieties.
351

352 ▪ **Supporting Information Available: Description**

353 **Figure S1** shows the effect of different mobile phases used in reversed phase LC/MS
354 on the sensitivity of soymetide standard peak, estimated from the S/N ratio in the EIC, and the
355 percentage of mobile phase B at which soymetide eluted.

356 **Table S1** shows the relative slopes, square regression coefficient, and signal-to-noise
357 ratio obtained with different extracting widths.

358 **Table S2** shows the analytical characteristics of the optimized LC-ESI-TOF MS
359 method for the determination of soymetide.

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361

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437

438 **Figure captions**

439

440 **Figure 1.** Mass spectrum corresponding to a soymetide standard with acetonitrile as organic
441 modifier and 0.3% (v/v) acetic acid as ion-pairing reagent.

442

443 **Figure 2.** Extracted compound chromatograms generated by deconvolution and mass spectra
444 over elution time of soymetide corresponding to digested extract of SPI analyzed with
445 different columns and gradients. **(A)** POROS R2/10 perfusion column; **(B)** Ascentis Express
446 Fused-Core peptide ES-C18 column with the same gradient as in **(A)**; **(C)** Ascentis Express
447 Fused-Core peptide ES-C18 column with a new optimized gradient.

448

449 **Figure 3.** Extracted ion chromatograms corresponding to two replicates **(A and B)** of a
450 soybean sample without content in soymetide (Harosoy 63) spiked with soymetide standard
451 (25 ng/mL), and two replicates **(C and D)** of a soymetide standard solution (25 ng/mL).
452 Experimental conditions as Figure 2C.

453

454 **Figure 4.** Chromatograms corresponding to a soybean sample (Fred) and the mass spectrum
455 of soymetide peak under the optimized LC and MS conditions. **(A)** TIC; and **(B)** EIC
456 corresponding to ions m/z 470.6169 and m/z 705.4191 using an extracted width of 50 ppm.
457 Experimental conditions as Figure 2C.

Table 1. Determination of Soymetide in Different Soybean Varieties by LC-ESI-TOF MS.

Variety	Country of origin	soymetide/product ^a ($\mu\text{g/g}$; average \pm s.d.)	RSD % ^b	Soybean consumption to achieve soymetide IC ₅₀ ^c (g)
Fred	France	70.9 \pm 3.9	5.6	63
Flora	France	428 \pm 47	11	10
Zolta Przebedowska	Poland	92.1 \pm 4.4	4.8	48
Tokachi	Japan	597 \pm 59	10	7
Tokachi Napaha	Japan	358 \pm 20	5.6	12
Nagaha-jiro	Japan	41.3 \pm 2.4	6	108
Merit	USA	48.4 \pm 4.7	10.2	92
Harosoy 63	USA	< LOD	--	--
Evans	USA	207 \pm 13	6.6	21

^a Average values and standard deviations for three replicates of each bean extracted and digested each injected in triplicate.

^b RSD calculated with three replicates of each bean extracted and digested, injected in triplicate.

^c IC₅₀: half maximal inhibitory concentration, 1 μM in plasma²⁰.

Figure 1

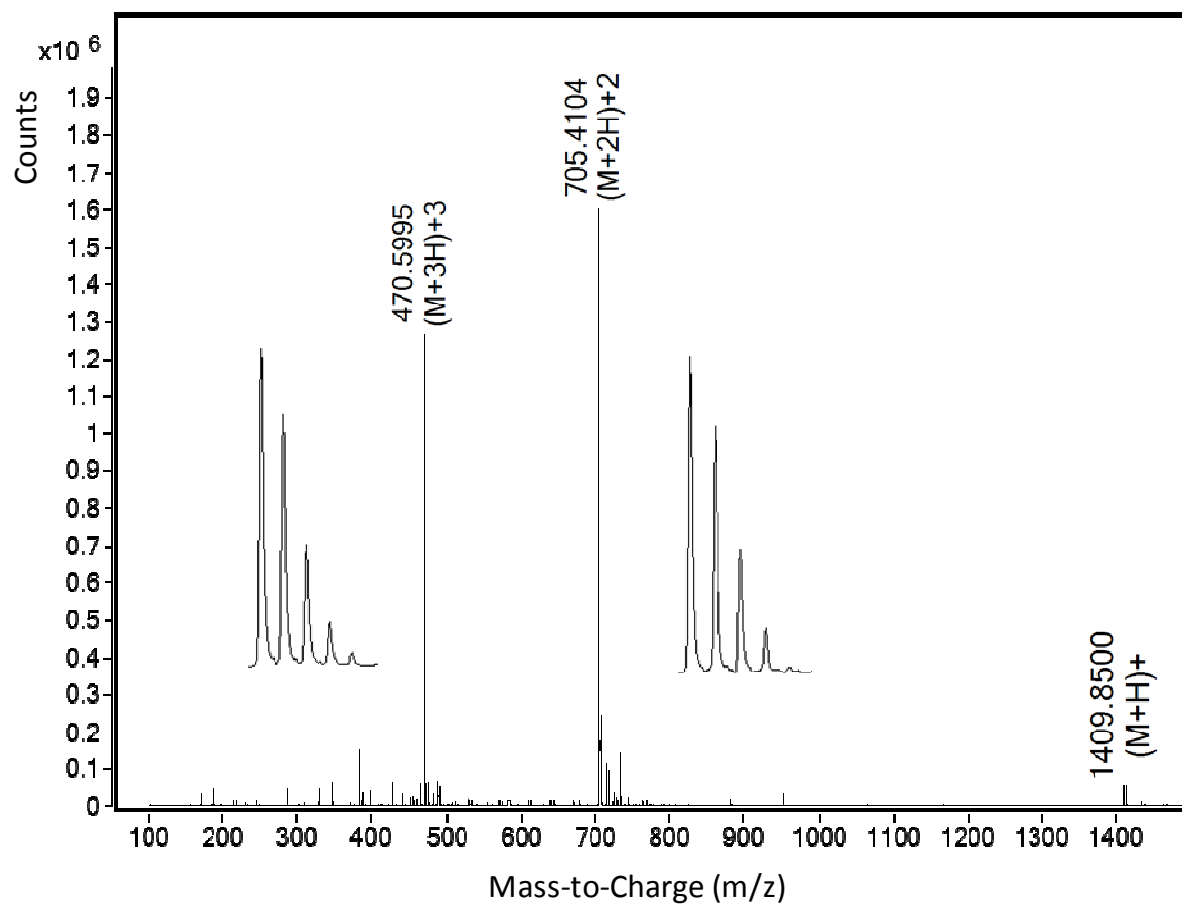


Figure 2

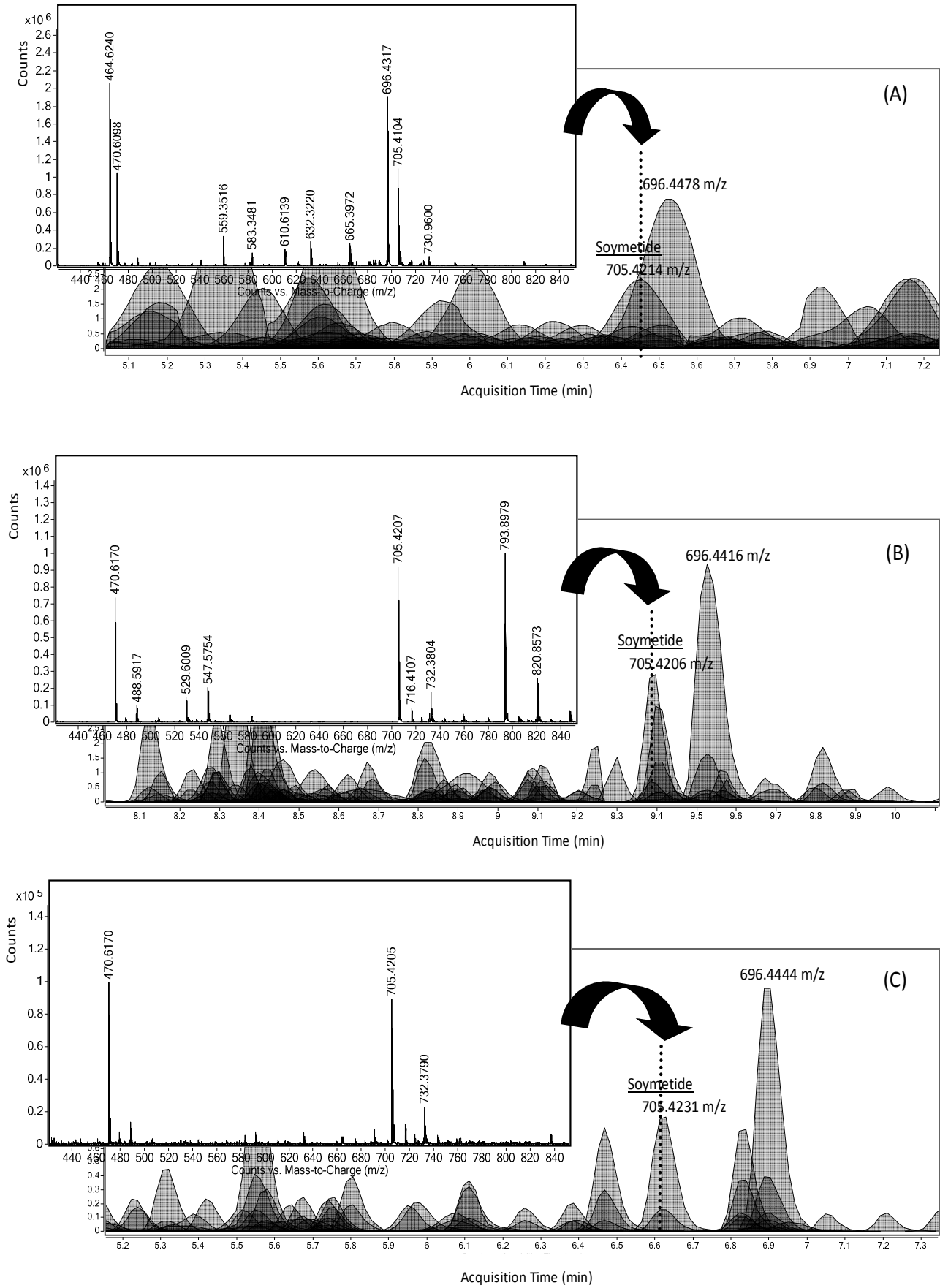


Figure 3

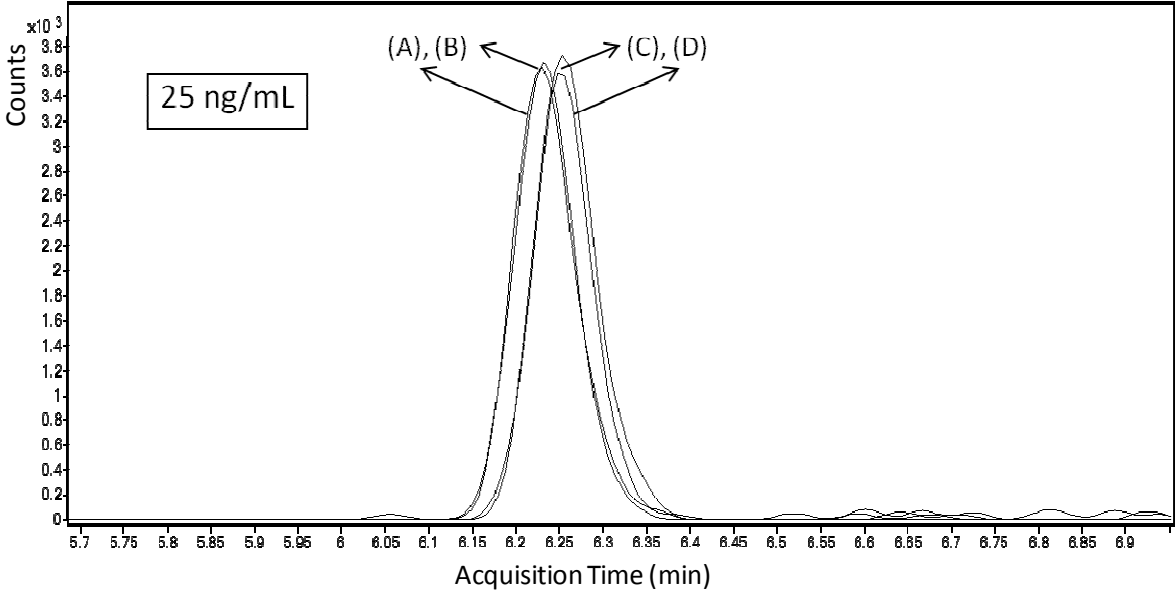


Figure 4

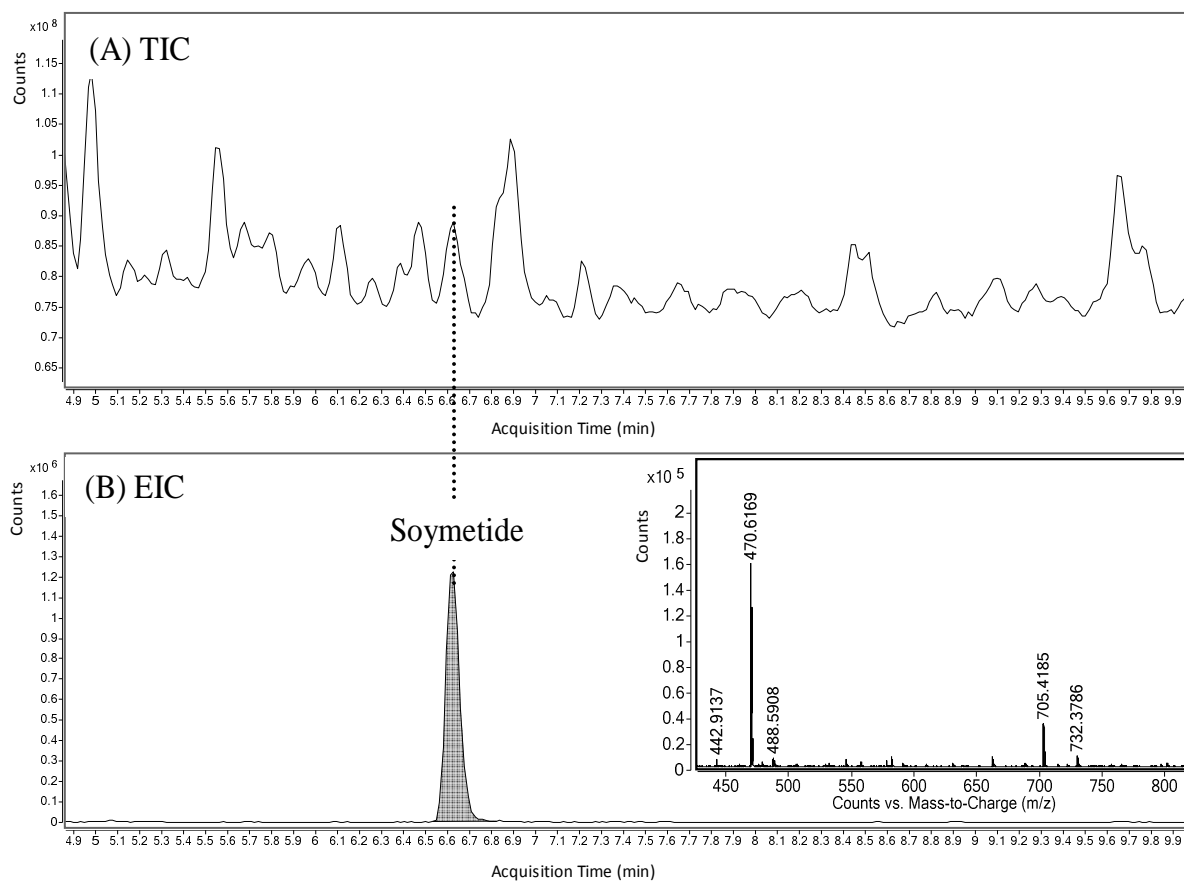


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