Rammed earth construction with granitic residual soils:

the case study of northern Portugal

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Abstract: Building in unstabilised rammed earth results in low environmental impact. However, northern

Portugal has not historical tradition with this technique, and thus the suitability of the local granitic residual soils

is unknown. This paper presents an experimental investigation, where this possibility is assessed. The results

showed that these soils are unsuitable, and that rammed earth construction is only feasible if these soils go

through a stabilising process. The alkaline activation of fly ash was investigated as an environmentally friendly

stabilisation technique, and it proved to be capable of improving the performance of rammed earth.

Highlights:

The strength of unstabilised rammed earth built with granite residual soils is low.

Stabilization is required to build rammed earth with granite residual soils.

The alkaline activation of fly ash was tested as stabilisation technique.

The alkaline activation improves the strength and durability of rammed earth.

Keywords: Rammed earth, granitic residual soil, sustainable construction, alkaline activation, fly ash

1. INTRODUCTION

In 1982 the World's population living in a house built with raw earth was of about one third

[1], whereas nowadays is estimated to be of about one fourth [2]. Despite that, building with

earth continues to be a popular solution for sheltering and housing in many countries around

the world, especially in developing countries. In developed countries this practice has fallen

into disuse over the past century, as consequence of the technological development and

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extensive use of modern building materials (concrete and steel). Earthen materials are in general considered to be non-standard, since they are not produced according to industrialized processes [3]; in many cases these materials are produced on-site and their properties are extremely dependent on the characteristics of the available soil, which itself is a rather heterogeneous material. In addition, there are only few countries that have codes or standards for earth construction (e.g. New Zealand [4-6], Peru [7] and the USA [8]), which further discourages the option for this building solution where those are absent. However, the building industry has been recalling earth construction as a modern building solution due mostly to its recognized sustainability, low environmental impact, and good thermal and acoustic performance [9].

The earth construction concept includes several building techniques that have different constructive features, which depend mostly on cultural and social factors and on local limitations related with the characteristics of the available soils. In Portugal, there are present and widespread earth constructions erected according to three main building techniques: rammed earth ("taipa"), adobe and wattle-and-daub ("tabique"). Rammed earth, which consists in compacting moist soil by layers between a removable formwork to build monolithic walls, is found almost exclusively in southern Portugal. On the other hand, the traditional building stock of northern Portugal is mainly constituted by stone masonry dwellings, whose construction was supported by the great availability of this resource in the region. This type of construction has gradually been replaced, and nowadays the building industry is dominated by a solution consisting of a reinforced concrete framed structure with fired brick masonry infill and concrete slabs. According to Lourenço [10], the embodied energy of a 92 m² house built resorting to this solution is more than the double of that of a solution constituted by exterior rammed earth walls, interior adobe walls and timber roof. Therefore, adopting rammed earth as a building solution in northern Portugal would probably contribute to a more sustainable building industry. However, this technique is historically almost absent from the region, which raises the question about the suitability of the typical and abundant granitic residual soils (GRS) from northern Portugal for unstabilised rammed earth (URE) construction.

Stabilising the soil chemically (e.g. by addition of cement) is an option that may allow the GRS to be used in rammed earth construction if they are not adequate for URE. However, the embodied energy and cost of rammed earth construction would increase substantially [1, 10], making this solution less competitive.

Having the aforementioned in mind, an experimental program that included the assessment of four representative soils from northern Portugal was carried out, regarding their suitability for URE. In addition and as a consequence of the results observed for each soil, an alternative stabilisation technique based on alkaline activation of fly ash is proposed. This technique aims, in first instance, at reducing the environmental impact of stabilised rammed earth (SRE), by incorporating an industrial waste material (fly ash).

2. RAMMED EARTH CONSTRUCTION IN PORTUGAL

Rammed earth construction was extensively used in Portugal during the Islamic domination period (between 7th and 13th centuries), both to build military and civil constructions. The military constructions are mainly constituted by fortresses, which were firstly built between the 7th and 9th centuries. Currently, the castles of Silves and of Paderne, more than 800 years old, are live examples of such fortresses. The military rammed earth is in general stronger and more durable than civil rammed earth, since in general soil stabilised by addition of lime and natural pozzolans was frequently used in the first case [11]. On the other hand, the civil constructions were mainly built with URE, as lime is a resource that used to be too expensive and inaccessible for the majority of the population.

Until the 1950s, URE was the main building technique used in southern Portugal for sheltering, namely in Ribatejo, Alentejo and Algarve regions, which resulted in the geographical distribution of Fig. 1a [12]. Nowadays, this technique represents a very low percentage of new construction. Moreover, the few new rammed earth constructions are frequently built with SRE (by addition of cement or lime) and/or by embedding a reinforced concrete framed structure (Fig. 1b), which are procedures that aim at improving the structural behaviour, namely the seismic performance.



Fig. 1 – Rammed earth construction in Portugal: (a) geographical distribution; (b) new rammed earth house with embedded concrete structure (Odemira, Portugal).

The traditional construction in northern Portugal is dominated by granite stone masonry. Regarding the earth construction techniques, the wattle-and-daub ("tabique") is the most common and was usually used to build partition walls of traditional stone masonry buildings [13]. Rammed earth constructions are almost absent from northern Portugal as there are only a few known cases reported in Viana do Castelo [12]. This absence can be explained by several factors, including: history and culture of the population, availability of stone, suitability of the soils for rammed earth construction, and climate and hazards of the region.

The fact that northern Portugal has not been under a real Islamic domination (unlike southern Portugal) may be pointed out as a reason to explain the absence of rammed earth from the region. Nevertheless, this technique is not strange to the northern neighbouring region of Galicia in Spain [14], which also has not been under Islamic domination.

The absence of rammed earth can also be explained by the great availability of granite and schist as building materials and by the unsuitability of the region's soils. The soils from northern Portugal are mainly saprolitic residual soils from granite rocks, which are weathered by high rainfall rates. In general, these soils are well graded in particle size distribution and have low plasticity indexes, and thus are usually classified as silty sands (SM) and clayey sands (SC). Mineralogically speaking, GRS are constituted mainly by silicates (in more than 65%). The main silicate minerals are quartz, which is very slowly affected by weathering processes, and feldspars, which are continuously transformed into kaolinite, and mica minerals [15]. However, and according to Correia and Merten [12], the rammed earth walls of dwellings from Alentejo built with soils resulting from the weathering of schist are those presenting better mechanical properties. These soils are commonly found in the region and present relatively high clay content and elongated-shaped coarse particles, which result in URE walls with good cohesion and improved interlocking. Moreover, the same authors [12] highlighted that rammed earth walls built using soils with high content of round shaped quartz particles show high tendency to disaggregate. Unfortunately, the GRS characteristics seem to fit within this last case, which means that rammed earth walls built with this type soil may show low strength and disaggregation problems. Furthermore, an URE wall built with a soil with such characteristics may have durability problems when facing the climate of northern Portugal, which is characterized by high annual rainfall rates [16].

The seismic hazard of northern Portugal combined with the generally accepted poor seismic performance of earth constructions could be indicated as another reason to explain the absence of the rammed earth technique. Nevertheless, the seismic hazard of northern Portugal (reference peak ground acceleration between 0.5 m/s² and 0.8 m/s²) is less important than that

of southern Portugal (reference peak ground acceleration between 1.5 m/s² and 2.5 m/s²), where the rammed earth constructions represent a significant part of the building stock.

Thus, the unsuitability of the GRS for URE construction seems to be the only reason behind the non-existence of a spread out of rammed earth construction in northern Portugal. This topic is discussed in the following section on the basis of an experimental program.

3. SUITABILITY OF GRS FOR URE CONSTRUCTION

3.1 Methodology

An exhaustive review on regulating and guideline documents for earth construction is presented in Delgado and Guerrero [17], whereas the current paper presents a practical approach of those documents applied to the case study of northern Portugal. However, and roughly speaking, the decision on the soil suitability for rammed earth construction is based on the assessment of the soil properties or/and on the performance of rammed earth specimens prepared with that soil. In general, the aforementioned documents outline limit properties of the soil, such as those regarding the texture, consistency, organic content, binding force and compactability, and are determined by means of expeditious and laboratory tests. Thus, if the soil properties fit within limit values, it is assumed that the respective rammed earth will present the required performance. However, the correlation existing between the soil properties and the performance of the respective rammed is not clear and does not account the immense diversity existing between soils. This may result in misleading suitability assessments, whose reliability would require testing, in laboratory, the performance of manufactured rammed earth specimens. In this case, the compressive strength and the water erosion resistance of rammed earth are frequently adopted as performance indicators for strength and durability. Furthermore, some tests referred in the aforementioned documents also serve to determine important parameters featuring the building process.

The assessment of the suitability for URE construction was carried out on four GRS collected from different locations in northern Portugal. Soils S1 (Azurém), S2 (Pencelo) and S3 (Louredo) were collected from the municipality of Guimarães, while S4 (Barqueiros) was collected from the municipality of Barcelos. All the samples were collected superficially (between 5 cm and 20 cm deep). The properties of the soils were assessed by means of frequently adopted expeditious and laboratory tests, while the performance of rammed earth manufactured with the soils was assessed by means of tests carried out in laboratory.

3.2 Soil assessment

The assessment of the soils for rammed earth construction was carried out both by means of expeditious and laboratory tests. By definition, expeditious tests are of simple execution and only require common tools, making them prone to be carried out on-site. These tests are essentially focused in evaluating the properties of soil in a qualitative way, while giving indications on the suitability of the soil. Despite the qualitative aspect of the expeditious tests results, they still assume great importance in documents on earth construction. This is explained by the fact that, in many situations, expeditious tests are the only available alternative and, in addition, they are able to provide important parameters featuring the building process. For instance, the drop test is an expeditious test frequently used (at least in Portugal) to determine the compaction water content.

The laboratory tests are in general more accurate and rigorous than those expeditious. However, their execution requires more resources (tools, equipment, expertise, funding, etc.) that are not always available, and typically include the geotechnical characterization of the soils. Table 1 outlines the expeditious and laboratory tests preformed to assess the properties of the soils, and thus the suitability for URE. It is worth to mention that these tests are frequently used in practice.

Table 1 – Expeditious and laboratory tests used to characterize the GRS soils.

Test	Assessed property	Reference
Visual inspection	Texture/organic matter	ASTM D 2488 [18]
Sedimentation	Texture	HB 195 [19]
Ribbon test	Texture (binding force)	HB 195 [19]
Drop test	Compaction/texture	NZS 4298 [5]
Dry strength test	Texture	Houben and Guillaud [1]
Particle size distribution	Texture	LNEC E 196 [20]
Atterberg limits	Plasticity	NP 143 [21] and ASTM D 4943 [22]
Standard Proctor	Compaction	LNEC E 197 [23]

3.2.1 Visual inspection

The visual inspection of the soils was carried out based in ASTM D 2488 [18], which allowed evaluating more objectively properties such as colour, angularity, shape and odour of the particles. Generically speaking, the soils present light tones of colours such as grey and yellow. In terms of angularity, the particles of the soils are sub-angular, but the soil S4 also presents sub-rounded particles. All soils have particles that are neither elongated nor flat in terms of shape, whereby URE walls built with these soils are expected to have lower mechanical properties than those built with schist residual soils from southern Portugal (see

section 2). Finally, no odour indicating the presence of organic matter was identified in the samples.

3.2.2 Sedimentation test

The sedimentation test allows obtaining qualitatively the proportions between the different size fractions composing the soils, by visually identifying the respective sedimentation layers (Fig. 2a). The results of the tests are presented in Fig. 2b for all soils, where the clay and silt fractions are grouped. Soils S1, S2 and S3 present similar proportions between fractions. However, their clay and silt content seem to be low for rammed earth construction when compared with the recommended values according to Houben and Guillaud [1] (between 21% and 37%) or adequate when compared with those of HB 195[19] (between 15% and 50%), but by a minor margin. On the other hand, soil S4 presents the highest content of clay and silt, which is within the recommended values. It should be noted that results of this soil are affected by the observed flocculation of the clay fraction, which occupies a much larger volume than in its deflocculated state.

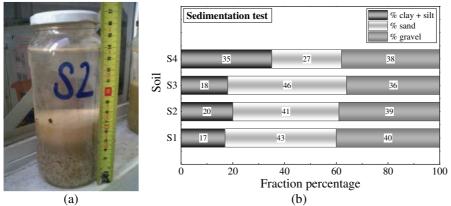


Fig. 2 – Sedimentation test: (a) soil S2 sedimentation flask; (b) results of all tests.

3.2.3 Ribbon test

The ribbon test also allows assessing qualitatively the proportions between the different size fractions composing a soil. Regarding the results, soils S1, S2 and S3 present very low clay content, since it was not possible to roll them into the shape of a sausage (Fig. 3a). In practical terms, this may mean that their clay content is insufficient to produce earthen materials with adequate strength and durability.

average length of the ribbon was of about 45 mm, which according to HB 195 [19], makes this soil suitable for stabilised compressed earth blocks and for rammed earth construction.



Fig. 3 – Ribbon test: (a) soil S1; (b) soil S4. In the case of soil S4, it was possible to roll the sausage and perform the test (Fig. 3b). The

3.2.4 Drop test

This test requires several trials while adjusting the water content of the mixture to obtain the correct state of the ball after impact on the ground. Fig. 4 presents the three possible states occurring within the tests. After obtaining a successful trial (i.e. the ball crumbled partly with minor cracks - Fig. 4a), the water content of the ball (DTWC) was measured for each soil and later on compared with OWC in section 3.2.8 (Table 4). It should be mentioned that moulding the ball was difficult for soils S1, S2 and S3, thus confirming the low clay content discussed in the previous tests.

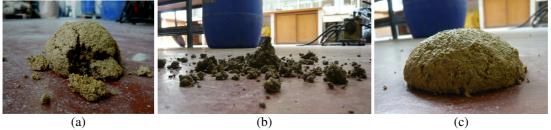


Fig. 4 – Possible states of the ball after impact: (a) crumble partly with minor cracks, (b) completely crumbled; (c) flattened.

3.2.5 Dry strength test

The dry strength test was carried out on dry soil (fraction below 0.425 mm) pats with 4 cm diameter and 1 cm thickness (Fig. 5). The test was carried out by breaking the specimens and crushing them between the thumb and forefinger, and the results were interpreted according to Houben and Guillaud interpretation [1]. Soils S1, S2 and S3 have low dry strength, which means that their fine fraction is mainly constituted by silt and fine sand. The soil S4 presents moderate dry strength, which evidences the higher clay content of this soil when compared with the remaining three, and thus rammed earth prepared with this soil is expected to result in a material with higher cohesion.

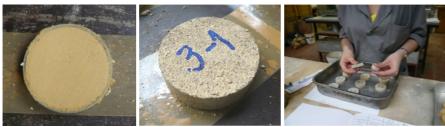


Fig. 5 – Dry strength test.

3.2.6 Particle size distribution analysis

Sieving and sedimentation analyses were carried out in order to quantify the proportions of all size fractions composing the soils, which are presented in Table 2. The particle size distribution (PSD) curves were also plotted and compared with the envelope of typical GRS from northern of Portugal [15] to assess their representativeness, see Fig. 6. The soils S1, S2 and S3 have clay and silt contents that are within the envelope, while the clay content of soil S4 is slightly higher than that of the envelope, and thus it represents GRS with high clay content. Moreover, soil S4 clay content is at least twice as large as that of the other soils, which is in agreement with the observations taken from the sedimentation test.

Table 2 – Particles size fractions of the assessed soils (according to the size fractions usually adopted in earth construction).

Soil	Clay (%)	Silt (%)	Sand (%)	Gravel (%)
S1	6	14	45	35
S2	5	15	59	21
S 3	4	14	60	22
S4	12	12	53	23

(clay < 0.002 mm / 0.002 mm \leq silt < 0.060 mm / 0.060 mm \leq sand < 2.0 mm / 2.0 mm \leq gravel < 20 mm)

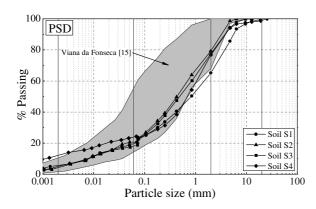


Fig. 6 – Comparison between the PSD curves of the soils and the envelope presented by Viana da Fonseca [15] for GRS from northern Portugal.

The HB 195[19] defines the suitability of the soils for URE construction by limiting the clay (5-20%), silt (10-30%) and sand plus gravel (45-75%) contents. According to this document, the soils are considered unsuitable, since their sand plus gravel contents are excessively high,

but the clay and silt contents are within the limits. Moreover, the PSD curves of the soils were plotted against two recommend PSD envelopes for URE construction in Fig. 7 [1, 24]. Despite of some differences between the envelopes, both agree that soils S1, S2 and S3 lack in clay content. This means that an URE wall built with these soils may not present adequate strength and durability, because there is insufficient clay to hold together the coarser particles (binder function). On the other hand, the higher clay content of the soil S4, which is within the envelopes, is expected to provide URE walls with superior strength and durability. It should be noted that the addressed envelopes are not part of a standard, whereby they should not taken as being restrictive for the soil suitability, but it is worth to mention that the envelope presented by LNEC [24] is with respect to the Portuguese case.

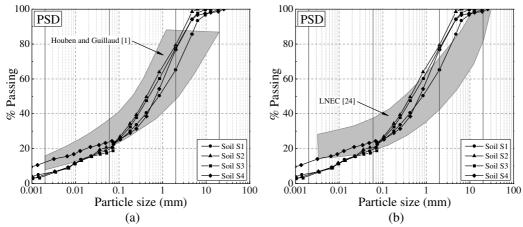


Fig. 7 – Comparison between the PSD curves of the soils and the envelopes for rammed earth construction recommended by: (a) Houben and Guillaud [1]; (b) Portuguese National Laboratory of Civil Engineering [24].

3.2.7 Atterberg limits

The plastic limit (PL), liquid limit (LL) and shrinkage limit (SL) were determined for each soil and the results are presented in Table 3, as well as the respective unified soil classification system (USCS) [25].

Table 3 – Atterberg's limits of the soils and respective USCS classification.

Soil	LL (%)	PL (%)	PI (%)	SL (%)	SI (%)	USCS classification
S1	34	-	-	27	7	Silty sand (SM)
S2	27	-	-	23	4	Silty sand (SM)
S 3	28	-		26	2	Silty sand (SM)
S4	30	19	11	22	8	Clayey sand (SC)

The PL could not be obtained for soils S1, S2 and S3, whereby they are classified as non-plastic soils. As a consequence, these soils would probably result in cohesionless URE, whereby they seem to be unsuitable. Soil S4, on the other hand, is considered to be a medium cohesive soil, and presents LL and PI within the recommended limits by HB 195[19], which are, respectively, below 35-45% and 10-30%. The low values obtained for the shrinkage

index (SI) of the soils indicate that these have low shrinkage/swelling characteristics, which constitutes a good feature when addressing rammed earth construction.

3.2.8 Standard Proctor test

The compaction properties of the soil are very important in rammed earth construction because there is a direct relationship between dry density and compressive strength of the material; the denser the material, the higher is its strength. The standard Proctor test is in general preferred to the modified Proctor, since the compaction energy of traditional rammed earth is closer to that of the first test [1]. The results are summarized in Table 4 in terms of maximum dry density, optimum water contents (OWC). Soils S1, S2 and S3 are shown to have similar OWC, however they present rather different maximum dry densities, where S1 is the densest and the S3 the least dense. Soil S4 is even denser than the other three soils and has a lower OWC, which in practical terms may mean that its use would result in rammed earth with better mechanical performance. According to Doat *et. al.* [26], soil S3 is expected to result in a fairly poor earthen material $(1.65 < \chi < 1.76 \text{ g/cm}^3)$, while soils S1, S2 and S4 are expected to be very satisfactory $(1.76 < \chi < 2.10 \text{ g/cm}^3)$ in terms of performance.

Table 4 – Compaction properties of the soils and compaction water content obtained by drop test (DTWC).

Soil	γ_{dmax} (g/cm ³)	OWC (%)	DTWC (%)	G_s
S1	1.92	12	18	2.69
S2	1.84	12	18	2.63
S 3	1.71	12	20	2.62
S4	2.01	10	10	2.64

In addition, it should be noted that the drop test provides a good approximation for the OWC of soil S4, but not for the other soils. This result is probably affected by the low clay content of soils S1, S2 and S3, which difficult the execution of the drop test, and whereby this test may not be suitable for this type of soils.

3.3 URE performance

The suitability of a soil for URE is ultimately decided by assessing the performance of the earthen material manufactured with it, and then verify if the project or standard requirements are satisfied. Thus, the performance of the URE manufactured with the four assessed soils was tested by means of compression tests and of the Geelong test.

3.3.1 Compression test

The compressive strength of rammed earth prepared with the four soils was assessed by means of small scale compression tests. The specimens consisted of three-layered cylinders with dimensions of 100 mm diameter by 200 mm height, which were compacted with the maximum dry density and OWC obtained from the Proctor test. Specimens were then stored in a room with constant temperature (20°C) and relative humidity (57.5%) and were tested after attaining equilibrium water content (testing age between 27 and 35 days). The tests were carried out under monotonic displacement control at a rate of 3μ m/s and the vertical deformation at the middle third of each specimen was measured by means of three LVDTs disposed radially (see Fig. 8). It should be noted that this procedure was adopted since there are no standards specifically developed for testing rammed earth.

Table 5 presents the results of the compression tests in terms of compressive strength ($f_{c,U}$) and Young's modulus ($E_{0,U}$) computed between 5% and 30% of the compressive strength by linear fitting of the respective stress-strain curve. The values given in Table 6 are average results from 3 specimens.

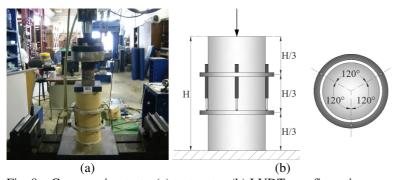


Fig. 8 – Compression tests: (a) test setup; (b) LVDTs configuration.

Table 5 – Average results of the compression tests carried out on URE specimens.

Soil	$f_{c,U}$ (N/mm ²)	$E_{0,U}$ (N/mm ²)
S1	0.41	100.0
S2	0.25	80.5
S 3	0.43	70.6
S4	0.41	221.6

Soil S2 presents a compressive strength (0.25 N/mm²) remarkably lower than the other soils, which is of about 0.42 N/mm². However, it should be noted that the compressive strength of all soils is in general very low when compared with the minimum requirements of some documents concerning rammed earth construction (see Table 6).

Table 6 – Required compressive strength according to documents regulating rammed earth construction.

Document	Country	Required f_c (N/mm ²)
HB 195 [19]	Australia	$\geq 2^{\mathrm{a}}$
NMAC 14.7.4 [8]	USA (New Mexico)	> 2.1 ^b
SNZ 4298 [5]	New Zealand	> 1.3°

Notes

^a dry unconfined characteristic strength obtained from earth blocks or cylindrical earth specimens. Aspect ratio correction factor must be applied

^b on cured rammed earth specimens. No information is provided on the preparation of the specimens.

c lowest of 5 specimens with 1:1 height/thickness ratio.

The least demanding case corresponds to the New Zealand standard [5], whose required compressive strength for standard grade rammed earth constructions (when corrected by the height-to-thickness factor of the tested specimens provided in the standard) is of about 1.14 N/mm².

3.3.2 Geelong test (durability)

The Geelong test (also known as drip test) was used to test the durability performance of URE manufactured with the soils. The test was carried out on cubic specimens (one per soil), with dimensions of $150x150x150 \text{ mm}^3$, compacted in three layers with the maximum dry density and OWC obtained from the Proctor test. The specimens dried in a room with controlled temperature (20°C) and relative humidity (57.5%) and were tested with 21 days of age. The pitting depth and depth of moisture penetration were measured in each test (Fig. 9).

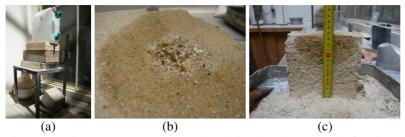


Fig. 9 – Geelong test: (a) test setup; (b) pitting depth; (c) depth of moisture penetration of soil specimen S2.

The results are given in Table 7, where the pitting depth is classified as an erodibility index according to NZS 4298 [5]. It should be noted that the moisture penetration depth of all soils is less than 120 mm, as it is required by the standard. The use of these soils in unplastered URE walls is limited to situations that require erodibility indexes equal or higher than 3, in the case of soils S1, S2 and S3, and than 2, in the case of soil S4 [4]. The HB 195 [19] has a more practical approach of this test, where according to the resulting erodibility indexes, soils S1, S2 and S3 can be used in protected external walls and soil S4 in exposed external walls.

Table 7 – Results of the Geelong test.

Soil	Pitting depth (mm)	Erodibility index	Depth of moisture penetration (mm)
S1	6	3	51
S2	9	3	58
S 3	5	3	40
S4	3	2	20

3.4 Remarks

The expeditious tests allowed characterizing qualitatively properties of the tested GRS, considered relevant for their suitability for URE construction, and whose findings can be generalized as follows: (i) absence of organic matter observed in the visual inspection; (ii)

low clay content (except soil S4) observed in the sedimentation, ribbon, drop and dry strength tests. Regarding the geotechnical characterization of the soils, the PSD analysis of the soil is the most relevant when referring to the suitability for URE construction. In this respect, all the soils, except S4, present clay contents that are below or close to the inferior limit of recommended ranges. Generally speaking, the expeditious and laboratory tests indicated that soils S1, S2 and S3 are unsuitable for URE construction, as was confirmed by their low mechanical performance. On the other hand, the assessment of soil S4 indicated that it may be suitable for URE, but the compressive strength was rather low, which makes it unsuitable. Moreover, it is worth to mention that that the drop test seems not to be adequate to estimate OWC of GRS upon the compaction of the rammed earth.

4. SRE BY ALKALINE ACTIVATION OF FLY ASH

Chemical stabilisation can be used to improve the performance of rammed earth built with GRS, and thus making it a feasible building solution. Regarding the typical low clay content of GRS, the addition of cement seems to be an efficient stabilisation solution. However, the addition of cement results in an important increase of the embodied energy of rammed earth walls [10]. For example, Lax [27] demonstrates that for a specific case, the embodied energy in SRE with 8% of cement is 1.84 times higher than in URE. In order to try to mitigate the environmental impact of SRE built with GRS, the authors have been developing an alternative stabilisation solution, which consists in the addition of a geopolymeric binder obtained from the alkaline activation of fly ash.

4.1 Fundamentals on alkaline activation

Alkaline activation consists in a reaction between alumina-silicate materials and alkali or alkali earth substances, namely: ROH, R(OH)₂, R₂CO₃, R₂S, Na₂SO₄, CaSO₄·2H₂O, R₂·(n)SiO₂, in which R represents an alkaline ion like sodium (Na⁺) or potassium (K⁺), or an alkaline earth ion like calcium (Ca²⁺). It can be described as a polycondensation process, in which the silica (SiO₂) and alumina (AlO₄) tetrahedra interconnect and share the oxygen ions. The resulting polymeric structure of Al–O–Si bonds is the main structure of the hardened geopolymer matrix, which is very similar, at a molecular level, to natural rocks, sharing their stiffness, durability and strength. This technique has been recently studied in the manufacture of mortars and concrete [28], which present enhanced environmental impact and durability over those manufactured with ordinary Portland cement [29].

Fly ash is a by-product from the combustion of coal in power stations and is one of many possible prime sources of silica and alumina in the alkaline activation reactions [29]. The alkaline activation of fly ash has been recently studied as a soil stabilisation technique, with promising results [30-31]. In this type of application, the geopolymeric binder is mixed with the soil and upon hardening it forms a matrix that involves and binds the particles, forming a structured material capable of delivering higher strength levels than those of the original soil. The stabilisation of rammed earth by alkaline activation of fly ash was recently introduced in Cristelo et. al. [32], which presented a composition study using the soil S1 here described, and where the compressive strength was the control parameter. A low calcium content fly ash (type F) was used, activated with a solution of sodium silicate and sodium hydroxide. The effect of several variables was analysed, such as: maximum soil particle size, liquid:solid ratio, activator concentration, Na₂O:ash ratio, and the effects of additives such as hydrated lime, sodium chloride and concrete superplasticizers. The main finding of this study was the great increase in strength promoted by the geopolymeric binder, even in the compositions with the lowest fly ash content (about 15% in wt.). The compressive strength of the tested mixtures varied between 3 N/mm² and 23 N/mm², when cured for periods between 1 and 7 days at 60°C. These values are significantly higher than those required for rammed earth construction. This means that the content of geopolymeric binder can be further decreased in order to promote higher sustainability and lower cost of this stabilisation solution in SRE construction. Therefore, the major contribution of the present paper, relatively to [32], is the use of lower fly ash contents and the curing at ambient temperature.

4.2 Materials and tested compositions

The alkaline activation of fly ash by a sodium silicate/sodium hydroxide activator was tested on soil S3, aiming at improving its performance for rammed earth construction. This soil was preferred since it could be obtained in the large quantities required to build the tested specimens (about 1000 kg). The formulation of the tested mixtures was based on the aforementioned considerations regarding the experimental research presented in Cristelo *et. al.* [32]. Therefore, the geopolymeric binder content was reduced to values similar to those usually used in the construction of SRE with cement (between 3 and 10 wt.%), by fixing the fly ash percentage in 2.5%, 5% and 7.5% of the solid phase weight. Table 8 presents the composition of the tested mixtures. It should be noted that the activator constitutes all the liquid phase of the mixtures, and thus the activator/solids ratio assumed a fixed value, slightly inferior to the OWC of the original soil.

Table 8 – Composition of the tested mixtures.

Mixture	Ash/soil	Activ./solids ratio	Activ./ash ratio	Silic./hydro.	NaOH sol. concent.
Mixture	(solids wt.%)	(wt.)	(wt.)	(wt.)	(molal)
GSRE_2.5	2.5/97.5	0.118	4.72	1:1	5
GSRE_5.0	5.0/95.0	0.118	2.36	1:1	5
GSRE_7.5	7.5/92.5	0.118	1.57	1:1	5

The fly ash was obtained from a Portuguese thermo-electric plant, and is characterized mainly by its low calcium content (enabling it to be classified as type F) and by the 74% of mass available for dissolution (Si plus Al). The sodium silicate was acquired in solution form, with a density of 1.45 g/cm³, a sodium oxide (Na₂O) content of 13% and a SiO₂:Na₂O ratio of about 2. The sodium hydroxide was originally acquired in flake form, with a density of 2.13 g/cm³ at 20°C, and 95-99% purity, and was dissolved in water to achieve a concentration of 5 molal before being mixed with the sodium silicate to compose the activator.

4.3 SRE performance

The aforementioned mixtures were used to prepare different types of SRE specimens, which had their performance tested by means of compression, diagonal-compression and spray tests. It should be noted that all specimens were compacted in such a way that their density would be just slightly lower than the maximum dry density obtained with the Proctor test, and it was considered that all the liquid phase would be part of the hardened specimens (no losses by evaporation).

4.3.1 Compression test

The compressive strength was tested on three cylindrical specimens (per mixture) similar to those used for testing the URE performance (section 3.3.1), which were wrapped in plastic sheet after demoulding and were cured at room temperature of about $20\pm2^{\circ}$ C for 28 days. The testing procedure was the same used for the URE specimens (Fig. 10a). Table 9 presents the average results of the tests in terms of compressive strength ($f_{c,S}$) and Young modulus ($E_{0,S}$), as well as the respective improvement relative to the URE specimens.

Table 9 – Average results of the compression tests on SRE specimens.

Mixture	f_{cS} (N/mm ²)	f_{cS}/f_{cU}	$E_{0,S}$ (N/mm ²)	$E_{0,S}$ / $E_{0,U}$
URE	0.43	1	70.6	1
GSRE_2.5	0.72	1.7	1145	16
GSRE_5.0	0.93	2.2	1168	17
GSRE_7.5	1.09	2.5	2858	40

The alkaline activation of fly ash resulted in a substantial increase in stiffness of soil S3 for all mixtures. The strength increase is also an evident result, since the compressive strength of the

SRE specimens ranges between 1.7 and 2.5 times higher than that of the URE specimens. However, the strength improvement presented by the mixtures was not sufficient to exceed the required performance for rammed earth construction (Table 6). The obvious solution to achieve adequate strength would be the incorporation of higher fly ash contents, since several studies have shown that the higher the ash content, the higher is the strength [30-32]. However, it should be noted that the same referenced studies have concluded that a curing period of 28 days is not enough to allow the complete development of the geopolymeric matrix, responsible for the strength increase of these materials. This is because the hardening kinetics of fly ash geopolymeric binders, especially under mild ambient temperatures, is known to be slow, especially when compared with that of Portland cement [30, 33]. Therefore, a significantly higher strength levels can be expected for these mixtures, providing some more curing time is allowed. Ongoing tests by the authors seem to show that the average compressive strength at 90 days can double the values obtained at 28 days, but further tests are required to evaluate this effect. Moreover, the compaction of SRE specimens required less effort than URE specimens, which means that the density of rammed earth constructed with stabilised soil can easily be higher than that obtained using non-stabilised soil. This is a consequence of the addition of finer particles (fly ash), which modifies the PSD.

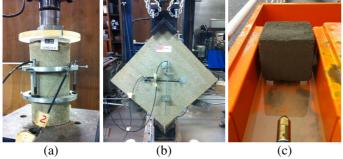


Fig. 10 – Tests carried out on SRE specimens: (a) compression test; (b) diagonal compression test; (c) spray test.

4.3.2 Diagonal compression test

The shear behaviour of SRE specimens was assessed by means of diagonal compression tests on $550x550x200 \text{ mm}^3$ wallets (one per mixture) compacted in 9 layers with similar thickness (Fig. 10b). The specimens were demoulded immediately after compaction and were let to cure uncovered at room temperature of about $22\pm2^{\circ}\text{C}$ for 46 days. The testing procedure was similar to that of ASTM E519 [34], which consisted in applying a monotonic displacement of 4 μ m/s and using 100 mm length supports. It is worth to mention that, in addition to the SRE wallets, a URE wallet was also prepared, but it could not be tested since it disaggregated while being handled, showing the lack of cohesion of the material. The vertical and horizontal

deformations of the specimens were measured in both faces, using four LVDTs, located in the middle third of both diagonals of each side.

The results of the diagonal compression tests are presented in Table 10, in terms of shear strength ($f_{s,S}$) and shear modulus ($G_{0,S}$), which was computed between 5% and 30% of the shear strength by linear fitting of the respective shear stress-shear distortion curve. These two parameters are shown to increase with the fly ash content. The shear strength was higher than that reported for URE (0.037 N/mm²) [35] and significantly higher than that reported for adobe masonry (0.022-0.032 N/mm²) [35-36].

Table 10 – Results of the diagonal compression tests.

Mixture	$f_{s,S}$ (N/mm ²)	$G_{\theta,S}$ (N/mm ²)
URE	Wallet di	saggregated
GSRE_2.5	0.14	576
GSRE_5.0	0.14	505
GSRE_7.5	0.18	620

The shear stress-shear distortion curves of the specimens are presented in Fig. 11, where similar shapes can be observed. The post-peak behaviour shows some ductility, which results from the capacity of the walls in sustaining the load while the shear crack opens gradually. This behaviour is attributed to the friction generated in the crack, while the pre-peak behaviour was mainly due to the cohesion provided by the geopolymeric binder.

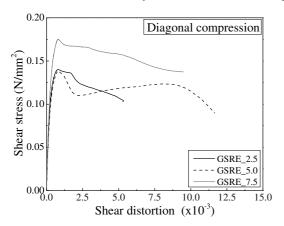


Fig. 11 – Shear stress–shear distortion curves of wallets.

The formation of a shear crack was responsible for the failure of the specimens, whose onset occurred before their respective peak loads being achieved. The failure mode is characterized by splitting of specimens caused by the shear crack (see Fig. 12). The formation of cracks in the layers' interfaces was observed in the post-peak phase, evidencing lack of adhesion across the compaction plane, which is as feature that can be improved in the manufacturing process.

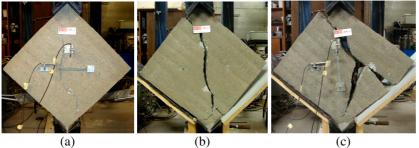


Fig. 12 – Failure mode of the wallets: (a) GSRE_2.5; (b) GSRE_5.0; (c) GSRE_7.5.

4.3.3 Spray test (durability)

Since the stabilisation of rammed earth should also improve the performance against water erosion, it was decided to perform the spray test, which is more aggressive than the Geelong test. The spray test was carried out on three specimens (of each composition), consisting of three-layered cubes of dimensions $200 \times 200 \times 200 \times 200$ mm³. The specimens were cured in wrapped plastic at room temperature of about $20 \pm 2^{\circ}$ C for 28 days, after which were tested according to the procedure described in NZS 4298 [5], but only the pitting depth was measured. In addition to the SRE specimens, one URE specimen was also tested.

The results are presented in Table 11 and illustrated in Fig. 13. The SRE specimens did not present any evidence of erosion one hour after the start of the test, whereby erodibility index corresponds to 1. On the other hand, the URE specimen presented a high level of erosion after only just 4 min of testing (see Fig. 13a) and it was completely washed out before the test was finished. The erodibility index of this specimen corresponds to 5, which confirms the higher harshness of this test when compared with the Geelong test. It is clear that the stabilisation using alkaline activation greatly improves the durability of rammed earth build with GRS.

Table 11 – Results of the spray tests.

Mixture	Pitting depth (mm)	Erodibility index
URE	Washed out	5
GSRE_2.5	0	1
GSRE_5.0	0	1
GSRE_7.5	0	1

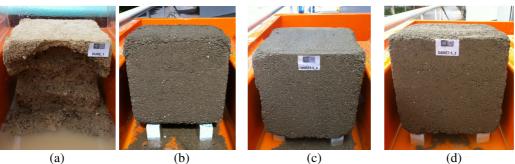


Fig. 13 – Spray tests: (a) URE specimen after 4 min of testing (b); GSRE_2.5 specimen after 1h of testing; (c) GSRE_5.0 specimen after 1h of testing; (d) GSRE_7.5 specimen after 1h of testing.

4.4 Remarks

The alkaline activation of fly ash was tested as a stabilisation solution for rammed earth construction with GRS, by assessing the performance of SRE specimens manufactured with soil S3. All tested compositions were able to improve the compressive strength, but failed at fulfilling requirements of regulating documents. This low mechanical performance can be explained by three main reasons: (i) insufficient polymeric binder; (ii) short curing period; (iii) compaction features not being optimized for each mixture. The shear behaviour of wallet-specimens was also assessed, from which it was stated that this stabilisation technique results in shear strengths rather high when compared with results from the bibliography relative to URE and adobe. Regarding the performance against water erosion, the geopolymeric binder promoted an exceptional result by reducing the spray test pitting depth to zero.

5. CONCLUSIONS

The experimental research developed is presented as two sequential parts; the first assesses the suitability of GRS for URE construction, while the second tests the alkaline activation of fly ash as a stabilisation solution for SRE with GRS.

The suitability of four GRS for URE was first assessed by characterizing the soils, resorting to expeditious and laboratory tests, and then by testing the performance of URE specimens manufactured with them. In the first case, it was shown that soils S1, S2 and S3 do not meet characteristics that allow considering them as suitable; despite some conflicts found between the consulted documents, regarding the PSD. In opposition, soil S4 represents GRS of higher clay content, which leads to consider it as suitable. However, the assessment of the performance of manufactured URE specimens showed that minimum compressive strength requirements are not meet for any soil, where, in fact, the average compression strength was inferior to 0.5 N/mm². This means that the assessment of the soil suitability for URE only based on properties of the soil may produce misleading judging. Therefore, it is advisable to take into account always an approach based on the performance assessment. Considering the obtained results and the typical properties of GRS from northern Portugal (low clay percentages, constituted mainly by low activity clay minerals - kaolinite) it can be said that these soils are, in general, unsuitable for URE, and thus their use seems to be limited to SRE. The alkaline activation of fly ash was then tested as an alternative stabilisation solution of low environmental impact, by assessing the performance of SRE specimens manufactured with soil S3; three compositions, incorporating 2.5%, 5% and 7.5% fly ash, were studied. The

performance improvement was mainly reflected on the durability, since the pitting depth of the spray test was reduced to zero. The compressive strength improvement by the tested compositions was not satisfactory to meet minimum requirements. This poor result raised questions that must be addressed in further investigation, namely: (i) incorporation of higher fly ash percentages; (ii) time evolution of the strength; (iii) and compaction optimization of mixtures of soil and fly ash geopolymer. Nevertheless, the stabilisation of GRS by alkaline activation of fly ash showed indications that, at a more mature development stage, it will allow SRE to be used in northern Portugal and in other places where soils with similar characteristics are available, while maintaining the ambient-friendly perspective of building with earth.

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