Materials of marine origin: a review on polymers and ceramics of biomedical interest

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Marine organisms are constituted by materials with a vast range of properties and characteristics that may justify their potential application within the biomedical field. Moreover, assuring the sustainable exploitation of natural marine resources, the valorisation of residues from marine origin, like those obtained from food processing, constitutes a highly interesting platform for development of novel biomaterials, with both economic and environmental benefits. In this perspective, an increasing number of different types of compounds are being isolated from aquatic organisms and transformed into profitable products for health applications, including controlled drug delivery and tissue engineering devices. This report reviews the work that is being developed on the isolation and characterisation of some polysaccharides, proteins, glycosaminoglycans and ceramics from marine raw materials. Emphasis is given to agar, alginates, carrageenans, chitin and chitosan, among other polysaccharides, collagen, glycosaminoglycans such as chondroitin sulphate, heparin and hyaluronic acid, calcium phosphorous compounds and biosilica. Finally, this report ends by reviewing the application of the previously mentioned materials on specific biomedical applications, in particular their participation on the development of controlled drug delivery systems and tissue engineering scaffolds.

Keywords: Marine origin materials, Marine biomaterials, Biopolymers, Chitosan, Alginate, Carrageenans, Calcium phosphates, Biosilica, Biomedical applications, Tissue engineering, Review

Introduction

Marine organisms still remain a largely unexploited resource on what concerns its biotechnology application. Many organisms are composed by molecules and materials exhibiting interesting characteristics and properties which constitute an inspiring reserve for the development of novel medical orientated products. Figure 1 illustrates some interesting architectures that can be found in marine environments, inspiring for the (bio)materials scientists, but many others can be found under the scope of marine biomimetics studies, in which nacre is a key material.¹ In this regard, the biomedical market represents an enormous application opportunity for many of these molecules and materials, as the potential added value of such products can, in principle, justify the inherent risk related with the development and approval of such products. Furthermore, such products would also contribute to a more sustainable exploitation of natural resources in general and marine resources in particular. So, the valorisation of residues

¹3B's Research Group – Biomaterials, Biodegradables and Biomimetics, University of Minho, Headquarters of the European Institute of Excellence on Tissue Engineering and Regenerative Medicine, AvePark, 4806-909 Taipas, Guimarães, Portugal from marine origin, like for example those normally obtained from food processing, could constitute an interesting platform for the development of novel value chains with economic and environmental advantages.

An increasing number of compounds are currently being isolated from aquatic organisms and proposed as novel products for health-related applications ranging from bioactive ingredients to medical devices. The ability to use nature as an inspiring framework for the development of novel products is not new. In fact, a large fraction of current pharmacopoeias derives directly or indirectly from natural products.² In this regard, marine species have been a valuable resource during the last decades for the discovery of novel active pharmaceutical ingredients. In terms of drug development, the screening of marine products has involved a vast library of biomolecules. The investigation of many of these molecules has led to extensive preclinical studies, which have justified, in some cases, clinical trials in several therapeutic areas, including cancer.^{3–5}

The exploration of marine potential on what concerns isolation of compounds and its further use and application in biomedical field is still in its infancy. The number of natural derived products continues to expand steadily in terms of number of compounds investigated, which has been closely followed by the increase of intellectual property, namely by the number of patents filled.⁶⁻¹⁶ Still, to a large extend, the marine

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Cancer pagurus



1 Images of marine organisms with interesting architectures. a Crab shells and respective SEM images; b SEM image of nacre structure, evidencing the plate-like aragonite crystals; c glass sponge (Randolph Femmer, Wikimedia Commons 2011)

environment is regarded as a large untapped source of chemical diversity.¹⁷ In fact, the harvesting of marine potential is not limited to drug discovery alone. Although the main emphasis has been given to pharmaceuticals, other potential applications for marine-derived materials have been additionally explored. Biopolymers produced by marine organisms are being increasingly investigated for several biomedical applications.^{18,19} Among the many biomedical applications explored during the last years, regenerative medicine and drug delivery have been areas of intensive research.

This review addresses research and application development mostly carried out during the last decade for several marine origin materials, including polysaccharides, proteins, glycosaminoglycans and ceramics. Several aspects are covered, namely, isolation methods, main properties and related biomedical applications, with special emphasis to tissue engineering and drug delivery applications.

Polysaccharides

Like their terrestrial fellows, marine organisms synthesise a considerable variety of biopolymers, which can be grouped in three main classes: polysaccharides, proteins and nucleic acids.²⁰ This review will focus on biopolymers with structural function, namely polysaccharides and the support protein collagen. Within polysaccharides, a particular group – glycosaminoglycans (GAG) – will be addressed in a different section, once these typically sulphated polymers, with a repeating unit constituted by a hexose and a hexosamine, are synthesised in the organism in association with proteins forming the proteoglycans.²¹ The only exception, also later

addressed, is hyaluronic acid, which does not bear sulphate groups nor form proteoglycans.²²

Polysaccharides are biopolymers constituted by carbohydrate monomers (normally hexoses) linked by glycosidic bonds. The most representative polysaccharides in marine environment are agar, alginate, carrageenans and chitin. Chitin is, in fact, the second most abundant biopolymer, just after cellulose. All these polysaccharides have similar chemical structures, but the apparently small differences are responsible for distinct properties of the polymers. In this perspective, depending on the application envisaged for the polymer, one or other may be selected. From all, chitin and its derivative chitosan can be distinguished by the presence of an amine (NH₂) group, which in chitosan can be protonated and thus, the polymer will bear positive charge, while the others are neutral or negatively charged. From the other polymers, the nature of the negative charge is also a difference: in carrageenans, it is due to sulphate (SO_4^-) groups and in alginate. it is due to carboxylate (COO⁻) groups, while agar is neutral. Thus, if a negatively charged polymer is needed (for interaction with cations or positively charged polymers, for instance), a choice can be made between alginate and carrageenan, with the addition that negative charge density can be tuned by pH in alginate or by type of carrageenan (bearing different quantities of sulphate groups per repeating unit). Considering these characteristics, materials with different properties can be obtained, in which gels are the paramount example. In fact, the gelling capacity of alginate is well known, but gels can be also obtained with carrageenans, but only with two of the three commercial types, and the ones



 Structural scheme of agar exhibiting the galactopyranose units

produced with kappa-carrageenan are stronger that the ones prepared with iota-carrageenan.

In the following section, further details on each of these biopolymers can be found, as well as a brief reference to other less non-marine polysaccharides.

Agar

Agar is a complex polysaccharide present in the cellular wall of red algae, namely, agarophytes, including species belonging to the genera *Gelidium* and *Gracilaria.*²³ Commercial agar is mainly extracted from species of *Gelidium, Gracilaria, Acantkopeltis, Ceramium* and *Pterocladia.*²⁴

It is a structural polymer which possesses in algae a function analogous to, but differing from, that of cellulose in land plants. A simplified way to describe its chemical structure is to represent agar as a polysaccharide composed of neutral agarose and charged agaropectin. However, a correct approach to understand its structure is to regard agar as a complex mixture of water-soluble galactan derivatives. It is a typical linear (AB)_n copolymer with alternating α -(1 \rightarrow 3) and β -(1 \rightarrow 4) linked galactose residues.^{24,25} Its basic repeat unit is recognised to be composed of 4-O-3,6anhydro-a-L-galactopyranose and 3-O-β-D-galactopyranose, illustrated by the scheme in Fig. 2.²⁵ Frequently, the $(1\rightarrow 4)$ -linked residues are present as the 3,6anhydride. The main difference between agar and carrageenans is that (1,4)-linked residue in agar is a Lenantiomer, whereas in carrageenans, it is a D. Its complexity is increased by different substituents, like methoxyl, sulphate and pyruvate groups.^{25,26} The presence of ester sulphate and ketal pyruvate in the backbone provides ionic character to the polysaccharide.²⁷ The chemical nature of agar, including the amount and type of substituents, will be affected by different factors like taxa and species, environmental and physiological conditions and extraction procedures.²⁵

The existence of two types of agar, *Gelidium* and *Gracilaria* agars, is now recognised. These can be physically and chemically distinguished by their gelling temperature and methoxyl content. However, the largest source of agar is Gracilariales, due to its abundance and chemical nature of the agars extracted from this red algae order.²⁸ *Gracilaria* agar gels around 40°C and has methyl ether groups, while *Gelidium* agar gels at around 30°C and methyl ether substituent groups are essentially absent.²⁷ On the other hand, the presence of sulphate groups in *Gracilaria* agars lowers their gelling ability, when compared with *Gelidium* agar. This is the reason why *Gracilaria* agars may be regarded as low quality. In order to improve gelling capacity, and therefore quality,



3 Schematic summary of the methodology of agar extraction from red algae

of *Gracilaria* agar, it is necessary to eliminate sulphate groups, by alkaline hydrolysis. This pre-treatment will convert L-galactose-6-sulphate to 3,6-anhydro-L-galactose, which is the main responsible for the increase in the gel ability.^{28,29} Furthermore *Gracilaria* gels exhibit low syneresis, when compared with *Gelidium* gels.²⁸ These inherent characteristics will govern the technical applicability of these agars.

Surpassing these differences, agar typically forms soft, thermally reversible and cation independent gels.^{26,27} One important property of this polysaccharide is its ability to gel at low concentrations.²⁴ Nowadays, the recognised gelation mechanism involves a shift from a random coil to double helix.²⁷ Agar constituent polysaccharides, namely, agarose, play an important role in its gel-forming characteristics. Agaropectin provides the viscous component.³⁰ In order to prepare an agar aqueous solution, agar requires heating above its gel melting point, around 85°C. Upon cooling, agar solution will settle into a soft gel. As in many polysaccharides, gel-forming properties and viscosity of agar are generally affected by different factors like chemical substituents, sulphate content, molecular weight and molecular weight distribution, species of alga and extraction method.25,30

Applicative development of agar will depend on its chemical composition (sulphate, methoxyl substituints and sugar contents) which can be significantly affected by the variables used in the extraction process.

The technology of agar production starts with pretreatment of the algae, extraction of agar, purification, dehydration and desiccation (Fig. 3). The first step in agar extraction methodology consists in bleaching off colouring matter and elimination of lipidic matter. which will impair polysaccharide final quality.³⁰ Agar is extracted by boiling the alga in water. Remarkable loss of yield and decrease in rheological properties of the resulting agar is usually related with elevated extraction temperatures and prolonged extraction time.^{28,29} Yield can be increased by addition of a small quantity of phosphate, usually pyrophosphate.³⁰ As the extract solution cools, it will set to a gel. Purification of this gel is made by freeze and thaw in order to eliminate water, which contains salts, pigments and polysaccharides.^{24,29} One of the parameters that will define the quality of the final extract is its rheological properties. In this sense, a



4 Structural scheme of alginate exhibiting the mannuronic and guluronic acid units

high quality agar will form a gel, from a 1.5% solution, with strength greater than 700 g cm^{-2.28}

Alginate

Alginate is present in the cell wall of brown algae, as part of a wide family of glycans that compose this group of organisms. These glycans are laminaran, cellulose, sulphated hexouronoxylofucans, fucoidan and alginate. Among these, alginate is quantitatively the major polysaccharide in brown algae, building up to 45% of the dry weight of these seaweeds. It is responsible for its flexibility, having mechanical and structural functions as well as ionic exchange roles.^{31,32} Chemical structure and function of alginate in brown algae make it a functional analogue of pectin of higher plants.³³

The biosynthesis of this polysaccharide within brown algae has been extensively studied and one attractive scheme is based on D-fructose-6-P as a starting material. Epimerisation of d-mannuronic residues, catalysed by mannuronan C-5-epimerases, will finally lead to the formation of alginate.³³

Different structures have been proposed for this polysaccharide, since its discovery by Stanford. Chemically, it is now recognised as an unbranched anionic copolymer composed of two monomers, $(1\rightarrow 4)$ linked β -D-mannuronic acid (M) and α -L-guluronic acid (G) (Table 1).³¹

Both β -D-mannuronic acid and α -L-guluronic acid are stereoisomers, differing in the configuration of the carboxyl group, as can be seen in the chemical structure schemed in Fig. 4. The linkage of these uronic acid moieties is in such a way that the carboxyl group of each unit is free, while the aldehyde group is shielded by the glycosidic linkage. The position of each unit can vary so they can occur in blocks of separate (M or G) or mixed (MG) sequences.³⁴ The relative amount of each block type can vary between different alginates.³⁵ This variability at the molecular level strongly affects the physicochemical and reological properties of alginate.³⁶ While any brown algae can be used as a source of alginate, its actual chemical structure varies from one genus to another, and among different tissues in the algae. Alginate quantity, composition and sequential structure are affected by different factors, including taxa and species, season, tissue age and type and environmental conditions.^{37–41} High contents of G generally are found



5 Dependence of alginate gel-type with chemical carbohydrate sequence³⁹¹

in alginates prepared from stipes of old blade material from brown algae, whereas alginates from younger blades is characterised by low content of G-blocks and low gel strength.⁴¹ Compositional differences between different types of alginates reflect the relation between structure and function. These differences are correlated with the physico-chemical properties of alginate, which depend on the distribution of M and G units along the polysaccharidic chain and overall M/G ratio.^{31,33} Alginates rich in α -L-guluronic acid will give transparent, stiffer and more brittle gels, in the presence of divalent cations. These types of alginate possess a low M/G ratio.³¹ Alginates with higher content of β -Dmannuronic acid or MG blocks will form flexible gels, with low elastic moduli (Fig. 5).^{33,42}

Gelation is an important characteristic of alginates.³¹ Gelation and gel physical properties are determined by various factors, like solution viscosity, molecular weight and molecular structure of alginate, i.e. M/G ratio and molecular sequence, and gelation agent concentration (e.g. calcium ions concentration).⁴³ Alginate gels can be formed by diverse means, namely through hydrogen bonding at low pH or by ionic interactions with di- or trivalent ions.^{42,43} G monomers play a crucial role in the mechanism of ionic gelation of alginate, since they form ionic bridges between different polymer chains. The presence of divalent ions, like calcium, induces chain to chain association in a particular manner known as the *egg-box* mechanism of gelation.^{34,43,44} Therefore, G rich alginate is prone to ionic gelation.⁴³

Commercial alginates are mainly extracted from species of *Laminaria*, *Macrocystis*, *Ascophyllum*, *Eclonia*, *Lessonia*, *Durvillea* and *Sargassum*.⁴⁵ Although algal alginate is very well established for commercial purposes, some bacteria are able to produce alginate-like polysaccharides as an extracellular material.³⁶ Bacterial alginate, produced mainly by *Pseudomonas* and *Azotobacter*, is abundant in vegetatively growing cells and is involved in cyst formation, protecting it from desiccation and unfavourable conditions.^{36,46}

There are some differences between algal and bacterial alginate (Table 2); however, the main difference at the molecular level is the acetylation of mannurate units in bacterial alginate.⁴⁷

The quantity and quality of the alginates extracted from brown algae depend on different factors. A high quality alginate forms strong gels and gives thick aqueous solutions. A good raw material for alginate extraction should also give a high yield of alginate.

Alginate is present in the cell wall of brown algae as different salt forms of alginic acid, namely calcium,

Table 1 Chemical structure of alginate³⁹⁰

Polysaccharide	Sugar units	Sequence
Alginate	4-linked α -L-GulA p (\bigcirc)	-0
	4-linked β-D-ManAp (●)	



6 Schematic summary of alginate extraction

magnesium and sodium salts, possessing different properties. $^{\rm 48}$ Thus, the extraction of alginate starts with an acidification step, to convert all the alginate salts in the water insoluble alginic acid form, which is more readily extracted. The acidification step will also allow the removal of contaminant glycans, like laminaran and fucan.48,49 This is followed by alkaline extraction, with sodium hydroxide solution, to convert insoluble alginic acid to soluble sodium alginate (calcium and magnesium salts would be insoluble), which is extracted by solid/ liquid separation, separating then the algal residue by filtration. Finally, sodium alginate is recovered from the aqueous solution by precipitation and is further drved^{50,51} (Fig. 6). The precipitation of sodium alginate can be done with calcium, by acidification of the sodium alginate solution, or with ethanol.^{45,52} Calcium precipitation will result in fibrous calcium alginate which is mixed with alkali slats in order to obtain sodium alginate. Acid precipitation will result in gelatinous alginic acid; neutralisation will render sodium alginate. The colour of extracted alginate will depend on the used algal raw material as well as the age of the algae. However, the pigmentation of alginate can be controlled by bleaching.2

A bio-refinery like concept can be applied to the extraction of alginate, where the valorisation of different byproducts of extraction is possible. One issue already addressed in this regard is the study of alginate extraction byproducts as sources of dietary fibres.⁴⁹

The extraction of alginates from brown algae has been methodically studied so as to develop economically and industrially viable systems, with controlled properties as to satisfy different envisaged applications.⁴⁵

Carrageenan

Carrageenan represents a family of linear sulphated polymers extracted from some species of red algae (Rodophyta – Class Gigartinales), mainly from *Chondrus, Eucheuma, Gigartina* and *Iridaea* genera. The red algae exhibit alternation of generations, and often the different phases are isomorphic, which makes it difficult to distinguishing them, and independent. Intra/interspecies differences at different stages of their life cycle often have different carrageenan types and amounts. Besides carrageenan, which can take up to 60-80% of its dry weight, red algae are also composed by proteins (10–47%, with higher levels in late winter and lower in summer), floridean starch and various compounds and metabolites such as phenols, essential oils and vitamins.⁵³

Carrageenans are linear polymers consisting of a backbone derived from galactose (disaccharide repeating units of alternating link 3, β -D-galactopyranose and 4, α -D-galactopyranose) with regular but imprecise structures, depending on the source and the conditions of extraction/modification. There are three main types of carrageenan, classified according to the number of sulphate groups per disaccharide basic unit after alkaline modification (with the conversion of precursor molecules into their final commercial product): κ (kappa), ι (iota) and λ (lambda),⁵⁴ bearing one, two and three sulphate groups per disaccharide respectively, according

Table 2 Main differences be	etween algal and	bacterial orig	in alginate
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Algal alginate	Bacterial alginate
High variety of molar masses Alternating sequences of M and G as well as homopolymeric monomers	Higher degree of polymerisation→higher molar masses Absence of oligomeric guluronic sequences



7 Structural schemes of κ (kappa), ι (iota) and λ (lambda) carrageenan

to the schemes in Fig. 7. The largest source of iota- and kappa-carrageenan is *Kappaphycus* and *Eucheuma* genera, while the lambda carrageenan is mostly extracted from sporophytes of several marine algae belonging to the family Gigantinaceae. Recently, a new type of carrageenan (kappa2-carrageenan) has been marketed by Shernberg Corporation (Cebu, Philippines), specially developed for use as a binder and gelling agent. Chemically, kappa2-carrageenan differs by being a hybrid polysaccharide with kappa and iota units in the same polymer chain (with a varying κ/t ratio).^{55,56}

Kappa- and iota-carrageenans can be gelified and the former results in relatively hard and brittle gels, while the iota ones are flexible and soft. Properties of the gel can be controlled by the concentration of polysaccharides, mixture with other polysaccharides and by complexation with different alkali metal ions.⁵⁷ All types of carrageenan are soluble in water, but at low temperatures, only lambda form is soluble and hence hardly forms gels.

Carrageenan is extracted from red algae by solubilisation in hot mild alkaline solutions.⁵⁸ This process is simultaneously an extraction and a modification step, because the precursor biosynthetic molecules are converted to its mature form enhancing the gelling properties of the final product,⁵⁹ the abovementioned kappa, iota and lambda forms. Several purification strategies are already described in the literature and even commercially available, comprising dialysis, previous extraction of other components, reprecipitation, among others. The resulting polysaccharide is being currently used in new biotechnological approaches, taking advantage of its high potential for chemical modification⁶⁰ and interesting viscoelastic⁶¹ and biological properties.^{62,63}

Chitin and chitosan

Chitin, the second most abundant natural polymer, just after cellulose,^{64,65} is part of the organic matrix of exoskeletons of arthropods such as crustaceans (e.g. crabs, lobsters and shrimps) and of endoskeleton of mollusks.^{64–66} Chitin can be also found as a major polymeric constituent of the cell wall of fungi and algae, with fungal chitin presenting a greater uniformity in composition when compared with animal chitin. However, chitin in fungi is associated with other polysaccharides, as e.g. cellulose, glucan, mannan and polygalactosamine which make its isolation difficult.⁶⁴

Structurally, chitin is composed by a linear chain of $(1\rightarrow 4)$ linked 2-acetamide-2-deoxy- β -D-glucopyranose units,⁶⁵ also designated as *N*-acetyl-D-glucosamine units. In its extracted crude form, chitin has a highly ordered crystalline structure with strong inter- and intramolecular hydrogen bonds, which chain arrangement leads to two allomorphs: α and β .⁶⁶ α -chitin is by far the most abundant, being present in arthropods, and is characterised by an antiparallel arrangement of the chains, which leads to stronger intra- and intermolecular hydrogen bonds.

The rare β -chitin, found in association with proteins in squid pens, is characterised by a parallel chain arrangement, and the weaker intermolecular hydrogen bonds render a materials with higher reactivity and higher affinity towards solvents.⁶⁴ These forms can be differentiated by infrared and solid-state nuclear



8 Structural scheme of chitin and chitosan exhibiting *N*acetylglucosamine (on the left) and glucosamine (on the right) units, with *m* smaller than *n* for chitosan

magnetic resonance spectroscopy together with X-ray diffraction.^{19,64}

Despite its huge availability, the utilisation of chitin has been restricted by its poor solubility in usual organic solvents.^{64,65} In fact, only few examples of solubilisation of chitin are known, such as hexafluroacetone and N,N-dimethylacetamide containing 5–8% lithium chloride, which have been used to prepare chitin-based structures from chitin solutions.^{67,68} Recently, room temperature ionic liquids, like 1-butyl-3-methylimidazolium acetate, have been proposed as new solvents for derivatisation of native chitin using green chemistry principles.⁶⁹

In this sense, most attention has been devoted to the deacetylated derivative of chitin, chitosan. Chitosan is composed of D-glucosamine (70–90%) and *N*-acetyl-D-glucosamine (10–30%) units, connected through by β (1 \rightarrow 4) glycosidic linkage.⁶⁵ In fact, the structural difference between chitin and chitosan is determined by the deacetylation degree, i.e. the ratio of deacetylated units in the polymer chain, since the structural scheme, in Fig. 8, is identical for both polymers.

Some authors point a value of degree of deacetylation varying from 50% to 90% for chitosan,⁷⁰ but the most commonly accepted idea is that chitosan is the derivative which is soluble in dilute acetic acid solutions.

Both the content and the sequence of these units will determine the physico-chemical and biological properties of chitosan^{65,71} together with its molecular weight,⁶⁵ which may range from 50 to 1000 kDa,⁷² depending on the source and manufacturing procedure. Chitosan has many attractive properties, such as its polyelectrolyte and cationic nature, mucoadhesion, haemostatic action, biodegradability, bacteriostatic and fungistatic activity, and presence of reactive functional groups. 64,65,71 Because of the stable crystalline structure, chitosan is normally insoluble in water, but soluble in dilute aqueous acidic solutions below its $pK_a \sim 6.3$, in which amine (-NH₂) groups in glucosamine units are converted into the soluble protonated form $(-NH_3^+)$.^{71,73} This pH-dependent solubility of chitosan provides a convenient mechanism for processing it under mild conditions, e.g. diluted solutions can be used in the production of membranes,^{74,75} while viscous solutions can be gelled in high pH solutions or baths of nonsolvents such as methanol or sodium hydroxide to form particles⁷⁶ or fibres.⁷⁷ Alternatively, porous structures and tubes have been obtained by freezing and lyophilisation of chitosan solutions and gels where their mean pore size can be controlled by varying the freezing temperature/rate and pore orientation controlled by

thermal gradients.^{73,78} Besides that, its high charge density (positive electrical charge) in solution allows chitosan to form insoluble ionic complexes or complex coacervates with a wide variety of water-soluble anionic polymers.^{78,79} Also, the cationic nature of chitosan is primarily responsible for electrostatic interactions with anionic GAG, proteoglycans and other negatively charged molecules. Additionally, chitin and chitosan have been investigated as an antimicrobial material against a wide range of target organisms like algae, bacteria, yeasts and fungi using chitosan in different forms (solutions, films and composites).⁸⁰⁻⁸² Although the exact mechanism for its antibacterial action is not fully understood, the molecular weight and the degree of acetylation are important factors that may contribute for such activity.⁸² Other studies also indicated that in contact with blood, chitosan activates the formation of clots as a result of the interaction of the amino groups with the acid groups of blood cells.⁸³ For that, it is claimed as good haemostatic agent, being used as biodegradable sponges and bandages.⁶⁶ Nevertheless, other investigations indicated that chitosan has a natural selectivity for heavy metal ions, and is useful for treatment of wastewater.⁸⁴ Furthermore, the presence of amino groups has been beneficial for chemical modifications on chitin/chitosan to construct a broad range of useful derivatives with satisfactory mechanical, solubility and biological properties for specific purposes.^{18,66,85}

Commercially, chitosan is almost all obtained from chitin previously isolated from crustacean exoskeletons.¹⁹ Basically, the chitin isolation from those sources consists of three important steps: demineralisation (acid removal of calcium carbonate), deproteinisation (removal of proteins) and depigmentation (removal of pigments), which involve the use of hydrochloric acid baths such as 2.5% HCl solution,⁸⁶ alkaline treatment using typically 2% NaOH solutions⁸⁶ and a solid–liquid extraction with acetone or other solvents or a mild oxidising treatment respectively 64,87,88 in a 1 : 20 solids to solution ratio.⁸⁶ Depending on the severity of these treatments, such as temperature, reaction time, concentration of the chemicals, concentration and size of the crushed shells, the physico-chemical characteristics of the extracted chitin will vary.⁶⁶ Then, chitosan is obtained from chitin by a deacetylation reaction. Accord-ing to literature,^{87,89,90} two methods are used for deacetylation of chitin: the Broussignac process and Kurita process. According to Broussignac,⁹¹ a mixture of solid potassium hydroxide (50% w/w), 96% ethanol (25% w/w) and monoethylene glycol (25% w/w), which is nearly an anhydrous reaction medium, is used as deacetylation reagent. In Kurita process,⁹² a suspension of chitin in aqueous sodium hydroxide solution (50% w/v) is heated up to a certain temperature, under a nitrogen stream with stirring. In both processes, after the desired reaction time, the solid is filtered off and washed with distilled water to neutral pH. It can be further dried with ethanol, acetone or in an oven at 50°C or below. Figure 9 summarises the sequential steps for the just described isolation of chitin and further conversion into chitosan. Derivative processes using different reaction conditions (reaction time, temperature, concentration and nature of alkaline reagent) and multiple repeating steps can be also found in literature. The Broussignac



9 Scheme of common process for isolation of chitin from raw materials such as crustacean shells and squid pens (dashed arrows) and its further conversion into chitosan

process presents the advantage to provide chitosan with better quality (higher molecular weight and higher degree of deacetylation) and can be used with stainless steel reactors (industrially relevant), while the Kurita process does not allow reaching a very high deacetylation without larger reaction time and higher temperature and thus larger degradation of polysaccharide chain.⁸⁷

Others

The oceans continue to provide new opportunities for the discovery of valuable materials from different organisms, with polysaccharides receiving the most interest (Table 3). These compounds encompass a wide variety of chemical structures and functionalities, broadening their applicative potential. In fact, applications of novel marine molecules are found in foods, cosmetics, pet food, animal feeds, dietary supplements, bioactive packaging and industrial products, as well as in biomedical high-tech fields.

Among the wide variability of marine origin molecules, algae sulphated polysaccharides are of proven economical importance, demonstrated by their wide application in food industry and medicine and because they found no equivalent in terrestrial organisms.

There are four major classes of algae, namely, Rhodophyta (red), Phaeophyta (brown), Cyanophyta (blue-green) and Chlorophyta (green). From these, red and brown algae are the most explored and the main sources of economically and industrially relevant polysaccharides, specifically the abovementioned agar, carrageenan and alginate.⁹³ However, as the main constituents of seaweeds are polysaccharides, many others can be obtained from algae with interesting properties that justify any efforts in their study and applicative development. Besides, other polysaccharides can be also obtained from different marine sources, such as animal or bacterial. In this perspective, it is here highlighted the considerable attention that is being given to fucoidan or ulvan, two sulphated polysaccharides that can be found in brown and green algae respectively.94,95 In addition, other non-common polysaccharides are also being considered, such as tunicin, which is an highly crystalline marine-derived cellulose of animal origin extracted from tunicates,⁹⁶ laminarin, which is a linear storage glucan that can be extracted from some species of brown algae⁹⁷ and furcellaran, which is an anionic sulphated polysaccharide extracted from the red alga and that may also be considered a type of κ -carrageenan.⁹⁸

Table 3	Principal	marine	organisms	groups	and t	their	related	poly	saccharides	
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Marine source	Examples of polysaccharides
Algal	Starch, laminarin, cellulose, mannans, glucomannans, xylans, pectic acid, complex hemicelluloses, carrageenans, furcellaran, agar, glycogen, glucans, lipopolysaccharides
Microbial	Different extracellular polymeric substances (EPS)
Fungi	Capsular polysaccharides and different EPS
Others	Tunicin, chitin, chondroitin sulphate

Glycosaminoglycans

Glycosaminoglycans (GAGs) are linear, complex and polydisperse natural polysaccharides, typically bearing a repeating disaccharide unit constituted by a hexose and a hexosamine. The presence of sulphated GAG in a diverse range of marine phyla-like sponges (Porifera)⁹⁹ and several classes of fishes (Actinoptervgii and others), particularly in commercially relevant species like sharks, skate, codfish, salmon and trout,¹⁰⁰⁻¹⁰² is now well documented and increasing interest is being shown by different sectors (research, biochemical industries, biophamaceutical, nutraceutical and biomedical). Because of their unusual chemistry, marine-derived GAGs are being extensively studied because of their pharmaceutical activities (anti-pathogenic, antitumor and anticoagulant) and as new biomaterials with application in different areas (such as biomedical/bioengineered biomaterial applications, i.e. bioadhesive molecules, tissue engineering and regenerative medicine research). However, heterogeneity on GAG can be observed when comparing different species, intra-species and even within the same organism comparing different maturing states and tissues,¹⁰³ because of their high susceptibility for post-translational modification by several enzymes like glycotransferases, thus representing a main obstacle when considering these biopolymers for the development of different applications.¹⁰⁴

Different types of glucosaminoglycans attached to different protein cores compose the proteoglycans, which hold important properties in cells, connective tissues and basal membranes, due to the structure and charge of their polyanionic GAG side chains. They are a highly heterogeneous group that can be responsible for properties like increased hydration or capacity to bind and store specific growth factors,^{105–108} and have the potential to act as co-receptors in cellular adhesion as well as to interact with extracellular matrix molecules, such as laminin and fibronectin.¹⁰⁹ The heterogeneity that can be found in sulphate composition can result in large differences in negative charge density, which is directly associated with protein binding ^{106,110} and play a role in cell adhesion and proliferation mechanisms.¹¹¹

GAG can be isolated from selected proteoglycan bearing tissues following quite general methods. 112-118 Intact proteoglycans generally require the use of dissociative solvent conditions for efficient extraction from the tissue,¹¹² with high guanidine HCl concentrations (ordinarily at 4M) being widely employed. The use of protease inhibitors is highly recommended to hinder early proteoglycan degradation. The concomitant use of detergents is also needed, in particular non-ionic detergents (such as Triton X-100 and NP-40 with low critical micellar concentration) or zwitterionic detergents (such as 3-[(3-cholamidopropyl)-dimethylammonio]-1propanesulfonate, with high critical micellar concentration). Following proteoglycan extraction, the use of specific enzymes (like keratanase, chondroitinase ABC and hyaluronidase) to break GAG linkage with protein core is required (so the isolation of specific GAG is achieved).¹¹⁹ After the separation from the protein core, different separation methodologies can be applied, including sodium dodecyl sulfate-polyacrylamide gel electrophoresis), membrane separation and chromatographic separation (e.g. size exclusion chromatography).



10 Structural scheme of glucuronic acid and sulphated hexosamine, the disaccharide repeating unit of chondroitin sulphate

Further purification can be achieved with gel filtration, dialysis and ultrafiltration.

Because of their exceptional diversity in molecular constructions and interactions, there is no single set of extraction or separation procedure usable for every proteoglycan and every source. Thus, these general principles have to be modified in different combinations for successful isolation of a particular GAG of interest. This review will give emphasis to chondroitin sulphate (CS), dermatan sulphate (DS), heparan sulphate (HS) and keratan sulphate (KS), as well as to the non-sulfated GAG hyaluronan.

Chondroitin sulphate

Chondroitin sulphate (CS), has been isolated from various natural sources including terrestrial species (bovine, porcine and chicken cartilage) and marine species.^{120–122} Regarding marine sources, it has been obtained from whale,¹²³ shark,^{124,125} skate,¹¹⁹ squid,^{126,127} salmon,¹²⁸ king crab¹²⁹ and sea cucumber.¹³⁰ Presence in marine invertebrates, such as Cnidaria, Polychaeta and molluscs, has also been described.¹³¹ Among them, shark cartilage has been the most commonly used as a commercial source of non-mammalian CS. Still, obtaining CS from shark cartilage might become problematic in the future, as the price of this raw material has been rising and ecological aspects are the reasons why it is expected to have new developments in the upcoming years.¹⁰²

CS consists in a disaccharide basic unit of hexosamine (D-galactosamine) and hexuronic acid (D-glucuronic acid) that are arranged in alternating unbranched sequence that can bear sulphate ester substituents in a variety of positions. Depending on the species, there are variations in molecular weight, chain length and the position of sulphate substitution, which renders sequence heterogeneity. Nevertheless, the most common (and commercial) form of CS presents sulphated groups at position C-4 or C-6 of the hexosamine in the disaccharide basic unit (corresponding to chondroitin-4-sulphate and chondroitin-6-sulphate respectively).¹³² Figure 10 illustrated the chemical structure of this disaccharide basic unit. In particular, marine CS contains oversulphated disaccharides, including 2,6-(CS D, shark cartilage), 4,6-(CS E, squid and salmon cartilage) and 3,4-(CS K, king crab) disulphated hexosamine.^{133–135}

CS and DS (discussed in the next section) chains have intriguing functions in central nervous system development, wound repair, infection, growth factor signalling,



11 Structural scheme of dermatan sulphate repeating unit (Akane700 user, Wikimedia Commons 2011)

morphogenesis and cell division, in addition to their conventional structural roles.¹³⁶

The CS enclosed in a variety of tissues can be extracted along with other GAG by proteolytic digestion. Once extracted, CS can be purified from other contaminant GAG by precipitation with organic solvents or enzymatic degradation of contaminant GAG species or also by column chromatography techniques. The most frequently assays for tracking CS isolation typically utilise uronic acid content as a marker.¹³² Recovery and purification with concomitant detection of CS can be performed by three main methodologies: (1) precipitation with ethanol; (2) precipitation with qua-ternary ammonium compounds;¹³⁷ and (3) ion-exchange chromatography.¹³² The colorimetric carbazole-sulfuric acid assay, based on the reaction of unstable acid hydrolyzed dehydrated derivatives of hexuronic acid with carbazole, is frequently used to quantify the GAG content in solution. Alternatively, there are colorimetric assays, such as alcian blue, or 1,9-dimethylmethylene blue,¹³⁸ although they are not so specific. Electrophoresis is then generally utilised for qualitative and quantitative analyses of GAGs in mixtures or single species, in particular using cellulose acetate,¹³⁹ poly-acrylamide gel¹⁴⁰ and agarose gel.^{103,141,142} If necessary, enzyme digestion may be explored to remove contaminant nucleic acids.141

Dermatan sulphate

From marine environment, Ben Mansour *et al.*^{143,144} described the isolation and characterisation at a molecular level and also biological properties of dermatan sulphate (DS) from ray skin (*Raja radula*). Similar studies were performed by Volpi *et al.*¹⁴⁵ using the marine clam *Scapharca inaequivalvis* and Pelli *et al.*¹⁴⁶ with DS present in the integument of the anuran (amphibian) *Bufo ictericus*.

DS, also known as chondroitin sulphate B, is composed of linear polysaccharides assembled as disaccharide basic units containing a hexosamine, *N*acetyl galactosamine (GalNAc) or glucuronic acid (GlcA) joined by β -1,4 or -1,3 linkages respectively. DS is defined as a chondroitin sulphate by the presence of GalNAc. The presence of iduronic acid (IdoA) in DS distinguishes it from chondroitin sulfphates-A (4-*O*sulphated) and -C (6-*O*-sulphated) and relates it to heparin and heparin sulphate (discussed later on), which also contain this residue.

DS serve as key biological response modifier by acting as: (1) stabiliser, cofactor and/or co-receptor for growth factors, cytokines and chemokines; (2) regulator of



12 Structural scheme of heparan sulphate repeating unit (Hsa2011 user, Wikimedia Commons 2011)

enzyme activity; (3) signalling molecules in response to cellular damage, such as wounding, infection, and tumorigenesis; and (4) target for bacterial, viral and parasitic virulence factors for attachment, invasion and immune system evasion.^{136,147}

Owing to the chemical similarities of DS and CS, as observed by comparing their chemical structures illustrated in Figs. 11 and 10 respectively, very similar methodologies can be used for their isolation and purification from tissues^{136,139,148} and thus a similar process to the one describe for CS can be used for DS, choosing the appropriate raw materials.

Heparan sulphate

Heparan sulphate (HS) is also a member of the GAG family of carbohydrates and is related in structure to heparin.^{149–151} Nevertheless, the criteria for distinguishing between heparan sulphate and heparin are still dubious. The term heparan sulphate has been traditionally used to describe heparin-like byproducts of the industrial preparation of heparin from animal tissues such as bovine lung or pig mucosa. The heparan sulphates in these byproducts had little or no anticoagulant activity and displayed considerable heterogeneity in molecular mass and sulphate content with degree of polymer sulphation. However, it is now clear that HS has a distinct structure from heparin and a broader range of biological activities. In contrast to heparin, which is only synthesised by connective tissue mast cells, HS in the form of proteoglycans are found on cell surfaces or in the extracellular matrix of all mammalian organs and tissues. Both consist of a variably sulfated repeating disaccharide unit and the only GAG in which N-sulpho-glucosamine monosaccharide ($GlcNSO_3^-$) is present. The initial product in their biosynthesis is a non-sulphated polymer composed of alternating sequences of glucuronic acid (GlcUA) and N-acetylglucosamine (GlcNAc). This precursor substance is then enzymatically transformed into complex sulphated derivatives.

HS polysaccharide is composed of alternating hexuronic acid [D-glucuronic acid (GlcA) or L-iduronic acid (IdoA)] and D-glucosamine (GlcN) residues, which may be *N*-sulphated (NSO) or *N*-acetylated (NAc). An example of the chemical structure of a possible repeating unit of a heparin sulphate is given in Fig. 12. On the other hand, heparin is composed by IdoA(2S)–GlcNS(6S). Problems arise when defining hybrid GAGs that contain



13 Structural scheme of a keratan sulphate repeating unit, with only one sulphate group in C6 of *N*-acetylglucosamine residue (galactose unit can be also sulphated in C6)

both 'heparin-like' and 'HS-like' structures. It has been suggested that a GAG should qualify as heparin only if its content of *N*-sulphate groups largely exceeds that of *N*-acetyl groups and the concentration of O-sulphate groups exceeds those of N-sulphate.

A comprehensive survey of different classes of invertebrates has shown that HS-like and/or heparin-like compounds, besides CS, are present in many species. There is a significant number of works describing HS-/ heparin-like compounds from a wide number of marine sources, from molluscs – *Tapes phylippinarum*,¹⁵² crustacean *Penaeus brasiliensis*,^{103,153} and from invertebrates¹⁵⁴ and Algal heparinoids.¹⁵⁵

In fact, HS is found in all animal tissues and it occurs as a proteoglycan in which two or three HS chains are attached in close proximity to cell surface or extracellular matrix proteins.¹⁵⁶ Under physiological conditions, the ester and amide sulphate groups are deprotonated and attract positively charged counterions to form a salt and is in this form that is thought to exist at the cell surface.¹⁵⁷ In this way, HS binds to a variety of protein ligands and regulates a wide variety of biological activities, including developmental processes, angiogenesis, blood coagulation and tumour metastasis.¹⁵⁸

Keratan sulphate

The extracellular matrix of lophophores from some brachiopods (Brachiopoda phylum, order Terebratulida) stains for both collagen and acidic GAG, being intensely stained in a certain region with antibodies against keratan sulphate (KS).¹³¹ The presence of KS was also described in teleost fish (catfish – *Corydoras aeneus* – and loaches – *Acanthophthalmus semicinctus, Botia horae*¹⁵⁹), in particular in skin, bounded to the protein core via an *N*-glycosyl linkage between *N*-acetyl-D-glucosamine and asparagines.¹⁶⁰

KS is an atypical GAG specimen and represents the only of this family in which there is no acidic residue alternating in the basic unit structure with an *N*-acetylated amino-sugar. The basic unit of the KS is a repeating disaccharide of *N*-acetylated lactosamine [-3 galactose β 1–4 *N*-acetylglucosamine β 1-], which is partially substituted in C6 with O-ester sulphate groups of one or both monosaccharide residues. Figure 13 illustrates the chemical structure of the disaccharide repeating unit with the *N*-acetylglucosamine unit bearing the sulphate group in C6. The extent of *N*-acetylglucosamine sulphation is normally complete

contrasting with galactose (that can be quite varied), relating to the origin of the KS.

Three distinct KS families are now documented, classified according to the nature of the link section to the protein core. 161 KS-I systems include those derived from cornea and from the small cartilage proteoglycan, fibromodulin.¹⁶² This type is N-linked to an asparagine residue within the protein core; through an N-acetylglucosamine extending from the central residue of a triple mannose unit. KS-II linkage is typical of the skeletal KS found in articular and non-articular cartilage, nasal septa and tracheal rings. The N-acetylgalactosamine anomerically attached through an O-link to either a serine or a threonine contained in the core protein. It was first recognised in material isolated from the nucleus pulposus of intervertebral discs and costal cartilage. A third class (KS-III) has been proposed and it was first isolated from brain tissue^{163,164} in which the chains are again attached to a protein core through an O-glycosidic linkage, which in this case connects a mannose residue contained in a GlcNAc(β 1-3)Man-sequence to either serine or threonine.¹⁶⁵

Pfeiler¹⁶⁶ described and compared several methods to isolate the proteoglycans fractions bearing KS. Extraction of proteoglycans was executed under both dissociative (generally described above) and associative (performed as described above except that 4M guanidine HCI was deleted from the homogenising solution and extracted proteoglycans were dissolved in water only conditions). Free KS chains are obtained by both an enzymatic method utilising chondroitinase ABC and by ethanol fractionation. The purity of the preparation is checked by cellulose acetate electrophoresis.¹⁶⁶ Preparative and purification methods to obtain medical grade materials can be also further explored.¹⁶⁶

Hyaluronic acid

Hyaluronic acid (HA), or hyaluronan, a naturally occurring non-sulfated glycosaminoglycan, is a major macromolecular component of the intercellular matrix of most connective tissues such as cartilage, vitreous of the human eye, umbilical cord and synovial fluid,¹⁶⁷ being also found in umbilical cord and rooster comb. HA can be also found in marine environment, mostly in cartilaginous fishes and in vitreous humour of different fish species. In addition, HA can be easily and controllably produced in large scales through microbial fermentation, from strains of bacteria such as *Streptococci*,¹⁶⁷ enabling the scale-up of derived products and avoiding the risk of animal-derived pathogens.

HA consists of alternating disaccharide units of α -1,4-D-glucuronic acid and β -1,3-*N*-acetyl-D-glucosamine, linked by β (1 \rightarrow 3) bonds.¹⁶⁸ Figure 14 illustrates the chemical structure of this disaccharide repeating unit.

Initially, it was thought that the major role of HA was to serve as an inert molecular filling of the connective tissue.¹⁶⁹ However, despite their uniform and simple primary structure, HA polymers have extraordinarily wide-ranging and often opposing biological functions depending on the size of the molecule.^{167,169} Large matrix polymers of HA, which can reach molecular mass values as high as 10⁷ Da and are thus associated to unique viscoelastic and rheological properties, are space-filling, antiangiogenic and immunosuppressive materials. Intermediate-sized polymers comprising 25–50



14 Structural scheme of hyaluronic acid disaccharide repeating unit

disaccharides are inflammatory, immunostimulatory and highly angiogenic, whereas smaller oligosaccharides are antiapoptotic and induce heat shock proteins.¹⁷⁰

In cartilage, despite its relatively low content, HA functions as an important structural element of the matrix, forming an aggregation centre for aggrecan, a large chondroitin sulfate proteoglycan that retains its macromolecular assembly in the matrix due to specific HA-protein interactions.¹⁷¹ These aggregates have enormous molecular mass of up to 100 MDa and are embedded within a collagenous framework.¹⁷² In synovial fluid, the high concentration of high molar mass HA provides necessary lubrication for the joint and serves as shock absorber, due to its enhanced viscoelastic properties,¹⁷³ reducing friction of the moving bones and diminishing wear of the joint. Under inflammatory conditions of arthritic diseases, such as osteoarthritis or rheumatoid arthritis, high molar mass HA is degraded by reactive oxygen species, which reduces its viscosity and impairs its lubricant and shock absorbing properties leading to deteriorated joint movement and pain.¹⁷⁴ In the skin, the largest organ of the human body, constituting the primary protecting barrier between the underlying tissues and the hostile action of the environment, HA plays a role of a scavenger of free radicals generated by the ultraviolet rays from sunlight, which otherwise would inflict oxidative stress on cells,



15 Scheme of extraction of hyaluronic acid from raw materials such as rooster combs and umbilical cords, according to the procedure described by Balazs¹⁷⁶



16 Cartoon of one protein chain from collagen triple helix, with the typical amino acid residues of Glycine, Proline and Hydroxyproline (Joint-Muscle-Relief.com, November 2011)

which might damage their genetic material, thus causing degeneration and death. $^{175}\,$

Besides recombinant technology, commercially available hyaluronan can be produced by extraction from umbilical cord, rooster comb, synovial fluid or vitreous humour. The first industrial process, schematised in Fig. 15, was described by Balazs¹⁷⁶ and consists in freezing of umbilical cords and rooster combs, in order to destroy the cell membranes, followed by extraction of HA with water, which was then precipitated with ethanol, chloroform or other organic solvents. The resulting product needs to be further purified and a yield of 0.09% (0.9 g of HA per kilogram of raw material) was observed.

Collagen

Collagen is structurally formed as a triple helix by three extended protein chains that wrap around one another. Collagen and gelatin are different forms of the same macromolecule and gelatin is the partially hydrolysed form of collagen. Heat denaturation easily converts collagen into gelatin. Collagen and gelatin are unique proteins compared to muscle proteins and this uniqueness relies on its amino acid content, in particular nonpolar amino acids such as Glycine – Gly (30%), Alanine - Ala (10%) and Proline - Pro (10%), and to the significant presence of Hydroxyproline - Hyp.177-179 Figure 16 shows a cartoon of one of the protein chains in the collagen triple helix bearing the typical Gly, Pro and Hyp residues. Although main industrial sources of collagen and gelatin are bovine and porcine skin, many studies have been conducted to extract collagen and gelatin from marine sources and have used to screen their potential industrial applications.^{177,178,180-182} These efforts and the expected interest of the industry are explained by the comparative unpopularity of porcine skin collagen and gelatin in relation due to religious constrains and to active discussion on the use of bovinederived collagen and gelatin due to the mad cow disease, bovine spongiform encephalopathy and the risk they pose to humans. In contrast, fish collagen and gelatin have a relatively low risk of possessing unknown pathogens such as bovine spongiform encephalopathy.^{183,184} In marine environment, collagen can also be found in several marine sponges (e.g. *Chondrosia reniformis*),¹⁸⁰ showing unique advantages compared to mammalian connective tissue-extracted collagens,¹⁸⁵ as well as from gellyfish.^{186–188}

Techniques have been developed to obtain collagenbased macromolecules with different physico-chemical properties, such as very long and compact fibres, films, nano- and microparticles or porous scaffolds for biomimetically inspired hybrid materials or for biocomposite such as the newly-discovered silica-aragonitechitin biocomposites¹⁸⁹ in demosponges. These may serve for example as models for biomimetic synthesis of composites analogous to well established chitosan-silica hybrid materials, with very attractive bioactive properties for applications in biomedicine or as biocompatible structures that would support and organise functional tissues if applied in tissue engineering. Nevertheless, collagen can be obtained from several marine resources, such as fish skins, following simple procedures,^{177,190,191} according to which fish skins are cleaned and further treated with acetic acid solution (normally 0.5M) for collagen extraction, sometimes with concomitant use of 10% pepsin. When considering marine sponges, the available methodologies are different, since sponge collagen is not soluble in acetic acid solution. Thus, Swatschek and co-workers proposed an extraction methodology aiming scale-up, based on treatment with 100 mM Tris-HCl buffer (pH 9, 10 mM EDTA, 8M Urea, 100 mM 2-mercaptoethanol), during 24 h, with stirring, at room temperature, after which the extract is centrifuged and collagen is precipitated from the supernatant by adjusting the pH to 4 with acetic acid.¹⁸⁰

Recombinant collagen will be an alternative solution for large scale collagen production. Up to date, there is a great diversity in systems allowing the production of recombinant proteins ranging from the simplest (bacteria) to more sophisticate ones (as transgenic organisms), all being used for the production of collagen molecules or derived domains. However, the same principle governs them all: the cDNA of interest is sub-cloned into an appropriate expression vector for the expression of the protein in a cultured cell.¹⁹² Although the Escherichia coli expression system combines several advantages, its weaknesses for expressing eucaryotic proteins lies in its being restricted to the production of small fragments and the proteins produced lack posttranslational modifications. Thus, different eukaryotic systems have been developed to try to achieve a higher degree of similarity with the tissue proteins. Among them, yeast (Pichia pastoris), insect cells (High Five, Sf-9, S2) mammalian cells (HT1080, 293-HEK, CHO, HeLa, COS-1) and tobacco cells have been used for collagen production.¹⁹² The methylotrophic yeast Pichia pastoris, in particular, is a favoured yeast species as a host for heterologous protein production. $^{\overline{193}-197}$ P. pastoris has the potential for high expression levels, efficient secretion of target proteins, post-translational modifications, and is easily grown to high cell densities

on mineral salt medium in bioreactors. It has been demonstrated that *P. pastoris* is an efficient production system also for very large and complex proteins, such as collagens, which besides the recombinant gene(s) needed for the collagen polypeptide chain(s), needs the parallel expression of two different genes coding for collagen prolyl 4-hydroxylase (C-P4H), an enzyme required for the thermal stability of collagens.^{198–200}

Ceramics

Besides biopolymers, natural materials of marine origin such as corals, nacres and sponges provide also an abundant source of inorganic materials with significant relevance for tissue replacement and regeneration. Much work has been treated extensively in the literature, though data on their properties, sources, as well as isolation, chemical modification and purification methods are still scarce. This section will review the advances on marine-derived calcium compounds (carbonates and phosphates) and silicates with relevance for biomedical applications.

Calcium carbonates and phosphates

Calcium phosphorous compounds such as hydroxyapatite (HAp), $Ca_{10}(PO_4)_6(OH)_2$, have a special importance in the biomedical field due to its similarities with the mineral constituents of bones. By its turn, the abundant calcium carbonate (CaCO₃), which is not as interesting as calcium phosphates from the biomedical application point of view, can be the precursor material for obtaining different calcium phosphates and consequently, there is a growing interest in finding new sources of this inorganic material.

Calcium carbonate (aragonite or calcite forms) can be found in many marine organisms. Several good reviews^{201–203} give special attention to these materials, not only summarising the aspects dealing with the evolution and physiology of those organisms but also looking into other properties such as inorganic/organic composition and mechanical properties. Some examples of marine species possessing calcium carbonates that might be used as calcium precursors, and thus further exploited in the biomedical field,^{204–210} can be found in Table 4.

Although there are many sources of calcium carbonate, coral skeletal carbonate has been attracting great deal of attention namely as substitute materials for orthopaedics and dentistry. Corals possess a unique architecture, namely, porosity, pore size and pore interconnectivity.²¹¹ Actually, these characteristics have been shown²¹² to be important in bone tissue regeneration. Besides microstructure, other characteristics play a key role in the in vivo performance of these biomaterials, such as microstructural composition and mechanical properties. In this respect, it has been reported²¹³ that marine-derived calcium carbonate skeletons are unsuitable for most applications aiming bone tissue repair due to its fast dissolution rate and poor structural stability. Actually, Braye et al.²¹⁴ investigated the resorption rate of different bone substitutes when implanted in femora. This study has confirmed that the kinetics of coral resorption was faster than that of HAp. To circumvent these limitations, several authors^{215,216} have shown the possibility of converting the hard calcium carbonate skeleton of mineralised algae into more stable structures



17 Photos of *Coralline officinallis* red algae used as source of calcium carbonate: *Coralline officinallis* (*a*), SEM image of *Coralline officinallis* (*b*), SEM image of *Corallina* after heat treatment at 400°C for 3 h (*c*) and SEM image after heat treatment at 400°C for 3 h, followed by chemical treatment with ammonium phosphate dibasic (*d*)

such as calcium phosphates. These coral-derived materials have been mainly used in the forms of granules and blocks for bone grafting and in bone tissue engineering scaffolding.^{204,217–219} However, while they succeeded in generating the marine-derived calcium phosphates, often the original coral architecture was lost upon the conversion process.

In the work reported by Oliveira et al.,²²⁰ different routes to convert the calcium carbonate skeleton of Coralline officinallis red algae (Fig. 17a and b) into calcium phosphates are described. This interesting work showed that by performing a combined treatment (thermal and chemical), it became possible to obtain a calcium phosphate material with HAp nanocrystallites, while the native microstructure of the red algae could be maintained. First, red algae particulates (Figure 17c) free of the organic phase were obtained by heat treatment at 400°C for 3 h in a furnace. This temperature was chosen since it has been reported²²¹ that at higher temperatures, carbonate phases can decompose. Then, the conversion of the calcium carbonate skeleton into calcium phosphates (Ca-Ps) was achieved following the hydrothermal exchange (equation (1)) strategy²²²

$$10CaCO_3 + 6(NH_4)_2HPO_4 + 2H_2O \rightarrow Ca_{10}(PO_4)_6$$

(OH)₂ + 6(NH₄)₂CO₃ + 4H₃CO₃ (1)

This step forward seems very promising towards developing adequate algae-derived calcium phosphate particulates (Figure 17d) to find applications as bone filler and scaffolds for tissue engineering strategies.

Interestingly, Walsh *et al.*²²³ prepared equivalent coralline-derived HAp by developing a low-pressure hydrothermal process. The synthesis method consisted in using ambient pressure at a low temperature of 100°C in a highly alkaline environment to convert the original calcium carbonate structure of coralline into a calcium phosphate material. Results have shown that the resulting HAp maintained the unique microporous structure of the original algae, as evidenced in Fig. 18. Therefore, in order to convert carbonate phases into HAp using the hydrothermal method, we should bear in mind: (1) to remove the organic matter from algae by burning or using chemical methods; (2) to avoid decompose carbonate phases; and (3) to preserve the original algae morphology.

Besides using calcium carbonates as precursors, calcium phosphates, including hydroxyapatite, can be

Table 4 Marine organisms (invertebrates and vertebrates) possessing calcium carbonate with potential interest in the biomedical field

Sources	Species	Potential application(s)	References
Corals	Coralline officinallis	Bone filler	204
	Lithothamnion glaciale	Bone filler	205
	Phymatholithon calcareum	Bone filler	205
Sponges	Calcareus sponge spicules from triactines	Precursor material for	202
	of Pericharax heteroraphis	bioceramic coatings	
Mollusc shells	Nacre from Haliotis (abalone); Mytilus galloprovincialis and	Precursor material for	206-209
	Ostrea edulis (oysters); and Pinctada maxima (bivalve)	bioceramic coatings	
Fish bones	Prionace glauca (blue shark)	Bone filler and precursor material for bioceramic coatings	210



18 SEM images of *Corallina*-derived hydroxyapatite after conversion process developed by Walsh *et al.* (reprinted from Ref. 223 with permission from Elsevier)

found and obtained directly from marine resources, namely, in fish bones. In addition to the process of pyrolysis to eliminate all the organic matter and save the inorganic calcium phosphates, Pou and co-workers²²⁴⁻²²⁷ have described a laser-based process for the production of calcium phosphates from fish bones in microparticulate form, in which a laser beam irradiates the surface of fish bones with the necessary energy to result in the ablation of material in particulate form that is collected into a filter by a perpendicular gas flow or stay dispersed in deionised water, where the procedure can be performed.^{224,226} Figure 19 depicts a cartoon of this laser ablation methodology (Fig. 19a), with an example of calcium phosphate particles prepared by this technique (Fig. 19b and c). Hydroxyapatite powder can be reduced to obtain nanoparticles by using continuous wave as well as pulsed laser in deionised water;²²⁴ following several mechanisms, such as melt ejection and fracture^{225,227} and different crystal structures, can be obtained with experimental parameters such as the energy of the laser and its pulse, where pulsed laser promotes the formation of crystalline nanoparticles, while the continuous wave laser favours the formation of amorphous particles).²²⁶

Similarly to sea shells, different human body parts (e.g. bone, tooth and mineralised tendon) are nanocomposites of protein and mineral which possess superior mechanical properties.²²⁸ Succinctly, we can state that from both mechanical and biological performance perspectives, it is interesting to design man-made novel materials for biomedical applications that mimic the natural nanostructures consisting of protein and mineral.

Biosilica

Biogenic silica, commonly known as biosilica, consists of glassy amorphous silica and is formed in many aquatic organisms (and in terrestrials as well, like higher plants), such as sponges, diatoms, radiolarians and choanoflagellates.²²⁹ The most representative biosilicifying organisms are sponges and diatoms and those will be the focus of this review.



19 a cartoon of the laser ablation process in deionised water for production of calcium phosphate particles, b HRTEM image and c SEM image of calcium phosphate submicro- and microparticles respectively, obtained from fish bones by using laser ablation technique (micrographs reprinted from Ref. 226, Open Access article distributed under the terms of the Creative Commons Attribution License)

Besides being inspiring and a valuable source of marine collagen, as aforementioned, some sponges species are also an important source of biosilica, as also already mentioned. In fact, there are two classes of sponges that have a silica skeleton: Demospongiae and Hexactinellida; the third class, Calcarea, has a calcium carbonate skeleton.²²⁹ Figure 1C shows one example of a silica skeleton of a sponge from Hexactinellida class: the impressive skeleton of Euplectella aspergillum species,²³⁰ also known as glass sponge or Venus' flower basket. The silica skeleton is constituted by siliceous spicules,²³¹ which are rod-like glassy spikes consisting of an axial filament surrounded by several hundred concentric layers of hydrated silica.²²⁹ The process of biosilica formation in sponges is enzyme-mediated. The axial filament consists predominantly of an enzyme called silicatein, with mediates the silicification process around it through the formation of the mentioned concentric layers.^{229,230,232–235} At a lower scale, these layers are made of densely-packed silica nanoparticles in the 70–200 nm range.^{229,236} The silica content of these sponges can amount to 75% or more of the dry mass of the animals. Collagen is also present, being the predominant protein in the spicules, constituting thus a composite material.^{229,234}

If the objective is to isolate silica from these marine sources, it can be accomplished for instance by treating collected sponges with 5.25% (v/v) sodium hypochlorite solution until all cellular material had been removed and after washing with water, treating the residual material by soaking in concentrated HNO₃/H₂SO₄ (1:4) overnight. The resultant acid-insoluble material consists of cleaned silica spicules with an axial silicatein filament.^{236,237}

Sponge spicules have been characterised in terms of mechanical,^{230,238-240} optical²⁴¹ and electric²⁴² properties. These natural biocomposites have been characterised as highly flexible and tough, which is attributed to their layered structure and hydrated nature of sílica.²³⁸ Spicules present reduced stiffness²⁴⁰ and nanohardness²³⁸ as compared to commercial glass systems, but this biogenic silica has an architecture that provides a substantial toughness^{238,240} and mechanical stability.²³⁰ It has been also observed that sponge spicules can be excellent light transmitters, functioning as single-mode, few-mode or multimode fibres, with the lens-like structure at the end of the fibre contributing to increase its light-collecting efficiency.²⁴¹ The refractive index of these biocomposites is dependent on the organic material content, as well as on hydration of silica.²²⁹ Regarding electric properties, it was observed that sponge spicules are electrical conductors, with the electric charge being probably transported along the paths formed by collagen, since deproteinised spicules presents a reduced electric conductivity.242

In this perspective, sponge spicules are remarkable structures that offer bioinspired lessons for potential biomimetic design of several devices, such as optical fibres, which could be fabricated at room temperature, thus highlighting the advantages of the synthesis used by biology.^{238,241} In the same way, the knowledge of sponge enzymes silicatein and silicase is of great importance also for nanobiotechnology, since they can be used on the formation of nanocomposite materials, using nature as a model for the production of new nanoscale systems.^{237,243} This is particularly interesting because

enzyme-mediated silica formation allows the formation of silica glass under mild conditions (low temperature, low pressure and near-neutral pH), while the current methods require high temperatures and pressures and the use of harsh chemicals.^{229,234,237} On the other hand, the work of Daniel Morse have been showing that this knowledge can be also used for the production of other materials using silicatein-mediated processes, such as titanium, gallium and other metal(loid) oxides,²³⁷ including also semiconductors,²⁴⁴ but also polymer such as polylactide.²⁴⁵ Moreover, it has been demonstrated that equivalent processes can be used with native silicatein, but also with recombinant forms^{237,245} or even with bioinspired synthetic analogues.^{237,244,246}

Diatoms are a major group of microalgae, being normally unicellular organisms, although some form chains or simple colonies. These are classified as centric and pennate diatoms and can be distinguished from each other on the basis of cellular symmetry, i.e. centric diatoms are radially symmetrical, whereas pennate diatoms are elongated and bilaterally symmetrical.²²⁹ Further details on the physiology of these organisms may be found elsewhere.²⁴⁷

The living part of the diatom is within a box, which is made up of silicon dioxide.²⁴⁸ These exoskeletons, named frustules, are made of silica nanoparticles assembled in a highly organised structure exhibiting porous networks at different scales.²⁴⁹ Silica nanoparticles are associated with a matrix of carbohydrates and proteins, and thus frustules are in fact composite materials and their nanostructure is species-specific and genetically determined.²²⁹ Although the precise mechanism of formation has not been clearly described, it is known that the frustules are formed within a few hours, from naturally-occurring precursors at low concentrations.²⁴⁹ The mechanism of formation is attributed to silica itself, through a complex inorganic polymerisation process, in contrast with precipitation/ dissolution reactions described for carbonate and phosphate minerals.²⁴⁹ Some authors argue that pH, the presence of cations and salts and the concentration of silica precursors play an important role in biosilici-fication of diatoms.²⁵⁰ Other authors reinforce the importance of silicic acid,²⁵¹ key molecules called silaffins²⁵² and polyamines²⁵³ in silica formation in diatoms.²⁵⁴

The siliceous exoskeletons remain intact when cells die, rendering inorganic structures with morphological features, which are of potential interest for industrial applications.²⁵⁰ These silicified structures have two basic types of macromorphologies, derived from the two types of diatoms: one with bilateral symmetry and other with radial symmetry (Fig. 20).

From these, there are an enormous variety of micromorphologies, such as porous (with all types of pore arrangements and morphologies), tubes and ribbons, which exhibit high surface area being quite interesting for the development of silica-based materials. These micromorphology is reproduced with high precision within a given species since the process is genetically encoded.²⁵³ However, in the oceans, after the cellular death, the inorganic features sink to the ocean floor, reappearing to the surface after millions of years of aging as 'diatomaceous earth', which is much less interesting for application purposes, since aging reactions



20 Electron micrographs representing the two types of diatoms: at left, *Thalassiorisa pseudonana*, scale bar=2 μm; at right, *Nitzschia alba*, scale bar=5 μm (reproduced from Sandia National Laboratories report SAND2007-6359)

contribute to the destruction of the attractive morphologies and moreover to the incorporation of contaminating minerals. Thus, when considering new applications of biosilica, one should consider fresh diatomaceous silica, harvested from the field or prepared from culture. Moreover, fresh diatomaceous silica presents low contamination with metals, such as Al or Fe, indicating that diatoms synthesise a nearly pure silica matrix and thus, for its further use, purification is not required.²⁵⁰

Besides the inherent interest of the morphology of such silica features, it is also interesting to know and understand the process of formation of such exoskeletons, since there may be a mimetic possibility of controlling the formation and assembly of silica nanoparticles in biological conditions, which can be quite interesting for the design of nanodevices, such as membranes and systems for controlled release or bioencapsulation.^{249,255} In particular, the work that is being developed by Kroeger, Sandhage and co-workers is a good example of it, where the mechanism of biosilica formation has been studied, in particular the role of silaffins²⁵⁶⁻²⁵⁸ and that knowledge was further used for the bioinspired synthesis of silica and titania materials, including the co-assembly of other entities, such as enzymes, which can be used on the design of new biosensors.²⁵⁹⁻²⁶¹ In fact, as in the abovementioned case of sponge biosilica enzyme mediators, silicateins, this biomimetic approach to the synthesis of silica and titania materials can be pursued based on extracted proteins and peptides, but also by using synthetic peptide analogous.²⁵⁴

Biosilica is also being considered for biomedical approaches, namely, for bone replacement and regeneration strategies. For instance, it has been observed that human osteogenic sarcoma cells (SaOS-2) exhibited an increased mineralisation activity when cultivated on biosilica surfaces in the presence of β -glycerophosphate. Moreover, concurrent coating of the substrate with biosilica and type 1 collagen not only increased the cellular Ca phosphate deposition but also stimulated cell proliferation.²³⁴

In addition to biosilica obtained from biosilicifying organisms, there are also other silicon derivatives with interest for biomedical interest. Among them, one would like to highlight the elegant work of Lopez-Alvarez *et al.*,²⁶² which describes the preparation of biomorphic silicon carbide ceramics from marine precursors. In this work, molten Si is infiltrated in carbon templates, with interesting microstructure, porosity and pore interconnectivity, obtained by controlled pyrolysis of algae or marine plants. The resultant product is a light, tough and high-strength material with predictable microstructure. Figure 21 shows an example of such material, derived from the aquatic plant *Juncus maritimus*, where can be seen the morphology of the plant after pyrolisis, before (Fig. 21*a*) and after (Fig. 21*b*) silicon infiltration.

In fact, biological structures often exhibited amazing morphologies that justify all the efforts for biomimetic approaches to allow its synthetic reproduction. In particular, biomineralising organisms have such a hierarchical structure, making nature a manufacturer with which mankind could never compete. In this perspective, biomimetic approaches to replicate those hierarchical structures are constantly being explored by different researchers, such as the one just mentioned by Lopez-Alvarez *et al.*²⁶² or the work of Sandhage *et al.*^{263–265} on the use of diatom frustules as templates for the production of other ceramic structures with matching morphological features, such as MgO or BaTiO₃. In the work of Sandhage *et al.*, instead of an



21 SEM images evidencing the morphology of the aquatic plant Juncus maritimus after pyrolisis, before (a) and after (b) silicon infiltration (reprinted with kind permission of Professor Pio González, University of Vigo)



22 SEM images of *a Aulacoseira* diatom frustules, *b* MgO/Si replica obtained after reaction of frustule with Mg at 650°C, *c* silicon-based replica produced after treatment with HCl solution and *d* silicon replica obtained after additional treatment with HF solution. *e* and *f* are the results of the energy dispersive X-ray analysis of silicon-based replicas shown in *c* and *d* respectively (reprinted from Ref. 263 with permission from Nature Publishing Group)

infiltration process, there is a chemical transformation, for instance according to equation (2)

$$2Mg(g) + SiO_2(s) \rightarrow 2MgO(s) + {Si}$$
(2)

where {Si} represents a silicon-based product resulting from the chemical reduction, such as Mg–Si liquid or Mg₂Si.^{264,265} This reaction occurs when submitting diatom frustules, as for instance the ones from *Aulacoseira* genre, to heating until 900°C, in the presence of magnesium. At this temperature, there is evaporation of magnesium that can thus react in a redox process with SiO₂, without affecting the morphology of the structure, as illustrated in Fig. 22.^{263,264} This structures can be submitted to further treatments to render other ceramic solids, such as treatments with HCl solution and ethanol-based hydrofluoric acid solution to render silicon structures²⁶³ (Fig. 22*c*–*f*). Another possibility is an additional deposition of a barium titanate (BaTiO₃) layer onto the magnesia solids, using a sol–gel process,²⁶⁵ resulting in bioclastic-based ceramics with multicomponent and nanocrystalline features. Moreover, the inclusion of genetic modification steps in order to render self-replicating structures with defined shapes is envisaged, taking advantage of the recent genome mapping and genetic engineering technologies, which may allow the development of genetically engineered micro/nanodevices.²⁶⁵

Common applications

Recent screening techniques have revealed a vast chemical diversity of the oceans, much higher than the one that can be achieved by synthesis and standard chemical approaches, which opens new and exciting research scenarios. In fact, the real value of marinederived materials and compounds can only be roughly imagined as much of sea life, particularly in deep waters, is still to be discovered. Thus, the sustainable exploitation of ocean diversity for industrial and medical purposes is of enormous interest and promises a huge impact not only in research, but particularly in the progress of society, which is reflected on the emergence of marine biotechnology, also known as blue biotechnology, as a fast-growing sector.^{266,267}

For the stated above, though the focus of this review is to highlight marine biopolymers and ceramics with interest for biomedical application, it would be unforgivable not to comment on the applications of those marine materials in other sectors, particularly by illustration of applications already in use. Thus, this section will briefly portray the most common applications of the materials reviewed above, with indication of bibliographic references where the readers can find deeper discussions.

Agar possesses a long and ancient history, with its gellike properties being alleged to have been first observed by a Chinese Emperor in the mid-sixteenth century. Afterwards, a flourishing agar manufacturing industry was established. The development path of agar closely follows the appearance and growth of microbiology, as it was first reported to be used as a bacteriological culture medium by Koch.²⁷ Over a century, it is still the medium of choice for general microbiological research.⁹³ Besides its use in the preparation of microbiological media, agar is usually applied also in cell/tissue culture, in affinity chromatography, as a component of dental impression materials, as a raw material for the production of agarose or as a gelling agent in food industry, cosmetics and pharmaceutical products, besides applications in medicine.^{23,26,27,93} Although agar does not possess direct medicinal use, its application in biomedical research is well known. The industrial and commercial relevance of agar lies on its excellent thickening and gelling properties.

The history of alginate starts in 1881, when it was discovered by Stanford, followed by a patent where Stanford claims the application of alginate as a pharmaceutical agent. In 1929, Kelco Co. starts to commercialise this polysaccharide, extracted from kelp, also known as the giant brown seaweed, Macrocystis pyrifera. In 1959, alginate had evolved to a worldwide production.⁴³ Nowadays, alginate is widely used as a gelling agent for different applications, namely, in the food industry, pharmaceutical, biomedical and personal care.42,268,269 The success of commercial development of alginate lies in its ability to retain water, and in its gelling, viscosifying and stabilising properties, in particular the fact that it increases the viscosity of aqueous solutions and forms gels without temperature dependence, in contrast with other polysaccharides like agar and carrageenan.⁴⁵ Other biotechnological applications can take advantage of the specific biological effects of alginate, like hypocholesterolemic and hypolipidemic effects.²⁷⁰ It is then expected that future expansion of alginate market will be through more knowledgedemanding areas, such as pharmacy, biotechnology and biomedicine.

Carrageenan is another family of polysaccharides that find application in very different sectors of activity, including slurry stabilisation and suspension, interaction with polyols, and entrapment/immobilisation of enzymes or microbial cells in fermentation processes at industrial level,²⁷¹ dentifrice preparations, anti-icers, cosmetics, pharmacological excipient,²⁷² capsules,²⁷³ hydrogels²⁷⁴ and films,²⁷⁵ and texturising agent in food applications.^{276,277} In fact, when used in food products in the European Union, carrageenans are designated by the reference E407, according to the classification of food additives, being used in particular as stabilisers, thickeners and emulsifiers.²⁷⁸ This huge potential of application of carrageenan in such a broad range of fields can be weighted by the several thousands of patents registered using carrageenan in food and non-food applications.

Chitin, chitosan and its derivatives are widespread in economical sectors, being used in areas such as agriculture, water treatment, food preservation, cosmetic industry, pharmaceutical and veterinary medicine.²⁷⁹⁻²⁸⁵ Properties such as antimicrobial activity, film-forming ability, high adsorption, excellent chelation behaviour, biocompatibility and non-toxicity have been pointed out as main responsible by performance of chitosan on the cited applications.^{19,286,287} For example, antimicrobial chitosan films have been used as a packaging material for a preservation of a variety of foods and antioxidant in sausages.^{279,288,289} In agriculture, both chitin and chitosan have been utilised to enhance the plant innate defense. 282 On the other hand, many works $^{285,290-292}$ suggested chitosan as an effective biosorbent for the removal of aquatic pollutants, such as phenol, pesticides, anions, metal ions (zinc, copper, lead and cadmium) and dyes. Besides, chitosan and its derivatives have been recognised as ingredient for cosmetic formulations^{281,293} and have also been studied as promising materials for biological functionalisation of microelectromechanical systems²⁹⁴ due to its physicalchemical properties and the easy integration of chitosan films in microdevices. In some of those applications, chitosan needs to be physically or chemically modified and the current research on the improvement of its properties is expected to increase the presence of chitosanbased products on the various segments of the world market.

Although the attention on the GAG, particularly from marine origin, is increasing during the last years, their application or large-scale use is scarce. Nevertheless, a few applications can be identified to illustrate the huge potential possess of this class of biopolymers. Marine CS is being studied to explore its potential as a biomedical gel forming polymer, anticoagulant activity and as a supplement in arthritis-related diseases.^{154,295–301} Marine DS is also an object of research to explore its anticoagulant activity aiming a potential replacement agent for heparin.^{295–297,302–307} In fact, the search for new natural sulfated polysaccharides with relevant anticoagulant and antithrombotic action is an attractive alternative for the traditional heparin use in medicine, and there are several reports of other sulphated compounds from marine origin, such as heparin and fucans, also with this aim.^{152,154,296,308,309}

Hyaluronic acid is ubiquitously present in the human body, namely, in intercellular matrix of most connective tissues, as thus have found applications mainly in the biomedical field. In particular, it is used as surgical aid in ophthalmology and exhibits significant therapeutic potential in joint disease and wound-healing.^{310,311} Its ophthalmological use is based on the semiflexible properties of the high molecular weight chains and the interactions between them, which renders solutions with unique viscoelastic properties.³¹² In fact, the most common application of hyaluronic acid is as a viscoelastic adjunct in patients undergoing cataract surgery.³¹² Regarding the therapeutic potential in joint disease, its role for supplementation of impaired synovial fluid in arthritic patients by means of intra-articular injections is highlighted.³¹³ Hyaluronic acid has also other clinical medicine uses, as a diagnostic marker for diseases such as cancer, rheumatoid arthritis and liver pathologies,³¹³ but also promises application in the surface modification of titanium orthopedic implants aiming to reduce bacterial infection and enhance cell adhesion.314 Moreover, its use in cosmetic regeneration and reconstruction of soft tissue has also been envisaged and described.^{312,313} Hyaluronic acid also finds pharmaceutical application, with drug delivery systems being proposed or already demonstrated.^{312,315}

Being the main protein in mammals, collagen is an important ingredient for health-related applications, being used in cosmetics, dental composites, skin regeneration templates, biodegradable matrices and shields in ophthal-mology, cardiovascular surgery, plastic surgery, orthopedics, urology and neurology.³¹⁶ However, collagen and gelatin (denaturated collagen) are also used in very different sectors, as in food industry, for instance, in sausage casings made of dispersed insoluble collagen extruded as a tube and formed or cut into links as it is filled. Marine collagen in particular is currently being studied to be used in all the traditional areas where mammal collagen finds application, to overcome the abovementioned disease-related issues, as well as in advanced methodologies for artificial organs, tissue engineering and drug delivery applications.^{317–320}

Besides biopolymers, marine ceramics are also very interesting for several applications. Calcium phosphates, despite being used mainly as bioceramics in drug delivery systems,³²¹ tissue engineering scaffolding, bone graft substitutes and facial fillers,^{322,323} have also been found outside biomedical area but in related fields, namely as supplements for pharmaceutical and cosmetics industries, oral care products and jelling agent.^{324,325} Besides, it can also be used as an ingredient is many industrial cements and chemicals.

Another marine ceramic with quite interesting properties is biosilica, mainly due to the biomineralisation process. For instance, sponges (phylum Porifera) have a biosilicification process mediated by enzymes resulting in silica structures ranging in size from micrometres to metres, which can be conjugated with polymers such as collagen to form micro- and nanocomposites. These structures present an interesting physical stability and an impressive light transmission capability similar to optic fibres. These properties have been further explored in recent years in order to study the development of new applications for biomedicine, in particular for biosilicamediated regeneration of tooth and bone defects, and for micro-optics, in particular through the *in vitro* synthesis of light waveguides.^{234,235,326} A quite interesting morphology is also observed in diatoms, where the silica skeleton exhibits symmetric patterns of micro- and nanopores in which light transmission is found to be, in some cases, strongly wavelength dependent,³²⁷ suggesting their exploitation in biomimetic optical applications,



23 TEM image of carboxymethylchitosan/poly(amidoamine) dendrimer nanoparticles

such as light guiding and optical transducing.³²⁸ Besides the mentioned applications, others are being explored with silica-based materials, such as the protein–silica nanocomposites for biosensing applications reported by Ramanathan *et al.*³²⁹ or silica particles for the development of oral drug delivery vehicles reviewed by Rigby *et al.*,³³⁰ which may enhance the potential for application of biosilica in other fields.

Drug delivery applications

Marine-derived materials, especially polysaccharides, have been widely used in the development of drug delivery devices, especially with the shape of spheres of different sizes.^{331,332}

Chitosan and alginate have been probably the most used marine-derived polymers in the preparation of drug delivery particles.^{269,333–340} Chitosan itself may be chemically modified to control the interaction with drug molecules. For example, the chemical attachment of cyclodextrins or amphiphilic molecules to chitosanbased macromolecules may enhance the affinity of the polysaccharide with hydrophobic drugs.^{341,342}

Nanoparticles are especially adequate to act as injectable delivery systems of a variety of therapeutic molecules. Polysaccharides-based nanoparticles have been produced by different methods, including covalent cross-linking, ionic cross-linking, polyelectrolyte complex and the self-assembly of hydrophobically modified polysaccharides.³⁴³ For example, poly(amidoamine) low-generation dendrimers are surface chemical modified by carboxymethylchitosan, rendering dendritic nanoparticles (Fig. 23). These nanoparticles are shown to be internalised by cells and thus be used in intracellular drug delivery strategies.³⁴⁴ Using a rational of electrostatic interactions, chitosan/carrageenan nanoparticles are produced in mild conditions and showed to permit the encapsulation and posterior release of proteins.³⁴⁵ Using a equivalent methodology, microparticles of carrageenan and gelatin, as well as of ulvan and chitosan, has also been prepared, as illustrated in Fig. 24. Interactions between polyelectrolytes may be also used to coat particles or drug crystals or to produce capsules using the layer-by-layer methodology, as illustrated by the scheme in Fig. 25. Chitosan or alginates have been used to produce such multilayered nanostructured coatings.^{346–349} Such films are usually stable in physiological conditions and may act as a



24 SEM images of microparticles of *a* carrageenan and gelatin and *b* ulvan and chitosan, prepared by ionic interaction between polymers

physical barrier for the release of the encapsulated molecules. The permeability can be controlled by changing the nature of the polyelectrolytes used and the number of multilayers.

Marine origin polysaccharides have acidic or basic functional groups. Thus, the ionisation level of the pendant group changes strongly around the pK_a , causing a modification of the water solubility of the polymer chains or the swelling in the case of cross-linked systems. Hydrogels with such characteristics are pHresponsive and have been proposed for the smart delivery of bioactive agents.^{350–352} They are based on the fact that swelling or degradation will be highly sensitive to changes in the pH in the body or inside cells. Systems that can respond simultaneously and independently to more than one external stimulus, such as pH and temperatures, have also been developed.352,353 In most of the cases, they are produced by combining pH-responsive macromolecules and temperaturesensitive polymers, especially poly(N-isopropyacrylamide), PNIPAAm, either by grafting or by blending. A possibility to produce dual-responsive systems is by combining the two macromolecules by means of interpenetrating or semi-interpenetrating networks. An example included the combination of alginate and PNIPAAm where the pHresponsive polysaccharide was cross-linked with calcium ions;³⁵⁴ the swelling of the obtained beads were highly dependent on both temperature and pH, and strong deviations were also found in the delivery profile of indomethacin. In order to try to slow down the release profile, such particles were coated with chitosan, followed by alginate.³⁵⁵ Such kinds of particles were also partially mineralised with calcium phosphate in order to potentially improved their biocompatibility with bone tissue:³⁵⁶ the calcified systems were shown to maintain their pH and temperature responsiveness, and could be useful in the delivery of relevant therapeutic agents or in the construction of scaffolds for orthopedic applications.



25 Cartoon of the methodology to prepare polyelectrolyte capsules: a coating of a colloid with polyelectrolyte multilayers; b nucleolus decomposition; c nucleolus residues leave the system through the multilayered membrane, rendering a capsule

Tissue engineering applications

In the general tissue engineering approach, matrices are developed to support cells, promoting their differentiation and proliferation towards the formation of new and functional tissue.³⁵⁷ Such strategy allows producing hybrid constructs that can be implantable in patients to induce the regeneration of tissues or replace failing or malfunctioning organs. Different materials have been proposed to be used in the processing of scaffolds, namely, biodegradable polymers derived from marine resources. Natural-based polymers offer the advantage similar to biological macromolecules, where the biological environment is prepared to recognise and to deal with metabolically. Owing to their similarity with the extracellular matrix, natural polymers may also avoid the stimulation of chronic inflammation or immunological reactions and toxicity, often detected with synthetic polymers. The sea may be an important source of materials to be used in such applications, in which a variety of polysaccharides with different chemical natures, proteins and minerals can be found.

An important aspect is the processing of such kind of materials into porous matrices, a task that usually needs other technologies than those usually employed in the processing of conventional synthetic polymers that often implies the melting of the material or the use of organic solvents.³⁵⁸ Mild methods have been widely used to process marine-derived polymers that may be also attractive by the fact that cells or unstable proteins can be incorporating during the fabrication of the device.

Freeze-drying has been widely used to process natural polymers, including marine-derived polysaccharides. A classic example is the production of scaffolds from chitosan:⁷³ acidic aqueous solutions are frozen and lyophilised and the final scaffold is neutralised and stabilised in an alkaline solution and water, rendering structures like the one depicted in Fig. 26a. Figures 26b and c show the morphology of the produced scaffold with higher detail, using SEM and microcomputed tomography. The structure of the final scaffold will essentially depend on the initial chitosan concentration and on the shape and size of the ice crystals generated during the freezing step. Cross-linking or the incorporation of other biomacromolecules can be also combined with such method.³⁵⁹ For orthopedic application, such scaffolds can be incorporated into more stiff prefabricated scaffolds³⁶⁰ or can also be combined with inorganic bioactive particles,^{361,362} including marine-derived ceramics.³⁶³ Such osteoconductive scaffolds



26 Photo of freeze-dried and neutralised chitosan scaffold (a) and respective SEM image (b) and microcomputed tomography image (c)

containing chitosan-derivatives may be also produced by precipitation-related methodologies.³⁶⁴ Another method to fabricate macrofibres from chitosan-containing solutions is by wet-spinning where the polymer from a solution filament is continuously precipitated into a coagulation bath.^{77,365} Chitosan solutions can be also precipitated into spheres that may be used in tissue engineering, either by agglomerating them into scaffolds^{76,366} producing structures like the ones shown in Fig. 27, or use them directly with cells as an injectable system.³⁶⁷ Matrices for regenerative medicine may be also produced using electrospinning, which enables to produce non-woven supports made of nanofibres, for example, using polysaccharides.³⁶⁸ Such technology has been used to produce nanofibres of marine-derived materials such as chitosan, 369,370 alginate³⁷¹ or even materials containing marine-derived collagen.³⁷²

Complexation of polysaccharides with oppositely charges, such as chitosan and alginate, may be also used to produce scaffolds.³⁷³ For example, by using spray-spinning, a chitosan solution was sprayed into a flowing sodium alginate solution and sheared into streamlines – the elongated streamlines subsequently transformed into alginate/chitosan polyelectrolyte complexes fibres.³⁷⁴

The ability of alginate to cross-link with calcium ions may be also used to produce scaffolds.³⁷⁵ The calcium source may be even from hydroxyapatite allowing to process nanocomposite porous structures.³⁷⁶ However, alginates have been much more used in tissue engineering as non-porous structures, as cells may be easily encapsulated during the hydrogel formation.^{377,378} Alginate molecules have been modified by incorporating RGD sequences along the macromolecular structure, in order to enhance the specific interaction with cells – such systems may be used as injectable systems in which cells may act as cross-linking entities.^{379,380} Moreover, ionic cross-linking can be also used with other polymers, such as carrageenans, preparing organised structures aimed for cell culture, by rapid prototyping, through extrusion of carrageenan solution from a syringe into a coagulation bath. Figure 28 illustrates the structures that can be produced with such technique.

Injectable systems are very attractive as they can deliver and fix cells and molecules in specific sites in the body using minimally invasive methods.^{381,382} The materials may harden in situ from different ways, including through ionic, hydrogen or covalent bonds. Thermoreversible gels are very popular as such system may exist in a liquid state at room temperature but turn into a self-sustained gel at body temperature.³⁸³ An interesting example is the chitosan/ β -glycerolphosphate systems: in 2000, Chenite and co-workers developed such kind of formulations to produce an injectable thermosensitive, pH-dependent solution, which is liquid at physiological pH and room temperature, and becomes a gel if heated at body temperature.384 Such materials may be combined with bioactive glass-ceramic particles to produce biodegradable injectable osteoconductive biomaterials.385 Higher contents of calcium phosphates may be incorporated in chitosan to produce composites bioresorbable cements able to be replaced by new bone.386

Other marine-derived materials have been developed to produce injectable systems for tissue engineering, such as carrageenan – this polysaccharide, combined with fibrin/hyaluronic acid, may have potential in cartilage regeneration.³⁸⁷ Alginate-based injectable hydrogels have also been proposed for such applications³⁸⁸ or for cardiac remodeling.³⁸⁹ The main drawback of such



27 Photos of (a) chitosan particles prepared by precipitation of droplets of chitosan solution into an alkaline coagulation bath, which can be agglomerated forming a porous structure (b)



28 Photo of carrageenan scaffold produced by rapid prototyping (a) and respective SEM image (b)

biomaterials will be always limited by the mechanical properties – further developments are required to enhance the cross-linking extent and stability and the incorporation of other strategies to enhance the stiffness and strength of the hydrogels in physiological conditions.

Besides polysaccharides, other marine-derived biopolymers are also being used on tissue engineering strategies, as collagen. Being the main protein in the body, collagen is a biomaterial for excellence and a relevant choice when one wants to develop a tissue engineering scaffold. In this perspective, marine-derived collagen scaffolds were developed by freeze-drying using jellyfish collagen, further cross-linked, which did not induce a significant cytotoxic effect and had higher cell viability than other biomaterials, including bovine collagen. Moreover, in vivo tests demonstrated that jellyfish collagen induced a comparable immune response to that induced by bovine collagen.¹⁸⁷ Jellyfish collagen has also been combined with poly(lacticco-glycolic acid) and processed by freeze-drying and electrospinning to obtain tubular scaffolds, in which smooth muscle cells and endothelial cells were shown to proliferate.³⁷² Taken together, these results support the great potential of marine origin collagen for tissue engineering applications.

Concluding remarks and future outlook

Sea has proven to be a huge source of materials, even though the available knowledge of marine materials and mechanism are still in its beginning. Nevertheless, with the technological development, such as the appearance of new remotely operated (underwater) vehicles that allow collection of materials in deep waters, an enormous new door is being open. In fact, marine biomaterials are of particular interest as they might have novel characteristics as well as unique biochemical properties. Moreover, the diversity of these materials and its potential, in particular of polysaccharides, can be increased by physical or chemical modifications, like complexation with other polymeric materials, chemicals or salts or modifications introduced in the polysaccharidic chain. The possibility of developing a wide variety of chemically modified derivatives makes these polysaccharides versatile materials that can be applied in different fields of technological interest, including the biomedical one. This is a continuing challenge to polymer and biomaterial scientists, but it is already possible to anticipate that these strategic approaches will widen up perspectives and potential applications in the future. On the other hand, this will render low environmental impact products that have a lower carbon footprint at the end of product cycle. The enhancement of the performance of marine-derived

polysaccharides will increase their competitiveness against synthetic biodegradable polymers and polymers from petroleum sources. In an era of increasing oil prices, global warming and other environmental problems (e.g. waste), the change from fossil feedstock to renewable resources can considerably contribute to a sustainable development in the future.

It is envisaged that biomedical field will be an area in which marine-derived materials will have a role of major relevance, in particular with their use on tissue repair and regeneration. This multidisciplinary approach that aims to go from engineered scaffolds to clinical applications that allow regeneration of damaged or injured tissues or organs is not that fair to accomplish its goals and marine-derived materials are being increasingly studied. However, strong efforts are still needed to obtain medical grade biopolymers from marine raw materials, in a reproducible way, to allow its use on the development of three-dimensional scaffolds in which different cells can be seeded and then proliferate, rendering a new tissue that can be implanted in the patient. In addition, the use of marine origin materials in tissue engineering approaches, in particular their success in *in vivo* testing, is still needed to boost their potential in this area. Nevertheless, this is a route that is being followed together with other materials by tissue engineers to turn biomaterial-based regenerative medicine into a real clinical solution.

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