

# Development of a Bioactive Glass Fiber Reinforced Starch–Polycaprolactone Composite

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**Abstract:** For bone regeneration and repair, combinations of different materials are often needed. Biodegradable polymers are often combined with osteoconductive materials, such as bioactive glass (BaG), which can also improve the mechanical properties of the composite. The aim of this work was to develop and characterize BaG fiber reinforced starch–poly- $\epsilon$ -caprolactone (SPCL) composite. Sheets of SPCL (30/70 wt %) were produced using single-screw extrusion. They were then cut and compression-molded in layers with BaG fibers to form composite structures with different combinations. Mechanical and degradation properties of the composites were studied. The actual amount of BaG in the composites was determined using combustion tests. Initial mechanical properties of the reinforced composites were at least 50% better than the properties of the nonreinforced specimens. However, the mechanical properties of the composites after 2 weeks of hydrolysis were comparable to those of the nonreinforced samples. During the 6 weeks hydrolysis the mass of the composites had decreased only by about 5%. The amount of glass in the composites remained as initial for the 6-week period of hydrolysis. In conclusion, it is possible to enhance initial mechanical properties of SPCL by reinforcing it with BaG fibers. However, mechanical properties of the composites are typical for bone fillers and strength properties need to be further improved for allowing more demanding bone applications. © 2008 Wiley Periodicals, Inc. *J Biomed Mater Res Part B: Appl Biomater* 87B: 197–203, 2008

**Keywords:** starch; poly- $\epsilon$ -caprolactone; bioactive glass fiber; composite; bone applications

## INTRODUCTION

Starch is used in blends with other biodegradable polymers as it is known to be biodegradable, it is economically feasible, it is easy to convert into a thermoplastic polymer, and

it has good availability.<sup>1–3</sup> So far, there are several starch-based blends which have been studied. Starch has been blended at least with ethylene vinyl alcohol,<sup>1–2,4–11</sup> cellulose acetate,<sup>2,4–7,12</sup> polylactide,<sup>5,13</sup> and poly- $\epsilon$ -caprolactone (SPCL).<sup>1,5–7,14,15</sup> Starch-based polymers are nowadays manufactured for various applications, for example to agriculture applications and packaging segments.<sup>16</sup> In addition they have shown to have good potential to be used in different biomedical applications, especially in bone applications such as tissue engineering scaffolds, bone cements, drug-delivery applications, or bone fixation devices.<sup>1,3,4,6–8,14,15</sup>

SPCL is a potential new biocompatible and biodegradable blend which is studied to be used in bone applications. It has shown relatively good biocompatibility.<sup>3,6,7,14</sup>

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Studies have shown that degradation of SPCL is enzymatic.<sup>1</sup>  $\alpha$ -Amylase is mainly responsible for the degradation of starch, but also glucoamylase and some other enzymes can affect to the rate of degradation. PCL also degrades by enzymatic oxidation and/or hydrolysis after implantation. Enzymes that affect to the degradation of PCL are lipase, cholesterol esterase, and carboxyl esterase. These enzymes are present in the human body, and they catalyze the hydrolysis of the ester bonds present in polyesters.

Bioactive glass (BaG) is a group of inorganic materials which is well known for its bioactive properties. When implanted into a bone, BaG remodels to form hydroxy carbonate apatite, which is the chemical and structural equivalent of bone mineral. This leads to the formation of a bond with the bone. BaG has been compounded with synthetic and natural polymers or their combinations not only because of its bioactivity, but also for reinforcing purposes.<sup>17,18–20</sup> In this study we used BaG 1-98. The mechanical properties of BaG 1-98 has been studied and compared to other bioactive glasses.<sup>21</sup> The diameter of the fibers studied was 20–35  $\mu\text{m}$ . It was found that the tensile strength of the glass fibers 1-98 was about 2200 MPa, and it was the highest obtained in this study for bioactive glasses. However, the mechanical strength is lost fast, so that after immersion in Na-PBS for 2 h the mechanical strength of the fibers is only about 310 MPa. Bioactive glasses 1-98 and 13-93 have much in common in their compositions; however, the strength properties of BaG 1-98 are remarkably higher than for BaG 13-93 fiber (about 1350 MPa). Pirhonen et al. studied the tensile strength properties of BaG 9-93, and they found that the tensile strength glass fibers (diameter 20–40  $\mu\text{m}$ ) was 1625 MPa.<sup>22</sup> Average tensile strength of BaG 45S5 fibers (diameter 79  $\mu\text{m}$ ) has been reported to be about 340 MPa.<sup>23</sup>

The problem with many current biodegradable screws and plates is the lack of osteoconductive properties. Our attempt in the current study was to develop a material that can be osteoconductive and can be used to develop devices for reparative medicine (e.g., plates, screws, filling materials) and potentially for regenerative medicine (scaffolds). Practically, the aim of this study was to develop and characterize BaG fiber-reinforced SPCL composite. BaG 1-98 fibers were chosen to be used as reinforcing material because they have high initial mechanical strength and they also add bioactivity to the implant.<sup>24</sup> The properties of the composite were studied during the 6-week hydrolysis.

## MATERIALS AND METHODS

### Materials

SPCL (30/70 wt %) polymer (Novamont, Novara, Italy) was kindly donated by University of Minho, 3B's Research Group. It was a blend material in the form of small granules containing 70 wt % PCL and 30 wt % starch. Bioactive glass 1-98 (BaG) fibers (Tampere University of

Technology, Institute of Biomaterials) were used for reinforcement of the polymer (diameter, 31–43  $\mu\text{m}$ ). The composition and manufacturing of the BaG fibers is presented in previous studies.<sup>24</sup>

### Processing

The polymer was extruded into a thick sheet using a single-screw extruder Gimac Microextruder TR 12/24 B.V.O (Gimac di Maccagnan, Castronno, Italy) and a rectangular nozzle die (40 mm  $\times$  0.5 mm). The polymer was fed into the extruder using a feeding unit with nitrogen atmosphere. Processing temperatures in heating elements were 110–150°C. The thickness of the processed billet was 0.6 mm and the width was 30 mm. The billet was further cut to 10 mm  $\times$  50 mm  $\times$  0.6 mm pieces for the compression molding.

BaG fibers (diameter 31–43  $\mu\text{m}$ , length 250 mm) were bound together using SPCL-acetic acid solution before compression molding for ease of handling. First, the polymer was dissolved in to acetic acid to obtain a solution of 6 wt % of SPCL. Then about 3 g of the BaG fibers were laid unidirectionally into a Teflon mold (10 cm  $\times$  19 cm) and moistened with about 25 mL of polymer-solvent solution that was spread all over the fibers. The mold was left in the fume chamber until the next day. The larger membrane was removed from the mold and cut to pieces (10 mm  $\times$  50 mm). BaG membranes and SPCL sheets were compression molded to composite structures (NIKE Hydraulics ZB110, NIKE Hydraulics Ab, Eskilstuna, Sweden). Parameters used in processing the samples were as follows: temperature 90°C, pressure 10 MPa, and a heating time of 1.5 min after reaching the maximum temperature. Data about the manufactured specimens is presented in Table I.

### Characterization *In Vitro*

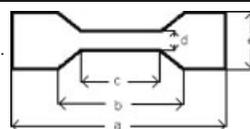
*In vitro* tests were performed using a phosphate buffered solution, containing NaOH (0.04 mol/L) and  $\text{KH}_2\text{PO}_4$  (0.05 mol/L). The pH of the solution was  $7.4 \pm 0.05$  and the incubation temperature was 37°C. *In vitro* studies were carried out in static conditions. The amount of buffer solution was about 30 times the weight of the sample, according to the standard ISO 15814:1999(E), and it was changed weekly.<sup>25</sup> For the samples tested for bending and shear strength, the amount of the buffer solution was 60 mL, and for the samples tested for tensile strength, the amount of the buffer solution was 30 mL. When changed, pH of the *in vitro* solution was measured. Measurements were done using Mettler Toledo MP125 pH meter (Mettler Toledo). There were six parallel samples at each time point, and the total incubation period was 6 weeks. Material characteristics were measured at follow-up points of 0, 2, 4, and 6 weeks.

**TABLE I. Names, Structures, Sizes, BaG Contents, Amount of Tested Samples, and Test Procedures Performed for Different Kinds of Samples Made from Extruded SPCL Sheets and BaG Membranes by Using Compression Molding As a Method**

Name	Structure	Size of the sample (mm) ( $w \times l \times t$ )	BaG content (wt %)	Amount of tested samples	Mechanical test procedure
6xSPCL		$10 \times 50 \times 3$	0	3	Bending
6xSPCL+5xBaG		$10 \times 50 \times 3.7$	$13 \pm 2$	3	Bending
6xSPCL		$8 \times 50 \times 3$	0	6	Shear
6xSPCL+5xBaG		$8 \times 50 \times 3.3$	$13 \pm 1$	6	Shear
3xSPCL		*Thickness, 1.4	0	6	Tensile
3xSPCL+2xBaG		*Thickness, 1.6	$10 \pm 1$	6	Tensile
3xSPCL+4xBaG		*Thickness, 1.8	$17 \pm 2$	6	Tensile
3xSPCL+6xBaG		*Thickness, 1.9	$21 \pm 3$	6	Tensile

Black lines indicate SPCL sheet and gray lines BaG membrane.

\* The test specimen was as follows:  $a = 45$  mm,  $b = 25$  mm,  $c = 20$  mm,  $d = 6$  mm,  $e = 10$  mm.



**Mass Changes.** Changes in mass of the 6xSPCL and 6xSPCL+5xBaG samples were followed during the hydrolysis. The measurements were made using Mettler Toledo AT261 DeltaRange<sup>®</sup> precision scales (Mettler Toledo). The initial mass of the samples was measured prior to incubation. Immediately upon removal from the incubation solution, the wet mass of the specimens was measured. The specimens were then dried in a fume chamber for at least 72 h and then in the vacuum chamber at room temperature for 24 h. Subsequently, the dry mass of the samples was measured. Three parallel samples from both series (6xSPCL and 6xSPCL+5xBaG) were measured at each time point.

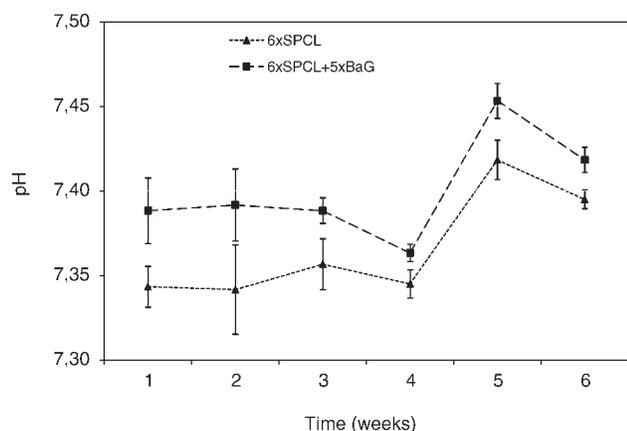
**Mechanical Properties.** The mechanical properties of the specimens were followed during the hydrolysis by means of shear, bending, and tensile tests. Tests were performed using Instron 4411 material testing machine (Instron, High Wycombe, England). Sample types, sizes, glass contents in the samples, and the amounts of tested pieces are shown in Table I.

Shear strength was determined by modifying the standard BS 2782,<sup>26</sup> the size of the tested samples was different than in the standard. The shear strength of each piece was calculated as follows:

$$S = \frac{F}{BT} \quad (1)$$

where  $S$  is the shear strength (in MPa),  $F$  is the force (in N) at fracture,  $B$  is the mean width (in mm) of the test piece, and  $T$  is the mean thickness (in mm) of the test piece. Shear tests were performed using 5 kN cell. The crosshead speed was 10 mm/min. Shear strength was tested perpendicular to the glass fibers.

Bending strength and strain at maximum load were determined by modifying the standard SFS-EN ISO 178.<sup>27</sup> The size of the tested samples was not as it is recommended in the standard, and that is why the test set up was modified also by means of the radius of the testing parts loading nose and the radius of the edges of the supports and the distance between the edges of the supports. In addi-



**Figure 1.** Changes in pH during 6 weeks hydrolysis in samples with and without BaG.

tion, there were only three parallel samples. The radius of the testing parts loading nose was 5 mm, and the radius of the edges of the supports was 1.5 mm. The distance between the edges of the supports was 32 mm. Bending tests were performed using 500 N cell. Speed of testing was 10 mm/min. Bending strength was tested perpendicular to the glass fibers.

The test for determining the ultimate tensile strength and the strain at maximum load was done according to the standard SFS-EN ISO 527-1.<sup>28</sup> Tensile strength was measured by drawing the sample at a constant speed parallel to the glass fibers and measuring the strength resisting the strain until the sample broke or elongated for 30 mm. The cell used in tensile tests was 5 kN, and the crosshead speed was 20 mm/min. The gauge length was 20 mm and the grip distance 25 mm.

**BaG Amount in the Composites.** The actual amount of glass fiber in the composites was measured by utilizing the combustion test modified from standard ISO 1172.<sup>29</sup> The actual amount of glass in the composites can be calculated using following Eq. (2)

$$P = \frac{m_3 - m_1}{m_2 - m_1} \times 100 \quad (2)$$

where  $m_1$  is the weight of the crucible,  $m_2$  is the weight of the crucible and specimen, and  $m_3$  is the weight of the crucible and inorganic fraction. Standard ISO 1172 was modified because the initial mass of the samples was not enough (standard requires at least 2 g) and because there were only three parallel samples when studying bending tested samples (the standard requires at least four samples). The glass amount was determined for all mechanically tested samples (contents given as averages).

## RESULTS

### Processing

It was possible to utilize extrusion as processing method for SPCL to produce sheet. Solvent casting using acetic

acid as a solvent for SPCL was feasible when manufacturing the BaG membranes. By using compression molding, it was easy to manufacture the final composites, although the process was quite slow.

### Changes in pH

The change in the pH of the buffer solution during the degradation test indicates the effect of BaG when compared to pure SPCL. The results are presented in Figure 1. In the samples containing bioactive glass, the pH remained at 7.39 for the first 3 weeks, while the pH of the samples without BaG was about 7.35. There was a small drop for both samples at the 4 weeks *in vitro* but at 5 weeks the pH increased about 0.1 U. Then at the 6 weeks, the pH of both samples again decreased about 0.05 U. It seems that the pH of the samples containing BaG was about 0.05 U higher after the 6 weeks in hydrolysis than the pH of the samples containing only SPCL. However, the difference was not remarkable.

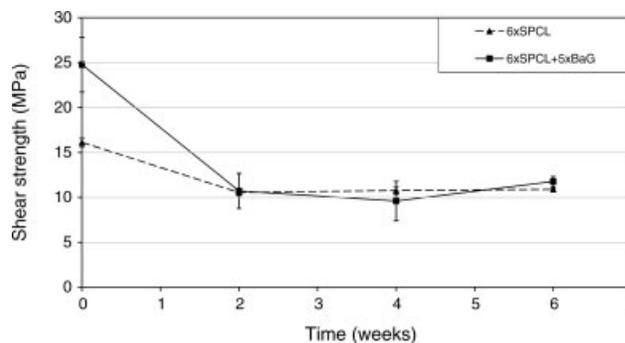
### Mass Change

There were no major differences between the plain samples or composites. After 2 weeks hydrolysis, the wet mass was about 10% higher than the dry mass of the samples and this remained same for the 6 weeks of hydrolysis. The dry mass of the samples decreased about 5% from the initial after 2 weeks in hydrolysis and remained the same for the rest of the hydrolysis.

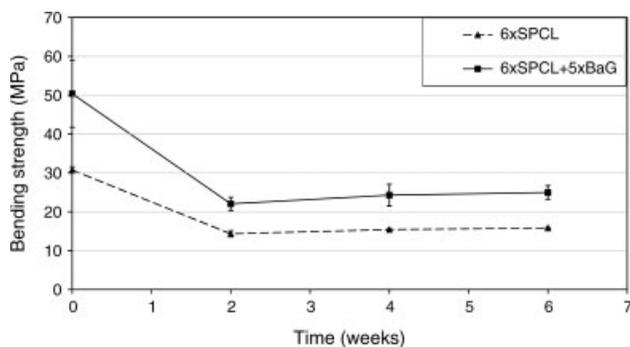
### Changes in Mechanical Properties

Results from shear strength tests are presented in Figure 2. The initial shear strength of the BaG fiber reinforced composites (25 MPa) was about 56% higher than the shear strength of the samples without the BaG fibers (16 MPa). However, after 2 weeks of hydrolysis, the shear strength of both types of sample was about the same (10 MPa) and this continued for the 6 weeks hydrolysis.

Changes in bending strengths are presented in Figure 3. The initial bending strength of the BaG fiber reinforced composites (50 MPa) was about 66% higher than that of



**Figure 2.** Changes in shear strength *in vitro* for 6xSPCL+5xBaG and 6xSPCL series.



**Figure 3.** Changes in bending strength *in vitro* for 6xSPCL+5xBaG and 6xSPCL series.

the polymer blend samples (30 MPa). After 2 weeks of hydrolysis, the bending strength of both types of samples had decreased being 15 MPa for 6xSPCL and 24 MPa for 6xSPCL+5xBaG. Strain at maximum load increased slightly during hydrolysis for both series; more with the composite series. For the series 6xSPCL, the strain was first at 0.1 mm/mm and it increased to 0.14 mm/mm. The initial strain for the series 6xSPCL+5xBaG was 0.05 mm/mm and increased to 0.15 mm/mm.

Results from tensile strength tests are presented in Figure 4. Initial tensile strength was highest for the series that contained the smallest amount of BaG fibers (26 MPa) and lowest for the series without reinforcement (17 MPa). After 2 weeks of hydrolysis of the series reinforced with BaG fibers, tensile strengths were almost equal (10–14 MPa) and this behavior remained the same for the rest of the hydrolysis.

#### BaG Content

Initial amounts of BaG in different composites are presented in Table I. Within the hydrolysis, there were some changes in the amount of BaG in the samples, which, however, remained within variation.

### DISCUSSION

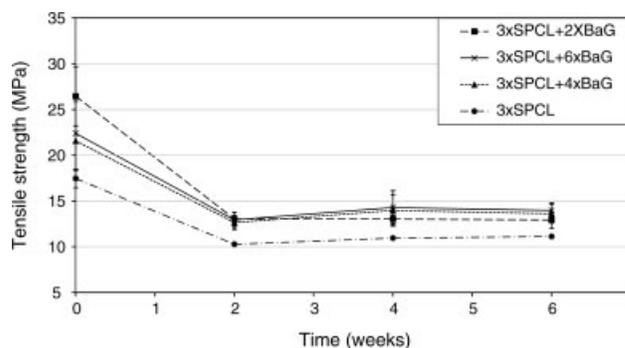
Polymers blended with starch have been studied for different bone applications<sup>2,4,8,12–15,30</sup>. Blending with starch may have an effect on degradation time and on mechanical properties of the resulting blends. Starch is a polysaccharide and due to its heteropolymeric nature (macromolecular backbone containing oxygen atoms), it is expected that biodegradation mediated by enzymes may occur as in the case of chitosan.<sup>31</sup> However, more studies are needed to investigate the degradation of starch-based polymers *in vivo*.

pH changes during the hydrolysis were quite small for both kinds of samples, and pH varied between 7.35 and 7.45 during the 6 weeks hydrolysis. But, still through the 6 weeks period of hydrolysis the samples with BaG had higher pH. This behavior has also been seen in other studies where BaG and biodegradable polymer has been com-

pounded,<sup>19</sup> and it is possibly due to the surface reactions of BaG, which occur from the contact with buffer solution.<sup>32</sup> The pH of the 6xSPCL series was slightly lower than the initial pH of the buffer solution for the first 4 weeks. This is due to the degradation of PCL, which usually begins with random hydrolytic break of the ester linkages autocatalyzed by the acidic carboxyl end groups, decreasing the pH of the solution.<sup>33</sup> However, the changes during the hydrolysis were small and the pH was near the physiological pH (7.4). BaG seemed to neutralize the acidic effect of PCL degradation products.

There were no major mass changes of the samples during the hydrolysis. Weight loss was similar for both kinds (6xSPCL, 6xSPCL+5xBaG) of samples. Usually, the degradation of PCL starts with the continuous decrease in the molar mass, but there is no weight loss during the first stage of the degradation.<sup>33</sup> Because of quite short hydrolysis study, it may be that the degradation had not yet proceeded to the second stage, where the decrease of mass is faster. Molar mass was not followed up during this study. Water absorbing ability of both kinds of samples was quite similar.

It was possible to obtain at least 50% higher initial mechanical properties for the compression-molded SPCL samples by using BaG fiber reinforcement. However, after 2 weeks in hydrolysis, the strengths were quite close to nonreinforced controls and they were lower than the strength of bone (e.g., the shear strength of cancellous bone is 1–21.4 MPa<sup>34</sup>). It can be assumed that the matrix carries most of the load and BaG did not reinforce after 2 weeks in hydrolysis. When BaG amount was determined using burning test, the results showed that it did not change during the 6-week hydrolysis. It should be noted that some amount of BaG might have been remodeled to hydroxyapatite (HA) precipitation, which was not determined during this study. However, it can be assumed that the mechanical properties of the fibers have changed, so that they do not have enough mechanical strength to carry almost any load. Probably, the amount of BaG (or HA precipitation) remained the same during the hydrolysis, because it was between the polymer layers where it was difficult to escape. Mechanical properties of the composites were not



**Figure 4.** Changes in tensile strength *in vitro* for 3xSPCL, 3xSPCL+2xBaG, 3xSPCL+4xBaG, and for 3xSPCL+6xBaG series.

found to be adequate for bone fracture fixation applications. Although the initial strength of the composites was higher than the strength of bone, for bone fixation applications, longer lasting and higher mechanical properties are needed. Higher strengths have also been achieved for rods made from polyglycolide or poly-L-lactide, which are commonly used materials for bone fixation implants.<sup>34,35</sup>

## CONCLUSIONS

BaG fiber-reinforced composites were manufactured by using compression molding from extruded SPCL billet and BaG fiber sheet. Nonreinforced samples were used as reference. It was possible to obtain at least 50% higher initial mechanical properties by reinforcing the samples with BaG fibers. However, mechanical properties decreased to same level as non-reinforced controls after 2 weeks in hydrolysis. During the 6-week hydrolysis, the mass of both kinds of samples, reinforced with BaG and non-reinforced, decreased only about 5%. The amount of BaG in the composites remained the same for the 6-week period in hydrolysis, thus mechanical properties of the BaG fibers had changed dramatically.

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