Measurement of epidermal moisture content by magnetic resonance imaging: assessment of a hydration cream

Submitted by Florence Franconi on Tue, 12/02/2014 - 14:11

Titre: Measurement of epidermal moisture content by magnetic resonance imaging: assessment of a hydration cream

Type de publication: Article de revue

Auteur: Franconi, Florence [1], Akoka, S [2], Guesnet, J [3], Baret, J M [4], Dersigny, D [5], Breda, B [6], Muller, C [7], Beau, P [8]

Editeur: Wiley

Type: Article scientifique dans une revue à comité de lecture

Année: 1995

Langue: Anglais

Date: 1995 Jun

Pagination: 913-7

Volume: 132

Titre de la revue: British Journal of Dermatology

ISSN: 0007-0963

Mots-clés: Administration, Cutaneous [9], Adult [10], Body Water [11], Cosmetics [12], Humans [13], Magnetic Resonance Imaging [14], Skin [15], Wrist [16]

Résumé en anglais: The moisture content of the epidermis was measured by magnetic resonance imaging (MRI), using transverse relaxation time. The spatial resolution was 86 microns, allowing a quantitative, accurate and localized determination of variations in epidermal hydration. The wrists of 15 volunteers were studied before and after application of a hydration cream. Results showed an increase of 15% of epidermal T2 after application of the cream. Moisture content curves varied according to different degrees of skin dryness. This study demonstrates that MRI is a useful tool in evaluation of epidermal hydration.

URL de la notice: http://okina.univ-angers.fr/publications/ua5711 [17]


Identifiant (ID) PubMed: 7662569 [18]

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Publié sur *Okina* (http://okina.univ-angers.fr)