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<th><strong>Titre</strong></th>
<th>Five-year follow-up after biliopancreatic diversion with duodenal switch</th>
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<td><strong>Auteur</strong></td>
<td>Topart, Philippe [1], Bécouarn, Guillaume [2], Sallé, Agnès [3]</td>
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<tr>
<td><strong>Editeur</strong></td>
<td>Elsevier</td>
</tr>
<tr>
<td><strong>Type de publication</strong></td>
<td>Article de revue</td>
</tr>
<tr>
<td><strong>Année</strong></td>
<td>2011</td>
</tr>
<tr>
<td><strong>Langue</strong></td>
<td>Anglais</td>
</tr>
<tr>
<td><strong>Date</strong></td>
<td>2011</td>
</tr>
<tr>
<td><strong>Numéro</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>Pagination</strong></td>
<td>199 - 205</td>
</tr>
<tr>
<td><strong>Volume</strong></td>
<td>7</td>
</tr>
<tr>
<td><strong>Titre de la revue</strong></td>
<td>Surgery for Obesity and Related Diseases</td>
</tr>
<tr>
<td><strong>ISSN</strong></td>
<td>1878-7533</td>
</tr>
<tr>
<td><strong>Mots-clés</strong></td>
<td>Adult [4], Biliopancreatic Diversion/methods [5], Body Mass Index [6], Duodenum/surgery [7], Female [8], Follow-Up Studies [9], Humans [10], Male [11], Obesity, Morbid/surgery [12], Retrospective Studies [13], Time Factors [14], Treatment Outcome [15], Weight Loss [16]</td>
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BACKGROUND: Only limited data are available for assessing the medium and long-term outcomes after bariatric surgery. We report our own long-term results after biliopancreatic diversion with duodenal switch (BPD-DS).

METHODS: The data from 51 patients with a theoretical >/=5-year follow-up were reviewed after BPD-DS performed from February 2002 to October 2004. The patients were assessed every 3 months during their first postoperative year, every 6 months during the second year, and annually thereafter. RESULTS: The preoperative body mass index (BMI) was 47 +/- 6.1 kg/m(2). The first 23 patients had undergone open BPD-DS. The same procedure was used (150-mL sleeve, 150-cm alimentary limb, and 100-cm common channel) for the 28 laparoscopic BPD-DS procedures, although 15 patients underwent conversion to laparotomy at the beginning of our experience. No patients died postoperatively. Of the 51 patients, 7 were not available for follow-up: 2 patients had died 9 months after BPD-DS (1 of myocardial infarction and 1 after ventral hernia repair), 1 underwent reversal, 1 refused follow-up after a complicated postoperative course, and contact was lost with 3 patients (7.8% lost to follow-up).

The 5-year BMI was 31 +/- 4.5 kg/m(2), with a mean excess weight loss of 71.9% +/- 20.6%. Of the 44 patients, 7 (15.9%) had an excess weight loss of <50%; 4 of these unsatisfactory results occurred after revision BPD-DS. After primary BPD-DS, excess weight loss of 75.8% +/- 18.0% was observed. Biologic data were obtained for 85% of the patients at 5 years. The main vitamin and micronutrients parameters remained stable over time. However, a trend was seen toward an increase in the parathormone levels and difficulties in maintaining a normal vitamin D level despite updated vitamin supplementation.

CONCLUSION: The results of our study have shown that BPD-DS achieves sustainable significant weight loss with >5 years of follow-up, with unsatisfactory results in <20% of cases. Although not statistically significant, revision surgery more often resulted in lesser weight loss, although this difference had almost vanished when the initial BMI was taken as a reference compared with the BMI before BPD-DS.

URL de la notice  http://okina.univ-angers.fr/publications/ua8252 [17]

DOI  10.1016/j.soard.2010.10.017 [18]

Lien vers le document  http://dx.doi.org/10.1016/j.soard.2010.10.017 [18]

Titre abrégé  Surg Obes Relat Dis

Liens

(17) http://okina.univ-angers.fr/publications/ua8252
(18) http://dx.doi.org/10.1016/j.soard.2010.10.017

Publié sur Okina (http://okina.univ-angers.fr)