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**Identifying the Information for the Visual Perception of Relative Phase.**

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## Abstract

The production and perception of coordinated rhythmic movement is very specifically structured.  $0^\circ$  mean relative phase is stable to produce and perceive;  $180^\circ$  is less stable; and no other state is stable without training. It has been hypothesized that perceptual stability characteristics underpin the movement stability characteristics, which has led to the development of a phase-driven oscillator model (e.g. Bingham, 2004a, 2004b). The present study used a novel perturbation method to explore the identity of the perceptual information being used in rhythmic movement tasks. The three conditions selectively perturbed relative position, relative speed, and frequency (variables motivated by the model). 10 participants performed a judgment task to identify  $0^\circ$  or  $180^\circ$  under these perturbation conditions, while 8 participants who had been trained to visually discriminate  $90^\circ$  performed the task with perturbed  $90^\circ$  displays. Discrimination of  $0^\circ$  and  $180^\circ$  was unperturbed in 7 out of the 10 participants but discrimination of  $90^\circ$  was completely disrupted by the position perturbation and made noisy by the frequency perturbation. We concluded that 1) the information used by most observers to perceive relative phase at  $0^\circ$  and  $180^\circ$  was relative direction and 2) becoming an expert perceiver of  $90^\circ$  entails learning a new variable composed of position and speed.

Coordinated rhythmic movement is organized in a highly characteristic fashion (described by Haken, Kelso & Bunz, 1985 with the so-called ‘HKB Model’);  $0^\circ$  mean relative phase (two oscillators doing the same thing at the same time) and  $180^\circ$  (two oscillators doing the opposite thing at the same time) are the only two stable modes, with  $0^\circ$  more stable than  $180^\circ$  (as frequency is increased there is a tendency to transition from  $180^\circ$  to  $0^\circ$  but never the other way).  $90^\circ$  (halfway between  $0^\circ$  and  $180^\circ$ ) is maximally unstable, although it can be learned (e.g. Zanone & Kelso, 1992a). The issue at hand is why this class of movement should be organized the way that it is; the hypothesis is that this organization is rooted in the perceptual information used to perform the task. This hypothesis is based on observations that the phenomena persist when the coupling is between people (Schmidt, Carello & Turvey, 1990; Temprado, Swinnen, Carson, Tourment & Laurent, 2003) or between a person and a display (Buekers, Bogaerts, Swinnen & Helsen, 2000; Wilson, Collins & Bingham, 2005a; Wimmers, Beek & van Wieringen, 1992). This and other research inspired a perception-action model (Bingham, 2001, 2004a, 2004b) which describes a task dynamic for the production of coordinated rhythmic movement that is comprised of both action and information components. The model makes predictions about the identity of the informational component that causes the movement pattern, and the current study is a detailed psychophysical test of these predictions.

There have been two streams of research investigating the hypothesis that the coordinated rhythmic movement pattern has a perceptual basis. The first stream entailed participants making judgments about coordinated rhythmic movements, presented either visually (Bingham, Schmidt & Zaal, 1999; Bingham, Zaal, Shull & Collins, 2000; Zaal, Bingham & Schmidt, 2000; Bingham 2004b) or proprioceptively (Wilson, Bingham & Craig, 2003). The judgment data mirrored the movement pattern – judgments of  $90^\circ$  are highly variable,  $180^\circ$

less so and  $0^\circ$  hardly at all. This suggested that the pattern emerges in movement as a result of how well information about the conditions is detected. The second stream tested this by manipulating the perceptual feedback used to control a coordinated movement and measuring how movement stability changes in response (Bogaerts, Buekers, Zaal, & Swinnen (2003); Mechsner, Kerzel, Knoblich & Prinz, 2001; Wilson, Collins & Bingham, 2005a). Movement stability varied as a function of the relative phase of the feedback, rather than the relative phase of the movement. Non- $0^\circ$  movements are therefore not intrinsically unstable - if the participant can readily discriminate the information used to perform the task, then this stable perception allows for stable movement. These experimental manipulations suggest that movement stability is largely a function of perceptual stability<sup>1</sup>. The question remains - what is the identity of the perceptual information being used?

Bingham (2004b) reported a series of studies that identified the characteristics of the information. First, participants judged phase variability at five mean relative phases, each with four levels of added phase variability (from  $0^\circ$  to  $15^\circ$  phase SD), at three frequencies. Phase variability was only clearly discriminated at  $0^\circ$ , and what discrimination there was at  $180^\circ$  disappeared with an increase in frequency. Non- $0^\circ$  relative phases were judged to be intrinsically variable,  $90^\circ$  maximally so (see also Bingham et al, 2001). A second experiment placed the added variability at different locations along the spatial trajectory of the displays (aligned with peak velocity, peak amplitude, both peak velocity and peak amplitude, or distributed throughout the trajectory). Variability was detected identically at all points for  $0^\circ$ ; at  $180^\circ$ , variability was still detected at all points in the trajectory, but not equally (detection was poor at peak velocity). Bingham (2004a) concluded that relative speed functioned as a noise term, affecting the subject's ability to resolve the underlying information. He also

concluded that the information itself was present at all points in the trajectory and that under these conditions phase perception could therefore be *continuous*.

Based on these results, Bingham (2001, 2004a, b) proposed a perception-action, dynamical systems model of coordinated rhythmic movement, in which two non-linearly damped mass-spring oscillators are coordinated via a perceptual coupling function – each mass-spring is driven by the perceived phase of the other mass-spring, modified by perceived relative phase. Constrained by the empirical data described above, the model predicted that the information for perceived relative phase is the *relative direction of motion* of the two oscillators, the detection of which is modulated by *relative speed*. These are simply the two elements (direction and magnitude, respectively) of the vector quantity *relative velocity*, the first temporal derivative of relative position. This predicts the characteristic phenomena -  $0^\circ$  and  $180^\circ$  are distinctive because they are the mean relative phases at which the relative directions are always the same ( $0^\circ$ ) or always different ( $180^\circ$ ).  $90^\circ$  is the point at which the relative direction is the same half the time, and different the other half of the time, i.e. maximally variable.  $0^\circ$  is stable because the relative speed is zero, and the relative directions (which are consistent, and consistently the same) are therefore easily resolved;  $180^\circ$  is less stable because the relative speed ranges from zero to maximally different, and the relative directions (which are still consistent but now consistently different) are therefore more difficult to discriminate (because of the non-zero relative speeds). Relative direction is hardest to detect at  $90^\circ$  because it is maximally variable, and also because relative speed is always non-zero.

A crucial role for relative direction has been implicit in other research for some time. Wimmers et al (1992) showed that when the movements to be coordinated were orthogonal to each other, performance was uniformly less stable but with no tendency to transition from

180° to 0°. They tested both possible mappings (the top of a vertically moving signal corresponded on different trials to either the left or the right of a horizontal limb movement), and found no difference, nor any preference for in-phase (e.g. top/left or top/right) movement. It is technically possible to talk about a relative phase between two orthogonally moving oscillators, but this empirical result (and indeed, the existence of two mappings) shows that the mapping is arbitrary - left can equally map to top or bottom. Relative *phase* is only unambiguously defined when the oscillators are moving in parallel to one another (or with significant parallel components of motion). This, by hypothesis, is because relative *direction* is only defined in these cases.

More direct evidence comes from Bogaerts et al (2003). They had people performing cyclical drawing movements with both hands, and the movements were either parallel or orthogonal to each other. Orthogonal movements were again (as in Wimmers et al) less stable than parallel movements. When visual feedback of the task was altered so that the orthogonal movements produced parallel motion on a monitor, the orthogonal movements were stabilized. The biggest improvement was seen when moving orthogonally/anti-phase while viewing transformed feedback depicting parallel anti-phase motion. The authors cite this as demonstrating how important the parallel component of motion is to forming a clearly perceived (“perceptually coherent”) form, which can then be used to produce stable coordinated movements. The fact that parallel motion was more important than isodirectional motion in stabilizing movement suggests that parallel motion is a prerequisite for movement coordination – relative direction must be definable for the perception-action system to begin coordination. Wilson, Collins and Bingham (2005b) found that tracking a linear (side-to-side) motion with a circular action was qualitatively the same as tracking it with a linear action. The circular motion adds an orthogonal component (top-to-bottom) to



the participants' movement that had no phase specific effects on movement stability, suggesting the relative phase between that component and the side-to-side motion being tracked was not influencing the stability of the coordination. Relative speed is still defined across orthogonal motions; the additional component therefore added noise to the task, but uniformly at all mean relative phases.

The hypothesis that relative direction is the information used to detect relative phase also predicts numerous characteristics of rhythmic movement coordination. First, it predicts the basic movement phenomena. Second, it is a variable that both vision and proprioception can detect, which accounts for the replication of the judgment results in these two modalities (e.g. Zaal et al, 2000, and Wilson et al, 2003). Third, it also predicts the transfer of learning seen in Zanone and Kelso (1992a, 1992b, 1997). Learning at  $90^\circ$  only transferred to the so-called 'symmetry partner' of  $270^\circ$ , which is so-called because relative direction is the same half the time and different half the time in both cases, (ignoring which oscillator leads and which follows). Similarly, learning at  $135^\circ$  generalized only to its symmetry partner,  $225^\circ$ . From the current perspective, learning does not transfer, per se, from  $90^\circ$  to  $270^\circ$ , or from  $135^\circ$  to  $225^\circ$ ; rather, as far as relative direction is concerned, the symmetry partners are identical coordinations. Fourth, relative direction being the information also allows for the fact that learning generalizes across limbs (Kelso & Zanone, 2002) - learning has nothing to do with the oscillator per se (whether it's an arm or a leg) but only with the motion of the oscillator. Finally, relative direction unifies the results from Fontaine, Lee and Swinnen (1997) and Wenderoth et al (2002) with the rest of the learning literature. These both found (contra Zanone & Kelso, 1994) that relative phases close to  $0^\circ$  (e.g.  $30^\circ$ ) were easier to learn than relative phases close to  $180^\circ$  (e.g.  $150^\circ$ ). Perception of relative direction, conditioned on relative speed, predicts that the region around  $0^\circ$  should be very clearly and finely resolved.

30° will, perceptually, be much more distinct from 0° than 150° is from 180°, making it easier to learn. Also, learning rate varied inversely with proportion of time the oscillators spent moving in the same direction in Wenderoth et al; in other words, the easier you can detect the information the easier it is to learn it. Overall, the circumstantial case for what information is used is strong, but it is still circumstantial. The current experiments were therefore designed to explicitly test what information underpins judgments of coordinated rhythmic movement. To do this, we employed a *perturbation method*.

*Perturbation Methods:* The phase driven oscillator model is a dynamical system that contains both perceptual and motor components. A common way to explore such a system is the *perturbation* experiment. These are premised on the idea that a given perception-action task uses specific informational and motor components, and explicitly does not use others. Formation of a stable perception-action system requires that the relevant components become temporarily functionally ‘walled off’ from other components. This softly-assembled ‘task specific device’ (Bingham, 1988) becomes relatively impervious to irrelevant distractions, allowing the behavior in question to be accomplished stably and reliably for the duration of the task. Perturbing an information variable that the system is currently ignoring will therefore have little or no effect on the behavior, while perturbing a variable required for the task will interfere with the performance of the task, in a manner specific to the role that variable plays. A good example of the former entailment is found in Mechsner and Knoblich (2004). They made the fingers being coordinated more visually salient by adding colored cuffs to the fingers, but this manipulation had no effect whatsoever on movement stability. Color is an example of an information variable to which the coordinated rhythmic movement task specific device is insensitive – it is functionally irrelevant to the task and hence performance was impervious to the manipulation.

An advantage of the perturbation design is that the task can be performed under ‘full-cue’ conditions, fully representative of the task of interest. Presenting candidate information variables in isolation and measuring thresholds would not be informative about how these are used in the overall task dynamic of coordinated rhythmic movement. Presenting a rhythmic display in which all the information is present but one aspect has been selectively perturbed allows us to investigate whether a variable is even used in the task and if so, how (i.e. this method provides a measure of both the *composition* and *organization* of the dynamic).

The current experiment was designed to systematically perturb the various possible information variables that might be part of the coordinated rhythmic movement dynamic, and we used the predictions of the phase driven model to generate both candidate variables and the predicted consequences of perturbing them. First, the model simulates judgments of mean relative phase by integrating the relative direction term over time. Relative phase is therefore specified by the proportion of time the oscillators spend moving in the same or opposite directions. In pilot work we attempted to perturb this relative direction behavior independently of mean relative phase) in two different ways (using a sinusoidal and a square wave spatial path for the dots). Both attempts failed. The sinusoidal displays produced a motion which could be (and clearly was) decomposed by the visual system into the two component sinusoids (c.f. Johansson, 1950) nullifying the perturbation. The square waves allowed us to simulate the behavior of relative direction for a given relative phase, but the dots were not, in fact, moving at that relative phase and the judgment task became nonsensical. By the nature of the task domain, it is impossible to perturb relative direction independently of relative phase – the latter is defined by the former.

We therefore had to proceed by a process of elimination. While the role of relative direction is clear, there are two other aspects of the dots' motion that people could, in principle, be using to perceive relative phase – *relative position*, and *relative speed*.

First, it is quite plausible that relative phase perception entails perception of the phases of each individual oscillator and a computation of the difference between them. Phase is computed as an angle in the phase plane (a plot of position on the  $x$  axis and speed on the  $y$  axis). The origin of a given phase plane is defined by the location and value of peak speed, and this origin defines the frame of reference required to identify the phase of a movement of given amplitude and frequency. Perceptually, phase is a location along the trajectory form (Muchisky & Bingham, 2002; Wickelgren & Bingham, 2001, 2004, in press). This location is specified in the phase driven model by the current relative proportion of the peak speed. To test whether phase underpins judgments of relative phase, we perturbed both the value and the location of the peak speed, i.e. we perturbed the reference frame. This was done independently of relative direction, and therefore the model predicts that this perturbation should have no effect on judgments of relative phase.

We perturbed the entire reference frame by randomly altering amplitude on each half cycle of motion (*Perturb Position* condition). The amplitude on one half-cycle was no longer informative about the amplitude of the next half-cycle, and therefore neither (1) the location nor (2) the value of the peak speed was specified before the peak was actually achieved and passed. The origin of the phase plane and hence the reference frame were therefore not specified and there is no stable information for phase, besides relative direction. See Figure 1, left column for a phase portrait of a perturbed dot and a time series of two dots moving at  $90^\circ$  mean relative phase under this perturbation.

Next, to control for having perturbed two aspects of the peak speed in the position perturbation, we next perturbed only its value and not its position. We perturbed frequency by varying it over the course of a trial (*Perturb Frequency* – refer to Figure 1, centre column, which shows a phase portrait of a perturbed dot and a time series of two dots moving at  $90^\circ$  under this perturbation). The effect of this manipulation was to alter the value of the peak speed on each half cycle, but not the location at which it was achieved. In this case, observers would be able to see that they were halfway from the endpoint of movement to the peak speed, and thus be better able to perceive the locus along the trajectory before the peak was actually reached. Nevertheless, the continuous variation in the frequency (and thus in the speed) would make the detection of the locus less reliable, i.e. noisy.

The second possible source of information about relative phase is the relative speed profile (the pattern of change in the speed difference between the oscillators over the course of a cycle). Different mean relative phases do indeed show different relative speed profiles, and so, in principle, relative phase can be specified by relative speed. However, these profiles only specify relative phase for a specific pair of amplitudes. If the two dots in the display are moving at different amplitudes, then the relative speed profile at  $0^\circ$  could now be identical to that of movement at (for instance)  $180^\circ$  with equal amplitudes. It seems unlikely that a subject would rate  $0^\circ$  motion to be  $180^\circ$  motion under such circumstances, and having to account for amplitude in this fashion makes relative speed highly unstable information about relative phase. In addition, psychophysical evidence described above (Bingham, 2004b) suggests that relative speed is not the information, but instead makes the detection of the information harder. The model therefore predicts that the speed difference is only a noise term. We tested this by increasing the amplitude of one of the dot's motion, thereby

increasing the magnitude of the relative speed difference (*Perturb Speed* – refer to Figure 1, right column, for a phase portrait and time series of two dots moving at 90° under this perturbation).

We carried out these experiments on two different groups. The first experiment was designed to systematically test the model predictions. Participants were shown pairs of perturbed displays, one of which was the target phase (0° or 180°) and one of which was different by some amount, and told to identify which was 0° (or 180°). The model predicted that all three perturbation conditions would only add noise to performance because none of the conditions affected relative direction. The second experiment took this paradigm and used it to identify the information participants had learned to use in a separate experiment in which they become experts at discriminating 90° (Wilson & Bingham, submitted). Recall that learning to move at 90° only generalizes to the symmetry partner 270° (Zanone & Kelso, 1992a, b, 1997). This encapsulation suggested that learning 90° entails learning to use a novel informational variable, rather than simply getting better at using the variable that was previously poorly detected. If it was the latter, this improved discrimination would be expected to improve performance at 0° and 180° and it doesn't. We therefore predicted that at least one of the perturbations motivated by the model (Position, Frequency or Speed) would completely disrupt their performance, implicating that variable.

## Experiment 1: Perturb 0° and 180°

### Methods

#### *Participants:*

10 participants from Indiana University (8 male, 2 female) aged 22 to 53 took part and were paid \$10 per hour. The experiment was approved by the local IRB and was carried out in accordance with the Declaration of Helsinki.

### *Apparatus & Design:*

Displays were presented using a Dell Optiplex computer and controlled by custom C++ libraries. The monitor was set to a 1024x768 pixel resolution with a 60Hz refresh rate. Viewing distance was not restricted but the participants all sat approximately 40-50cm from the monitor. Participants were free to move their eyes as well.

Participants were tested on three types of Perturbation (Position, Speed, Frequency) at two mean relative phases ( $0^\circ$ ,  $180^\circ$ ), as well as being tested with unperturbed  $180^\circ$  displays. Each condition was run as a block, and participants did all 7 conditions in a single session.

We did not collect data from these participants in a Baseline  $0^\circ$  task – the task is trivially easy because (in the unperturbed displays) it becomes a judgment of rigid vs. non-rigid motion (which people are very good at: Braunstein, Hoffman, & Pollick, 1990) rather than identification of a relative phase. We tested 4 participants on this task as a control study to confirm this prediction, and all 4 were able to flawlessly pick  $0^\circ$  - debriefing suggested that participants were all using rigidity to make the judgment.

### *Procedure*

*Choose  $0^\circ/180^\circ$ :* The Choose  $0^\circ$  and Choose  $180^\circ$  tasks were presented in separate blocks, but shared the same design. Each trial consisted of a pair of successively presented stimuli (two dots moving harmonically on the screen at some mean relative phase, amplitude 300

pixels, for 4s at 1Hz). One of each pair showed two dots moving at  $0^\circ$  (or  $180^\circ$ ) and the other was either the same or different. The task was 2-alternative forced choice (2AFC) – participants had to identify which display in the pair was  $0^\circ$  (Choose  $0^\circ$  task) or  $180^\circ$  (Choose  $180^\circ$  task). They responded ‘first’ by pressing the ‘A’ key, ‘second’ by pressing ‘L’ – there was no time constraint and reaction time was not measured. The ‘same’ trials were catch trials and were there to provide a measure of response bias. Four ‘different’ locations were tested (two less than  $0^\circ/180^\circ$ , two greater), and  $0^\circ/180^\circ$  was either the first or second display (50:50 split) – there were therefore 9 different trial types (4 different locations x 2 orders, plus the catch trial). Choose  $0^\circ$  involved discriminations between  $0^\circ$  and  $330^\circ$ ,  $345^\circ$ ,  $15^\circ$  and  $30^\circ$ . Choose  $180^\circ$  involved discriminations between  $180^\circ$  and  $150^\circ$ ,  $165^\circ$ ,  $195^\circ$ , and  $210^\circ$ . These sets were chosen based on pilot work to be hard but not at the limit of performance. Participants were presented with 5 blocks of each task. Each block contained one of each trial type, with display order randomized within block. There was no feedback given during these trials; there was, however, a brief practice session that gave examples of  $0^\circ$  and  $180^\circ$  as well as four practice trials of the 2AFC task, with feedback.

### *Displays*

Insert Figure 1 about here

*1. Perturb Position (Figure 1, left):* Perception of relative phase may depend on the detection of the relative positions of the two oscillators within their respective cycles. A stable frame of reference is essential to specify position with the cycle. Peak speed occurs at the midpoint of each half cycle and this origin defines such a stable frame of reference. Without constant amplitude, the location of the midpoint of the half-cycle and thus the reference frame keeps changing. An observer would be unable to detect the relative position and thus be unable to



detect where along the trajectory form they are (until peak speed actually occurs). The trajectories were therefore perturbed by randomly changing the amplitude of the dots from half-cycle to half cycle (where a half-cycle is defined as the dot moving from one side of the screen to the other). On the phase plane, this is equivalent to the dots moving from one circle to another every half cycle.

If the amplitudes of the two dots remain identical (i.e. if they change by the same amount each half-cycle) they remain moving in lockstep. The position of the mid-point is successfully perturbed, but at non-0° relative phases there would be two opportunities to detect it, one for each dot. The amplitude of the bottom dot was therefore set to be half the amplitude of the top dot, which meant that the position of the mid-point was always different for the two dots.

Participants performed the Choose 0° and Choose 180° task with displays perturbed in this fashion. The model predicts that because this perturbation does nothing to relative direction, there should be no effects of the perturbation on judgments of relative phase.

*2. Perturb Frequency (Figure 1, centre):* Computation of phase requires that you normalize the data by the frequency – we were therefore interested in whether participants need to perceive frequency in order to perceive phase. We therefore designed a perturbation to make frequency (and hence the relative speed profile) variable, while keeping amplitude constant. This altered peak speed in each half cycle. This perturbation should make the specification of the current location along the trajectory form noisier and less reliable (with respect to the speed) but location still actually indicated (relative to the (unperturbed) endpoints and midpoint of the displacement).

Frequency was varied over the course of each trial according to the function

$$\text{frequency} = \text{initialFreq} + (\text{amplitude} * \sin(\text{time}) * (2 * \pi)); \quad (1)$$

This equation was evaluated at each time step, and the new value for frequency was used in computing the positions. Frequency began at 1.25Hz and smoothly varied sinusoidally from a minimum of 1.0Hz to a maximum of 1.5Hz. In half the trials the frequency first decreased, then increased, while in the other half this was reversed. There were no differences in performance for these two display types, so all analyses combined this data.

*3. Perturb Speed (Figure 1, right):* Relative speed is simply the magnitude of the speed difference between the two moving dots. Harmonic motion at different mean relative phases shows different relative speed profiles - if the two dots are at 0° mean relative phase (with identical frequency and amplitude), the relative speed is always zero, while at 180°, relative speed varies from zero (at the end points) to a maximum (at the mid point, where the two dots are both at peak velocity but heading in opposite directions). This might therefore be used to specify relative phase. The model, however, only predicts that the speed difference contributes a noise term that acts on the detection of relative direction, and is not itself the information. To test this, we perturbed relative speed by an amplitude manipulation. One oscillator (the top dot) moved at 1.5 times the amplitude of the bottom dot, the amplitude of which was identical to the unperturbed displays. These amplitudes were constant within and between trials. To preserve a global mean relative phase, the oscillator with the larger amplitude has to move faster. The magnitude of the speed difference was therefore higher than in the unperturbed displays, all the way through the trajectory, increasing the amount of noise but uniformly for all mean relative phases. On the phase portrait this produces two concentric circles.

### *Data Analysis*

Data from this task was the frequency with which participants responded “0° or 180° First”. This frequency data was analyzed with each trial being described by the magnitude of the phase difference. This places data from (for instance) ‘150-180’ trials and ‘210-180’ at the same point on the axis, specifically -30 (sign indicates the ‘different trial’ was shown first). The  $x$  axis therefore had 5 locations: -30, -15, 0 (the catch trials), 15, and 30.

A nominal logistic regression model was fit separately to each subject’s data set. The model fitting procedure estimates two parameters, intercept and slope, as well as confidence intervals for each parameter. A mean regression curve was fit using the parameter estimates. The absolute values of the mean relative phase difference at which the probability was 25% and 75% of responding ‘0° or 180° First’ was computed from each regression line (by solving for  $x$ ) and averaged to produce a robust estimate of the threshold (distance from the target phase required before the target phase could be reliably identified).

### Results and Discussion – Experiment 1

Examination of the individual data revealed that three of the 10 participants had been affected at both 0° and 180° by the Position perturbation (see Figure 2). Their thresholds were more than 2SD away from the other 7 participants, so their data has been excluded from the group analysis. We will discuss their performance, however, because they illustrate two very important points – the scale of a genuine perturbation result (as opposed to being slightly more noisy), and the vital importance of considering individual behavior in a task such as this one, in which there is more than one potential perceptual solution to the problem.

Insert Figures 2 & 3 about here

As shown in Figures 2 and 3, the results were as follows: (1) The Position perturbation did statistically elevate thresholds in Choose  $0^\circ$ ; however, it only elevated them to the same level as  $180^\circ$  under this perturbation. Given that these perturbations do not seem to have completely disrupted performance (as would be expected if the variable being perturbed was being used in the task), why the extra effect at  $0^\circ$ ? As described earlier, one relevant way in which  $0^\circ$  is unique is that when two oscillators are moving precisely at  $0^\circ$ , they define a rigid motion (i.e. the distance between the points does not vary). Because of this, it was pointless to test the Baseline  $0^\circ$  task. It is done by simply comparing rigid vs. non-rigid motion in the displays, a task at which human observers are nearly ideal (Braunstein, Hoffman, & Pollick, 1990). This rigidity was no longer present in the Position perturbation, making the  $0^\circ$  displays now more like the  $180^\circ$  displays in this regard. The perturbation has added noise to the judgment, but uniquely to  $0^\circ$ . (2) None of the perturbations therefore disrupted these participants' ability to do the task – the one effect (Position,  $0^\circ$ ) simply made it slightly harder (more noisy). As context, the three participants we excluded showed genuine disruption, with thresholds ranging from  $25.48^\circ$ - $73.81^\circ$  (Figure 2). The largest group mean from Choose  $0^\circ$  or  $180^\circ$  (Perturb Speed  $180^\circ$ ) was  $11.61^\circ$  and therefore not on the order of a genuine perturbation effect. None of these seven participants, therefore, used relative position or relative speed as the perceptual information for their judgments and the perturbations simply made detection of the actual information slightly harder.

We performed a repeated measures ANOVA on the mean thresholds for the remaining 7 participants. There were two within subject factors, Perturbation (3 levels: Position, Speed,

Frequency) and Phase (2 levels: 0°, 180°). We did not run a Baseline 0° block (previous judgment research (e.g. Bingham et al, 2001) and a control experiment suggested the discrimination of 0° from its neighbors when the displays were not perturbed was trivial). We therefore could not include a Baseline level to the Perturbation factor in this analysis because there was no variance to analyse.

Both main effects were statistically reliable (Perturbation:  $F(2, 12) = 6.2, p < .05$ , partial  $\eta^2 = .507$ ; Phase:  $F(1, 6) = 26.4, p < .01$ , partial  $\eta^2 = .815$ ) as was the interaction ( $F(2, 11) = 7.7, p < .01$ , partial  $\eta^2 = .563$ ) which is plotted in Figure 3a. We probed the interaction with two one-factor repeated measures ANOVA (comparing the three Perturbation conditions from each Phase condition to each other). In Choose 0°, there was a reliable main effect of Perturbation ( $F(2, 12) = 12.4, p < .01$ , partial  $\eta^2 = .675$ ), but planned pairwise comparisons (using the Bonferroni adjustment for multiple comparisons) revealed that the effect was caused by thresholds in the Position condition being higher than all other conditions (all  $p$ 's for comparisons with Position  $< .01$ ), while no other conditions differed from each other.

In Choose 180°, the effect of Perturbation was not statistically reliable ( $F(2, 12) = .147, p = .87$ , partial  $\eta^2 = .024$ ). We repeated this last analysis and included the Baseline 180° data – the effect of Perturbation was now almost statistically reliable ( $F(3, 18) = 3.09, p = .053$ , partial  $\eta^2 = .341$ ), suggesting that the Perturbations had had a small but reliable effect on thresholds relative to baseline performance.

The majority of the group was not truly perturbed by any of the manipulations. There were, however, three participants who were selectively and substantially perturbed by the Position condition, and were therefore relying on relative position to perform their judgments. These

participants were qualitatively different from the others. This fact tells us several important things. The fact that they were using relative position at both  $0^\circ$  and  $180^\circ$  confirms that it is, in fact, possible to do so. This accords nicely with ecological, perception/action accounts of perceptual learning, in which a person attunes to a variable that is sufficiently invariant (by virtue of arising lawfully from the current task environment) to be available long enough for learning to occur (Gibson, 1969; Gibson & Pick, 2000). In the present task space, clearly there are two sufficiently invariant variables (relative position and relative direction) and different people, with different developmental histories, can arrive at either one. We can see that it is sufficiently informative because all three performed to the same level as the other seven participants in all the other conditions. Given this last fact, it confirms that the Position perturbation does selectively affect only relative position – any other consequences would have shown up in the other conditions. Finally, it emphasizes the lesson that individual variability must be taken into account (e.g. Jacobs & Michaels, 2001) especially when studying performance in complex task spaces that contain more than one potential solution, which in turn emphasizes the need to have a clear delineation of such task spaces so that results like these are not simply treated as noise.

For the majority of observers, the predictions made by the phase driven model were supported by Experiment 1. The next question was what happens after learning a novel coordination. We used the perturbation paradigm to investigate this.

### Experiment 2: Perturb $90^\circ$

As noted in the Introduction, the perception of  $90^\circ$  is highly variable. This perceptual variability is strongly implicated as the reason why movement at  $90^\circ$  is variable (Bingham

2004a, b). The practical upshot of this fact for the current study is that in order to use this paradigm at  $90^\circ$ , we required trained observers of  $90^\circ$ . We had 8 such observers from another study (Wilson & Bingham, submitted) which had trained these participants to ‘Choose  $90^\circ$ ’ in the 2AFC design used here. That study had reduced their thresholds from  $26.03^\circ$  to  $13.24^\circ$ .

One interesting result from Wilson and Bingham (submitted) was that while the improved performance in the Choose  $90^\circ$  task led to improved movement stability at  $90^\circ$ , the improvement did not generalize to  $180^\circ$  in either judgment or movement tasks. This result is not uncommon – previous movement learning studies also showed that improvement at  $90^\circ$  does not generalize to other phases (e.g. Zanone & Kelso, 1992a, b, 1997). This encapsulation of  $90^\circ$  raises the intriguing possibility that learning  $90^\circ$  entails acquiring a new variable, rather than simply improving discrimination of the variable which is currently used to poor effect. We have already seen three participants in Experiment 1 using phase in their perception of relative phase – using variables other than relative direction is therefore possible and the current methods can be used to identify the variable being used. While the phase-driven oscillator model made no specific predictions about which variable is used trained performance at  $90^\circ$ , it did suggest that at least one of the current perturbations should selectively affect performance and implicate that variable.

## Methods

Eight subjects who had been previously trained in the perceptual discrimination of  $90^\circ$  returned 3-4 weeks after that study to participate in the perturbation experiments. Four (3 female, 1 male, from Indiana University) were paid \$10 for each hour long session; the other four (3 female, 1 male, from Aberdeen University) were unpaid volunteers. The experiment

was again cleared by local IRB and was performed in accordance with the Declaration of Helsinki.

### *Procedure*

*Choose 90°:* Choose 90° was identical in design to the previous tests. Again, four ‘different’ locations were tested (two less than 90°, two greater than 90°). The ‘different’ locations were 60°, 75°, 105° and 120°. This set was chosen to be hard but not at the limit of post-training performance. Baseline performance was taken as the final post-training data from Wilson and Bingham (submitted), where the participants had judged a block of unperturbed 90° displays. The number of trials for each block, and data analysis were both identical to Experiment 1. The thresholds for two participants in the Position perturbation were replaced with the mean of the other six because the regression fit was so poor it produced effectively infinite threshold estimates. They were qualitatively the same as the other participants, however, so we replaced their data rather than remove it (as with the three participants in Experiment 1).

## Results and Discussion

The results of Experiment 2 showed that all 8 trained observers of 90° had their performance completely disrupted by the Position perturbation, demonstrating that a) skilled performance at 90° does entail using a different information variable than at 0° or 180°, and that b) that variable involves relative position. The Frequency perturbation also affected performance, but only by about half as much as the Perturb Position condition. The implication, however, is that both position and speed are used in the perception of relative phase at 90° after training.



We performed a repeated measures ANOVA on the mean thresholds for 8 participants. There was one within subject factor, Perturbation (4 levels: Baseline, Position, Speed, Frequency), which revealed a statistically reliable main effect of Perturbation ( $F(1.332, 9.326) = 10.6$ ,  $p < .01$  partial  $\eta^2 = .602$ ; degrees of freedom corrected for violation of sphericity using the Greenhouse-Geisser correction). Planned pairwise comparisons established that both the Position and Frequency manipulations were significantly different from the Baseline levels ( $p < .01$ ) and from the Speed data ( $p < .05$ ) which did not differ from Baseline. Nothing else was significant. The effect is plotted in Figure 3b.

It seems clear from Figure 3b that an actual perturbation effect of the Position condition is specific to  $90^\circ$  - to demonstrate this we compared the Experiment 2 data to the  $0^\circ$  and  $180^\circ$  data from Experiment 1 separately (there was no way to do the analysis on all three conditions simultaneously). We performed two mixed design ANOVAs, with Perturbation (3 levels) as a within subjects factor and Phase (2 levels: either  $0^\circ$  and  $90^\circ$  or  $180^\circ$  and  $90^\circ$ ) as a between subjects factor. Both ANOVAs showed two significant main effects qualified by a significant interaction between Phase and Perturbation.  $90^\circ$  vs.  $0^\circ$ : Perturbation,  $F(2, 26) = 10.7$ ,  $p < .01$ , partial  $\eta^2 = .452$ ; Phase,  $F(1, 13) = 54.6$ ,  $p < .01$ , partial  $\eta^2 = .808$ ; Perturbation x Phase,  $F(2, 26) = 4.59$ ,  $p < .05$ , partial  $\eta^2 = .261$ ).  $90^\circ$  vs.  $180^\circ$ : Perturbation,  $F(2, 26) = 6.9$ ,  $p < .01$ , partial  $\eta^2 = .349$ ; Phase,  $F(1, 13) = 33.9$ ,  $p < .01$ , partial  $\eta^2 = .723$ ; Perturbation x Phase,  $F(2, 26) = 7.6$ ,  $p < .01$ , partial  $\eta^2 = .370$ ). The two interactions (and using the single factor analyses as post-hoc) confirm that thresholds at  $90^\circ$  were significantly higher than at  $0^\circ$  or  $180^\circ$  in both the Position and Frequency perturbations<sup>2</sup>.

## General Discussion

In the current experiments, we investigated what perceptual information underlies judgments about coordinated rhythmic movement in both untrained (at  $0^\circ$  and  $180^\circ$ , the two intrinsically stable states) and trained (at  $90^\circ$ ) observers. We employed a novel perturbation method to identify whether any of the candidate perceptual variables suggested by the phase driven oscillator model (Bingham, 2001, 2004a, b) fit into the composition and organization of the overall task dynamic. Three participants in Experiment 1 were shown to be using relative position at  $0^\circ$  and  $180^\circ$ , but the majority of participants were not significantly affected by any of the perturbations, ruling out all other candidate variables and leaving relative direction as the only remaining source of information. This latter result was consistent with the model predictions. All expert observers of  $90^\circ$  in Experiment 2 were completely perturbed by the Position perturbation, demonstrating that the process of improving perceptual discrimination at  $90^\circ$  entails learning a new information variable, specifically relative position. Perturbations of Speed and Frequency, which preserved the spatial reference frame but perturbed the value of peak relative speed, added noise to their performance.

The evidence supporting relative direction's necessary role in the perception of relative phase is unambiguous. We attempted to perturb relative direction independently of mean relative phase in pilot work and this proved impossible, as described in the Introduction. This work, combined with all the previous behavioral evidence reviewed above and the fact that 7 participants in Experiment 1 were unaffected by any perturbations of the only other candidate variables all made it clear that relative direction plays a foundational role in creating the task space, and perturbing relative direction without violating the boundaries of the coordinated rhythmic movement task space is impossible. Relative direction must be uniquely definable for the coordination phenomena to emerge and is hence fundamental to the very definition of the task space. This is also true of the movement task (Wilson et al, 2005b).

The current results suggest that the phase driven oscillator model (Bingham, 2001, 2004a, b) is incomplete, or more specifically, limited to modeling untrained observers. While it successfully describes the information underlying performance at  $0^\circ$  and  $180^\circ$  for the majority of observers, it is unable to account for the performance of trained  $90^\circ$  observers. This is unsurprising, because the model was designed to capture the untrained coordination pattern, and it therefore produces highly variable performance at  $90^\circ$  in simulations of both judgment and movement by design. Post-training, the participants from Experiment 2 no longer exhibited the pattern in either movement or perceptual stability (Wilson & Bingham, submitted). Nonetheless, the manipulations inspired by the model led to uncovering the result in Experiment 2. It is clear that the information used to simulate expert judgments of coordinated movements at  $90^\circ$  must incorporate relative position as well as relative direction. Further work is required (and is ongoing) to expand the model to account for learning.

One consistent feature of learning  $90^\circ$  is the fact that this training only ever generalizes to the symmetry partner, with no improvement at, for instance,  $180^\circ$  (Zanone & Kelso, 1992a, 1992b, 1997). The current data suggests that the reason for this encapsulation is that learning  $90^\circ$  entails learning a novel information variable that is not used at  $0^\circ$  or  $180^\circ$ , specifically one involving relative position rather than relative direction. Why did the participants attune to relative position in particular? Discriminating  $90^\circ$  essentially requires one to detect that the endpoint of one oscillator is aligned in time with the mid-point (and location of peak speed) of the other (and vice versa). It is therefore something that depends on the perception of both the location of peak speed and its magnitude (the latter identifying that it is, indeed, peak speed). The two perturbations that affected performance are related along these lines. The Position perturbation<sup>3</sup> removed both the reference frame and the value of peak speed, while

the Frequency perturbation only affected peak speed - observers could see where they were with respect to their position relative to the endpoints and midpoint, but not with respect to the peak speed. In other words, the Position perturbation was spatial, while the Frequency perturbation was temporal, and the effect of the latter was about half the effect of the former. The pattern of data suggests that, perceptually, the Frequency perturbation added noise to the displays which affected detection of the information required to perform the judgment, but did not eliminate the information itself.

These results suggest that to judge  $90^\circ$ , participants learn to detect when position endpoints are aligned with peak velocity and visa versa. This alignment is specific to  $90^\circ$  and would not generalize to any other relative phase, and this is one possible reason why the information (and hence the learning) does not generalize to  $0^\circ$  and  $180^\circ$  (e.g. as seen in Zanone & Kelso, 1992a, 1992b, 1997). However, once one has learned to align positions and/or peak velocities, then in principle one could just use alignment of position endpoints together with alignment of either same direction peak velocities (to judge  $0^\circ$ ) and opposite direction peak velocities (to judge  $180^\circ$ ). However, if participants were to do this, note that they still also have to deal in direction - thus, the perception of relative phase at  $0^\circ$  and  $180^\circ$  would now entail the perception of three properties (position, speed, and direction) rather than only one (direction). Furthermore, aligning these discrete locations is likely to be less stable than continuously perceiving relative direction which is available at every moment of time, so there would be no drive to switch from a previously learned variable. There were three participants in Experiment 1 who were using this information at  $0^\circ$  and  $180^\circ$ , however, and their unperturbed performance was equivalent to that of the other participants – it remains to be seen how they would be affected by an increase in task difficulty (scaling frequency, for instance).

Another interesting possibility opens up given the presence of those three participants - perhaps participants like this would already be able to do  $90^\circ$ , or maybe show an advantage in learning to perform  $90^\circ$ . They may also not demonstrate this partitioning of the space, showing greater generalization of learning. Clearly there are several questions that arise from the current data, but the perturbation paradigm described here could be used to find the answers.

Perceptual information is an integral part of the organization of any perception-action dynamical system. This project set out to investigate the identity and role of perceptual information in the long studied rhythmic movement coordination task dynamic using a novel perturbation paradigm. The results support the analysis of this task as fundamentally a perception-action task, and also support the analysis of such a perception-action task as a dynamical system, whose composition and organization can be explored via perturbation methods. In a dynamical systems approach, if perturbing a given component requires the (functional) disassembly of the system under study, that component can be sensibly thought of as necessary. Relative direction was impervious to perturbation. At  $0^\circ$  and  $180^\circ$  most observers were unaffected by perturbations of the other candidate variables. This is strong evidence that relative direction is the necessary component for the formation of a rhythmic movement coordination perception-action system, and that it is the variable that specifies mean relative phase. Trained  $90^\circ$  observers switch to using their learned secondary variable, relative position, but only at  $90^\circ$ , when that information can improve performance. The system is flexible and driven to produce stable behavior.

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## Figure Captions

Figure 1.

Row 1 shows schematic phase plane portraits (plots of position  $\times$  velocity) for each of the three perturbations to illustrate the form of the perturbations. Phase portraits evolve over time anticlockwise (following the arrows is following time) and an unperturbed display would trace a circle (depicted in the Perturb Speed phase portrait as the inner circle). (1) The Perturb Position phase plane depicts two consecutive half cycles – the second is a randomly different amplitude (in this example, smaller) than the first. (2) The Perturb Frequency phase plane depicts one and a half consecutive cycles – note as frequency changes peak speed changes, but the amplitude remains constant. (3) The Perturb Speed phase plane depicts one cycle for the two dots on the screen – Dot 1 is 1.5 times the amplitude of Dot 2, and at  $90^\circ$  mean relative phase.

Row 2 shows the full 4s time series of each of the three perturbation displays (showing  $90^\circ$  mean relative phase between the two dots for clarity). Note that relative direction, and hence relative phase, is preserved at all times. In all these panels the  $x$  axis is time in seconds and the  $y$  axis is position on the screen in pixels.

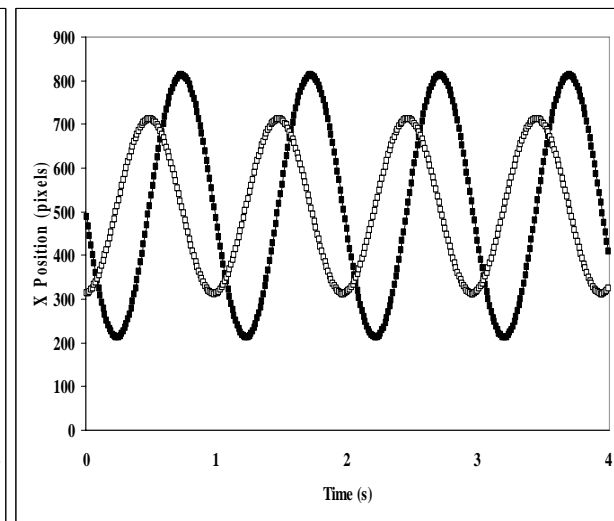
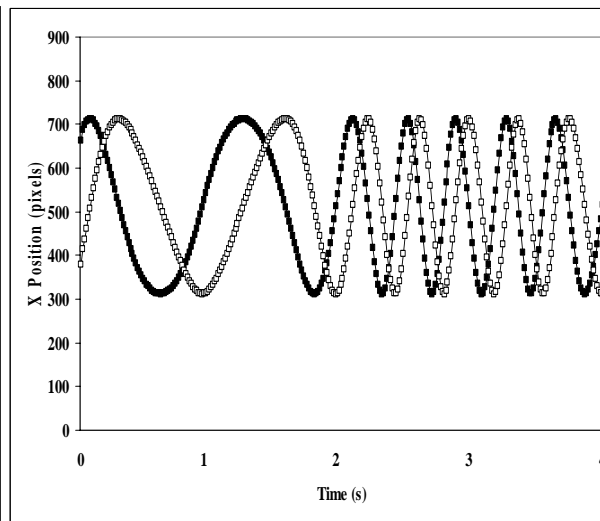
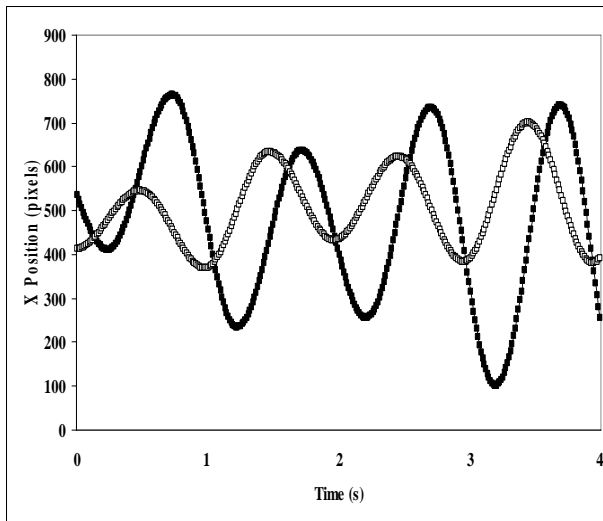
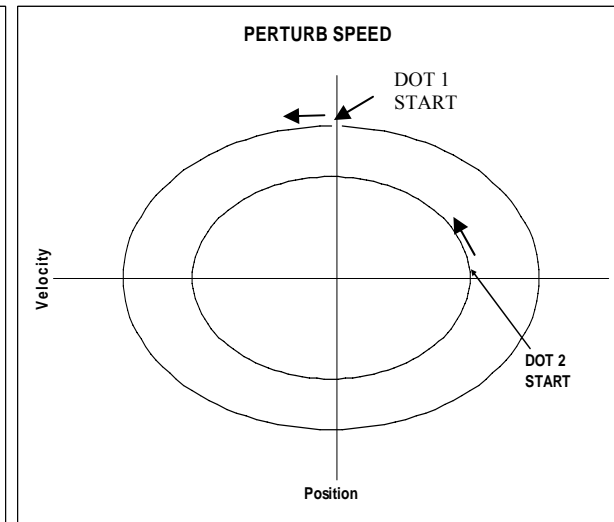
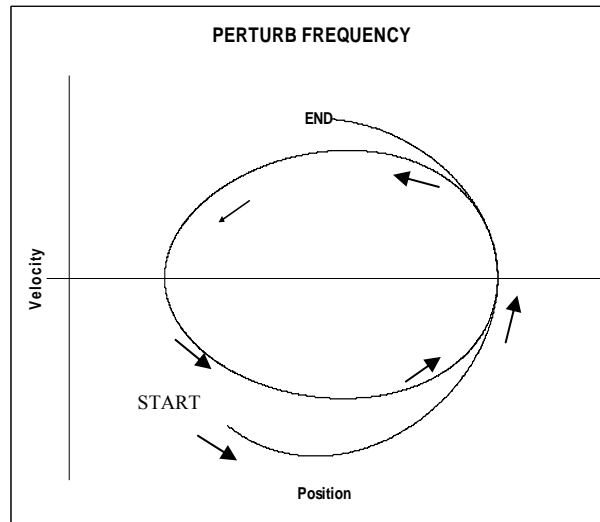
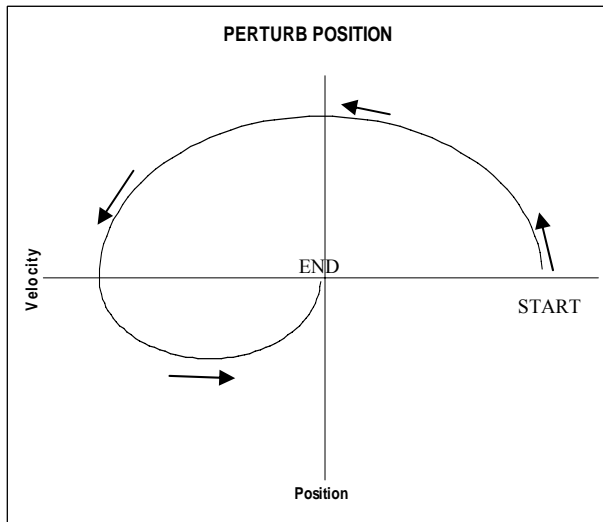
Figure 2. Thresholds for the individual participants in the (a)  $0^\circ$  and (b)  $180^\circ$  conditions of Experiment 1. Perturb Position is shown using white bars; Perturb Frequency is shown using dark gray bars; Perturb Speed is shown using light gray bars. Panel (b) includes the Baseline  $180^\circ$  data in black bars (there is no Baseline  $0^\circ$  data – see the text for details). Participants 1, 3 and 9 were completely perturbed at both  $0^\circ$  and  $180^\circ$  by the Position perturbation but all other effects were small.

Figure 3. The effect on mean thresholds for all Phase conditions (Panel a:  $0^\circ$  &  $180^\circ$  (Expt 1) and Panel b  $0^\circ$ ,  $180^\circ$  and the  $90^\circ$  data from Expt 2) and the four Perturbation conditions

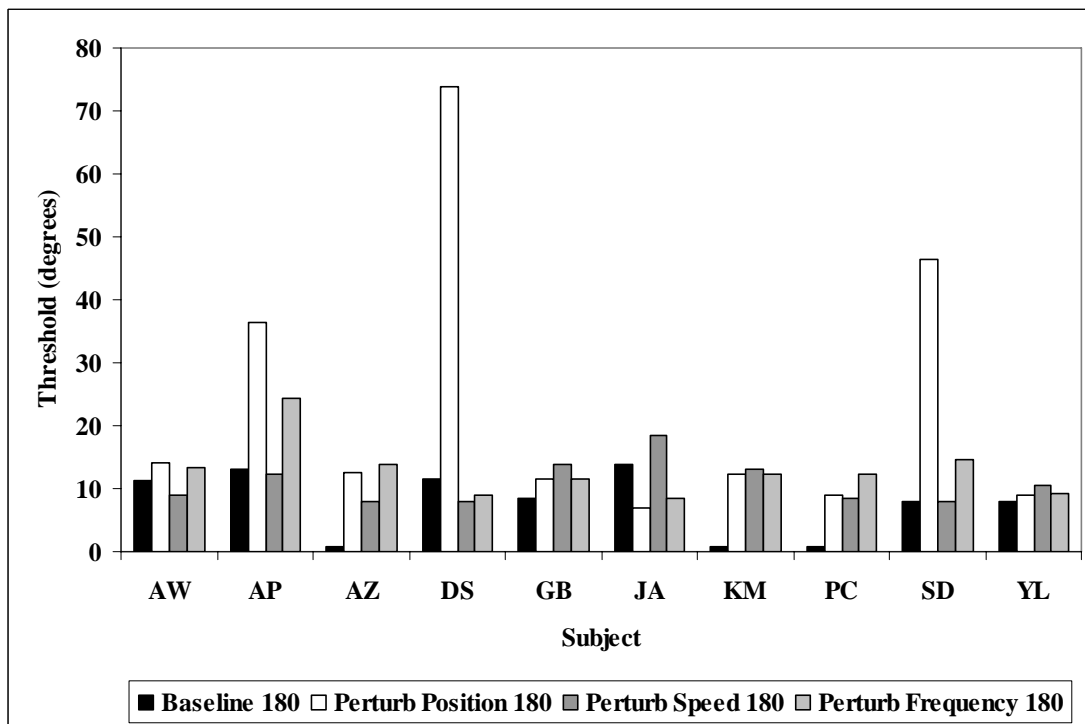
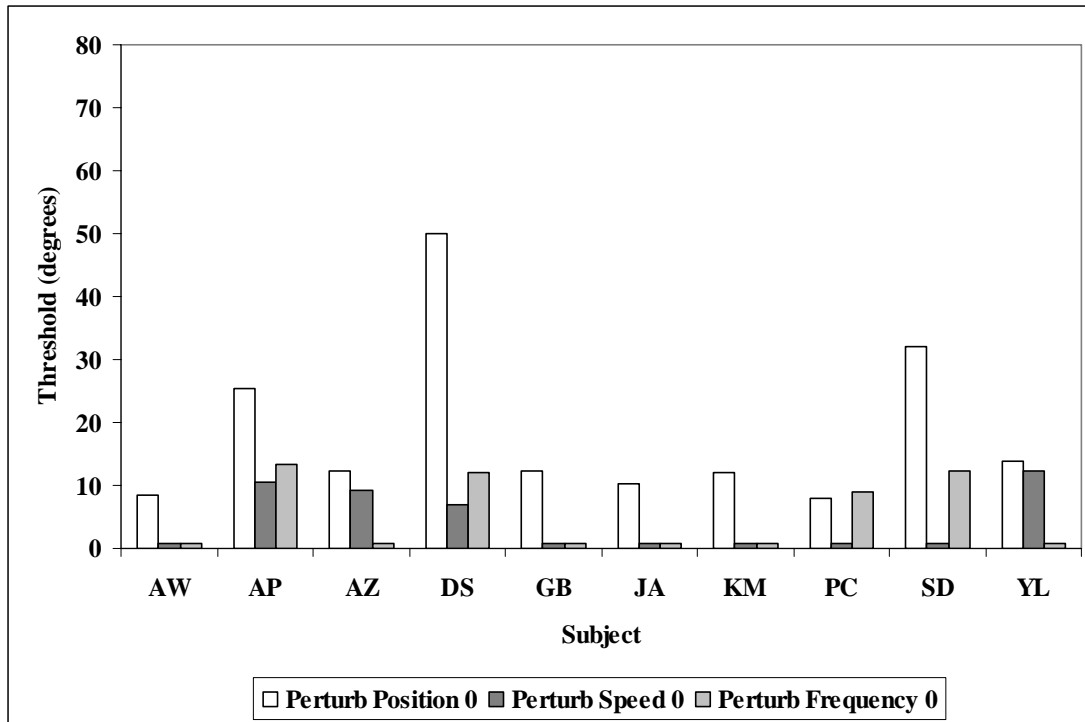
(Baseline, and Perturb Position, Speed & Frequency). Error bars represent 1SD. Note that the Baseline 0 data is set to 0: see text for details. The small magnitude of the effects at  $0^\circ$  and  $180^\circ$  relative to Baseline confirms that the perturbations did not selectively affect an information variable intrinsic to the perception of these relative phases. In stark contrast, judgments of  $90^\circ$  were completely disrupted by the Position perturbation (note the magnitude of the standard deviation relative to Baseline performance).

## Footnotes

1. It seems clear that the causation works this way around: if perception was stable because the movements were easy, making the movements easy should improve perception. This is not the case (see Wilson et al, 2003 for a detailed discussion of this point).
2. We would like to thank an anonymous reviewer for suggesting these analyses.
3. One potential issue with the Position perturbation condition is the fact that, unlike the other perturbations, the changes are random. It is plausible that the effect described here is due to randomness, rather than a specific information perturbation. There are two reasons why we feel this is not an issue, however. First, analysis of the time series (i.e. the signal to be perceived; Figure 1) clearly showed that relative direction and hence relative phase was defined correctly at all times. The information was therefore, in principle, available, if relative direction was the information in question. This leads to the second reason, which was the perturbation had at most a minor effect at  $0^\circ$  or  $180^\circ$ . While the effect at  $0^\circ$  was statistically significant, it was nearly six times smaller than the effect at  $90^\circ$ , suggesting that the lack of rigid motion only made  $0^\circ$  slightly harder. These two points (analysis of the signal and the fact that the perturbation was effectively restricted to  $90^\circ$ ) suggests that the randomness element per se does not account for the effect. The Position perturbation therefore selectively perturbed the information used to judge  $90^\circ$ .



# Perturbing Relative Phase Perception



# Perturbing Relative Phase Perception

