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Heiki Münzberg

Internal Medicine, University of Michigan

Erin E. Jobst

Pacific University

Sarah H. Bates

Internal Medicine, University of Michigan

Justin Jones

Internal Medicine, University of Michigan

Eneida Villanueva

Internal Medicine, University of Michigan

See next page for additional authors

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Appropriate Inhibition of Orexigenic Hypothalamic Arcuate Nucleus Neurons Independently of Leptin Receptor/STAT3 Signaling

Description

Leptin directly suppresses the activity of orexigenic neurons in the hypothalamic arcuate nucleus (ARC). We examined c-Fos-like immunoreactivity (CFLIR) as a marker of ARC neuronal activity in *db/db* mice devoid of the signaling form of the leptin receptor (LRb) and *s/s* mice that express LRb^{S1138} [which is defective for STAT3 (signal transducer and activator of transcription) signaling]. Both *db/db* and *s/s* animals are hyperphagic and obese. This analysis revealed that CFLIR in agouti related peptide-expressing orexigenic ARC neurons is basally elevated in *db/db* but not *s/s* mice. Consistent with these observations, electrophysiologic evaluation of a small number of neurons in *s/s* animals suggested that leptin appropriately suppresses the frequency of IPSCs on ARC proopiomelanocortin (POMC) neurons that are mediated by the release of GABA from orexigenic ARC neurons. CFLIR in POMC neurons of *s/s* mice was also increased compared with *db/db* animals. Thus, these data suggest that, although LRb→STAT3 signaling is crucial for the regulation of feeding, it is not required for the acute or chronic regulation of orexigenic ARC neurons, and the activation of STAT3-mediated transcription by leptin is not required for the appropriate development of leptin responsiveness in these neurons.

Disciplines

Medicine and Health Sciences | Neurosciences

Comments

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Authors

Heiki Münzberg, Erin E. Jobst, Sarah H. Bates, Justin Jones, Eneida Villanueva, Rebecca Leshan, Marie Björnholm, Joel Elmquist, Mark Sleeman, Michael A. Cowley, and Martin G. Myers Jr.

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Heike Münzberg,¹ Erin E. Jobst,² Sarah H. Bates,¹ Justin Jones,¹ Eneida Villanueva,¹ Rebecca Leshan,¹ Marie Björnholm,¹ Joel Elmquist,³ Mark Sleeman,⁴ Michael A. Cowley,² and Martin G. Myers Jr¹

¹Internal Medicine, University of Michigan, Ann Arbor, Michigan 48109, ²Oregon National Primate Research Center, Oregon Health and Science University, Beaverton, Oregon 97239, ³Department of Medicine/Endocrinology, Harvard Medical School, Boston, Massachusetts 02215, and ⁴Obesity and Diabetes Research, Regeneron Pharmaceuticals Inc., Tarrytown, New York 10591

Leptin directly suppresses the activity of orexigenic neurons in the hypothalamic arcuate nucleus (ARC). We examined c-Fos-like immunoreactivity (CFLIR) as a marker of ARC neuronal activity in *db/db* mice devoid of the signaling form of the leptin receptor (LRb) and *s/s* mice that express LRb^{S1138} [which is defective for STAT3 (signal transducer and activator of transcription) signaling]. Both *db/db* and *s/s* animals are hyperphagic and obese. This analysis revealed that CFLIR in agouti related peptide-expressing orexigenic ARC neurons is basally elevated in *db/db* but not *s/s* mice. Consistent with these observations, electrophysiologic evaluation of a small number of neurons in *s/s* animals suggested that leptin appropriately suppresses the frequency of IPSCs on ARC proopiomelanocortin (POMC) neurons that are mediated by the release of GABA from orexigenic ARC neurons. CFLIR in POMC neurons of *s/s* mice was also increased compared with *db/db* animals. Thus, these data suggest that, although LRb→STAT3 signaling is crucial for the regulation of feeding, it is not required for the acute or chronic regulation of orexigenic ARC neurons, and the activation of STAT3-mediated transcription by leptin is not required for the appropriate development of leptin responsiveness in these neurons.

Key words: leptin; signaling; AgRP; c-Fos; arcuate nucleus; hypothalamus; STAT3

Introduction

The adipocyte-derived hormone leptin modulates feeding and energy expenditure by regulating the leptin receptor (LRb)-expressing neurons in the hypothalamus and elsewhere in the brain (Elmquist et al., 1999; Schwartz et al., 2000; Friedman, 2002; Myers, 2004). Absence of leptin or LRb (in *ob/ob* and *db/db* mice, respectively) results in dysregulation of LRb-expressing neurons and their targets, leading to hyperphagia, obesity, and neuroendocrine dysfunction. Within the arcuate nucleus of the hypothalamus (ARC), leptin directly and divergently regulates two distinct populations of LRb-expressing neurons, activating anorexigenic proopiomelanocortin (POMC) neurons and promoting their expression of POMC. In contrast, leptin inhibits the neuropeptide gene expression and activity of orexigenic agouti-related peptide (AgRP)/neuropeptide Y (NPY)-producing neu-

rons (Elias et al., 1999; Schwartz et al., 2000; Cowley et al., 2001; van den Top et al., 2004). Several recent studies have implicated these AgRP-expressing neurons in the promotion of feeding (Gropp et al., 2005; Luquet et al., 2005). Despite a large number of studies investigating leptin action on these two neuronal groups, however, the molecular mechanisms underlying the divergent actions of leptin on these two populations are essentially unknown.

Leptin binding to LRb initiates intracellular signaling by activating the LRb-associated Jak2 (Janus kinase 2) tyrosine kinase, resulting in Jak2 autophosphorylation and the phosphorylation of intracellular tyrosine residues on LRb (Bjorbaek et al., 1997; White et al., 1997; Banks et al., 2000; Kloek et al., 2002). Phosphorylated Tyr¹¹³⁸ of LRb recruits the latent transcription factor STAT3 (signal transducer and activator of transcription 3), resulting in its phosphorylation and activation to mediate the transcription of POMC and other genes (Vaisse et al., 1996; White et al., 1997; Banks et al., 2000; Bates et al., 2003; Münzberg et al., 2003). Tyr¹⁰⁷⁷ may also control the activation of STAT5 during leptin signaling (Hekerman et al., 2005). Other leptin signals, such as phosphatidylinositol 3-kinase (PI3K) (Niswender et al., 2001; Xu et al., 2005b), mammalian target of rapamycin (mTOR) (Cota et al., 2006), and AMP-activated protein kinase (AMPK) (Minokoshi et al., 2004), are activated via currently unknown mechanisms. It is not yet clear how these different LRb signaling pathways are translated into neuronal functions within brain circuits, however.

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Correspondence should be addressed to Dr. Martin G. Myers Jr, Division of Metabolism, Endocrinology, and Diabetes, Departments of Internal Medicine and Physiology, University of Michigan Medical School, 1150 West Medical Center Drive, 4240 MSRB 3, Ann Arbor, MI 48109-0638. E-mail: mgmyers@umich.edu.

J. Elmquist's present address: Center for Hypothalamic Research, Department of Internal Medicine, The University of Texas Southwestern Medical Center, Dallas, TX 75390-9077.

E. E. Jobst's present address: Pacific University, 2043 College Way, Forest Grove, OR 97116.

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Whereas *s/s* mice that lack only the LRb/STAT3 signal resemble *db/db* mice (which lack all LRb signaling) with regard to body weight and energy homeostasis, they are slightly less obese and exhibit improved glucose homeostasis and reproductive, growth, and immune function compared with *db/db* mice (Bates et al., 2003, 2004, 2005; Dunn et al., 2005). In this study, we examined the activity of the orexigenic AgRP/NPY ARC neurons in *s/s* and *db/db* mice by studying c-Fos-like immunoreactivity (CFLIR) in ARC AgRP-expressing neurons. We also assessed the ability of leptin to block inhibitory inputs onto ARC POMC neurons, which are mediated by orexigenic ARC neurons, including AgRP/NPY neurons (Cowley et al., 2001). This analysis demonstrated that LRb→STAT3 signaling is not required for the acute or chronic inhibition of orexigenic ARC neuronal activity.

Materials and Methods

Materials

Leptin was purchased from Sigma (St. Louis, MO), rabbit anti-cFos was from Oncogene Sciences (Uniondale, NY), goat anti- β -galactosidase (β -Gal) was from Biogenesis (Poole, UK), and donkey serum, biotinylated donkey anti-goat, and donkey anti-rabbit were from Jackson ImmunoResearch (West Grove, PA). Alexa 488-conjugated donkey anti-rabbit and Alexa 564-conjugated streptavidin were purchased from Invitrogen (Carlsbad, CA). ABC Vectastain Elite kit was purchased from Vector Laboratories (Burlingame, CA). All other immunohistochemical supplies were purchased from Sigma.

Animals

Animals for immunohistochemical, phenotypic, and gene expression analysis were bred in our colony in the Unit for Laboratory Animal Medicine at the University of Michigan. Heterozygote *db/+* or *s/+* mice were bred with heterozygote mice expressing LacZ from the AgRP locus (*a/+*) or from the *Pomc* locus (*p/+*) (Wortley et al., 2005) to obtain homozygote *db/db*, *s/s*, and *+/+* mice heterozygous for the AgRP–LacZ or the POMC–LacZ locus. Mice were housed in groups of 2–4 with *ad libitum* access to food and water, except, when indicated, some mice were fasted overnight (~16 h) before being killed. For immunohistochemical analysis, *ad libitum*-fed animals remained with food in the cage until the time of death between 9:00 A.M. and 12:00 P.M.. Fasted animals had food removed before lights out the night before death and were killed between 9:00 A.M. and 12:00 P.M. No effect of the number of animals per cage was observed on ARC CFLIR. All procedures were in accordance with the guidelines and approval of the University Committee on the Care and Use of Animals at the University of Michigan.

For electrophysiological experiments, heterozygous *s/+* mice were bred with POMC-enhanced green fluorescent protein (EGFP) mice (Cowley et al., 2001) to generate *s/+;POMC-EGFP* mice, which were then crossed to *s/+* animals to generate *s/s;POMC-EGFP* animals for study. Mice were housed in the approved animal facility at Oregon National Primate Research Center in groups of two to four with *ad libitum* access to food and water. All procedures were in accordance with the guidelines and approval of the University Committee on the Care and Use of Animals at Oregon Health and Science University.

Perfusion and immunohistochemistry

Handling of all animals was limited to <1 h before anesthesia and perfusion to minimize stress-related induction of c-Fos levels. Perfusion and immunohistochemistry (IHC) procedures were performed essentially as described previously (Münzberg et al., 2004). Briefly, mice were deeply anesthetized with an overdose of intraperitoneal pentobarbital (150 mg/kg) and transcardially perfused with sterile PBS, followed by 10% Formalin. Brains were removed, postfixed, and cryoprotected before sectioning into 30 μ m coronal slices, which were collected into four representative series and stored at -20°C until further use.

For IHC, sections were pretreated in ice-cold methanol, 0.3% glycine, and 0.3% SDS and then blocked and incubated in the primary antibodies [rabbit anti-c-Fos (1:40,000) and/or goat anti- β -Gal (1:3000)]. Detection of primary antibodies was done by either immunofluorescence

(anti-rabbit-Alexa 488 and anti-goat-biotin followed by streptavidin-Alexa 564 conjugate, all 1:200 dilution) or using the avidin–biotin/diaminobenzidine method.

Cell counts and statistics

For quantification of AgRP neurons and AgRP/c-Fos double-labeled neurons, pictures of the identical areas were taken on channels for Alexa 488 and Alexa 564 from all ARC sections containing AgRP neurons. Using Adobe Photoshop software (Adobe Systems, San Jose, CA), both channels (red and green) were combined in a red–green–blue picture, and single- and double-labeled neurons were counted and recorded digitally to prevent multiple counts. All sections were arranged from rostral to caudal to examine the distribution of double-labeled neurons. Total number of AgRP neurons and AgRP/c-Fos neurons were presented as means \pm SEM, and differences were analyzed by two-way ANOVA followed by a Fisher's PLSD test to determine significant differences between groups. Differences were accepted for *p* values <0.05.

Electrophysiology

Recordings were made as described previously (Cowley et al., 2001). In brief, brains of 4-week-old *s/s;POMC-EGFP* mice were cut into 185 μ m coronal sections and maintained in 95% O₂ and 5% CO₂ saturated Krebs' solution (in mM: 126 NaCl, 2.5 KCl, 1.2 MgCl₂, 2.4 CaCl₂, 1.2 NaH₂PO₄, 21.4 NaHCO₃, and 11.1 glucose) at 35°C for at least 1 h before recordings. POMC–EGFP cells were visualized on an Axioskop 2 FS plus (Zeiss, Oberkochen, Germany), and whole-cell, voltage-clamp recordings (to record whole-cell membrane currents) were made from EGFP-expressing neurons using an Axopatch 200B amplifier (Molecular Devices, Palo Alto, CA) and Clampex version 8.2 (Molecular Devices). GABA-mediated IPSCs were recorded with a CsCl-filled internal electrode (in mM: 140 CsCl, 10 HEPES, 5 MgCl₂, 1 BAPTA, 5 Mg-ATP, and 0.3 Na-GTP). Glutamatergic and nonglutamatergic currents were blocked with 25 μ M D-APV and 10 μ M CNQX, respectively, in the extracellular bath. Data was analyzed using MiniAnalysis (Synaptosoft, Decatur, GA).

Results

To gain additional insight into the role of the LRb signaling pathways in neuronal function within the CNS, we examined CFLIR by IHC in leptin-responsive hypothalamic and extrahypothalamic sites within the brains of *+/+*, *db/db*, and *s/s* mice. The expression of Fos is widely used as a surrogate for neuronal activity (Hoffman et al., 1993). In many regions of the brain, there were no clear differences among the various groups; the paraventricular hypothalamic nucleus (PVN), for instance, exhibits high baseline CFLIR that is unaffected by defective LRb signaling (Fig. 1A). We also compared the ventromedial nucleus, dorsomedial nucleus, and the lateral hypothalamus, but no obvious differences could be detected in these hypothalamic sites among the different groups (data not shown). Clearly, it is possible that we overlooked differences in CFLIR in these areas as a result of the inability of CFLIR single labeling to discriminate individual populations of neurons within discrete brain areas. Within the nucleus of the solitary tract (NTS) of the brainstem, we identified groups of neurons that showed increased levels of CFLIR in *db/db* and *s/s* mice that were absent in *+/+* mice (Fig. 1B), suggesting that the disruption of the LRb→STAT3 signaling pathway is sufficient to activate these neurons. Gut and vagally derived satiety signals are known to activate neurons in the NTS during and after feeding and are highly active in hyperphagic animals (Morton et al., 2005; Johnstone et al., 2006; Tschöp et al., 2006). Thus, although unknown at the present time, these NTS CFLIR-positive neurons in hyperphagic *db/db* and *s/s* animals may represent such neurons. Indeed, although the size of these obese rodents has prevented the detailed analysis of minute-to-minute food intake (because they become stuck in the feeder tube of most automated feeding systems), our observations suggest that these animals not

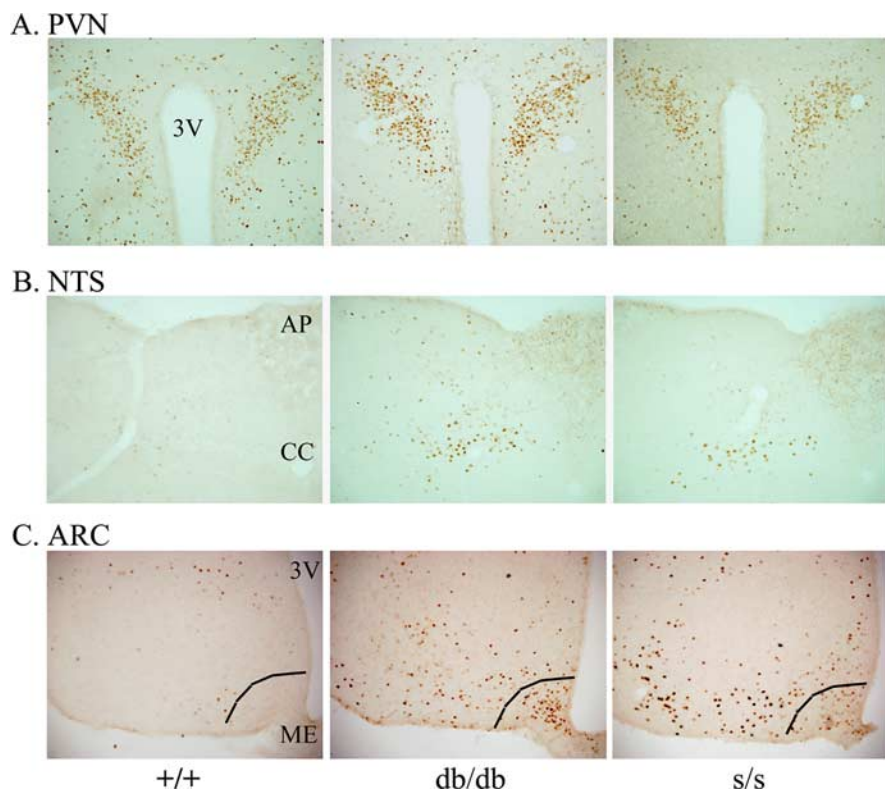


Figure 1. Regulation of CNS CFLIR by altered LRB action. Immunohistochemical detection of CFLIR in fed *+/+*, *db/db*, and *s/s* mice. **A**, Representative sections of the PVN at bregma level -1.8 mm. **B**, Representative section of the NTS at bregma level -13.7 mm. **C**, Representative sections of the ARC at bregma level -3.0 mm, demonstrating increased CFLIR in the ARC of *db/db* and *s/s* mice compared with *+/+* mice. The ventromedial ARC (right of line) of *db/db* mice exhibits a dense population of CFLIR-positive neurons that is essentially absent in *s/s* mice. CFLIR-DAB-positive neurons are visible as brown nuclei. 3V, Third ventricle; AP, area postrema; CC, central canal; ME, median eminence. Photos taken at $10\times$ magnification.

only consume more food than *+/+* animals (Bates et al., 2003, 2004) but also feed during the light cycle, which is not the case for *+/+* mice (our unpublished observations).

The ARC of both *db/db* and *s/s* mice displayed dramatically increased CFLIR compared with *+/+* mice. Here, the pattern of CFLIR clearly differed between *db/db* and *s/s* animals; however, in the *db/db* mice, there was a distinct ventromedial population of CFLIR-positive cells that was absent in *s/s* mice (Fig. 1C). Because the amount and pattern of feeding is similar in *s/s* and *db/db* animals, differences between these genotypes in the distribution of ARC CFLIR is not likely to represent differences in feeding.

The localization of the CFLIR neurons within the ventromedial ARC of the *db/db* mice suggested that this neuronal population may be the orexigenic AgRP/NPY-expressing neurons, which would be consistent with their activation in fasting, a state of deficient leptin action. To determine whether regulation of these neurons was essentially intact in *s/s* mice, we examined CFLIR in AgRP-expressing neurons. A variety of factors, including leptin action and nutritional status, can alter AgRP synthesis and secretion. Furthermore, the rapid movement of neuropeptides into the axons, away from the soma, impairs the ability to detect AgRP neurons by anti-peptide IHC. Thus, we used a homologously targeted allele of *AgRP* containing the coding sequences for β -Gal to facilitate the detection of AgRP-expressing neurons (Wortley et al., 2005). Mice heterozygous for this allele display no detectable energy balance phenotype but express β -Gal from the AgRP locus and thus within AgRP neurons. We examined immunofluorescent staining for and colocalization of

CFLIR and β -Gal (Fig. 2) in fed and fasted *+/+* mice, as well as in fed *db/db* and *s/s* mice. As expected (based on the known activation of AgRP neurons by fasting), few AgRP neurons (4%) were CFLIR positive in *ad libitum*-fed *+/+* mice, whereas fasting increased the percentage of CFLIR-positive AgRP neurons to $\sim 60\%$ (Fig. 2B). In *db/db* mice, in which AgRP neurons are also expected to exhibit a “fasted” phenotype attributable to deficiency of leptin action, a similar number of AgRP neurons (54%) displayed CFLIR. In striking contrast, only 9% of AgRP neurons in *s/s* mice exhibited CFLIR, demonstrating a dramatic and significant improvement compared with the *db/db* phenotype ($p < 0.001$). Importantly, the percentage of AgRP neurons colabeling for CFLIR was not different between *s/s* and *+/+* mice. AgRP/CFLIR neurons, although different in total number among groups, were similarly distributed throughout the ARC in all groups (Fig. 3C). These data are consistent with chronically increased activity of AgRP/NPY neurons in the absence of LRB-mediated repression signals in *db/db* mice and with the improved repression of AgRP and NPY mRNA expression in *s/s* compared with *db/db* mice (Bates et al., 2003). These results also suggest that the activity of AgRP neurons is primarily suppressed by LRB \rightarrow STAT3-independent LRB signaling pathways.

To examine the leptin-regulated activity of the orexigenic ARC neurons in *s/s* mice directly, we initially attempted to generate *s/s* mice containing an NPY-GFP reporter transgene that would permit recording from orexigenic neurons of known phenotype. Our failure to generate homozygous *s/s* mice containing the reporter gene after extensively interbreeding *s/+* heterozygous animals containing the transgene suggested the proximity of the site of integration of the NPY-GFP transgene to the leptin receptor locus, however.

We thus chose to examine leptin responsiveness of orexigenic ARC neurons indirectly by generating *s/s* mice carrying a POMC-GFP reporter transgene (Cowley et al., 2001) and examining the effect of leptin on the IPSCs on identified POMC neurons, because these currents are mediated by leptin-inhibited orexigenic neurons, most of which coexpress AgRP and NPY (Cowley et al., 2001). Notably, the frequency of IPSCs onto POMC neurons from *s/s* animals tended to decrease during leptin treatment (Fig. 3A,B). Overall, leptin treatment tended to decrease IPSC frequency, which gradually returned to near baseline levels within ~ 10 min into the washout period. This is consistent with previous reports of leptin action on ARC NPY/AgRP neurons (van den Top et al., 2004) and leptin action on IPSCs onto POMC neurons (Cowley et al., 2001). Of five *s/s* POMC neurons tested in a single *s/s* mouse, 40% showed a response to leptin; this is consistent with previously reported leptin response rates in *+/+* mice (Cowley et al., 2001). Although given the small number of neurons studied, these results must be considered somewhat preliminary: in context with the previous demonstration that these

leptin-inhibited IPSCs on ARC POMC neurons are mediated by NPY neurons, these data suggest that the firing of AgRP/NPY neurons is acutely inhibited by leptin in *s/s* as in *+/+* mice. Consistent with the increased activity of POMC neurons in *s/s* animals, we observed a large number of breakthrough depolarizations in many *s/s* POMC neurons, limiting our ability to analyze the IPSCs for many recorded neurons (data not shown). Furthermore, IHC examination of CFLIR in POMC neurons from *db/db* and *s/s* mice heterozygous for a homologously targeted allele of *Pomc* containing the coding sequences for β -Gal demonstrated a paucity of CFLIR-positive POMC neurons in *db/db* animals but a large number of POMC/CFLIR neurons in the ARC of *s/s* animals (Fig. 3C). Overall, these data are consistent with improved regulation of POMC neuron activity in *s/s* compared with *db/db* animals.

Discussion

Orexigenic ARC neurons, such as those that express AgRP and NPY, are activated by signals of decreased energy stores and fasting, such as ghrelin, and conversely are inhibited by leptin (Elias et al., 1999; Cowley et al., 2003; van den Top et al., 2004; Elmquist et al., 2005). Our finding of chronically elevated CFLIR in ARC AgRP neurons of *db/db* mice devoid of leptin action supports the notion that endogenous leptin at physiologic levels tonically inhibits the depolarization of these neurons *in vivo* and that lack of leptin signaling *in vivo* results in chronically increased firing of NPY/AgRP neurons. Increased firing by orexigenic ARC neurons also inhibits anorexigenic ARC POMC neurons (Cowley et al., 2001; Roseberry et al., 2004), presumably contributing to the orexigenic output of the AgRP/NPY neurons.

Other neurons that are distributed throughout the ARC and hypothalamus demonstrate increased CFLIR in *db/db* and *s/s* animals, and the finding of CFLIR-positive POMC neurons in *s/s* but not *db/db* mice suggests that these may represent distinct populations of neurons in each animal model. It is not clear whether this non-AgRP neuron CFLIR represents direct (cell-autonomous) LRB activity or, rather, indirect activity. This is most especially the case in the POMC neurons, in which the increased CFLIR in *s/s* POMC neurons may represent either decreased orexigenic IPSCs onto the POMC neuron or a cell-autonomous effect of the LRB that is expressed in these neurons; it is also possible that these results could reflect a contribution of altered organization of synaptic inputs (Pinto et al., 2004). Because ARC AgRP neurons are known to express LRB (Hahn et al., 1998; Baskin et al., 1999), the regulation of CFLIR in these AgRP neurons is likely to be cell autonomous. Although many inhibitory projections onto POMC neurons derive from ARC AgRP/

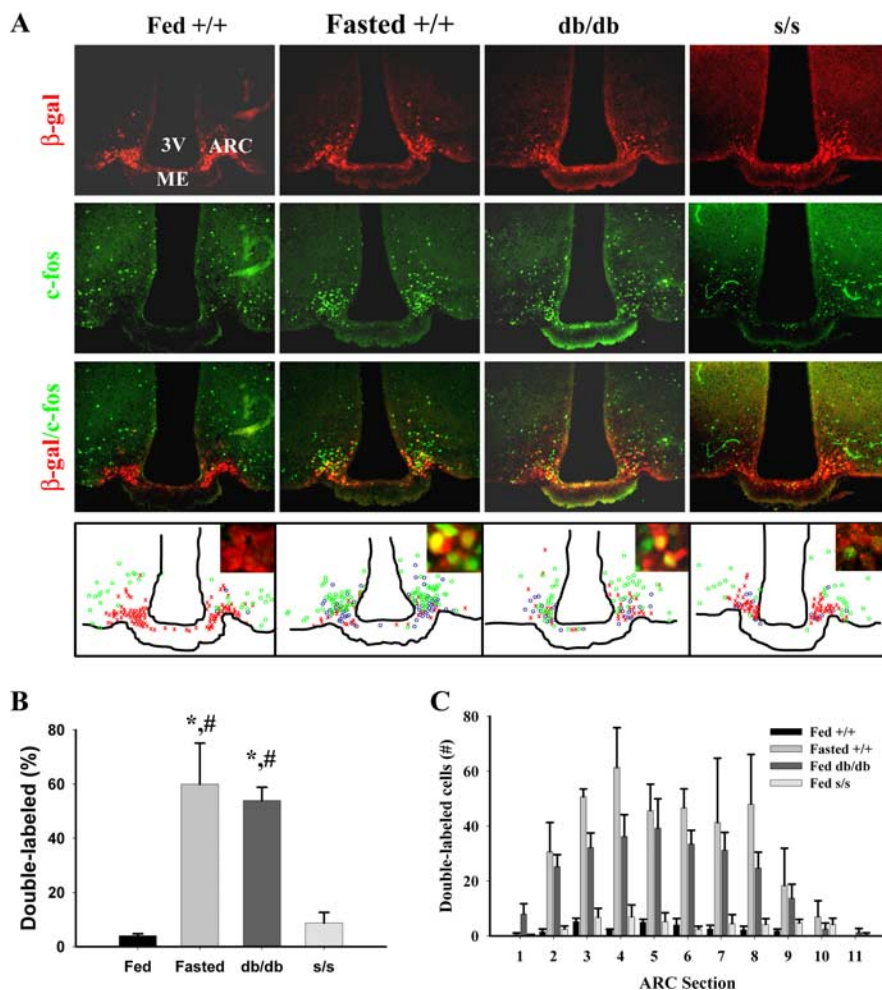


Figure 2. CFLIR in AgRP neurons of fasted *+/+* and *ad libitum*-fed *+/+*, *db/db*, and *s/s* animals. All mouse groups were bred onto a background expressing LacZ under the AgRP promoter, enabling the identification of AgRP neurons by staining for β -Gal; *ad libitum*-fed *+/+*, *db/db*, and *s/s* mice and fasted *+/+* animals on this background were subjected to IHC analysis. **A**, Representative images showing immunofluorescent detection of c-Fos (green, top), β -Gal (red, top middle), and merged c-Fos/ β -Gal (bottom middle). Bottom, Schematic drawings of AgRP (β -Gal, red \times symbols), c-Fos (green circles), and double (AgRP/c-Fos, blue circles) labeled neurons in representative sections (approximately bregma -1.9 mm). Insets show high magnifications of AgRP neurons within the ARC. **B**, Quantification of double-labeled c-Fos/AgRP neurons from animals treated as in **A**. Total AgRP neurons were normalized to 100% for the different mouse groups, and double-labeled AgRP neurons are plotted as percentage \pm SEM of total AgRP neurons. **C**, Distribution of double-labeled neurons throughout the ARC. Total c-Fos/AgRP double-labeled neurons per section are plotted for each genotype/treatment group. Statistical differences between groups were tested by two-way ANOVA ($p < 0.0001$), and Fisher's PLSD was performed for *post hoc* analysis (* $p < 0.0001$ vs fed *+/+*; # $p < 0.001$ vs fed *s/s*). Differences in total numbers of AgRP neurons within the groups were tested using ANOVA analysis ($p = 0.21$) and Fisher's PLSD and showed no significant differences among the groups, although the number of AgRP-positive neurons trended down in *db/db* mice compared with other groups ($p = 0.12$ vs *+/+*). Group sizes were $n = 4$ (fed *+/+*, fed *db/db*, and fed *s/s*) or $n = 3$ (fasted *+/+*). 3V, Third ventricle; ME, median eminence.

NPY neurons, we cannot be sure under the conditions of the present experiments whether this is the case. Overall, however, our observations are consistent with the notion that the suppression of these currents is appropriate in *s/s* animals.

Our data also suggest that the suppression of orexigenic ARC neurons by leptin occurs independently of LRB \rightarrow STAT3 signaling, because CFLIR in ARC AgRP neurons is appropriately suppressed and IPSCs onto the few ARC POMC neurons that we were able to examine are appropriately inhibited by leptin. Furthermore, although we cannot determine whether this represents cell-autonomous or indirect regulation, the finding of increased POMC CFLIR in *s/s* compared with *db/db* animals suggests that STAT3 signaling is not required for the overall appropriate reg-

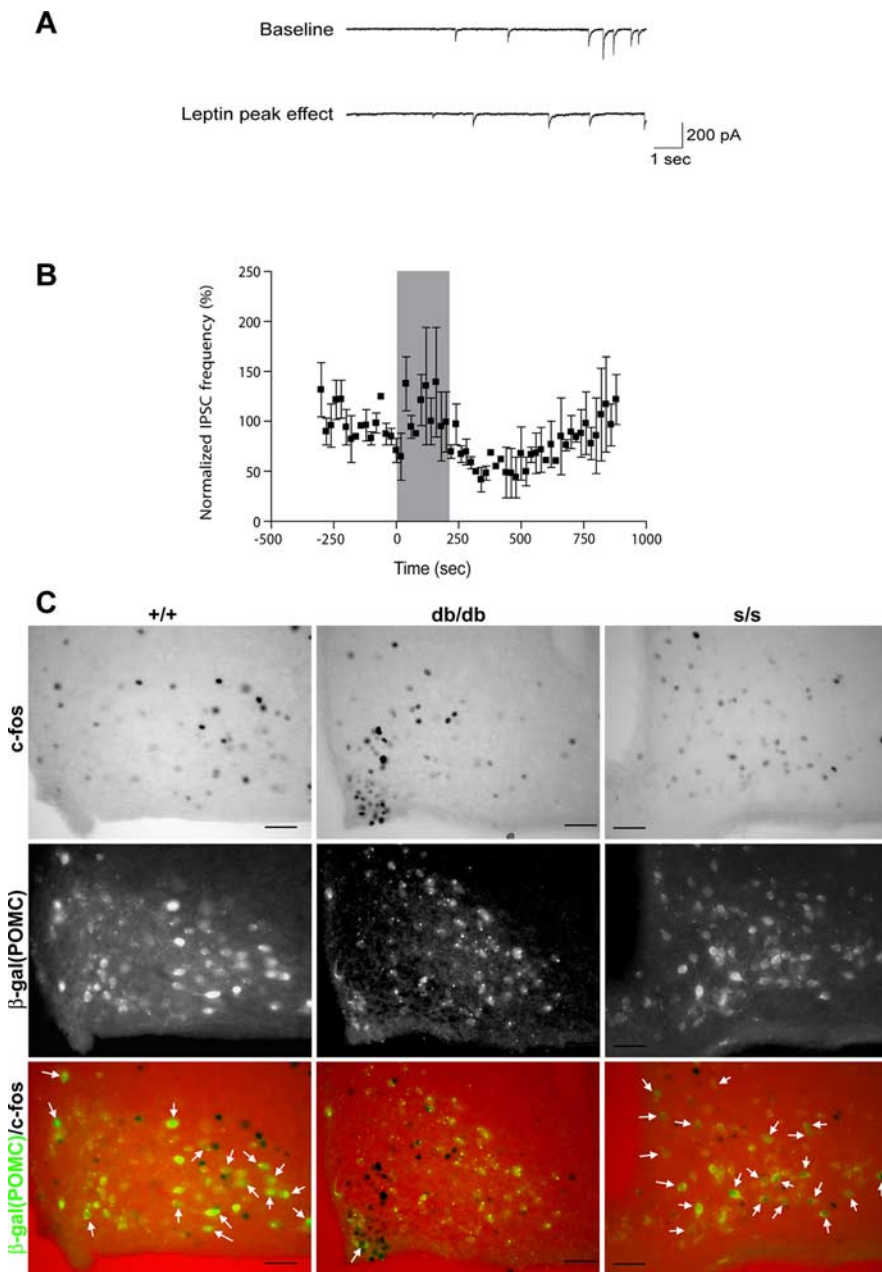


Figure 3. Leptin decreased the frequency of miniature IPSCs onto POMC neurons in *s/s* mice. **A**, Ten-second sweeps of raw synaptic data from a single POMC neuron showing baseline IPSCs 45 s before (top trace) and 306 s after (bottom trace) the start of leptin (100 nM) bath application. **B**, Leptin (100 nM) reversibly decreased the inhibitory synaptic input onto POMC neurons from *s/s* animals. The shaded region corresponds to time of drug application ($n = 2$). **C**, Representative images showing immunohistochemical detection of c-Fos (top, black nuclei) and immunofluorescent detection of β -Gal (middle, β -Gal/POMC, green) (bottom is merge) in *db/db* and *s/s* animals with β -Gal expression in POMC neurons (approximately bregma -1.9 mm). White arrows indicate colocalization of CFLIR with β -Gal; similar results were seen in multiple independent animals. Scale bars, 5 μ m.

ulation of membrane potential in the ARC POMC neurons, as for the AgRP neurons. Although STAT3, a transcription factor, is unlikely to directly and acutely regulate membrane potential during leptin action (because the acute regulation of membrane potential by leptin is rapid and thus unlikely to be mediated by transcription), the finding of appropriate regulation of neuronal activity in the ARC of *s/s* mice implies not only that the activation of STAT3-mediated transcription by leptin is not required acutely for the regulation of orexigenic ARC neuronal activity but also that LRB \rightarrow STAT3 signaling is required for neither the approximately normal development of these neurons nor the tran-

scriptional regulation of genes important for the normal function and electrical leptin responsiveness of these neurons. Other LRB-mediated signals that could contribute to the inhibition of AgRP neurons include SHP-2 (phosphatase containing SH2 domains) or Jak2 and/or downstream signals, such as PI3K, mTOR, and AMPK (Niswender et al., 2001; Minokoshi et al., 2004; Myers, 2004; Cota et al., 2006). Indeed, each of these latter signals is potentially regulated by leptin in the AgRP neurons of the ARC (Minokoshi et al., 2004; Xu et al., 2005b; Cota et al., 2006), and recent data have defined a role for PI3K signals in the regulation of AgRP mRNA expression (Kitamura et al., 2006).

Overall, our results suggest that, whereas STAT3 signaling is crucial for the regulation of feeding and energy balance (Bates et al., 2003, 2004), the regulation of neuropeptide expression (Bates et al., 2003) and activity in orexigenic ARC neurons is independent of LRB \rightarrow STAT3 signaling, as may also be the case for activity of anorectic POMC neurons. This does not imply that the activity of orexigenic ARC neurons (and ARC POMC neurons) are not important for leptin action, however. Indeed, ARC AgRP neurons are essential for feeding, because their deletion results in dramatic hypophagia (Bewick et al., 2005; Groppe et al., 2005; Luquet et al., 2005; Xu et al., 2005a). Furthermore, *s/s* animals are less obese and tend to eat slightly less than *db/db* mice (Bates et al., 2003, 2004, 2005), and numerous studies have demonstrated important roles for STAT3-independent signaling pathways in the acute anorectic response to leptin (Niswender et al., 2001; Minokoshi et al., 2004; Myers, 2004; Cota et al., 2006), as well as in the regulation of reproduction, growth, immune function, and glucose homeostasis (Bates et al., 2003, 2005; Dunn et al., 2005; Buettner et al., 2006). Thus, STAT3-independent signals may require STAT3 signaling to mediate their full effect but are clearly important physiologically, and this is also likely to be the case for AgRP neuron activity. Indeed, it is likely the case that depolarization of POMC neurons is rather less effective in mediating satiety in *s/s* animals with low POMC expression than it would be in wild-type animals, as well, because decreased POMC expression results in decreased α -melanocyte stimulating hormone, resulting in decreased melanocortin signaling even with normal depolarization of these neurons. The finding of similarly decreased energy expenditure in *s/s* and *db/db* animals is consistent with a major role for melanocortin action in the regulation of metabolic rate (Butler and Cone, 2002; Bates et al., 2004; Balthasar et al., 2005). Thus, the dramatic obesity resulting from the mutation of the LRB \rightarrow STAT3 signal notwithstanding (Bates et al., 2003), the regulation of AgRP neurons and STAT3-independent LRB signals contribute importantly to the action of leptin *in vivo*.

Overall, our present results suggest that, although multiple LRB signals play essential roles in the regulation of energy homeostasis, each leptin signal mediates a subset of neural responses to leptin, and, thus, each LRB signal mediates effects that are important for a distinct subpopulation of LRB-expressing neurons. An understanding of the relationship between individual leptin signals and their cognate neural processes will thus be crucial as we seek to understand the totality of leptin action in the brain.

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