Wrongful Birth: The Courts' Dilemma in Determining a Remedy for a Blessed Event

Michael T. Murtaugh
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* Attorney and Counselor at Law. J.D., Catholic University of America, 1984; A.B., College of the Holy Cross, 1981. Admitted to practice in New York, District of Columbia and Texas. The author practiced law in Houston, Texas and New York, New York, and was an assistant professor at Widener University School of Law. He currently consults for law firms. The author thanks Robert E. Mensel, J.D., Ph.D. Nancy J. Ross and Charles A. Eckert for their advice and comments on drafts of this article, and Paula Heider for her word-processing assistance.
Wrongful birth is an action sounding in tort brought by the parents of an unplanned child against a physician who performs an unsuccessful sterilization operation or abortion, or who improperly diagnoses the fact of pregnancy or the physical

1. Wrongful birth actions must be distinguished from actions for wrongful life. A suit for wrongful life is brought by parents on behalf of the child himself to recover damages for having been allowed to be born. For example, in Berman v. Allan, 404 A.2d 8 (N.J. 1979), a Downs syndrome child alleged that had the defendant informed her mother of the availability of amniocentesis, and performed that test, her mother would have terminated the pregnancy and she would never have come into existence.

Wrongful life actions have not met with favor in the courts. The reason most frequently offered for denying the claim is the impossibility of calculating damages. Since the purpose in awarding damages is compensation, the child bringing the wrongful life action is actually demanding the court to measure the difference between the value of his existence (caused by the negligence) and that of his nonexistence (that is, his value if the negligent act had not occurred). The courts have responded that the value of life as opposed to nonlife is incapable of measurement. See Gleitman v. Cosgrove, 227 A.2d 689, 692 (N.J. 1967).


2. Actions for wrongful birth have also sounded in contract and warranty. See, e.g., Burke v. Rivo, 551 N.E.2d 1 (Mass. 1990); Ball v. Mudge, 391 P.2d 201 (Wash. 1964) (parents brought suit alleging that the physician breached his implied warranty in failing to render the father sterile). These suits are usually unsuccessful because courts will dismiss the action unless the plaintiff can prove separate consideration for the fee for the sterilization operation. See, e.g., Clegg v. Chase, 391 N.Y.S.2d 966 (Sup. Ct. 1977); but see, e.g., Custodio v. Bauer, 59 Cal. Rptr. 463 (Ct. App. 1967) (court infers that through physician's failure to warn the patient of the possibility of failure of treatment, he guaranteed success without qualifications).

Because of the prevalence of suits brought in tort for negligence, and their rate of success, this Article will deal only with that cause of action for wrongful birth.
condition of the fetus during pregnancy. The plaintiff's complaint typically alleges that the physician's negligence caused the parents to suffer the conception or birth of the child. The parents of the wrongfully born infant pray for compensation for the losses they have sustained as a result of the birth.

Originally, claims for wrongful birth were categorically denied. In the first wrongful birth suit, Christensen v. Thornby, the Minnesota Supreme Court denied the parents' claim, maintaining that the birth of any child was a "blessed event." Twenty-three years later, a Pennsylvania court, in Shaheen v. Knight, reasoned that since procreation was the chief purpose of marriage, it could not sustain the married plaintiff's action for wrongful birth. Thus, adherence to these deeply-rooted sentiments grounded in public policy caused the injured parents of an unwanted child to be deprived of a legal remedy.

Three decades after the first wrongful birth case was decided, it became apparent that a shift in this once pervasive social policy was emerging. This transition was evidenced by


One court has also allowed parents of an unplanned child to bring an action for wrongful birth against a pharmacist who negligently substituted a tranquilizer while filling a prescription for an oral contraceptive. See Troppi v. Scarf, 187 N.W.2d 511 (Mich. Ct. App. 1971).


6. 255 N.W. 620 (Minn. 1934).

7. Id.


9. Id.

10. See, e.g., Ball v. Mudge, 391 P.2d 201 (Wash. 1964). Although the Washington court denied the parents' claim for summary judgment in a wrongful birth action, it opined, "[our holding for the physician] should not be construed as an expression of opinion by this court on [physician's] contention that the case should . . . have been resolved in his favor as a matter of law." Id. at 203.
two United States Supreme Court cases. In 1965, the Court, in *Griswold v. Connecticut*,\(^\text{11}\) held that the decision of a man and woman to procreate or use some form of birth control fell within their constitutionally protected right to privacy.\(^\text{12}\) Eight years later, in *Roe v. Wade*,\(^\text{13}\) the Court extended this protection to a woman's decision to abort a fetus within the first trimester of pregnancy.\(^\text{14}\) Having been afforded these new constitutional protections, parents were secured against having their claims for wrongful birth denied based on the policy arguments advanced by the courts in *Christensen* and *Shaheen*. As a result of *Griswold* and *Roe*, parties claiming injury as a result of wrongful birth should no longer be denied a remedy at law.\(^\text{15}\)

The rationale of the *Griswold* case contradicts the policy reasons advanced in *Shaheen* for denying a cause of action for

\(^{11}\) 381 U.S. 479 (1965).

\(^{12}\) The *Griswold* court reasoned, *inter alia*, that "specific guarantees in the Bill of Rights have penumbras, formed by emanations from those guarantees that help give them life and substance. [Those] [v]arious guarantees create zones of privacy." Id. at 484. After discussing the specific amendments to the Constitution that give rise to this right of privacy, the Court stated that the intimate relation of husband and wife is one lying within that zone of privacy. Id. at 486. It concluded that a law which forbids the "use of contraceptives . . . [has] a maximum destructive impact upon that relationship" and cannot be upheld. Id. at 485.

\(^{13}\) 410 U.S. 113 (1973).

\(^{14}\) The *Roe* court introduced the issue by recognizing "the sensitive and emotional nature of the abortion controversy . . . and of the deep and seemingly absolute convictions that the subject inspires." Id. at 116. It continued:

One's philosophy, one's experiences . . . one's religious training, one's attitudes toward life and family and their values, and the moral standards one establishes and seeks to observe, are all likely to influence and to color one's thinking and conclusions about abortion . . . Our task, of course, is to resolve the issue by constitutional measurement, free of emotion and of predilection.

Id. Realizing that the Constitution does not explicitly recognize a right to privacy, the court cited *Griswold*, 381 U.S. 479, as having established one and maintained that "[t]his right of privacy . . . is broad enough to encompass a woman's decision whether or not to terminate her pregnancy." 410 U.S. at 153 (the remainder of the court's opinion deals with the competing interests of the woman and the state regarding the lawfulness of abortion during the three trimesters of pregnancy). For a full discussion and analysis of the Roe decision and its subsequent impact, see Philip Heymann & Douglas Barzelay, *The Trees: Roe v. Wade and its Critics*, 53 B.U. L. Rev. 765 (1973).

\(^{15}\) See, e.g., cases cited supra note 5 and accompanying text. In adopting the right of privacy and applying it to contraception and abortion, the Supreme Court did not discuss, nor did it intimate the relevance of its decision to the action for wrongful birth.
wrongful birth. In recognizing a couple’s right to use contraception, the Court abrogated, as a matter of constitutional law, the concept that procreation is the chief purpose of marriage. Furthermore, in its holding in Roe, the Court, at least impliedly, recognized that not all women believe that the birth of a child is a “blessed event.” It follows, therefore, that the “blessing” doctrine of Christensen can no longer be maintained as a per se rule.

Since the early 1970’s, claims for wrongful birth have met with increasing success in the state courts. The litigation has

16. See, e.g., Robak v. United States, 658 F.2d 471 (7th Cir. 1981) (parents of rubella syndrome child brought wrongful birth action against physician who negligently failed to diagnose mother’s rubella and inform her of possible damages to the fetus, and received damages for the costs of raising and supporting the child); Hartke v. McKelway, 526 F. Supp. 97 (D.D.C. 1982) (mother of unplanned child brought wrongful birth action against physician who negligently performed a laproscopic cauterization and was denied recovery for the costs of raising healthy child); Pub. Health Trust v. Brown, 388 So. 2d 1084 (Fla. Dist. Ct. App. 1980) (mother of unplanned, healthy child, brought wrongful birth action against physician who negligently performed tubal ligation and was denied rearing costs); Williams v. Univ. of Chicago Hosp., 688 N.E.2d 130 (Ill. 1997) (parents sought damages for the birth of their child following a failed tubal ligation); Wilczynski v. Goodman, 391 N.E.2d 479 (Ill. App. Ct. 1979) (parents brought action against physician who negligently performed abortion and were precluded from recovering damages for costs incurred in raising and educating the child); Maggard v. McKelvey, 627 S.W.2d 44 (Ky. Ct. App. 1981) (parents of unwanted, healthy child brought wrongful birth action against physician for negligent performance of vasectomy on father and were denied costs for rearing the child); Troppi v. Scarf, 177 N.W.2d 511 (Mich. Ct. App. 1971) (benefits of an unwanted, healthy, child may be weighed against all elements of damage claims by plaintiffs who had unplanned child as a result of pharmacist’s negligently supplying tranquilizer rather than birth control pill); Sherlock v. Stillwater Clinic, 260 N.W.2d 169 (Minn. 1977) (parents of wrongfully born, healthy child, brought action against physician who negligently performed sterilization operation and were awarded damages for the prenatal and postnatal expenses, mother’s pain and suffering during pregnancy and delivery, loss of consortium and reasonable cost of rearing the unplanned child subject to offset by the value of child’s aid, comfort and society); Betancourt v. Gaylor, 344 A.2d 336 (N.J. Super. Ct. Law Div. 1975) (parents of healthy child brought wrongful birth action against physician for negligence in performing a sterilization operation on mother and recovered damages for emotional upset, physical inconvenience and costs incurred in rearing the child offset by any benefits that they might receive as a result of the child's birth); Ziomba v. Sternberg, 357 N.Y.S.2d 265 (App. Div. 1974) (action in malpractice lies by parents against physician for his negligent failure to diagnose a pregnancy so that mother was prevented from aborting the child); Emerson v. Magendanz, 689 A.2d 409 (R.I. 1997); Simmerer v. Dabbas, 733 N.E.2d 1169 (Ohio 2000); Bowman v. Davis, 356 N.E.2d 496 (Ohio 1976) (parents of healthy child born as result of physician's negligent performance of tubal ligation brought suit and recovered costs for rearing);
arisen from a variety of factual situations. Many of the successful actions have been brought by parents alleging that the physician's negligence prior to the conception of their child caused the injury. For instance, physicians have been held liable for incorrectly performing a vasectomy or tubal ligation. The action may also arise after a child has been conceived. Claims have been brought against physicians for failing to diagnose a

Jacobs v. Theimer, 519 S.W.2d 846 (Tex. 1975) (suit for recovery of expenses reasonably necessary for care and treatment of child who was born physically impaired because of mother's having contracted rubella is not barred by considerations of public policy); Dumer v. St. Michael's Hosp., 233 N.W.2d 372 (Wis. 1975) (parents of child born with rubella syndrome brought wrongful birth action against physician for negligently failing to diagnose mother's condition and warn her of probable effects on fetus, and recovered damages limited to expenses which parents had reasonably and necessarily suffered and would suffer in the future due to the child's deformities).

17. In this type of situation, the claims have often been entitled "wrongful conception" or "wrongful pregnancy" by the courts. See, e.g., Sherlock v. Stillwater Clinic, 260 N.W.2d 169, 176 (Minn. 1977); Coleman v. Garrison, 327 A.2d 757 (Del. Super. Ct. 1974), aff'd, 349 A.2d 8 (Del. 1975). Some commentators believe that the distinction in nomenclature is vital to a proper assessment of the issues involved. See, e.g., Lisa A. Podewils, Traditional Tort Principles and Wrongful Conception Child-Rearing Damages, 73 B.U. L. Rev. 407, 407 n.2 (May 1993) ("Wrongful conception or wrongful pregnancy lawsuits may be distinguished from wrongful birth . . . actions. In wrongful birth lawsuits, the parents of unhealthy infants seek to recover the cost of caring for the disabled infant. Recovery is based on the premise that the parents would have aborted if they had known that the child was going to be disabled, or that the child's impairment was caused by the physician's negligence . . . ."); Diane M. Vogt, Note, Torts—Cause of Action Recognized for Wrongful Pregnancy—Measure of Damages to be Applied, 25 Wayne L. Rev. 961 (March 1979). Because the underlying issue involves ordinary common law negligence, the distinction is of little or no value. It serves only to identify the temporary quality of the negligence and is not relevant to a disposition of the underlying issue. As Dean Prosser has espoused, the particular name a tort bears is of little relevance to the real issue of whether "the plaintiff's interests are entitled to legal protection against the conduct of the defendant." William Lloyd Prosser & W. Page Keeton, Prosser and Keeton on Torts § 1, at 4 (5th ed., West 1984).

Additionally, unlike the characterization given to the different nomenclature by Podewils, causes of action based on the concept of wrongful birth of a child born healthy, are abundant. See sources cited infra notes 101-34 and accompanying text.

18. See, e.g., Sherlock v. Stillwater Clinic, 260 N.W.2d 169 (Minn. 1977). A vasectomy is a sterilization procedure performed on a man, by which a section of the vas deferens, a tube which carries spermatoza, is cut, and the severed ends sutured, thus preventing escape of sperm to a point where a male may impregnate the female.

19. See, e.g., Bowman v. Davis, 356 N.E.2d 496 (Ohio 1976). A tubal ligation is a sterilization procedure by which a woman's fallopian tubes are cut and tied off as a means of preventing the union of sperm and egg.
pregnancy or for failing to test for, or diagnose, fetal defects in time for the mother to obtain a legal abortion.\textsuperscript{20}

The spectrum of damages that have been claimed, awarded or denied is even broader than that of the various forms of wrongful birth actions.\textsuperscript{21} Every court that has heard a wrongful birth claim has discussed the multiple elements of possible damage and the controversy over the proper calculation of damages.\textsuperscript{22} Although courts often purport to allow recovery for those elements of damages that are a direct and probable result of the defendant physician’s negligence,\textsuperscript{23} in actuality, most awards are not that far-reaching.\textsuperscript{24} The most controversial

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\textsuperscript{20} See, e.g., Rieck v. Med. Protective Co. 219 N.W.2d 242 (Wis. 1974); Jacobs v. Theimer, 519 S.W.2d 846 (Tex. 1975).
\textsuperscript{21} See, e.g., cases cited infra note 24.
\textsuperscript{22} See, e.g., Robak v. United States, 658 F.2d 471 (7th Cir. 1981) (parents of rubella syndrome child brought wrongful birth action against physician who negligently failed to diagnose mother’s rubella and inform her of possible dangers to the fetus, and received damages for the costs of raising and supporting the child); Hartke v. McKelway, 526 F. Supp. 97 (D.D.C. 1981) (parents of unwanted, healthy child brought wrongful birth action against physician for negligent performance of vasectomy on father and were denied costs of rearing the child); Moores v. Lucas, 405 So. 2d 1022 (Fla. Dist. Ct. App. 1981) (parents of deformed child brought action against physician based on negligent failure to diagnose and warn of inheritable disease and recovered damages for medical expenses and extraordinary care involved in treatment of child); Cockrum v. Baumgartner, 425 N.E.2d 968 (Ill. App. Ct. 1981) (parents of child wrongfully born as a result of negligent sterilization allowed to recover full costs of raising and educating unplanned child); Maggard v. McKelvey, 627 S.W.2d 44 (Ky. Ct. App. 1981) (parents of unwanted, healthy child brought wrongful birth action against physician for negligent performance of vasectomy on father and were denied the costs of rearing the child); Eisbrenner v. Stanley, 308 N.W.2d 209 (Mich. Ct. App. 1981) (parents of child born with genetic defect were entitled to seek damages for both medical expenses and mental distress from physician who negligently failed to inform plaintiffs of fetus’ condition at stage where abortion was legal); Sorkin v. Lee, 434 N.Y.S.2d 300 (App. Div. 1980) (parents of wrongfully born, healthy child can recover medical expenses as well as pain and suffering from physician or negligently performed vasectomy, but costs for rearing denied as speculative and beyond reasonable measurement).
\textsuperscript{24} Costs arising from the unsuccessful medical procedure and from the birth itself are most frequently awarded. See, e.g., Wilbur v. Kerr, 628 S.W.2d 568 (Ark. 1982) and sources cited infra notes 114-26 and accompanying text; Maggard v. McKelvey, 627 S.W.2d 44 (Ky. Ct. App. 1981); Kingsbury v. Smith, 442 A.2d 1003 (N.H. 1982) and sources cited infra notes 101-13. In addition, damages for pain and suffering connected with the pregnancy, see Bishop v. Byrne, 265 F. Supp. 460 (S.D. W. Va. 1967); loss of the mother’s wages due to the pregnancy. see id. For the father’s loss of consortium during the wife’s absence have also been allowed, see,\
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question concerning damages is whether to award the injured parents costs of raising the unwanted child.\textsuperscript{25} In determining the extent of the parents' injury, courts have focused on the health of the wrongfully born child. When the child is born diseased or with an abnormality, courts have shown an increasing willingness to award the plaintiff parents full compensation for the financial loss they will suffer for raising a physically or mentally challenged child.\textsuperscript{26} However, in cases arising from the unplanned birth of a healthy child, courts generally have refused to recognize the full costs of rearing as a proper element of damages.\textsuperscript{27}

Entering its adolescence as a cause of action, the wrongful birth claims' validity was recognized by an increasing number of courts.\textsuperscript{28} The courts were generally unable to dismiss the

e.g., Sherlock v. Stillwater Clinic, 260 N.W.2d 169 (Minn. 1977); Bowman v. Davis, 356 N.E.2d 496 (Ohio 1976). One court has held that the parents of a child born with birth defects have a valid claim for damages resulting from emotional injury sustained as a result of the birth. \textit{See} Berman v. Allan, 404 A.2d 8 (N.J. 1979) (mental and emotional anguish parents have suffered and will continue to suffer as the result of their Down's syndrome child is an appropriate measure of damage).

\textsuperscript{25} \textit{See}, e.g., Wilczynski v. Goodman, 391 N.E.2d 479, 487 (Ill. App. Ct. 1979) (the principal controversy in negligent birth control actions revolves around the damage question).

\textsuperscript{26} \textit{See}, e.g., Naccash v. Burger, 290 S.E.2d 825 (Va. 1982); Speck v. Finegold, 439 A.2d 110 (Pa. 1982); sources cited \textit{infra} notes 159-81 and accompanying text.

\textsuperscript{27} \textit{See}, e.g., Wilbur v. Kerr, 628 S.W.2d 568 (Ark. 1982) (public policy bars the awarding of damages for rearing); Pub. Health Trust v. Brown, 388 So. 2d 1084 (Fla. Dist. Ct. App. 1980) (cost of raising a previously unwanted but healthy, normal child is not a recoverable element in wrongful birth cases); Kingsbury v. Smith, 442 A.2d 1003 (N.H. 1982) (no damages awarded for rearing); \textit{but see}, e.g., Cockrum v. Baumgartner, 425 N.E.2d 968 (Ill. App. Ct. 1981) (costs of raising and educating an unplanned child are a proper element of damages and rewards of parenthood that should not be allowed in mitigation of rearing costs); Bowman v. Davis, 356 N.E.2d 496 (Ohio 1976) (recovery for expense due to change in family status and economic costs of rearing is not against public policy).

\textsuperscript{28} Successful wrongful birth cases since 1967 include: Robak v. United States, 658 F.2d 471 (7th Cir. 1981) (parents of rubella syndrome child brought wrongful birth action against physician who negligently failed to diagnose mother's rubella and inform her of possible damages to the fetus, and received damages for the costs of raising and supporting the child); Hartke v. McKelway, 526 F. Supp. 97 (D.D.C. 1981) (mother of unplanned child brought wrongful birth action against physician who negligently performed a laparoscopic cauterization and was denied recovery for the costs of raising a healthy child); Bishop v. Byrne, 265 F. Supp. 460 (S.D. W. Va. 1967) (in an action brought by parents of child born as result of negligently performed sterilization, whether wife suffered mental or physical pain from pregnancy and subsequent Caesarean section presented disputed issues of fact which precluded grant of summary judgment); Wilbur v. Kerr,
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628 S.W.2d 568 (Ark. 1982) (parents of an unwanted, healthy child brought suit against physician who negligently and unsuccessfully performed vasectomy on father and were denied rearing costs on the basis of public policy); Custodio v. Bauer, 59 Cal. Rptr. 463 (Ct. App. 1967) (in action to recover damages for the birth of a normal, healthy child following failure of sterilization procedure, plaintiffs entitled to recover more than nominal damages); Ochs v. Borrelli, 445 A.2d 883 (Conn. 1982) (parents of unplanned, healthy child, recovered costs of rearing offset by value of child's aid and comfort from physician who negligently performed a tubal ligation); Pub. Health Trust v. Brown, 388 So. 2d 1084 (Fla. Dist. Ct. App. 1980) (mother of unplanned, healthy child brought wrongful birth action against physician who negligently performed tubal ligation and was denied rearing costs); Maggard v. McKelvey, 627 S.W.2d 44 (Ky. Ct. App. 1981) (parents of unwanted, healthy child brought wrongful birth action against physician for negligent performance of vasectomy on father and were denied costs for rearing); Wilczynski v. Goodman, 391 N.E.2d 479 (Ill. App. Ct. 1979) (parents brought action against physician who negligently performed abortion and were precluded from recovering damages for costs incurred in raising and educating the child); Sherlock v. Stillwater Clinic, 260 N.W.2d 169 (Minn. 1977) (parents of wrongfully born, healthy child brought action against physician who negligently performed sterilization operation and were awarded damages for the prenatal and postnatal expenses, mother's pain and suffering during pregnancy and delivery, loss of consortium and reasonable cost of rearing the unplanned child subject to offset by the value of child's aid, comfort and society); Troppi v. Scarf, 187 N.W.2d 511 (Mich. Ct. App. 1971) (benefits of an unwanted, healthy, child may be weighed against all elements of damage claimed by plaintiffs who had unplanned child as result of pharmacist's negligently supplying tranquilizer rather than birth control pill); Kingsbury v. Smith, 442 A.2d 1003 (N.H. 1982) (parents of healthy child wrongfully born after negligent vasectomy recovered damages from defendant physician for hospital and medical expenses, cost of sterilization, pain and suffering, loss of mother's wages and father's consortium, but were denied costs for rearing); Betancourt v. Gaylor, 344 A.2d 336 (N.J. Super. Ct. Law Div. 1975) (parents of healthy child brought wrongful birth action against physician for negligence in performing a sterilization operation on mother and recovered damages for emotional upset, physical inconvenience and costs incurred in rearing the child offset by any benefits that they might receive as a result of the child's birth); Ziemba v. Sternberg, 357 N.Y.S.2d 265 (App. Div. 1974) (action in malpractice lies by parents against physician for his negligent failure to diagnose a pregnancy so that mother was prevented from aborting the child); Bowman v. Davis, 356 N.E.2d 496 (Ohio 1976) (parents of healthy child born as result of physician's negligent performance of tubal ligation recovered costs for rearing); Speck v. Finegold, 439 A.2d 110 (Pa. 1981) (parents of a genetically defective child brought action against physicians who negligently performed vasectomy and abortion procedures and were awarded damages for expenses attributable to the birth and rearing of the child, mental distress and physical inconvenience attributable to the child's birth); Jacobs v. Theimer, 519 S.W.2d 846 (Tex. 1975) (suit for recovery of expenses reasonably necessary for care and treatment of child who was born physically impaired because of mother's having contracted rubella is not barred by considerations of public policy); Naccash v. Burger, 290 S.E.2d 825 (Va. 1982) (parents of child born with Tay-Sach's disease brought wrongful birth action against physician who negligently failed to discover that fetus was affected with the disease, causing mother to forego abortion, and recovered damages for care and treatment of child, and emotional distress); Dumer
suits on the grounds of public policy because of the decisions in *Griswold* and *Roe.*

However, in their lingering reluctance to recognize wrongful birth as a typical negligence action, the courts continued to deny claimants complete recovery for the injuries they suffered. In doing so, the courts left the parents of unwanted children with an incomplete remedy and an echo of the resounding admonition of *Christensen* ringing in their ear—instead of suffering an injury, you have been “blessed with the fatherhood of another child.”

This article will trace the evolution of the cause of action for wrongful birth. It will then study five successful wrongful birth cases handed down by state courts of last resort during a seminal year in the tort's development. The stunted development of the cause of action since then, including a number of state legislatures' enacting laws denying the availability of the tort to the citizens of their jurisdictions, and the continued misapplication of basic principles of tort law by courts in states that do recognize this controversial cause of action will be discussed. The legislative history of the Pennsylvania statute abrogating the common law action for the tort of wrongful birth for its citizens will be analyzed. Finally, the holdings and rationales of cases in the jurisdictions that do recognize the cause of action are discussed, with an emphasis on the measure of damages. It will be demonstrated that though many courts have recognized the traditional tort nature of wrongful birth, through indiscriminate application of basic postulates of damages' rules or under

v. St. Michael's Hosp., 233 N.W.2d 372 (Wis. 1975) (parents of child born with rubella syndrome brought wrongful birth action against physician for negligently failing to diagnose mother's condition and warn her of probable effects on fetus, and recovered damages limited to expenses which parents had reasonably and necessarily suffered and would suffer in the future due to the child's deformities). For additional cases, see *infra* note 207.

29. See cases cited *supra* note 15 and accompanying text.


the guise of public policy, injured plaintiffs are nevertheless left with an incomplete remedy or awarded damages beyond the scope of the defendant's culpability.

This article concludes that although the cause of action for wrongful birth has been denied both by some governors' pens and the pens of some ultra-conservative courts, it remains a valid cause of action in the majority of states. The courts that do hear wrongful birth claims should shift the focus of their inquiry from the health of the wrongfully born child to the plaintiff's reasons for deciding not to parent a child, in order to award a remedy that is commensurate with the extent of the injury suffered.

I. The Genesis and Development of the Cause of Action for Wrongful Birth: A “Blessing” Evolves into a Burden

The earliest claims for wrongful birth in the state courts were unsuccessful. In the first wrongful birth case on record, Christensen v. Thornby, the Supreme Court of Minnesota was asked to hold a physician who failed to render the plaintiff sterile after a vasectomy operation responsible for costs resulting from the plaintiff's wife's subsequent pregnancy. The plaintiff in Christensen sought sterilization because his wife had been advised to avoid a second pregnancy after having experienced "great difficulty with the birth of her first child." Recognizing that an operation to sterilize a man whose wife may not have a child without grave hazard to her life was consistent with public policy, the court looked to the purpose for which the plaintiff underwent the surgery. It found that the purpose of the oper-

32. See, e.g., Christensen v. Thornby, 255 N.W. 620 (Minn. 1934); Shaheen v. Knight, 11 Pa. D. & C.2d 41 (Lycoming Cty. 1957). See also cases cited supra notes 6-9 and accompanying text.

33. 255 N.W. 620.

34. Id. at 621 (cause of action based not on medical malpractice but on deceit in the representation by the physician to the effect that a sterilization operation would prevent conception by the wife).

35. Id.

36. Id. at 621-22. Inquiring into the purpose for which the sterilization was sought is a valid method of determining the existence and extent of injury in wrongful birth actions. Unfortunately, this method of inquiry was not employed again in a wrongful birth suit until it was adopted by the United States District Court for the District of Columbia in 1981, in Hartke v. McKelway, 526 F. Supp. 97 (D.D.C. 1981). For a discussion of Hartke and of the importance of ascertaining the
ation was "to save the wife from the hazards to her life which were incident to childbirth," and was not for the alleged purpose of saving the expenses incident to pregnancy and delivery. 37 The court reasoned that because the wife had survived, the husband had not been injured; rather, he had been "blessed with the fatherhood of another child." 38 Furthermore, the court maintained that the "expenses alleged [were] incident to . . . bearing [the] child, and their avoidance [was] remote from the avowed purpose of the operation." 39

The issue of wrongful birth did not arise again (in a reported case) until 1957. In Shaheen v. Knight, 40 a Pennsylvania court voiced its agreement with Christensen that sterilization procedures were not against public policy. 41 However, the Shaheen court held that where sterilization was ineffective, no compensable damage occurred when a healthy child was subsequently born. The court denied the cause of action, asserting that "to allow damages for the normal birth of a normal child is foreign to the universal public sentiment of the people." 42

Thus, at this point, there were two views on the cause of action for wrongful birth. First, a cause of action existed, but unless the plaintiff could prove that his purpose in seeking sterilization was frustrated by the subsequent birth, then as a matter-of-law, no damages were suffered, and indeed, a benefit accrued to the parents. 43 The second position was that no cause of action existed because the recognition of one would be con-

37. Christensen, 255 N.W. at 622.
38. Id.
39. Id. (denying plaintiff's action for deceit because plaintiff failed to prove fraudulent intent). The Minnesota court later read Christensen as standing for the proposition that although the plaintiff's claim failed, a cause of action does exist for an improperly performed sterilization. See Sherlock v. Stillwater Clinic, 260 N.W.2d 169, 172 (Minn. 1977); see also sources cited infra notes 63-71 and accompanying text.
41. Id. at 43.
42. Id. at 45.
43. See discussion of Christensen, sources cited supra notes 33-39 and accompanying text.
trary to public policy because the birth of a child is a "blessed event."\textsuperscript{44}

Ten years after the \textit{Shaheen} case was decided, a California appeals court declined to adopt either of the two previously recognized views on wrongful birth, and espoused a third view of what constituted an appropriate remedy in such actions. In \textit{Custodio v. Bauer},\textsuperscript{45} the court held that if the plaintiffs could prove that sterilization was negligently performed, and that the physician had breached his duty to them, they could recover all damages proximately caused by the defendant physician's negligence.\textsuperscript{46}

The \textit{Custodio} court's departure from the persuasive authority of \textit{Christensen} and \textit{Shaheen} must be examined in light of two intervening United States Supreme Court cases. In \textit{Griswold v. Connecticut}\textsuperscript{47} and \textit{Roe v. Wade},\textsuperscript{48} the Court implicitly recognized society's changing attitude toward contraception and abortion. In \textit{Griswold}, the Court asserted that the decision to use contraception is one of individual conscience, "clothed in a cloak of constitutional protection."\textsuperscript{49} Thus, the \textit{Custodio} court had substantial support for its rejection of \textit{Shaheen}'s premise that procreation was the chief purpose of marriage.\textsuperscript{50} The Supreme Court's ruling in \textit{Roe} clearly vitiated \textit{Christensen}'s rationale that the birth of a child is always a "blessed event" and illustrated that the \textit{Custodio} court was prescient. In \textit{dicta}, the \textit{Roe} court maintained:

Maternity, or additional offspring, may force upon the woman a distressful life and future. Psychological harm may be imminent. Mental and physical health may be taxed by child care. There is also the distress, for all concerned, associated with the unwanted

\textsuperscript{44} See, e.g., Christensen v. Thornby, 255 N.W. 620 (Minn. 1934); see also discussion of \textit{Shaheen}, sources cited supra notes 40-42 and accompanying text.

\textsuperscript{45} 59 Cal. Rptr. 463 (Ct. App. 1967).

\textsuperscript{46} Id. at 476.

\textsuperscript{47} 381 U.S. 479 (1965). For a discussion of \textit{Griswold}, see sources cited supra notes 11-12 and accompanying text.


\textsuperscript{50} See cases cited supra notes 12, 14.
child, and there is the problem of bringing a child into a family already unable, psychologically and otherwise, to care for it.\textsuperscript{51}

Therefore, the California court in \textit{Custodio} had every reason not to mimic the positions of other state courts that had already dealt with the issue.\textsuperscript{52}

In awarding damages to plaintiff parents for all foreseeable consequences of a negligently performed sterilization, including the costs of rearing the unplanned child, \textit{Custodio} added substance to the rights recognized by the Supreme Court in \textit{Griswold} and \textit{Roe}.\textsuperscript{53} However, \textit{Custodio} has been criticized as representing the "extreme edge or frontier" of allowable damages in a wrongful birth action.\textsuperscript{54} To prevent the plaintiff parents from obtaining a financial windfall as a result of awarding them costs for raising a healthy child, some courts have taken a fourth approach to wrongful birth and completely denied that element of damages.\textsuperscript{55}

Two years after \textit{Custodio} was decided, an Illinois appeals court, in \textit{Wilczynski v. Goodman},\textsuperscript{56} allowed plaintiff parents to recover hospital and medical costs resulting from a negligently performed abortion, but held that awarding costs for raising and educating a normal, healthy child was against the legislatively declared policy of favoring childbirth over abortion.\textsuperscript{57} Other courts have proffered different justifications in reaching that result. For instance, the Wisconsin Supreme Court held that rearing costs are not an appropriate element of damages because such an award would exceed the negligent physician's culpability,\textsuperscript{58} and a Florida appeals court, in \textit{Public Health}

\begin{itemize}
  \item \textsuperscript{51} 410 U.S. at 153.
  \item \textsuperscript{52} See sources cited supra notes 10-15 and accompanying text.
  \item \textsuperscript{53} \textit{Custodio} suggested that other foreseeable damages included the costs of the unsuccessful surgery, mental distress and pain and suffering. 59 Cal. Rptr. at 476.
  \item \textsuperscript{54} Kingsbury v. Smith, 442 A.2d 1003, 1005 (N.H. 1982).
  \item \textsuperscript{56} 391 N.E.2d 479.
  \item \textsuperscript{57} \textit{Id.} at 487. The court reasoned that since the Illinois Abortion Law of 1975, 720 ILL. COMP. STAT. 510/1 (1977), strongly condemned abortion, "[t]he existence of a normal, healthy life is an esteemed right under our laws, rather than a compensable wrong." \textit{Id}.
  \item \textsuperscript{58} Rieck v. Med. Protective Co., 219 N.W.2d 242 (Wis. 1974).
\end{itemize}
Wrongful Birth

Trust v. Brown,59 resurrected the moribund argument of Shaheen v. Knight,60 maintaining that "a parent cannot be said to have been damaged by the birth and rearing of a normal, healthy child."61

The Supreme Court of Minnesota, however, was unpersuaded that such public policy considerations could properly be employed to deny parents of an unplanned child recovery for wrongful birth.62 In Sherlock v. Stillwater Clinic,63 the Minnesota court reasoned that an action for wrongful birth was analytically indistinguishable from an ordinary medical malpractice action, and stated that, "[w]here the purpose of the physician's actions is to prevent conception or birth, elementary justice requires that he be held legally responsible for the consequences which have in fact occurred."64 Recognizing that it is "troublesome" to allow recovery of the costs of rearing a normal, healthy child, the court nevertheless maintained that such costs are "a direct financial injury to the parents."65 It maintained that "[a]lthough public sentiment may recognize that, to the vast majority of parents, the long-term and enduring benefits of parenthood outweigh the economic costs of rearing a healthy child, it would seem myopic to declare today that those benefits exceed the costs as a matter of law."66

To effect its goal of compensating the plaintiff parents, the Minnesota court adopted a fifth position with respect to damages for wrongful birth. The court allowed damages for rearing the unplanned child, but offset the award by an amount equal to the benefits conferred upon the parents as a result of the child's birth.67 The court asserted that a computation of rearing costs would include an assessment of projected expenses for

59. 388 So. 2d 1084.
61. 388 So. 2d at 1085.
63. Id.
64. Id.
65. Id. at 175.
66. Id. The court recognized that family planning is not only an "integral aspect of the modern marital relationship," but that decisions such as Roe and Griswold have clothed the right to limit procreation with constitutional protection. Id.
67. Id. at 176. The court did not discuss its reasons for declining to follow the Custodio approach, but merely concluded that the position it adopted was more "refined." Id. at 173.
maintaining, supporting and educating the child during its minority.\textsuperscript{68} This amount would then be reduced by the value of the benefits the parents would receive as a result of the child’s aid, comfort and society.\textsuperscript{69} The court concluded that this procedure should be coupled with “strict judicial scrutiny of verdicts” in order to prevent excessive awards.\textsuperscript{70}

Six years prior to the Minnesota court’s decision in \textit{Sherlock}, a Michigan appeals court developed this reduction method with the goal of preventing excessive awards to plaintiff parents.\textsuperscript{71} In contrast to \textit{Sherlock’s} position, however, the Michigan court in \textit{Troppi v. Scarf}\textsuperscript{72} maintained that the reduction method itself would obviate the possibility of creating windfall verdicts. It posited that because there was a diversity of purposes for which women employ contraception, and the consequences arising from negligent interference with such use vary widely from case to case,\textsuperscript{73} “[a] rational legal system must award damages that correspond with these differing injuries.”\textsuperscript{74} The court concluded that a system that allows parents of a wrongfully born child to recover rearing costs, offset by the value of benefits conferred upon them as a consequence of the birth and life of a healthy child, would serve to accomplish that purpose.\textsuperscript{75}

\begin{itemize}
\item \textsuperscript{68} Id. at 176. The court noted that “[s]hould the unplanned child be born with congenital deformities, the parental support obligation could of course extend beyond the date that the child reaches his majority.” Id. at 176 n.11.
\item \textsuperscript{69} Id. at 176. The court recognized that the dollar value of these benefits would be difficult to measure, but analogized this situation to wrongful death, in which damages for loss of aid, comfort and society are routinely awarded. Id.
\item \textsuperscript{70} Id. The court also mandated that all actions for wrongful birth be submitted to the jury with a special verdict form with explanatory instructions, to assist them in measuring the complex elements of damage. Id.
\item \textsuperscript{72} Id. The plaintiffs in \textit{Troppi} brought suit against a pharmacist who negligently substituted tranquilizers for birth control pills when filling the plaintiff’s prescription.
\item \textsuperscript{73} Id. at 518. The court offered as examples of contraceptive users the “[u]nmarried women who seek the pleasure of sexual intercourse without the perils of unwed motherhood, married women who wish to delay slightly the start of a family in order to retain the career flexibility which many young couples treasure, [and] married women for whom the birth of another child would pose a threat to their own health or the financial security of their families.” Id.
\item \textsuperscript{74} Id.
\item \textsuperscript{75} Id. The court queried:
The Michigan court's decision in *Troppi* has been praised by other courts as the most logical means to achieve an equitable result when the parents seek the costs of rearing an unplanned child. However, ten years after *Troppi*, the United States District Court for the District of Columbia declined to employ that rationale. In *Hartke v. McKelway*, the district court was asked to determine whether a woman who gave birth to an unplanned, healthy child, as the result of a negligently performed sterilization, could recover costs for raising the child. To ascertain the extent of injury resulting from the child's birth, the *Hartke* court also looked to the purpose for which the plaintiff had sought sterilization. However, in contrast to the *Troppi* court's approach, the *Hartke* court did not employ the reduction method in calculating damages. Rather, it maintained that a determination of the purpose itself should be the controlling factor in awarding damages commensurate with the injury suffered. The court found that the plaintiff had undergone sterilization for the purpose of avoiding possible medical complications from delivering another child; it was not her pur-

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[Is it not likely that an] unwed college student who becomes pregnant due to a pharmacist's failure to fill properly her prescription for oral contraceptives . . . has suffered far greater damage than the young newlywed who, although her pregnancy arose from the same sort of negligence, had planned the use of contraceptives only temporarily, say, while she and her husband took an extended honeymoon trip?

*Id.* It concluded that without this reduction method, "both plaintiffs would be entitled to recover substantially the same damages." *Id.* The court stressed that the "trier [of fact] must have the power to evaluate the benefit according to all the circumstances of the case presented." *Id.* at 519. It suggested that family size and income, parental age and marital status were some of the factors that should be considered "in determining the extent to which the birth of a particular child represents a benefit to his parents." *Id.*

78. *Id.*
79. *Id.* at 104.
80. In making this determination, the court followed the analysis offered by the Minnesota court in *Christensen v. Thornby*, the first wrongful birth case. See sources cited supra notes 32-39 and accompanying text. The plaintiff in *Hartke* sought sterilization because she had previously suffered an ectopic pregnancy (a pregnancy in which gestation occurs elsewhere than in the uterus) and "feared for her life should she become pregnant again." 526 F. Supp. at 105.
81. *Id.* For a similar viewpoint, see *Burke v. Rivo*, 551 N.E.2d 1 (Mass. 1990).
82. 526 F. Supp. at 105.
pose to avoid the expenses of raising a child.\textsuperscript{83} The court held that the defendant's "wrong against [the] plaintiff consisted [only] in imposing the pain, suffering, and mental anguish of pregnancy on her, not in imposing the [financial] costs of a healthy child," and thus denied the plaintiff's claim for rearing costs.\textsuperscript{84}

Hartke provides a rational method for determining damages as a function of the specific injury the parents had attempted to avoid. Its approach had not been used before.\textsuperscript{85} Instead, other courts had concentrated on the result of the wrongful birth, rather than on the purpose the plaintiffs sought to protect in their decision not to bear and parent a child.

The issue that has proved determinative in this outcome-oriented approach is the physical health of the child. When the child is born normal and healthy, the courts have engaged in discussions of the "blessings"\textsuperscript{86} and "benefits"\textsuperscript{87} of parenthood, and have allowed those concepts either to abrogate the plaintiff's claim or reduce an award of damages for rearing.\textsuperscript{88} However, if the wrongfully born infant is born with a congenital defect, courts have generally rejected these arguments.\textsuperscript{89} For example, in 1981, in Robak v. United States,\textsuperscript{90} the parents of a child born with rubella brought a wrongful birth action against their physician, alleging that he had negligently failed to diagnose the pregnant mother's rubella and inform her of possible physical defects.

\textsuperscript{83} Id.
\textsuperscript{84} Id.
\textsuperscript{85} The single exception is Christensen v. Thornby, 255 N.W. 620 (Minn. 1934).
\textsuperscript{86} See sources cited supra notes 32-44 and accompanying text.
\textsuperscript{87} Id.
\textsuperscript{88} See sources cited infra notes 101-15 and accompanying text.
\textsuperscript{90} 658 F.2d 471 (7th Cir. 1981).
WRONGFUL BIRTH

injury to the fetus. The parents, claiming that they would have terminated the pregnancy had they known of the effects of the mother's rubella, sought damages for past and future maintenance and care of the child. The court ruled that an action for wrongful birth "is governed by ordinary tort principles." Since "[i]t is a fundamental tenet of tort law that a negligent tortfeasor is liable for all damages that are the proximate result of his negligence," the court held that the plaintiffs could recover damages for rearing the child, and that the award was not subject to any reduction.

Thus, it is apparent that wrongful birth had experienced two separate and independent paths of development. By 1981, the parents of a child wrongfully born with a congenital disease were generally secure in establishing rearing costs as a proper element of damages. At the same time, however, the parents of a child wrongfully born, normal and healthy, were more likely to have that element of damages denied.

II. A Seminal Year for the Blemished Adolescence of a Maturing Tort: Continuing a Tradition of Controversy and Confusion

Five wrongful birth cases, each of first impression, were decided by state courts of last resort in 1982, the most important period in the development of this controversial cause of action. The factual scenarios presented by these cases typify those that had been encountered by other state courts. It is apparent

91. Id.
92. Id.
93. Id. at 478.
94. Id. at 478.
95. Id. at 479.
96. See cases cited supra notes 89-95 and accompanying text.
97. See sources cited infra notes 101-34 and accompanying text.
that the courts have continued the tradition of focusing the inquiry in wrongful birth actions on the health of the child, rather than inquiring into the reasons behind the plaintiffs’ decision not to parent a child. The five cases of 1982 illustrate the controversy and confusion among the courts concerning the proper measurement of damages for wrongful birth.

A. Denial of Damages for Rearing a Healthy Child

In *Kingsbury v. Smith* and *Wilbur v. Kerr*, the highest courts of New Hampshire and Arkansas, respectively, were asked to recognize claims for wrongful birth and award damages resulting there from. Both cases involved the birth of a normal, healthy child following unsuccessful sterilization procedures. In determining that the plaintiff parents had stated a cause of action, both courts adopted rationales previously espoused by other state courts that had dealt with the issue of wrongful birth.

In *Kingsbury v. Smith*, the defendant, Dr. Thompson, performed a tubal ligation on the plaintiff mother, Mrs. Kingsbury, after she gave birth to her third child. Eighteen months following that surgery, Mrs. Kingsbury gave birth to her fourth healthy child. In response to this unplanned birth, the Kingsburys' filed a wrongful birth action against the defendant.

100. See, e.g., *Kingsbury v. Smith*, 442 A.2d 1003 (N.H. 1982). "The ruling today is limited to the facts of this case, involving a faulty sterilization procedure that resulted in the birth of a healthy child. Other and differing circumstances, including but not limited to the birth of an abnormal or injured child, might lead us to a different conclusion." *Id.* at 1006.

101. 442 A.2d 1003.

102. 628 S.W.2d 568 (Ark. 1982).

103. In *Kingsbury*, the plaintiff mother had undergone surgery for a tubal ligation. 442 A.2d at 1004. In *Wilbur*, the plaintiff father suffered two unsuccessful vasectomies. 628 S.W.2d at 569.

104. See sources cited *supra* notes 101-03 and sources cited *infra* notes 105-14 for the approach taken by the *Kingsbury* court; see sources cited *infra* notes 114-126 for that taken by the *Wilbur* court.

105. *Kingsbury*, 442 A.2d at 1004. After the birth of her fourth child, Dr. Thompson was again requested to undertake further sterilization procedures and did so. The parents then filed this diversity action in the United States District Court of New Hampshire. This case came to the Supreme Court of New Hampshire from a certification of questions concerning whether New Hampshire recog-
The Supreme Court of New Hampshire construed this action for wrongful birth as an action for wrongful conception. The court recognized, implicitly, that the case presented a cause of action based on negligence. The justices reiterated that at common law, remedies are provided for persons injured by conduct of another that breaches a duty owed to them. Realizing that the issue of damages is often problematic in suits for wrongful birth, the court opined: "[t]he outlines of the duty are [often] more apparent than the remedy [that] society chooses to provide. Such is the case at hand."

The court surveyed the different legal positions advanced by other state courts when confronted with the wrongful birth issue, and ultimately held that the proper elements of damage were those that were a direct and probable result of the de-
fendant's negligence. Nevertheless, the court limited the recovery to the cost of sterilization and the medical expenses, pain and suffering, and lost wages caused by the pregnancy, and denied the plaintiffs' costs for rearing. It concluded that this was the most logical and humane view because it allowed parents to recover without granting them a windfall or placing an unreasonable burden on the negligent physician. 

Curiously, the Kingsbury court did not set forth a rationale in support of its position that allowing rearing costs would grant a windfall to the defendant; nor did it proffer any justification for its desire to insulate the negligent physician from lia-

The Kingsbury court viewed Custodio v. Bauer as presenting the "extreme edge or frontier" of the different positions courts have taken with respect to wrongful birth claims. Id. The Custodio court awarded the plaintiffs the costs of raising a child, thereby fully compensating them for the injury they suffered as a result of the physician's negligence. See sources cited supra notes 45-55 and sources cited infra notes 329-332 and accompanying text. The New Hampshire court discredited Custodio's rationale that wrongful birth was "analytically indistinguishable from an ordinary medical malpractice action... [i]n no other situation is a new human life created." Id.

The third position the Kingsbury court studied was that first taken by the Michigan Court of Appeals in 1971 in Troppi v. Scarf, 187 N.W.2d 511 (Mich. Ct. App. 1971). See sources cited supra 71-76 and accompanying text. The Kingsbury court strenuously rejected the theory in Troppi v. Scarf, that recovery for the reasonably foreseeable costs of raising the child should be allowed, but offset by an amount equal to the value of the benefits conferred to the parents as a result of the child's birth, as an illogical attempt to "reduce the magnitude of verdicts and lessen the monetary shock to the medical tortfeasor." Kingsbury, 442 A.2d at 1006. The New Hampshire court reasoned that a benefit cannot be reaped "from the total failure of the medical service or treatment giving rise to the action." Id. It is interesting to note that the benefits rule is actually RESTATEMENT (SECOND) OF TORTS § 920 (1979). For a discussion of section 920 as it relates to the cause of action for wrongful birth, see sources cited infra notes 320-44 and accompanying text.

The Kingsbury court completed its survey by adopting the approach pronounced by the Illinois appeals court in Wilczynski v. Goodman, 391 N.E.2d 479 (Ill. App. Ct.1979). See sources cited supra notes 56-57 and accompanying text (discussing Wilczynski). In Wilczynski, the parents of an unplanned child brought a wrongful birth action against their physician alleging that he negligently failed to perform a successful abortion. 391 N.E.2d at 481. They sought, inter alia, compensation for the costs they would incur in raising the child. The Illinois court denied the plaintiff parents the costs of rearing for reasons of public policy, stating that The Illinois Abortion Act of 1975 represents the State legislature's "strong condemnation of abortion and support of the right to life... ." Id. at 487 (construing 720 ILL. COMP. STAT. 510/1 (1977)). The Illinois Abortion Act of 1975 actually sanctions abortions where "necessary to preserve the mother's life." 720 ILL. COMP. STAT. 510/1.

111. Kingsbury, 442 A.2d at 1006.
112. Id.
bility coextensive with his culpability. The court merely concluded that rearing costs were not a proper element of damage in a wrongful birth action.\textsuperscript{113} The Supreme Court of Arkansas reached the same conclusion as Kingsbury, but was less reticent in its reasoning than was the New Hampshire court. In Wilbur v. Kerr,\textsuperscript{114} the Arkansas court was asked to determine whether the parents of a healthy child born following the negligent performance of a vasectomy on the plaintiff, could recover the expenses of raising the child from the tort-feasing physician.\textsuperscript{115}

Recognizing that most courts agree that wrongful birth is a valid cause of action grounded in tort, but disagreeing on the appropriate remedy,\textsuperscript{116} the Wilbur court surveyed the various policy reasons advanced for denying recovery for the expenses of raising the unwanted child.\textsuperscript{117} It was persuaded by the Wisconsin Supreme Court's rationale in its first disposition of a wrongful birth case.\textsuperscript{118} In Rieck v. Medical Protective Company,\textsuperscript{119} the Wisconsin court, presented with a claim that the defendant physician had failed to determine that the plaintiff mother was pregnant in time for her to obtain a lawful abortion, denied damages for raising the unplanned child based on the rationale that such an award would shift the financial responsibility of the child to the physician, while all other responsibilities remained with the natural parents. This, the courts concurred, would create a new and unwarranted category of surrogate par-

\begin{itemize}
\item \textsuperscript{113} Id.
\item \textsuperscript{114} 628 S.W.2d 568 (Ark. 1982).
\item \textsuperscript{115} Id.
\item \textsuperscript{116} Id.
\item \textsuperscript{117} Id.
\item \textsuperscript{118} Wilbur, 628 S.W.2d at 570.
\item \textsuperscript{119} Rieck v. Med. Protective Co., 219 N.W.2d 242 (Wis. 1974).
\end{itemize}
The Wilbur court maintained also that shifting the costs of rearing would have damaging effects on the child himself. According to the Arkansas court, the child would be made to feel, like an "emotional bastard"—a child who will someday learn that he was unwanted because his rearing was paid for by another. Realizing that several courts had awarded plaintiff parents expenses for rearing the unplanned child, the Wilbur court maintained that in treating the issue as one of ordinary damages, the recovery was logical. It queried: "[s]hould parents in this sophisticated day and time not have a right to plan their family and avoid the economic hardship of raising a child they chose not to have? Should [the] doctor not pay for all the damages occasioned by his negligent act?" However, the Arkansas court declined to answer these questions in the affirmative and consequently denied the parent's claim for damages for the expenses incurred in raising the wrongfully born child. It asserted that such a recovery would "undermine society's need for a strong and healthy family relationship." The Wilbur court held that the negligent physician was responsible for his act, but limited that responsibility to "any and all proper damages connected with the operation and the pregnancy." Thus, Arkansas joined a majority of jurisdictions that do not recognize rearing costs as an element of damages in a wrongful birth action.

120. Id.
121. Wilbur, 628 S.W.2d at 570.
123. Wilbur, 628 S.W.2d at 570.
124. Id. at 571.
125. Id. The Wilbur court also raised the issue of whether a parent should be asked to mitigate damages by aborting or offering the child for adoption. However, the court dismissed this issue, stating that most courts have rejected the application of the principle of mitigation in wrongful birth actions. Id.
Both the Kingsbury and Wilbur courts relied substantially on policy reasons for their ultimate conclusions that rearing costs were not a proper element of damages in wrongful birth actions. While the Wilbur court mentioned the interests it was attempting to promote and the Kingsbury court made a cryptic reference to the policy that it believed outweighed the parents’ right to be compensated for raising the unplanned child, neither court focused attention directly on the economic loss that plaintiff parents in wrongful birth actions would sustain as a result of these narrow rulings. Through an invocation of public policy, both courts indirectly reasoned that costs for rearing were not a proper remedy because of the possibility of burdening the physician or emotionally damaging the child, but evaded the basic question of why the parents of the unplanned child, instead of the negligent physician, should sustain the financial burden of raising that child. The dissent in Wilbur realized that this economic issue deserved greater attention. Therefore, it suggested that rather than invoking public policy, the court should allow a jury to award rearing costs, but offset that award by an amount equal to the benefits the parents would derive as a result of raising the child. This offsetting benefits rule has been met with judicial approval in other


Focusing on this issue of damages, two members of the Arkansas court in Wilbur dissented, asserting that they disagreed with the majority’s invocation of public policy for the purpose of denying proper application of the common law rules of tort damages. 628 S.W.2d at 572 (Dudley, J., dissenting). The dissent argued that the court was subtly promoting a public policy that encourages abortion or adoption by disallowing damages for raising the child. Id. It concluded by concurring with those courts that have adopted the theory of full recovery offset by any benefits the parents derived from raising the unplanned child. Id.; see, e.g., Sherlock v. Stillwater Clinic, 260 N.W.2d 169 (Minn. 1977); see also sources cited infra notes 320–32 and accompanying text.

127. See Wilbur, 628 S.W. 2d at 571.

128. See sources cited supra note 110.


131. 628 S.W.2d at 572 (Dudley, J., dissenting) (stating that: “The compensation is not for the so-called unwanted child or ‘emotional bastard’ but to replenish the family exchequer so that the new arrival will not deprive the other members of the family of what was planned as their just share of the family income.”) (citing Custodio v. Bauer, 59 Cal. Rptr. 463 (Ct. App. 1967)).

132. 628 S.W.2d at 572 (Dudley, J., dissenting).
states, and was adopted by the Supreme Court of Connecticut three months after the Arkansas court decided Wilbur.

B. The Benefits Rule: A Balancing Test to Offset an Award of Rearing Costs

In Ochs v. Borrelli, the Connecticut Supreme Court was confronted with the wrongful birth issue and was asked to determine, inter alia, whether the parents of a child conceived after a negligently performed sterilization may be compensated by the negligent physician for the costs of rearing. The defendant, having admitted to being negligent, argued that public policy required the court to hold that a child is always a blessing to its parents, and that this "benefit" must, as a matter of law, totally offset any concomitant financial burden. The court, noting that this was a case of first impression, began reviewing the state of the law by citing various other courts that had dealt with this issue. Determined that public policy should not create an exception "to the normal duty of a tortfeasor to assume liability for all the damages that he has proximately caused," and intent upon protecting the exercise

135. Id.
136. The issue of whether the trial court's award of damages for medical expenses and pain and suffering occasioned by the unsuccessful sterilization was excessive was also raised on appeal. The court discussed the plaintiff's claim that she suffered months of severe physical discomfort, numerous painful medical procedures and serious emotional distress throughout her pregnancy, and determined that the award was not excessive. Id. at 886.
137. The defendant physician, Dr. Borrelli, admitted his negligence and limited his appeal to the proper measurement of damages. Id. at 884.
138. Id.
140. Ochs, 445 A.2d at 885.
of the rights of privacy adopted in *Griswold* and *Roe*, the *Ochs* court awarded the parents the expenses of rearing the unplanned child offset by the value of the benefits conferred on the parents by having the child. The court, however, did not provide any guidelines for the trier of fact to employ when attempting to determine the value of those benefits.

The defendant argued that allowing any recovery for the costs of raising the child would “erroneously equate the birth of a child with an injury to its parents.” The Connecticut court rejected this assertion. Maintaining that parents are often recompensed for their economic expenditures incurred in raising a child through the intangible rewards that the experience brings, the court nevertheless emphasized that the expense of rearing is often injurious because of the financial burden it imposes. It stated: “parental pleasure softens[,] but does not eradicate economic reality.”

The *Ochs* court emphasized that it was not shifting the entire economic burden of parenthood to the negligent physician. Specifically, the ruling in *Ochs* requires the trier of fact to weigh the intangible benefits of having a child against the financial costs that are incurred in raising that child. Once the benefits are calculated, they are to be used to offset the expenses and, therefore, to reduce the negligent physician’s liability. The Connecticut court declined to offer any methodology to assist the jury in balancing these factors. It did, though, defend its balancing test against the defendant’s contention that it involved impermissible speculation. Realizing that this test required the jury to balance economic factors against non-economic factors, the court maintained that the weighing was no more speculative than the process used by courts in de-

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141. For a discussion of the holdings in *Griswold* and *Roe*, see sources cited supra notes 11-14 and accompanying text.
142. *Ochs*, 445 A.2d at 885-86; see Burke v. Rivo, 551 N.E.2d 1 (Mass. 1990); see also sources cited infra notes 219-26 and accompanying text.
143. *Ochs*, 445 A.2d at 885-86.
144. Id.
145. Id. at 885. For a discussion for the rule of offsetting benefits, see sources cited infra notes 315-49 and accompanying text.
146. *Ochs*, 445 A.2d at 886.
147. For a discussion of this balancing test, see sources cited infra notes 315-39 and accompanying text.
termining damages for wrongful death.149 Thus, the court asserted that the balancing test was not impermissibly speculative.150

The Ochs court's adoption of a balancing test to offset the award of rearing costs to parents of an unplanned child aligned Connecticut with the minority of jurisdictions that had dealt with wrongful birth claims.151 This approach, unlike that taken by the New Hampshire court in Kingsbury152 and the Arkansas court in Wilbur,153 focuses on the economic factors involved in wrongful birth. However, irrespective of its more equitable approach, the Connecticut court failed to completely compensate the plaintiff parents for the financial burden incurred as a direct and proximate result of the defendant physician's negligence. In doing so, Connecticut joined the majority of jurisdictions that have been challenged by wrongful birth claims involving the birth of a healthy child.154

Courts deciding wrongful birth claims involving infants born with a disease or abnormality, however, have been more willing to award the plaintiff parents costs for raising an unplanned or unwanted child.155

C. Awarding Full Compensation: Rearing Costs Allowed for Abnormal Children

In cases of first impression, the Supreme Courts of Pennsylvania and Virginia, in Speck v. Finegold156 and Naccash v. Burger,157 respectively, allowed the parents of wrongfully born

149. Id.
150. Id.
152. See sources cited supra notes 101-113 and accompanying text.
153. See sources cited supra notes 114-126 and accompanying text.
154. See sources cited supra notes 126 and 151 (discussing other jurisdictions in accord).
155. See, e.g., Robak v. United States, 658 F.2d 471 (7th Cir. 1981); see also infra notes 159-81 and accompanying text (discussing the rationales proffered by the Pennsylvania and Virginia courts in holding the defendant physician liable for rearing costs).
157. 290 S.E.2d 825 (Va. 1982).
and genetically defective children to recover child-rearing costs from the physician whose negligence caused the birth.\textsuperscript{158}

In *Speck v. Finegold*, the Supreme Court of Pennsylvania addressed the wrongful birth cause of action under a compelling set of facts.\textsuperscript{159} The plaintiffs were the parents of two children born with a genetic defect called neurofibromatosis.\textsuperscript{160} For genetic and economic reasons, the plaintiffs decided not to parent other children. Mr. Speck engaged the defendant, Dr. Finegold, to perform a vasectomy on him. However, after the operation was performed, Mrs. Speck became pregnant. Mrs. Speck then requested the other defendant, Dr. Schwartz, to terminate her pregnancy. After the operation, Mrs. Speck informed Dr. Schwartz of her belief that she was still pregnant, but she was assured that the pregnancy had been aborted. Four months after her surgery, Mrs. Speck gave birth to a daughter who also inherited neurofibromatosis. One year later, the Specks filed their suit.\textsuperscript{161}

In addressing the issue of wrongful birth, the Pennsylvania court asserted that a disposition of the claim requires “the ex-

\textsuperscript{158} Speck, 439 A.2d 110; Naccash, 290 S.E.2d 825. The Speck decision has since been rendered moot by the Pennsylvania legislature’s enactment of a statute disallowing any cause of action for wrongful birth. See 42 Pa. Cons. Stat. Ann. § 8305(a) (West 2005); see also infra notes 200-06 and accompanying text.

\textsuperscript{159} The court was also asked to determine whether Pennsylvania would recognize a cause of action for wrongful life. The court, evenly divided on the issue, affirmed the superior court’s order that the infant plaintiff’s cause of action was not legally cognizable. Speck, 439 A.2d at 116. For a discussion of wrongful life and why it has been met with judicial disfavor, see supra note 1.

\textsuperscript{160} In *Speck*, the court explained:

Neurofibromatosis (von Recklinghausen’s Disease) is a disease resultant from a hereditary defect, due to an autosomal dominant gene, characterized by developmental changes in the nervous system, muscles, bones and skin. Skin changes vary from trivial (Café au lait spots) to extremely disfiguring. The condition is marked superficially by the formation of many pedunculated soft tumors (neurofibromas); however, neurofibromas are also found on cranial nerves and nerve roots. Bilateral acoustic (organs of hearing) neurofibromata (tumors on tumors) occasionally complicate neurofibromatosis in children. *Id.* Bone changes are often seen. Neurofibromata are benign and malignant change is rare. Yet, in the central nervous system malignant tumors may appear, the most common of which is glioma of the optic nerve. The condition is both congenital and heredofamilial (inherited by more than one member of a family). The clinical course is variable, making prognosis at any given time difficult. There is no known treatment or cure for the disease. *Speck*, 439 A.2d at 112 n.2.

\textsuperscript{161} *Id.* at 113.
tension of existing principles of tort law to new facts." Based on this premise, the Speck court maintained that common law principles of damages apply and, therefore, the physician is responsible for the "natural and probable consequences of his misconduct."

The defendants, however, asserted that "because the public policy of the Commonwealth favors birth over abortion, the approval of such a cause of action [would be] in contravention of a legislatively declared policy." The court rejected this argument, holding that recognition of this cause of action merely affords the victims of negligently performed sterilization or abortion procedures the same legal protection guaranteed to victims of other forms of medical malpractice, without affecting abortion activity within Pennsylvania.

The court maintained that if no duty were imposed on physicians in this area, the fundamental principles of tort law—compensating the victim, deterring negligence and encouraging due care—would be frustrated. Unwilling to grant an "unjustifiable and unfair windfall to the defendants" and allow them to escape liability for the substantial injuries they negligently caused the plaintiffs, the court held that the plaintiffs could recover expenses incurred for giving birth to and raising their daughter. In addition, the court allowed recovery for the mental distress and physical inconvenience that the parents suffered as a result of their daughter's wrongful birth.

162. Id.
163. Id.
164. Id. at 114 (citation omitted).
165. Id. In addition, the Speck court argued that denial of a wrongful birth cause of action would undermine the constitutional protection afforded abortion by the United States Supreme Court in Roe v. Wade, 410 U.S. 113 (1973), by denying a remedy to a victim who is injured as a result of exercising her right. For a discussion of Roe, see supra note 14.
167. Id. at 115.
168. Id. In a concurring opinion, one justice agreed that public policy had absolutely no relevance to the question of wrongful birth. He stated that "[n]othing about sterilization or abortion requires the application of legal principles different from those controlling in other medical malpractice actions." Id. at 117 (Kauffman, J., concurring). The sole dissenter insisted that because wrongful birth was an action that involved the creation of a new human life, the court could not recognize it as a tort and had to defer the issue to the legislature. Id. at 118-22 (Nix, J., dissenting).
In determining that the parents of a wrongfully born and abnormal child can recover rearing costs from the negligent physician, the Speck court denied the defendant's argument that public policy contravened such an award. In refusing to invoke public policy to insulate the negligent physician from liability for his tort, the Speck court resolved the wrongful birth issue solely on the basis of common law principles of damages. In so doing, the Pennsylvania court joined a growing minority of jurisdictions that fully compensate the plaintiff parents in wrongful birth actions.

In 1982, the Supreme Court of Virginia joined this growing minority. In Naccash v. Burger, Virginia recognized a cause of action for wrongful birth on behalf of the parents of a child born with a disease that a physician negligently failed to diagnose during the mother's pregnancy. The plaintiffs brought suit against the defendant physician and testified that, had they known they were carriers, they would have insisted upon amniocentesis. If the test had indicated that the fetus was afflicted with the disease, Mrs. Burger would have had an abortion. The Burgers sued the physician for the expenses incurred in caring for their daughter during her short life, and for

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169. For a discussion of the court's rationale, see supra notes 164-66 and accompanying text.
170. 439 A.2d at 118 (Kauffman, J., concurring).
171. See, e.g., Robak v. United States, 658 F.2d 471 (7th Cir. 1981); Naccash v. Burger, 290 S.E.2d 825 (Va. 1982). See also infra notes 172-81 and accompanying text (discussing Naccash).
172. 290 S.E.2d 825.
173. Id. at 827. The plaintiff's daughter, born with Tay-Sachs disease, died two years after her birth. Tay-Sachs disease is "an invariably fatal disease of the brain and spinal cord that occurs in Jewish infants of European ancestry. A diseased child appears normal at birth, but, at four to six months, its central nervous system begins to degenerate, and it suffers eventual blindness, deafness, paralysis, seizures, and mental retardation. The life expectancy of an afflicted child is two to four years." Id. During her mother's pregnancy, her father was tested for Tay-Sachs and was told that he was not a carrier. However, after being retested, Mr. Burger was informed that he was, in fact, a Tay-Sachs carrier. During Mrs. Burger's fourth month of pregnancy, she began to exhibit abnormalities. An examination revealed that she, too, was a carrier of Tay-Sachs disease. Id.
174. Id. Amniocentesis is a procedure in which fluid from the pregnant woman's amniotic sac is withdrawn and studied to determine bio-chemical make-up. An analysis of the chromosomes present in the fluid enables physicians to determine if the fetus is developing normally. See id. at 827 n.1.
175. Id. at 827.
the mental anguish and suffering they experienced as a result of the wrongful birth.\textsuperscript{176}

The physician in \textit{Naccash} argued that the parents had no cause of action because it was unknown to the common law and the legislature had not created it.\textsuperscript{177} The court, however, responded that recognition of such a claim should be based on traditional tort law principles, and, because the determination of the scope of the common law doctrine of negligence is within the province of the judiciary, the issue was not open to legislative sanction.\textsuperscript{178} After discussing the elements of negligence that must be present to hold a defendant liable,\textsuperscript{179} the Virginia court concluded that Dr. Naccash breached a legal duty owed to the Burgers. In so doing, the court asserted that he caused them a direct injury, thereby allowing them to recover any damages which were the reasonable and proximate consequences of the defendant's negligent act.\textsuperscript{180} The court held that since a reasonable person could have foreseen the financial and emotional loss that resulted from the physician's negligence, the parents were entitled to recover damages for those injuries.\textsuperscript{181}

In allowing the plaintiff parents to recover all damages that were the foreseeable result of the physician's negligence, the \textit{Naccash} court fully compensated the plaintiffs for the loss they suffered due to the birth of their genetically defective child.\textsuperscript{182} The Virginia court premised its position on the common law rules of negligence and damages, as the Pennsylvania court had done in \textit{Speck v. Finegold}.\textsuperscript{183} As opposed to the positions taken by the Supreme Courts of New Hampshire,\textsuperscript{184} Arkansas,\textsuperscript{185} and

\begin{itemize}
    \item 176. Id. at 828.
    \item 177. Id. For a discussion of the same argument espoused by the dissent in \textit{Speck}, see supra note 168.
    \item 178. \textit{Naccash}, 290 S.E.2d at 828.
    \item 179. Id.; see also supra note 108 and infra note 256 (discussing these elements).
    \item 180. \textit{Naccash}, 290 S.E.2d at 830.
    \item 181. Id. at 833 (awarding the Burgers $178,673.80 in damages).
    \item 182. Id.
    \item 184. Kingsbury v. Smith, 442 A.2d 1003 (N.H. 1982). See also supra notes 101-13 and accompanying text.
    \item 185. Wilbur v. Kerr, 628 S.W.2d 568 (Ark. 1982). See also supra notes 114-26 and accompanying text.
\end{itemize}
Connecticut in the same year, neither the Pennsylvania nor the Virginia court allowed claims of public policy to abrogate those principles. While the New Hampshire court, in King-
bury v. Smith, denied the plaintiffs costs for raising the
wrongfully born child, partly because of its concern that such an
award would create a windfall to the parents, the Pennsylvania court, in Speck v. Finegold, allowed that element of
damages in order to avoid granting an unjustifiable and unfair
windfall to the physician. The sine qua non of this inconsis-
tency centers on the health of the wrongful birth child. By
focusing on this aspect, rather than on the interests that the
plaintiffs were attempting to protect through their desire not to
parent a child, courts are not able to make a knowledgeable or
accurate determination of the extent of damages plaintiff par-
ents have suffered. However, this interest can be determined
easily by applying fundamental principles of tort law, and the
extent of the injury can be ascertained by employing basic prin-
ciples of common law damages.

186. Ochs v. Borrelli, 442 A.2d 883 (Conn. 1982). See also supra notes 135-50
and accompanying text.
187. See supra notes 162-68 and accompanying text (analyzing the Penn-
sylvania court’s discussion of public policy).
188. 442 A.2d 1003 (N.H. 1982).
189. Id. at 1006.
190. 439 A.2d 110 (Pa. 1982).
191. Id. at 115.
192. The position is evidenced by the New Hampshire court’s statement in
Kingsbury v. Smith: “The ruling today is limited to the facts of this case, involving
a faulty sterilization procedure that resulted in the birth of a healthy child. Other
and differing circumstances, including but not limited to the birth of an abnormal
or injured child, might lead us to a different conclusion.” 442 A.2d at 1006.
193. For example, the Speck court did ascertain the parents’ interests. It de-
termined that the plaintiff parents decided not to have other children “for genetic and economic reasons.” Speck v. Finegold, 439 A.2d 110, 113 (Pa. 1981) (emphasis added). Therefore, by awarding rearing costs, the Pennsylvania court could not be criticized for creating a windfall to the parents. See infra notes 349-56 and accom-
panying text for a full discussion of this argument. The Speck decision was indi-
note 209 and accompanying text; Burke v. Rivo, 551 N.E.2d 1 (Mass. 1990), and
infra notes 219-26 and accompanying text.
194. For a discussion of this approach, see infra notes 350-56 and accompany-
ing text.
195. Id.
Although they failed to define this interest, the five courts that recognized the wrongful birth cause of action during the seminal year of 1982 determined liability by applying the traditional negligence framework to new facts. Since that time, there has been very little deviation from those decisions. In ascertaining the extent of that liability, however, these courts generally either failed to apply or misapplied fundamental rules of common law damages, thereby further diminishing the possibility of an accurate calculation of damages and increasing the likelihood of awarding a windfall to one of the parties.

III. Wrongful Birth Attempts to Grow Up

A. Legislatures Interfere and Deny the Cause of Action

Beginning in the early twenty-first century, nine state legislatures relieved their state courts from deciding cases regarding this troublesome tort. In doing so, those legislatures deprived injured plaintiffs of redress from an entire sector of the population: physicians and other health care providers who engaged in the basic and centuries-old tort of negligently inflicted harm.

The Pennsylvania statute, enacted in 1988, is a typical example, and states: “There shall be no cause of action or award of damages on behalf of any person based on a claim that, but

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196. As one earlier court maintained:

Contraception, conjugal relations, and childbirth are highly charged subjects. It is all the more important, then, to emphasize that resolution of the case before us requires no intrusion into the domain of moral philosophy. At issue here is simply the extent to which defendant is civilly liable for the consequences of his negligence. In reversing and remanding for trial, we go no further than to apply settled common-law principles. Troppi v. Scarf, 187 N.W.2d 511, 513 (Mich. Ct. App. 1971).

197. See infra notes 213-36 and accompanying text.

198. See infra notes 228-56 and accompanying text (discussing damages within the context of wrongful birth).


for an act or omission of the defendant, a person once conceived would not or should not have been born.”

Somewhat ironically, Pennsylvania had, through its courts, supported the basic right of its citizens to recover for negligently inflicted harm. The legislature’s decision to relieve physicians and other health care providers from their duty to act with due care had little to do with tort reform or lobbying by physicians; it had everything to do with abortion.

The legislative history of the Pennsylvania statute is replete with indications that it was not proposed, drafted and passed for the purpose of fundamental tort reform; it was enacted to deter women from having abortions. The legislature “intended to accomplish this purpose by encouraging physicians to withhold information from women about the health of their fetuses—information that might lead women to seek abortions.”

One commentator has argued that the Pennsylvania statute is unconstitutional because it infringes upon a woman’s right to give informed consent to terminate her pregnancy. According to this argument, although the statute may appear neutral on its face, the legislative history is replete with evidence of a desire by the legislators to discourage abortions.

Irrespective of such arguments, the Pennsylvania courts (as well as courts in the eight other states that have enacted nearly identical statutes) have consistently upheld the constitutionality (under both the State and Federal Constitutions) of statutes barring claims for wrongful life and wrongful birth. Facing challenges to such statutes, courts have frequently opined that the statute in question does not deny a woman’s right to terminate her pregnancy; it merely prevents her from terminating her pregnancy.

202. For a discussion of the difficulty courts have had regarding a plaintiff’s decision to mitigate her damages by terminating an unplanned or unwanted pregnancy, see infra notes 273-314 and accompanying text.
203. See PA. HOUSE LEGIS. J. 1509 (June 20, 1984).
205. Id. at 265-71.
206. Id. at 238-39, 268-69.
suing a health-care professional for his or her medical malpractice.\textsuperscript{207} One federal court, interpreting the Pennsylvania statute, made this extremely clear by stating that Pennsylvania’s wrongful birth statute merely immunizes the health care provider from liability for negligence.\textsuperscript{208}

Arguably, the only rational decision handed down by a Pennsylvania court since the enactment of its statute barring claims for wrongful birth, was that in \textit{Butler v. Rolling Hill Hospital}.\textsuperscript{209} In \textit{Butler}, the court stated that the Pennsylvania wrongful birth statute would not allow a patient to bring an action for damages against a doctor who failed to timely order a pregnancy test and diagnose the patient’s pregnancy, thus preventing the plaintiff from being able to legally abort the child. However, importantly and wisely, it held that the plaintiff was entitled to recover damages for “medical expenses and lost wages related to pre-natal care, delivery, and post-natal care, as well as compensation for pain and suffering incurred during the pre-natal through post-natal periods” from the doc-

\textsuperscript{207} For instance, in \textit{Dansby v. Thomas Jefferson Univ. Hosp.}, 623 A.2d 816 (Pa. Super. Ct. 1993), the court held that a Pennsylvania statute prohibiting a cause of action for wrongful birth did not violate the pregnant woman’s constitutional right to choose abortion over childbirth. Her freedom to decide was not impaired, even though the statute denied her the right to bring an action for damages against the physician who negligently failed to diagnose defects in the fetus. The statute neither regulated nor directly affected the woman’s right to abortion. \textit{Id.} at 554-55. \textit{Dansby} also held that the Pennsylvania statute did not violate a pregnant woman’s equal protection rights, by arbitrarily distinguishing between victims of doctor’s pre-conception and post-conception negligence. \textit{Id.} at 556. The statute was rationally related to the state’s legitimate interest in protecting fetal life, reducing the number of medical malpractice actions, and keeping the cost of medical malpractice insurance low. \textit{Id.} at 558. \textit{See also} Flickinger v. Wanczyk, 843 F. Supp. 32, 36 (E.D. Pa. 1994) (action by parents of a child born with undiagnosed spina bifida against doctors and fetal screening diagnostic laboratories, holding that neither Pennsylvania’s wrongful birth statute nor Pennsylvania’s denial of a cause of action for wrongful birth encourages negligent behavior, to convert physicians and laboratories into state actors for purposes of a Section 1983 civil rights claim; Pennsylvania law did not encourage private doctors and laboratories “to infringe upon a woman’s right to make an informed choice regarding her pregnancy”); Bianchini v. N.K.D.S. Assoc., Ltd., 616 A.2d 700 (Pa. Super. Ct. 1992) (statute precluding recovery for wrongful birth applied to suit seeking damages on grounds that untimely diagnosis of fetal abnormalities precluded mother from having an abortion and subjected her to physical and emotional traumas involved in carrying the child to term).

\textsuperscript{208} \textit{Flickinger}, 843 F. Supp. at 35.

tor who had previously performed an unsuccessful tubal ligation and laparoscopic procedure.\textsuperscript{210}

The Butler court, in casting the plaintiff's cause of action in the terms of negligence, instead of "wrongful birth," allowed the damaged plaintiff a remedy for her financial loss. By utilizing such a fair and rational approach, the court was able to overcome the potential unjust influence of the Pennsylvania statute.

In states where the cause of action for wrongful birth is not barred by statute, the majority of courts provide the remedy chosen by the Butler court.\textsuperscript{211} Some legislatures have expressed concern that allowing a wrongful birth cause of action would condone the potential plaintiff's right to legally terminate her pregnancy, an option which a defendant might raise to mitigate the extent of his financial liability. However, an astute plaintiff who is not seeking rearing costs for an unplanned or unwanted child can bypass these draconian statutes by simply pleading traditional negligently inflicted harm.

As Dean Prosser astutely observed, the particular name a tort bears is of little relevance to the real issue—whether "the plaintiff's interests are entitled to legal protection against the conduct of the defendant."\textsuperscript{212} Outside of the nine states that legislatively bar actions for "wrongful birth," the courts have heeded Dean Prosser's sage commentary, but not without struggling with the proper measure of damages.

B. Courts Continue to Struggle Unnecessarily

Today, thirty-two jurisdictions in the United States provide a cause of action for the wrongful birth of a healthy child.\textsuperscript{213}

\begin{itemize}
\item \textsuperscript{210} Id. at 1385 (citing Mason v. W. Pa. Hosp., 453 A.2d 974, 976 (Pa. 1982)).
\item \textsuperscript{211} See infra notes 214-27 and accompanying text.
\item \textsuperscript{212} PROSSER & KEETON, supra note 17, § 1, at 4.
Only a handful of states allow an injured plaintiff to recover for rearing costs.\textsuperscript{214} Twenty-nine jurisdictions have ruled that the costs of rearing the unplanned or unwanted child are absolutely not recoverable based on a number of different rationales.\textsuperscript{215}

The most recent reported decision that denied recovery for child-rearing expenses, \textit{Chaffee v. Seslar},\textsuperscript{216} held that “the costs involved in raising and educating a normal, healthy child con-
ceived subsequent to an allegedly negligent sterilization procedure are not cognizable as damages in an action for medical negligence.” The Supreme Court of Indiana reasoned that “regardless of the circumstance of birth, [a child] does not constitute a ‘harm’ to the parents so as to permit recovery for the costs associated with raising and educating the child . . . the value of a child’s life to the parents outweighs the associated pecuniary burdens as a matter of law.”

Applying this facile and ill-advised line of reasoning, the Seslar court joined the majority of jurisdictions in denying rearing costs based on medical malpractice resulting from a physician’s incompetence.

Conversely, one court chose to apply the traditional and time-honored principles of tort law to the issue of negligently inflicted harm with respect to damage calculation. In Burke v. Rivo, the plaintiff petitioned the Supreme Judicial Court of Massachusetts to resolve the issue of rearing costs when her physician negligently performed a sterilization procedure that allowed her to give birth to a healthy child.

The plaintiff wife, Carole Burke, sought the sterilization procedure from the defendant because the “Burke family was experiencing financial difficulties. She wanted to return to work to support her family and to fulfil [sic] her career goals.” The defendant physician recommended and performed a bipolar cauterization procedure and guaranteed that plaintiff would not become pregnant again; nevertheless, Burke gave birth to another child.

The Massachusetts court recognized that: “The great weight of authority permits the parents of a normal child born as a result of a physician’s negligence to recover damages directly associated with the birth . . . but courts are divided on

217. Id. at 708.
218. See supra note 200.
219. 551 N.E.2d 1 (Mass. 1990). The procedural posture of this opinion is somewhat convoluted. However, it was essentially a certified question from the lower court asking for guidance on the following: “What is the measure of damages in an action claiming (a) breach of a guarantee that a surgical procedure would forever prevent pregnancy; and (b) negligence in performing that procedure, where the child born as a result of the pregnancy was in every way normal and healthy?” Id. at 2 n.2.
220. Id. at 2.
whether the parents may recover the economic expense of rearing the child."\(^{221}\) The Supreme Court agreed with the lower court that proper damages would include, at a minimum:

The cost of the unsuccessful sterilization procedure and costs directly flowing from the pregnancy: the wife's lost earning capacity; medical expenses of the delivery and care following the birth; the cost of care for the other children while the wife was incapacitated; the cost of the second sterilization procedure and any expenses flowing from that operation; and the husband's loss of consortium [and the emotional distress associated with the unwanted pregnancy].\(^{222}\)

Recognizing that the "principal issue" before it was "whether the plaintiffs [were] entitled, if they establish[ed] liability, to the cost of raising their child," the court made it clear that under both contract and tort principles, the expenses associated with rearing the unplanned child were "a reasonably foreseeable and a natural and probable consequence of the wrongs that the plaintiffs allege."\(^{223}\) The court queried whether there were any public policy considerations that should limit "traditional tort and contract damages," and concluded that "there [were] none as to parents who have elected sterilization for economic reasons."\(^{224}\)

The Massachusetts court concluded that the parents of a healthy but (at least initially) unwanted child could recover the cost of rearing that child if their "reason for seeking sterilization was founded on economic or financial considerations."\(^{225}\) Nevertheless, it also stated that "the trier of fact should offset against the cost of rearing the child the benefit, if any, the parents receive and will receive from having their child."\(^{226}\)

Thus, the Massachusetts court joined the five other jurisdictions that allow recovery of the cost of rearing a normal child to adulthood, generally offset by the benefits that the parents

\(^{221}\) Id. at 3 (listing seventeen different cases denying the recovery of child-rearing costs).

\(^{222}\) Id. at 3-4.

\(^{223}\) Id. at 4.

\(^{224}\) Id. (emphasis added).

\(^{225}\) Id. at 6.

\(^{226}\) Id.; see also infra notes 315-44 and accompanying text.
receive in giving birth to and raising a normal, healthy child.\textsuperscript{227} Although this approach is preferable to an outright denial of damages to the injured plaintiff, it still misses the basic point of the cause of action for negligently inflicted harm.

IV. The Obfuscation of Principles and Policies of Common Law Damages for Negligence in the Context of Wrongful Birth: Frequent Misapplication and Non-Application

The primary purpose of tort law in awarding damages to injured parties is to return plaintiffs to the positions they were in prior to the negligent conduct of the tortfeasor.\textsuperscript{228} The law attempts to compensate the victim for the loss he has suffered by awarding money damages.\textsuperscript{229} A secondary, though significant goal of the damages remedy is the prophylactic factor—the attempt to deter negligence and promote the exercise of due care on the part of a defendant and his peers.\textsuperscript{230}

To properly achieve these objectives, courts have developed principles for determining the fact or extent of a recovery.


\textsuperscript{228} See generally 2 Fowler V. Harper & Fleming James, Jr., The Law of Torts § 25.1, at 1299 (7th ed. 1987).

\textsuperscript{229} One exception is punitive damages. See Charles T. McCormick, Damages § 77, at 275 (1935). Punitive damages have been claimed in only one wrongful birth case. See Custodio v. Bauer, 59 Cal. Rptr. 463 (Ct. App. 1967) (allowing the plaintiff parents to plead fraud and deceit after the physician represented to the plaintiff mother that a sterilization operation was necessary for her physical and mental well-being).

\textsuperscript{230} See Prosser & Keeton, supra note 17, § 4, at 25. As Prosser and Keeton elaborate:

The 'prophylactic' factor of preventing future harm has been quite important in the field of torts. The courts are concerned not only with compensation of the victim, but with admonition of the wrongdoer. When the decisions of the courts become known, and defendants realize that they may be held liable, there is of course a strong incentive to prevent the occurrence of the harm. Not infrequently one reason for imposing liability is the deliberate purpose of providing that incentive.

\textit{Id.}
Thus, damages in tort may be denied based on public policy, or because it is impossible to calculate them without speculation. In addition, damage awards may be offset by the plaintiff’s failure to mitigate the loss, or by the plaintiff’s receipt of a benefit through the loss he suffered.

Each of these firmly established damage principles has been used in the disposition of wrongful birth cases. However, as applied to this area of the law, these principles have often served to insulate members of the medical profession from full liability for the losses they have occasioned. For instance, a Kentucky court of appeals, when faced with a claim for rearing costs in a wrongful birth case, admitted that it would defy logic and the concepts of causation to propose that such damages should not be submitted to a jury for assessment. It continued: “Common sense tells us that it is in society’s best interests to hold physicians to a standard of professional competence and impose liability when they are negligent in treating their patients.” Nevertheless, the court resorted to an undefined public policy in denying the plaintiff parents recovery for the costs of raising the unwanted child. Other courts, although misapplying these principles and policies, have been

231. See Coleman v. Garrison, 349 A.2d 8 (Del. 1975) (holding that plaintiff could not recover from surgeon for alleged improper performance of sterilization operation because the value of a human life outweighs any damage which might follow the birth).


233. See Rieck v. Med. Protective Co., 219 N.W.2d 242 (Wis. 1974) (noting that the absence of steps to terminate parental rights is material as it reflects parental intent to keep and raise child); see also infra notes 273-314 and accompanying text (discussing damage mitigation in wrongful birth suits).

234. See infra notes 315-44 and accompanying text (discussing the benefits rule).

235. See supra notes 231-34 and accompanying text; see also infra notes 236-40 and accompanying text.

236. For a discussion of the often spurious manners with which courts have employed these postulates, see infra notes 241-56 and accompanying text.


238. Id. at 48.

239. Id. (finding that without a clear expression of public opinion to the contrary, public policy prohibits the extension of liability to include damages for rearing an unwanted child).
more generous in defining their rationales for limiting recovery.240

A. The Invocation of Public Policy to Defeat an Award of Rearing Costs

The most frequently cited policy argument used to deny plaintiff parents recovery for the costs of rearing the unplanned child is that the child would suffer irreparable harm by forever shouldering the burden of having been born an "emotional bastard."241 The Supreme Court of Arkansas, in Wilbur v. Kerr,242 maintained that the child would someday learn that he was unwanted by his family because someone other than his parents had paid for his rearing.243 Reasoning that our society has not become so sophisticated as to ignore such an emotional trauma, the court denied damages for the costs of raising the child.244

In emphasizing the emotional effect that the parents' damages claim could have on the child, the Wilbur court failed to recognize that such an effect is more likely to result not from an award of rearing costs, but from the litigation process leading to such an award and the child's ultimate discovery of the suit. Furthermore, a resolution of this problem is better left to the individual parents than to the courts.

Citing Wilbur, the Burke court stated bluntly:

We are . . . unimpressed with the reasoning that child-rearing expenses should not be allowed because some day the child could be adversely affected by learning that he or she was unwanted and that someone else had paid for the expense of rearing the child.

240. See infra notes 241-314 and accompanying text (discussing these rationales).
241. See Wilbur v. Kerr, 628 S.W.2d 568 (Ark. 1982); see also supra notes 114-26 and accompanying text (discussing Wilbur).
242. 628 S.W.2d at 570.
243. Id.
244. Id. at 571. The rationale of the Wilbur court has not gained widespread acceptance. One court, in recognizing the concern raised by the Arkansas Supreme Court, suggested the use of a pseudonym in place of the parents' name in the case style. See Anonymous v. Hosp., 366 A.2d 204 (Conn. Super. Ct. 1980) (asserting that the use of the pseudonym would lessen the chance of personal publicity for the plaintiff parents and the wrongful birth infant). Attempting to rebut the "emotional bastard" contention, a Florida court suggested that the child should not be thought of as unloved, but merely as unplanned. See Jackson v. Anderson, 230 So. 2d 503 (Fla. Dist. Ct. App. 1970).
Courts expressing concern about the effect on the child nevertheless allow the parents to recover certain direct expenses from the negligent physician without expressing concern about harm to the child when the child learns that he or she was unwanted. Additionally, the Burke court maintained that "it is for the parents, not the courts, to decide whether a lawsuit would adversely affect the child and should not be maintained."

Since it is generally accepted that the parents and not the courts are responsible for the care and well being of their children, the parents should be allowed to decide whether the potential emotional impact on a child warrants refraining from bringing a wrongful birth action. If the plaintiffs originally decided not to rear another child based on financial circumstances, they may feel compelled to bring a wrongful birth suit to financially secure the child's future, irrespective of the possible trauma it may cause. Therefore, the bare allegation that there may be negative emotional effects on a child because his parents were awarded rearing costs, rather than only medical and hospital expenses, should not prove strong enough to persuade a court to insulate the defendant and deny plaintiffs a proper recovery.

A second contention that is based on considerations of public policy and is frequently employed by courts to deny rearing costs is the "surrogate parent" argument, introduced by the Supreme Court of Wisconsin in Rieck v. Medical Protective Co. The Wisconsin court decided that public policy does not permit imposing the burden of child-rearing costs on physicians while allowing the parents to retain the child. The court asserted that while the intangible benefits of raising a child would remain with the parents, every financial cost or detriment would be shifted to the defendant physician. Thus, the Wis-

246. Id. at 5.
247. See infra note 300 and accompanying text.
248. 219 N.W.2d 242 (Wis. 1974). For a further discussion of Rieck, see supra notes 119-20 and accompanying text.
249. Rieck, 219 N.W.2d at 244.
250. Id. at 245-46 (explaining that intangible benefits include the child's smile and pride in the child's achievements).
251. Id. at 245 (defining financial costs or detriments as food, clothing and education).
consin court concluded that such a result would place an unreasonable burden on physicians.\textsuperscript{252}

The \textit{Rieck} court's reasoning is unsound for two reasons. First, without acknowledging the plaintiff's interest in seeking to avoid having another child, it is impossible to determine the extent of the injury that he or she has suffered as a result of the birth. Consequently, it is irresponsible for a court to claim that plaintiff's damages are unreasonable. Secondly, if the parents conclude that it is in the best interests of the child to raise him with money obtained through a wrongful birth suit, this decision should be upheld\textsuperscript{253} regardless of any negative connotations that could arise from arbitrarily placing the title of "surrogate parent" on the physician.\textsuperscript{254}

Finally, courts have held that awarding rearing costs is unjust because such a recovery is out of proportion to the physician's culpability.\textsuperscript{255} This position is untenable under the fundamental concept of causation in tort law.\textsuperscript{256} When a woman

\begin{itemize}
\item \textsuperscript{252.} Id.
\item \textsuperscript{253.} See \textit{infra} note 300 and accompanying text for an expansion of this argument.
\item \textsuperscript{254.} \textit{Rieck}, 219 N.W.2d at 244.
\item \textsuperscript{255.} In \textit{Sorkin v. Lee}, 434 N.Y.S.2d 300, 303 (App. Div. 1980), an action against a physician based upon a negligently performed vasectomy, the Supreme Court of New York, Appellate Division, denied plaintiffs damages for the normal expenses of rearing and educating a healthy but unwanted child. The court reasoned that exposure to such damages could lead to substantial verdicts against which potential defendants cannot readily insure themselves. \textit{Id.}
\item \textsuperscript{256.} The principle of causation in tort law can be broken down into two components—the cause-in-fact and the legal, or proximate, cause. First, the court must find that there is a causal connection between the claimed injury and the negligence. \textit{See Naccash v. Burger}, 290 S.E.2d 825 (Va. 1982). If it can be proven that "but for" the negligence of the defendant, the plaintiff would not have suffered injury, then the initial inquiry of causation is satisfied. For example, in \textit{Naccash}, Mrs. Burger clearly established that but for the negligence of Dr. Naccash, she would have terminated her pregnancy and avoided the painful experience of bringing a child affected with an incurable genetic disease into the world. \textit{Id.} However, tort law dictates that although the breach of duty may be the cause-in-fact of the harm suffered by the plaintiff, liability will not be imposed unless the breach is also the proximate cause of the harm. \textit{See Prosser & Keeton, supra} note 17, § 41, at 263-64.
\end{itemize}

In essence, the question of proximate cause is whether a court, realizing that there is a causal connection between the defendant's negligence and the plaintiff's injury, is willing to hold the defendant legally responsible for the harm that was suffered. \textit{Id.} Whether disguised under such terms as "foreseeable," as in \textit{Naccash}, "direct or indirect," also as in \textit{Naccash}, or "natural and probable" consequences, as in \textit{Speck}, proximate cause is a vehicle by which the court can determine the defen-
undergoes surgery for sterilization or abortion, she does so because she desires not to give birth to another child. If the operation is negligently performed and the mother does give birth, then she must prove that the physician's negligence was the cause of the birth. Assuming she does so, the physician should be held liable for all proximate consequences of his tort. Courts that have disallowed the plaintiff parents' costs for rearing have overlooked the fact that the foreseeable consequences of the physician's negligence do not stop at the maternity ward door.

B. Surmounting the Barrier of Damage Speculation

The problem of speculative damages is another issue that has concerned courts in deciding cases of wrongful birth. While the arguments for denying parents the costs of rearing based on public policy are often nebulous and incapable of legal justification, it is a well established principle of damages that a plaintiff must not only establish the existence of an injury, but also the amount of loss he has suffered. In wrongful birth cases where damages are clearly established, some courts have denied recovery because it is too difficult to measure damages. However, the proximate cause argument has also been carried to extremes. For example, in Bishop v. Byrne, 265 F. Supp. 460, 464 (S.D. W. Va. 1967), the defendant physician unsuccessfully claimed that the act of sexual intercourse was an "intervening cause" that should cut off his liability.

The cause of action for wrongful birth has been denied on the basis of proximate cause. In Rieck, the Supreme Court of Wisconsin held that "even where the claim of causation is complete and direct, recovery may sometimes be denied on the grounds of public policy." 219 N.W.2d at 244. The court's list of reasons for denying a claim based on policy included the injury being too disproportionate to the culpability of the negligent tortfeasor, and the problem of placing an unreasonable burden upon physicians in allowing recovery. Id. Similar reasons led the Supreme Court of Delaware in Coleman v. Garrison, 349 A.2d 8 (Del. 1975), to deny the cause of action, while a federal court in Texas refused the claim because it was simply not foreseeable that a "pregnancy may result in the birthing of an abnormal child." See also LaPoint v. Shirley, 409 F. Supp. 118, 121 (W.D. Tex. 1976).

259. See, e.g., Coleman v. Garrison, 349 A.2d 8 (Del. 1975) (holding that plaintiff could not recover from surgeon for alleged improper performance of sterilization operation because it was impossible to measure the value of human life); Gleitman v. Cosgrove, 227 A.2d 689 (N.J. 1967) (denying damages to parents of an
Adhering to this view, courts have misconstrued and misapplied the rule of certainty in the context of wrongful birth. The United States Supreme Court has interpreted this rule as requiring only proof of damages from which the jury may infer a just and reasonable estimate of the extent of damage.\textsuperscript{260} Although an estimate of the costs of rearing a child will often involve more complicated and sophisticated methods of proof than those used to determine medical and hospital costs,\textsuperscript{261} many courts have properly concluded that this difficulty is not tantamount to denying the plaintiff the opportunity to present evidence of the expected costs.\textsuperscript{262}

In \textit{Berman v. Allan}, for instance, the Supreme Court of New Jersey stated that "to deny [the plaintiffs] redress for their injuries merely because damages cannot be measured with precise exactitude would constitute a perversion of fundamental principles of justice."\textsuperscript{263} The Connecticut Supreme Court, in \textit{Ochs v. Borelli},\textsuperscript{264} properly met the question of certainty in stating that it has "no basis for distinguishing this case from other tort cases in which the trier of fact fixes damages for wrongful death or for loss of consortium."\textsuperscript{265} In correctly formulating and accurately applying the rule of certainty, the \textit{Ochs} court\textsuperscript{266} followed the majority of jurisdictions that allow claims for wrongful birth.\textsuperscript{267}
In Marciniak v. Lundborg, the Supreme Court of Wisconsin definitively stated that the problem of damage speculation in wrongful birth cases is not an issue. The "[d]efendants . . . argue that child rearing costs are too speculative and that it is impossible to establish with reasonable certainty the damages to the parents. We do not agree . . . similar calculations are routinely performed in countless other malpractice situations." The court continued by recognizing that "[j]uries are frequently called on to make far more complex damage assessments in other tort cases" and "population studies are readily available to provide figures for the costs of raising a child." The court ruled against the defendants with respect to this claim. Similarly, the Supreme Judicial Court of Massachusetts, in Burke v. Rivo, stated that the "determination of the anticipated costs of child-rearing is no more complicated or fanciful than many calculations of future losses made every day in tort cases."

It is clear, therefore, that the issue of a potentially speculative damage calculation for the birth of a healthy, yet unplanned or unwanted child merely is a futile attempt by negligent physicians to avoid the consequences of their wrongdoing. Thus, the malfeasant defendants turn to yet another potential argument.

C. The Troublesome Issue of Damage Mitigation

The doctrine of damage mitigation generally has not been applied to wrongful birth cases. The courts that have recognized a claim for wrongful birth have conformed to the majority position by not analyzing whether the plaintiffs could have limited their damages. The doctrine of damage mitigation re-
quires a plaintiff to take reasonable measures to minimize the financial consequences of the defendant's negligence. It also known as the rule of avoidable consequences, it denies recovery for any damages that could have been reasonably avoided after the tortfeasor committed the wrong. Application of this rule to mitigation in wrongful birth claims would require that the child be aborted or put up for adoption. If either abortion or adoption were determined to be reasonable conduct, and the plaintiff failed to employ such measures, recovery of damages for the costs of rearing could be denied.

Considering the zeal with which courts have applied other rules of damages to protect the medical profession from the financial burden of wrongful birth claims, it is anomalous that these same courts have not required defendants to mitigate their damages. In fact, it has generally been held, as a per se rule of law, that such efforts on the part of the claimants are unnecessary.

While courts purport to treat the wrongful birth action within the framework of negligence, they nevertheless decline to apply the firmly established tort principle of damage mitigation. In so doing, courts have increased the likelihood

275. Dobbs, supra note 258, § 3.7.
276. Id.
277. Prosser & Keeton, supra note 17, § 65, at 458. For a discussion of reasonableness within the context of wrongful birth, see supra notes 273-76 and infra notes 278-314.
279. Id.
280. For a sampling of courts that have denied wrongful birth claims because of the problem of speculation in calculating damages, see supra notes 257-72.
281. See supra notes 241-66 and accompanying text, discussing public policy reasons promulgated by courts in denying wrongful birth claims.
284. The Pennsylvania and Virginia courts, in Speck v. Finegold, 439 A.2d 110 (Pa. 1981), and Naccash v. Burger, 290 S.E.2d 825 (Va. 1982), were not guilty of neglecting the mitigation doctrine. In both cases, the plaintiff mothers had attempted to terminate their pregnancies. For a discussion for both these cases, see supra notes 159-81 and accompanying text. The Arkansas and Connecticut courts, in Wilbur, 628 S.W.2d 568, and Ochs, 445 A.2d 883, only briefly mentioned the question of mitigation. Both opined that, as a matter of law, abortion or adoption were not reasonable conduct and, therefore, not required of the plaintiff. The New Hampshire court, in Kingsbury v. Smith, 442 A.2d 1003 (N.H. 1982), made no reference to the mitigation doctrine.
of imposing an unjust ruling on the parties to the wrongful birth suit. As opposed to the other situations in which the courts have failed to apply or have misapplied common law rules of damages in the wrongful birth setting, the error here is not the possible creation of a windfall to the defendant physician through a denial of rearing costs, but the chance of erroneously compensating the plaintiff parents with those costs.

In not deferring these questions to the jury, the courts that have dealt with wrongful birth claims have also, arguably, contravened two principles of law. First, it is a well established postulate of tort law that the negligent tortfeasor takes his victim as he finds him. That is, the victim's individual nature will often determine the extent of the wrongdoer's liability. Second, the United States Supreme Court, in *Roe v. Wade*, established an unqualified right for any woman to obtain an abortion during the first trimester of her pregnancy. While courts have been willing to use this holding for purposes of finding injury in wrongful birth cases, it has been ignored with respect to mitigation. This result has been justified on the basis of an overriding public policy and on the reasonableness corollary to the rule of mitigation.

The primary policy argument against mitigating damages through abortion is premised on the public controversy surrounding that issue. For many people, abortion involves a profound moral and religious question. For instance, the Court of Claims of New York, in *Rivera v. State*, held that a “rule of

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285. Situations where the court has misapplied common law rules of damages are discussed in supra notes 241-56 and accompanying text and infra notes 315-32 and accompanying text.

286. For example, the fear of such a windfall led the New Hampshire court in *Kingsbury* to deny the plaintiff parents the costs of rearing. See supra notes 111-13 and accompanying text (discussing the rationale in *Kingsbury*).


290. 404 N.Y.S.2d 950 (Ct. Cl. 1978) (awarding plaintiffs damages for the anticipated cost of rearing an unplanned child, offset by any benefits conferred to them by the birth, as a result of a negligent sterilization wrongful birth).

Whether this position is constitutionally sound is arguable, because it is not certain that a state court's disposition of a wrongful birth claim constitutes state action within the meaning of the Fourteenth Amendment of the Federal Constitution. Although, the Supreme Court declared, in *Shelley v. Kraemer*, 334 U.S. 1 (1948), that "the action of state courts and judicial officers in their official capaci-
law which required claimant to have an abortion would constitute an invasion of privacy of the grossest and most pernicious kind." The court asserted that a decision regarding abortion is for the individual to make based upon her own religious, philosophical or moral principles; while abortion is a right, it is not an obligation. Based on these considerations, the Rivera court concluded that the plaintiff's failure to obtain an abortion would not affect her cause of action. The Supreme Court of Michigan, in Troppi v. Scarf, reached the same result and held that the jury could not "take into consideration the fact that the plaintiffs might have aborted the child or placed the child for adoption."

Additionally, Roe (and its progeny) has been construed as to not only allow abortion (under its requirements), but to prohibit any governmental interference with a woman's right to choose not to have an abortion. In Arnold v. Board of Education, the United States Court of Appeals for the Eleventh Circuit opined that: "It is freedom in the decision-making process which receives constitutional protection. Resolution of the childbearing decision embraces two alternatives, those of aborting the child or carrying the child to term. Both alternatives enjoy constitutional protection from unwarranted governmental interference." The court continued by stating that there simply is no difference between choosing to abort a fetus or to carry it; both choices are legal under the constitutional right of privacy.

Although adoption does not raise the same religious, philosophical or moral questions inherent in the problem of abortion,

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291. 404 N.Y.S.2d at 954.
292. Id.
293. Id.
295. Id. at 520.
296. 880 F.2d 305, 311 (11th Cir. 1989) (citation omitted).
297. Id.
courts have treated the two options identically. In Troppi, the Michigan court stated that a determination of reasonableness is actually a determination of that which is in the child's best interests. The court held that the law had "long recognized the desirability of permitting a child to be reared by his natural parents." Thus, the Michigan court concluded that the parents may have reasonably believed that the child would be damaged by the "hazards of adoption," and as a "matter of personal conscience and choice" wished to keep their once unwanted child.

The legal rationale most frequently asserted for these conclusions is that the procedures of abortion or adoption are not within the scope of reasonable conduct. Quoting from McCormick on Damages, an Illinois appellate court, in Cockrum v. Baumgartner declared:

If the effort, risk, sacrifice, or expense which the person wronged must incur in order to avoid or minimize a loss or injury is such that under all the circumstances a reasonable man might well decline to incur it, a failure to do so imposes no disability against recovering full damages. The Illinois court concluded that as a matter of law, no mother can be reasonably asked to abort or to place her child up for adoption.

298. See, e.g., Wilbur v. Kerr, 628 S.W.2d 568 (Ark. 1982).
300. Id. at 520 n.12 (citing In re Ernst, 129 N.W.2d 430, 443-48 (Mich. 1964); In re Mathers, 124 N.W.2d 878, 886 (Mich. 1963); Herbstman v. Shiftan, 108 N.W.2d 869, 870 (Mich. 1961); In re Mark T., 154 N.W.2d 27 (Mich. Ct. App. 1967)).
301. Troppi, 187 N.W.2d at 520.
302. Id.
303. MCCORMICK, supra note 229, § 35, at 133.
305. Id. at 971 (quoting CHARLES T. MCCORMICK, DAMAGES § 35, at 133 (1935)).
306. Id.
The Supreme Court of Wisconsin was of the same mindset in *Marciniak v. Lundborg.* In considering the issue, it stated that the defendants' refusal "to abort the unplanned child or give it up for adoption should be considered as a failure . . . to mitigate . . . damages. The rules requiring mitigation of damages require only that reasonable measures be taken" and it is not "reasonable to expect parents to essentially choose between the child and the cause of action." Recognizing that such a decision would be a "Hobson's choice," the court declined to apply the mitigation principle in wrongful birth cases for fear that it would be involving itself in "highly personal matters [that] involve deeply held moral or religious convictions."

It could be argued that while abortion or adoption may be unreasonable conduct for many parents, as a matter of fact, they should not be considered, as a matter of law, unreasonable for all parents. Therefore, since the decision whether to have an abortion is a legal right, and the plaintiff must take the victim as he finds him, the trier of fact in a wrongful birth suit should be allowed to determine on a case by case basis what is to be considered reasonable conduct regarding mitigation of damages. If the plaintiffs could not justify their failure to mitigate, the court would reduce their recovery. Such a determination would also serve the purpose of preventing fraudulent claims for rearing costs. For example, in *Hartke v. McKelway,* the court determined that the plaintiff's decision to keep a child born following a negligent sterilization was not the result of

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307. 450 N.W.2d 243 (Wis. 1990).
308. *Id.* at 247.
309. *Id.;* see also *Burke v. Rivo,* 551 N.E.2d 1, 4 (Mass. 1990) ("firmly reject[ing] any suggestion that the availability of abortion or of adoption furnishes a basis for limiting damages payable by a physician but for whose negligence the child would not have been conceived.").
310. The problem of fraudulent claims, although not raised generally by the courts hearing wrongful birth claims, is noted. With the goal of preventing fraudulent claims, some courts have refused to award parents the costs of rearing. In completely denying a cause of action for wrongful birth, a Wisconsin court objected to the subjective and unprovable nature of a wrongful birth claim. Since the action involves the pleading of a state of mind or intention, the court opined that the "temptation would be great for parents, where a diagnosis of pregnancy was not timely made, if not to invent an intent to prevent pregnancy, at least to deny any possibility of change of mind or attitude before the action contemplated was taken." *Rieck v. Med. Protective Co.,* 219 N.W.2d 242, 245 (Wis. 1974).
principled objections to abortion, since she had chosen to terminate her previous pregnancy.\(^{312}\) It, therefore, denied the plaintiff's claim of damages for raising the wrongfully born child.\(^{313}\)

However, in balancing the competing values involved in the issue of damage mitigation for wrongful birth, the courts have weighed the question of reasonableness heavily and determined that it is per se unreasonable to hold parents responsible for choosing not to abort the unplanned fetus, or, once born, place the child up for adoption.\(^{314}\) By not holding parents to the rule of mitigation, courts have increased the possibility of creating windfall verdicts to the plaintiffs and presenting practitioners in the medical profession with unreasonable financial burdens. However, other, less controversial, arguments have been utilized in seeking to avoid those consequences. The foremost arguments that have been advanced to prevent windfalls and limit liability are the theories of the overriding or offsetting benefits of parenthood.

D. The Overriding or Offsetting Benefits of Parenting

In the earliest litigation over claims for wrongful birth, the plaintiff parents were denied recovery based on the rationale that the joys of parenthood far exceed any injury suffered from the birth of a child.\(^{315}\) One court asserted that "[a]s reasonable persons, the jury may well have concluded that appellants suffered no damage in the birth of a normal, healthy child . . . ."\(^{316}\) The benefits that were considered to outweigh the possible injury included the fun, joy and affection received in raising and educating a child.\(^{317}\)

Over the years, many courts have employed the theory that birth is a blessing which overrides any concurrent detriment. In 1973, a Texas court of appeals held that the plaintiff's cause of action for wrongful birth must fail because a price tag cannot be placed on a "child's smile."\(^{318}\) Similarly, in 1980, a Florida

\(^{312}\) Id. at 105.
\(^{313}\) Id.
\(^{315}\) See, e.g., Christensen v. Thornby, 255 N.W. 620 (Minn. 1934).
\(^{316}\) Ball v. Mudge, 391 P.2d 201, 204 (Wash. 1964).
court of appeals maintained that "[i]t is a matter of universally shared emotion and sentiment that the intangible but all-important, incalculable but invaluable 'benefits' of parenthood far outweigh any of the mere monetary burdens involved."319

Conversely, many courts have concluded that the wrongful birth of a child inflicts financial injury on the parents.320 A Minnesota court declared that it would be "myopic to declare today that those benefits exceed the costs as a matter of law."321 However, the "overriding benefits theory" has not been completely abandoned. Instead, the courts have given it new life in conjunction with section 920 of the Restatement (Second) of Torts, and have applied it to offset, rather than override a recovery for wrongful birth.322 As defined in the Restatement, the rule states:

When the defendant's tortious conduct has caused harm to the plaintiff or to his property and in so doing has conferred a special benefit to the interest of the plaintiff that was harmed, the value of the benefit conferred is considered in mitigation of damages to the extent that this is equitable.323

The courts that have applied the offsetting benefits rule have done so in two different ways. The first method of application, the majority approach, was employed by the Supreme Court of Connecticut in Ochs v. Borrelli.324 The court evaluated the various benefits of parenthood and weighed them against the financial detriments the plaintiffs suffered.325

The Connecticut court suggested that such benefits include the "satisfaction, the fun, the joy, [and] the companionship . . .

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319. Pub. Health Trust v. Brown, 388 So. 2d 1084, 1085-86 (Fla. Dist. Ct. App. 1980) (commenting that "[i]t is a rare but happy instance in which a specific judicial decision can be based solely upon a reflection of one of the humane ideals which form the foundation of our entire legal system. This, we believe, is just such a case.").


321. Sherlock, 260 N.W.2d at 175.

322. See cases cited supra note 320.

323. Restatement (Second) of Torts § 920 (1979).

324. 445 A.2d 883. Other cases which have employed this method include Stills v. Gratton, 127 Cal. Rptr. 652 (Ct. App. 1976) and Sherlock, 260 N.W.2d 169. See supra notes 135-50 and accompanying text (discussing Ochs).

325. Ochs, 445 A.2d 883. The Ochs court, however, did not indicate how these benefits were to be measured.
which the plaintiff[s] as parents have had and will have in the rearing of the child . . . ."326 The court went on to suggest that these benefits will make economic expenditures worthwhile.327

The Connecticut Supreme Court’s balancing-of-interests approach should be recognized as superior to the overriding benefits theory or to a per se denial of child-rearing expenses, because the injured parents are at least partially compensated for the financial loss they have suffered as a result of the wrongful birth. However, the Connecticut court’s analysis is flawed in that it ignores the “same interest” limitation of the Restatement. A careful reading of section 920328 reveals that it is not the plaintiff who must benefit through the defendant’s tort in order to fall within the parameters of the rule; rather, it is the “interest” or purpose that the plaintiff was seeking to secure at the time of the defendant’s wrongdoing.

The interest sought to be protected by an individual who seeks to avoid parenting a child is paramount because even if it is argued that a child is always a blessing, that argument is patently spurious when the potential parent does not want that blessing. Therefore, applying the “off-setting” benefits limitation to wrongful birth cases requires the courts to determine the reasons why the potential parents attempted to avoid the birth of a child.

Only two courts have applied the theory of offsetting benefits by considering the purpose behind the plaintiff’s attempt at birth control. These cases illustrate the second approach to the benefits rule. In Custodio v. Bauer,329 a woman sought a sterilization operation to preclude further aggravation of a bladder and kidney condition. The defendant physician negligently performed the operation and the woman eventually gave birth. Applying the benefits rule literally, the California court concluded that the “interest” the plaintiff was seeking to protect was her bladder and kidney condition. The court reasoned that if the failure of the sterilization operation in any way benefited the plaintiff’s bladder and kidney condition, then the value of that

326. Id. at 886.
327. Id.
328. See supra note 323 and accompanying text.
benefit should be subtracted from the award. In addition, the court asserted that any benefits that the plaintiff received from having the child, such as love and affection, have no relevance to the interest she sought to protect and, therefore, should not serve to offset the award. Since the plaintiff's damages were not capable of being offset, the plaintiff was awarded full costs for raising the child.

Although the California Court of Appeals in Custodio correctly applied the rule of offsetting benefits in determining that the intangible benefits of parenthood often are not coextensive with the reason why a party submits to a sterilization procedure, the court's holding nevertheless suffers from a flaw in reasoning. Specifically, in determining that the interest the plaintiff sought to protect was her kidney and bladder condition, the court implicitly determined that the financial burden of raising another child did not enter into the plaintiff's decision to be sterilized. Regardless of the court's decision to award the plaintiff rearing costs, it did not do so based on its findings regarding the benefits rule, but because of an unrelated rationale. Thus, the question still remains as to whether, in holding the physician financially responsible for rearing, the court has placed an undue financial burden on the physician or created a windfall to the parents.

The Custodio court's application of section 920 of the Restatement is both logical and appropriate, yet it fails to provide any justification for the purpose it purports to serve—that is, allowing the plaintiff parents recovery for the costs of raising the child. The California court's reasoning leaves open the opportunity to hold that, although the plaintiff's interest was not benefited by the tortfeasor's wrong and hence damages cannot be offset, rearing costs can be denied on other, yet to be articulated, grounds.

In 1900, two courts made it clear that in their jurisdictions, the purpose for which the plaintiff(s) sought recovery from the

330. Id. at 466.
331. Id. at 477.
332. The court based its holding on the family's need to "replenish [its] exchequer so that the new arrival [would] not deprive the other members of the family of what was planned as their just share of the family income." Id.
negligent physician should override the "overriding" benefits rule.\textsuperscript{333}

Substantially agreeing with the \textit{Ochs} court, the Supreme Judicial Court of Massachusetts in \textit{Burke v. Rivo}\textsuperscript{334} concluded that when parents decide to not procreate and the physician who assists them with their decision negligently fails to grant their objective, the misfeasor should be held responsible for the costs resulting from the unwanted birth.\textsuperscript{335} In addressing the issue of the benefits a child might bring to the parents, the court stated that:

The judicial declaration that the joy and pride in raising a child always outweigh any economic loss the parents may suffer, thus precluding recovery for the cost of raising the child, simply lacks verisimilitude, [and] [t]he very fact that a person has sought medical intervention to prevent him or her from having a child demonstrates that, for that person, the benefits of parenthood did not outweigh the burdens, economic and otherwise, of having a child.\textsuperscript{336}

The court held that in addition to other damages recoverable from the negligent physician (such as the cost of the unsuccessful procedure), the tortfeasor is liable for the costs of rearing the (at least initially) unwanted child, offset by "the benefit, if any, the parents receive and will receive from having their child."\textsuperscript{337}

Thus, as did the \textit{Ochs} court, the \textit{Burke} court did not completely compensate the plaintiff parents for the financial burden incurred as a direct and proximate result of the defendant physician's negligence. Unfortunately, regardless of the economic hardships suffered by the parents of an unplanned, but healthy child, the parents continue to be deprived of full redress for the consequences of the defendant's wrongdoing.\textsuperscript{338}

In contrast to the Connecticut court's decision in \textit{Ochs}, and the Massachusetts court's decision in \textit{Burke}, the Supreme Court

\textsuperscript{333} See \textit{Burke v. Rivo}, 551 N.E.2d 1 (Mass. 1990); Marciniak v. Lundborg, 450 N.W.2d 243 (Wis. 1990).
\textsuperscript{334} 551 N.E.2d 1.
\textsuperscript{335} \textit{Id.} (framing plaintiffs' cause of action as basic medical malpractice).
\textsuperscript{336} \textit{Id.} at 4 (citation omitted).
\textsuperscript{337} \textit{Id.} at 6.
\textsuperscript{338} For a more logical approach to damage calculation, see infra notes 345-57 and accompanying text.
of Wisconsin, in *Marciniak v. Lundborg*,339 posited that the “application of the [benefits rule] would require the jury to place a monetary value on the benefits that would accrue to the parents as a result of the child being with them, and offset those benefits against the interest that was harmed.”340 Understanding the true meaning of section 920 of the Restatement (Second) of Torts,341 the court continued:

“The Restatement places two limitations on the application of the benefits rule. The first . . . is that the circumstances to be considered in mitigation must benefit the same interest that was harmed by the defendant’s tortious act. The second . . . is that the benefit can offset the damage only to the extent that it is equitable.”342

Ultimately, the court concluded that it would be inequitable “to apply the benefit rule in the context of the tort of [wrongful birth]” when the parents made a decision not to have a child for the precise reason to avoid that benefit “that the parents went to the physician in the first place.”343 The court held that “the costs of raising the child to the age of majority may not be offset by the benefits conferred upon the parents by virtue of the presence of the child in their lives.”344

In its decisive and often emotional rationale, the court proposed that “[w]hen parents make the decision to forego” the birth of another child, especially for economic reasons, it would be ridiculous to allow the tortfeasor to avoid the consequences of his negligence, regardless of any potential economic benefits the child might ultimately provide to the injured plaintiffs.345

339. 450 N.W.2d 243 (Wis. 1990) (finding that although the actual cause of action was couched in the term “negligent sterilization,” the ultimate harm alleged by the plaintiffs was a wrongful birth).
340. Id. at 248.
341. See supra note 323 and accompanying text.
342. *Marciniak*, 450 N.W.2d at 248 (citations omitted). The court continued: Section 920 . . . specifically states that for a benefit to be considered in mitigation of damages it must be ‘a special benefit to the interest of the plaintiff that was harmed . . . .’ Comments to section 920 demonstrate that the drafters of the Restatement felt that the ‘same interest’ limitation contemplates a narrow definition of interest.

*Id.*
343. *Id.* at 249.
344. *Id.*
345. *Id.*
V. Ascertaining Just Compensation: A Suggested Approach for Awarding Child-Rearing Costs

The soundest approach to resolving claims for rearing costs in actions for wrongful birth is the methodology used by the Custodio,\textsuperscript{346} Hartke,\textsuperscript{347} Burke\textsuperscript{348} and Marciniak\textsuperscript{349} courts in their application or non-application of section 920 of the Restatement. When faced with a wrongful birth claim, a trier of fact should ascertain the purpose for which the plaintiff underwent the medical procedure in question to prevent the birth of a child. This determination will provide a court with the information necessary to accurately divine the type and extent of injury the plaintiff sustained as a result of the negligent physician's action or inaction. Such information, combined with proper application of both negligence and common law damage principles, is essential to a just determination of questions of injury, culpability and liability in a wrongful birth action. Unfortunately, many courts deciding the issue of wrongful birth have not realized the judicial efficacy of this approach. Only seven courts have specifically stated that the purpose for which the parents who had a procedure to avoid the birth of an unplanned or unwanted child should be determinative (or at least considered) in ascertaining the negligent doctor's monetary culpability.

In Custodio, the court did not look to purpose; it simply stated that if the plaintiffs could prove that a sterilization procedure was negligently performed, and that the physician had breached his duty to them, they could recover all damages proximately caused by the defendant physician's negligence.\textsuperscript{350} Writing with this broad brush, the Custodio court introduced the understanding that wrongful birth is a simple cause of action for negligence and that the rules for recovery of damages for a defendant's negligence should not be altered simply because a child is born. Nevertheless, because the Custodio opin-

\begin{itemize}
  \item \textsuperscript{346} 59 Cal. Rptr. 463 (Ct. App. 1967).
  \item \textsuperscript{347} 526 F. Supp. 97 (D. D.C. 1981).
  \item \textsuperscript{348} 551 N.E.2d 1 (Mass. 1990).
  \item \textsuperscript{349} 450 N.W.2d 243 (Wis. 1990).
  \item \textsuperscript{350} It is noted, however, that under this reasoning, it is likely that the plaintiff in Custodio would not have been allowed to recover the costs of raising her child, since the interest she was attempting to protect was her kidney and bladder condition and not her financial security.
\end{itemize}
ion was harshly criticized for potentially providing the plaintiff parents a financial windfall as a result of awarding them costs for raising a healthy child, later courts began to consider the plaintiff's motivation in deciding to avoid giving birth to a child.

In *Hartke v. McKelway*, the United States District Court for the District of Columbia determined that the plaintiff sought sterilization not for economic reasons, but because she had previously suffered an ectopic pregnancy and "feared for her life should she become pregnant again." In allowing her to recover damages for the physical and mental anguish she suffered as a result of the defendant physician's negligence and in denying her claim for rearing costs, the court stated: "There is no evidence to support the view that she sought to avoid the expenses of raising another child . . . . To allow her to recover . . . the costs of raising this child would be to give her a windfall." Thus, by determining the purposes for which the plaintiff sought the physician's services and awarding damages based upon the injury that the plaintiff sought to avoid, the court was able to dispose of the case without unduly burdening the negligent physician or unjustly enriching the new mother.

This reasoning is equally applicable to a case in which the plaintiff proves to have undergone the medical procedure solely for economic reasons. Aligning itself with the *Hartke* court regarding the purpose for which the parents employed the ultimately negligent physician, the court in *Burke* held that when the parents' desire to avoid the birth of a child was premised on economic or financial reasons and not eugenic (avoidance of a feared defect) reasons, the plaintiff parents should recover the costs of rearing from the negligent physician.

However, when plaintiff parents attempt to avoid birth for economic or financial reasons, the court does not have to use the

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351. See supra note 54 and accompanying text.
352. 526 F. Supp. 97 (D. D.C. 1981). The case was before the district court on the defendant's motions for judgment notwithstanding the verdict and for a new trial. *Id.* at 99; see also supra notes 77-84 and accompanying text.
353. 526 F. Supp. at 105.
354. *Id.* The court also concluded that "[t]he case where sterilization is sought for economic reasons is not before the Court." *Id.*
355. *Id.*
balancing-of-interests test employed in Burke.\textsuperscript{357} Although diligent and correct in awarding rearing costs, the Burke court and others that have preceded and followed its reasoning and conclusion have erroneously bowed to the fallacy that the birth of a healthy child is always a blessed event. Courts that rule that rearing costs are appropriate, but nevertheless adopt the offsetting benefits rule of section 920 of the Restatement, are misguided. Any court that treats wrongful birth causes of action differently from any other cause of action for negligently inflicted harm deviates from the essential postulate of the law of torts.

When a plaintiff parent proves that she avoided childbirth purely for financial reasons, the court must recognize that the question is not “whether a doctor should be forced ‘to pay for the satisfaction and joy and affection which normal parents would ordinarily have in the rearing and education of a healthy child.’ The question is whether a negligent doctor should be held responsible for the consequences of his negligence.”\textsuperscript{358} The only court that has achieved total success in applying the common law of torts to a cause of action for wrongful birth is Marciniak. That court made it perfectly clear that the costs of raising the child to the age of majority may not be offset by the benefits conferred upon the parents by virtue of the presence of the child in their lives.\textsuperscript{359}

If relevant at all, the intangible notions of satisfaction and joy arguably awarded to the parents because of the birth of an unplanned or unwanted child should be considered only by the parents in offsetting their own disposition against having a child, and not by a court. While a child’s smile may ease the burden of rearing, it does nothing to mitigate the financial expenditures that necessarily will be made on the child’s behalf.

Courts that have failed to realize the difference between these values have done so erroneously. In completely denying the costs of rearing, or in offsetting those costs when the plaintiff proves that the medical procedure was undergone for financial reasons, the courts have failed to fulfill their responsibility.

\textsuperscript{357} See also Ochs v. Borelli, 445 A.2d 883 (Conn. 1982) (applying the same reasoning as Burke earlier).

\textsuperscript{358} Terrell, 496 S.W.2d at 129.

\textsuperscript{359} See Marciniak v. Lundborg, 450 N.W.2d 243 (Wis. 1990).
of compensating the injured party in a negligence action and have insulated members of the medical profession from liability for the injuries negligent physicians have caused.

VI. Conclusion

The history of the cause of action for wrongful birth has been replete with the non-application or misapplication of the fundamentals of the tort for negligently inflicted harm. Even in the jurisdictions that do recognize the validity of the tort of wrongful birth, the courts have been incomprenhensibly conflicted over the proper measurement of damages to the parents of an unplanned or unwanted child based on a doctor's (or other health-care provider's) negligence that was the cause-in-fact of the child's birth.

Today, there are five approaches courts take regarding the birth of a child that was sought to be avoided by its parents. First, no compensation is available at all for the tortfeasors' malpractice, because the birth of a child is always a "blessed event." Second, compensation for basic negligence with respect to the physician's misfeasance is limited to the costs of the botched procedure and possibly other elements such as pain and suffering to the parent who underwent that procedure. Third, some courts have held that if a child is born with an abnormality after an unsuccessful sterilization or abortion procedure, the plaintiff parents deserve the full costs of rearing that child because of the doctor's negligence. Fourth, other courts have held that even when a child is born healthy and without abnormalities, rearing costs may be awarded to the parents of the child they sought to avoid, but must be offset by the benefits the parents will derive by having that child in their lives. Last, an extremely small minority of courts have held that full rearing costs for an unplanned or unwanted child must be awarded if the parents' purpose of avoiding the birth of a child was based on financial reasons and not eugenic reasons.

The absurdity of these distinctions is palpable. Courts that have held that the birth of a child is always a blessing are ignorant of the plaintiff parents' reasons for avoiding having the child; often having the child is not a blessing, it is a burden. Additionally, there is no justification for treating an award of rearing costs differently for a healthy child and an unhealthy
child; neither was wanted, which is why the parent underwent the sterilization or abortion procedure in the first place. The same is true with respect to the application of the offsetting benefits rule: if the parents did not want a child, there is no benefit, there is only a burden.

It is patently disingenuous to treat the tort of wrongful birth differently from any other claim for holding a defendant liable for the costs of his having negligently inflicted harm. The interest sought to be protected by an individual who seeks to avoid parenting a child is paramount because even if it is argued that a child is always a blessing, that argument is manifestly spurious when the potential parent does not want that blessing.

While the inconsistency of these results may find support in the frailty of human emotion and sympathy, the disposition of wrongful birth claims should not be based on such standards. Nor should it be guided by policy-ridden arguments that serve to insulate negligent physicians from liability for the consequences of their wrongdoing and often result in denying parents just compensation for the injuries they have suffered. To properly effect the elementary premise of tort law and the purpose of the damages remedy, courts hearing claims for wrongful birth should shift their focus away from the health of the wrongfully born child or the alleged benefits that the child may or may not provide to the plaintiff parents who were attempting to avoid that child’s birth. Emphasis should be placed, instead, on the interest the plaintiffs were seeking to protect in originally deciding not to parent the child. Inquiring into the parents’ motivation for attempting sterilization or abortion will allow the trier of fact to determine the extent of the plaintiff’s injury and thereby award them damages commensurate with that injury. This method of analysis will serve to facilitate rather than frustrate the judiciary’s goal of compensating the plaintiffs and deterring medical malpractice, while preventing the possibility of creating windfall verdicts to either party.