

1 **Title page**

2 **Microplastic moves pollutants and**  
3 **additives to worms reducing functions**  
4 **linked to health and biodiversity**

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16 Running head: Microplastic transfers chemicals reducing health

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## 18 **Summary**

19 Plastic debris can contain sorbed persistent and bioaccumulative pollutants. Although animals across  
20 trophic levels ingest micrometer-sized plastic debris (microplastic), it is unknown whether eating  
21 microplastic transfers pollutants to animals. Despite positive correlations reported for concentrations of  
22 ingested plastic and pollutants in tissues of animals, few, if any, controlled experiments have examined  
23 whether ingestion of microplastic transfers pollutants and additives to animals. We exposed lugworms  
24 (*Arenicola marina*) to polyvinylchloride (PVC; 5%) microplastic with common pollutants (nonylphenol,  
25 phenanthrene) and additive chemicals (Triclosan, PBDE-47) presorbed onto PVC. Ingested microplastic  
26 transferred pollutants and additives into gut-tissues of lugworms, at concentrations causing some  
27 biological effects, although clean sand transferred larger concentrations of pollutants into their tissues.  
28 Uptake of nonylphenol from PVC or sand reduced the ability of coelomocytes to remove pathogenic  
29 bacteria by >60%. Uptake of Triclosan from PVC diminished the ability of worms to engineer  
30 sediments and caused mortality, each by >55%, whilst PVC alone made the worms >30% more  
31 susceptible to oxidative stress. As global microplastic contamination accelerates, our findings that large  
32 concentrations of microplastic and additives can harm ecophysiological functions identify possible  
33 ecological impacts. It, however, remains to be seen whether these problems are significant at smaller  
34 concentrations of pollutants and microplastic.

35

## 36 **Highlights**

37 (i) Ingestion of microplastic by animals can transfer pollutants and additives to their tissues.

38 (ii) Biochemically clean sand transferred more pollutants into tissues than microplastic.

39 (iii) Uptake of pollutants, additives and microplastic damaged ecophysiological functions.

40

## 41 **Results**

42 By 2050, an extra 33 B.tonnes of plastic is anticipated to be added to our planet (1) This will place a  
43 larger burden on inadequate systems of management and policy that are struggling to prevent plastic  
44 waste infiltrating ecosystems [1, 2]. Disintegration into smaller pieces means the abundance of  
45 microplastic in marine habitats has increased [3] and now outnumbers larger debris [2, 4]. Once  
46 ingested by animals, microplastic provides a feasible pathway to transfer sorbed pollutants and additives  
47 into their tissues [7-14]. Here we unravel the hazards of microplastic as a multiple stressor to  
48 sedimentary organisms. Using single-concentration experiments (an approach endorsed by the EPA,  
49 [25]) we examined whether microplastic (PVC) sorbed and then released, pollutants (nonylphenol,  
50 phenanthrene) and additives (Triclosan, PBDE-47) to tissues of lugworms and if so, whether this altered  
51 the ability of lugworms to perform important ecophysiological functions. Animals from sedimentary  
52 habitats are vulnerable because plastic can accumulate concentrations of pollutants a hundred times  
53 greater than sediments [9] and there is 250% more microplastic in habitats that receive sewage [2] or are  
54 down-wind [3].

55 Surprisingly, the relative importance of ingesting microplastic versus sediments as vectors for pollutants  
56 to the tissues of animals is poorly understood. *In vitro* experiments simulating guts of lugworms indicate  
57 that pollutants which accumulate from seawater to microplastic would desorb into the gut, with more  
58 transfer from microplastic in sediments with less organic carbon [9]. In contrast, theoretical studies for  
59 fish predict eating microplastic would not increase burdens of pollutants because concentrations of  
60 pollutants will be at equilibrium with their environment [26]. Equilibrium scenarios are, however,  
61 problematic [27] because they assume pollutants and organisms are evenly distributed around the world  
62 and discount the (i) kinetic effects of gastric surfactants, pH and temperature on the desorption of  
63 pollutants from plastic; (ii) transfer and storage of microplastics in tissues of animals. To understand the  
64 actual chemical and biological impacts of microplastic experiments are required [9, 27, 28]. But  
65 experiments have been unable to determine whether microplastic transfers greater concentrations of

66 pollutants to tissues than sediments, or if microplastic is capable of transferring large enough  
67 concentrations of pollutants and additives to impair functions of animals that sustain health and  
68 biodiversity.

69 **Transfer of chemicals from microplastic and from sand to the tissues of lugworms.** Plastics  
70 discarded into habitats accumulate pollutants, such as nonylphenol and phenanthrene [8, 24] and could  
71 release these by desorption. To reproduce conditions in habitats, pollutants were sorbed separately onto  
72 particles of PVC or sand (Fig 1A-B). PVC was chosen because it comprises >25% of microplastic in  
73 estuaries inhabited by lugworms [3]. Total amounts of plastics and pollutants in treatments were large,  
74 but not without precedent in sedimentary habitats and experiments [28, 30, S1]. Here we show  
75 nonylphenol and phenanthrene desorbed from PVC and transferred into tissues (Figure 1 C-D). This  
76 provides the first conclusive evidence showing transfer from microplastic and supports predictions from  
77 modelling of desorption of phenanthrene that has been pre-sorbed to polyethylene [9, 12, 13]. Despite  
78 particles of PVC containing 135% (nonylphenol) and 5860% (phenanthrene) larger concentrations than  
79 those on sand (Figure 1A, B), worms exposed to sand (with smaller concentrations of pollutants)  
80 accumulated >250% more phenanthrene and nonylphenol in their tissues than when PVC transferred the  
81 pollutants. Each day worms ingested 47-74% of their mass in sediments and gastric concentrations of  
82 pollutants (ingestion) were >180% greater than those found in their body-wall (sorption) irrespective of  
83 whether they ingested contaminated PVC or sand (Figure 1C, D).

84 Do chemicals used as additives in plastic manufacture transfer from microplastics in a similar way to  
85 pollutants? To test this, worms were exposed to microplastic with the presorbed PBDE-47 (flame  
86 retardant) and Triclosan (antimicrobial) (Text S1). These chemicals are thought to improve the safety of  
87 plastic articles by reducing the risks of fires and microbial growth, respectively. Quantities of additives  
88 added to plastic were realistic to proportions of PBDE-47 (5-30%; [10]) and Triclosan (0-5%) used by  
89 industry [15]. We did not use a sand-only treatment as we were examining the potential for additives  
90 used in plastic manufacture to transfer from plastics rather than the role of particles of sand or plastic as

91 vectors for pollutants. As with pollutants, additives transferred from microplastics into tissues, leading  
92 to consistent patterns of bioconcentration (Figure 2). Again, the main route of uptake for chemicals into  
93 worms was sorption into the gut via ingestion. Relative to concentrations in experimental sediments, the  
94 body-walls of worms accumulated up to 950% greater concentrations, and the gut up to 3500% greater  
95 concentrations, of each additive (Figure 2C-D).

96 **Biological consequences of microplastic and chemical transfer to lugworms.** To determine whether  
97 microplastic is capable of transferring large enough concentrations of pollutants and additives to impair  
98 functions of worms that help maintain health and biodiversity, we used established bioassays for  
99 mortality, feeding, immune-function and oxidative status. Previous work showed animals exposed to  
100 nonylphenol and phenanthrene feed/burrow less [32-34] and are more susceptible to oxidative stress,  
101 pathogens and mortality [35-38], whilst additives (e.g. Triclosan) can also be toxic [39-42].

102 Because lugworms structure faunal assemblages by removing phytoplankton and silt from sediments  
103 [43, 44], we measured feeding and survival to determine if ingestion of microplastic reduced this ability.  
104 Here we show exposure to PVC in clean sand with and without nonylphenol, phenanthrene and  
105 Triclosan, in some cases, disrupted feeding. In treatments containing PVC with Triclosan, over 55% of  
106 worms died ( $F_{1,10} = 22.73$ ,  $P < 0.001^{***}$ , Figure 3D), but exposure to PVC with nonylphenol or  
107 phenanthrene had no effect (Figure 2A-C). Exposure to PBDE sorbed onto PVC reduced feeding  
108 although not significantly (Figure 3C). Likewise, ingestion of Triclosan from PVC, reduced feeding in  
109 *A. marina* by >65% ( $F_{1,11} = 19.94$ ,  $P < 0.01^{**}$ ) and although not significant, worms ingesting PBDE  
110 from PVC fed 30% less (Figure 4C-D). Exposure to sand and/or microplastic with nonylphenol and  
111 phenanthrene did not reduce feeding (Figure 5A-B).

112 Previous experimental work had showed lugworms use phagocytosis to clear pathogenic bacteria from  
113 their coelomic fluid [45], so we used an established immunoassay [6] to measure the ability of  
114 coelomocytes to engulf particles of zymosan. Ingesting either sand or microplastic with nonylphenol  
115 reduced the phagocytic activity of coelomocytes by >60% ( $F_{1,19} = 6.70$ ,  $P < 0.05^*$ ; Figure 5A), similar,

116 but non-significant patterns were shown for Triclosan, whilst phenanthrene and PBDE-47 had no effect  
117 (Figure 5B-D).

118 Because mammalian cells exposed to nanometer-sized plastic produce reactive oxygen species [46, 47]  
119 and lugworms use antioxidants in their tissues to buffer the oxidative damage caused by hydrogen  
120 peroxide that accumulates in tissues during summer low-tides [48, 49], we measured the oxidative status  
121 of lugworms. Here we show the coelomic fluid of lugworms that ingested sediment with PVC had  
122 >30% smaller capacity to deal with oxidative stress (Figure 6B), while exposure to pollutants and  
123 additives through desorption from PVC, had no effect.

## 124 **Discussion**

125 Here we show pollutants and additives transfer via desorption from both sand and from microplastics to  
126 the tissues of an important bioengineer. This is the first suitably controlled experimental evidence  
127 showing that eating plastics can move pollutants and additives into the tissues of animals.

128 The principal route by which chemicals transferred was ingestion via the gut, rather than sorption  
129 through the body-wall. In our experiments despite the considerable capacity of plastics to sorb  
130 chemicals and the fact that only 1% of the experimental sediments were ingested during our  
131 experiments, pollutants and additives readily desorbed from microplastic and accumulated in the gut of  
132 worms at concentrations 326-3770% larger than experimental sediments within 10 days. When the  
133 bioavailability of pollutants from sand and PVC were compared, larger concentrations transferred from  
134 the sand to lugworms. Thus the extent and rate of desorption from sand was much greater than from  
135 plastic, which retains more of each pollutant than clean sand. It is, however, premature to conclude that  
136 sediment from habitats is likely to transfer more pollutants into animals upon ingestion. Further  
137 experiments are needed to compare retention in natural sediments with more clay and organic carbon,  
138 with that of smaller-sized polymers. For instance, polyethylene, polypropylene and polystyrene debris in  
139 habitats have larger concentrations of organic pollutants than PVC [24], while smaller (e.g. <10  $\mu\text{m}$ )

140 microplastic translocate and accumulate in cells and tissues of animals [6]. Thus certain plastics, at  
141 smaller sizes, could transfer chemicals into the tissues directly, without the need for gastric desorption.  
142 To determine the relative importance of desorption of chemicals from ingested and translocated [6]  
143 debris as vectors for pollutants into animals requires carefully designed experiments underpinned by  
144 better quality information from programmes of monitoring. This includes adequate replication and  
145 quantitation at smaller scales, improved methods of detection (debris <330 µm, dull in colour and/or  
146 granular [2]) and clearly articulated hypotheses. Over time this will provide the necessary information to  
147 design more complex manipulative experiments (field and laboratory) that expose more taxa to the  
148 sizes, types, mixtures and concentrations of microplastic, natural particulates, pollutants and additives  
149 found in habitats. It will also shed light on important factors that influence the distribution and  
150 abundance of microplastic and allow us to estimate the frequency at which sedimentary habitats contain  
151 quantities of microplastic that exceed 5% of the sediments.

152 For now our short-term experiments with large proportions of PVC (5%) show worms eating  
153 microplastic accumulated large enough concentrations of pollutants or additives to reduce survival  
154 (Triclosan), feeding (Triclosan, PBDE), immunity (nonylphenol) and antioxidant capacity (PVC).  
155 Reductions in the phagocytic activity of coelomocytes were caused by nonylphenol and such pollutant-  
156 induced reductions in immunity can reduce resistance to diseases in terrestrial worms [50]. Because  
157 mammalian cells exposed to nanometer-sized plastic also produce reactive oxygen species and less  
158 protein [46, 47], we suggest the smaller capacity of worms to deal with oxidative stress could be  
159 indicative of proteolysis or reductions in synthesis of their antioxidants. For Triclosan, concentrations  
160 were orders of magnitude smaller than those causing mortality in crustaceans [32]. Previously it was  
161 thought that sorbed pollutants are more likely to transfer to tissues of organisms than additives from  
162 plastic [27], however, our findings are consistent with the concerns that some additives may be more  
163 problematic [51]. Our results also agree with correlative evidence from studies in which lugworms  
164 exposed to micrometer-sized polystyrene and polychlorinated biphenyls fed less and lost weight [28].

165 Given that experimental exclusion of lugworms changes the structure and functioning of soft-sediment  
166 habitats [43, 44] our work raises concerns for habitats where plastics in sediments exceed 5% by mass.  
167 Our experimental work advances this field by showing that ingestion of microplastic by organisms can  
168 transfer pollutants and additives to their tissues at concentrations sufficient to disrupt ecophysiological  
169 functions linked to health and biodiversity.

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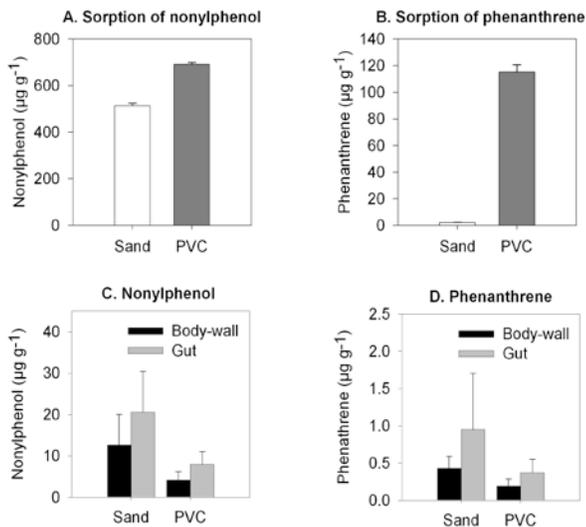
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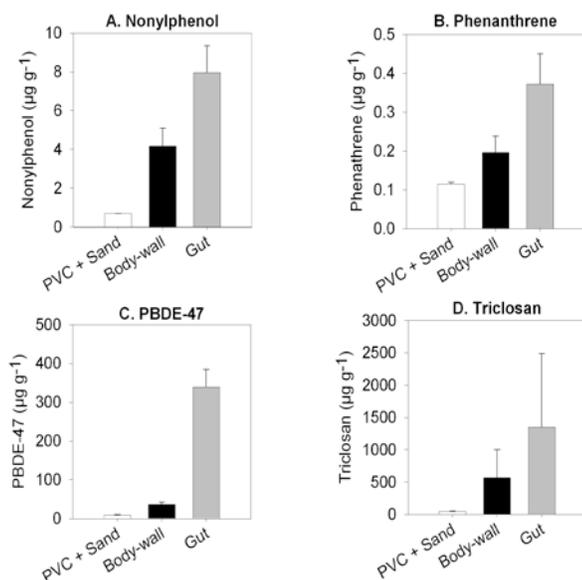
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328 **Figure legends**



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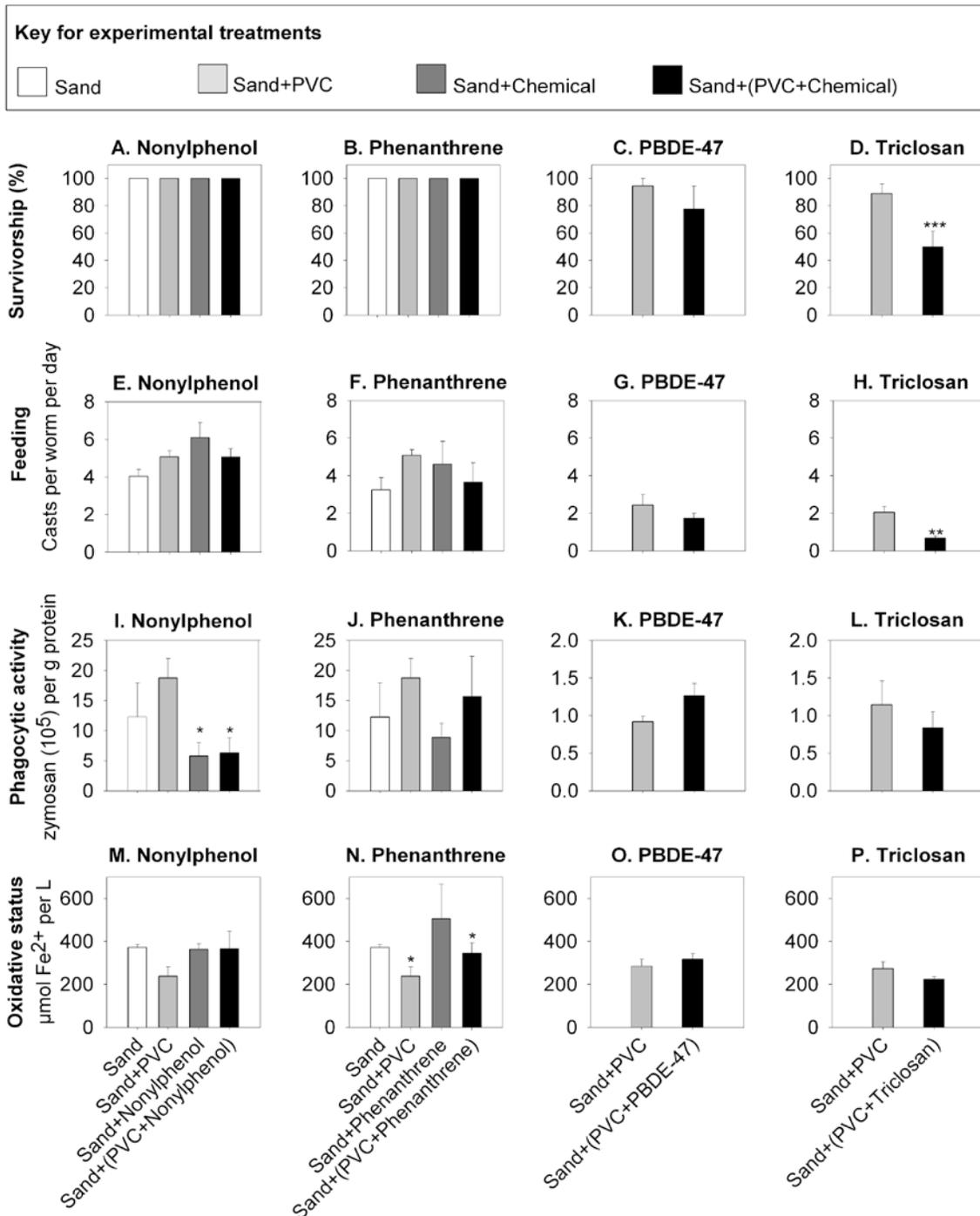
330 Figure 1. Pre-sorbed concentrations of pollutants nonylphenol (A) or phenanthrene (B) on clean  
 331 particles of sand or PVC. Biological uptake of pollutants from either sand or micrometer-sized PVC to  
 332 the tissues of lugworms (C, D). Transfer of pollutants from the microplastic PVC is demonstrated  
 333 clearly. As expected, sand with pre-sorbed pollutants transported more phenanthrene and nonylphenol  
 334 into tissues than microplastic due to the smaller retentive properties of clean sand. Interestingly, more of  
 335 each pollutant accumulated in the gut than in the body-wall, irrespective of whether the worms ingested  
 336 pollutants from desorption from PVC or sand. Data are means  $\pm$  S.E. (n=5).



337

338 Figure 2. Bioconcentration of pollutants and additives within the tissues of lugworms from treatments  
 339 with pollutants pre-sorbed onto PVC and mixed into clean sand (A-D). The body-walls of worms  
 340 accumulated up to 950% greater concentrations, and the gut up to 3500% greater concentrations of each  
 341 chemical. Data are means  $\pm$  S.E. (pollutants n=5, PBDE-47 n = 6, Triclosan = 2-6). Figure 2A-B is  
 342 different to Figure 1A-B because it provides the total concentrations of the pollutants that the worms  
 343 were exposed to in the experimental sediments, whilst Figure 1A-B provides concentrations on the  
 344 particles of sand or PVC alone.

345



346

347 Figure 3. Effect of microplastic, sand, pollutants and additives on the survivorship (A-D),  
 348 feeding (e-H), immunological (I-L) and oxidative functions (M-P) of lugworms. Triclosan reduced survival (D), and  
 349 PBDE-47 (G) and Triclosan (H) reduced feeding. Ingesting either sand or microplastic with sorbed  
 350 nonylphenol reduced the phagocytic activity of coelomocytes (I), similar, but non-significant patterns  
 351 were shown for Triclosan (L). The coelomic fluid of worms that ingested sediment with PVC had a  
 352 smaller capacity to deal with oxidative stress (M, N), while exposure to pollutants and additives through  
 353 desorption from PVC, had no effect (O, P). Data are means  $\pm$  S.E. Statistical significance at  $P < 0.05^*$ ,  
 354  $P < 0.01^{**}$ ,  $P < 0.001^{***}$  with  $n=5$  (experiments with pollutants) and  $n=6$  (experiments with additives).  
 355 Large numbers of worms died in treatments with Triclosan so there were fewer animals to measure their  
 356 phagocytic activity and oxidative status of their coelomic fluid ( $n=2$ ).

357 **Supplemental Information**

358

359 **Microplastic moves pollutants and additives to worms reducing functions**  
360 **linked to health and biodiversity**

361

362 Mark Anthony Browne, Stewart J. Niven, Tamara S. Galloway, Steve J. Rowland, Richard C.  
363 Thompson.

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365 **Supplemental Inventory**

366

367 **Supplemental Experimental Procedures**

368 1. Sorption of chemicals onto microplastic and sand

369 Table S1

370 2. Plastic debris in sedimentary shores

371 3. Husbandry and experimental design for bioavailability and toxicity experiments

372 4. Pilot study

373 Figure S2

374

375 **Supplemental References**

## 376 Supplemental Experimental Procedures

377

378 **1. Sorption of chemicals onto microplastic and sand.** We produced microplastic with similar  
379 concentrations of nonylphenol and phenanthrene to those found on plastic debris in the environment [8,  
380 56]. 375 g of virgin PVC (230  $\mu\text{m}$ ; Goodfellow Cambridge Ltd) or certified clean sand (260  $\mu\text{m}$  quartz  
381 silica sea sand; Fisher Scientific) was added to solutions of phenanthrene (7.524 mg) or nonylphenol  
382 (7.429 mg) dissolved in 400 mL absolute ethanol (Fisher Scientific). Particles of sand were within the  
383 size-range found on shores worldwide (114-697  $\mu\text{m}$ ) contaminated with microplastic [2-4]. Ethanol was  
384 evaporated in a fume cupboard and then contaminated PVC or sand was washed three times in Milli-Q-  
385 purified water to remove ethanol and unbound pollutants. Preliminary work showed that PVC treated in  
386 this way did not reduce the survival, feeding or immunity of worms (see Pilot study below, Fig. S1). For  
387 experiments with additives (Triclosan or PBDE-47) used in plastic manufacture was sorbed onto PVC  
388 by adding 375g to separate solutions of ethanol (400 mL; Fisher Scientific) with either Triclosan (411.7  
389 mg) or PBDE-47 (60.5 mg), allowed to evaporate in a fume cupboard at room temperature and then  
390 washed as before to remove additives not bound to PVC. Chemical analyses confirmed 98 and 100% of  
391 PBDE-47 and Triclosan sorbed to PVC. Quantities of additives added to plastic were realistic to  
392 proportions of PBDE-47 (5-30%; [10]) and Triclosan (0-5%) used as an antimicrobial by industry [S1].  
393 Although this does not mimic exactly the manner in which all additives are incorporated during  
394 manufacture, our approach is pragmatic since plastic with known concentrations of additives could not  
395 be sourced from suppliers due to issues of confidentiality.

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402 Table S1. Concentrations of additives and pollutants on experimental particles (sand and PVC) and in  
 403 treatments (sand+PVC), in relation to concentrations found on plastic articles and debris, and sediments  
 404 from habitats.

Chemical	Source		Experimental concentrations ( $\mu\text{g g}^{-1}$ )			Environmental concentration ( $\mu\text{g g}^{-1}$ )			
	Additive	Pollutant	Sand	PVC	Sand+PVC	Plastic article	Plastic debris	Sewage	Sediment
<b>Nonylphenol</b>	Stabilizer	Detergents	512.60 $\pm 12.86$	692.00 $\pm 7.09$	0.69 $\pm$ 0 .01	<500- 3300[S2]	0.13- 16.00[S3]	450- 2530[S4]	0.05- 30[S5]
<b>Phenanthrene</b>	n/a	Combustion	1.97 $\pm 0.34$	115.32 $\pm 5.53$	0.11 $\pm$ 0 .01	n/a	$\Sigma$ PAH <1.90[S6]	0.25- 1.76[S7]	<0.13 [S8]
<b>PBDE-47</b>	Flame Retardant	n/a	n/a	158.11	9.49 $\pm$ 1 .94	50000- 300000[S9]	0.59- 1.13[S10]	<0.05- 0.21[S11]	n/a
<b>Triclosan</b>	Antimicrobial	n/a	n/a	1097.8 7	57.30 $\pm$ 6.01	1000- 50000[S12]	0.55- 12.8[S13]	0.49 $\pm$ 13.87 [S14]	n/a

405

## 406 2. Plastic debris from sedimentary habitats.

407 Five replicate samples of debris were collected from the strandline at Plym Estuary (UK) and placed  
 408 into a 500 mL foil containers. Material was separated, dried, identified and mass recorded using  
 409 published methods [1] and the amount of plastic ranged from 13-29%.

## 410 3. Bioavailability and toxicity experiments.

411 *Model organism.* Lugworms were used because (i) they alter the physical and ecological structure of  
 412 mud-flats by ingesting sediments [43, 44]; (ii) populations can comprise up to 32% of the biomass in  
 413 food webs [52] and they provide food for predatory fish and birds [53, 54]; (iii) suffer large mortalities  
 414 [55]; (iv) governments use studies of lugworms to evaluate the bioavailability and toxicity of pollutants  
 415 [56, 57]; (v) ingest microplastics [4, 28]; (vi) the physico-chemical properties affecting gastric transfer  
 416 pollutants from particulates to tissues are well studied [57, 58]; and (vii) tissues can be dissected [59].

417 *Experiments.* Two experiments examined the bioavailability and toxicity of presorbed chemicals from  
 418 PVC or sand (Text S2). This first investigated the potential for microplastic to transport phenanthrene  
 419 and nonylphenol from the environment to the tissues of worms, using the following replicated

420 treatments (n=5): sand only, sand+PVC, sand+contaminant, sand+PVC+contaminant. The second  
421 examined whether ingested microplastic transfers additives (PBDE-47, Triclosan) to tissues with  
422 replicated treatments (n=6) consisting of sand+PVC, sand+PVC+additive (see S3 for more details).  
423 After 10 d worms were transferred into clean glass beakers containing clean seawater, so they could  
424 remove sediment from their guts. On day 11, worms were removed from beakers for bioassays and  
425 chemical analyses. For both experiments, each replicate was prepared in acid washed 2 L Pyrex<sup>®</sup>  
426 beakers by adding 1500 g of the appropriate sediment mixture. Earlier attempts to quantify the route by  
427 which pollutants transfer from habitats into animals rely on experimental designs that expose infauna to  
428 pollutants with and without sediment [S15], however, maintaining animals without sediment is likely to  
429 stress them confounding the comparison. We fed worms by mixing 750  $\mu$ L *Isochrysis galbana* (Reed  
430 Mariculture) into the sand with 500 mL of clean filtered seawater to form homogenous slurry.  
431 Controlled amounts of food were used because animals deprived of food are more sensitive to pollutants  
432 [7]. A further 1 L of seawater was added over a clean steel spoon to avoid disturbing the homogenous  
433 mixture of sediment. Beakers were randomly arranged in the laboratory to remove bias associated with  
434 environmental gradients. Tanks were covered with pre-cleaned (acetone/dichloromethane) ceramic tiles  
435 and aerated, via glass pipettes inserted through a hole in each tile. Treatments were kept at 15 °C under  
436 12 hr light/dark cycle. Salinity was maintained, via addition of Mili-Q-water to a pre-marked level. For  
437 each replicate, three lugworms were randomly chosen, mass recorded and carefully added to each  
438 beaker. The mass of individual worms for experiments with pollutants was  $2.9\pm 0.4$  g, whilst for  
439 experiments with additives it was  $4.6\pm 0.8$  g (mean  $\pm$  S.D.). Dissolved oxygen, pH and salinity were  
440 measured daily and faecal casts counted and collected each day, freeze-dried and weighed.

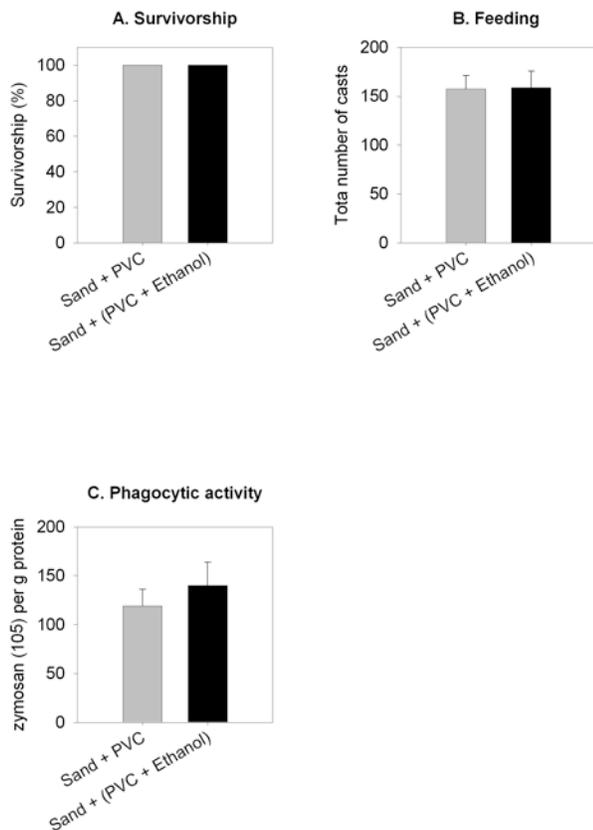
441 *Bioassays.* Feeding (number of casts, their mass) [56] and mortality were recorded. Coelomic fluid was  
442 used to quantify the phagocytic activity of constituent coelomyctes and the ability of antioxidants to  
443 reduce ferric ions (or "antioxidant power", [6]). This antioxidant assay provided an inexpensive tool for  
444 measuring antioxidant status that did not require an understanding of the genetic and protein

445 composition of worms. The FRAP assay determines the antioxidant capacity of coelomic fluid to cope  
446 with oxidative stress, e.g. reactive oxygen species that can reduce survivorship potential. Coelomic fluid  
447 (10  $\mu\text{L}$ ) was pipetted in triplicate in microtitreplate wells. Aqueous solutions of known  $\text{Fe}^{\text{II}}$   
448 concentrations in the range of 0-600  $\mu\text{mol L}^{-1}$ , were used for calibration. 200  $\mu\text{L}$  of reagent (300 mM  
449 acetate buffer, TBTZ (2,4,6-tripyridyl-s-triazine) was placed into each well. The plate was incubated at  
450 25  $^{\circ}\text{C}$  for 10 min and read at 593 nm. The phagocytosis assay [6] measures the ability of coelomocytes  
451 to clear bacteria through phagocytosis of particles of zymosan to give an indication of whether the  
452 immune-function has been damaged. For this haemolymph containing coelomocytes (10  $\mu\text{L}$ ) were  
453 transferred in triplicate into a microtitreplate and agitated using a plate shaker (1400 rpm for 60 sec).  
454 The plate was covered with a plate-sealer and incubated at 10  $^{\circ}\text{C}$  for 50 min. Aliquots (50  $\mu\text{L}$ ) of  
455 suspended neutral-red-stained and heat stabilized zymosan suspension (containing  $1 \times 10^5$  particles  $\text{mL}^{-1}$   
456 in phosphate buffer) were added to each well and the plate incubated for 2.5 hr (10  $^{\circ}\text{C}$ ). The cells were  
457 washed to remove residual coelomocytes using 100  $\mu\text{L}$  phosphate buffer (pH 7.4) and a series of  
458 zymosan standards were added. The dye was resolublized via addition of 100  $\mu\text{L}$  of acetic acid in 50 %  
459 ethanol. The microtitreplate was covered with a plate-sealer and incubated for 10 min at 20  $^{\circ}\text{C}$ , and then  
460 read at 550 nm. 190  $\mu\text{L}$  was removed from each well and series of protein-standards (0, 0.2, 0.6, 1.0,  
461 1.4, 2  $\text{g L}^{-1}$ ) added. BSA protein reagent (200  $\mu\text{L}$ ) was added to each well and left for 20-30 min.  
462 Protein assays were used to determine the number of zymosan particles phagocytosed per  $\text{g}^{-1}$   
463  $^1$ coelomocyte protein [6]. Both assays have been used to measure changes in immune-function and  
464 oxidative stress in experiments with microplastic [6]. For the exposures involving phenanthrene and  
465 nonylphenol, formal comparisons of toxicity were made using two-factor ANOVA, where “toxicant”  
466 had two levels (present and absent) and “sediment” had two levels (sand and PVC). These were treated  
467 as fixed orthogonal factors. Formal comparisons of toxicity for PBDE-47 and Triclosan were made  
468 using one-factor ANOVA. For both Triclosan and PBDE-47 here “toxicant” had two levels (present or  
469 absent). Where necessary data were transformed to achieve Statistical analysis was done using GMAV  
470 (General Models of Analysis of Variance; EICC, University of Sydney, Australia). *Post-hoc* analysis of

471 significant interactions was done using SNK tests. Prior to experiments, worms, sediment and food did  
472 not contain detectable concentrations of the pollutants and additives. Worms were dissected using  
473 published techniques [59] to provide samples of body wall and gut (alimentary tract from pharynx to  
474 anus, including cecum, esophagus, stomachs, intestine, rectum). Coelomic fluids were removed from  
475 body-wall and sediment was removed from gut by rinsing with milipore water. Preliminary histological  
476 work showed microplastic was not attached to tissue samples.

477 *Chemical analysis.* Quantities of pollutants and additives in sediments, gut and body-wall were  
478 quantified using GC-MS. This was done using published methods [S17, S18], using nitrogen-dried  
479 extracts of Triclosan and nonylphenol, whilst PDBE-47 and phenanthrene were done by re-dissolving  
480 samples in 1 mL dichloromethane prior to analysis by GC-MS. The efficiency of the extraction was  
481 >80% and was determined using standards and spiked sediments (Triclosan 95%, PBDE-47 82%,  
482 nonylphenol 90% and phenanthrene 91%).

483 **4. Pilot study.** Experimental treatments consisted of either sand+ PVC (control), and sand + PVC which  
484 was treated with ethanol and then washed three times. For both experiments each replicate was prepared  
485 in acid washed 2 L Pyrex© beakers by adding 1500 g of the appropriate sediment mixture. To maintain  
486 the animals throughout the exposure, 750 µL of *Isochrysis galbana* (4-7 µm; 8% dry mass); was mixed  
487 into the sand with 500 mL of clean filtered seawater to form a homogenous slurry. A further 1000 mL of  
488 seawater was added over a clean stainless steel spoon to avoid disturbing the mixture of sediment. For  
489 each experiment, the spatial arrangement was randomized to remove bias associated with possible  
490 environmental gradients in the temperature-controlled room. Tanks were then covered with pre-cleaned  
491 (acetone/dichloromethane) ceramic tiles and aerated, via a glass pipette inserted through a hole in the  
492 center of each tile. Treatments were kept at 15 °C under 12 hr light/dark cycle for 10 d. Salinity was  
493 maintained, via addition of Mili-Q-purified water to a pre-marked level. For each replicate, three  
494 lugworms were chosen at random, their mass recorded and carefully added to each beaker.



495

496 Fig. S2. Pilot study investigating whether treating PVC with ethanol and then washing it three times  
 497 affected the survivorship (A) and feeding of worms (B), and the immunological functioning of their  
 498 coleocytes (C). Data are means  $\pm$  S.E. There were no significant differences and  $n = 5$  for each.

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