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Manuscripts

Review

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2 **A 350-million-year legacy of fire adaptation among conifers**

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13 Running title: Fire adaptation in conifers

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19 Summary

- 20 1. **Current** phylogenetic evidence shows that fire began shaping the evolution of land
21 plants 125 Ma, although the fossil charcoal record indicates that fire has a much
22 longer history (>350 Ma). Serotiny (on-plant seed storage) is generally accepted as an
23 adaptation to fire among woody plants.
- 24 2. We developed a conceptual model of the requirements for the **evolution** of serotiny,
25 and **propose** that serotiny is only expressed **in the presence of a** woody rachis as
26 supporting structure, compact scales covering seeds as protective structure, seed wing
27 as dispersal structure, and crown fire as the agent of selection and mechanism for seed
28 release. **This** model **is** strongly supported by empirical data for modern ecosystems.
- 29 3. We reconstructed the evolutionary history of intrinsic structural states required for the
30 expression of serotiny in conifers, and **show** that these were diagnostic for early
31 **('transitional')** conifers from 332 Ma (**late**-Carboniferous).
- 32 4. We assessed the likely flammable characteristics of early conifers and found that
33 scale-leaved conifers burn rapidly and with high intensity, supporting the idea that
34 crown fire regimes may have dominated early conifer ecosystems.
- 35 5. Synthesis: Coupled with strong evidence for frequent fire throughout the Permian-
36 Carboniferous and fossil evidence for other fire-related traits, **we conclude** that many
37 early conifers were serotinous in response to intense crown fires, indicating that fire
38 **may have** had a major impact on the evolution of plant traits as far back as 350 Ma.

39

40 Key words

41 ancestral state **reconstruction**, Carboniferous, conifer, fire adaptation, fossil, Permian,
42 **progymnosperm**, **resprouting**, **seasonality**, serotiny

43 **Introduction**

44 Wildfire is an important part of Earth-system processes (Bowman *et al.* 2009). Recent
45 research has identified an important role for fire in shaping the evolution of land plants
46 throughout ‘deep’ time (Bond & Scott 2010) and was a major driver of trait innovations
47 among terrestrial plants during the **Upper Cretaceous/Paleocene** (Crisp *et al.* 2011; He *et al.*
48 2011, 2012; Lamont *et al.* 2013). Earth’s terrestrial flora evolved from small nonvascular
49 plants into woody shrubs and trees with an herbaceous **understorey** that allowed large
50 wildfires to occur by 395 million years ago (Ma), while charcoal appears in the fossil record
51 from the late Silurian, 420 Ma (Scott & Glasspool 2006). Abundance of charcoal in deposits
52 from the Silurian through to the end of the Permian indicated that the frequency of Paleozoic
53 fire was essentially a function of atmospheric oxygen concentrations (Scott & Glasspool 2006;
54 Glasspool & Scott 2010). With atmospheric oxygen levels rising to 30% in the late Permian,
55 fire frequency progressively increased in many ecosystems (Belcher *et al.* 2013). **Thus, fire**
56 **became widespread during the Lower Mississippian to Pennsylvanian Epochs, 350–300 Ma**
57 **(Falcon-Lang 2000; Scott 2000).**

58 Conifers dominate current Northern Hemisphere ecosystems subject to recurrent fire. Many
59 species within modern conifer families exhibit diverse fire-adapted traits, such as **on-plant,**
60 **seed-storing (serotinous)** cones, thick bark and shedding of old branches (Schwilk &
61 Ackerley 2001; He *et al.* 2012). Robinson (1989) was the first to propose that “the apparent
62 propensity to fire tolerance that runs through gymnosperm [conifer] taxa may be a carryover
63 from the role of fire in natural selection during the period in which gymnosperms originated”.
64 **Our objective was to provide phylogenetic support for the postulated link between fire-related**
65 **traits among extant and ancestral conifers and compare it against fossil and paleo-**

66 environmental evidence on climate and fire in the Carboniferous-Permian, with particular
67 reference to serotiny.

68 Despite the global importance of fire in accounting for the diversity of plant traits in modern-
69 day ecosystems, the tracing of fire adaptations beyond the Lower Cretaceous has been a
70 major challenge, because: a) many fire-related traits are not obviously, nor uniquely, linked to
71 fire (Midgley & Bond 2013); b) adaptive traits are rarely preserved in the fossil record,
72 particularly those related to temporal processes, such as the timing of seed release; and c) the
73 agent of natural selection responsible for the trait (i.e. fire) has varied greatly in strength over
74 such a long period of time. Recent studies have successfully used time-based phylogenies to
75 provide insights on the role of fire in plant evolution (Bytieber *et al.* 2011; Crisp *et al.* 2011;
76 He *et al.* 2011, 2012; Lamont *et al.* 2013a,b). The current approach of tracing the origin of
77 functional traits by mapping the trait onto a time-based phylogeny assumes constant presence
78 of the selective agent (i.e. fire) on the target trait. However, given that fire activity across
79 geological timescales is closely linked to the abundance of oxygen in the atmosphere, there
80 have been periods when fire has been greatly enhanced such as in the Permo-Carboniferous
81 and Cretaceous periods (Glasspool & Scott 2010) and periods when fire has been retarded
82 (Robson *et al.* 2015). For example, an extended period at 250–240 Ma, during which oxygen
83 levels are estimated to have been too low to sustain extensive fire, is confirmed by an
84 apparent gap in the record of charcoal in the Early Triassic and the incidence of fire may also
85 have been lower than today throughout much of the Triassic and Jurassic Periods (Belcher *et*
86 *al.* 2010).

87 Many species in the coniferous families Pinaceae (Schwilk & Ackerley 2001; He *et al.* 2012)
88 and Cupressaceae (Ladd *et al.* 2013), and many other families in southern hemisphere
89 Mediterranean-climate shrublands (Lamont *et al.* 1991), store their seeds in woody

90 cones/fruits for a prolonged period and only release their seeds in response to fire, known as
91 serotiny. Serotiny restricts seedling recruitment to the immediate postfire environment when
92 the opportunities for regeneration are optimal (Lamont *et al.* 1993; Causley *et al.* in press).
93 Removal of the dense canopy by fire also promotes wind dispersal of the released seeds
94 (Lamont 1985; He *et al.* 2004; Merwin *et al.* 2012). Serotiny is generally accepted as an
95 adaptive response to fire (Lamont *et al.* 1991; Lamont & Enright 2000; Midgley & Bond
96 2013). The origin of serotiny in modern-day Pinaceae has been dated at *c.* 89 Ma (He *et al.*
97 2012). Charred remains of apparently serotinous pine cones have been described from early
98 Cretaceous wildfires (Allen 1998). To confirm a species as serotinous from its fossil cone or
99 fruit is difficult because they are invariably preserved in the open condition, so that it is not
100 possible to determine at what time after maturation dehiscence occurred. The reliable clues
101 for the presence of serotiny are a) the extent of woodiness of the supporting structures (e.g.
102 woody rachis) and compact seed bearing structures (e.g. crowded scale complexes in the case
103 of conifers) as an indication of the duration and effectiveness of seed protection, b) whether
104 the seeds are winged, as an adaptation to wind dispersal in the open postfire environment
105 (Lamont 1985; Hughes *et al.* 1994), and c) whether the vegetation was fire-prone at that time
106 as the necessary seed-release mechanism and ultimate agent of natural selection (Lamont *et*
107 *al.* 1991).

108 The serotinous structure (fruit, cone or fertile zone) needs to be sufficiently long-lived to
109 store viable seeds for some years **and so must become woody**. Further, for seeds to survive
110 storage on the plant over several to many years requires their protection against granivores
111 and pathogens. Equally, cones/fruits must provide effective protection against the intense
112 heat from fires. Serotinous seeds should have wings or hairs, or be very small, as adaptations
113 for dispersal by wind (Hughes *et al.* 1994). **Greene & Johnstone (1993) showed that**
114 **bouyancy of seeds up to 225 mg (larger seeds were not serotinous but bird or squirrel-**

115 dispersed) among pines were an exponential function of seed area. Wind dispersal is
116 enhanced in the immediate postfire environment because fire frees the canopy and ground of
117 many obstacles to the passage of wind and seeds (Lamont 1985). In addition, heat generated
118 by the blackened soil surface following fire creates up-drafts and small whirlwinds that may
119 disperse seeds to great distances (He *et al.* 2004). The fitness advantages of serotiny can only
120 be expressed under a crown fire regime that ensures general seed release through heat-
121 opening of the cones/fruits and creates optimal conditions for recruitment (Lamont *et al.* 1991;
122 He *et al.* 2012).

123 In certain circumstances, severe environmental stress (e.g. drought) can lead to patchy pre-
124 senescence death of adult plants, and subsequent erratic seed release through simple
125 desiccation processes. Indeed, Axelrod (1980) considered that summer drought was a more
126 probable agent selecting for serotiny among Californian pines, since he believed that fire was
127 an anthropogenic factor so was too recent to have any evolutionary impact. This ignores the
128 following fire-adapted traits (all but one cited papers were available in 1980): 1) cones in a
129 few species of *Pinus* and *Cupressus* only open in the presence of fire (Lamont *et al.* 1991), 2)
130 most seeds in strongly serotinous cones of *Pinus* species survive when exposed to
131 temperatures up to 700°C for a few seconds in contrast to unprotected seeds (Beaufait 1960,
132 Linhart 1978), 3) opening of cones of *P. banksiana* requires a minimum temperature of 93°C
133 (Beaufait 1960) as heat melts the resins that bind the apophyses of the cone scales (Ahlgren,
134 1974), 4) Crossley (1956) interpreted increase in degree of serotiny with age in *P. contorta* as
135 an adaptive response to decreasing opportunity for seedling establishment as the canopy
136 closed over, leaving fire as the key to opening up the vegetation for seedling recruitment. In
137 support, recent research has revealed a strong evolutionary correlation between serotiny and
138 crown fire (He *et al.* 2011, 2012; Lamont *et al.* 2013). Drought-induced seed release rarely
139 leads to significant recruitment compared with fire-induced release in modern ecosystems

140 (Lamont *et al.* 1991; He *et al.* 2011, Causley *et al.* in press). Besides, seasonal drought and
141 incidence of fire are inextricably related (Pausas & Keeley 2009): it is unknown for
142 vegetation subject to bouts of dryness not also to be fire-prone.

143 The time of origin of conifers has been estimated at 300–350 Ma in the Carboniferous
144 (Clarke *et al.* 2011; Crisp & Cook 2011; Magallon *et al.* 2013) when fire was widespread
145 (Belcher *et al.* 2010, 2013), supported by a peak in charcoal abundance and record high
146 atmospheric oxygen levels (25–30%, relative to the present 21%, Berner 2009) that would
147 greatly promote combustibility. In fact, at 25% oxygen, plant matter with 72% moisture will
148 burn and at 30% oxygen, even vegetation covered in free water will burn (Watson &
149 Lovelock 2013). This means that even bouts of dryness were irrelevant to the occurrence of
150 fire at that time. Lightning strikes are a function of atmospheric carbon dioxide that was 2–3
151 times current levels and so ignition sources were abundant (Belchier *et al.* 2013).

152 Here, we propose that the appearance of serotiny as an adaptive trait facilitated the origin and
153 evolution of conifers in the Carboniferous at a time of frequent fire. To test this, we first
154 constructed a conceptual model to evaluate the essential requirements for the expression of
155 serotiny in modern-day ecosystems, and then reconstructed these essential structural
156 requirements through time to infer the existence of serotiny among the ancestors of modern
157 conifers by mapping them onto a large, well-sampled molecular phylogeny/chronogram for
158 conifers, including fossil taxa as terminal taxa. Finally, we tested whether Permian-
159 Carboniferous-associated scale-leaved conifers could support intense fires and therefore
160 provide the fuel for crown fires in these ecosystems, in order to couple the evolution of
161 serotiny with a high risk of crown fire at this time.

162 **Materials and methods**

163

164 CONCEPTUAL MODEL OF ESSENTIAL REQUIREMENTS FOR THE EXPRESSION
165 OF SEROTINY

166 There are at least three structural requirements for a species to be serotinous: a) a strong
167 supportive structure to ensure that the serotinous fruits/cone (or fertile zone) survive for at
168 least 12 months – indicated by the presence of secondary xylem in the rachis (or stem if it
169 only has a fertile zone in the case of some ancestral conifers); b) sturdy protective structures
170 to insulate stored seeds against the 'elements' (direct sunlight, low humidity, rain, fire),
171 provided by bracts and scale-complexes that wrap around the seeds in compact (as distinct
172 from open) cones in conifers; c) buoyant structures, usually wings, attached to the seeds that
173 facilitate wind dispersal in the postfire environment (important at a time before the origin of
174 animal-dispersal vectors). There are also environmental conditions to be met: a) serotiny is
175 only able to enhance fitness in the presence of the selective agent, i.e. recurrent crown fire;
176 **and** b) tissue-death (desiccation/heat)-induced seed release. We constructed a conceptual
177 model (Fig. 1) and hypothesised that a species is most likely to be serotinous only if these
178 four requirements are met simultaneously.

179 The conceptual model for serotiny was tested against modern-day ecosystems with four
180 typical data sets, containing species from the world's major fire-prone ecosystems: Pinaceae,
181 with over 210 species, and serotinous species dominating some forests subject to frequent
182 burning in the Northern Hemisphere (He *et al.* 2012); *Banksia sensu stricto* (Proteaceae), with
183 94 species and subspecies of which most are serotinous, and widespread in fire-prone
184 Australia (He *et al.* 2011); *Protea*, a major genus in fire-prone southern Africa (Lamont *et al.*
185 2013); plant species in two 40 × 40 m plots in the fire-prone and species rich southwest
186 Australian flora (Enright *et al.* 2007). Serotiny is particularly well-represented in

187 southwestern Australia with over half of the 1200 currently recognised serotinous species
188 occurring there (Lamont & Enright 2000).

189 For each species, we collated data for: a) supportive structure – presence/absence of
190 secondary xylem in the rachis of the seed-bearing structure; b) protective structure –
191 presence/absence of structure covering seeds during development (e.g. closed follicles/fruits
192 in angiosperms; compact cone with bracts/scales covering seeds in conifers); c) wind
193 dispersal capacity – winged or hairy, or extremely small (<1 mm long) versus non-winged,
194 smooth or large (>1 mm); d) habitat with recurrent crown fire – presence versus absence. For
195 each species, the model was fitted as:

$$196 A_1 \times A_2 \times A_3 \times A_4 = S \quad (\text{Equation 1})$$

197 Where: $A_1 = 1$ for the presence of secondary xylem in the rachis as supportive structure,
198 otherwise $A_1 = 0$; $A_2 = 1$ for the presence of protective structure covering seeds, otherwise A_1
199 $= 0$; $A_3 = 1$ for winged, hairy or extremely small seeds, otherwise $A_3 = 0$; $A_4 = 1$ for crown
200 fire regime, otherwise $A_4 = 0$; When $S = 1$, the species should be serotinous; when $S = 0$, the
201 species should be non-serotinous. The fit of the model for each species was evaluated by
202 whether its serotinous state agreed with the outcome of Equation 1. The overall fit of the
203 model for each group of species was evaluated by Chi-square test, and was accepted when P
204 < 0.01 .

205

206 RECONSTRUCTING THE ANCESTRAL STATE OF SEED-BEARING CONES AND 207 SEED APPENDAGES IN CONIFERS

208 Seed cone structure, both supportive and protective, and seed appendages (winged versus
209 non-winged) are conservative across genera (except in *Pinus* that has winged and non-winged

210 seeds, Tomback & Linhart 1990) in extant coniferous families (see data and references in
211 Table S2). Thus, a phylogeny of conifers was constructed at the genus level. Taxon sampling
212 included all genera currently recognized in all gymnosperm families, and 23 species of
213 angiosperm and non-vascular plants as outgroup. The chloroplast DNA sequences for *rbcL*
214 and *matK* in all species were obtained from the NCBI database (Supplementary Information:
215 Table S2). We used BEAST v2.1.0 to estimate phylogeny and divergence times under a strict
216 clock model (Drummond *et al.* 2006). We used a Yule prior for rates of cladogenesis and ran
217 analyses of 10 million generations sampling every 1000 generations, with a 2.5 million
218 generations burn-in. We set 12 calibration points based on well-known fossil records that
219 have been critically evaluated in other studies (Clarke *et al.* 2011; Crisp & Cook 2011;
220 Magallon *et al.* 2013). The emergence of land plants was set at 460–472 Ma (Edward *et al.*
221 2014). The majority of the priors were set to lognormal as this distribution allows assignment
222 of the highest point probability for the node age that must be older than the oldest fossil (Ho
223 & Phillips 2009).

224 Data for seed cone structure and seed appendages in each genus were collated from the
225 literature. ‘Presence of supportive structure’ was defined as cones taking >1 year to mature
226 and showing evidence of secondary xylem in rachis. ‘Presence of protective structure’ was
227 defined as existence of compact cone with bracts/scale covering seeds. Rothwell *et al.* (2011)
228 concluded that the overall evidence from both extant and fossil conifers strongly supports the
229 hypothesis of strong homology among seed cones. We assumed that these traits have
230 remained unchanged since the origin of that genus. In *Pinus*, 20 species have non-winged,
231 nut-like seeds (Tomback & Linhart 1990). The ancestral state of winged seeds in *Pinus* was
232 reconstructed using the likelihood approach in Mesquite (Maddison & Maddison 2007) and
233 accepted as the diagnostic state for *Pinus* when placed in the overall conifer phylogeny
234 (Supplementary Information: Fig. S1). Species in Cycadaceae and most Gnetidae have seeds

235 with a fleshy sarcotesta that is not homologous with the fleshy attachment (peduncle, aril) in
236 some coniferous families. Seed traits for the Cycadaceae and Gnetidae were therefore
237 assigned a different state from other conifers having seeds with a fleshy appendage. We used
238 MultiState in BayesTraits (Pagel & Meade 2006) to determine the ancestral states of
239 supportive structure, protective structure, and seed wingness. The MCMC method was used
240 to calculate the probability of the ancestral states at the stem of conifers in the gymnosperm
241 phylogeny generated from BEAST.

242 Finally, by collapsing all genera into each family, a simplified coniferous family phylogeny
243 was created. Three extinct coniferous families, five families of the pro-conifer Voltziales and
244 the pre-conifer Cordaitales that have clear evidence of their seed cone structure and seed
245 appendages were added to the simplified conifer family phylogeny (Supplementary
246 Information: Table S3). Hypothetical phylogenetic relations of the extinct families were
247 added to the extant families following Farjon (2008). Ancestral states of supportive structure,
248 protective structure, and seed appendages were reconstructed using the likelihood approach in
249 Mesquite (Maddison & Maddison 2007).

250

251 PALEOZOIC FIRE BEHAVIOUR

252 As serotiny is typically linked to crown-fire regimes, it was desirable to assess the likely fire
253 behaviour that the earliest conifers may have displayed if they were ignited. The Voltzian
254 conifers had a distinctive scale-leaf morphology. We performed flammability experiments to
255 test whether early scale-leaved conifers would have fuelled fires of sufficient intensity to heat
256 serotinous cones sufficiently to release their seeds. We tested the flammability of four
257 scale-leaved species: *Athrotaxis cupressoides* (Cupressaceae), *A. laxifolia* (Cupressaceae),
258 *Cryptomeria japonica* (Cupressaceae), *Dacrydium cupressinum* (Podocarpaceae), and **four**

259 needle-leaved species, *Abies recurvata* (Pinaceae), *Tsuga heterophylla* (Pinaceae), *Sequoia*
260 *sempervirens* (Cupressaceae), *Taxodium distichum* (Cupressaceae), that are more
261 characteristic of those that evolved later in the Mesozoic. The samples were dried in an oven
262 for 6 days at 50°C and then placed in a metal mesh basket (368 cm³ in volume) (Schemel *et*
263 *al.* 2008). We tested equal volumes of plant material in each case and tested three samples of
264 each plant type. We used oxygen depletion calorimetry to measure the heat release profiles of
265 each species (following ASTM E1354; Tewarson 2002). Each basket was placed in the cone
266 calorimeter and subjected to a heat flux of 30 kWm⁻² [within the typical range for
267 flammability testing (Tewarson 2002)]. A spark pilot ignition was positioned above the
268 sample and turned on at the same time as the heat source. On heating, the samples release
269 flammable gases that are ignited by the spark leading to flaming combustion of the samples.
270 The amount of energy released from each sample was measured as a function of time, while
271 flame height is known to be to be a function of heat release rate (Quintiere 1998).

272

273 **Results**

274 All 202 Pinaceous species for which we were able to obtain morphological data have
275 supportive and protective structures in seed-bearing cones, while 182 species of these have
276 winged seeds. Thirty species occur in habitats with a crown fire regime, with 25 of them
277 serotinous. Overall, 197 species fit the serotiny model (Equation 1 supported), with only five
278 species having $A_1 \times A_2 \times A_3 \times A_4 = 1$ but actually being non-serotinous (expected $S = 0$). Further
279 checking showed that the habitats of those five species are dominated by a surface fire regime,
280 while crown fires are rare.

281 *Banksia* *ss* included 94 species and subspecies that all have woody fruits with covered seeds
282 and winged seeds. There are 83 taxa in habitats with a crown fire regime, and all are
283 serotinous. Sixty-nine of the 87 *Protea* species are serotinous and occur in habitats
284 characterised by a crown fire regime, with only one species at $A_1 \times A_2 \times A_3 \times A_4 = 1$ but actually
285 being non-serotinous ($S = 0$ expected). The remaining 17 species are non-serotinous and
286 occur in savanna grasslands that usually only experience surface fires. In the two 40×40 m
287 plots in SW Australia where the shrubland is subjected to crown fire, 153 species (75 genera
288 in 28 families) were recorded, with 43 species either having winged/hairy seeds or extremely
289 light seeds (< 1 mm) and 42 being serotinous. In all four datasets, Chi-Squared tests supported
290 a highly significant overall fit of the serotiny model with $P < 0.0001$ (Table 1).

291 The timing of divergence and overall topology of the phylogeny including 66 conifer genera
292 were consistent with previous reports on conifer phylogenies (Clarke *et al.* 2011; Crisp &
293 Cook 2011; Magallon *et al.* 2013). Bayesian MCMC estimated that conifers and the
294 Cycadaceae diverged 332 Ma [95% highest posterior density (HPD): 311–346 Ma], and the
295 divergence was supported by the highest possible posterior probability ($P = 1.0$). Trait
296 reconstruction revealed the ancestral traits of the seed-bearing cones and seed appendages in
297 conifers (Fig. 2).

298 The early conifers had a woody supportive rachis, and a compact cone with bracts/scales
299 covering the seeds that were winged, all with a posterior probability of $P > 0.90$, implying
300 that the three traits likely originated with the first appearance of conifers 332 Ma in the Mid-
301 Mississippian Epoch of the Carboniferous. Three extinct conifers and five families of
302 Voltziales with abundant fossil records from the Carboniferous through to the Cretaceous all
303 had fossils showing the existence of secondary xylem in the rachis and a compact-cone
304 structure. Adding these families to the coniferous family phylogeny further supported the

305 ancestral state of seed-bearing cones. Fossil taxa that appeared between the Carboniferous to
306 Permian, mainly Voltziales, showed evidence of seed wings, clearly suggesting that the early
307 conifers had winged seeds. Interestingly, there was little evidence of the presence of a seed
308 wing in fossil coniferous families existing in the Jurassic to early Cretaceous (Table 1, Fig. 3).

309 Ancestral-type, scale-leaved morphologies have higher peak heat release rates than a 'modern',
310 needle-leaved conifers (Fig. 4). The scale-leaf morphologies burnt with a rapid release of heat
311 that typically also quickly consumed the fuel, while the needle-leaf morphologies either
312 generated a burn of sustained duration with slow heat release or a low amount of heat release
313 compared with the scale-leaved conifers (Fig. 4). This means that flame heights of the
314 ancestral species would have been greater, and heat from fires in dense litter mats would
315 increase the chance of crown ignition and fire spreading to the seed-bearing cones.

316

317 Discussion

318

319 REPRODUCTIVE STRUCTURES FAVOURING SEROTINY

320 The stem age of conifers was dated at 332 Ma (311–346 Ma, 95% HPD) in the Mississippian
321 Epoch of the Carboniferous. Bayesian MCMC ancestral-state reconstruction showed that the
322 common ancestor of modern conifers had 1) a woody rachis/stem that 2) supported a compact
323 cone/zone with bracts/scales covering the seeds which 3) were winged, all with a posterior
324 probability greater than 0.90, and meeting the requirements for the existence of serotiny (Fig.
325 2). Does the available fossil evidence support the presence of these structural features in the
326 Carboniferous? Seeds of most 'transition' conifers (e.g. Emporiaceae, Voltziales, dated at
327 305 Ma, Pennsylvanian, Upper Carboniferous) were winged and held in compact cones with

328 a woody axis bearing bark and megasporophylls with secondary xylem (Herandez-Castillo *et*
329 *al.* 2009). These authors concluded that “most ancient conifers already possessed a similar
330 reproductive biology...to that of extant conifers”, including seed dormancy (a necessary
331 feature of serotinous species aligned with cone woodiness). Fossil taxa of six of seven
332 families in the Voltziales showed the existence of secondary xylem in the rachis (or fertile
333 zone) and a compact cone with covered seeds (Table S2, Fig. 3). Interestingly, seed wings
334 were evident in fossil taxa appearing during the Carboniferous to Permian, while evidence **for**
335 seed wings is absent in fossil taxa appearing since the Triassic when fire **activity has** been
336 hypothesised as **weaker** due to lower atmospheric oxygen concentrations then (Glasspool &
337 Scott 2010).

338 **Is there other fossil evidence that supports our findings that early conifers were serotinous?**
339 **Serbet *et al.* (2010) noted that the bracts of Voltzialean species were typically held at an**
340 **angle of 30° to the rachis and that seeds were attached to the lower half of the short shoot**
341 **(Looy & Stevensen 2014) – these would have provided protection against fire heat **of the****
342 **type generated by scale-leaved conifer morphotypes. Also the fertile zones (before**
343 **terminal cones evolved) were much less leafy than the rest of the branch and would not**
344 **have burnt as intensely, perhaps exposed to heat but not flames. Whether this protection**
345 **was adequate is unclear, as no charred cones have been recorded in the literature at this**
346 **time. However, while many isolated fossil seeds have been documented in the**
347 **Pennsylvanian strata, none shows any fire damage, indicating that they were dispersed**
348 **postfire (or in the absence of fire) consistent with their serotinous nature. Further, our**
349 **simulation of Permo-Carboniferous fire suggests that scale-leaved conifers generated a**
350 **short **but intense** heat pulse (see below), implying that the time seed structures were**
351 **exposed to fire would be brief.**

352

353 THE ROLE OF SEASONALITY, HIGH OXYGEN AND FIRE

354 The transition conifers typically occupied the drier, nutrient-impooverished, coastal plains
355 under seasonal climates that limited plant growth, favouring woodland rather than forest
356 (DiMichele *et al.* 2001), conditions that would have promoted serotiny in the presence of fire
357 (Lamont *et al.* 1991). They were small, spreading trees with scale-like leaves, dwarfed in
358 stature and leaf morphology compared with the related pre-conifer, Cordaitales (Galtier *et al.*
359 1992, Mapes & Rothwell 2003, Hernandez-Castillo *et al.* 2003, 2009b) that would have
360 allowed the hot, rapidly-burning surface-initiated fires to reach their crowns. Indeed,
361 Carboniferous laminated deposits record fire at intervals of about 35 years in proconifer
362 communities (Beerling *et al.* 1998; Falcon-Lang 2000). Nevertheless, the initial evolutionary
363 trigger for seed release might have been severe drought (in association with high atmospheric
364 temperatures in some cases, Zambito & Bennison 2013) that would kill the parent plant and
365 simple desiccation processes would result in seed release. But this would only create limited
366 opportunities for seedling recruitment beneath the dead parent plant (through gap creation).

367 Equally, the high oxygen levels meant that the vegetation was combustible at any time of the
368 year (Watson & Lovelock 2013) so the timing of fire was tied to the incidence of lightning
369 (e.g. during the wet season). Certainly, there is evidence that the pro-conifer plants were alive
370 at the time of fire (Scott & Chaloner 1983). Not only would fire create much larger gaps than
371 isolated plant deaths but, in addition, greatly improve the availability of water, light and
372 nutrients at ground level. Thus, the selective pressure from fire would far have outstripped
373 that from drought death. Since strong seasonality in the presence of frequent lightning and
374 high oxygen levels promote the incidence and intensity of fire, fires would quickly become
375 both the main source of widespread parent death and the trigger for seed release. Thus,

376 germination of seeds would increasingly be tied to the wet season following fire (Looy &
377 Stevensen 2014) and promote structural shifts towards serotiny that ensured both protection
378 of seeds from the elements, including fire heat, and the delay of seed release until creation of
379 the optimal seed bed for germination and seedling establishment. In addition, the general
380 removal of above-ground plant mass by fire would promote postfire winds, and therefore
381 seed dispersal by wind (Lamont 1985). Thus, Rothwell *et al.* (2005) concluded that “the
382 unexpected species richness of Voltzialean conifers...resulted from the evolutionary ecology
383 of unstable habitats”. Increasing bouts of aridity and recurrent fire were the basis of this
384 instability.

385 It is interesting to relate this interpretation to the six evolutionary scenarios proposed by
386 Keeley *et al.* (2011) for adaptations versus exaptations. For serotiny to be an adaptation to
387 drought but exaptation to fire would require 1) drought to precede fire as an evolutionary
388 force (Hopper 2009), and 2) adaptive traits to drought and fire to be identical. Neither
389 requirement is satisfied here. Fire and drought are only decoupled in semi-arid/arid systems
390 and rock outcrops/monadnocks where the vegetation is too scattered to propagate fire. In
391 woodlands, savannas and shrublands (as recorded in the Carboniferous/Permian), periods of
392 drought create dry fuel adequate to support widespread fire, fire does not follow drought at
393 some future time but is concurrent with it. In the high oxygen/high lightning environment of
394 the Carboniferous/Permian, even saturated live fuel would ignite (Watson & Lovelock 2013),
395 raising the possibility that fire even preceded drought as the prime selective force favouring
396 the evolution of serotiny. The ecology of seeds adapted to drought and fire are different: a)
397 seeds released in response to fire (pyriscence) have to be insulated from fire heat, drought-
398 released seeds (necriscence) do not (Lamont 1991); b) drought-released seeds encounter a
399 hostile seed bed: there may be a litter layer to penetrate before mineral soil is reached, much
400 of the surrounding vegetation remains alive to actively compete for resources with the

401 germinants, seeds are only released when the parent dies under the most extreme of droughts
402 so that seeds need to germinate and establish in that same extreme drought year (Keeley *et al.*
403 2011), fire-released seeds have to contend with none of these things (Cauley *et al.* in press); c)
404 fire-released seeds get covered in soil and charred litter, drought-released seeds do not
405 (Lamont *et al.* 1993). In fact, Carboniferous conifers are believed to have produced dense,
406 highly flammable, litter mats (Looy 2013) that we show are capable of burning at high
407 intensity (Fig. 4). Thus, we view serotiny evolving through the Paleozoic as essentially a
408 response to intensifying fire (Scenario 5 of Keeley *et al.* 2011). Nevertheless, we
409 acknowledge the fluctuating fire regimes through the subsequent Mesozoic/Cenozoic that
410 would lead to selection in other directions (Lamont *et al.* 2013) so that an overall sinuous
411 response curve (their scenario 4b) is more accurate.

412 THE IMPORTANCE OF FIRE BEHAVIOR

413 Serotiny is only expected to evolve in ecosystems with intense, crown-fire regimes. Our
414 analysis suggests that serotinous cones may have first appeared during the earliest period of
415 major fire episodes (350–250 Ma) on the planet. Estimates show that oxygen levels had
416 risen to as high as 30% at this time (Berner 2009; Lenton 2013) and increased oxygen
417 levels greatly enhance fire (Belcher *et al.* 2010). At such levels of oxygen, ignition potential
418 is doubled compared with ambient levels (Watson & Lovelock 2013) and fire spread rates
419 is 1.5 times faster (Lenton 2013). Fire behavior has also been shown to link to leaf traits (de
420 Magalhaes & Schwilk 2012). The earliest Voltzialean conifers had a distinctive, scale-
421 leaved morphology. Our flammability experiments on conifers of analogous morphology
422 indicate that the scale-leaved branches of early conifers were capable of carrying highly
423 intense fires either in litter or within the canopy itself. This suggests that fires in early
424 conifer-dominated ecosystems were likely quick-burning 'flashy' fires. Whether a surface
425 fire will reach the tree crown or ignite the crown relies strongly on fire intensity (Davies

426 2013). Because the scale-leaved morphologies supported rapid energy release and therefore
427 burned with high peak fire intensities, **thus generating long flame lengths, this would be**
428 **more likely to enhance drying and crown scorch, promoting** ignition of live canopy fuels.

429 Therefore, such fires would likely have delivered a high heat flux to the serotinous cones in
430 the crown, promoting seed release and ultimately successful seedling recruitment.

431 It is therefore clear that fire activity was much enhanced during the period in which we
432 estimate serotiny to have arisen, both due to **super ambient** oxygen and leaf traits
433 supportive of intense fires. Serotinous cones only release their seeds *en masse* when
434 exposed to direct heat from a wildfire (Lamont *et al.* 1991). Therefore, the finding that
435 serotiny was present among Carboniferous conifers implies that Carboniferous forests were
436 able to fuel fires of sufficient intensity, either through extreme surface fires that desiccated
437 and strongly heated the crown or that such fires transitioned into canopy fires (as shown for
438 pines much later in the Cretaceous) promoted by their small stature.

439

440 OTHER ANCIENT FIRE-RELATED TRAITS

441 Plants in modern-day, fire-prone ecosystems possess a suite of adaptive traits that includes
442 serotiny, postfire resprouting, thick bark, branch-shedding, germination in response to heat
443 and smoke, and fire-stimulated flowering (Keeley *et al.* 2011; Lamont *et al.* 2011a,b). Apart
444 from serotiny, other fire-adapted traits in the early conifers may also have evolved as a
445 response to recurrent fire in the Carboniferous. Shedding dead branches from the crown is a
446 fire adaptation as it reduces plant flammability (Keeley & Zedler 1998; Schwilk & Ackerly
447 2001). Orderly branch abscission and healing has been reported in Voltzialean conifers,
448 which has been interpreted as an adaptation to wildfire (Looy 2013; Falcon-Lang 2014).
449 Robinson (1989) noted palaeobotanical evidence for the high frequency of fire-resistant

450 plants then, e.g. Carboniferous swamp floras invested heavily in the production of thick bark
451 and belowground storage tissues that may have functioned to protect meristematic tissues
452 from fire and thus enable resprouting to occur. Thick bark (~15 mm, sufficient to insulate
453 against heat during mild fires) was recorded in the pro-conifer, *Protopitys buchiana*, at an
454 inferred age of 359–347 Ma (Early Mississippian) in northeast Queensland, Australia
455 (Decombeix 2013). Resprouting is increasingly being shown to be an adaptive response to
456 fire (Lamont *et al.* 2011) and is relatively common among modern conifers. There are at least
457 94 coniferous species in 41 genera among all six extant families that have resprouting
458 capability after disturbance (Supplementary Information, Table S3). The widespread
459 taxonomic distribution of resprouting ability among modern conifers implies it must have had
460 an early origin in the conifer phylogeny, consistent with the selective pressure from recurrent
461 fires in the Paleozoic Era.

462

463 FLUCTUATING LEVELS OF SEROTINY THROUGH TIME

464 Biogeochemical models suggest that atmospheric oxygen levels may have been lower than
465 that of the present day at 250–240 Ma (Bergman *et al.* 2004; Berner 2009) and is supported
466 by an apparent gap in the charcoal record at this time (Belcher *et al.* 2010). The probability
467 of fires is also estimated to have been lower than the present day at ~240–150 Ma based on
468 ignition probability and the ability of fires to spread under the estimated levels of atmospheric
469 oxygen at this time (Belcher *et al.* 2010). Charred fossils do occur throughout the mid-late
470 Triassic and Jurassic but typically in lower abundances than in rocks from other geological
471 periods (Glasspool & Scott 2010).

472

473 **When** the required selective agent (i.e. crown fire) **was rare**, conifers in the Jurassic through
474 to the Lower Cretaceous were less likely to have been strongly serotinous. However, Leslie
475 (2011) noted that species in the Araucariaceae, Cupressaceae and Pinaceae continued to
476 develop robust, tightly packed cones with woody bracts/scales **from** the Jurassic. This may
477 indicate the increasing importance of seed protection during the Jurassic to Cretaceous due to
478 the radiation of bird and mammal granivores in the Cenozoic (Leslie 2011). Seed wings that
479 promote dispersal, so avoiding being taken by seed predators, are also adaptive in fire-free
480 environments, though non-winged seeds evolved as a response to diversification of seed
481 dispersal vectors due to the **evolution** of birds and mammals, **absent in the Paleozoic**. As a
482 consequence, both supportive and protective structures of seed-bearing cones and winged
483 seeds continued to enhance fitness under a new selective regime where fire was less
484 important.

485 **Our own analysis (Fig. 3C) indicates that woody scales appeared later than non-woody**
486 **protective scales but earlier than the Jurassic, for example, at 280 and 230 Ma. Such woody**
487 **cones give even better insulation against fire heat (see Introduction) and there were post-**
488 **Carboniferous periods (300–250, 125–75 Ma) of high oxygen and inertinite deposition levels**
489 **suggestive of frequent and intense fires (He *et al.* 2012) where such cones would have**
490 **remained fire-adaptive on these grounds alone. Recent research has shown that serotiny was**
491 **delayed in Pinaceae until 89 Ma in when fire again became more frequent and of greater**
492 **intensity, switching from surface to crown fires, fuelled by elevated atmospheric oxygen**
493 **levels in the middle Cretaceous (Belcher *et al.* 2010, He *et al.* 2012).**

494 Seed cones of species in the Araucariaceae usually have a woody rachis with a compact cone
495 covering the seeds and winged seeds, though all extant species are non-serotinous: the cones
496 shatter at maturity. It is likely that the ancestral araucarias lost their serotinous condition

497 when their habitats become relatively fire-free during extremely wet periods (e.g. Paleogene)
498 or they contracted into fire-free habitats where they currently remain. Araucarias are usually
499 emergent in their vegetation types and more likely to escape crown fires in the lower strata
500 while wind dispersal of seeds would still be advantageous.

501 Robson *et al.* (2015) have described the fluctuating, but overall, marked drop in fire-derived
502 inertinite records for mires in Germany during the early Eocene (40–55 M) compared with
503 the Paleocene during one of the wettest periods known. This again raises the question of the
504 fate of fire-dependent species at such times. They considered a major explanation was that
505 oxygen levels had for the first time fallen to current levels so that fires were now controlled
506 by climate, including greater seasonality elsewhere. Other models (e.g. COPSE, Belcher *et al.*
507 2013) show oxygen levels were still above ambient (e.g. 24%, COPSE) while carbon dioxide
508 levels, temperatures and burn probabilities were still much higher than currently (He *et al.*
509 2012). Such inertinite levels have remained low ever since (He *et al.* 2012) despite the fact
510 that most conifer forests are currently fire-prone, highlighting the inherent taphonomic bias
511 against the fossil deposits in recording dryland fire at such wet sites. Further, there is
512 corroborating evidence of fire-prone floras and species existing or even evolving among
513 pines (Stockey, 1984: subgenus *Pinus* for which fire-adapted traits are diagnostic, He *et al.*
514 2012) and other plant groups elsewhere (Itzstein-Davey, 2004; Lamont & Downes, 2011)
515 during the early-mid Eocene. There is strong evidence that many parts of the world received
516 only moderate and highly seasonal rainfall at that time (Macphail 2007) and there is no
517 reason to believe that the vast area currently covered by pine forests was any different.
518 Keeley (2012) has postulated that conifers migrated to drier, and hence more fire-prone,
519 uplands at that time. We conclude that conifers, and other fire-adapted clades, were still
520 subjected to fire during the early Eocene, and that serotiny would have remained adaptive.
521 Overall, the evolution of woody cones and winged seeds in conifers has been shaped by

522 multiple forces peaking at different times throughout the history of these traits (Keeley *et al.*
523 2011).

524

525 CONCLUSIONS

526 Taken together, our conceptual model of serotiny, ancient trait-based reconstructions,
527 flammability experiments, palaeoclimate reconstruction and extensive analysis of the fossil
528 record support the existence of serotinous traits among early conifers. We conclude that
529 serotiny was but one of an array of fire-adapted traits that enhanced fitness of plants in fire-
530 prone environments in the Carboniferous. These can be matched to the strong evidence of
531 frequent fire (high atmospheric oxygen levels, abundant charcoal in the fossil record) at the
532 time **and likely intense fires based on the flammability of scale-leaved conifers**. Although the
533 history of fire may have varied subsequently as a result of further fluctuations in atmospheric
534 oxygen, there can be little doubt that fire has had a major impact on plant form and ecosystem
535 function for at least 350 million years, a legacy that has continued into many modern-day
536 ecosystems.

537

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756

757 **Supplementary materials**

758 Table S1 Species, Genbank numbers and trait data

759 Table S2 Traits of fossil and extant conifers and related orders and families and their
760 geological history.

761 Table S3 List of species with resprouting capacity among gymnosperms

762 Fig S1 Reconstructing the ancestral state of seed wingness in *Pinus*

763

764 **Table 1.** Model fitting of requirements for the presence of serotiny among four data sets.

765 **Figure captions**

766 Fig. 1. Conceptual model of essential requirements for the expression of serotiny

767 Fig. 2. Ancestral state reconstruction of existence of woody rachis, compact cone covering

768 seeds and seed wingness among conifers. Arau: Araucariaceae; Tax: Taxaceae; Angio:

769 Angiosperm; Non-V: non-vascular plants, G: Gnetidae; *: Sciadopityaceae. Green bar: 95%

770 highest posterior density; red line: lineages with woody rachis, compact cone and winged

771 seeds; blue line: lineages lacking woody rachis, compact cone and/or winged seeds. Black

772 line: not considered.

773 Fig. 3. Ancestral state reconstruction of woodiness of seed cone and seed wingness in conifer

774 families including extinct families (in italics). Red line: lineages with woody rachis, compact

775 cone and winged seeds; blue line: lineages absent with woody rachis, compact cone covering

776 seeds and winged seeds; black line: not considered. Question mark indicates ancient state

777 was equivocal.

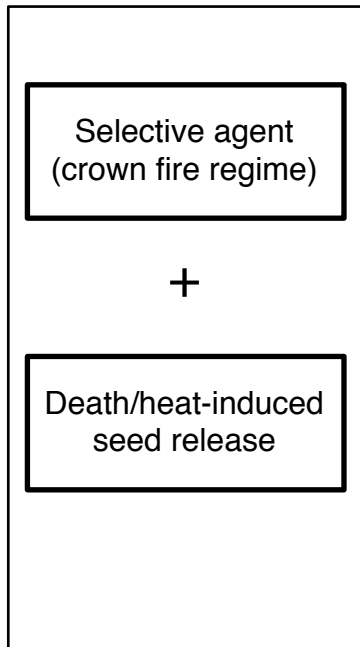
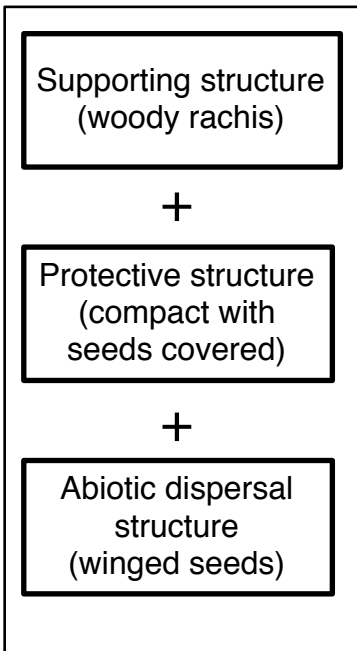
778 Fig. 4. Heat release rate (HRR) curves for extant conifers with analogous/non-analogous

779 Palaeozoic leaf morphology. X axes are 700 seconds; Y axes are 10 kW. The area under the

780 curve represents the total amount of heat released and relates to the amount of burnable fuel.

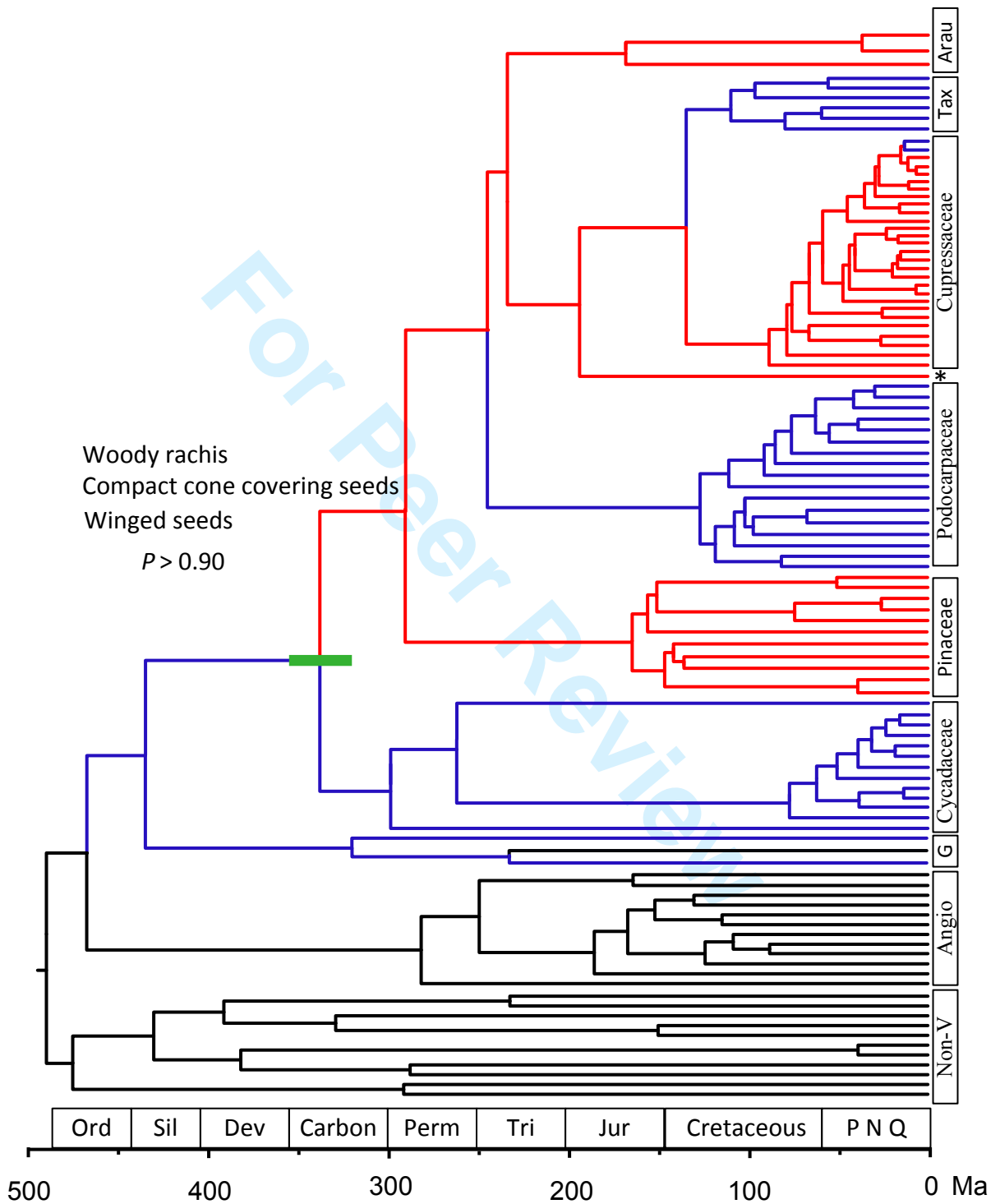
Structural requirements

External requirements

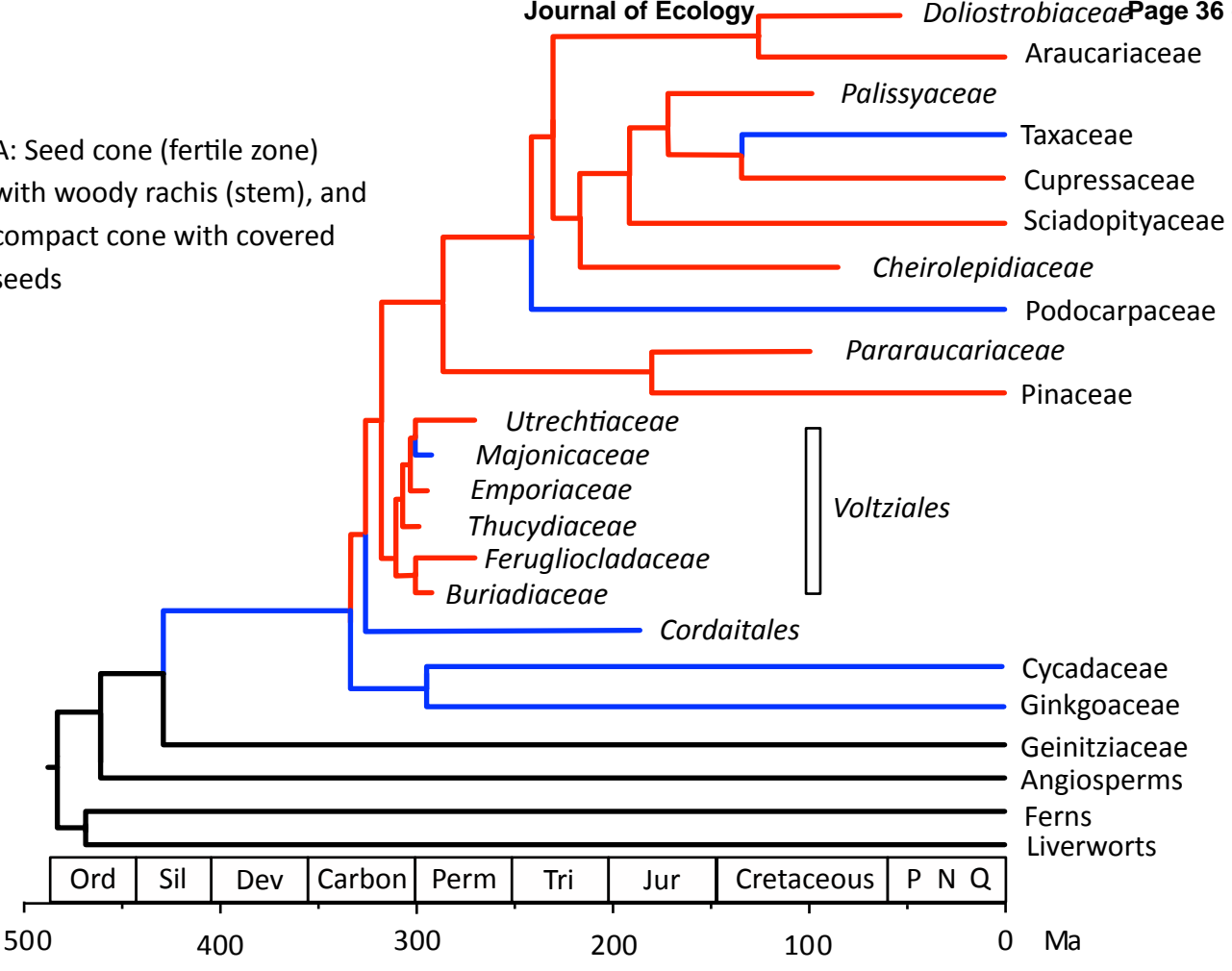


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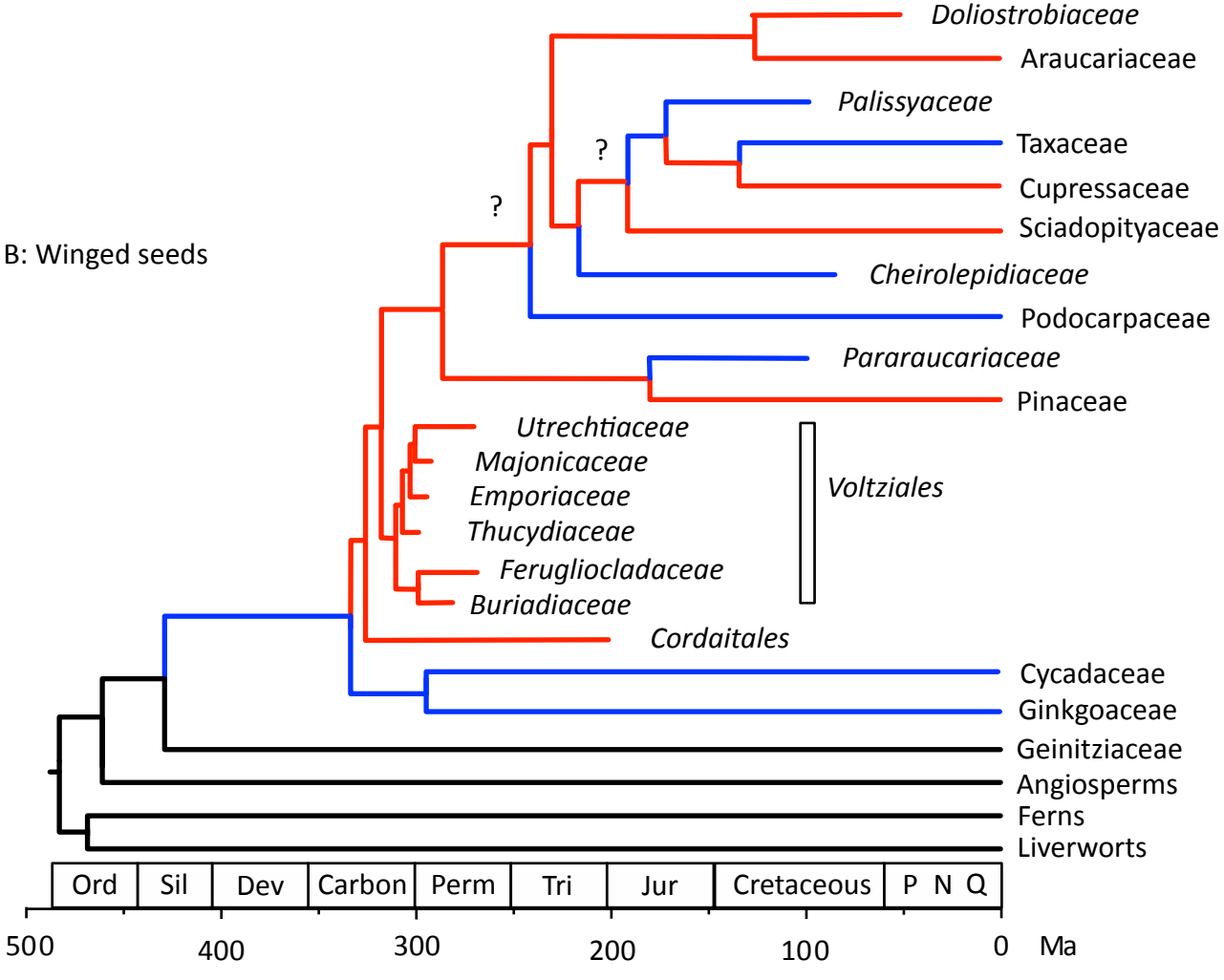




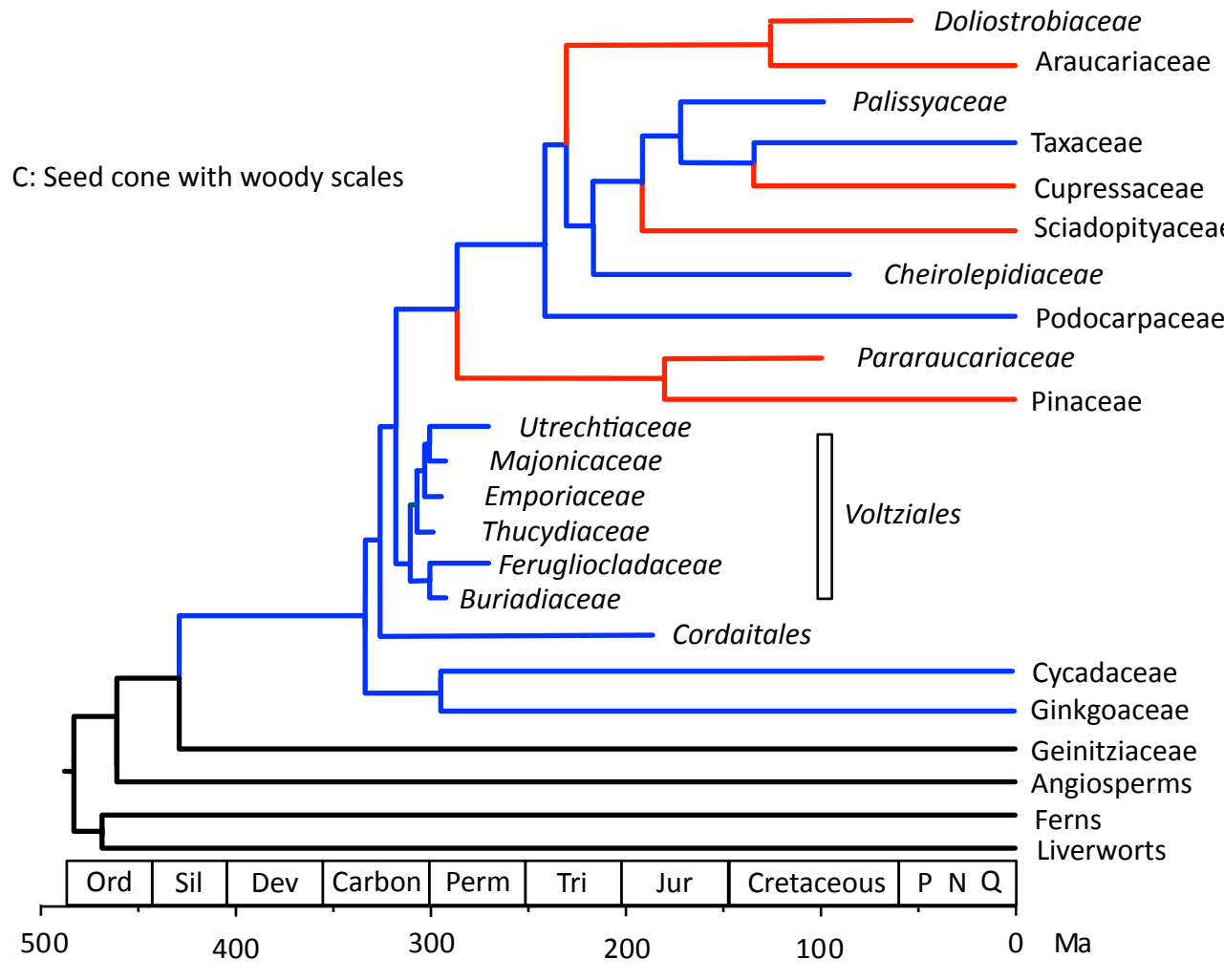
A: Seed cone (fertile zone) with woody rachis (stem), and compact cone with covered seeds

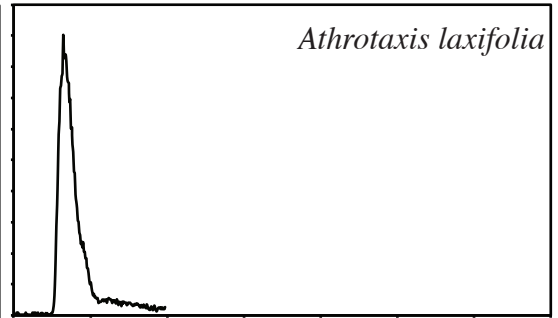
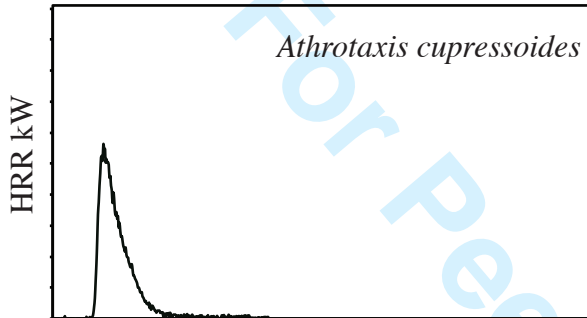
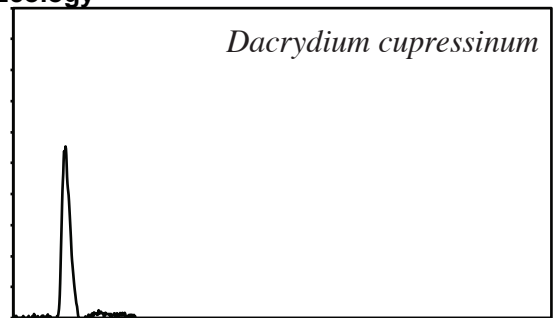
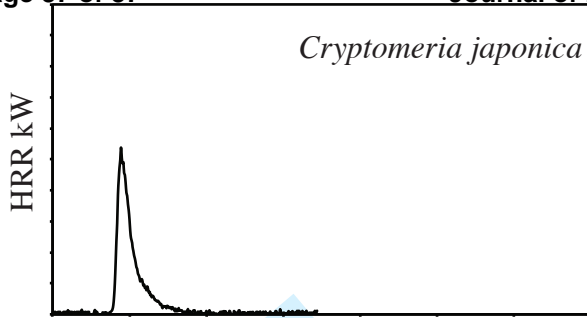


B: Winged seeds



C: Seed cone with woody scales





Needle-leaved Jurassic type conifer

