



Human Health & Performance (HH&P) *Risk Assessment and Reduction* *& Open Innovation for Problem Solving*

Institute for Healthcare Improvement
March 4, 2014

Jeffrey R. Davis, MD
David R. Francisco
Elizabeth E. Richard
Lynn Buquo

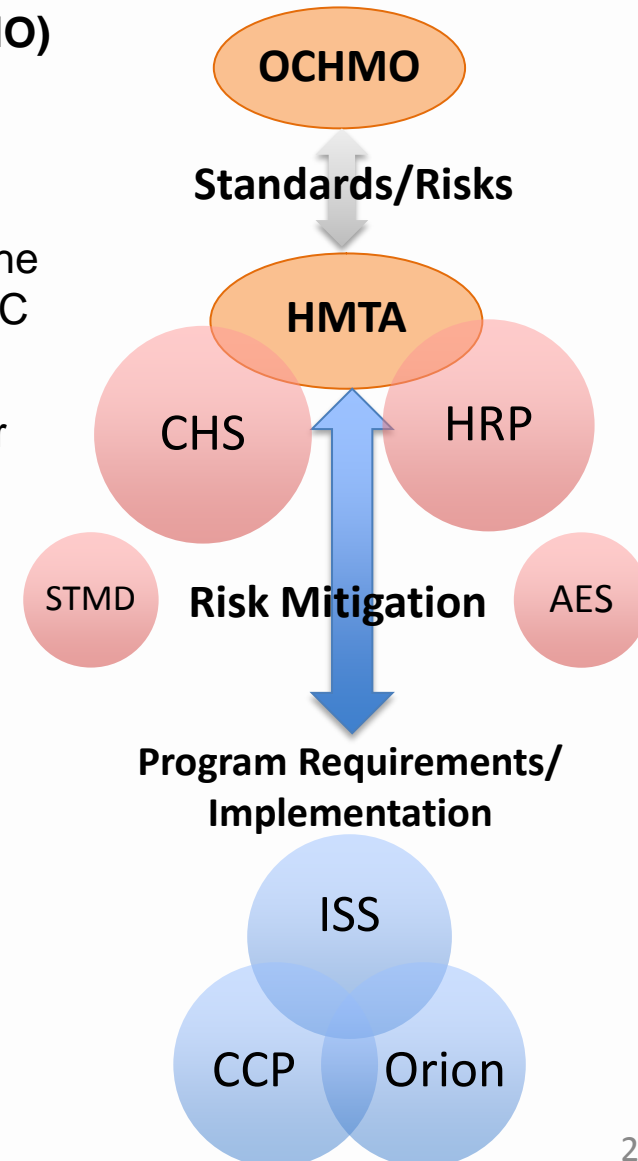
Integrated Risk Mitigation

Crew Health and Safety, Medical Operations, & Research



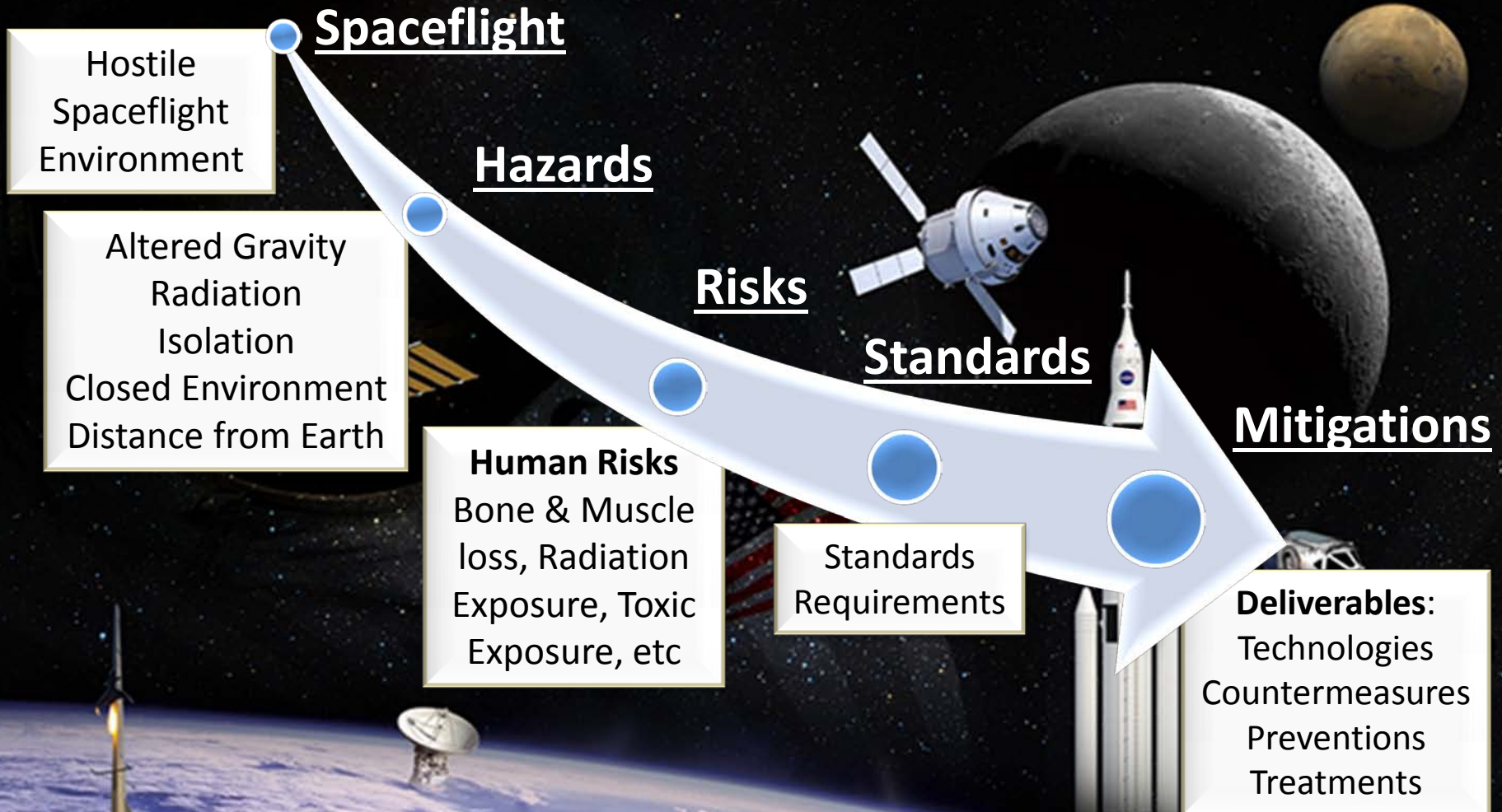
Policy, Operations, and Research are integrated through a Human Health Risk Framework

- **Office of the Chief Health and Medical Officer (OCHMO)**
 - Level I – NASA HQ
 - Develops Medical Policy, Health and Performance Standards, and Bioethics
 - Risk Assessment and Mitigation - Implemented via the Health and Medical Authority (HMTA) – Level II – JSC
- **Crew Health and Safety (CHS)**
 - Medical Operations and Occupational Health (career health care/post career monitoring)
- **NASA Human Research Program (HRP)**
 - Human health & performance research in support of space exploration
 - Perform research necessary to understand & reduce health & performance risks
- **AES & STMD** – Technology/Protocol Development
- **International Space Station (ISS), Orion, Commercial Crew Programs**
 - Implementation of Medical Operations
 - Medical Requirements, Tests and hardware
 - Engineering Requirements



NASA Human Health and Performance

Goal: Enable Successful Space Exploration by Minimizing the Risks of Spaceflight Hazards



Hazards of Spaceflight

Hazards Drive Human Spaceflight Risks

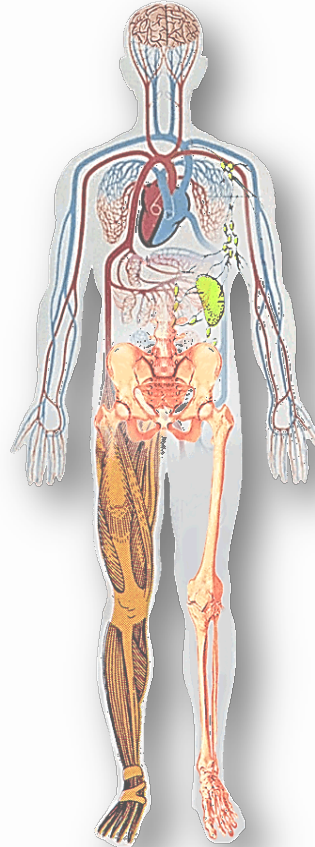


Altered Gravity - Physiological Changes

Balance Disorders
Fluid Shifts
Cardiovascular Deconditioning
Decreased Immune Function
Muscle Atrophy
Bone Loss

Space Radiation

Acute In-flight effects
Long term cancer risk



Distance from earth

Drives the need for additional
“autonomous” medical care
capacity – cannot come home for
treatment

Hostile/ Closed Environment

Vehicle Design
Environmental – CO₂ Levels,
Toxic Exposures, Water, Food

Isolation & Confinement

Behavioral aspect of isolation
Sleep disorders

Summary of Human Risks of Spaceflight

Grouped by Hazards – 30 Human Risks, 2 Concern/Watchlist Items



Altered Gravity Field

Primary Effect

1. Spaceflight-Induced Intracranial Hypertension/Vision Alteration ★
2. Urinary Retention
3. Space Adaptation Back Pain
4. Renal Stone Formation ★
5. Risk of Bone Fracture due to spaceflight Induced bone changes ★
6. Impaired Performance Due to Reduced Muscle Mass, Strength & Endurance ★
7. Reduced Physical Performance Capabilities Due to Reduced Aerobic Capacity ★
8. Impaired Control of Spacecraft, Associated Systems and Immediate Vehicle Egress due to Vestibular / Sensorimotor Alterations associated with space flight. ★
9. Cardiac Rhythm Problems ★
10. Orthostatic Intolerance During Re-Exposure to Gravity ★
11. Adverse Health Effects due to Alterations in Host Microorganism Interaction ★

Concerns/Watchlist

1. Concern of Clinically Relevant Unpredicted Effects of Medication
2. Intervertebral Disc Damage

Radiation

Primary Effect

1. Risk of Space Radiation Exposure on Human Health ★

Distance from Earth

Primary Effect

1. Unacceptable Health and Mission Outcomes Due to Limitations of In-flight Medical Capabilities ★
2. Risk of Ineffective or Toxic Medications due to Long Term Storage

Isolation

Primary Effect

1. Risk of performance decrements due to adverse behavioral conditions ★

Standards	
★	NASA-STD-3001, VOLUME 1, CREW HEALTH
★	NASA-STD-3001, VOLUME 2, HUMAN FACTORS, HABITABILITY, & ENVIRONMENTAL HEALTH
★	Clinical Practice Guidelines

Hostile/Closed Environment-Spacecraft Design

Primary Effect

1. Toxic Exposure ★
2. Acute and Chronic Carbon Dioxide Exposure ★
3. Hearing Loss Related to Spaceflight ★
4. Risk of reduced crew performance prior to adaptation to mild hypoxia.
5. Injury and Compromised Performance due to EVA Operations ★
6. Decompression Sickness ★
7. Injury from Sunlight Exposure ★
8. Incompatible Vehicle/Habitat Design
9. Risk of Inadequate Human-Machine Interface ★
10. Risk to crew health and compromised performance due to inadequate nutrition ★★
11. Adverse Health Effects of Lunar (Celestial) Dust Exposure ★
12. Performance Errors Due to Fatigue Resulting from Sleep Loss, Circadian Desynchronization, Extended Wakefulness, and Work Overload ★
13. Injury from Dynamic Loads ★
14. Risk of Altered Immune Response ★
15. Risk of electrical shock ★

★ Standards in process of review/change/addition

Health and Medical Policy and Standards



Standards based on best available scientific/clinical evidence & expert recommendations (medical practice, lessons learned, analogue environments, research findings, risk management data)

Policy Document
NPD 8900.5 NASA Health and Medical Policy
for Human Space Exploration

Space Flight Health Standard
NASA-STD-3001, VOLUME 1, CREW HEALTH
March 2007, In process of update

Sets standards for fitness for duty, space flight permissible exposure limits, permissible outcome limits, levels of medical care, medical diagnosis, intervention, treatment and care

NASA Crewmember Medical Standards
Volume I, JSC 25396
NASA Astronaut Medical Standards Selection
& Annual Medical Certification

Human Factors/Environmental
NASA-STD-3001, VOLUME 2, HUMAN FACTORS,
HABITABILITY, & ENVIRONMENTAL HEALTH
January 2011

Defines standards for spacecraft (including habitats & suits), and related equipment and software systems with which the crew interfaces during space operations

Human Integration Design Handbook (HIDH)
- NASA/SP-2010-3407

Compendium of human space flight knowledge.
Resource for preparing program-specific requirements.

Crew Health, Medical, and Safety: Space Flight Health Standards



Discipline	Type	Standard
Bone	POL	Maintain bone mass at $\geq -2SD$
Cardiovascular	FFD	Maintain $\geq 75\%$ of baseline VO2 max
Neurosensory	FFD	General Sensory Motor, Motion Sickness, Perception, Gaze Control
Behavioral	FFD	Maintain nominal behaviors, cognitive test scores, adequate sleep
Immunology	POL	WBC > 5000/ul CD4 + T > 2000/ul
Nutrition	POL	80% of spaceflight-modified/USDA nutrient requirements
Muscle	FFD	Maintain 80% of baseline muscle strength
Radiation	PEL	$\leq 3\%$ REID (Risk of Exposure Induced Death)

FFD - fitness for duty, PEL - space flight permissible exposure limits, POL - permissible outcome limits

Risk of Bone Fracture due to Spaceflight-induced Changes to Bone



Risk Title: Risk of Bone Fracture due to Spaceflight-induced Changes to Bone

Risk Statement: Given that crewmembers may experience a decline in bone mass/strength in microgravity & skeletal adaptation may not be reversible after return to earth, there is an increased possibility of bone fracture during the mission & post mission.

Primary Hazard: μ -gravity

Secondary Hazard: radiation,
Vehicle design

Countermeasure: Prevention: selection standard, exercise, task design, diet, pharmaceuticals.

Contributing Factors: nutrition, visual-neuro-muscular declines, radiation

Treatment: In-flight treatment/medical kit, meds, post-mission rehabilitation

State of Knowledge: Fracture probability dependent upon loading and bone strength. BMD is widely used as a surrogate for bone strength but its sole use recognized to be insufficient for risk assessment. Extensive pre/post flight Bone Mineral Density data. ARED/T2 6 days/week exercise regimens have minimized declines in BMD to meet Permissible Outcome Limits (POL). Changes to trabecular bone, whole bone structure and hip strength estimations are limited to two research studies with and without pharmaceuticals.

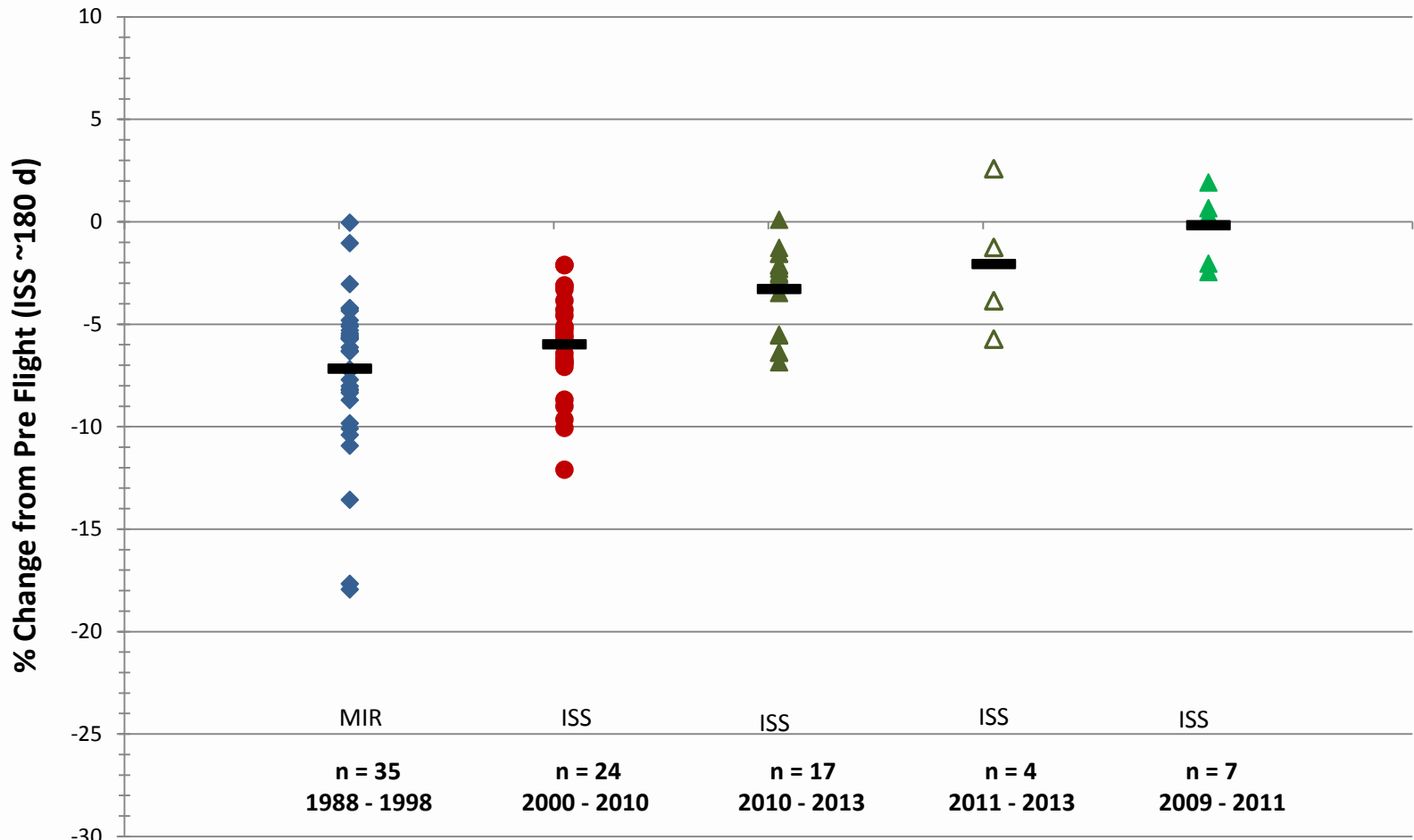
Metric



Risk of Bone Fracture due to Spaceflight-induced Changes to Bone

1371B - January 2014 Bone & Mineral Lab Data Analysis

Mean % Change in Total Hip DXA BMD



Countermeasures:

Treadmill

Treadmill - TVIS
iRED - 300 lb force
6 days/wk

Treadmill - T2
ARED - 600 lb force
6 days/wk

Treadmill - T2
ARED - 600 lb force
3 days/wk each,
high intensity

Treadmill - T2
ARED - 600 lb force
6 days/wk +
antiresorptive drug

Design Reference Missions Categories



All of the Human Health and Performance Risks will be evaluated against the following categories:

DRM Categories	Mission Duration	Gravity Environment	Radiation Environment	Earth Return
Low Earth Orbit	6 months	Microgravity	LEO - Van Allen	1 day or less
	1 year	Microgravity	LEO - Van Allen	1 day or less
Deep Space Sortie	1 month	Microgravity	Deep Space	< 5 days
Lunar Visit/Habitation	1 year	1/6g	Lunar	5 Days
Deep Space Journey/Habitation	1 year	Microgravity	Deep Space	Weeks to Months
Planetary Visit/Habitation	3 years	Fractional	Planetary*	Months

*Planet has no magnetic poles, limited atmosphere

Examples of Missions that would fall into the DRM Categories:

Low Earth Orbit – ISS6, ISS12, Commercial Suborbital, Commercial Visits to ISS, future commercial platforms in LEO

Deep Space Sortie: MPCV test flights, moon fly around or landing, visits to L1/L2, deep space excursion

Lunar Habitation: Staying on the surface more than 30 Days (less than 30 days would be similar)

Deep Space Habitation: L1/L2 Habitation, Asteroid visit, journey to planets

Planetary Habitation: Living on a planetary surface, MARS

Human System Risks – Likelihood vs Consequence



Consequence

Mission Health and Performance (OPS)

Death or permanently disabling injury to one or more crew (LOC)
OR
Severe reduction of performance that results in loss of most mission objectives (LOM)

Significant injury, illness, or incapacitation – may affect personal safety
OR
Significant reduction in performance results in the loss of some mission objectives

Minor injury/illness that is self-limiting
OR
Minor impact to performance and operations- requires additional resources (time, consumables)

Temporary discomfort
OR
Insignificant impact to performance and operations - no additional resources required

CM = Countermeasure
LOC = Loss of Crew
LOM = Loss of Mission

High	1 x 4	2 x 4	3 x 4
	1 x 3	2 x 3	3 x 3
	1 x 2	2 x 2	3 x 2
	1 x 1	2 x 1	3 x 1
Medium			
Low			
Very Low			
	Low	Medium	High
	≤0.1 %	<1 %	≥1.0%
	Likelihood		

Consequence

Long Term Health (post mission) (LTH)

- Unknown and improbable return to baseline (requires drastic intervention surgery & therapy)
- Major impact on quality of life (permanent reduced function, premature death)

- Return to near baseline requires extended medical intervention w/ known clinical methods/technologies (pharmaceuticals, etc.)
- Moderate impact on quality of life

- Return to baseline values within 1 year with nominal intervention (time, exercise, nutrition, lenses)
- Negligible effect on quality of life

- Return to baseline values within 3 months with limited intervention
- No effect on the quality of life

Quality of Life is defined as impact on day to day physical and mental functional capability and/or lifetime loss of years

Risk Assessment



Bone Fracture due to Spaceflight-induced Changes to Bone

Countermeasures: Prevention: selection standard, exercise, task design, diet, pharmaceuticals. **Treatment:** In-flight treatment/medical kit, meds, post-mission rehabilitation

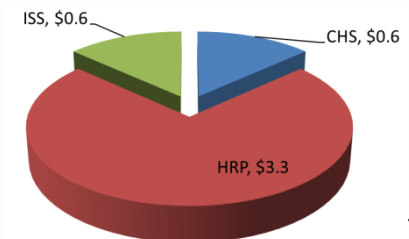
L x C Driver: OPS Likelihood all except Planetary : < 0.1% likelihood of bone fracture in mission due to existing countermeasures (prevention by selection) effectiveness. **Planetary:** increases due to mission duration and surface operations. **Consequence LEO, Sortie, Lunar:** Bone fracture considered significant injury with in flight treatment and return to Earth. **Deep Space and Planetary Consequence:** Injury may be disabling due to the inability to return to Earth for treatment. **LTH Likelihood LEO, Lunar, Journey:** Likelihood of fracture due to spaceflight > 0.1% and < 1%. Most crew could return to baseline BMD within 3 years. **Sortie:** Likelihood <0.1% due to limited mission duration. **Planetary:** > 1% due to mission duration. **LTH Consequence:** Bone fracture prevention may require extended medical interventions by known methods

DRM Categories	Mission Duration	L x C		Risk Evaluation Status
		OPS	LTH	
Low Earth Orbit	6 months	1 x 4	2 x 3	Partially Controlled
	1 year	1 x 4	2 x 3	Partially Controlled
Deep Space Sortie	1 month	1 x 4	1 x 3	Partially Controlled
Lunar Visit/Habitation	1 year	1 x 4	2 x 3	Partially Controlled
Deep Space Journey/Hab	1 year	1 x 4	2 x 3	Partially Controlled
Planetary	3 years	2 x 4	3 x 3	Uncontrolled

Deliverables Required	Responsible Program	Budget (\$M)/ (2014-2018)
Countermeasures Knowledge: <ul style="list-style-type: none"> Surveillance data to supplement bone density with bone quality index Identify critical risk factors Technology: <ul style="list-style-type: none"> Develop biomarkers Need to establish index for CM efficacy Evaluate pharmacological CMs Operational Protocols: <ul style="list-style-type: none"> Continued crew monitoring Guideline/Requirements/Standards: <ul style="list-style-type: none"> Leverage terrestrial Level 4 Evidence 	HRP/Grant	\$0.25M
	HRP/Grant	\$0.45M
	HRP/Grant	\$1.0M
	HRP/Contract	\$0.05M
	HRP/Grant	\$1.32M
	ISS/CHS/HRP	\$1.35M
	CHS/HRP	\$0.05M

Total Budget 2014-19 = \$4.5M

Note: ISS Exercise H?W – Sustaining, Logistics and Maintenance: \$27M



Requirements Flow down – Bone Fracture



Risks

Bone Fracture due to Spaceflight-induced Changes to Bone

Impaired Performance Due to Reduced Muscle Mass, Strength & Endurance

Reduced Physical Performance Capabilities Due to Reduced Aerobic Capacity

Standard(s)

Space Flight Health Standard
NASA-STD-3001, VOLUME 1, CREW HEALTH
March 2007, In process of update

4.2.9.3 The post-flight (end of mission) bone mass DXAT score shall not exceed -2.0 (-2.0 SD below the mean Bone Mineral Density).

Requirements

ISS

SSP 50260 International Space Station Medical Operations Requirements Document - MORD

6.2.4.1 IN-FLIGHT EXERCISE

Daily physical exercise shall be scheduled for each ISS crewmember, consisting of 1.5 hours daily of actual exercise time with varying amounts of resistive and aerobic exercise.

Commercial Crew

CCT-REQ-1130 ISS Crew Transportation Requirements Document

N/A – due to limited duration of mission

MPCV

MPCV Human System Integration Requirements -HSIR

3.5.4.1 Exercise Capability [HS6032]

The system shall provide the capability for aerobic and resistive exercise training for 30 continuous minutes each day per crewmember for missions greater than 8 days.

Risk of Acute and Chronic Carbon Dioxide Exposure



Risk Title: Risk of Acute and Chronic Carbon Dioxide Exposure

Risk Statement: Given CO₂ levels in spacecraft are 6-20 times higher than in the terrestrial atmosphere, there is a possibility that short-term and long-term CO₂ exposures will impact crew health and performance when complex decisions are necessary.

Primary Hazard: Closed Environment - CO₂ (local pockets of high concentration)

Secondary Hazard: Micro-g fluid shift
Dist. from Earth - autonomous ops

Countermeasures:
Standards/SMAC
Levels - CO₂ scrubbing
Corrective CM: Ground
Control and Monitoring.

Contributing Factors: 1) Microgravity-related lack of convection and air circulation, 2) Limited carbon dioxide removal capability, 3) genetic factors. Elevated CO₂ concentration appears to be a contributing factor to other risks*

State of Knowledge: Terrestrial evidence indicates that current standards for CO₂ exposures via SMACs, Flight Rules, and CHITs may not be adequate to mitigate neuro-cognitive effects. Additionally, ISS data suggest a higher incidence of headaches with acute increases of CO₂ over the range of 2 to 5 mmHg, with resultant “p” values so small indicating statistical significance with regard to the association of headaches and CO₂ levels.

*Areas of Concern:

Crew Headaches

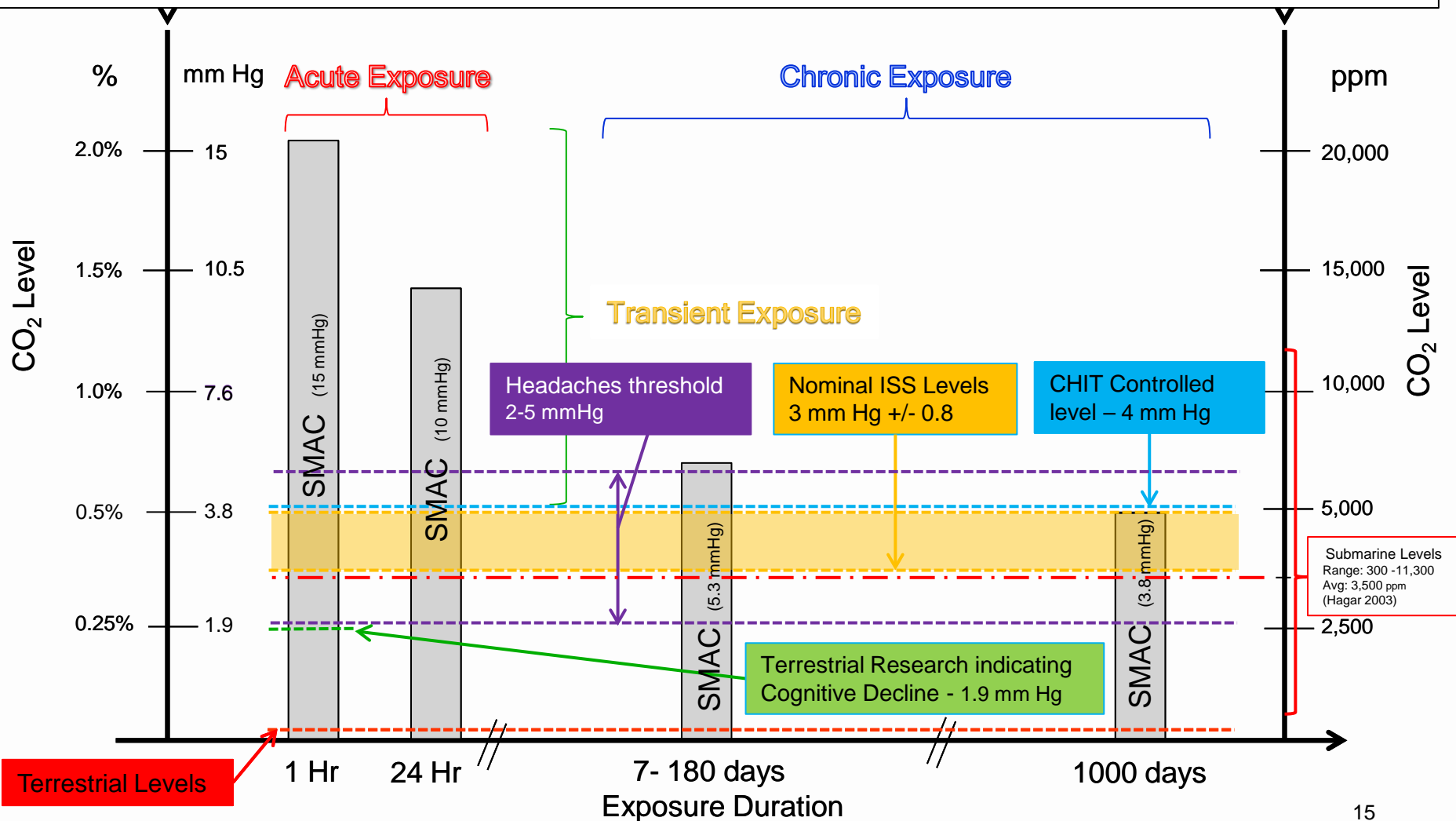
Contribution to Intracranial Pressure Increase – Vision Impairment/ICP

Possible Cognitive Impacts

Risk of Acute and Chronic Carbon Dioxide Exposure



Risk Statement: Given CO₂ levels in spacecraft are 6-20 times higher than in the terrestrial atmosphere, there is a possibility that short-term and long-term CO₂ exposures will impact crew health and performance when complex decisions are necessary. Coupled with microgravity fluid shift may compound the effects.



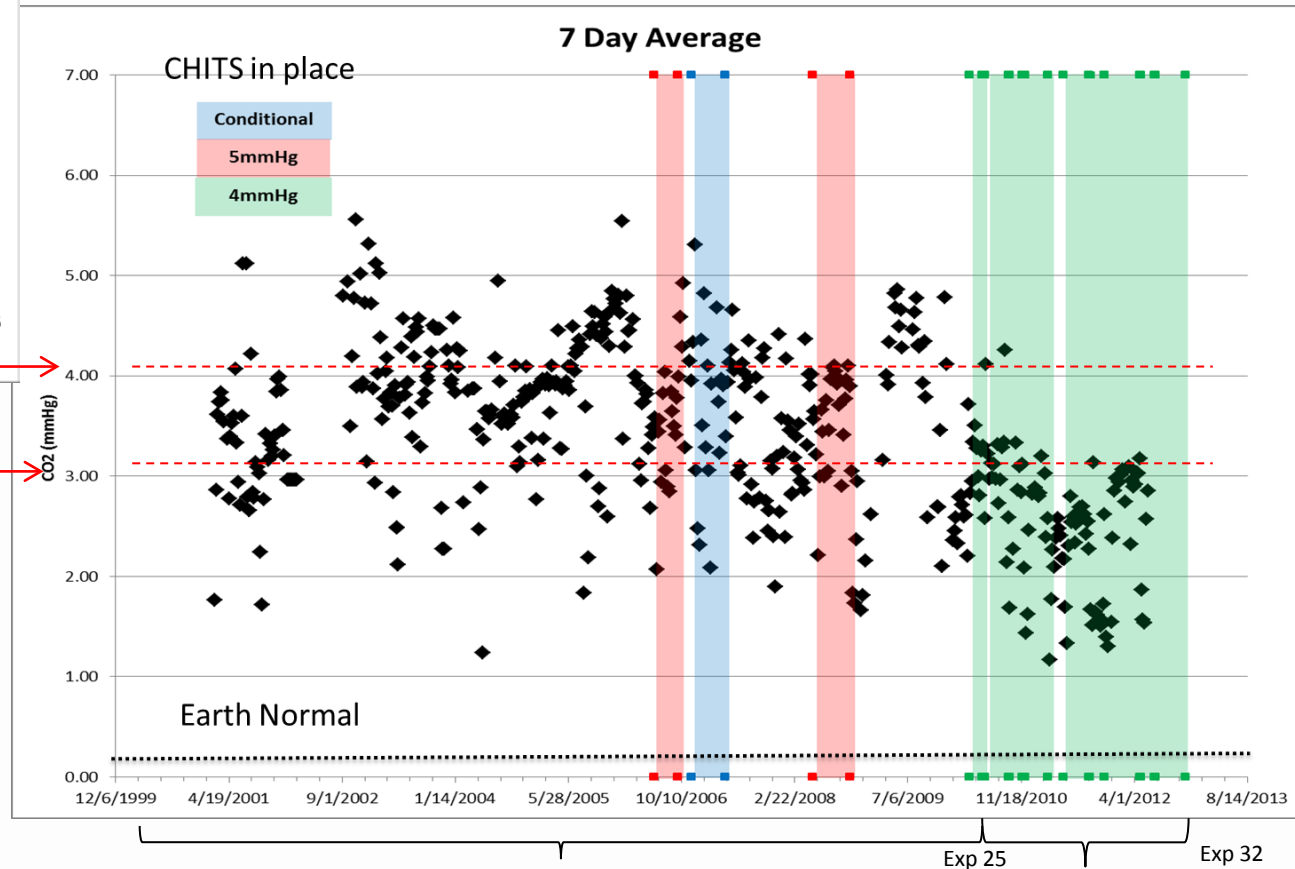
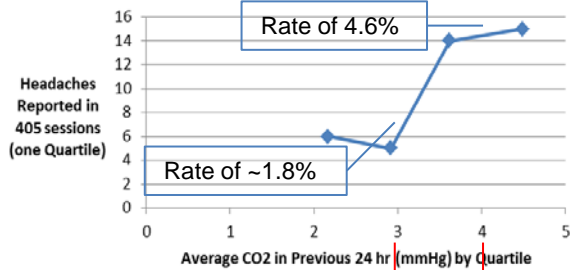
Risk of Acute and Chronic Carbon Dioxide Exposure



Headaches that were not alleviated by Analgesics

Weekly Average CO₂ Level

Number of Headaches reported during PMCs and SMOTs by Quartile



The following was observed since 2001:

- 46 headaches that were not alleviated by analgesics were observed
- 1670 non-headaches were observed
- **Prior to the 2010 CHIT**
 - 25 headaches were observed
 - 518 non-headaches were observed
 - Rate of 4.6%
- **Post 2010 CHIT**
 - which lowered the level to < 4 mmHg
 - 21 headaches were observed
 - 1152 non-headaches were observed
 - Rate of 1.8%

VIIP Occurrence

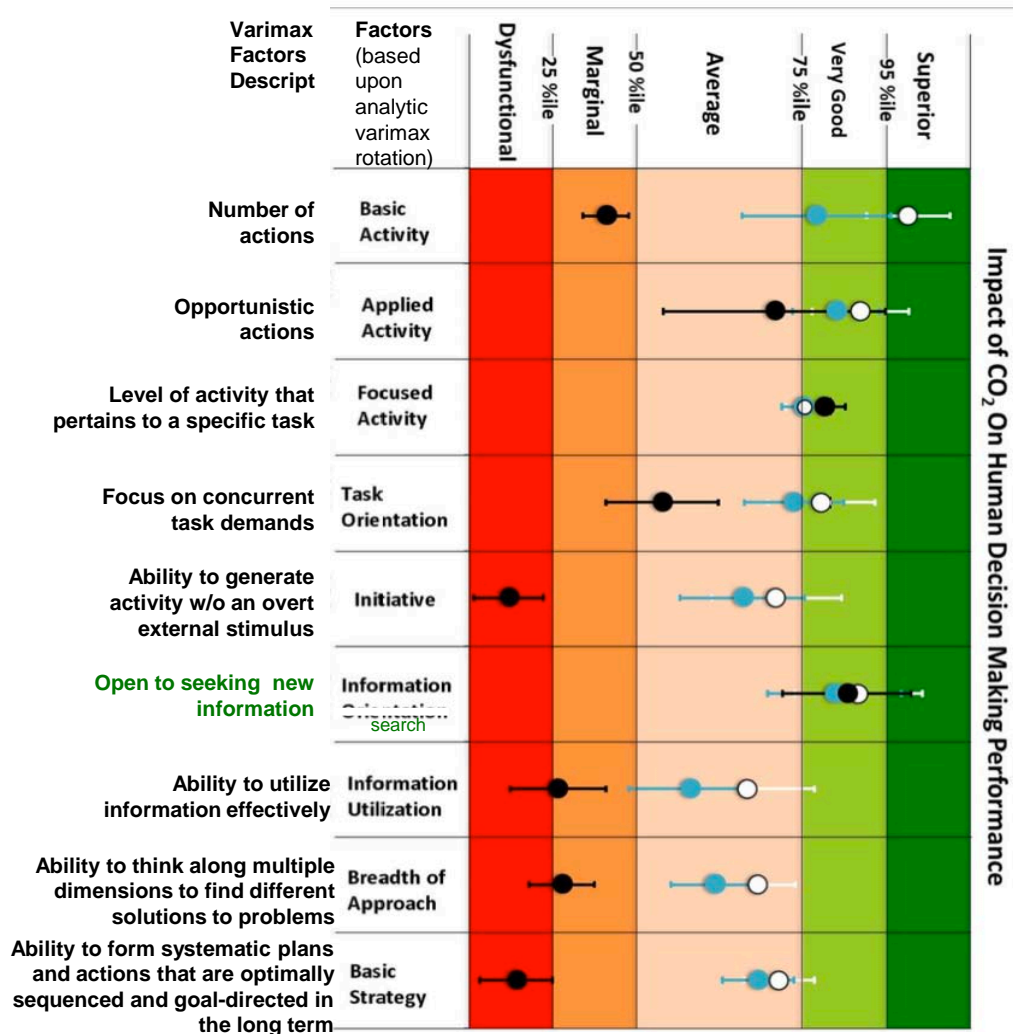
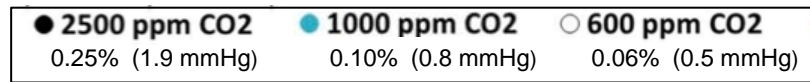
32% no symptoms
 31% Class 2
 27% with disk edema (CPG Class 3 & 4)
 18% Class 4
 N=22

22% no symptoms
 44% Class 2
 22% with disk edema (CPG Class 3&4)
 0% Class 4
 N = 9



CO₂ Exposures - Acute - Cognitive Function

Decision-Making Decrements (Satish et al. 2012)



Relevance to Operations:

- Decision Making
- Situational Awareness

The Challenge of Aviation Emergency and Abnormal Situations

Barbara K. Burian, Immanuel Barshi and Key Dismukes

when experiencing stress and high workload, crews are vulnerable to missing important cues related to their situation and are likely to experience difficulty pulling together disparate pieces of information and making sense of them. This is especially true when some of that information is incomplete, ambiguous, or contradictory. Pilots' problem-solving abilities may be impaired, and they will generally have difficulty performing complex mental calculations (Hendy, Farrell, & East, 2001)... In contrast, well-learned motor skills, such as those demonstrated by experienced pilots when operating flight controls, are quite robust and are much less affected by stress (Cohen & Weinstein, 1981).

See Slides 50 & 51: Skill v. Prob. Solving

Risk of Acute and Chronic Carbon Dioxide Exposure



Countermeasures: Preventive: Standards/SMAC Levels - CO₂ scrubbing

Treatment/Corrective CM: Ground Control and Monitoring.

LxC Driver: Based on cognitive function impairment and lack of awareness of such inability, the consequences could be severe reduction of performance resulting in loss of most mission objectives for LEO, Lunar Missions, and Deep Space Sortie. For Deep Space Journey/Hab and Planetary missions, it could lead to LOC.

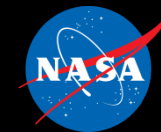
Primary LxC Driver – Access to Ground Communication. Is this sufficient to mitigate risk?

DRM Categories	Mission Duration	L x C		Risk Evaluation Status	Deliverables Required	Responsible Program/Mechanism	Budget (\$M)/Timeline (2013-2018)
		OPS	LTH				
Low Earth Orbit	< 180 days	3 x 2	3 x 1	Partially Cont.	Countermeasures <ul style="list-style-type: none"> Knowledge: <ul style="list-style-type: none"> Cognitive Function ICP Impacts Technology: <ul style="list-style-type: none"> Amine Swing bed Advance ECLSS Operational Protocols: <ul style="list-style-type: none"> Flight Rule Changes Operational Changes Guideline/Requirements/Standards: <ul style="list-style-type: none"> SMAC Levels Updates (Standards) 	TBD TBD	TBD TBD
	> 180 days	3 x 2	3 x 1	Partially Cont.			
Deep Space Sortie	< 30 days	3 x 3	3 x 1	Partially Controlled			
Lunar Visit/Habitation	> 30 Days	3 x 2	3 x 1	Partially Controlled			
Deep Space Journey/Hab	<365 Days	3 x 4	3 x 1	Uncontrolled			
Planetary	>365 Days	3 x 4	3 x 1	Uncontrolled			

Uncontrolled (Rationale):

1. Ground data → Dysfunctional decision making at CO₂ exposures half the current ISS CHIT Levels of 4mmHg, which may explain ISS historical accounts of decision making errors.
2. Flight crews unable to recognize decision making impairment thereby increasing risk during autonomous mission phases
3. Suggestive evidence → incidence of reported headaches on ISS is associated with higher 24-h average CO₂ levels well below the CHIT.

Requirements Flow down – Risk of Acute and Chronic Carbon Dioxide Exposure



Risks

Risk of performance decrements due to adverse behavioral conditions

Risk of Acute and Chronic Carbon Dioxide Exposure

Spaceflight-Induced Intracranial Hypertension/Vision Alteration

Standard(s)

Human Factors/Environmental
NASA-STD-3001, VOLUME 2, HUMAN FACTORS,
HABITABILITY, & ENVIRONMENTAL HEALTH

6.2.1.3 Carbon Dioxide Levels [V2 6004]

CO₂ levels shall be limited to the values stated in the tables located in JSC 20584, Spacecraft Maximum Allowable Concentrations for Airborne Contaminants.

Requirements

ISS

- International Space Station ISS Flight Rules

Flight Rule B13-53 (“PPCO₂ Constraints”) prescribes required actions when station ppCO₂ levels approach or exceed the permissible exposure limit of 7.6 mm Hg. CHIT – 4.0 mmHg

Flight Rule B13-251 (“EMU PPO₂ and PPCO₂ Constraints”)

Commercial Crew

CCT-REQ-1130 ISS Crew Transportation Requirements Document

Table 3.10.11.1.1-1:
Atmospheric Habitability Limits
d. Cabin ppCO₂ Maximum: 4.0 mmHg (0.077 psia)

MPCV

MPCV 70024 Human Systems Integration Requirements -HSIR

3.2.1.1 HS3004C The system shall maintain the partial pressure of carbon dioxide in the internal atmosphere to less than 4.0 mmHg (0.077 psia) average over any 1-hour time frame.



NASA Human Health and Performance (HH&P) Strategy Formulation and Execution



Formulating and Executing our Strategy

- Strategic Plan (2007 and 2012)
 - Develop an improved business model using collaborative approaches to drive health innovations in space and on Earth
- Benchmark to inform implementation
 - Culture change most critical for success
 - Collaboration needed to drive innovation
- Successful open innovation pilots testing new approaches to solving technical problems
- NHHPC, NTL and CoECI: virtual centers built to advance collaboration and the use of open innovation
- Solution Mechanism Guide (SMG) Tool to integrate new tools into HH&P culture





Human Health and Performance Directorate

HH&P Organization

–Space and Clinical Operations

- Health care and medical systems



–Biomedical Research and Environmental Sciences

- Physiological, environmental and behavioral effects of spaceflight



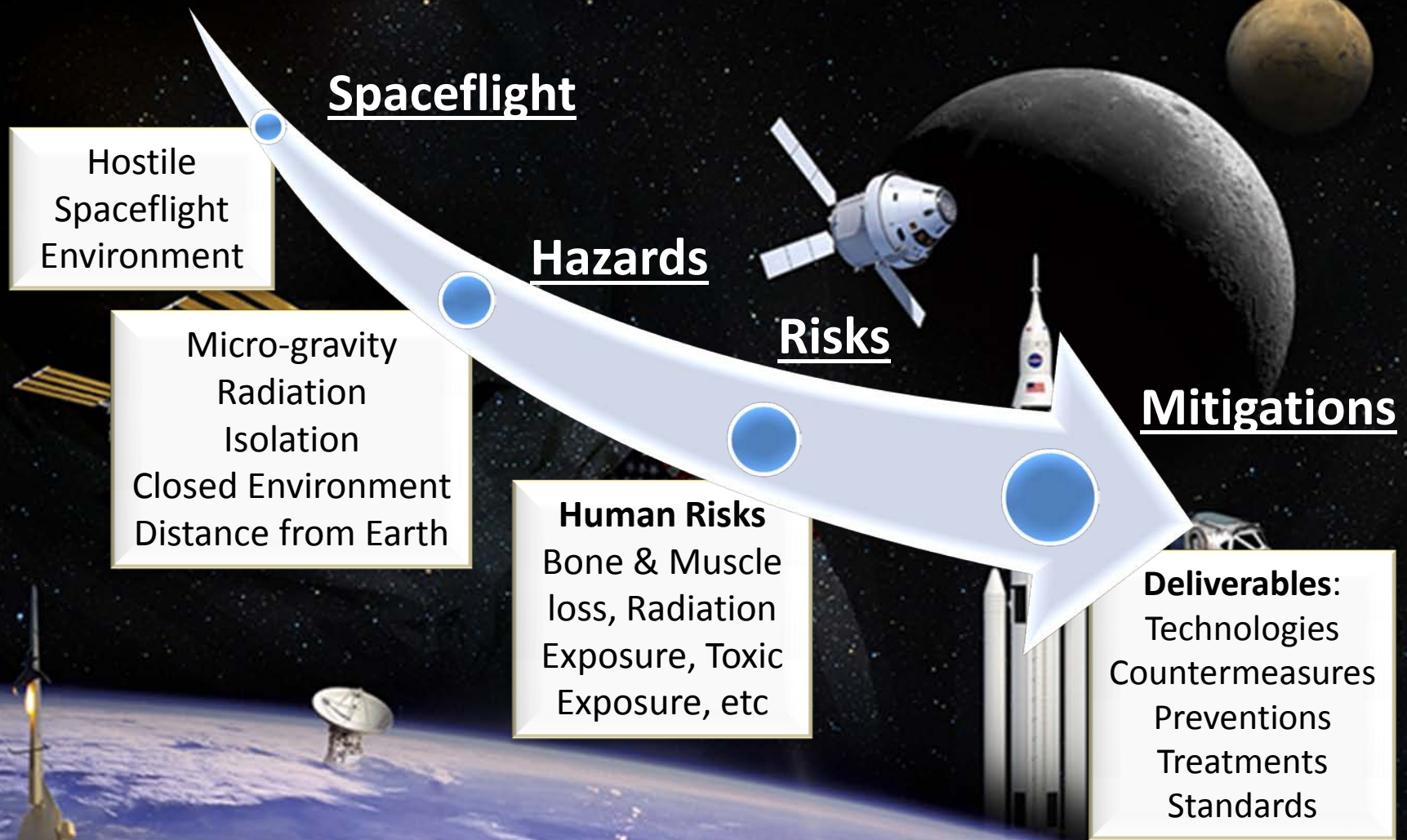
–Human Systems Engineering and Development

- Human centered design (hardware/software), human factors, food systems



NASA Human Health and Performance

Goal: Enable Successful Space Exploration by Minimizing the Risks of Spaceflight Hazards



Risk Assessment



Bone Fracture due to Spaceflight-induced Changes to Bone

Countermeasures: Prevention: selection standard, exercise, task design, diet, pharmaceuticals. **Treatment:** In-flight treatment/medical kit, meds, post-mission rehabilitation

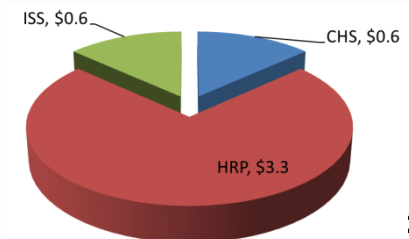
L x C Driver: OPS Likelihood all except Planetary : < 0.1% likelihood of bone fracture in mission due to existing countermeasures (prevention by selection) effectiveness. **Planetary:** increases due to mission duration and surface operations. **Consequence LEO, Sortie, Lunar:** Bone fracture considered significant injury with in flight treatment and return to Earth. **Deep Space and Planetary Consequence:** Injury may be disabling due to the inability to return to Earth for treatment. **LTH Likelihood LEO, Lunar, Journey:** Likelihood of fracture due to spaceflight > 0.1% and < 1%. Most crew could return to baseline BMD within 3 years. **Sortie:** Likelihood <0.1% due to limited mission duration. **Planetary:** > 1% due to mission duration. **LTH Consequence:** Bone fracture prevention may require extended medical interventions by known methods

DRM Categories	Mission Duration	L x C		Risk Evaluation Status
		OPS	LTH	
Low Earth Orbit	6 months	1 x 4	2 x 3	Partially Controlled
	1 year	1 x 4	2 x 3	Partially Controlled
Deep Space Sortie	1 month	1 x 4	1 x 3	Partially Controlled
Lunar Visit/Habitation	1 year	1 x 4	2 x 3	Partially Controlled
Deep Space Journey/Hab	1 year	1 x 4	2 x 3	Partially Controlled
Planetary	3 years	2 x 4	3 x 3	Uncontrolled

Deliverables Required	Responsible Program	Budget (\$M)/ (2014-2018)	
Knowledge: <ul style="list-style-type: none"> Surveillance data to supplement bone density with bone quality index Identify critical risk factors Technology: <ul style="list-style-type: none"> Develop biomarkers Need to establish index for CM efficacy Evaluate pharmacological CMs Operational Protocols: <ul style="list-style-type: none"> Continued crew monitoring Guideline/Requirements/Standards: <ul style="list-style-type: none"> Leverage terrestrial Level 4 Evidence 	HRP/Grant	\$0.25M	
	HRP/Grant	\$0.45M	
	HRP/Grant	\$1.0M	
	HRP/Contract	\$0.05M	
	HRP/Grant	\$1.32M	
	ISS/CHS/HRP	\$1.35M	
	CHS/HRP	\$0.05M	

Total Budget 2014-19 = \$4.5M

Note: ISS Exercise H?W – Sustaining, Logistics and Maintenance: \$27M





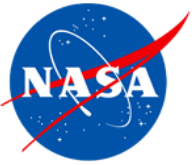
Portfolio Analysis: Models of Collaboration

The Four Ways to Collaborate

There are two basic issues that executives should consider when deciding how to collaborate on a given innovation project: Should membership in a network be open or closed? And, should the network's governance structure for selecting problems and solutions be flat or hierarchical? This framework reveals four basic modes of collaboration.

<p>Innovation Mall</p> <p>A place where a company can post a problem, anyone can propose solutions, and the company chooses the solutions it likes best</p> <p><i>Example:</i> InnoCentive.com website, where companies can post scientific problems</p>	<p>Innovation Community</p> <p>A network where anybody can propose problems, offer solutions, and decide which solutions to use</p> <p><i>Example:</i> Linux open-source software community</p>	PARTICIPATION	Open
<p>Elite Circle</p> <p>A select group of participants chosen by a company that also defines the problem and picks the solutions</p> <p><i>Example:</i> Alessi's handpicked group of 200-plus design experts, who develop new concepts for home products</p>	<p>Consortium</p> <p>A private group of participants that jointly select problems, decide how to conduct work, and choose solutions</p> <p><i>Example:</i> IBM's partnerships with select companies to jointly develop semiconductor technologies</p>		Closed
GOVERNANCE			
Hierarchical	Flat		

Gary Pisano,
Harvard Business School



NASA Innovation Projects: *Elite Circle*



HH&P Elite Circle Projects

- Intravenous fluid from potable water
- Modified technology – colorimetric water analysis (formerly a device to evaluate paint color)



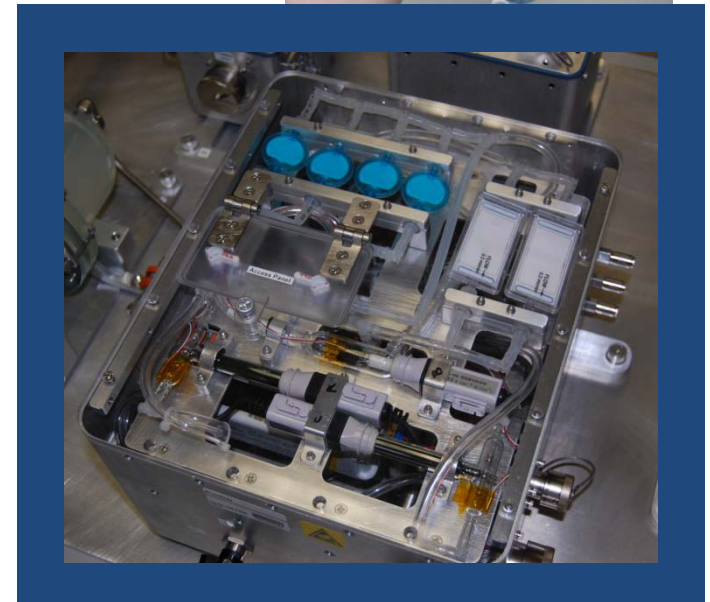
Exploration Medical Capability

IntraVenous fluid GENeration for exploration (IVGEN)

PRODUCE USP GRADE 0.9% NORMAL SALINE FROM *IN SITU* RESOURCES

- IV fluid required to respond to medical contingencies
- Filter to generate fluid incurs a smaller mass and volume cost than the actual fluid
- System based on deionization and sterilizing filters

FLIGHT TEST: MAY 4-7, 2010





Environmental Monitoring: Colorimetric Water Quality Monitoring Kit

Hardware Description

- Solution is a simple, compact, hand-held device that reliably and rapidly measures key water quality indicators in-flight
- Water sample is passed through membrane cartridge resulting in color change on membrane surface in the presence of silver or iodine
- Commercially available Diffuse Reflectance Spectrophotometer (DRS) measures magnitude of color change, which is proportional to the amount of analyte present in sample volume
- **CSPE water quality monitoring kit was delivered to ISS on STS 128/17A**





HH&P Open Innovation Pilot Projects:

*Innovation Malls,
Innovation Communities,
and Consortiums*



Open Innovation

- Why Open Innovation?
 - Joy's Law
 - “No Matter Who You Are, Most of the Smartest People Work for Someone Else”
 - Bill Joy, Cofounder Sun Microsystems
 - The Causal Explanation for Joy's Law
 - Knowledge is unevenly distributed in society - Fredrich von Hayek (1945)
 - Knowledge is sticky - Eric von Hippel (1994)
 - from Karim Lakhani, PhD Harvard Business School



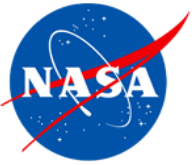
Portfolio Analysis

- HH&P Research and Technology Development Portfolio Gaps
 - Food packaging to maintain quality for 5 years
 - Compact (one cubic foot, 20 pound) exercise device for capsules
 - Solar proton event predictive capability for 24 hours
 - Coordinated sensor swarms for planetary research
 - Accurate tracking of medical consumables in flight
 - Motivational enhancement for exercise
 - Inflight laundry system



Open Innovation Pilot Projects

- **InnoCentive:** posts individual challenges/gaps to their established network of solvers (~300,000)
 - financial award if the solution is found viable by the posting entity
- **Yet2.com:** acts as a technology scout bringing together buyers and sellers of technologies
 - Option to develop partnerships
- **TopCoder:** open innovation software company with a large network of solvers (~300,000)
 - variety of skill-based software coding competitions
- **NASA@work:** internal collaboration platform leveraging expertise found across NASA's 10 centers



HH&P Open Innovation Pilot Projects:

*Innovation Malls,
Innovation Communities,
and Consortiums*



NASA Innovation Pavilion



[NASA Pavilion Home](#)

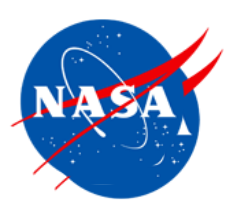
[NASA Challenges](#)

Global Appeal-

2900 solvers

80 Countries





InnoCentive Successes

Challenge	TRL*	Submissions	Award
Data-Driven Forecasting of Solar Events (D. Fry) ➤ Resulting model showed a high percent correct (~95%) but with an equally high false alarm rate. Potential for coupling with other modeling efforts	Low	11	\$30,000
Non-invasive Meas of Intracranial Pressure (S. Villarreal) ➤ Resulted in a predictive algorithm from UCLA using available physiologic data. Site visit planned to assess UCLA analysis of NASA data via modification of existing NSBRI study.	Med	638	\$15,000
Compact Aerobic Resistive Exercise Device Mech (L. Loerch) ➤ Technology was included in Advanced Exercise Concepts trade space for consideration	Low	95	\$20,000
Food Packaging and Protection (M. Perchonok) ➤ Monitoring other packaging team evaluations of flexible graphene material proposed as solution	Med	22	\$11,000 (partial)

*TRL = Technology Readiness Level
Low (1-3), Med (4-6), High (7-9)



TopCoder Pilot Project

- Opportunity presented to NASA by Harvard Business School
 - Research project to compare outcomes of collaborative and competitive teams
 - NASA provided the problem statement
 - Optimize algorithm that supports medical kit design
- Competition began in Nov 2009 and lasted approximately 10 days
 - 2800 solutions were submitted by 480 individuals
 - Useful algorithm developed and incorporated into NASA model
 - Team felt this process was more efficient than internal development
- Result: NASA Tournament Lab with HBS and TopCoder established to seek many novel optimization algorithms for ISS



NASA@work Pilot Project

CHALLENGES HOME SUGGEST A CHALLENGE INFO EXCHANGE MANAGE MY ACCOUNT HELP CORPORATE INTRANET

[Challenge Activity Dashboard](#)

NASA@work Challenges (20 of 20 total)

Search Challenges & Discussions: [Search](#) [Switch To Summary View](#)

SORT By: in FILTERS - By Status: By Tag:

Showing 20 out of 20 results

If and When Life Is Discovered on Mars, How Can We Determine If It is Truly Indigenous Mars Life?

Challenge Award: \$200 USD Challenge 429 Challenge Owner: Levine, Joel S. (LARC-E303) - [Edit This Challenge](#)

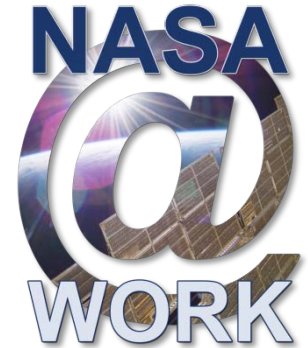
Proposals are requested for protocols that would increase the certainty that any life discovered during missions to Mars is indigenous to Mars and does not result from man's exploration of the planet surface ('Forward Contamination'). Input from biologists and experts in habitability and planetary protection is particularly welcome.

[Read Details](#) [Discuss Challenge](#)



NASA@work Successes

- Pilot conducted in 2010 and fully operational platform launched in 2012
- Connects 10 NASA centers and offers access to previously untapped expertise
- Enthusiastic response to new business model



Challenges (since Aug 2011)

- Number of Challenges: 27
- Winners to Date: 57
- Average Number of Posts per Challenge: ~36

NASA@work Community (as of July 2013)

- Solvers: 10,036
- Active Solvers: >500



Other HH&P Strategic Initiatives

- Rice Business Plan Competition
 - 42 MBA/technical student teams
 - Offered life science prize for earth/space benefits
 - 5 teams awarded since 2008
 - 2 teams have secured funding
 - Series A funding
 - USDA grant
- LAUNCH (NASA HQ)
 - Early stage technologies identified
 - Netra (MIT Media Lab)



Building upon Pilot Success: NASA HH&P and Agency Outcomes



The NASA Human Health and Performance Center (NHHPC)



A global convener of government, industry, academic, and non-profit organizations to advance human health and performance innovations to enable space exploration and benefit life on Earth

Engagement Activities

- Annual workshops
- Webcasts: Innovation Lecture Series and Member to Member Connects

130+ Member Organizations



➤ *Established Oct 2010*

- Website postings
- Quarterly NHHPC eNews
- Technical needs postings tied to existing Tech Watch process

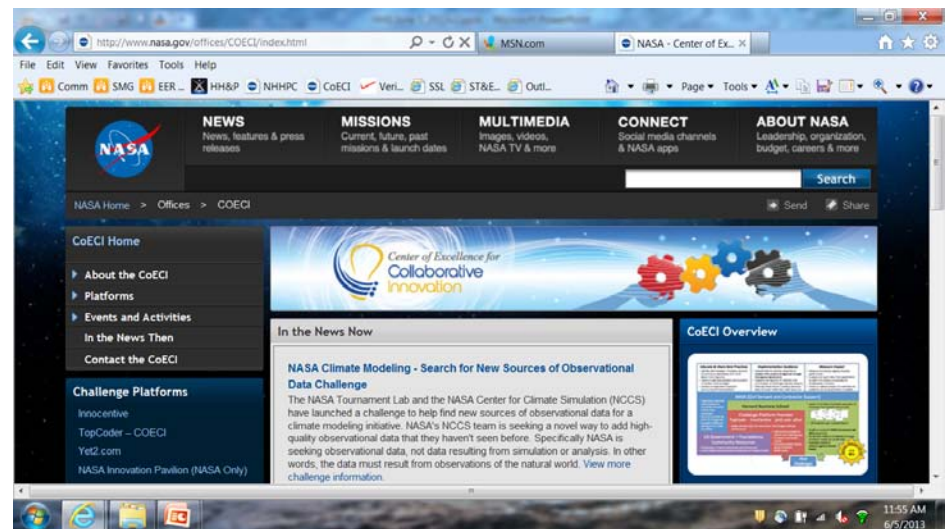


The NTL and CoECI

- Advancing open innovation in the federal government
- NASA Tournament Lab (NTL)
 - NASA Center of Excellence for Collaborative Innovation (CoECI)



➤ *Established 2010*



➤ *Established 2011*

Human Health and Performance
Exploring Space | Enhancing Life



Solution Mechanisms

Challenge	Solution Mechanisms	Outcomes	Results
-----------	---------------------	----------	---------

How to measure intracranial pressure (ICP) non-invasively



INNOCENTIVE
Potential \$15K Award



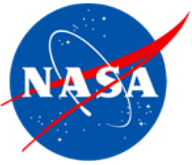
Top 3 NASA “winners” directed us to take a second look at developers we were already aware

638 Solutions Submitted
581 Rejected by InnoCentive
11 Rejected by NASA
46 Reviewed by NASA

81 Leads Identified
63 Rejected
High Interest Solutions: 3
Other Interesting Solutions: 5
Potential Complementary Technologies: 6

2 New Potential Solutions

2 New Potential Solutions

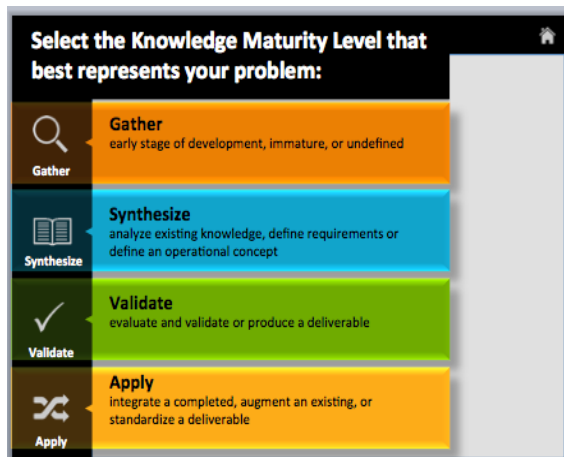
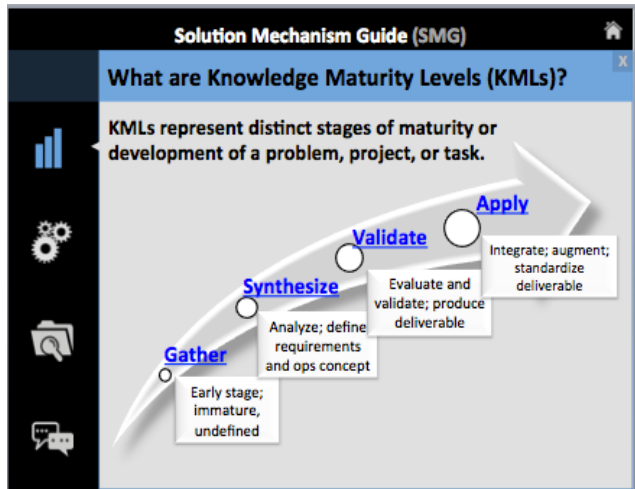


Building upon Pilot Success: Solution Mechanism Guidance (SMG) Tool





The Solution Mechanism Guide (SMG)



➤ *Creating a culture of innovation*

- A **project management** tool
 - educates users about options available
 - provides a guide to help subject matter experts decide which tool works best for each stage (TRL) of the project
- Includes **options** for traditional (grants, SBIRs) and new (open innovation) tools
- Results in the **most cost effective, efficient** mechanism to address HH&P gaps



Select the Knowledge Maturity Level that best represents your problem:



Gather

Gather

early stage of development, immature, or undefined



Synthesize

Synthesize

analyze existing knowledge, define requirements or define an operational concept



Validate

Validate

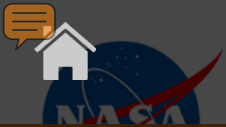
evaluate and validate or produce a deliverable



Apply

Apply

integrate a completed, augment an existing, or standardize a deliverable



Gather Knowledge

In order to identify the Solution Mechanisms that best fit your needs, please answer the following:



Gather



Synthesize



Validate



Apply

What are your time constraints?:

30 days 1 year

Don't filter by

What Deliverable(s) are you looking for?:

- Knowledge
- Countermeasure
- Technology
- Requirements & Standards
- Don't filter by

Amount of Resources you want to Allocate?:

Free \$1M+

Don't filter by

Submit



Gather Knowledge

NASA@work

Your first step will be to contact the POC listed; other pertinent information is provided below

NASA@work	
Point of Contact (POC):	Center of Excellence for Collaborative Innovation (CoECI) office – Kathryn Keeton (Wyle)
Duration of SM:	Prep: ~ 2-3 weeks Challenge Open/Active: ~ 4-6 weeks Evaluation: 2 weeks
Cost of SM:	Self-Serve: No cost Full-Serve: \$2400 (support provided by InnoCentive)
Time Investment:	Program Champion (time varies); Challenge Owner (time varies)
SM Metrics:	3 in prep, 3 active, 42 awarded as of 05/01/13
Repository:	CoECI website



Gather



Synthesize



Validate



Apply



Future HH&P Initiatives

- National Science Foundation Ideas Lab
 - Rapid, iterative proposal development
 - Joint NASA-NSF Workshop Nov. 6



- Marblar 
 - A crowd-sourcing platform seeking to repurpose “over-looked technologies” for new applications
 - MSFC has a contract for 40 challenges
 - Evaluating feasibility of NASA-RWJF-Marblar contest using the Intravenous Fluid Generation (IVGen) system which converts potable water into sterile fluid for injection