

1 Title

2 Ionizing Radiation Stimulates Expression of Pro-Osteoclastogenic Genes in Marrow and Skeletal

3 Tissue

4 Running Title: Ionizing Radiation and Skeletal Cytokine Gene Expression

5

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26

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28

29 Abstract

30 Exposure to ionizing radiation can cause rapid mineral loss and increase bone-resorbing  
31 osteoclasts within metabolically-active, cancellous-bone tissue leading to structural deficits. To  
32 better understand mechanisms involved in rapid, radiation-induced bone loss, we determined the  
33 influence of total-body irradiation on expression of select cytokines known both to stimulate  
34 osteoclastogenesis and contribute to inflammatory bone disease. Adult (16wk), male C57BL/6J  
35 mice were exposed to either 2Gy gamma rays ( $^{137}\text{Cs}$ , 0.8Gy/min) or heavy ions ( $^{56}\text{Fe}$ , 600MeV,  
36 0.50-1.1Gy/min); this dose corresponds to either a single fraction of radiotherapy (typical total  
37 dose is  $\geq 10\text{Gy}$ ) or accumulates over long-duration, interplanetary missions. Serum, marrow, and  
38 mineralized tissue were harvested 4hrs-7d later. Gamma irradiation caused a prompt (2.6-fold  
39 within 4hrs) and persistent (peaking at 4.1-fold within 1d) rise in the expression of the obligate  
40 osteoclastogenic cytokine, receptor activator of nuclear factor kappaB-ligand (*Rankl*) within  
41 marrow cells over controls. Similarly, *Rankl* expression peaked in marrow cells within 3d of iron  
42 exposure (9.2-fold). Changes in *Rankl* expression induced by gamma irradiation preceded and  
43 overlapped with a rise in expression of other pro-osteoclastic cytokines in marrow (e.g.,  
44 monocyte chemoattractant protein-1 increased 11.9-fold, tumor necrosis factor-alpha increased 1.7-  
45 fold over controls). Marrow expression of the RANKL decoy receptor, osteoprotegerin (*Opg*),  
46 also rose after irradiation (11.3-fold). The ratio *Rankl/Opg* in marrow was increased 1.8-fold, a  
47 net pro-resorption balance. As expected, radiation increased a serum marker of resorption  
48 (tartrate resistant acid phosphatase) and led to cancellous bone loss (16% decrease in bone  
49 volume/total volume) through reduced trabecular struts. We conclude that total-body irradiation  
50 (gamma or heavy-ion) caused temporal, concerted regulation of gene expression within marrow  
51 and mineralized tissue for select cytokines which are responsible for osteoclastogenesis and

52 elevated resorption; this is likely to account for rapid and progressive deterioration of cancellous  
53 microarchitecture following exposure to ionizing radiation.

54

55

56 Introduction

57           During spaceflight beyond the Earth's protective magnetosphere, astronauts are exposed  
58 to a complex mixture of ionizing radiation (Durante and Cucinotta 2011), including low linear-  
59 energy-transfer (LET) gamma-rays and protons, as well as more damaging high-LET radiation.  
60 Exposure to simulated space radiation is characterized by relatively low doses ( $\leq 2$ Gy) of ion  
61 species due to Solar Particle Events (SPEs) (Parsons and Townsend 2000), (Shurshakov and  
62 others 1999) or galactic cosmic rays (Hassler and others 2014; Zeitlin and others 2013).  
63 Simulated space radiation at these doses can cause acute and adverse effects within the skeletal  
64 tissue of the rodent (Hamilton and others 2006), (Kondo and others 2010), (Yumoto and others  
65 2010), (Alwood and others 2010), (Lloyd and others 2012). Doses in the range of 1-2 Gy also are  
66 relevant to radiotherapy; total therapeutic doses can vary, but total body doses of 10-15 Gy  
67 typically are fractionated into single doses of  $\sim 2$ Gy which ultimately can lead to increased  
68 fracture incidence (Baxter and others 2005). Radiation exposure, in particular, to high-LET  
69 particles, may exacerbate the deleterious effects of musculoskeletal disuse (Keyak and others  
70 2009; Lang and others 2004; Lang and others 2006; LeBlanc and others 2000), which occurs  
71 during prolonged bed rest or spaceflight.

72           Bone-resorbing osteoclasts are thought to cause the rapid (Kondo and others 2009),  
73 (Willey and others 2010), (Turner and others 2013), (Alwood and others 2012) cancellous strut  
74 losses following simulated space-irradiation ( $\leq 2$ Gy). Radiation increases the numbers of  
75 osteoclasts and the extent of cancellous surfaces covered by osteoclasts. However, the role that  
76 receptor activator of nuclear factor kappa-B ligand (RANKL), the principal osteoclastogenic  
77 cytokine, plays in concert with other pro-osteoclastic inflammatory cytokines (Takayanagi 2007),  
78 (Boyce and Xing 2008), (Kim and others 2006) is not fully understood with respect to the

79 rapidity of cancellous bone loss (Kondo and others 2009). Therefore, we examined the temporal  
80 expression within both marrow and mineralized tissue of *Rankl* and select pro-osteoclastogenic  
81 cytokines implicated in various models of inflammatory bone loss (Braun and Schett 2012),  
82 following low- and high-LET space-like radiation exposure.

83 We hypothesized that radiation exposure induces expression of pro-osteoclastogenic  
84 genes related to inflammation within both marrow and mineralized tissue compartments,  
85 increases markers of bone resorption, and is likely to contribute to later cancellous bone loss.  
86 This work shows an acute and time-dependent elevation of *Rankl*, osteoprotegerin (*Opg*),  
87 monocyte chemotactic protein-1 (*Mcp1*), and tumor necrosis factor alpha (*Tnf*) gene expression  
88 in the marrow and skeletal compartments due to low- or high-LET irradiation; these changes  
89 precede (before 3 days) manifestation of bone loss (3-7 days) following iron irradiation at a dose  
90 relevant to fractionated radiotherapy or space missions.

91

## 92 Materials and Methods

### 93 *Animals*

94 Post-pubescent (16 weeks  $\pm$  4 days at time of irradiation), male, C57BL/6J mice (Jackson  
95 Labs) were individually housed and provided food (LabDiet 5001, St. Louis, MO) and water *ad*  
96 *libitum*, as described elsewhere (Yumoto and others 2010). Animals were euthanized by CO<sub>2</sub>  
97 inhalation or anesthetized with isoflurane followed by blood draw via cardiac puncture. The  
98 Institutional Animal Care and Use Committees for NASA Ames Research Center and  
99 Brookhaven National Lab approved all procedures.

100

### 101 *Experiment Design and Radiation Exposure*

102 Experiments were conducted to determine the temporal changes in the levels of key  
103 genes and circulating proteins related to bone resorption in the latency period prior to the onset  
104 of overt structural loss. To evaluate heavy-ion effects, conscious mice were exposed to high-LET  
105 iron ions ( $^{56}\text{Fe}$ , 600 MeV/ion, 5cGy or 2Gy, 5 or 0.50 - 1.10 Gy/min, respectively) at the NASA  
106 Space Radiation Lab, Brookhaven National Lab or were sham-irradiated as previously described  
107 (n=6-8/group). Mice were euthanized and tissues harvested 3 or 7 days after exposure. To  
108 evaluate gamma radiation effects, conscious mice were irradiated with low-LET  $^{137}\text{Cs}$  gamma  
109 rays (2Gy, 0.80 Gy/min, as described in detail in (Kondo and others 2010)), or were sham-  
110 irradiated. Euthanasia and tissue harvest took place 4 hours or 1 day ( $\pm$  2 hours), 3 days, or 7  
111 days after exposure (n=5-7/group).

112

### 113 *Bone Microarchitecture*

114 Bone volume and microarchitecture of the proximal tibial metaphysis were quantified by  
115 microcomputed tomography (6.8  $\mu\text{m}$  pixel size, 3500 ms integration time, 50 kV, Skyscan 1174,  
116 Bruker microCT, Kontich, Belgium), similar to (Kondo and others 2009). Briefly, a 1.0 mm–  
117 thick region located 0.24 mm distal to the proximal growth plate of the tibia was selected and  
118 semi-autonomously contoured to include cancellous tissue. To assess bone loss, the bone volume  
119 to total volume fraction (BV/TV, %), trabecular thickness (mm), and trabecular number (TbN,  
120 1/mm) were calculated and reported following the convention of Bouxsein, et al (Bouxsein and  
121 others 2010).

122

### 123 *qRT-PCR for Gene Expression within Marrow and Skeletal Tissue*

124 Femora and tibiae were dissected, cleaned of soft tissues, flushed of bone marrow with  
125 PBS, and stored in RNALater (Qiagen, Valencia, CA) at -80C. Bone marrow cells were lysed  
126 and preserved with guanidine-thiocyanate-containing RLT buffer (Qiagen, Valencia, CA) with  
127 1% beta-mercaptoethanol at -80C. RNA was extracted from homogenized bone or marrow  
128 lysates using Trizol (Ambion, Carlsbad, CA, USA), QIAshredder, and RNeasy mini kit (Qiagen,  
129 Inc., Valencia, CA, USA). For each tissue, RNA was treated with RNase-free DNase Set (Qiagen,  
130 Inc., Valencia, CA, USA) in accordance to manufacturer's instructions. RNA quality and  
131 quantity were determined using a spectrophotometer (NanoDrop, Wilmington, DE, USA). The  
132 RNA quality was confirmed by electrophoresis using the 2100 Bioanalyzer (Agilent  
133 Technologies, Santa Clara, CA, USA).

134 Following manufacturer's recommendations, RNA was reversed transcribed and  
135 simultaneously used for qPCR using GoTaq® Probe 1-Step RT-qPCR System (Promega,  
136 Madison, WI, USA). Portions of the following mouse gene sequences were amplified using  
137 Taqman gene expression assays (Applied Biosystems, Inc., Foster City, CA, USA): receptor  
138 activator of nuclear factor kappa-B ligand (*Rankl*, assay ID: Mm00441906\_m1), Osteoprotegerin  
139 (*Opg*, assay ID: Mm01205928\_m1), Tumor necrosis factor alpha (*Tnf*, assay ID:  
140 Mm00443260\_g1), monocyte chemotactic protein-1 (*Mcp1*, assay ID: Mm00441242\_m1),  
141 interleukin-6 (*Il6*, assay ID Mm00446190\_m1), tartrate-resistant acid phosphatase (*Acp5*, assay  
142 ID: Mm00475698\_m1), cathepsin-K (*Ctk*, assay ID: Mm00484039\_m1), nuclear factor of  
143 activated T-cells, cytoplasmic 1 (*Nfatc1*, assay ID: Mm00479445\_m1), and colony stimulating  
144 factor 1 (*Csfl*, assay ID: Mm00432686\_m1). We standardized expression levels to mitochondrial  
145 ribosomal protein L19 (L19, assay ID: Mm02601633\_g1) to facilitate comparison among  
146 samples. Hypoxanthine-guanine phosphoribosyltransferase (*Hprt1*, assay ID: Mm01545399\_m1)

147 and transmembrane protein 40 (*Tmem40*, assay ID: Mm00460636\_m1) were analyzed as  
148 alternate housekeeping genes. The reactions were performed in the 7300 RT-PCR System  
149 (Applied Biosystems, Foster City, CA) or SmartCycler Real-Time PCR System (Cepheid,  
150 Sunnyvale, CA, USA).

151 We analyzed multiple candidate housekeeping genes for normalization, including *L19*,  
152 *Hprt1*, and *Tmem40*. Gamma radiation exposure did not modulate levels of the gene *L19* at the  
153 various time points, but transiently and modestly increased gene expression of *Hprt1* (-0.4 cycles,  
154 1.4-fold) and *Tmem40* (-1 cycle, 2.3 fold). Following iron irradiation, *L19* (as well as *Hprt1*)  
155 showed small increases in cycle number due to treatment (-0.4 cycles, 1.4 fold for *L19*). As these  
156 differences housekeeping genes were small relative to those of cytokine and resorption marker  
157 levels, gene expression results reported were normalized relative to *L19* for both gamma and iron  
158 irradiation experiments.

159

#### 160 *Serum TRACP 5b*

161 Blood was collected from the heart at the time of euthanasia and serum was separated and  
162 stored at -80°C until processed. Enzyme immunoassays were performed for measurement of  
163 tartrate-resistant acid phosphatase 5b (TRACP 5b), a biomarker for osteoclast-mediated bone  
164 resorption, using a commercial kit (Immunodiagnostic Systems, Fountain Hills, AZ) and  
165 according to the manufacturer protocol.

166

#### 167 *Statistics*

168 All data are reported as mean  $\pm$  standard deviation. To determine significant differences  
169 compared to sham-irradiated controls, a one-way analysis of variance (or t-test when only two



170 groups), or Welch's test with heteroscedastic data, was used, followed by Dunnett's post-hoc test,  
171 with  $p \leq 0.05$  accepted as significant.

172

## 173 Results

### 174 *Cancellous Microarchitecture Following Iron Irradiation*

175 To determine the extent of bone loss over the short term, mice were irradiated with  $^{56}\text{Fe}$   
176 ions (600 MeV) or were sham irradiated (0 Gy controls), then 7 days later bones were harvested  
177 and cancellous microarchitecture in the proximal tibia quantified *ex vivo* using 3D  
178 microcomputed tomography. Body weights of irradiated and control animals at the time of tissue  
179 harvest did not differ (data not shown). Consistent with previous results, irradiation with 2Gy  
180 reduced the ratio of bone volume to total volume (BV/TV) by 16% and trabecular number (TbN)  
181 by 15% compared to controls (Figure 1), but did not affect trabecular thickness (not shown). A  
182 lower dose of 5 cGy iron failed to elicit changes in bone structural parameters compared to  
183 control and is therefore below the threshold dose for causing bone loss (data not shown). These  
184 results validate the model of ionizing radiation-induced cancellous bone loss.

185

### 186 *Marrow Gene Expression Following Iron Irradiation*

187 To determine if irradiation regulates expression of various pro-osteoclastogenic genes,  
188 mRNA levels in bone marrow cell lysates were measured using quantitative real-time RT-PCR  
189 three days after high-LET iron irradiation and in sham-irradiated controls. Within 3 days of  
190 exposure, iron irradiation increased expression of the *Rankl* gene 9.2-fold compared to sham-  
191 irradiated controls (Figure 2). At this time point, transcripts of *Opg* and *Mcp1* were not detected  
192 in the marrow (data not shown). Radiation exposure did not alter *Tnf* expression (Figure 2). In

193 contrast, a lower dose of iron (5 cGy) did not elicit changes in gene expression (data not shown).  
194 These data demonstrated that high-LET particulate irradiation with 2 Gy elicited a pro-  
195 osteoclastogenic cytokine expression in the bone marrow.

196

#### 197 *Gene Expression of Skeletal Tissue Following Iron Irradiation*

198 To determine if ionizing radiation regulated expression of select genes related to  
199 osteoclastogenesis (*Rankl*, *Opg*) and osteoclast-mediated bone resorption (*Ctk*, *Acp5*) in cells of  
200 within the mineralized compartment of skeletal tissue, RNA was purified from bone after  
201 removal of the marrow (leaving predominantly osteocytes). Within 3 days, iron irradiation  
202 increased expression of *Rankl* by 1.9-fold, *Acp5* by 1.5-fold, and *Ctk* by 2.1–fold over sham  
203 controls, as shown in Figure 3. Expression levels of *Opg* did not change. The ratio of *Rankl/Opg*  
204 expression increased 2.8-fold, which provides a relative index that, on balance, cytokine levels  
205 favored increased bone resorption.

206

#### 207 *Marrow Gene Expression Following Gamma Irradiation*

208 To determine whether irradiation up-regulated osteoclastogenic and inflammatory genes,  
209 mRNA expression was measured in bone marrow at 4 hours or 1, 3, or 7 days after low-LET  
210 gamma irradiation and in sham-irradiated controls. Within 4 hours, 2Gy gamma-irradiation  
211 elevated *Rankl* in bone marrow 2.6-fold over the sham, whereas gene expression of *Opg* was  
212 undetectable regardless of treatment (data not shown). Subsequently, the expression of each gene  
213 of interest measured in bone marrow (*Rankl*, *Opg*, *Csf1*, *Nfatc1*, *Tnf*, *Mcp1*, and *Il6*) transiently  
214 increased within 1 day and subsequently declined towards sham-levels, see Figure 4. Expression  
215 of *Csf1*, and *Tnf* remained elevated through day 3 post-irradiation, while high *Rankl* expression

216 persisted through day 7 post-irradiation. At their peak, pro-osteoclastogenic genes *Rankl* and  
217 *Csfl*, and the osteoclast-related transcription factor *Nfatc1*, increased by 4.1-fold, 4.2-fold, and  
218 2.0-fold, respectively (Fig 4a, 4d, 4e); the *Rankl*-decoy receptor *Opg* increased by 11.3-fold (Fig  
219 4b); pro-inflammatory genes *Tnf*, *Mcp1*, and *Il6* increased by 1.7-fold, 11.9-fold, and 1.6-fold,  
220 respectively (Fig 4f, 4g, 4h) relative to controls. The ratio of *Rankl* / *Opg* increased by 1.8-fold at  
221 day 7 after irradiation (Fig 4c). These data show the temporal nature of cytokine regulation in the  
222 marrow following radiation exposure.

223

#### 224 *Gene Expression of Skeletal Tissue Following Gamma Irradiation*

225 Following gamma irradiation, mRNA levels of flushed femora was quantified at 3 and 7  
226 days after irradiation or sham using qRT-PCR normalized to the housekeeping gene, *L19*, as  
227 shown in Figure 5. Within 3 days, gamma radiation exposure up-regulated the expression of  
228 *Rankl* (2.3-fold), *Acp5* (2.2-fold) and *Ctk* (2.3-fold). Expression of *Tnf*, *Opg*, and the *Rankl/Opg*  
229 ratio was not changed (Figure 5). These data suggest embedded and/or lining cells contribute to  
230 osteoclast stimulation and provide gene expression evidence of increased resorption in the  
231 skeletal tissue.

232

#### 233 *Serum TRACP 5b Following Gamma Irradiation*

234 To determine if temporal changes in skeletal gene expression (Figure 3,5) coincide with  
235 changes in a protein biomarker of resorption, the circulating levels of osteoclast-specific TRACP  
236 5b were measured at 1, 3, and 7 days after gamma irradiation and in sham-controls. Gamma  
237 irradiation increased TRACP 5b serum levels by 34% on day 1 and 17% on day 3, compared to  
238 sham, with a subsequent gradual decline towards control levels by day 7 (data not shown). Thus,

239 circulating TRACP 5b levels showed a similar time course, though lower in magnitude,  
240 compared to skeletal gene expression for *Rankl* and other pro-osteoclastogenic cytokines.

241

## 242 Discussion

243 To better understand the mechanisms underlying radiation-induced stimulation of bone  
244 resorption, we investigated molecular signals within the latency period between radiation  
245 exposure and the manifestation of cancellous tissue loss. In summary, the results show that  
246 exposure to either gamma or heavy ion radiation up-regulates gene expression for the canonical,  
247 osteoclastogenic factor RANKL, as well as other pro-osteoclast cytokines (*Mcp1*, *Tnf*, *Il6*); this  
248 occurs in cells that reside in the marrow cavity and within mineralized tissue. Further, radiation-  
249 induced changes in cytokine expression are temporally related to changes in several indices of  
250 bone resorption, including gene expression (*Ctk*, *Acp5*, *Nfatc1*) and a serum biomarker  
251 (TRACP5b levels). Gene expression changes at the molecular scale (as early as 4 hrs or 1 day)  
252 precede measurable structural losses, which manifest here by day 7 after the 2 Gy iron exposure,  
253 although in some cases such as gamma irradiation and lower doses of iron, decrements in  
254 cancellous bone volume can be observed as early as 3 days after exposure (Kondo and others  
255 2009), (Yumoto and others 2010). A dose threshold was observed, as 5 cGy iron exposure failed  
256 to elicit changes in cytokine gene expression or cancellous bone structure (data not shown),  
257 providing additional indirect evidence in support of the hypothesis that early induction of  
258 osteoclastogenic cytokine gene expression by biologically effective doses of radiation leads to  
259 cancellous bone loss.

260 Together, the results demonstrate radiation-induced structural changes are associated with a  
261 marrow environment favoring osteoclast differentiation and stimulation by both RANKL and

262 other inflammation-related cytokines as follows. Radiation increased gene expression levels for  
263 pro-osteoclastogenic signaling molecules (*Csfl*, *Rankl*, *Tnf*), as well as anti-osteoclastogenic  
264 molecules (*Opg*), in the marrow and mineralized tissue of irradiated mice compared with sham-  
265 controls. Iron irradiation elevated the ratio of *Rankl/Opg* in both the marrow and skeletal tissue  
266 by day 3, while after gamma irradiation, the ratio was elevated in the marrow at 4 hours and then  
267 again at day 7. A rapid stimulation of RANKL in the marrow and bone compartment, potentially  
268 from haematopoietic-lineage cells (Pacifci 2012), (Fumoto and others 2014), (Pacifci 2010) or  
269 stromal-lineage cells (Suda and others 1999),(Boyle and others 2003), after irradiation is  
270 consistent with studies that used radio-therapeutic doses and regimens. In young mice, a single  
271 dose of 5 or 10 Gy increased *Rankl/Opg* in whole femora within 3 days (Han and others 2014).  
272 Using mice deficient in the global anti-oxidant transcription factor Nrf2, radiation exposure at  
273 high dose (20Gy) increased RNA expression for *Rankl* in cultured osteoblasts grown *ex vivo*, but  
274 this was not observed in cells from wild-type mice (Rana and others 2012). These findings  
275 suggest Nrf2-mediated regulation of antioxidant expression may dampen bone resorption  
276 responses to radiation. Further, when a macrophage cell line (RAW264.7) capable of  
277 differentiating into osteoclast-like cells after RANKL treatment is exposed to ionizing radiation  
278 (2 Gy gamma), gene expression levels rise for  *$\beta 3$  integrin*, an adhesion receptor that is important  
279 for osteoclast differentiation, as well as receptor activator of nuclear factor kappa-B (RANK), the  
280 receptor for RANKL on osteoclasts (Yang and others 2012). In other *in vitro* work, irradiation at  
281 2 or 4 Gy up-regulates *Rankl* in differentiated, MC3T3-E1 osteoblast-like cells (Yang and others  
282 2013). Our work is the first to demonstrate the time course of changes in osteoclastogenic gene  
283 expression following 2Gy exposure (both low- and high-LET) with subsequent bone loss, and  
284 within the upper range of space-relevant doses and types of radiation.

285 Ionizing radiation also increased expression of pro-inflammatory, osteoclastogenic ligands  
286 *Mcp1*, *Tnf* and *Il6*, which are all factors generally thought to stimulate osteoclast activity  
287 (Takayanagi 2007) in the presence of RANKL (Kostenuik and Shalhoub 2001), (Yu and others  
288 2004), (Kim and others 2005), (Sul and others 2012), (Kim and others 2006), (Liu and others  
289 2013). In some reports, TNF may act independently of RANKL to stimulate osteoclastogenesis  
290 (Kobayashi and others 2000). Our results are consistent with other work showing that *in vivo*  
291 exposure to ionizing radiation leads to rapid, complex, and interrelated sequence of signals  
292 constituting an immune-related, cytokine response in bone marrow (Willey and others  
293 2011),(Schaue and others 2012; Schaue and McBride 2010), (Buchwald and Aurora 2013). At  
294 very high dose (10Gy), which is sufficient to ablate the bone marrow of haematopoietic cells,  
295 radiation causes bone loss related to elevated fractalkine expression by vascular endothelial cells,  
296 inflammatory cytokines *Tnf*, interleukin 1 beta, and interferon gamma, and recruitment of pre-  
297 osteoclasts (CD11b) (Han and others 2014). Additionally, the time course of cytokine and  
298 resorption-related gene expression shown in this study coincides with that of marrow cell death  
299 and repopulation (Kondo and others 2010), (Otsuka and others 2008), suggesting a possible  
300 relationship between an expanded population of marrow macrophages clearing apoptotic cells  
301 and debris after irradiation, the differentiation of macrophages into osteoclasts, and increased  
302 resorption activity.

303 Taken together, these data lead us to propose a three-stage process for radiation-induced  
304 osteoclastogenesis: first, radiation-induced gene expression of inflammatory cytokines lead to  
305 enrichment of the marrow with osteoclast precursors (monocyte-macrophage, myeloid lineage  
306 cells); second, the marrow and skeletal microenvironment drives osteoclast differentiation; and,  
307 third, inflammatory signals co-stimulate differentiating and mature osteoclasts.

308 As a functional measure of active osteoclasts, we provide evidence that 2Gy gamma  
309 irradiation elevates circulating levels of osteoclast-specific TRACP 5b protein, indicative of  
310 increased bone resorption. In our work, the radiation-induced elevation in serum TRACP 5b  
311 returned to control levels by day 7 following exposure, These results are consistent with those  
312 reported by Willey et al. showing that X-irradiation (2Gy) of female mice increases circulating  
313 TRACP 5b levels 1, 3, and 7 days after irradiation (Willey and others 2011), (Willey and others  
314 2010).

315 Radiation-induced decrements in cancellous tissue observed in these experiments were  
316 consistent with our previous results. Acute cancellous bone loss temporally manifests on day 3 at  
317 a dose as low as 10 cGy iron (Yumoto and others 2010). Persistent structural decrements (lasting  
318 >1 week) manifest at doses above ~50 cGy iron (Yumoto and others 2010) and 1 Gy gamma  
319 exposure (Hamilton and others 2006), (Kondo and others 2010) before being overtaken, in the  
320 case of gamma irradiation, by age-related bone loss (Alwood and others 2012). Taken together,  
321 given the observed time course of skeletal gene expression and serum resorption markers, we  
322 conclude the structural deficits arose from a spike in osteoclastogenic cytokine expression that  
323 follows exposure to ionizing radiation (Kondo and others 2009),(Willey and others 2010).

324 Limitations of this work include the dose rate used to model space radiation. It is an open  
325 question whether lower dose rate exposures that constitute true space radiation stimulate  
326 osteoclasts and bone loss to the same extent as the exposures used here. In addition, other  
327 signaling molecules, including various other cytokines not studied here, are likely also to play a  
328 role in regulating bone resorption after challenge with ionizing radiation.

329 In conclusion, an improved understanding of the molecular response to radiation  
330 exposure may aid the development of biological treatments to mitigate potentially deleterious  
331 skeletal consequences during space flight.

332  
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341  
342 Figure Legends

343  
344 Figure 1

345 2 Gy iron irradiation caused acute bone loss in the tibial metaphysis by 7 days via removal of  
346 trabecular struts. A) Bone volume fraction (BV/TV) and B) trabecular number (TbN). Data are  
347 mean  $\pm$  SD, with \* denoting  $p < 0.05$  vs. sham.

348  
349 Figure 2

350 2 Gy iron irradiation effects on cytokine gene expression in tibial marrow cells on day 3.  
351 Radiation exposure increased the gene expression levels of A) *Rankl*. Gene expression levels of  
352 B) *Tnf* were unchanged. Data are mean  $\pm$  SD, with \*\* denoting  $p < 0.01$  vs. sham.



353

354 Figure 3

355 2 Gy iron irradiation effects on gene expression in mineralized tibial tissue (marrow flushed) by  
356 day 3. Comparison of expression levels of A) *Rankl*, B) *Opg*, C) *Rankl / Opg*, D) *Acp5*, and E)  
357 *Ctk* genes after iron irradiation compared to controls. Data are mean  $\pm$  SD, with \*\* denoting  
358  $p < 0.01$  vs. sham.

359

360 Figure 4

361 2 Gy gamma radiation regulated expression of pro-osteoclastic and resorption-related genes in  
362 pooled tibial and femoral marrow and lining cells. Time course (+1, +3, and +7 days post-  
363 irradiation) for the following genes compared to sham control: A) *Rankl*, B) *Opg*, C) *Rankl/Opg*,  
364 D) *Csf1*, E) *Nfatc1*, F) *TNF*, G) *Mcp1*, and H) *Il6*. Data are mean  $\pm$  SD, with \* denoting  $p < 0.05$   
365 and \*\* $p < 0.01$  vs. sham.

366

367 Figure 5

368 2 Gy gamma irradiation regulated gene expression in flushed femoral and tibial tissue by day 3.  
369 Comparison of expression levels of A) *Rankl*, B) *Opg*, C) *Rankl/Opg*, D) *Acp5*, E) *Ctk*, and F)  
370 *Tnf*, genes after iron irradiation compared to controls. Data are mean  $\pm$  SD, with \* denoting  
371  $p < 0.05$  and \*\* denoting  $p < 0.01$  vs. sham.

372

373

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Figure 1

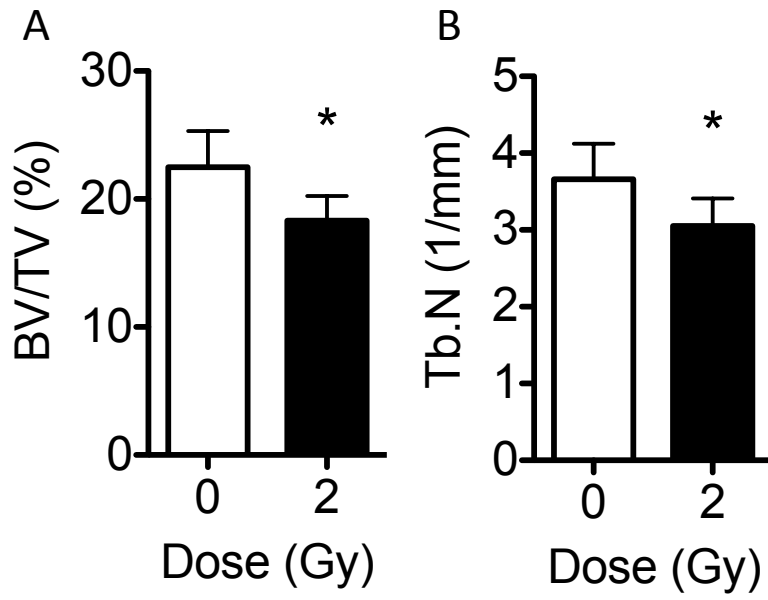


Figure 2

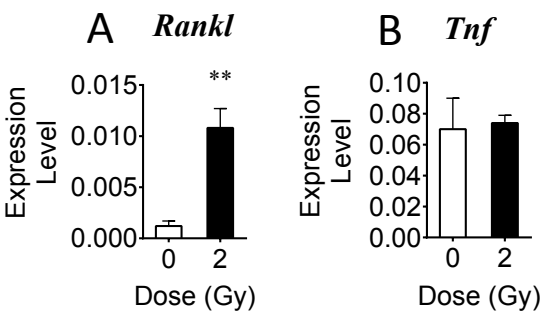
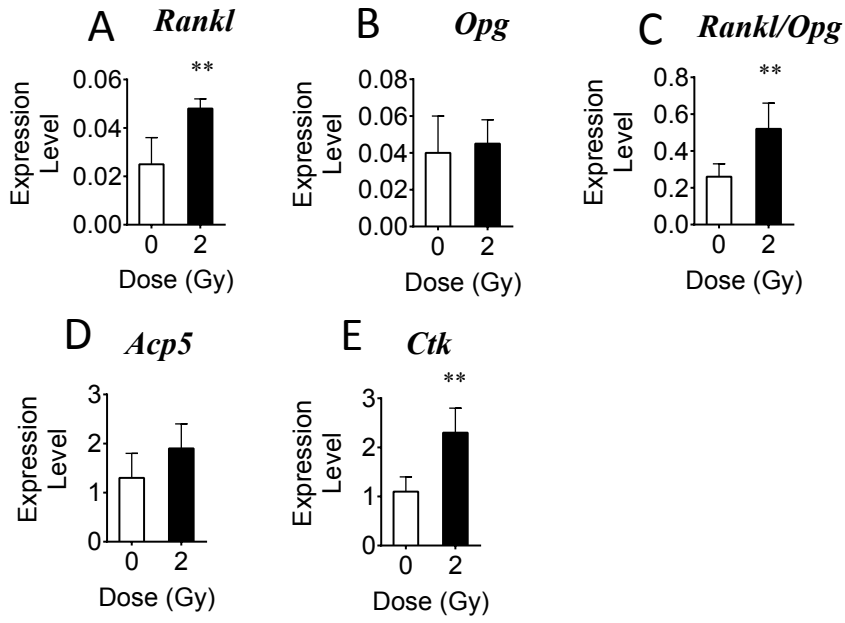


Figure 3



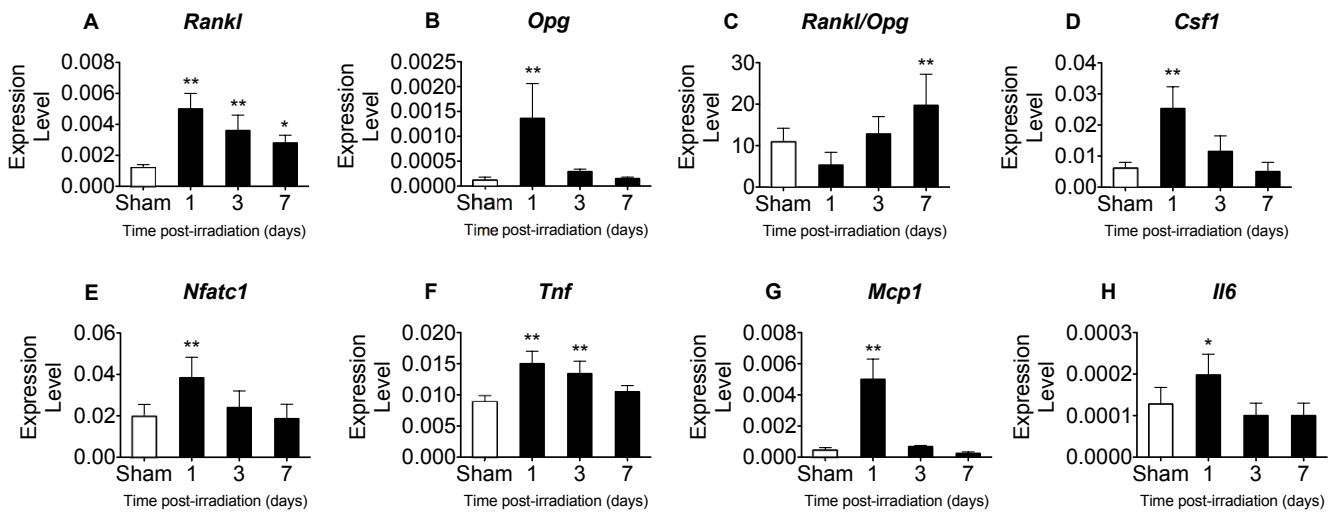


Figure 4



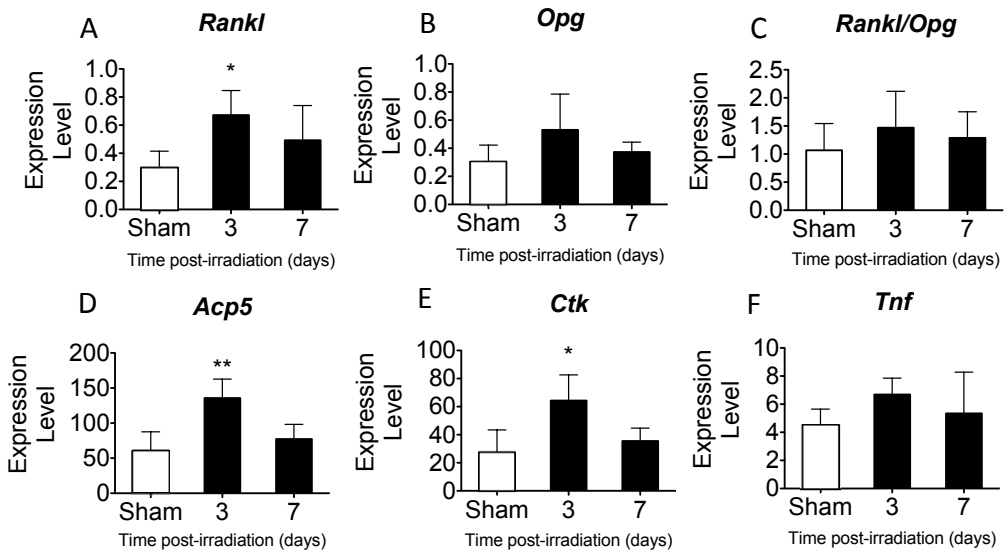


Figure 5