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2014-09

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Polar Biology, v. 37, p.483-486, 2014

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Characterization of sources and temporal variation in the organic matter input indicated by *n*-alkanols and sterols in sediment cores from Admiralty Bay, King George Island, Antarctica

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Received: 26 June 2013 / Revised: 27 December 2013 / Accepted: 31 December 2013 / Published online: 19 January 2014
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Abstract The Antarctic continent is one of the most protected areas on the planet, but is dynamically responding to environmental change on a global scale. Change in the air temperature may affect the organic matter production in the area. Biomarkers such as sterols, *n*-alkanols and phytol in three sediment cores from Admiralty Bay, Antarctica, were determined to identify the type of organic matter, variation in input and possible relationship with general temperature changes over the past decades. The concentrations ranged from 0.91 to 13.99 $\mu\text{g g}^{-1}$ (dry weight) of total sterols, 0.20–2.14 $\mu\text{g g}^{-1}$ of total *n*-alkanols and 0.13–2.38 $\mu\text{g g}^{-1}$ of phytol. Cholest-5-en-3 β -ol was the most abundant sterol. The fecal sterols, 5 β -cholestan-3 β -ol and 5 β -cholestan-3 α -ol, occurred at low concentration (<0.01–0.15 $\mu\text{g g}^{-1}$), below the baseline values for this region. The lower carbon chain *n*-alkanols were more abundant, which suggested that algae, bacteria and zooplankton were the primary sources of the sedimentary organic matter. Phytol exhibited little variation across all of

the cores, which appears to be the result of degradation. Variation in the concentration of compounds in one core was compared with the variation in mean air temperature (MAT) over time; this preliminary association showed a tendency toward increased concentration during the period in which the MAT was more elevated.

Keywords Sterols · Sediments · Antarctica · Organic matter · *n*-Alkanols

Introduction

The Antarctic continent is one of the most protected areas on the planet and is composed of ecological systems and a cryosphere that are capable of dynamically responding to environmental changes on a global scale (Monien et al. 2011). The Antarctic Peninsula is one of the sites that are warming faster than others on the planet, and the increase in temperature has been attributed to the decline in sea ice area (Turner et al. 2005). Therefore, it is important to establish the local environmental characteristics and to determine how these characteristics have been altered over time in order to understand how the environment may respond to future scenarios.

Geochemical markers have been extensively used to characterize the distribution of sources of sedimentary organic matter in different environments and timescales because they can be assigned to a specific source and are preserved after deposition (Birgel et al. 2004; Castaneda et al. 2011).

n-Alkanols and sterols are markers present in the polar fraction of lipid extracts of marine sediments, and they are directly related to primary production (Hudson et al. 2001). They are essential for marine organisms because they

Electronic supplementary material The online version of this article (doi:10.1007/s00300-014-1445-6) contains supplementary material, which is available to authorized users.

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function as key components in the composition of cell membranes and the specific regulation of metabolic processes (Laureillard et al. 1997). They are used to distinguish marine and terrestrial organic matter (OM) sources through sediment, generally by the number of carbon atoms in the aliphatic chain, according to the potential source organisms (Volkman 1986; Burns and Brinkman 2011; Faux et al. 2011; Oliveira et al. 2013).

Sterols can be used to characterize the input of fecal (excrement) material through the use of 5β -cholestan- 3β -ol (coprostanol) and 5β -cholestan- 3α -ol (epicoprostanol), which are produced in the intestines of mammals, including humans, and animals that comprise the Antarctic fauna, such as seals and whales (Venkatesan et al. 1986; Martins et al. 2002).

Because specific groups of organisms synthesize different *n*-alkanols and sterols, it is possible to identify the sources of OM in the region. The very cold average temperatures, a strong seasonality, lack of higher plants and occurrence of specific fauna relate to environmental conditions that ensure a high degree of specificity between the sources of organic compounds (Laureillard et al. 1997).

Changes in water temperature in the Antarctic Ocean have affected the structure of the ecosystems and OM production in the platform regions of the Antarctic Peninsula and have resulted in a decline in the species that are codependent on ice and an increase in tolerant species (Ducklow et al. 2007). Considering the high susceptibility of the Antarctic region to recent environmental changes, the aim of this study was to identify variation in the input and type of OM deposited in sediments from Admiralty Bay through the determination of sterols and *n*-alkanols as indicators of environmental change.

Materials and methods

Study area

Admiralty Bay is on King George Island (Fig. 1) and is the largest fjord in the South Shetland Islands, with a total area of 131 km². It is formed by a main channel >500 m in depth that divides it into three main inlets (Martel, Mackellar and Ezcurra); each inlet houses a research station (Majewski and Tatur 2009). The Martel and Mackellar inlets constitute the northern part of the bay, and the Ezcurra inlet is located on the western portion (Fig. 1).

The predominance of strong winds from the west–southwest and north–northwest, along with the tide, drives the water circulation inside the bay (Majewski and Tatur 2009); this plays an important role in the transport of OM, nutrients and trace metals (Ribeiro et al. 2011) that may influence primary production (Lange et al. 2007).

According to Rakusa-Suszczewski (1980), the flow of freshwater to Admiralty Bay originates in the glaciers. The Arctowski, Warzawa and Krakow ice fields are located around the bay, and many tidewater glaciers are distributed (Fig. 1) along the coastline (Braun and Gossmann 2002). The sedimentation is affected by melting and dispersed by the local circulation, carrying nutrients and decreasing the salinity of the water (Lange et al. 2007).

The presence of plants and animals, such as moss, algae, fungi, lichens, birds and aquatic mammals (Pinnipedia), represents a significant source of different classes of biomarkers. Specifically, marine mammals and birds contribute significantly to the baseline level of fecal sterols (5β -cholestan- 3β -ol and 5β -cholestan- 3α -ol) and cholest-5-en- 3β -ol, respectively, and are the primary sources of these compounds in the Antarctic environment (Venkatesan and Santiago 1989).

Sampling

Three cores were collected between the austral summer of 2006–2007 and 2009–2010, one in each inlet of Admiralty Bay [Ferraz (FER), Barrel Point (BAR) and Refuge II (REF)] (Fig. 1). They were obtained using a box corer with a capacity to collect up to 50 cm of sediment. Aluminum tubes (25 mm diameter) were used to collect the samples, and the sediment columns were subsampled in 1-cm sections (except REF, for which the sections were 2 cm). The samples were placed in pre-cleaned aluminum foil at -20 °C. In the laboratory, the sediments were freeze-dried and were carefully homogenized in a mortar, sieved through a stainless steel mesh (250 μ m) and stored in glass bottles until extraction.

Laboratory procedure

The analytical method was described by Readman et al. (1986) and Martins et al. (2011) with modifications for obtaining fraction three, which corresponds to *n*-alkanols and sterols. For analysis, 20 g of each sample was Soxhlet extracted (8 h) with 80 mL of 1:1 (v/v) *n*-hexane/dichloromethane (DCM) and 100 μ L of a standard solution of 5α -androstanol (98 % purity, Sigma Aldrich) (20 ng μ L⁻¹). Copper, previously treated with HCl 2 mol L⁻¹, was added to the extraction solvent.

After this step, the concentrated samples were collected and the lipids were purified and fractionated using 5 % deactivated silica (silica gel 60, 0.063–0.200 mm) and alumina (aluminum oxide 90 active, 0.063–0.200 mm) column chromatography. The samples were eluted with 10 mL of *n*-hexane for the first fraction (aliphatic hydrocarbons—not analyzed), 15 mL of 7:3 (v/v) *n*-hexane/DCM for the second fraction (aromatic hydrocarbons—not

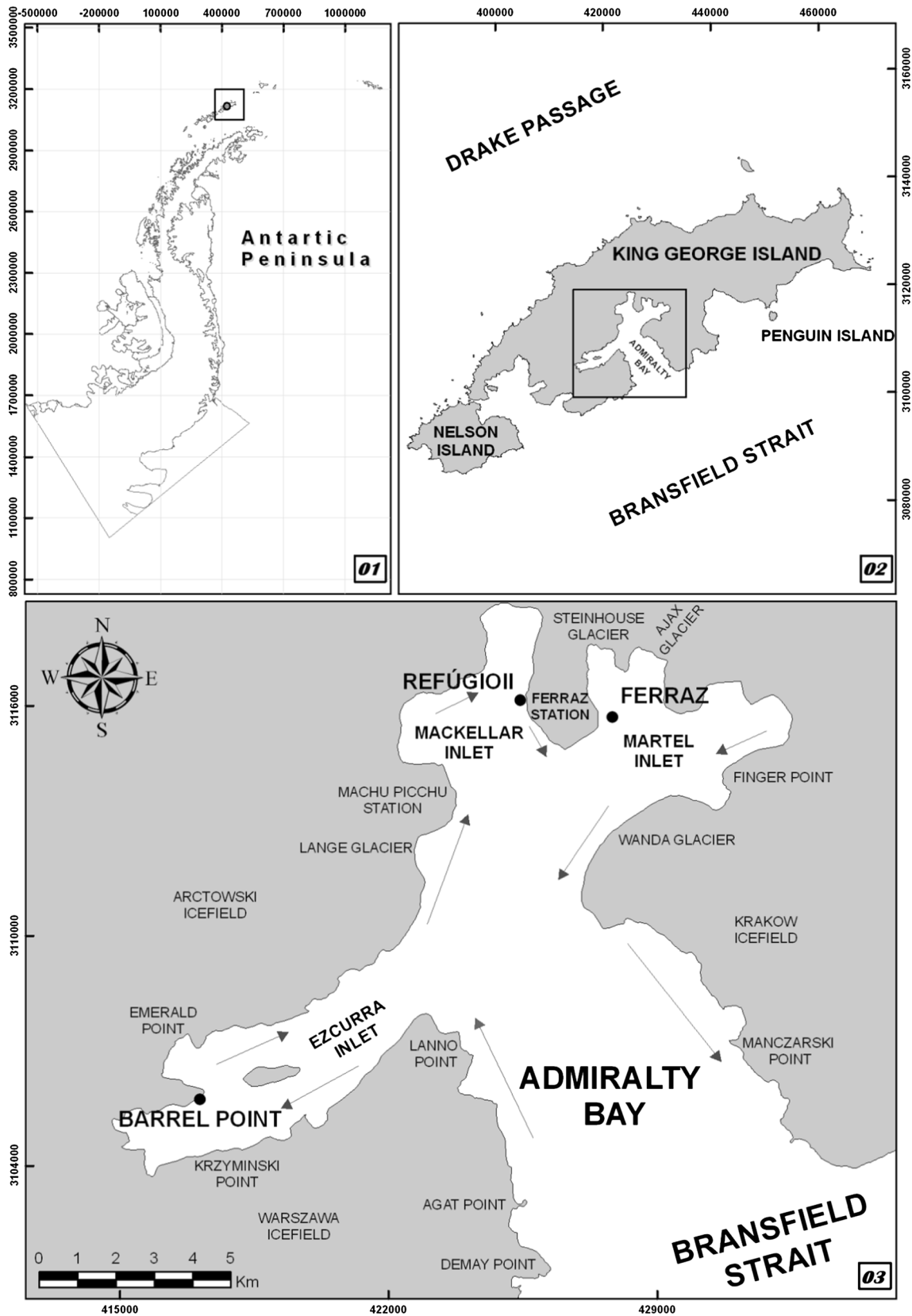


Fig. 1 Map of the studied region with three sampling points in Admiralty Bay. The *arrows* indicate the direction of circulation within the Bay (Rakusa-Suszczewski 1980). The UTM coordinates are related to zone 21

analyzed) and 5 mL of 1:9 (v/v) ethanol/DCM followed by 20 mL ethanol for the third fraction (*n*-alkanols and sterols). The third fraction was then derivatized (90 min in a water bath at ca. 70 °C) by adding 40 µL of 99:1 (v/v) BSTFA/TMCS (*N,O*-bis(trimethylsilyl)trifluoroacetamide)/trimethylchlorosilane).

Instrumental analysis

The instrumental analysis has been described by Montone et al. (2010) and was performed by Agilent 7890A (Agilent Technologies, Palo Alto, CA, USA) gas chromatography (GC) equipped with a flame ionization detector (FID) and a Agilent HP-5 column (50.0 m × 0.32 mm i.d. × 0.17 µm film thickness). The injector and detector temperatures were 300 and 325 °C, respectively. The GC oven heating program was 40–240 °C at 10 °C min⁻¹, then to 245 °C at 0.25 °C min⁻¹, and then to 300 °C at 10 °C min⁻¹ (held 9.5 min). Samples (1 µL) were injected in the split mode using H₂ as carrier gas. The flow rates to the detector was 30 mL min⁻¹ for H₂, 350 mL min⁻¹ for synthetic air and 30 mL min⁻¹ for N₂ (make up).

Calibration curves for the compounds were created using external standard solutions of *n*-alkanols [*n*-C_xOH (*x* = 13–30)] and sterols (5β-cholestan-3β-ol, 5β-cholestan-3α-ol, cholest-5-en-3β-ol, 5α-cholestan-3β-ol, 24-methylcholest-5-en-3β-ol, 24-ethylcholesta-5,22E-dien-3β-ol, 24-methylcholesta-5,22E-dien-3β-ol, 24-ethylcholest-5-en-3β-ol and 24-ethylcholestan-3β-ol) at a concentration ranging from 0.25 to 20.0 ng µL⁻¹. All components had a Pearson's linear correlation index that was equal to or greater than 99.5 % (*r*² 0.995); this criterion was used for acceptability. All standards used were purchased at Sigma Aldrich, with purity between 94 and 98 %, except 24-methylcholest-5-en-3β-ol (~65 % purity).

HP Chemstation software (G2070BA) was used for quantification and for determining the response factor of each compound in the standard solutions. Component assignment was performed by comparing the retention times of the peaks with those of the external standards. For quantification, peak area was multiplied by the response factor for each compound present in the calibration curve, in relation to the ratio of the mass/area of the pattern of the standard added to each sample at the beginning of each extraction.

Quality control

After every 20 samples, a blank sample was extracted to assess the external contamination during analysis. The only peak observed in the blank samples corresponded to *n*-C₂₀OH retention time and was identified using gas

chromatography–mass spectrometry (GC–MS) to be a phthalate, so *n*-C₂₀OH was excluded from further discussion.

The recovery of the surrogate standard ranged from 63.7 to 186.6 %, with a mean of 119.2 ± 4.8 % for the *n*-alkanols and sterols; only 14 % of the samples had a recovery outside the acceptable range (60–140 %). Sediment and blank samples were spiked with a mixture of *n*-alkanol and sterol standards, and the recovery was 52.3–66.7 % (mean 53.1 ± 5.2 %) and between 42.9 and 140.8 % (mean 95.2 ± 29.5 %), respectively.

The detection limit (DL) was defined as three times the standard deviation of five samples spiked with the external standards (Wade and Cantillo 1994) and ranged from 0.002 to 0.006 µg g⁻¹, with an average of 0.005 µg g⁻¹ for the sterols; and it ranged between 0.011 and 0.020 µg g⁻¹, with an average of 0.017 µg g⁻¹ for the *n*-alkanols. The concentration for the reference material IAEA-408 revealed that 80 % of the sterols were within the range of acceptable values (85–115 % of set value). A precision test was performed by analyzing five replicates of the same sample and exhibited less than 20 % of variability for the sterols and *n*-alkanols.

Estimated date of core sections

For estimating the sedimentation rate, what was determined in previous studies (Martins et al. 2010a, 2014; Ribeiro et al. 2011), sediment samples (20 g) were counted for 90,000–120,000 s using a hyper-pure Ge detector (model GEM60190 by EGG&ORTEC) with a 1.9 keV resolution for the 1,332.40 keV ⁶⁰Co peak. Cesium-137 activity was assayed by means of its peak at 661 keV. The detailed method (calibration, detector counting efficiency and errors) was fully described in Martins et al. (2010b). International Atomic Energy Agency (IAEA) reference materials were employed to determine the detector counting efficiency in the radionuclide photopeak region. The estimated age for each section of the cores was based on the maximum activity of ¹³⁷Cs, corresponding to 1963–1965, the period of maximum fallout in the southern Hemisphere due to atmospheric nuclear weapons testing (Abril 2003). The sediment thickness between the depth of maximum ¹³⁷Cs activity and the core top was used to estimate the mean sedimentation rate for this period.

The sedimentation rate was as follows: 0.35 ± 0.03 cm year⁻¹ for FER, 0.25 ± 0.01 cm year⁻¹ for REF (Crepin Point) and 0.33 ± 0.01 cm year⁻¹ for BAR, and consistent with mean sedimentation rate estimated by the diffusion–convection model presented by Ferreira et al. (2013). In addition, Yoon et al. (2000) found a mean sedimentation rate of 0.23 cm year⁻¹ (since 1200 cal. year BP)

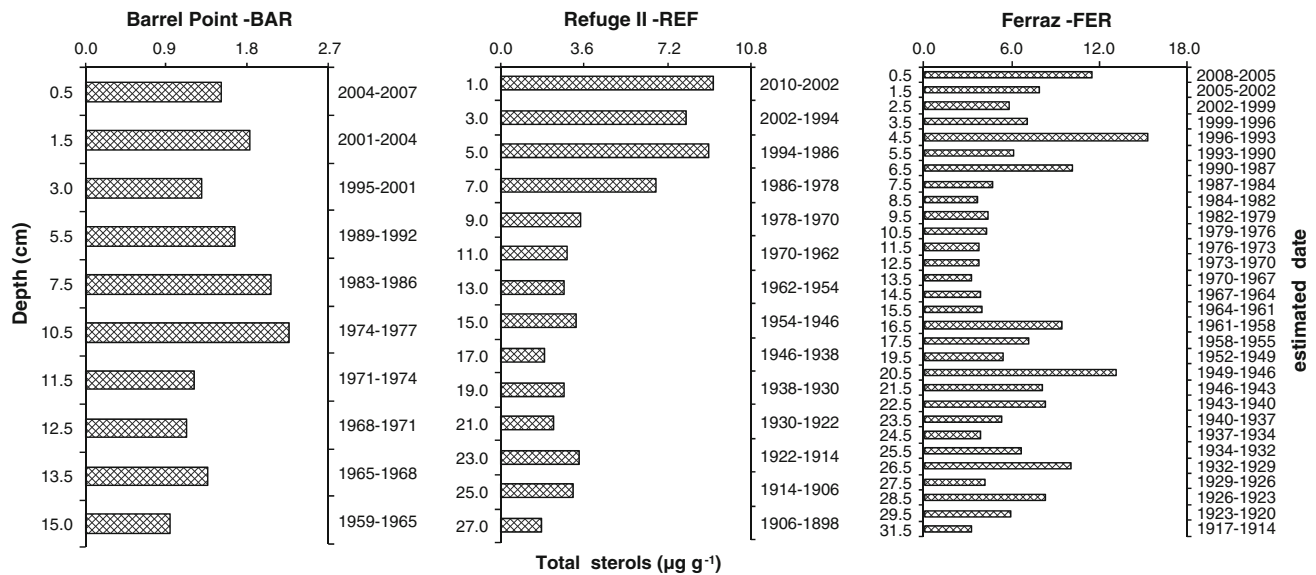


Fig. 2 Vertical profile of the concentration of total sterols (in $\mu\text{g g}^{-1}$) in the studied samples from Admiralty Bay, Antarctica

from ^{14}C -dating, relatively close to our data. Based on these values above sedimentation rates, the estimated date for each section of the three cores was calculated using the following equation:

$$\text{Estimated date} = a - (b/c)$$

where “estimated date” refers to the year of the section, “*a*” is the year in which the core was collected, “*b*” depth of the section in the core and “*c*” the sedimentation rate of each core.

Results and discussion

Concentration and source of sterols

In total, 15 sterols were identified including (1) C_{27} -sterols: cholest-5,22E-dien-3 β -ol ($27\Delta^{5,22E}$), 5 α -cholesta-22E-en-3 β -ol ($27\Delta^{22E}$), cholest-5en-3 β -ol ($27\Delta^5$), 5 α -cholestan-3 β -ol ($27\Delta^0$); (2) C_{28} -sterols: 24-methylcholest-5,22E-dien-3 β -ol ($28\Delta^{5,22E}$), 24-methyl-5 α -cholestan-22E-en-3 β -ol ($28\Delta^{22E}$), 24-methylcholest-5-en-3 β -ol ($28\Delta^5$), 24-methyl-5 α -cholestan-3 β -ol ($28\Delta^0$); (3) C_{29} -sterols: 24-ethylcholest-5,22E-dien-3 β -ol ($29\Delta^{5,22E}$), 24-methyl-5 α -cholestan-22E-en-3 β -ol ($29\Delta^{22E}$), 24-ethylcholest-5-en-3 β -ol ($29\Delta^5$), 24-ethyl-5 α -cholestan-3 β -ol ($29\Delta^0$); (4) C_{30} -sterol: 4 α ,22,23-trimethylcholest-22E-en-3 β -ol ($30\Delta^{22}$) and (5) the fecal sterols 5 β -cholestan-3 β -ol and 5 β -cholestan-3 α -ol. Their distribution reflects the diversity of organisms living in a region with different environmental conditions, such as Admiralty Bay (Jaraula et al. 2010).

The total sterol concentration (total OLs) ranged from 0.91 to 2.17 $\mu\text{g g}^{-1}$ (BAR), 1.63 to 8.59 $\mu\text{g g}^{-1}$ (REF) and 2.64 to 13.99 $\mu\text{g g}^{-1}$ (FER). The average concentration and standard deviation were $1.47 \pm 0.40 \mu\text{g g}^{-1}$ (BAR), $4.03 \pm 2.47 \mu\text{g g}^{-1}$ (REF) and $5.76 \pm 2.83 \mu\text{g g}^{-1}$ (FER). The concentration versus the depth is presented in Fig. 2.

The vertical profile of total OLs in BAR shows a higher concentration between 7 and 11 cm depth, with lower concentration in the deeper sections. In REF, the highest concentration occurs at 7 cm. FER shows a varying profile, with a lower concentration in the interval corresponding to the period between 7 and 16 cm (Fig. 2).

These variations over the vertical profiles in the cores may reflect fluctuation in the supply of OM, where the sections with a higher concentration indicate a greater contribution of material and/or higher rate of preservation, whereas sections with lower values indicate a reduction in the amount of OM and/or higher rate of degradation (Meyers 1997). The variations may occur due to environmental changes, which affect the contribution, burial, preservation and/or degradation of the OM (Faux et al. 2011), or they may be the result of natural variability. The decrease in concentration with depth, although not constant, can also result from diagenesis (Burns and Brinkman 2011).

The highest concentration of sterols in specific sections, 4–5 and 20–21 cm in FER, 10–11 cm in BAR and 4–6 cm in REF (Fig. 2; Tables S1, S2 and S3—Tables are presented as Supplementary Material), may indicate a greater efficiency in accumulating OM, a higher level of primary production or low extent remineralization of the OM in the

water column and sediments (Meyers 1997). For example, the differences in particle size in the sample from REF, which has 90 % fine sediment (silt and clay) in the surface sections, and from BAR, which had the lowest concentration at 78 % may explain the spatial variability. This hypothesis is supported by Jeng and Chen (1995), who highlighted the effect of grain size and stated that an increase in concentration would occur in finer sediments.

Cholest-5-en-3 β -ol (cholesterol; 27 Δ^5) and cholesta-5,22E-dien-3 β -ol (27 $\Delta^{5,22E}$) represented 12–36 % (BAR), 10–33 % (REF) and 15–60 % (FER), and 4–6 % (BAR) 2–10 % (REF) and 1–3 % (FER) of the total OLs, respectively. These compounds are indicators of the contribution from the phytoplankton and zooplankton. The phytoplankton community is comprised of diatoms, dinoflagellates, prymnesiophytes, cyanobacteria and other photosynthetic organisms, while zooplankton comprises, among others, copepods (ca. 18 species identified, the most abundant being *Oithona similis*), krill (*Euphausia superba*, *Euphausia crystallorophias*) and salps (*Salpa thompsoni*), which mainly contribute to the cholest-5-en-3 β -ol for this the environment (Phleger et al. 2000; Volkman 2005). In addition to the above sources, cholest-5-en-3 β -ol may represent contributions from higher animals, such as the penguin species *Pygoscelis adeliae*, *Pygoscelis papua* and *Pygoscelis antarctica*, and from marine mammals, especially Pinnipeds such as elephant seals (*Mirounga leonina*) and seals (*Lobodon carcinophagus*, *Leptonychotes weddelli*, *Hydrurga leptonyx* and *Arctocephalus gazella*), which inhabit Admiralty Bay and have colonies mainly on Telefon Point, Thomas Point, Llano Point and Demay Point (Fig. 1) (Sierakowski 1991). All of these points are located near BAR and, depending on the movement within the bay, the material produced in these colonies may possibly be carried and deposited in BAR and reach REF (Rakusa-Suszczewski 1980).

The 24-methylcholesta-5,22E-dien-3 β -ol (28 $\Delta^{5,22E}$) and 4 α ,23,24-trimethylcholesta-22E-en-3 β -ol (dinosterol; 30 Δ^{22}) were also significant at 6–14 % and 7–12 % (BAR), from 2 to 10 % and 3 to 10 % (REF), from 1 to 4 % and 2 to 11 % (FER), respectively; the 24-methylcholesta-5,22E-dien-3 β -ol is a marker for diatoms (representing 90 % of the total OLs from such organisms; Volkman 1986), with the most representative species in Admiralty Bay being *Thalassiosira*, *Fragilariopsis*, *Pseudo-nitzschia* and *Chaetoceros*. This compound is also very abundant in cyanobacteria (primarily present in the bay in *Nostocales* and *Oscillatoriales*) and cryptophyta algae, indicating that OM is contributed by these organisms (Volkman 2006). It has been reported that 4 α ,23,24-trimethylcholesta-22E-en-3 β -ol is a specific indicator of dinoflagellates (Volkman 1986) and specimens of *Prorocentrum* spp., *Gymnodinium* spp., *Amphidinium* sp. and *Protoperidinium* spp. have been

observed in the region (Kopczynska 2008) and are most likely its source here. It has also been identified, but only as a minor component, in some species of diatoms (Volkman 2006).

The FER sample exhibited some particularities, such as high concentrations of cholest-5-en-3 β -ol and relatively lower concentration of 24-methylcholesta-5,22E-dien-3 β -ol. The relatively high concentration of cholest-5-en-3 β -ol (Tables S1) may be associated with increased local productivity due to a flow and concentration of nutrients (e.g., N and P) from the activity of the “Comandante Ferraz” Brazilian Station (Martins et al. 2012). The effluent represents an important, but punctuated, source of OM deposited in the sediments and contributing to an increase in local productivity and thereby an important OM input to sediments. The low proportion of 24-methylcholesta-5,22E-dien-3 β -ol may be due to a lesser presence of organisms that biosynthesis at that location versus other areas of Admiralty Bay. The concentration differences between the study sites may also reflect the variation in abundance of the organisms in different places, indicating that their distribution in the environment is not always homogeneous (Skerratt et al. 1995).

The 24-ethylcholest-5-en-3 β -ol (sitosterol; 29 Δ^5) was the second most abundant sterol, representing from 13 to 19 % of the total OLs in BAR, 10–20 % in REF and 2–8 % in FER. Its origin in aquatic environments is not clear because GC-FID does not allow assignment of the 24-ethyl stereochemistry. The 24 α -isomer (clionasterol) is derived from plankton, whereas the 24 β -isomer is produced by higher plants (Volkman 2006).

In Admiralty Bay, terrestrial sources are limited to two specimens of vascular plants, *Deschampsia antarctica* and *Colobanthus quitensis*, found in the ice-free areas (Harris et al. 2011), moss (primarily *Sanionia uncinata*, *Syntrichia princeps* and *Brachytecium* sp.) and also lichens (primarily the *Usnea* genus). Macroalgae of the Chlorophyta genus (seven specimens) identified in Admiralty Bay (Oliveira et al. 2009) are sources of the 24-ethylcholest-5-en-3 β -ol (Volkman 1986), such as diatoms, cyanobacteria and prymnesiophyte algae.

The 24-ethylcholesta-5,22E-dien-3 β -ol (stigmasterol; 29 $\Delta^{5,22E}$) was observed in a proportion ranging from 4 to 12 % of the total OLs in BAR, 4 to 16 % in REF and 2 to 6 % in FER, which reveals it is one of the least abundant in the sediments of the Martel Inlet. Possible sources of this sterol are the macroalgae of the Chlorophyta genus, prymnesiophytes and cryptophytes algae (Volkman 1986).

One of the sterols in lower concentration in the samples from the Ezcurra and Mackellar inlets was 24-methylcholest-5-en-3 β -ol (campesterol; 28 Δ^5), which comprised 1–6 % of the total OLs in BAR and 1–8 % in REF. In FER, it was the third most abundant, at 2–10 % of the total OLs.

It is associated with terrestrial plants or prymnesiophytes (Volkman 1986). However, the low relative concentration in some areas of Admiralty Bay may be related to the absence of organisms that biosynthesize.

One method to identify the predominance of terrestrial or marine sterols is through the ratio between 24-methylcholest-5-en-3 β -ol, 24-ethylcholesta-5,22E-dien-3 β -ol and 24-ethylcholest-5-en-3 β -ol. Values between 1.0:1.4:4.0 and 1.0:1.6:6.0 are attributed to a terrestrial source, whereas values below these limits suggest marine-based source for these compounds (Laureillard and Saliot 1993; Carreira et al. 2009).

However, the concentration of 24-methylcholest-5-en-3 β -ol was close to the DL, so calculation of the ratio in sections of the samples from BAR and REF (Tables S2 and S3) could result in misinterpretation. Therefore, the ratio of 24-ethylcholesta-5,22E-dien-3 β -ol and 24-ethylcholest-5-en-3 β -ol was calculated, where values between 1.0:2.9 and 1.0:3.9 indicate a terrestrial origin and values below these suggest a marine origin for these compounds. The results for the BAR samples ranged from 1.0:1.1 to 1.0:4.3 (mean 1.0:2.5 \pm 1.2), and only in the sections near the top (0–1 and 2–4 cm) did the values indicate a contribution from land-based sources. In other sections, these compounds were primarily of marine origin. In the core from REF, the values ranged from 1.0:0.7 to 1.0:4.8 (mean 1.0:2.0 \pm 0.1), and only in the 6–8 cm section did the values indicate some contribution from a terrestrial source.

The concentration of 24-methylcholest-5-en-3 β -ol in the FER region was relatively higher (Table S1); the ratio indicated that the compounds were of marine origin because the values ranged between 1.0:0.2:0.4 and 1.0:2.7:4.1 (mean 1.0:0.8 \pm 0.4:1.1 \pm 0.7). The values suggest a higher contribution of OM from a terrestrial source only for the 5–6-cm section of the core from the FER region.

Fecal sterols (5 β -cholestan-3 β -ol and 5 β -cholestan-3 α -ol) had a concentration near or below the DL in different sections of the cores, representing <1–2 % in BAR and 1–3 % of total OLs in FER and REF.

According to Green and Nichols (1995), there are three primary sources for these sterols in the Antarctic marine environment: (1) human feces, generated by the sewage from the research stations, (2) marine mammal feces and (3) in situ formation in a reducing environment (cholest-5-en-3 β -ol \rightarrow 5 β -cholestan-3 β -ol), such as anoxic water from the bottom of fjords.

To differentiate between the contributions of human or natural fecal sterols, Venkatesan and Santiago (1989) proposed using specific values of 5 β -cholestan-3 β -ol/5 β -cholestan-3 α -ol (cop/e-cop). Values <2.5 suggest contributions from marine mammals, whereas values >2.5 are related to sewage input. The values varied here and were ca. 1.0 in BAR, between 0.3 and 2.0 (mean 0.8 \pm 0.4) in

REF and between 0.8 and 2.3 (mean 1.2 \pm 0.3) in FER, which indicates that the fecal sterols are predominantly of natural origin or from mammalian origin, as mentioned above.

The absolute concentration values varied between less than <DL to 0.01 $\mu\text{g g}^{-1}$ (mean 0.010 \pm 0.004 $\mu\text{g g}^{-1}$) in BAR, from 0.01 to 0.06 $\mu\text{g g}^{-1}$ (mean 0.03 \pm 0.01 $\mu\text{g g}^{-1}$) in REF, and from 0.03 to 0.15 $\mu\text{g g}^{-1}$ (mean 0.05 \pm 0.03 $\mu\text{g g}^{-1}$) in FER (Tables S1, S2 and S3), similar than found by Martins et al. (2014). The values are lower than that established by Montone et al. (2010) at Martel inlet (0.19 $\mu\text{g g}^{-1}$) as indicative of a sewage contribution, which indicates an insignificant contribution of sterols from sewage and confirms the natural origin of the sterols.

5 α (H)-stanols (cholesta-22E-en-3 β -ol, 5 α -cholestan-3 β -ol, 24-methylcholesta-22E-en-3 β -ol, 24-methylcholestan-3 β -ol, 24-ethylcholesta-22E-en-3 β -ol and 24-ethylcholestan-3 β -ol) occur in smaller relative proportions than those of their unsaturated analogues. They are associated with the same sources as their respective parent sterols via diagenesis. They represented between 20 and 34 % of the total OLs in BAR, 20 and 45 % in REF, and 16 and 49 % in FER. Their presence, even at low concentration (Tables S1, S2 and S3), indicates that the reduction in double bond (Δ^5) in the parent sterols occurs in the sediments (Volkman et al. 2008).

Concentrations and sources of *n*-alkanols

In total, 14 *n*-alkanols, ranging from C₁₂ to C₃₀, were found, including *n*-C₁₂OH to *n*-C₂₀OH, *n*-C₂₄OH, *n*-C₂₆OH to *n*-C₂₈OH and *n*-C₃₀OH.

In the BAR sample, the total concentrations varied from 0.20 to 0.58 $\mu\text{g g}^{-1}$ (mean 0.35 \pm 0.11 $\mu\text{g g}^{-1}$; Fig. 3). Short chain *n*-alkanols (C₁₂–C₂₀) varied between 0.18 and 0.56 $\mu\text{g g}^{-1}$ (mean 0.32 \pm 0.11 $\mu\text{g g}^{-1}$), whereas the concentration of long chain *n*-alkanols (C₂₂–C₃₀) varied between 0.01 and 0.06 $\mu\text{g g}^{-1}$ (mean 0.03 \pm 0.02 $\mu\text{g g}^{-1}$) (Table S4).

In REF, the mean concentration was 0.80 \pm 0.47 $\mu\text{g g}^{-1}$, with values between 0.33 and 2.14 $\mu\text{g g}^{-1}$ (Fig. 3). Similar to the sample from BAR, the short chain *n*-alkanols were more abundant, with a mean concentration of 0.70 \pm 0.45 $\mu\text{g g}^{-1}$ and a total concentrations ranging from 0.29 to 2.06 $\mu\text{g g}^{-1}$ (Table S4). The concentration of the long chain *n*-alkanols varied between 0.04 and 0.29 $\mu\text{g g}^{-1}$ (mean 0.10 \pm 0.07 $\mu\text{g g}^{-1}$) (Table S5).

The concentration of total *n*-alkanols from FER ranged from 0.22 to 1.97 $\mu\text{g g}^{-1}$, with a mean concentration of 0.67 \pm 0.39 $\mu\text{g g}^{-1}$ (Fig. 3). The short chain *n*-alkanols dominated the long chain ones, with values between 0.11 and 1.26 $\mu\text{g g}^{-1}$ (mean 0.48 \pm 0.20 $\mu\text{g g}^{-1}$) for the short chain ones and 0.04 to 1.41 $\mu\text{g g}^{-1}$ (mean 0.20 \pm 0.32 $\mu\text{g g}^{-1}$) for the long chain ones (Table S6).

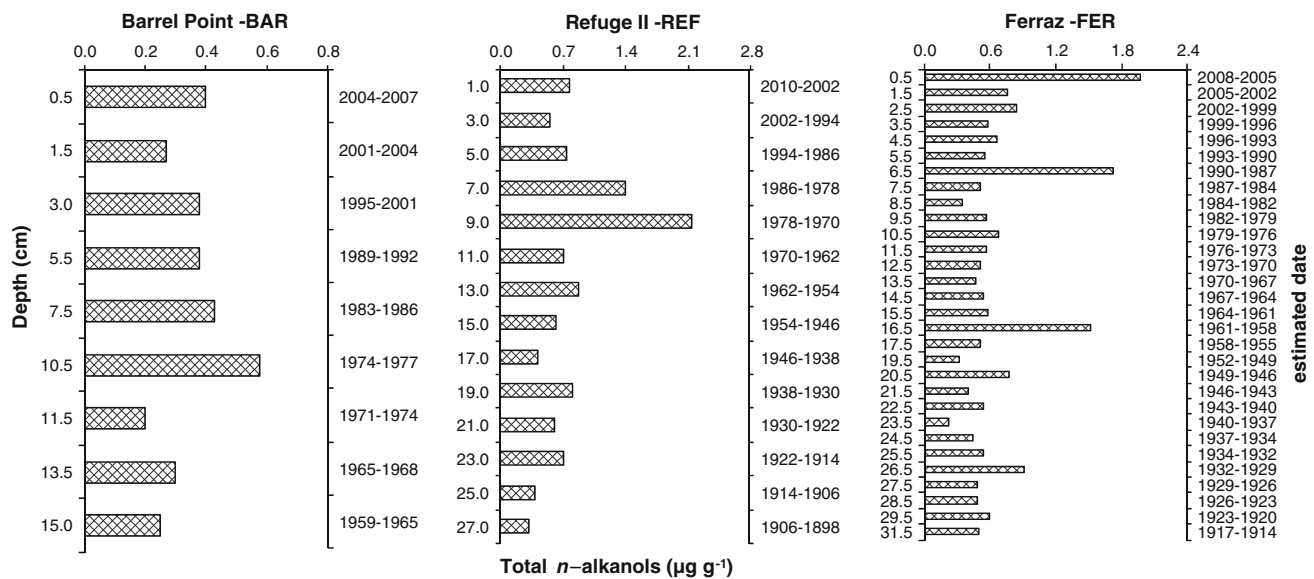


Fig. 3 Vertical profile of the concentration of total *n*-alkanols (in $\mu\text{g g}^{-1}$) in the studied samples from Admiralty Bay, Antarctica

The concentration of total *n*-alkanols versus depth is presented in Fig. 3. The vertical profile of total *n*-alkanols from BAR is similar to the total OLs, with the highest concentration in the sections between 7 and 11 cm. In REF, the highest concentration occurred between 7 and 9 cm, whereas in FER, the three most significant peaks were at 16.5, 6.5 and 0.5 cm. As for total OLs, the variation in the depth profiles may reflect variation in the OM input from sources that biosynthesis these compounds or conditions favorable for preserving the deposited OM (Meyers 1997).

The short chain *n*-alkanols suggest a contribution from marine organisms, including aquatic algae and bacteria (Meyers 2003; Xiong et al. 2010), zooplankton (Burns and Brinkman 2011) and the hydrolysis of esters of zooplankton, which results in saturated alcohols (Volkman 2006). The long chain *n*-alkanols indicate an input of terrestrial origin, but in the Antarctic environment, such sources are limited to two regional specimens of vascular plants, which include lichens (source of *n*-C₂₄OH) and moss (especially *n*-C₂₈OH) (Wang et al. 2007).

The predominance of short chain *n*-alkanols in all the samples indicates that the OM is primarily from marine organisms, such as algae. Although present in low concentration, the presence of long chain *n*-alkanols reflects a less significant contribution of terrestrial OM from lichens and mosses in the region.

Vertical distribution of phytol concentrations

Phytol, derived from the degradation of chlorophyll-*a* (Volkman et al. 2008), occurred in all the samples and has been used as a marker of photosynthetic organisms (Huang et al. 2010). In the case of the Antarctic region, its

contribution is related to vascular plants (*D. antarctica* and *C. quitensis*), including lichens, moss and algae (Wang et al. 2007).

The concentration distribution versus depth is presented in Fig. 4. In BAR (Table S4), it ranged from 0.26 $\mu\text{g g}^{-1}$ (mean $0.21 \pm 0.03 \mu\text{g g}^{-1}$), being fairly constant and near the DL. For the REF samples (Table S5), it ranged from 0.13 to 2.39 $\mu\text{g g}^{-1}$ (mean $0.47 \pm 0.59 \mu\text{g g}^{-1}$). In FER, the mean concentration was $0.37 \pm 0.21 \mu\text{g g}^{-1}$, with values ranging from 0.24 to 1.26 $\mu\text{g g}^{-1}$ (Table S6). A higher concentration was observed in the more recent sediments near the top of the core, whereas in the remaining sections, there was a more homogeneous distribution.

There are no studies of phytol in Admiralty Bay marine sediments and only a few in the Antarctic region. Huang et al. (2010, 2011) evaluated the distribution of phytol in cores from Antarctica, but their cores were collected on land. Therefore, comparing the concentrations from the previous study with the results of this work is difficult. In both of the latter studies, the concentration reached ca. 50 $\mu\text{g g}^{-1}$ (Huang et al. 2010) and ca. 600 $\mu\text{g g}^{-1}$ (Huang et al. 2011), higher than in our study, is most likely because these studies used continental samples, where the contribution of plants is considerably more significant. In addition, the degradation of phytol may be more significant for our marine sediments as a result of aerobic and anaerobic biodegradation, photodegradation and sulphurization (Rontani and Volkman 2003; Volkman et al. 2008) at the sediment–water interface.

The expected pattern for the distribution of phytol is the highest concentration occurring at the surface and decreasing with depth (Fig. 4), due to degradation. Because

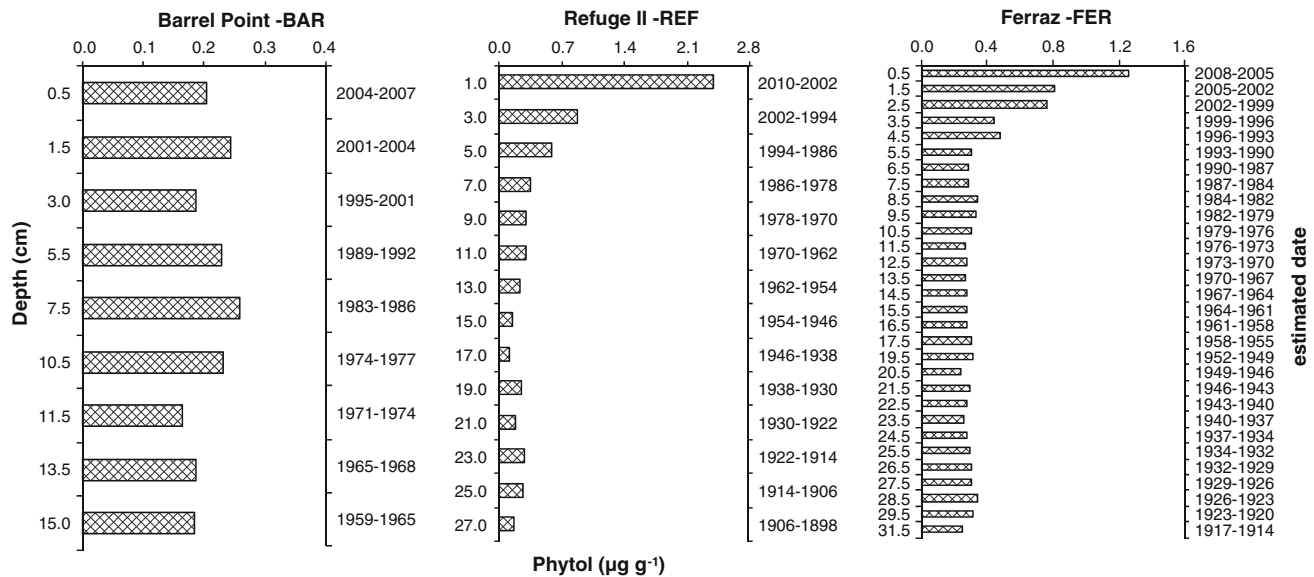


Fig. 4 Vertical profile of the concentration of phytol (in $\mu\text{g g}^{-1}$) in the studied samples from Admiralty Bay, Antarctica

there was little change versus depth in our case, we conclude that there was no significant change in input (Burns and Brinkman 2011).

Diagenetic alteration of OM indicated by $5\alpha(\text{H})$ -stanols/ Δ^5 -stanols ratio

The $5\alpha(\text{H})$ -stanols/ Δ^5 -stanols ratio may be used to evaluate the effect of diagenesis because $5\alpha(\text{H})$ -stanols in marine sediments occur as a result of the bacterial reduction in unsaturated sterols (stanols), which helps identify degradation processes or preservation of OM in sediments (Jeng and Han 1996).

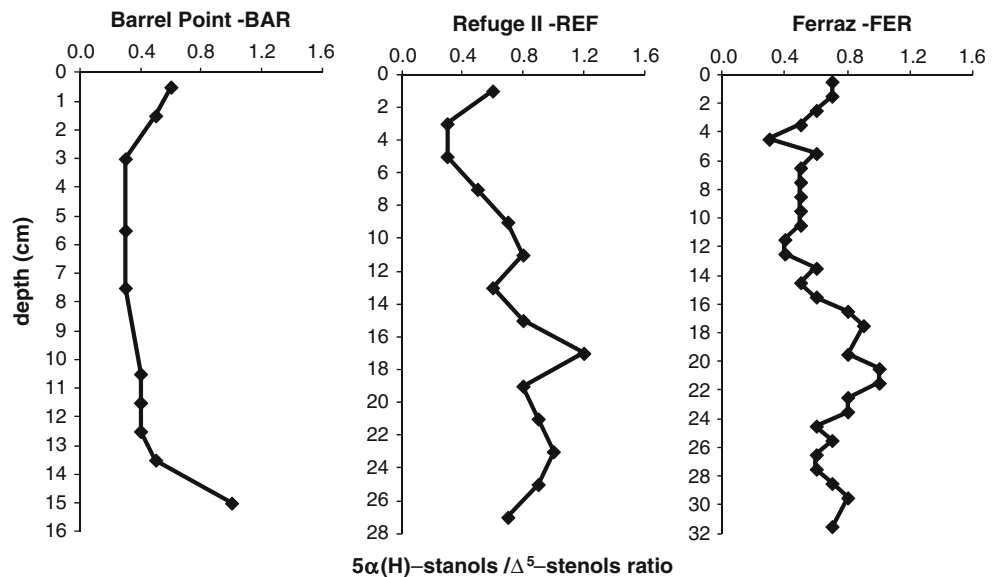
The ratio for all pairs of $5\alpha(\text{H})$ -stanols/ Δ^5 -stanols was calculated [cholesta-22E-en-3 β -ol/cholesta-5,22E-dien-3 β -ol ($27\Delta^{22\text{E}}/27\Delta^{5,22\text{E}}$); 5α -cholesta-3 β -ol/cholesta-5-en-3 β -ol ($27\Delta^0/27\Delta^5$); 24-methylcholesta-22E-en-3 β -ol/24-methylcholesta-5,22E-dien-3 β -ol ($28\Delta^{22\text{E}}/28\Delta^{5,22\text{E}}$), 24-methylcholesta-3 β -ol/24-methylcholesta-5-en-3 β -ol ($28\Delta^0/28\Delta^5$); 24-ethylcholesta-22E-en-3 β -ol/24-ethylcholesta-5,22E-dien-3 β -ol ($29\Delta^{22\text{E}}/29\Delta^{5,22\text{E}}$) and 24-ethylcholesta-3 β -ol/24-ethylcholesta-5-en-3 β -ol ($27\Delta^0/27\Delta^5$)]. Low values between 0.1 and 0.5 indicate recently deposited OM with no significant diagenetic change, whereas values >0.5 indicate an environment with conditions favorable for occurrence of diagenetic processes, i.e., with a predominance of $5\alpha(\text{H})$ -stanols (Wakeham and Canuel 2006; Carreira et al. 2011).

For a discussion of the changes, the mean values per section for all cores were used (Fig. 5). For BAR, the values ranged from 0.3 to 1.0 (Table S7); however, along the core, they ranged from ca. 0.3 to 0.6, indicating a Δ^5 -

stanol predominance and suggesting low post-depositional conversion in almost all the samples (Volkman et al. 2008). Only at the bottom was a value of 1.0 observed, suggesting that the environmental conditions favored OM conversion for this period (Muri et al. 2004). In REF, the values were between 0.3 and 1.1 (Table S8), with the highest predominance of values below or close to 0.5 only in the most surficial sections, which suggests the presence of “fresh” OM or conditions for the preservation of material deposited during the corresponding periods. However, in deeper sections, the predominance of higher values suggests significant changes with a conversion of the unsaturated to saturated isomers, which indicates the degradation of this material. In FER, the values ranged between 0.3 and 1.0 (Table S9). The reason for these lower values is as for REF, with a predominance between 0.3 and 0.6 in the upper layers to the middle of the core, from where there is a predominance of values >0.8 . This profile also indicates the presence of “fresh” organic matter in the surface sections, whereas conditions for its preservation are evident in the intermediate layers. In the older sediments, there was a significant change, where the $5\alpha(\text{H})$ -stanols prevailed in all sections, from conversion of the unsaturated.

The increase in the ratio observed in REF and FER versus depth has been reported elsewhere (Muri et al. 2004; Lu and Zhai 2006) and indicates that by the time the reduction in Δ^5 -stanols to $5\alpha(\text{H})$ -stanols (Arzayus and Canuel 2004) occurs with greater intensity, most likely due to time, the environmental conditions in both samples favored such a conversion (Canuel and Martens 1993; Christodoulou et al. 2009).

Fig. 5 Values of the ratios $5\alpha(\text{H})\text{-stanols}/\Delta^5\text{-stenols}$ along the three analyzed samples



Distribution of organic markers in different ages and relation to temperature variations

The date for each section of the FER sample was estimated using the sedimentation rate; and this sample was chosen because its sections involve shorter time intervals, which improves the temporal resolution. These sections were then grouped at depth intervals in accord with the variation in the concentration of the markers, being classified as periods A (recent sediments), B, C, D and E (older sediments).

The temporal series of mean air temperature (MAT) presented by Setzer and Romão (2008) for Admiralty Bay, provided some assistance in the comparison between the fluctuations in air temperature with the variation in the vertical profile of some sterols during the period from 1949 to 2007. The same trend in MAT was observed in the time series presented by Ferron et al. (2004) to King George Island.

The distribution of the concentration of compounds was established throughout the FER sample is presented in Fig. 6.

Period E corresponds to the time between 1914 and 1926. No continuous temporal data series for MAT in the region was found for this period. Jones (1990) compiled information from scientific expeditions since the early 1900s, which could assist interpretation. Although the report provides an average for the entire Antarctic Peninsula region, its data reflect the average trend at the time and can be used as a basis for comparison. From this information, it was possible to observe an average minimum temperature of $-4.8\text{ }^{\circ}\text{C}$ in 1915 and $-3.3\text{ }^{\circ}\text{C}$ in 1921 (Jones 1990), resulting in an average temperature of $-4.1 \pm 0.8\text{ }^{\circ}\text{C}$ ($n = 2$) during the interval corresponding to period E. These oscillations appear to have no influence

on the OM supply because no significant variations in the concentrations of the most of compounds were observed. During period D, 1926 to 1961, cholest-5-en- 3β -ol exhibited a concentration peak in 1929–1932 and another peak in 1946–1949. The sterol $4\alpha,23,24$ -trimethylcholesta-22E-en- 3β -ol also had relatively higher values in 1949–1952; however, considering the range of concentration, this variation seems not to be significant (Fig. 6) and the punctual contribution of cholest-5-en- 3β -ol from pinnipeds and penguins cannot be excluded. Other compounds maintained a relatively constant concentration, with a few oscillations, without much significance. The pattern may suggest that the sources of sterols in that period did not experience any disturbance. According to the information from Jones (1990), in 1935, the average temperature in the region was $-4.6\text{ }^{\circ}\text{C}$, which was slightly higher than in previous years. However, the lack of more MAT data to this period does not let a precise comparison.

The FER sample in period C, from 1961 to 1987, presented the average temperature of $-2.0 \pm 0.7\text{ }^{\circ}\text{C}$ ($n = 7$) and a relatively constant concentration of cholest-5-en- 3β -ol was lower than in previous periods. Other sterols, such as indicators of phytoplankton, algae and plants, exhibited a distribution with no significant variations (Fig. 6). A relatively constant supply of cholest-5-en- 3β -ol in period C coincides with a period (between 1962 and 1977) during which average temperature was more constant, around -2.5 to $-2.0\text{ }^{\circ}\text{C}$. Thereafter, a more pronounced change occurred in average temperature, which becomes as high as $-0.5\text{ }^{\circ}\text{C}$ in 1985. This increase at the beginning of the 1980s coincides with reports of a declining population of penguins in the Antarctic region since the mid-1980s (Sander et al. 2007; Trivelpiece et al. 2011). In period B, which corresponds to 1987–1999, the average temperature

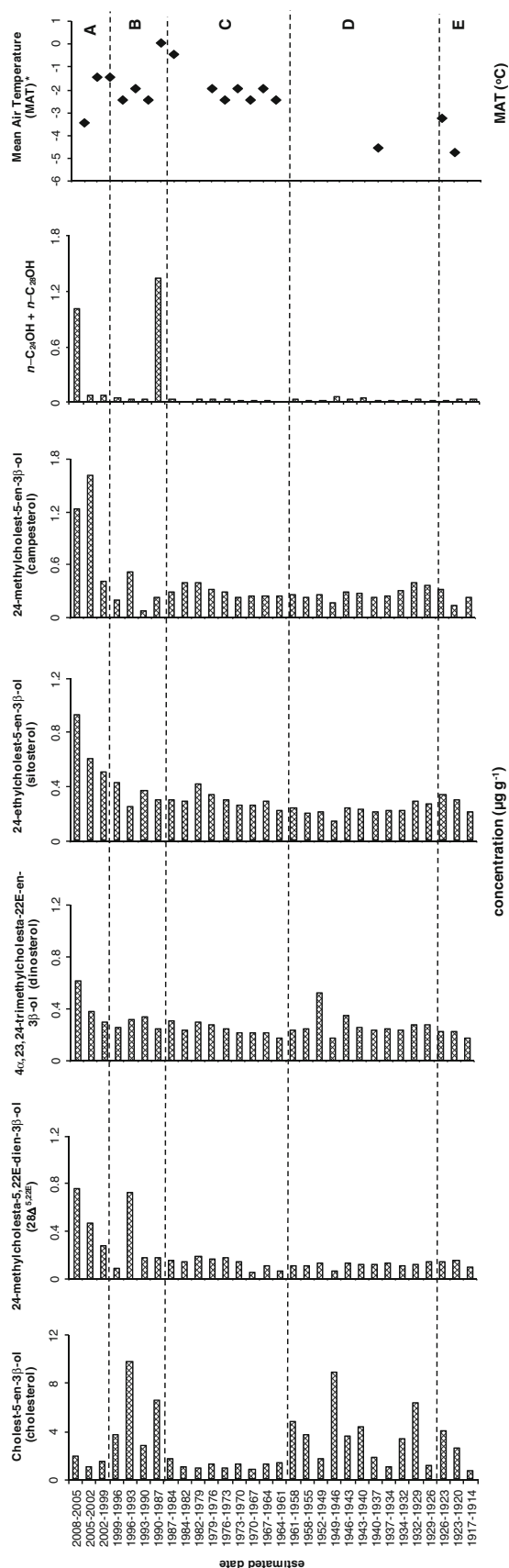


Fig. 6 Concentration of sterols and *n*-alkanols (in $\mu\text{g g}^{-1}$) in the sample from Ferraz, Admiralty Bay, Antarctica. The dotted lines A–E correspond to the following periods: A (2008–1999), B (1999–1987), C (1987–1961), D (1961–1926) and E (1926–1914). Mean air temperature (MAT) based on Setzer and Romão (2008), Ferron et al. (2004) and Jones (1990). Mean MAT and standard deviation (in $^{\circ}\text{C}$) for each period are A (-2.2 ± 0.9 $^{\circ}\text{C}$; $n = 3$), B (-1.8 ± 1.0 $^{\circ}\text{C}$; $n = 4$), C (-2.0 ± 0.7 $^{\circ}\text{C}$; $n = 7$) and E (-4.1 ± 0.8 $^{\circ}\text{C}$; $n = 2$)

was -1.8 ± 1.0 $^{\circ}\text{C}$ ($n = 4$). A slightly higher concentration of cholest-5-en-3 β -ol and *n*-alkanols was observed (Fig. 6). During this period, the annual average temperature was slightly higher, peaking at 0 $^{\circ}\text{C}$ in 1989, the highest average temperature recorded. This increase may have generated a more intense process of melting, which consequently carried more particulate matter into the bay and resulted in a greater availability of nutrients to the marine environment. The increase in temperature generated the largest expanse of ice-free areas on the continent, which may favored the growth of terrestrial plants (Clarke et al. 2007; Huang et al. 2010), as evidenced by the increase in the concentration of *n*-alkanols. The increase in temperature between 1987 and 1990 was followed by a decrease in the concentration of cholest-5-en-3 β -ol (1990–1993), when the temperature decreased to lower than -2.5 $^{\circ}\text{C}$ in 1991, which relates to a smaller contribution of this sterol to the sediment. The decrease is also observed in the profile of 24-methylcholest-5-en-3 β -ol and *n*-alkanols, although the differences in their concentrations may not be significant (Fig. 6).

Furthermore, during period B, the concentration of the compounds began to increase between 1993 and 1996, where the highest peak in cholest-5-en-3 β -ol, 24-methylcholesta-5,22E-dien-3 β -ol and 24-methylcholest-5-en-3 β -ol (Fig. 6) was recorded. Other compounds maintained their concentrations at the same scale. During this period, the temperature was ca. -2.5 $^{\circ}\text{C}$, which then increased to -1.5 $^{\circ}\text{C}$ in 1994 and returned to -2.5 $^{\circ}\text{C}$ in 1996 (Setzer and Romão 2008). In period A, which corresponds to 1999–2008, the highest average temperature was recorded (ca. -1.5 $^{\circ}\text{C}$), and only in 2007 was a lower average of -3.5 $^{\circ}\text{C}$ measured (Setzer and Romão 2008), with an average temperature of -2.2 ± 0.9 $^{\circ}\text{C}$ ($n = 3$). This decrease in 2007 was also observed by Schloss et al. (2012) in Potter Cove, Maxwell Bay, which has a similar environment and is relatively close to Admiralty Bay (Khim et al. 2001). With the exception of cholest-5-en-3 β -ol, all the other compounds had a relative increase in concentration (Fig. 6).

Several authors have reported warming in the region of the Antarctic Peninsula, at least in the last 50 years (Turner et al. 2005; Schofield et al. 2010; Simms et al. 2011). From comparison of the variation in temperature and the

concentration of the compounds, it appears that the increased concentration of sterols is related to the increases in MAT, which can enhance melting. Primary production may increase with melting as a function of generating new areas free of ice (icebergs, glaciers and ice shelves) and the weathering of rocks, promoting greater stability in the water column (decreasing salinity and stratification) or greater availability of trace metals and micronutrients (carried from mainland by defrost waters), such as Fe, which, at low concentration, limits primary production in the Southern Ocean (Clarke et al. 2007; Ducklow et al. 2007). Bertolin and Schloss (2009) observed that the emergence of new ice-free areas with the collapse from the Larsen ice shelf in the Weddell Sea region favored an increase in primary production (phytoplankton) in the area. This increase and consequent secondary production (zooplankton) would be reflected in a greater supply of OM, culminating in the highest concentration of sterols in the cited periods with higher temperature. In addition, some variations in the sterols concentrations in middle/upper layers agreed with the trace metals distribution obtained in sediment cores collected in Admiralty Bay (Ribeiro et al. 2011).

Furthermore, a relatively increase in the concentration of the n -C₂₄ and n -C₂₈ alkanols indicates an increased contribution from moss and lichens. Warmer weather and more ice-free areas may promote their growth and melt water that carries terrigenous material into the bay.

However, in period A, where the temperature was higher, cholest-5-en-3 β -ol had a lower concentration and may represent an adverse effect of increased temperature on organisms. Recent studies (Atkinson et al. 2004; Schofield et al. 2010) indicate that, with increasing temperature in the Antarctic region, a change in the composition of phytoplankton occurred, which affected other trophic levels. Majewski and Tatur (2009) identified in sediments of Admiralty Bay the foram *Cribolephidium webbi*, a type of organism that is associated with areas of shrinkage of glaciers and hence melting. The presence of this organism in sediments may be related to events that occurred 30 or 50 years ago and are not directly the result of a single melting event, but rather a consequence of the increase in average temperature during the past 50 years.

Moline et al. (2004) observed that the cryptophyte algae dominate the environment versus diatoms in less saline and warm water, typical of the occurrence of defrosting. This change in the composition of phytoplankton leads to a reduction in the biomass of krill (Schofield et al. 2010), which graze on larger cells, such as diatoms but are inefficient in “grazing” on very small cells, such as cryptophyta, thereby, favoring the growth of the salp population, which in turn feeds on cryptophyta.

Krill biosynthesis cholest-5-en-3 β -ol and represents a significant source of this compound in sediment OM, so a

reduction in the size of the population krill may alter the concentration of cholest-5-en-3 β -ol in sediments. Furthermore, 24-methylcholesta-5,22E-dien-3 β -ol is primarily found in diatoms, but it is also found in cryptophyta algae and is a primary sterol biosynthesized by salps (Phleger et al. 2000). Additionally, the presence of these organisms could alter the concentration of 24-methylcholesta-5, 22E-dien-3 β -ol in sediments.

The reduction in cholest-5-en-3 β -ol may also be related to the population of higher animals, such as penguins, as reported for the Antarctic region (Sander et al. 2007; Trivelpiece et al. 2011).

Acknowledgments This work is resulted of PALEOANTAR project (Identification of abrupt climate changes in Antarctica during the Upper Quaternary through sedimentary record) supported by the Antarctic Brazilian Program (PROANTAR), the Secretaria da Comissão Interministerial para os Recursos do Mar (SECIRM), Ministério de Ciência, Tecnologia e Inovação (MCTI) and National Council for Scientific and Technological Development (CNPq) (Grant codes: 550014/2007-1 and 305763/2011-3 to C.C. Martins, 557044/2009-0 to M.M. Mahiques). We also thank CAPES (Coordenação de Aperfeiçoamento de Pessoal de Ensino Superior) for a MSc scholarship to E. Wisniewski and for grant by Ciências do Mar-09/2009. We are grateful to R.S. Carreira [Department of Chemistry, Pontifícia Universidade Católica (PUC-RJ)] and M.C. Bernardes [Department of Geochemistry, Universidade Federal Fluminense (UFF)] for assistance with the preliminary evaluation of this article and the two anonymous reviewers for constructive comments which substantially improved the manuscript. This work contributes to the National Institute of Science and Technology for Environmental Research Antarctic (INCT-APA, CNPq 574018/2008-5 and FAPERJ E-16/170023/2008).

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