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The pterional craniotomy: tips and tricks

A craniotomia pterional: dicas e truques

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ABSTRACT

This review intended to describe in a didactic and practical manner the frontotemporosphenoidal craniotomy, which is usually known as pterional craniotomy and constitute the cranial approach mostly utilized in the modern neurosurgery. This is, then, basically a descriptive text, divided according to the main stages involved in this procedure, and describes with details how the authors currently perform this craniotomy.

Key words: craniotomy, microsurgery, neurosurgery.

RESUMO

A presente revisão visou descrever de forma didática e prática a realização da craniotomia frontotemporo-esfenoidal, usualmente denominada pterional, que constitui a craniotomia mais utilizada na prática neurocirúrgica atual. Trata-se, portanto, de um texto fundamentalmente descritivo, dividido conforme as principais etapas envolvidas na realização desse procedimento, que mostra com detalhes a técnica utilizada atualmente pelo presente grupo de autores.

Palavras-Chave: craniotomia, microcirurgia, neurocirurgia.

The frontotemporosphenoidal craniotomy, usually denominated pterional craniotomy, was first described by Yasargil in 1975 and is one of the earliest landmarks of the advents of microneurosurgery¹⁻³. This approach enables, specifically, the exposure of the entire frontoparietal operculum^{4,5}, the opening of the entire sylvian fissure^{6,7} and all anterior cisterns of the encephalon base^{2,5}, which makes both the pterional craniotomy and the transylvian approach the widest used techniques in today's neurosurgery practice.

Over the past decades, the pterional craniotomy has undergone a systematization modified by several authors, what also gave rise to more extended types of craniotomies^{8,9}. Among them, the supraorbital craniotomy¹⁰ and the orbito-frontozygomatic craniotomy¹⁰⁻¹³ stands out.

This review offered a detailed description of the technique we use nowadays for this procedure, with modifications arising from its extensive use since its initial proposal, seeking to optimize all its stages, the access and opening of the cisterns, as well as minimize brain retraction.

DESCRIPTION OF PROCEDURE

Positioning — the patient should be placed supine, with the shoulder at the edge of the surgical table in a neutral position, and head and neck remain suspended after removal of the head support. The head should be secured by a three-pin skull fixation devise (Mayfield or Sugita model) and must be maintained above the level of the right atrium to facilitate venous return. In order to avoid the head holder position to hinder the surgeon's procedure, the ipsilateral pin of the operative field should be set on the mastoid region, while the two contralateral pins should be on the contralateral superior temporal line, above the temporal muscle, that should not be transfixed. The pin corresponding to the ipsilateral mastoid and the most anterior one corresponding to the contralateral superior temporal line must be in parallel position to prevent any head movement, especially during future traction of cranial wraps made with the aid of fish-hooks.

There is a sequence of five movements for the positioning of the head: traction, lifting, deflection, rotation and torsion.

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In the traction, the head is moved along with the head holder toward the surgeon; in the lifting stage, the region to be operated is positioned at the level above the right atrium; the deflection and rotation depend on the condition being operated; and, in the torsion, the angle formed by the head, neck and shoulder should increase so as to allow a closer lateral position of the surgeon regarding the surgical area (Fig 1).

More basal pathologic conditions, such as carotid-ophthalmic, posterior-communicating and choroidal segments aneurysms, and pathologies of the cavernous sinus region require little deflection and greater rotation, leaving the orbital ridge in the superior plane. On the other hand, other conditions, as aneurysms of the middle cerebral artery, of the carotid bifurcation, of the anterior cerebral and anterior communicating complex, and suprasellar tumors with more superior extension require a positioning with greater deflection and little head rotation, leaving the malar prominence in the superior plane.

Trichotomy — after the patient has been induced general anesthesia and has been properly catheterized, the hair should be combed with a brush used for washing the hands, soaked in detergent solution (chlorhexidine or polyvinylpyrrolidone), so as to facilitate the shaving that should be

performed up to 2 cm from the region of the surgical incision (Fig 1A). The shaving just prior to surgery allows the better fixating of fields, the reduction of infection risks and the better fixation of the bandage after surgery. Once the area has been shaved, it is treated with ether-soaked gauze to remove the fat of the scalp and facilitate the fixation of fields and the marking of the incision area with methylene blue. The shaving can also be performed following only the incision line, with a width of about 2 cm (Fig 1B).

Marking, antisepsis and scalp incision — after the positioning and trichotomy, the marking of the skin incision is done, so that its two endings form an imaginary straight line that adequately simulate the separation of the skin flap and the consequent bone exposure. The marking should be arcuate, starting at the superior rim of the zygomatic arch anterior to the tragus, and extend up to the midline of the skull in the frontal region, respecting the hairline whenever possible (Fig 1). The marked area anterior to the tragus should not be much anterior in order to prevent any section of the superficial temporal artery and of the frontal branch of the facial nerve located anterior to that artery.

At this moment, the arch of the surgical table that will serve as support for the tractions of the cutaneous, muscular and facial flaps must be properly positioned at a height that does not allow the simultaneous compression of the eyeball. The ocular compression can cause blindness by thrombosis of the central retinal vein, especially in patients with shallow orbits, which is more common among yellow race people. A measuring device for determining the central venous pressure, positioned between the nasion and the arch of the surgical table allows, by triangulation, estimate the angle degree of future tractions in relation to the surface of the eyeball.

The antisepsis should be carried out with povidone and, afterwards, benzoin should be applied to better guarantee the area adhesivity.

The scalp incision should be made with a scalpel, and the use of bipolar coagulation helps avoid bleeding of scalp arteries. The placement of wet gauze and the later traction of the scalp flap can spare the use of haemostatic clips and specific staples for this purpose.

Interfacial dissection, section and displacement of the temporalis muscle — the interfacial dissection of the temporalis muscle, as originally described by Yasargil¹, is specifically intended to preserve the frontotemporal branch of the facial nerve and reduce postoperative cosmetic changes resulting from the surgical wound.

The temporalis muscle is made up of two parts: an outer part which originates in the superior temporal line and inserts onto the coronoid process of the jawbone; and a deeper part that has its origin along the surface of the temporal squama and inserts onto the temporal crest of the jawbone. The temporalis muscle is covered by a superficial fascia, which in turn consists of two layers (superficial and deep layers) separated in their anterior portion by a pad of adipose tissue and

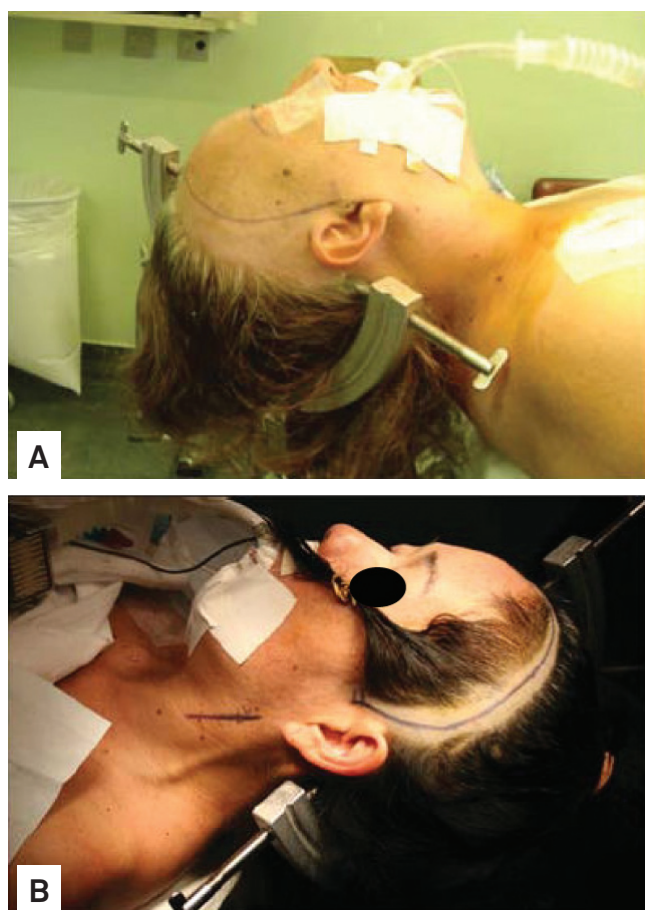


Fig 1. Positioning, trichotomy and marking of the incision: (A) trichotomy performed up to 2 cm behind the incision area; (B) trichotomy performed only along the incision area.

by a deep fascia more attached to the skull and that protects its vasculature (anterior, intermediate and posterior deep temporal arteries, branches of the maxillary artery) and its innervations (temporal branches of the mandible branches of the trigeminal nerve).

The dissection of the superficial fascia should be made vertically starting from the superior temporal line, from 1.5 to 2 cm from the superior rim of the orbit to the posterior root of the zygomatic arch, with the aid of a cold scalpel #13 and Metzenbaum scissors (Fig 2A). The removal of the surface layer of the superficial temporal fascia and its underlying fat pad with the use of a hook placed at its center point facilitates the completion of the dissection, whose basal layer is hindered by the presence of temporal nerves and vessels. With a most basal removal of the surface layer and the fat pad, the deep muscular portion becomes well visualized.

Then, dissection and detachment of the temporalis muscle are performed in two stages. Initially, we use the monopolar electrosurgery pencil (in the coagulation mode, and not for cutting, in order to avoid much bleeding) for the transversal section of the upper portion of the temporal muscle. We use the scalpel in a parallel position and about 1.5 cm inferior to the superior temporal line, moving from anterior to posterior, and leaving a top flap of temporal muscle attached to the skull surface for later suture of the inferior part that will be detached and that during closure will come to cover mainly the anterior burr hole (Fig 2A). The second stage consists of performing the detachment of the deep muscular fascia of the skull, a procedure that should be carried out with the aid of a Cushing's elevator. The detachment of the deep temporal fascia is facilitated when started on its posterior superior portion and using horizontal movements made with the tip of the elevator. After completing the detachment, the temporal muscles must be moved away towards the posterior inferior section with the help of three hooks (Fig 2B).

Craniotomy — the main objective of the pterional craniotomy is to provide a basal and wide exposure of the lateral fissure or Sylvian fissure^{14,15}. Therefore, the inferior frontal gyrus and part of the middle frontal gyrus, as well as the superior temporal gyrus and the upper part of the middle temporal gyrus, should be exposed, allowing the microsurgical

separation of the inferior frontal gyrus and superior temporal gyrus without their compression against the bony rim.

The pterional craniotomy should be performed starting from three points of trepanation. The first trepanation must be set between the superior temporal line and the frontozygomatic suture of the external orbital process; the second trepanation is performed on the most posterior extension of the superior temporal line; and the third one should be made on the inferior portion of the squamous part of the temporal bone (Fig 3A). Since the lesser wing of the sphenoid bone is

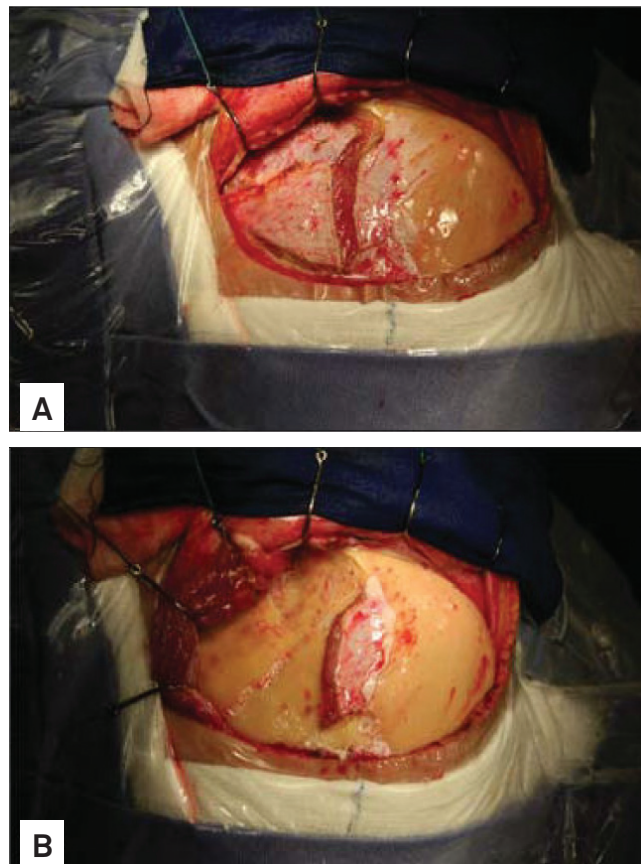


Fig 2. Incisions and detachment of the temporalis muscle: (A) vertical muscle incision performed perpendicularly to the zygoma for the interfacial dissection and transverse incision parallel to the superior temporal line, leaving a superior strap of the temporal muscle attached to the skull; (B) removing of the temporal muscle with three hooks after detachment using a thin Cushing's elevator.

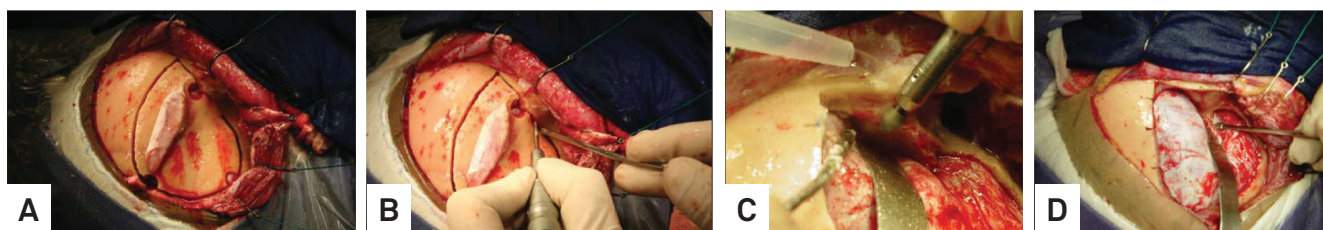


Fig 3. Trepanation, craniotomy and basal drilling: (A) the three trepanations and osteotomy lines of the craniotomy, with the most anterior one interrupted at the level of the external projection of the greater wing of the sphenoid bone; (B) drilling of the external projection of the greater wing of the sphenoid for further removal of the bone flap; (C) initial drilling details of the orbital roof; (D) view of the dural cuff that contains the meningo-orbital artery, shown at the superolateral level of the superior orbital fissure.

internally between the first and third trepanations, and this bone rim will be properly removed through its drilling, the third trepanation should not be performed very close to the base to facilitate future bone cut between these two trepanations. In cases of prominent sphenoid wing, the osteotomy of that segment should be complemented with the use of drilling, as described below. After the trepanations, the dura must be properly detached from the internal bone surface with the aid of dissectors suitable for this purpose.

The craniotomy can be done using a Gigli saw or a craniotome, always making the cut at the level of the outer edge of each trepanation. In the cases in which the lesser sphenoid wing is too prominent to the point that it prevents the complete osteotomy between the first and third trepanations, the bone flap should be removed only after performing a superficial drilling of approximately 1 cm of the lateral surface of the greater wing of the sphenoid bone, as mentioned above (Fig 3B).

After its proper hemostasis with bipolar electro-surgical forceps already at low power in order to avoid further retractions, the dura must be anchored with 4.0 nylon or prolene through perforations made along the bone ridge, aiming thereby to prevent the formation of extradural blood collections, both trans and postsurgery.

Basal drilling — the purpose of the drilling of the lesser wing of the sphenoid bone, of the orbital roof and of what remains of the temporal squama is to achieve bone flattening to facilitate the basal access with minimal brain retraction, which will be further optimized with cisternal opening and the aspiration of cerebrospinal fluid.

Firstly, the dura is detached off the orbital roof and off what remains of the lesser wing of the sphenoid with the use of appropriate dissectors, in order to attain a better exposure of these bone surfaces and for the eventual placement of the spatula fixed to the orthostatic retractor that, if necessary, can also be used as a protective element of the dural surface. The drilling should be initiated on the outermost section of the orbital roof with the use of cylindrical or round drill, seeking the removal of its bony prominences (Fig 3C). Then, the basis of the remaining temporal squama must be drilled so

as to leave projected the lesser wing of the sphenoid between the orbital roof and the temporal base already drilled. The lesser wing of the sphenoid bone should then be drilled after the repositioning of the spatula on the dural impression of the sphenoid, until we get visibility of the dural cuff that contains the meningo-orbital artery located at the superolateral level of the superior orbital fissure (Fig 3D and 4). After its identification, the meningo-orbital artery should be isolated, coagulated and sectioned with a cold blade scalpel #11, with its cutting side facing the lesser wing of the sphenoid, and the concomitant posterior traction of the dura. The most delicate drillings must be made with the use of match-shaped drills or diamond drills, whenever possible. When the dural resistance is intense, a small incision of the dura at the projection of the lateral fissure level can be made, in order to enable cerebrospinal fluid drainage and subsequent dural relaxation.

It is important to point out that the dural detachment should not exceed the limits of the drilling, preventing this way the creation of dead extradural spaces. Along the temporal bone ridge, the dural anchoring should be complemented after the completion of the drilling.

Draping the operative field over the bony ridge — after the positioning and arrangement of rectangular cotton blocks on the free bony ridge, blue drapes are placed on

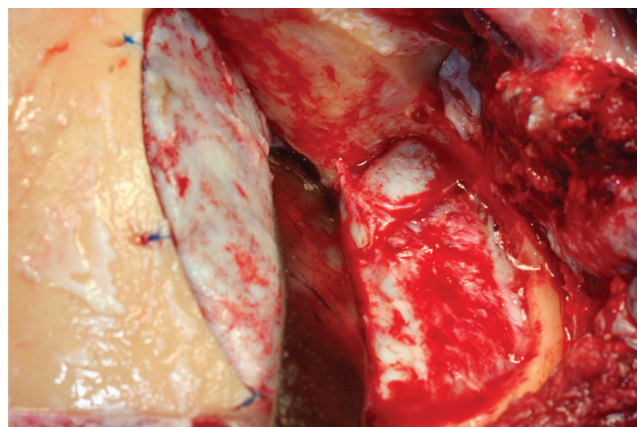


Fig 4. The meningo-orbital artery located at the superolateral level of the superior orbital fissure.

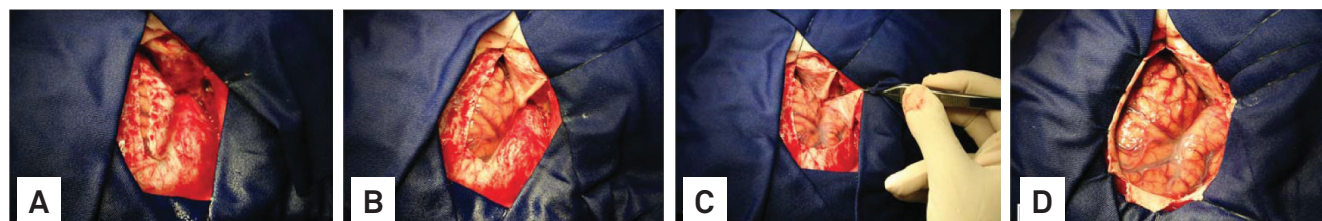


Fig 5. Opening of the dura mater and brain exposure: (A) initial frontal dural incision, from the most posterior to the most anterior superior portion of the dural exposure; (B) complementation of the frontal flap with the second incision along the lateral fissure and reflection of the frontal dural flap on the orbital roof; (C) temporal incision, inferior and parallel to the lateral fissure, and reflection of the temporal flap on the sphenoid base, characterizing the dural opening in the form of a large "C" with an anterior concavity; (D) the complementation of temporal exposure should be attained with vertical incisions perpendicular to the margins of the craniotomy, as needed for each case.

the pieces of cotton, aiming to cover the superficial cranial wraps and minimize the further reflection of light from the surgical microscope.

Opening of the dura mater and brain exposure — the opening of the dura mater should be made in a way that, when folded back, the external dural surface adapts itself to the bone surface without the formation of wrinkles or folds that might obstruct the microneurosurgical field.

The dural opening should take the final form of a big “C”, with its free concavity facing the orbital roof and the sphenoid base already drilled.

The dural incision should be initiated near the second trepanation; so, it should be initiated at the level of the most frontoparietal aspect of the dural exposure, using a scalpel blade #11, and continued in frontal superior direction, at this point with the use of Metzenbaum scissors (Fig 5A). A second incision should be made on and along the Sylvian fissure, in order to characterize the frontal flap of the dural opening, which is soon to be anchored with 4.0 nylon or prolene thread and pulled back in order to lift up the dural edges (Fig 5B). The “C” opening must be complemented with the third dural incision that should also be made from posterior to anterior, inferior now, but also parallel to the lateral fissure, in direction and up to about 1.5 cm from the superior orbital fissure, characterizing this way, the temporal flap (Fig 5C).

With these opening procedures, the frontal dural flap can be reflected and pulled on the orbital roof without causing roughness or superposition of the dura mater, and the temporal flap can be reflected in the same way on the sphenoid base, thus exposing the lateral fissure and the frontal operculum formed by the inferior frontal gyrus.

The basal extension of the dura opening through vertical incisions and the resulting magnitude of the temporal exposure depend on the condition being operated. For the realization of the common transylvian procedures, it suffices the exposure of the temporal operculum, which is composed of the superior temporal gyrus (Fig 5D).

Opening of the sylvian fissure — the sylvian fissure is composed of a superficial and a deep part. The superficial part presents a stem and three branches; the stem extends medially from the semilunar gyrus of the uncus, between the basal surface of the frontal lobe and the pole of the temporal lobe to the lateral end of the sphenoid ridge, where the stem divides itself into anterior horizontal, anterior ascending and posterior branches. The deep part is divided in an anterior part, sphenoidal compartment and a posterior part, operculoinsular compartment. The sphenoidal compartment arises in the region of the limen insulae, at the lateral margin of the anterior perforated substance. The sphenoidal compartment is a narrow space posterior to the sphenoid ridge, between the frontal and the temporal lobes, that communicates medially with

the carotid cistern. The operculoinsular compartment is formed by two narrow clefts, the opercula cleft between the opposing lips of the frontoparietal and the temporal opercula and the insular cleft. The insular cleft has a superior limb, located between the insula and the frontoparietal opercula, and an inferior limb between the insula and the temporal operculum. The opercular cleft is composed of the frontal and parietal opercula superiorly and the temporal operculum inferiorly.

When the lips of the sylvian fissure are separated widely, we can see the insula. The insula connects the temporal lobe to the posterior orbital gyrus via the limen insulae. The limen insulae serves as threshold between the carotid cistern (also called sylvian vallecule) medially and the sylvian fissure laterally. From microsurgical and radiologic viewpoints, the insula represents the external covering of a mass constituted by the extreme, external and internal capsules, claustrum, basal ganglia and thalamus.

The pterional approach proceeds with the opening of the sylvian fissure and the basal cisterns. We usually open the basal cisterns before the sylvian fissure to drain the cerebrospinal fluid relaxing the brain, what makes the split of the sylvian fissure easier. This splitting usually begins at the level of the pars triangularis, where the space between the frontal and the temporal lobes is wider.

The superficial part of the sylvian fissure is opened using a scalpel blade number 11 and microscissors. The dissection is usually done on the frontal side of the superficial sylvian vein, leaving its superficial part to the temporal side (Fig 6). The superficial sylvian vein commonly courses laterally toward the tip of the temporal lobe to empty into the sphenoparietal sinus¹⁶. Sometimes, the superficial sylvian vein drains predominantly toward the frontal sylvian vein, then into the superior sagittal sinus. Because of this, the splitting of the superficial part of the sylvian fissure is performed laterally to the superficial sylvian vein.

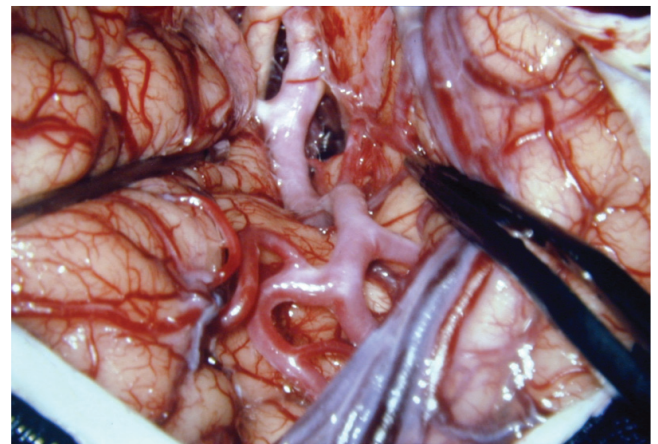


Fig 6. The sylvian fissure is open and the middle cerebral artery is exposed. The superficial sylvian vein is attached to the superficial part of the temporal lobe.

When the superficial part of the frontal and the temporal lobes are extremely adherent, it is advisable to deepen the dissection into the operculoinsular compartment of the sylvian fissure to identify the branches of the middle cerebral artery. After that, we dig a tunnel along the deep part of the sylvian fissure coming back to the surface splitting the superficial part of the sylvian fissure¹⁷.

The basal cisterns — the pterional craniotomy ables the surgeon to reach the olfactory cistern, the carotid cistern, the chiasmatic cistern, the sphenoid compartment of the sylvian fissure, the lamina terminalis cistern, the interpeduncular cistern, the ambient cistern and the crural cistern, that can reach after the removal of the anteromedial segment of the uncus^{2,5} (Fig 7).

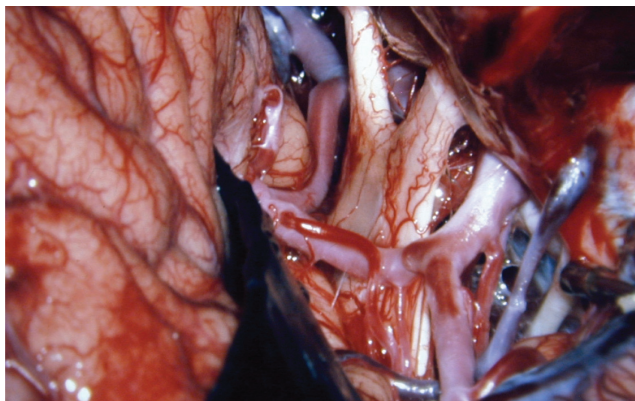


Fig 7. The carotid cistern, the chiasmatic cistern, the sphenoid compartment of the sylvian fissure and the lamina terminalis cistern.

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