

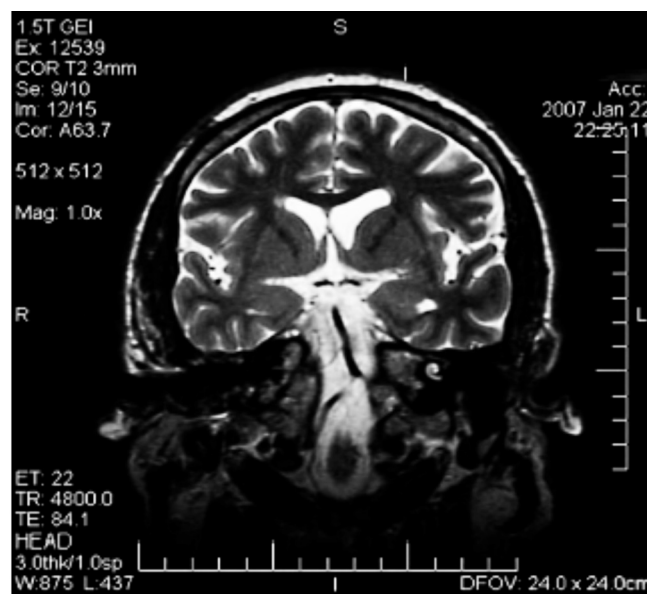
## Interictal psychosis: a case report and review

### *Psicose interictal: relato de caso e revisão de literatura*

Dear Editor,

Epilepsy is the most prevalent of the potentially ominous neurological disorders, affecting over 50 million individuals worldwide, 80% of them living in developing countries.<sup>1</sup> Accordingly, epilepsy represents a significant public health issue.<sup>2</sup> Epilepsy and mental disorders are comorbid, and from 19 to 52% of adults with epilepsy have psychiatric disorders.<sup>3</sup> Psychiatric disorders can be identified in 25-50% of patients with epilepsy, with higher prevalence among patients with poorly controlled seizures. These disturbances include depression, anxiety, psychotic disorders, cognitive, and personality changes occurring in the interictal or ictal/postictal states.<sup>4</sup>

Herein we report the case of a patient with epilepsy since the age of 10 years. At the age of 34, he claimed he suddenly discovered the “mystery of the words”, as well as “the art of writing, the gift of demagoguery, nationalism, politics and romance”. He developed



**Figure 1** - Magnetic resonance imaging showed mild and bilateral temporal lobe atrophy, signal attenuation on the pallidus and right hippocampus, dilated choroid fissure and a diminished fornix, suggesting right mesial temporal lobe sclerosis.

paranoid symptoms. At this time he reported that his “ego” started turning against him. He could hear his own voice, cursing him continuously and telling him to do various things such as eating someone’s excrements. He said he was sure that this was his ego since he had studied psychoanalysis extensively and had “self-knowledge”.

He remained without treatment until he was 41, when he initiated psychiatric treatment, being prescribed Haloperidol 10mg/day and Biperiden 4mg/day. He felt calmer at the beginning, but eventually became progressively more disturbed, feeling that not only his ego, but also his soul, superego, id and personality progressively turned against him.

In December 2006, aged 46, he presented to the Mood Disorders Unit (GRUDA), School of Medicine of the Universidade de São Paulo and was admitted for inpatient investigation and treatment. As clinical antecedents he had a previous exploratory laparotomy, blood hypertension, diabetes, and obesity. The psychiatric exam revealed an apathetic patient, not receptive to contact. He had blunted affect, even when stimulated with humor. He responded with brief answers and recurrently talked about being persecuted, claiming that his ego took away the “emotions” from his bowels, making him evacuate. He also complained of weakness on his legs, and justified it as the consequence of his ego and superego making him unable to walk.

Subsidiary tests (including serological tests for HIV, syphilis and hepatitis) were all normal. Electroencephalogram showed epileptic activity with continuous discharges on the temporal regions, bilaterally. Magnetic resonance suggested right mesial temporal

lobe sclerosis (Figure 1). Neuropsychological evaluation revealed impairments in areas related to attention, language, visual-spatial organization, planning, memory and executive functions.

Patient was using Carbamazepine 600mg tid, Phenobarbital 200mg tid and Clonazepam 2mg tid. He was also using Haloperidol, Biperiden and Promethazine, all of them were suspended. Carbamazepine was increased to 800mg tid and Ziprasidone was started at 80mg and titrated to 240mg tid over 3 weeks. Carbamazepine was switched to Oxcarbazepine 1200mg tid, for a better drug interaction profile.

He maintained tonic-clonic seizures, once every 2 months. During treatment he progressively developed better contact, greater affective tonus and variability as well as a reactive mood. Although full remission of the psychotic disorder and of epilepsy were not achieved, treatment significantly improved the functional impact of these disorders.

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#### Disclosures

Writing group member	Employment	Research grant <sup>1</sup>	Other research grant or medical continuous education <sup>2</sup>	Speaker's honoraria	Ownership interest	Consultant/ Advisory board	Other <sup>3</sup>
Ricardo Alberto Moreno	USP Private practice	FAPESP*	BMS** AstraZeneca** Servier**	-	-	CEIP ABTB ABP A. Lopes Munis Advogados Mattos Muriel Kestener Advogados	Segmento Farma Editoras Artmed Editora SA
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Renato Luiz Marchetti	USP	-	-	-	-	-	-

\* Modest

\*\* Significant

\*\*\* Significant: Amounts given to the author's institution or to a colleague for research in which the author has participation, not directly to the author.

Note: USP = Universidade de São Paulo; FAPESP = Fundação de Amparo à Pesquisa do Estado de São Paulo; CEIP = Centro de Estudos do Instituto de Psiquiatria; ABTB = Associação Brasileira de Transtorno Bipolar; ABP = Associação Brasileira de Psiquiatria.

For more information, see Instructions for authors.

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