

1 **NATIVE PRAIRIE FILTER STRIPS REDUCE RUNOFF FROM HILLSLOPES UNDER ANNUAL ROW-CROP**
2 **SYSTEMS IN IOWA, USA**

3

4 Hernandez-Santana, V^{(1,2)*}, Zhou, X⁽³⁾, Helmers, MJ⁽³⁾, Asbjornsen, H^(4,5), Kolka, R⁽⁶⁾, Tomer, M⁽⁷⁾

5 ⁽¹⁾Dept. Natural Resources Ecology and Management, Iowa State University, Ames, IA 50011, USA

6

7 ⁽²⁾Instituto de Recursos Naturales y Agrobiología (IRNAS-CSIC), Apto. 1052, 41080-Sevilla, Spain

8

9 ⁽³⁾Dept. Agricultural and Biosystems Engineering, Iowa State University, Ames, IA 50011, USA

10

11 ⁽⁴⁾Dept. Natural Resources and the Environment, University of New Hampshire,
12 Durham, NH, 03824, USA

13

14 ⁽⁵⁾Dept. Natural Resources Ecology and Management, Iowa State University, Ames, IA 50011, USA

15

16 ⁽⁶⁾Northern Research Station, USDA Forest Service, Grand Rapids, MN 55744, USA

17

18 ⁽⁷⁾USDA Agricultural Research Service, National Laboratory for Agriculture and the Environment, Ames,
19 IA 50011, USA

20

21 *virginiahsa@gmail.com

22

23 **ABSTRACT**

24 Intensively managed annual cropping systems have produced high crop yields but have often produced
25 significant ecosystem services alteration, in particular hydrologic regulation loss. Reconversion of annual
26 agricultural systems to perennial vegetation can lead to hydrologic function restoration, but its effect is
27 still not well understood. Therefore, our objective was to assess the effects of strategic introduction of
28 different amounts and location of native prairie vegetation (NPV) within agricultural landscapes on
29 hydrological regulation. The study was conducted in Iowa (USA), and consisted of a fully balanced,
30 replicated, incomplete block design whereby 12 zero-order ephemeral flow watersheds received 4

31 treatments consisting of varying proportions (0%, 10%, and 20%) of prairie vegetation located in
32 different watershed positions (footslope vs. contour strips). Runoff volume and rate were measured
33 from 2008 to 2010 (April-October) with an H-Flume installed in each catchment, and automated ISCO
34 samplers.

35 Over the entire study period, we observed a total of 129 runoff events with an average runoff volume
36 reduction of 37% based on the three treatments with NPV compared to watersheds with row crops. We
37 observed a progressively greater reduction across the three years of the study as the perennial strips
38 became established with the greatest differences among treatments occurring in 2010. The differences
39 among the watersheds were attributed mainly to NPV amount and position, with the 10% NPV at
40 footslope treatment having the greatest runoff reduction probably because the portion of NPV filter
41 strip that actually contacted watershed runoff was greater with the 10% NPV at footslope. We observed
42 greater reductions in runoff in spring and fall likely because perennial prairie plants were active and
43 crops were absent or not fully established. High antecedent soil moisture sometimes led to little benefit
44 of the NPV treatments but in general the NPV treatments were effective during both small and large
45 events. We conclude that, small amounts of NPV strategically incorporated into corn-soybean
46 watersheds in the Midwest U.S. can be used to effectively reduce runoff.

47

48 **Keywords:** Agricultural watersheds; Conservation practices; Corn belt; Hydrologic services restoration;
49 Vegetative buffers; Width- position strips

50

51 **1.- INTRODUCTION**

52 The conversion of native vegetation to agricultural production systems to yield diverse goods and
53 services represents one of the most substantial human alterations of the Earth system. The impact of
54 this conversion is well recognized within the scientific community and it interacts strongly with most
55 other components of global environmental change (Ramankutty and Foley, 1999, Vitousek et al. 1997).
56 Agriculture affects ecosystems through the use and release of limited resources that influence
57 ecosystem function (e.g. nitrogen, phosphorus, and water), release of pesticides, and biodiversity loss
58 (Tilman et al. 2001), all of which can alter the availability of diverse ecosystem services (MEA, 2005). In
59 particular, agriculture has been one of the major drivers of increasing water scarcity, declining water
60 quality, and loss of flood regulation capacity worldwide (Houet et al. 2010). Agricultural production, and
61 its related hydrological changes, have greatly increased during the 20th century and are expected to
62 continue in the 21st century (Gordon et al. 2008). These impacts of agriculture on diverse hydrologic
63 services represent a major threat to the well-being of human populations in many regions across the
64 globe (MEA, 2005).

65 The Corn Belt of the Midwestern US has experienced one of the most dramatic and complete landscape
66 scale conversions from native perennial ecosystems to monoculture annual cropping systems. In this
67 region, approximately 70% of the pre-European settlement prairies, savannas, riparian forests, and
68 wetlands have been converted to annual crops (NASS, 2004), and the region now produces
69 approximately 40% of the world's total annual corn yield (USDA, 2005). However, the environmental
70 consequences of these changes are increasingly becoming apparent, including documented increases in
71 baseflow (Schilling and Libra, 2003, Zhang and Schilling, 2006), contamination of water supplies (Jaynes
72 et al. 1999, Goolsby and Battaglin, 2001), diminished flood control (Knox, 2001), all of which have far-
73 reaching social and economic consequences (Alexander et al. 2008, Schilling et al. 2008, Rabalais et al.
74 2010).

75 In contrast to annual cropping systems, perennial vegetation can have positive impacts on hydrologic
76 regulation (defined as the combined effect of increased evapotranspiration, infiltration and interception
77 of runoff). Perennial vegetation has greater rainfall interception (Bosch and Hewlet, 1982, Brye et al.
78 2000), greater water use (Brye et al. 2000, Livesley et al. 2004, Anderson et al. 2009), deeper and more
79 extensive rooting system (Jackson et al. 1996, Asbjornsen et al. 2007, 2008), extended phenology
80 (Asbjornsen et al. 2008), and greater diversity in species and functional groups, conferring advantages
81 for productivity and resilience (Tilman et al. 2001). Moreover, perennial vegetation can improve soil
82 structure and hydraulic properties by increasing the number and size of macropores (Yunusa et al. 2002,
83 Seobi et al. 2005) and building organic matter (Liebig et al. 2005, Tufekcioglu et al. 2003), which
84 combined contribute to increasing soil water infiltration and hydraulic conductivity (Bharati et al. 2002,
85 Udawata et al. 2005, 2006, 2008).

86 Reversing the process of agricultural expansion and intensification by restoring native prairie vegetation
87 is not realistic given the goal to meet important societal needs for global food, fuel, and fiber (Tilman et
88 al. 2001). Moreover, technology, knowledge and policy frameworks for effectively managing large-scale
89 highly diverse perennial-based production systems are not yet available (Glover et al. 2007). A promising
90 alternative approach involves the incorporation of relatively small amounts of perennial cover in
91 strategic locations within agricultural landscapes (Asbjornsen et al. in review). Over the past decade,
92 policies have targeted such conservation practices by, for example, promoting the establishment of
93 riparian buffer systems, and grass waterways (Feng et al. 2004). However, achieving the most
94 appropriate balance for maximizing hydrologic functions proportional to the amount of land removed
95 from production will require a better understanding on the influence of spatial extent, position, and
96 type of perennial vegetation within a watershed (Dosskey et al. 2002, Blanco-Canqui et al. 2006), about
97 which little empirical field data exist.

98 Presently, the most reliable field-based information available on effects of perennial cover on
99 agricultural watershed hydrology comes from research on riparian and grass buffer systems with various
100 studies reviewing their effects (Castelle et al. 1994, Liu et al. 2007, Zhang et al. 2010). While the buffer
101 literature is extensive, little research has been done assessing perennial vegetation higher up in the
102 landscape. A few field and plot level studies (Udawatta et al. 2002, Blanco-Canqui et al. 2006, Jiang et al.
103 2007) as well as modeling efforts (Geza et al. 2009) have begun to address the strategic placement of
104 perennial vegetation, but most works are plot studies with controlled flow paths. Thus, there is a need
105 to better understand the in-field performance of vegetative filters where flow is not controlled in some
106 manner (Baker et al. 2006). The effectiveness of vegetative filters will vary significantly, depending upon
107 the area of the filter that overland flow will encounter and the flow conditions in a filter, e.g.
108 concentration of flow (Helmets et al. 2008).

109 Research is needed to determine how the amount and placement of perennial vegetation within
110 agricultural watersheds can affect hydrological regulation. This would help determine the proper design
111 of conservation practices that strategically places perennial vegetation in the landscape. In this study we
112 incorporated perennial vegetation filter strips that varied by the area and location in the uplands of 12
113 zero-order watersheds that typically only flowed following snowmelt or following sizable rain events
114 (ephemeral systems). The objective of our study was to assess the effects of strategic placement of
115 native prairie vegetation (NPV) that varied by the landscape position and % of overall watershed cover
116 on: (1) total runoff export from the experimental watersheds, and (2) the effects of annual and seasonal
117 variation in rainfall on watershed response. Additionally, we sought to (3) determine the optimal size
118 and location of native prairie vegetation for achieving maximum hydrologic benefits. Our central
119 hypothesis was that strategic incorporation of small amounts of NPV into annual cropping systems
120 would result in runoff reduction due to the greater hydrological regulation using NPV compared to
121 annual crops. We further expected that differences between treatments would be greater during

122 periods when annual crops were less active (e.g., early spring, late summer) and for smaller rainfall
123 events, where the regulation capacity of NPV strips compared to the annual crops would likely be
124 maximized.

125

126 **2.- STUDY DESIGN AND METHODS**

127 **2.1.- Site Description**

128 The study was conducted at the Neal Smith National Wildlife Refuge (NSNWR, 41°33'N, 93°16'W), a
129 3000 ha area managed by the U.S. National Fish and Wildlife Service, located in the Walnut Creek
130 watershed in Jasper County, Iowa (Fig. 1). The NSNWR comprises part of the southern Iowa drift plain
131 (Major Land Resource Area 108C) (USDA Natural Resources Conservation Service, 2006), which consists
132 of steep rolling hills of Wisconsin-age loess on pre-Illinoian till (Prior, 1991). The landscape is well
133 dissected by streams and ephemeral drainage ways. Most soils at the research sites are classified as
134 Ladoga (Mollic Hapludalf) or Otley (Oxyaquic Argiudolls) soil series with 5 to 14% slopes and are highly
135 erodible (Nestrud and Worster, 1979, Soil Survey Staff, 2003). The mean annual precipitation over the
136 last 30 yr is 850 mm, with most large storms occurring between May and July, measured at the National
137 Ocean and Atmospheric Administration station at the NSNWR.

138

139 **2.2.- Experimental Design**

140 The study was implemented using a balanced incomplete block design with 12 small, zero-order
141 watersheds distributed across four blocks. Zero-order watersheds refer to naturally- formed topographic
142 hollows on hillslopes that concentrate and convey surface runoff water downslope following rainfall
143 events. These zero-order watersheds have no perennial discharge and only exhibit ephemeral discharge
144 in their hydrologic flow regime (American Rivers, 2007). Two blocks were located at Basswood (six

145 watersheds), one block at Interim (three watersheds), and one block at Orbweaver (three watersheds)
146 sites (Fig. 2 Fig. 1). The size of these ephemeral watersheds varied from 0.5 to 3.2 ha, with average
147 slopes ranging from 6.1 to 10.5% (Table 1). Each watershed received one of four treatments (three
148 replicates per treatment): 100% rowcrop (100RC, control condition), 10% NPV in a single filter strip at
149 the footslope position (10FootNPV), 10% NPV distributed among multiple contour filter strips at
150 footslope and backslope positions (10StNPV), and 20% NPV distributed at the footslope position and in
151 contour strips further up in the watershed (20StNPV) (Table 1). These proportions were selected based
152 on model simulations suggesting that rapid increases in sediment trapping efficiency of buffers should
153 occur within the 0-20% perennial cover range (Dosskey et al. 2002). One treatment was randomly
154 withheld from each block, and the remaining three treatments assigned to each block were randomly
155 placed among the block's three ephemeral watersheds. The width of NPV varied from 27 to 41 m at
156 footslope, and 5 to 10 m at shoulder and backslope positions. Two additional watersheds (4.2 and 5.1
157 ha) also within NSNWR and having 100% reconstructed native prairie (100NPV) were also included in the
158 study to provide a prairie reference (Schilling et al. 2007, Tomer et al. 2010). The two reference
159 watersheds in Site 0 (Fig. 2 Fig. 1) are not part of the balanced incomplete block experimental design but
160 because of their proximity to our treatment watersheds we use them as reference watersheds for
161 comparisons during 2009 and 2010 when the flumes were operational.

162

163 Prior to treatment implementation, all four experimental blocks were in brome grass (*Bromus L.*) for at
164 least 10 years. Pretreatment data were collected in 2005 and the first half of 2006. In August 2006, all
165 watersheds were uniformly tilled with a mulch tiller. Starting in spring 2007, a 2-yr no-till corn-soybean
166 rotation (soybean in 2007) was implemented in areas receiving the rowcrop treatment. Weed and
167 nutrient management practices were uniformly applied among the watersheds. Areas receiving NPV
168 treatment were seeded with a diverse mixture of native prairie forbs and grasses using a broadcast

169 seeder on 7 July 2007. The seed mix contained >20 species in total, with the four primary species
170 consisting of indiagrass (*Sorghastrum* Nash), little bluestem (*Schizachyrium* Nees), big bluestem
171 (*Andropogon gerardii* Vitman), and aster (*Aster* L.). This method of seeding is consistent with methods
172 used for other prairie reconstructions at the NSNWR. No fertilizer was applied in the NPV areas.

173

174 **2.3.- Rainfall**

175 Hourly precipitation was obtained from the nearby Mesowest weather station operated by the National
176 Weather Service, which is about 1.3-3.6 km from the study watersheds and fairly centrally located
177 between sites. In addition, in each block rainfall was measured with a rain gauge that collected data
178 every 5 minutes (ISCO 674, Teledyne Isco, Inc., NE, USA) which allowed us to measure time to runoff
179 initiation and peak. For the other rainfall calculations (amount and intensity) the data from the
180 Mesowest weather station were used since they allow historical rainfall comparisons.

181

182 **2.4.- Surface runoff**

183 A fiberglass H flume was installed at the bottom of each watershed in 2005 and early 2006 according to
184 the field manual for research in agricultural hydrology (Brakensiek et al. 1979). The flume size was
185 determined based on the runoff volume and peak flow rate for a 10-yr, 24-hr storm. Runoff volume was
186 estimated using the Soil Conservation Service Curve Number (SCS-CN) method using the curve number
187 for cultivated land with conservation treatment (Haan et al. 1994). A total of eight 2-ft H-flumes and
188 four 2.5-ft H-flumes were installed. Plywood wing walls were inserted at the bottom of watershed to
189 guide surface runoff to the flumes. ISCO 6712 automated water samplers (ISCO, Inc., Lincoln, NE)
190 equipped with pressure transducers (720 Submerged Probe Module) were installed at each flume to
191 record runoff rate and collect water samples from April through October since 2007. ISCO units were
192 removed from the field during winter (November-March) to avoid possible damage from freezing

193 conditions. Flumes were checked to be level in spring of each year when the ISCO units were put back in
194 the field. Flumes were also cleaned whenever sediment became deposited in them during runoff events.
195 Flow stage was continuously measured by a pressure transducer and logged every 5 minutes. Pressure
196 transducers were also calibrated in the laboratory every year when they were removed from the field
197 and were regularly checked during the monitoring period. For each flume flow discharge rate was
198 determined using the stage-discharge rating curve for that specific flume (Walkowiak, 2006). The
199 volume of flow within every 5 minutes was then calculated and summed to obtain the total flow volume
200 for each event. In 2006, there were no rainfall events that produced surface runoff through the flumes.
201 In 2007, runoff varied from 5 to 86 mm, but no treatment effects were evident in the first year of post-
202 treatment data. Thus, we present data from 2008, 2009, and 2010, from April to October. In 2010, one
203 of the watersheds was not used in the analysis (Weaver1, 10FootNPV) due to equipment malfunction.
204 We observed some small but continuous flow at some watersheds, especially Basswood2. However,
205 considering the small size of the watersheds, significant base flow is not probable and was likely due to a
206 seep. Continuous flow data were not included in the analysis, only event based flow.

207

208 **2.5.- Statistical Analyses**

209 To test for significant differences in surface runoff between experimental treatments (%NPV and
210 position vs. cropland) for 2008-2010 we used the PROC MIXED procedure (a generalization of General
211 Linear Model GLM procedure) of SAS (SAS Institute, 2001). The same analysis was used to test for
212 significant differences among the reference watersheds (100NPV), the experimental treatments with
213 different %NPV and 100RC for 2009 and 2010. The variables analyzed were runoff volume, average
214 runoff rate, peak flow, runoff coefficient, time to first peak and time to start of runoff. The runoff
215 coefficient is defined as the ratio of runoff to precipitation. Because of the similarity in landscape, soil
216 formation, and management history among the watersheds, watersheds receiving the same treatment

217 were regarded as randomized replicates (no block effect included). The runoff data were transformed
218 for the analysis (square root transformation) to fix non-constant variance in residuals. We also used the
219 MODEL statement of SAS including the interaction term (RAINFALL*RUNOFF) to test whether the slopes
220 of the regression lines for rainfall-runoff volume were significantly different.

221 We chose $\alpha = 0.1$ and report all p values < 0.1 , allowing the reader to compare statistical results against
222 an alternate α value (e.g., 0.05). Given the incomplete blocking, natural landscape variability among test
223 watersheds, and inherent measurement error involved in hydrologic measurements using flumes, $\alpha =$
224 0.1 is an appropriate indicator of statistical significance for this experiment. However, we distinguish
225 results with p values < 0.1 as 'significant', and report results with p values < 0.05 as 'highly significant'. To
226 gain a better understanding of the hydrologic function of the NPV strips, runoff events were grouped as
227 large events (> 10 mm runoff, averaged among all plots) or small events (< 2 mm runoff) based on their
228 volume, with moderate runoff events between 2 and 10 mm runoff. While arbitrary, the 10 mm
229 threshold includes events with an average return interval of about 1 year (the 2-year runoff event was
230 estimated to be 25 mm runoff). The 2 mm threshold for small events reflected small and relatively
231 frequent events and included about 60% of the events observed during 2008-2010. The other
232 hydrological variables analyzed were also classified based on this criterion. Additionally, events were
233 further classified based on crop phenology: crops dormant season events or very early growing season
234 (April to mid-June and mid-September to October) and crops active growing season events (from mid-
235 June to mid-September). Only in crops active growing season events were crops considered to be fully
236 mature and actively using substantial amounts of water. The same statistical analyses described above
237 were used to determine differences among the treatments in these groups.

238

239 **3.- RESULTS**

240 3.1.- Rainfall

241 A total of 149 rainfall events were analyzed during the study period, where a rainfall event was defined
242 as rainfall that occurs after a rainless interval of at least 12h duration. According to our experience this
243 inter-event time is a good compromise between the independence of widely-spaced events and their
244 increasingly variable intra-event characteristics (Dunkerley, 2008). Surface runoff occurred in at least
245 one watershed for 129 of the rainfall events.

246

247 | Precipitation in the NSNWR was highly variable during the study period (Fig-3Fig. 2), ranging from 824
248 mm in 2009, 982 mm in 2008 and 1247 mm in 2010. The highest intensity rain in any 60 minute period
249 (mm h⁻¹) in a year was also greater for 2010 (40.4 mm h⁻¹) although similar to 2008 (40.1 mm h⁻¹), and
250 lowest for 2009 (15.5 mm h⁻¹). Regarding seasonal variation (Table 2), the highest amount, intensity and
251 number of rainfall events were registered in summer, whereas the lowest values occurred in fall. Some
252 of the greatest intensity events during the study period (2008-2010) were registered in 2010 within a
253 time period of 24 d starting July 18th. Four events out of ten registered in these 24 d were the highest
254 intensity of the study period (2008-2010), above 28.4 mm h⁻¹ in all cases. In this period 430 mm was
255 recorded, which is 29% of the total amount observed in 2010.

256

257 3.2.- Hydrological response to rainfall and NPV effect

258 The slopes of the regression equations rainfall-runoff volume (mm) that can be used as a parameter to
259 | interpret the effect of the different NPV treatments are shown in Fig-4Fig. 3 (R²=0.53-0.60, p<0.0001 in
260 all cases). The slope was higher for 100RC and lower for 10FootNPV, with intermediate values for the
261 other two watershed treatments with NPV distributed in strips. The differences among the slopes were

262 highly significant ($p=0.008$). The watersheds were responsive (i.e. the smallest rainfall event that
263 generated runoff from all 12 watersheds) to rainfall values above 3.4 mm. For all treatments most of the
264 cumulative total runoff volume occurred from events that were <50 mm (Fig. 5 Fig. 4).

265 Mean cumulative runoff for the 12 watersheds showed high variability across years (2008: 152 mm;
266 2009: 80 mm; 2010: 343 mm). Regardless of the different rainfall and runoff patterns of each year, we
267 observed a trend in the percent reduction of cumulative runoff volume through the years due to the
268 introduction of NPV (Fig. 6 Fig. 5). On average, from 2008 to 2010 runoff was reduced by the three
269 treatments with NPV by 29%, 44% and 46%, respectively. There were no significant differences among
270 10FootNPV, 10StNPV, 20StNPV and 100RC in 2008 and 2009 (Fig. 6 Fig. 5). In 2010 we found significant
271 differences ($p=0.064$), with the 100RC treatment having the greatest cumulative runoff, 10FootNPV
272 producing the least runoff while 10StNPV and 20StNPV were intermediate (Fig. 6 Fig. 5). Repeating the
273 same analysis comparing all the treatments with NPV considered as a single factor (10FootNPV, 10StNPV
274 and 20StNPV) to 100RC watersheds, we found highly significant differences for all the events that
275 occurred in 2010 ($p=0.009$), with the 100RC treatment having the larger cumulative runoff than all the
276 individual NPV treatments. Combining all three years we found significant differences among the
277 watersheds with NPV treatments ($p=0.083$), with 10FootNPV having lesser runoff than 10StNPV and
278 20StNPV which presented similar runoff values.

279 Surface runoff volume in the 10FootNPV treatment watersheds was consistently less than the 100RC
280 treatment watersheds across the 3 years studied ($\approx 64\%$). However, the runoff volume produced by the
281 other NPV treatments varied by year, with the smallest decreases occurring in 2008 (3.4% and 19.5% for
282 10StNPV and 20StNPV, respectively) when compared to the 100RC treatment. When compared to the
283 100RC treatment the cumulative runoff in the 10StNPV watersheds was progressively reduced across
284 years (27.3% and 37.0% in 2009 and 2010, respectively), whereas the reduction observed in the

285 20StNPV watersheds was greater in 2009 (44.9%) than in 2010 (35.9%) and lowest in 2008. Highly
286 significant differences only occurred among the watersheds with NPV treatments (10FootNPV, 10StNPV,
287 20StNPV) using runoff rates ($p=0.007$) and in crops dormant season small events ($p=0.038$, data not
288 shown).

289 The runoff rate ($l\ s^{-1}\ ha^{-1}$) showed similar trends as the cumulative runoff patterns among treatments
290 (data not shown). The comparison of each watershed treatment showed no significant differences in
291 2008 and 2009, but in 2010 the individual NPV treatments had significantly smaller runoff rates than the
292 100RC treatment ($p=0.004$).

293 Analysis of peak flow, time to the occurrence of the first peak in each event and the runoff coefficient
294 revealed the same progressive reduction of watershed response to rainfall across years due to NPV
295 introduction (2010, $p=0.046$, data not shown). Peak flows and runoff coefficients were greater for the
296 100RC treatment than all other treatments, with the 10FootNPV, 10StNPV, and the 20StNPV being
297 similar. The time to the occurrence of the first peak was shorter for 100RC than for the rest of the NPV
298 treatments. The time necessary to produce runoff from the moment of precipitation onset showed only
299 significant differences in 2010 ($p=0.07$), with no significant differences in the other years (data not
300 shown). The time necessary to produce runoff was shorter for 100RC than for the watersheds with NPV.

301 The effect of NPV on hydrologic response also varied in relation to event size and season. Over the
302 three-year study period, we observed a total of 12 large runoff events (5 in crops dormant season and 7
303 in crops active growing season) and 82 small runoff events (41 in both crops dormant season and crops
304 active growing season). Despite the similar number of rainfall events in the two seasons, the events
305 occurring in the crop active growing season produced larger runoff volume although the differences
306 were not significant ($p>0.1$, 325 mm on average for crops active growing season compared to 189 mm
307 on average for the crop dormant season, data not shown). Generally, the other hydrological variables

308 analyzed were also greater in the crop active growing season than in the crop dormant season, although
309 clear trends only emerged for large runoff events (Fig. 7Fig. 6). Watersheds with NPV (10FootNPV,
310 10StNPV and 20StNPV combined) had significantly smaller runoff volumes than the 100RC treatment for
311 crops dormant season. In crops active growing season 100RC runoff was significantly greater than
312 watersheds with NPV for both high and small events (Fig. 7Fig. 6a). The runoff coefficient percent was
313 less sensitive to the NPV effect and was only greater for the 100RC treatment when compared to the
314 NPV treated watershed in the dormant season (Fig. 7Fig. 6b). The analysis of mean runoff rate revealed
315 that this variable was also sensitive to the introduction of NPV in the watersheds. As occurred with the
316 runoff volume and coefficient, there were significant differences for both low and large events in crops
317 dormant season. In crops active growing season 100RC runoff rates were also significantly greater (0.14 l
318 $\text{s}^{-1} \text{ ha}^{-1}$) than in watersheds with NPV ($0.055 \text{ l s}^{-1} \text{ ha}^{-1}$) (Figure 76c) but only for small events. Peak flow
319 rate was significantly reduced by watersheds with NPV compared to 100RC only for small runoff events
320 (Figure 67d). The runoff reductions due to NPV presence compared to 100RC occurred in both seasons
321 (crops dormant season $p=0.005$ and crops active growing season $p=0.041$). The onset of runoff occurred
322 at a significantly earlier time in 100RC watersheds than in the NPV treatment watersheds, but these
323 differences were only highly significant for small events in crops dormant season ($p=0.035$, data not
324 shown).

325 The comparisons made throughout the series of figures in Figure 76 were also completed with the
326 inclusion of the 100NPV treatment for 2009 and 2010 (Fig. 87). Results showed that runoff volume
327 registered in 100NPV was smaller than the NPV treatments and the 100RC in all cases except for the
328 small events measured in the crop active growing season where there were no differences between NPV
329 treatments and 100NPV.

330

331 4.- DISCUSSION

332 In this work, we demonstrated through the use of different watershed response measurements (runoff
333 rates and volume) and other variables (runoff peak, runoff coefficient, time to first peak and time to
334 onset of runoff), that the conversion of small areas of cropland to native prairie can produce significant
335 ecosystem service benefits in terms of hydrologic regulation. Restitution of runoff dynamics in
336 agricultural watersheds towards conditions present under native prairie vegetation can have positive
337 effects on maintaining flood control and nutrient cycling processes, as well as reducing contaminant
338 transport and erosion (Blanco-Canqui et al. 2004).

339 The average runoff reduction (37%) reported in our study over a three year period, comparing NPV
340 watersheds with 100RC, is within the broad range of values reported by other similar studies in the U.S.
341 Corn Belt region and central Canada. The introduction of small amounts of perennial vegetation in
342 croplands reduced runoff from 1% (Udawatta et al. 2002) to 52% (Gilley et al. 2000). Differences in
343 buffer width was identified as the main controlling variable (Abu-Zreig et al. 2004), while other factors
344 such as treatment design (filter strip/grass barrier, Blanco-Canqui et al. 2004), agricultural practices
345 (tillage-non tillage, Gilley et al. 2000), perennial treatment establishment (years after perennials
346 seeding, Udawatta et al. 2002), and perennial types used (trees vs. grasses, Veum et al. 2009), likely also
347 played a role.

348 | The greatest runoff reduction consistently occurred in the 10FootNPV watersheds (Fig. [34](#), [54](#), [65](#)).
349 | These differences were highly significant considering runoff rates and runoff volume in crops dormant
350 season small events throughout the 3 study years. Significant differences were also reported for runoff
351 volume in the last year of study. These findings demonstrate a slight interaction between NPV amount
352 and position in the studied watersheds, since the same percentage of NPV (10% of the watershed) but

353 with a different position and distribution (10StNPV) resulted in all cases in larger runoff relative to
354 watersheds with 10% of NPV located at the foot position (10FootNPV).

355 Others have suggested that placing perennial vegetation on slopes should yield the greatest benefits for
356 soil hydraulic properties, because slope areas are generally most vulnerable to degradation (e.g., Meyer
357 and Hamon, 1989, Jiang et al. 2009, Fu et al. 2011). In our study, other factors appeared to have a
358 greater positive influence on runoff reduction, such that NPV at the footslope position was most
359 effective. Our results are possibly related to a non-uniform distribution of flow and soil water content.
360 The same percentage of NPV at the footslope or backslope have a different distribution, with the NPV
361 filter strip being wider and shorter at the footslope and longer and narrower at the backslope (Fig. 2 Fig.
362 1). Wider vegetated filters present a larger effective buffer area to reduce runoff export (Blanco-Canqui
363 et al. 2006) despite having the same area as strips that are longer and narrower. Another important
364 factor explaining the superior performance of NPV when located at the footslope position is that soil
365 water content in agricultural watersheds without NPV is usually greater at the footslope compared to
366 shoulder or backslope positions because of the greater contributing area for runoff (McGee et al. 1997).
367 This non-uniform distribution of soil water content could make NPV at the foot position more effective
368 in reducing runoff, thereby reducing soil water content (Brye et al. 2000) which could increase the
369 potential for infiltration. Although in 20StNPV there were two out of three watersheds with 10% at
370 footslope (Table 1), the third replication had 6.7% at footslope, with the 20NPV treatment on average
371 having narrower NPV filter strips at the footslope position, and therefore having on average a smaller
372 effective area than 10FootNPV. Differences in runoff generating processes, i.e., infiltration excess runoff
373 from the backslopes *versus* saturation excess runoff originating from the footslopes, may be
374 contributing to the responses to these NPV treatments. This remains an area for future investigations.

375

376 | The rainfall amount explained a significant proportion of the variation in runoff volume (~~Fig. 4~~Fig. 3).
377 | However, the percentage reduction in runoff volume was observed to be greater in 2010 than in 2009
378 | and then again, in 2008 regardless of the very different rainfall patterns in each year studied (~~Fig. 3~~Fig.
379 | 2). We hypothesize that as NPV became better established, vegetation cover increased and roots of the
380 | vegetation occupied more soil volume (Udawatta et al. 2002) producing progressively greater runoff
381 | reduction. This argument agrees with the results of biomass sampling in the NPV strips (unpubl. data),
382 | demonstrating that biomass increased from 376 g m⁻² in August 2009 to 572 g m⁻² in August 2010. Thus
383 | runoff reductions may be even greater in the future as the NPV becomes more established. Similarly,
384 | Udawatta et al. (2002) found that most reductions occurred in the second and third years after
385 | treatment establishment, with no apparent runoff reductions observed the same year that treatments
386 | were applied, possibly due to initial soil disturbance and reduced evapotranspiration. Moreover, Tomer
387 | et al. (2010) found that the greatest improvement in shallow groundwater quality occurred within three
388 | years of prairie establishment at the 100NPV site and 2010 was the third year after establishment of the
389 | NPV strips. Conversion of cropland to perennial grasses could produce changes in runoff not only due to
390 | perennial establishment as explained earlier, but also because perennial vegetation produces changes in
391 | soil hydraulic properties. However, several years may be required before perennial vegetation is capable
392 | of substantially ameliorating changes in soil pore structure caused by tillage (Schwartz et al. 2003).
393 | Runoff reduction can also occur due to resistance to flow, ponding and greater infiltration. Reduction in
394 | flow velocity can also result from the physical resistance of the standing stems of the perennials plants
395 | (Meyer et al. 1995), ponding water upslope which favors sediment deposition (Melvin and Morgan,
396 | 2001, Ziegler et al. 2006).

397 | In general, the runoff reductions observed in the NPV relative to the 100RC watersheds were more
398 | pronounced in spring and fall (crops dormant season) compared to summer (crops active growing
399 | season) (~~Fig. 7~~Fig. 6). In these seasons, corn or soybean cover is either absent or minimal, and only

400 becomes fully developed in the summer. In contrast, perennials maintain belowground tissue
401 throughout the year, allowing them to initiate growth vegetatively in early spring. Annual crops must
402 germinate from seed every spring, and therefore require more time to develop. Thus, a longer growing
403 season by perennials causes a reduction in soil water content during critical periods such as spring and
404 fall, which, in turn, can increase water infiltration and storage (Bharati et al. 2002, Anderson et al. 2009).
405 However, in summer, water use by perennial vegetation and annual crops is generally similar, as
406 demonstrated by a related work also conducted at the NSNWR measuring the water use
407 (evapotranspiration). These measurements were based on Bowen Ratio techniques and taken in crops
408 (corn) and a 5 year old prairie, whereby mean daily evapotranspiration rates recorded over a 4 month
409 period in the peak growing season (July-August) were nearly similar (5.6 mm for prairie, and 5.8 mm for
410 corn) (Mateos-Remigio et al. in preparation).

411 We only observed runoff volume differences between NPV and 100RC in crops active growing season for
412 high rainfall events. The highest runoff events could minimize the NPV buffering capacity due to a
413 progressive saturation of soil water content, given similar transpiration as the crop during the active
414 growing season and the little difference between infiltration measurements in crop areas and NPV area
415 in a preliminary on-site study. Runoff events resulting from saturation excess and high rainfall events
416 have been reported for nearby watersheds (Sauer et al. 2005) and in other regions (Robinson et al.
417 2008). Continuously monitored water table levels at one of the watersheds (Interim-1) clearly showed
418 that shallow groundwater had risen to close to or even higher than the ground surface for the entire
419 watershed during the large storms from August 8-11, 2010, demonstrating the saturation excess runoff.
420 Nevertheless, the events analyzed in crops active growing season as large events were not very
421 frequent. We only registered 7 events, and 5 were observed in 2010 (~~Fig-3~~Fig. 2). It has also been
422 demonstrated that NPV treatments not only mitigated runoff during small events, but they were also
423 helpful for large events reduction (~~Fig-5~~Fig. 4). Reducing peak flow rates could be important for erosion

424 and nutrient export reduction since it has been demonstrated that large flood events are important to
425 the nutrient load to rivers, for example in Iowa (Hubbard et al. 2011).

426 There are also other external factors influencing runoff response including slope, watershed size, species
427 composition and density of the vegetation, inflow rate and soil texture (Abu-Zreig et al. 2004, Liu et al.
428 2008). In our study, species composition, plant density, and soils are considered similar for every
429 watershed. Size and slope did not produce significant differences in runoff response among watersheds
430 (non significant relationship between cumulative runoff for each watershed and slope and size, $p>0.1$).

431

432 **5.- CONCLUSIONS**

433 Our results indicate that small amounts of NPV (<20% NPV) strategically incorporated into corn-soybean
434 watersheds in the Midwest found in dissected glacial (pre-Wisconsinan) terrain, can be used to
435 effectively reduce runoff. The differences among the watersheds were attributed mainly to NPV
436 amount, position, and establishment time. The differences in runoff reductions were greater in spring
437 and fall (crops dormant season) due to the different perennial and annual phenology. Soil water
438 saturation counteracted these differences during some periods. However, overall the NPV practices
439 were effective during both small and larger events.

440 A slight interaction between size (10-20%NPV) and position (footslope vs. contour strips) of NPV strips
441 was observed although differences among NPV treatments were not always significant. Converting 10%
442 of cropland to NPV at the footslope position was the most effective design to reduce runoff and the
443 easiest to manage, presenting the greatest hydrological benefits with the lowest lost income
444 (percentage of cropland converted to NPV).

445 The observed decreases in runoff are especially interesting given the short time that the watershed
446 treatments have been in place, and the progressive reduction observed across the three year study
447 period. This could have long-term benefits for ameliorating negative impacts of annual crops agriculture
448 on the overall hydrologic functions in landscapes, including other related processes (erosion,
449 contaminants transport, etc.). The major runoff reductions were obtained in spring and fall, which are
450 the most critical periods because of relative bare croplands soils.

451 More work is needed to explore the potential of these management practices under different
452 environmental conditions, as well as in larger watersheds. Additionally, more information is needed to
453 link these results to sediment and nutrient loss and contamination of groundwater, streams, rivers and
454 oceans, water pollution, at larger scales. These practices could help to ensure flood control and water
455 quality, services of high importance. Small income lost (croplands to NPV) could have important
456 environmental benefits as demonstrated at a relatively small scale in this work.

457

458 **Acknowledgements**

459 Funding for this project was provided by the Leopold Center for Sustainable Agriculture, Iowa State
460 University College of Agriculture and Life Sciences, USDA Forest Service Northern Research Station, Iowa
461 Department of Agriculture and Land Stewardship, USDA North Central Region SARE program, and USDA-
462 AFRI Managed Ecosystems program. We would like to thank Pauline Drobney and the staff at the Neal
463 Smith National Wildlife Refuge for their support of this project. We would also like to thank the
464 ecohydrology group at Iowa State University for helping collect the data in the field. We are thankful to
465 two anonymous reviewers for their interesting comments.

466

467 **FIGURES**

468 | Fig. 1. Location of Walnut Creek Watershed in Iowa (USA) and ~~study watersheds.~~

469 | ~~Fig. 2.~~ Experimental design of vegetative filters for the study watersheds at (a) Basswood, (b) Interim,
470 | and (c) Orbweaver.

471 | Fig. ~~23.~~ Cumulative rainfall during the study period (April- October 2008-2010) and 30-year average.

472 | Fig. ~~34.~~ Relationship between rainfall (mm) and runoff volume (mm) for each treatment. Each point
473 | represents the event average of the three watersheds for each treatment (10FootNPV, 10StNPV,
474 | 20StNPV and 100RC).

475 | Fig. ~~45.~~ Cumulative runoff sorted by rainfall event size (mm) for the 3 years studied (April-October). Each
476 | point represents the average of the 3 watersheds for each treatment (10FootNPV, 10StNPV, 20StNPV
477 | and 100RC).

478 | Fig. ~~65.~~ Cumulative runoff volume (mm) from April to October in 2008, 2009 and 2010. Each line
479 | represents the average of the three watersheds for each treatment (10FootNPV, 10StNPV, 20StNPV,
480 | 100RC) and two watersheds in the case of 100NPV).

481 | Fig. ~~67.~~ Comparison between NPV treatments and 100RC of (a) mean runoff volume (mm event^{-1}), (b)
482 | runoff coefficient (%), (c) mean runoff rate ($\text{l s}^{-1} \text{ha}^{-1}$) ($\text{l s}^{-1} \text{ha}^{-1}$) and (d) peak flow rate ($\text{l s}^{-1} \text{ha}^{-1}$). The
483 | error bars represent 95% confidence intervals for the mean runoff. Actual values of p are shown, ns: no
484 | significant differences found.

485 | Fig. 78. Mean runoff volume (mm event⁻¹) for 2009 and 2010 for watershed with % of NPV, 100RC and
 486 | 100NPV. Different letters indicate significant differences. Actual values of p are shown, Actual values of
 487 | p are shown, ns: no significant differences found.

488

489 **TABLES**

490 Table 1. General watershed characteristics and description of treatments imposed on the experimental
 491 watersheds.

	Size (ha)	Slope (%)	Location and percentage of grass filters*	Number of strips
Basswood-1	0.53	7.5	10% at footslope	1 at footslope
Basswood-2	0.48	6.6	5% at footslope and 5% at shoulder	2, 1 at footslope and 1 at shoulder
Basswood-3	0.47	6.4	10% at footslope and 10% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-4	0.55	8.2	10% at footslope and 10% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-5	1.24	8.9	5% at footslope and 5% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-6	0.84	10.5	All rowcrops	0
Interim-1	3.00	7.7	3.3% at footslope, 3.3% at backslope, and 3.3% at shoulder	3, 1 at footslope, 1 at backslope, and 1 at shoulder
Interim-2	3.19	6.1	10% at footslope	1 at footslope
Interim-3	0.73	9.3	All rowcrops	0

Orbweaver-1	1.18	10.3	10% at footslope	1 at footslope
Orbweaver-2	2.40	6.7	6.7% at footslope, 6.7% at backslope, and 6.7% at shoulder	3, 1 at footslope, 1 at backslope and 1 at shoulder
Orbweaver-3	1.24	6.6	All rowcrops	0

492 *Percentage of grass filters = area of filters / area of watershed

493

494 Table 2. Maximum intensity of rain, total amount of water and the number of events that occurred in
495 spring, summer and fall of 2008, 2009 and 2010.

	2008			2009			2010		
	Spring	Summer	Fall	Spring	Summer	Fall	Spring	Summer	Fall
Mean intensity (mm h ⁻¹)	37.3	40.1	20.5	15.2	15.5	11.2	18.5	40.4	5.3
Total volume (mm)	364.2	503.0	113.7	282.2	318.5	223.8	451.1	701.0	91.4
Events #	23	24	1	16	18	13	22	30	2

496

497

498 REFERENCES

499 Abu-Zreig, M., Rudra, R.P., Lalonde, M.N., Whiteley, H.R., Kaushik, N.K., 2004. Experimental investigation
500 of runoff reduction and sediment removal by vegetated filter strips. Hydrol Process.(18), 2029-2037

501 Alexander, R.W., Calvo-Cases, A., Arnau-Rosalen, E., Mather, A.E., Lazaro-Suau, R., 2009. Erosion and
502 stabilization sequences in relation to base level changes in the El Cautivo badlands, SE Spain.

503 Geomorphology 100 (1-2), 83-90

504 American Rivers, 2007. Where rivers are born. The Scientific Imperative for Defending Small Streams
505 and Wetlands. American Rivers publications (act.americanrivers.org)
506

507 Anderson, S.H.; Udawatta, R.P.; Seobi, T., Garrett, H.E., 2009. Soil water content and infiltration in
508 agroforestry buffer strips. *Agroforest. Syst.* 75(1), 5-16

509 Asbjornsen, H., Shepherd, G., Helmers, M., Mora, G., 2008. Seasonal patterns in depth of water uptake
510 under contrasting annual and perennial systems in the Corn Belt Region of the Midwestern US. *Plant Soil*
511 308 (1-2), 69-92

512 Asbjornsen, H., Mora, G., Helmers, M.J., 2007. Variation in water uptake dynamics among contrasting
513 agricultural and native plant communities in the Midwestern US. *Agric. Ecosyst. Environ.* 121(4), 343-356

514 Baker, J.L., Helmers, M.J., Laflen, J.M., 2006. Water management practices. In (Schnepf, M., Cox, C.):
515 Environmental Benefits of Conservation on Cropland: The Status of Our Knowledge. Soil and Water
516 Conservation Society, Iowa.

517 Bharati, L., Lee, K.H., Isenhardt, T.M., Schultz, R.C., 2002. Soil-water infiltration under crops, pasture, and
518 established riparian buffer in Midwestern USA. *Agroforest. Syst.* 56(3), 249-257

519 Blanco-Canqui, H., Gantzer, C.J., Anderson, S.H., Albert, E.E., 2004. Grass barriers for reduced
520 concentrated flow induced soil and nutrient loss. *Soil Sci. Soc. Am. J.* 68(6), 1963-1972

521 Blanco-Canqui, H., Gantzer, C.J., Anderson, S.H., 2006. Performance of grass barriers and filter strips
522 under interrill and concentrated flow. *J. Environ. Qual.* 35(6), 1969-1974

523 Bosch, J.M., Hewlett, J.D., 1982. A review catchment experiments to determine the effect of vegetation
524 changes on water yield and evapotranspiration. *J. Hydrol.* 55(1-4), 3-23

525 Brakensiek, D.L., Osborn, H.B., Rawls, W.J., 1979. Field manual for research in agricultural hydrology.
526 U.S. Department of Agriculture, Agriculture Handbook 224, 550pp. U.S. Government Printing Office,
527 Washington, D.C.

528 Bbye, K.R., Norman, J.M., Bundy, L.G., Gower, S.T., 2000. Water-budget evaluation of prairie and maize
529 ecosystems. *Soil Sci. Soc. Am. J.*64(2), 715-724

530 Castelle, A.J., Johnson, A.W., Conolly, C., 1994. Wetland and stream buffer size requirements –a review.
531 *J. Environ. Qual.* 23(5), 878-882

532 Dosskey, M.G., Helmers, M.J., Eisenhauer, D.E., Franti, T.G., Hoagland, K.D., 2002. Assessment of
533 concentrated flow through riparian buffers. *J. Soil Water Conserv.* 57(6), 336-343

534 Dunkerley, D., 2008. Identifying individual rain events from pluviograph records: a review with analysis
535 of data from an Australian dryland site. *Hydrol Process.* 22(26), 5024-5036

536 Feng, H. L., Kurkalova, L. A., Kling, C. L., Gassman, P.W. 2004. Environmental conservation in agriculture:
537 land retirement versus changing practices on working land. Working Paper - Center for Agricultural and
538 Rural Development, Iowa State University 04-WP 365 40 pp.

539 Fu, S.H., Liu, B.Y., Liu, H.P., Xu, L. 2011. The effect of slope on interrill erosion at short slopes. *Catena*
540 84(1-2), 29-34

541 Geza, M., Barfield, B.J., Huhnke, R.L., Stoecker, A., Storm, D.E., Stevens, E.W. 2009. Comparison of Targeted
542 Replacement and Vegetative Filter Strips for Sediment Control and Cost Effectiveness. *J. Water Res.*
543 *Pl.*135(5), 406-409

544 Gilley, J.E., Eghball, B., Kramer, L.A., Moorman, T.B., 2000. Narrow grass hedge effects on runoff and soil
545 loss. *J. Soil Water Conserv.* 55(2), 190-196

546 Glover, J.D.; Cox, C.M.; Reganold, J.P. 2007. Future farming: A return to roots?. *Sci. Am.* 297(2), 82-89
547

548 Goolsby, D.A., Battaglin, W.A., 2001. Long-term changes in concentrations and flux of nitrogen in the
549 Mississippi River Basin, USA. *Hydrol Process.* 15(7), 1209-1226

550 Gordon, L.M., Bennett, S.J., Alonso, C.V., Bingner, R.L., 2008. Modeling long-term soil losses on
551 agricultural fields due to ephemeral gully erosion. *J. Soil Water Conserv.* 63(4), 173-181

552 Hann, C.T., B.J. Barfield, and J.C. Hayes. 1994. Design hydrology and sedimentology for small
553 watersheds. Academic Press, New York.

554 Helmers, M.J., Isenhardt, T.M., Dosskey, M.G., Dabney, S.M., Strock, J.S., 2008. Buffers and Vegetative
555 Filter Strips. In UMRSHNC (Upper Mississippi River Sub-basin Hypoxia Nutrient Committee). Final Report:
556 Gulf Hypoxia and Local Water Quality Concerns Workshop. American Society of Agricultural and
557 Biological Engineers. St. Joseph, Michigan

558 Houet, T., Loveland, T.R., Hubert-Moy, L., Gaucherel, C., Napton, D., Barnes, C.A., Saylor, K., 2010.
559 Exploring subtle land use and land cover changes: a framework for future landscape studies. *Landsc.*
560 *Ecol.* 25(2), 249-266

561 Hubbard, L., Kolpin, D.W., Kalkhoff, S.J., Robertson, D.M., 2011. Nutrient and Sediment Concentrations
562 and Corresponding Loads during the Historic June 2008 Flooding in Eastern Iowa. *J. Environ. Qual.* 40,
563 166–175

564 Jackson, R.B., Canadell, J., Ehleringer, J.R., Mooney H.A., Sala O.E., Schulze, E.D.A., 1996. Global analysis
565 of root distributions for terrestrial biomes. *Oecologia* 108(3), 389-411

566 Jaynes, D.B., Hatfield, J.L., Meek, D.W., 1999. Water quality in Walnut Creek watershed: Herbicides and
567 nitrate in surface waters. *J. Environ. Qual.* 28(1), 45-59

568 Jiang, P., Anderson, S.H., Kitchen, N.R., Sadler, E.J., Sudduth, K.A., 2007. Landscape and conservation
569 management effects on hydraulic properties of a claypan-soil toposequence. *Soil Sci. Soc. Am. J.* 71(3),
570 803-811

571 Knox, J.C., 1999. Agricultural influence on landscape sensitivity in the Upper Mississippi River Valley.
572 *Catena* 42(2-4), 193-224

573 Livesley, S.J., Gregory, P.J., Buresh, R.J., 2004. Competition in tree row Agroforest. *Syst..* 3. Soil water
574 distribution and dynamics. *Plant Soil* 264(1-2), 129-139

575 Liebig, M.A., Johnson, H.A., Hanson, J.D., Frank, A.B., 2005. Soil carbon under switchgrass stands and
576 cultivated cropland. *Biomass & Bioenergy* 28(4), 347-354

577 Liu, X. M., Zhang, X. Y., Zhang, M.H., 2008. Major factors influencing the efficacy of vegetated buffers on
578 sediment trapping: a review and analysis. *J. Environ. Qual.* 37(5), 1667-1674

579 Mateos-Remigio, V., H. Asbjornsen, J. Tarara, T. Sauer. Comparative ecohydrological function of a native
580 C4 grass, native C3 forb, and a C4 crop species in Central Iowa, USA. To be submitted to Agric. Ecosyst.
581 Environ.

582 McGee, E.A., Peterson, G.A., Westfall, D.G., 1997. Water storage efficiency in no-till dryland cropping
583 systems. J. Soil Water Conserv. 52(2), 131-136

584 Melville, N., Morgan, R.P.C., 2001. The influence of grass density on effectiveness of contour grass strips
585 for control of soil erosion on low angle slopes. Soil Use Manage. 17(4), 278-281

586 Meyer, L.D., Dabney, S.M., Harmon, W.C., 1995. Sediment-trapping effectiveness of stiff-grass hedges.
587 Trans. ASAE 38(3), 809-815

588 Meyer, L.D., Harmon, W.C. 1989 How row-sideslope length and steepness affect sideslope erosion.
589 Trans. ASAE **32**, 639-644

590 Millennium Ecosystem Assessment, 2005. *Ecosystems and Human Well-being: Synthesis*. Island Press,
591 Washington, DC.

592 NASS, 2004. National Agricultural Statistics Service. 2004. Census of Agriculture 2002. U.S. Department
593 of Agriculture, Washington, D.C. Available online www.nass.usdagov/Census_of_Agriculture/index.asp.

594 Prior, J.C., 1991. Landforms of Iowa. Univ. of Iowa Press, Iowa City.

595 Rabalais, N.N., Diaz, R.J., Levin, L.A., Turner, R.E., Gilbert, D., Zhang, J., 2010. Dynamics and distribution
596 of natural and human-caused hypoxia. Biogeosciences 7(2), 585-619

597 Ramankutty, N., Foley, J.A., 1999. Estimating historical changes in global land cover: Croplands from
598 1700 to 1992. Global Biogeochem. Cycles 13(4), 997-1027

599 Robinson D.A., Campbell, C.S., Hopmans, J.W., Hornbuckle, B.K., Jones, S.B., Knight, R., Ogden, F., Selker,
600 J., Wendroth, O., 2008. Soil moisture measurement for ecological and hydrological watershed-scale
601 observatories: A review. *Vadose Zone J.* 7(1), 358-389

602 Sauer, T.J., Logsdon, S.D., Van Brahana, J., Murdoch, J.F., 2005. Variation in infiltration with landscape
603 position: Implications for forest productivity and surface water quality. *For. Ecol. Manage.* 220(1-3), 118-
604 127

605 Seobi, T., Anderson, S.H., Udawatta, R.P., Gantzer C.J., 2005. Influence of grass and agroforestry buffer
606 strips on soil hydraulic properties for an Albaqualf. *Soil Sci. Soc. Am. J.* 69(3), 893-901

607 Schilling, K.E., Libra, R.D., 2003. Increased baseflow in Iowa over the second half of the 20th century. *J.*
608 *Am. Water Resour. Assoc.* 39(4), 851-860

609 Schilling, K.E., Jha, M.K., Zhang, Y.K., Gassman, P.W., Wolter, C.F., 2008. Impact of land use and land
610 cover change on the water balance of a large agricultural watershed: Historical effects and future
611 directions. *Water Resour. Res.* 44

612 Schilling, K.E., M.D. Tomer, Y-K. Zhang, T. Weisbrod, P. Jacobson, and C.A. Cambardella. 2007.
613 Hydrogeologic controls on nitrate transport in a small agricultural catchment, Iowa. *J. Geophysical*
614 *Research – Biogeosciences.* 112, G03007, doi:10.1029/2007JG000405

615 Schwartz, R.C., Evett, S.R., Unger, P.W., 2003. Soil hydraulic properties of cropland compared with
616 reestablished and native grassland. *Geoderma* 116(1-2), 47-60

617 Tilman, D., Fargione, J., Wolff, B., D'Antonio, C., Dobson, A., Howarth, R., Schindler, D., Schlesinger,
618 W.H., Simberloff, D., Swackhamer, D., 2001. Forecasting agriculturally driven global environmental
619 change. *Science* 292, 281-284

620 Tomer, M.D., K.E. Schilling, C.A. Cambardella, P. Jacobson, and P. Drobney. 2010. Groundwater nutrient
621 concentrations during prairie reconstruction on an Iowa landscape. *Agric. Ecosyst. Environ.* 139:206-213.

622 Tufekcioglu, A., Raich, J.W., Isenhardt, T.M., Schultz, R.C., 2003. Biomass, carbon and nitrogen dynamics
623 of multi-species riparian buffers within an agricultural watershed in Iowa, USA. *Agroforest. Syst.* 57(3),
624 187-198

625 USDA, 2005. Agricultural Statistics Data Base. National Agricultural Statistics Service, United States
626 Department of Agriculture. Available at [http:// www.nass.usda.gov](http://www.nass.usda.gov)

627 Udawatta, R.P., Gantzer, C.J., Anderson, S.H., Garrett, H.E., 2008. Agroforestry and grass buffer effects
628 on pore characteristics measured by high-resolution x-ray computed tomography. *Soil Sci. Soc. Am.*
629 *J.* 72(2), 295-304

630 Udawatta, R.P., Motavalli, P.P., Garrett, H.E., Krstansky, J.J., 2006. Nitrogen losses in runoff from three
631 adjacent agricultural watersheds with claypan soils. *Agric. Ecosyst. Environ.* 117(1), 39-48

632 Udawatta, R.P., Krstansky, J.J., Henderson, G.S., Garrett, H.E., 2002. Agroforestry practices, runoff, and
633 nutrient loss: A paired watershed comparison. *J. Environ. Qual.* 31(4), 1214-1225

634 Vitousek, P.M., Aber, J.D., Howarth, R.W., Likens, G.E., Matson, P.A., Schindler, D.W., Schlesinger, W.H.,
635 Tilman, G.D., 1997. Human alteration of the global nitrogen cycle: Sources and consequences. *Ecol. Appl.*
636 7(3), 737-750

637 Walkowiak, D.K., 2006. ISCO open channel flow measurement handbook, Teledyne ISCO, Lincoln, NE.

638 Yunusa, I.A.M., Mele, P.M., Rab, M.A., Schefe, C.R., Beverly, C.R., 2002. Priming of soil structural and
639 hydrological properties by native woody species, annual crops, and a permanent pasture. *Aust. J. Soil*
640 *Res.* 40(2), 207-219

641 Zhang, L., Dawes, W.R., Walker, G.R., 2001. Response of mean annual evapotranspiration to vegetation
642 changes at catchment scale. *Water Resour. Res.* 37(3) 701-708

643 Zhang, Y.K., Schilling, K.E., 2006. Effects of land cover on water table, soil moisture, evapotranspiration,
644 and groundwater recharge: A Field observation and analysis. *J. Hydrol.* 319(1-4), 328-338

645 Zhang, X.Y., Liu, X.M., Zhang, M.H., Dahlgren, R.A., Eitzel, M., 2010. A Review of Vegetated Buffers and a
646 Meta-analysis of Their Mitigation Efficacy in Reducing Nonpoint Source Pollution. *J. Environ. Qual.*
647 39(1),76-87

648 Ziegler, A.D., Negishi, J., Sidle, R.C., Preechapanya, P., Sutherland, R.A., Giambelluca, T.W., Jaiaree, S.
649 2006. Reduction of stream sediment concentration by a Riparian buffer: Filtering of road runoff in
650 disturbed headwater basins of Montane mainland Southeast Asia. *J. Environ. Qual.* 35(1), 151-162

1 **NATIVE PRAIRIE FILTER STRIPS REDUCE RUNOFF FROM HILLSLOPES UNDER ANNUAL ROW-CROP**
2 **SYSTEMS IN IOWA, USA**

3
4 Hernandez-Santana, V^{(1,2)*}, Zhou, X⁽³⁾, Helmers, MJ⁽³⁾, Asbjornsen, H^(4,5), Kolka, R⁽⁶⁾, Tomer, M⁽⁷⁾

5 ⁽¹⁾Dept. Natural Resources Ecology and Management, Iowa State University, Ames, IA 50011, USA

6
7 ⁽²⁾Instituto de Recursos Naturales y Agrobiologia (IRNAS-CSIC), Apto. 1052, 41080-Sevilla, Spain

8
9 ⁽³⁾Dept. Agricultural and Biosystems Engineering, Iowa State University, Ames, IA 50011, USA

10
11 ⁽⁴⁾Dept. Natural Resources and the Environment, University of New Hampshire,
12 Durham, NH, 03824, USA

13
14 ⁽⁵⁾Dept. Natural Resources Ecology and Management, Iowa State University, Ames, IA 50011, USA

15
16 ⁽⁶⁾Northern Research Station, USDA Forest Service, Grand Rapids, MN 55744, USA

17
18 ⁽⁷⁾USDA Agricultural Research Service, National Laboratory for Agriculture and the Environment, Ames,
19 IA 50011, USA

20
21 *virginiahsa@gmail.com

22
23 **ABSTRACT**

24 Intensively managed annual cropping systems have produced high crop yields but have often produced
25 significant ecosystem services alteration, in particular hydrologic regulation loss. Reconversion of annual
26 agricultural systems to perennial vegetation can lead to hydrologic function restoration, but its effect is
27 still not well understood. Therefore, our objective was to assess the effects of strategic introduction of
28 different amounts and location of native prairie vegetation (NPV) within agricultural landscapes on
29 hydrological regulation. The study was conducted in Iowa (USA), and consisted of a fully balanced,
30 replicated, incomplete block design whereby 12 zero-order ephemeral flow watersheds received 4

31 treatments consisting of varying proportions (0%, 10%, and 20%) of prairie vegetation located in
32 different watershed positions (footslope vs. contour strips). Runoff volume and rate were measured
33 from 2008 to 2010 (April-October) with an H-Flume installed in each catchment, and automated ISCO
34 samplers.

35 Over the entire study period, we observed a total of 129 runoff events with an average runoff volume
36 reduction of 37% based on the three treatments with NPV compared to watersheds with row crops. We
37 observed a progressively greater reduction across the three years of the study as the perennial strips
38 became established with the greatest differences among treatments occurring in 2010. The differences
39 among the watersheds were attributed mainly to NPV amount and position, with the 10% NPV at
40 footslope treatment having the greatest runoff reduction probably because the portion of NPV filter
41 strip that actually contacted watershed runoff was greater with the 10% NPV at footslope. We observed
42 greater reductions in runoff in spring and fall likely because perennial prairie plants were active and
43 crops were absent or not fully established. High antecedent soil moisture sometimes led to little benefit
44 of the NPV treatments but in general the NPV treatments were effective during both small and large
45 events. We conclude that, small amounts of NPV strategically incorporated into corn-soybean
46 watersheds in the Midwest U.S. can be used to effectively reduce runoff.

47

48 **Keywords:** Agricultural watersheds; Conservation practices; Corn belt; Hydrologic services restoration;
49 Vegetative buffers; Width- position strips

50

51 **1.- INTRODUCTION**

52 The conversion of native vegetation to agricultural production systems to yield diverse goods and
53 services represents one of the most substantial human alterations of the Earth system. The impact of
54 this conversion is well recognized within the scientific community and it interacts strongly with most
55 other components of global environmental change (Ramankutty and Foley, 1999, Vitousek et al. 1997).
56 Agriculture affects ecosystems through the use and release of limited resources that influence
57 ecosystem function (e.g. nitrogen, phosphorus, and water), release of pesticides, and biodiversity loss
58 (Tilman et al. 2001), all of which can alter the availability of diverse ecosystem services (MEA, 2005). In
59 particular, agriculture has been one of the major drivers of increasing water scarcity, declining water
60 quality, and loss of flood regulation capacity worldwide (Houet et al. 2010). Agricultural production, and
61 its related hydrological changes, have greatly increased during the 20th century and are expected to
62 continue in the 21st century (Gordon et al. 2008). These impacts of agriculture on diverse hydrologic
63 services represent a major threat to the well-being of human populations in many regions across the
64 globe (MEA, 2005).

65 The Corn Belt of the Midwestern US has experienced one of the most dramatic and complete landscape
66 scale conversions from native perennial ecosystems to monoculture annual cropping systems. In this
67 region, approximately 70% of the pre-European settlement prairies, savannas, riparian forests, and
68 wetlands have been converted to annual crops (NASS, 2004), and the region now produces
69 approximately 40% of the world's total annual corn yield (USDA, 2005). However, the environmental
70 consequences of these changes are increasingly becoming apparent, including documented increases in
71 baseflow (Schilling and Libra, 2003, Zhang and Schilling, 2006), contamination of water supplies (Jaynes
72 et al. 1999, Goolsby and Battaglin, 2001), diminished flood control (Knox, 2001), all of which have far-
73 reaching social and economic consequences (Alexander et al. 2008, Schilling et al. 2008, Rabalais et al.
74 2010).

75 In contrast to annual cropping systems, perennial vegetation can have positive impacts on hydrologic
76 regulation (defined as the combined effect of increased evapotranspiration, infiltration and interception
77 of runoff). Perennial vegetation has greater rainfall interception (Bosch and Hewlet, 1982, Brye et al.
78 2000), greater water use (Brye et al. 2000, Livesley et al. 2004, Anderson et al. 2009), deeper and more
79 extensive rooting system (Jackson et al. 1996, Asbjornsen et al. 2007, 2008), extended phenology
80 (Asbjornsen et al. 2008), and greater diversity in species and functional groups, conferring advantages
81 for productivity and resilience (Tilman et al. 2001). Moreover, perennial vegetation can improve soil
82 structure and hydraulic properties by increasing the number and size of macropores (Yunusa et al. 2002,
83 Seobi et al. 2005) and building organic matter (Liebig et al. 2005, Tufekcioglu et al. 2003), which
84 combined contribute to increasing soil water infiltration and hydraulic conductivity (Bharati et al. 2002,
85 Udawata et al. 2005, 2006, 2008).

86 Reversing the process of agricultural expansion and intensification by restoring native prairie vegetation
87 is not realistic given the goal to meet important societal needs for global food, fuel, and fiber (Tilman et
88 al. 2001). Moreover, technology, knowledge and policy frameworks for effectively managing large-scale
89 highly diverse perennial-based production systems are not yet available (Glover et al. 2007). A promising
90 alternative approach involves the incorporation of relatively small amounts of perennial cover in
91 strategic locations within agricultural landscapes (Asbjornsen et al. in review). Over the past decade,
92 policies have targeted such conservation practices by, for example, promoting the establishment of
93 riparian buffer systems, and grass waterways (Feng et al. 2004). However, achieving the most
94 appropriate balance for maximizing hydrologic functions proportional to the amount of land removed
95 from production will require a better understanding on the influence of spatial extent, position, and
96 type of perennial vegetation within a watershed (Dosskey et al. 2002, Blanco-Canqui et al. 2006), about
97 which little empirical field data exist.

98 Presently, the most reliable field-based information available on effects of perennial cover on
99 agricultural watershed hydrology comes from research on riparian and grass buffer systems with various
100 studies reviewing their effects (Castelle et al. 1994, Liu et al. 2007, Zhang et al. 2010). While the buffer
101 literature is extensive, little research has been done assessing perennial vegetation higher up in the
102 landscape. A few field and plot level studies (Udawatta et al. 2002, Blanco-Canqui et al. 2006, Jiang et al.
103 2007) as well as modeling efforts (Geza et al. 2009) have begun to address the strategic placement of
104 perennial vegetation, but most works are plot studies with controlled flow paths. Thus, there is a need
105 to better understand the in-field performance of vegetative filters where flow is not controlled in some
106 manner (Baker et al. 2006). The effectiveness of vegetative filters will vary significantly, depending upon
107 the area of the filter that overland flow will encounter and the flow conditions in a filter, e.g.
108 concentration of flow (Helmets et al. 2008).

109 Research is needed to determine how the amount and placement of perennial vegetation within
110 agricultural watersheds can affect hydrological regulation. This would help determine the proper design
111 of conservation practices that strategically places perennial vegetation in the landscape. In this study we
112 incorporated perennial vegetation filter strips that varied by the area and location in the uplands of 12
113 zero-order watersheds that typically only flowed following snowmelt or following sizable rain events
114 (ephemeral systems). The objective of our study was to assess the effects of strategic placement of
115 native prairie vegetation (NPV) that varied by the landscape position and % of overall watershed cover
116 on: (1) total runoff export from the experimental watersheds, and (2) the effects of annual and seasonal
117 variation in rainfall on watershed response. Additionally, we sought to (3) determine the optimal size
118 and location of native prairie vegetation for achieving maximum hydrologic benefits. Our central
119 hypothesis was that strategic incorporation of small amounts of NPV into annual cropping systems
120 would result in runoff reduction due to the greater hydrological regulation using NPV compared to
121 annual crops. We further expected that differences between treatments would be greater during

122 periods when annual crops were less active (e.g., early spring, late summer) and for smaller rainfall
123 events, where the regulation capacity of NPV strips compared to the annual crops would likely be
124 maximized.

125

126 **2.- STUDY DESIGN AND METHODS**

127 **2.1.- Site Description**

128 The study was conducted at the Neal Smith National Wildlife Refuge (NSNWR, 41°33'N, 93°16'W), a
129 3000 ha area managed by the U.S. National Fish and Wildlife Service, located in the Walnut Creek
130 watershed in Jasper County, Iowa (Fig. 1). The NSNWR comprises part of the southern Iowa drift plain
131 (Major Land Resource Area 108C) (USDA Natural Resources Conservation Service, 2006), which consists
132 of steep rolling hills of Wisconsin-age loess on pre-Illinoian till (Prior, 1991). The landscape is well
133 dissected by streams and ephemeral drainage ways. Most soils at the research sites are classified as
134 Ladoga (Mollic Hapludalf) or Otley (Oxyaquic Argiudolls) soil series with 5 to 14% slopes and are highly
135 erodible (Nestrud and Worster, 1979, Soil Survey Staff, 2003). The mean annual precipitation over the
136 last 30 yr is 850 mm, with most large storms occurring between May and July, measured at the National
137 Ocean and Atmospheric Administration station at the NSNWR.

138

139 **2.2.- Experimental Design**

140 The study was implemented using a balanced incomplete block design with 12 small, zero-order
141 watersheds distributed across four blocks. Zero-order watersheds refer to naturally- formed topographic
142 hollows on hillslopes that concentrate and convey surface runoff water downslope following rainfall
143 events. These zero-order watersheds have no perennial discharge and only exhibit ephemeral discharge
144 in their hydrologic flow regime (American Rivers, 2007). Two blocks were located at Basswood (six

145 watersheds), one block at Interim (three watersheds), and one block at Orbweaver (three watersheds)
146 sites (Fig. 1). The size of these ephemeral watersheds varied from 0.5 to 3.2 ha, with average slopes
147 ranging from 6.1 to 10.5% (Table 1). Each watershed received one of four treatments (three replicates
148 per treatment): 100% rowcrop (100RC, control condition), 10% NPV in a single filter strip at the
149 footslope position (10FootNPV), 10% NPV distributed among multiple contour filter strips at footslope
150 and backslope positions (10StNPV), and 20% NPV distributed at the footslope position and in contour
151 strips further up in the watershed (20StNPV) (Table 1). These proportions were selected based on model
152 simulations suggesting that rapid increases in sediment trapping efficiency of buffers should occur
153 within the 0-20% perennial cover range (Dosskey et al. 2002). One treatment was randomly withheld
154 from each block, and the remaining three treatments assigned to each block were randomly placed
155 among the block's three ephemeral watersheds. The width of NPV varied from 27 to 41 m at footslope,
156 and 5 to 10 m at shoulder and backslope positions. Two additional watersheds (4.2 and 5.1 ha) also
157 within NSNWR and having 100% reconstructed native prairie (100NPV) were also included in the study
158 to provide a prairie reference (Schilling et al. 2007, Tomer et al. 2010). The two reference watersheds in
159 Site 0 (Fig. 1) are not part of the balanced incomplete block experimental design but because of their
160 proximity to our treatment watersheds we use them as reference watersheds for comparisons during
161 2009 and 2010 when the flumes were operational.

162
163 Prior to treatment implementation, all four experimental blocks were in brome grass (*Bromus* L.) for at
164 least 10 years. Pretreatment data were collected in 2005 and the first half of 2006. In August 2006, all
165 watersheds were uniformly tilled with a mulch tiller. Starting in spring 2007, a 2-yr no-till corn–soybean
166 rotation (soybean in 2007) was implemented in areas receiving the rowcrop treatment. Weed and
167 nutrient management practices were uniformly applied among the watersheds. Areas receiving NPV
168 treatment were seeded with a diverse mixture of native prairie forbs and grasses using a broadcast

169 seeder on 7 July 2007. The seed mix contained >20 species in total, with the four primary species
170 consisting of indiagrass (*Sorghastrum* Nash), little bluestem (*Schizachyrium* Nees), big bluestem
171 (*Andropogon gerardii* Vitman), and aster (*Aster* L.). This method of seeding is consistent with methods
172 used for other prairie reconstructions at the NSNWR. No fertilizer was applied in the NPV areas.

173

174 **2.3.- Rainfall**

175 Hourly precipitation was obtained from the nearby Mesowest weather station operated by the National
176 Weather Service, which is about 1.3-3.6 km from the study watersheds and fairly centrally located
177 between sites. In addition, in each block rainfall was measured with a rain gauge that collected data
178 every 5 minutes (ISCO 674, Teledyne Isco, Inc., NE, USA) which allowed us to measure time to runoff
179 initiation and peak. For the other rainfall calculations (amount and intensity) the data from the
180 Mesowest weather station were used since they allow historical rainfall comparisons.

181

182 **2.4.- Surface runoff**

183 A fiberglass H flume was installed at the bottom of each watershed in 2005 and early 2006 according to
184 the field manual for research in agricultural hydrology (Brakensiek et al. 1979). The flume size was
185 determined based on the runoff volume and peak flow rate for a 10-yr, 24-hr storm. Runoff volume was
186 estimated using the Soil Conservation Service Curve Number (SCS-CN) method using the curve number
187 for cultivated land with conservation treatment (Haan et al. 1994). A total of eight 2-ft H-flumes and
188 four 2.5-ft H-flumes were installed. Plywood wing walls were inserted at the bottom of watershed to
189 guide surface runoff to the flumes. ISCO 6712 automated water samplers (ISCO, Inc., Lincoln, NE)
190 equipped with pressure transducers (720 Submerged Probe Module) were installed at each flume to
191 record runoff rate and collect water samples from April through October since 2007. ISCO units were
192 removed from the field during winter (November-March) to avoid possible damage from freezing

193 conditions. Flumes were checked to be level in spring of each year when the ISCO units were put back in
194 the field. Flumes were also cleaned whenever sediment became deposited in them during runoff events.
195 Flow stage was continuously measured by a pressure transducer and logged every 5 minutes. Pressure
196 transducers were also calibrated in the laboratory every year when they were removed from the field
197 and were regularly checked during the monitoring period. For each flume flow discharge rate was
198 determined using the stage-discharge rating curve for that specific flume (Walkowiak, 2006). The
199 volume of flow within every 5 minutes was then calculated and summed to obtain the total flow volume
200 for each event. In 2006, there were no rainfall events that produced surface runoff through the flumes.
201 In 2007, runoff varied from 5 to 86 mm, but no treatment effects were evident in the first year of post-
202 treatment data. Thus, we present data from 2008, 2009, and 2010, from April to October. In 2010, one
203 of the watersheds was not used in the analysis (Weaver1, 10FootNPV) due to equipment malfunction.
204 We observed some small but continuous flow at some watersheds, especially Basswood2. However,
205 considering the small size of the watersheds, significant base flow is not probable and was likely due to a
206 seep. Continuous flow data were not included in the analysis, only event based flow.

207

208 **2.5.- Statistical Analyses**

209 To test for significant differences in surface runoff between experimental treatments (%NPV and
210 position vs. cropland) for 2008-2010 we used the PROC MIXED procedure (a generalization of General
211 Linear Model GLM procedure) of SAS (SAS Institute, 2001). The same analysis was used to test for
212 significant differences among the reference watersheds (100NPV), the experimental treatments with
213 different %NPV and 100RC for 2009 and 2010. The variables analyzed were runoff volume, average
214 runoff rate, peak flow, runoff coefficient, time to first peak and time to start of runoff. The runoff
215 coefficient is defined as the ratio of runoff to precipitation. Because of the similarity in landscape, soil
216 formation, and management history among the watersheds, watersheds receiving the same treatment

217 were regarded as randomized replicates (no block effect included). The runoff data were transformed
218 for the analysis (square root transformation) to fix non-constant variance in residuals. We also used the
219 MODEL statement of SAS including the interaction term (RAINFALL*RUNOFF) to test whether the slopes
220 of the regression lines for rainfall-runoff volume were significantly different.

221 We chose $\alpha = 0.1$ and report all p values < 0.1 , allowing the reader to compare statistical results against
222 an alternate α value (e.g., 0.05). Given the incomplete blocking, natural landscape variability among test
223 watersheds, and inherent measurement error involved in hydrologic measurements using flumes, $\alpha =$
224 0.1 is an appropriate indicator of statistical significance for this experiment. However, we distinguish
225 results with p values < 0.1 as 'significant', and report results with p values < 0.05 as 'highly significant'. To
226 gain a better understanding of the hydrologic function of the NPV strips, runoff events were grouped as
227 large events (> 10 mm runoff, averaged among all plots) or small events (< 2 mm runoff) based on their
228 volume, with moderate runoff events between 2 and 10 mm runoff. While arbitrary, the 10 mm
229 threshold includes events with an average return interval of about 1 year (the 2-year runoff event was
230 estimated to be 25 mm runoff). The 2 mm threshold for small events reflected small and relatively
231 frequent events and included about 60% of the events observed during 2008-2010. The other
232 hydrological variables analyzed were also classified based on this criterion. Additionally, events were
233 further classified based on crop phenology: crops dormant season events or very early growing season
234 (April to mid-June and mid-September to October) and crops active growing season events (from mid-
235 June to mid-September). Only in crops active growing season events were crops considered to be fully
236 mature and actively using substantial amounts of water. The same statistical analyses described above
237 were used to determine differences among the treatments in these groups.

238

239 **3.- RESULTS**

240 **3.1.- Rainfall**

241 A total of 149 rainfall events were analyzed during the study period, where a rainfall event was defined
242 as rainfall that occurs after a rainless interval of at least 12h duration. According to our experience this
243 inter-event time is a good compromise between the independence of widely-spaced events and their
244 increasingly variable intra-event characteristics (Dunkerley, 2008). Surface runoff occurred in at least
245 one watershed for 129 of the rainfall events.

246
247 Precipitation in the NSNWR was highly variable during the study period (Fig. 2), ranging from 824 mm in
248 2009, 982 mm in 2008 and 1247 mm in 2010. The highest intensity rain in any 60 minute period (mm h^{-1})
249 in a year was also greater for 2010 (40.4 mm h^{-1}) although similar to 2008 (40.1 mm h^{-1}), and lowest for
250 2009 (15.5 mm h^{-1}). Regarding seasonal variation (Table 2), the highest amount, intensity and number of
251 rainfall events were registered in summer, whereas the lowest values occurred in fall. Some of the
252 greatest intensity events during the study period (2008-2010) were registered in 2010 within a time
253 period of 24 d starting July 18th. Four events out of ten registered in these 24 d were the highest
254 intensity of the study period (2008-2010), above 28.4 mm h^{-1} in all cases. In this period 430 mm was
255 recorded, which is 29% of the total amount observed in 2010.

256

257 **3.2.- Hydrological response to rainfall and NPV effect**

258 The slopes of the regression equations rainfall-runoff volume (mm) that can be used as a parameter to
259 interpret the effect of the different NPV treatments are shown in Fig. 3 ($R^2=0.53-0.60$, $p<0.0001$ in all
260 cases). The slope was higher for 100RC and lower for 10FootNPV, with intermediate values for the other
261 two watershed treatments with NPV distributed in strips. The differences among the slopes were highly

262 significant ($p=0.008$). The watersheds were responsive (i.e. the smallest rainfall event that generated
263 runoff from all 12 watersheds) to rainfall values above 3.4 mm. For all treatments most of the
264 cumulative total runoff volume occurred from events that were <50 mm (Fig. 4).

265 Mean cumulative runoff for the 12 watersheds showed high variability across years (2008: 152 mm;
266 2009: 80 mm; 2010: 343 mm). Regardless of the different rainfall and runoff patterns of each year, we
267 observed a trend in the percent reduction of cumulative runoff volume through the years due to the
268 introduction of NPV (Fig. 5). On average, from 2008 to 2010 runoff was reduced by the three treatments
269 with NPV by 29%, 44% and 46%, respectively. There were no significant differences among 10FootNPV,
270 10StNPV, 20StNPV and 100RC in 2008 and 2009 (Fig. 5). In 2010 we found significant differences
271 ($p=0.064$), with the 100RC treatment having the greatest cumulative runoff, 10FootNPV producing the
272 least runoff while 10StNPV and 20StNPV were intermediate (Fig. 5). Repeating the same analysis
273 comparing all the treatments with NPV considered as a single factor (10FootNPV, 10StNPV and 20StNPV)
274 to 100RC watersheds, we found highly significant differences for all the events that occurred in 2010
275 ($p=0.009$), with the 100RC treatment having the larger cumulative runoff than all the individual NPV
276 treatments. Combining all three years we found significant differences among the watersheds with NPV
277 treatments ($p=0.083$), with 10FootNPV having lesser runoff than 10StNPV and 20StNPV which presented
278 similar runoff values.

279 Surface runoff volume in the 10FootNPV treatment watersheds was consistently less than the 100RC
280 treatment watersheds across the 3 years studied ($\approx 64\%$). However, the runoff volume produced by the
281 other NPV treatments varied by year, with the smallest decreases occurring in 2008 (3.4% and 19.5% for
282 10StNPV and 20StNPV, respectively) when compared to the 100RC treatment. When compared to the
283 100RC treatment the cumulative runoff in the 10StNPV watersheds was progressively reduced across
284 years (27.3% and 37.0% in 2009 and 2010, respectively), whereas the reduction observed in the

285 20StNPV watersheds was greater in 2009 (44.9%) than in 2010 (35.9%) and lowest in 2008. Highly
286 significant differences only occurred among the watersheds with NPV treatments (10FootNPV, 10StNPV,
287 20StNPV) using runoff rates ($p=0.007$) and in crops dormant season small events ($p=0.038$, data not
288 shown).

289 The runoff rate ($\text{l s}^{-1} \text{ ha}^{-1}$) showed similar trends as the cumulative runoff patterns among treatments
290 (data not shown). The comparison of each watershed treatment showed no significant differences in
291 2008 and 2009, but in 2010 the individual NPV treatments had significantly smaller runoff rates than the
292 100RC treatment ($p=0.004$).

293 Analysis of peak flow, time to the occurrence of the first peak in each event and the runoff coefficient
294 revealed the same progressive reduction of watershed response to rainfall across years due to NPV
295 introduction (2010, $p=0.046$, data not shown). Peak flows and runoff coefficients were greater for the
296 100RC treatment than all other treatments, with the 10FootNPV, 10StNPV, and the 20StNPV being
297 similar. The time to the occurrence of the first peak was shorter for 100RC than for the rest of the NPV
298 treatments. The time necessary to produce runoff from the moment of precipitation onset showed only
299 significant differences in 2010 ($p=0.07$), with no significant differences in the other years (data not
300 shown). The time necessary to produce runoff was shorter for 100RC than for the watersheds with NPV.

301 The effect of NPV on hydrologic response also varied in relation to event size and season. Over the
302 three-year study period, we observed a total of 12 large runoff events (5 in crops dormant season and 7
303 in crops active growing season) and 82 small runoff events (41 in both crops dormant season and crops
304 active growing season). Despite the similar number of rainfall events in the two seasons, the events
305 occurring in the crop active growing season produced larger runoff volume although the differences
306 were not significant ($p>0.1$, 325 mm on average for crops active growing season compared to 189 mm
307 on average for the crop dormant season, data not shown). Generally, the other hydrological variables

308 analyzed were also greater in the crop active growing season than in the crop dormant season, although
309 clear trends only emerged for large runoff events (Fig. 6). Watersheds with NPV (10FootNPV, 10StNPV
310 and 20StNPV combined) had significantly smaller runoff volumes than the 100RC treatment for crops
311 dormant season. In crops active growing season 100RC runoff was significantly greater than watersheds
312 with NPV for both high and small events (Fig. 6a). The runoff coefficient percent was less sensitive to the
313 NPV effect and was only greater for the 100RC treatment when compared to the NPV treated watershed
314 in the dormant season (Fig. 6b). The analysis of mean runoff rate revealed that this variable was also
315 sensitive to the introduction of NPV in the watersheds. As occurred with the runoff volume and
316 coefficient, there were significant differences for both low and large events in crops dormant season. In
317 crops active growing season 100RC runoff rates were also significantly greater ($0.14 \text{ l s}^{-1} \text{ ha}^{-1}$) than in
318 watersheds with NPV ($0.055 \text{ l s}^{-1} \text{ ha}^{-1}$) (Figure 6c) but only for small events. Peak flow rate was
319 significantly reduced by watersheds with NPV compared to 100RC only for small runoff events (Figure
320 6d). The runoff reductions due to NPV presence compared to 100RC occurred in both seasons (crops
321 dormant season $p=0.005$ and crops active growing season $p=0.041$). The onset of runoff occurred at a
322 significantly earlier time in 100RC watersheds than in the NPV treatment watersheds, but these
323 differences were only highly significant for small events in crops dormant season ($p=0.035$, data not
324 shown).

325 The comparisons made throughout the series of figures in Figure 6 were also completed with the
326 inclusion of the 100NPV treatment for 2009 and 2010 (Fig. 7). Results showed that runoff volume
327 registered in 100NPV was smaller than the NPV treatments and the 100RC in all cases except for the
328 small events measured in the crop active growing season where there were no differences between NPV
329 treatments and 100NPV.

330

331 4.- DISCUSSION

332 In this work, we demonstrated through the use of different watershed response measurements (runoff
333 rates and volume) and other variables (runoff peak, runoff coefficient, time to first peak and time to
334 onset of runoff), that the conversion of small areas of cropland to native prairie can produce significant
335 ecosystem service benefits in terms of hydrologic regulation. Restitution of runoff dynamics in
336 agricultural watersheds towards conditions present under native prairie vegetation can have positive
337 effects on maintaining flood control and nutrient cycling processes, as well as reducing contaminant
338 transport and erosion (Blanco-Canqui et al. 2004).

339 The average runoff reduction (37%) reported in our study over a three year period, comparing NPV
340 watersheds with 100RC, is within the broad range of values reported by other similar studies in the U.S.
341 Corn Belt region and central Canada. The introduction of small amounts of perennial vegetation in
342 croplands reduced runoff from 1% (Udawatta et al. 2002) to 52% (Gilley et al. 2000). Differences in
343 buffer width was identified as the main controlling variable (Abu-Zreig et al. 2004), while other factors
344 such as treatment design (filter strip/grass barrier, Blanco-Canqui et al. 2004), agricultural practices
345 (tillage-non tillage, Gilley et al. 2000), perennial treatment establishment (years after perennials
346 seeding, Udawatta et al. 2002), and perennial types used (trees vs. grasses, Veum et al. 2009), likely also
347 played a role.

348 The greatest runoff reduction consistently occurred in the 10FootNPV watersheds (Fig. 3, 4, 5). These
349 differences were highly significant considering runoff rates and runoff volume in crops dormant season
350 small events throughout the 3 study years. Significant differences were also reported for runoff volume
351 in the last year of study. These findings demonstrate a slight interaction between NPV amount and
352 position in the studied watersheds, since the same percentage of NPV (10% of the watershed) but with a

353 different position and distribution (10StNPV) resulted in all cases in larger runoff relative to watersheds
354 with 10% of NPV located at the foot position (10FootNPV).

355 Others have suggested that placing perennial vegetation on slopes should yield the greatest benefits for
356 soil hydraulic properties, because slope areas are generally most vulnerable to degradation (e.g., Meyer
357 and Hamon, 1989, Jiang et al. 2009, Fu et al. 2011). In our study, other factors appeared to have a
358 greater positive influence on runoff reduction, such that NPV at the footslope position was most
359 effective. Our results are possibly related to a non-uniform distribution of flow and soil water content.
360 The same percentage of NPV at the footslope or backslope have a different distribution, with the NPV
361 filter strip being wider and shorter at the footslope and longer and narrower at the backslope (Fig. 1).
362 Wider vegetated filters present a larger effective buffer area to reduce runoff export (Blanco-Canqui et
363 al. 2006) despite having the same area as strips that are longer and narrower. Another important factor
364 explaining the superior performance of NPV when located at the footslope position is that soil water
365 content in agricultural watersheds without NPV is usually greater at the footslope compared to shoulder
366 or backslope positions because of the greater contributing area for runoff (McGee et al. 1997). This non-
367 uniform distribution of soil water content could make NPV at the foot position more effective in
368 reducing runoff, thereby reducing soil water content (Brye et al. 2000) which could increase the
369 potential for infiltration. Although in 20StNPV there were two out of three watersheds with 10% at
370 footslope (Table 1), the third replication had 6.7% at footslope, with the 20NPV treatment on average
371 having narrower NPV filter strips at the footslope position, and therefore having on average a smaller
372 effective area than 10FootNPV. Differences in runoff generating processes, i.e., infiltration excess runoff
373 from the backslopes *versus* saturation excess runoff originating from the footslopes, may be
374 contributing to the responses to these NPV treatments. This remains an area for future investigations.

375

376 The rainfall amount explained a significant proportion of the variation in runoff volume (Fig. 3).
377 However, the percentage reduction in runoff volume was observed to be greater in 2010 than in 2009
378 and then again, in 2008 regardless of the very different rainfall patterns in each year studied (Fig. 2). We
379 hypothesize that as NPV became better established, vegetation cover increased and roots of the
380 vegetation occupied more soil volume (Udawatta et al. 2002) producing progressively greater runoff
381 reduction. This argument agrees with the results of biomass sampling in the NPV strips (unpubl. data),
382 demonstrating that biomass increased from 376 g m⁻² in August 2009 to 572 g m⁻² in August 2010. Thus
383 runoff reductions may be even greater in the future as the NPV becomes more established. Similarly,
384 Udawatta et al. (2002) found that most reductions occurred in the second and third years after
385 treatment establishment, with no apparent runoff reductions observed the same year that treatments
386 were applied, possibly due to initial soil disturbance and reduced evapotranspiration. Moreover, Tomer
387 et al. (2010) found that the greatest improvement in shallow groundwater quality occurred within three
388 years of prairie establishment at the 100NPV site and 2010 was the third year after establishment of the
389 NPV strips. Conversion of cropland to perennial grasses could produce changes in runoff not only due to
390 perennial establishment as explained earlier, but also because perennial vegetation produces changes in
391 soil hydraulic properties. However, several years may be required before perennial vegetation is capable
392 of substantially ameliorating changes in soil pore structure caused by tillage (Schwartz et al. 2003).
393 Runoff reduction can also occur due to resistance to flow, ponding and greater infiltration. Reduction in
394 flow velocity can also result from the physical resistance of the standing stems of the perennials plants
395 (Meyer et al. 1995), ponding water upslope which favors sediment deposition (Melvin and Morgan,
396 2001, Ziegler et al. 2006).

397 In general, the runoff reductions observed in the NPV relative to the 100RC watersheds were more
398 pronounced in spring and fall (crops dormant season) compared to summer (crops active growing
399 season) (Fig. 6). In these seasons, corn or soybean cover is either absent or minimal, and only becomes

400 fully developed in the summer. In contrast, perennials maintain belowground tissue throughout the
401 year, allowing them to initiate growth vegetatively in early spring. Annual crops must germinate from
402 seed every spring, and therefore require more time to develop. Thus, a longer growing season by
403 perennials causes a reduction in soil water content during critical periods such as spring and fall, which,
404 in turn, can increase water infiltration and storage (Bharati et al. 2002, Anderson et al. 2009). However,
405 in summer, water use by perennial vegetation and annual crops is generally similar, as demonstrated by
406 a related work also conducted at the NSNWR measuring the water use (evapotranspiration). These
407 measurements were based on Bowen Ratio techniques and taken in crops (corn) and a 5 year old
408 prairie, whereby mean daily evapotranspiration rates recorded over a 4 month period in the peak
409 growing season (July-August) were nearly similar (5.6 mm for prairie, and 5.8 mm for corn) (Mateos-
410 Remigio et al. in preparation).

411 We only observed runoff volume differences between NPV and 100RC in crops active growing season for
412 high rainfall events. The highest runoff events could minimize the NPV buffering capacity due to a
413 progressive saturation of soil water content, given similar transpiration as the crop during the active
414 growing season and the little difference between infiltration measurements in crop areas and NPV area
415 in a preliminary on-site study. Runoff events resulting from saturation excess and high rainfall events
416 have been reported for nearby watersheds (Sauer et al. 2005) and in other regions (Robinson et al.
417 2008). Continuously monitored water table levels at one of the watersheds (Interim-1) clearly showed
418 that shallow groundwater had risen to close to or even higher than the ground surface for the entire
419 watershed during the large storms from August 8-11, 2010, demonstrating the saturation excess runoff.
420 Nevertheless, the events analyzed in crops active growing season as large events were not very
421 frequent. We only registered 7 events, and 5 were observed in 2010 (Fig. 2). It has also been
422 demonstrated that NPV treatments not only mitigated runoff during small events, but they were also
423 helpful for large events reduction (Fig. 4). Reducing peak flow rates could be important for erosion and

424 nutrient export reduction since it has been demonstrated that large flood events are important to the
425 nutrient load to rivers, for example in Iowa (Hubbard et al. 2011).

426 There are also other external factors influencing runoff response including slope, watershed size, species
427 composition and density of the vegetation, inflow rate and soil texture (Abu-Zreig et al. 2004, Liu et al.
428 2008). In our study, species composition, plant density, and soils are considered similar for every
429 watershed. Size and slope did not produce significant differences in runoff response among watersheds
430 (non significant relationship between cumulative runoff for each watershed and slope and size, $p>0.1$).

431

432 **5.- CONCLUSIONS**

433 Our results indicate that small amounts of NPV (<20% NPV) strategically incorporated into corn-soybean
434 watersheds in the Midwest found in dissected glacial (pre-Wisconsinan) terrain, can be used to
435 effectively reduce runoff. The differences among the watersheds were attributed mainly to NPV
436 amount, position, and establishment time. The differences in runoff reductions were greater in spring
437 and fall (crops dormant season) due to the different perennial and annual phenology. Soil water
438 saturation counteracted these differences during some periods. However, overall the NPV practices
439 were effective during both small and larger events.

440 A slight interaction between size (10-20%NPV) and position (footslope vs. contour strips) of NPV strips
441 was observed although differences among NPV treatments were not always significant. Converting 10%
442 of cropland to NPV at the footslope position was the most effective design to reduce runoff and the
443 easiest to manage, presenting the greatest hydrological benefits with the lowest lost income
444 (percentage of cropland converted to NPV).

445 The observed decreases in runoff are especially interesting given the short time that the watershed
446 treatments have been in place, and the progressive reduction observed across the three year study
447 period. This could have long-term benefits for ameliorating negative impacts of annual crops agriculture
448 on the overall hydrologic functions in landscapes, including other related processes (erosion,
449 contaminants transport, etc.). The major runoff reductions were obtained in spring and fall, which are
450 the most critical periods because of relative bare croplands soils.

451 More work is needed to explore the potential of these management practices under different
452 environmental conditions, as well as in larger watersheds. Additionally, more information is needed to
453 link these results to sediment and nutrient loss and contamination of groundwater, streams, rivers and
454 oceans, water pollution, at larger scales. These practices could help to ensure flood control and water
455 quality, services of high importance. Small income lost (croplands to NPV) could have important
456 environmental benefits as demonstrated at a relatively small scale in this work.

457

458 **Acknowledgements**

459 Funding for this project was provided by the Leopold Center for Sustainable Agriculture, Iowa State
460 University College of Agriculture and Life Sciences, USDA Forest Service Northern Research Station, Iowa
461 Department of Agriculture and Land Stewardship, USDA North Central Region SARE program, and USDA-
462 AFRI Managed Ecosystems program. We would like to thank Pauline Drobney and the staff at the Neal
463 Smith National Wildlife Refuge for their support of this project. We would also like to thank the
464 ecohydrology group at Iowa State University for helping collect the data in the field. We are thankful to
465 two anonymous reviewers for their interesting comments.

466

467 **FIGURES**

468 Fig. 1. Location of Walnut Creek Watershed in Iowa (USA) and experimental design of vegetative filters
469 for the study watersheds at (a) Basswood, (b) Interim, and (c) Orbweaver.

470 Fig. 2. Cumulative rainfall during the study period (April- October 2008-2010) and 30-year average.

471 Fig. 3. Relationship between rainfall (mm) and runoff volume (mm) for each treatment. Each point
472 represents the event average of the three watersheds for each treatment (10FootNPV, 10StNPV,
473 20StNPV and 100RC).

474 Fig. 4. Cumulative runoff sorted by rainfall event size (mm) for the 3 years studied (April-October). Each
475 point represents the average of the 3 watersheds for each treatment (10FootNPV, 10StNPV, 20StNPV
476 and 100RC).

477 Fig. 5. Cumulative runoff volume (mm) from April to October in 2008, 2009 and 2010. Each line
478 represents the average of the three watersheds for each treatment (10FootNPV, 10StNPV, 20StNPV,
479 100RC) and two watersheds in the case of 100NPV).

480 Fig. 6. Comparison between NPV treatments and 100RC of (a) mean runoff volume (mm event^{-1}), (b)
481 runoff coefficient (%), (c) mean runoff rate ($\text{l s}^{-1} \text{ha}^{-1}$) ($\text{l s}^{-1} \text{ha}^{-1}$) and (d) peak flow rate ($\text{l s}^{-1} \text{ha}^{-1}$). The
482 error bars represent 95% confidence intervals for the mean runoff. Actual values of p are shown, ns: no
483 significant differences found.

484 Fig. 7. Mean runoff volume (mm event^{-1}) for 2009 and 2010 for watershed with % of NPV, 100RC and
485 100NPV. Different letters indicate significant differences. Actual values of p are shown, Actual values of
486 p are shown, ns: no significant differences found.

487

488 **TABLES**

489 Table 1. General watershed characteristics and description of treatments imposed on the experimental
 490 watersheds.

	Size (ha)	Slope (%)	Location and percentage of grass filters*	Number of strips
Basswood-1	0.53	7.5	10% at footslope	1 at footslope
Basswood-2	0.48	6.6	5% at footslope and 5% at shoulder	2, 1 at footslope and 1 at shoulder
Basswood-3	0.47	6.4	10% at footslope and 10% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-4	0.55	8.2	10% at footslope and 10% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-5	1.24	8.9	5% at footslope and 5% shoulder	2, 1 at footslope and 1 at shoulder
Basswood-6	0.84	10.5	All rowcrops	0
Interim-1	3.00	7.7	3.3% at footslope, 3.3% at backslope, and 3.3% at shoulder	3, 1 at footslope, 1 at backslope, and 1 at shoulder
Interim-2	3.19	6.1	10% at footslope	1 at footslope
Interim-3	0.73	9.3	All rowcrops	0
Orbweaver-1	1.18	10.3	10% at footslope	1 at footslope
Orbweaver-2	2.40	6.7	6.7% at footslope, 6.7% at backslope, and 6.7% at shoulder	3, 1 at footslope, 1 at backslope and 1 at shoulder
Orbweaver-3	1.24	6.6	All rowcrops	0

491 *Percentage of grass filters = area of filters / area of watershed

492

493 Table 2. Maximum intensity of rain, total amount of water and the number of events that occurred in
494 spring, summer and fall of 2008, 2009 and 2010.

	2008			2009			2010		
	Spring	Summer	Fall	Spring	Summer	Fall	Spring	Summer	Fall
Mean intensity (mm h ⁻¹)	37.3	40.1	20.5	15.2	15.5	11.2	18.5	40.4	5.3
Total volume (mm)	364.2	503.0	113.7	282.2	318.5	223.8	451.1	701.0	91.4
Events #	23	24	1	16	18	13	22	30	2

495

496

497 REFERENCES

498 Abu-Zreig, M., Rudra, R.P., Lalonde, M.N., Whiteley, H.R., Kaushik, N.K., 2004. Experimental investigation
499 of runoff reduction and sediment removal by vegetated filter strips. Hydrol Process.(18), 2029-2037

500 Alexander, R.W., Calvo-Cases, A., Arnau-Rosalen, E., Mather, A.E., Lazaro-Suau, R., 2009. Erosion and
501 stabilization sequences in relation to base level changes in the El Cautivo badlands, SE Spain.
502 Geomorphology 100 (1-2), 83-90

503 American Rivers, 2007. Where rivers are born. The Scientific Imperative for Defending Small Streams
504 and Wetlands. American Rivers publications (act.americanrivers.org)

505

506 Anderson, S.H.; Udawatta, R.P.; Seobi, T., Garrett, H.E., 2009. Soil water content and infiltration in
507 agroforestry buffer strips. *Agroforest. Syst.* 75(1), 5-16

508 Asbjornsen, H., Shepherd, G., Helmers, M., Mora, G., 2008. Seasonal patterns in depth of water uptake
509 under contrasting annual and perennial systems in the Corn Belt Region of the Midwestern US. *Plant Soil*
510 308 (1-2), 69-92

511 Asbjornsen, H., Mora, G., Helmers, M.J., 2007. Variation in water uptake dynamics among contrasting
512 agricultural and native plant communities in the Midwestern US. *Agric. Ecosyst. Environ.* 121(4), 343-356

513 Baker, J.L., Helmers, M.J., Laflen, J.M., 2006. Water management practices. In (Schnepf, M., Cox, C.):
514 Environmental Benefits of Conservation on Cropland: The Status of Our Knowledge. Soil and Water
515 Conservation Society, Iowa.

516 Bharati, L., Lee, K.H., Isenhart, T.M., Schultz, R.C., 2002. Soil-water infiltration under crops, pasture, and
517 established riparian buffer in Midwestern USA. *Agroforest. Syst.* 56(3), 249-257

518 Blanco-Canqui, H., Gantzer, C.J., Anderson, S.H., Albert, E.E., 2004. Grass barriers for reduced
519 concentrated flow induced soil and nutrient loss. *Soil Sci. Soc. Am. J.* 68(6), 1963-1972

520 Blanco-Canqui, H., Gantzer, C.J., Anderson, S.H., 2006. Performance of grass barriers and filter strips
521 under interrill and concentrated flow. *J. Environ. Qual.* 35(6), 1969-1974

522 Bosch, J.M., Hewlett, J.D., 1982. A review catchment experiments to determine the effect of vegetation
523 changes on water yield and evapotranspiration. *J. Hydrol.* 55(1-4), 3-23

524 Brakensiek, D.L., Osborn, H.B., Rawls, W.J., 1979. Field manual for research in agricultural hydrology.
525 U.S. Department of Agriculture, Agriculture Handbook 224, 550pp. U.S. Government Printing Office,
526 Washington, D.C.

527 Brye, K.R., Norman, J.M., Bundy, L.G., Gower, S.T., 2000. Water-budget evaluation of prairie and maize
528 ecosystems. *Soil Sci. Soc. Am. J.*64(2), 715-724

529 Castelle, A.J., Johnson, A.W., Conolly, C., 1994. Wetland and stream buffer size requirements –a review.
530 *J. Environ. Qual.* 23(5), 878-882

531 Dosskey, M.G., Helmers, M.J., Eisenhauer, D.E., Franti, T.G., Hoagland, K.D., 2002. Assessment of
532 concentrated flow through riparian buffers. *J. Soil Water Conserv.* 57(6), 336-343

533 Dunkerley, D., 2008. Identifying individual rain events from pluviograph records: a review with analysis
534 of data from an Australian dryland site. *Hydrol Process.* 22(26), 5024-5036

535 Feng, H. L., Kurkalova, L. A., Kling, C. L., Gassman, P.W. 2004. Environmental conservation in agriculture:
536 land retirement versus changing practices on working land. Working Paper - Center for Agricultural and
537 Rural Development, Iowa State University 04-WP 365 40 pp.

538 Fu, S.H., Liu, B.Y., Liu, H.P., Xu, L. 2011. The effect of slope on interrill erosion at short slopes. *Catena*
539 84(1-2), 29-34

540 Geza, M., Barfield, BJ, Huhnke, RL, Stoecker, A., Storm, D.E., Stevens, E.W. 2009. Comparison of Targeted
541 Replacement and Vegetative Filter Strips for Sediment Control and Cost Effectiveness. *J. Water Res.*
542 *PL*.135(5), 406-409

543 Gilley, J.E., Eghball, B., Kramer, L.A., Moorman, T.B., 2000. Narrow grass hedge effects on runoff and soil
544 loss. *J. Soil Water Conserv.* 55(2), 190-196

545 Glover, J.D.; Cox, C.M.; Reganold, J.P. 2007. Future farming: A return to roots?. *Sci. Am.* 297(2), 82-89
546

547 Goolsby, D.A., Battaglin, W.A., 2001. Long-term changes in concentrations and flux of nitrogen in the
548 Mississippi River Basin, USA. *Hydrol Process.* 15(7), 1209-1226

549 Gordon, L.M., Bennett, S.J., Alonso, C.V., Bingner, R.L., 2008. Modeling long-term soil losses on
550 agricultural fields due to ephemeral gully erosion. *J. Soil Water Conserv.* 63(4), 173-181

551 Hann, C.T., B.J. Barfield, and J.C. Hayes. 1994. Design hydrology and sedimentology for small
552 watersheds. Academic Press, New York.

553 Helmers, M.J., Isenhardt, T.M., Dosskey, M.G., Dabney, S.M., Strock, J.S., 2008. Buffers and Vegetative
554 Filter Strips. In UMRSHNC (Upper Mississippi River Sub-basin Hypoxia Nutrient Committee). Final Report:
555 Gulf Hypoxia and Local Water Quality Concerns Workshop. American Society of Agricultural and
556 Biological Engineers. St. Joseph, Michigan

557 Houet, T., Loveland, T.R., Hubert-Moy, L., Gaucherel, C., Napton, D., Barnes, C.A., Sayler, K., 2010.
558 Exploring subtle land use and land cover changes: a framework for future landscape studies. *Landsc.*
559 *Ecol.* 25(2), 249-266

560 Hubbard, L., Kolpin, D.W., Kalkhoff, S.J., Robertson, D.M., 2011. Nutrient and Sediment Concentrations
561 and Corresponding Loads during the Historic June 2008 Flooding in Eastern Iowa. *J. Environ. Qual.* 40,
562 166–175

563 Jackson, R.B., Canadell, J., Ehleringer, J.R., Mooney H.A., Sala O.E., Schulze, E.D.A., 1996. Global analysis
564 of root distributions for terrestrial biomes. *Oecologia* 108(3), 389-411

565 Jaynes, D.B., Hatfield, J.L., Meek, D.W., 1999. Water quality in Walnut Creek watershed: Herbicides and
566 nitrate in surface waters. *J. Environ. Qual.* 28(1), 45-59

567 Jiang, P., Anderson, S.H., Kitchen, N.R., Sadler, E.J., Sudduth, K.A., 2007. Landscape and conservation
568 management effects on hydraulic properties of a claypan-soil toposequence. *Soil Sci. Soc. Am. J.* 71(3),
569 803-811

570 Knox, J.C., 1999. Agricultural influence on landscape sensitivity in the Upper Mississippi River Valley.
571 *Catena* 42(2-4), 193-224

572 Livesley, S.J., Gregory, P.J., Buresh, R.J., 2004. Competition in tree row Agroforest. Syst.. 3. Soil water
573 distribution and dynamics. *Plant Soil* 264(1-2), 129-139

574 Liebig, M.A., Johnson, H.A., Hanson, J.D., Frank, A.B., 2005. Soil carbon under switchgrass stands and
575 cultivated cropland. *Biomass & Bioenergy* 28(4), 347-354

576 Liu, X. M., Zhang, X. Y., Zhang, M.H., 2008. Major factors influencing the efficacy of vegetated buffers on
577 sediment trapping: a review and analysis. *J. Environ. Qual.* 37(5), 1667-1674

578 Mateos-Remigio, V., H. Asbjornsen, J. Tarara, T. Sauer. Comparative ecohydrological function of a native
579 C4 grass, native C3 forb, and a C4 crop species in Central Iowa, USA. To be submitted to *Agric. Ecosyst.*
580 *Environ.*

581 McGee, E.A., Peterson, G.A., Westfall, D.G., 1997. Water storage efficiency in no-till dryland cropping
582 systems. *J. Soil Water Conserv.* 52(2), 131-136

583 Melville, N., Morgan, R.P.C., 2001. The influence of grass density on effectiveness of contour grass strips
584 for control of soil erosion on low angle slopes. *Soil Use Manage.* 17(4), 278-281

585 Meyer, L.D., Dabney, S.M., Harmon, W.C., 1995. Sediment-trapping effectiveness of stiff-grass hedges.
586 *Trans. ASAE* 38(3), 809-815

587 Meyer, L.D., Harmon, W.C. 1989 How row-sideslope length and steepness affect sideslope erosion.
588 *Trans. ASAE* 32, 639–644

589 Millennium Ecosystem Assessment, 2005. *Ecosystems and Human Well-being: Synthesis*. Island Press,
590 Washington, DC.

591 NASS, 2004. National Agricultural Statistics Service. 2004. Census of Agriculture 2002. U.S. Department
592 of Agriculture, Washington, D.C. Available online www.nass.usdagov/Census_of_Agriculture/index.asp.

593 Prior, J.C., 1991. Landforms of Iowa. Univ. of Iowa Press, Iowa City.

594 Rabalais, N.N., Diaz, R.J., Levin, L.A., Turner, R.E., Gilbert, D., Zhang, J., 2010. Dynamics and distribution
595 of natural and human-caused hypoxia. *Biogeosciences* 7(2), 585-619

596 Ramankutty, N., Foley, J.A., 1999. Estimating historical changes in global land cover: Croplands from
597 1700 to 1992. *Global Biogeochem. Cycles* 13(4), 997-1027

598 Robinson D.A., Campbell, C.S., Hopmans, J.W., Hornbuckle, B.K., Jones, S.B., Knight, R., Ogden, F., Selker,
599 J., Wendroth, O., 2008. Soil moisture measurement for ecological and hydrological watershed-scale
600 observatories: A review. *Vadose Zone J.* 7(1), 358-389

601 Sauer, T.J., Logsdon, S.D., Van Brahana, J., Murdoch, J.F., 2005. Variation in infiltration with landscape
602 position: Implications for forest productivity and surface water quality. *For. Ecol. Manage.* 220(1-3), 118-
603 127

604 Seobi, T., Anderson, S.H., Udawatta, R.P., Gantzer C.J., 2005. Influence of grass and agroforestry buffer
605 strips on soil hydraulic properties for an Albaqualf. *Soil Sci. Soc. Am. J.*69(3), 893-901

606 Schilling, K.E., Libra, R.D., 2003. Increased baseflow in Iowa over the second half of the 20th century. *J.*
607 *Am. Water Resour. Assoc.* 39(4), 851-860

608 Schilling, K.E., Jha, M.K., Zhang, Y.K., Gassman, P.W., Wolter, C.F., 2008. Impact of land use and land
609 cover change on the water balance of a large agricultural watershed: Historical effects and future
610 directions. *Water Resour. Res.* 44

611 Schilling, K.E., M.D. Tomer, Y-K. Zhang, T. Weisbrod, P. Jacobson, and C.A. Cambardella. 2007.
612 Hydrogeologic controls on nitrate transport in a small agricultural catchment, Iowa. *J. Geophysical*
613 *Research – Biogeosciences.* 112, G03007, doi:10.1029/2007JG000405

614 Schwartz, R.C., Evett, S.R., Unger, P.W., 2003. Soil hydraulic properties of cropland compared with
615 reestablished and native grassland. *Geoderma* 116(1-2), 47-60

616 Tilman, D., Fargione, J., Wolff, B., D'Antonio, C., Dobson, A., Howarth, R., Schindler, D., Schlesinger,
617 W.H., Simberloff, D., Swackhamer, D., 2001. Forecasting agriculturally driven global environmental
618 change. *Science* 292, 281-284

619 Tomer, M.D., K.E. Schilling, C.A. Cambardella, P. Jacobson, and P. Drobney. 2010. Groundwater nutrient
620 concentrations during prairie reconstruction on an Iowa landscape. *Agric. Ecosyst. Environ.* 139:206-213.

621 Tufekcioglu, A., Raich, J.W., Isenhardt, T.M., Schultz, R.C., 2003. Biomass, carbon and nitrogen dynamics
622 of multi-species riparian buffers within an agricultural watershed in Iowa, USA. *Agroforest. Syst.* 57(3),
623 187-198

624 USDA, 2005. Agricultural Statistics Data Base. National Agricultural Statistics Service, United States
625 Department of Agriculture. Available at <http://www.nass.usda.gov>

626 Udawatta, R.P., Gantzer, C.J., Anderson, S.H., Garrett, H.E., 2008. Agroforestry and grass buffer effects
627 on pore characteristics measured by high-resolution x-ray computed tomography. *Soil Sci. Soc. Am.*
628 J.72(2), 295-304

629 Udawatta, R.P., Motavalli, P.P., Garrett, H.E., Krstansky, J.J., 2006. Nitrogen losses in runoff from three
630 adjacent agricultural watersheds with claypan soils. *Agric. Ecosyst. Environ.* 117(1), 39-48

631 Udawatta, R.P., Krstansky, J.J., Henderson, G.S., Garrett, H.E., 2002. Agroforestry practices, runoff, and
632 nutrient loss: A paired watershed comparison. *J. Environ. Qual.* 31(4), 1214-1225

633 Vitousek, P.M., Aber, J.D., Howarth, R.W., Likens, G.E., Matson, P.A., Schindler, D.W., Schlesinger, W.H.,
634 Tilman, G.D., 1997. Human alteration of the global nitrogen cycle: Sources and consequences. *Ecol. Appl.*
635 7(3), 737-750

636 Walkowiak, D.K., 2006. ISCO open channel flow measurement handbook, Teledyne ISCO, Lincoln, NE.

637 Yunusa, I.A.M., Mele, P.M., Rab, M.A., Scheffe, C.R., Beverly, C.R., 2002. Priming of soil structural and
638 hydrological properties by native woody species, annual crops, and a permanent pasture. *Aust. J. Soil*
639 *Res.* 40(2), 207-219

- 640 Zhang, L., Dawes, W.R., Walker, G.R., 2001. Response of mean annual evapotranspiration to vegetation
641 changes at catchment scale. *Water Resour. Res.* 37(3) 701-708
- 642 Zhang, Y.K., Schilling, K.E., 2006. Effects of land cover on water table, soil moisture, evapotranspiration,
643 and groundwater recharge: A Field observation and analysis. *J. Hydrol.* 319(1-4), 328-338
- 644 Zhang, X.Y., Liu, X.M., Zhang, M.H., Dahlgren, R.A., Eitzel, M., 2010. A Review of Vegetated Buffers and a
645 Meta-analysis of Their Mitigation Efficacy in Reducing Nonpoint Source Pollution. *J. Environ. Qual.*
646 39(1),76-87
- 647 Ziegler, A.D., Negishi, J., Sidle, R.C., Preechapanya, P., Sutherland, R.A., Giambelluca, T.W., Jaiaree, S.
648 2006. Reduction of stream sediment concentration by a Riparian buffer: Filtering of road runoff in
649 disturbed headwater basins of Montane mainland Southeast Asia. *J. Environ. Qual.* 35(1), 151-162

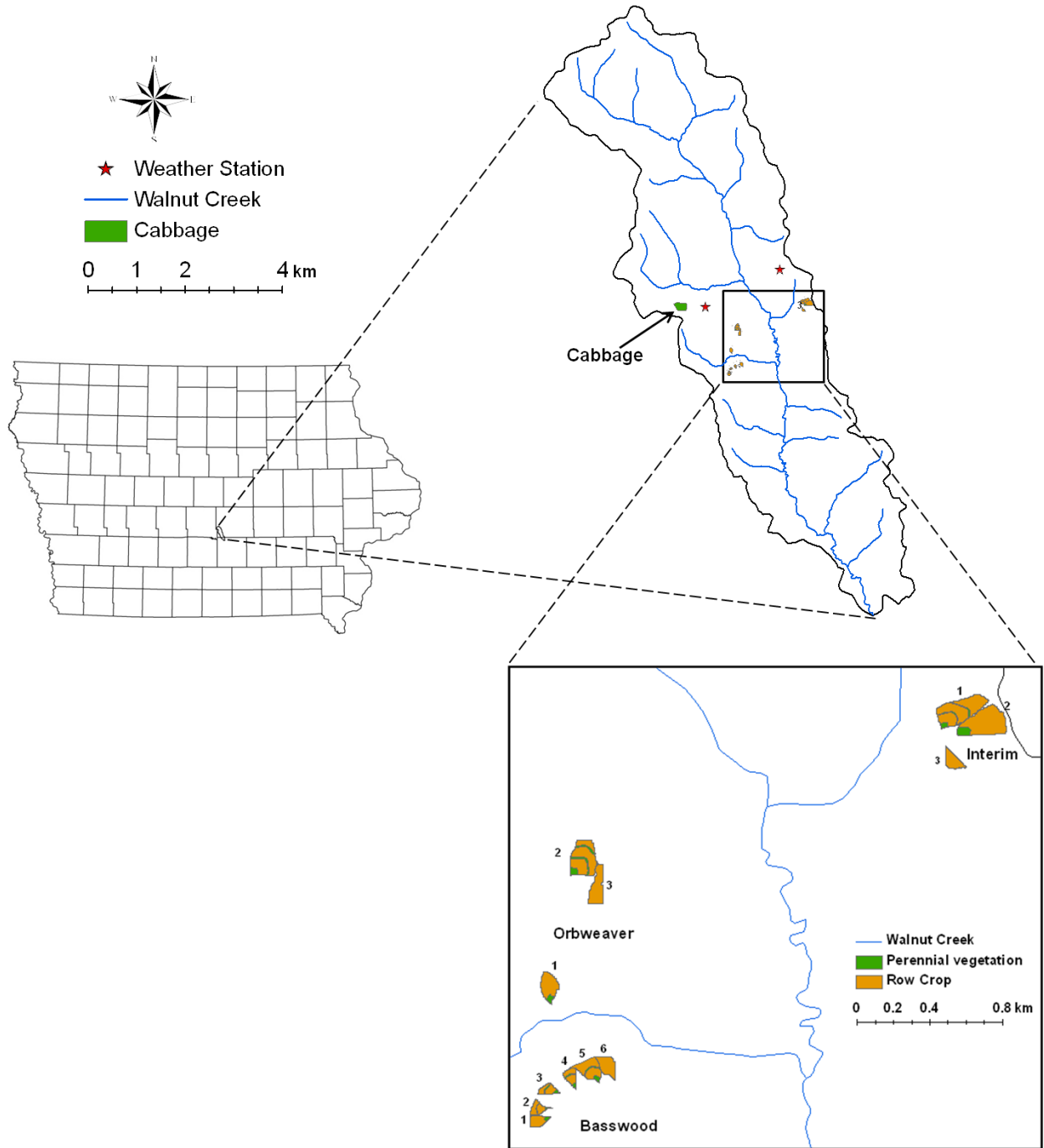


Fig. 1.

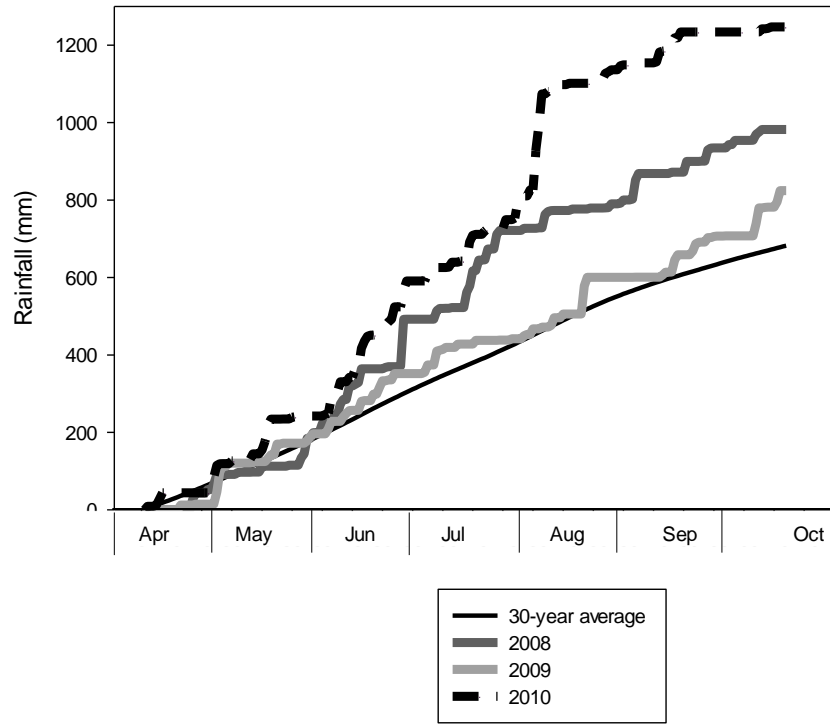


Fig. 2

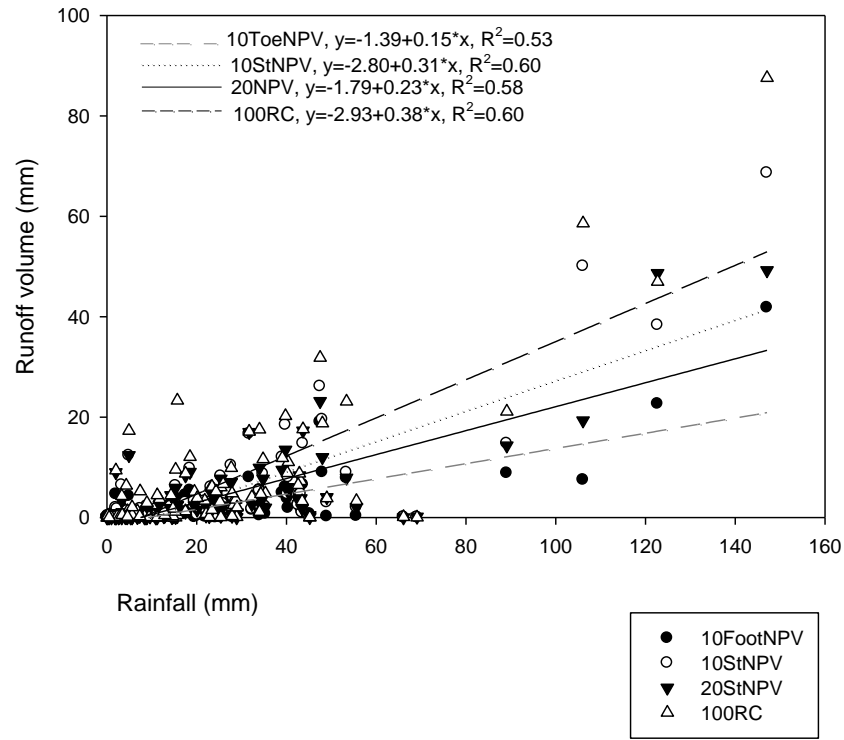


Fig. 3.

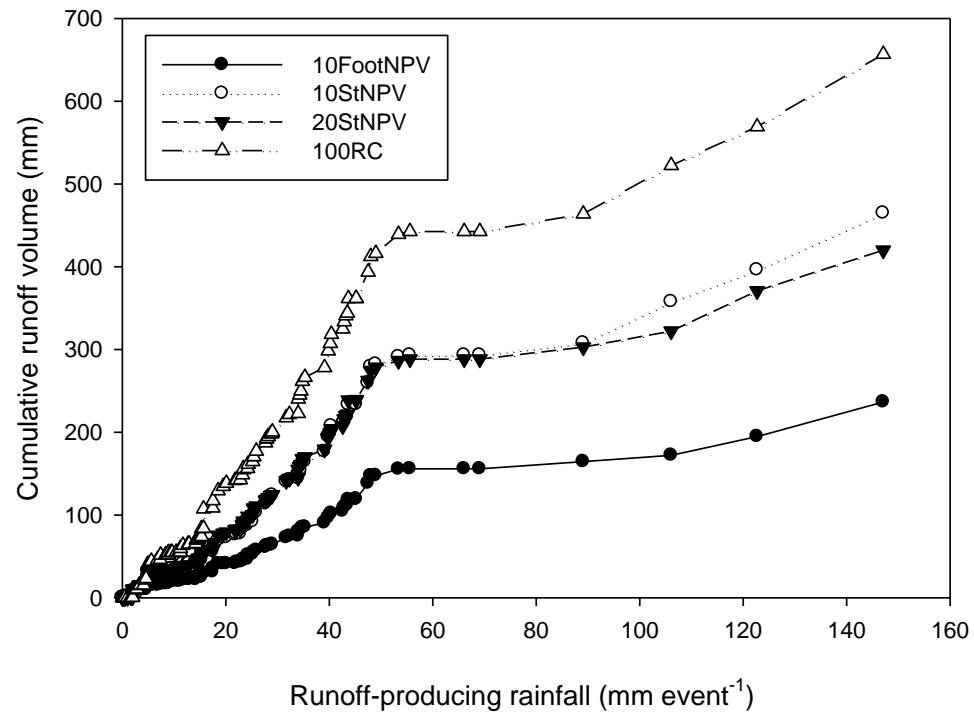


Fig. 4.

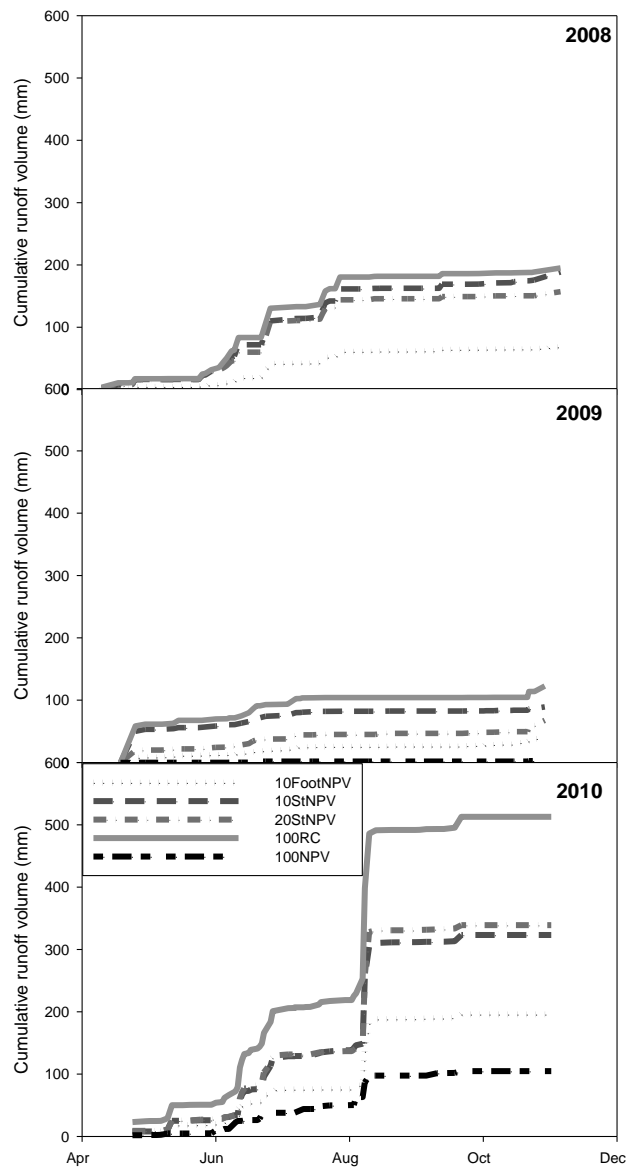
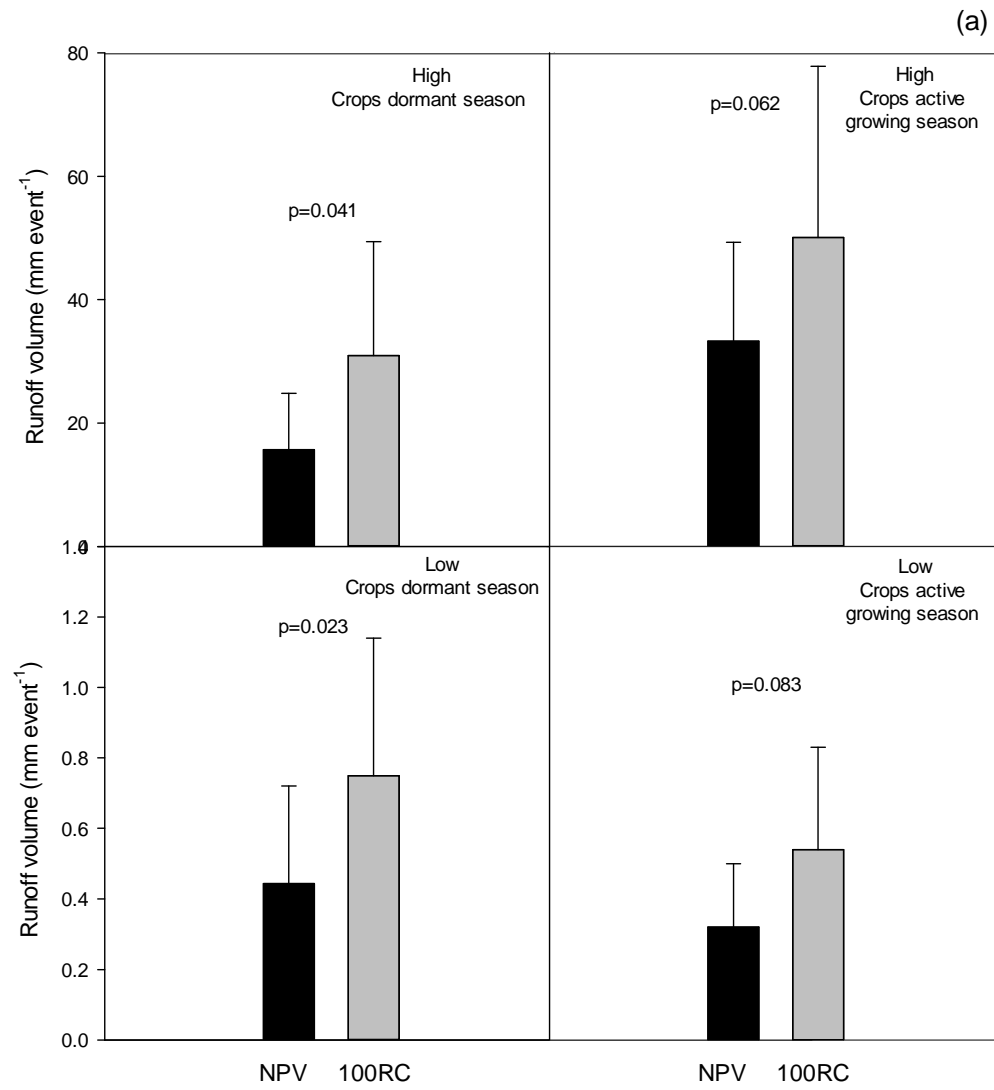
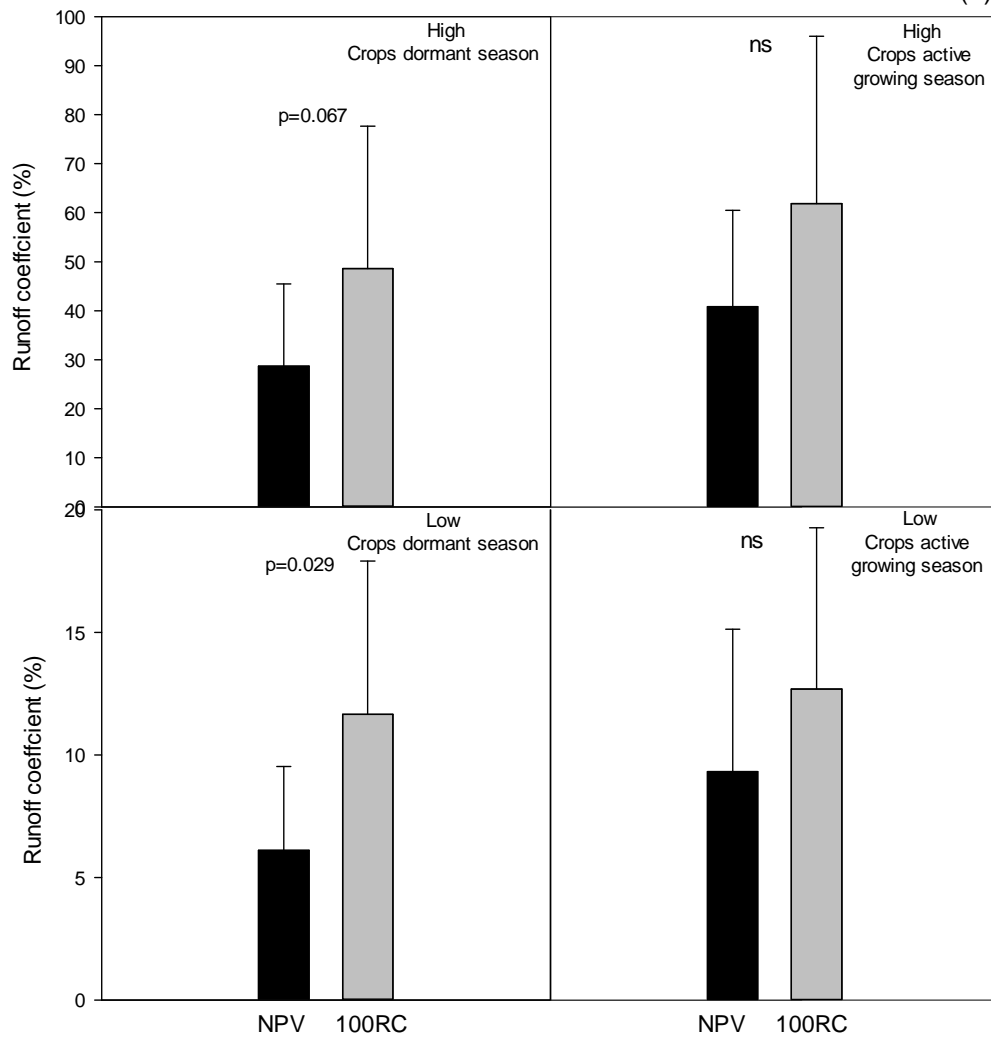


Fig. 5.

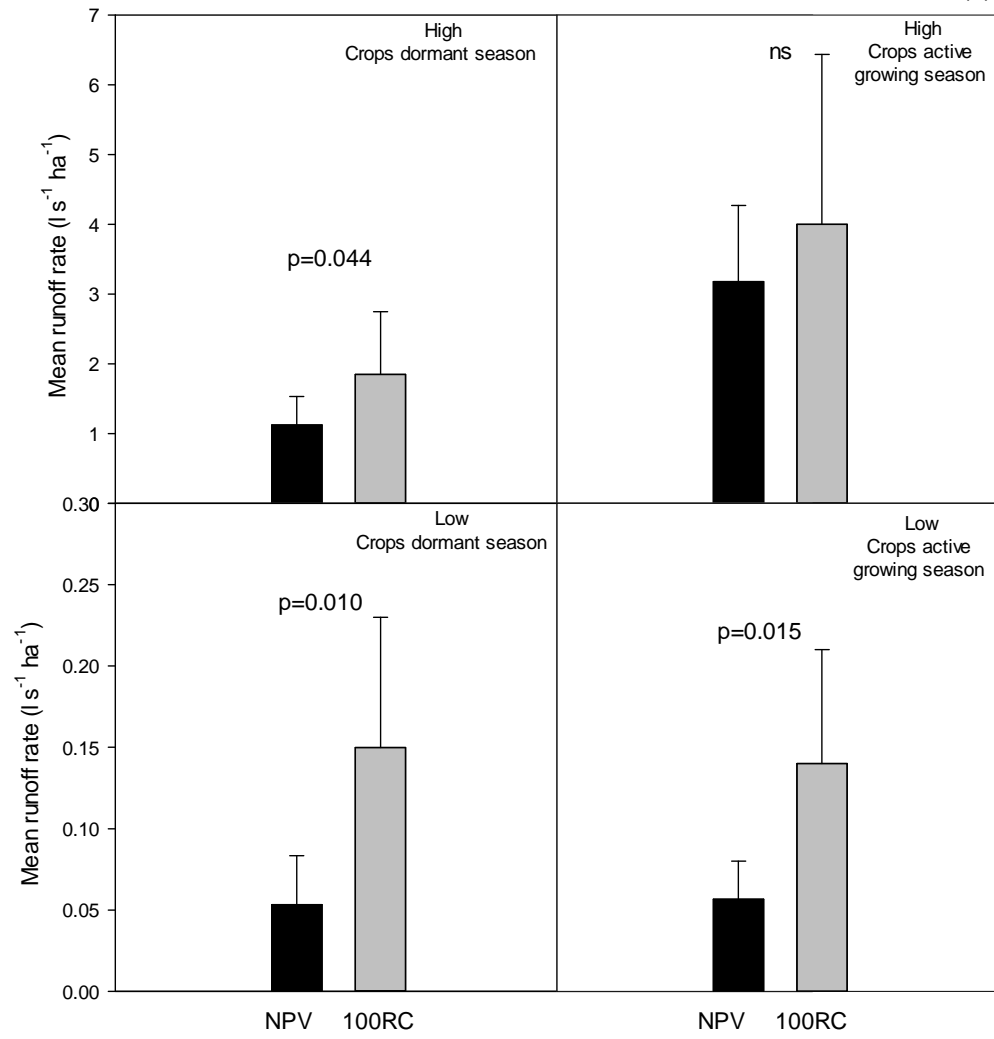
Figure



(b)



(c)



(d)

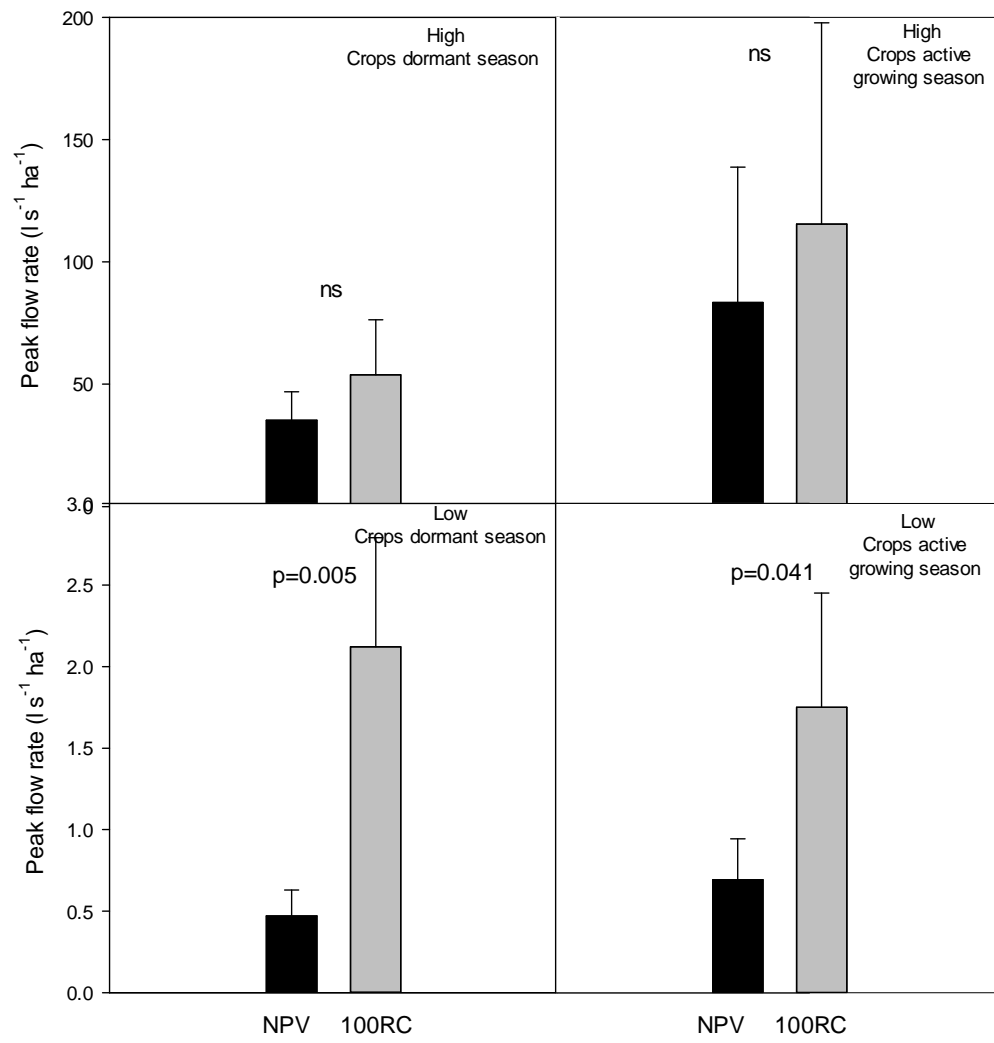


Fig. 6.

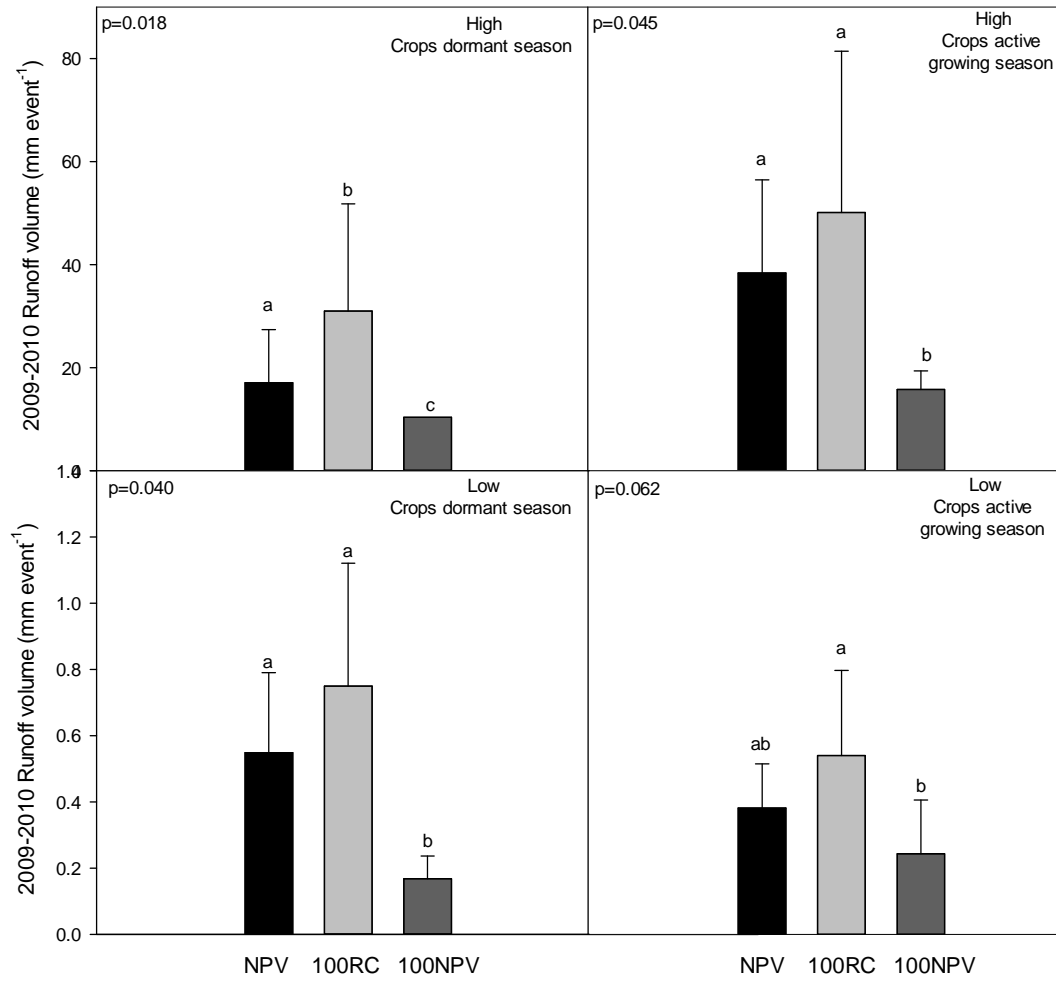


Fig. 7.