

1 **Feed transit and apparent protein, phosphorus and energy digestibility**
2 **of practical feed ingredients by Senegalese sole (*Solea senegalensis*)**

3

4 Jorge Dias^{1*}, Manuel Yúfera², Luísa M.P. Valente³ & Paulo Rema⁴

5

6 ¹CCMAR-CIMAR L.A., Centro de Ciências do Mar do Algarve, Universidade do
7 Algarve, Campus de Gambelas, 8005-139, Faro, Portugal.

8 ²Instituto Ciencias Marinas Andalucía (CSIC), Apartado Oficial, 11510 Puerto Real,
9 Cádiz, Spain.

10 ³CIIMAR-CIMAR L.A., Centro Interdisciplinar de Investigação Marinha e Ambiental
11 and ICBAS, Instituto de Ciências Biomédicas de Abel Salazar, Universidade do
12 Porto, Rua dos Bragas, 232, 4050-123 Porto, Portugal.

13 ⁴CIIMAR-CIMAR L.A., Centro Interdisciplinar de Investigação Marinha e Ambiental
14 and Universidade de Trás-os-Montes e Alto Douro, Quinta dos Prados, P.O. Box
15 1013, 5001-801 Vila Real, Portugal.

16

17 *Corresponding author: Jorge Dias

18 Centro de Ciências do Mar do Algarve (CCMAR)

19 Universidade do Algarve – Campus de Gambelas

20 8005-139 Faro – Portugal

21 Phone : +351 933807846

22 Fax : +351 289800069

23 Email: jorgedias@ualg.pt

24 **Abstract**

25 A study was conducted with Senegalese sole (*Solea senegalensis*) to determine the
26 apparent digestibility coefficients (ADCs) of protein, phosphorus and energy in
27 practical feed ingredients. The digestible energy (DE) content was also evaluated.
28 Test ingredients were anchovy fishmeal, solvent-extracted soybean meal, corn
29 gluten and wheat meal. Due to their low cohesion, sole faeces were collected
30 directly in posterior intestine by dissection. The feed transit time along the
31 gastrointestinal tract was assessed in Senegalese sole (body weight: 140 g) reared at
32 19°C by means of a radiographic technique, following a single meal of a radio
33 contrast agent, barium sulfate. Feed digesta accumulated in the posterior intestine
34 10-12 hours after the single meal and its total egestion was achieved at 24 hours
35 following the meal. Dry matter digestibility of the various test ingredients was high
36 (ranging from 88 to 93%), with lowest values being found for soybean meal and corn-
37 gluten. Protein digestibility was high (above 91%) for fishmeal and corn gluten,
38 intermediate for soybean meal (87%) and moderate for wheat meal (59%). Energy
39 digestibility varied between 88 and 93% for soybean meal, corn gluten and anchovy
40 fishmeal and was reduced in wheat meal (73%). The DE (MJ/kg) content varied from
41 16.2 for anchovy fishmeal, 15.1 for corn gluten, 13.5 for solvent-extracted soybean
42 meal and 10.1 for wheat meal. Phosphorus digestibility was highest in fishmeal (58%)
43 and greatly reduced in vegetable ingredients (28 to 33%). In general, our data shows
44 that flatfish species, Senegalese sole, despite its high dietary protein requirement,
45 digests vegetable ingredients relatively well, opening the opportunity for the
46 development of practical feeds with high levels of plant-protein sources.

47

48 Keywords: Senegalese sole; apparent digestibility; ingredients; transit time; barium
49 meal.

50

51 **1. Introduction**

52 The Mediterranean aquaculture industry has grown steadily over the last decades,
53 but few marine fish species, namely gilthead seabream (*Sparus aurata*), European
54 seabass (*Dicentrarchus labrax*), and turbot (*Scophthalmus maximus*), have
55 contributed to this growth. As a strategy to diversify and ensure sustainable growth,
56 part of the industry has devoted great efforts to find new candidate species for
57 Mediterranean aquaculture. Given its high price and market demand, Senegalese
58 sole (*Solea senegalensis*) has long been recognized as promising new flatfish species
59 for Mediterranean marine fish farming. Over recent years, major advances in the
60 weaning techniques and larvae nutrition of sole have been accomplished (Dinis et al.,
61 1999; Morais et al. 2006; Conceição et al., 2007) and contributed decisively for
62 today's progressive establishment of large scale commercial farming of sole in
63 Portugal and Spain. Progress has also been achieved in establishing the nutritional
64 requirements of Senegalese sole juveniles (Conceição et al., 2008; Rema et al., 2008;
65 Silva et al., 2008; Borges et al., 2009). The potential of using high levels of plant
66 protein sources in sole diets is currently under investigation (Silva et al., 2009).

67

68 Knowledge about the ontogeny of the digestive system and its detailed
69 characterization (gastric and intestinal pH changes over developmental stage,
70 activity of digestive enzymes, gut morphology) is available for both sole larvae and
71 juveniles (Arrelano et al., 1999; Ribeiro et al., 1999; Martínez et al., 1999; Conceição

72 et al., 2007; Yúfera and Darías, 2007). Nevertheless, quantitative information on the
73 digestion of major nutrients and energy from various feed ingredients is still
74 nonexistent for this species. Selection of potential ingredients for feed formulation
75 for any fish species requires knowledge of the apparent digestibility coefficients
76 (ADCs) of energy yielding nutrients. Feed formulations incorporating such data allow
77 a fine tuning of the dietary nutrient supply on a biological and economical basis.
78 They are also of significant interest to reduce the emission of suspended solids
79 associated with the undigested feed fraction and reduce the environmental burden
80 of fish farming activities.

81

82 The collection of Senegalese sole faeces has proven a challenging task. Throughout
83 our previous works with this species (Dias et al., 2004; Rema et al., 2008), we have
84 tried to collect the faeces by means of a faeces settling column according to the
85 Guelph system (Cho et al., 1982). However, the extremely low cohesion of faecal
86 material, even when tested with diets containing high levels of alginates, made such
87 methodology unreliable to assess the apparent digestibility of nutrients. In this study
88 we have chosen to collect Senegalese sole faeces by dissection. We needed
89 therefore, to evaluate the time course of faeces egestion to determine the exact
90 sampling time.

91

92 The main objective of the present study was to determine the apparent digestibility
93 coefficients (ADCs) of protein, phosphorus and energy and the digestible energy (DE)
94 content of some commonly used feed ingredients by Senegalese sole. Given the
95 methodological constraints associated to the faeces collection method by dissection,

96 the gastrointestinal evacuation time of a given meal was estimated and the exact
97 sampling time identified.

98

99 **2. Material and Methods**

100

101 **2.1. Ingredients and experimental diets**

102 Practical feed ingredients tested were anchovy fishmeal (FM), solvent-extracted
103 soybean meal (SBM), corn gluten (CG) and wheat meal (WM). Their proximate
104 composition, gross energy content and supplier are given in Table 1.

105

106

Recommended position of Table 1

107

108 Based on known nutritional requirements of Senegalese sole, a practical basal
109 mixture was formulated (Table 2). This basal mixture had 1% chromic oxide (Cr_2O_3)
110 incorporated as an inert digestibility marker. A reference diet consisted of 100% of
111 the basal mixture (REF diet). Four additional test diets were subsequently produced
112 by mixing 70% of the basal mixture and 30% of each test ingredient. One additional
113 diet, identical to the REF diet but containing 2.5% of barium sulfate (at the expenses
114 of wheat) as an opaque contrast medium for x-ray examination of feed transit along
115 the gastrointestinal tract (diet BAR) was also manufactured. Ingredients were finely
116 ground ($<600 \mu\text{m}$), mixed in a horizontal helix ribbon mixer (model Mano, 100 L
117 capacity, CPM, San Francisco, USA) and pelleted dry without steam using a
118 laboratory pellet press (CPM, C-300 model, San Francisco, USA) with a 4 mm die. The
119 diets were dried at 37°C for 24h in an oven and stored in a refrigerator until use.

120

121

Recommended position for Table 2.

122

123 **2.2. Fish and rearing conditions**

124 Experiments were directed by trained scientists (following FELASA category C

125 recommendations) and were conducted according to the European Economic

126 Community animal experimentation guidelines Directive of 24 November 1986

127 (86/609/EEC).

128

129 Trial 1 – Assessment of feed transit time

130 The assessment of feed transit time in sole was performed in 36 fish (average body

131 weight of 140 g) stocked in a rectangular PVC tank (bottom area 0.2 m², water

132 column 20 cm; volume: 40 L; water-flow rate: 3.6 L·min⁻¹), supplied with recirculated

133 seawater (18.7 ± 1.6°C; salinity: 36.2 ± 1‰). A natural photoperiod cycle was

134 adopted. Fish were fed *ad libitum* for 10 days with the experimental diet containing

135 2.5% of barium sulfate (BAR diet) to allow an adaptation period. Following a 12 hours

136 starvation period, fish were then fed one single meal, in excess. One hour after

137 feeding, the rearing tank was thoroughly clean to eliminate all remaining feed. Six

138 fish were randomly sampled, anesthetized (150 mg·L⁻¹ of phenoxyethanol) and x-

139 rayed (Mini X-ray HF80, MinXRay Inc., Northbrook, USA) at 2, 4, 8, 12, 18 and 24

140 hours after the meal. After each sampling time, x-rayed fish were placed in a

141 separate tank. Observation of radiographs was used to qualitatively assess the

142 progress of feed digesta along the gastrointestinal tract and establish the time

143 following the meal required to reach the posterior intestine.

144

145 Trial 2 - Apparent digestibility measurements

146 The apparent digestibility coefficients (ADC) of experimental diets were determined
147 by the indirect method, using 1% chromic oxide as a dietary inert tracer. One
148 hundred and twenty Senegalese sole (average weight: 180 ± 23 g) were cultured at
149 the CCMAR Experimental Research Station (Faro, Portugal). Five homogenous groups
150 of 24 fish were allotted to rectangular raceway tanks (bottom area 0.3 m^2 , water
151 column 15 cm; volume: 45 L; water-flow rate: $4.2 \text{ L} \cdot \text{min}^{-1}$), supplied with recirculated
152 seawater ($19.1 \pm 1.2^\circ\text{C}$; salinity: 35.1‰). During a 2-week period fish were adapted
153 to experimental conditions and test diets, which were supplied in excess once a day
154 (09:00 h). On the sampling day, individual fish were forced-fed the diets at 2% body
155 weight ration. Force-feeding was performed in anesthetized fish by means of
156 inserting a flexible silicone tube filled with the feed pellets in the fish mouth, which
157 were then gently pushed into the mouth. Adoption of the force-feeding approach is
158 justified by the fact that data obtained in the feed transit time trial, clearly
159 demonstrated that voluntary feed intake was highly variable in sole, with several fish
160 showing no feed intake. Given that faeces collection was done by the dissection
161 technique, we needed to ensure that all fish had eaten prior to their sampling. After
162 being forced-fed, fish were returned to the rearing tanks. Regurgitation of feed
163 pellets was minimal, but when occurred, the feed pellets were eliminated from the
164 rearing tanks. Force-feeding of each experimental treatment was performed in
165 separate days. For each experimental treatment, the 24 fish were force-fed in less
166 than 10 minutes. Twelve hours after being force-fed (time established previously, as
167 required for digesta to reach the posterior intestine), fish were killed by lethal

168 anesthesia (2 g·L⁻¹ of phenoxyethanol) and dissected. The posterior intestine (from
 169 the ileocaecal valve to the anus) was identified and its contents carefully collected
 170 into an aluminum container. No scrapping of intestinal walls was performed to
 171 minimize the contamination of faeces with epithelial cells. Faeces from 12 individual
 172 fish per treatment were pooled, generating thus two faeces samples for each dietary
 173 treatment. Pooled feces were frozen and freeze-dried prior to analysis.

174

175 The apparent digestibility coefficients (ADCs) of nutrients and energy for the
 176 reference and test diets were calculated according to Maynard et al. (1979) as
 177 follows:

178

$$179 \quad ADC (\%) = 100 \times \left(1 - \frac{\text{dietary } Cr_2O_3 \text{ level}}{\text{faeces } Cr_2O_3 \text{ level}} \times \frac{\text{faeces nutrient or energy level}}{\text{dietary nutrient or energy level}} \right)$$

180

181 ADC of dry matter was calculated according to the following formula:

182

$$183 \quad ADC (\%) = 100 \times \left(1 - \frac{\text{dietary } Cr_2O_3 \text{ level}}{\text{faeces } Cr_2O_3 \text{ level}} \right)$$

184

185 The apparent digestibility coefficients of the test ingredients were estimated as
 186 proposed by Forster (1999):

187

$$188 \quad ADC \text{ ingredient } (\%) = \frac{(ADC_{TEST \text{ diet}} \times \text{nutrient}_{TEST \text{ diet}}) - (0.7 \times ADC_{REF \text{ diet}} \times \text{nutrient}_{REF \text{ diet}})}{0.3 \times \text{nutrient}_{INGREDIENT}}$$

189

190 **2.3. Analytical methods**

191 Ingredients, experimental diets and freeze-dried faeces were finely ground prior to
192 analysis. Analytics were performed according to the following procedures: dry matter by
193 drying at 105°C for 24 h, ash by combustion in a muffle furnace (550 °C for 6 h), crude
194 protein ($N \times 6.25$) in feed samples was quantified by an automatic flash combustion
195 technique followed by a gas chromatographic separation and thermal conductivity
196 detection (LECO FP-528, Leco, St. Joseph, USA). Faeces nitrogen content was examined
197 in three 1 mg subsamples using an elemental analyser (Thermoquest, mod. Flash 1112),
198 using sulphanimide as standard. Fat was determined after petroleum ether extraction
199 (40-60°C) by the Soxhlet method and gross energy in an adiabatic bomb calorimeter
200 (Werke C2000, IKA). Organic matter was calculated by the difference $100 - (\text{moisture} +$
201 $\text{ash})$. Chromic oxide in the diets and faeces was determined according to Bolin et al.
202 (1952), after perchloric acid digestion. Total phosphorus was digested using Parr teflon
203 bombs (model n° 4782, Parr) following the method described by Reis et al. (2008). The
204 phosphorus determination was performed by atomic absorption spectrometry
205 (SpectrAA 220 FS, Varian) using a hollow cathode lamp (model n°. 5610126000, Varian)
206 and an absorbance of 213.6 nm.

207

208 **2.4. Statistical analysis**

209 To test differences between dietary treatments, ADC data were subjected to a one-
210 way analysis of variance (ANOVA) and when appropriate, means were compared by
211 the Newman-Keuls multiple range test. Prior to ANOVA, ADC values were subjected
212 to arcsin square root transformation. Statistical significance was tested at a 0.05

213 probability level. All statistical tests were performed using the STATGRAPHICS
214 Centurion XV statistical package (Statgraphics Inc., Virginia, USA).

215

216 **3. Results**

217 The proximate composition and gross energy content of the selected feed
218 ingredients are reported in Table 1. All experimental diets had moisture contents in
219 the range of 8 to 10% (Table 2). Protein and gross energy levels in the experimental
220 diets varied from 42 to 59% and from 20 to 22 MJ/kg, respectively and reflected well
221 the protein and energy contents of the test ingredients incorporated at 30% level.

222

223 Feed transit time in Senegalese sole, assessed by visual observation of the X-rayed
224 gastrointestinal tract of fish fed a 2.5% barium sulfate diet allowed us to qualitatively
225 establish that under our experimental rearing conditions (fish body weight: 140 g;
226 water temperature: 19°C) feed digesta accumulated in the posterior intestine 12
227 hours after fish were group fed a single meal in excess (Table 3). At 18 hours after
228 the meal, some fish already showed total voidance of faeces, and at 24 hours all
229 sampled fish had egested the totality of the barium sulfate meal. It is worth
230 remembering that our objective in the present study was to determine the time
231 period following a single meal, required to accumulate faeces in the posterior
232 intestine of fish. Such time period (12 hours after meal) was subsequently adopted
233 for the collection of faeces by dissection in the digestibility trial.

234

235 Recommended position for Table 3.

236

237 The apparent digestibility coefficients (ADC) of experimental diets and test
238 ingredients are reported in Table 4. In experimental diets, ADC of dry matter
239 averaged 90% and was little affected by dietary treatments. Digestibility of organic
240 matter varied between 91 and 94%, with highest values ($P<0.05$) found in fish fed
241 the reference diet and the fishmeal test diet. Digestibility of protein was high in all
242 groups (ranging from 92 to 97%), but ADC values for the wheat meal test diet were
243 significantly lower ($P<0.05$) than those found in all other dietary treatments.
244 Additionally, highest protein digestibility ($P<0.05$) was found in sole fed the fishmeal
245 test diet. Phosphorus digestibility varied between 49 and 60%, while energy
246 digestibility was higher than 92% in all experimental diets.

247

248 Recommended position for Table 4.

249

250 Regarding the test ingredients (Table 4), ADC of dry matter was higher for anchovy
251 fishmeal (98.6%), corn gluten (98.7%) and wheat meal (96.4%) than for solvent-
252 extracted soybean meal (86.9%). Digestibility of organic matter was high (> 97%) for
253 all ingredients. Protein digestibility was highest (above 91%) for fishmeal and corn
254 gluten, intermediate for soybean meal (87%) and moderate for wheat meal (59%).
255 Energy digestibility ranged 88 to 93% in fishmeal, corn gluten and soybean meal, and
256 reduced to 73% in wheat meal. Phosphorus digestibility was highest in fishmeal
257 (58%), while considerably lower values (28 to 33%) were found in vegetable
258 ingredients. Digestible energy values found in wheat meal and soybean meal (10.1
259 and 13.5 MJ/kg, respectively) were lower than those observed in corn gluten and
260 fishmeal (15.1 and 16.2 MJ/kg, respectively).

261

262 **4. Discussion**

263 Over recent years, the long announced farming potential of Senegalese sole in
264 Mediterranean aquaculture is finally materializing with the initiation of several
265 industrial-scale productions. To establish the production of a new fish species on a
266 commercial basis, the nutritional adequacy of feeds during the grow-out phase is a
267 key element. In Senegalese sole juveniles, the dietary protein requirement for
268 optimal growth was estimated at 53%, while the requirement for maximum protein
269 accretion (N gain) was met by a diet containing 60% crude protein level (Rema et al.,
270 2008). Estimations of the dietary requirements of essential amino acids are also
271 available (Silva et al., 2008; Conceição et al., 2008). Juvenile Senegalese sole tend to
272 show a low tolerance to high dietary lipid levels (Borges et al., 2009). Knowledge
273 about the nocturnal feeding behavior (Boluda-Navarro et al., 2009) and ability to
274 select macronutrients (Rubio et al., 2009) through the use of self-feeding devices
275 also exists. Senegalese sole, similarly to what is observed with other flatfish species
276 such as turbot, plaice and Atlantic halibut, present a high crude protein requirement
277 for optimal growth, generally above 50% (Cowey et al., 1972; Hatlen et al., 2005;
278 Rema et al., 2008). Under such circumstances, promoting the use of sustainable feed
279 formulations, through the replacement of fishmeal by plant-protein sources is a
280 necessity (Silva et al., 2009). However, to achieve such goal, data regarding the
281 digestibility of nutrients and energy of these ingredients is required. Ingredients
282 tested in the current study (anchovy fishmeal, solvent-extracted soybean meal, corn
283 gluten and wheat meal) are common raw materials in most fish feeds. In the overall,
284 the composition of test ingredients was in agreement with product specifications

285 and in accordance with previously published data (Glencross et al., 2005; Tibbetts et
286 al., 2006).

287

288 The accuracy of apparent digestibility measurement in fish relies heavily on the
289 capacity to collect faeces samples, which should be representative of those voided at
290 the time of normal defecation. Various techniques have been used to collect faeces
291 in fish, including: intestinal dissection, stripping, metabolic chambers, anal suction,
292 continuous filtration of outlet water and faeces settling column according to the
293 Guelph system (Smith, 1971; Austreng, 1978; Windell et al., 1978; Cho and Slinger,
294 1979; Cho et al., 1982; Choubert et al., 1982; Hajen et al., 1993; Carter and Hauler,
295 2000). All faecal collection methods have been shown to have advantages and
296 disadvantages particularly in relation to the ease of sample collection, fish stress and
297 welfare and the representative nature of faeces collected, namely in terms of
298 nutrient leaching and contamination with endogenous losses. Throughout our
299 previous works with this species (Dias et al., 2004; Rema et al., 2008), we have tried
300 to collect the faeces by means of a faeces settling column according to the Guelph
301 system (Cho et al., 1982). However, the extremely low cohesion of faecal material,
302 even when test diets contained high levels of alginates (up to 8%), made such
303 methodology unreliable to assess the apparent digestibility of nutrients. Stripping is
304 also extremely difficult in Senegalese sole given the multiple S-shaped of its long
305 intestine (Yúfera and Darías, 2007). Given these constraints, the methodology
306 chosen to collect faeces representative of a complete digestion process in
307 Senegalese sole was to sample the digesta material at the posterior end of the
308 intestine, by dissection. However, problems noted with obtaining digesta prior to its

309 natural voidance as faeces by stripping, anal suction or dissection, is the need to
310 handle fish, sometimes with anesthesia, which can *per se* affect intestinal transit
311 (Spyridakis et al., 1989). Despite these disadvantages, stripping or dissection have
312 been recognized as reliable methods of collecting fecal materials for some species,
313 where faeces are loosely bound (Vens-Cappell, 1985; Førde-Skjærvik et al., 2006).

314

315 The main factors known to influence feed transit time are temperature, fish size,
316 feed intake, feed formulation and composition (Fänge and Grove, 1979; Jobling,
317 1987). The majority of studies on this subject, report that the use of feeds containing
318 high levels of indigestible nutrients, most available data is related to dietary fibres,
319 lead not only to a substantial increase in faecal egestion volume, but also to a
320 delayed feed evacuation time (Dias et al., 1998; Storebakken et al., 1999; Adamidou
321 et al., 2009). Similar to what has been reported in most gastric evacuation time
322 experiments (Rouhonen et al., 1997; Sveier et al., 1999), a single meal experimental
323 protocol was followed in the present trial. Furthermore, it is generally recognized
324 that while assessing feed evacuation rate, it is important to measure the meal size of
325 each individual fish (Bromley, 1994). During group feeding, it is extremely difficult to
326 monitor the amount of feed ingested by individual fish. This situation is particularly
327 true for Senegalese sole, which is a bottom feeder with a very passive reaction to
328 feed distribution. However, the results obtained by group feeding can be less biased
329 than when fish are fed individually or forced fed (Bromley, 1994). This was confirmed
330 by the present results as the voluntary feed intake, among the 36 fish used to
331 evaluate feed transit time, was highly variable, with 4 fish showing no feed intake.

332

333 Data generated in the present study allowed us to assess for the first time the feed
334 transit time in Senegalese sole. This assessment by means of a radiography
335 technique of fish fed a 2.5% barium sulfate diet allowed us to establish that in
336 Senegalese sole (body weight: 140 g) reared at 19°C, feed digesta accumulates in the
337 posterior intestine 10-12 hours after a single meal and its total egestion is achieved
338 at 24 hours following that meal. Such information is novel to Senegalese sole, but
339 should be taken as a qualitative data, since absolute values would probably be
340 different in a more practical situation of multiple meals and would also be highly
341 depend on water rearing temperature. Barium sulfate is frequently used clinically as
342 a radio contrast agent for X-ray imaging and other diagnostic procedures. It is most
343 often used in imaging of the gastrointestinal tract during what is colloquially known
344 as a 'Barium meal' (O'Connor and Summers, 2007). To our knowledge such technique
345 relying on barium sulfate has never been tested in fish for studying feed transit time.
346 Earlier studies report the successful use of barium carbonate as an inert digestibility
347 marker in rainbow trout feeds (Richie et al., 1995). Despite any detrimental effects
348 on growth performance or nutrient digestibility, the incorporation of indigestible
349 silicate minerals as bulk agents, namely zeolites, kaolin and bentonite, can modify
350 the faecal egestion profile and increase feed transit time in several fish species such
351 as rainbow trout and European seabass (Lanari et al., 1996; Dias et al., 1998). Their
352 properties such as ion-binding or water-holding capacity may have a strong influence
353 on solubility, gelling and viscosity of feed during its passage through the
354 gastrointestinal tract. Furthermore, stomach pH may also influence these properties
355 and consequently, species differences in response to dietary inert fillers should be
356 expected. In this context, a sound validation of the current proposal to the use of a

357 barium sulfate meal as a methodological tool to assess feed transit time is still
358 needed.

359

360 Data regarding the apparent digestibility of nutrients and energy in practical feed
361 ingredients was inexistent for Senegalese sole and quite scarce for flatfish species in
362 general. Dry matter digestibility of the various test ingredients was generally high
363 (ranging from 87 to 99%), with lowest values being found for soybean meal. This
364 range of dry matter digestibility is relatively higher than values reported for various
365 feed ingredients in Atlantic cod and turbot (Burel et al., 2000; Tibbetts et al., 2006).
366 Digestibility of dry matter is generally reduced by increasing levels of indigestible
367 substrates, namely dietary fibres (Tibbetts et al., 2006). Given that solvent-extracted
368 soybean meal contains high fibre content (mainly non-starch polysaccharides) and
369 the 30% inclusion level was performed on top of a reference diet which already
370 contained about 15% of such ingredient, it seems logical to find a reduction on its
371 dry matter digestibility. On the other hand, dry matter ADC of wheat meal in
372 Senegalese sole was considerably higher than values reported on available literature
373 data for other species (Tibbetts et al., 2006). It is however, important to mention that
374 the carbohydrate fraction in wheat meal contains high levels of starch. Data from a
375 previous study suggests that sole juveniles have a good ability to utilize both raw and
376 gelatinized dietary starches (Dias et al., 2004). In the present work, digestibility of
377 organic matter was high (> 97%) among the various feed ingredients. Digestibility of
378 dry matter and organic matter are important elements in estimating suspended
379 solids wastes originated from undigested feed. These criteria could be of particular

380 importance for Senegalese sole, since its commercial farming occurs mainly in water
381 recirculated systems.

382

383 In Senegalese sole, protein digestibility was high (above 91%) for fishmeal and corn
384 gluten, intermediate for soybean meal (87%) and moderate for wheat meal (59%).

385 Such values are within the range or in some cases slightly superior to those reported
386 for turbot (Burel et al., 2000), gilthead seabream (Lupatsch et al., 1997), European

387 seabass (Gomes da Silva and Oliva-Teles, 1998) and Atlantic cod (Tibbetts et al.,
388 2006). Energy digestibility among the various feed ingredients was found to vary

389 between 88 and 93% for soybean meal, corn gluten and anchovy fishmeal, and
390 slightly reduced in wheat meal (73%). The digestible energy value (DE, MJ/kg) of the

391 various feed ingredients in Senegalese sole varied from 16.2 for anchovy fishmeal,
392 15.1 for corn gluten, 13.5 for solvent-extracted soybean meal and 10.1 for wheat

393 meal, a range which is in accordance with data reported for Atlantic cod (Tibbetts et
394 al., 2006).

395

396 Phosphorus digestibility was highest in fishmeal (58%) and greatly reduced in
397 vegetable ingredients (28 to 33%). Such reduction of phosphorus digestibility in plant

398 ingredients is a common feature in fish, since phosphorus is mainly present in its
399 phytate-bound form, which is poorly available to fish (Debnath et al., 2005).

400

401 In general, our data shows that flatfish species, Senegalese sole, despite its high
402 dietary protein requirement, digests vegetable ingredients relatively well. In a recent

403 study, Yúfera and Darías (2007) reported that acid digestion and proteolysis in the
404 stomach seems to be residual in the Senegalese sole (gastric pH never decreased
405 below 6.0). The digestion occurred primarily in its long intestine in a slightly alkaline
406 environment. Such digestion characteristics are generally found in fish species which
407 present omnivorous feeding habits. Therefore, the development of practical feeds
408 with high inclusion levels of plant-protein sources seems promising in Senegalese
409 sole.

410

411 **Acknowledgements**

412 All feed ingredients were provided by SORGAL - Sociedade de Óleos e Rações SA
413 (Ovar, Portugal). Barium sulfate was gently provided by Carban - Fábrica de Produtos
414 Industriais, SA (Leiria, Portugal). The authors would like also to thank V. Rodrigues, S.
415 Fava, E. Matos, H. Teixeira and P. Borges for their contribution in sampling and
416 analytical work. This research has been carried out with the financial support from
417 the Commission of the European Communities, specific RTD programme "Specific
418 Support to Policies", SSP-2005-44483 "SEACASE - Sustainable extensive and semi-
419 intensive coastal aquaculture in Southern Europe", and does not necessarily reflect
420 the European Commission views and in no way anticipates the Commission's future
421 policy in this area.

422

423 **References**

424

425 Adamidou, S., Nengas, I., Alexis, M., Foundoulaki, E., Nikolopoulou, D., Campbell, P.,
426 Karacostas, I., Rigos, G., Bell, G.J., Jauncey, K., 2009. Apparent nutrient digestibility
427 and gastrointestinal evacuation time in European seabass (*Dicentrarchus labrax*) fed
428 diets containing different levels of legumes. *Aquaculture* 289, 106-112.

429

430 Arellano, J., Dinis, M.T., Sarasquete, M.C., 1999. Histological and histochemical
431 characteristics of the intestine of the Senegal sole, *Solea senegalensis*. *Eur. J.*
432 *Histochem.* 43, 121-133.

433

434 Austreng, E., 1978. Digestibility determination in fish using chromic oxide marking
435 and analysis of contents from different segments of the gastrointestinal tract.
436 *Aquaculture* 13, 265–272.

437

438 Bolin, D.W., King, R.P., Klosterman, E.W., 1952. A simplified method for the
439 determination of chromic oxide (Cr_2O_3) when used as an index substance. *Science*
440 116, 634-635.

441

442 Boluda Navarro, D., Rubio, V.C., Luz, R.K., Madrid, J.A., Sánchez-Vázquez, J.F., 2009.
443 Daily feeding rhythms of Senegalese sole under laboratory and farming conditions
444 using self-feeding systems. *Aquaculture* 291, 130-135.

445

446 Borges, P., Oliveira, B., Dias, J., Conceição, L., Valente, L.M.P., 2009. Dietary lipid level
447 affects growth performance and nutrient utilization of Senegalese sole (*Solea*
448 *senegalensis*) juveniles. *Br. J. Nutr.* 102, 1007-1014.

449

450 Bromley, P.J., 1994. The role of gastric evacuation experiments in quantifying the
451 feeding rates of predatory fish. *Rev. Fish Biol. Fish* 4, 36–66.

452

453 Burel, C., Boujard, T., Tulli, F., Kaushik, S.J., 2000. Digestibility of extruded peas,
454 extruded lupin and rapeseed meal in rainbow trout (*Oncorhynchus mykiss*) and
455 turbot (*Psetta maxima*). *Aquaculture* 188, 285–298.

456

457 Carter, C.G., Hauler, R.C., 2000. Fish meal replacement by plant meals in extruded
458 feeds for Atlantic salmon, *Salmo salar* L. *Aquaculture* 185, 299–311.

459

460 Cho, C.Y., Slinger, S.J., 1979. Apparent digestibility measurement in feedstuffs for
461 rainbow trout. In: Halver, J.E., Tiews, K.Z Eds., *Finfish Nutrition and Fishfeed*
462 *Technology*, Vol. II. Heenemann Verlagsgesellschaft, Berlin, pp. 239–247.

463

464 Cho, C.Y., Slinger, S.J., Bayley, H.S., 1982. Bioenergetics of salmonid species: energy
465 intake, expenditure and productivity. *Comp. Biochem. Physiol.* 73B, 25–41.

466

467 Choubert, G., de La Noüe, J., Luquet, P., 1982. Digestibility in fish: improved device
468 for the automatic collection of faeces. *Aquaculture* 29, 185–189.

469

470 Conceição, L.E.C., Ribeiro L., Engrola, S., Aragão, C., Morais, S., Lacuisse, M., Soares,
471 F., Dinis M.T., 2007. Nutritional physiology during development of Senegalese sole
472 (*Solea senegalensis*). *Aquaculture* 268, 64–81.

473

474 Conceição, L.E.C., Dias, J., Costas, B., Saavedra, M., Valente, L.M.P., Silva, J., Espe, M.,
475 2008. A framework to assess indispensable amino acid requirements in fish:
476 integration of the ideal protein concept and tracer studies. Proceedings of XIII
477 International Symposium on Fish Nutrition and Feeding, 1-5 June 2008, Florianópolis,
478 Brazil, p. 22.

479

480 Cowey, C.B., Pope, J.A., Adron, J.W., Blair, A., 1972. Studies on the nutrition of
481 marine flatfish. The protein requirement of plaice (*Pleuronectes platessa*). Br. J. Nutr.
482 28, 447-456.

483

484 Debnath D., Sahu N.P., Pal A.K., Baruah K., Yengkokpam S., Mukherjee S.C., 2005.
485 Present scenario and future prospects of phytase in aquafeeds. Asian-Australian J.
486 Anim. Sci. 18, 1800-1812.

487

488 Dias, J., Huelvan, C., Dinis, M.T., Métailler, R., 1998. Influence of dietary bulk agents
489 (silica, cellulose and a natural zeolite) on protein digestibility, growth, feed intake
490 and feed transit time in European seabass (*Dicentrarchus labrax*) juveniles. Aquat.
491 Living Resour. 11, 219–226.

492

493 Dias, J., Rueda-Jasso, R., Panserat, S., Conceição, L.E.C., Gomes, E.F., Dinis, M.T.,
494 2004. Effect of dietary carbohydrate-to-lipid ratios on growth, lipid deposition and
495 metabolic hepatic enzymes in juvenile Senegalese sole (*Solea senegalensis*, Kaup).
496 Aquac. Res. 35, 1122-1130.

497

498 Dias, J., Conceição, L.E.C., Ramalho Ribeiro, A., Borges, P., Valente, L.M.P., Dinis,
499 M.T., 2009. Practical diet with low fish-derived protein is able to sustain growth
500 performance and reduce soluble phosphorous loads in gilthead seabream (*Sparus*
501 *aurata*). Aquaculture 293, 255-262.

502

503 Dinis, M.T., Ribeiro, L., Soares, F., Sarasquete, C., 1999. A review on the cultivation
504 potential of *Solea senegalensis* in Spain and in Portugal. Aquaculture 176, 27-38.

505

506 Fänge R., Grove D.J., 1979. Digestion in: W.S. Hoar, Randall D.J., Brett J.R. (eds) Fish
507 physiology, Academic Press, New York, Vol. VIII, pp. 161-260.

508

509 Førde-Skjærvik, O., Refstie, S., Aslaksen, M.A., Skrede, A., 2006. Digestibility of diets
510 containing different soybean meals in Atlantic cod (*Gadus morhua*); comparison of
511 collection methods and mapping of digestibility in different sections of the
512 gastrointestinal tract. Aquaculture 261, 241-258.

513

514 Forster, I., 1999. A note on the method of calculating digestibility coefficients of
515 nutrients provided by single ingredients to feeds of aquatic animals. Aquac. Nutr. 5,
516 143–145.

517

518 Glencross, B., Evans, D., Dods, K., McCafferty, P., Hawkins, W., Maas, R., Sipsas, S.,
519 2005. Evaluation of the digestible value of lupin and soybean protein concentrates

520 and isolates when fed to rainbow trout, *Oncorhynchus mykiss*, using either stripping
521 or settlement faecal collection methods. Aquaculture 245, 211–220.

522

523 Gomes da Silva, G.J., Oliva-Teles, A., 1998. Apparent digestibility coefficients of
524 feedstuffs in seabass (*Dicentrarchus labrax*) juveniles. Aquat. Living Resour. 11, 187–
525 191.

526

527 Hajen, W.E., Higgs, D.A., Beames, R.M., Dosanjh, B.S., 1993. Digestibility of various
528 feedstuffs by post-juvenile chinook salmon (*Oncorhynchus tshawytscha*) in seawater.
529 2. Measurement of digestibility. Aquaculture 112, 333–348.

530

531 Hatlen, B., Grisdale-Helland, B., Helland, S.J., 2005. Growth, feed utilization and body
532 composition in two size groups of Atlantic halibut (*Hippoglossus hippoglossus*) fed
533 diets differing in protein and carbohydrate content. Aquaculture 249, 401-408.

534

535 Jobling, M., 1987. Influence of food particle size and dietary energy content on
536 patterns of gastric evacuation in fish: test of physiological model of gastric emptying.
537 J. Fish Biol. 30, 299–314.

538

539 Lanari D., D'Agaro E., Turri C., 1996. Use of Cuban zeolites in trout diets. Riv. Ital.
540 Acquacolt. 31, 23-33.

541

542 Lupatsch, I., Kissil, G.W., Sklan, D., Pfeffer, E., 1997. Apparent digestibility coefficients

543 of feed ingredients and their predictability in compound diets for gilthead seabream,
544 *Sparus aurata* L. Aquac. Nutr. 3, 81–89.

545

546 Martínez, I., Moyano, F.J., Fernández-Díaz, C., Yúfera, M., 1999. Digestive enzyme
547 activity during larval development of Senegal sole (*Solea senegalensis*). Fish Physiol.
548 Biochem. 21, 317-323.

549

550 Maynard, L.A., Loosli, J.K., Hintz, H.F., Warner, R.G., 1979. Animal Nutrition, 7th
551 Edition. McGraw-Hill, New York. 603 pp.

552

553 Morais, S., Conceição, L.E.C., Dinis, M.T., 2006. Senegalese sole. Aqua Feeds:
554 Formulation & Beyond 2, 13-16.

555

556 O'Connor, S.D., Summers, R.M., 2007. Revisiting oral barium sulfate contrast agents.
557 Academic Radiol. 14, 72-80.

558

559 Reis, P.A., Valente, L.M.P., Almeida, C.M.R., 2008. A fast and simple methodology for
560 determination of Yttrium as an inert marker in digestibility studies. Food Chem. 108,
561 1094-1098.

562

563 Rema, P., Conceicao, L.E.C., Evers, F., Castro-Cunha, M., Dinis, M.T., Dias, J., 2008.
564 Optimal dietary protein levels in juvenile Senegalese sole (*Solea senegalensis*).
565 Aquac. Nutr. 14, 263-269.

566

567 Ribeiro, L., Zambonino-Infante, J.L., Cahu, C., C., Dinis, M.T., 1999. Development of
568 digestive enzymes in larvae of *Solea senegalensis*, Kaup 1858. *Aquaculture* 179, 465-
569 473.

570

571 Riche, M., White, M.R. and Brown, P.B., 1995. Barium carbonate as an alternative
572 indicator to chromic oxide for use in digestibility experiments with rainbow trout.
573 *Nutr. Res.* 15, 1323-1331.

574

575 Rouhonen, K., Grove, D.J., McIlroy, J.T., 1997. The amount of food ingested in a
576 single meal by rainbow trout offered chopped herring, dry and wet diets. *J. Fish Biol.*
577 51, 93–105.

578

579 Rubio, V.C., Boluda Navarro, D., Madrid, A.A., Sánchez-Vázquez, J.F., 2009.
580 Macronutrient self-selection in *Solea senegalensis* fed macronutrient diets and
581 challenged with dietary protein dilutions. *Aquaculture* 291, 95-100.

582

583 Silva, J.M.G., Espe, M., Conceição, L.E.C., Dias, J., Valente, L.M.P., 2008. Lysine
584 requirement for maximal protein accretion in juvenile Senegalese sole (*Solea*
585 *senegalensis*). *Proceedings of XIII International Symposium on Fish Nutrition and*
586 *Feeding*, 1-5 June 2008, Florianópolis, Brazil, p. 104.

587

588 Silva, J.M.G., Espe, M., Conceição, L.E.C., Dias, J., Valente, L.M.P., 2009. Senegalese
589 sole juveniles (*Solea senegalensis* Kaup, 1858) grow equally well on diets devoid of
590 fish meal provided the dietary amino acids are balanced. *Aquaculture* 296, 309-317.

591

592 Smith, R.R., 1971. A method for measuring digestibility and metabolizable energy of
593 feeds. *Prog. Fish Cult.* 33, 132–134.

594

595 Spyridakis, P., Metallier, R., Gabaudan, J., Riaza, A., 1989. Studies on nutrient
596 digestibility in European sea bass, *Dicentrarchus labrax*: 1. Methodological aspects
597 concerning faeces collection. *Aquaculture* 77, 61–70.

598

599 Storebakken, T., Kvien, I.S., Shearer, K.D., Grisdale-Helland, B., Helland, S.J., 1999.
600 Estimation of gastrointestinal evacuation rate in Atlantic salmon (*Salmo salar*) using
601 inert markers and collection of faeces by sieving: evacuation of diets with fish meal,
602 soybean meal or bacterial meal. *Aquaculture* 172, 291-299.

603

604 Sveier, H., Wathne, E., Lied, E., 1999. Growth, feed utilisation and gastrointestinal
605 evacuation time in Atlantic salmon (*Salmo salar* L.): the effect of dietary fish meal
606 particle size and protein concentration. *Aquaculture* 180, 265–282.

607

608 Tibbetts, S.M., Milley, J.E., Lall, S.P., 2006. Apparent protein and energy digestibility
609 of common and alternative feed ingredients by Atlantic cod, *Gadus morhua*
610 (Linnaeus, 1758). *Aquaculture* 261, 1314-1327.

611

612 Vens-Cappell, B., 1985. Methodical studies on digestion in trout. 1. Reliability of
613 digestion coefficients in relation to methods for faeces collection. *Aquac. Eng.* 4, 33–
614 49.

615

616 Windell, J.T., Foltz, J.W., Sarokon, J.A., 1978. Methods of fecal collection and nutrient
617 leaching in digestibility studies. Prog. Fish Cult. 40, 51–55.

618

619 Yúfera, M., Darías, M.J., 2007. Changes in the gastrointestinal pH from larvae to adult
620 in Senegal sole (*Solea senegalensis*). Aquaculture 267, 94-99.

621

622

623 Table 1. Proximate composition of test ingredients.

Ingredients	Anchovy fishmeal (FM) ¹	Soybean meal (SBM) ²	Corn gluten (CG) ³	Wheat meal (WM) ⁴
Dry matter, DM (%)	88.7	88.2	90.5	87.9
Crude protein (%DM)	73.8	54.1	68.0	12.4
Crude fat (%DM)	8.2	2.9	2.2	1.4
Ash (%DM)	17.7	8.7	5.9	1.5
Total phosphorus (%DM)	2.57	0.72	0.22	0.32
Organic matter (%DM) ⁵	82.3	91.3	94.1	98.5
Gross energy (MJ/kg DM)	19.6	17.3	18.6	15.8

624

625 ¹ LT-Anchovy fishmeal (PESQUERA EXALMAR SA., Lima, Peru).

626 ² Solvent-extracted soybean meal from Brazil (Bunge Iberica SA., Barcelona, Spain).

627 ³ Glutalys (Roquette, Lestrem, France).

628 ⁴ Wheat meal, European origin (Cargill France SAS, St. Germain-en-Laye, France).

629 ⁵ Calculated as 100 – (moisture + ash).

630

631 Table 2. Formulation and proximate composition of experimental diets.

	Basal mix				
LT-Anchovy fishmeal ¹	44.5				
CPSP 90 ²	2.5				
Squid meal ³	5.0				
Soybean meal ¹	15.2				
Corn gluten meal ¹	9.0				
Wheat ¹	16.0				
Fish oil	6.5				
Vitamin-Mineral premix ⁴	0.3				
Chromic oxide	1.0				
	Experimental diets				
	REF	Test FM	Test SBM	Test CGM	Test WM
Basal mix, %	100	70	70	70	70
Fishmeal, %		30			
Soybean meal, %			30		
Corn gluten meal, %				30	
Wheat meal, %					30
Proximate composition					
Dry matter (DM), (%)	91.1	90.8	90.4	91.4	90.6
Crude protein (%DM)	55.1	58.9	53.6	57.8	42.0
Crude fat (%DM)	13.5	10.9	9.9	9.5	9.7
Ash (%DM)	14.3	13.8	9.9	9.1	8.3
Phosphorus (%DM)	1.77	2.20	1.65	1.40	1.58
Organic matter (%DM) ⁵	85.7	86.2	90.1	90.9	91.7
Gross energy (MJ/kg DM)	21.7	21.4	20.9	20.8	19.6
Chromic oxide (%DM)	1.21	0.93	0.91	0.92	0.92

632

633 ¹ Please see details in Table 1.

634 ² Fish soluble protein concentrate (83.4% protein; 13.2% fat, Sopropêche, France).

635 ³ Special Super Prime without guts (84.2% protein; 3.4% fat, Sopropêche, France).

636 ⁴ Vitamin and mineral premix according to Dias et al. (2009). Supplied by SORGAL S.A, Ovar, Portugal.

637 ⁵ Calculated as 100 – (moisture + ash).

638

639

640 Table 3. Number of fish showing the location¹ of the feed digesta along the
 641 gastrointestinal tract of sole following single meal of a 2.5% barium sulfate diet.

	Time after the meal (hr)					
	2	4	8	12	18	24
	Number of fish					
No feed intake	1	1			2	
Stomach (> 75% of meal)	5	1				
Anterior intestine (> 75% of meal)		3	1			
Mid intestine (> 75% of meal)		1	3			
Posterior intestine (> 75% of meal)			2	6	1	
Voided of faeces					3	6

642
 643 ¹ Location of feed digesta was assessed by visual analysis of 6 x-rayed fish per
 644 sampling time.
 645

646 Table 4. Apparent digestibility coefficients (ADC %) of nutrients and energy of
 647 experimental diets and feed ingredients.

ADC Diets (%)	REF	Test FM	Test SBM	Test CGM	Test WM
Dry matter	88.8 ± 1.7	89.3 ± 0.1	88.1 ± 0.6	89.3 ± 0.4	88.7 ± 0.1
Organic matter	93.6 ± 0.9b	94.4 ± 0.1b	91.8 ± 0.3a	92.8 ± 0.4ab	91.3 ± 0.1a
Protein	94.5 ± 0.4b	96.8 ± 0.8c	94.2 ± 0.3b	94.6 ± 0.5b	92.4 ± 0.0a
Phosphorus	60.4 ± 0.0c	54.0 ± 1.3b	49.2 ± 2.1a	54.8 ± 1.1b	49.4 ± 1.5a
Energy	97.0 ± 0.5c	94.0 ± 0.0b	92.4 ± 0.4a	94.5 ± 0.4b	92.6 ± 0.1a

ADC Ingredients (%)	FM	SBM	CGM	WM
Dry matter	98.6	86.9	98.7	96.4
Organic matter	99.8	97.6	99.3	99.8
Protein	94.4	86.7	90.6	58.6
Phosphorus	58.1	27.6	32.8	31.2
Energy	92.9	88.3	89.9	72.6

DE (MJ/kg)	16.2	13.5	15.1	10.1
------------	------	------	------	------

648
 649 Values are means ± standard deviation (n=2). Means in rows without a common
 650 superscript letter differ significantly (P<0.05).
 651 Absence of superscript indicates no significant difference between treatments.
 652
 653
 654
 655