

2 **IMPROVEMENT OF DOUGH RHEOLOGY, BREAD QUALITY AND BREAD**  
4 **SHELF-LIFE BY ENZYMES COMBINATION**

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14 **Running Title:** Effect of enzymes combination on breadmaking

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## 2 **Abstract**

Present work seeks to systematically analyse the individual and synergistic effects of some gluten-crosslinking enzymes (transglutaminase, glucose oxidase and laccase), along with polysaccharide and gluten degrading enzymes (alpha-amylase, xylanase and protease), in breadmaking systems. Except glucose oxidase (GO) and laccase (LAC), enzymes affected significantly to viscoelastic properties of dough. Results confirmed the strengthening effect exerted by transglutaminase (TG). However, alpha-amylase (AMYL), xylanase (XYL) and protease (PROT) promoted a similar decrease in all dynamic moduli analysed, particularly after 180 min of incubation. Addition of XYL to TG containing samples showed to be an interesting alternative to prevent excessive dough strengthening. Bread quality parameters were significantly affected by individual enzyme addition, except when LAC was used. TG diminished loaf specific volume and provided a finer crumb structure. Polysaccharide degrading enzymes and PROT led to better shape, greater specific volume and void fraction of loaves. Significant interactions between TG and all the other enzymes except GO, were proved. According to crumb texture evolution during storage, bread staling increased with TG addition, whilst AMYL, XYL and PROT exhibited a significant antistaling effect.

22 **Key words:** Enzymes, wheat flour, dough rheology, bread quality, bread staling.

## 2 Introduction

The breadmaking process and the quality of the product depend, to great extent, on the ingredients used, that is flour, yeast, salt and water. Moreover, a variety of additives are used to improve dough formulation, dough machinability, process tolerance, and bread quality. At the beginning of 80's decade, the use of enzymes of microbial origin became increasingly important as an interesting alternative to chemical improvers. Nowadays, a wide range of enzymes produced especially for bread-making is available for bakers.

Breadmaking quality of wheat flour is largely determined by the quantity and quality of its proteins. During dough mixing, wheat flour is hydrated and the gluten proteins are transformed into a continuous cohesive viscoelastic gluten protein network. In this context, gluten-crosslinking enzymes can actively contribute to confer the functional properties to dough. Transglutaminase (TG; protein-glutamine gamma-glutamyltransferase) (EC 2.3.2.13) has been reported extensively for its ability to crosslink different food proteins (Kuraishi, Yamazaki, & Susa, 2001; Motoki & Nio, 1983; Motoki & Seguro, 1998; Zhu, Rinzema, Tramper, & Bol, 1995). When it is used in breadmaking, TG is able to improve the functionality of flour proteins through the formation of large insoluble polymers (Larré, Denery, Popineau, Deshayes, Desserre, & Lefevre, 2000; Bonet, Caballero, Gómez, & Rosell, 2005; Caballero, Bonet, Rosell, & Gómez, 2005). High molecular weight (HMW) glutenins are the most affected protein fraction (Bauer, Koehler, Wieser, & Schieberle, 2003a; Gerrard, Fayle, Brown, Sutton, Simmons, & Rasiah, 2001; Larre et al., 2000; Rosell, Wang, Aja, Bean, & Lookhart, 2003), but low molecular weight (LMW) glutenins (Autio, Kruus,

2 Knaapila, Gerber, Flander, & Buchert, 2005),  $\alpha$ -gliadin (Bauer et al., 2003a) or  
even water extractable albumins and globulins (Gerrard et al., 2001) have been  
4 also proposed as substrates for TG.

Disulphide bonds are the most prominent linkages in biology and play an  
6 important role during the mixing of wheat flour and water to generate dough  
(Gerrard, 2002). Oxidative enzymes have a strong impact on the dough thiol-  
8 disulphide system and hence, on the properties of the dough (Goesaert, Brijs,  
Veraverbeke, Courtin, Gebruers, & Delcour, 2005). Glucose oxidase (GO) (EC  
10 1.1.3.4) is the currently preferred enzyme alternative to chemical oxidizing  
agents for bread improvement (Poulsen & Hostrup, 1998; Bonet, Rosell,  
12 Caballero, Gomez, Pérez-Munuera, & Hernando, 2006). The hydrogen peroxide  
produced during GO reaction promotes the formation of disulfide linkages in  
14 gluten protein and the gelation of water soluble pentosans (Gujral & Rosell,  
2004a; Hosney & Faubion, 1981; Primo-Martin, Valera, & Martínez-Anaya,  
16 2003; Vemulapalli & Hosney, 1998). Laccase (LAC; p-diphenol oxygen  
oxidoreductase) (EC 1.10.3.2) is another oxidative enzyme which recently has  
18 attracted a considerable interest in breadmaking. LAC catalyses the oxidative  
gelation of feruloylated arabinoxylans by dimerization of their ferulic esters  
20 (Figuroa-Espinoza, Morel, & Rouau, 1998; Labat, Morel, & Rouau, 2001).  
Through the aforementioned mechanisms, gluten-modifying enzymes may  
22 produce beneficial effects during breadmaking, affecting positively to rheological  
behaviour of dough and the quality of final product. Additionally, their  
24 association with different enzyme principles have been proposed (Bollaín &  
Collar, 2004; Caballero, Gómez, & Rosell, 2006; Collar & Bollaín, 2004, 2005b).  
26 Due to their active contribution to fresh quality enhancement and/or staling

2 prevention of bakery products, polysaccharide-degrading enzymes have been  
usually used for these aims. Among them, amylases (and concretely alpha-  
4 amylase) and pentosanases are some of most representative. However, reports  
on the combined use of strengthening enzymes are limited. On the other hand,  
6 these enzymes act on different protein fractions (glutenins, gliadins, albumins or  
globulins) according to their particular action mechanism, affecting in different  
8 way to the functional properties of bread dough. Present work seeks to be a  
systematic study for analysing the individual and synergistic effects of gluten  
10 cross-linking enzymes in breadmaking systems. In order to improve their  
response, the effect of the aforementioned enzymes was evaluated in  
12 combination with polysaccharide and gluten-degrading enzymes (alpha-  
amylase, xylanase and protease). Rheological behaviour of dough, fresh pan  
14 bread volume, shape, texture and crumb grain characteristics, as well as the  
rate of bread staling were analysed for assessing the effects of enzyme  
16 treatments.

## **Materials and methods**

### **18 Materials**

A commercial blend of wheat flours provided by Harinera Castellana (Medina  
20 del Campo, Spain) was used in this study (Table 1). Six commercial enzymes  
were used: a glucose-oxidase [Gluzyme Mono 10000 BG (GO)], containing  
22 10000 glucose oxidase units/g, a pentosanase [Pentopan Mono BG (XYL)]  
containing 2500 fungal xylanase units/g, a laccase [NZ 27011 (LAC)] containing  
24 10500 phenol oxidase units/g, an amylase [Fungamyl SG (AMYL)] containing  
2500 fungal amylase units/g, a protease [Flavourzyme 1000 L (PROT)]

2 containing 1000 aminopeptidase units/g (all of them from Novozymes,  
Denmark), and transglutaminase (Microbial TGM Activa WM, TG) containing  
4 100 transglutaminase units/g, manufactured by Ajinomoto Co. Inc. (Tokyo,  
Japan).

6 Instant dry yeast and salt employed in breadmaking process were obtained  
from the local market. All chemicals used for analyses were of analytical grade.

### 8 **Dynamic rheological test.**

Selected dosages of the enzymes GO, XYL, LAC, AMYL, PROT and TG were  
10 added following the supplier's recommendations, 3 mg, 6 mg, 20  $\mu$ l, 1 mg, 5  $\mu$ l  
and 500 mg/100 g of flour respectively. Enzymes were added according to the  
12 experimental design showed in Table 2. All of them were tested at two levels: 0  
(absence of enzyme) and 1 (presence of enzyme at recommended dose). Flour  
14 and enzymes (when added) were mixed during one hour before the tests, using  
a Rotary Mixer MR 2L (Chopin, Tripette et Renaud, France).

16 Dough was prepared by mixing flour-enzyme blends with the water [52.8 %  
(w/v), flour basis] in the Alveograph mixer, according to procedure summarized  
18 in the AACC standard method 54-30 (AACC, 2000). After mixing, dough was  
extruded and cut with a knife-spatula in three pieces that were placed between  
20 two glass plates. The pieces were sheeted to a thickness of 5 mm and cut using  
a circular 54 mm diameter cutter. The resulting pieces were placed in the  
22 resting compartment of the Alveograph at 25 °C, and kept for different resting  
periods (30, 60 and 180 min), before testing in the dynamic rheometer.

2 Dynamic rheological analysis was performed using a controlled stress  
rheometer (RheoStress 1, Thermo Haake, Karlsruhe, Germany) with parallel  
4 plate geometry (60 mm diameter). The dough was placed between parallel  
plates, the gap adjusted to 3 mm and the excess dough removed. To prevent  
6 drying at the edges, a thin layer of vaseline oil was applied to cover the exposed  
dough surfaces. Before measurements, doughs rested for 5 min, to allow  
8 relaxation after sample handling. To determine the linear viscoelastic region of  
the dough, dynamic moduli were collected and plotted as a function of the  
10 applied stress.

Oscillatory tests with a frequency sweep from 0,1 to 100 Hz were conducted at  
12 a constant stress of 5 Pa at 25 °C. The dynamic rheological properties of  
samples were assessed by the storage modulus  $G'$  (elastic modulus) and the  
14 loss modulus  $G''$  (viscous modulus). The complex modulus ( $G^*$ ) that represents  
the resistance of dough to deformation or the total energy needed to induce  
16 changes in the samples was calculated as  $G^* = (G'^2 + G''^2)^{1/2}$ . To detect  
significant differences among enzyme treatments, the values of dynamic moduli  
18 obtained at a frequency of 1 Hz were used (Caballero et al., 2005; Martínez-  
Anaya & Jimenez, 1997).

## 20 **Breadmaking procedure.**

Dough formulation, based on 100 g flour, included: 57 mL water, 2 g salt, 0.83  
22 g instant active dry yeast, 0.2 g sodium propionate and the amount of enzyme  
indicated previously for each sample. Dough was optimally mixed (14 min),  
24 divided into 315 g pieces, hand-rounded, mechanically moulded, put into well-  
greased tin pans (measuring 195 x 86 mm), and proofed for 90 min at 30°C and

2 75% RH. The pieces were baked into an electric oven for 35 min at 200°C.  
Loaves were removed from the pans, cooled for two hours at room temperature,  
4 then packed in plastic bags and stored at 25°C for aging studies.

### **Evaluation of bread quality.**

6 Quality analysis of fresh bread samples was carried out by measuring weight,  
volume (determined by seed displacement in a loaf volume meter), specific  
8 volume, and height/width ratio of the central slice.

Crumb texture was determined by a Texture Analyzer TA-XT2i (Stable  
10 Microsystems, Surrey, UK) provided with the software “Texture Expert”, and  
equipped with an aluminium 25 mm diameter cylindrical probe. Slices of 2 cm  
12 thickness were compressed to 50% of their original height in a “Texture Profile  
Analysis” double compression test (TPA), at 1 mm/s speed test, with a 30 s  
14 delay between first and second compression. Primary parameters [hardness  
(gram-force, gf), cohesiveness, springiness and resilience] and secondary  
16 mechanical characteristics [gumminess (gf) and chewiness (gf)] were calculated  
from the TPA graphic. Bread texture was measured over twelve-day period of  
18 storage.

Crumb grain characteristics of bread were assessed using a digital image  
20 analysis (DIA) system. Images were previously acquired at 300 dots per inch  
(0.0843 mm/pixel) with a 1236USB Artec scanner (Ultima Electronics Corp.,  
22 Taiwan). The analysis was performed on 41 x 41 mm squares taken from the  
centre of the slice. This field of view represented approximately one-third of the  
24 cross-sectional area of the loaves. Images were processed using Leica QWin



2 Pro V3.1 software (Leica Microsystems Imaging Solutions Ltd., UK). A cluster  
analysis method commonly known as the “K-means algorithm” was used to  
4 obtain, for each bread slice examined, an optimum gray level threshold to divide  
images into regions of cells and surrounded cell wall material (Sapirstein, 1999).  
6 Subsequent to cell detection, feature extraction was performed for each bread  
slice analysed. The crumb grain characteristics studied were: crumb brightness  
8 (mean gray level), mean cell area ( $\text{mm}^2$ ), cell density ( $\text{cells}/\text{cm}^2$ ; higher levels  
denote finer structure), cell to total area ratio (or void fraction, computed as the  
10 percentage of the total analysed square occupied by detected cells), mean cell  
wall thickness (mm; calculated as the averaged mean intercellular distance of  
12 neighbouring cells sampled) and crumb grain uniformity (computed as the ratio  
of number of small to large cells using a cell area threshold of  $4.0 \text{ mm}^2$ . Larger  
14 values denote a more uniform cellular structure) (Sapirstein, 1999).

### **Statistical analysis**

16 Experimental design was conducted by means a 2-level half-fractional factorial  
design in order to evaluate all single effects and second order interactions  
18 between factors. Resultant design is shown in Table 2. A multiple comparison  
analysis was carried out to assess significant differences among the samples.  
20 Fisher’s least significant differences (LSD) test was used to describe means  
with 95% confidence. Data on instrumental texture parameters during storage  
22 were evaluated by repeated measures analysis of variance (ANOVA). The  
results obtained allowed establishing staling behaviour of enzyme-  
24 supplemented bread crumb. Statgraphics Plus V5.1 and Statistica V6 programs  
were used as statistical analysis software.

## 2 Results and discussion

### Dynamic viscoelastic properties of enzyme-supplemented doughs.

4 Individual effects of enzymes on dynamic moduli of doughs are showed in Table  
3. Except GO and LAC, all enzymes affected significantly ( $p < 0.05$ ) the  
6 rheological behaviour of dough. TG and PROT modified dough rheology at all  
studied resting periods. However AMYL and XYL only had a significant effect on  
8 mentioned moduli after 180 min of incubation. The addition of TG led to a  
significant increase in elastic ( $G'$ ), viscous ( $G''$ ) and complex ( $G^*$ ) moduli of  
10 doughs. These results were similar to those obtained by previous investigations  
(Caballero et al., 2005; Gujral & Rosell, 2004b; Köksel, Sivri, Ng, & Steffe,  
12 2001; Larre et al., 2000) and confirmed the strengthening action exerted by TG  
due to its cross-linking effect on different flour protein fractions (Autio et al.,  
14 2005; Bauer et al., 2003a; Gerrard et al., 2001; Larre et al., 2000; Rosell et al.,  
2003). All dynamic moduli showed an steady increase with increasing  
16 incubation time, which proved the cumulative effect of TG. PROT diminished  
significantly elastic ( $G'$ ) and complex ( $G^*$ ) moduli, whereas decrease in viscous  
18 modulus ( $G''$ ) was only significant ( $p < 0.05$ ) after a 180 min resting period. The  
weakening effect of PROT was also related with the decrease in resistance to  
20 extension observed by Indrani, Prabhasankar, Rajiv, & Venkateswara-Rao  
(2003). Proteinase activity affects specially to glutenins (Bombara, Anon, &  
22 Pilosof, 1997), which would alter the elasticity of the gluten complex.

Both polysaccharide-degrading enzymes promoted a similar significant  
24 decrease of all dynamic moduli analysed when samples were incubated during  
180 min. Martínez-Anaya & Jiménez (1997; 1998) stated that hydrolytic

2 enzymes acting on carbohydrates induce a quick response in dough rheology  
and their action continue during resting.

4 Analysis of second order interactive effects of design factors (enzymes) on  
viscoelastic properties of dough revealed significant ( $p < 0.05$ ) interactions  
6 between TG and XYL, and between AMYL and PROT (data not shown). The  
protein polymerisation promoted by TG counteracted the softening effect of XYL  
8 after a large resting period. These results were consistent with those obtained  
after individual addition of both enzymes but disagreed with the synergistic  
10 diminution of uni- and bi-axial extensibility by the combination of TG and XYL  
observed by Collar & Bollaín (2004).

#### 12 **Bread quality of enzyme-supplemented doughs.**

Bread quality parameters of doughs were significantly ( $p < 0.05$ ) affected by  
14 individual enzyme addition, except when LAC was used (Table 4). The greater  
effect was induced by TG, since this enzyme widely modified morphometric,  
16 textural and crumb grain properties of fresh pan breads. TG decreased  
significantly loaf specific volume but did not produce changes in its shape. The  
18 strengthening effect and dough extensibility reduction promoted by TG,  
probably decreased dough extension during fermentation and oven-spring.  
20 According to previous findings, the loaf volume could be only increased when  
additional water was applied (Autio et al., 2005), and when a poor baking quality  
22 flour was used together with TG (Basman, Köksel, & Perry, 2002). Single  
presence of TG led to a significant increase of hardness, cohesiveness,  
24 gumminess, chewiness and resilience of bread crumb. Crumb grain profile of  
TG-supplemented breads showed brighter crumb, smaller cells, greater cell

2 density and grain uniformity, and smaller void fraction and cell wall thickness.  
These results denote a finer and more uniform overall structure, which is  
4 consistent with an improved bread crumb grain (Sapirstein, 1999). Similar  
textural and crumb grain profiles have been stated previously by means of  
6 sensorial and instrumental studies of breads prepared with TG (Basman et al.,  
2002; Bauer, Koehler, Wieser, & Schieberle, 2003b; Collar & Bollaín, 2005a;  
8 Collar, Bollaín, & Angioloni, 2005; Gerrard, Fayle, Wilson, Newberry, Ross, &  
Kavale, 1998).

10 GO-supplemented doughs yielded loaves with an increased height/width ratio,  
characterised by more elastic and cohesive crumbs. Polysaccharide-degrading  
12 enzymes and PROT exercised similar suitable effects on pan bread quality  
parameters. Their use led to better shape, greater specific volume and void  
14 fraction of loaves. This behaviour was more marked when PROT was added to  
dough, and came accompanied by significant decreases in crumb hardness,  
16 gumminess and chewiness. Additionally, PROT gave more elastic crumb and a  
coarser bread crumb structure, which was characterized by greater cells, less  
18 cell density and fewer grain uniformity. Moreover, AMYL also increased mean  
cell area and decreased crumb elasticity. A more open gluten network formed  
20 by fibrous elements has been suggested by Blaszcak, Sadowska, Rosell &  
Fornal (2004) as the responsible for the higher elasticity and lower hardness of  
22 the crumb after treatments with AMYL.

Analysis of second order interactive effects of design factors on bread quality  
24 parameters revealed significant ( $p < 0.05$ ) interactions between TG and all the  
other enzymes except GO (Tables 5 and 6). LAC addition to TG containing

2 doughs only modified significantly crumb grain features, yielding loaves with  
less crumb brightness and cell density, but greater mean cell area and cell wall  
4 thickness than those obtained by the treatment with singly TG. Through  
simultaneous arabinoxylans gelation (Figuroa-Espinoza & Rouau, 1998) and  
6 oxidative action (Labat, Morel, & Rouau, 2000), LAC promoted a finer crumb  
structure than control samples. However, this enzyme would favour the  
8 interference of pentosans in glutenins aggregation (Primo-Martín et al., 2003),  
modifying TG strengthening effect and resulting in a coarser crumb. Moreover,  
10 AMYL, XYL and PROT exerted a softener effect on the crumb of TG-  
supplemented pan breads, leading to significant decreases in hardness,  
12 gumminess and chewiness of samples. Interactive effect of TG and XYL on  
bread quality could arise from rheological changes, which were consistent, in  
14 turn, with the release of pentosans from gluten network (Primo-Martín et al.,  
2003).

16 TG and PROT showed a significant synergistic effect on height/width ratio and  
specific volume of loaves. Likewise, PROT gave a more marked diminution of  
18 hardness and related parameters than AMYL or XYL, exhibiting values even  
lower than control samples. Crumb grain profile was also significantly affected  
20 by TG/PROT interaction. PROT addition increased void fraction and decreased  
grain uniformity of TG-treated samples. These results denoted that the  
22 hydrolytic effect of PROT, probably counteracted excessive protein  
polymerisation catalyzed by TG, making possible a better dough development  
24 during fermentation and oven-spring. Gottmann & Sproessler (1994) proved an  
undesired loss of extensibility after TG addition, and proposed its combination  
26 with a protease in order to avoid it.

2 AMYL and PROT combination led to significant improvement of loaf shape,  
although increase in height/width ratio was the same to that individually  
4 promoted by AMYL. Similar behaviour was observed in crumb void fraction,  
which value was also substantially higher than the one obtained for control  
6 samples. However, hardness, gumminess and chewiness clearly showed  
another trend, suggesting a significant synergistic effect of AMYL and PROT  
8 combination. GO and PROT combined synergistically improved loaf  
height/width ratio and loaf specific volume. The enhancement of this parameter  
10 was comparable with that obtained for singly PROT treatment.

LAC interacted significantly with PROT and XYL, to produce changes that  
12 essentially affected to the crumb grain pattern of loaves. LAC promoted a finer  
crumb grain, whereas PROT addition gave greater cells. However, the  
14 combined use of these enzymes led to a coarser structure, denoting a protein  
weakening effect. The interference of pentosans in the aggregation of gluten  
16 due to LAC action (Primo-Martín et al., 2003), would prevail over disulfide  
linkages promotion, inducing, in the presence of PROT, gas cells coalescence  
18 phenomena. Simultaneous supplementation with LAC and XYL gave rise to  
significant effects on crumb brightness, cell density and cell wall thickness.

## 20 **Enzyme-supplemented bread staling during storage.**

Repeated measures analysis of variance enabled us to establish the single and  
22 the second-order interactive effects of the enzymes on the trend and extent of  
variation of instrumental texture parameters of enzyme-supplemented pan  
24 breads during the storage. Significant effects ( $p < 0.05$ ) were provided by TG,  
AMYL, XYL and PROT when they were used individually. TG significantly

2 affected to the evolution of all textural parameters in the time. Bread staling  
increased by TG addition, and affected specially to hardness (Figure 1a),  
4 chewiness and gumminess. These results differed from those obtained with  
enriched formulation (Collar & Bollaín, 2005a). Martin, Zeleznak, & Hosney,  
6 (1991) suggested that interactions between the swollen starch granules and the  
protein network actively contribute to crumb firming. Through microscopic  
8 analysis of bread crumb, significant differences in starch-protein matrix have  
been detected in the course of storage (Blaszczak et al., 2004). TG-induced  
10 strengthening effect could increase such interactions and favour bread staling  
and simultaneous crumb elasticity preservation during storage. The affinity to  
12 water promoted by TG in gluten (Gerrard et al., 1998) could also limit the water  
availability for starch and accelerate its retrogradation.

14 On the contrary, AMYL, XYL and PROT exhibited a significant antistaling effect  
(Figures 1b, 1c and 1d). PROT showed the most marked effect on reducing  
16 hardness, which came accompanied by a significant slowing down in  
gumminess and chewiness evolution in the time (data not shown).

18 According with the conclusions of Armero & Collar (1998), crumb firming during  
storage mainly depends on initial crumb firmness. Therefore, softener effect of  
20 AMYL, XYL and PROT (Figure 1) would justify partially its influence on firming  
kinetics. Alpha-amylase has been proved to be useful for reducing amylopectin  
22 retrogradation and the firming rate of wheat bread crumb (Champenois, della  
Valle, Planchot, Buleon, & Colonna, 1999) and rice bread crumb (Gujral,  
24 Haros, & Rosell, 2003). Although Sahlström & Brathen (1997) indicated that the  
mechanisms governing crumb firmness and the retrogradation of amylopectin

2 seemed to be different, Morgan, Gerrard, Every, Ross, & Gilpin (1997)  
suggested that starch retrogradation is sufficient to cause bread firming.  
4 Through studies carried out on model systems, Rojas, Rosell, & Benedito de  
Barber (2001) concluded that maltodextrins were responsible for the anti-staling  
6 effect promoted by addition of  $\alpha$ -amylase to bread formulation. They proposed  
the existence of a mechanism of partial obstruction of starch retrogradation.  
8 Jiménez & Martínez-Anaya (2001) proved that water-insoluble pentosans (WIP)  
were positively correlated with crumb elasticity and hardness during storage.  
10 XYL would lead to cleavage of the backbone of arabinoxylans, with the  
consequent release of water and WIP diminution (Rouau, El Hayek, & Moreau,  
12 1994), which could explain the positive effects of XYL in bread freshness.  
Similarly, the improvement of bread shelf-life through PROT addition possibly  
14 would be tied with the increase of the water available for starch, in conjunction  
with a simultaneous diminution of starch-protein interactions as consequence of  
16 the hydrolysis of peptide bonds in the protein molecules. Babiker, Fujisawa,  
Matsudomi, & Kato (1996) previously reported an increase in the hydrophobicity  
18 of protease-treated gluten.

Statistical analysis of the textural data during storage proved significant  
20 ( $p < 0.05$ ) second-order interactive effects between enzymes. AMYL, XYL and  
PROT diminished significantly the staling effect promoted by TG. Their action  
22 was showed clearly through crumb hardness evolution (Figures 2a, 2b and 2c).  
However, the behaviour of these samples did no reach to that of single AMYL,  
24 XYL and PROT-supplemented breads. The mechanisms by which these  
enzymes slowed down staling kinetics of TG-treated samples probably were  
26 rather different. Whilst XYL and AMYL would act on dough polysaccharide



2 fraction, PROT directly would counteract TG-action, by simultaneously acting on  
dough protein fraction. Besides their ability to modify the degree of protein  
4 polymerisation and consequently, the starch-protein interactions, TG/PROT  
combination has been reported as responsible for changing the number of  
6 exposed hydrophobic residues (Babiker et al.,1996), which could alter dough  
water availability. Using dynamic and static deformation measurements, Bollaín,  
8 Angioloni, & Collar (2005) confirmed synergistic interactions regarding staling  
behaviour of breads formulated with TG/XYL and TG/AMYL combinations.  
10 Addition of bacterial alpha-amylase to TG-supplemented proved to significantly  
slow down the staling kinetics determined as cohesiveness and resilience  
12 (Collar & Bollaín, 2005a).

AMYL and PROT also combined synergistically to decrease bread staling  
14 during storage, as could be deduced from their significant effect on crumb  
firming kinetics (Figure 2d).

## 16 **Conclusions**

Among all gluten cross-linking enzymes analysed, dynamic rheological test only  
18 showed a significant single effect of transglutaminase. Protease decreased  
dynamic moduli at all studied resting periods, whilst polysaccharide-degrading  
20 enzymes modified dough rheology after 180 min of incubation. Statistical  
analysis of viscoelastic properties revealed that simultaneous use of TG and  
22 XYL could be an interesting alternative for avoiding excessive dough  
strengthening promoted by TG.

2 Bread quality parameters of doughs were significantly affected by individual  
enzyme addition, except when LAC was used. The greater effect was provided  
4 by TG, since this enzyme widely modified morphometric, textural and crumb  
grain properties of fresh pan breads. Polysaccharide-degrading enzymes and  
6 PROT led to better shape, greater specific volume and void fraction of loaves.  
Except GO, all enzymes showed significant interactive effects with TG. In  
8 accordance with crumb hardness evolution, it was proved that AMYL, XYL and  
PROT were able to diminish the staling effect promoted by TG. AMYL and  
10 PROT also combined synergistically to decrease bread firming during storage.  
Therefore, the antistaling effect of PROT was confirmed. Likewise, results  
12 suggest that, through different mechanisms, dough protein and polysaccharide  
fractions actively contribute to bread staling kinetics.

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**Table 1.** Quality attributes of wheat flour

	Flour
<i>Chemical composition</i>	
Protein (% d. wt.)	11.00
Ash (% d. wt.)	0.58
Moisture ) (% d. wt.)	12.16
<i>Consistogram</i>	
Water absorption (%)	52.8
<i>Alveogram</i>	
Deformation energy ( $10^{-4}$ J)	146
Curve configuration ratio	0.35
<i>Gluten Index</i>	
Gluten Index (%)	94
Dry Gluten (%)	9.00
Wet Gluten (%)	26.60
<i>Falling Number</i>	
Time (s)	405

d. wt. : dry weight

**Table 2.** Half fraction factorial design 2<sup>6</sup> for sampling

Sample no.	Factors <sup>a</sup>					
	A	B	C	D	E	F
1	0	0	0	0	0	0
2	0	1	1	0	1	1
3	0	1	0	0	1	0
4	0	1	0	1	1	1
5	0	1	1	1	1	0
6	0	0	0	1	1	0
7	0	0	1	1	1	1
8	1	1	1	1	0	0
9	1	0	0	1	1	1
10	1	1	0	1	0	1
11	0	1	1	0	0	0
12	0	1	0	1	0	0
13	1	1	1	1	1	1
14	1	0	0	0	0	1
15	0	1	0	0	0	1
16	0	0	1	1	0	0
17	1	0	1	1	1	0
18	0	0	0	1	0	1
19	1	0	0	1	0	0
20	1	0	1	0	0	0
21	1	0	1	0	1	1
22	1	1	0	1	1	0
23	1	1	0	0	0	0
24	1	1	1	0	1	0
25	1	1	0	0	1	1
26	1	1	1	0	0	1
27	0	0	0	0	1	1
28	0	0	1	0	1	0
29	1	0	0	0	1	0
30	0	0	1	0	0	1
31	0	1	1	1	0	1
32	1	0	1	1	0	1

- 4 <sup>a</sup>Levels (0,1) of factors (A to F): A = Transglutaminase (TG): none (0), 500 mg/100g flour (1); B = Glucose oxidase (GO): none (0), 3 mg/100 g flour (1); C = Laccase (LAC): none (0), 20 µl/100 g flour (1); D = Amilase (AMYL): none (0), 1 mg/100 g flour (1); E = Pentosanase (XYL): none (0), 6 mg/100 g flour (1); F=Protease (PROT): none (0), 20 µl/100 g flour (1).

**Table 3.** - Single effects of design factors on viscoelastic properties of enzyme-supplemented doughs.

Parameter	Units	Overall mean	TG <sup>a</sup>		GO		LAC		AMYL		XYL		PROT	
			0	1	0	1	0	1	0	1	0	1	0	1
$G'_{30min}$	Pa	10354	<b>8722</b>	<b>11985</b> *	10090	10618	10750	9958	10903	9805	10803	9905	<b>10987</b>	<b>9720</b> *
$G''_{30min}$	Pa	3523	<b>3241</b>	<b>3806</b> *	3463	3584	3642	3405	3654	3393	3607	3440	3695	3352
$G^*_{30min}$	Pa	10940	<b>9301</b>	<b>12579</b> *	10671	11210	11353	10528	11491	10389	11398	10483	<b>11603</b>	<b>10278</b> *
$G'_{60min}$	Pa	11115	<b>8466</b>	<b>13765</b> *	10991	11239	11603	10628	11996	10234	11748	10483	<b>12032</b>	<b>10199</b> *
$G''_{60min}$	Pa	3607	<b>3167</b>	<b>4048</b> *	3588	3626	3740	3474	3811	3403	3740	3474	3850	3364
$G^*_{60min}$	Pa	11700	<b>9036</b>	<b>14364</b> *	11577	11823	12196	11204	12608	10793	12344	11056	<b>12644</b>	<b>10756</b> *
$G'_{180min}$	Pa	12950	<b>7824</b>	<b>18075</b> *	12555	13344	13523	12376	<b>14637</b>	<b>11263</b> *	<b>14471</b>	<b>11429</b> *	<b>14800</b>	<b>11099</b> *
$G''_{180min}$	Pa	3890	<b>3018</b>	<b>4763</b> *	3771	4009	4036	3745	<b>4281</b>	<b>3499</b> *	<b>4231</b>	<b>3549</b> *	<b>4322</b>	<b>3459</b> *
$G^*_{180min}$	Pa	13540	<b>8393</b>	<b>18688</b> *	13123	13958	14138	12943	<b>15277</b>	<b>11804</b> *	<b>15097</b>	<b>11984</b> *	<b>15444</b>	<b>11636</b> *

4 <sup>a</sup>See table 2 for levels of design factors.\* The effect of the factor is significant with a significance level of 95% ( $p < 0.05$ )

**Table 4.-** Single effects of design factors on bread quality of enzyme-supplemented doughs.

Parameter	Units	Overall mean	TG <sup>a</sup>		GO		LAC		AMYL		XYL		PROT	
			0	1	0	1	0	1	0	1	0	1	0	1
<i>Height/Width ratio</i>		0.87	0.87	0.86	<b>0.84</b>	<b>0.90</b> *	0.86	0.87	<b>0.84</b>	<b>0.89</b> *	<b>0.84</b>	<b>0.89</b> *	<b>0.81</b>	<b>0.92</b> *
<i>Specific volume</i>	cm <sup>3</sup> /g	3.73	<b>3.85</b>	<b>3.61</b> *	3.67	3.80	3.73	3.74	<b>3.56</b>	<b>3.91</b> *	<b>3.53</b>	<b>3.94</b> *	<b>3.40</b>	<b>4.01</b> *
<i>Hardness</i>	gf	376	<b>297</b>	<b>456</b> *	402	351	375	378	<b>451</b>	<b>301</b> *	<b>443</b>	<b>310</b> *	<b>494</b>	<b>259</b> *
<i>Cohesiveness</i>		0.8293	<b>0.8176</b>	<b>0.8409</b> *	<b>0.8217</b>	<b>0.8368</b> *	0.8276	0.8309	0.8290	0.8295	0.8303	0.8282	0.8257	0.8328
<i>Gumminess</i>	gf	312	<b>242</b>	<b>382</b> *	330	293	310	313	<b>374</b>	<b>250</b> *	<b>367</b>	<b>256</b> *	<b>408</b>	<b>216</b> *
<i>Chewiness</i>	gf	306	<b>237</b>	<b>374</b> *	323	288	304	307	<b>366</b>	<b>245</b> *	<b>359</b>	<b>252</b> *	<b>398</b>	<b>213</b> *
<i>Springiness</i>		0.9823	0.9820	0.9826	0.9809	0.9837	0.9823	0.9822	0.9821	0.9824	0.9800	0.9846	<b>0.9792</b>	<b>0.9853</b> *
<i>Resilience</i>		0.4516	<b>0.4446</b>	<b>0.4586</b> *	<b>0.4437</b>	<b>0.4595</b> *	0.4515	0.4518	<b>0.4606</b>	<b>0.4426</b> *	0.4569	0.4463	0.4523	0.4509
<i>Crumb brightness</i>		160	<b>151</b>	<b>169</b> *	160	160	159	161	159	161	159	162	163	158
<i>Mean cell area</i>	mm <sup>2</sup>	1.48	<b>1.78</b>	<b>1.18</b> *	1.49	1.46	1.50	1.45	<b>1.41</b>	<b>1.54</b> *	1.44	1.52	<b>1.33</b>	<b>1.63</b> *
<i>Cell density</i>	cells/cm <sup>2</sup>	30	<b>23</b>	<b>37</b> *	30	31	31	30	31	30	30	31	<b>34</b>	<b>27</b> *
<i>Void fraction</i>	%	41.5	<b>42.8</b>	<b>40.2</b> *	41.0	40.2	41.4	41.6	<b>40.5</b>	<b>42.5</b> *	<b>40.7</b>	<b>42.3</b> *	<b>40.1</b>	<b>42.9</b> *
<i>Cell wall thickness</i>	mm	0.75	<b>0.81</b>	<b>0.69</b> *	0.76	0.73	0.76	0.74	0.76	0.74	0.77	0.73	0.73	0.77
<i>Grain uniformity</i>		11.7	<b>7.2</b>	<b>16.1</b> *	11.7	11.7	11.9	11.4	12.6	10.7	12.3	11.1	<b>14.5</b>	<b>8.8</b> *

<sup>a</sup>See table 2 for levels of design factors.

\* The effect of the factor is significant with a significance level of 95% (p<0.05)

**Table 5.-** Second-order interactive effects of design factors on morphometric and textural properties of enzyme-supplemented fresh pan breads

Parameter	Units	Overall mean	Level <sup>a</sup>	TG/ GO	TG/ LAC	TG/ AMYL	TG/ XYL	TG/ PROT	GO/ LAC	GO/ AMYL	GO/ XYL	GO/ PROT	LAC/ AMYL	LAC/ XYL	LAC/ PROT	AMYL/ XYL	AMYL/ PROT	XYL/ PROT		
<i>Height/Width ratio</i>		0.87	00					<b>0.86*</b>				<b>0.77*</b>						<b>0.76*</b>		
			01					<b>0.88</b>				<b>0.91</b>						<b>0.92</b>		
			10					<b>0.77</b>				<b>0.86</b>							<b>0.86</b>	
			11					<b>0.96</b>				<b>0.93</b>							<b>0.92</b>	
<i>Specific volume</i>	cm <sup>3</sup> /g	3.73	00					<b>3.73*</b>				<b>3.22*</b>								
			01					<b>3.97</b>				<b>4.11</b>								
			10					<b>3.06</b>				<b>3.57</b>								
			11					<b>4.17</b>				<b>4.02</b>								
<i>Hardness</i>	gf	376	00			<b>327*</b>	<b>318*</b>	<b>362*</b>										<b>625*</b>		
			01			<b>266</b>	<b>275</b>	<b>231</b>											<b>277</b>	
			10			<b>576</b>	<b>568</b>	<b>625</b>												<b>362</b>
			11			<b>337</b>	<b>345</b>	<b>287</b>												<b>240</b>
<i>Cohesiveness</i>		0.8293	00																	
			01																	
			10																	
			11																	
<i>Gumminess</i>	gf	312	00			<b>266*</b>	<b>260*</b>	<b>294*</b>										<b>516*</b>		
			01			<b>217</b>	<b>224</b>	<b>190</b>											<b>231</b>	
			10			<b>481</b>	<b>475</b>	<b>522</b>											<b>300</b>	
			11			<b>283</b>	<b>289</b>	<b>242</b>												<b>200</b>
<i>Chewiness</i>	gf	306	00			<b>262*</b>	<b>254*</b>	<b>288</b>										<b>503</b>	<b>482</b>	
			01			<b>212</b>	<b>220</b>	<b>187</b>											<b>228</b>	<b>236</b>
			10			<b>470</b>	<b>464</b>	<b>509</b>											<b>293</b>	<b>314</b>
			11			<b>278</b>	<b>284</b>	<b>239</b>											<b>198</b>	<b>190</b>
<i>Springiness</i>		0.9823	00																	
			01																	
			10																	
			11																	
<i>Resilience</i>			00																	
			01																	
			10																	
			11																	

<sup>a</sup>See table 2 for levels of design factors.

\* The effect of the factor is significant with a significance level of 95% (p<0.05)

**Table 6.-** Second-order interactive effects of design factors on crumb grain characteristics of enzyme-supplemented fresh pan breads

Parameter	Units	Overall mean	Level <sup>a</sup>	TG/ GO	TG/ LAC	TG/ AMYL	TG/ XYL	TG/ PROT	GO/ LAC	GO/ AMYL	GO/ XYL	GO/ PROT	LAC/ AMYL	LAC/ XYL	LAC/ PROT	AMYL/ XYL	AMYL/ PROT	XYL/ PROT
<i>Crumb brightness</i>			00		<b>147*</b>										<b>155*</b>			
			01		<b>156</b>										<b>163</b>			
			10		<b>172</b>										<b>163</b>			
			11		<b>167</b>										<b>160</b>			
<i>Mean cell area</i>	mm <sup>2</sup>		00		<b>1.91*</b>												<b>1.42*</b>	
			01		<b>1.64</b>												<b>1.58</b>	
			10		<b>1.09</b>												<b>1.23</b>	
			11		<b>1.26</b>												<b>1.68</b>	
<i>Cell density</i>	cells/cm <sup>2</sup>		00		<b>20*</b>										<b>28*</b>			
			01		<b>26</b>										<b>34</b>			
			10		<b>41</b>										<b>32</b>			
			11		<b>34</b>										<b>28</b>			
<i>Void fraction</i>	%		00					<b>42.4*</b>										<b>37.9*</b>
			01					<b>43.1</b>										<b>43.0</b>
			10					<b>37.7</b>										<b>42.2</b>
			11					<b>42.7</b>										<b>42.8</b>
<i>Cell wall thickness</i>	mm		00		<b>0.87*</b>										<b>0.82*</b>			
			01		<b>0.75</b>										<b>0.70</b>			
			10		<b>0.65</b>										<b>0.72</b>			
			11		<b>0.73</b>										<b>0.75</b>			
<i>Grain uniformity</i>			00					<b>8.3*</b>										
			01					<b>6.2</b>										
			10					<b>20.7</b>										
			11					<b>11.4</b>										

<sup>a</sup>See table 2 for levels of design factors.

\* The effect of the factor is significant with a significance level of 95% (p<0.05)

**Table 7.-** Single and second-order interactive effects of design factors on staling kinetics parameters during storage of enzyme-supplemented pan breads

Design factor	TEXTURAL PARAMETERS					
	Hardness (gf)	Cohesiveness	Gumminess (gf)	Chewiness (gf)	Springiness	Resilience
TG	*	*	*	*	*	*
GO						
LAC						
AMYL	*	*			*	*
XYL	*	*	*	*	*	
PROT	*		*	*		
TG/GO		*				*
TG/LAC						
TG/AMYL	*					
TG/XYL	*			*		
TG/PROT	*		*	*		
GO/LAC						
GO/AMYL						
GO/XYL						
GO/PROT						
LAC/AMYL						
LAC/XYL						
LAC/PROT						
AMYL/XYL		*				
AMYL/PROT	*					
XYL/PROT		*			*	*

\* The effect of the factor is significant with a significance level of 95% ( $p < 0.05$ )



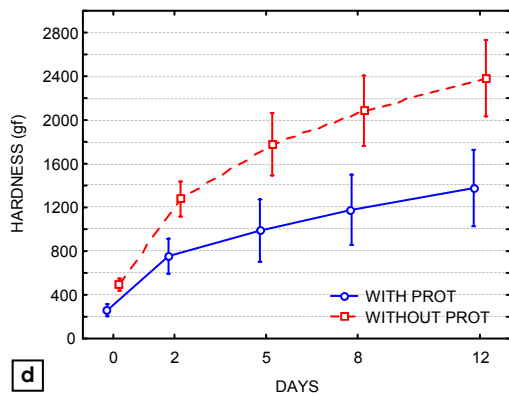
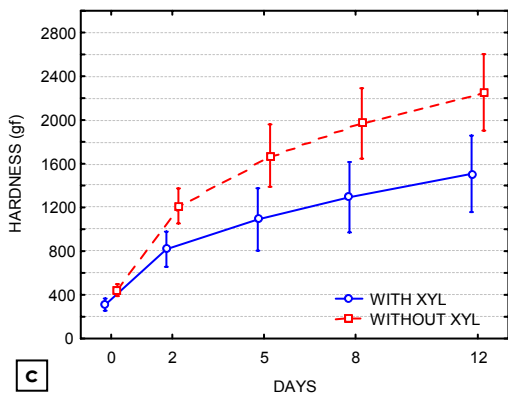
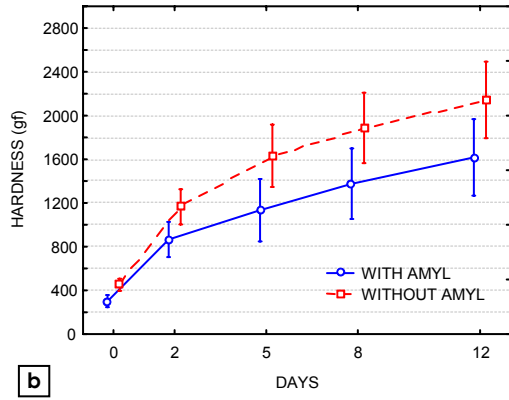
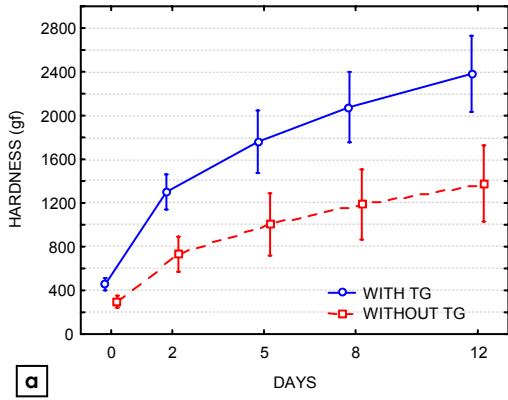
## 2 **FIGURE CAPTIONS**

4 **Figure 1:** Significant single effects of design factors on crumb hardness evolution  
6 during storage of enzyme-supplemented pan breads [TG (a), AMYL (b), XYL (c) and  
8 PROT (d)]. Bars describe the standard deviation. Continuous line represents the  
evolution of bread crumb hardness in presence of the factor, whilst discontinuous line  
represents the evolution of bread crumb hardness in absence of the factor. (See table  
2 for codes of design factors) [Significance level of 95% ( $p < 0.05$ )].

10 **Figure 2:** Significant second-order interactive effects of design factors on crumb  
12 hardness evolution during storage of enzyme-supplemented pan breads [TG/AMYL (a),  
TG/XYL (b), TG/PROT (c) and AMYL/PROT (d)]. Bars describe the standard deviation.  
14 (See table 2 for codes of design factors) [Significance level of 95% ( $p < 0.05$ )].

2 **Fig. 1**

4



6

2 Fig. 2

4  
6

