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What are the barriers that discourage young mothers from continuing breastfeeding following hospital discharge? A Grounded Theory Study

By Martha Burton

Dissertation submitted for Master of Nursing Science

School of Health Sciences, University of Nottingham

Word Count: 15,997

I declare that this dissertation is my own work

Signed: Date:
Acknowledgements

There are many who deserve recognition for their support in helping me accomplish this dissertation study!

I would like to thank the eight young mothers who had the courage to share their experiences with me. Without them this study would not have been possible.

Many thanks to my supervisor Kathryn Hinsliff-Smith for your ongoing support and encouragement even when it seemed impossible!

Finally, I would like to acknowledge my family and housemates for the support they have offered throughout the last four years. In particular, Kat who taught me how to write my first essay!

“Now to Him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to Him be glory” Ephesians 3v.20
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Abstract

Breastfeeding is widely recognised as the method of infant feeding that provides the greatest health benefits for mother and child (World Health Organisation, 2003). Despite the benefits of breastfeeding, among young mothers (under 20) the prevalence of breastfeeding remains significantly lower than the national average. 57% of young mothers who elect to breastfeed discontinue during the early postpartum period (6-8 weeks) and by six months only 11% of young mothers are breastfeeding (Office National Statistics, 2012). In the UK, young motherhood is associated with social exclusion and domestic violence (Beers and Hollo, 2009; ONS, 2012). Young mothers are more likely to engage in negative health behaviours such as smoking and are less likely to access antenatal care (Department of Health, 2008). The combined consequences of these factors increase the risk of poor maternal and infant health, notably an infant mortality rate 60% higher than among older mothers (DH, 2008). For these reasons, current healthcare policy has identified the promotion of breastfeeding among young mothers as a key strategy in reducing health inequalities (DH, 2012).

Within this study, individual interviews were conducted with eight young mothers in order to explore the lived experience of breastfeeding. Concurrent data collection and analysis were conducted following the principle of Classic Grounded Theory (Glaser and Strauss, 1967).

The study findings highlight the diverse experiences of young mothers who elect to breastfeed and the barriers to accessing support services. The process of constant comparative analysis led to the development of three core categories: barriers to breastfeeding, overcoming barriers and the transition from breastfeeding to formula feeding. These findings are explored in light of relevant literature and the implications for nursing and midwifery practice are discussed. Recommendations for future practice include: raising the public profile of breastfeeding, promoting antenatal education and improving postnatal support for young mothers.
References


- Davies, D and Dodd, J. (2002) Qualitative Research and the Question of Rigor *Qualitative Health Research* 12:2 pp. 279-289


- Department of Health (2009) *Getting maternity services right for pregnant teenagers and young fathers*. Nottingham: Department of Health


Appendix 1: Amendment no. 1

5th September 2013

Martha Burton
Masters in Nursing Sciences Student
c/o Kathryn Hinsliff-Smith
Research Associate
School of Nursing Midwifery and Physiotherapy
QMC Campus
Nottingham University Hospitals
NG7 2UH

Dear Martha

Ethics Reference No: I06062013 SNMP
Study Title: Barriers to continuing breastfeeding following hospital discharge: The experiences of the young mother.
Chief Investigator/Supervisor: Kathryn Hinsliff-Smith, Research Associate, School of Nursing Midwifery and Physiotherapy.
Lead Investigator/student: Martha Joanne Burton, Masters in Nursing Student, School of Nursing Midwifery and Physiotherapy.
Duration of Study: 06/13-02/14 9mths No of Subjects: 10

Thank you for your letter dated 4th September 2013 notifying the Committee of the following amendment no 1 as follows:

Amendment no 1: 4th September 2013

Change to the recruitment of participants: Recruitment will be from Young Parent Groups and not from both breastfeeding groups and Surestart young parent support groups as originally planned in order to ensure the study is independent of the NHS,

This has been reviewed and is satisfactory and the study amendment no 1: 4th September 2013 is noted and approved.

Approval is given on the understanding that the Conditions of Approval set out below are followed.

1. You must follow the protocol agreed and inform the Committee of any changes using the attached notification of amendment form.
2. This study is approved for the period of active recruitment requested. The Committee also provides a further 5 year approval for any necessary work to be performed on the study which may arise in the process of publication and peer review.
3. An End of Project Progress Report is completed and returned when the study has finished. Please request a form.

Yours sincerely

Dr Caroline Chapman
Acting Chair, Nottingham University Medical School Research Ethics Committee
# Medical School Research Ethics Committee
## Membership 2013/2013

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<th>Role</th>
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<tr>
<td><strong>Chair</strong></td>
<td>Dr Clodagh Dugdale, Lecturer in Sports and Exercise Medicine, Division of Orthopaedic and Accident Surgery, School of Clinical Sciences.</td>
</tr>
<tr>
<td><strong>School Representative</strong></td>
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<tr>
<td><strong>Biomedical Sciences</strong></td>
<td>Dr Vince Wilson, Reader and Basic Scientist. Dr Liz Simpson, Chief Experimental Officer.</td>
</tr>
<tr>
<td><strong>Molecular Medical Sciences</strong></td>
<td>Dr David Turner, Clinical Associate Professor in Microbiology.</td>
</tr>
<tr>
<td><strong>Community Health Sciences</strong></td>
<td>Dr Isabella Robbins, Research Fellow, Research fellow. NIHR Medical Crises in Older People Programme Dr Rachel Murray, Lecturer, Public Health Medicine &amp; Epidemiology Dr Gillian Doody, Clinical Associate Professor &amp; Reader in General Adult Psychiatry, Division of Psychiatry.</td>
</tr>
<tr>
<td><strong>Clinical Sciences – Non Clinical</strong></td>
<td>Dr Philip Clark, Laboratory Manager, Pre-Clinical Cancer Studies. Dr Charlotte Billington, Research Fellow, Therapeutics &amp; MM. Dr Caroline Chapman, Associate Professor, Breast Surgery.</td>
</tr>
<tr>
<td><strong>Graduate Entry Medicine, Derby</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Clinical Sciences - Clinical</strong></td>
<td>Dr Paul Maddison, Consultant Neurologist/Honorary Clinical Associate Professor, Queen’s Medical Centre, NUH Dr Daren Forward, Consultant Orthopaedic Trauma Surgeon, Honorary Consultant Lecturer</td>
</tr>
<tr>
<td><strong>Primary Care</strong></td>
<td>Dr Richard Knox, General Practitioner/ Part-time Lecturer Dr Edward Tyrrell, General Practitioner/Part-time Lecturer Division of Primary Care, QMC Campus</td>
</tr>
<tr>
<td><strong>School of Nursing, Midwifery and Physiotherapy</strong></td>
<td>Dr Stephen Timmons, Associate Professor/Senior Lecturer, School of Nursing Midwifery and Physiotherapy.</td>
</tr>
<tr>
<td><strong>Lay (Out of Faculty)</strong></td>
<td>Professor Nigel White, Professor of Public International Law, School of Law, University of Nottingham. Lydia Davies-Bright, PhD Student, School of Law. Dr Emma Hall, Research Fellow, SPMMRC, School of Physics and Astronomy.</td>
</tr>
<tr>
<td><strong>Medical Students nominated by ISC</strong></td>
<td>To be appointed, 3rd Year Medical Student</td>
</tr>
<tr>
<td><strong>Postgraduate Student Member</strong></td>
<td>Prema Nirgude, PhD Student, IWHO, Division of Psychiatry Helen Smith, PhD Student, Division of Psychiatry.</td>
</tr>
<tr>
<td><strong>Administrator</strong></td>
<td>Mrs Louise Sabir, Division of Therapeutics &amp; MM, School of Clinical Sciences</td>
</tr>
</tbody>
</table>
Appendix 2: Ethical Approval

26th June 2013

Martha Burton
Masters in Nursing Sciences Student
c/o Kathryn Hinsliff-Smith
Research Associate
School of Nursing Midwifery and Physiotherapy
QMC Campus
Nottingham University Hospitals
NG7 2UH

Dear Martha

Ethics Reference No: I00002013 SNMP
Study Title: Barriers to continuing breastfeeding following hospital discharge: The experiences of the young mother.
Chief Investigator/Supervisor: Kathryn Hinsliff-Smith, Research Associate, School of Nursing Midwifery and Physiotherapy.
Lead Investigator/student: Martha Joanne Burton, Masters in Nursing Student, School of Nursing Midwifery and Physiotherapy.
Duration of Study: 06/13-02/14 9mths No of Subjects: 10

Thank you for your letter dated 25th June 2013 responding to the issues raised by the Committee and the following documents were received:

- Ethics Revision dated 25 June 2013
- Letter of Permission from Tracey Atkins, Children Centre Worker, Southglade Access Centre dated 25/6/2013
- Letter of Permission from Lynn McGuinness, Health Visitor, Meadows Children’s centre dated 07/05/2013.
- Consent Form version 2, 22.06.13
- Healthy Volunteer's Information Sheet version 2, 22.06.2013
- Poster version 2.0, 22.06.2013

Previously received and reviewed:

- Medical School Research Ethics Application Form version 1.0 5/16/2013.
- Dissertation Proposal version 1.0, 16/05/2013.
- Poster version 1.0, 16/05/2013.
- Healthy Volunteer's Information Sheet version 4, 21/05/2013.
- Healthy Volunteer's Consent Form version 1, 16/05/13.
- Guardian Consent Form (for participants under 16) version 1, 16/05/2013.
- Appendix A, Interview Schedule version 1.0 16/05/2013.

These have been reviewed and are satisfactory and the study is approved.

Approval is given on the understanding that the Conditions of Approval set out below are followed.

xix
Conditions of Approval

You must follow the protocol agreed and inform the Committee of any changes using the attached notification of amendment form.

This study is approved for the period of active recruitment requested. The Committee also provides a further 5 year approval for any necessary work to be performed on the study which may arise in the process of publication and peer review.

You promptly inform the Chairman of the Research Ethics Committee of

(i) Deviations from or changes to the protocol which are made to eliminate immediate hazards to the research subjects.

(ii) Any changes that increase the risk to subjects and/or affect significantly the conduct of the research.

(iii) All adverse drug reactions that are both serious and unexpected.

(iv) New information that may affect adversely the safety of the subjects or the conduct of the study.

(v) The attached End of Project Progress Report is completed and returned when the study has finished.

Yours sincerely

[Signature]

Dr Caroline Chapman
Acting Chair, Nottingham University Medical School Research Ethics Committee
# Medical School Research Ethics Committee
## Membership 2012/2013

*denotes attendance at 6th June 2013 Meeting*

**Chair**
Dr Clodagh Dugdale, Lecturer in Sports and Exercise Medicine, Division of Orthopaedic and Accident Surgery, School of Clinical Sciences.

**School Representative**

**Biomedical Sciences**
Dr Vince Wilson, Reader and Basic Scientist.
Dr Liz Simpson, Chief Experimental Officer.*

**Molecular Medical Sciences**
Dr David Turner, Clinical Associate Professor in Microbiology.

**Community Health Sciences**
Dr Isabella Robbins, Research Fellow, Research fellow: NIHR Medical Crises in Older People Programme*
Dr Rachel Murray, Lecturer, Public Health Medicine & Epidemiology
Dr Gillian Doody, Clinical Associate Professor & Reader in General Adult Psychiatry, Division of Psychiatry.

**Clinical Sciences – Non Clinical**
Dr Philip Clark, Laboratory Manager, Pre-Clinical Cancer Studies.*
Dr Charlotte Billington, Research Fellow, Therapeutics & MM.*

**Graduate Entry Medicine, Derby**
Dr Caroline Chapman, Associate Professor, Breast Surgery.* - Acting Chair

**Clinical Sciences - Clinical**
Dr Paul Maddison, Consultant Neurologist/Honorary Clinical Associate Professor, Queen's Medical Centre, NUH
Dr Daren Forward, Consultant Orthopaedic Trauma Surgeon, Honorary Consultant Lecturer

**Primary Care**
Dr Richard Knox, General Practitioner/ Part-time Lecturer
Dr Edward Tyrrell, General Practitioner/Part-time Lecturer*
Division of Primary Care, QMC Campus

**School of Nursing, Midwifery and Physiotherapy**
Dr Stephen Timmons, Associate Professor/Senior Lecturer, School of Nursing Midwifery and Physiotherapy.*

**Lay (Out of Faculty)**
Professor Nigel White, Professor of Public International Law, School of Law, University of Nottingham.
Lydia Davies-Bright, PhD Student, School of Law.
Dr Emma Hall, Research Fellow, SFMMRC, School of Physics and Astronomy.

**Medical Students nominated by ISC**
To be appointed, 3rd Year Medical Student

**Postgraduate Student Member**
Prema Nirguide, PhD Student, IWHO, Division of Psychiatry
Helen Smith, PhD Student, Division of Psychiatry.*

**Administrator**
Mrs Louise Sabir, Division of Therapeutics & MM, School of Clinical Sciences*
Appendix 3: Amendment no. 2

Direct line/e-mail
+44 (0) 115 8231063
Louise.Sabir@nottingham.ac.uk

14th October 2013

Martha Burton
Masters in Nursing Sciences Student
c/o Kathryn Hinsliff-Smith
Research Associate
School of Nursing Midwifery and Physiotherapy
QMC Campus
Nottingham University Hospitals
NG72UH

Dear Martha

Ethics Reference No: IO6062013 SNMP
Study Title: Barriers to continuing breastfeeding following hospital discharge: The experiences of the young mother.
Chief Investigator/Supervisor: Kathryn Hinsliff-Smith, Research Associate, School of Nursing Midwifery and Physiotherapy.
Lead Investigator/student: Martha Joanne Burton, Masters in Nursing Student, School of Nursing Midwifery and Physiotherapy.
Duration of Study: 06/13-02/14 9mths  No of Subjects: 10

Thank you for your letter dated 10th October 2013 notifying the Committee of the following amendment no 2 as follows:

Amendment no 2: 10 October 2013

Participants will now be recruited from [REDACTED] in addition to Surestart Centres. Following a meeting with the Headteacher, it was established that certain participants would be under 16. It was therefore necessary to review ethics and put into place additional measures to ensure that these mothers would be able to participate in this study safely.

The following measures were agreed upon and will be taken for participants under 16

• Written consent will be gained from parent/social worker.
• The interviews will be conducted at school with a member of staff available at all times.
• Interviews will not be recorded; instead interview notes will be taken.
• Participants under 16 will not be asked to provide contact details (telephone number, address) on the consent form as this was felt to be inappropriate

The following revised documents were received:

1. Young Mother’s Experiences of infant feeding: Healthy Volunteer’s Information Sheet, Faculty of Medicine & Health Sciences, version 3.0, date: 10.10.13.
2. Young Mother’s Experiences of infant feeding: Consent Form for participants under 16, Faculty of Medicine & Health Sciences, version 3.0, date: 10.10.13

This has been reviewed and is satisfactory and the study amendment no 2: 10th October 2013 is noted and approved.

Approval is given on the understanding that the Conditions of Approval set out below are followed.
1. You must follow the protocol agreed and inform the Committee of any changes using the attached notification of amendment form.

2. This study is approved for the period of active recruitment requested. The Committee also provides a further 5 year approval for any necessary work to be performed on the study which may arise in the process of publication and peer review.

3. An End of Project Progress Report is completed and returned when the study has finished. Please request a form.

Yours sincerely

[Signature]

Dr Caroline Chapman
Acting Chair, Nottingham University Medical School Research Ethics Committee
Appendix 4: Healthy Volunteer’s Information Sheet

University of Nottingham, School of Nursing Midwifery
And Physiotherapy, Division of Nursing

Young mothers’ experiences of infant feeding following hospital discharge

Name of Investigators: Martha Burton, Kathryn Hinsliff-Smith

Healthy Volunteer’s Information Sheet

Invitation paragraph

You have been invited to take part in a research study. Before you decide whether to take part it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with friends and relatives if you wish to. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part in this study. If you decide to take part you may keep this leaflet. Thank you for reading this.

Background

Feeding your baby can be a positive and rewarding experience; however, for many women the physiological and emotional difficulties associated with infant feeding can impact upon their experience of early motherhood. As a result many mothers feel overwhelmed and unsure of how to best care for their baby during the first months of life. This is most apparent among mothers under the age of 20 who report a lack of support from their social environment and health professionals.

In order to provide necessary support for young mothers, it is important to understand infant feeding experiences of this population. Focusing on mothers who were breastfeeding at hospital discharge, this study aims to identify the circumstances under which some women choose to continue breastfeeding while others transfer to formula feeding. This study will take place over a period of 9 months in various areas of Nottingham City.

What does the study involve?
If you agree to participate in this study, you will be asked to undertake an interview where you will be asked to share your experiences of feeding your baby. It is anticipated that this interview will last around 20 minutes and it will take place at [insert location].

**Why have you been chosen?**

You have been chosen to participate in this study because you are under the age of 21, living in Nottingham and have a baby under 12 months old.

**Do you have to take part?**

It is up to you to decide whether to take part. If you do decide to take part, you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part, you are still free to withdraw at any time and without giving a reason; this would not affect your legal rights. However, any data collected thus far cannot be erased once it has been entered into the University data storage system.

**What do I have to do?**

If you decide to participate in this study, you will be invited to take part in an interview about your experiences of infant feeding. During this interview, detailed notes will be taken as a method of data collection. The project will then be written up and will be publicly available within 12 months of the interviews being completed.

**What are the possible disadvantages and risks of taking part?**

There are no risks to participation in the project but some potential inconvenience regarding the time required to participate in an interview.
What are the possible benefits of taking part?

We cannot promise the study will help you but the information we get from this study may help community services to provide better infant feeding support for young mothers in the future.

What if there is a Problem? Who can I complain to?

If you have a concern about any aspect of this study, you should ask to speak to the researchers who will do their best to answer your questions. The researchers contact details are given at the end of this information sheet. In the first instance please contact my dissertation supervisor. Kathryn Hinsliff-Smith, School of Nursing, Midwifery and Physiotherapy, University of Nottingham NG7 2UH
Email: kathryn.hinsliff-smith@nottingham.ac.uk

If this achieves no satisfactory outcome, you should then contact the Ethics Committee Secretary, Mrs Louise Sabir, Division of Therapeutics and Molecular Medicine, D Floor, South Block, Queen’s Medical Centre, Nottingham, NG7 2UH. Telephone 0115 8231063. E-mail louise.sabir@nottingham.ac.uk

Will my taking part in this study be kept confidential?

We will follow ethical and legal practice and all information about you will be handled in confidence.

If you join the study, some parts of the data collected for the study will be looked at by authorised persons from the University of Nottingham who are organising the research. They may also be looked at by authorised people to check that the study is being carried out correctly. All will have a duty of confidentiality to you as a research participant and we will do our best to meet this duty.

All information that is collected about you during the course of the research will be kept strictly confidential, stored in a secure and locked office, and on a password protected database. Any information about you, which leaves the hospital, will have your name and address removed (anonymised) and a unique code will be used so that you cannot be recognised from it.
Your personal data (address, telephone number) will be kept until the end of the study. All other data (research data) will be kept securely for 7 years. After this time, your data will be disposed of securely. During this time, all precautions will be taken by all those involved to maintain your confidentiality, only members of the research team will have access to your personal data. However, if any child protection issues are raised then we have a duty to report this to the appropriate authorities.

What will happen to the results of the research study?

The results of the study will be written up as a report that will be available to participants 12 months after the completion of data collection. There will be no personal identifiers used in the report. The report will be available from the contact person and address at the end of this consent form. They may also be published in a nursing or midwifery journal.

Who is organising and funding the research?

This research is being organised by the University of Nottingham and no funding was required to conduct this research project.

Who has reviewed the study?

This study has been reviewed and approved by the University of Nottingham Medical School Ethics Committee.

Contact for Further Information

Student: Martha Burton  
15 Heron Drive  
Nottingham NG7 2DE  
Email: ntymb@nottingham.ac.uk  

Dissertation Supervisor: Kathryn Hinsliff-Smith  
School of Nursing, Midwifery & Physiotherapy  
Email: kathryn.hinsliff-smith@nottingham.ac.uk
Appendix 5: Interview Schedule

Participant background Information:
(Prompts: age, number of children (were they breastfed?), age of youngest child)

Q1. Can I confirm that you were breastfeeding when you were discharged from hospital? How are you feeding your baby now?

Q2. When did you decide how you were going to feed your baby?
(Prompts: What influenced your decision? Were you confident in your ability to feed your baby?)

Q3. How have your friends/family reacted to you breastfeeding?
(Prompts: Do any of your friends/family breastfeed? Have they been supportive?)

Q4. What did you find hard/easy about breastfeeding?
(Prompts: how did you overcome these difficulties? Did you expect them?)

Q5. Why did you decide to change to formula? (When? Did others support you in that decision?)

Or Q5. What has enabled you to keep breastfeeding?

Q6. Have you accessed any breastfeeding support groups?
(Prompts: Who from? Was it helpful? What else would have helped you to breastfeed for longer?)

Q7. What would help more young mothers to breastfeed?
Appendix 6: Memos (Audit Trail)

28.06.13 Received ethical approval from University of Nottingham
01.07.13 Visits to 2 Sure Start Children Centres Young Parents’ groups to discuss visits
04.07.13 Discussion with SM, head of Research Management and Governance at Nottinghamshire Healthcare NHS Trust regarding procedures for ethical approval and accessing breastfeeding groups run by Sure Start Children Centres. Following discussion with colleagues, it was decided that Trust R&D was required to recruit from breastfeeding groups as this service includes NHS midwives. It was therefore decided to focus uniquely on Young Parent groups in NCT. This was approved by team.
07.09.13 Interview with one participant who was accessed at young parent group (only one mother attended); however, this group has previously been well attended (see interview notes for categories)
09.09.14 Contacted all Sure Start Children Centres in Nottingham regarding services for young mothers. Currently 7 centres run groups aimed at young mothers. Arranged to meet with leaders for each group to arrange potential interviews/focus groups and contact details taken.
17.9.13 Telephone conversation with KA and AK and arranged dates to attend groups
25.9.13 Two groups were attended, however, no young mothers were present
26.9.13 Further two groups attended, 2 mothers attended one group however, neither had breastfed. The other group had no mothers.
27.9.13 Attended another group, no mothers. Telephone call to group a further three groups to arrange visits, however, staff commented that the groups have not been attended during the previous months
27.9.13 Due to lack of success accessing mothers from young parents group, further consideration was given to how mothers could be accessed in accordance with University of Nottingham ethics committee. Discussion with [Redacted] regarding whether I could recruit from a local education centre which includes young mothers. This was approved by the Head and arrangements were made to meet with the staff to discuss the project.
28.09.13 Application for amendment 1 submitted in order to include mothers from the above education centre.

28.09.13 Further 2 mothers were accessed from one young parent group. This group was found to be well attended by mothers in their mid-twenties; however, two young mothers had breastfed and were willing to participate. This led to reflection on why services aimed at young parents are not well accessed and the challenges around providing support. Data was requested from Sure Start to validate my observations.

3.10.13 Further meeting with [redacted] to discuss potential recruitment at the unit. Issues were raised regarding the age of the mothers as several were under 16 and we discussed implementing appropriate measures in order to include such participants. This included obtaining parental consents, ensuring another member of staff was available at all times and using interview notes rather than digitally recording interviews. This was discussed with supervisor and another lecturer and a further amendment to the ethical application was made in order to include mothers under 16.

9.10.13 Telephone call to three young parent groups, currently no mothers are attending and one group has been cancelled.

18.10.13 Ethics amendment approved by University of Nottingham in order to include mothers under 16 in the study. Arrangements made to visit the unit.

25.10.13 Attended young parent group. No mothers currently attending

1.11.13 Attended young parent group. Two mothers currently attending group; however, neither had breastfed.

3.13.13 Attended young parent group, no mothers attended. Phone call with two other groups; currently no mothers attending

10.12.13 Three interviews at [redacted] see field notes for further details of categories

21.1.14. Attended [redacted]. Two interviews with young mothers; see field notes for further details of categories. As no further mothers at the unit are eligible and recurrent challenges have been encountered in recruiting in young parent groups, the decision was made to conclude data collection due to time constraints.

xxx
**Appendix 7: Coding**

**Core Category: Barriers to Breastfeeding**

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<th>Category</th>
<th>Selective Codes</th>
<th>Open Coding</th>
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<td><strong>Perceptions of social norms</strong></td>
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<td>Social rules of breastfeeding I1, 57, 73</td>
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<td>‘Boundaries’ I1, 58</td>
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## Appendix 8: Sure Start Children Centre Statistics

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<th>Teenage Parents</th>
<th>Total</th>
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<th>Attended</th>
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| Total                 | 300   | 207     | 69.0%   | 130      | 117                         | 43.3%    | 39.0%                     |